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Sunset

THE MAGAZINE OF *WESTERN LIVING*

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THE MAGAZINE OF WESTERN LIVING*

Feature articles for July 1970

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The Cover Story

Handsome as it is, the pool on the cover was designed not for show but for privacy. It is screened from neighbors and street by luxuriant plantings. For a report on innovations in home swimming pools in the West, turn to page 58. Cover photograph was taken by Glenn Christiansen

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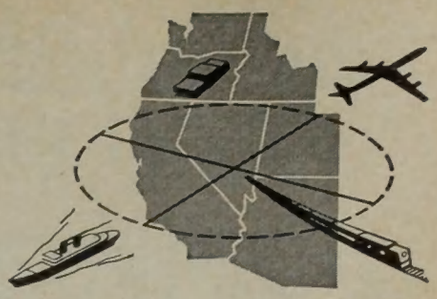


MICHAEL TILDEN

Antiques *may be hiding among secondhand merchandise outside old boarding house façade at Rocks Gulch*

ay Area flea markets

flea market is something of an anachnism. Its card-table merchants, bargain-g and caviling over prices, and rich aos of people and goods (mostly second-nd), stand in nostalgic contrast to ck modern merchandising. At a flea arket, how you buy is at least as im-rtant as what you buy. Haggle; be pre-red to pounce on an unusual piece of erchandise or an unexpected bargain.

here are countless flea markets in the y Area. Some are big operations like e giant Berryessa Road Flea Market in n Jose. Others appear and disappear ndomly at wide spots in the road or in e corners of church parking lots, de-nding on the availability of sellers.

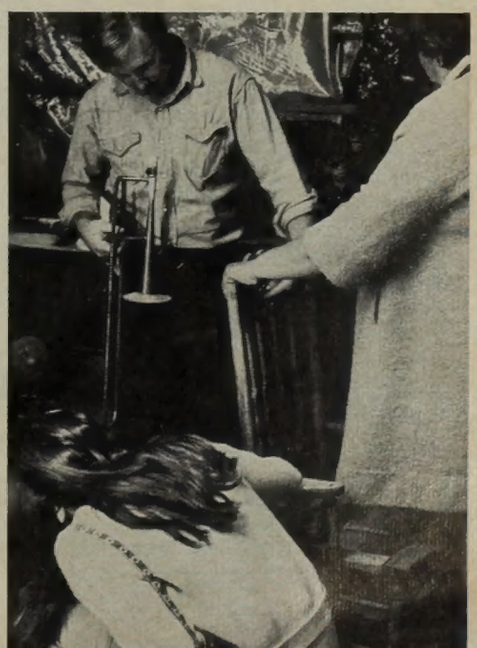
ost flea markets have permanent deal-s and one-time dealers. The permanent alers sell everything: polished rocks, scount clothes, fresh produce, antiques, built televisions, sundry "junk," old mic books, candied apples, handmade velry. The one-timers spend a few dol-s to rent a space and bring the garage e to the buyer. You can see whole life-nes of orange juice squeezers and uffed dolls and mirrors and toasters read out on a card table or two.

ices on everything, even on antiques, ually start low and with a little buyer avado might be worked lower.

om the many flea markets in the Bay ea, *Sunset* has compiled a list of those presenting a broad spectrum of types. l of them, with the exception of the one Hayward, lie on or near U.S. Highway 1, from San Francisco south past Gil-y. None is more than 45 minutes from other, making it possible to visit more an one in a day. You'll find them all ry crowded on weekends.

e Cow Palace Flea Market is held in the estock barns adjacent to the Cow lace. Here you'll find much new, bar-in-priced merchandise such as clothing, aft goods, costume jewelry. Also here fresh produce and a great variety of ondhand goods. It's open every Satur-y and Sunday from 7 A.M. to 6 P.M. ex-ot on infrequent occasions when a long ow runs at the Cow Palace; telephone

This dealer *is among many who rent space for one day*



Proud *new possessor of deluxe kazoo ponders yet another bargain*

Sunset

THE MAGAZINE OF WESTERN LIVING

July 1970

Jauntily *hiking over Cascade Pass, two Sunset reporters check a trail. For a look at the scenery around them, see page 48*

Twelve years later—National Park

It's a delight to report solid achievement in conservation.

When we took readers on a tour of the North Cascades in 1958 (August, page 42), a national park there was only a remote hope. When we went back for a 14-page look with color photographs in 1965 (June, page 84), our presentation stressed the efforts to secure this spectacular region for public use, and also pointed out the powerful interests that opposed these efforts. For what happened, see page 56.

To update our knowledge of the area and get current photographs, we drove every road in the park, hiked the trails, and spent a day flying over the region in a light plane. Then just days before the article closed, *Sunset's* editor—who had camped in this wilderness as a youth—went back for a final confirming look.

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(415) 589-6901 to check before you go. There's an admission charge of 10 cents on Saturday and 25 cents on Sunday.

The Big Top Center is on the corner of Mission Boulevard and Harder Road in Hayward. It's another big one, almost all indoors, with a great bounty of second-hand goods, some produce, some new merchandise, not many antiques. It's open Friday from 9 A.M. to 6 P.M., Saturday and Sunday 7 A.M. to 6 P.M.

The Berryessa Road Flea Market in San Jose is the area's largest. This outdoor supermarket, department store, and playground has everything. It's open Saturday and Sunday, 7 A.M. until sundown. There's a 75-cent parking fee. (To get there, take the 13th Street exit off U.S. 101, follow the service road south for one block, turn east on Berryessa Road, and follow the signs to the market.)

Morgan Hill Flea Market is in an orchard in Morgan Hill (on Main Avenue, one block east of U.S. 101). Here you'll find a wide selection of secondhand items, a few antiques, and fresh fruits and flowers. Open Saturday and Sunday from 7 A.M. to sunset.

The Rocks Gulch Flea Market is 12 miles south of Gilroy on U.S. 101. Here permanent dealers are housed in buildings that re-create an old Western town. This market includes many antique and junk dealers and a large area for one-time sellers. Open Saturday, Sunday, and Tuesday, 9 A.M. to 4 P.M.

The Big Barn is 14 miles south of Gilroy on U.S. 101. Housed inside an old lime barn, it has mostly antiques and unusual junk items. Prices on antiques are generally lower than in antique shops. Open Wednesday through Sunday from 7 A.M. to dusk.

New guide to Point Reyes wildflowers

Those who know and love the Point Reyes seashore will be interested in a new guide to the wildflowers of the area. It is *Flowers of Point Reyes National Seashore* by Roxana S. Ferris, with illustrations by Jeanne R. Janish (U.C. Press, Berkeley, 1970; $7.95, clothbound, $2.95 paperback).

As former curator of the Dudley Herbarium at Stanford University, Mrs. Ferris is thoroughly conversant with plant anatomy and classification. As a long-time resident of Point Reyes Peninsula she knows its wildflowers as neighbors. To read this scholarly, delightfully informal book is like having the author give you a personal tour of her garden.

A brief introduction tells you how to use the book, explains the scale of the drawings and describes how the plants are classified. A series of lists by flower color follows; if you have nothing to start with

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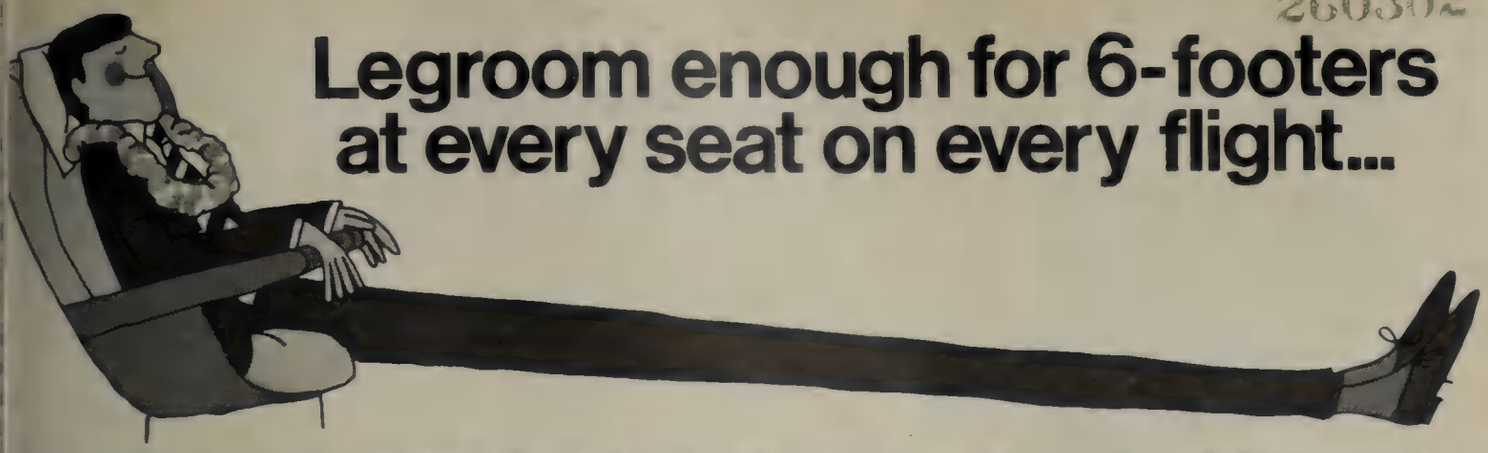

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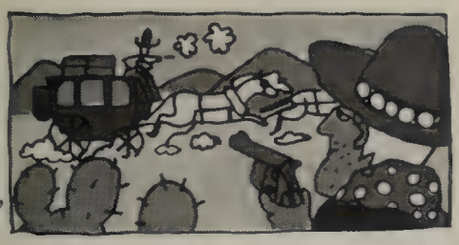

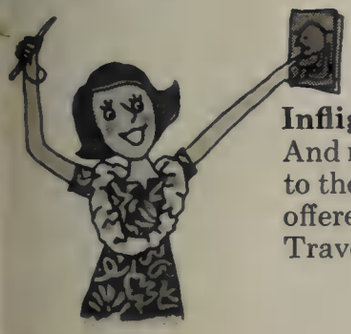

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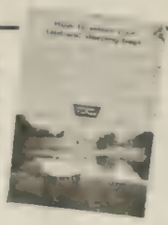

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but a flower, you can turn to the color list and find there the names of all the flowers of that color that grow at the seashore. By looking these up one by one (page references are given) you soon arrive at an identification.

A three-page section on plant associations tells the basic facts about plant communities—groups of plants that grow together under certain conditions of soil, location, or exposure. Point Reyes National Seashore has 12 of these groups—a remarkable number for so limited a geographic area.

The bulk of the book consists of descriptions of the plants and accompanying line drawings. The latter are clean, accurate, and large enough for easy recognition. Generally they are slightly smaller than life size; scale is indicated, where necessary, by accompanying figures.

The descriptions often include bits of information that more conventional manuals often overlook, such as flavor of fruits, economic uses of the plants to the Indians or early settlers, and landscape value in gardens.

Summer college on environment

Anyone with a serious interest in today's ecological problems is invited to enroll in the eight-day "College on the Environment" to be held on the Stanford University campus beginning on Saturday, J 25, and continuing through Saturd August 1.

The four-man faculty is headed by i ology professor Donald Kennedy. ditional resource people working y seminar groups on concrete proposals include Paul Ehrlich, author of *The P ulation Bomb*; Nobel Prize - winning e neticist Joshua Lederberg; Congressm Paul McCloskey; and Pan American ways president Najeeb Halaby.

Fee for tuition and books (sent to rollees in advance) is $160 per person $295 per couple; with meals and acc modations on campus added, it is $ per person or $550 per couple. For re vations or more information, write Bowman Alumni House, Stanford, C fornia 94305.

Scottish games are at Redwood City this year

Tossing the caber, dancing the *Se Truibhas*, and bagpiping are all par the Annual Peninsula Scottish Gar July 5 at Sequoia High School in R wood City. The games carry on an Scottish tradition of contests that be when the clans gathered to conduct t affairs.

The hours are 8 A.M. to 5 P.M. Adm sion is $1.50 for adults, $1 for stude 50 cents for children.

For travel planners, a July check list

India and Russia are two countries to be visited on a new 22-day tour leaving New York once a month July 19 through December 20. Tour rates begin at $999, and include round-trip air fare on Aeroflot (Soviet Airlines), three daily meals, hotel, and sightseeing. Areas to be visited include Moscow, Leningrad, Delhi, Agra, and Srinagar. For a brochure, write to Golden Tours of India, 1860 Broadway, New York, N.Y. 10023, or see your travel agent.

Travel Almanac. The new *World Travel and Vacation Almanac* (Enterprise Press, New York, N.Y., 1970; $2.50) lists 2,744 separate tours, each with a brief description and indexed by cost of tour, departure city and date, length of tour, and tour cities. Also included are sources of tour information and literature, a 100-page guide to countries and cities, and a 1970 international event calendar. The 404-page paperback is available in most bookstores.

Campers in Canada. A new program of recreation vehicle rentals now enables you to fly to a major Canadian city and pick up a mobile-home bus, camper van, or pickup camper at the airport, and drive off into the wilderness. For example, you can rent a pickup and camper with refrigerator, stove, furnishings, and toilet for $135 per week plus 10 cents a mile. Food and gas are not included. For details, write to Camp America, Inc., Box 255, Basking Ridge, N.J. 07920, or see a travel agent.

Wilderness medical guide. Although out doorsmen planning wilderness outings usu ally take first-aid kits, only a few know how to use them. Now you can obtain a copy of *Mountaineering Medicine* by Fre T. Darvill, Jr., M.D., which covers mos medical situations from headache to mul tiple fractures and heart stoppage. The lightweight booklet will fit easily into standard first-aid kits. Send $1 to Moun taineering Medicine, Skagit Mountain Res cue Unit, Box 2, Mount Vernon, Wash 98273.

Navajo-land tours. Departing from Gran Junction, Colorado, on September 27 an October 11 are 14-day motor coach tour of Navajo Country—to such scenic area as Monument Valley, Deadhorse Poin and Canyon de Chelly. September tou fare is $635 (October is $10 more) and in cludes lodging and some meals. For a bro chure, write to Thru the Lens Tours Inc. 5301 Laurel Canyon Blvd., North Holly wood, Calif. 91607, or see a travel agent.

What a travel agent can do for you Provide information on tours; reserve spac on air, rail, bus, and steamship lines; mak hotel, ranch, and resort reservations; tak care of trip planning, including side trip and special events. Travel agencies d not charge for arranging transportation o package tours, but do charge for "custom tour service.

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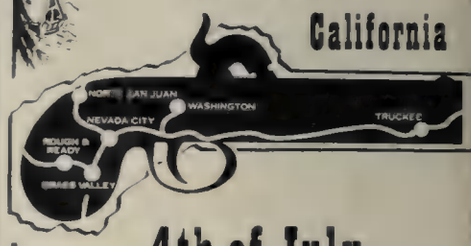

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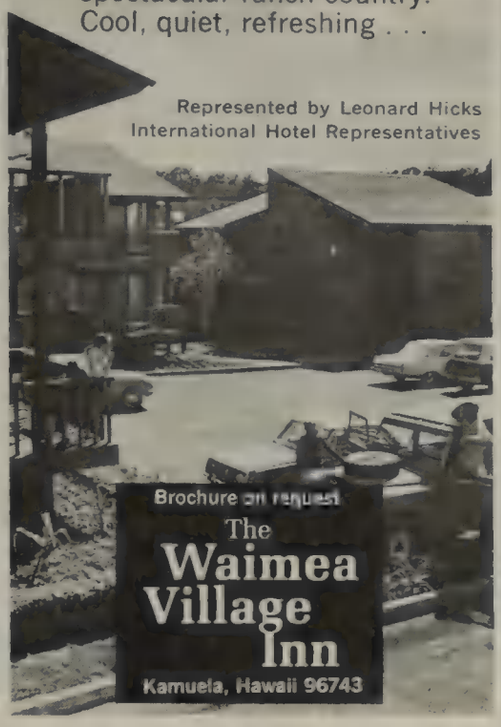

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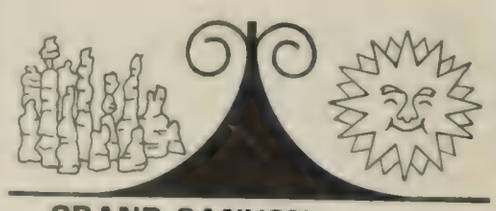

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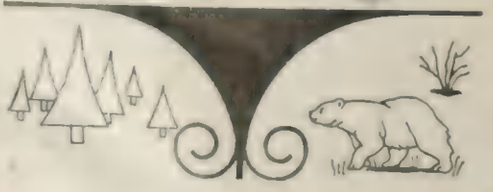

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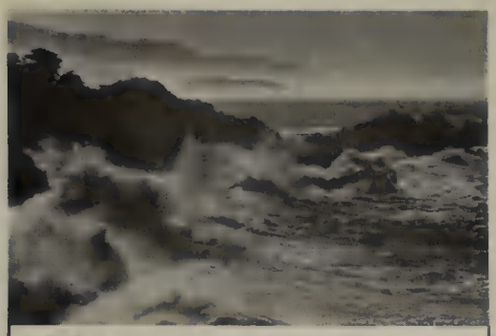

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Historic *city lamp posts appear in multiple image on the 180° screen and scrim*

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Both ships are first class throughout and fully air-conditioned. Private bathroom facilities in every stateroom. Swimming pools, spacious decks and lounges, games, gala parties, entertainment, bands, dancing, cocktails. Fare includes ship as hotel on all cruises, all meals.

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Call Big Brothers 474-9323

DON NORMAN

Crowned cranes *cluster around deserte chairs—occupants moved to terrace tabl*

Scarlet macaw *was not shy. Photographe at next table had plenty of time to ain*

Las Mañanitas in Cuernavaca

The restaurant that many rate the bes in Cuernavaca and some call the best i Mexico is set in a beautifully manicure semitropical garden. Here many residen birds, including peacocks and other ex otics, mingle with the guests.

Las Mañanitas offers an internationa menu with prices moderate to expensive for Mexico (à la carte entrées from about $3.20 upward). The restaurant is oper weekdays from 1 to 11 P.M. and weekend from 1 to midnight. It is usually crowde on Sundays and holidays.

There are also 15 elegantly furnished guest rooms and suites—$24 to $40 per day for two, with breakfast.

Las Mañanitas is at Ricardo Linares 107, between southbound Obregon and northbound Morelos, one-way streets that carried main highway traffic through town before a toll road bypassed it.

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The Statue of Liberty. The Village.

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"Freebies? *Freebies!*"

Fastening *earthworm on shank of hook intrigues young Trinity Lake fishermen*

Trinity Lake in summer is hard to resist

Swimmers, *sailors, and sunbathers populate beach at Clark Spring campground*

Although Clair Engle Lake is the official name found on most maps, residents of Trinity County—with all due respect to the late California congressman—still call it Trinity Lake.

By either name this 16,500-acre impoundage on the Trinity River is the focal point of the 83,500-acre Trinity National Recreation Area, a sparsely populated expanse of lake and forest offering more than 500 campsites, excellent fishing for trout and kokanee salmon, marinas and launching ramps, swimming and sailing, water-skiing, and houseboat rentals—all within the shadow of the glacier-pocked Trinity Alps.

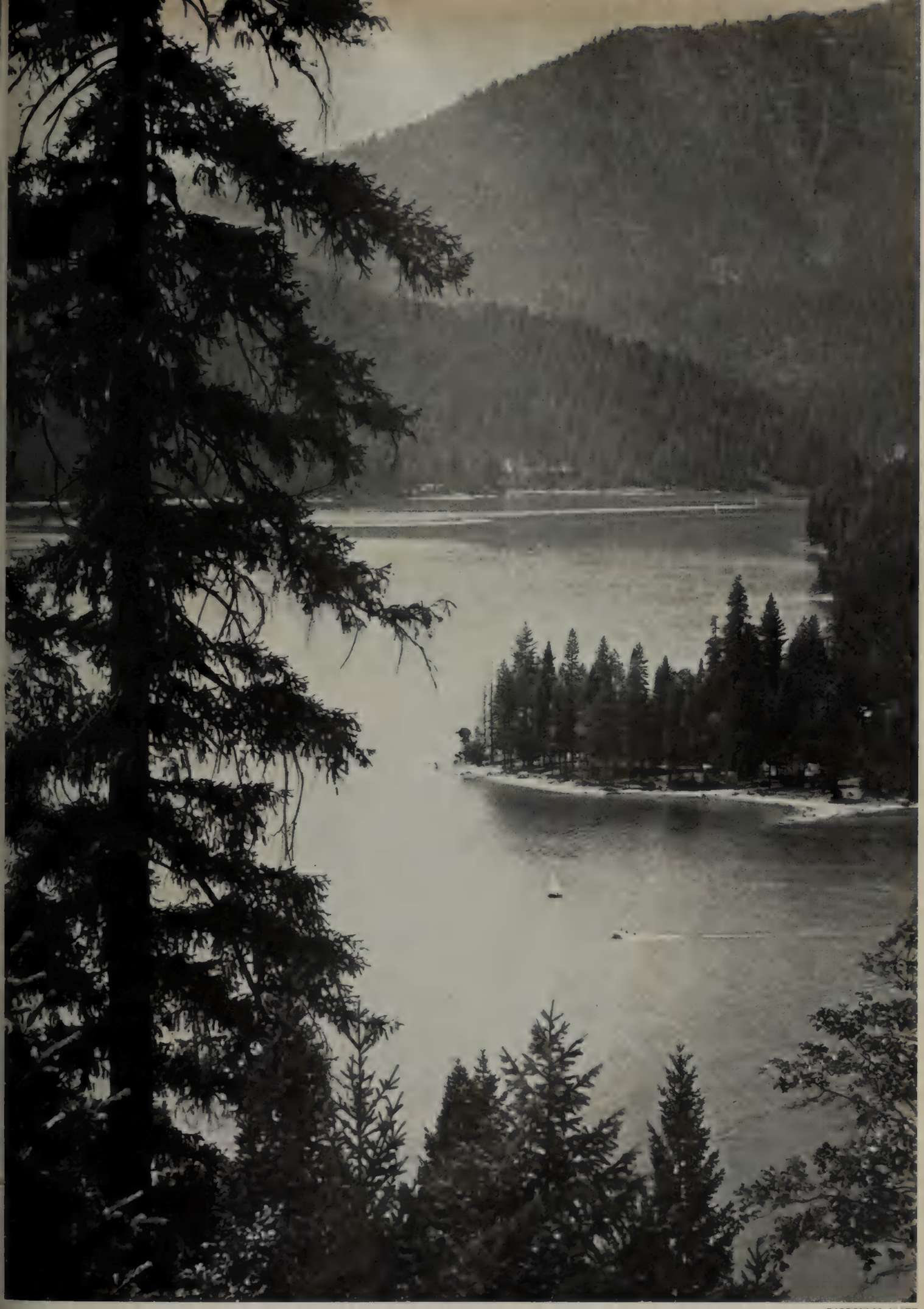
At an elevation of 2,370 feet, Trinity Lake is just high enough to escape the oppressive summer heat of the Central Valley. Midsummer temperatures often reach into the 80's, warm enough to make the cool lake waters irresistible to swimmers and other water enthusiasts; but late evening temperatures may dip into the 50's, making campers appreciate the warmth of sleeping bag or blanket.

For noncampers, the Trinity country offers a selection of small resorts and dude ranches close to the national recrea area, and there are overnight accom dations in Weaverville, Lewiston, Dou City, and Redding.

You can also rent a houseboat accom dating six persons at the lake's Ce Stock Resort for about $50 a day (f now through September, the minim rental period is a week). For informa on houseboats, resorts, and other facil around Trinity Lake, write to the Sha Cascade Wonderland Association, 1988, Redding, Calif. 96001.

JOHN REG

Forested coves *around Trinity Lake are popular gathering places for houseboats on long summer evenings*



DARROW M. WATT

Stately Douglas firs *frame this view southeast over boats on quiet waters of Stuart Fork arm*

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Indian festivals in the Southwest

Indian ceremonials scheduled for the su mer months offer vacationers an opport nity to view some of the most colorful pects of Indian culture in the Southwe At large Indian encampments, you c see and photograph ceremonial danc of many tribes, study handicrafts d played for sale, and sample Indian dish Reserve accommodations well in advan if you wish to attend intertribal ceren nials or the Navajo fair.

All Indian Pow Wow. On July 3 to 5 Flagstaff, Southwest Indian tribes w participate in daily parades, rodeos, a evening fire-lit ceremonials. For furtl information and reserved seating, wr to the Chamber of Commerce, Box 11 Flagstaff, Ariz. 86001.

Inter-Tribal Indian Ceremonial. At Gall on August 13 to 16, more than 30 trib will participate in parades, Indian spo ing events, rodeos, and ceremonial danc For reserved seating, write to the Int Tribal Indian Ceremonial Associatio Box 1029, Gallup, N.M. 87301.

Navajo Tribal Fair. On September 9 to at Window Rock, the country's large Indian tribe sponsors exhibits, rode athletic competitions, and ceremon dances. For lodging and recreational i formation, write to the Navajo Parks a Recreation Department, Box 418, Windo Rock, Ariz. 86515.

Many traditional religious ceremoni take place in Indian villages. Spectat viewing the public portion of the cer monies should remain unobtrusive. Dat for some dances are known only a fe days in advance.

Hopi home and snake dances. Home danc take place at various Hopi villages fro July 11 to 31. The village plaza is the se ting for the public portion of the danc photography is forbidden. Snake danc are held during late August at Shipaulov Shungopavi, and Hotevilla. After t first of August, the Hopi Indian Agenc Keams Canyon, Ariz. 86034, can infor you of snake dance schedules.

New Mexico pueblo festivals. Detailed pr cessions, dances, and costumes are all pa of the ritual followed by each of the pueblos on the feast day of its patro saint. Many of these ceremonials are hel in July and August. Check with pueb governors for photography regulation For dates, write to the Commission on I dian Affairs, Room 123, Villagra Buil ing, Santa Fe, N.M. 87501.

When you buy a Rolls-oyce, you get things like nglish leather seats, French alnut paneling, and an elec-ically operated gas tank over.

The SAAB 99 thinks bout you in a different way. e don't have English ather, or French walnut, or n electric gas tank cap.

But we do have front heel drive.

Front wheel drive puts e weight up front where u'll get better traction and andling in all kinds of weather. And because the 99 is pulled, not pushed, you always go exactly where you want to go.

The SAAB 99 also offers you something else Rolls-Royce can't give you: electronic fuel injection.

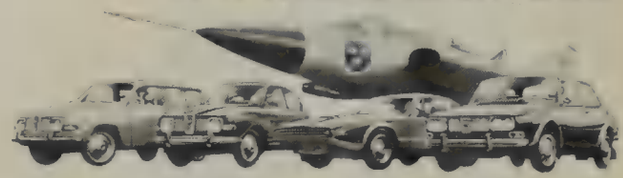
Having fuel injection is like having your very own computer. By electronically determining the speed of the car and the temperature inside and out, a fuel injection system will feed only the right amount of gas to the engine. Because of this, the SAAB starts in the coldest weather, won't stall in the hottest weather, and saves you money on gas.

With all this, plus more headroom than the Rolls, the 99 costs only $3365.*

When SAAB thinks about you, they think about things Rolls-Royce doesn't. And for a lot less. Now, isn't it time you thought about SAAB?

SAAB

The well-built Swede



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easing and Overseas Delivery Plans Available.

R. WENK

Dwarfed *by the sandstone cliffs towering above Potash Road, a lone car traces the bank of the Colorado River*

Red cliffs . . . and the Colorad

A close view *of dinosaur tracks*

Winding along the Colorado River between Arches National Monument and Canyonlands National Park, Potash Road leads 12 miles to a potash mine, as its name implies. It is also one of the more scenic drives outside park land in this desert region.

Officially designated Utah State Highway 279, Potash Road turns off U.S. 160 about 4 miles northwest of Moab. At first the low, barren hills, banded with rusty railroad tracks, are almost enough to make the visitor want to stop and turn around. But the scenery improves after a few miles when the Colorado River swings closer to edge the road on one side, and barren hills on the other side are replaced by sheer, red sandstone cliffs that cast cool afternoon shadows.

Drive slowly beneath the cliffs and examine the flat surfaces of rocks 15 to 30 feet above the road for Indian petroglyphs. Since there is no way to climb up to most of these drawings, many people wonder how the Indians reached so high. The answer is simple—before the road was built a deep talus slope of crumbl sandstone slanted away from the base the precipice, affording easy access to t rock faces.

Some good samples of petroglyphs can seen about 5 miles from the turnoff. mile farther are more rock drawings a a slab imprinted with the petrified trac of dinosaurs. It's a short hike up to t tracks, but before leaving the parki area, look through the metal pipe train on the exact location.

Continuing another 4 miles along t road, now bordered by tamarisk, wil flowers, and an occasional willow, y soon reach the parking area from whi a 1½-mile trail leads to Bow Tie a Corona arches.

Morning is the best time to take t hike; the air is still cool and the lighti on the arches is quite dramatic. The tr crosses the railroad tracks, follows a abandoned primitive road for a while, an then jogs left on a not-too-well-mark pathway.

This section of the trail curves over

He's too good a trooper not to talk about our tire.

And too professional to let us use his name.

This is a trooper from western state. We've overed his face, and ithheld his name, beause state troopers do ot endorse commercial roducts. We've even ltered his uniform.

But we haven't alered his story. Like most tate troopers, he's an xpert on tires. He drives ver 50,000 high-speed iles a year. And his tory is like the ones e're hearing from the oopers across the couny riding on B.F.Goodrich adials. The same tires ou can buy.

"Last summer I was orking the canyon highay. The road curves and wists all over the place. It an be pretty dangerous.

"One day this speeder passed me going in the oppoite direction, doing at least 85. I had to make a U-turn efore I could take after him. By that time he had quite a ead. I did 120 in some stretches to catch up. Maybe 75 on he really tight curves. I really expected the tires to slip. But they never did.

"I finally caught the guy. But I wouldn't have even tried vithout those radial tires. That convinced me to get a set for my own car."

Chances are, you'll seldom need the maximum performance troopers need, even for short periods of time. But it's nice to know these tires can deliver it.

The newest BFG Radials are called *Lifesavers.* With good reason. Lifesavers corner better. Take curves better. Stop quicker. They handle better at high speeds than any fiberglass-belted tire ...even our own. They run cooler because they're made with Dynacor® Rayon Cord. They're the safest tires we've ever made.

The radial construction of Lifesavers is unique. The sidewalls flex, keeping all the tread on the road all the time. And the Dynacor Rayon belt stabilizes the tread for extra strength and mileage. 33% stronger than our fiberglass tires. And 40,000 miles or more on a set.

BFG *Lifesaver* Radials. They're like no tires you've ever ridden on. They're the tires your life should be riding on.

The New BFG Lifesaver Radials.
Your life should be riding on them.

B.F.Goodrich

Minihome, Maxivalue

The 1970 Ford Minihome™

Talk about value in camping/recreational vehicles, and Ford Minihome has a monopoly on the conversation. Everything about it says value. From its price (no other motorhome can match its many standard features at the cost), to its utility (the Minihome is a handy second car for local excursions, as well as a versatile second home for interstate adventures). Packed with

homey conveniences like an icebox, dinette, complete sink and water system plus loads of storage space, the Minihome still has room enough to comfortably sleep five. And you can build even more value into it by adding such exciting and reasonably priced options as air conditioning, nylon carpeting, television, stereo tape system, and many more. The 1970 Ford Minihome is available in two models. See them now at your Ford Dealer.

See your Ford Dealer or write for a beautifully illustrated 4-color Minihome brochure with all details and specifications to: Motor Homes Inc., 3709 West Erie Ave., Lorain, Ohio 44053. In California: 5253 N. Vincent, Irwindale, California 91706.

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SUBSIDIARY OF PRF INDUSTRIES INC

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R. WENKAM

Corona Arch *is final reward for hikers after the rocky 1½-mile walk*

sandy hill where there's a good opportunity to observe some of the subtle little things about the desert that are often missed by the casual hiker.

Just to the side of the trail, the wind and rain have sculptured the mud into a miniature canyonland of spires, serrated cliffs, inch-high mountains, and delicate bridges and arches.

If the rains were recent, a color-speckled down of grass and wildflowers will be barely noticeable in the shadier spots. In the sunny places, especially on rocks, snakes, lizards, and insects will be working or sunning. Deer, rabbits, various birds, and even the timidest rodent may be seen by the hiker who will pause for a while to quietly look about him.

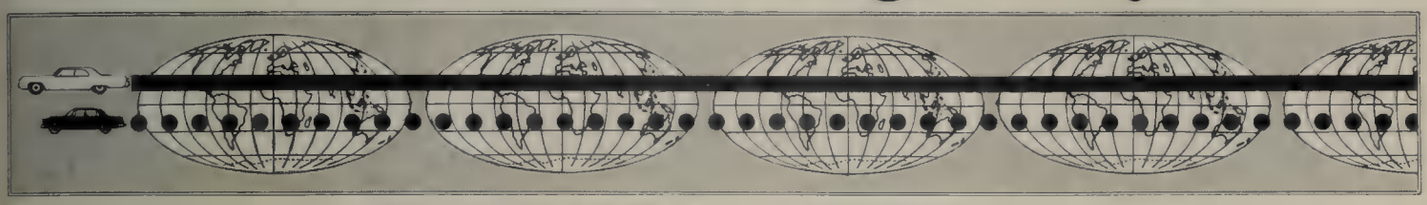
The path, now marked by stakes or by arrows painted on stones, gradually becomes rock and finally sloping slickrock (slippery sandstone). Footing can be treacherous in places—even if you're wearing rubber-soled shoes.

By the time you reach the second han rail, both arches will be visible but dif cult to pick out because of the rock wa behind them. If you look along the ca yon wall to your left while facing t wash below, you'll see Bow Tie Arch wall depression with a hole above it) an farther along the wall, handle-shap Corona Arch. From your vantage poi it's another half mile to the base of C rona Arch, where you can hear a marv ous echo if you shout across the chas at your feet.

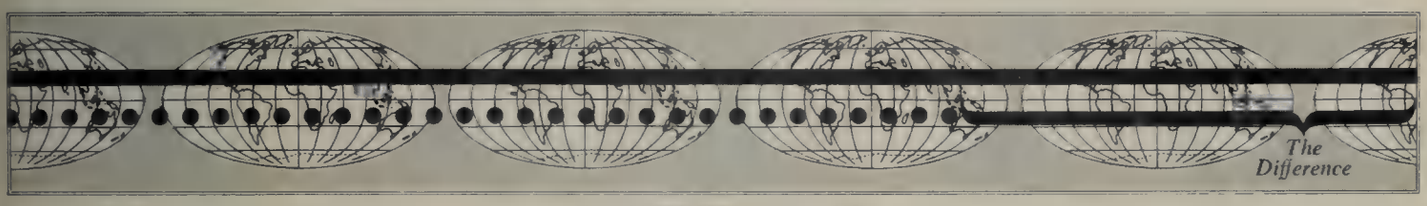
Back on the road, you come to pav ment's end at the potash mine, a colle tion of ramshackle buildings near the en trance to a shaft that angles 2,788 fe into the earth.

Although there are no improved picni areas, many places along the road ar good for a tailgate picnic; just be sure t clean up the site before you leave.

AMERICA!
Convert to Rover's Baby V-8 and Free-up 35,350 Miles of Streets and Highways!



Bumper to bumper, 64,000,000 Rovers are a World-and-a-half shorter...



...than 64,000,000 American V-8s.

THE ROVER 35OOS offers the kind of luxury even the biggest ımerican V-8 car has, yet it is 35 ıches shorter.

Noting that there are an estimated 4,000,000 V-8s in this country (with ıe number increasing daily whereas ıe size of the country isn't) it would ɜem that the advantage of everyone's witching to Rover has never been learer.

While it *would* put a strain on our roduction facilities in England—where ctual people attend to details; nothing ke the impressive grind-them-out ıachinery in Detroit—we would, in the ublic interest, turn out all 64,000,000 ıst as quickly as we possibly could.

It seems to us worth the effort.

As you can see from the Mollweide's lomolographic Projections (globes) bove, the switch would unclog enough ighway to drive around Earth a time nd a half at the Equator, or, if you pre-ɜr, back and forth between New York nd Los Angeles six times, without ever ncountering another motorist.

But let's not waste all that empty sphalt by reducing traffic at the Equa-ɔr. In the cities where the open space is ɜeded most it amounts to 85.3 square ıiles; in other words we'll save Man-attan (22 sq. mi.), the Bronx (41 sq. ıi.) and half of Staten Island (22.3 sq. ıi.) too. That much space, going to 'aste under the sheetmetal *overhang* f American V-8s. Not that anybody *eeds* all that extra concrete. The bulk of it could be ripped up and planted in fescue, box elder and redwood.

Our $5,398 Baby V-8 luxury sedan, with a comparably priced one of Theirs, in true proportion.*

(Speaking of redwood, do you need another national park? 64 million Rovers parked in a parking lot instead of 64 million American V-8s would save no less than 545,920 acres. Turn that into Rover Baby V-8 National Park and you'd have one a whisker smaller than Grand Canyon National Park, and twice the size of the Rocky Mountain one. It's worth a try.)

Mind you, sub-compacts or bikes would make *our* space-saving proposal look modest indeed. But we're talking about a car whose primary purpose is to be comfortable. Saving space is just a free extra. The Rover 35OOS is a V-8 *luxury* sedan with automatic transmission, power steering, power disc brakes, electrically operated windows, and much else, as standard equipment. All the comforts of home, so to speak.

Yet, owing to its tidy design, while it is approximately the same size *inside* as most domestic V-8s—built to accommodate four people in extreme comfort—it obtrudes a good bit less on the *outside*.

Rover's sensible size has other benefits—maneuverability in traffic, easier parking, etc.—but, like its comfort, these are subjective things, better experienced in a test drive than described here. Which is why we have preferred to give you the big picture instead.

Besides, buying Rovers one at a time is only making the best of a bad situation. Believe us, it will be better if the entire country switches over.

Rover Division, Dept. S
British Leyland Motors Inc
600 Willow Tree Road
Leonia, New Jersey 07605

Gentlemen: I would locate *Rover Baby V-8 National Park* in_____. (Other remarks attached.) But first things first. Send me a brochure on the car, and names of nearby dealers.

Name_____

Address_____

City_____

State_____ Zip_____

**Suggested retail price at East and West Coast P.O.E., not including options, inland freight, dealer preparation, or state and local taxes. Write and ask about Overseas Delivery prices.*

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The Kahala Hilton alone creates a unique life of relaxed elegance away from the downtown hubbub of Waikiki. But if you want some hubbub it's just a 15-minute drive.

Here, with the Waialae golf course on one side, and the Pacific Ocean on the other, the Kahala Hilton has facilities to meet your every want and need—all, yours for the asking.

Drowse by our oval-shaped fresh-water pool or on our surf-side beach . . . participate in every sun-tanned sport . . . sample the Hawaiian and oriental delicacies that won our Maile Restaurant the Holiday Magazine Award . . . luxuriate in the comfort of our spacious rooms—each with His-and-Her bath . . . enjoy the finest Polynesian entertainment.

And always, you'll be pampered with typically Hawaiian warmth and graciousness by our Polynesian staff, to whom service is a specialty. They'll even put an orchid on your pillow before you retire.

A visit to the Kahala Hilton is a very special visit to Hawaii.

For reservations call your travel agent or Hilton Reservation Service.

Kahala Hilton

(in Honolulu)

BOB AND IRA SPR

Magic Mountain, *a granite spire on t North Cascades National Park bounda*

Three parks and five years later

The first color-i lustrated pictori *Sunset* book o the national parl of the Wester states was pul lished five yea ago. Since tha time, three un sually scenic area of the West hav been added to the National Park Systen Canyonlands in Utah, Redwood in Cali fornia, and the North Cascades in Wash ington (see page 48 of this issue).

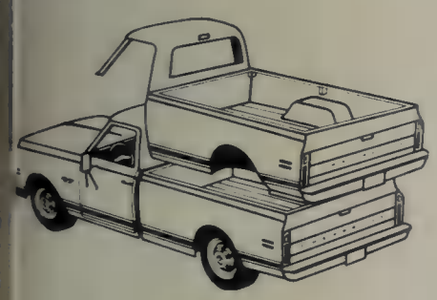
This month there is a successor to th first book: a 288-page revised edition o *National Parks of the West* (Lane Books Menlo Park, Calif., 1970; $9.95 througl August 31, $11.75 thereafter). It in cludes the new parks and updates infor mation and photography on the 19 park described in the previous edition. Eacl park has its own chapter, complete witl detailed relief map and other interpretiv diagrams.

The new edition includes 38 full-colo photographs, a seasonal accommodations and activities guide, and a chronological history of the National Park System.

In the beginning you'll like how much less it costs.

(In the end you'll like how much longer it lasts.)

owest priced popular pickup.
lore pickup for less money is a hevy habit. Which means gain this year Chevy pickup ices* begin just where ou'd expect—below any other opular make.



cargo box inside a cargo box.
ne reason behind Chevy's nger life is an extra wall of steel ehind every Fleetside box wall.

Inside dents stay inside. eek outside styling stays sleek.

ouble-wall cabs.
owl assemblies are double-alled, too. So are roofs. Sills. nd rear bodies.

Would you rather have one eel cab around you, for solidness nd strength, or two?

Your car should ride so good.
And who says a truck has to ride hard just because it's built to work hard?

Chevy gives you a full independent front suspension with coil springs and double-acting shocks. Plus coil or leaf springs you can order for the rear.

We've got more pull.
On your right hand tick off the power available to you: 250 six, 292 six, 307 V8, 350 V8 and 400 V8.

Now on the fingers of your left: 3-speed manual transmission, 4-speed, 2-speed Powerglide, 3-speed Turbo Hydra-matic.

Fenders that fend off rust.
And something else other popular pickups don't have—but wish they did. Smooth front fender liners.

Slush runs right out. Corrosion doesn't get a chance to start.

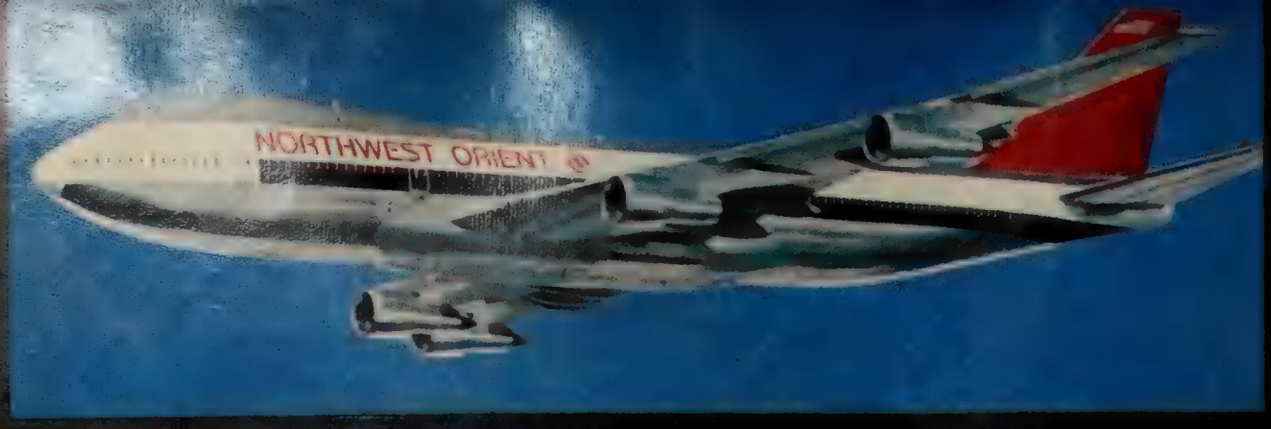
Longer working life.
One last fact: Recent industry scrappage records show a lower percentage of Chevies head for the Old Trucks Home than any other truck make year after year.

The same trucks that cost less to start, last longer in the end. Think it over on your way to your Chevrolet dealer's.

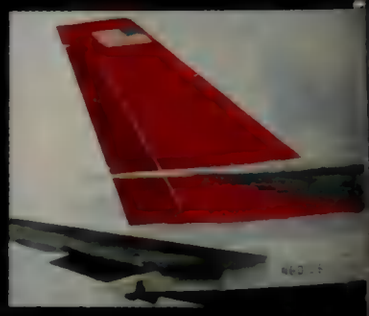
*Based on a comparison of Manufacturers' suggested retail prices, including Federal Excise Tax. Suggested dealer new vehicle preparation charge not included.

CHEVROLET

Putting you first, keeps us first.



NORTHWEST ORIENT 74



747s anyone?

We have lots. We'll have ten in service in 1970, and five more next year. Northwest Orient 747s will crisscross America and the Pacific. Here are our plans.

Mpls./St. Paul—New York
Daily in June. Twice daily starting July 1.

New York—Chicago—Seattle—Tokyo
Daily starting July 1.

Mpls./St. Paul—San Francisco—Honolulu—Tokyo—Taipei—Hong Kong
Starting August 1.
(Taipei and Hong Kong planned for September 15.)

Mpls./St. Paul-Los Angeles-Honolulu Tokyo Starting September 15.

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Weekends, starting July 4.

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Northwest's magnificent 747 brings a new dimension in comfort to air travel. Wider seats, 8-foot ceilings, two aisles for strolling, 12 powder rooms, private stereo*, movies on Pacific flights*, and, in first class, a spiral staircase to a red carpet lounge. Lots of stewardesses (with a purser on Pacific flights) to look after you, and food and beverage service as magnificent as the 747 itself.

Check our schedule and see how soon you can enjoy a Northwest Orient 747. Reserve a seat now on the future of air travel. Call your travel agent or Northwest Orient.

Schedules subject to change.
**$2.50 charge on international flights.*

NORTHWEST ORIENT 747
. . . come up where the living's beautiful.

The perfect golf vacation ends here:

Pebble Beach Golf Links' 18th green adjacent to Del Monte Lodge.

Del Monte Lodge has something special for golfers. A 3-day, 2-night holiday package for $78.25 per person, plus tax, double occupancy. Gratuities not included.

Our modified American Plan covers your breakfasts and dinners. TV and round-the-clock room service. Green fees for the Pebble Beach Golf Links and Spyglass Hill Golf Course (recently rated as the two toughest golf courses in California). Guest membership at the Pebble Beach Tennis Club with 9 championship courts, heated pool and private beach. Dancing at CLUB XIX (a popular 19th hole by day). Use of Gun Club and Riding Stable.

You won't want to miss the 17-Mile Drive and charm of Carmel. See your Travel Agent or call us collect, at (408) 624-3811.

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Tell me more about your special "Golfer's Holiday" package.
I am interested in staying at the Lodge

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to (date) _____

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Del Monte Lodge is represented by your local travel agent and Glen W. Fawcett Co. (LA) 388-1151, (SF) 397-2717

Miner lifts *handle to slide closed a door of the special electric tour train*

Underground tour of Silver King

FRANK JEN

Youngsters reach *into ore cart in mi tunnel to examine samples of silver o*

Guide explains *what the wax miner is doing as attentive boy looks on*

Honeycombing the mountains surrounding Park City, Utah, are more than *900 miles* of interconnecting tunnels, shafts, and rooms, all part of the old Silver King Mine. This summer you can tour 2 miles of this labyrinth and view an underground exhibit of mining equipment and techniques that have been used in the mine during the last hundred years.

From the depot, a corrugated iron building housing ore samples and tools, an electric train takes visitors through Spiro Tunnel to the exhibit in about 20 minutes. Here are displayed various tools and drills with life-sized wax figures of miners. There is also a square set stope (a cross bracing of heavy timbers used to support walls and ceiling of an excavation area) and a mockup of a stable that was used for the horses that pulled ore carts before electric engines came into use.

Silver was discovered in this area in 186 when three soldiers stumbled across a outcropping of quartz about 2 miles south of the present Park City. They broke off a chunk and a subsequent assay disclose 96 ounces of silver per ton.

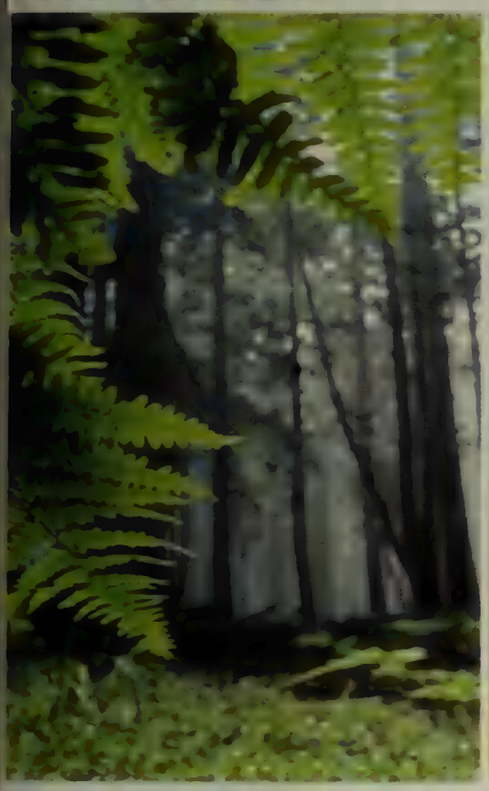
This discovery started the rush that put more than a hundred mines in operation by 1900.

The road to the Silver King Mining Museum is well marked: it starts from th junction of State Highway 248 and Park Avenue, the road into Park City. Trains will run four times daily from 11 A.M. to 4:30 P.M., July 4 through Labor Day. Cost of the 1½-hour tour is $2 for adults, $1 for children under 12. Since the mine tunnels are usually chilly, be sure to take a sweater.

The Sea Ranch on the Sonoma Coast

gives you a choice of three different worlds.

The forest.



The meadow.

The beach.

Where would you like your country homesite?... At beachside, near the sound of the surf?... On a grassy meadow, with wildflowers beating a path to your door?... Or sheltered on a gentle slope in a forest of redwoods and pines?

The Sea Ranch gives you a choice of all three, all within one development only 2½ hours from San Francisco.

Just because you choose one type of site here, though, does not mean that you have to forego the pleasures of the others. Nearly half The Sea Ranch land—including beaches, headlands and much of the meadow—is reserved for the recreational use of all who live here. You have free access to these areas. Thus, you can saddle up for a ride in the woods, picnic on the beach, hike the meadows, anytime the spirit moves you.

Prices for homesites at The Sea Ranch begin at $7,500. To find out more about this spectacular country home colony on the Sonoma Coast, send for our free brochure and more information.

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Please furnish me a free brochure and more information on The Sea Ranch, without obligation.

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To swim in

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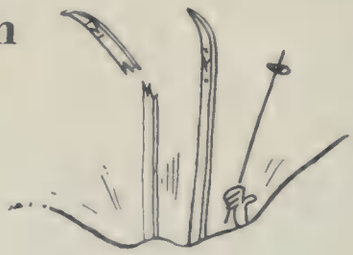

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Kimono-clad *dancers circle orchestra tower by lantern light*

Drummer *does stylized wind-up before striking drum*

Youngster dances *with abandon to drum and flute music*

Bon dancing this summer in Hawaii

A popular summertime activity in Hawaii is the ancient Bon Odori, or Bon dance, brought by Japanese immigrants and now part folk dance and part family outing.

From late June through August, Buddhist temples take turns holding a pair of dances on Friday and Saturday evenings from 7:30 until after 11. On the larger islands, you'll find one or more each weekend: newspapers publish the locations.

The dances are part of the joyful Bon celebration (observed for some 1,300 years in Japan for three days in midsummer) honoring ancestors whose spirits are believed to return home at this time. Visitors are welcome to watch the colorful dancing, which is accompanied by unusual music. Anyone wearing a kimono can join in.

Men, women, and children dance around the *yagura*, a tower for the drum-and-flute orchestra and singers. Lines radiating from it are hung with lanterns and *choba*, small cloth banners indicating persons who have made temple offerings.

Dance movements are repetitious, but the timing of hesitations, foot-tapping, and hand-clapping is tricky. Numbers last so long that participants drop in and out. At each affair one or more of the Bon dance clubs performs the music and leads the dance of a certain prefecture in Japan. Records are played for the traditional Japanese summer evening folk dances as well as for modern Bon dances held in cities in Japan.

Visitors may also attend floating lantern rites symbolizing the departure of ancestor spirits. A few temples in Hawaii still close their Bon festival this way. Note these on Oahu:

On July 16 about 6:30 P.M. at Ala Moana Beach, members of Todaiji Temple (426 Luakini St., Honolulu) will send off several hundred small wooden boats hung with lanterns and filled with food offerings, incense, and *toba*—memorial tablets.

On July 19 about 8 P.M. at Kewalo Basin, Jodo Mission of Hawaii will put one lantern-lit, 12-foot boat with offerings and *toba* aboard a sampan to be cast adrift off port, following a procession of lantern-trimmed automobiles from the temple at 1429 Makiki St., along Makiki, Beretania, and Piikoi streets and Ala Moana.

On August 15 about 10 P.M. at Haleiwa Jodo Mission, 66-279A Haleiwa Rd., members will break away from their second Bon dance and walk out on the beach to float a sizable fleet of paper lanterns with candles inside.

World's largest performing killer whale.

She's a giant among giants. Kianu is 10,000 pounds tall. And you haven't really seen San Francisco until you've witnessed her gigantic splash at California's most exciting, most stupendous extravaganza — Marineworld on San Francisco Bay.

You'll see the most dazzling water ski and thrill show in America. Daredevil boat drivers perform hairbreadth feats of daring and skill. Aquatic clowns keep you in stitches. A marvelous ski ballet is the height of precision. See the death-defying human kite man. And, Judy, the world's only water skiing elephant.

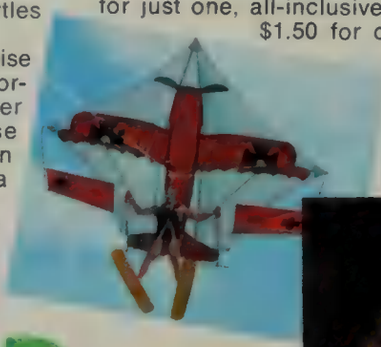
In the giant twin oceanarium you'll find an eerie, twilight world of sharks, sting rays, moray eels, giant sea turtles and exotic fish.

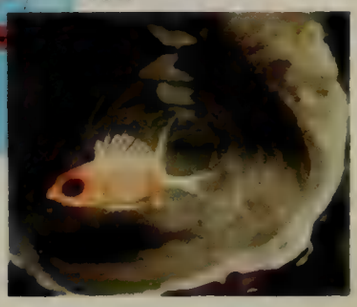
The all new porpoise show features "the Porpoise Olympics." Killer whale and porpoise compete for laurels in the 2,000 seat Oceana Theater.

There's a boat cruise, baby whale training tank, trained macaw and parrot show, dolphins petting pool, and many other exciting attractions.

One price includes everything! Enjoy this full day of family fun for just one, all-inclusive price — $3.50. And only $1.50 for children under 12 (5 and under admitted free).

Take the Marineworld Parkway exit just minutes south of San Francisco Airport on U. S. 101.





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Coast to Coast

Opera, melodrama in Colorado

Summer is show time in two of Colorado's best known old gold mining towns. Central City, catering to opera buffs, is about an hour's drive from Denver. Cripple Creek with its Gay 90's melodrama, is 45 miles west of Colorado Springs.

CENTRAL CITY

The 39th annual Central City Opera Festival opened June 20 with an English version of Giacomo Puccini's popular *La Bohème*. On alternate days Carlisle Floyd's new American opera, *Of Mice and Men* based on John Steinbeck's novel and play is presented. Both are under the musical direction of Thomas P. Martin of the New York City Opera company.

Matinee or evening performances are scheduled daily except Mondays through July 25. Tickets start at $5.50; advance reservations are required. For details write to Central City Opera, 636 University Building, 910 16th St., Denver 80202.

Daily tours through the Opera House and the Teller House, the old hotel perhaps best known for the painting that inspired the poem "The Face on the Barroom Floor," help visitors recapture some of the glory of this mining town, born in 1859 when John Gregory struck gold-bearing quartz worth millions.

Other points of interest are the cemetery high above the city, many restored homes, and the Theatre Museum.

CRIPPLE CREEK

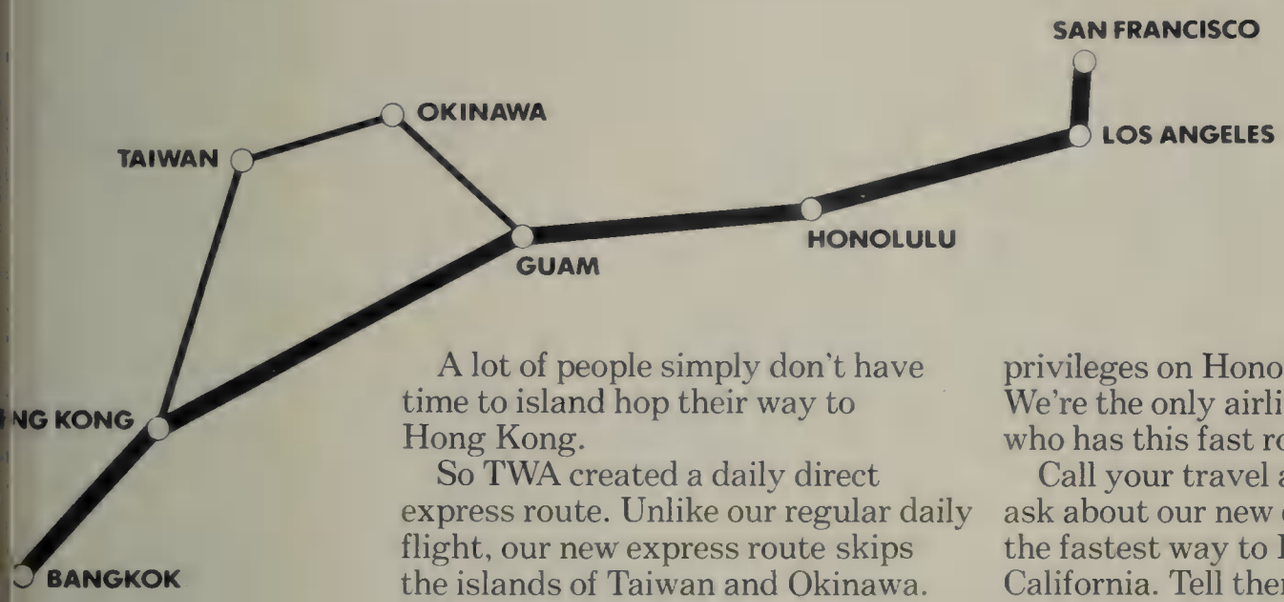
The Imperial Hotel has been the home of classic Victorian melodrama for more than 20 years. This landmark building is the only one of Cripple Creek's original hotels still standing. Built in 1896, shortly after disastrous fires destroyed much of the old town, it has been restored to former elegance by the present owners.

Each summer from mid-June to mid-September enthusiastic audiences fill the Gold Bar Room Theater. This year the company will present *The Spoilers*, a play based on the Alaskan gold rush. Shows are twice daily except Mondays. Tickets start at $1.50 for matinees, $1.75 for evening performances.

The hotel serves meals in three dining rooms; reservations are requested. For either theater or meal reservations, write to Imperial Hotel, Cripple Creek 80813.

Walking up and down the steep city streets you will pass many historic buildings, some now housing local artists' work. There's also a tour down into a mine near the city limits.

TWA OPENS A NEW FAST ROUTE TO HONG KONG.



A lot of people simply don't have time to island hop their way to Hong Kong.

So TWA created a daily direct express route. Unlike our regular daily flight, our new express route skips the islands of Taiwan and Okinawa.

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SOMEHOW, YOU FEEL MORE IMPORTANT ON TWA.

Mist settles *on spires and icy hanging glaciers as hikers head down from Cascade Pass*

DON NORMARK

A preview look at the trails, the glaciers, the lakes, the snowy peaks

North Cascades National Park

Rising silently among swirls of gray fog, a jagged range of ice-scoured peaks lends its name to America's most spectacular high mountain park.

North Cascades National Park, established in north-central Washington in late 1968, is one of the largest areas (a thousand square miles) of alpine wilderness in the national park system. Size alone is no measure of grandeur, but within this particular vastness are rare wonders.

The rise and fall of rugged mountains here is more pronounced than in any other national park. On high peaks as much as 600 inches of annual snowfall supplies over 300 glaciers, a third of the total in the continental United States and more than six times the number in Glacier National Park. More than 100 inches of rain a year nourishes lush forests, alpine meadows, and uncounted high lakes and wild streams.

On the park's southern border the glacier-carved trench of Lake Chelan (1,500 feet deep, 55 miles long, and barely more than a mile wide) is a true inland fjord, the only such water entry to wilderness in the United States.

Each feature alone is impressive. Together they are spectacular. In its union of glaciers and rain-forests, of meadows, lakes, and fjords, North Cascades National Park is without counterpart in America.

But the park is, and will largely remain, a wilderness with limited access. Just one paved road and two dirt roads enter it. You can approach on other secondary roads, but before actually entering the park from these, you must leave your car and continue by trail.

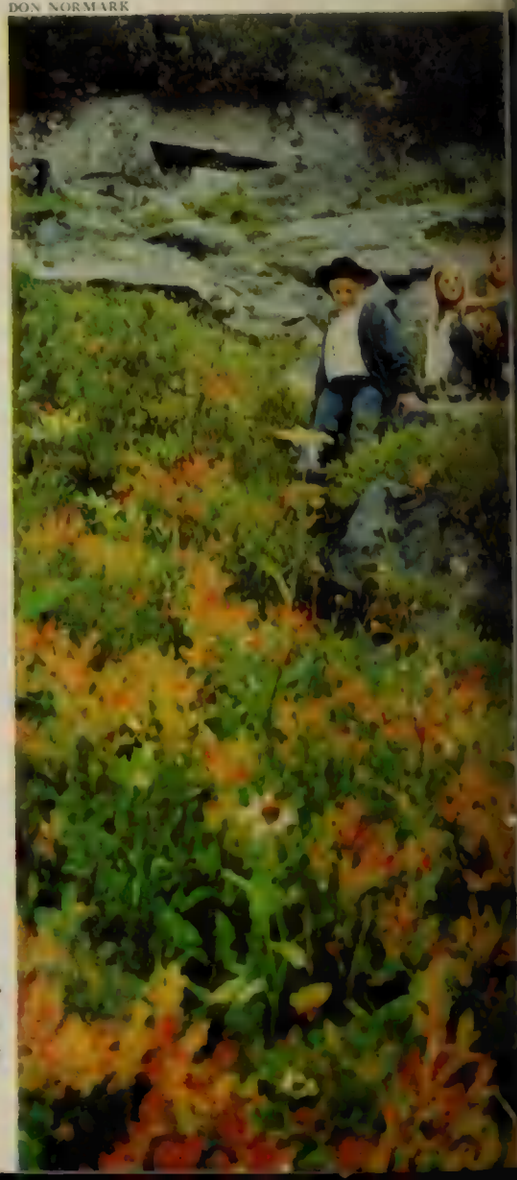
This unusual situation, fortunate for those who prefer wilderness hiking, is due partly to the park's newness. The National Park Service began only last year the development program that it hopes will become a model of visitor dispersal in wild but often fragile areas. The first step was to create four areas under National Park Service supervision: the north park unit centered on the Picket Range, the south park unit based on Eldorado Peaks, and the Ross Lake and Lake Chelan national recreation areas. Most of the proposed development that will make the park complex more accessible in the future will occur in the recreation areas.

Primarily, however, the plan calls for protecting the park's essential wilderness character.

Even if the proposed aerial tramways,

Sea of sharp peaks *in an aerial view is typical of rugged alpine landscape that was carved by ancient flows of ice*

DON NORMARK



Up high the park is white snow and ice . . . below it's the greenest green

Fall color *brightens the park's lower slopes, where children pause in a heather meadow on their way to the high country*

Cascade Pass, *favorite rest spot of mountaineers bound for distant peaks, is within easy reach of any Sunday hiker. Three gentle miles from your car, an awesome display of rock and ice greets you.*

ce sightseeing boats, interpretive cen-
s, food services, marinas, and drive-in
mpgrounds are built in the recreation
eas, the vast back country—the part
the park worth traveling hundreds of
iles to see—will remain wild. Most of
e park complex (514,000 of its 674,000
res) has been proposed for permanent
gal protection under the Wilderness Act
1964.

HIKER'S PARK

o get to know this country, be prepared
meet it on its own terms: to hike
rough primeval rain-forests where single
afts of sunlight illuminate the valley
oor; to cross wild streams on shining
oulders or moss-smoothed logs; and to
egotiate steep snow patches that sparkle
flowered alpine meadows.

ou need to be ready with backpacker's
ove and tent so that stormy weather
on't drive you away.

hose adjusted to North Cascade rain
ave discovered that while waiting out
orms they have time for the quieter
ilderness experiences: contemplating the
ash of a frothing river, or the ghost-flight
f fog among swaying ridge-top firs. They
ould counsel: Take your time, especially
when it rains, and learn to live with the water.

Consider a week-long expedition to the interior, three days at the least. If you go by horse, packers will provide everything you need except clothes, sleeping bag, and personal items. If you backpack, be sure to bring sturdy rain gear and boots. (At the end of this article are lists of packers serving the park, and, for hikers, guidebooks describing its 350 miles of trails.)

THE AMERICAN ALPS

Californians accustomed to the high Sierra, mostly above 10,000 feet, may ponder the incongruity of a range of mountains hailed as without parallel in America, but which rise, in the main, only 7,000 to 9,000 feet above sea level. What most defines the North Cascades as a great mountain range, however, is not elevation, but rugged relief produced primarily by glaciers. Of all the hundreds of peaks that rise within the new park's boundaries, not one is volcanic. Less spectacular mountain-building processes account for the rise in land forms. But the terrain thus uplifted would still lack its typical alpine sculpturing, were it not for glaciation.

During the ice age, the area we now call the North Cascades was buried under tons of ice that carved deep U-shaped valleys, sharp spires, and broad cirques. Although these rivers of ice receded from the valleys long ago, they remain in the high country to carry on the grand architecture produced by glaciers in the past.

Glaciers are not the park's only, or even its final, appeal. Bigger ones are found in Alaska, but mere vastness of ice repels humanity. In the North Cascades, on the other hand, glacial expanses are broken up and made accessible to man. In this particular context, interspersed with meadows and valleys, they become "friendly ice," according to writer-mountaineer Harvey Manning.

Some mountaineers may see them only as avenues to the challenging world of high rock and ice. But the valleys and meadows make up a special world worth enjoying for its own sake.

The core of life in the valleys is water, always with you: falling from forest canopies, trickling in rocky clefts, seeping through trailside banks, chattering in wild creeks. In this wet world life is abundant,

BRITISH COLUMBIA
WASHINGTON
Hozomeen
Mount Redoubt
To Bellingham
542
Nooksack
River
Little Beaver Creek
Lightning Creek
Future sight-seeing boat
ROSS LAKE NATIONAL RECREATION AREA
PICKET RANGE
Mount Shuksan
Mount Challenger
Big Beaver Creek
Ross Lake
NORTH UNIT
PASAYTEN WILDERNESS
MOUNT BAKER NATIONAL FOREST
Roland Point
Crater Mountain
Slate Peak Lookout
Harts Pass
Diablo Lake
Mount Triumph
Newhalem
Future tramway
Ruby Mountain
Baker Lake
Colonial Peak
Thunder Creek
Skagit River
Future North Cross-State Highway
Methow River
Shannon Lake
SOUTH UNIT
Early Winters Creek
To Winthrop
ELDORADO PEAKS
Marblemount
To Mount Vernon
Rockport
20W
Mount Logan
20E
Boston Peak
Skagit River
Cascade River
Cascade Pass
Twisp River
To
North Cascades National Park
GLACIER PEAK WILDERNESS
Stehekin River
Stehekin
LAKE CHELAN NATIONAL RECREATION AREA
Lake Chelan
N
Paved road
Dirt road
Trail
Campground
Ranger Station
0 miles 5

Coming possibly by 1973 . . . a new cross-Cascade highway

as unrestrained as the free-flowing streams that sustain it.

Plant life thrives in tropical profusion on valley floors only a thousand feet above sea level. At trailheads, hikers shoulder packs and plunge into tunnels of Douglas fir, Western red cedar, hemlock, vine and bigleaf maple, Western dogwood, and red alder. Woodland shrubs such as Indian plum and red-flowering currant mingle with devil's club and skunk cabbage, Indian ghost pipe, trillium, wild lily-of-the-valley, and Calypso orchid.

Slender dirt *trace now marks the site of the future North Cross-State Highway*

DON NORMARK

At the gorge *where Devils Creek empties into Ross Lake, boaters pass under a suspension footbridge—part of hiking-riding trail to Hozomeen*

Coming in the later 70's, maybe tour boats on lonely Ross Lake

vo low valleys are worth seeing just · their untouched examples of North-·st forest. In Big Beaver valley on the ·st shore of Ross Lake are beaver ponds, arshes, and a stand of Western red ce-r more than a thousand years old. A in forest of giant conifers 250 feet tall ows in the Thunder Creek Valley near ablo Lake.

hen pioneers crossed the Cascades over century ago, forests like these covered uch of the western part of the territory. ne stands in Thunder Creek and Big eaver valleys are significant now only cause there are so few remaining ex-nples of what once flourished. Both val-ys will be partially flooded and their ecological communities permanently destroyed if planned dam construction by Seattle City Light goes ahead.

Above the low valleys in a subalpine zone are mountain alder, silver fir, and mountain hemlock; deer and oak fern; queen's cup, pipsissewa, and bunchberry. Hikers struggling up from the deep valley, watch the forest thin out and then give way to a climax of color in alpine meadows. During July and August, especially, rare and beautifully delicate flowers fill North Cascades meadows. At twilight campers watch silhouetted peaks across sloping fields of pink heather and avalanche lilies, Indian paintbrush, lupine, golden monkey flower, pink elephant-head, and grass-of-parnassus.

On the park's drier east slope (only 34 inches of rain a year), vegetation is scattered but more varied. In addition to all the west side species are Ponderosa pine and Alpine larch; yellow, white, and Alaska heather; sage and beard-tongue.

You cannot always see wildlife in the park, since it is partly concealed by vegetation and terrain. Near you, whether you see them or not, are wolverines, otters, martens, mountain goats, blacktail and mule deer, an occasional moose or elk, and perhaps a grizzly bear. The huge and sometimes dangerous grizzlies are believed to have entered the park from Canada and now number an estimated 15.

Bird watchers will wait for views of white-tailed ptarmigans, bald eagles, ospreys, trumpeter swans, and large numbers of blue, ruffed, and Franklin grouse. You may also catch glimpses of black bears (especially in the Thunder Creek area), cougars, forest grouse, western grebes, Canadian geese, and Harlequin ducks. But more often you will see the squirrels, pikas, and marmots that abound in the park.

TO GET TO THE PARK

The major park approach is now and will continue to be Washington State Highway 20 West. However, when construction linking 20 West and 20 East is complete, perhaps by 1973, the new highway bisecting the park will provide equally good access from the east side of the Cascade Range and the eastern half of the state. Then it will be called the North Cross-State Highway, or "parkway" as some have suggested, and will be the first over-mountain highway in Washington since White Pass was finished in 1949. In a state with plenty of mountains but few highways across them, this is an important story in itself.

The North Cross-State Highway was originally proposed in 1893 as a northern shortcut between eastern Washington wheatlands and western Washington dairy farms and seaports. Construction was even begun but was soon halted, and nothing more happened for more than half a century. Finally, with the recreational potential of this highway becoming so obvious, construction began again in 1959, and now only 50 miles separate its east and west paved spurs.

For now, stick to State 20 West. From its intersection with Interstate 5 near Burlington (about 65 miles north of Seattle), this paved highway follows the Skagit River northeast for 65 miles to the present road end at Diablo Lake, one of three water impoundments behind Seattle City Light dams in the Skagit gorge. Stop for maps at park headquarters in Sedro Woolley or at the ranger station in Marblemount, 40 miles east.

At Diablo Lake is Colonial Creek Camp-

ground, largest in the park complex with 90 car-camping units, boat launching ramps, running water, and indoor toilets. Major hiking trails radiate from the area.

One of the best is the Thunder Creek Valley trail which runs 17 flat miles through dense rain forest before topping out in meadows and snowfields at Park Creek Pass. At the pass, you get a look at some of the high country that gives this valley its name. More glaciers drain into Thunder Creek Valley than into any other valley in the continental United States.

Two miles northeast of Diablo are Ross Dam and Ross Lake. Although man-made, the lake looks surprisingly natural when not drawn down during winter and spring. It is narrow and long (2 by 24 miles) and resembles Lake Chelan. Because of the excellent fishing for rainbow trout there, Ross Lake will probably become the park complex's most popular area if a planned access road from State 20 to Roland Point on the lake's east shore is completed.

A dirt road leads south 40 miles from Hope, B.C., to Hozomeen Campground and the lake's northeast tip. The o road approach to Ross Lake, this is qu out of the way for most park visitors, b last year it was used by an estimat 20,000, who came primarily to fish. F information on a more direct but co plicated route to Ross Lake from t west, write to Ross Lake Resort, Rockp 98283, or telephone 7-4735 through t Mount Vernon operator. The resort a commodates about 80 persons, for as l as $2.50 a night. All necessary fishi gear, including boats, can be rented.

The resort owner will boat you and yo

You share this country with a few established residents

Wet *Clark's nutcracker waits out a storm*

DON NORMA

Bright-eyed *ground squirrel hides in tree*

Dewy *bunchberry and spore-bearing spikes of club-moss*

Marmots *are common to all the Cascades, especially in higher reaches; gray muzzle, dark brown face*

r to any of several hiking trails that in at the lakeshore and penetrate the k. The best of these and one of the st popular eastern routes into the ket Range goes via Big Beaver Valley.

other fishing resort, at Diablo Lake, indoor accommodations for about 60 as low as $4 a night, and also has 30 -camping spaces. You can reach it di- tly from State 20. For a brochure ite to Diablo Lake Resort, Box 194, ckport 98283, or telephone 7-5578 ough the Mount Vernon operator.

ablo Lake Resort is also an excellent t for car-campers to use as a base for loring the park.

SCADE PASS

second rugged but popular approach the park begins at Marblemount. Drive t from the town, leaving Highway 20 cross a bridge over the Skagit River. w you are on the Cascade River road orest Service Road 3528), about 20 les of gravel to Cascade Pass parking a. The road is steep, twisting, and nar- v the last 2 miles and is not recom- nded to anyone inexperienced in untain driving, or to those with trail- or low-clearance vehicles.

e pass is a superb wilderness entry to southwest flank of the park. It may a day-trip destination, or the begin- g of a major back-country expedition. om where you leave your car, the trail the pass switchbacks 3 miles in dis- nce and 1,800 feet in elevation to the mmit, a timberline meadow surrounded awesome peaks and hanging glaciers. cause of heavy use by campers, the gile plant life at Cascade Pass has al- ady suffered marked damage. The area now reserved for day use only. If you nt to camp overnight, use nearby areas e Sahale Arm to the north.

camp anywhere in the park, you must st obtain a fire permit from the Park rvice.

om Cascade Pass, hikers can continue utheast to trails, campsites, and climb- g routes in the Stehekin River country. hose with limited time, however, might nsider approaching this corner of the rk via the third and, at present, last ajor gateway—Lake Chelan.

AKE CHELAN

ou can launch your own boat at the wnsite of Chelan on U.S. Highway 97 out 40 miles north of Wenatchee. But 's more practical, especially for new- mers, to ride the decks of the *Lady of e Lake* all the way up to Stehekin at ke's end. The *Lady* runs daily between ay 15 and September 30, leaving Chelan 8 A.M. and making another pick-up op at 25 Mile Creek (which can be ached by auto on the south lakeshore rive), before arriving at Stehekin at noon. ound-trip fare from Chelan is $7 (half-fare for children 7 to 11, free for those 6 and under). For a brochure write to the Chelan Boat Company, Chelan 98816; or telephone (509) 682-2224.

You can also take a charter flight on a float plane from Chelan to Stehekin. Round-trip fare is $28. For a brochure write to Chelan Airways, Box W, Chelan 98816.

At Stehekin are a post office, restaurant, store, and three lodges with accommodations ranging between $8 and $14 per person per night. Although you may be content to fish, boat, or just relax in this isolated mountain setting, most people who come this close to the edge of wilderness are compelled to explore it.

A park ranger station will provide maps and other information about getting to the back country. You can rent a car from Curt Courtney to drive to several camping spots along the 20 miles of Stehekin River road (the rental cars are vintage 1950, with high clearance necessary to negotiate the primitive one-lane road). Or hikers can arrange for resort owners to drive them and their gear to a destination along the way, then return for them at a prearranged time.

SECONDARY APPROACHES

From the west. State Highway 542 from Bellingham follows the Nooksack River east for 45 miles to a junction with Forest Service Road 402, just before a concrete bridge over the river. Continue 5.5 miles to a trail that runs deep into the park. This is the best western route into the north park unit, with good camping and unsurpassed views of Mount Baker, Shuksan, and the inspiring Picket Range. Look for either the Hannegan Pass or Copper Ridge trail in hiking guides.

From the east. State 20 East, the major eastern approach of the future, is now closed at Lone Fir Campground. From there it is a long and not very attractive hike to the park.

The best eastern hiking route begins at the end of the Twisp River road, 26 miles from the town of Twisp and State 20. From the road end a 5-mile trail brings you to the park border and eventually to the Cascade Crest Trail.

For a high look into the park, pick a clear day and take the marked Harts Pass cutoff which leaves State 20 near the small settlement of Mazama and heads northwest. The view west to the park is fine from Harts Pass, but for an even higher look, continue on the dirt road to Slate Peak, at 7,440 feet the highest road-point in the state.

HOW THE PARK WAS ESTABLISHED

With the exception of a few miners and trappers, explorers have been repelled by the rugged barriers of the North Cascades. Until the last decades, for example, only a few mountaineering parties had

MARTIN LITTON

Slender *Lake Chelan is a fjord-like entry to wilderness on the park's southern border*

You can enter by boat up the fjord which is Lake Chelan

penetrated the Picket Range, naming peaks as they sighted or climbed them. All of these together would make up only a small and select group; to the general public the wild beauties of these "American Alps" remained almost unknown.

Not until logging operations in the 1950's began to threaten and actually destroy the scenic resources of some North Cascades valleys did agitation begin in earnest to protect what remained of the area —even though the first call for a national park here had been made by a Portland group in 1906, and National Park Service investigators had scouted the area in 1937 and reported its potential as America's most spectacular park.

Increasingly travelers and conservationists visited the North Cascades and were impressed. Newspaper and magazine articles, including reports in *Sunset* in 1958 and 1965, focused public attention on this area.

In 1963 a joint study team from the Interior and Agriculture departments was appointed to examine the North Cascades. Its report appeared in 1965, and Congressional hearings began. A compromise agreement was reached and a bill was signed into law in October, 1968. This act also added small portions to the Glacier Peak Wilderness on the south, and created the large Pasayten Wilderness to the east.

The arbitrary boundaries of the new park reflect the struggle between groups who fought for and against it. Now conservationists are urging annexation of some equally wild but still unprotected areas that border the park. There is no geographically defensible reason, they argue, for excluding the Cascade River drainage basin—a long wedge between the park and the Glacier Peak Wilderness—from park protection.

Conservationists expect opposition to their efforts to get the park boundaries extended. They are looking for the support of others who know and appreciate this wild country and will urge their legislators to protect more of it.

NEW DIRECTION IN PARK MANAGEMENT?

The division of the North Cascades into recreation areas and national park reflects the long-standing debate between those who advocate "developing" wild areas with roads, hotels, and mechanical operations (which make the area something less than wild), and those who would preserve the wilderness intact. In the North Cascades an additional complication is the fragile character of much of the wilderness, especially the narrow band of territory between glaciers and forests. These alpine meadows are exceptionally delicate and heavy use will destroy them. Cascade Pass and some other areas have

Below the glaciers and snowy peaks, roaring creeks, forested valleys

DON NORMA

Harmony of extremes *characterizes new park. Sharp rock and ice merge with forested walls of U-shaped valley above glacier-fed creek*

NORM BARRINGHAM

Boston Peak's *chunky dome (8,900 feet high) looms above a serrated ridge in the Eldorado Peaks area in park's south unit*

Myriad crevasses *mark the awesome face of Boston Glacier in the Eldorado Range. Endlessly regenerating, it begins as snowfields, moves inexorably down the mountain slopes, melts at lower fringes. Here trickles merge into creeks (photograph at left) that crash down through high country, cascading over boulders and logs in their rush to valleys below*

lready been severely eroded; the Park ervice hopes to restore them by restrictions on use.

his fragility explains, at least in part, e effort to confine suggested development to the recreation areas. The plan is develop those areas already within easy each of most people but to control access existing wilderness that would be endangered by heavy use.

Aerial tramways are one innovation the Park Service hopes will enable visitors to see high glaciers and peaks without destroying alpine areas en route. Although standard in the European Alps, tramways are relatively new in the United States. Unlike roads, they can be dismantled if unsuccessful. One suggested site, at Ruby Mountain in the Ross Lake Recreation Area, has been tentatively accepted by some conservation groups. Other location proposals, however, have met with stern opposition from conservationists who argue that tramways would needlessly invade choice wilderness.

If the Park Service succeeds in originating means to disperse visitors within this wilderness park without overrunning it, a new direction in the management of our national parks may result.

PACKERS

Write to the following for information: On the west side, Ralph Dexter or Tim Clark at Marblemount 98267; H. T. Olson, Route 3, Arlington 98223. On the east side, Ray Courtney, Bill Sullivan, Guy Imus, or Sam Tolber at Stehekin 98852; Clyde Scott, Twisp 98856.

GUIDEBOOKS

These three books are dependable:

A Pocket Guide to Selected Trails in the North Cascades National Park and Associated Recreational Complex, by F. T. Darvill (Box 636, Mount Vernon, Wash. 98273, 1968; $1.05, paperback).

101 Hikes in the North Cascades, by Manning and Spring (The Mountaineers, Seattle, 1970; $4.95, paperback).

Hiker's Map to the North Cascades: Routes and Rocks in the Mt. Challenger Quadrangle, by Tabor and Crowder (The Mountaineers, 1968; $2.95, paperback).

The only pictorial book on the new park combines the photographic talents of Bob and Ira Spring and the wit of writer Harvey Manning. It is *The North Cascades National Park*, Spring and Manning (Superior Publishing Co., Seattle, 1969; $17.50).

WENKAM-SALBOS

A diving tree

Young Tarzans dive from limb of a kiawe tree that was carefully preserved when pool was built. Owners: the Boyd MacNaughtons, Honolulu. Pool deck remodel: Vladimir Ossipoff & Associates

You don't have to have a diving board to have interesting diving

NEIL KOPPES

diving table

stead of a diving board, a circular itform that appears to float on the ter surface (its concrete supporting lumn is hidden). Here seen in the cular pool of Dr. and Mrs. J. Wright rtner, Tucson. Pool design by ndscape architect Guy Greene

A diving boom

Children swing out over water on boom, drop into pool. Ship's mast of about 1850 eproduced by Dr. Donald F. Schaller, Phoenix

e swimming pool used to be a fairly ndard product, but these days it often dergoes a metamorphosis when land-ape architects and owners feel free to apt it to individual desires or needs.

e standard diving board, for example, s been replaced in many pools with ving platforms: cantilevered decks, high lges, or pads that seem just to float in e pool. More spectacular innovations e the diving tree, and the sailing ship's ast with a boom that swings out over e pool, pictured on these pages.

's also not unusual these days to find

And the hydro-massage idea is catching on

hydro-massage in conjunction with swimming pools. A unit operated either by the pool pump or a separate small pump forces aerated water into the pool under pressure to agitate the pool water and provide a soothing massage. Units can be built into a separate small pool, as in the two examples below, or into the main pool, as was done in the pool on the cover.

One manufacturer sells a one-inlet system, complete with pump, lint and hair strainer, and return fitting for about $325; a two-inlet package, about $470; and a three-inlet package, about $570. Add around $70 for a separate heater. However, you can also operate a hydro-massage system off your existing pool equipment with a bypass system. In most situations you may need an oversized heater and pump for optimum efficiency. It's also possible to add a hydro-massage system to an existing pool by piercing the pool wall for the inlets and modifying the pool plumbing.

The inlet fittings are recessed into the wall of the pool and the newer models are adjustable so you can direct the flow of water to a 15° angle in any direction through a full, 360° arc. You can also control the volume of inflow and the degree of aeration.

Hydro-massage units installed in the p itself use the water at the regular te perature—you get agitation in the mediate area but no extra heat. For se rate hydro-massage pools you can heat water to a higher temperature in th ways: One is to have a separate hea Another is to tie in with the main p heating system but boost the water te perature with in-line heaters just ahea the inlets. The third way is to use the isting pool heater and direct water first the small pool while it is at its warm then let it spill into the main pool.

You can have a separate small pool with underwater multiple jets

Four submerged jets *churn the water in this pool within a pool, much to the delight of the five soakers. Temperature in both pools is kept about the same. Owners: the Don Gallants, South Laguna, Calif. Architect: Donald R. Robertson. Landscape architect: Richard Beeson*

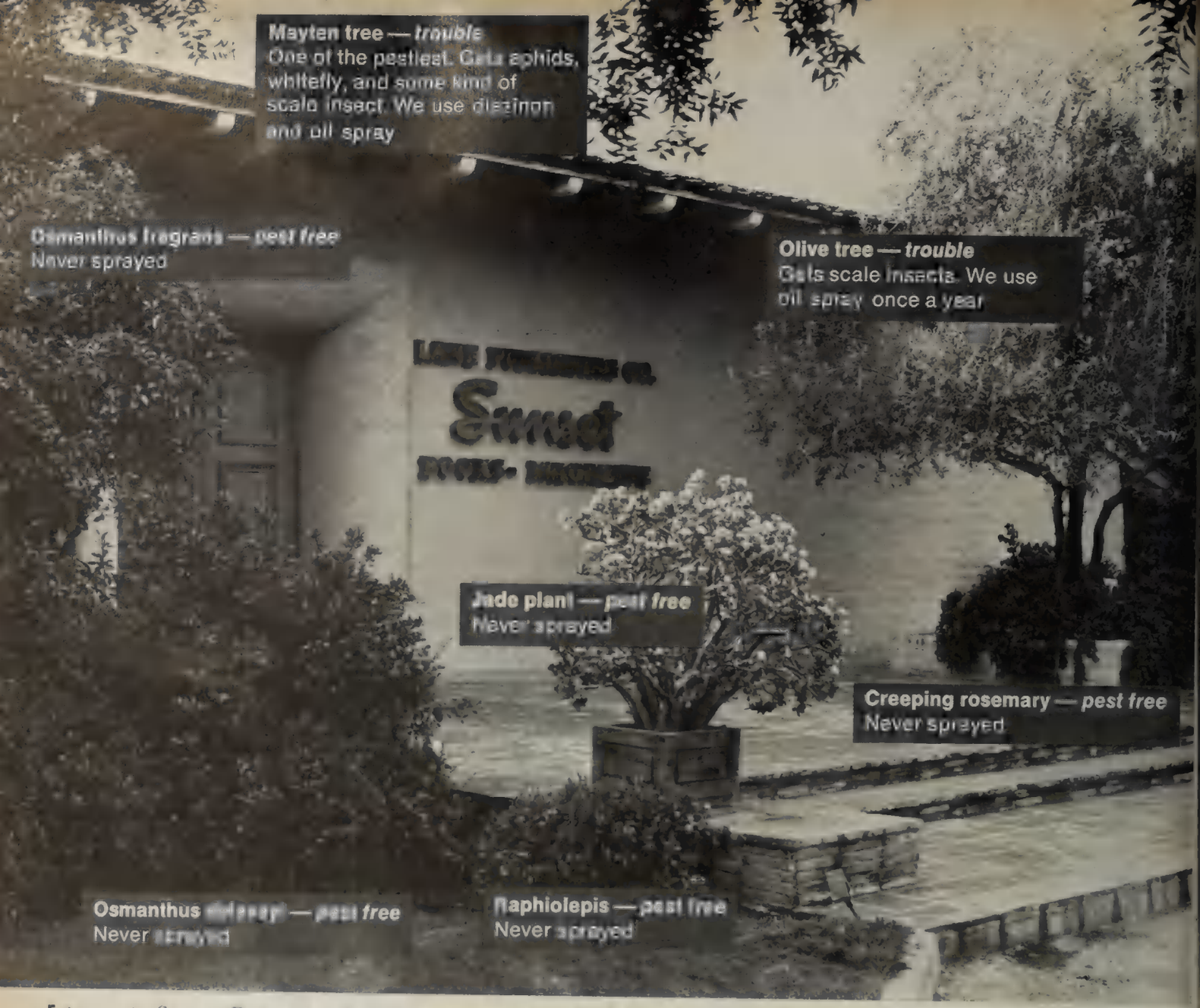
RICHARD I

GLENN CHRISTIANSEN

The garden pool on the cover also has hydro-massage

The hydro-massage unit in the pool shown on the cover is directly in back of the young lady (you can see the air intake tube over her left shoulder). She's sitting on a flagstone underwater bench built into the side of the pool. Beyond the swimmer is a rocky waterfall, and at the far right end a small wood deck for sunning or diving projects out over the water. The owners are Mr. and Mrs. Walter B. Broderick of San Diego. Landscape architect was Richard A. Wilson.

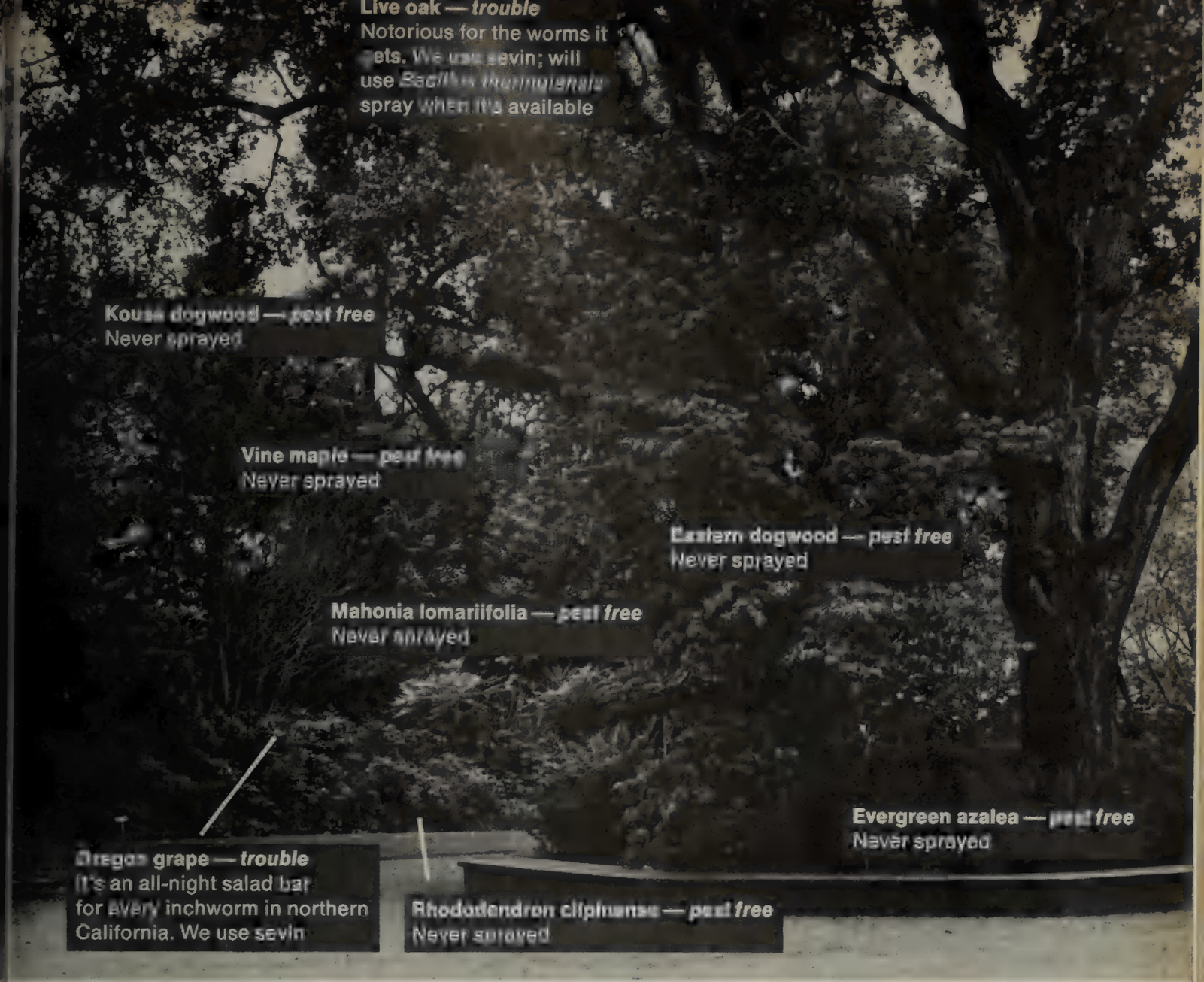
Separate *three-jet hydro-massage pool, only a step away from main pool, is heated up to 110° for adult use. Owners: Mr. and Mrs. Chuck Jones, Corona del Mar, Calif. Landscape architect: Richard Beeson*



Entrance *to Sunset. Except for the jade plant, all plants shown here are 19 years old. Camera was under the mayten tree; its branches hang into top of the picture*

What we spray and don't spray at Sunset

Don't sprays outnumber do sprays almost three to one



GLENN CHRISTIANSEN

thwest end *of the shrub-and-tree border that runs along the back side of our gar-. This and the other four photograph views shown here were chosen at random*

the talk and writing about insecticides last year has made us aware of a that now needs stating: The use of ecticides in Western gardens is no-re near as important as the acres of it and hours of broadcasting in 1969 1970 have made it seem.

ects and insect control may be of huge portance in the growing of certain farm ps and in the quelling of insect-borne eases in underdeveloped countries. But se are other problems, in no way re-d to the Westerner's home gardening. e labeled photographs on these pages monstrate this point. They show that *Sunset's* big garden in Menlo Park, ifornia, only about 28 per cent of the nts need insect and mite controls and t today we use only three pesticides.

is was not always true at *Sunset*. Our den is a laboratory which we operate by trial and error in our readers' interest. Today's methods are the result of 19 years of experience. Numerous insecticides and application methods used in early years have been discontinued.

Our gardens look as nice as they do chiefly because of the daily work done by our full-time garden staff—planting, watering, leaf washing (with a hose and nozzle), feeding, weeding, cultivating, pruning, and grooming. Pesticides have been helpful, but have not played a major role.

This lack of damaging insects is not just local good luck. *Sunset's* experience has been shared by the Los Angeles State and County Arboretum (127 acres, all kinds of plants) and the University of Washington Arboretum (200 acres of woody plants). At both arboretums only about 12 kinds of plants ever need spraying. These arboretums, of course, are also plant laboratories. Like *Sunset* they have full-time professional garden staffs. Plants are under regular observation and receive attention as necessary.

The insecticides used at *Sunset* and at the two arboretums are the kind that break down fast. DDT and its relatives, which we formerly used, were slow to break down. Such products remained chemically potent long after being sprayed—to the point where they became worldwide pollutants and, in some cases it appears, wildlife destroyers.

However, even among acceptable insecticides there is only one that we can now say will not fail us in the future years. That one is oil spray (sold in the West as Cooke Scale Oil, Dexol Super Emulsion, Miller's Spra-Oil, Ortho Volck Supreme Oil Spray, and Sears Oil Spray). This insecticide has never been praised

This border *outside our editorial wing is pestier than most—two of its three occupants have had pests*

Some surprises: *Junipers get no pests but New Zealand flax, a leg endary low-maintenance plant, does. Tree at right is another oliv*

enough. It's absolutely safe because it's mineral oil, differing from medicinal mineral oil only in the degree of its refinement. By a coating action, it kills scale insects, aphids, whiteflies, mealybugs, and the eggs and slow-moving life forms of several other insects and mites.

Sevin and diazinon are the other two insecticides we use. Both are packaged as single-ingredient sprays or dusts. Each one kills numerous insects (about 120 kinds in the case of diazinon). Sevin is slightly superior for chewing insects, and diazinon has a slight edge in the control of soft-bodied and sucking insects.

Other effective, nonpolluting products that we could have used are pyrethrum, rotenone, malathion, and dibrom. Of all the effective, nonpolluting insecticides, the three that offer the least hazard to man and warm-blooded animals are oil spray, pyrethrum, and malathion.

At Sunset we spray shrubs, trees, and plant beds only when we see plant damage or when we see villain insects. Our lawns are different: They get a preventive fungicide six times a year

In the photograph on page 63 we menti *Bacillus thuringiensis*. This is a bacter spray that goes onto leaves and paraly the intestines of some caterpillars t eat the sprayed leaves. It seems otherw harmless. It is not yet widely sold.

When tree spray firms can get *Bacill thuringiensis*, we will have our oa sprayed with it to kill oak moth larvae when and if the larvae get destructi enough to call for spraying.

Incidentally, when we blew the whist on DDT (and relatives) in our Augu 1969 issue, we did not include lead a senate in the list of nondegradables to avoided because we didn't think it w necessary. It was not sold at stores home gardeners. But since then we ha learned of an avenue by which it still ge into home gardens: Some tree spray firm still buy it in bulk and use it. In our opi ion they shouldn't. Both lead and arsen have proved to be pollutants and tox

Snails and slugs are a special problem. You really can't win, but ısing chemicals, you can at least get a draw

ts. Our advice: Find out beforehand ıt sprays a tree spray man plans to use.

never spray to *prevent* insect damage *Sunset*. We spray only when we see nage or when we see the insects them-'es. And then we spray only the host nt, and use the insecticide that is st effective against that particular in-t. To spray your entire garden regu-y or to hire men to come do it for you oolish. Among other things, you upset natural balance in your garden.

ere was a time when preventive spray-was plausible. That was when we ld use DDT and its relatives. They yed effective up to two weeks after aying. The nonpolluting insecticides use now mostly last only a few days.

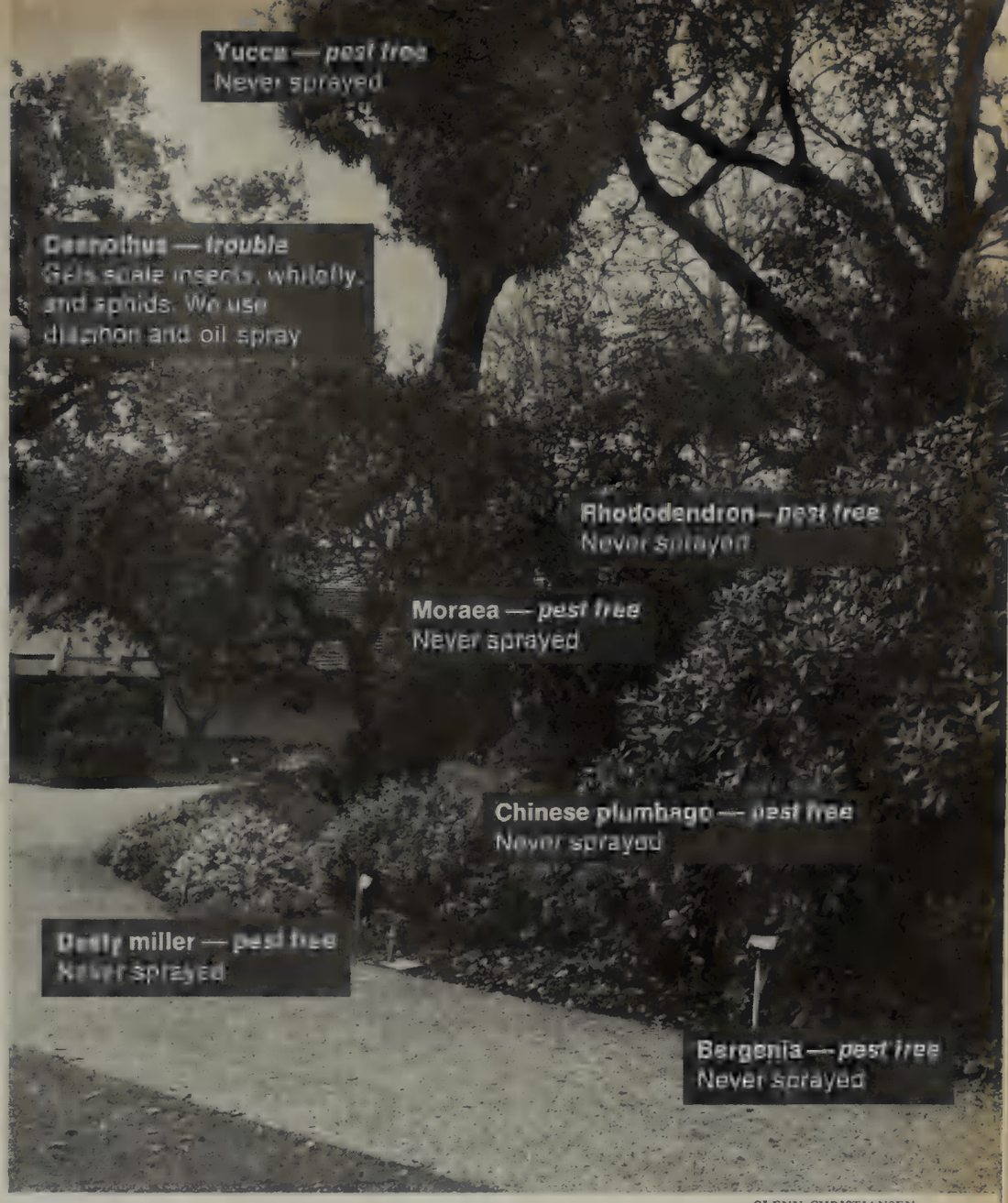
ne plants attract insects like magnets. u probably have (or have had) such ;t havens in your own gardens. If you ı't deal satisfactorily with these plants l their problems, one drastic answer is dig the plants up. Replace them with of the thousands of plants that don't eaten or discolored by insects or mites.

addition to the mayten and ceanothus the photographs, other notorious pest-ters at *Sunset* are birch (aphids), Cali-nia sycamore (anthracnose), flowering it trees (aphids and spider mites), ge-ıium (tobacco budworm), gladiolus ıider mites and thrips), Monterey pine ›hids and spider mites), roses (aphids, ldew, rust). We treat these pest-at-ked plants much as any home gardener ;s his favorites. We spray them.

r low-growing container plants that damaged by sucking insects, we use dry form of systemic insecticide (di-ston) in combination with fertilizer ap-ed to the soil. A systemic poison goes o the plant's system and kills most ıds of insects that might suck its juices.

e no longer use hose-end sprayers. They ickly shoot out large quantities of spray ution. Much of it goes beyond the ves and onto the ground or other ınts. We prefer a portable pressure rayer. With it you can carefully apply st enough of the necessary insecticide ution to coat the leaves top and bot-n with a film of droplets.

emember that a garden contains hun-eds of kinds of arthropods (insects, iders, and other little wiggly things). any of them are beneficial in that they



GLENN CHRISTIANSEN

Mixed shrubbery *border alongside path at south side of our main garden. Only one of these seven plants has ever needed spraying*

eat or destroy injurious species of insects and mites. So, be chary when you spray the chemicals that kill arthropods.

As in most other Western gardens, the worst threats to our leaves and flowers are snails and slugs. The poison and baits sold for them seem to harm no other wild creatures. Just apply the stuff regularly —you'll never wipe out the slugs and snails but you can keep their numbers down enough to avoid damage.

About six times a year a man sprays our lawns. Usually he puts on a fungicide. Our older lawns are now mostly bentgrass, and that grass gets diseases often and fast. This *is* preventive spraying. Although insects and mites should be sprayed only when you know they're doing damage, certain diseases such as lawn fungus and peach leaf curl can be controlled only by prevention. Once disease spores get inside the plant tissue, it's too late.

We use a portable pressure sprayer. With it we can apply just the right amount of insecticide in just the right places. And we can avoid all but our specific targets

Bocce at home

Three generations play but papà usually wins

Score one *for boccia closest to boccino. Sunken court framed with 2 by 12's. Fans on bench around citrus*

WILLIAM APL

nd up *like softball pitcher, then roll the ıwy wooden ball (boccia) along the court stop as close as possible to the little ball (boccino)*

Handcarved *boccino, two bocce. Board across corner is for banking shots; soil behind gives firm support*

Overall view *of 12 by 46-foot, crushed-granite court. Shade of citrus dapples it. Paving, lawn edge it*

ree generations play the old Italian ·sion of bowls here on a court modified fit neatly into a home garden. Papà ıally wins.

cce (sometimes spelled boccie) is so ıple that an 11-year-old rookie like ıny, above, can compete with grown-s. Yet it calls for enough skill and strat-/ that the most experienced, foxiest ıyer—here it's Peter J. Clara, in the ·ktic—almost always wins.

cce is much like lawn bowling or the ench game pétanque, except it's ideally ıyed on a board-framed, hard dirt court. ıu can see a few public bocce courts in rts of the West where Italians have tled.

ıe private court shown in our photo-ıphs belongs to a family with an Italian ckground (not essential) and a good-ed lot (mandatory). The owners are e Rodney McGanns of Northridge, ılifornia; Mrs. McGann's side of the nily is Italian.

) fit it into their garden, the McGanns ıde their bocce court smaller than usual. measures 12 by 46 feet—no bigger than e unused side yards of many houses. ·gulation size (if any of the random les by which bocce is played in this ıntry can be called regulation) ranges ›m 10 to 19½ feet wide and 60 to 92 ·t long.

bocce court may have its board frame ıove ground or sunken. The McGanns nk theirs for two reasons: to put it out view, and to give the boards some ırdy back-up.

To make the court less obtrusive, backboards are 12 inches high rather than regulation 18. To limit garden damage, a house rule penalizes a player for throwing a ball beyond the court.

The court is framed with preservative-treated fir 2 by 12's, supported by 2 by 4 posts every 4 feet. The surface consists of crushed granite, leveled as evenly as possible, tamped down, and watered in. Before each game the court is dragged smooth with a T-board.

There are no special provisions for drainage, and a heavy rain may sit on the court for a day or two. Underground drain tiles would give quicker drainage.

The McGanns play with a set of handcarved wooden balls, half of which are marked with X's for team identification. Most balls sold nowadays are of composition, much like bowling balls; only a few sporting goods stores carry them, and they cost about $35 a set.

Landscape architect for the McGann garden was L. K. Smith.

A FEW RULES

The way the game is played varies widely from court to court. The family patriarch is usually rulemaker. Here are the basic rules followed by the McGanns:

Two teams, of one to four players each, play at a time. Each team uses four balls. To begin, one player tosses a little ball (called a *boccino* or *pallino*) to the other end of the court. Then he throws one of his team's big balls (*boccia*, plural *bocce*) at the boccino, trying to get as close as possible. Next the other team throws, trying to get its boccia closer than the opponent's or to knock it away. That team continues to throw until it gets one ball closer than the opponent's or uses up all its balls. Then the other team throws until it gets one closer, and so on.

One boccia closer to the boccino than all your opponents' balls scores one point; two closer, two points; three closer, six points; four closer, eight points. Winner is the first team to score 31.

For a crowd...a whole lamb or a whole pig

Not everyone's up to it, but if you and your friends are, here is what you do

Easily rigged *rack supports lamb as it cooks crisp and flavorful over coals; with preparation you can cook on lawn area*

For some reason, undoubtedly primeval in origin, there is in the back of many an outdoor chef's mind the urge to cook a whole animal. Doing so once may cure the desire permanently—or start a new family entertaining tradition.

Practically speaking, the most logical choices are a lamb or suckling pig. Here we describe how to barbecue a lamb, borrowing techniques from the Basques, and how to roast a pig in a pit, Hawaiian style—largely in response to a steady flow of requests since we last published a similar story 18 years ago.

A lamb is readily available and a suckling pig isn't too hard to obtain; each can make a memorable feast for at least 30 people, perhaps as a multi-family effort. But cooking either animal is no small commitment in time, effort, or money, and even though the procedures can't be classed as difficult, the pitfalls have a way of being dramatic and unexpected.

DARROW M. WALT

Party gathers *to witness unearthing of roasted pig, which has cooked hours beneath layer of dirt in carefully prepared, lined pit; ti leaves add special flavor*

To begin with, many people are reluctant to acknowledge th a slice of lamb or pork comes from a real animal; their sen tivity tends to decline as the meat nears the cooked sta So give early kibitzers full warning of what to expect.

The lamb develops a crisp brown exterior very inviting to ni blers, so it could serve as appetizer as well as entrée.

The pig is buried and out of view as it cooks. We sugg that you make a quick impressive show as it comes from t pit, then depart around a corner to carve the beast into edib portions; the hardy and curious can follow to watch.

Allow at least one day to gather supplies (lists for both lan and pig follow) and to set up the cooking area. For reliable r sults, attend to the directions with care and firmness ev though onlookers may offer sage-sounding contradictory advic

ORDERING THE MEAT

Most meat markets buy lambs as whole carcasses, so you c expect to get an average-sized, 45 to 50-pound lamb with few days' notice. A 40 to 45-pound pig, however, may requi some shopping to locate a source, and then the wait may l three to four weeks. Suckling pigs range from the very sm true sucklings to animals up to 50 or 60 pounds; price vari considerably in different areas, and animals of different weigh may cost about the same because of the dressing charges.

Check services offered by retail meat markets and wholesa meat dealers. What kind of pickup or delivery arrangemen can be made? How long will they hold the animal? A froz pig takes 24 hours to thaw in a refrigerator. It's usually be to let the meatman handle this, since most homes aren equipped with refrigeration space. In hot weather, neither an mal should be unrefrigerated for more than 3 or 4 hours.

CHOOSING THE SITE

If you want to cook in a lawn area, you can remove the law surface and replace it later with little after-effect.

Measure off the area, then use a flat spade to slice down throug the grass to solid ground. Repeat cuts, dividing the area int spade-width strips. Slide spade under each strip, taking u about ½ inch of solid soil with the grass, and roll up sod a you go. Set rolls in the shade; they can stand a day or two. I the weather is very warm, check temperature inside the ro with your hand; if it is hot, unroll and let cool. After cookin clear the area, let cool, roll the lawn back into place, an *then* water well.

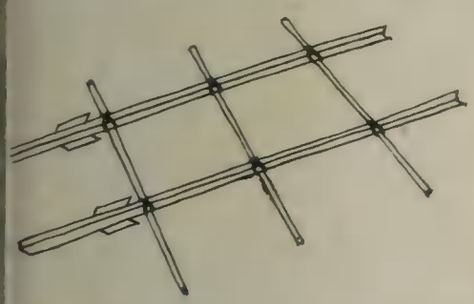
Near the cooking area, have a large enough table on which t prepare the animal. Later, cover the table with foil, making rim around the edge to catch juices, and carve on it.

Barbecuing a whole lamb . . . you use a rack over charcoal

OW TO BARBECUE A WHOLE LAMB

nce you have the fire started, it takes out 4 hours to cook the lamb; allow 2 3 hours to get set up.

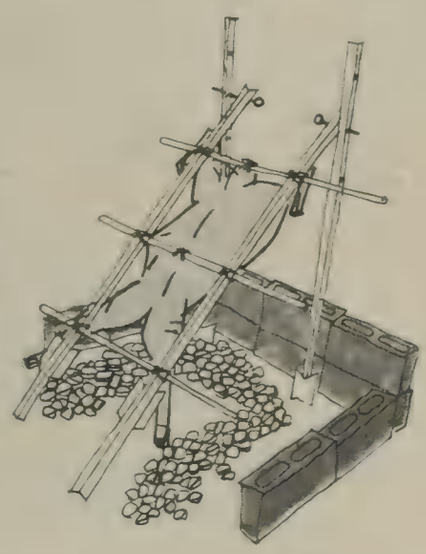
'hat you need. Most materials come om a hardware store: 4 metal T-bar nce posts 6 feet long (on each of two the posts drill three holes 5/16-inch di-



neter, 6 inches apart—measuring from ain ends of posts—through the leg of ie T); two eye bolts of 5/16-inch size; iree solid 3/8-inch iron rods 4 feet long; veral yards of ordinary baling wire; ma-rials for a fire wall (we used 12 building ocks 16 by 8 by 3 inches, but bricks or ocks of other shapes will do); 50 pounds charcoal briquets; and fire starter. You so need a 45 to 50-pound lamb; 1 head garlic; the baste (recipe follows); and large basting brush.

reparing the fire area. You can do this day ahead of the party. Measure off a 5-foot square (remove lawn, if necessary, as directed on opposite page). Stack building blocks on one side to about 16-inch height. At right angles from each end of the long wall, make a short wall about 8 inches tall and 32 inches long. About 45 minutes before you are ready to cook, ignite 30 pounds of briquets (mound so they will catch evenly).

Preparing the lamb. The lamb carcass needs to be opened up so it will cook evenly. Have your meatman do it (or do it yourself) by sawing along the inside of the backbone from neck to end of ribs, cutting almost through bone; apply pressure at the same time to crack open the carcass. Cut through bone between hind legs and spread apart. Strip all but a thin layer of fat (if present) from inside loin section; remove liver and kidney. Sliver 1 head garlic (about ¼ cup) and tuck in small gashes all over lamb.



Racking the lamb. Measure distance between middle joints of front legs of flatted lamb carcass and lay the two undrilled fence posts this far apart, parallel. Position two iron rods across fence posts (on notched side) equidistant from ends at points where one rod will meet lamb neck (measure carcass length) and the other rod will be on bone just past the meaty part of hind leg. Put the third rod across posts where it will cross backbone just below ribs. Wire rods tightly to fence poles; rack is wobbly, but the lamb carcass makes it more rigid.

Lay lamb on rack and wire it on, lacing through meat where necessary to hold bones securely. Make separate wraps of wire around each of the four legs, on the main bones with meat, the backbone (at center rod), and the neck. Wire flank to fence posts to keep ribs exposed.

Placing support poles. Pound the two remaining fence posts (the plain ends up) into ground right against inside of back fire wall, placing them just far enough apart for lamb rack fence posts to fit between. Fit eye bolts into holes that are closest to being 34 inches from the ground; face them toward the center. If necessary, pound poles in farther to adjust height.

Lamb baste. With mortar and pestle crush ¼ cup garlic cloves (about 1 head) with ¼ cup coarse grind black pepper, ¼ cup salt, and 3 tablespoons *each* whole rosemary, whole thyme, and whole sage. (Or mince garlic and blend with seasonings.) Mix in 1½ quarts *each* olive oil (may be part salad oil) and red wine vinegar. With a large brush, baste lamb well with this mixture all during cooking.

Cooking the lamb. Lean the lamb rack against eye bolts on support posts and set other end of rack right on the opposite edge of 5-foot-square cooking area.

With a shovel, arrange the ignited coals in a U formation following contours of fire wall—leaving an open area beneath lamb prevents drip flareups. As you cook lamb, rotate the rack side for side and end for end every 30 minutes so that each of these parts will be closest to the fire (in this order): inside hind leg, inside shoulder, outside hind leg, outside shoulder; then repeat. Cooking time is about 4 hours, but check temperature in thickest part of leg with a meat thermometer during the last hour; 155° to 160° indicates medium-done.

Add remaining 20 pounds of charcoal briquets as needed to maintain heat.

Carving the lamb. Transport lamb on rack to table covered with foil; lay inner side on table. Pull out the iron cross rods, snip wires, and remove fence posts.

The lamb is tastiest if served while hot, so speed carving by having a carver on either side of the carcass. You need a medium-length pointed flexible knife to work around joints; a heavier knife for slicing; and one or two boards on which to slice meat. There is no one right way to carve a whole lamb but there are strategic points of attack:

The *hind legs* can be cut free and carved like legs of lamb.

To remove *loin*, cut along length of each side of backbone, and then slip knife along ribs to free loin sections. Lift off meat and cut across grain in slices. Cut free the boneless *flanks* and cut in chunks. Cut the *ribs* in sections of 3 or 4 bones.

Turn over backbone area just below ribs and cut small *tenderloin* free in the same fashion that loin is removed; trim away the coating of fat, if still present.

To carve the shoulder, use a long slim knife to cut meat free from the wide bone that lies parallel to surface in an inverted T shape; lift off and cut in serving pieces. Cut beneath this bone and free at joint to remove, and then slice meat from bones beneath. Cut *shanks* free at joint and serve whole. Remove meat from *neck* in the same manner as the loin was freed.

As bones are cleaned, discard them in a big plastic bag. Refrigerate at once any extra meat. The lamb will generously serve 30 to 35.—*C. S., Atherton, Calif.*

(*Continued on next page*)

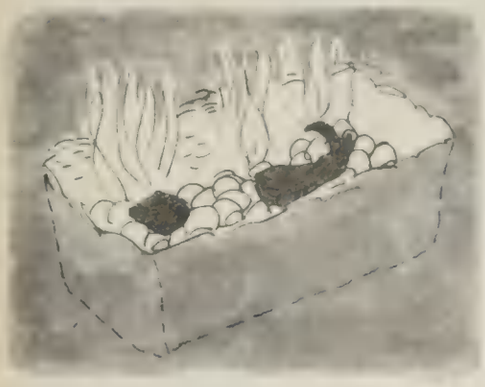
Barbecuing a pig . . . hot rocks and wet burlap in a dug pit

HOW TO PIT ROAST A WHOLE PIG

This requires more advance preparation than the lamb, but the pig cooks untended. Allow 6 to 7 hours for cooking, 2 to 3 hours more for heating the pit, and about 30 minutes for preparing the pig for the pit. Do not place pit beneath overhanging shrubs or buildings. If you want to eat before dark, have the fire ready to start in the pit early in the day.

What you need. In addition to a pit (directions follow), this method requires enough smooth rounded rocks about softball size to line the bottom solidly (available at garden materials suppliers); enough small cut wood to fill the pit 1½ to 2 times; fire starter; 12 burlap bags (from a feed and fuel store); a couple of large shopping bags of lettuce trimmings (from a produce market); 2 dozen ti leaves (in Hawaii you can use more ti leaves and no lettuce—on the mainland order in advance from a florist); a 3-foot length of 4-foot-wide chicken wire; about 2 feet of ordinary baling wire. Then you need a 40 to 45-pound pig and ½ cup salt. Also check with a fire station to learn whether you must have a fire permit.

The day before—the pit and the burlap. Put the burlap bags (they do not require laundering) in a large container, cover with water, and soak overnight. Make a



neat pit 5 feet long, 30 inches wide, and 14 to 18 inches deep. If pit is in a lawn area, remove lawn as directed on page 68, but allow at least an extra spade width of cleared area all around the pit, and shovel dirt from pit into a tarp to protect surrounding lawn area.

Morning—starting the fire. Fill the pit with wood and, when the fire is burning briskly, toss in the rocks (the rocks don't heat as evenly if they go in first). Continue to add wood to keep the fire blazing for at least 2 hours; then let it die down. With a shovel, scoop hot embers from pit and deposit in a portable barbecue (or similarly safe container) and rake rocks to level out. The rocks should be hot enough to ignite almost immediately twigs dropped upon them. If the pit is not heated properly, the pig will not cook as expected.

About this time—preparing the pig. On a nearby work table, wipe pig with damp paper towels to freshen. If body cavity is not open from hind legs through ribs, cut open. Cut about nine spaced gashes each about ½ inch deep and 4 or 5 inches long on each side of the pig, placing three in *each* hind leg and shoulder. Rub about ½ cup salt over inside and outside of pig. Lay pig in center of chicken wire (carcass should not extend beyond wire). When pit is cleared of wood, use a shovel to transfer six or eight hot rocks (shaking off ashes first) to pig cavity, filling the cavity fairly full. Fold chicken wire over pig and wire to enclose snugly.

Putting the pig in the pit. Working rapidly, line the pit bottom with three or four of the very wet burlap bags, spread out evenly and overlapping slightly. Dump about two-thirds of the lettuce leaves onto burlap, then place half the ti leaves right where pig will lie in center of pit. With two people each holding an end of wire-wrapped pig, lower it into pit. Lay remaining ti leaves directly on top of pig (tuck stems in wire to hold in place), then drape with remaining lettuce.

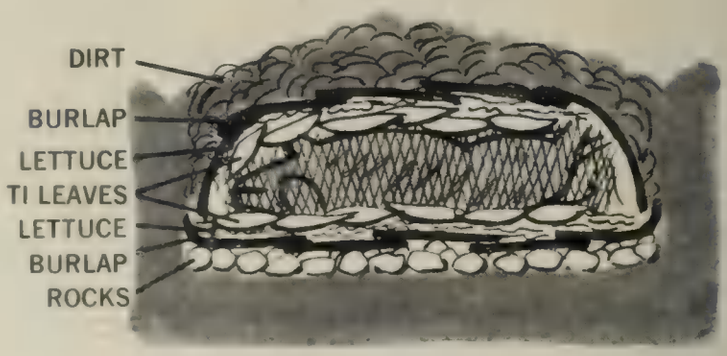
Cover pig completely with remaining wet burlap bags—reserving two for the ends, and dividing the remainder in half for each side. Working on one side of the pig, lay each bag out smoothly so one end is over the top of pig and other end is o as close to the edge of the pit as it will Overlap bags to cover. Repeat on oth side of pig. Cover each end of pig wi one of the reserved bags.

Shovel on dirt to cover pig with a 3 4-inch-deep layer. Watch the pit for t first few hours or so, shoveling on mo dirt at any point where steam is escapin

In 6 hours the pig will be browned wi slightly crisp skin and ready to eat, but can hold for as long as 7 hours.

Digging up the pig. Assemble guests watch the unearthing. Carefully shov most of the dirt from the top and pa tially down sides of the pig, then wi gloved hands, scoop or brush off the r mainder. Fold back burlap gently, ar lift up pig in the wire. Carry quickly foil-lined table; be careful of dripping fa

Carving the pig. Cut wire bindings chicken wire and fold back. Lift rocks o of interior cavity. If two people carv you are better able to serve the me appetizingly hot. It is a messy job, as t pig is inclined to fall apart, and the ski



sticks in many places to the wire wrap ping. But these guides will help: Cut *hin legs* free at joints. Trim any crisp ski and place on serving platter. Cut awa fat and less appealing skin from legs an slice (or pull) meat into serving piece Along backbone on each side, break rib free, and lift out the two *loin* strips tha run the length of the ribs; slice into serv ing portions. Cut the *ribs* into three o four bone sections.

Trim the *flank* of fat and skin, lifting ou the moist, long fibered sections of meat Separate the *shoulders* at the joints, re serve bits of crisp skin, trim off fat an remaining skin, and pull or cut meat fro the bone.

Trim fat and skin away from *neck* and cutting close to bone as needed, lift ou the loinlike sections on either side, and slice in pieces.

If you want to tackle the *head*, there is also a fair amount of meat in the cheeks. Have a large plastic bag alongside to discard bones, fat, and less crisp skin as you carve to reduce clutter. Refrigerate at once any portions that will not be eaten. The pig will amply serve 30.—*L. T, East Palo Alto, Calif.*

The Changing Western Home

New cedar closet lining

ew kind of ¼-inch-thick particle board de of aromatic red cedar flakes in- d of the usual compressed wood chips ow available at some lumberyards. install it as you would wallboard or wood with finishing nails or panel ad- ive. When used to line a closet or other rage space, it gives the clean aroma of ndmother's cedar chest, and has an ractive red-brown cedar color. It comes by 8-foot panels (about $10 each) and 16 by 48-inch panels (about $3).

High-squirting lavatory faucet

ather expensive ($85) faucet for updat- your bathroom lavatory is now avail- e at most plumbing shops. It sends a tle stream of water up in the air and in an arc into the bowl, rather than di- ting a stream straight down into the wl. It's convenient for up-to-the-elbow shing and for shampooing hair, and o serves well as a drinking fountain.

e faucet comes with decorative hot and d valves and with a pressure regulator prevent water from squirting out be- d the bowl.

Laminated plastic—outdoors

minated plastic has been used for years indoor counter tops and the like. It not, however, work well outdoors. The stic withstood the weather, but the would fade its coloring in time. New versions now available have much less of a fading problem. They retain their colorings quite well on outdoor vertical surfaces, but as yet are not recommended for horizontal counters and benches in direct sunlight.

For pool splashers

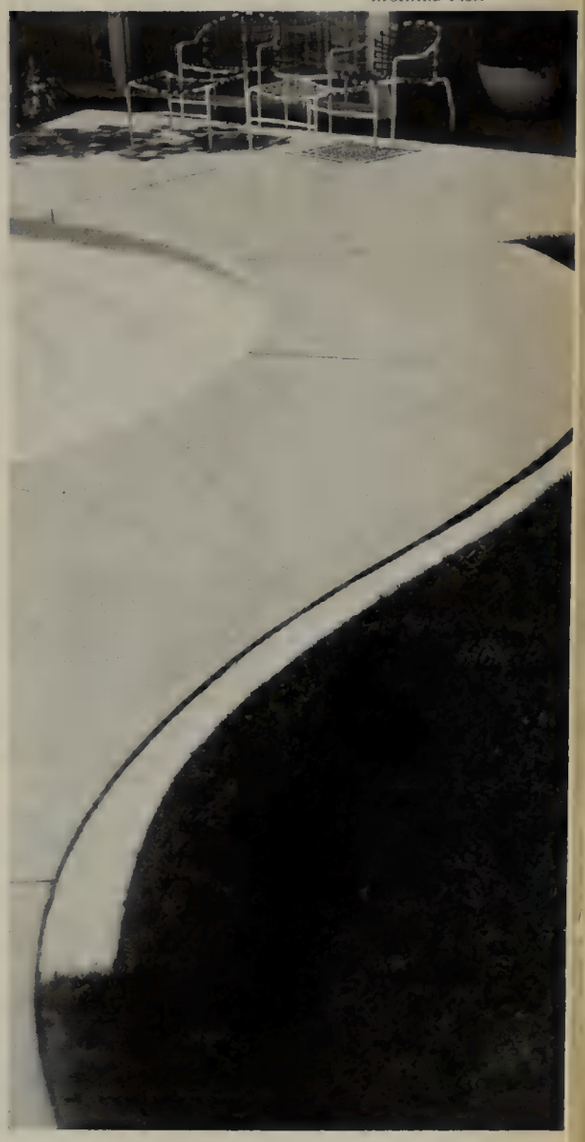
Along the most-used side of the swimming pool at the Basil Grillo residence in Sherman Oaks, California, the narrow concave concrete gutter pictured at right collects and drains away any pool water that children or adults splash on the concrete decking. Thus the chlorinated water doesn't ruin the lawn. Landscape architect was Warren E. Lauesen.

Two recommended woods for patio decks

Port Orford cedar (grown mainly in Oregon) and Alaskan cedar (grown mainly in southern Alaska) are excellent woods to use for decks around your home or swimming pool. These two very similar woods are preferred for and most often used for outdoor stadium seats. They give a minimum of splinters and do not tend to warp or check, even when left without any protective coating of paint or sealer. Left natural, they turn an attractive silvery gray in about a year.

Both woods are rather scarce; you may have to try several lumberyards before finding them.

RICHARD FISH



WENKAM-SALBOSA

Filtered ventilation

The windows shown at left are in the home of Mr. and Mrs. Lambreth Hancock of Honolulu. Adjustable wood jalousies below the grass areas provide the ventilation needed in the warm Hawaiian climate. On the outer side of these jalousies, standard air-conditioner filters (similar to furnace filters), installed like screens with simple metal screen fasteners, allow air to flow through for cooling. They stop most airborne dust and prevent wind-driven tropical rains from blowing water inside the house. Architect was Art Mori.

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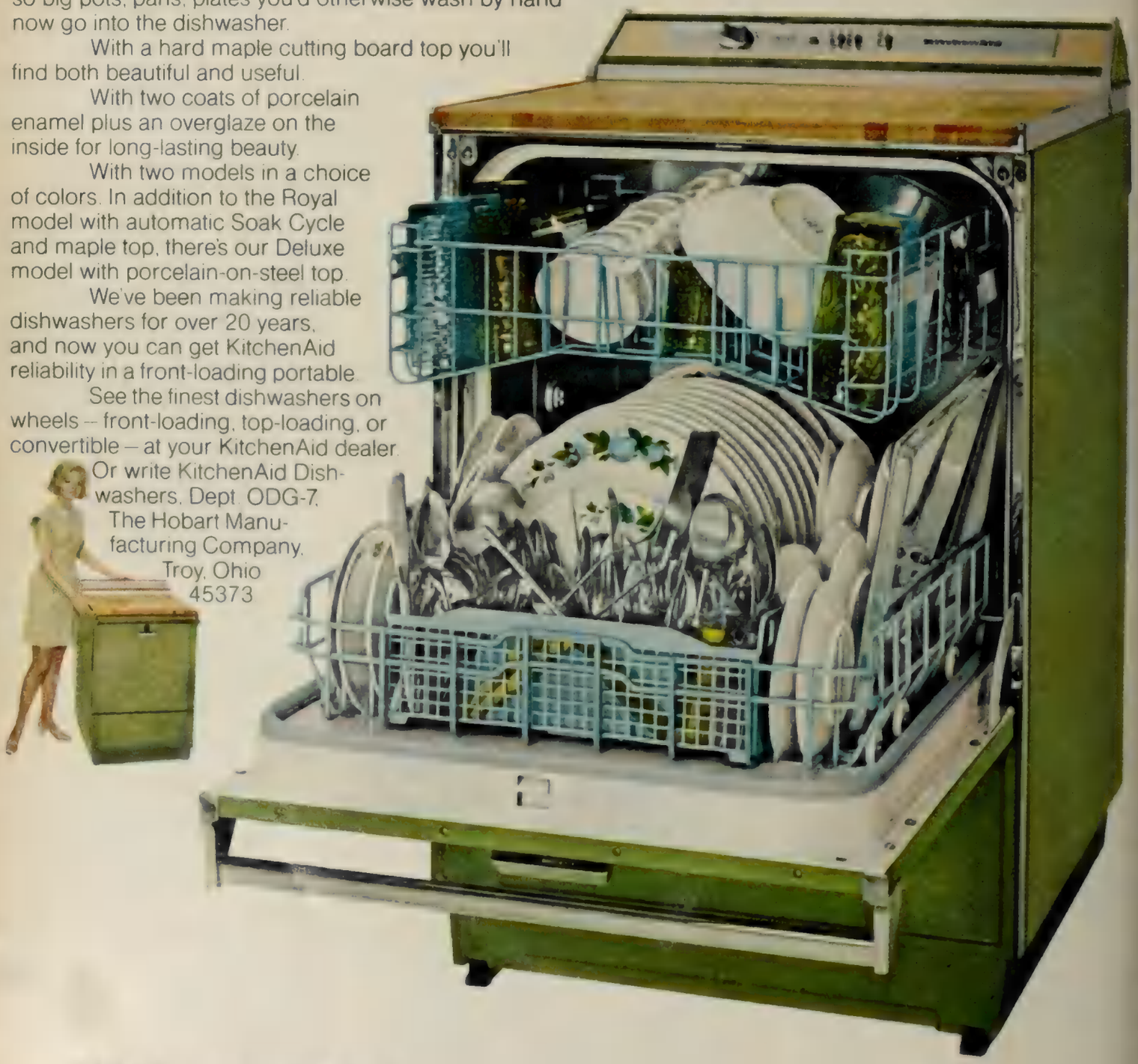

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Steppingstones *take visitors across pool to front door. Umbrella plant (Cyperus) grows beside entry, lily pads on water*

Garden in far-off Bali has interesting pathways

Walking is a pleasure in this Balinese garden, not just because of the fragrant tropical planting you pass, but also because of pleasant things happening underfoot. The pathways keep changing in character, always good looking, inviting you on, surprising you.

Sometimes it's necessary to watch your

Paving block path *is broken stone set in concrete. Sansevieria (mother-in-law's tongue) grows at right, colocasia (elephant's ear) left*

step, as when you cross the pond over steppingstones to the front door. But no one seems to mind.

This is the garden of Han Snel in Ubud near Den Pasar on the island of Bali, Indonesia. Snel, a painter, is also a gardener and a gifted landscape designer.

All the plants mentioned in the captions are available in West Coast nurseries, although most are limited in hardiness.

Grass mound *surrounds small ornamental tree growing in pebble paving. Pierced wall is brick*

Garden paving *keeps changing. This is broken white stone in concrete. Planting includes bamboo, philodendron, coleus*

Walking is a pleasure because of pleasant things underfoot

Ingenious step *arrangement makes change of level and change of direction all in one neat concrete structure*

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Storage units with canvas doors

To solve his outdoor storage problem, designer Ned Doll of San Jose planned and built three movable modular units of the type shown below. Each is 8 feet long and 3 feet deep, with ⅜-inch exterior plywood walls on 1½-inch framing and a translucent corrugated fiberglass roof. The canvas curtain is weighted with a 1½-inch pipe in the casing.

Inside, duckboard flooring keeps the contents ½ inch off the concrete walk.

Materials for each unit cost about $45, including $20 for the custom-made canvas curtain.

Roll-down *canvas curtain (two 30-inch widths sewn by a canvas shop) covers 4-foot-wide opening of storage unit. It's 6½ feet high in front, slopes to 5½ in back*

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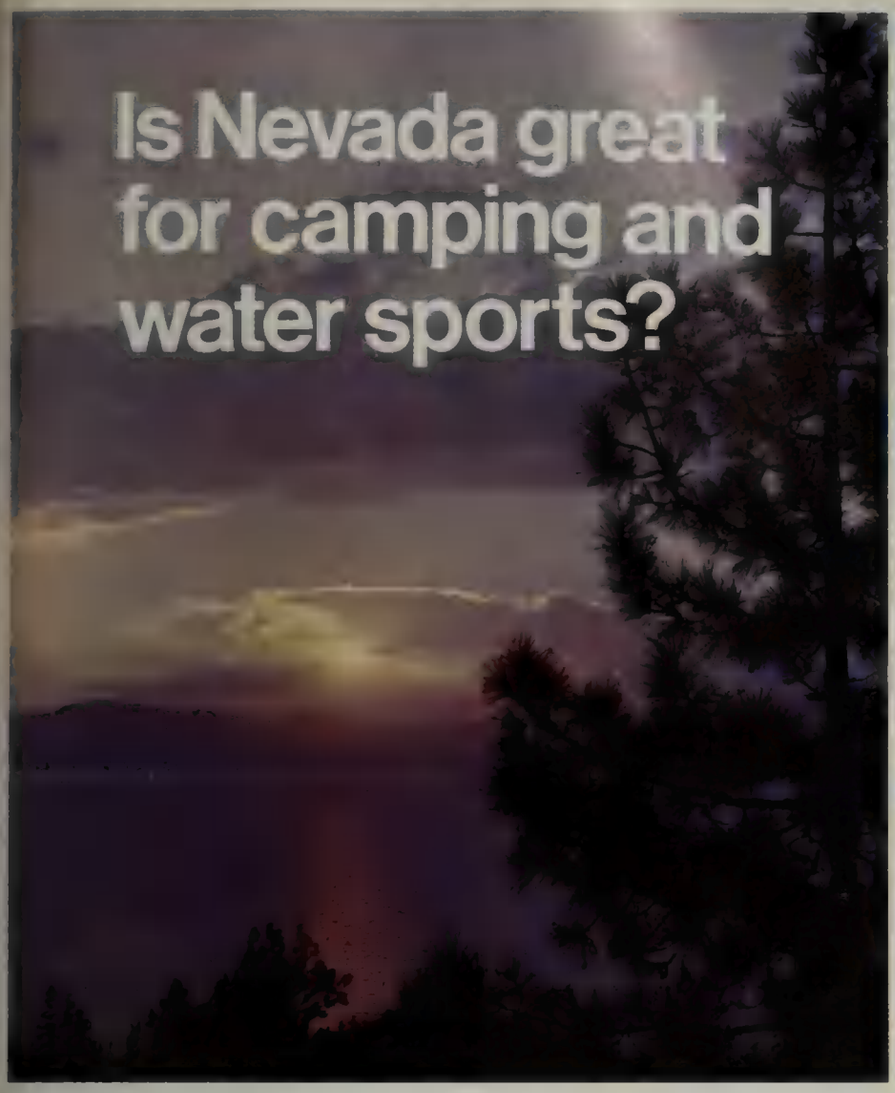

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Lake Tahoe in Western Nevada is the second largest lake at 6200 feet or above in the world. Long stretches of beach, well maintained campgrounds, as well as numerous boat launching facilities are available to the outdoor family.

There are 59 campgrounds scattered throughout Nevada, mostly in the almost untouched central part of the state. You can choose your degree of solitude and your type of recreation. You can pick your country — deep forest, mysterious desert lakes, rugged mountains with hidden lakes.

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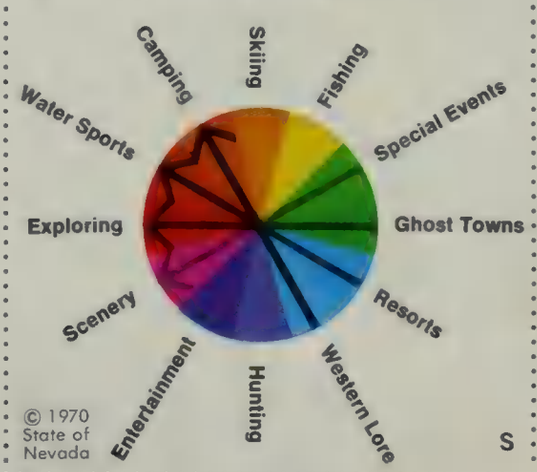

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Airflow ideas from Hawaii

Good air circulation discourages growth of mildew and helps dispel the musty odor so often associated with closed spaces. Starting on page 98 of the May 1969 *Sunset*, we offered six pages of air circulating ideas. Here are two more:

The shoe closet designed by Gordon Potter for the Lloyd B. Osborne home in Kailua, Oahu, is backed by a screened, fixed louvered panel. Air can move freely inside, drying wet shoes and preventing mildew growth on stored shoes.

The bathroom-closet area, by Design Associates for the Warren Ackermans of Honolulu, includes a sill vent. It's a screened and slatted opening along the base of a projecting exterior wall section. Air moving against the house wall outside is directed up through the vent into the room. Airflow can be controlled.

RICHARD DAWSON

Ventilated closet *idea could also be used in making a place to hang a suit or dress, to air it out*

WENKAM-SALBOSA

Sill vent *does double duty: clears steam from lavatory mirror, airs clothes closet*

DON NORMARK

Gaily colored *towels give this "bird" the air of a fashion model. At right he's guardian of mask, swim fins*

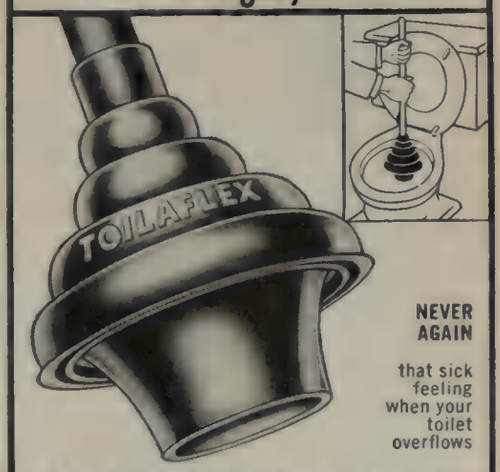
Towel racks at poolside

Portable *towel tree can be moved anywhere there's need for a supply of towels—keeps them in one place, too*

Two pool owners solved the problem of keeping towels and swim gear dry and close at hand with these racks. The jaunty birdlike creature above was carved by the owner, Russell Hamachek of Portland. He carved two more as well—a longer-beaked bird with wings outstretched and two drying dowels, and an octopus with four outstretched arms.

The towel tree at left was built by Art Nyhus for the R. F. Plymires of Bellevue, Washington. Seven feet high, including the base, it tapers from 3½ inches at the bottom to 2½ inches at top. Limbs are ⅝-inch dowels.

POWERFUL PLUNGER CLEARS
CLOGGED TOILETS
in a jiffy!



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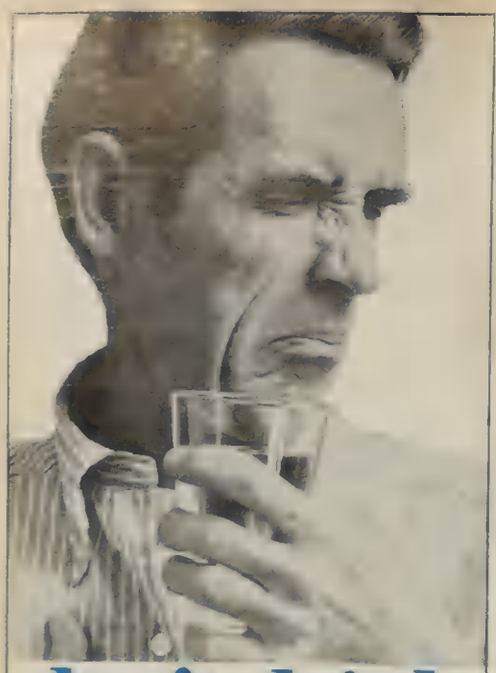
SCOTTS, the lawn people



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AMF CUNO

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You can make this 44-inch-diameter table and the four 20-inch stools, legs and all, from just one 4 by 8 sheet of ¾-inch plywood. The stools can also serve as occasional tables for a party, and little girls love them as doll tables.

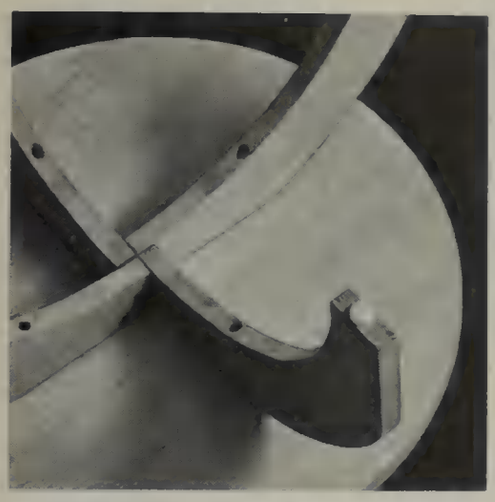
The cost will be about $8 to $20, depending on the plywood you choose. For outdoor use, buy exterior plywood, so the wood will not come apart in the ra season (it will still need a sealer and ishing coat).

With a saber saw, cut out all the pie as shown in the diagram. Or use any s to cut the 48-inch square for the ta and the 24-inch squares for the sto and then cut out the legs from the squ pieces with a bandsaw, jigsaw, or e

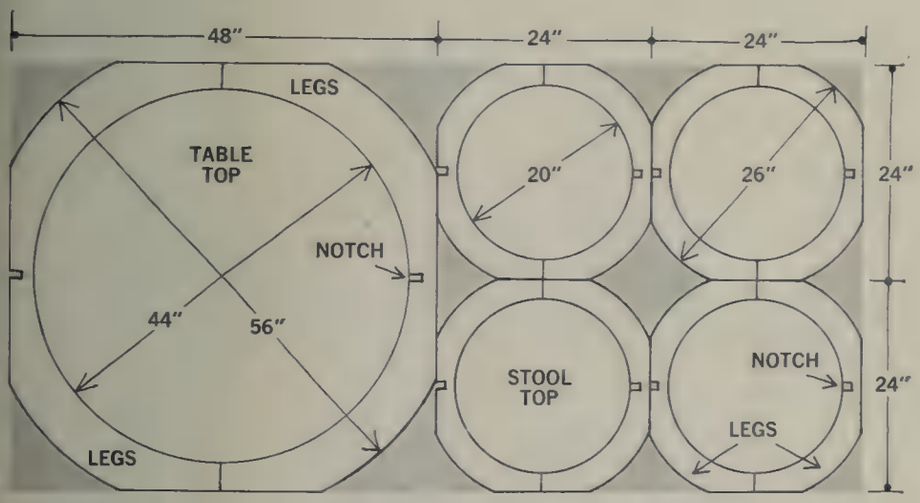
Almost 4 feet *across, this table plus sto can cost less than $*

DARROW M. WATT

Pairs of legs, *notched at center, are put together and glued and screwed to top*



Another way. *Legs can be cut separately, shortened, and attached as shown here*

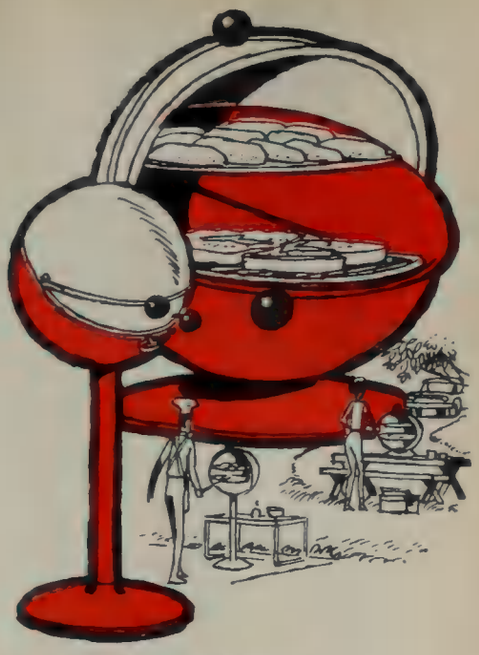


Cutting plan. *First cut the sheet into five squares. Shaded areas are waste*

hand scroll saw.

The edges of the table and stool tops and the outer edges of their legs can be finished with ¾-inch self-adhesive wood edging (available at lumberyards) or simply sanded smooth. Attach the legs as shown by drilling holes through them and screwing them onto the tops. Use glue as well for reinforcement.

Shown above are two ways to assemble the legs. For the upper example, you notch pairs of legs as shown in the diagram. This produces legs that extend out beyond the tops, reminiscent of early California furniture. By cutting the legs as in the lower photograph, lapping them together, you can assemble them to fit under the tabletop.



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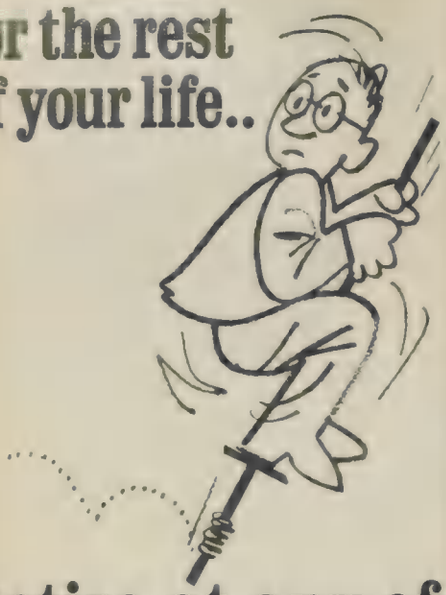

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DARROW M. WATT

Swimmer pulls *a beach towel from her snappy black and white canvas bag. You can make one, short (as above) or tall, in about an hour*

Small and tall canvas bags to help swimmers keep sorted out

A giant-striped canvas bag accompanies this girl to the pool. It holds several beach towels and a swim suit, with easy-to-lose items such as glasses, billfold, and wristwatch tucked into the large zippered pocket.

The swim team crowd may prefer the giant bag pictured on the next page. It holds towels plus a sleeping bag to warm up in between heats. Divers can tuck their ear drops into the pocket.

The bags are sturdy and will survive an amazing amount of rough-and-tumble treatment, even on camping trips.

For either bag you need to buy 10-ounce duck and ¼-inch nylon rope at an awning shop (look in the telephone book yellow pages under "Awnings"), and a 9-inch zipper at a notions counter.

Each bag has eight grommets. The awning shop will put these in for 10 cents each. If you plan to make several bags (for a swim team, scout troop, or camping group), it would be more economical to buy a $6.50 grommet kit containing a cutter, die set, and 4 dozen grommets. Additional grommets are $3 per gross.

Canvas widths vary from 28 to 31 inches. Subtract an inch for the side seam of the bag and you'll have the circumference of the finished bag. Divide the circumference by 3 to get the diameter of the bag bottom.

For the short bag you need 1 yard of 31-inch-wide fabric and 3 feet of rope. Using the width as the circumference, cut a 31 by 21-inch bag. Cut a 10-inch diameter bottom and an 8 by 10-inch pocket.

To make the pocket, turn under the ½-inch seam allowance on all edges and press. Stitch one long edge of the pocket to the zipper tape. Pin pocket with attached zipper to bag about 6 inches from the top of the fabric. Top-stitch around remaining edges of pocket and across exposed zipper tape. If tape of zipper

Sooner or later, people who tow big tent campers, travel trailers, or boats come into our dealerships. And they bring what used to be perfectly good sedans and station wagons. With twisted frames. Worn-out transmissions. Burned-out engines. Rear ends shot to pieces.

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If you're pulling any one of these, you may be killing your car.

Situation depicted for demonstration purposes only.

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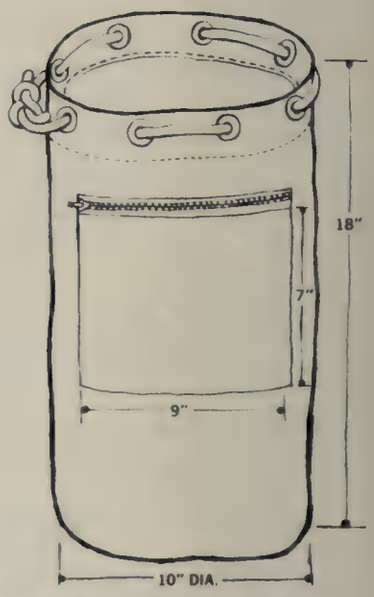
does not match or blend with fabric, cover it by stitching a strip of the fabric over exposed tape.

With right sides together stitch the side seam of bag. Zigzag raw edges and press flat. Pin the circle base to bag, allow an approximate ¼ to ½ inch for seam, and stitch. Zigzag raw edges. Turn to right side. Turn under a 2-inch hem and stitch. Edge-stitch along top of bag.

Now the bag is ready for grommets and rope. To prevent raveling, carefully melt rope ends with a match; weave through grommets and secure with a square knot.

For the tall bag you need 1½ yards of 31-inch fabric and 4 feet of rope. Cut this bag on the crosswide grain of fabric, using the fabric width for the length (making a bag 36 inches in circumference, 31 inches long). Cut a 12-inch diameter bottom and an 8 by 10-inch pocket. To complete this bag, follow the instructions above.



Three pieces *of canvas duck are needed for each bag, plus zipper, rope. Sketch shows short version*

Young campers *pack the tall bag with sleeping bag, clothes, towels*

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GLENN CHRISTIANSEN

Peeling potatoes *takes time; the pull-up stool at kitchen sink gives the cook a rest*

The kitchen stool . . . a work station

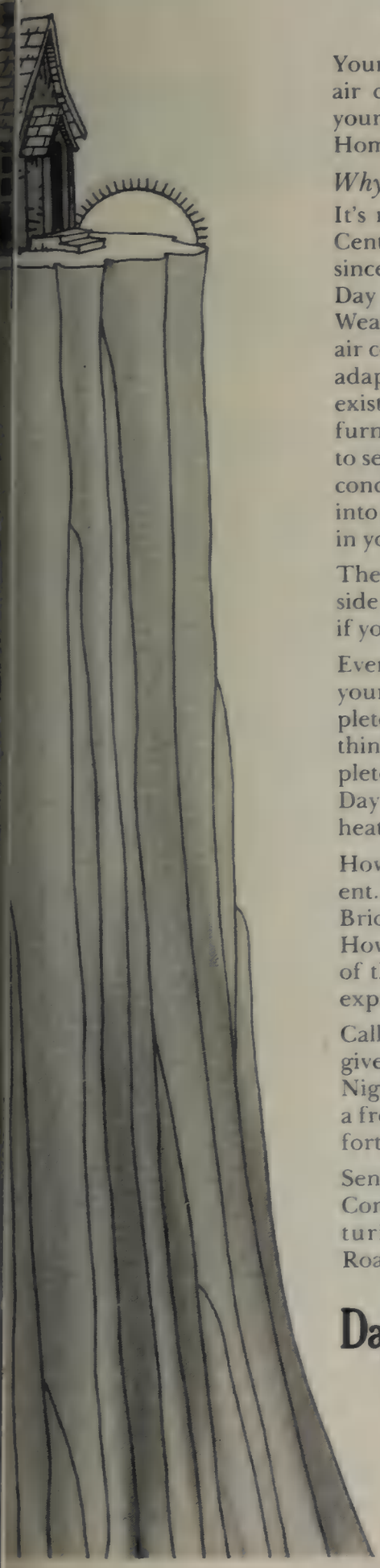
Giving the cook a rest is reason enough for a stool in the kitchen. But when the work area is arranged with water supply, chopping boards, and garbage disposal all within arm's reach, the stool can be a work station, too.

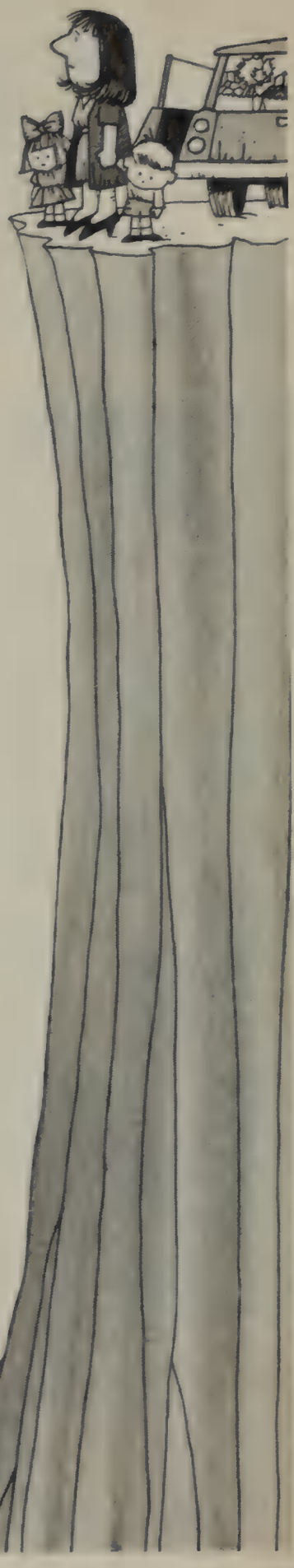
In the top photograph, there's knee space under the sink because the cabinet is recessed 5½ inches. Janean was the designer for Mr. and Mrs. John Lowney of Napa, California.

The work area shown below has the extra feature of a handy pull-out trash bin. Henry Yanaga was the designer for Mr. and Mrs. John P. Hart of Burlingame, California.

In the Hart kitchen, *stool is housed under the counter between sink and trash bin*

Your neighborhood supermarket is a long way from home. Across the Comfort Gap.





Your neighborhood supermarket has cool, air conditioned air. So does your car. But your home? Ah, there's no place like home. Home hot home.

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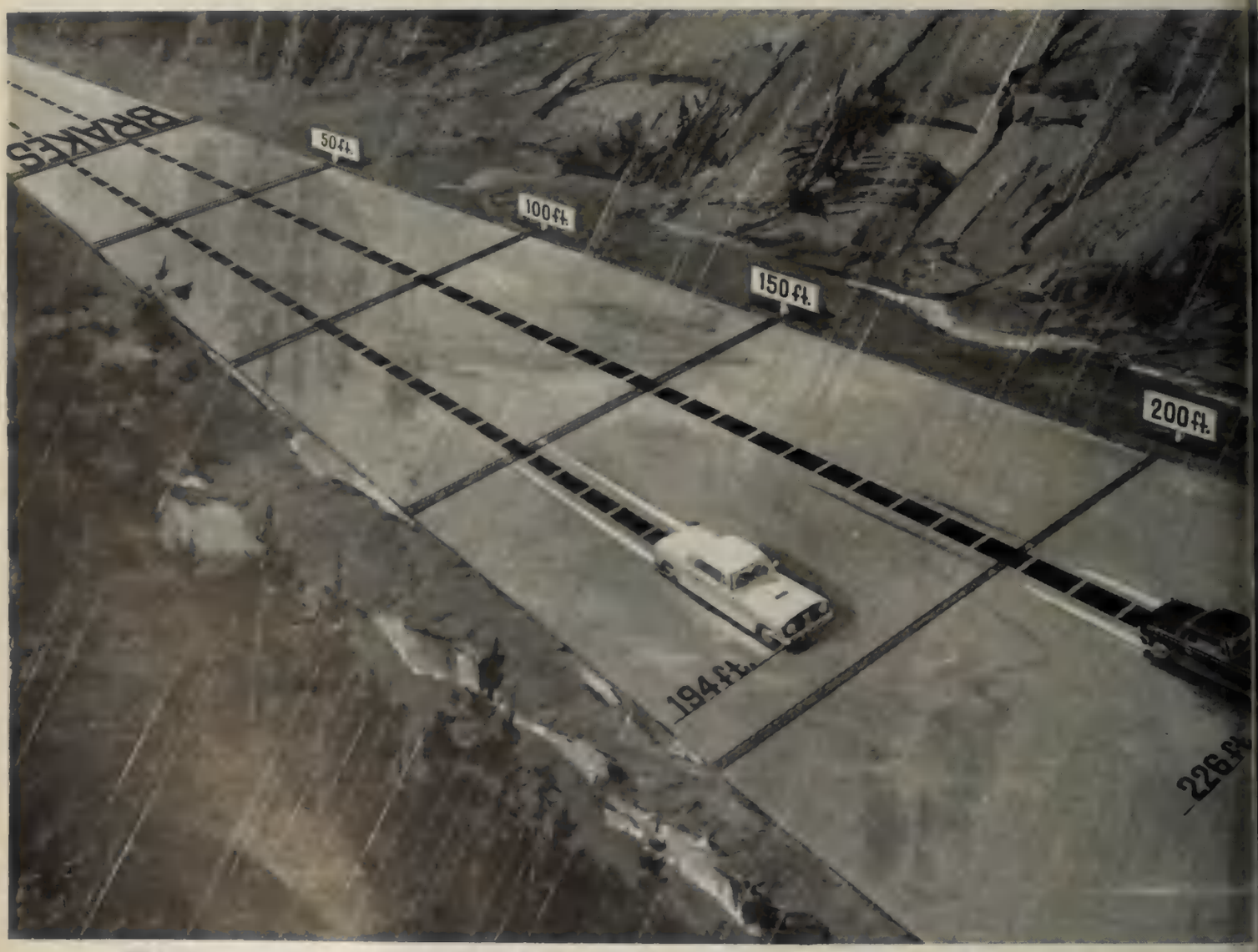

This illustration shows, in a wet-braking test, the car with the Custom Power Cushion Polyglas tires stopping almost two full car lengths shorter than the car with the conventional bias-ply tires.

Polyglas tires You'll see why many 1970 cars.

ı're looking at what happened in a wet-king test. Goodyear tested the stopping lity of conventional two-ply Power Cushion s against Custom Power Cushion Polyglas s—the ones on many 1970 car models.

The two cars, identical except for the tires, re braked from 45 mph to 0 on a wet mac-ım track. The average stopping distance for car with bias-ply tires was 226 feet. The car h the Polyglas tires had an average stopping tance of 194 feet.

So, the difference was 32 feet, almost two lengths—and sometimes that can make *all* difference.

ess squirm means more stopping ability.

e tread grooves of a conventional bias-ply (like those tested here) squirm and squeeze ether as they meet the road, resulting in loss raction. But in the Polyglas tire, the fiberglass ts which surround the strong polyester cord ly hold the tread grooves open, resulting in s squirm, more traction and better stopping lity.

Extra mileage, too.

our Texas Proving Grounds, Polyglas tires re run for 40 million test miles as engineers kept improving their long-wearing qualities. And motorists have discovered their extra-mileage capability while rolling up billions of miles on cars all across the United States.

If you want to get the benefit of all this testing and experience, make sure you get Polyglas tires and nothing else. Look for the name on the sidewall and remember:

If it doesn't say Goodyear, it can't be Polyglas.

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GOODYEAR

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Buying a sofa or chair? Feel the difference in a Marflex cushion. It's made differently! Only Marflex cushions have individually pocketed coils glued to urethane foam. All the advantages of spring coils...plus the sleekness and softness of foam. Resists wrinkling, always maintains its tailoring, seams stay straight, eliminates "middle age" upholstery sag. Marflex cushions are the first choice of manufacturers of quality furniture. Next time you're looking for a sofa or chair, ask the inside question: "Does it have Marflex cushions?"

Feel the difference in a marflex cushion.

Marspring Corporation, 4424 East 49th Street, Los Angeles, Calif. 90058

DARROW M. W.

Apply a strip *of adhesive-backed st tread to the base of each bookend, so t weight of books won't shift or topple*

Bookends and picture stands

The wooden stands shown here can hol photographs, support recipe cards whi you're cooking, or serve as bookends. power saw was used to make them.

Each upright section of the black walnu holders in the upper picture is 4½ inche wide, 7½ inches high, tapering from 1 to ½ inches in thickness. It is rabbete and glued to a 2½-inch-deep base. chisel was used to decorate the fron

Each of the holders in the lower pictur has a 6½ by 3¾-inch base fastened wit two screws to its 6-inch upright sectio

To use either set for bookends, you nee some horizontal extension under the firs few books, such as a strip of adhesive backed stair tread (it comes in 4-inc widths). Leave the brown paper backin on the part that goes under the books

Another style *of wooden bookend doubles as photo holder; it has a raised ¼-inch edge and a notch cut out for decoration*

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Wooden block bases *support big candles, can be grooved to hold clear glass cylinders*

Handcrafted wood block candleholders

DARROW M. W

These candleholders are a craftsman's light. Simply cut from bold chunks kiln-dried wood, they make sturdy ba for large, long-burning candles.

Easiest to make is the one at the far l It is scaled to a standard 3-inch-diame candle and requires only saw cuts a white glue for assembling. The others almost as simple.

If you include a clear glass cylinder, yo need a somewhat larger base. We used cylinder 4½ inches in diameter by 11 inches high. It costs about $7.50 and available in some specialty gift and ho

Stack, bevel, or rout *wood blocks to make these sturdy candleholders for us inside or on the patio. Letters refer to how-to-make-it information on next pag*

pply pressure *slowly with an adjustable* [illegible] *watch to make sure that the* [illegible] *to an even depth all around*

[illegible] stores. If you need help finding a [illegible], send a stamped, addressed return envelope to Candlestick Editor, *[illegible] Magazine*, Menlo Park, Calif. 94025. Other cylinders or traditional hurricane patterns can be used.

To make an even circular groove for the cylinder use a router or an adjustable hole drill (one that will cut at least a [illegible]-inch-diameter hole). The adjustable hole drill costs about $4.50 and can be used on any power drill or drill press.

Stacked square blocks (A). Cut two 5¾-inch squares and one 4¾-inch square from ¾-inch stock. Stack squares with the smaller in the center and glue. To use without a glass cylinder, cut two 4½-inch squares and one 3½-inch square.

Three circles (B). Cut three disks from ¾-inch stock with a saber or band saw: two with 6-inch diameters, one 4½-inch diameter. Assemble with white glue. Without a glass cylinder, cut two 5-inch diameter disks, one 4-inch diameter.

Tall bevel (C). Cut a block 6¼ inches square by 3½ inches tall. Bevel the top edges 30°, the lower edges 15°. Without a cylinder, cut the block smaller: 5½ inches square by 3½ inches tall.

Routed square (D). Cut a block 5½ inches square by 3½ inches tall. Use a router to groove the side design. Sand smooth. Without a cylinder, cut the block 5 inches square by 3½ inches tall.

Short bevel (E). Cut a 5½-inch square from 2-inch stock. Use same 30° and 15° bevels as in **C**. Without a cylinder, cut a 5-inch square from 2-inch stock.

Four sided layers (F). Cut four 5¾-inch squares from ¾-inch stock. Sand the edges each to a 45° bevel. Gluing the four squares together forms the decorative grooves. Without a cylinder, cut four 5-inch squares from ¾-inch stock.

For all candleholders, cut the head off a finishing nail and insert it in the center of the top block. The nail will help support the candle.

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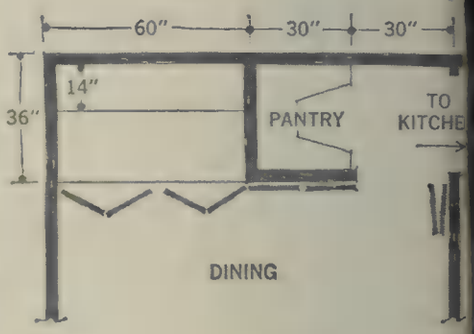
Storage wall *fits into end of dining*



Room end becomes a storage wall

"We had an unnecessarily long dinin room," said a *Sunset* reader, "so we cr ated a storage wall at one end."

There was little kitchen and no dinin room storage in the tract house, yet had plenty of unused space. At the en of the dining room (10 by 15 feet) th owners constructed a cupboard and pan try, and then with four louvered door closed off these and a passageway to th kitchen for a total cost of about $250.

They divided the 3 by 10-foot space a shown above, allotting half to the cup board for tableware and accessorie needed in the dining room. Four shelve nearly 3 feet deep hold a china dinne service for 12, other cups, glassware, an serving dishes, and special cooking-at-the-table equipment. One narrower shel

is through door, right

ry is within a few steps of the hen. Topmost shelf is open the e length of the storage wall

inches) leaves room for a tall coffee er on the bottom shelf. There is room bulky storage on the floor.

other half of the space is divided veen pantry and passageway, each by 3 feet. A louvered folding door is to the passageway, which leads to kitchen. The swinging door to the hen can be seen opened against the l in the top picture.

pantry has a stationary louvered on the dining room side and opens he kitchen. Six U-shaped shelves give uick view of food stocks. A storage us is the 10-foot-long space just under ceiling, useful for long articles such kis.

ner-designer is Charles L. Larson of nyvale, California.

At 60mph, the loudest noise was the flap of ordinary shingles.

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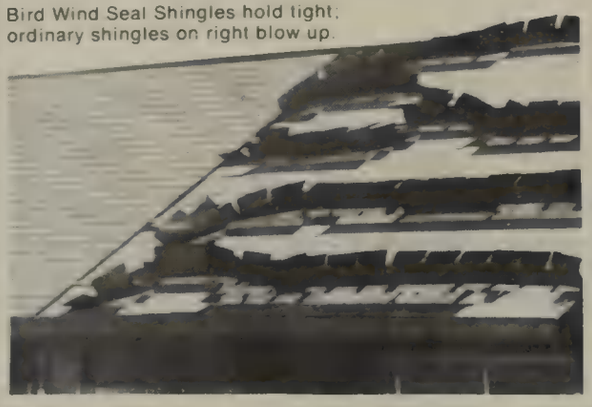

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Sunset's Kitchen Cabinet®

This month of abundance in our markets coincides with harvests of fruits and vegetables in home gardens. Using all these seasonal foods often challenges the ingenuity of Western cooks. Vegetables take a leading role here in the zucchini casserole with gro beef, and in the creamy baked cor The mighty Pacific salmon is at height of its season. One of the enhancers of salmon's rich flavo smoke, a good reason to fire up

Cut foil to line skin side of fillet for easy handling on the barbecue grill

Barbecued Salmon Fillets

You can use one large salmon fillet or two smaller ones to barbecue this way.

- 3 to 4 pounds salmon fillets
- ¼ cup (⅛ lb.) butter, melted, or salad oil
- ½ cup rosé or dry white wine
- ¼ cup lemon juice
- ¼ cup soy sauce
- Parsley and lemon wedges

Cut heavy foil the same size as fillets; place against skin of fish.

Prepare the barbecue fire and let it burn down to a low even heat. For the baste, combine butter, wine, lemon juice, and soy. Place fish on the grill with foil side down. Brush generously with the basting sauce. Cover the barbecue with its hood, or fashion a h out of heavy foil and place on gril enclose the fish. Cook slowly, bas with the sauce about every 5 minu until fish flakes when tested wit fork, about 30 minutes.

To serve, slide fish, still on the onto a board. Garnish with par and lemon, if you wish. Slice to skin and lift each serving away f skin. Reheat basting sauce and at the table. Makes about 6 to 8 s ings.—*J. B., Lake Oswego, Ore.*

You can substitute orange juice wine in this recipe, then increase le juice to 5 tablespoons.

Main dish casserole combines meat and rice with fresh garden vegetables

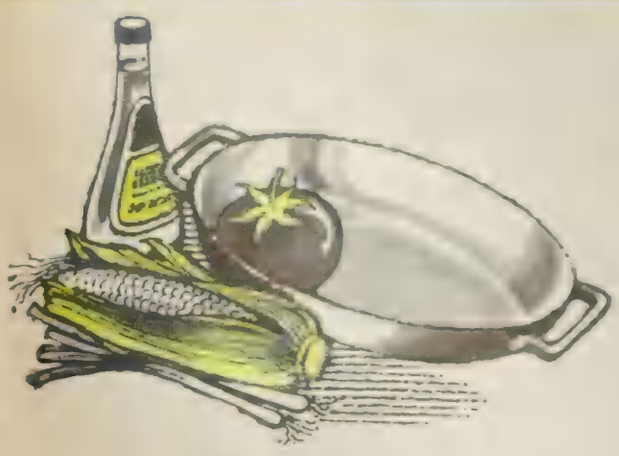
Zucchini Garden Casserole

A fine sauce with this dish is plain yogurt, laced with chopped cucumber, seasoned with salt, pepper, and mint.

- 8 medium-sized ripe tomatoes, peeled and sliced
- 4 zucchini (about 1½ lbs.), sliced
- 2 teaspoons salt
- 1½ pounds lean ground beef
- ⅔ cup long-grained rice (uncooked)
- 2 tablespoons chopped parsley
- ¼ cup *each* chopped green pepper and onion
- ¼ teaspoon *each* cinnamon, allspice, and pepper
- 1 cup tomato juice
- 1 cup shredded Longhorn cheese

Grease a 9 by 13-inch baking dish; arrange half the tomatoes on the bottom. Arrange half the zucchini o tomatoes and sprinkle with ½ t spoon of the salt.

In a bowl, combine the beef, rice, pa ley, green pepper, onion, cinnam allspice, pepper, 1 teaspoon of salt, and tomato juice; mix until w blended, and pat into casserole. T with remaining squash, then with maining tomatoes; sprinkle with maining ½ teaspoon salt. Cover a bake in a 375° oven for about 1 hours or until vegetables are tend Remove cover, sprinkle with chee and bake about 15 minutes long Serves 4 to 6.—*E. M., Los Angeles.*



Salad dressing helps flavor the corn; tomato and cheese topping is optional

Creamy Baked Corn

Fresh corn baked in a covered dish goes well with grilled meats.

- 8 medium-sized ears of corn
- 3 green onions
- 1 small green pepper
- 2 tablespoons bottled Green Goddess dressing
- ¼ cup sour cream
- 1 teaspoon brown sugar
- 1 tablespoon flour
- ¼ teaspoon salt
- ⅛ teaspoon pepper
- 1 tablespoon butter or margarine

Cut the corn off the cob and put into a 1½-quart casserole or baking dish. Slice green onions including about 3 inches of the green tops. Remove seeds and dice green pepper. Distribute onion and green pepper in the cassero In a bowl, mix together until blend the Green Goddess dressing, so cream, brown sugar, flour, salt, a pepper. Spoon evenly over the ve tables. Dot with bits of butter. Co tightly with foil and bake in a 37 oven for 35 minutes. Stir well befo serving. Makes about 6 servings.- *L. H., Mount Vernon, Wash.*

Add this tomato and cheese toppi if you wish: Arrange thin slices of large tomato over top, then sprink with ¼ cup shredded Parmesan; p back in oven, uncovered, for addition 10 minutes baking.

ɔecue and try our salmon recipe.

ɔluses often inspire creative cook- We'd like to hear about your pe successes; write to *Sunset Mag-e*, Menlo Park, Calif. 94025. We $10 for each recipe published.

Here are six ways to enjoy July's happy fresh abundance

icken Livers with Grapes

ve everything ready to go into this ı, for it cooks very quickly. Serve or brunch or supper.

- 1 pound chicken livers
- Flour
- 4 tablespoons butter or margarine
- 2 tablespoons minced onion
- 1/4 teaspoon salt
- 1/8 teaspoon each ground ginger and pepper
- 1 teaspoon Worcestershire
- 1 1/2 cups seedless grapes
- 1/4 cup each Sherry and chicken broth (or 1/2 cup chicken broth)
- 1/4 cup sour cream
- 2 tablespoons chopped parsley

ıse the chicken livers and pat dry h paper towels. Dust lightly all over with flour, shaking off excess. Heat butter over medium-high heat in a frying pan. Add onion and livers. Cook, turning, until browned all over, 5 to 7 minutes. Add salt, ginger, pepper, Worcestershire, grapes, Sherry, and chicken broth. Reduce heat, cover, and cook 5 minutes. Remove from heat and stir in sour cream; heat, stirring, but do not boil. Serve immediately, sprinkled with parsley. Makes 4 servings.—*H. N., San Francisco.*

For brunch you might spoon the livers and grapes over buttered whole wheat toast; for a supper entrée serve them over hot cooked rice.

Sautéed livers, hot grapes in a creamy sauce spooned over whole wheat toast

ımmer Slaw

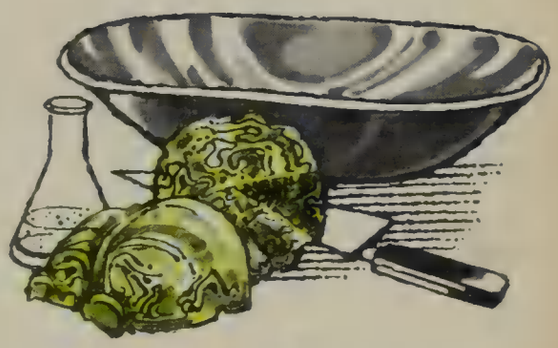
is refreshing sweet-sour cabbage ad improves on standing—make it ly in the day or even a day ahead.

- 1 small head cabbage
- 1 green onion
- 1/2 medium-sized cucumber
- 2 tablespoons chopped red bell pepper
- 1 teaspoon salt
- 1/4 teaspoon pepper
- 1/2 teaspoon dry mustard
- 1/2 teaspoon celery seed
- 2 tablespoons sugar
- 3 tablespoons salad oil
- 1/3 cup cider vinegar

ith a sharp knife, finely shred the bbage (you should have about 6 ps); slice the green onion, including some of the green top; peel and dice the cucumber; combine with chopped pepper in a large bowl and set aside.

For the dressing, combine the salt, pepper, mustard, celery seed, sugar, salad oil, and vinegar in a bowl or jar; beat or shake until well blended. Pour dressing over cabbage, and stir to coat all the vegetables. Cover and refrigerate 4 to 6 hours or overnight. Stir well before serving. Makes 4 to 6 servings.—*M. N., Escondido, Calif.*

If you don't find the red bell peppers, you can use canned pimientos or canned sweet roasted red peppers, drained and chopped.



Cut cabbage in half, then in fine, even shreds to marinate in piquant dressing

utterscotch Cake with Peaches

he cake has a broiled-on topping; rve it plain or with peaches.

- 2 eggs
- 1 cup sugar
- 1 cup regular all-purpose flour (unsifted)
- 1 teaspoon baking powder
- 1/4 teaspoon salt
- 1/2 cup milk
- 1 tablespoon butter
- 1/2 teaspoon vanilla
- Butterscotch topping (recipe follows)

ı the bowl of an electric mixer, beat gs until light. Add sugar 1 to 2 tablespoons at a time, beating well after ıch addition. Combine flour, baking owder, and salt; sift into egg mixture, and fold carefully until blended. Heat milk with butter until melted. Add to flour mixture with vanilla; fold until well blended. Turn into a greased and floured 8-inch square baking pan. Bake in a 350° oven for 35 minutes, or until the top springs back when lightly touched. Remove from oven, spread with topping, and broil about 4 inches from heat until bubbly, watching carefully. Cool. Makes 6 servings.—*I. R., North Sacramento, Calif.*

For topping, blend 2 tablespoons soft butter with 4 tablespoons brown sugar, 3 tablespoons milk, and 1/2 cup chopped pecans or filberts.

To make peach shortcake, split cake and fill with sweetened sliced peaches

Boil-in-a-bag is the new easy answer to cooking afloat

Broiled chicken *in boilable bag goes into pot of water simmering o galley stove for quick reheating*

Dinner on deck: *chicken, bal potatoes, broccoli with hollanda All cooked and bagged at ho reheated in one pot on bo*

Shipboard meals as elaborate as the dinner shown at right can appear out of a tiny galley so quickly it's almost like magic. To accomplish this trick, sailor cooks are using boil-in-the-bag techniques like those used for commercial frozen foods.

The cooking is done at home and the foods are sealed in plastic bags, then stored in the refrigerator or freezer until needed.

Special boilable bags of heavy polyester film are needed for this kind of cooking. They're available in several sizes. You can seal the bag by quickly running a warm iron across the top. It is neater and more convenient, however, to use a heat-sealing appliance, such as the one shown below.

Both the boilable bags and sealing appliances are sold in housewares sections of department stores. If you are unable to find them in your area, you can order by mail (sealing appliance with a supply of bags in various sizes costs under $25). For a list of sources, send a stamped, addressed return envelope to Home Economics Department, *Sunset Magazine*, Menlo Park, Calif. 94025.

The list of foods that can be cooked ahead and reheated in boilable bags is long and varied, and the results are surprisingly fresh-tasting. With natural moisture and flavor sealed in, even foods like baked potatoes, pancakes and waffles, crisp bacon, and toast taste freshly cooked.

Galley chef *does the cooking at home; cooled foods are packaged in special bags, then heat-sealed*

DARROW M. WATT

With the exception of eggs, which can scrambled and cooked in the bag wh immersed in boiling water, most foo should be completely cooked at hom Here are suggestions to get you start

English muffin halves, buttered a toasted, and buttered toast. Package bu tered sides together.

Biscuits, muffins, rolls, and breakfast pa tries. Split and butter before packagi if you wish.

Crisply fried bacon or cooked sausa links. Drain well before packing.

Pancakes and waffles. Cool in single laye then stack in bag. Fill another bag wi syrup if you like it heated too.

Chicken pieces, individual steaks or chop and hamburger patties. Cook them an way you like.

Rice and macaroni products. When ri is tender and all the water absorbed, st in a small amount of butter until grain are coated, then cool. Drain macaroni an dress with butter, if you wish.

Slices of roast beef, ham, or turkey. Pack age with the gravy or sauce, or put grav in separate package.

Meat stews, full-meal soups, meatbal in sauce, and other casserole dishes (per haps left from a dinner at home).

Fresh vegetables. Cook until almost ten der (they'll cook a little more while re heating in the bag) and season any way you like.

Baked potatoes or sweet potatoes. Cool fully and leave whole.

Scrambled eggs. Break up to 6 eggs into a bowl, add 2 or 3 tablespoons milk or water, and season with salt, pepper, and butter to taste. Beat with a fork to blend and pour into a bag; seal. For larger quantity, use 2 bags. To cook on board, drop

bag in boiling water and agitate with a wooden spoon (or remove several times and knead bag) until eggs are cooked and scrambled as you like them.

Sealing, storing. Directions for filling and sealing the bags of food come with the sealing appliance.

If you want to try out the idea by sealing the bags with an iron, here's how to do it: Allow 2 inches of space between the level of the food in the bag and the sealed top. Don't try to crowd too much into one bag; smaller packages heat more quickly and allow for more flexibility in the heating pot. Be sure there is no food in the seal area and then squeeze out as much air as possible. To seal, quickly run the edge of a warm iron (about nylon-rayon setting) across the top of the pouch.

Store filled bags in your refrigerator (store in the freezer foods you would normally freeze). To pack for a three or four-day outing, stack the sealed bags around a block of ice in your ice chest. For longer storage, pack pouches of frozen foods in a well insulated ice chest with dry ice.

Reheating. To heat foods on the boat, put bags into an uncovered pot of boiling water. Bring the water to a second boil, reduce heat, and continue to boil gently until foods are hot. Allow about 10 to 15 minutes for most foods to heat through; but the time will vary with the type and amount of food in the bag and whether the food is frozen or refrigerated. Putting several bags at once into one pot will also increase the boiling time somewhat. Exact timing isn't crucial; if dinner is delayed, most foods keep warm without overcooking.

As a bonus, you'll have a pot full of hot water for washing the tableware when dinner is over.

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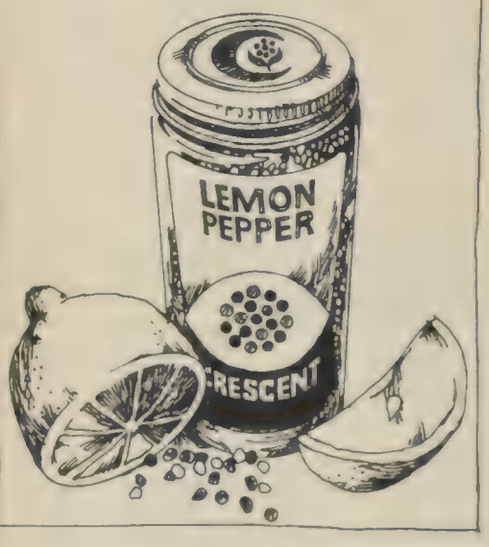

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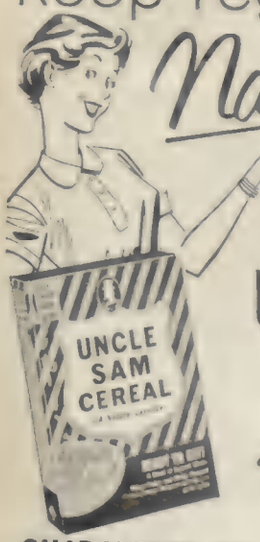

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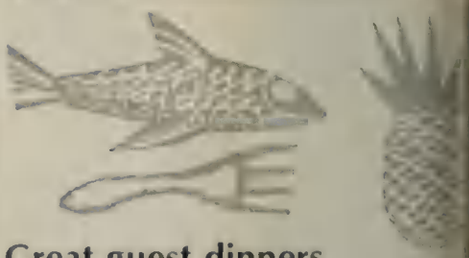

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Fresh produce fresh?

Here are things to do to slow down the perishing

Wrap *asparagus stalks in paper towels, then dip ends only in water*

DARROW M. WATT

Drain *lettuce well after rinsing and before wrapping for refrigerator*

The warm summer weather that brings o the bounty of fresh fruits and vegetabl in our produce markets also hastens i deterioration and emphasizes its peris able nature.

In recent years considerable research h been devoted to the fascinating life sto of produce—growth, development, a decay. New knowledge is being applied improved methods of harvesting a transportation. But some of the inform tion can also be applied to maintain maximum quality, particularly throu proper storage, in the home.

Produce is alive, even after harvest. "breathes"—using oxygen and releasi carbon dioxide. The ongoing life process result in aging and lead eventually t spoilage. Moisture escapes and the fru or vegetable softens or shrivels. Damag caused by bruising, improper tempera ture, or excessive moisture hastens deca

Ideally you should buy fresh fruits an vegetables and eat them within hour This isn't always convenient. Frequentl fruits available require additional ripe ing; or if the produce is at its peak, yo may be unable to use it immediately.

As a consumer, you will find guidanc

Separate *berries; arrange, unwashed, on paper towels; cover only lightly*

Rinse *watercress, then store with stems in water and tops covered*

rative display of onions and garlic ndy to use, keeps well

selecting produce at its optimum in United States Department of Agricul- bulletins *How to Buy Fresh Vege- s* and *How to Buy Fresh Fruits.* can order these (15 cents each) Superintendent of Documents, U.S. ernment Printing Office, Washington, . 20402.

DLING

produce should be handled gently, icularly if you want to store it, even fly. Bruising causes discoloration and ens decay.

hing before storage is unwise with the ption of leafy greens. For most fruits vegetables, washing increases the ibility for mold growth and pollution one spoiled item to others; besides, sing is likely. Mushrooms, especially, r if washed and stored: They become y. Sort through produce, particularly very perishable items like berries, and k out any with signs of spoilage.

t produce should not be trimmed be- storing in the refrigerator, but you discard long leafy tops of vegetables carrots. Green peas and lima beans best in the pod; shell them just be- cooking.

MPERATURE

internal changes that cause ripening eventual decay are slowed by lower- the temperature surrounding the pro- e. The refrigerator would seem the t likely choice and it is best for arti- kes, asparagus, beans, broccoli, celery, liflower, green onions, lettuce, and r leafy greens, leeks, mushrooms, pars- peas (in the pod), radishes, rhubarb, watercress.

ch of summer's fruit bounty fares best efrigerator temperature as well: Store es and citrus fruits in the refrigerator, rapped. Other fruits may need to be ned at room temperature before re- erating, unwrapped: apples (except den Delicious, which should be pped), apricots, berries, cherries, ches, pears, and plums.

But some produce reacts differently to low temperatures. Tropical fruits (bananas, mangoes, papayas, pineapples), warm-season vegetables (cucumbers, eggplant, green peppers, squash), and tomatoes deteriorate more rapidly at refrigerator temperature. These fruits and vegetables keep best at around 50° in such places as the cool corner of a basement or a wine cellar. Otherwise, purchase them close to serving time and, if necessary, refrigerate them briefly.

Garlic, onions, and mature potatoes (as opposed to thin-skinned "new" potatoes) are the other main exceptions: They do best in a cool dry place in a container such as a mesh bag or colander (as pictured at left) open enough to permit air circulation. In addition, potatoes need to be kept in a dark place.

Before storage, remember to discard fruits and vegetables that have begun to decay.

HUMIDITY

Fruits and vegetables are composed largely of water that gradually escapes after harvest, causing plants to shrivel. Most vegetables hold best in plastic bags that control the humidity.

But some produce needs more air circulation. Onions sprout or decay if the humidity is too high. Berries and cherries should be covered only lightly with clear plastic film; a light amount of air circulation minimizes mold growth.

Lettuce and other leafy greens need some moisture during storage. In the *Sunset* kitchens we use the following method: Cut off the stem end or cut out core. Gently separate leaves and wash well in cold or tepid water. Stand up or arrange leaves so water can drain off quickly (see photograph at far left), keeping leaves together in approximately their original compact shape to minimize bruising during storage.

When nearly dry, wrap lettuce loosely but completely in a dampened cloth or paper towels, and store in the crisper section of refrigerator, or seal towel-wrapped greens in a large plastic bag.

Asparagus, parsley, and watercress need moisture, too. Asparagus should not be rinsed, but wrap stem ends of stalks in paper towels (see photograph at top left), then dip end of towel in cold water and seal it all in a plastic bag to refrigerate.

Watercress and Chinese parsley should be rinsed and put in a container with stems in water; slip a plastic bag over tops, secure bag to container, and refrigerate. Rinse regular parsley, drain, and seal in a plastic bag in the refrigerator.

Fruit is usually stored uncovered in the refrigerator after it has ripened; again circulation reduces mold growth. The main exceptions are pineapple and melons, which should be covered with clear plastic film or a plastic bag if they are refrigerated (remember only briefly).

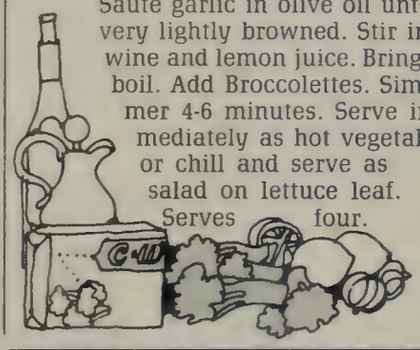
You don't have to be a stewardess to serve first class dinners!

One of the country's biggest airlines brought C&W a problem: how to serve gourmet-style broccoli on its deluxe dinner flights. Ordinary broccoli spears were too big — and too tough. So we invented Broccolettes: just the tiniest, daintiest, tastiest buds from the broccoli plant. They're really flowers, you know. No strong-tasting, cabbage-like stalks. And we quick-froze them to keep their delicate flower flavor. Luxury airline passengers liked Broccolettes so much, we're now packing them for you! They cost a little more, but don't all exotic bouquets?

To add a first-class touch to your own dinner menu, cook them quickly, and serve with lemon butter. Or — here's a high flying treat:

C&W Fancy Tender Broccolettes in Marinade

2 tbsp olive oil
1 small clove garlic, finely chopped
½ cup sauterne
1 tbsp lemon juice
1 package frozen C&W Fancy Tender Broccolettes



Saute garlic in olive oil until very lightly browned. Stir in wine and lemon juice. Bring to boil. Add Broccolettes. Simmer 4-6 minutes. Serve immediately as hot vegetable or chill and serve as salad on lettuce leaf. Serves four.

We've got quality down cold.

C&W

JULY MENUS

Breakfast juniors can prepare and supper with a sandwich entrée

Keith kneads, *Daryl observes: Pull biscuit dough edge to center, press with palms and roll back; rotate dough on board so new edge is exposed (this is a turn) and knead again*

Hot buttermilk biscuits *bake in pan they were shaped in; eat scraps, too*

DARROW M. WATT

An elementary cooking lesson for a we end breakfast and a simple but fest family supper are featured in these J menus; both meals are designed to light the labors of the number one cook.

Junior cook's breakfast

Some leisurely weekend give the jun cook in your kitchen a chance to sh off by making buttermilk biscuits fr scratch. Also consider making some fre strawberry jam so the biscuits can properly complemented.

Buttermilk Biscuits
Butter
Homemade Strawberry Jam
Pan-fried Ham **Eggs As You Like**
Cantaloupe

Make the jam the afternoon before, the fruit has time to plump in the co ing syrup. The biscuits are simplifi and made a little differently: The dou is patted out in the baking pan, then t biscuits are cut and the dough frami them is left in place. When baked, th pop up nicely; the in-between scra make choice tidbits.

BUTTERMILK BISCUITS

- 2 cups regular all-purpose flour (unsifted)
- 2½ teaspoons baking powder
- ¼ teaspoon salt
- ½ teaspoon soda (sift if lumpy)
- 1 tablespoon sugar
- ⅓ cup butter, margarine, or shortening
- ¾ cup buttermilk

In a mixing bowl stir the flour with t baking powder, salt, soda, and sugar mix the dry ingredients thoroughly. A the butter, cut in small pieces, and s to coat with flour, then rub mixture b tween your fingers until the largest piec are no more than about ¼-inch diamete Pour in the buttermilk and stir with fork until dough sticks together and cling

HE CALSO WATER CO.

4055 BOHANNON DRIVE
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(415) 322-1808

June 20, 1970

Dear Sunset Reader:

I hope you will be reading this just as summer begins, just when you are in the mood to mix up some "tall, cool ones." If so, this should be a timely letter.

Early this month we introduced a new product and forgive my enthusiasm when I tell you it is just great. We call it THINTONIC, a new partner for our popular quinine water... QUINTONIC.

Obviously, THINTONIC is sugar free, so there's no worrying about calories. During the months we spent testing it, we found that most of you prefer a dry taste, so we went that direction. THINTONIC is so differently dry, so pleasantly dry, it sort of teases you into wanting more.

QUIN or THIN, our tonics give you the taste and refreshment you expect from the best. So look for our snowflake cartons next time you shop and try something really new.

Our job is to please you, and we work at it.

Sincerely,

John H. Gertridge
President

P.S. Think THIN!

California BEEF
the worlds finest

FILET MIGNON FANTASTIQUE

Beautiful beef entrees are prepared with flair and finesse at your table in THE VILLAGE PUB. Antoine, genial maître d'hotel, offers this original for your enjoyment.

16 thin slices California beef filet (about 1 pound)
2 tablespoons flour
2 shallots, minced
¼ cup butter
2 tablespoons Burgundy
Salt and pepper
½ pint whipping cream
1 ounce brandy

Flatten beef as for scallopine. Dust lightly in flour. Brown shallots in butter in crepe pan or skillet. Place beef in pan and sauté on both sides. Remove beef from pan and keep warm. Pour wine into pan with butter and shallots. Stir mixture thoroughly. Season with salt and pepper. Pour in whipping cream. Stir and cook until thickened. Add brandy. Place beef on warm plates and pour sauce over. Makes 2 servings. NOTE: Antoine suggests accompanying this with asparagus and your favorite California red wine.

Come July, many California beef herds move to the high Sierras. Enjoying pure mountain air, water and sunshine they laze away the summer in lush meadows. This adds to and conserves the natural beauty of the area while producing high quality California beef.

Todays Beef is Best

For More Beef Recipes Write to:
CALIFORNIA BEEF COUNCIL
[illegible] Redwood City, Calif. 94063

to the fork in a large lump. Turn dough onto a flour-coated board, turning gently to coat all surfaces lightly with flour. Then knead, making 10 turns with the dough (see top photograph, page 110).

Place dough in a lightly greased 9 or 10-inch round or square pan (a cake pan or frying pan that can go into the oven). Pat dough out evenly to fill pan. With a flour-dusted 2 to 3-inch round cutter, cut straight down through dough, then lift cutter straight up to make each biscuit; cut close together to make as many as possible. Leave scraps in place. Bake in 400° oven for 15 to 20 minutes or until golden brown on top. Serve hot directly from the pan. Makes 9 to 16 biscuits.

Homemade Strawberry Jam. In a 5 or 6-quart kettle combine 4 cups large, hulled and washed strawberries. Add 3 cups sugar and 2 tablespoons lemon juice and stir gently, occasionally, until sugar turns red from fruit juices.

Set pan on medium heat and cook, stirring occasionally, until all the sugar is dissolved. Then turn heat to high and boil rapidly until juices sheet when poured from rim of spoon: Two drops form, then merge and run off the spoon in a wide, sheet-shaped stream. Remove from heat, spoon off scum when boil subsides, then pour into a serving container. Cover and let stand at least 4 hours or overnight before serving to allow fruit to plump up. Makes about 2 cups.

Italian-style sandwich supper

The large-scale knife and fork sandwich uses savorily seasoned fresh Italian pork sausages (also known as salsiccie) that are available at fresh meat counters, delicatessens, or the delicatessen sections of supermarkets.

Italian Sausage Sandwich
Field Salad
Sliced Summer Tomatoes
Fresh Fruit Sundaes with
Nut Brittle Praline

Early in the day you can cook the sausages and also mix the salad dressing with beets. Finish the salad while the sandwich toasts under the broiler.

For dessert, top scoops of ice cream with fresh berries or sliced fresh fruit, mound on a fluff of sweetened whipped cream, then crown with the simply made praline.

Italian Sausage Sandwich. Cover about 2 pounds mild Italian-style fresh pork sausages with water and bring to a boil. Cover and simmer 20 minutes. Drain; split sausages lengthwise and arrange cut side down in a single layer, slightly apart, on a rimmed baking sheet. Bake in a 375° oven for about 15 minutes to brown lightly. (If you want to simmer sausages ahead, chill, then bake 20 minutes.)

Split a 1-pound loaf of French bread in half horizontally (or if you like, remo a slice from the center of the loaf to ma thinner sandwiches). Butter the cut su faces and toast lightly under broiler. A range the heated sausages evenly on t bread halves. Scatter over the meat cup canned, roasted sweet red peppe chopped (about half of a 7½-oz. ja Top with an evenly distributed layer 1½ cups shredded Fontinella chee Place sandwiches 5 to 6 inches benea broiler, cooking until cheese is melte Cut each half in several pieces and e with knife and fork. Makes 6 to 8 ser ings.—*C. S., Palo Alto, Calif.*

DARROW M. W

Fresh fruit *sundaes: choose berries sliced fruit and complementary cream; top with whipped cream, pral*

Field Salad. Drain liquid from 1 can (1 l julienne-sliced beets and place in a bo Add 5 tablespoons wine vinegar, ½ c olive oil or salad oil, and 1 teaspo Dijon-style mustard. Blend, cover, a chill for at least an hour.

Rinse, drain well, and break into bit sized pieces about 4 cups (or 1 sm head) butter lettuce and 3 or 4 cu (about ½ head) curly endive (chicory)

To serve, place greens in a salad bo and pour chilled beets and dressing o greens; then mix and season with sa and pepper. Makes 6 to 8 servings.— *R. C., Belmont, Calif.*

Nut Brittle Praline. Place nut brittle su as macadamia, cashew, mixed nut, or pe nut in a heavy plastic bag; crush to coarse powder with a flat mallet. Sto airtight. Allow 1 to 2 tablespoons for ea serving.—*C. S., Atherton, Calif.*

California Avocado Advisory Board

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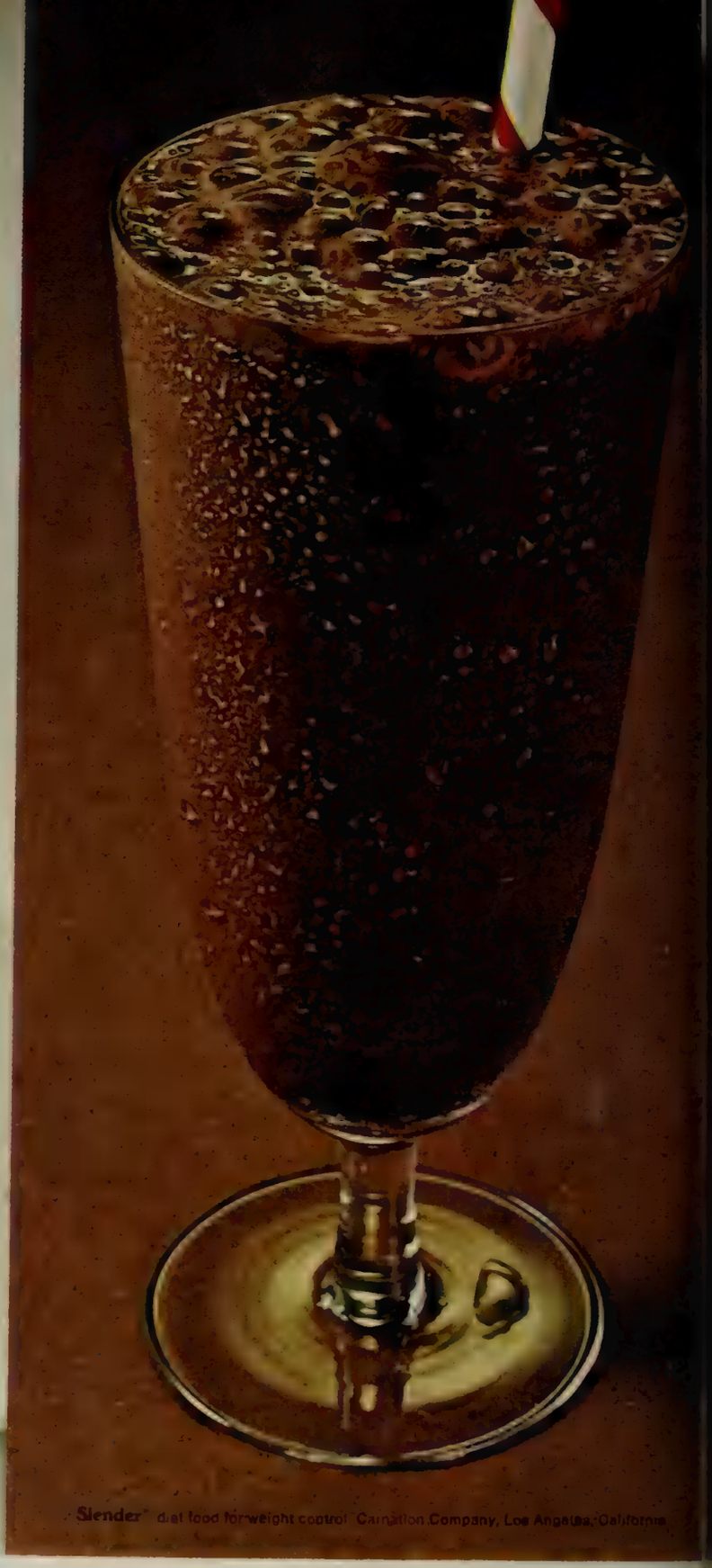

Break your diet ... with a diet that tastes good

225 calories on a plate can taste pretty skimpy. 225 calories in a tall glass of Slender can taste—smashing! New canned Slender is made with milk protein so it tastes as good as the Slender you mix in fresh milk. Slender from Carnation—tastes so good it's only a diet after you drink it. Smashing.

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Friends, Romans, asparagus...

it ain't just a spaghetti cheese anymore.

Vegetables, soups, salads, eggs, bread, chops, steaks, potatoes. Give everything some news-worthiness. This is 100% aged grated Parmesan from Kraft. A tasty seasoning on anything from avocados to zucchini. Grated Parmesan from Kraft. It ain't just a spaghetti cheese anymore.

Doing with fresl blueberries

In these two summertime treats, f blueberries appear in surprising w The juice-laden berries enhance su dusted cookies and a novel sundae, lightful as afternoon snacks or desse

The cookies are at their prime of grance and juiciness while still wa You may plan to mix the dough in vance and chill it, ready for last-mir baking, to achieve this fine timing.

The hot fudge coffee sundae beco something unusual with its sprinklin tart blueberries.

BLUEBERRY LEMON DROPS

- ½ cup butter or margarine
- 1 cup sugar
- 1½ teaspoons grated lemon peel
- 1 egg
- 2 cups all-purpose flour (unsifted)
- 2 teaspoons baking powder
- ½ teaspoon salt
- ¼ cup milk
- 1 cup blueberries
- Powdered sugar

Beat butter until creamy; gradually sugar, beating until smoothly blend Beat in lemon peel and egg. Stir toget flour, baking powder, and salt and ad the creamed mixture alternately w milk. Stir until thoroughly blended, t gently stir in blueberries. Drop roun tablespoonfuls onto a greased bak sheet, placing about 2 inches apart.

Bake in a 375° oven for about 15 minu or until golden brown. Remove from p and let cool 5 minutes on racks. T dust lightly with powdered sugar. S while still warm (if possible) or let c completely and store in a tightly cove container. Makes 3 dozen.—*C. K., Seat*

BLUEBERRY HOT FUDGE SUNDAES

- 2 squares unsweetened chocolate
- 1 tablespoon butter or margarine
- 1 cup sugar
- ⅓ cup water
- 2 tablespoons light corn syrup
- 1 teaspoon vanilla
- 1 quart coffee or vanilla ice cream
- 1 cup blueberries

Place chocolate and butter in a small p and melt over hot water. Combine su and ⅓ cup water in a saucepan, bring t boil, and simmer until dissolved. A corn syrup and the chocolate mixture a simmer until smooth, stirring constant Remove from heat and stir in vanilla. L cool slightly (or if desired, let cool co pletely and reheat over hot water).

To serve, spoon ice cream into 6 dess bowls. Pour about 2 tablespoons sau over each and sprinkle with berries. Serv 6.—*M. N., Palo Alto, Calif.*

This is really the only difference between Gaines·burgers and canned dog food.

Gaines·burgers® taste the same as canned dog food.

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GENERAL FOODS

HOPALONG BEAN BAGS

A real dandy's come to town—rich, brick-oven B&M Baked Beans bundled up with all kinds of taste mates, in individual foil bags. You fill 'em. Grill 'em. Everyone has a ball.

Hopalong Bean Bags—good guys from B&M!

- heavy duty aluminum foil
- 2 28-oz. cans B&M Brick Oven Baked Beans
- ½-lb. American cheese, shredded
- 1-lb. frankfurters, sliced
- 2 green peppers, ringed
- 1 large onion, ringed
- 1 cup pineapple chunks, drained
- 3 large tomatoes, wedged
- catsup
- mustard

Cut 16" squares heavy duty aluminum foil. (2 squares for each bag.) Each person fills his own bean bag with beans and his favorite garnish—green pepper rings, tomato wedges, pineapple squares, grated cheese, onion rings and hot dogs. Twist corners together and pop bags on the grill. 15 minutes and they're piping hot.

Hopalong Bean Bags win the West.

DARROW M. WA

The waiting *is about to be rewarded wit mounded bowl of soft orange ice crea*

Orange ice cream ... homemade

Homemade ice cream, hand-cranked o electrically churned, is universally popu lar on a hot summer day. This versio gets its refreshing flavor from orange juic concentrate. Fresh fruits and berrie make a delicious accompaniment.

ORANGE ICE CREAM

- 6 egg yolks, slightly beaten
- 1¼ cups sugar
- 1 quart milk
- 2 teaspoons grated orange peel
- 1 pint (2 cups) whipping cream
- 1 large can (12 oz.) frozen orange juice concentrate, thawed
- Crushed ice
- Rock (ice cream) salt

In the top of the double boiler, combin beaten egg yolks, sugar, milk, and grated orange peel. Place over simmering water and cook, stirring constantly, until custard coats a metal spoon in an opaque, velvety layer. Remove from heat and stir in whipping cream and orange juice concentrate. Pour into 1-gallon freezer can and let stand in the refrigerator to chill thoroughly, about 2 hours.

Set freezer can into freezer pail; adjust dasher, lid, frame, and crank. Pack crushed ice and salt around the can in a ratio of 3 parts ice to 1 part salt, starting with ice and then adding salt. Crank until dasher is hard to turn or churn until motor begins to labor, about 15 to 20 minutes. Take out dasher, scrape ice cream back into can, and cover. Serve immediately, or drain off water and pack more ice and salt around can, allowing ice cream to mellow for 1 to 2 hours. Makes about 2½ quarts.

Only new, pure white Bon ami removes stains fast– without scratching.

Ask your plumber.

In pretty decorator cans with new, non-scuffing white enamel tops and bottoms.

Hotpoint ½ price icemaker sale!

For a limited time, Hotpoint is making available to its dealers 17.6 cubic foot and 13.7 cubic foot refrigerators equipped with an automatic icemaker at less than half the price that this additional feature would normally cost.

Why fuss with frozen, sticky ice trays when we are offering our automatic icemaker at half-price!

Hotpoint's automatic icemaker keeps the removable ice bucket full of clear, non-frosted ice cubes.

This special value is offered on two of our big no-frost refrigerators. Our 17.6 cubic foot model CTF18FL (shown) which rolls out on wheels for easy cleaning beneath and behind. Or, our 13.7 cubic foot model CTF14FL.

Either way, Hotpoint gives you more refrigerator than you pay for.

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Offer *sliced meat loaf with mustard. Tomatoes, pickles, accompany*

Jellied Swedish meat loaf

This loaf composed of tender diced v and pork in a concentrated aspic is Swedish innovation. When it is chill it makes a pleasant summer lunche entrée, served with bread and butter a little pickles and tomatoes.

Shanks with both meat and bone a essential—the marrow-filled bones gi additional flavor and rigidity to the g atin that sets the cooled stock. It is w to check with your meatman in advan since he may need to order the shan for you.

COLD VEAL LOAF (Kalvsylta)

- 2½ to 3 pounds veal shank (with bones cracked)
- 1 pound pork shank (with bones cracked)
- 1½ quarts water
- 6 *each* whole allspice and black peppers
- 2 whole cloves
- 1 teaspoon salt
- 2 bay leaves
- 1 small onion, peeled

Place the veal and pork shanks in a lar sauce pot. Add water, allspice, pepper cloves, salt, 1 bay leaf, and onion. Cov bring to a boil, and simmer 3 hours, until meat is very tender when pierc with a fork. With a slotted spoon, remo meat from stock and let meat cool; di card bones and fat; then cut meat in ⅜-inch pieces.

Boil down stock until reduced to 2 cup pour into another container and chill unt fat congeals on top; then lift off.

Using a 7½ by 3½-inch loaf pan (or a other 1-quart mold or container), pla the remaining bay leaf in the center bo tom. Heat the concentrated stock just u til it turns liquid and pour a thin lay into the pan. Spoon in meat and pour ov enough stock to fill container. Cover an chill until set. To serve, cut in ⅜-incl thick slices. Makes 1 loaf, or about 6 to servings.—*I. N., Tacoma.*

Good Seasons and Thick'n Creamy. Flavor as fresh as your salad.

Fresh lettuce. Fresh tomatoes. Fresh cucumber.

And fresh dressing. Fresher than you could buy in a bottle—because you make it fresh, with Good Seasons.

Whip up thick, creamy Bleu Cheese dressing with Good Seasons Thick 'n Creamy. Just add vinegar, mayonnaise and stir.

Or shake up a zesty Italian dressing, rich with herbs and spices, with Good Seasons Italian. Add oil, vinegar—and shake.

Good Seasons doesn't lose its fresh taste on the store shelf, because you make it fresh. So break the bottle habit with Good Seasons® and Thick 'n Creamy® Salad Dressing Mixes. Fourteen flavors!

The new freeze dried foods. A step beyond the frozen.

Why freeze dried foods over frozen? For several reasons. Freeze dried foods need no refrigeration. Freeze dried foods can be stored on pantry shelves almost forever. And freeze dried foods are ready to eat in only five minutes. But, let's take a closer look at freeze dried foods in general and Tea Kettle freeze dried foods in particular.

Foods that prepare themselves in five minutes.

Tea Kettle has four freeze dried entrees you can buy. Chunk Chicken with Rice, Beef Almondine, Turkey Tetrazzini and Tuna a la Neptune. In the individual snack size or the larger meal size.

Each entree comes in its own throw-away foil dish. So all you need is a fork, some boiling water and something to do for five minutes while the entree prepares itself.

Only lean meats.

Only the leanest meats are good enough to be branded Tea Kettle.

Only the freshest vegetables are good enough to be branded Tea Kettle.

Furthermore, the freeze dried process demands only the leanest meats and the freshest vegetables. And what the process demands, Tea Kettle demands!

How it's done.

To start with, Tea Kettle takes the finest meat, poultry and vegetables available and flash freezes them inside a special chamber. Then, while the temperature is slowly raised, air is pumped out of the still frozen food. All of the moisture leaves the chamber as vapor.

But that's all that leaves. All the nutrients, all the flavors, all the aromas, stay!

No refrigeration needed.

You'll never find Tea Kettle Freeze Dried Entrees cluttering up your refrigerator. You keep them on your shelves. Any place. Because they hardly take up any room at all. And at the supermarket you'll find them in the *prepared food* section, not the frozen food section.

Space Foods.

This the first public appearance for freeze dried foods of this kind. But they have been around for a long time. With the armed forces since 1965. Especially overseas where refrigeration is a problem. And with the astronauts during their long periods of isolation.

Is the world ready?

Nobody stays home today. Everybody wants to go everywhere. Everybody wants to see everything. Everybody needs more time. Everything's rush rush!

Perfect timing. Because Tea Kettle Freeze Dried Entrees don't take much time to make. Boiling water, five minutes and that's it.

They're easy to carry around, too. Take them camping. Take them boating. Take them to work. They fit right into the old lunch box.

Couldn't you see a kid passing up a candy bar to have a Beef Almondine snack? Or a Chunk Chicken with Rice snack?

If you can boil water... and even if you can't.

Couldn't you see a secretary boiling some water, then pulling out a Turkey Tetrazzini lunch? Or a Tuna a la Neptune lunch?

They're all simple and they're all good. So why not?

And couldn't you picture Tea Kettle Entrees on a picnic?

After all, wherever you can take hot water you can take a Tea Kettle Entree.

Store Coupon

SAVE 10¢ ON ANY SIZE ENTREE

To Dealer: For each 10¢ coupon you accept as our agent on the purchase by consumer of a Tea Kettle Freeze Dried Entree, we will pay 10¢ plus 3¢ for handling; provided you and the consumer have complied with the terms of this offer. Customer must pay sales tax. Coupon is non-assignable, non-transferable by you. Redemption through outside agencies, brokers or other unauthorized parties is prohibited. Void where taxed or otherwise restricted. Misuse constitutes fraud. Invoices proving purchases of sufficient quantity of specified product to cover coupons must be presented upon request. Cash value 1/20¢. For prompt payment, mail to: Oregon Freeze Dry Foods, Inc., P.O. Box 1435, Clinton, Iowa 52732.

SSE-7

Under 200 calories

Food doesn't have to be fattening to be good. Tea Kettle proved it with less than 200 calories for the individual size (snack size), or a comparable portion of the larger size. This is true with all four varieties.

Tea Kettle makes a freeze dried coffee, too. Coffee that tastes so much like roast and ground coffee, Tea Kettle put it in a can instead of a jar.

Oregon Freeze Dry Foods, Inc., Albany, Oregon 97321

Tasty make-ahead camp meals

Experienced backpackers are well aware of the lightweight foods found in camping and sporting goods stores. But most are surprised to discover how many convenience foods available in supermarkets are suitable for the same purpose.

The recipes that follow were developed to help hikers take advantage of the best buys at both sources. The end results: trail meals that are more varied than usual, more adaptable to personal tastes, and generally more economical.

The most expensive food you need is meat. Freeze-dried camp preparations are invaluable for their light weight and food value. You can change their character with supermarket dry sauce mixes, dry or freeze-dried seasonings and herbs, milk powders, and easily reconstituted starches to name but a few of the choices.

The meals must be carefully planned at home, and it's a good idea to test the recipes in the comfort of your kitchen so that you can determine realistically how many each will serve and also to allow an opportunity for making adjustments such as adding more meat or more starch.

Package each dish or meal separately to simplify its preparation in camp. Our recipes include explicit details on what to do at home and what must be done in camp. In some recipes you mix liquid with sauces right in the bags; hence heavy plastic bags (such as sturdy freezer bags) are occasionally specified. When you have a choice of several brands, such as with mashed potatoes, include the package information on your camp recipe. Transfer contents of cans to plastic bags.

Since camp cooking heat source is limited, most of these dishes are one-pot meals. None calls for salt—the prepared ingredients are all sufficiently seasoned.

Because of its keeping quality, margarine is the usual backpacker's choice. Carry it in a well sealed container and measure out in camp as required.

At camp in the evening, you can cook the cornmeal for this scrapple so it can cool overnight; the next morning just slice scrapple, fry, and serve with syrup.

SCRAPPLE WITH PORK

- 1 can (2 oz.) freeze-dried pork patties
- 1 tablespoon dehydrated chopped onions for salads
- ¾ cup yellow cornmeal
- 1 cup firmly packed dark brown sugar
- About ¼ cup flour
- Water
- Margarine

At home: Combine pork and onions in plastic bag. Put the cornmeal in a seco bag. Measure the brown sugar into a thi bag and put the flour in a fourth bag. Se bags and the following instructions in large plastic bag.

In camp: Bring to boil ⅓ cup water a small pan; add pork and onions and l stand 10 minutes, then crumble meat. a large pan, bring to boil 3 cups wat then, stirring constantly, slowly pour cornmeal. Add pork and onions to cor meal and bring to a boil again. Set p aside to cool, cover, and let stand ove night or until cold and scrapple is

In a small pan combine brown sugar ar 1 cup water for syrup. Boil until sugar dissolved; keep warm.

Cut scrapple in ⅜-inch-thick slices. Shal slices in flour bag to coat; pat off exces Melt 1 tablespoon margarine in a fryir pan. Fry scrapple until lightly browne and heated through. Add margarine needed. Serve with the hot syrup. Mak 4 servings.

C. LOPINI WITH PORK N MUSHROOMS

cans (2 oz. *each*) freeze-dried pork patties
About ½ ounce sliced dried mushrooms
envelope (1½ oz.) scallopini sauce mix
tablespoon powdered non-dairy cream substitute
envelope (4 or 5 servings) instant mashed potatoes
tablespoons instant low-fat milk powder
cup sliced almonds
Water
tablespoons margarine

me: Crumble the pork and combine mushrooms in a plastic bag. In a d plastic bag, combine the scallopini ning mix and cream substitute. Into d bag, measure the instant potatoes milk powder. Package the almonds fourth bag. Gather the 4 bags with ollowing instructions, plus the in- tions for addition of water on the ning mix envelope and potato pack- n a large plastic bag; close tightly.

mp: Bring ½ cup water to boiling large pan; add pork and mushrooms n and set aside to soak for 20 min- Add the contents of the seasoning bag and the amount of water called n the mix package; stir to blend.

; to a boil and then simmer for a minutes; keep warm while preparing potatoes. Bring to a boil the amount of water specified on the instant potato package; add potato-milk mixture and margarine and stir until fluffy. Serve each a portion of mashed potato topped with scallopini sauce and sprinkle each with almonds. Makes 4 servings.

CREAMY HOT POTATO SALAD WITH HAM

2 cans (1 oz. *each*) freeze-dried diced ham
1 package (about 5½ oz.) scalloped potato mix
7 tablespoons instant low-fat milk powder
1 envelope (1½ oz.) sour cream sauce mix
1 tablespoon instant toasted onions
2 tablespoons dried parsley
1 tablespoon dehydrated green bell pepper flakes
Water
2 tablespoons margarine

At home: Empty cans of ham into a plastic bag. Combine the potatoes and 4 tablespoons of the milk powder in a second plastic bag. Into a third bag, measure sour cream mix, the remaining 3 tablespoons milk powder, onions, parsley, and bell pepper. Put the 3 bags and instructions in a large bag and seal.

In camp: Put ham in a large pan, add ⅓ cup water, and let stand 10 minutes. Add potato mix, margarine, and 3 more cups water. Heat to boiling and then simmer, stirring frequently, until potatoes are tender. Add ½ cup water to sour cream bag, squeeze to mix, and then stir into potatoes. Makes 4 servings.

GOULASH WITH MEATBALLS

8 ounces (about 1 cup) shell macaroni
2 cans (1¾ oz. *each*) freeze-dried meatballs
1 package (¾ oz.) freeze-dried green beans
1 envelope (1⅔ oz.) goulash sauce mix
1 envelope (1½ oz.) sour cream sauce mix
1 tablespoon non-dairy cream substitute
¼ teaspoon caraway seed
1 tablespoon dehydrated green bell pepper flakes
1 tablespoon dried parsley
1 teaspoon sugar
Water

At home: Put macaroni in a plastic bag. Put meatballs and green beans in a second plastic bag. Combine the goulash mix, sour cream mix, cream substitute, caraway seed, bell pepper, parsley, and sugar in a third heavy plastic bag. Place bags with the following instructions in a large plastic bag; seal tightly.

In camp: Bring 1 cup water to boil in a small pan. Add meatballs and beans and let stand 20 minutes. Add 2 cups water to sauce mix bag and squeeze to mix. Cook macaroni in about 2 quarts boiling water until just tender; drain. Add meat and beans to macaroni. Stir sauce into pan and heat through. Makes 4 servings.

Sablefish, smoked or simmered

It's a curious fact that one of the most available fresh fish in the West is also the least known. Sablefish is caught all along the Pacific Coast from Alaska to Southern California.

Although its official designation is sablefish, your fish dealer may not know it by that name. Try asking for "black cod" or "butterfish," as it is more often labeled.

Sablefish is a sleek, round fish about the size and shape of salmon, and compares to salmon in richness. But its snowy white flesh, unlike the flesh of salmon, is buttery tender and mild.

You wouldn't expect such a mild flavor to be enhanced by smoke, but perhaps because of its richness, sablefish is delicious when cooked on the barbecue. Part of the sablefish catch is commercially smoked or kippered, then sold under the name "smoked black cod," "smoked Alaska cod," or "kippered cod." If your fish market doesn't carry the smoked fish, look for it at markets near fishing ports when you travel along the coast this summer.

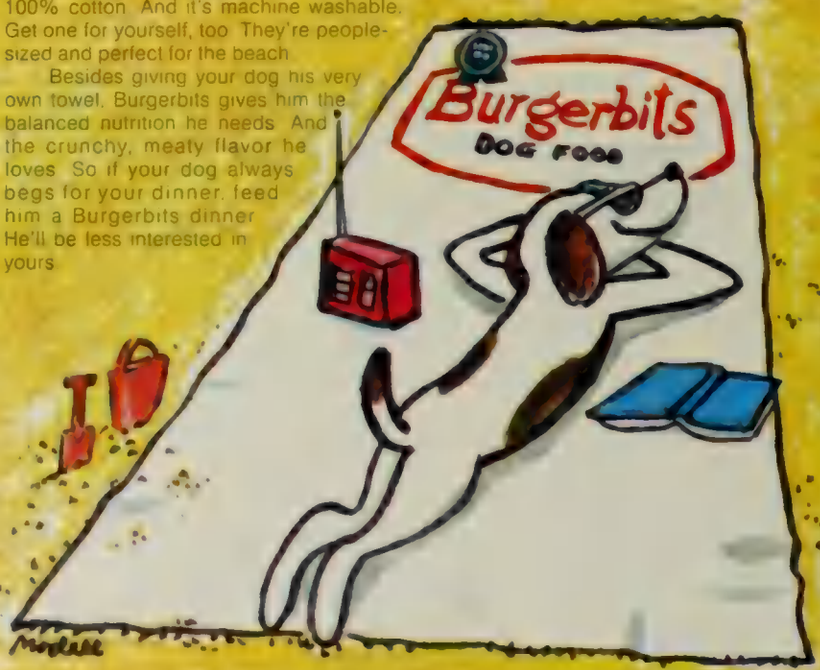
Here are several ways you might enjoy serving this uniquely textured fish:

This towel is going to the dogs.

For only $2.50 plus Burgerbits® proof of purchase.

Your dog can be the first one on the block with his very own giant 6-foot towel. Perfect for his after-bath drying. Made of thick, absorbent 100% cotton. And it's machine washable. Get one for yourself, too. They're people-sized and perfect for the beach.

Besides giving your dog his very own towel, Burgerbits gives him the balanced nutrition he needs. And the crunchy, meaty flavor he loves. So if your dog always begs for your dinner, feed him a Burgerbits dinner. He'll be less interested in yours.



Send my dog a 6-ft. Cannon® Towel.

[illegible] plus the word BURGERBITS [illegible] size package

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SEND TO
BURGERBITS TOWEL OFFER
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Actual towel looks like package.

BARBECUED SABLEFISH, TERIYAKI

Have a 2 to 3-pound piece of sabl cut lengthwise into 2 fillets. Cut piec heavy foil the size of fillets and against the skin sides. In a pan con ¼ cup soy sauce, ½ cup dry Sherr apple juice, 2 tablespoons lemon j and ½ teaspoon grated fresh ginge ¼ teaspoon ground ginger); simmer 3 minutes, or until thickened slig Brush the soy mixture on flesh side fish. Let stand about 30 minutes.

Place fish, with foil sides down, on grill over medium-hot coals. Cover grill with a lid or make a hood of fo enclose fish on grill. Baste several t with soy mixture, until the flesh fl when tested with a fork, about 15 utes. Makes 4 to 6 servings.

POACHED SABLEFISH, HOT OR CHILLED

Buy 4 to 6 sablefish steaks cut abo inch thick; curl loose ends into center secure with skewers. In a large fr pan, combine 1 *each* whole lemon, on and carrot, all sliced; 3 *each* whole bl peppers and allspice; 2 teaspoons sal bay leaf; and 3 cups water. Simmer 15 minutes, set in fish, cover pan, simmer gently until fish flakes w tested with a fork, about 12 to 15 minu

Remove fish with a wide spatula serve hot with tarragon butter sauce (below). Or chill the cooked fish and se later with green mayonnaise sauce (below). Makes 4 to 6 servings.

Tarragon Butter Sauce. Melt ¼ po (½ cup) butter and stir in 1 teasp crushed tarragon, 1 tablespoon chop parsley, and 2 tablespoons lemon juic

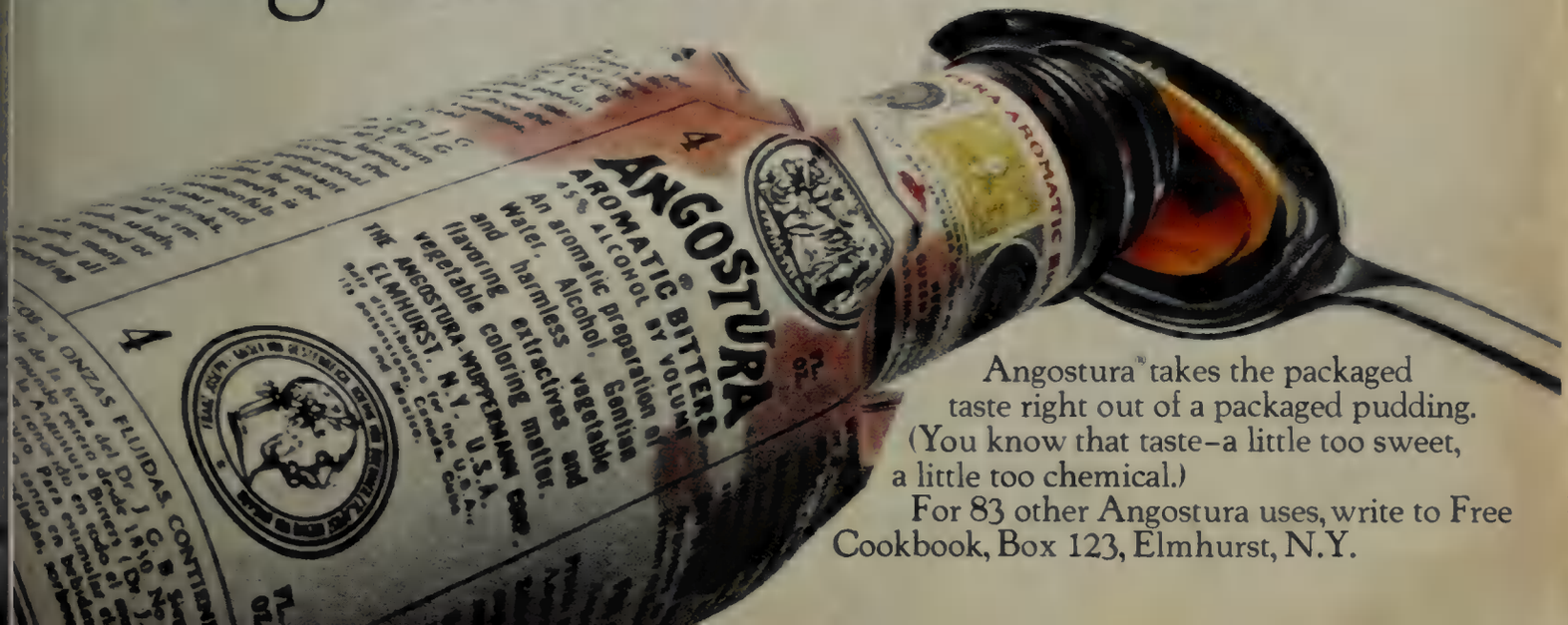
Green Mayonnaise Sauce. Put int blender container 1 egg; 1 teaspoon e tarragon and Dijon-style mustard; tablespoons lemon juice; 1 green on with top, sliced; ¼ cup loosely pack parsley; ¼ teaspoon salt; and dash p per. Whirl until blended. With motor r ning, pour in slowly ⅔ cup salad oil. T into a bowl, cover, and chill.

"KIPPERED COD" WITH POTATOES

Buy a 1-pound piece smoked sablefi cut apart into serving-sized pieces. Scr about 1½ pounds small new potatoes larger than about 1½ inches in diamet cut in half). In a 2-quart pan, put po toes, 2 cups water, 2 cloves garlic (minc or mashed), 1 teaspoon salt, and ¼ t spoon pepper. Cover and simmer for minutes. Set fish pieces on top of pot toes and continue cooking for 8 to minutes, or until potatoes are tender.

With a slotted spoon, remove fish piec and potatoes to a serving plate. Driz over top 2 tablespoons olive oil, then 1 tablespoons lemon juice. Sprinkle wi about 2 tablespoons chopped parsley a salt and pepper to taste. Makes 4 ser ings.—*E. H., Astoria, Ore.*

How to take the package out of the pudding: Stir ½ teaspoon of Angostura into the mix.



Angostura® takes the packaged taste right out of a packaged pudding. (You know that taste–a little too sweet, a little too chemical.)

For 83 other Angostura uses, write to Free Cookbook, Box 123, Elmhurst, N.Y.

Budget banquet

a Tyson's Pride Rock Cornish Game Hen for each diner!

CORNISH HEN FAST 'N' FESTIVE

4 Tyson's Pride Rock Cornish Game Hens

Baste
¼ cup dry Vermouth
¼ cup salad oil
1 teaspoon crumbled bay leaf
½ teaspoon salt
1 clove garlic, mashed

Stuffing
2 cups dry bread cubes
1 orange, peeled and diced
1 small onion, minced
¼ cup melted butter
¼ cup minced celery
¼ teaspoon marjoram

Mix ingredients for baste. Let stand one hour; remove garlic. Makes ½ cup, enough for 4 Cornish Hens.

Combine stuffing ingredients, toss to mix. Makes 2 cups, enough for 4 Cornish Hens.

Defrost and stuff Cornish Hens, using about ½ cup of stuffing for each Cornish Hen. Follow the package cooking directions for roasting, basting often.

M-m-meaty and m-m-marvelous . . . mostly white meat . . . moist and tender. Tyson's Pride Rock Cornish Game Hens are specially bred and specially fed to make an extra delectable, low calorie treat. Modestly priced at your market, Tyson's Pride makes any meal an occasion, any occasion a success!

Free Mini—Cookbook

Easy recipes for special parties and family meals, too. Write Tyson's Pride, Dept. S-770, P.O. Box 61 Hempstead, N.Y. 11551

Two citrus pies . . . lemon or lime

Sparkling citrus flavors make these pie refreshing finales to summer meals. One combines cottage cheese with lime and has a cheesecake texture. The lemon pie —which can be made with Meyer lemons —freezes well and the filling tastes like sherbet if served partially thawed.

COTTAGE CHEESE LIME PIE

1 cup large curd cottage cheese
1 package unflavored gelatin
¾ cup sugar
½ cup milk
3 eggs, beaten
1 cup sour cream
½ cup lime juice
1 tablespoon grated lime peel
Few drops green food coloring
Almond crumb crust (recipe follows)

Whirl cottage cheese in a blender or beat with an electric mixer until smooth. In a saucepan, combine gelatin and sugar; stir in milk. Stir over low heat for about 10 minutes. Blend hot mixture into eggs; then stir back into pan; cook 1 minute longer. Remove from heat and mix in cottage cheese, sour cream, lime juice and peel, and food coloring. Pour into almond crust. Chill. Makes 8 servings.

Almond Crumb Crust. Combine 1½ cups vanilla wafer crumbs, ½ cup finely ground blanched almonds, ¼ cup brown sugar, and ¼ teaspoon nutmeg. Stir in ⅓ cup melted butter or margarine. Pat crumb mixture evenly in a greased 9-inch pie pan. Bake in a 400° oven for 8 minutes or until lightly browned. Cool.

FROSTY LEMON PIE

1¼ cups sugar
6½ tablespoons cornstarch
1½ cups water
2 eggs, separated
4 tablespoons butter or margarine
1½ tablespoons grated lemon peel
½ cup lemon juice
3 tablespoons sugar
9-inch pie shell, baked and cooled, or almond crumb crust (recipe above)

In a pan mix the 1¼ cups sugar and cornstarch; stir in water. Stir over medium heat until mixture boils and turns translucent. Beat egg yolks, stir in about ⅓ of the hot mixture, and then stir back into the pan. Cook 1 minute, remove from heat, and add butter and lemon peel. Cool 10 minutes, then stir in lemon juice.

Beat egg whites until foamy; gradually beat in the 3 tablespoons sugar. Beat just until peaks bend softly over when beaters are lifted; fold into cooked mixture and pour into pie shell. Chill or freeze. If frozen, thaw slightly before serving. Makes about 8 servings.—*D. K., Palo Alto, Calif.*

Best Foods helps you make the prettiest potato salad ever

Party Potato Salad

What a beautiful new way to serve potato salad. And the luscious glaze you make with Best Foods keeps it fresh and moist to the last slice. That's real mayonnaise. Whole-egg Best Foods.

GLAZED POTATO SALAD

Firmly pack 2 quarts of your favorite potato salad into a 9 x 5 x 3-inch loaf pan. Chill at least 2 hours. Unmold and glaze following this recipe:

1 envelope unflavored gelatin
1/2 cup cold chicken broth
1 cup BEST FOODS® Real Mayonnaise

Sprinkle gelatin over broth in small saucepan; soften. Dissolve over low heat. Remove and stir in Real Mayonnaise. Let stand 10 minutes. Spoon half of glaze over loaf to coat top and sides. Let stand 10 minutes. Spoon on remaining glaze to coat evenly. Immediately garnish as desired. Chill until ready to serve. Makes 12 (2/3 cup) servings.

BRING OUT THE BEST FOODS AND BRING OUT THE BEST.

THE

Western Kitchen

NEWS AND IDEAS

Midkitchen peninsula

This tile-topped kitchen peninsula separated from the sink and range provides a baking center away from other activity areas. It's a storage center, too: Drawers and cabinets make up the base of the peninsula, and one wall is open storage for baking supplies with fitted compartments for telephone and small portable equipment. Architect was Vladimir Ossipoff & Associates for Mr. and Mrs. Stanley Kennedy, Jr., Honolulu.

WENKAM-SALBOSA

Tiled utensil drawer

The utensil drawer the Jack Ericksons designed for their San Francisco kitchen was carefully planned. Sections are tiled on the bottom for easy cleaning and have dividers to maintain order. Compartments are sized for measuring cups, hand mixer, and other small equipment.

DARROW M. WATT

Make your own window shade

It's possible to make your own win shades to match wall coverings, curta and fabric-covered furnishings. Most ric, cotton sheers to heavier weights, be treated with a new aerosol spray provide stiffness and washability.

You make the shades by cutting fa about 2 inches wider and 6 to 8 in longer than the window size. In pre ration for treating, hang the fabric o clothesline outside, or in a well ventila area. Weight evenly on the bottom make a smooth shade.

Spray both front and back of fabric; can observe, by a slight color char when it is evenly saturated. Let dry fo half hour or so, depending on the fab cut to exact size desired; then attach t roller that fits your window. Sew pocket in the free end.

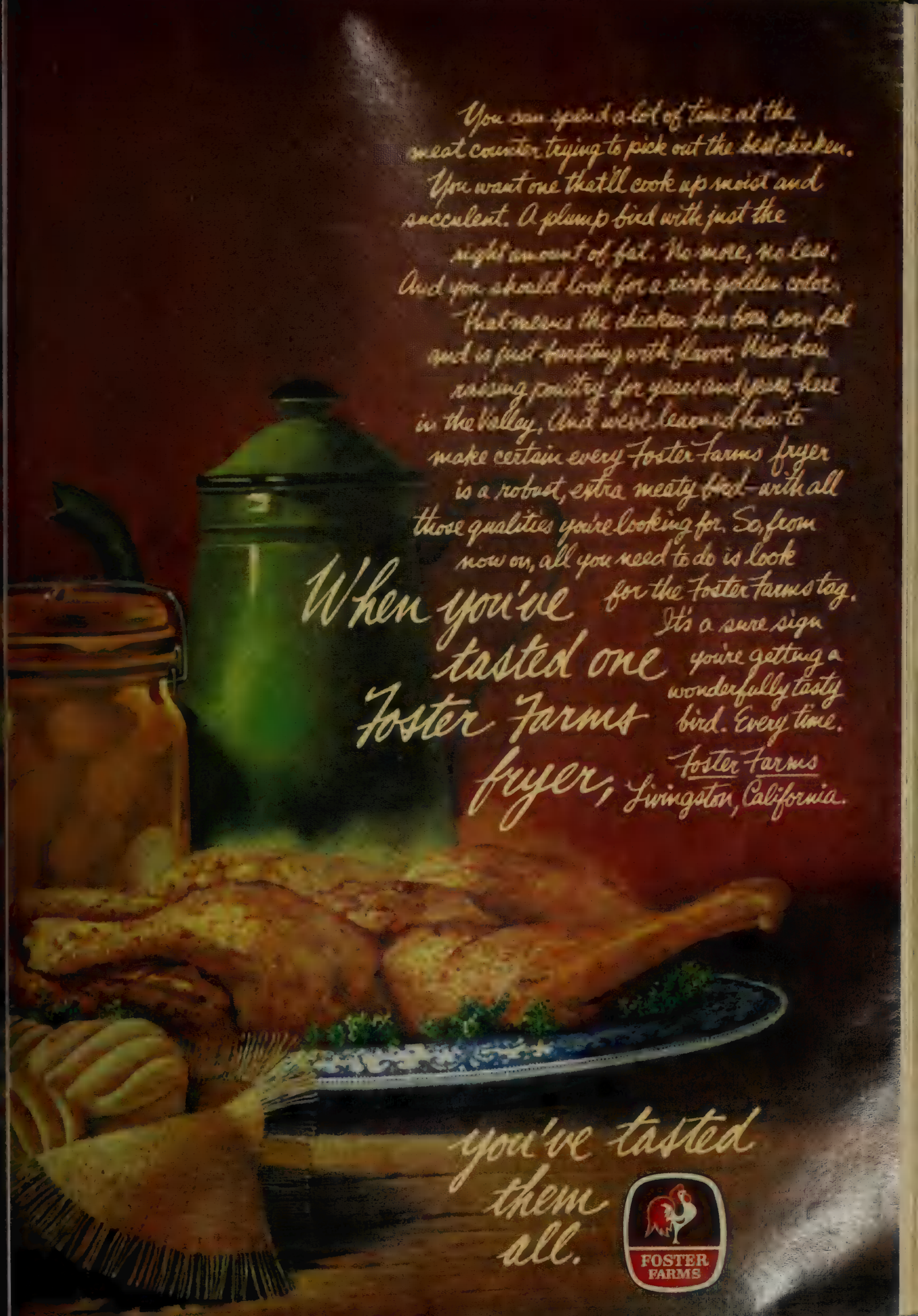
We found the shades are more dura when the width runs from selvage to vage. The plastic coating does prov some resistance to raveling in case selvages must be trimmed off. The sha are easy to clean—wiped with a da sponge—and are moisture resistant.

One can of spray, enough to treat proximately 4 square yards (about t average shades), costs about $3.

EDMUND Y.

Adjustable dividers hold sauces

This slim slide-out shelf section kee meat sauces and condiments within ea reach of anyone cooking on the range indoor barbecue. The shelves have slott sides with adjustable dividers, so ea section holds just one bottle or contain in an upright position. Architect Richa Sundeleaf designed it for the Alan D rectors of Portland.


You can spend a lot of time at the meat counter trying to pick out the best chicken. You want one that'll cook up moist and succulent. A plump bird with just the right amount of fat. No more, no less. And you should look for a rich golden color. That means the chicken has been corn fed and is just bursting with flavor. We've been raising poultry for years and years, here in the Valley. And we've learned how to make certain every Foster Farms fryer is a robust, extra meaty bird—with all those qualities you're looking for. So, from now on, all you need to do is look for the Foster Farms tag. It's a sure sign you're getting a wonderfully tasty bird. Every time.
When you've tasted one Foster Farms fryer,
Foster Farms
Livingston, California.
you've tasted them all.
FOSTER FARMS

School's out! Get out the Axion.

Grass stains. Catsup stains. Ice cream stains. Chocolate stains. Milkshake stains. Blood stains!

Axion™ works on all of them.

Synthetics. Cottons. Colors. Permanent press.

All washables. Makes your clothes clean and bright.

Soaks out lots of stains and dirt that no detergent can wash out by itself. From fabrics you wouldn't dare bleach!

Axion.

© 1970, Colgate-Palmolive Co

Brave captains brought spices from the Indies

up the barbecue and stir up the bean and let's enjoy unbuttoned summer; g for care, and a fig for woe" is our e to the season.

's of the West since the beginning of have done much barbecuing and ider it no especially big thing. It's one of those pleasantly primitive s of cooking (and, fortunately, not considered pollution).

k has long been number one on *Chefs'* ecues. There are many rivals for ber two; but in the Pacific North- a leading contender is salmon.

h Bollen of Seattle is so devoted to salmon barbecue ritual that he per- s it even while keeping dry under golf umbrella. He prefers to grill a le salmon and advises, "Have the nan prepare it book-style; that is, it and take out the bones."

simplify things, we give amounts for a 3-pound fillet; just double proportions for a 6-pound whole salmon.

"Leading contender is salmon"

THE SALMON BARBECUE RITUAL

- 3 pounds salmon fillet
- ½ teaspoon *each* salt and garlic salt
- ⅓ cup salad oil
- ⅓ cup soy sauce
- ⅓ cup bourbon
- 2 teaspoons sesame seed

About 30 minutes before putting the salmon on the barbecue grill, sprinkle it with salt and garlic salt. Just before putting the fish on the fire, combine the salad oil, soy sauce, and bourbon.

The charcoal should be burned down until it is well grayed, and it should be spread around so that there is at least ½-inch of open space between briquettes. The grate should be 5 or 6 inches above the fire. And for ease of turning, the fish should be placed in a hinged broiler, a wire basket, or between two cake cooling racks or something comparable.

Place the fish on the grate, flesh side down. Turn it about every 7 minutes or so; don't let it stay too long on one side. Baste with oil-soy-bourbon mixture every time you turn. Before you turn the flesh side down the last time, sprinkle on a healthy coat of sesame seed.

Remove salmon from the grill as soon as the flesh flakes with a fork; a 3-pound fillet should be done in about 20 minutes. Serve immediately. Serves 6.

Seattle

"Late in the fifteenth century, when Portugal's brave captains in their frail little ships began bringing home spices from the far-off Indies, that country's cooks became masters of spices and their uses. Thanks to California's Portuguese, we too have a heritage of Portuguese cooking."

Thus does Guy Porter Fones preface a recipe for *Vinho-d'-alhos* (garlic wine). It's quite simple compared to some men's barbecue sauces. He recommends it for

NEW

Seal, Simmer, and Serve vegetables!

Keen Beans

A new method of cooking vegetables: sealed in foil to keep all of the natural juices, all of the farm-fresh goodness, and your own flavor touch, too. Tabasco brand pepper sauce gives them that mmm-what's-in-it taste.

- **1 pound fresh green beans or 2 packages frozen**
- **2 tablespoons butter or margarine**
- **2 tablespoons flour**
- **½ teaspoon salt and salt to taste**
- **1 cup milk**
- **¼ teaspoon Tabasco pepper sauce**
- **¼ pound sharp Cheddar cheese, grated**
- **4 squares 14-inch Heavy Duty Reynolds Wrap®**

Wash beans; snip ends. Melt butter in saucepan; blend in flour and ½ teaspoon salt. Cook 3 minutes over low heat. Gradually add milk; cook until thickened, stirring constantly. Blend in Tabasco and cheese. Divide beans onto shiny side of foil; salt. Top servings with sauce. Bring up 2 sides of foil over beans and seal top with tight double fold (leave space between foil and sauce). Repeat seal at ends. Cook in 350° oven, 35 minutes (25 if frozen). Open and serve. 4 servings.

TABASCO, *made from the juices of ripe peppers.*

chicken especially but says it is excellent also for barbecued spareribs or fish.

VINHO-D'-ALHOS (Garlic Wine)

- 1 small, dried hot chile pepper
- 1 tablespoon salt
- 5 cloves garlic
- ⅓ cup vinegar
- ⅔ cup water
- 1 large broiler-fryer chicken (about 3 pounds), cut into quarters, or 2 small chickens, halved

Grind or mash together chile, salt, and garlic. Add vinegar and water and stir. Place chicken in mixture, cover, and marinate overnight, turning once or twice to make certain each piece is well covered.

Drain chicken and barbecue slowly over medium low coals, turning and basting frequently with sauce, until fork tender and well browned, about 40 minutes. Serves 2 to 4.

Guy P. Jones

Bakersfield, Calif.

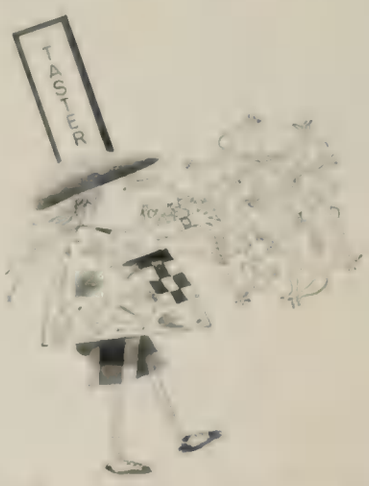
Robert Grace has a recipe for a sauce used primarily for broiled chicken. But he has also "ladled it on vegetables and baked potatoes with delightful results, and used it as a marinade and basting sauce when barbecuing shrimp."

He calls it Double G. Sauce—short for Grace's Garlic Sauce ("with double the grace, you can skip the benediction," commented one taste tester, breath heavy with garlic).

CHICKEN AND DOUBLE G. SAUCE

- ¼ pound (½ cup) butter or margarine
- 8 cloves garlic, minced or mashed
- ¼ medium-sized onion, chopped
- 1 cup beer
- 1 tablespoon minced parsley
- 1 teaspoon salt
- ½ teaspoon coarsely ground pepper
- 6 chicken legs and thighs (joined), or 6 split chicken breasts, about 3 pounds

Heat butter in a small pan until melted. Add garlic and onion and sauté until soft —and the aroma is rather garlicky—but not browned. Add beer and, stirring constantly, bring to a boil; then remove from heat. Add parsley, salt, and pepper.

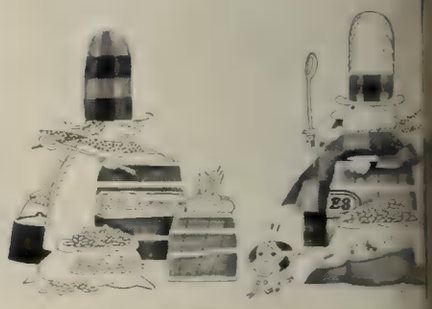


"Breath heavy with garlic"

Roll the chicken pieces in the sauce to coat all over. Barbecue legs and th slowly over medium coals; turn and b frequently with butter mixture until browned and tender, about 40 min (Or barbecue breasts quickly over coals until light brown, about 10 min on each side.)

Robert Grace

Honolul



"Divide people into opposite camps"

Beans divide people into opposite cam but seldom to the point where they intolerant of the other's foibles.

Charles M. Rossie has a flexible reci "More catsup and less tomato sauce te toward the 'campfire beans' many peo make from canned beans. More molas and brown sugar tends toward Bost baked beans. The basic recipe ends somewhere in between."

IN-BETWEEN BEANS

- 3 cups dried white beans
- 8 cups water
- ¼ pound salt pork, diced
- 1½ cups diced onion
- 4 tablespoons dark molasses
- 2 tablespoons dry mustard
- 2 tablespoons prepared mustard
- 2 tablespoons Worcestershire
- 1 cup beer
- 3 teaspoons salt
- ¼ cup brown sugar
- 6 drops liquid hot pepper seasoning, or to taste
- 1 cup catsup
- 1 large can (15 oz.) tomato sauce

Cover beans with the water and so overnight (or cover with the water, bri to a boil, boil 2 minutes, remove fr heat, cover, and allow to soak for 1 hou Without draining beans, place in a lar (about 5-quart) baking dish. Add po onion, molasses, dry mustard, prepar mustard, Worcestershire, beer, salt, sug and liquid hot pepper seasoning. Bak covered, in a 300° oven for 3 to 4 hou or until beans are almost tender. Remo from oven, stir in catsup and toma sauce; bake, uncovered, for 2 more hou or until beans are tender.

Serve as a main dish for supper or as dinner side dish with barbecued meat Makes 12 to 16 servings.

Chuck Rossie

Carmichael, Calif.

CHEVY'S NEW LITTLE CAR: IF YOU LIKE THE 1971, YOU'LL LIKE THE 1975.

If you've been with us for the past few eks, you know we're ready with our own .e car, the Vega 2300. Almost.

But first, there are a few things we've en meaning to talk to you about.

No shiny new ashtray knobs.

Before we tell you anything about the itself, we think you should know that ce it comes out, it's going to stay out. We 1't plan to change it for at least four years.

We've got it just the way we want it, d we think you'll like it.

Of course, there is the possibility t we'll find ways to improve Vega m a functional standpoint. If we we will. We'll make you a mise, though: no change the sake of change.

So, when you see the 71 Vega, you'll be get- g a preview of Vegas to ne. That's how confident are. Here's why.

Little, but big.

To be perfectly honest, 're pretty proud. Our little car nlike any other little car.

For one thing, it is indeed little: it's on a tight 97-inch wheelbase, and it's built for four passengers. Yet it feels bigger, because there's as much room per passenger as there is in many big cars.

There are other things that make our Vega a lot of little car, like its zippy performance, its quiet ride, and even its taut, smooth handling. In fact, our little car is more than just maneuverable—it's plain old fun.

Naturally, all of these things are ads in themselves, so stay tuned to this magazine.

Little, but little.

Although our little car feels and acts like a much bigger car, there are times when its littleness really shines.

Like when you pull into a gas station. We aren't ready with final figures yet, but we can say this much: Vega will get gas mileage in the same neighborhood as the best of the economy cars. And that's a pretty good neighborhood.

Our little Vega will also seem very little when you go to buy it: prices will be very close to ordinary little cars'.

GM

F EXCELLENCE

VEGA

CHEVROLET

The night Grandma got sauced.

By a shocked young thing.

I tried to prepare Johnny for the ordeal ahead. We had been dating several months and I could avoid it no longer. He had to meet my grandmother.

Unfortunately, that meant one of Grandma's torturous little dinners.

I knew what we faced. Several hours perched on stiff needlepoint, one microscopic glass of sherry, stewed chicken, hard peas, soft potatoes and Grandma's pièce de résistance — jellyroll!

But I was wrong. I realized it the moment Grandma — dressed in a passionately beflowered muumuu — led us to a torch-lit backyard and a couple of devastating Mai Tais.

With the drinks, she served succulent strips of meat skewered with bamboo sticks. The meat tasted marvelously exotic, juicy with a tantalizing sauce. "What is it?" I asked. "Lawry's Teriyaki Steakee on a Stickee," Grandma replied. ("Is that any way for a sweet old lady to talk?" I wondered as Johnny reached for his seventeenth beef-laden bamboo stick.)

Then came dinner. The main course was delicious to the point of decadence. Barbecued spareribs. A provocative sauce clung to them. Piquant, tart, savory. A honey-sweet blandishment. It was all that and more.

Grandma was on the sauce, all right. "It's Lawry's new Sweet 'n Sour Barbecue Sauce and it's very secret stuff," she explained. "Lawry's won't tell anyone what spices they put into it. You can understand why."

While Johnny helped himself to an uncivilized number of ribs, Grandma generously gave me these two recipes. To help me keep up with the older generation.

STEAKEE ON A STICKEE. Cut flank steak into strips 1½ x ¼ x ¼ inches. Marinate by covering in Lawry's Teriyaki Barbecue Marinade for about 5 min. Sauté quickly in 1 Tbsp. hot salad oil. Serve on bamboo sticks or toothpicks.

SWEET 'N SOUR BARBECUED SPARERIBS. Adjust grill so it is 6 to 8 inches from ash-gray coals and medium-low fire. Grill spareribs 1 hour 15 min. to 1 hour 30 min., turning every 15 min. and brushing with Lawry's Sweet 'n Sour Barbecue Sauce 3 times.

Lawry's will send you 50¢ for trying their new Sweet 'n Sour Sauce. Just mail the "L" from the label to Lawry's Patio Kitchens, P.O. Box 3912, L. A. 90054. One per customer.

The distinctive garnish *on each egg—parsley, almond, olive—identifies the filling used*

They're dressed-u deviled eggs

Unlikely ingredients such as anchovies almonds in these recipes elevate dev eggs from ordinary lunch box fare to appealing first course. Any one of th three versions would be particularly s able to precede a low protein entrée su as a pasta or vegetable casserole.

Handsome tidbits atop each egg add peal and signal its particular flavor: t slices of green olives adorn the ancho celery eggs, roasted almonds identify crunchy almond eggs, and sprigs of pa ley decorate the Oriental deviled eggs

First we give directions for hard-cook and shelling the eggs. For easiest shelli store eggs in the refrigerator for two da before cooking.

The job of filling the egg whites with t deviled yolks can be done quickly eitl with two spoons or a pastry bag wi large plain tip. Filled eggs should then refrigerated covered: You might invert

over a plate of eggs or place eggs eep baking pan and cover with foil ır plastic film.

cooking the eggs. Place a single layer s in a pan about 7 inches in di- r; add cold water to cover 1 inch. uncovered, on highest heat until es begin to form (just under a boil). e heat to low and cook for about inutes. Then plunge eggs into a pan of cold water. Let stand until nough to handle and shell as sug- below; or let stand until cold, and then refrigerate.

le entire surface of egg shell gently t surface, keeping the membrane th as intact as possible. Take care o break the egg itself. Cradle egg lm of one hand for support, and pull shell and membrane from the insing in water as you go.

OVY-CELERY EGGS

hard-cooked eggs, shelled and halved lengthwise
tablespoons mayonnaise
teaspoon anchovy paste
tablespoons finely diced celery
pimiento-stuffed green olives

ve yolks from eggs and mash with k. Add mayonnaise and anchovy and stir until blended; stir in celery. ıe 12 egg whites with egg yolk mix- dividing evenly. Slice olives into horizontal pieces and gently set 1 slice atop each egg for garnish. s 12 egg halves.

CHY ALMOND EGGS

hard-cooked eggs, shelled and halved lengthwise
3 tablespoons plus 1 teaspoon mayonnaise
teaspoon garlic salt
teaspoon Dijon-style mustard
tablespoons chopped salted roasted almonds
whole salted roasted almonds

ve yolks from eggs and mash with . Add mayonnaise, garlic salt, mus- and chopped almonds; stir until ed. Fill the 12 egg whites with egg mixture, dividing evenly. Lightly a whole almond atop each egg. s 12 egg halves.

NTAL DEVILED EGGS

hard-cooked eggs, shelled and halved lengthwise
tablespoons mayonnaise
teaspoon soy sauce
tablespoons finely chopped green onion
tablespoons finely chopped water chestnut
parsley sprigs

ove yolks from eggs and mash with k. Add mayonnaise, soy sauce, green ı, and water chestnut; stir until led. Fill the 12 egg whites with egg mixture, dividing evenly. For the sh, lightly set a sprig of parsley in enter of each filled half. Makes 12 ıalves.

Rembrandt's portrait of a man with pearl in hat.

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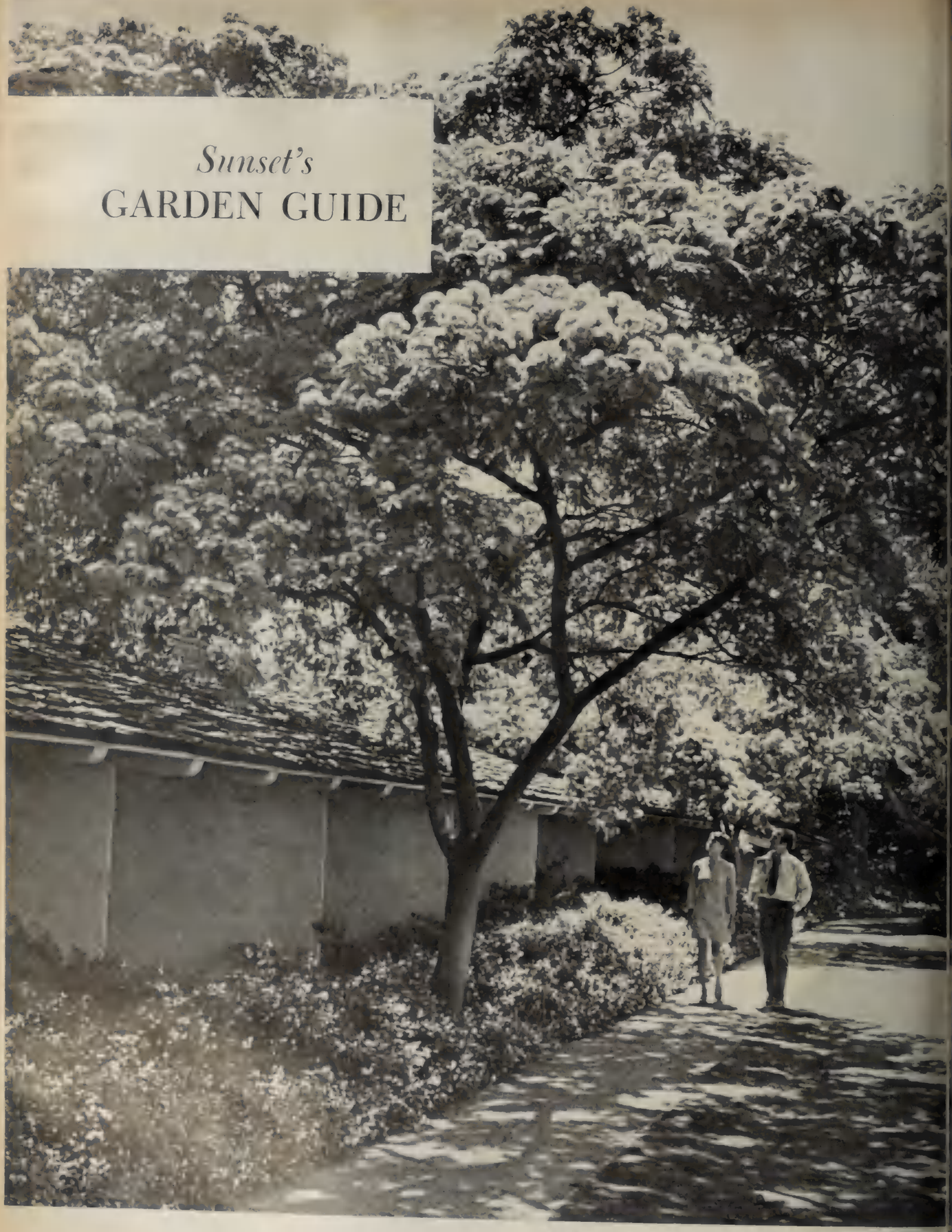


DARROW M.

Flowers like butterflies

Look up into a silk tree this month and you'll see rosy puffs of flowers perched like butterflies atop the foliage. rapid-growing tree (Albizia julibrissin) is ideal for shading lacy leaves let in enough light for plants and lawn ben

LY IN YOUR GARDEN:

Now it's water and water, weed and pinch

equires extra watering in the garden ature provides the time to do it. A inutes after 5 P.M. on July 1, the ill be 45° above the horizon. This s a fourth of the day's sun is yet to or there are 3½ hours of sun left: ect time to water.

ose extra hours each night, water ughly and deeply. Wash foliage to off dust. Hose off walkways and to clean and cool the garden and umidity to the air.

ire water penetrates. If you have watering properly through the g and early summer months (not as as in summer, but thoroughly and y), your plants and lawn have oped deep roots. These roots reach gh moisture to sustain plants through spells and help you conserve water ise of fewer waterings.

ou water, pull up any weeds and note where you need to spray for pests. e two chores accomplished, sit back enjoy the warm, fragrant atmosphere e garden.

l water danger lants

ts located near a swimming pool will to show chlorine damage if water the pool splashes or overflows fre- tly onto the soil around them. The inated water leaves damaging salts h accumulate and eventually burn plants, showing as scorched leaf edges. es of acid soil - loving plants may completely yellow.

minimize this damage, put poolside ts in raised beds, or install an 18 to ch wide stone mulch to intercept the r and keep it away from the plants' s. If planning a new pool, consider ng a system of drains installed around pool to carry away splashed chlorin- water.

k and pinch for re bloom, better growth

summer annuals bloom, pick off the faded flowers to postpone seed-form- and encourage new buds to open. This s them blooming until fall arrives. Cut back petunias if they get too lanky or sprawly; they'll come back with more new growth and flowers.

You can also cut perennials back right after they're through flowering to get a second bloom. Those that are not cut back may try to flower, but blooms usually will be small and scattered over the plant. Cutting back also keeps plants bushy and well branched.

Continue to pinch out the stem tips of any kind of plant that you want to make more bushy.

Harvesting vegetables

Begin to keep a close eye on your vegetable crops now—so you can harvest them while they're young and tender. Often it's easy to let vegetables, especially root vegetables, go past their harvest prime and become too tough.

Carrots, radishes, turnips, and beets are best when pulled and eaten quite young; they become woody and lose some of their flavor if they stay in the ground too long. When in doubt if they're big enough for pulling, harvest a few; even if they're too small, you'll be improving the rest of the row with the thinning.

Pick beans frequently and regularly—every few days is best. Pods that are allowed to mature are not only inferior for eating but also weaken plants and shorten harvest seasons.

How to deal with pesty thrips

From now into the fall, thrips can be one of the most troublesome garden pests. These tiny sucking insects are only 1/25 inch long, slightly larger than mites. Winged and fast moving, thrips often descend in large numbers to feed on the surface of leaves and stems, giving them a silvered appearance.

Thrips attack flower buds too: they crawl inside the bud and deform it so that it opens misshapen or not at all. Other symptoms of thrips are buds that turn completely brown or have brown streaks in the petals. Roses are a favorite food of thrips during the summer, chrysathemums in the fall.

ELLS MARUGG

Hosing off *smooth leaves removes dust and spider webs, checks mites and aphids, and helps plant respiration*

You have to battle thrips when and where you find them; precautions such as dormant spray have no effect. First wash invaded plants with a strong stream of water to eliminate as many of the pests as possible; then spray or dust plants completely, especially leaf undersides. The big problem is to get spray material in contact with the thrips inside tightly packed buds; so spray often and as thoroughly as possible.

Be sure to spray or dust only the plants that have thrips—no others.

Most insecticides are effective against thrips; but check labels to be sure.

Longer-lasting cut flowers

If you want cut flowers to last longer, gather them early in the morning or after sundown. Let them stand in deep, cold water in a cool dark place for several hours

Sunset's GARDEN GUIDE

before arranging. Change water daily and cut off an inch or so of the stems every day to keep them fresh for a long time.

1971 All-America Roses

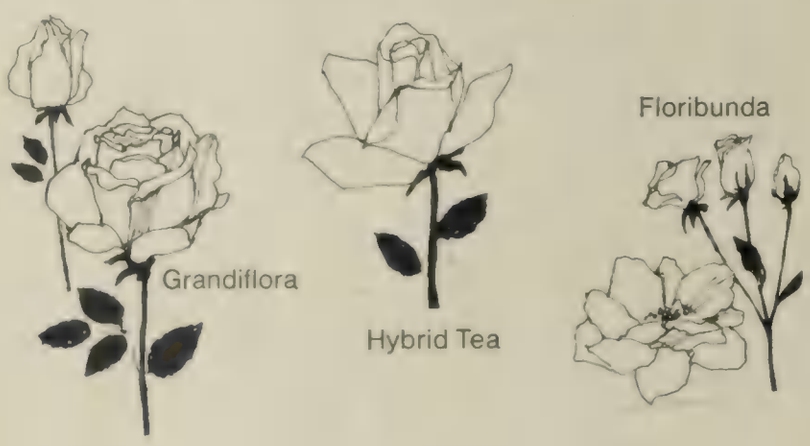
'Aquarius,' a rose to match the age, is one of the 1971 All-America Rose Selections. The two other winners this year are 'Command Performance' and 'Redgold.' All three roses are displayed at municipal and county rose gardens near you. They will be placed on sale next January.

'Aquarius' has deep pink, mildly fragrant buds on long stems. The medium-sized, true pink flowers usually stay on the plant seven to nine days. This Grandiflora has average mildew resistance.

'Command Performance,' a Hybrid Tea with orange-red, star-shaped flowers, has an "old rose" fragrance. The high-centered flowers on long stems occur singly on the tall plant.

'Redgold' is a bushy, tall (to 2 feet) Floribunda with abundant blooms. Chrome yellow buds open to flowers with brick red edges. The 2-inch, long-lasting blooms have a delicate fragrance.

Tested for two years, each of these roses should have the qualities of the "perfect" rose: vigorous, breaking into bud readily, producing strong canes low down on the plant, neither too upright nor too spreading, large glossy leaves and long-lasting flowers. It should perform well in a wide variety of climates. In addition each [illegible] fit special requirements for the Gra[illegible] flora, Hybrid Tea, or Floribunda t[illegible] as explained below.



Three rose types to know and buy

If you think you'll be doing some [illegible] shopping and planting next winter, n[illegible] note of the ones you see and like [illegible] summer. When you buy them late [illegible] helps to have each identified as bel[illegible] ing to one of these three types:

Grandifloras. The results of crossing F[illegible] bundas with Hybrid Teas to combine [illegible] best characteristics of each, these l[illegible] many flowers, singly or in clusters on [illegible] stems. Blooms have the color and f[illegible] of Hybrid Teas but appear on bu[illegible] often 8 to 10 feet tall. They are dis[illegible] resistant.

Hybrid Teas. Commonly used for cut [illegible] and exhibition because of their l[illegible] pointed buds and well shaped si[illegible] blooms on long stems, these have a la[illegible] range of color and scent than the ot[illegible] two types, but are susceptible to leaf [illegible] eases. A mature bush averages 2½ t[illegible] feet in height and may be trained a[illegible] tree. Selective pruning is required to [illegible] velop show blooms.

Floribundas. If you're planning a hedge [illegible] wide splotches of color buy these "ma[illegible] flowered" roses. The clustered flowers [illegible] short stems grow on 2½ to 3-foot-[illegible] bushy plants. The blooms are genera[illegible] smaller than Hybrid Tea blooms. Ne[illegible] ing less care than the other two typ[illegible] they resist disease effectively. So[illegible] climbing forms are available.

JULY CHECK LIST: *These are most important*

☐ **Annuals.** Buy carefully. Overgrown "bargain" plants with woody stems won't grow much even with the best of care. You can still plant ageratum, asters, celosia, marigolds, petunias, phlox, portulaca, salvia, sweet alyssum, and zinnias.

☐ **Azaleas, camellias, rhododendrons.** Don't let camellias go dry; flower buds may fail to develop or open properly next winter. Periodically check soil under mulch to test drainage. Keep mulch away from root crowns to prevent rotting. Feed for the last time this month.

☐ **Berries.** Keep red raspberries picked and pull up suckers. Cut back blackberry canes after last picking and tie up canes produced this year. Don't prune first-year crops. Water regularly and deeply.

☐ **Chrysanthemums.** Increase flowering by pinching tips. Don't pinch after the end of July or buds will not set. Stake tall varieties. Feed all plants every three to four weeks.

☐ **Dahlias.** Irrigate, don't sprinkle. When three pairs of leaves develop, pinch out stem tips. Cut fully open blooms in the evening; immature blooms wilt.

☐ **Fuchsias.** When temperature exceeds 80°, water daily, twice a day for container plants. Mist spray in the morning in hot, dry areas. Apply a half-strength fertilizer every week.

☐ **Pest and disease control.** Aphids, mites, thrips, whiteflies, and worms abound this month. Wash them off. If they get bad enough, spray—but only the host plants. Watch for snails.

☐ **Vegetables.** You can still plant late summer and fall vegetables: beans, Brussels sprouts, cabbage, cucumbers, corn, eggplant, melons, peppers.

☐ **Watering.** To get maximum strength from your sprinkler system, use it when the water pressure is highest. Check with your water department—peak water pressure time varies throughout areas of the same city. The hours between 2 and 5 A.M., when there are few demands on a city's water, are especially good watering times—if you have an automatic sprinkling system.

Union 76 introduces Low-Lead Regular 76 with 80% less lead

over half the cars can use it to cut air pollution

on Oil has changed to a -lead regular gasoline ay, instead of waiting a law.

Union has replaced 80% of the lead in Regular 76 with r high-octane gasoline mole- s, to keep overall performance ood as ever.

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All in favor of improving our air, drive into Union 76. Another example of the Spirit of 76.

union 76

Baby's tears . . . a smothering green wave? Not really

Tiny *round leaves of baby's tears completely hide the frail rooting stems. Color is bright maidenhair-fern green*

Footsteps *keep main-traveled parts of path clear. Baby's tears in the garden of Mrs. Irma McCall, Long Beach*

Its common names show how widely this little plant has captured the emotions of gardeners: baby's tears, angel tears, mother-of-thousands, mind-your-own-business, and Corsican curse. They also hint at why it is not used as widely as it deserves to be. Newly arrived Easterners are prone to look on it as a frail darling to be coddled in a terrarium. California garden gossip often makes it seem to be a green wave that can smother everything in its path. Really, it is neither.

A single plant is not impressive. Its height ranges from nothing to 2 or 3 inches, and its texture is as tender as that of a soufflé. But there is scarcely such a thing as a single plant; rooting at every joint and branching freely, a single plant is soon a colony. This vigor is what makes the frail-seeming baby's tears a workhorse at any number of landscaping jobs in shaded gardens.

Surprisingly, baby's tears (*Soleirolia* or *Helxine soleirolii*) serve as a lawn substitute or lawn supplement. It thrives w shade and tree roots offer too much competition for gra dichondra. In places where sun passes into shade, baby's can move into the grass in such a way as to make an unbr sheet of green. It can even grow under low-branching tre lawns, hiding fallen leaves or conifer needles in its g blanket. An occasional footfall will bruise it without doing n damage; it heals fast. It will not take heavy traffic.

Baby's tears is the only good approximation for the mo a Japanese moss garden—the woodland garden with a g carpet. It also makes a pretty living green mulch for st shade plants such as camellias. (But don't plant it near f choice woodland or rock garden plants: it could easily outg and smother them.) It makes a good cover for steep ba

WILLIAM APLIN

Woodland "lawn" *of baby's tears. Japanese Tea Garden, Golden Gate Park, San Francisco*

ELLS MARUGG

Baby's tears *(center left) grows in shadier parts of this garden. Dichondra (right foreground) takes over in sunshine*

shade, holding the soil against erosion and never need- be mowed.

smaller scale, baby's tears can do for the garden floor molding does for the carpenter, concealing awkward or edges and making smooth transitions between differ- rfaces. It can soften the hard-edged look of stepping- concrete slabs, and rock walls. It is especially good ling the edges of garden pools, growing across the cop- d right into the water for an inch or two.

irn for these services, baby's tears asks only shade, am- oisture, and freedom from heavy freezing. It is native rsica and other Mediterranean islands; plants blacken to 25°, but recover fast. Where winters are colder than hey die, roots and all. To keep a stock in these circum- s, pot up pieces and overwinter them in the house.

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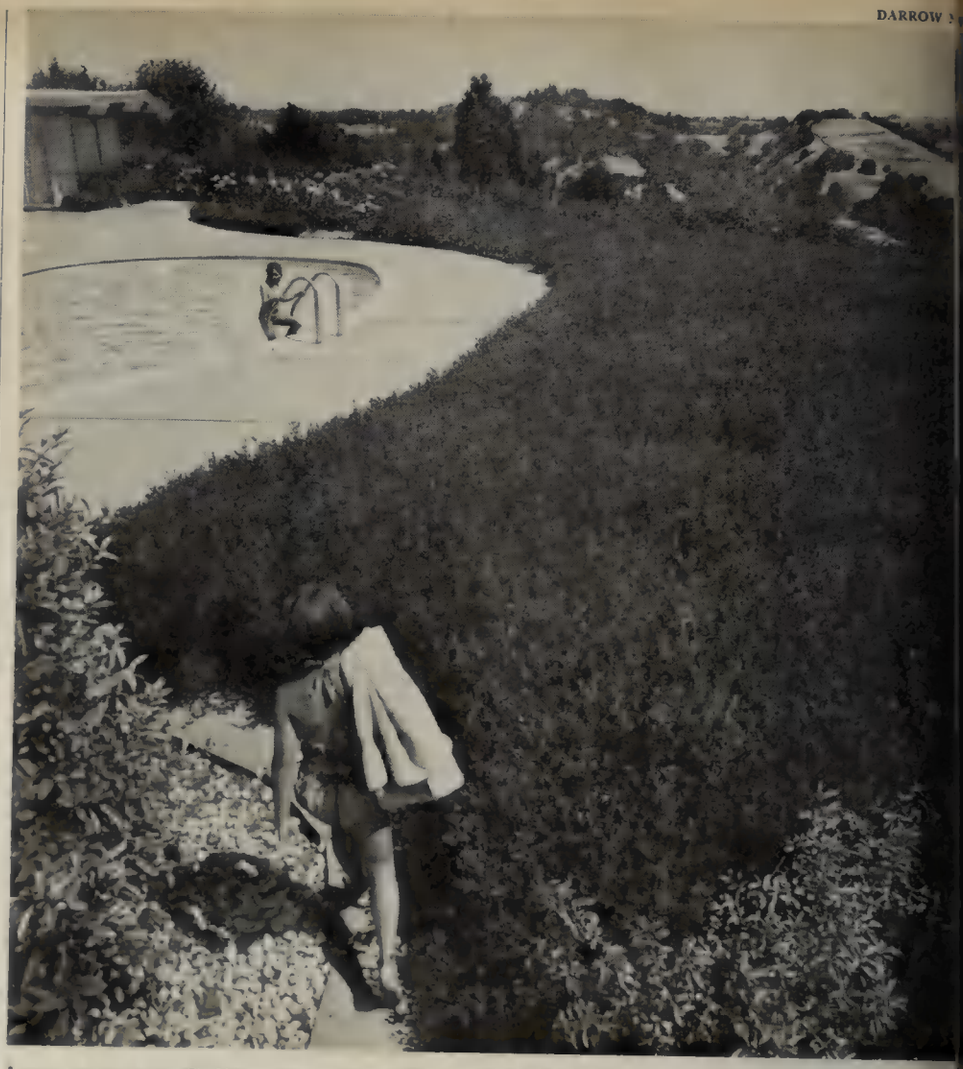

Long sweep *of California native 'Howard McMinn' manzanita comes waist high seven-year-old. Trimming keeps it low (saving view), more civilized than most nat*

Grand bank and ground covers

The three bank and ground covers sh here cover large areas in the hilltop den of Mr. and Mrs. Richard G. Nou of Orinda, California. And they do it great style.

In spite of the shallow hillside soil,

Big bend *of star jasmine is strategically located between house and driveway where summer visitors can sniff fragrance. The trees are Oriental sweet gu*

xylosma *on bank would grow into ushes if unpruned. Pruning keeps lower than 3 feet. Tree is locust*

ers, and a great deal of wind, all plantings grow thick and lush. And easily kept well groomed.

were planted 10 years ago this fall best season for planting all of them. cape architect Ernest Wertheim ed the garden.

eat lush look of the 'Howard Mc- manzanita *(Arctostaphylos densi-* Howard McMinn') is due mainly to pruning (after bloom) and regular kler-system watering (every two during summer). The hillside soil quickly, as it must for all man- s. When planted, the plants were 1 6 feet apart. Now they're so thick ou can rarely see the lizards that ear scurrying around underneath. tar jasmine is just as thick as the anita, but lower (about 2 feet). -yearly trimming (early spring, late er) keeps it to that height and . The plants need more water than anzanita — weekly during the sum- They're spaced 3 feet apart.

ep the xylosma less than 3 feet high, ourses must prune it twice a year— out the same time as the star jas- During hot weather sprinklers water anting once every two weeks. Plants paced 5 feet apart.

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DARROW M. WATT

Bold *red, white, and blue lattice of Fourth of July gazebo filters sun for plant display and social area*

Pop art in the garden . . . a red, white, and blue gazebo

It's Fourth of July all year around with this bold and original lattice gazebo. The patriotically-decorated structure verges on pop art: red, white, and blue, with a giant star and giant stripes, flags, and old-fashioned carnival lights. It forms the garden and outdoor social area for Mr. and Mrs. Wayne Lee of Newark, California.

Their yard space was long and narrow—65 by 19½ feet—and a swimming pool already occupied most of it. So they had only a 15 by 19½-foot area to make into a garden. They decided that the gazebo would give them maximum use of the space for relaxing and entertaining and would also provide a striking setting for their collection of container plants.

Designed by architect Gerald K. Lee of San Francisco, the gazebo has redwood lattice enclosing three sides and forming the roof; a fourth side and the wide entrance are open and face the pool. The gazebo is predominantly white, with one blue wall to offset a giant white star, and angled red stripes on the other two walls. Five American flags wave over the entrance; at night carnival lights illuminate it inside and out.

As a garden area the gazebo also hosts a terra cotta zoo of plant containers. They include 2½-foot-high lions, a chicken, a pig, and fish pots, as well as several kinds of hanging pots.

The Lees grow their plants in regular clay pots, then set them into openings in the animals' backs or into the hanging pots; this allows them to vary their garden and rearrange plants as flowers fade. They water plants every other day during the summer.

They have both sun and shade-loving plants in and around their gazebo. Azaleas, asparagus ferns, *Campanula isophylla*, crossandra, mandevilla (di denia), and maidenhair ferns do wel the filtered shade of the lattice. Aro the sunnier edges of the gazebo are ch anthemums, lantana, petunias, sea ender, *Sedum spectabile*, sweet alyss and strawberry geraniums.

To allow rearranging, *plants are gr in pots, fitted into hanging conta openings in backs of lion and chi*

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DARROW M. WATT

Active pond turtles *are fun to watch. These have 4 inches of water to swim in, rocks to sun themselves when they like*

Not all wild pets like captivity, but some do if you treat them right

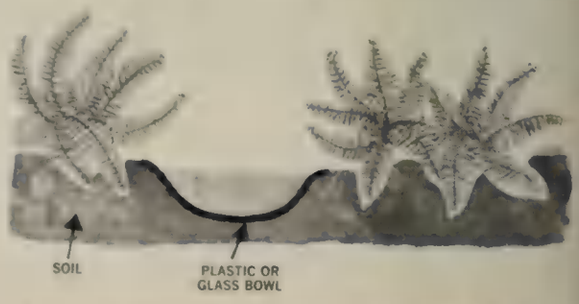
Frogs, tadpoles, turtles, lizards, and snakes—the list of creatures that children find and want to bring home seems endless, especially now during the season of summer camps and family outings. And the more exotic kinds from pet stores only add to the possibilities. But there's no need to brace yourself for an unnerving invasion of reptiles and amphibians. Given proper housing and care, they make excellent pets.

It's important to remember that not all wild creatures thrive in captivity. If a pet goes into a decline, better release it. Many people prefer to observe a wild pet for only a short while, letting it go after a few weeks (if children's interest flags after a while, this is probably the most humane policy).

Many amphibians and reptiles well suited for pets are sold in pet stores; you may prefer this source to collecting in the wild. Children can raise reptiles or amphibians in a terrarium made from a 5 to 15-gallon aquarium, or in a pet home such as shown in the photograph at right (this one costs about $5 at a pet store). To make the best home for your pet, consider his natural environment, then try to re-create it in miniature. Parents should make sure pets are properly housed and fed, and not handled excessively.

A desert terrarium (for lizards, horned toads, snakes) is the easiest pet home to establish and maintain. It can be as simple as the one at right. Cover the bottom of an aquarium or ot pet home with several inches of sand and add rocks for sunn and shade (desert animals need the warmth and light of electric light, but they also need a shady place, like a r cave). Keep a small dish or jar lid filled with water in corner. Add cactus, a bare branch, or a colorful background decoration.

A woodland terrarium (chameleons, frogs, salamanders, snak toads) should have several plants. Cover the bottom of aquarium an inch deep with a mixture of coarse gravel a aquarium filter charcoal. Cover this with 2 inches of potti

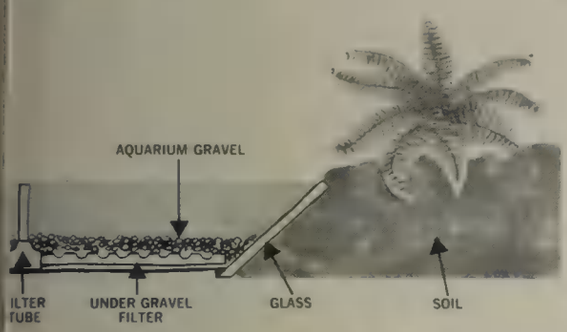


Woodland *terrarium should be heavily planted; best for creatures preferring moist environment*

u can use mosses, ferns, liverworts, lichens, or any oisture-loving plant. Overhead light from an aquarium essential for plants and pets (be sure the entire top is to prevent escapes). Since there is no drainage, soil e kept just barely damp. Sink a dish of water into the sketch below left) for drinking and cooling off.

a-terrarium (frogs, tadpoles, newts, turtles) combines id dry land. It can be as simple as the one shown in ograph at left, or more complex, like the one sketched The idea is to provide swimming room as well as a place to crawl out and sun. The one in the sketch is made by cutting a piece of glass the width of the aquarium and long enough that when you place it at a 45° angle the top edge is at least 4 inches from the bottom. Use a silicone rubber sealer to make a watertight seal. Fill one side with water; fill the other side with soil, using the same method discussed for the woodland terrarium, and add plants.

It's important to keep water clean; change it frequently. An under-gravel aquarium filter will help somewhat, but you will still have to change water from time to time.



mphibians *like aqua-terrarium. Silicone rubber eal around glass partition keeps planted side dry*

The most common reptile and amphibian pets are listed below. Information on care for each one includes food and environment. Where temperature stated is higher than room temperature, pets can be kept warm by placing an aquarium heater-thermostat in a jar of water and placing it in one corner. Reptiles and amphibians are cold-blooded, which means they will be active and hungry at warm temperatures, lethargic when it's cool.

Mealworms, recommended below as food for several types of pets, are sold alive in pet stores as food for various creatures. They will breed under lettuce leaves placed in a corner of a moist terrarium. You can dig your own earthworms or buy them from a bait shop.

Which wild ones for you? Here are choices

nolis (sold as chameleons). Require lot of care. Woodland terrarium,)° to 80°; sprinkle terrarium daily mist-spray it. Eat live flies and ealworms.

ogs. Woodland or aqua-terrarium, cording to frogs' native habitat. eep moist, 60° to 70°. Feed on land; od must move. Flies, mealworms, rthworms.

izards, horned toads. Desert terrarm, 65° and above; keep warm and ry. Feed live mealworms, crickets, rasshoppers. Provide basking rock nd screen top.

Newts (water dogs). Aqua-terrarium, 60° to 70°. Feed fresh lean meat, pellet turtle food. Newts can crawl out; cover tank with glass or screen.

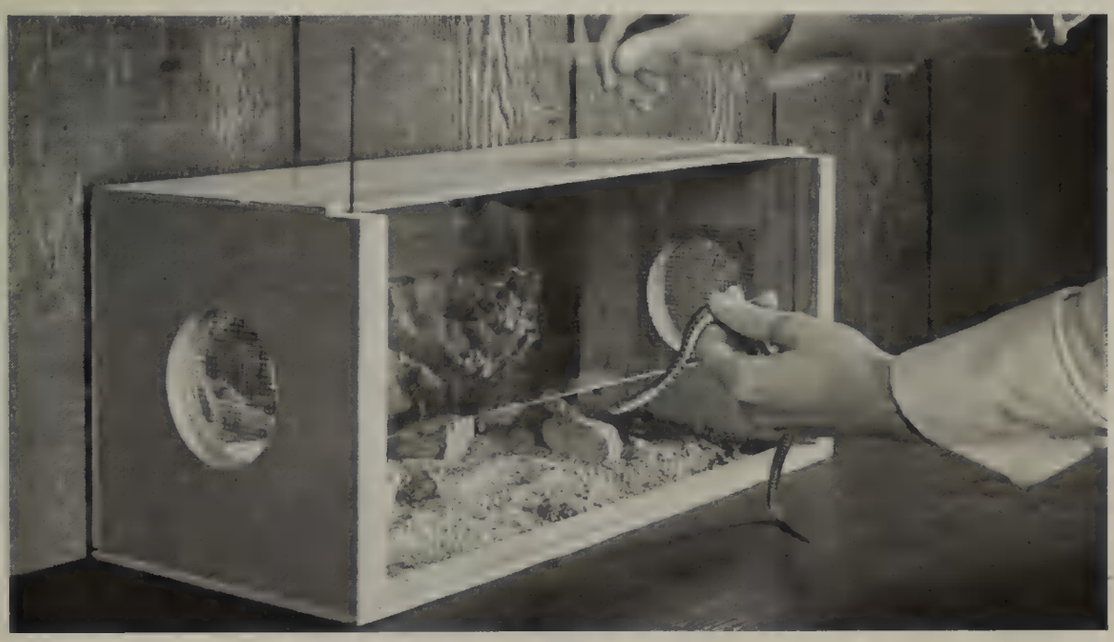
Salamanders. Woodland terrarium, 60° to 70°; keep moist. Feed mealworms, earthworms, white worms, small insects. Salamanders like to hide during the day.

Snakes. Desert or woodland terrarium, 65° and above. Most prefer warm and dry. Most eat small animals (mice), large insects. Force-feeding not recommended. Need dish of water, hiding place (rock cave).

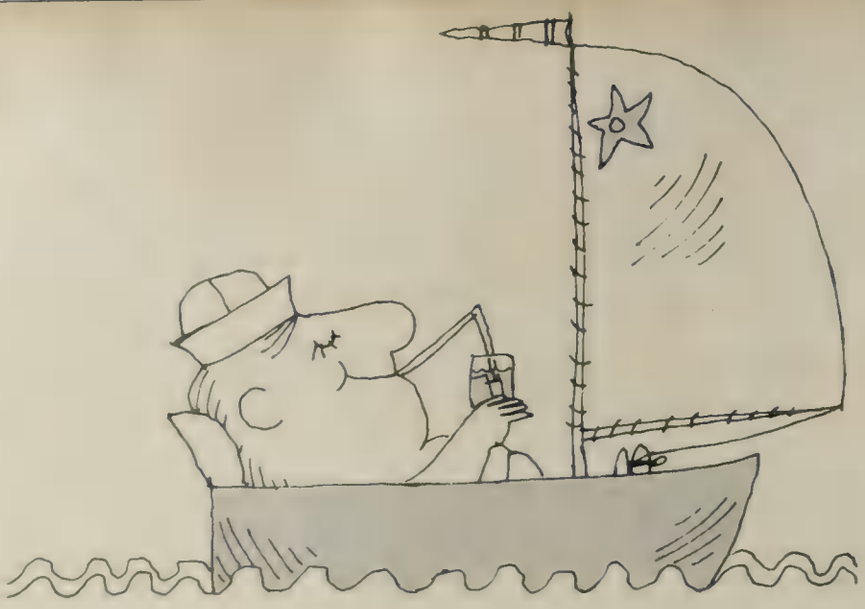
Tadpoles. Aqua-terrarium, same conditions as frogs. Tadpoles eat vegetable matter, especially fine-leaved water plants. Must have rocks or land to crawl onto when they change into frogs or toads.

Toads. Woodland, 60° to 70°; keep moist. Feed mealworms, earthworms; food must move. Many toads will bury themselves.

Water turtles. Aqua-terrarium. Most eat only fresh lean meat (earthworms are a treat), occasionally water plants. Turtles must be fed in the water. Provide a basking rock.



er snake *is 12 inches , lives in wooden box m pet store. He likes unlight or a lamp for daytime warmth*



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It's July... so your squash need you

Squash are among the most satisfac[illegible] and best ego-building vegetables aro[illegible] They grow fast and they grow big. Th[illegible] the trouble—many gardeners don't [illegible]ize how big they can get until it's too [illegible]

The day of reckoning is coming soon [illegible] midsummer, unless you planned s[illegible] sort of support earlier, vines will [illegible] flopping in all directions. And any [illegible] not kept off the ground may rot.

If the plant's off the ground, air can [illegible]culate more freely around it; this gre[illegible] reduces mildew. It also keeps the br[illegible]ble fruit away from feet and cultiva[illegible] tools. And when it comes time to har[illegible] it's much easier to find ripe fruit w[illegible] you don't have to turn over every [illegible] looking for it.

The ingenious A-frame support you [illegible] below was designed and built by 10-y[illegible] old Alan James of Medford, Oregon. [illegible] a simple structure: Two boards form e[illegible] A-frame (there are five). A narrow pl[illegible] running the length of the structure, r[illegible] on dowel cross-supports about 2½ [illegible] above the ground. By encouraging v[illegible] to grow upward, the support helps k[illegible] plants from spreading too widely; it [illegible] keeps fruit off the ground.

It is still early enough in the season [illegible] train most vines. However, some may[illegible] brittle and may break if you try to [illegible] them; in that case, slide a board or [illegible] under any fruit touching the ground. T[illegible] will keep it from rotting.

With the plant off the ground you [illegible] give it the deep waterings it needs [illegible] produce large, firm fruit by harvest ti[illegible]

A-frame support *keeps most of exubera[illegible] squash vine off ground, retards mild[illegible]*

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This fall come to a going place.

Do you grow rare fruit?

The less usual kinds of fruit are the cial interest of a small organization California Rare Fruit Growers. Men are devoted to growing little-know little-grown) specialties and excha information about their successes failures.

Most members live in Southern Ca nia, with a strong concentration in thern San Diego County. Northern fornia has active members, though, interested growers from outside the are welcome too. The rare fruits are means exclusively tropical or subtro

The group puts out two publicatio quarterly newsletter and a yearbook *California Rare Fruit Growers Year* Volume I, 1969, is a handsome 35- booklet that includes articles on th chee or litchi nut, the mango, and Chinese jujube, a list of the various of fruit grown by the members, a membership list. The illustrations at are based on those in the yearbook.

The lychee article lists and describe varieties, while the mango article e ates 53 varieties that are now growi California. The publication concludes a list of members (more than 50) after each is a listing of the rare f he grows.

NOT ALL ARE REALLY RARE

Some of these—governor's plum, ace carambola, and wampi, for instance— rare indeed and likely to remain so. ers, once rare and still unusual, are grown commercially, though not yet large scale.

Of these, *Sunset* has reported on the tachio nut and the kiwi fruit or Chi gooseberry. There was a time, of co when avocados—and even oranges— rare, and the rare fruit growers woul happy to see additional successes of sort in the future.

WHAT THE GROWERS DO

The special function of such an orga tion is to undertake research into a where the promise of quick cash y is not sufficiently large to tempt ins tional investment of time and money. rare fruit growers do this out of curi and the sheer love of trying somet new and different.

Their research extends in several di tions. As mentioned, the members te long list of varieties to find which hardiest. They also attempt acclim

raising large numbers of plants d, roguing out (eliminating) the ones, and raising increasingly edling descendants. They hybrid- r plants with hardier species to lier offspring. And they map with the microclimates where rare ual fruits will grow.

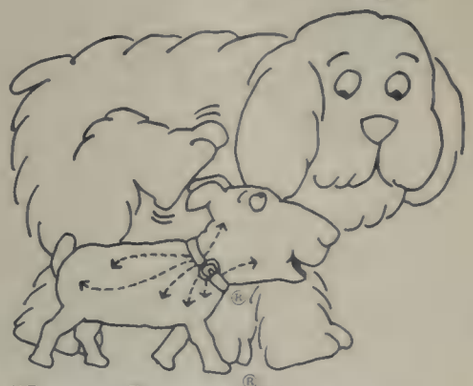
ould like to share in their experi- r contribute your own, get in th one of the sectional leaders: . Riley, 3370 Princeton Court, ara 95051 (for California north of rbara) or Paul H. Thomson, Star Bonsall 92003 (for Santa Barbara hward).

noya. *Fruits look like big ed apples and taste like a blend ana, pineapple, nectarine*

se jujube. *The date-sized can be processed to taste high-grade dates. Trees ake much frost and heat*

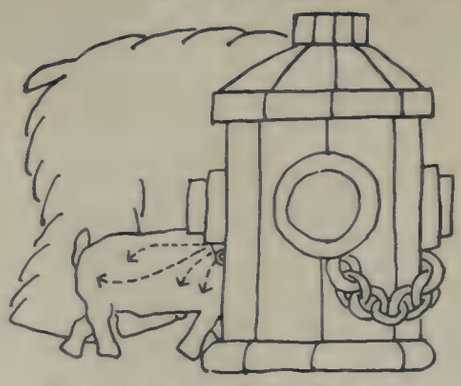
i nut or lychee. *Red fruits, 1½ inches thick, are good or dried. Grows and fruits banana belt" climates*

"We live where fleas are worst. Right?"



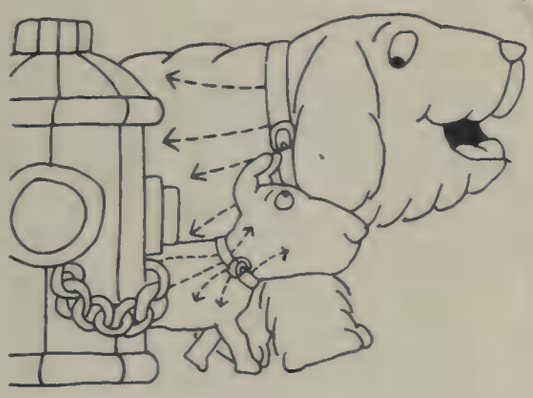
"So get a Sergeant's® Flea Collar. 8 out of 10 dogs here wear 'em."

"What're the arrows for?"



"They show how Sergeant's tracks down fleas and kills 'em dead."

"Oooh. That's better."



In parts of the country where fleas are worst, 8 out of 10 dogs who wear collars, wear this one.

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Will you share your home movies or slides with us?

Prompted by an article in *Sunset*, an Oregon family built a tree house—then took movies of their children having fun in it.

After reading about Baja California in *Sunset*, an Arizona family spent a vacation there—and recorded their adventures on color slides.

If you have taken movies or slides of things done because of *Sunset* suggestions in the past—or if you can photograph some home project or trip this year—won't you share the results with us? We are interested in covering a wide range of Western living activities—home entertaining, home improvement, gardening, hobbies, and travel.

Our film on Western living will be produced this summer. We are anxious to include many movies or slides from readers that portray activities inspired by *Sunset*.

We hope to get films of people doing things, children especially. Even if your pictures aren't all dead serious, send them along—we want humorous touches, too.

Please include a note describing your experience; if possible, tell what *Sunset* article or advertisement gave you the idea. If you prefer, do this by tape recorder, either reel or cassette.

Slides and 8mm, super 8, and 16mm movie film are equally welcome. We'll return them by September 30, or earlier if you need them. If you need a shipping container, let us know the size. We will refund shipping cost when film is returned.

Not everyone, of course, takes pictures. In a few situations we can send our own cameraman to photograph your project. Since we would hate to miss anything unique and *Sunset*-inspired, please let us know if you are doing a very unusual project; we may be able to work it into our schedule.

Send your film to Audio-Visual, *Sunset Magazine*, Menlo Park, Calif. 94025. We'll appreciate your help.

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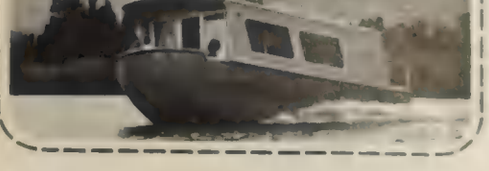

The slender, *scar-trunked, 15-foot Australian tree fern is flanked by three 10 Tasmanian ferns. All are 15 years old and have probably attained their full gr*

The tree ferns from down under

Most of those lush, exotic-looking tree ferns that you see in outdoor gardens are either Australian or Tasmanian tree ferns. Their differences don't always show up as well as they do in the picture above. In fact, the two tree ferns look surprisingly alike when they're young and sitting side by side in a nursery. Be sure you know which one you're buying—they grow to be quite different in appearance, height, and hardiness.

The Australian tree fern is *Alsophila cooperi*, often mistakenly sold as *A. australis*. It's native to the northeastern corner of Australia, where the latitude is about the same as that of Baja California. Thus it is hardy only to 30°.

The Tasmanian tree fern (*Dicksonia antarctica*) comes from Tasmania and southern Australia about the latitude of lower Oregon. Hardiest of all tree ferns, it t ates temperatures to 20°. It will take r wind, cold, sun, or shade than the tralian fern.

THE DIFFERENCES

You can tell the two apart in a numb ways, although the younger they are, harder it is to do this.

The Australian tree fern grows la eventually reaching as high as 20 Its broad arching fronds, up to 12 long, branch out of a slender trunk staggered pattern.

On a young Australian fern, the tr appears quite hairy and spiky beca bases of dead fronds still remain. As fern ages, these base fragments break cleanly and leave unusual oval scars. photograph above shows both the

and the base fragments of more fronds near the top.

horter, fatter-trunked Tasmanian rn grows to 12 feet high, with 3 to 6 feet long. Since old frond lo not break off, the dark reddish trunk is very thick and bristly ;. A crown of 25 or more fronds es out at the top, all from the same ke spokes of a wheel.

young, both are about the same green. The Tasmanian fern turns green as it gets older, and the leaf s become harder and shinier.

tes of growth for the two are quite nt. The Australian tree fern grows faster and soon makes a good dis- n the garden. It is useful for quick aping effects.

ern can present a frustrating prob- owever. Being less hardy, it does hen planted under shelter, yet it outgrows most house overhangs. he length of its fronds makes plant- ose to a house difficult. You either o plant it under shelter and plan to out later, or take your chances he elements. The ideal solution is to it under high-branching trees that protection.

Tasmanian tree fern grows at a slower, plodding pace and makes a display after two or three years. ll, it's a more versatile plant than ustralian because it's hardier and ains smaller longer. Fairly tolerant erse growing conditions, it will sur- n most gardens.

R GROWING NEEDS

ferns need protection from frost and ; winds; while the Tasmanian can y withstand frosts, it does much under shelter. Established plants ake full sun in the coastal fog belt, refer partial shade elsewhere. They st with north or east exposure.

ferns thrive in a moist (but not), porous, slightly acid soil contain- ots of organic matter—leaf mold, d bark, or peat moss. They need ant moisture at the roots and on s, especially in very warm weather, ep fronds from wilting.

with a half-strength solution of fish sion applied once a month during eriod of most rapid growth—spring rly fall. Do not use high nitrogen izers; they stimulate excessive but growth of fronds.

n fronds die, cut them off with prun- hears, leaving a short section at the to protect the trunk from cold or y. On the Australian, these sections eventually fall.

ou're interested in comparing Aus- n and Tasmanian tree ferns, you can adult plants growing side by side at en Gate Park in San Francisco and Angeles Arboretum at Arcadia.

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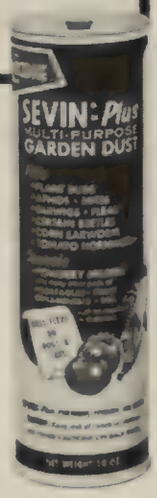

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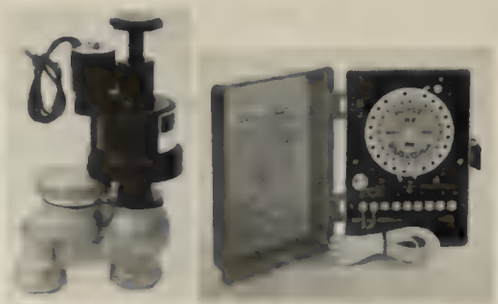

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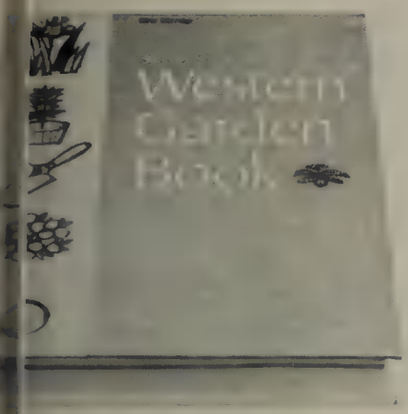

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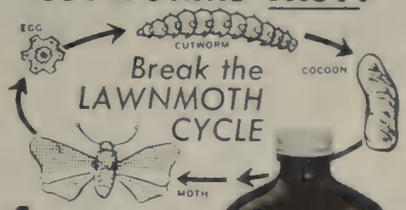

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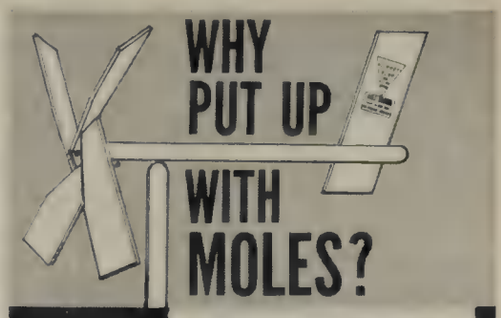

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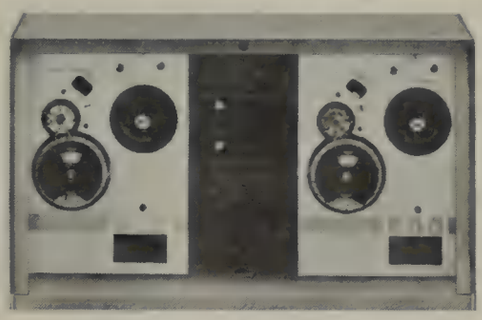

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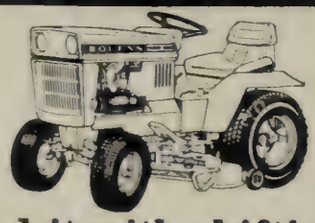

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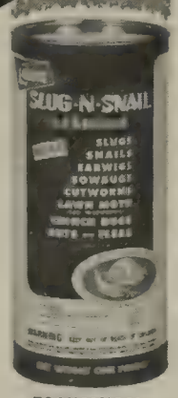

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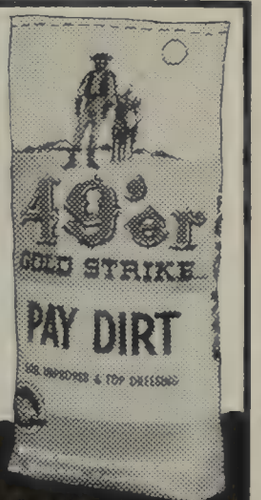

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Here are July's garden events

Ross. July 1 through 5. This year the Marin Art and Garden Fair completes 25 years of operation under the same name and in the same place.

Next year, the event will be renamed the Marin County Fair and will move to the Marin Civic Center. It has actually had official status and support as the Marin county fair since 1950 but retained the name of Marin Art and Garden Fair.

Since 1953 each fair has had a theme. The Japanese motif proved so popular that it was used first in 1959, again in 1962 and 1968. But most themes have been used only once; in 1967, for example, the 150th anniversary of the founding of Mission San Rafael was honored.

The 1970 fair, with the theme "Best of Our Years," will recreate some of the outstanding features of the past quarter of a century. Many past award winners in the gardening, flower arranging, and art and photography sections will be duplicated as nearly as possible.

There'll be continuous entertainment and a fun fair for the children. Snacks and full-course dinners will be available; art and craft articles will be sold.

This year's event takes place at the Marin Art and Garden Center, Sir Francis Drake Blvd. Hours: 10 A.M. to 10 P.M. Wednesday (opening day) through Saturday; 10 A.M. to 8 P.M. Sunday. Admission: adults, $1.50; children under 12 free when accompanied by an adult. June 26 is the last day for $1 advance ticket sale. Telephone (415) 454-7523.

Fort Bragg. July 15 through October. Dahlia show at the Mendocino Coast Botanical Gardens, 2 miles south of town on Highway 1. Visitors will see 30,000 dahlias in a natural woodland area by the sea. Hours: 8:30 A.M. to 6 P.M. Admission: $1; ages 6 to 12, 50 cents; under 6, free. Persons under 18 must be accompanied by an adult.

Sacramento. July 18 and 19. Begonia and shade plant show by the Sacramento branch of the American Begonia Society. Place: Sacramento Garden and Art Center, 3330 McKinley Blvd. Hours: 2 to 8 P.M. Saturday; 10 A.M. to 6 P.M. Sunday. Free.

Santa Clara. July 24 and 25. Show presented by the San Jose branch of the American Fuchsia Society. The display will include fuchsias particularly adapted to the area climate. Place: Sainte Claire Room of the Emporium, 3051 Stevens Creek Blvd. Hours: 10 A.M. to 9 P.M. Free.

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Make exciting Oriental dishes with this authentic Chinese Wok (Cooking Pan) featuring an exclusive adaptor for use on your home range. You also receive an original Wok and Tempura Cookbook, hard-to-find Oriental spices, and other essential ingredients. A Re-Order Catalogue is included. 10-day Money-back Guarantee. Send $7.98 plus $1.60 shipping (Washington State residents add 40¢ Sales Tax) to: House of Kent, Dept. A 117, 21025 5th Ave. So., Seattle, Washington 98148.

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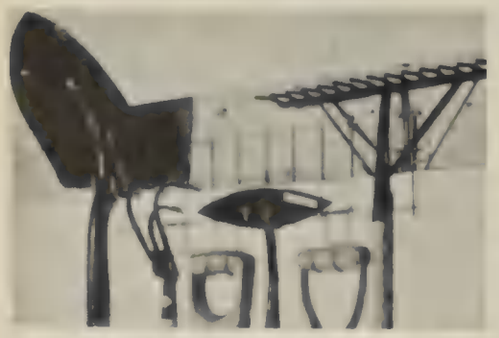
These beautiful and artistic designs c from real specimens found in the tr waters of the world. Sea-horse or St center-piece surrounded by different gro rare and colorful shell species appear li plants growing out of a jade-like base. $5.95 each, or $11.50 per pair, including age (in Calif. add 5% sales tax). S Sea-horse or Starfish. Please no C.O Electro-Metric Co., Dept. S, P.O. Box Manhattan Beach, Calif. 90266.



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Here's a handy rack for garden tool control in the garage! Easily installed. Convenient space saver. It mounts in a minute on the garage wall with two nails or screws and holds six or more hard-to-store shovels, rakes, hoes, etc., in two feet of wall space. Sturdy metal unit comes attractively packaged for gift giving. Imported from New Zealand. Send $3.00 and 40¢ postage/handling (in Calif. add 15¢ sales tax). No C.O.D., please. Southern Cross Marketing, P.O. Box 66, Corona del Mar, Calif. 92625.

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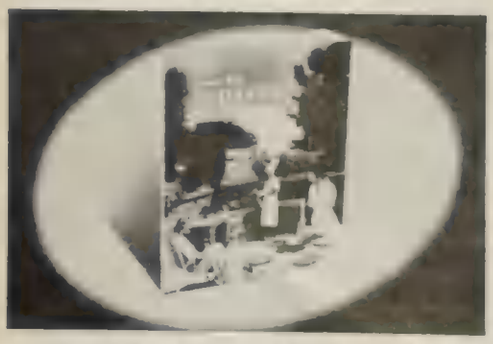

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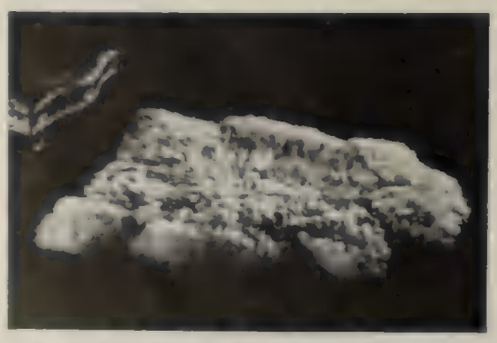

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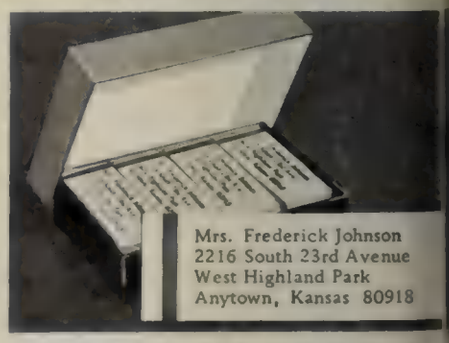

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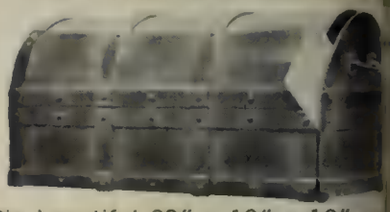

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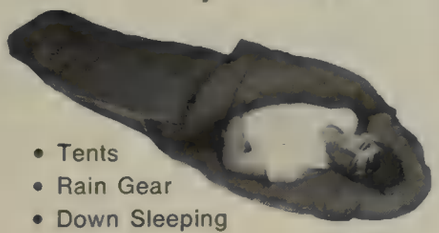

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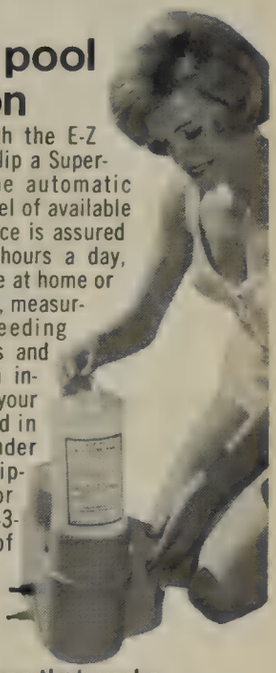

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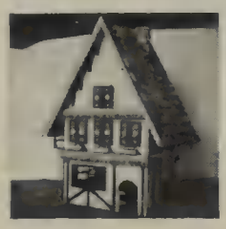

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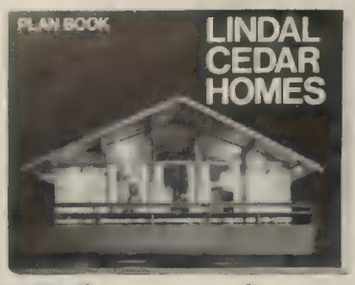

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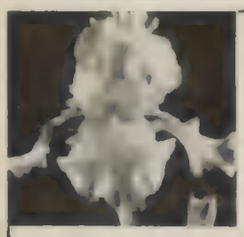

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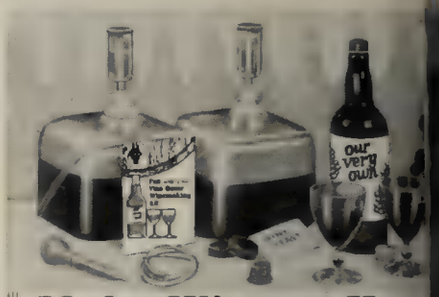

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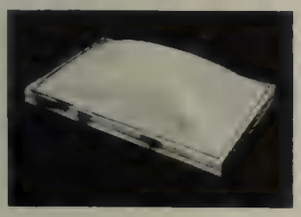

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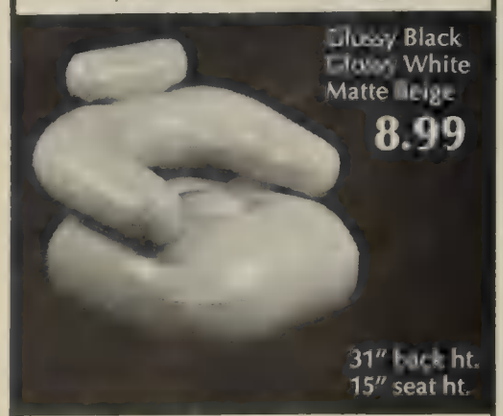

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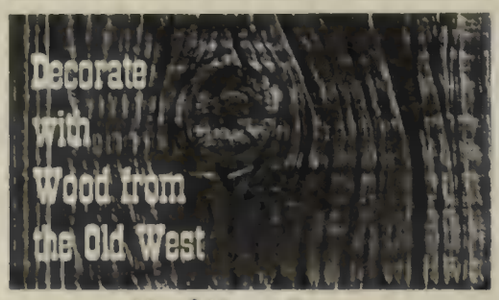

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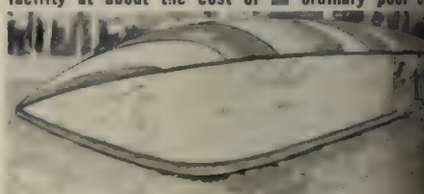

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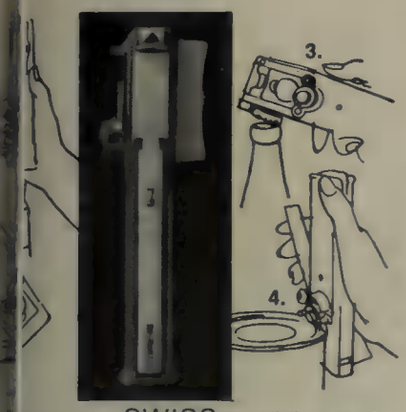

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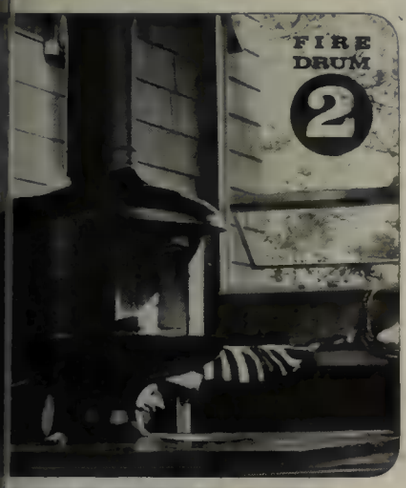

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He suggests some simple guidelines for the beginner.

Finding subjects. Look for candidates in the gallon-can plants at nurseries. Some shrubs confined to cans develop bonsai branch and trunk characteristics and need but little work.

Go collecting in nature if you like the challenge. (Be sure to get permission from the land owner or manager before removing any plant.) Good hunting grounds are wind-swept coastal and alpine areas. Collect plants in the spring.

In selecting a tree, keep in mind that the goal of bonsai is natural trees in miniature. Look for stunted trees with large trunks that taper to the top. A gnarled, twisty tree is not always the best choice. Some of the best shrubs and trees for bonsai are azaleas, boxwood, cotoneasters, ginkgo, Japanese maple, junipers, mugho pine, and wisterias.

Planting bonsai. Leaving a third of the root ball intact, brush away the remaining dirt and prune roots (including tap root) to a third of their length. Plant in a mix of redwood compost, coarse sand, and clay loam; sift mix for an even texture. Place a screen over the container drain hole to keep it from plugging. Place plant slightly off-center in the container and tap mix around roots with a chopstick or pencil. Water gently every day.

Pruning bonsai. Follow the advice of a pruning guide, and adapt when you can't. Buy cheap trees and practice technique. Strive for an open look: no crossing branches, two-thirds of the trunk exposed to view.

You'll need a minimum of tools for bonsai care: small scissors, pruning shears (*masakuni* are good: they make a concave cut and leave no scars), and chopsticks.

Come see us sometime

"For a private business, *Sunset* is a pretty public place."

That observation was made recently by one of the 750,000 visitor have walked through our buildings and gardens since we move publishing headquarters to Menlo Park from San Francisco in 19

We intended then that one of the advantages of moving should h opportunity to test and demonstrate in our spacious new surroun many of the ideas for Western living that we report in our magaz and we invited the public to come and see at first hand.

We have been extending that invitation ever since. Many of our vi come as individuals or families; many come in organized groups; an 15 years we have been a tour stop on some of the bus excursions o San Francisco Peninsula.

Countless classes of students have come to talk with our editor members of our other departments.

We have many foreign visitors, whose time with us frequently is arra by the U.S. Department of State or by nearby Stanford Research tute or Stanford University.

Businessmen come to *Sunset* for conferences that may be only indi related to our publishing enterprise. (Recently, for example, two airlines held seminars on the vast Pacific region for their senior execut When our schedules permit us to provide meeting facilities for such ness groups, we are pleased to offer our hospitality.

All of these relationships are important to us. They put us in with admirers and critics, with habitual readers and complete stra with old and young and in-between. They help us keep in touch.

So, right now, we renew the invitation. If your summer travels brin near Menlo Park (about 30 miles south of San Francisco), we hop will drop in. You'll find us at the intersection of Willow and Middl roads; take the Willow exit from U.S. Highway 101, the Bayshore way. Our grounds are open Monday through Friday (except holi from 8:30 A.M. to 4:30 P.M. The first building tour is at 10:30 A.M last at 3 P.M.

WINDOW ON THE WEST:

Solar telescope at Kitt Peak

A pleasantly cool destination for motorists in midsummer, Kitt Peak National Observatory rises high above the heat of the surrounding desert of the Papago Indian Reservation in southern Arizona. Atop the 6,875-foot peak is McNath Solar Telescope, part of whose imposing structure (designed by Skidmore, Owings & Merrill) is shown in this photograph. The 100-foot tower supports the aboveground portion of the angled telescope, which slants into the earth for two-thirds of its 500-foot length. Kitt Peak, open to visitors from 10 A.M. to 4 P.M., is only a few minutes' drive off the Tucson-Ajo highway (State 86) about 55 miles west of Tucson. (The unusual effect in the left of the picture is the refraction of direct sun rays through the hexagonal shutter aperture of our photographer's camera.)

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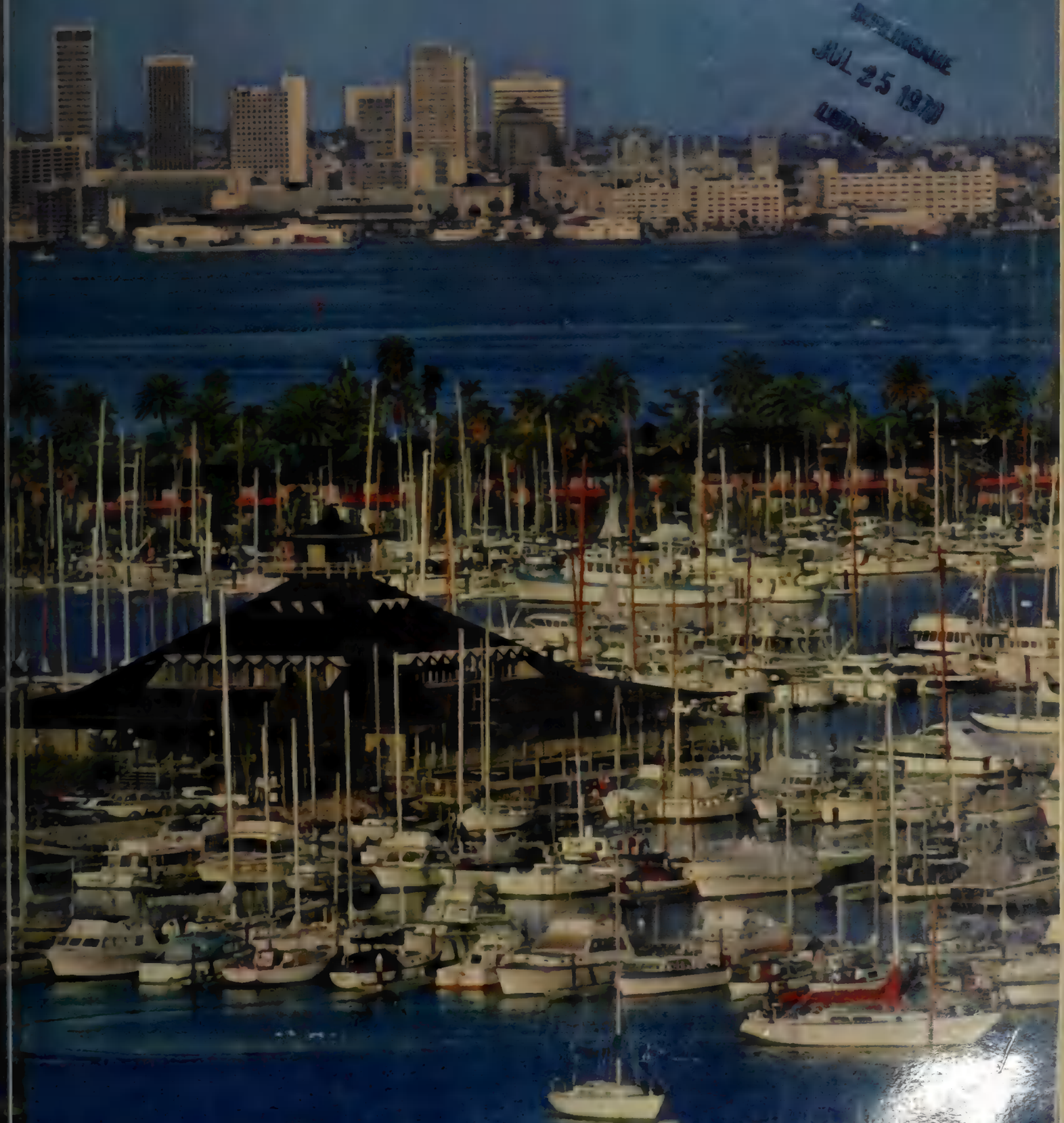

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The Cover Story

San Diego offers something unusual among great harbors: three major waterfront areas devoted to activities for people. Our cover photograph by Glenn Christiansen shows two: palm-lined Shelter Island, center, and the Embarcadero in the distance, below the city's new skyline. *For the story, turn to page 42*

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Country lake

osts of old miners may haunt the of Camanche Lake on the Mokel- liver in Gold Country. When Ca- Dam was completed in 1964, the g reservoir inundated the sites e old mining towns—Camanche, Plana, and Poverty Bar.

are ghosts in the lake, they must evolent. Camanche Lake today is tile, well planned recreation area. manche Regional Park board has land to two concessionaires, one lake's north shore, one on the and their services cover the spec- f fresh-water recreation.

is central at Camanche. Admis- $2 a car at the north shore resort, at the south, with an extra $1 l at both places if you bring a You can launch your boat at one resorts' boat ramps, or you can oat—fishing boat, houseboat, pon- oat, sailboat or speedboat—right If your interest is speedboating or kiing, the wide expanse of the d of the lake is perfectly suitable. n fish the entire lake for bass, , catfish, crappie, kokanee, sunfish, out. Upstream the lake narrows in and is off limits for speedboating iing, making it ideal for fishing cruising.

tended stays you'll find campsites,

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Sightseers *debark to explore one of countless old mine shafts sunk into these cliffs*

A wide lake *and lively winds combine to provide enjoyable sailing for these mariners and their rental craft*

Sunset

THE MAGAZINE OF WESTERN LIVING

August 1970

Rick carves meat *and Michael passes corn to Sunset's food staff*

Boy cooks in the test kitchen

The junior chefs pictured above donned aprons at our test kitchen one morning and barbecued luncheon for our staff home economists.

They were the final two of eight youngsters who helped us develop a story on a meal that 10 to 12-year-olds could cook and serve. First two boys came in to test the preliminary menu. These two later headed to a garden with four others; the new foursome did the cooking while the old hands gave suggestions and corrected any missteps. We photographed it all; see page 58.

Then Rick and Michael came. They read the approved copy without comment by us, did the marketing, and barbecued on the *Sunset* patio—while a food editor noted any difficulties. The boys served the meal to an appreciative test panel, and the story was ready to go.

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rental cottages, trailer spaces, necessary supplies available at sorts. Campsites cost $3.50 pe Trailer spaces are $5 at the sout $4.50 at the north. For further tion, write to Camanche Lake Par shore), Box 92, Wallace, Calif. 9 Camanche Lake North Shore Route 1, Ione, Calif. 95640.

LINKS WITH THE PAST

Camanche isn't all water recreati is country where the Miwok lived; where the forty-niners a and chewed up the hills with pi shovels; and though they're all go marked their presence among t and jagged rocks of the great, stee Here is a place for sightseeing an to find the caves the Miwoks complete with grinding holes w the rock.

Here, too, are innumerable mine some dug horizontally into the all chasing elusive rich veins. doned now. There are fragments roads, traces of miners' shacks ditches impossibly carved out rock with hand tools. There's th Mine, an active copper produce 1861 through World War II, now

Several bridges were built over t gorge in Gold Rush days. Th parts of one, a suspension brid left: Most of the bridge is gone, cables seem out of place, dangli down the sides of the cliffs into the At the foot of the bridge, extendi for nearly a mile, is a rock wall a feet high by 6 feet wide. It was part of a complex water-carrying built at great expense when miners fight and die for precious water as as for a rich claim.

DRIVING TO CAMANCHE

The recreation areas are 25 to 3 east of Lodi. Take State Highway from Lodi and follow the signs south shore. Take State 88 off S and follow the signs for the north

Biking down to Monterey

Experienced bikers might like to j of two 2-week-long tours down t cific coast, organized by the Lea American Wheelmen (L.A.W.). Bot on August 16 and end 12 days on the Monterey Peninsula.

The first tour starts in Portland. recommended for strong, experienc ers only, who can average 75 to 90 a day on a 960-mile trip.

The second tour begins in Eureka. fornia. Recommended for exper family and group riders, it cover miles at 40 or more miles per da

Both tours terminate at Pacific where L.A.W. will be holding a c ence August 28 to 30. The $5 regist

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On August 29 L.A.W. will sponsor three picturesque excursions on the Seventeen Mile Drive and in Carmel Valley. The trips cover 20 miles, 50 miles, and 85 miles. All bicyclists are welcome on any of these rides. If you want to join in, meet the conference participants at Asilomar's main gate on Sinex and Asilomar avenues before the 9 A.M. starting time. All the routes will be well marked with green and white "bike route" signs.

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For more information, write to Cli Franz, 36 Grand Blvd., San Calif. 94401.

Santa Rosa's Marshall Ho

Sonoma County has its full sh houses dating well back into the Few are so charming, in such good tion, or as accessible to the public one that James Marshall (not th discoverer) built in Santa Rosa i "This was not the largest house in but it was the grandest," claim Harriet Watson, who bought it Marshall's heirs a few years ago an keeps it open to the public. Lu served daily except Sunday from A.M. to 2:30 P.M. in elegant and sp high-ceilinged rooms with crystal c liers and other Victorian appointme gift shop on the second floor is op same days from 11 A.M. to 4 P.M.

The Marshall House is near the of Santa Rosa at 835 Second St. there from U.S. Highway 101 tak Downtown Santa Rosa exit and east about six blocks, then jog one to the right.

If you're interested in seeing more l of about the same vintage, drive the block length of McDonald Avenue, heads north from the junction of F Street and College Avenue very ne Marshall House.

For travel planners, an August check list

Reef diving near Cozumel will be the main activity of 11-day tours originating monthly on this small island off the coast of Yucatan in eastern Mexico. Scuba divers will dive on the Palancer Reef and take a special two-day cruise to Quintana Roo to dive to the wreck of an eighteenth century Spanish galleon and explore the Mayan ruins of Tulum. Tour price of $495 includes accommodations, scheduled dives and boat cruises, all meals, and equipment: tanks, backpacks, and weight belts. For a brochure describing this and other diving tours, write to See and Sea Travel Service, Suite 340 Wharfside, 680 Beach St., San Francisco 94109; or see a travel agent.

Flying in Mexico. New editions of two pilot's manuals, *Airports of Baja California* and *Airports of Mexico*, both by Arnold D. Senterfitt, with revised information on facilities, regulations, and routings, are now available. For a brochure and order blank, write to Miller Freeman Publications, 500 Howard St., San Francisco 94105.

The Indian country of northern Arizona is the destination of an eight-day bus tour from Phoenix beginning September 26. The $266 price includes round-trip transportation from Phoenix, lodging, and admissions. Places of special interest will include Canyon de Chelly, Monument Valley, Rainbow Bridge, and the Grand Canyon. For details, write to Rich-Miles Travel Club, 4101 E. Fairmont St., Phoenix 85018.

Scandinavia. Now through September you can tour Scandinavia for 15 days f as little as $583. The price includes roun trip air fare from New York, sightseeing e cursions, hotel accommodations, and so meals. The itinerary includes Copenhag Helsinki, Stockholm, and a Norwegian fjo cruise. For a "Highlights of Scandinavi brochure, write to Finnair, 10 E. 40th S New York 10016; or see a travel agent.

Recreation vehicle owners planning lo trips this summer must give considerati to sanitary disposal. As antipollution law become more strictly enforced, camp will find the *Directory of RV Sanitary St tions* a valuable guide to authorized di posal stations in North America. It lis addresses of stations for all states (exce Hawaii) and Canadian provinces; pric when available; and where to write f travel information and public park listing For a copy of the 54-page booklet, send $ to Rajo Publications Inc., 319 Miller Ave Mill Valley, Calif. 94941.

What a travel agent can do for you Provide information on tours; reserve spac on air, rail, bus, and steamship lines; mak hotel, ranch, and resort reservations; tak care of trip planning, including side trip and special events. Travel agencies d not charge for arranging transportation o package tours, but do charge for "custom" tour service.

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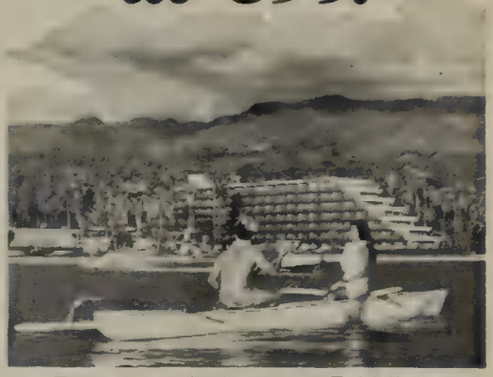

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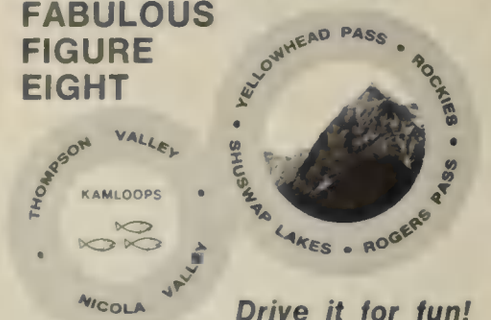

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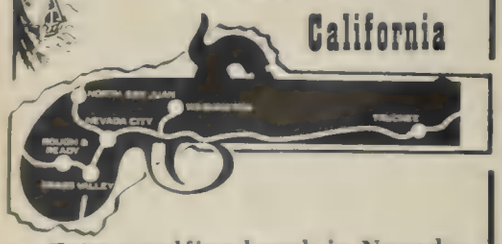

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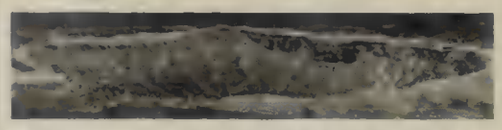

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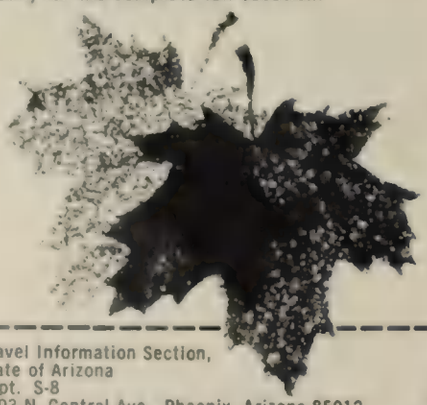

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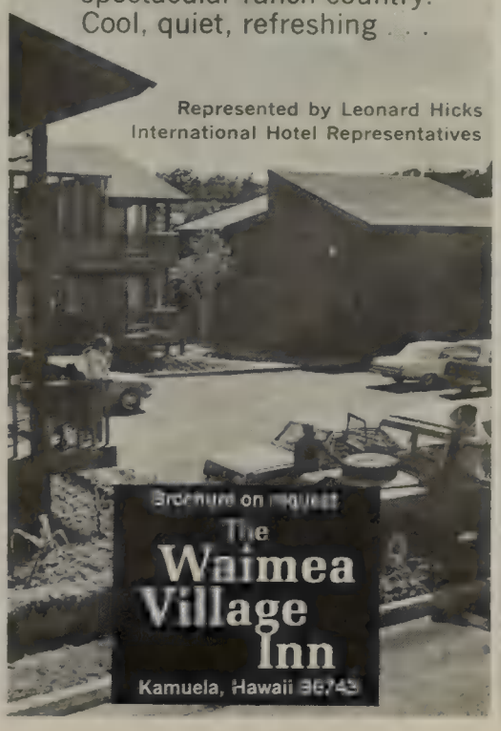

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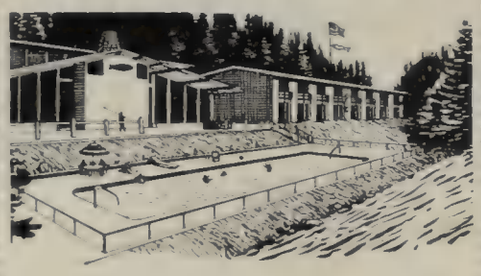

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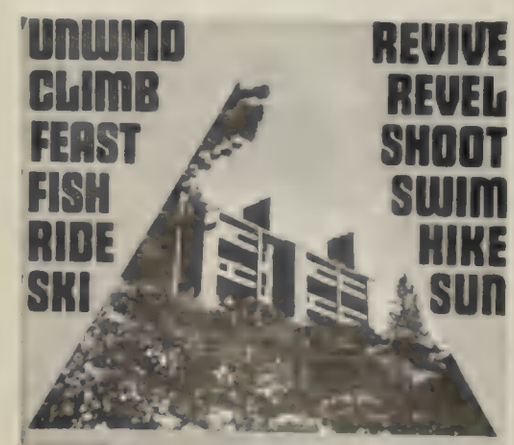

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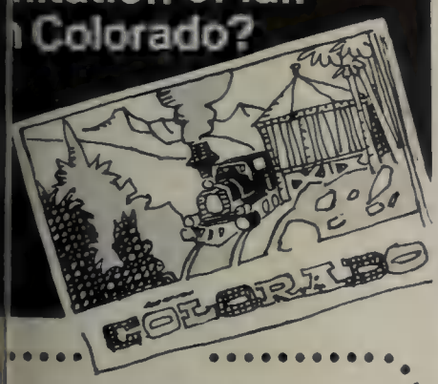

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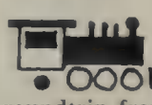

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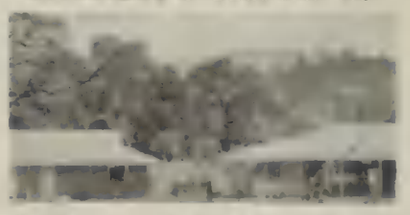

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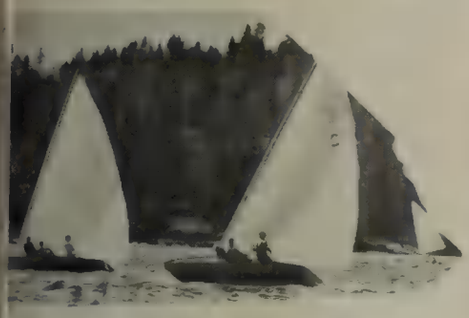

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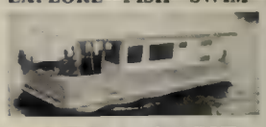

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JIM MARTIN

Fishing twosome *with passenger and dog scan shoreline of Long Lake for places to cast*

Here's a hiking and fishing loop

Trail signpost *shows six lakes a mile or less away*

At Silver Lake, *young boy gets feel of fishing gear*

Families with young children like this fishing and hiking area; it's close to where you leave the car and yet it's rarely crowded.

Almost on the border of Sierra and Plumas counties, the Lakes Basin Recreational Area is roughly halfway between Lassen Volcanic National Park and Lake Tahoe. Lakes Basin Campground (with tables, firepits, pit toilets, fresh water, camper spaces) is a convenient 23-site base camp.

Grassy Lake close to the campground is often overfished. Eastern brook trout provide good sport early in the season. Nearby Big Bear and Little Bear lakes hold rainbow trout. Try to hook them with gold-colored wobbling lures. In Cub and Silver lakes look for brook trout; again, lures are recommended. In Cub the water is shallow and clear so it's important to cast for distance. Silver Lake fishermen have reported success with worms and salmon eggs. At Long Lake, largest in the group, you can rent boats.

Distances between lakes are short enough that you can hike and fish and return to your car the same day. A favorite trailside camping spot is Silver Lake; from there it's an easy walk (the next day) to less-fished lakes nearby.

A few sections of San Francisco's pave landscape were temporarily converte early this summer into mini-parks an mini-farms.

A cow munched on turf in the shade o a dozen waving palms that appeared t sprout from a shoulder of the elevate freeway above Market Street. The nex day motorists entering a freeway wer startled to see formerly barren traffic is lands covered with grass, farm animal and picnickers. The following day shop pers at Saks Fifth Avenue, the Rees Palley Gallery, and other stores alon Maiden Lane emerged into a bit of th country downtown. Some of the effect are pictured on this page.

After four days in three locations, th animals, none the worse for the experi ence, were returned to their owners an the turf was rolled up and donated to th city's redevelopment program.

What was the idea? It was a demonstra tion-reminder that our increasingl paved-over downtowns need the relief o lawns and trees. Even the interjection o animals and picnicking make the seriou business of hurrying from place to plac considerably more enjoyable.

Two young artists, Bonnie Sherk an Howard Levine, conceived this notion of a bucolic San Francisco. They were awarded prize money for the erection o their designs by the Society for the Encouragement of Contemporary Art of the San Francisco Museum of Art. The city and the state's Division of Highways cooperated by supplying the sites.

Chickens *scrabble in turf-lined Maiden Lane. With animals to fascinate, and without cars, it was a place for children to dally. St. Francis Hotel dominates at end of green carpet*

BARON WOL

Baby llama *greets shopper in open pen near Union Square*

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This popular stretch *of the North Fork of the White River, near McCoy Bridge, has adjacent campground*

Vintage gas pump *stands in front of trading post a general store at the southeastern outskirts of town of Whiteriv Basketwork cradleboards are visible through windo*

Into the Apache country . . . for the camping

GLENN CHRISTIANSEN

Some vacationers *shun modern, lightweight tents, pitch camp with poles and canvas as they have for years. This site is on the shore of Hawley Lake*

Generously flecked with pine-rimmed lakes and streams, the White Mountains of eastern Arizona dominate a high, cool vacationland that is part Indian reservation, part national forest, part ranch and resort country.

The green forests, highland meadows, and rolling grasslands of this region are known to thousands of motorists who have passed through on U.S. Highway 60 or U.S. 666 or State 73. Increasingly, Westerners are making these mountains themselves a summer vacation destination.

One major reason is the effort the White Mountain Apaches have put into developing the Fort Apache Indian Reservation as a camping and fishing mecca. Nature has given the area hundreds of miles of streams, and the tribe's White Mountain Recreation Enterprise has developed 26 lakes and a thousand camp and picnic sites on the 1,665,000-acre preserve. There are more than a dozen other lakes and additional campgrounds in adjacent portions of the Apache and Sitgreaves national forests.

But there are also these other attractions: hiking and riding trails through ponderosa pine, Douglas fir, spruce, and aspen to points as high as 11,590 feet (the summit of Mount Baldy); Indian communities and trading posts; new golf courses whose fairways are lined with tall pines; a standard-gauge, steam-powered scenic

Apache coed, *home for summer, tries on beadwork necklace at Lee Mercantile Co. in Whiteriver*

he fishing, the Apaches

railroad; the Mogollon Rim drive; and a famous frontier military post.

The White Mountain Apaches' domain begins down on the desert. You cross the reservation's southern boundary at spectacular Salt River Canyon 125 miles northeast of Phoenix on U.S. 60. After about 25 miles of rising rangeland you reach Carrizo Junction; turn eastward onto State 73 to visit some of the reservation's special points of interest.

Kinishba. In about 20 miles you will come to a side road leading a short distance north to Kinishba Ruins, a large pueblo abandoned in the fourteenth century and restored during the 1930's by archeologists of the University of Arizona. At present the structure itself is fenced off, pending new stabilization work, but you can examine it from only a few feet away. The rough approach roadbed is a base of river-washed rocks with a little gravel.

Fort Apache. Back on State 73 you will pass Apache homes—both modern frame houses and traditional brush wickiups—and a few cornfields before you come to the turnoff to Fort Apache.

An active army post from 1870 to 1924, the fort is now the site of Theodore Roosevelt Indian School. In addition to classroom buildings and dormitories, you'll see the old parade ground, officers' quarters, staff buildings, and cavalry barns. Atop a low hill is the cemetery, silent except for the breeze in the juniper trees and the shuffle of a grazing burro.

Whiteriver. Three miles north on State 73 is the town of Whiteriver, location of the tribal headquarters, War Memorial Community Center, and several interesting trading posts.

One of the tribe's major commercial enterprises is timber, and a mile out of town is a modern sawmill that produces 60 million board feet of pine and fir lumber a year. For a tour, inquire at the office.

As you travel north from Whiteriver, watch for road signs to two hatcheries operated by the U.S. Fish and Wildlife Service—Alchesay and Williams Creek; the fish (mostly rainbow trout) produced here stock not only reservation lakes and streams but many other fishing waters of the Southwest. Visitors are welcome.

State 73 takes you into the pines and over the Mogollon Rim before you reach Indian Pine and the junction with State 173. From here sightseers will want to explore in several directions during their stay in the White Mountains.

Indian Pine to Show Low

To the northwest are the scenic Rim Road which follows the Mogollon Rim, and State 173 which links the resort and ranching communities of Pinetop, Lakeside, and Show Low. Pinetop is the location of many vacation homes, including those at the White Mountain and Pinetop country clubs with their handsome links. Lakeside is a quiet Mormon community with orchards and a large Forest Service campground.

Show Low, Lakeside, Pinetop, and Indian Pine have motels and restaurants. There are several horse rental stables. The area's only airport with services is at Show Low.

Indian Pine to Springerville

To the east from the Indian Pine junction it is 3 miles to McNary, a lumber company town surrounded by reservation lands, and terminus of the popular White Mountain Scenic Railway. In a swirl of steam the train leaves at 9:30 each morning except Sunday for the round trip to Apache Springs, arriving back at 3 P.M.

Beyond McNary, State 73 swings through forest and rangeland to the towns of Eagar and Springerville (see the famous sculpture, *Madonna of the Trail*).

Extending south from the McNary-Springerville highway is the reservation's greatest concentration of fishing streams, lakes and campgrounds—including two of the largest lakes, Hawley and Horseshoe. Both have campsites, stores, and boat rentals. At Sunrise Park the tribe is building a winter sports facility.

North of Springerville on U.S. 666 are Lyman Lake State Park and St. John; south are Alpine and the Coronado Trail.

For additional information on the White Mountains, write to any of the following: *White Mountain Recreation Enterprise*, Box 218, Whiteriver 85941; *White Mountain Boosters*, Box 666, Pinetop 85935; *Show Low Chamber of Commerce*, Box 446, Show Low 85901; *White Mountain Chamber of Commerce*, Springerville 85938; *Apache National Forest*, Box 640, Springerville 85938; *Sitgreaves National Forest*, Box 488, Lakeside 85929.

Cowboy hats, *favorite headgear of Apache men, are stocked in quantity at 52-year-old Lee's*

GLENN CHRISTIANSEN

Kinishba Ruins *are remains of two prehistoric apartment houses that had more than 100 rooms*

Brush wickiup, *modern frame house stand just a few yards apart*

Picture the serene beauty of a Japanese teahouse garden. The majestic, tree-lined boulevards of Buenos Aires. The dazzling, bikini-clad beaches of Copacabana in Rio.

Now, let the daydream change. You're in Johannesburg, South Africa on a relaxing Sunday afternoon, caught up in the throbbing rhythms of a dozen tribes dancing in competition. Now, transport yourself to Kruger National Park where a rhino gives you the once over.

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Roller coaster *in Playland dips and dives around East Indian oleander plants at Fresno's Roeding Park*

Here's a great stop-off in the San Joaquin

A hot summer drive through the San Joaquin Valley on California Highway 99 is easier on both driver and passengers if there's a chance to break the trip in Fresno at 157-acre Roeding Park. Just east of the freeway, the large expanse of green grass under tall shady trees is a great place to picnic, with food stores close at hand.

Children enjoy the miniature rides of Rotary Playland (all rides 10 cents). In Storyland (children 25 cents, adults 50 cents), the live animals are in fairy tale settings, and youngsters can unlock recordings of fairy tales with a Magic Key (50 cents).

Archers and anglers should bring their gear; there's an archery range and a casting pier. There is also a baseball diamond and eight tennis courts, all lighted.

Along with spacious lawns, the park has a fine collection of roses and trees, including a grove of California fan palms (*Washingtonia filifera*). Other attractions include tree-lined Lake Washington in the southwest corner and two other, smaller lakes and two ponds east of the larger lake.

May through September, the park is open from daylight to midnight daily; the zoo is open from 10 A.M. to 5 P.M. daily (zoo admission fee is 25 cents for 15 years and up).

To reach Roeding Park from California 99, take the Belmont Avenue exit and then watch for the sign showing the park entrance.

Paddle-boats *on Lake Washington rent from 75 cents (small) to $2 an hour*

DARROW M. W

Zoo *has more than 300 animals, including this giant South American ant be*

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Miniature *houses (foreground) are part of unusual graveyard in Alaska's Indian village of Eklutna*

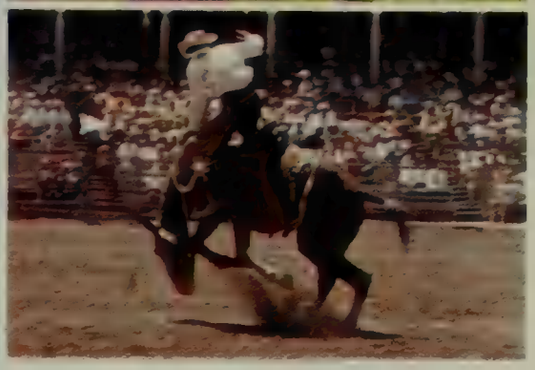
Eklutna . . . almos a ghost town

Eklutna, about 25 miles northeast of A- chorage on the Glenn Highway, is an o Indian village that has become almost ghost town. Except for a few ancie houses and an old Russian Orthod church, the main point of interest is unusual graveyard of brightly colored l- tle buildings resembling dollhouses.

The graveyard resulted from this tra tional Eklutna Indian procedure: Wh a member of the tribe died, a log fire w built on the proposed burial site to th the frozen ground. After burial, a blank was placed over the grave for a 40-d period of mourning. On the 40th day t blanket was removed and a small hou was erected on the site for the person belongings of the deceased.

Each one is different in style, with bo Russian and Indian cultures influencin design. Some, of two or three tiers, see to have been built for the highest rankin members of the tribe. Some have gla windows through which you can glimp belongings of the deceased. The grav yard is old but the wooden houses a sound and well painted.

The church never seems to be open, a though a sign on the door invites visito to look around. A stern notice asks tou ists not to molest the site, and a containe for donations to a preservation fund i placed conspicuously near the entrance Through the windows you can see a fe sacramental relics, but it is apparent th church is no longer in use.



Bet on it!

From early in Nevada's silver and gold-mining days, festivities and celebrations have been a big part of nearly every community.

The visitor to Nevada can see the exciting National Championship Air Races in Reno in September, featuring cross-country and pylon racing, acrobatics and parachute jumping.

In Virginia City crowds gather in late summer to watch camel races and ostrich races, part of the history of the old silver city.

Helldorado Days are a big event in Las Vegas where the old West mixes with glamourous floats for the glittering celebration.

In Eastern Nevada, Basques from all over the Western states gather in Elko for a summer festival of dancing, music, and European games.

A real Western celebration comes in October when the state observes Admission Day in grand style in the capital of Carson City.

There's always something special happening in Nevada.

Bet on it!

Write: Nevada for Recreation
State Capitol
Carson City, Nevada 89701

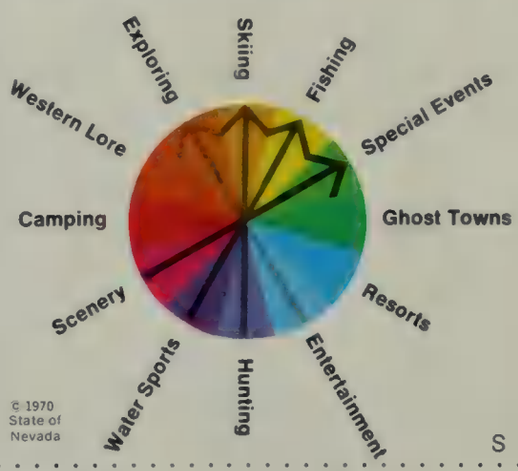
NAME _____

ADDRESS _____

CITY _____

STATE _____ ZIP _____

Pick your winning combination of Nevada recreations on the wheel (Circle your choice). We'll send you complete information and a FREE copy of Nevada Highways & Parks Magazine. Bet on it.



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S

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Your best traveling companion is a BankAmericard®. It can get a car fixed, a hotel room, an airplane ticket, a restaurant meal—even a pair of stockings. And it can do all these things and more in all fifty states plus many foreign countries. It eliminates the problem of carrying a lot of cash, or cashing checks in a strange city. And it does it all for free.

BankAmericard doesn't charge you an annual fee but it's more useful than the cards that do. It's good for entertainment and travel and for everything you're likely to need just about everywhere. An emergency visit to a dentist or doctor? Charge it to your BankAmericard. A little dress that catches your eye in a boutique? Your BankAmericard wraps it up. More film for your camera? The works at a beauty salon? A gift to take home? It's all so easy when you have a BankAmericard. And when you're home again, you'll find you can do all your day-to-day shopping with this convenient credit card.

Pick up a BankAmericard application soon. Find out why your best traveling companion is also the only credit card you really need.

You can join up to combat the threats

Area residents who are worried about its to our natural environment—and hardshelled or unperceptive persons l fail to be worried—have more or-zations to lend help to (or seek help) than ever before.

se include old-time nature and garden s spurred to new militancy by recent lopments, committees of business professional groups formed to lend members' special skills to questions lanning and environment protection, volatile college groups.

list focuses on Bay Area activism: old-timers, the well established more nt groups, and a few of the newest. need money to further their causes: ost all would also welcome new mem- and volunteer helpers.

ee groups deserve special mention d of the rest:

fornia Tomorrow
Market St., San Francisco 94105
ts hard-hitting quarterly *Cry California* iled to all members), this organization ex-es the problems of the state and outlines s of solving them.

ra Club, 1050 Mills Tower
Bush St., San Francisco 94104
nded in San Francisco in 1892, the Sierra has grown to become one of the most ected, most aggressive (and often reviled) servation organizations on local, state, and onal issues. The club's publications are wn worldwide. Write to the Bush Street ress for local chapter addresses.

The Nature Conservancy
Western Regional Office
215 Market St., San Francisco 94105
This highly effective national group seeks land conservation by private action—especially habitats of rare plants and threatened animals. It's currently raising funds for Lower Tubbs Island Preserve in the North Bay and land near Dumbarton Point in the South Bay.

Air and water pollution. Besides those listed, subcommittees of the Sierra Club and the Northern California Committee for Environmental Information are active. The governmental body directed to enforce air pollution regulations is the multicounty Bay Area Air Pollution Control District, 939 Ellis St., San Francisco 94109; critics charge it has been too conciliatory in its approach.

Citizens Against Air Pollution, Inc.
110 Roundtable Dr., San Jose 95111
Serves as watchdog and, where necessary, files suit against tax-supported smog agencies and major polluters.

Clean Air Coordinating Committee
987 Via Seville, Livermore 94550

Homemakers Against Pollution
Box 3050, Stanford 94305
Emphasizes recycling and a pattern of personal life that will minimize pollution.

Stop Smog Committee
300 Nevada Ave., Richmond 94801

City and county betterment. The list could be long. Marin County, for example, is well served by the Marin Conservation League and Tamalpais Conservation Club. Two busy city groups:

San Francisco Beautiful
260 Green St., San Francisco 94133
Initiates betterment projects; actively supports others that will help create a more attractive, more livable city.

San Francisco Tomorrow
2166 Market St., San Francisco 94114
New group, more active politically.

Environmental law. A last resort has become a first approach with many conservationists as they discover the value of aggressive legal action. Most law schools now have an active environmental law society. The Sierra Club and Save San Francisco Bay Association have legal committees. The Conservation Law Society (220 Bush St., San Francisco 94104) helps land owners through the legal tangle involved in deeding property to nonprofit organizations and government agencies.

Forest and plant resources. Much conservation effort is directed toward saving woodland and creating green belts.

California Garden Clubs, Inc.
Mrs. Milton R. Bell, State President
12 Oak Court, Walnut Creek 94596
Garden clubs too numerous to mention are continuing tree planting and highway landscaping projects—now with greater public appreciation. Write Mrs. Bell for local names and addresses.

Save-The-Redwoods League
114 Sansome St., San Francisco 94104
Seeks to prevent destruction of redwood parks by highway construction, dam building, and

Sometimes the challenge is immediate and local...

Many groups form as a response to a sudden threat: a development, a dam, a quarry that the members feel would eradicate nesting areas or invite further urban sprawl or hasten the degradation of the natural world.

Bay bridge #5

Southern Crossing Action Team
Box 548, Menlo Park 94025
Opposes proposed major highway bridge across San Francisco Bay north of San Mateo Bridge.

Lake Tahoe despoliation

League to Save Lake Tahoe
74 Los Altos Square, Los Altos 94022
Opposes developments and "improvements" that threaten the natural grandeur of the Lake Tahoe area.

Napa Valley sprawl

Citizens for the Agricultural Preserve
5690 Silverado Trail, Napa 94558

Napans Opposing Wastelands (NOW)
1393 Green Valley Rd., Napa 94558
These strive to hold Napa County farm land in a strong agricultural preserve.

Nuclear power plant

Coastal Coalition
203 Segri Place, Santa Cruz 95060
Fights proposed nuclear power plant at Davenport, north of Santa Cruz; opposes freeways and sprawl in Santa Cruz area.

Pescadero Creek dam

Local Initiative for Environment (LIFE)
Box 56, La Honda 94020
Works for area planning of coastside; opposes high dams below Portola State Park.

Point Reyes inholdings

Save Our Seashore (SOS)
2 Shell Court, Mill Valley 94941
Seeks to complete acquisition of the 31,000 acres still privately owned within boundaries of Point Reyes National Seashore.

Russian River dredging

Jenner Coastside Conservation Coalition
Box 64, Jenner 95450
Opposes proposed large-scale dredging of Russian River estuary and an 8,000-acre subdivision surrounding Jenner.

San Jose airport

Save Our Valley Action Committee
231 N. First St., San Jose 95113
Opposes creation of a third major jetport in the South San Francisco Bay Area; also working toward mass transit solutions.

inappropriate development; raises money (816 acres in 52 years) to purchase additional redwood groves.

Sempervirens Fund of Conservation Associates
Box 9294, Stanford 94305

Raises funds to acquire redwood groves, other forested property within proposed boundaries of Castle Rock and Big Basin Redwoods state parks.

Informational, educational, and coordinating groups. Some operate on shoestrings. All help spread the conservation gospel.

California Institute of Man in Nature
Box 392, Berkeley 94701

Coordinates field trips across California for Bay Area schools, provides teaching aids.

Ecology Action
Box 9334, Berkeley 94709

Activist group, mostly college-age; stresses conservation-conscious life-style. Several Bay Area chapters.

Ecology Center
710 Montgomery St., San Francisco 94111

Information center staffed by volunteers, making facilities, resources, and speakers available to those needing them. Similar groups: Berkeley Ecology Center, 2179 Allston Way, Berkeley 94704; Marin Ecology Center, 937A Sir Francis Drake Blvd., Kentfield 94904; Valley Ecology Center, 843 North M St., Livermore 94550.

Northern California Committee for Environmental Information
Box 761, Berkeley 94701

Affiliated with Scientists' Institute for Public Information, publishers of *Environment*; sponsors study groups, public forums; provides speakers; emphasizes scientific contributions.

Peninsula Conservation Center
Box 548, Menlo Park 94025

Active twosome (Claire Dedrick, Janet Adams) serves as public relations/mail service for conservation groups, campaigns to pass effective conservation laws.

United New Conservationists
487 Park Ave., San Jose 95110

Newly formed confederation of environmentally concerned citizen groups.

Open space. All conservation groups, of course, want to minimize the incursions of creeping urbanism and expanding industry into undeveloped scenic land. These are especially so involved:

Committee for Green Foothills
Box 11511, Palo Alto 94306

Opposes "destructive, short sighted" development of the Peninsula foothills.

People for Open Space
126 Post St., San Francisco 94108

Aims at preserving land as open space in the San Francisco Bay Area by zoning, creation of special districts, or outright purchases.

Save the Coast
117 Meadow Rd., Santa Cruz 95060

Fights to preserve open space and preserve natural landscape between Santa Cruz and Half Moon Bay.

Political action. Conservation groups can't help but get involved in politics. One group in it full time is the Planning and Conservation League, 909 12th St., Sacramento 95814. This nonprofit, nonpartisan corporation represents 92 organizations, employs a full-time lobbyist to press for state-level legislative action "to protect and preserve the quality of California's environment."

Population. These multichapter organizations feel that population growth underlies most of our environmental problems.

Planned Parenthood
Western Region Office
655 Sutter St., San Francsico 94102

Zero Population Growth (ZPG)
367 State St., Los Altos 94022

San Francisco Bay: the fight against shoreline development. Almost all conservation groups in the Bay Area are involved in this struggle; allied with them, although often criticized as being too slow-moving, is the Bay Conservation and Development Commission (BCDC).

Contra Costa Shoreline Parks Committe
645 Cyprus Point Rd., Richmond 9480
Low-pressure group oriented to planning tion, "watch-dogging."

Save Our Bay Action Committee
Box 548, Menlo Park 94025

Coordinates Bay shoreline efforts; distri literature, engages in political action.

Save San Francisco Bay Association
Box 925, Berkeley 94701

Chiefly educational; provides data sheets films on the Bay, aids students.

West Contra Costa Conservation Leogu
1015 Leneve Place, Richmond 94530

Stresses research, public information, poli pressure; "human resources first."

Scenic roads and highways. Here the is to prevent destruction of scenic a by unneeded or needlessly wide roads, to press for anti-billboard nances, and to have certain roads clared California Scenic Highways, attendant safeguards.

California Roadside Council, Inc.
2636 Ocean Ave., San Francisco 94132

Statewide organization devoted to bett the appearance of roads and eliminating sightly billboards.

Scenic Roads Association
3030 Bridgeway, Sausalito 94965

Keep State 1 from Marin to Humboldt C ties from becoming another highspeed free

Skyline Scenic Recreation Route Commi
c/o County of Santa Clara Planning Dep
70 W. Hedding St., San Jose 95110

Establish as a California Scenic Highwa combination of ridgetop roads in San F cisco, Santa Clara, San Mateo, and S Cruz counties.

Wildlife and habitat protection. Bird ers have a long tradition of preserv land for wildfowl, setting up study ters, publishing books and magazi Other groups have banded together save specific species: tule elk, bigh sheep, mustangs, and burros.

California Wildlife Federation
2644 Judah St., San Francisco 94122

Involved in scores of issues: court app ances, public presentations, data gather

Izaak Walton League of America
1326 Waukegan Rd., Glenview, Ill. 600

National Audubon Society
Bay Area Educational Services
1749A Grove St., Berkeley 94709

A conservation pioneer, now stronger t ever; fights to preserve species habitat. S chapters in the Bay Area alone.

South San Francisco Baylands Planning, Conservation, and National Wildlife Refuge Committee
c/o Arthur Ogilvie
70 W. Hedding St., San Jose 95110

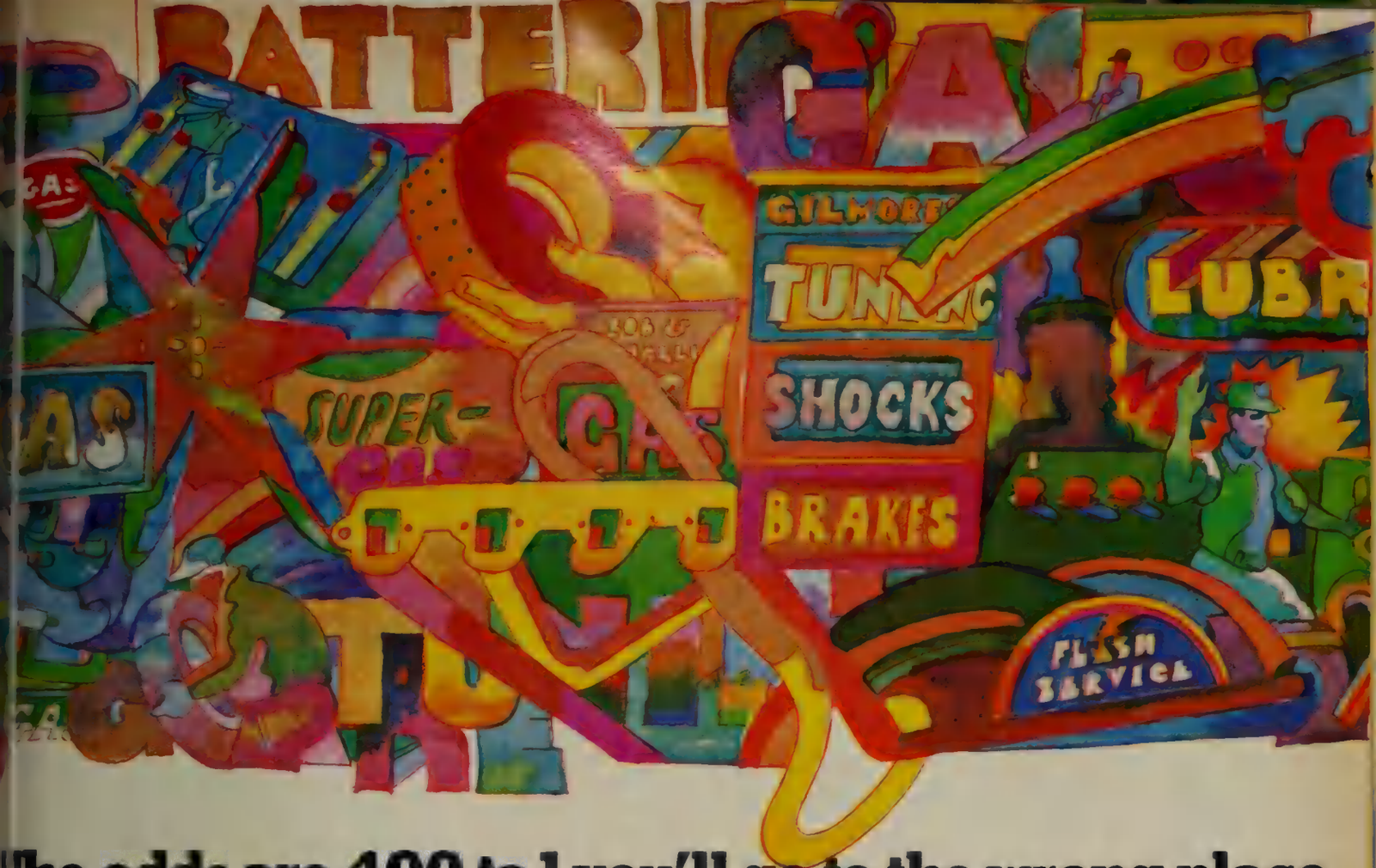
Seeks to establish national wildlife refuge south end of San Francisco Bay.

Wilderness Society, Western Region
5850 E. Jewell Ave., Denver, Colo. 8022

Works to preserve wilderness areas.

DARROW M. WATT

Newsletters *and magazines give members of conservation organizations a pipeline to current news and opinion*



'he odds are 400 to 1 you'll go to the wrong place ıext time you need a muffler.

Cars don't need mufflers very often.

So, when yours does, you'll probably stop in at the first ce that has a muffler sign in front.

Which puts us at a disadvantage.

At last count, there were 211,474 gas stations in the ited States. Right now, there are only 564 Midas Shops.

With odds like that against us, the only way we can your business is to do a better job.

Here's how we go about it.

We give you a guarantee.

Since a gas station's business doesn't depend on muf-'s, many of them don't guarantee mufflers.

Our business does depend on mufflers, so every Midas op in the country offers this guarantee:

If anything goes wrong with a Midas muffler we install, we'll replace it for just a service charge.

This guarantee is good on any car made in America, d it's good as long as you own the car.

We don't waste your time.

Gas stations pump gas, change oil, clean windshields d do all sorts of things that take time away from replac-your muffler. So you'll probably have to do without ur car for a whole day.

At Midas, mufflers are the biggest part of our business. we're geared to replace a muffler in 30 minutes. Or less. Waiting any longer is a waste of time.

We'll get the job done.

Since gas stations don't specialize in exhaust systems, ey may not have the muffler you need.

Or the pipe you need.

Or the people to handle the job if it gets complicated.

Any of these conditions can make getting your muffler replaced very frustrating.

That's why we thought someone should specialize in exhaust systems in the first place.

As a result of our specializing, we make mufflers and pipes for 1,770 car models.

Finally, our people are trained exhaust system mechanics. They're the best in the business at what they do.

What's the charge?

You probably think we charge more.

The fact is, we charge less than most gas stations.

A few here and there may charge a little less than we do.

But you can find out for yourself.

Next time you need a muffler, look us up in the Yellow Pages.

Get our price.

Then check the gas stations.

All we ask is that you keep in mind 1) the time we save you, 2) the guarantee we give you and 3) that we don't charge for installation.

If you do, we think we have a good chance of cutting down the odds against us.

We hope so.

Our business depends on it.

Midas®

We install mufflers for a living.
We have to do a better job.

The wild game.
EAST AFRICA
With Europe in the bargain.

If you think vacationing in East Africa an impossible dream, you're in for a pleasant awakening. Today, the most fabulous vacation of a lifetime is only jet hours away, and air fares are at bargain levels. You'll thrill to the exotic sights of Kenya, Tanzania, Uganda, and the Historic Tour of Ethiopia. The spectacular scenery, mild climate and friendly hospitality. The wild game. Modern hotels and bargain shopping. Ancient history and all that jazz. What's more, you can swing through Europe, too, at no extra air fare, *courtesy* of Ethiopian Airlines, and you'll fly in luxury all the way. Mail the coupon, now! Or see your Travel Agent, or TWA.

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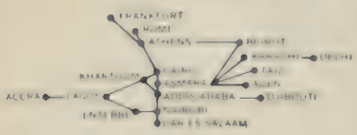
1800 N. Argyle St., Hollywood, Calif. 90028



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Please send me information about the excitement of travel to incredible East Africa, with stopovers in Europe at no extra airfare, on Ethiopian Airlines' Boeing Fan Jets departing from European Gateways.

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CHARLES E. BAR[illegible]

Trio *of competitors trot over last crossing of the American River*

100 miles in just one day

Early on the morning of August 15 m[illegible] than 150 riders will stumble through t[illegible] dark, saddling horses and double-checki[illegible] equipment in final preparation for t[illegible] 16th annual competitive ride over a tr[illegible] that is older than the State of Californ[illegible] The riders are participants in the Tev[illegible]

Horse *and rider refuel at checking station before moving on*

Historic flags over California

colorful poster from **Sunset** *to celebrate the Portolá Bi-Centennial*

California's Portolá Bi-Centennial — celebrated in 1969 and 1970, two hundred years after Gaspar De Portolá made his heroic founding journey through Alta California — is a fitting time to review the great heritage of this dynamic state. *Sunset* is pleased to cooperate with the State of California Parks and Recreation Department in preparing and producing a large, colorful poster that pictures the surprisingly numerous and interesting sovereign flags that have flown over the Golden State since 1542. In producing these posters for the Department, we allowed for an additional number of copies our readers may wish to order.

While *Sunset Magazine* is involved with — and circulated to — all of the Western states, it has a deep interest in the history of California. It was founded in San Francisco in 1898 by the Southern Pacific Company—named after its famous Sunset Limited train which linked eastern America with our West Coast. And *Sunset Magazine* has been identified with the state's growth, reporting on its events and its progress for more than 70 years. Along with many books on other states in the West, *Sunset* publishes several that picture California's beauty and suggest travel opportunities in its various regions. It also acts as distributor for books from the California Historical Society.

The flags of California make up a fascinating chronology of the many stages of the state's history. All 16 of them are reproduced here for the first time, in five special colors on heavy gloss paper that is ideal for framing. Size: 15¾″ x 17$\frac{15}{16}$″. Each flag is pictured again, and described in full, on the reverse side of the poster. Price $1.50 (or you may order 4 posters for only $5.00). Shipped postpaid, and rolled in a special protective tube.

Only $1.50 — Send this coupon now

LANE MAGAZINE & BOOK COMPANY
Menlo Park, Calif. 94025

Please send _____ *Flags flown over California since 1542* posters. I enclose $1.50 for each poster ordered (4 posters only $5).

Enclosed $ _____
Calif. residents add 5% tax (5½% where applicable)

NAME _____

ADDRESS _____

CITY _____

STATE _____ ZIP _____

If you order lunch on the beach, we'll find you.

But life isn't all papaya and pineapple when you're visiting with the Hiltons in Hawaii.

There's the excitement of things you've always wanted to do. Battling a broadbill off the Kona Hilton, on the Big Island. Riding a surfboard in a curl off the Hilton Hawaiian Village. Tempting the percentages on one of the world's most demanding golf courses, next to the Maui Hilton.

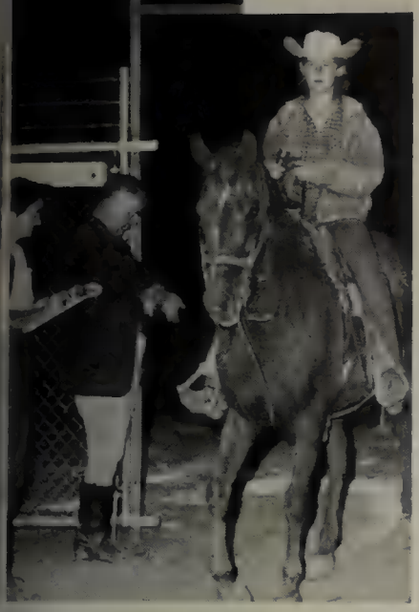
Another kind of life? That's what you expect in Hawaii. And what you get when you stay with the Hiltons. H

Come visit the Hiltons.

Call the Hilton Reservation Service in your city or call your travel agent.

CHARLES E. BARIEAU

FINIS



At finish line *in Auburn, rider's time is recorded. Night riders use a light*

p 100 Miles One Day Ride over the estern States Trail, an old forty-niner ute between Tahoe City and Auburn. ey, like the express riders of the Gold ush era, will attempt to cover the gged, 100-mile route in less than a day. e Tevis Cup ride, a demanding en- rance test for horse and rider, preserves Old West tradition.

ntil the discovery of gold in 1848, much this area was the hunting ground of e Washo Indians, a peaceful people ose staple food was piñon nuts. They re driven from the area by the influx prospectors and by skirmishes with e Paiutes.

miners began to pour in, their demand r mail delivery was met by Wells Fargo Company; in 1852 express riders from e company's Auburn office began carry- g mail to mining camps along the trail. is pioneer service was a forerunner of e Pony Express, which began cross- untry mail service in 1860.

1872 Lloyd Tevis became president of ells Fargo, and under his direction the mpany prospered. The Tevis Cup was tablished in his memory, to commemo- te the trail his express riders used.

his year, horsemen will leave Tahoe ity at 5 A.M. on Saturday, August 15, d should start arriving at the Auburn airgrounds sometime after 9 P.M. Spec- tors are welcome at the starting and nishing points, or at any of the veteri- ary checking stations along the trail. oads into these stations are rough.

or a brochure describing the rules of e race and listing checking stations long the route, write to the Western tates Trail Ride, Inc., Box 1228, Au- urn, Calif. 95603.

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STAR OF INDIA

San Diego's lively waterfront

Afoot, afloat, and by car . . . you can fish, visit ships, sightsee, eat, and watch the water

San Diego Harbor is a notable exception to the rule that waterfronts are ugly and conceal the fascination of great ships: It provides both visual and recreational amenities for people against a colorful backdrop of commercial and naval vessels.

It offers parks where you may stroll and play, a pier and embankments for fishing, boat launching, a small beach, and places to watch the big ships go by or take a close look at yachts, tuna clippers, oceanographic craft, and an antique sailing ship. And it offers thriving complexes of marinas, hotels, shops, and restaurants oriented to a water view. In sum, all these elements represent an important contribution to the quality of life of the city, and a source of revenue that few other ports exploit.

Activity centers in three areas: the Embarcadero and two manmade peninsulas called Harbor and Shelter islands. On these eight pages we show you around.

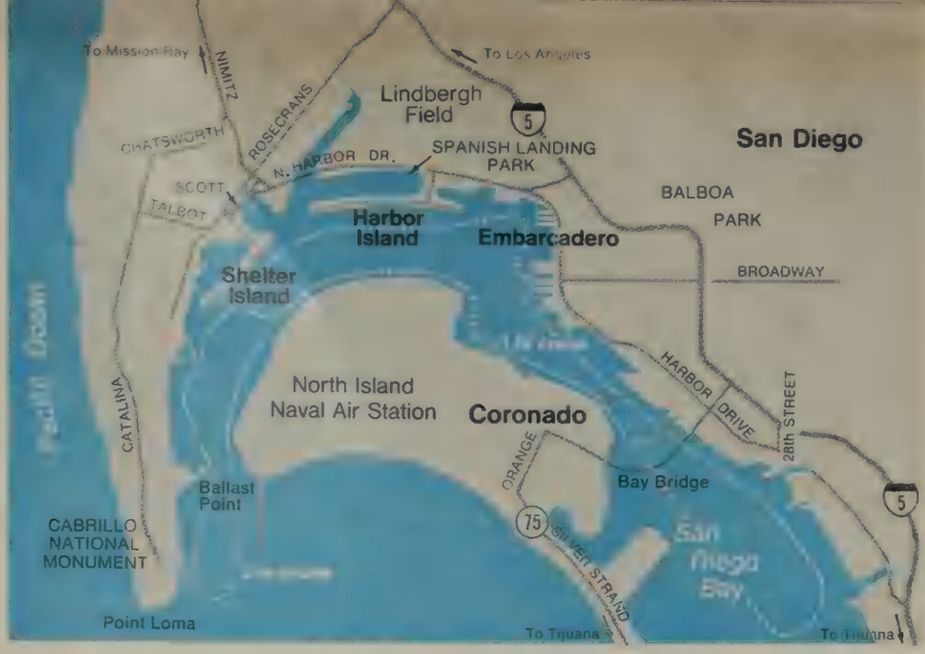
Newest *peninsula is Harbor Island. Its landscaped public front is for strolling, ship watching, bank fishing*

GLENN CHRISTIANSEN

Centenarian *merchantman Star of India, far left, is moored beside Harbor Drive between B Street Pier and a waterfront restaurant on the Embarcadero, and is open every day. At near left, summer evening fog hovers over Point Loma as a modern cargo vessel comes in*

Balloons soar *as crack of champagne bottle sends a fast LST down the ways. Offshore, ship construction can be seen from 2-hour cruise boat. For information on next launching, call (714) 232-4011*

San Diego Bay is just the right size and shape for harbor cruising



The Navy *up close. Missile cruiser Chicago is usually to be seen at North Island dock*

est way to get your bearings is on ›or excursion, for San Diego Bay is d perfectly for this purpose. It is r a confusing maze, like the Los es - Long Beach harbor, nor too big ısp, like San Francisco Bay. Both 2-hour cruises are loops close along- with a view of a full range of air, e, and undersea craft and harbor ty otherwise hidden from view. The st is spread evenly, with few gaps the narrator has nothing to say.

›oats have high upper decks so you e above seawalls. For the best view, ›phisticated excursionist will consult ›aper tide tables for the time of ide; the tidal range can be as much feet this month.

Boats leave from the well marked dock on Harbor Drive at the foot of Broadway. One-hour cruises leave at 45-minute intervals from 10:30 A.M. to 5:30 P.M. every day (adults, $1.75; children 5 to 11, 75 cents; those under 5, free). Two-hour cruises leave at 10 A.M. and 2 P.M. every day (adults, $3; children 5 to 11, $1.50). The schedule changes after Labor Day.

The shorter cruise gets you as far west as Shelter Island and down-bay almost to the bridge. The longer one takes you to the sea at Point Loma and down as far as the moth-balled fleet—a 25-mile loop.

When you disembark at the dock on the Embarcadero, walk south to see—on Saturdays and Sundays, 1 to 4 P.M.—a Navy ship holding open house; telephone (714)

One-hour *cruise boat off Harbor Island. Upper deck provides height needed (at all but highest tide) to see above banks*

GLENN CHRISTIANSEN

Graceful *bridge to Coronado, a dramatic addition to harbor scene last year, as seen on 2-hour boat tour*

235-3534 to confirm.

Then it's a good walk (or short drive) down Harbor Drive past more docks—one with a city Photo Vantage Point sign—to the Fish Market. Here the many shops display a good sampling of seafood, including one fish not readily available farther north, the delicate totuava from the Gulf of California.

Beyond, the old Coronado ferry slips and the restaurant that was next to them are gone. The Port of San Diego plans a world trade center for the site later on.

North of the excursion-boat dock you come soon to the former squarerigger *Star of India*—next to a seafood restaurant and across the street from a newly expanded hotel.

Go aboard the vessel for a hint of sea life a century ago. It's open every day, 9 A.M. to 8 P.M.—adults, 75 cents; children 12 and under, 25 cents. This is probably the oldest (1863) iron-hulled merchantman still afloat, with heavy, hand-riveted hull plates. Under painstaking restoration since 1959, she is becoming once more a thing of beauty. Rigged as a bark, her sails are now complete, and a voyage for a photographic record may be made later this year or next. Especially interesting are the captain's and passengers' quarters, grouped around a skylit saloon, and a tween-decks museum.

Walk north to see some picturesque action on weekdays at the net yard on the seawall dock for long-range tuna clippers. It's a working area, so you must stay outside the fence to watch the complex manipulation of nets that cover 20 acres. Beyond, the Grape Street piers, also a working area, dock the nearly 100 vessels of the tuna fleet—the nation's largest.

The port's second nucleus of people-activity is Harbor Island. To reach it, follow Harbor Drive north then west past the Coast Guard air station, to the marked exit beyond the airport exit.

The island consists of a strip park on the channel side of the road—its landscaping now mature—and land for development

Youngster *peers out timber-load port cut into stern of Star of In*

Along the Embarcadero . . . board a Navy ship . . . board the old *Star of India*

GLENN CHRISTIAN

Tween-decks *the old freighter now has a spacious open area for a growing nautical museum*

Weekend *afternoons: open house on Navy ship. This is the Frank Knox*

Weekday *activity: Tuna net dip and repair yard, on the Embarcadero, services the tuna clipper fleet*

R OF INDIA
SAN DIEGO
0
9
8
7

on the inland side. Enough building has taken place to suggest its final character: three restaurants, two big hotels, and two marina complexes also with restaurants. Their boat slips are now nearly all occupied; one marina offers sailboat rentals. The causeway separates the yacht basin on the west from an oceanographic center on the other side.

Harbor Island does not have the public recreational diversity or space that the older Shelter Island has, but it is a good place for a walk and a look at ships. Friday afternoon, when Navy ships moor right offshore, is usually most active.

Shelter Island is on out in the lee of the Point Loma hills. The route is again Harbor Drive, past Spanish Landing Park—a small strip park that extends about half the length of the yacht basin created by Harbor Island. It's a pleasant place to stroll and sit, a foreground for boating activity in the basin.

Harbor Drive ends just beyond the famed Naval Training Center, which displays a dry-land practice "ship" next to the road.

A block before the end, turn left on Scott Street to reach the Municipal Pier. Here there's plenty of action, with three sportfishing operators (two at the pier, another nearby), a cannery-smokehouse for the successful fisherman, a fish market for the unlucky, and restaurants that overlook the scene.

There's a wide range of party boat offerings—half-day trips to nearby kelp beds, two weeks to the tip of Baja California. With the advent of big boats with bunks and galleys, you can go aboard the night before and awaken at the fishing grounds—the Coronado Islands for a day of yellowtail fishing, or farther at sea for albacore. A five-day trip will get you to

Shelter Island's *pier launches this young lady's fishing career. No one needs a license here*

Railed *captain's walk of San Diego Yacht Club (on mainland) looms above boats moored in the yacht basin created by Shelter Island*

Harbor Island to Shelter Island . . . fish from a pier, go on a party boat

Palms—*first planting on islands—set off floating restaurant on Harbor Island, left, and an impromptu golf fairway on Shelter Island*

rich waters of Guadalupe or Cedros l the San Benito islands off Baja.

lter Island Drive is a short distance ng Scott Street, and its traffic on a ny summer afternoon testifies to the cess of Shelter Island. A causeway ling out to the peninsula, it is lined h an astonishing array of boat-related inesses: yacht dealers, ship chandleries, makers, marinas, shipyards—and the rlin Club, where perhaps you'll see a big fish strung up for photography.

A drive on the island shows its wealth of restaurants, clubs, and motels. The southern tip is the place to see sailboats on regatta days, for this is the entrance to a basin filled with more than 2,000 boats. The island's channel side is park—with a launching ramp and a fishing pier—and from its grassy promenade you can see the craft that enter.

(Both islands have directories of facilities. Write to Harbor Island Hosts Association, Reuben E. Lee, 880 E. Harbor Island Dr., San Diego 92106; and to Greater Shelter Island Association, 2303 Shelter Island Dr., San Diego 92106.)

Finally, drive out to Cabrillo National Monument, on the tip of Point Loma. The route, shown on our map, is marked with signs. Look at the old lighthouse, the newer museum, and the city's finest view —over the entire harbor.

Morning *half-day party boat leaves at 6 for Point Loma or Tijuana kelp beds (off Imperial Beach), returns at noon*

Two artists *capture the scene that restaurant diners view beside basin that holds sportfishing fleet and other boats*

GLENN CHRISTIANSEN

GLENN CHRISTIANSEN

The Lounge. *Plop it on the floor and fall on top; the bean bag conforms to your body shape*

The Hassock. *Fold up the extra fabric at the top and jump on*

The Chair. *Sit down at front and wiggle around to form a back rest*

With *a passenger on board, the 51-inch-tall bag settles down gently to about 2 feet*

or men wh
o at Dayt

DARROW M. WATT

Harry Franklin *shows African mask at Gallery on Rodeo*

Tiger *from West Germany is life-sized: 5 feet long, plus 33-inch tail. Guide from Beverly Hills Convention Bureau tickles his chin. F.A.O. Schwartz, on Rodeo*

Paella makings *all from one store include pan and live lobster. Phil's Poultry and Fish, on Beverly*

Cheeses—*300 to 400 kinds—cram Beverly cheese shop*

Tortoises *started in center of the circle. Goal was to cross into surrounding darker area. The tortoise at far right is close; entr*

You can enter and race your own turtl

Turtle trainers have been priming their hopefuls on lean meat and lettuce for months to compete in San Jose's World Championship Annual Turtle Races on Sunday, August 2.

The city park and recreation department sponsors the affair near the Happy Hollow children's section of Kelley Park. This year turtle handlers must be no older than 16. Between 9 A.M. and 1 P.M. on the day of the race, you register your turtle and officials paint on the shell a number in silver nitrate (ordinary paint interferes with the turtle's normal breathing process).

There are three heats for tortoises (horny-clawed, dry land species) and five categories for turtles or terrapins (water dwelling, paddle-limbed creatures). Each entrant competes against contestants of similar size.

If yours is a turtleless family, you can purchase a contestant from a pet store or from a concessionaire at the race site and take your chances with a speedster of unknown potential.

If your turtle is swift on level ground, he should enter the circle race at 1 P.M. Contestants are placed in a wire pen in the center of a watered-down large circle; the enclosure is lifted and the first turtle to find his way to the edge of the ci takes home a trophy. At 2:30 the steep chase gives hill-climbing turtles a cha to race on a large elevated course. T entrants crawl on a level area, dow slope, ford a water course, climb a gra and finish by plopping into a trough wh

Sporting *Olympic symbol rings, tortoise clambers along steeplechase course past wire guardrail near finish*

Adhesive tape *is used by some owners to decorate entrants—to help spot them in the pack*

PETE REDPATH

t finished second; the winner was fellow at rear

Starter's gun *begins steeplechase race for the row of contestants*

Chargers *are allowed to get feel of course before race*

r you can just watch

are retrieved by their owners.

eed is not one of your turtle's at-
tes, enter him in the slowpoke race.
contestants are placed in the center
ring and the last one to move wins.
non-race starts at 3:30 P.M. A ver-
: turtle can enter all three events.

year, 270 turtles showed up. One of
best turtle carrying cases was a sty-
foam picnic container, well punc-
l with air holes.

s take place in the parking lot of
by Hollow, a 5-acre children's area
rides, exhibits, and marionette and
et shows at noon, 2, and 4 P.M.
by Hollow, about a mile west of U.S.
off Story Road, is open from 10 A.M.
P.M. weekdays, 11 A.M. to 6 P.M.
ends during the summer.

Owners cheer *contenders while misdirected entrant wanders off course*

One whiff of tender fresh basil leaves begins to unweave the magic of *pesto alla Genovese*, or pesto of Genoa, the memory of which brought home the great seafarers of this ancient Mediterranean port.

Pesto is fabled to be the synthesis of flavors and fragrances of sunny Ligurian hills and lovingly cared-for gardens, with a simplicity that suggests the frugal life of this region. Actually, it is just an innocent-looking, quickly made, green paste of basil, Parmesan cheese, and olive oil, sometimes with other semiclassical additions such as pine nuts, garlic, and lemon. It's relatively mild, yet a delight when paired with tomatoes, pasta, and a host of foods.

Happily, you don't have to learn to like pesto; most likely you just will. It's a taste that wears well because of pesto's ability to accent the flavors of other foods.

To increase its versatility, the sauce can be compounded into butter, mayonnaise, and an oil and vinegar dressing.

Here in the West, basil (or sweet basil or basilico) is a popular garden herb, seen with increasing frequency in produce markets (you may have to order it ahead). If you are totally removed from a supply of fresh basil you can still try pesto; it is available canned, and in some areas frozen pesto can be found.

BASIC PESTO SAUCE

2 cups packed fresh basil leaves, washed and drained well
1 cup freshly grated Parmesan cheese
½ cup olive oil

Put basil in a blender jar; add cheese and oil and cover. Turning motor on and off, whirl at high speed until a very coarse purée is formed; push pesto down from sides of blender jar frequently with a rubber spatula. Use at once, cover and refrigerate up to a week, or freeze in small portions. The surface will darken when exposed to air, so stir the pesto before using. Makes about 1⅓ cups.

Pesto Butter. Blend 3 tablespoons basic pesto sauce with ½ cup soft butter. Makes ⅔ cup.

Pesto Mayonnaise. In a blender jar combine 1 egg, 2 tablespoons lemon juice, and 1 clove garlic. Cover and whirl at high speed until blended. Turn motor off, add ½ cup basic pesto sauce, then turn on high speed and gradually pour in ½ cup melted butter and ¾ cup salad oil. For pouring or dipping consistency sauce, serve at once or at room temperature; for a thicker sauce, cover, chill. Makes 2 cups.

Pesto Dressing. Blend 6 tablespoons basic pesto sauce with ⅓ cup wine vinegar, ⅔ cup olive oil, and 1 minced garlic clove. Mix before using. Makes 1⅓ cups.

Pastes and pesto

Mixing noodles with the basic pesto sauce, butter, and more cheese is one of the finest pesto traditions; or go one step further and swirl pesto into creamy fettuccine.

With pasta: To 4 cups hot, cooked, and drained flat noodles, spaghetti, or similar pasta, add 6 tablespoons basic pesto sauce, 4 tablespoons soft butter, and mix quickly with two forks. Add 1 cup freshly grated Parmesan cheese and mix. Serve with more cheese and pesto to add to taste. Makes 4 to 6 servings.

With fettuccine: In a wide frying pan, bring 2 cups whipping cream to boil. Blend in 4 cups hot, cooked, drained fettuccine noodles (12 oz., fresh or homemade) and 6 to 8 tablespoons basic pesto sauce; return to full boil on highest heat. Remove from heat and with two forks mix in 1 cup freshly grated Parmesan cheese. Serve with more cheese and pesto to add to taste. Makes 6 to 8 servings.

Vegetables and pesto

All forms of pesto have a special affinity for vegetables.

Add basic pesto sauce to taste to cooked, and buttered artichokes, g beans, Italian green beans, broccoli, rots, cauliflower, eggplant, potatoes (baked potatoes), peas, spinach, toma or zucchini.

Add pesto butter to these same v tables if they are unbuttered. Sprea also on tomato halves, sprinkle grated Parmesan cheese, and broil heated and topping is browned.

Pass pesto mayonnaise to spoon on a sired to any of the vegetables sugge with the basic pesto sauce; or serve m onnaise as a dip for hot or cold w artichokes.

Pour pesto dressing as a marinade cold cooked artichoke hearts, or unco and sliced mushrooms, tomatoes, cuc ber, or zucchini.

Eggs with pesto

Fold about 1 tablespoon basic pesto s into a cooked 2 or 3-egg omelet.

Or mash each yolk of a hard-cooked with 1 teaspoon *each* basic pesto s and mayonnaise, and salt to taste. egg whites with seasoned yolks.

Soups and pesto

Add basic pesto sauce or pesto butter suit your taste, to individual serving homemade or canned soup—minestr tomato, spinach, chicken, clear bro

Meat and fish with pesto

Pesto mayonnaise with its touch of le is especially suited as the final touch hot cooked beef, lamb, chicken, l pork cuts, salmon, turbot, other white f

Salad with pesto

Pour pesto dressing over salad green moisten; for variety include hard-coo eggs, a few pine nuts, or any of vegetables suggested above to marin in the dressing. For seafood salads, p dressing over cold cooked shrimp or c

GLENN CHRISTIAN

Pesto

An innocent-looking sau is the great cooking secret Genoa. Here's how to make i And here are ways to use

Perched *in limbs of a t*
young chefs relish steak str
garlic bread, and corn-on-
cob, hot from the g

Here is a barbecue meal that 10 to 12-year-olds can handle

Picnicking high in a tree house is the reward for these 10 and 12-year-old boys after cooking their own dinner over a barbecue grill. The cooking was a new experience for most of them.

For young boys, barbecuing offers adventure and a good way to acquire cooking skills. The techniques can be taught in a group lesson under adult supervision, with prompt rewards for all (as pictured here). Or one or two boys can follow these directions to barbecue dinner for their families.

The menu is planned around a thick cut of beef chuck sliced after cooking into flavorful steak strips. Achieving a good brown steak that's tender and juicy inside challenges a boy's barbecuing skills. Foil-wrapped corn and French bread grill with it. There's watermelon for dessert.

Boys' barbecue

Beef Chuck Steak Strips
Barbecued Corn-on-the-Cob
Garlic French Bread
Watermelon

The simple, reliable method of fire-handling described at right suits any style of barbecue whose grill can be placed about 4 inches above the fire. The grill should be about 21 inches in diameter to hold everything. You'll also need charcoal briquets, liquid fire starter, and tongs.

DARROW M. WATT

Squeeze down *hard on the press to crush the garlic for chuck roast marinade*

Foil-wrapped *corn and loaf of French bread heat on the grill along with meat*

Using *serrated knife, saw through French bread horizontally, then spread with garlic butter*

For meat, buy a boneless 4-pound ch roast, cut about 2 inches thick and ti

Start by preparing the meat. Spri chuck roast with unseasoned meat t derizer and pierce with a fork, follow directions on the package of tenderi Place in a shallow pan. In a bowl c bine ⅓ cup lemon juice (about 2 lemo with ⅓ cup olive oil, ½ teaspoon e oregano and thyme, and ¼ teaspoon p per. Squeeze 3 cloves garlic through press or finely chop them; stir into lem oil mixture. Pour over meat. Cover p and let stand for 1 hour; uncover a turn meat over several times.

Then start the fire. Clear the fire bed a if needed, remove ashes to clear dra so the fire will get plenty of air. Co out about three dozen briquets and range in a pyramid in center of fire b Saturate charcoal with several squi liquid fire starter. Wait 5 minutes, th light with a match.

Let fire burn 30 to 40 minutes, or un coals look gray (in daytime) or glow r (at night). Reach in with tongs a spread coals evenly below cooking are Set grill in place 4 inches above fire, a let fire burn a few minutes more to cle the grill; if necessary, scrub it with a wi brush to remove burned particles.

Put meat on to cook. Let it grill 20 t 25 minutes on one side then turn a grill the other side 20 to 25 minut longer (for medium rare). Stand by a check to see if meat is browning even If the fire starts to cool off, add a fe more charcoal briquets. When you thi it is about done, make a small cut in t center of meat to see how pink it i When done to your satisfaction, bring carving board to the grill and lift mea onto it. Slice across into thick strip Makes about 8 servings.

Get the corn and garlic bread ready s they can heat on the grill during the las 20 minutes the meat cooks: Remov husks and silk from 12 ears of corn, sprin kle with salt, and wrap each in a sing thickness of foil. Turn often on grill. Cu French bread lengthwise. In a bowl mi ¼ pound soft butter and 1 clove garli (mashed or finely chopped); spread on both halves of bread, put loaf together, and wrap in foil. Turn while on grill.

Two breeze-cooled decks *overlooking Lake Coeur d'Alene, one roofed, one open to the sky, give owners a choice*

Weekend place in Idaho . . . a big open deck and almost half a house

Double doors *open the 6 by 8-foo camp kitchen, with its storage shelve and work counter, to the deck*

DON NORMARK

en from lake, *roofed deck nestles in shade on slope above sunny beach, seems hardly to disturb native trees. Open deck is at right*

antage point *for watching oating and swimming activity is at that runs around three des of roofed deck*

Two decks tucked into the woods on a slope above Lake Coeur d'Alene are one family's version of a summer place. This retreat gives them a maximum of summer outdoor living yet makes a minimum impact on the natural landscape they cherish. It is less than a cabin but more than a camp, ready for use immediately on arrival.

The owners, Mr. and Mrs. Allan H. Toole and their two children, searched a long time to find this remote stretch of wooded lakeshore. Their original idea was to use the property for camping. But during the first summer, living in a tent pitched on the beach, they found themselves moving back into the cool shade of the trees to escape the heat.

Next they tried building a deck big enough for a picnic table and benches, with room to spread four sleeping bags under the stars. This worked so well that they took the final step of adding an adjoining roofed deck, sited to disturb the land as little as possible. It extends their period of use to include spring and fall.

The open deck is 16 feet square; the roofed deck, 22 feet square. A 7-foot bridge joins the two. A 6 by 15-foot enclosed space on the roofed deck contains a storage closet at one end, dressing room at the other, and a camp kitchen in the middle.

Electricity has been brought in for light and cooking, but there is no running water. The Tooles bring drinking water from home in plastic gallon containers and get washing water from the lake. Parking is on top of the hill, about 100 yards from the decks over a switchback trail. The architects were Trogdon-Smith of Spokane.

How safe are glass

Horseplay *accounts for its share of accidents. Here 1 by 6's are visual warning, serve as bumpers*

DARROW M. WATT

walls and what can you do to make yours safer?

O of our editors shudders every time he r embers the day his 4-year-old niece, ious to join her small cousins at play i the garden, ran straight through a f r-to-ceiling window. Fortunately her s ed and angle of impact were such that a r breaking through she fell out of r ge of the shower of dagger-shaped p es of glass and the large jagged sec- t n that held momentarily, then fell like a uillotine blade.

s kind of accident isn't as infrequent you may think. The U.S. Public Health vice estimates that more than 100,000 sons are injured, many fatally, each r in the United States by walking or ing through glass doors and panels (in- ding shower and tub enclosures). About 000 of these are children.

cently a study group set up by the tional Safety Council turned up these eresting facts:

Approximately 80 per cent of those in- red by door glass were between the ages 5 and 44; a third of these were 5 to 14.

Three times out of four, the victims were ing from the building to the outdoors.

About 20 per cent of the accidents happened even though the glass was marked with decals, muntins, or divisions.

BUILDING CODES PROTECT SOME HOME OWNERS, NOT OTHERS

With facts like these at hand and with so many people familiar with the potential danger from personal experience or from hair-raising tales of friends, you'd assume that legislation to control the kind of glass used in hazardous situations would be in effect everywhere. Not so. Out of 50 states, only 10 (including Washington and Oregon) have updated safety glazing requirements in the form of laws or modernized building codes. Seven more are now considering such legislation (the California bill was awaiting the governor's signature at *Sunset's* press time).

The UBC (Uniform Building Code) limits the kind of glass to be used in specific locations: if all communities followed it, the hazard would be greatly reduced. But its adoption is far from consistent. We found some communities so concerned that they amended the UBC section to make controls even tougher, while unincorporated parts of the same county had no established restrictions.

NATIONWIDE CONTROLS ARE A POSSIBILITY

If nationwide controls become a reality, it will be mainly due to the efforts of the Consumer Glass Safety Committee (CGSC)—a group representing government and voluntary safety agencies, major glass manufacturers, fabricators, and distributors, aluminum door manufacturers, and labor organizations. After formation in January, 1970, its first official act was to draw up a model legislative bill that would upgrade glazing requirements at state level. Hopefully, this will be widely adopted.

APPROVED SAFETY GLASS AND PLASTIC

If your community has adopted adequate glass regulations, or if FHA financing is involved, the new house you build, buy, or remodel will have safety glass or approved rigid plastic in all hazardous areas —sliding framed and unframed glass doors, fixed glass panels less than 18 inches above the adjacent floor that could be mistaken for doors, storm doors, and shower doors and tub enclosures.

Materials permitted include fully tempered glass, wired glass, laminated glass, and rigid plastic. These won't break readily—and if they do, the chances of bad cuts are minimal. (You can still get a nasty bump, bruise, or even a broken arm or leg if you hit at some angles.)

Tempered glass. Reheating and rapid cooling produces glass three to five times stronger than untempered glass of the same kind and thickness. When it does break, it disintegrates into many small particles something like rock salt. You can get tempered glass in sheet or plate, clear or patterned, plain or tinted.

Wired. Wire mesh incorporated in the glass holds it together if broken. This glass is often used in shower and tub enclosures, but it may crack if a spray of hot water from the shower head causes the wire to heat faster than the glass.

Laminated. Clear or tinted plastic is sealed between two pieces of clear or patterned glass. If broken, the plastic interlayer holds the glass together. Cost is still high and not competitive with tempered sheet glass in residential installations.

Plastic. Rigid clear, patterned, or tinted

Plant *and furniture say this isn't an opening, help direct traffic to nearby door*

Decals *should be bold and colorful, and firmly attached to glass at various heights*
MICHAEL TILDEN

We broke *ordinary glass (left) and tempered glass (right) to demonstrate the dramatically different breaking patterns*

GLENN CHRISTIANSEN

Small, *round-edged pieces of tempered glass pose little threat—but look at the other dagger-sharp shard*

Ordinary glass shatters . . . tempered glass breaks into rounded chunks

panels with a high shatter resistance can often substitute for glass in windows, doors, room dividers, and in patio enclosures and various garden structures where both weight and safety are factors.

COST OF TEMPERED GLASS

Years ago the cost of tempered glass discouraged builders and most home owners from including it as a standard item in sliding patio doors. If your house is eight years old or older, chances are the sliding doors in your house are not tempered. Today the cost differential between heavy sheet and tempered heavy sheet is only a few dollars—as this chart suggests:

Size	Untempered	Tempered
28 by 76 inches	$22.00	$25.00
34 by 76 inches	$27.00	$31.00
46 by 76 inches	$36.50	$41.00

Costs are for glass only and do not include labor. You'll pay an additional $18 to $26 or so to have the glass replaced in these sizes. It's best to get an estimate.

For custom sizes you'll pay around $3 per square foot, plus installation; so if you're building or remodeling, it's to your advantage to stick to standard sizes. Tempered glass measurements must be exact; the material cannot be recut once it goes through the tempering process.

Both Sears, Roebuck and Montgomery Ward now use only tempered glass in the sliding doors they sell. Be wary of bargains on sliding doors; if the price seems low, chances are the glass is not tempered, and if you live in a code-following community you can't legally install it. A reputable salesman won't even sell it to you if it's illegal in your area. But whether codes apply or not, with the cost differential so slight you'd be foolish to consider ordinary glass for your home. To make sure you're getting tempered glass, look for the required permanent label on one of the corners.

WHAT TO DO WITH GLASS YOU HAVE

Hundreds of thousands of homes were built here in the West before codes covering glass safety were written or enforced. Here's where the major danger still exists. Unless a window or door is broken and replaced with safety glass or plastic, the best you can do is to make every effort to see that no one mistakes glass for an opening. And even if you have tempered glass, you still don't want anyone walking into it.

Various devices can be used to call attention to the glass area. Decals come in many designs, but we found the thicker, three-dimensional kinds more effective because they don't disappear into t glass. Some of the paste-on decals dry o after a time and fall off or get brush off. Decals should be set at vario heights from about latch level to 60 inc es; lower, of course, for children.

For a children's party, you can mal temporary glass decorations by glui rosettes of bright yarn onto the low portions of glass doors and panels.

Paste-on muntin strips running horizo tally across the door or window betwe 2 and 4 feet from the floor are easy t see, especially if they are 2 or more inch wide and metallic or brightly colored.

Or place plants or furniture in front glass walls and panels. For clear, fixe glass panels beside a front door you coul put one container plant in front of th glass outside, one inside. If the proble persists, better replace the panel wi tempered glass or plastic. Replacing i with tempered glass will make it safe if broken, but still won't prevent someon from bumping into it.

Mobiles, hanging panels of stained o colored glass, or wire sculptures in fron of the glass help call attention to it an can be decorative as well.

Along a glass-walled hall or gallery (se photograph on page 62), you might instal a handsome wood rail. If you can trai the household to close screens on a pati door, you'll go a long way toward elimi nating the walk-through danger. If that fails, install a self-closing screen.

An Invitation to *Sunset* Readers:

Will you join us in making a movie?

For the next few months the staff of *Sunset* will be at work creating a movie on how you, the reader, use the magazine. The film will picture the kinds of things Western families do from the ideas they see in *Sunset* . . . how they become involved and what they do as a result.

Have you captured some of your *Sunset* projects on film? If you've taken action from a *Sunset* article recently, and you have pictures of any of the things you have done—either 8 mm, super 8, 16 mm movies, or slides—we would like to see them.

The films will be used to depict every phase of Western living that is reflected in *Sunset's* pages. We expect to receive more on travel than anything else, because such activity is more often photographed; but we want to cover any phase of Western living that *Sunset* covers.

Gardening — complete landscaping, container gardening, growing plant specialties, garden lighting, vegetables and organic gardening, propagating, garden pools and paving, planting lawn or ground cover, your 1970 *Sunset* summer-fall garden project.

Building projects — designing a home or vacation house, additions or remodeling, decks, patio overheads, fences, screens and gates, crafts, play houses, garden storage and work centers, shop projects (furniture, built-ins, storage units).

Food and entertaining — parties, barbecues, picnics, boat cooking, camping, backpacking, family gatherings, holiday meals.

What if you didn't shoot any pictures? Maybe it's not too late—many of your building, remodeling, and gardening projects can still be documented. We'd prefer movies, but color slides will do. If you are just beginning on a *Sunset* project, start your photographs now and shoot as you progress. We will be working on this film for several months and we don't want to miss anything good.

Don't worry about how good a photographer you are. We are more interested in showing the results Westerners obtain from the articles they read in *Sunset*. We are most anxious to show you actively participating in the projects—if the action includes children or has humorous overtones (even goofs), so much the better. We want to show our readers enjoying the things they are doing.

If you want to shoot something but don't own a camera, let us know. If your project is right for the film, we will send you a Kodak super 8 movie camera and film to do the job. The cameras are in short supply, so we will have to schedule this phase of production.

IF YOU HAVE FILM, HERE'S WHAT TO DO. Package it and include a complete description of your project. Be sure to mention the *Sunset* article or book that inspired you. Send to Audio-Visual, *Sunset* Magazine, Menlo Park, Calif. 94025. We will refund shipping costs. If you need a shipping container, let us know. Your film will be returned within 60 days and will be handled professionally at all times.

You will be included in the screen credits. You will be notified if your project is chosen for the film, and you will receive an invitation to be our special guests at a showing near your home. The film will have its first presentation in early spring, 1971.

The Changing Western Home

Tile everywhere

The Richard Coles of Menlo Park, California, used the same 6-inch white ceramic tile on both counters and floor in their kitchen. They tinted the grout a dark green to match the cabinet stain. As the picture below shows, the tile helps unify the kitchen. The same tile was used on floor and counters in the master bath. Design was by George Winnacker, Ian MacKinlay and Associates.

If your pipes freeze

Where winter weather is really cold, as it is in most of the mountain and intermountain areas of the West, there's always the possibility that pipes will freeze. Indoor plumbing is protected, but garage and outdoor faucets may suffer even when the house is heated.

A special fixture solves the problem. The faucet and valve handle are mounted on the outside wall or in the garage in the usual way, but the valve shaft is n longer than usual, so that the actual s off point is inside the wall. This me that there is no water outside to fr and block or break the pipe.

Plumbing supply dealers in cold a usually carry this fixture, but if you in a place where freezes are occasio you may have trouble finding it. If write to the Building Editor, *Su Magazine*, Menlo Park, Calif. 94025, closing a stamped, addressed return velope.

DARROW M. WATT

Now it's glossy

Latex paints are a blessing to the amate They are easy to apply and easy to cle from brushes, rollers, and containers.

One drawback, though, has always be that latex came only with a matte semigloss finish. It was fine outside a on most inside walls, but for a glos effect, oil-base enamel was still necessa Now a glossy latex is available, excelle for cabinets, woodwork, and furniture.

GLENN CHRISTIANS

Space-saving trundle beds

This set of trundle beds was designed by the owner, C. D. Randall, for his vacation house at Pajaro Dunes, California. The three beds slide on casters into a specially constructed space under the staircase so that the room can be used as living space during the day. At night they pull out and apart to turn the same room into a dormitory for weekend guests. Mr. Randall had his contractor build the bedframes to fit standard inner-spring mattresses.

The lady with a green thumb—now she can make freshness bloom indoors too. With Heavenly Daisy throughout her bedroom and bath.

As full of life as the real thing.

Plus something dreamlike and altogether disarming.

Bedspread, soft all-cotton towels and crisp no-iron sheets of 50% cotton, 50% polyester.

Heavenly Daisy and other Cannon Royal Family bouquets, now at White Sale prices.

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Cannon® Heavenly Daisy in fresh pink or celestial blue. At fine department stores. Cannon Mills, Inc., New York 10020.

The boys command topside The girls are first below

The whole place cost the parent-builders about $200 in materials

Kids line up *and wait turn to climb up tower, zip down fireman's pole*

This tower-topped two-story playhouse in the woods near Bellevue, Washington, offers enough variety to challenge a crowd of children. Mr. and Mrs. Raymond J. Mauren designed and built it for their eight youngsters, who range in age from 3-year-old twins to a 12-year-old. The playhouse can absorb them all, plus a friend or two for each.

The playhouse is zoned and the zoning has prevented civil war from erupting between brothers and sisters. The ground floor space is the girls' domain; boys enter only by invitation. For little girls it can be a 7 by 11-foot playhouse set up with doll furniture and play kitchen equipment. The bigger girls have adapted it as a puppet theater, using the window on one side as a stage and the window on the other as a food bar during intermission. It has also been an art gallery displaying everyone's school paintings.

The boys have exclusive rights to the upper deck and the 7 by 8-foot fort or clubhouse meeting room it surrounds. Boys also command the tower lookout built 4 feet above the upper deck, and the fireman's pole, the fastest and most popular route to the ground.

A stout ladder leads to the upper deck; its lowest rung is about 2½ feet high, to make it impossible for toddlers to climb.

As a result of the Maurens' searching for bargains and secondhand lumber, playhouse materials cost less than $200. A foundation of railway ties supports the tongue-and-groove first level flooring and the structure above. Walls are sheathed in ⅜-inch exterior plywood. The main floor is 7 feet high, second floor 6 feet. Sturdy railings are 1 by 2-inch cedar slats nailed to 2 by 3's. Hand-split cedar shakes top the plywood roof.

Impromptu *puppet show on one side precedes intermission sale of lemonade, homemade cookies, and popcorn*

Treehouse *is center of a child's world of racing, romping, hollering exuberance. It's secluded in its woodland setting, yet easily monitored from house. Landscape was left Northwest native*

DON NORMARK

Delta introduces a totally new concept in single handle faucets, the Delta Fjord.

To look at, it looks like the most elegant widespread you've seen. But to operate, it operates as simply as the rest of Delta's famous single handle line.

Frankly, all one handle does is work the pop-up control. The other handles all the necessities—on-off, volume, and control.

Delta designed the Fjord for what's happening in the bathroom—the new posh look you'd like your bathroom to look like. Unique. Elegant. Individual.

But we didn't want to throw out our own original idea . . . the handle with only one moving part . . . so we didn't. We combined them to give you the best of both; worry-free maintenance (after all, how much can go wrong with one moving part), and distinctive, decorating design that defies description.

You can see the Delta Fjord in chrome, brushed chrome, bright gold, or satin gold at your plumber's, architect's, or plumbing contractor's.

Now, proven Delta quality comes in a prize package of both drama and dependability.

It's not enough to be just beautiful.

Delta creates the world's first single handle faucet with two handles.

One doesn't do much but be beautiful.

DELTA

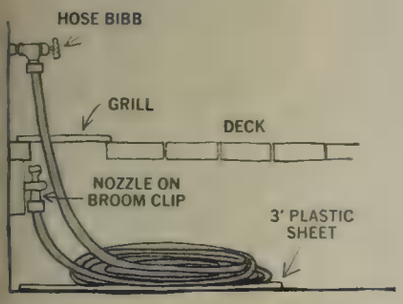
A work of art made to be handled.

Div. of Masco Corp., Greensburg, Ind. 47240

Delta Faucet of Canada, Ltd., Rexdale, Ontario

ELLS MARUGG

Snaking down *through the grille, hose lies out of way, but its nozzle is clipped within easy reach*



Plastic *on ground keeps hose clean*

The hose hides under the deck

'he wooden deck of this house is about ■ oot above the ground. A hose is needed n it for watering plants and hosing the leck. But a coiled or reeled hose proved nsightly and a nuisance. So the owners impiy cut a 10-inch circle through the leck under the hose bibb, fitted a metal rille they had found over it, and placed a iberglass sheet below. The hose falls down hrough the hole without kinking.

When hose *is needed, grille is lifted aside*

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and
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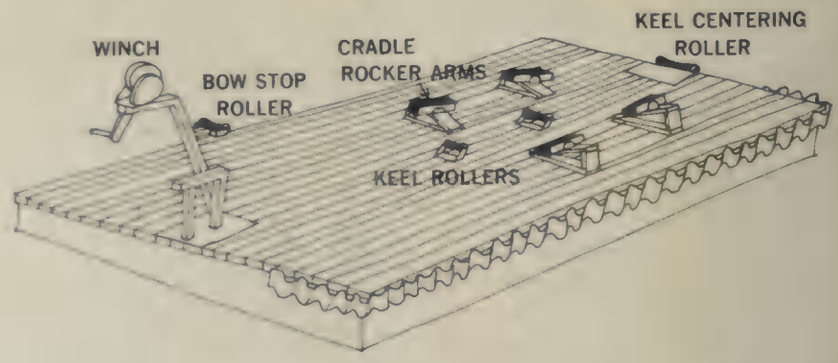
From an exquisite collection of fine cabinets and upholstered pieces.
By Hickory Chair.

HICKORY CHAIR
HICKORY CHAIR COMPANY • HICKORY, NORTH CAROLINA 28601

It helps *to have some buddies steady the boat and lend their muscle to get it onto the padded rocker arms. Reverse the procedure to ease it back into the water*

WENKAM-SALBOSA

Boat lifts for one man ... plus helpers



Waterside home owners who keep a boat and like to have it out of the water when not in use may be interested in these two devices seen at the Hawaii-Kai Marina in Honolulu.

The one shown in the photograph and sketch above is the most elaborate. Its base is a 10 by 16-foot floating dock attached to the seawall below the house.

You nose the boat into the dock, hook the winch line to the bow ring, and start cranking—just as you would with many boat trailers. Friends can help guide the bow up over the roller bar at the end of the float and steady the boat as it is pulled up onto short padded rocker arms that form the holding cradle. The rocker arms adjust to the angle of the bottom, leveling off as the stern comes clear of the water. Design was by Glen Fredholm for Mr. and Mrs. Peter Kimura.

The hoist shown at the left for a light sailboat makes use of two hinged wooden davits. Here the winch is fastened to a deck railing post. Lines run from it to two pulleys at the base of the post. One line is then directed to each side through another pulley where the davit joins the house and out through a final pulley at the end of the davit. The hoist was designed and built by the owner, Donald W. Hosford.

One man *(or woman) can lower and raise this boat. Helpers just make sure it clears tire bumpers on seawall. Once it's in water, davits swing back flat against house*

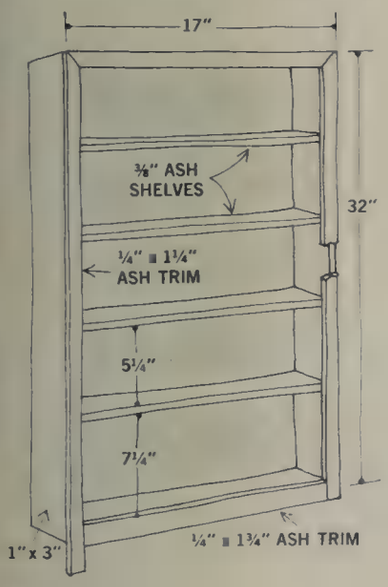
DARROW M. WATT

ice rack *is open and handy, in middle kitchen, sheltered from direct sunlight*

A five-shelf spice rack

he owner of this spice rack claims that it ost him only 25 cents. That was estiated cost of nails and glue; the lumber as scrap left over from the construction f his home. If you don't have such scrap n hand, the wood would cost about $4.

The tall bottom shelf was designed for



sauce bottles—but in this photograph it displays a small spice cabinet that the owner's son made in a high school class.

The rack has no rear panel—the wall serves for that. The two 1 by 3 sides are dadoed to receive the shelves, which were cut to size from ash baseboard stock. The rack is simply toe-nailed to the wall.

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Through the wall to the washer

Clothing and linen headed for the washer go through the wall from the master bath to the laundry in these long drawers. Robert P. Finnerty of Santa Cruz, California, designed them to save his wife time and steps on wash day.

On bathroom side. *Laundry from bedroom area is placed in 12 by 49-inch drawers opening also to laundry room*

By washer. *For ventilation, cabinet door panel and drawer bottoms are perforated hardboard*

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Dream a little longer. This is No-Iron Ultracale.

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The real estate man's jargon

When you are interested in buying a house and start talking to realtors and reading classified advertisements, you run into a language that is similar to—but just not quite—familiar English. And this jargon varies considerably in different parts of our country.

So this month we play interpreter. We'll translate some of the potentially confusing words, phrases, abbreviations, and initials that realty people of our Western states use. Some appear in the classified columns, others are used by salesmen showing you houses, and others come up when realtors or lending agencies are closing a sale.

AEK: All-electric kitchen.

All built-ins: Usually built-in kitchen range, oven, dishwasher, and disposer. But the term may also mean built-in refrigerator, can opener, blender, washer, dryer, and/or other appliances; and it *may* mean built-in buffets, chests of drawers, beds, and other "nailed-in" property throughout the house.

Appraised market value: In the case of a residence, the estimate of fair market value by a professional appraiser or licensed real estate broker who is in a position to compare the property with similar property recently sold or offered. Appraisal of large land holdings and commercial and income property is, of course, much more complicated.

Assessments: Supplementary collections, beyond the regular property tax, to pay for improvements such as sewers, paved streets, sidewalks, or street lighting. These are usually *district* assessments—levied on all the houses along a certain street or within a certain area.

C & D: Carpets and drapes. "W/cpts" means with carpets, and "W/W cpts" means wall-to-wall carpeting.

Condominium: One kind of own-your-apartment arrangement. In a condominium, you can buy full title to an apartment, as if it were a separate house. Owners then share the maintenance costs of the building and surrounding grounds.

Cooperative: Another kind of own-your-apartment plan. Here, you are usually responsible for a proportionate share of the mortgage and maintenance of the entire property. Whether the cooperative or the condominium is advantageous in a given case depends on the tax structure, your income, and your estate.

Cozy; cute; charmer: In the realty world, "cozy" means the house is extremely small. "Cute" can mean what it normally implies, but quite often is a tip that the house is rather odd. "Charmer" doesn't mean anything.

Full housepower: Modern and ample electric wiring, circuits, and service entrance to meet all present and foreseeable electrical needs.

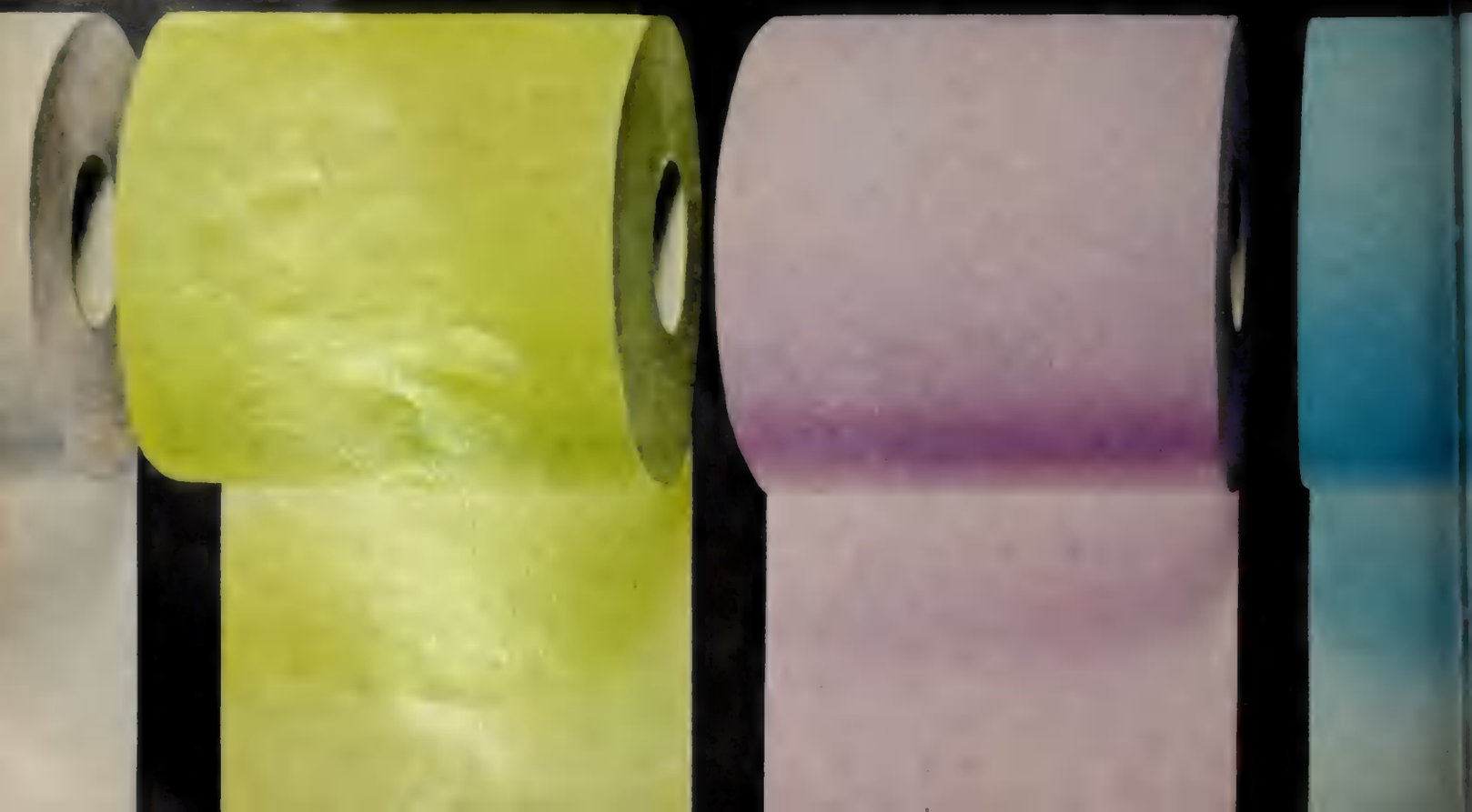
Full six: House with three bedrooms, kitchen, living room, and separate dining room. If there's a family room, too, it's a "full six + fam rm." "Full five" or "full seven" means two or four bedrooms.

GI resale: A house with a "GI"(Veterans Administration-guaranteed) loan that the purchaser can assume. This often means a lower down payment, as well as lower interest rate, than a conventional mortgage loan involves.

H & F pool: Heated and filtered swimming pool.

Hideaway: Sometimes a way of saying

Zee® tissue is



at the house is quite inaccessible.

aginative: House that either needs a orough remodeling or is pretty bizarre.

: The Roman numeral for 1,000: a house iced at $49,500 may be listed at 49½M.

IL: Secluded room or separate dwelling the property that is deemed suitable r a mother-in-law.

ILS: Multiple listing service. The house r sale is not in the hands of just one altor but is listed with and being shown y all the realtors associated with the rea's MLS.

Iorgue: A background file maintained by me realtors on houses and past sales of e property. If a morgue is available, it ay give you helpful information on the rea's property values and, for a specific ouse, the *when* and *what* of any improvements.

Iortgage insurance: A form of term life nsurance written to cover the unpaid alance on the house in case the mortgagee should die.

Plus MDS: Plus maid's room.

Points: A closing or other service charge made by the lending institution, usually against the purchaser, calculated as a percentage of the loan. A point is 1 per cent, and the typical 2-point charge is 2 per cent of the mortgage loan total. In some instances, particularly in FHA-guaranteed financing, the seller also pays points.

Realtor: Not just anyone who sells houses, but a licensed real estate broker who is a member of a realtors' association affiliated with the National Association of Real Estate Boards.

Reverse plan: House reversed from normal orientation. Probably the living room faces the rear of the lot.

Secluded: An oft-used adjective in real estate advertising. It *may* refer to a lovely, sequestered place; or it may just mean the gardens are totally overgrown.

Setbacks: These are community code regulations on how close to your front, side, and rear property lines you can build. If you have any idea of adding on to the house, be sure to check the setback requirements before purchasing it. In some Western communities, you can erect structures within 2 feet of a property line, or even up to it; in others the setbacks may be 50 feet or more.

Sleeper: A good buy in a house that presumably no one has yet noticed.

Social: A family room, usually one that adapts easily as a party room, possibly with a bar or places for games.

Termite inspection: An inspection (required in several Western states) for protection of the buyer; a licensed inspector checks the structure for termites, termite damage, and dry rot. Closing of the sale is usually contingent on this inspection. (Incidentally, it's often a wise investment for the buyer to have two other inexpensive inspections made: a check by a roofer of the roof's condition, if it shows any signs of aging; and an inspection by a plumber of the radiant-heat-slab system if it is several years old.)

Title insurance: Standard title insurance guarantees that your property is free of title defects based on public record. Extended title insurance also guarantees the title against such possible problems as encroachments, mining claims, and water right disputes. Either kind of insurance is preferable to an abstract of title (often used in other parts of the nation) because an abstract is basically just a copy of the county records on which *your* attorney judges your title to be free and clear (if he's wrong, you can be in trouble). In some parts of the West, the purchaser pays for the title insurance; in other areas, the seller pays. It's a matter of established local custom.

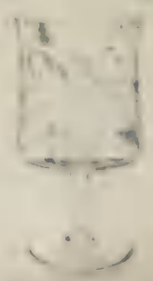
Up: You're an "up" when you go into a realty office and announce you are looking for a house. There's nothing derogatory about the term—it's simply realtors' jargon for a good prospective client.

olling in color.

The first dishwasher detergent for dry-hards.

Dry-Hards are tough-to-clean foods—like chocolate pudding, eggs, oatmeal, sauces—that dry and cake and stick. And stick. And stick. To plates. On forks. Filming glasses. Electrasol, fortified with 20% more active cleaning ingredients than other leading dishwasher detergents, really removes Dry-Hards. Lets your dishwasher give you cleaner, brighter, film-free dishes.

Test proves fortified Electrasol's superiority against Dry-Hards. Dessert glass with Dry-Hard paste of chocolate pudding that was baked on for 12 minutes at 330°F, came out looking this way when washed in another leading dishwasher detergent.



Identical Dry-Hard dessert glass—but cleaned in Electrasol, fortified with 20% more active cleaning ingredients than other leading brands. Try Electrasol. It removes Dry-Hard soils, prevents them from drying into spots on dishes, glasses and silverware.

ECONOMICS LABORATORY INC., St. Paul, Minnesota

DARROW M. WATT

You can read *a book or just stretch out flat on this roll-around patio chaise. The pad is purchased; you make the chaise*

Roll-around patio sun-lounge

ne great pleasure of summer is basking the sun on a full-length chaise. This odated classic, designed by Gordon ammond, is comfortable and sturdy but ght looking. It rolls about the patio on oncealed casters. The backrest is adjustole. For off-season storage, the slender ape requires little space.

o make the chaise, you'll need one sheet f ½-inch exterior plywood, two 8-foot ngths of 1 by 4 fir, two 6-foot lengths f 1 by 1, and 4 feet of 1 by 2. You'll lso need 4 feet of piano hinge with crews and six 2½-inch casters.

rom the plywood, cut the 24 by 48-inch ain base, the 24-inch-square grooved ase, the 23¾ by 24-inch backrest, the ¾ by 23¾-inch backrest prop, and ight 4-inch-square caster pads. With a dado blade cut ¼-inch-deep, 9/16-inch-wide grooves in the grooved base about 1⅜ inches apart, starting 8 inches from the inside (hinged) end. With a saber saw (or drill and keyhole saw) cut a 1 by 4-inch finger hole in the backrest prop. Sand all rough edges.

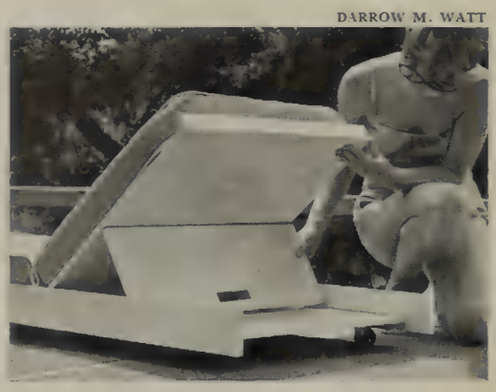
From the 1 by 4 fir, cut two side strips 77½ inches long. From the 1 by 1 lumber cut four rails: two 47 inches, two 23 inches. From the 1 by 2, cut one end strip 24 inches, the other 23¾ inches.

Using galvanized nails and waterproof glue, attach the 1 by 1-inch rails to the side strips as in the sketch. The short rails fit flush with the bottom of the side strip. Nail and glue the 23¾-inch end strip to the backrest. Nail and glue the 24-inch end strip to the base.

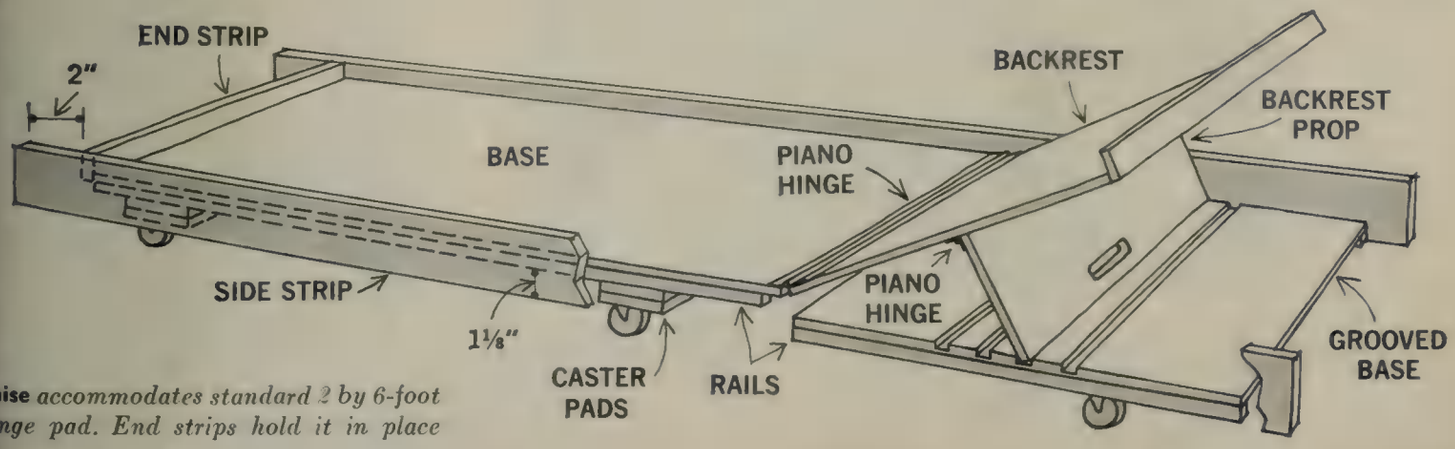
Nail and glue the two bases to the rails. Using a 23¾-inch piano hinge, attach the backrest prop to the backrest 11 inches from the base hinge end. Then attach the backrest to the base with another 23¾-inch piano hinge. Nail and glue caster pads to base as sketch shows. Install casters with screws.

Paint the finished chaise with three coats of enamel, lightly sanding in between.

DARROW M. WATT



To sit up, *adjust hinged backrest to any of the four different lounging positions*



Chaise *accommodates standard 2 by 6-foot lounge pad. End strips hold it in place*

Eating counter *with hardwood surface is added convenience, partly hides kitchen clutter from dining room when door is open. It also serves as writing and telephone desk, as shown at right*

It's the same spacious kitchen . . . but the work area is tighter

Fresh paint and new countertops may appear to modernize a kitchen, but they don't solve the real problems if the layout is wrong.

This kitchen in an old San Francisco house had been remodeled once before, but as you can see in the *Before* plan at right below, the awkward working triangle of sink, range, and refrigerator remained unchanged. Architect Thomas Higley's solution was to create a smaller, more workable kitchen without losing the luxurious feeling of space found in so many Victorian houses.

He moved the sink to a more convenient position opposite the range and refrigerator, and designed a U-shaped counter that provides counter surfaces and additional storage space within the compact central area.

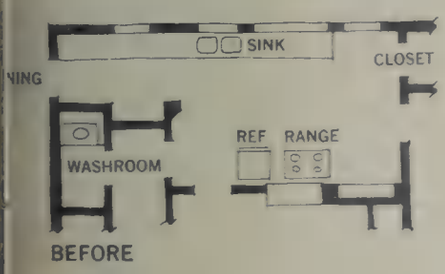
Cooktop *is now recessed. Oven is in wall (left). Note new storage above and below, inset spice shelves*

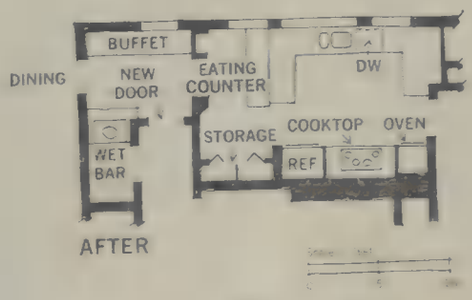
THOMAS HIGL

Shutters *give unmatched windows a uniform look. Counters are of 6 by 12-inch Spanish tiles. Molding on cabinets reflects Victorian atmosphere of house*

GLENN CHRISTIANSEN

Wine *storage - wet bar space formerly a washroom now opens out to buffet pantry*





ounters *previously extended in unbroken line to dining room door. New counters rm a U; the unit by dining room provides storage, is also used as a serving buffet*

The landscape plan is what pulled everything together

Before the landscaping there was little relationship between this house and the land around it. Built at one end of a boomerang-shaped hillside lot, it was placed to take advantage of a broad view of San Diego harbor, leaving about nine-tenths of the lot off to one side. The challenge for landscape architect Kenneth K. Hayashi was to take advantage of the view and develop unity between garden and house. He did so by designing the paving so that it would direct you naturally off to the right—to the pool and beyond to a level, free-form lawn area.

Two areas of the garden were designed specifically for the view. One is a deck adjacent to the patio area near the house, partly cantilevered over the steep bank. The other is a view deck, also partly cantilevered, at the end of the pool and designed like a gazebo with an overhead light and trellis. The view from here is best of all.

Gazebo *at end of pool seems to float over hillside, marks limits of garden, commands best view of San Diego harbor and airfields*

Outdoor shower *is attached to post of garden light, is near changing rooms*

RICHARD FISH

tertaining area *is located off the family room, has built-in seating. Activities here can be completely independent of the pool*

DARROW M. WATT

DON NORM

Sloped chutes *keep cans in the front of modif pantry. Owner-designer: Dr. Howard Dale, Seat*

A storage door *makes cans and boxes easy to find. These shallow shelves hold lightweight items*

In these pantries things are very visible

Whether special closet or converted cupboard, a pantry is a great boon to the cook who likes to keep plenty of supplies on hand.

Shelves and storage bins line the pantry pictured directly above. Fruits and vegetables are stored in portable plastic bins in the bottom of the unit. The shelves are spaced to accommodate tall equipment and large boxes. Architect Alexander Prentice designed it for Mr. and Mrs. William D. Collins, Jr., Los Altos Hills, California.

The pantries in Seattle and Phoenix make maximum use of minimum space.

These storage ideas—a storage door to accommodate more staples and canned goods, sloping shelves, and one-can-deep shelves—could be successfully adapted to many existing kitchens.

NEIL KOP

Shallow shelves *hold one row of cans; cart is kept behind them under counto Designer was architect Robert Lawton, for Mrs. William S. Price, Phoeni*

RICHARD FISH

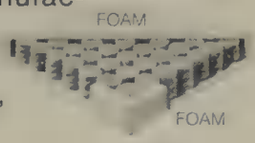
plicate cans *rest on side, others stand the adjustable shelves of this pantry*

e canned goods pantry above is part a storage complex that covers one com-te wall of this Los Angeles kitchen. It's nvenient to use because the shelves e adjustable, and they're shallow enough at each can or box is visible from a front w position.

low, in another Los Angeles home, you e how U-shaped shelves make every ored item accessible. One step into the oset brings each package and can within m's reach. Architects were Benton & rk for Dr. and Mrs. Raymond E. Borun.

Walk-in design *gives full visibility of goods; small items store on door racks*

Buying a sofa or chair? Feel the difference in a Marflex cushion. It's made differently! Only Marflex cushions have individually pocketed coils glued to urethane foam. All the advantages of spring coils...plus the sleekness and softness of foam. Resists wrinkling, always maintains its tailoring, seams stay straight, eliminates "middle age" upholstery sag. Marflex cushions are the first choice of manufacturers of quality furniture. Next time you're looking for a sofa or chair, ask the inside question: "Does it have Marflex cushions?"



Feel the difference in a marflex cushion.

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First *you tie the fabric with great determination . . .*

Then dip it *into the bleaching solution for a few minutes . . .*

Minutes later, *rinse and untie to see what's happened*

Tie-and-bleach is an easy switch on tie-and-dye

Tie the cloth, drop it in a bleach solution, and stand back to admire a different approach to tie and dye. Once you see how fast, simple, and almost foolproof it is, it's hard to stop trying new designs. Everyone has success: Even 7-year-olds Hilary and Ned had great results on their first try. They agreed that part of the fun is the unpredictable result.

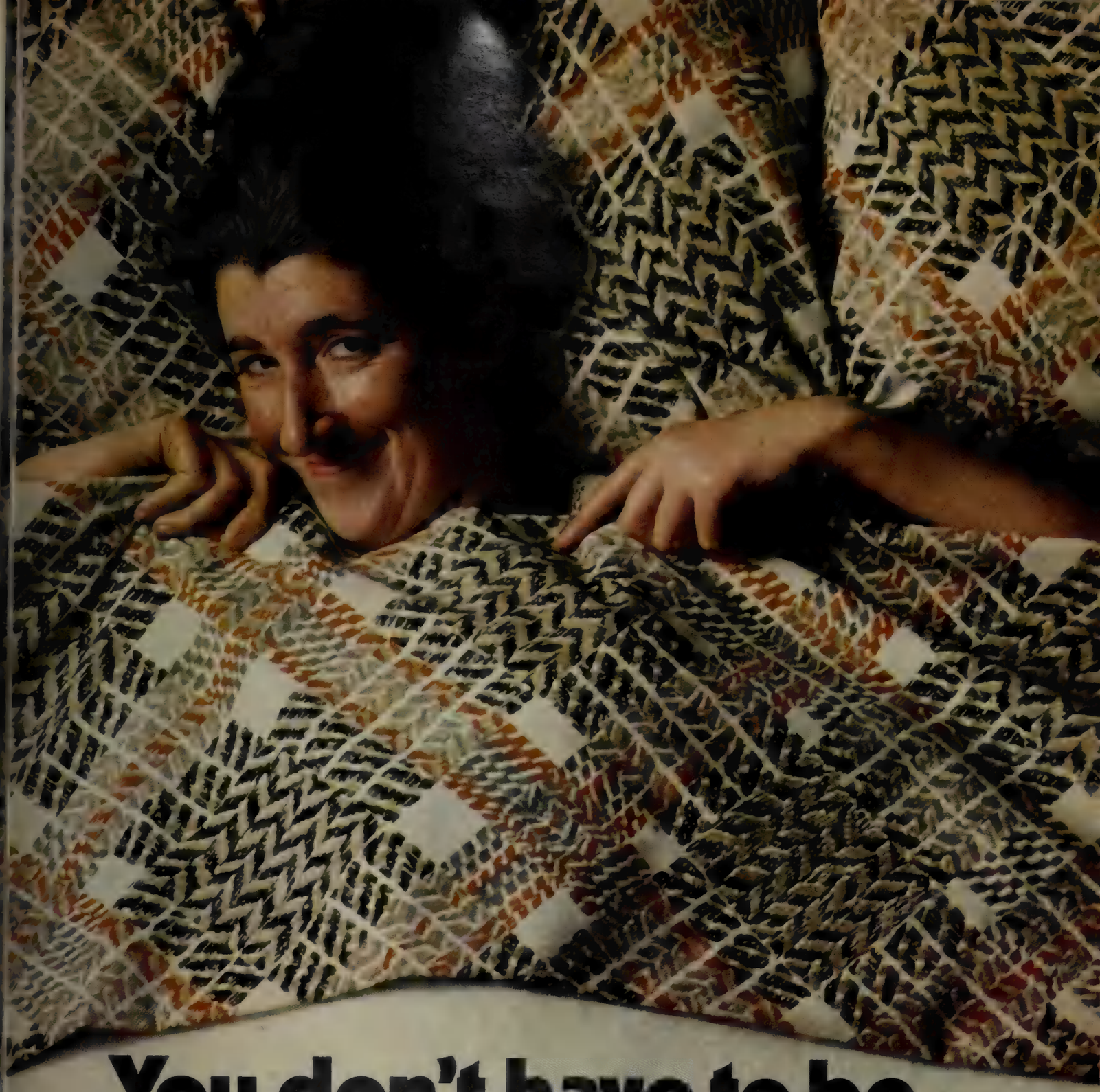
This approach to tie-and-dye is a reverse of the usual. You start with black or any other richly colored fabric, tie the areas you want dark, and bleach out the rest. It's inexpensive and you see your creation in just a few minutes.

Tie-and-dye (or rather, tie-and-bleach) calls for experimentation. We had our best luck with a 49-cent-a-yard black cotton percale that turned to various shades of grays and almost white in the bleaching solution. However, you'll find that some fabrics turn various golds, pinks, and other shades depending upon the composition of the original dye. You may also find that some of the more expensive cotton fabrics with permanent finishes won't lighten at all.

Fold the fabric in almost any direction. Lengthwise accordion folds, tied as shown on the following page, result in a striped fabric with darkened areas where the knots are (like the finished place mat that Ned is putting a fork on). A dropped

DARROW M. WATT

Proudly, *Ned and Hilary set the table with place mats made from their first efforts*



You don't have to be a Boop-Boop-a-Doop Girl to sleep like one.

1970 is a great year for the thirties. Long fringe. Teeny flowers. And Art Deco. Those little geometric prints that make you feel like a Golddigger of 1933. All you have to do is dream.

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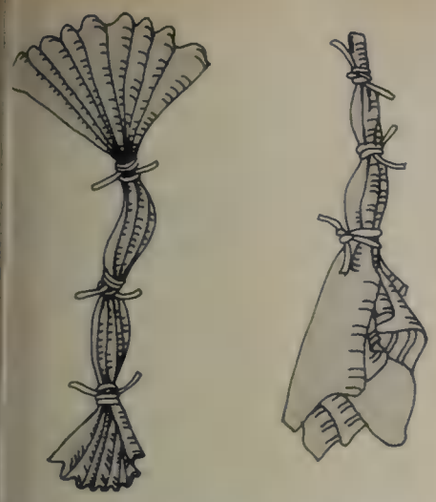
Introducing the Heroic Hero Sandwich.
Topped with glowing, luscious curves of sliced avocado. Tasting so tender, and moist, and delicious that you can hardly bear it. Out of salami? Try it with tuna. Or cheese. Or just bacon and tomato. But never forget the avocado... if you want that unbearably delicious, heroic flavor. The Hero Sandwich you're looking at now begins with half a loaf of French bread, lavished with mayonnaise, mustard, lettuce, onion, tomato, salami, ham, a dazzle of avocado slices. And ends with shouts of fervent applause for you.
The Heroine.

Avocado Advisory Board



Accordion *and dropped handkerchief are two folds to try in experiments*

ndkerchief fold is created when you ld the fabric at the very center, allow- g all sides to fall into folds, and then at various points; this makes a cir- lar sunburst pattern with varying rings ke the foreground place mat pictured page 90).

ther unusual effects can be produced by aking triangular folds or tying rocks d other articles in and around the fab- . Lengthwise, crosswise, diagonal, and ndom ties all make different types of tterns.

or tying, use new string. The tighter the e, the less bleach will seep through to ghten the fabric. If you are working with large piece of fabric, tie loosely or you'll ve great expanses of solid black where e bleach couldn't seep through.

e found a solution of equal parts of lorine bleach (5.25 per cent) and water orked best. Although the bleach does eaken the fabric a bit, this won't make ny difference if you are using the fabric r place mats, table runners, or wall angings. If you are working with cloth- g, or with fabric to be made into cloth- g, you'll want to experiment on swatches ith a much weaker solution, and test at arious stages for strength and resistance o abrasion.

n just a few minutes after the fabric is ropped into the bleach solution, it will e ready to remove. The bleach reacts ith the dye in the fabric and the solu- ion heats up considerably. Put on rubber r plastic gloves, remove the fabric, and inse thoroughly in cold running water ithout untying; then release ties and inse again.

On a sunny day, tie-and-bleach is a great ut-of-doors project. Just supply the chil- lren with rubber gloves, protection for lothing, if needed, and plenty of water. Caution them to be extremely careful with the bleach (splashes in the eyes can be dangerous) and to keep the gloves on when working.

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Sunset's Kitchen Cabinet®

August's recipes make few demands on the cook and require a minimum of time in the kitchen.

Leading off, there's gazpacho soup, chilled instead of cooked to blend the flavors. The filling for our quick tacos is made of canned or leftover meat.

Fresh summer produce is used in ea imaginative ways: in the avocado sa that is filled with fresh bean spro in a creamy dressing, in the gr pepper oven omelet, and in a dess

Whirl vegetables and seasonings in the blender, chill; serve over bread crumbs

Pimiento-Tomato Gazpacho

No cooking at all is required to make this refreshing chilled soup.

- 2 slices firm white bread
- 1 large can (1 lb. 12 oz.) tomatoes
- 1 small can (2 oz.) pimientos, drained
- 1 or 2 cloves garlic, peeled
- 2 tablespoons olive oil
- ½ teaspoon salt
- ¼ teaspoon pepper
- 1 large cucumber, peeled

Break the bread into pieces and put into the blender container; whirl until it makes fine crumbs; set aside or put into 4 to 6 individual soup bowls.

Put into the blender container half of the tomatoes; add the pimientos, garlic, olive oil, salt, and pepper. Blend high speed until smooth. Then a remaining tomatoes and blend w turn into a bowl. Dice the cucuml and add to the tomato mixture. Co and refrigerate until well chilled.

At serving time, stir the bread crum into tomato mixture. Or ladle so over bread crumbs in serving bow Makes about 4 to 6 servings.—*M. I Santa Barbara.*

For interesting flavor variations, y might omit the pimiento and use stead 2 canned California green chil with seeds removed, or ¼ cup canne roasted, sweet red pepper, drainea

The beef and seasonings heat together; spoon into taco shells with lettuce

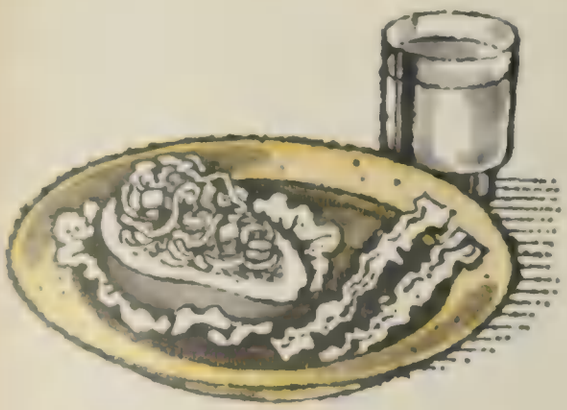
Quick Tacos

You can stir up the filling for these tacos using a convenient canned beef product or leftover pot roast.

- 2 tablespoons butter, margarine, or salad oil
- 1 medium-sized onion, chopped
- 1 can (4 oz.) California green chiles
- 1 can (12 oz.) corned beef or chopped beef (diced) or about 2 cups shredded cooked beef
- ½ teaspoon garlic salt
- 1 cup (4 oz.) shredded Cheddar or jack cheese
- 1 package (12) prepared taco shells
- 1 head iceberg lettuce, shredded
- 2 green onions, sliced
- 1 medium-sized tomato, chopped

In a frying pan, heat the butter or oil and sauté onion until transparent. Remove seeds from chiles, chop, and ad to pan with beef and garlic salt. Coo stirring, until most of the liquid h cooked away. Stir in cheese; coo stirring, about 1 minute, then remov from heat. Spoon into taco shells. Pa a bowl of shredded lettuce to whic the green onions and tomato hav been added; spoon into tacos wit meat. Makes 12.—*N. W., San Jose.*

You can omit chopped onion and gree chiles. Instead use 1½ tablespoons in stant minced onion, soaked in 1 tablespoons water, and liquid hot pep per seasoning to taste; add to heate butter in frying pan with the beef.



To turn this salad into a main dish, serve it with bacon or cold meat cuts

Avocado and Bean Sprout Salad

Crisp, fresh bean sprouts contrast deliciously with avocado in this salad.

- 2 medium-sized ripe avocados
- Lemon or lime juice
- ¼ cup sour cream
- 3 tablespoons salad dressing or mayonnaise
- ¼ cup thinly sliced green onion
- 1 tablespoon finely chopped parsley
- ½ teaspoon garlic salt
- ⅛ teaspoon ground ginger
- ¼ pound fresh bean sprouts
- ¼ cup thinly sliced celery
- Salad greens
- Paprika

Peel and halve the avocados; discard the seeds. Drizzle lemon juice all over avocados and let stand while you prepare the rest of the salad. In a smal bowl combine the sour cream, sala dressing, green onion, parsley, garli salt, and ginger; stir until blended Rinse the bean sprouts and pat dry with paper towels. Chop bean sprouts slightly and put into salad bowl. Add celery, and then mix in the dressing. Arrange a half shell of avocado on bed of salad greens on each of 4 plates. Pile bean sprout mixture on avocados. Sprinkle with paprika. Makes 4 servings.—*A. R., Los Angeles.*

You might arrange on each plate slices of crisp bacon; thin slices of ham, rolled; or sliced, cold, cooked turkey.

:art green apples with caramel.

: invite participation in *Sunset's* d pages. To do so, mail your recipe entions to *Sunset Magazine*, Menlo rk, Calif. 94025. We pay $10 for h recipe published.

First, cold gazpacho. Then quick tacos, veal stew, or a peppery omelet

ıprika Veal Stew

al or pork stew meat is simmered h paprika and caraway in this dish.

- 2 pounds boneless veal or pork, cut in 1½ to 2-inch cubes
- 3 tablespoons salad oil
- 1 large onion, chopped
- 1 clove garlic, minced or mashed
- 1 tablespoon paprika
- 1½ teaspoons salt
- ¼ teaspoon pepper
- 1 teaspoon caraway seed
- 1 medium-sized tomato, peeled and chopped
- ½ cup dry white wine or apple juice
- ½ cup water
- ¾ cup sour cream or plain yogurt
- 1 tablespoon flour

sing an electric frying pan or Dutch en, sauté the meat in oil over medium heat until browned all over. Add the onion and cook, stirring, for about 5 minutes. Add garlic and paprika; stir 1 minute. Then add the salt, pepper, caraway, tomato, wine, and water. Reduce the heat, cover, and simmer until the meat is tender, about 1¼ hours. Blend the sour cream with flour until smooth, and then stir into meat juices; cook, stirring, until it boils and thickens. Makes 4 to 6 servings.—*N.C., Costa Mesa, Calif.*

A small can (about 8 oz.) small whole onions, drained, might be added to meat before adding sour cream; omit or reduce amount of chopped onion.

You might serve this creamy Hungarian-style stew over hot, cooked noodles

reen Pepper Omelet

his colorful egg and cheese main dish quick to prepare for a light meal.

- 2 large green peppers
- 2 tablespoons butter or margarine
- 1 medium-sized tomato, peeled, seeded, and chopped
- 2 cups (8 oz.) shredded longhorn or jack cheese
- 6 eggs, separated
- ¾ teaspoon salt
- 2 tablespoons flour

ut the peppers lengthwise into thin rips, removing stems and seeds. Melt ıe butter in a 10-inch frying pan over ıedium heat. Add pepper strips and ıuté until tender, but not brown, bout 10 minutes. If your frying pan ın be used in the oven, simply sprinkle tomato pieces over peppers, and then top with about 1½ cups of the cheese. (Or transfer pepper mixture to a 2-quart shallow baking pan and then sprinkle with tomato and cheese.)

Beat egg whites with salt until soft peaks form; set aside. Using the same beaters, beat yolks until light colored; beat in the flour. Carefully fold egg-yolk mixture into beaten whites. Spoon egg mixture evenly over the vegetables. Bake uncovered in a 375° oven for 10 minutes. Sprinkle remaining cheese over top, and bake for 5 minutes more. Serve immediately. Makes 6 servings. —*R. T., Yakima, Wash.*

This fluffy omelet has fresh green peppers, tomato, and cheese inside

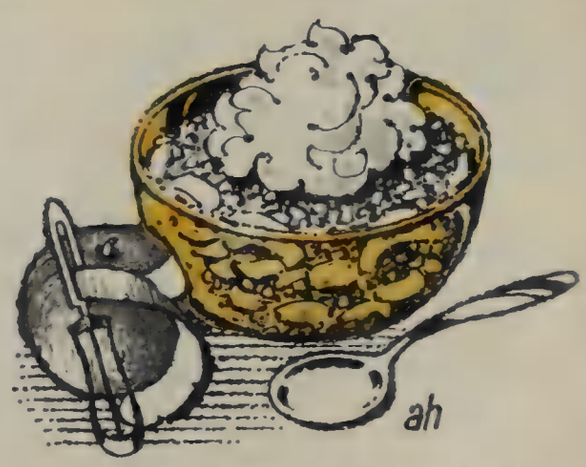
Caramel Apple Trifle

ou might top off this dessert with weetened whipped cream.

- 6 medium-sized tart apples, peeled and sliced
- ½ cup water
- 1 cup sugar
- 1 stick whole cinnamon
- 1 tablespoon cornstarch
- 2 tablespoons water
- 1 teaspoon vanilla
- 3 or 4 slices firm white bread
- 3 tablespoons butter
- ¾ cup firmly packed brown sugar
- ½ cup chopped almonds (optional)

n a pan combine apples, ½ cup water, ugar, and cinnamon. Simmer gently ntil apples are tender, about 5 minıtes. Blend cornstarch with the 2 tablespoons water; stir into apples and continue cooking, stirring, until thickened. Add vanilla and set aside.

Discard crusts from bread; cut into ¼-inch cubes, enough to make 2 cups bread cubes. In a frying pan, combine butter and brown sugar and heat, stirring, until mixture starts to boil; boil 1 minute. Stir in bread cubes and nuts until coated. Remove from heat and spoon ⅓ of bread mixture in a 1-quart glass bowl. Cover with layer of ½ the apples. Repeat with second layer of bread mixture and apples. Top with remaining bread. Chill. Makes about 6 servings.—*D. S., Sacramento.*



Layer tart Gravenstein apples in bowl with caramel-coated bread cubes, nuts

Four instant car picnics . . . each takes just one stop at a supermarket

Turning the lunch stop into a picnic when you're traveling by car gives the children a chance to run and play and lets grown-ups stretch and relax. And it avoids the frustrations of looking for a restaurant in unfamiliar territory.

One stop at a supermarket is all that's necessary to put together these four picnics. In addition to groceries you can pick up paper plates and cups, plastic forks and spoons, paper napkins, and a bag of party ice cubes. (From home you might bring an all-purpose can opener, heavy plastic bags, small cutting board, sharp knife, serving spoon, lightweight ice chest, vacuum bottle of hot water or coffee, salt and pepper, and a picnic basket—although you can do without most of these items.)

Some handy articles to own if you picnic often are shown in these pictures: The coffee maker (at right in closest picture) percolates coffee or boils water when plugged into the car's cigarette lighter (about $15). The plastic picnic kit (center picture) includes sturdy basket, vacuum bottle, and a complete service for six (about $40; others available from about $20).

Fruit bowl lunch

Shrimp salad served in thick-skinned Hass avocado shells: Cut two avocados in thirds. Scoop avocado from shells and tumble in plastic bag with 1 can shrimp, drained; ½ cucumber, sliced; green onion slices. Spoon back into shells. Serve with canned shoestring potatoes. For dessert, spoon canned mandarin oranges into seeded cantaloupe halves. Provide milk and hot coffee

Picnic taco lunch

To make tacos, spread prepared bean dip inside packaged taco shells; fill with slices of canned corned beef, shredded lettuce, and onion and tomato slices; top with green chile sauce. For dessert pass oranges with holes cut in sides for sucking out juice, and cookies. The drink is canned punch or beer

DARROW M. WATT

Roadside salade nicoise

Tumble and serve this Mediterranean-style salad in a plastic bag: 1 can (1 lb.) small potatoes, drained; 1 can (7 oz.) tuna, drained; 1 jar (6 oz.) marinated artichoke hearts, drained (reserve marinade); 1 jar (about 3 oz.) cocktail mushrooms in oil and vinegar, drained (reserve marinade); ½ cucumber, sliced; and green onion slices to taste. Garnish with 2 tomatoes, cut in wedges, and 1 can (5½ oz.) pitted ripe olives, drained; dress with some of reserved marinade. Serve with thawed frozen baby carrots and shredded wheat wafers. For dessert, slice frozen pound cake topped with raspberry yogurt, blueberries. Serve reconstituted frozen lemonade or red wine

Tailgate smorrebrod

Make Danish sandwiches using Neufchâtel cheese spread with chives on slices of buffet rye bread, adding canned sardines, kippered herring, sliced radishes, cucumber. For dessert, pour fudge topping into ice cream cone-cups; dip peeled bananas into topping to eat (later eat cup, too). Serve milk and iced tea or coffee

DARROW M. WATT

Barbecued shish kebab *accompanies fluffy rice pilaf for a summer guest dinner with a Greek theme*

AUGUST MENUS

A barbecued party dinner, a weekend brunch, and a Mexican kitchen party

In August the cook, both on vacation a at home, wants things simple with much emphasis as possible on the seas fresh fruits and vegetables.

Our suggestions are a barbecued pa dinner, a weekend brunch for ho guests, and a Mexican lunch or kitc supper party.

Greek barbecue dinner

This party meal for 6 to 8 guests is pl ant served outdoors or in. The flavors very familiar, yet they suggest the Aege

Assorted Appetizers:
Pumpkin Seed Kernels, Olives, Almon
Minted Green Salad
Cumin Rice Barbecued Shish Kebab
Arab Bread or Sweet French Bread
Crenshaw Melon Wedges Baklava

You can purchase the roasted pump seeds from the gourmet section of a sup market. Start with a whole leg of lamb make shish kebab for 6 to 8 servin marinate it a day in advance.

If you live near a store that speciali in Middle Eastern foods, you can b Arab bread and the Greek pastry, ba lava. If you prefer to make Arab bread recipe is on page 138 of June 1970 *Suns* The Arab bread is best served hot. reheat it, wrap 6 to 8 pieces in foil a heat in a 375° oven for 15 minutes. Y eat the bread by tearing off a wedge a wrapping it around a piece of meat; e out-of-hand, sandwich style.

The salad and rice can be made with ea just before serving. If you serve out-d doors or buffet style, keep the rice wa in a covered casserole.

The baklava tastes fresher if you rehe it before serving. Place pieces on a baki pan, uncovered, and heat in a 325° ov for 15 minutes. Serve warm.

Minted Green Salad. For dressing, mix t gether 3 tablespoons lemon juice, ½ c olive oil, 1 teaspoon salt, 1 teaspo crushed dried mint, and ⅛ teaspoon pe per. Chill at least 1 hour. At serving tim mix together in a bowl 2 quarts to mixed greens, 1 cup halved cherry tom toes, and ½ cup sliced ripe olives. Po over dressing; mix gently, coating we Serves 6 to 8.—*L. B., Saratoga, Calif.*

Cumin Rice. Melt 1½ tablespoons butt or margarine in a saucepan, add 1½ cu regular long grain rice, and stir until ri turns golden brown. Add 1½ teaspoo salt, 1 tablespoon ground cumin, and cups boiling water. Cover and simmer 2 minutes, or until rice is fluffy and dr Spoon into a serving dish. Melt 3 table spoons butter or margarine, add ½ cu pine nuts, and sauté, shaking the pa

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until nuts are golden brown. Spoon over the hot rice. Makes 6 to 8 servings.

Barbecued Shish Kebab. Ask your meatman to bone a leg of lamb (about 6 to 7 lbs.) and cut meat into 1½-inch cubes (or buy about 4 pounds lamb, cut for shish kebab). For the marinade, mix together ½ cup dry Sherry (or apple juice), ¼ cup olive oil, 2 teaspoons *each* salt and oregano, ½ teaspoon pepper, and 1 large onion, sliced. Place meat in a bowl, pour over marinade, cover, and chill overnight, turning several times.

Cut 2 large green peppers into eighths, making approximately 1½-inch pieces, discarding seeds. Peel 1 large white onion and cut into eighths. Alternate on each skewer about 4 or 5 lamb cubes, 2 pieces green pepper, and 1 piece of onion. Barbecue over hot coals, basting often with marinade and turning to brown on all sides, allowing about 15 minutes for medium-rare meat. Makes 8 servings.

Mexican-style kitchen party

This festive menu is also fun to stage as a late evening kitchen party. You must make the quesadillas (pronounced keh-sah-*thee*-yas and meaning cheese-filled tortillas) one at a time, so you can either do them to order for a handful of guests or make them in advance for sit-down family service.

Sliced Tomatoes and Cucumbers with Guacamole
Ripe Olives
Quesadillas with Beef
Pineapple Spears
Iced Tea or Coffee

Ahead of time, make up your favorite guacamole (see page 92 of the May 1970 *Sunset*), or buy frozen avocado dip to use as dressing on sliced tomatoes and cucumbers; garnish with a few ripe olives and chill. Peel and cut a fresh pineapple into spears for dessert; chill. For a su party, you could prepare the beef f for the quesadillas well in advance chill it, ready for fast assembly b guests.

DARROW M. WATT

Hot crispy *tortillas, filled with cheese and meat, make easy-to-eat sandwiches cut in wedges*

Quesadillas with Beef

- 1 teaspoon salt
- 1 pound lean ground beef or ground chuck
- ½ cup finely chopped onions
- 1 clove garlic, minced
- ½ teaspoon crumbled oregano
- 1 can (8 oz.) tomato sauce
- 1 package (12) 8-inch flour tortillas
- ¾ pound mild or sharp Cheddar cheese, shredded
- ¼ pound (½ cup) butter or margarine

Sprinkle salt in a large frying pan add ground meat and onion. Sauté high heat, stirring until crumbly. garlic, oregano, and tomato sauce, let simmer, uncovered, until the li evaporates.

Sprinkle 1 tortilla with about ½ cheese and spoon over about ⅓ cup of meat mixture. Cover with a second tilla. Melt 2 tablespoons butter in a l frying pan over medium high heat, la the filled tortillas, and cook until gol brown underneath. With a wide spat carefully turn and brown other side you make all ahead, place in a baking uncovered, and keep warm in a 250° ov Continue to fill and cook the remain tortillas in the same manner. Ma about 6 servings.—*B. L., San Franci*

Brunch for guests

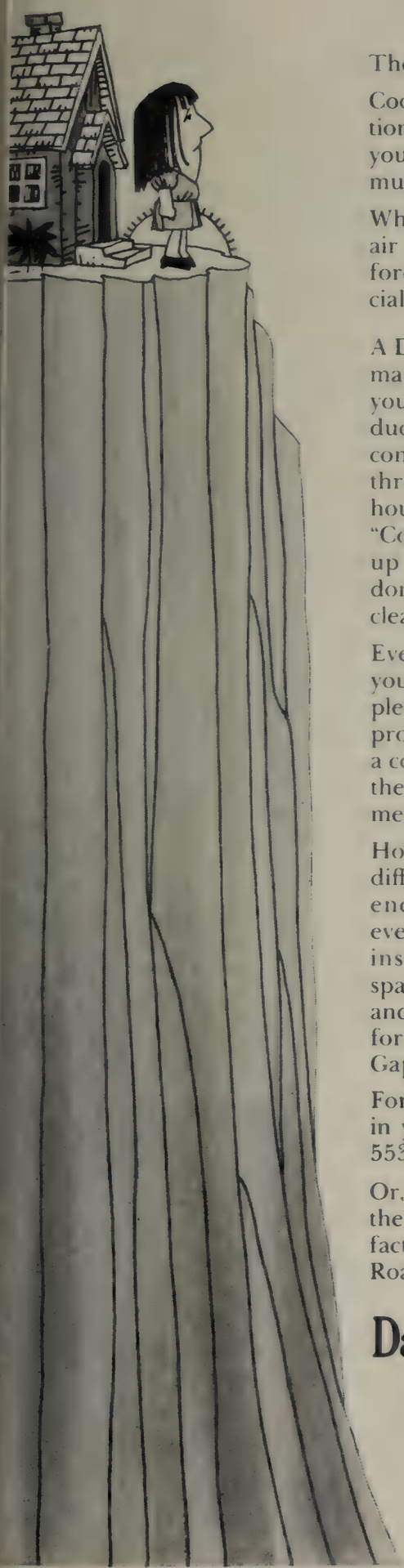
This colorful menu is put together at last minute; it requires only 10 to 15 m utes of preparation. Those counting ca ries might prefer to omit the ice cream the coffee beverage.

Honeydew Melon with Strawberries
Shrimp and Mushroom Sauté
Garlic French Bread
Espresso Floats

Plan to make the coffee first, heat garlic French bread in the oven, arra the fruit on a platter, and then cook shrimp dish last.

Shrimp and Mushroom Sauté. Shell a devein 1½ pounds medium-sized r shrimp. Wash and slice ½ pound mediu sized mushrooms and sauté in 2 tab spoons butter, turning frequently, for minutes. Add ⅓ cup dry Sherry or tablespoons lemon juice and shrimp; co over medium heat, turning, until shrin become pink, about 5 minutes. Sprink with 2 green onions, chopped. Garni each serving with a small spoonful of so cream and sprinkle with chopped parsle Serves 4.—*R. V., Sacramento.*

Espresso Floats. Make double-streng coffee or instant-style espresso. Pour h into coffee cups or heatproof glasses, fil ing ⅔ full. Add a scoop of vanilla i cream. Serve at once.



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"Only a fool argues with a skunk, a mule, or a cook"

We quite understand what the cowboy meant by, "Only a fool argues with a skunk, a mule, or a cook." In the old cattle range days, says Ramon F. Adams, the cook "was the most important individual in camp, and even the boss paid him homage."

Nowadays, of course, many *Chefs of the West* carry on the same autocratic tradition when they cook for the family on a camping trip.

"It sometimes happens that my main cook leaves the cooking chores to my three boys and me. One of the favorites is Hungry Boy Spuds," reports Dean A. Taylor, of Soda Springs, Idaho.

Our testers agree wholeheartedly that, "This dish makes a fine camping breakfast." His suggestion of lettuce wedges as an accompaniment may strike you as a little bizarre, but give it a chance; you might like it.

HUNGRY BOY SPUDS

- 6 to 8 slices bacon (or 1 cup ham and about 2 tablespoons salad oil)
- 3 baking-size potatoes
- 1 small onion (optional)
- Salt and pepper to taste
- 6 eggs

Begin heating frying pan over medium heat. Add oil, if ham is to be used. Send boys to fetch spuds while you dice and begin cooking bacon or ham; partially cook bacon, drain off and set aside all but 3 tablespoons drippings. Pieces of meat should be big enough to find. Peel and thinly slice spuds and onion into frying pan on top of bacon. Turn occasionally, with a spatula. Cover pan, and continue cooking on medium to medium high heat, adding more bacon drippings or oil, if needed.

In about 30 minutes, or when spuds are both crisp and mealy, remove lid. Add eggs, breaking yolks and stirring briefly. The eggs flowing into the hot potatoes cook almost immediately and are now

Chefs of the West

The Art of Cooking
. . . by men . . . for men

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SIRLOIN TIPS LA MARR

A fine beef Specialty of the House created by Edward Slack, host and oftentimes chef of charming Colonial Inn on Highway 101 in Humboldt County.

- 2 pounds California beef sirloin tip
- 3 tablespoons butter
- ½ cup chopped onion
- 1 (8-ounce) can tomato sauce
- ½ (10½-ounce) can beef consomme
- 1 tablespoon Worcestershire sauce
- ½ teaspoon salt
- ⅛ teaspoon pepper
- 1 (4-ounce) can button mushrooms
- 2 tablespoons flour
- 2 tablespoons dry sherry

Cut beef into ½ ■ ½ ■ 2-inch strips, discarding all fat. Sauté beef in 2 tablespoons butter until brown on all sides. Remove from skillet. Sauté onion in remaining tablespoon butter until golden brown. Meanwhile, combine tomato sauce, undiluted consomme, Worcestershire sauce, salt and pepper. Heat to simmering and add beef and onion. Cook, covered, over low heat until beef is tender, about 20 minutes. Stir liquid from mushrooms into flour to make smooth paste. Add to sauce, stirring until slightly thickened. Add mushrooms and sherry. Serve with hot buttered noodles sprinkled with paprika. Makes 4 servings.

The North Coast of California produces some of the finest beef found anywhere. Humboldt County's ranges are typical of this productive coastal region where the salt air adds to the famous flavor of California beef.

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ready to serve. Lettuce wedges make a fine accompaniment for this hearty meal. Serves 4 to 6.

Dean A. Taylor

Soda Springs, Idaho

When you go to the right places and have the right kind of luck, trout may appear daily at the table. And when it gets to be more-than-daily, there's a problem. What to do?

More than one cook has thought up the idea of putting his trout surplus into chowder. But Gerald Denebrink of Pasadena has devised an especially neat, tight formula—or as he prefers to call it, "piscatorial prescription."

He used butter very freely; and that might appeal on very cold nights at an elevation of several thousand feet. We scaled it down to more prudent proportions, but the exact amount could be considered optional.

"He used butter very freely"

TROUT CHOWDER

- 10 large trout
- About 6 cups water
- 4 large onions, sliced
- ■ large potatoes, peeled and diced
- ■ to 8 tablespoons butter
- Salt and pepper
- 1 can (13 oz.) and 1 small can (5⅓ oz.) evaporated milk (undiluted), or 1 package (3.4 oz.) instant non-fat dry milk powder mixed with 2¼ cups water

Put the trout in a large Dutch oven and cover with water. Cover and simmer fish until it flakes when tested with a fork, about 7 to 10 minutes. Remove fish from liquid and set aside; add onions, cover and simmer for 10 minutes. Then add potatoes and butter and simmer until vegetables are tender, about 15 minutes longer.

Remove and discard the bones and skins of the fish. Add trout to kettle. Add abo 1 tablespoon salt, or to taste, and pep to taste. Put kettle over low heat and a milk, stirring well. Heat, but don't let t liquid boil. Makes about 5½ quarts.

Gerald C. Denebrink

Pasadena

"Dungi-San . . . a good sandwich"

George L. Herrmann of Bellingham Washington, who teaches carpentry a Everett Community College, also know how to build a good sandwich. We coul even envision it under the name that h has given it—Dungi-San—as the main stay of a whole new chain of highwa quick-food emporiums.

DUNGI-SAN

- ½ cup mayonnaise
- 2 tablespoons *each* chopped dill pickle, chopped ripe olives or capers, and chopped onion
- 1 tablespoon lemon juice
- 1½ teaspoons Worcestershire
- 1 can (about 7 oz.) crab meat, shredded
- 4 English muffins, split in half and buttered
- ■ slices sharp Cheddar or Swiss cheese, large enough to cover English muffin

Mix together the mayonnaise, pickle olives or capers, onion, lemon juice, and Worcestershire to make a sauce. Mix this sauce with the crab. Place buttered English muffin halves under the broiler until lightly browned. Spoon crab mixture on muffin halves and broil until bubbly; top each with a slice of cheese. Place under broiler again until cheese melts. Serve hot. Makes 8 open-faced sandwiches.

George L. Herrmann

Bellingham, Wash.

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1 clove garlic
small head lettuce
½ bunch watercress
¼ cucumber
6 radishes
2 hard boiled eggs
1 peeled tomato
1 jar Pacific Miss

Rub wooden salad bowl with garlic clove. Break lettuce in pieces, add other vegetables. (Watercress should be finely chopped; others sliced thin.) Empty Pacific Miss Marinated Artichoke Hearts over these. Add your favorite French dressing.

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Cured salmon in olive oil

The superb delicacy called *gravlax* by the Swedes resembles lightly smoked salmon or kosher-style lox. Scandinavians prepare gravlax by curing salmon in salt, but it keeps only a few days.

Recently we have learned of a way to pack cured salmon in olive oil. The fish, kept refrigerated, retains its fresh flavor for at least two weeks.

To serve, remove salmon from jar and press between paper towels to remove excess oil. Serve on dark rye or toasted French bread spread with cream cheese.

PIQUANT CURED SALMON

Wash a 2-pound whole salmon fillet with skin removed and dry with paper towels. Combine 3 tablespoons salt and 2 tablespoons sugar; press onto salmon, covering all surfaces. Choose a shallow glass or ceramic baking dish about the size of the fish; place fish in it. Cover with clear plastic film, set a weight on the fish (such as a plate with a can of soup on it), and refrigerate 24 hours. As juices form, occasionally spoon them over the salmon.

The next day, remove salmon from dish and dry with paper towels. Using an electric knife or sharp slicing knife, cut salmon into thin diagonal slices. Pack firmly into small jars to within ½ inch of top. Drizzle olive oil over salmon, slipping a table knife down inside surface of jars between salmon and glass to remove air. If necessary add more olive oil to completely cover salmon. Cover tightly and refrigerate at least one day. Makes 3 cups.—*I. R., Potlatch, Wash.*

DARROW M. WATT

You pack *the cured salmon slices in oil*

*Trademark

My husband fell in love with a Mexican dish.

By a jealous wife.

It happened at a buffet supper. David was ahead of me in the dinner line. I watched him scatter corn chips on his plate and spoon some sort of ground beef concoction over them. Suddenly I was suspicious. There was something titillating about that ground beef. (I soon learned it was vivacious, saucy, spicy — but not in a hot, obvious way.)

Then David lost control. He topped the chips and beef with chopped tomatoes, shredded lettuce, grated Cheddar cheese, onions, sliced ripe olives, avocado and sour cream.

In retaliation, I did the same. I discovered it was a delicious Mexican-style main dish called Beef Olé. I tried to remain calm as David left me again and again for more.

"He's just infatuated," I told myself. "Because it's so new and different. He'll forget. He'll be content with my pot roasts once more."

But, no. For weeks, he raved. "That was some dish," he kept saying. Until I thought I'd die.

I could buy the corn chips, chop the tomatoes and all the rest, but how could I, an Ohio girl, make ground beef taste so racy?

I pored through Mexican cookbooks, full of mind-boggling instructions. "Remove the seeds from Pasilla, Boblano, Serrano and Anchose chilies. Add nixtamlina, clotted cream and aqua de azahar." All that and no Beef Olé recipe.

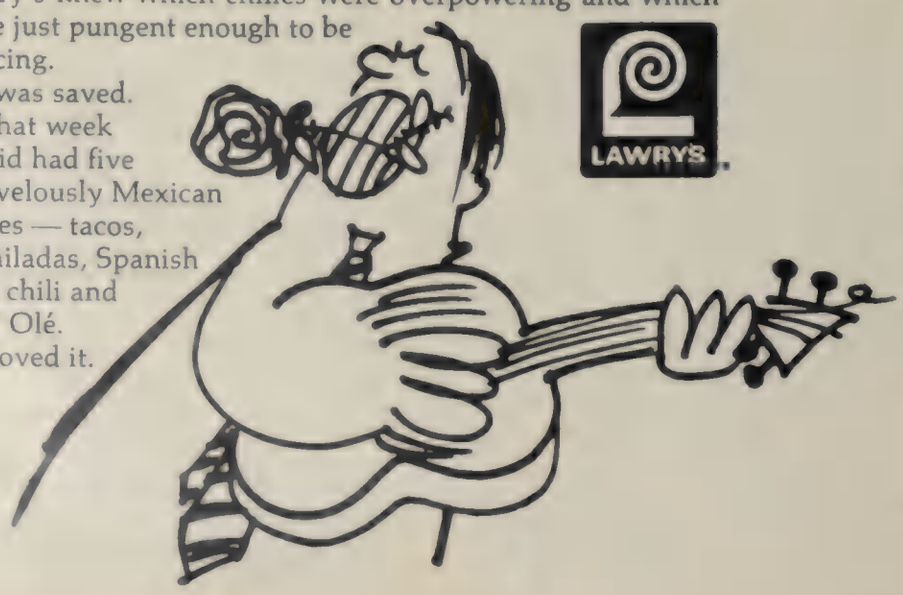
I despaired.

Until I went to the grocer's to buy a foil packet of my old favorite — Lawry's Spaghetti Sauce Mix. And there on the rack were other Lawry's easy, flavor-full seasoning mixes — Enchilada Sauce, Chili, Spanish Rice, Taco and Beef Olé. *Beef Olé!*

Hallelujah! If Lawry's could make spaghetti taste so perfectly Italian, a few Boblanos wouldn't throw them. Lawry's could work magic with esoteric herbs and spices. Lawry's knew which chilies were overpowering and which were just pungent enough to be enticing.

I was saved.

That week David had five marvelously Mexican dishes — tacos, enchiladas, Spanish rice, chili and Beef Olé. He loved it.



What cucumbers are is adaptable

Cool and piquant, these salads dem strate the remarkable flavor adaptabi of cucumbers. In each you salt the cumbers to draw off excess moisture fore adding the flavored dressings.

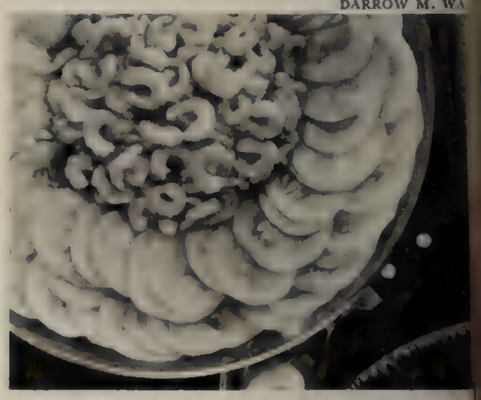
MARINATED CUCUMBERS

2 cucumbers, peeled and cut in 1/8-inch-thick slices
1 teaspoon *each* salt and sugar
1/4 cup white wine vinegar, tarragon vinegar, *or* basil vinegar
Dill weed to taste (optional)

Combine cucumbers and salt; let sta 15 to 30 minutes. Drain well, then put a bowl. Mix in sugar and vinegar. Cov refrigerate for 1 to 4 hours. Serve wi marinade or drained; sprinkle with d Makes 4 to 6 servings.

Cucumbers with Shrimp. To recipe abo add 1 tablespoon soy sauce with the vi gar. To serve, lift cucumbers from sau

DARROW M. WA



Tiny shrimp *ringed with cucumber slic*

and arrange as shown. Mound 1/4 poun tiny cooked shrimp or 1 can (4 1/2 oz. shrimp, drained, in center. Drizzle 2 ta blespoons marinade over shrimp. Omi dill.—*R. M., Bainbridge Island, Wash.*

Cucumber with Celery. Follow recipe fo marinated cucumbers with these addi tions: Cut 2 stalks celery in 1/8-inch-thic slices and add to drained cucumbers; als add 1/4 teaspoon crushed dried basil. Omi dill and garnish with 2 radishes, thinl sliced.—*I. M., San Diego.*

CREAMY CUCUMBERS WITH ONIONS

Peel 2 cucumbers and cut in 1/8-inch-thick slices. Mix in 1 teaspoon salt; let stand 15 to 30 minutes; drain well. Slice 1 red onion, separate into rings, and add to cucumbers. Mix 1/4 cup *each* sour cream and unflavored yogurt with 1 tablespoon lemon juice, and mix gently into salad. Serves 6.—*C. S., Redmond, Wash.*

Serve nice things, hear nice things:

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When you're serving something better, something special, steak or maybe a roast, you want something special to go along with it. Here are four special dishes to go along with your special dishes. New mixtures. New tastes. Better tastes. Mushroom & Sour Cream, White & Wild, Brown & Wild, Mushroom & Onions. All gourmet rice mixes. All crammed with exotic ingredients, herbs and spices. All of them quick n' easy to make in one pot. All of them a complement to a better meal and a compliment to you. Serve something special. Try MJB's new gourmet style rice mixes tonight.

Lemon Breeze

A breeze to make: No baking. Creamy, crunchy and cool. Here's the easy way:

1 cup Kellogg's® Corn Flake Crumbs
⅓ cup regular margarine or butter, melted
⅓ cup ReaLemon® Reconstituted Lemon Juice
1½ teaspoons unflavored gelatin
2 eggs, separated
3 tablespoons sugar
1 can Borden Eagle Brand® Sweetened Condensed Milk (Sweetened Condensed Milk must be used).

1. Combine Corn Flake Crumbs and margarine in 9-inch pie pan. Reserve 2 tablespoons for topping; press remainder firmly and evenly in pan to form crust. Chill.

2. In small saucepan combine ReaLemon Lemon Juice and gelatin. Place over low heat and stir until gelatin is dissolved; cool.

3. In mixing bowl beat egg whites until foamy; gradually add sugar. Beat until stiff and glossy. Set aside.

4. Beat egg yolks in mixing bowl until thick and lemon colored. Stir in Sweetened Condensed Milk and gelatin mixture; gently fold in egg white mixture. Spread evenly in Corn Flake Crumbs crust; sprinkle top with reserved crumbs. Refrigerate 2 hours or until firm. Cut into wedges.
Yield: 8 servings

Moussaka *goes with pilaf, stuffed o leaves (sold canned in gourmet s*

Moussaka the Athenian way

The Greek tavernas (restaurants ith music) serve squares of custard-toped moussaka (*moo*-sah-ke). It is an eirée worth duplicating for summer parti.

ATHENIAN MOUSSAKA

2 medium-sized (1 lb. *each*) eggplant
½ cup olive oil or salad oil
Meat sauce (recipe follows)
Custard topping (recipe follows)
½ cup shredded Parmesan cheese

Trim stem ends from eggplant and ut lengthwise in ¼-inch-thick slices. Pouoil into two large baking pans and turn g-plant slices in it, coating both sides. ur-range in a single layer. Bake in a 5° oven for 30 minutes, turning occasiony, or until tender.

To assemble, arrange half the eggplar in a 9 by 13-inch baking pan. Spoon onhe meat sauce and top with remaining g-plant. Pour on custard topping d sprinkle with Parmesan. Bake, uncove in a 350° oven for 1 hour. Serves 1

Meat Sauce. Chop 2 medium-sized onns and sauté in 2 tablespoons salad oil. Ad 2½ pounds ground beef and cook, sr-ring, until crumbly. Add 2 teaspoons sl. 2 cans (6 oz. *each*) tomato paste, 1¼ c dry red wine, ¼ cup finely chopped psley, 1 stick cinnamon, and 2 cloves gaic minced. Cover and simmer 30 minus. Remove cover and cinnamon stick; cok down until liquid is evaporated. Stir i 3 tablespoons fine dry bread crumbs an 1 cup shredded Parmesan cheese.

Custard Topping. Melt ⅓ cup butter d blend in ½ cup flour; cook, stirring 2 minutes. Gradually stir in 1 quart nk and cook, stirring, until it boils and thi-ens. Add 1 teaspoon salt, ¼ teaspoon n-meg, and ½ cup shredded Parmesa cheese. Stir hot sauce into 6 sligh beaten eggs.

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It's particularly nice when you consider that unlike some little cars, ours will step right out when you step on the gas. Which is reassuring when you want to climb a steep hill or merge onto a freeway.

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Also, it revs slowly at cruising speeds, which means that it's quiet. Besides, with the parts moving slower, they don't wear out as fast. The engine has open-design combustion chambers, to help the fuel burn more completely. And that in turn reduces pollutants in the exhaust. The overhead cam means one third fewer moving parts in the valve train. Fewer parts, less trouble.

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Fruit syrups convert into instant tall summer coolers

DARROW M. [illegible]

Sparkling red *strawberry syrup and ice water make a refreshing summer drink*

The essence of fresh summer flavors is captured in these syrups, each of which converts instantly into tall, cool drinks. You just simmer the fresh fruits with sugar and water.

Charming to look at for their brilliant colors and refreshing to taste, any one of these syrups is handy for a variety of informal entertaining situations. They are particularly refreshing when simply stirred into a beverage for a summer cooler, in the French manner.

Ice cream drinks—sodas and milkshakes—assume brisk new appeal when flavored with a berry or citrus syrup. Ice cream becomes a quick dessert with any of the syrups poured over. For a summer brunch, try pancakes or waffles drizzled with any of the syrups. They keep well in the refrigerator up to 4 weeks; or freeze for use later.

Summer Cooler. Pour about ⅔ cup sparkling water, ginger ale, carbonated lemon-lime beverage, or water into a glass over ice cubes; stir in 2 tablespoons (or more to taste) berry or citrus syrup.

Summer Soda. Pour ⅔ cup sparkling water into a tall glass; stir in 2 tablespoons (or more to taste) berry or citrus syrup; then top with 1 or 2 scoops vanilla ice cream.

Frothy Shakes. Whirl together in a blender 2 tablespoons or more berry or citrus syrup with ⅓ cup milk and 2 scoops vanilla ice cream.

Milk Cooler. Stir together in a glass 1 cup cold milk and 2 tablespoons orange or berry syrup.

FRESH BERRY SYRUPS

Wash and hull 6 cups strawberries; co bine in a Dutch oven with 2 cups su and ⅔ cup water; set over medium h and simmer 5 minutes, stirring occasio ally. Remove from heat and mash berr with a potato masher or against the si of the pan using a large spoon; return heat and simmer an additional 5 minut Pour mixture through a wire strainer over a large bowl, pressing juice from b ries with a spoon; discard mashed berri Pour syrup into a bottle, cover, and c or freeze. Makes about 3½ cups.

Raspberry, Olallieberry, or Loganber Syrup. Follow directions given above cept use 4 cups washed raspberries, ol lieberries, or loganberries in place of t strawberries and increase water to 1 cu Makes about 3 cups syrup.

FRESH CITRUS SYRUPS

Combine in a large saucepan ¼ c grated orange peel (orange part onl with 2 cups sugar, 1 cup fresh oran juice, and ¼ cup lemon juice. Set ov medium heat and simmer 5 minutes, sti ring occasionally.

Remove from heat and pour through fi wire strainer (discard peel); pour syru into a bottle, cover, and chill. Mak about 2 cups.

Lime Syrup. Follow method above exce use 1 tablespoon grated lime peel (gre part only), 1 tablespoon lemon peel, cups sugar, ⅓ cup *each* lime juice, lemo juice, and water. Tint lime green color you like, with a few drops each green an yellow food coloring.

The Mayonnaise Lovers' Mayonnaise

One for the road. Get away from the ordinary with the mayonnaise lovers' mayonnaise. Velvety smooth Kraft Mayonnaise. Rich with eggs. ∾ *Remove top and bottom crusts from unsliced loaf of rye bread. Slice loaf lengthwise into 3 slices. Spread with Kraft Mayonnaise. Cover bottom slice with lettuce and mixture of 2 cups diced chicken, 4 slices cooked bacon, crumbled, 1/4 cup chopped green pepper, salt, pepper, plus enough mayonnaise to moisten. Top with bread slice and mixture of 1/2 cup shredded sharp cheddar, 2 T. chopped pimiento plus enough mayonnaise to moisten, cucumber slices, and 3rd bread slice. Secure with picks. Cut into 8 wedges. For nutritious, delicious food ideas, look to Kraft.*

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Hearty-main-dish dinners for two

er for two may be a frequent occur-
e or may represent a distinct de-
ure from your family's usual sched-
In either case, an easy answer for
cozy meal is a short menu organized
nd one dramatic main dish.

ıbstantial meat entrée for two char-
rizes each of the following menus.
accompaniments emphasize the fresh
s and vegetables of August and can
uickly prepared.

Lamb sauté dinner

e the two lamb chops, boned and
ed, with fresh or frozen whole green
ıs cooked just until tender-crisp and
k slices of crusty bread with sweet or
ed butter.

give a Continental theme, accompany
salad with a round of Camembert
ese on a small board. The salad is
ply crisp torn butter lettuce and
ly sliced radishes, tossed with bottled
ian dressing just before serving. Fresh
le strawberries to dip in a small bowl
owdered sugar are the dessert.

a beverage you might serve the same
e you choose for cooking.

RBED LAMB-MUSHROOM SAUTÉ

- 2 large loin lamb chops, about ¾-inch thick (about 1 lb.)
- 2 tablespoons butter or margarine
- ¼ pound mushrooms, sliced
- ⅛ teaspoon salt
- 1 tablespoon finely chopped parsley
- 1 tablespoon fresh, frozen, or freeze-dried chopped chives
- ⅓ cup dry red wine (such as Gamay or Zinfandel)
- 2 lemon wedges

move bones and excess fat from chops
l cut meat into 1-inch squares.

lt butter in frying pan over high heat;
l lamb and mushrooms and stir oc-
ionally until meat is browned on all
es. Stir in salt, parsley, and chives, and
k about 3 minutes longer or until meat
just slightly pink inside; transfer to
ving dish. Return pan to heat and stir
wine; bring to a boil, scraping up bits
ıging to pan; pour over meat and mush-
ms. Serve with lemon wedges to
ıeeze over. Makes 2 servings.—*L. W., rkeley.*

Pork tenderloin for two

is dinner features a small whole pork
derloin with a sweetened cream that's
d both as glaze and sauce. The ac-
npaniments: frozen baby carrots cooked
ording to package directions (or thinly sliced fresh carrots cooked until tender-crisp) and a basket of warmed, soft dinner rolls.

For the salad, mix thin slices of apple and chopped cashews or almonds with crisp torn romaine leaves; just before serving toss with bottled Italian dressing mixed with a little Dijon-style mustard to taste. Fresh chilled cantaloupe wedges, garnished with mint leaves if you have them, make a welcome dessert.

Wine to accompany could be a medium Burgundy (such as a Gamay), a full-bodied white wine (such as Pinot Chardonnay), or a varietal Rosé, as you prefer.

GLAZED PORK TENDERLOIN WITH SWEET SAUCE

- 1 whole pork tenderloin, about 12 ounces
- 2 teaspoons brown sugar
- 1 teaspoon cornstarch
- ½ cup whipping cream
- 1 teaspoon soy sauce
- 1 teaspoon lemon juice

Place tenderloin on rack set in baking pan; insert the meat thermometer into the thickest part, and place in 425° oven.

In a saucepan stir together the sugar and cornstarch; slowly blend in whipping cream. Heat, stirring, until mixture boils and thickens; stir in soy sauce and lemon juice. Brush mixture over pork frequently during roasting; roast for 30 minutes (170° on a meat thermometer). Reheat sauce and pass to pour over.

OVERSAUCES

Just heat and pour . . . to make everyday foods overwhelmingly good.

Bordelaise. Lusty deep brown sauce for meats. Heady with red wine, onion, touch of garlic. Enlivens steaks, roasts, hamburger, meatballs.

Hollandaise. Golden lemony sauce, rich in butter, egg. Confers stardom on vegetables. Makes fish exciting . . . eggs important.

Cheese. Creamy sauce, rich in aged Cheddar and Romano cheeses. Ennobles vegetables or chicken. . . . With bread chunks, a hot party dip!

Two more Oversauces: delicate Newburg for fish, elegant Mushroom for meats.

Danish salmon . . . delicious, colorful

The Scandinavian reverence for splendidly simple presentations of fresh fish is well demonstrated by this salmon, which we discovered in Denmark. More than a dish, it becomes the basis of a delicious and colorful meal.

At first scanning, the recipe looks involved; but it is actually a well organized series of steps that can fit into a flexible time schedule.

First you slowly cook onion rings until golden brown and almost crisp (this can be done well ahead of time) to garnish the salmon.

Then you clean a quantity of spinach (this can be done ahead, too) to provide the second vegetable companion.

The piquant, fluffy egg sauce can be prepared early or while you are assembling the dish. As the salmon bakes, cook the spinach. Then serve the handsome result: green vegetable, pink fish, golden onions, and the sauce.

If you want to add to the menu, consider small boiled new potatoes, sliced tomatoes, or a marinated cucumber salad. Seasonal fruits are a proper final touch to this fresh-foods menu.

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DANISH BAKED SALMON WITH SPINACH

- 2 large onions
- 3 tablespoons butter
- About 3 pounds (4 or 5 bunches) spinach
- 3½ to 4-pound center-cut salmon piece, boned, cut in 2 fillets, and the skin removed
- 1 tablespoon lemon juice
- Salt
- Lemon wedges
- Whipped horseradish cream (recipe follows)

Thinly slice onions and separate in ri Melt 2 tablespoons of the butter i large frying pan and add onions; c over moderately low heat for 30 to minutes, stirring occasionally, until ric browned but not scorched. Set oni aside (they can be cooked well ahead time, then reheated briefly in a small pa

Snip tender, fresh spinach leaves fr stems and drop leaves into a gener quantity of cool water; discard ste and roots. Wash leaves in several chan of cool water, agitating to free any lodg bits of soil or sand. Drain spinach a set aside while salmon bakes (if clean ahead, chill in a plastic bag).

Lay salmon fillets side by side, sligh apart, on a rimmed baking sheet; sprin with lemon juice, season with salt, a dot with the remaining 1 tablespoon b ter. Bake salmon in a 350° oven for to 20 minutes or until fish has just turn an even, lighter pink color througho and flakes readily when prodded gent with a fork in thickest portion.

After the salmon has cooked 10 minut put spinach in a kettle of at least 5-qua size. Cover and cook over moderate he for a minute or two or until spina starts to wilt and there is liquid in p bottom; turn heat high and continue cook until spinach is wilted, turning ov frequently to cook evenly. Remove fro heat, uncover, and keep warm. Wh salmon is also ready, lift spinach fro pan with a slotted (runcible) spoon, drai ing, and mound on a warm platter.

Using two wide spatulas to support fis lift salmon onto platter with spinach.

If onions are not hot, reheat quickl garnish salmon with them and the lem wedges. Serve with the horseradish crea Makes 6 to 8 servings.

Whipped Horseradish Cream

- 2 hard-cooked eggs, shelled
- 1 teaspoon Dijon-style mustard
- ½ teaspoon prepared horseradish
- ¼ teaspoon dill weed
- Salt
- ½ cup whipping cream

Mash eggs finely with a fork, then blen in thoroughly the mustard, horseradis dill weed, and salt to taste.

Whip the cream just until it's stiff bu still will mound softly. Fold in the se soned eggs. Serve sauce at once (or chil covered, for as long as 2 or 3 hours); blen before serving. Makes about 1 cup.

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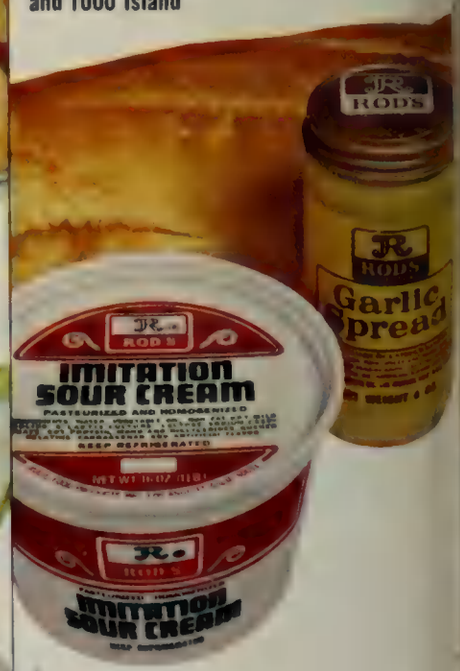

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DARROW M. WATT

F an August treat: *Sweet glossy wedge of cardamom-spiced peaches-and-cream pie*

A fresh try with peaches

F ches and cream have become a culi- y cliché because they are so deliciously eatable. Here we suggest three innova- e recipes using them—a cardamom- ored pie, a nut-sugar topping, and a oth rum-enhanced molded dessert.

ches appropriate for these desserts are yellow freestone varieties of late July l August (like Elberta, Hale, and Rio o). Nectarines can be used in these ipes as well—look for clingstone va- ies of Red Grand, Le Grand, Late Le and, and Gold King.

ACHES AND CREAM PIE

- ¾ cup sugar
- ¼ cup quick-cooking tapioca
- ¼ teaspoon salt
- ¼ teaspoon ground cardamom or nutmeg
- 1 cup (½ pint) whipping cream
- Pastry for a 9-inch pie shell
- 1 quart (4 cups) sliced, peeled peaches or nectarines

a bowl combine the sugar, tapioca, t, and cardamom or nutmeg. Pour in cream, stir until blended, and let stand least 30 minutes. Meanwhile prepare pie shell with a firm, high-standing (use your own recipe or enough pie st for 1½ pie shells). Fill shell with sliced peaches or nectarines and pour the cream mixture.

Bake in a 400° oven for about 40 minutes or until firm in center. Cool completely before serving. Makes one 9-inch pie.

NUT-SUGAR TOPPING

- ⅔ cup whole unblanched almonds
- ⅔ cup sugar
- 3 tablespoons melted butter or margarine

Whirl the almonds in the blender until finely chopped, or finely mince with a knife. Combine nuts with sugar; mix in butter until finely crumbled. Spread out in a shallow baking pan and bake in a 375° oven for 10 minutes, stirring several times. Remove from oven, crush any large lumps, and cool. Makes about 2 cups. Store in an airtight container.

Here are three ways to use the topping:

Sprinkle onto lightly sweetened, sliced peaches or nectarines. Offer light or heavy cream to pour over.

Make a peach parfait, alternating vanilla ice cream, sweetened sliced peaches, and the nut sugar.

For peach-nut sundaes, top ice cream with sweetened sliced peaches; sprinkle nut-sugar over all.

Crunchy *nut-sugar topping distinguishes parfait of sliced peaches and ice cream*

Nectarine *or peach purée stars in this chilly mold; slim fruit crescents garnish*

MOLDED PEACHES AND CREAM

- 1 envelope unflavored gelatin
- ¾ cup sugar
- About 3 large ripe peaches or nectarines, peeled
- ½ teaspoon vanilla
- 1 tablespoon rum or ⅛ teaspoon almond flavoring
- 2 egg whites
- 1 cup (½ pint) whipping cream
- Sweetened peeled sliced peaches or nectarines

In a saucepan stir together the gelatin and sugar. Whirl fresh peaches or nectarines in a blender or press through a wire strainer to make a purée (you should have 1¾ cups). Stir purée into gelatin and heat, stirring well, until completely dissolved and mixture just reaches a boil. Remove from heat and stir in the vanilla and rum or almond.

Set pan in ice water and stir until almost set (or chill in refrigerator). Combine the egg whites and cream in a bowl and beat until stiff peaks form. Stir gelatin mixture slightly to smooth out; fold in egg-white mixture. Pour into a 1-quart mold, cover, and chill until completely set, at least 4 hours. Unmold and garnish with sliced peaches or nectarines. Makes 6 to 8 servings.

Sunset's
GARDEN GUIDE

DON NORM

Plump buds and a double-flowered bloom of trailing fuch signal the peak fuchsia month of August. Heading the list plants exclusive to the West, fuchsias are available in more th 500 varieties; many flower shapes, sizes; shrub, trailing for

It's the month for fuchsias

AUGUST IN YOUR GARDEN:

Water, water . . . weed, weed . . . relax, relax

nset reader writes, "In August I pour he water, pull out the weeds, and for the best." She's on the right , but she could have added: Sit back enjoy. August garden chores are min- : Water copiously, weed frequently, watch the health and welfare of your ts.

ou feel so inspired, you can spend a cleaning up: disbud, pinch, rake, re- mulches, mow the lawn. In the eve- s mist-spray the garden and patio s to refresh the atmosphere.

zzles do the job

r hose-end nozzles let you spray, mist, oak to suit your garden's watering ls this month.

nozzle to buy if you can only get is the classic all-purpose nozzle. It cts water into streams from pencil to conical spray mists, changing the e simultaneously.

ulbous-looking attachment, the bub- , aerates water as it passes through. water won't disturb soil or shallow s, even at full force. This makes it l for watering container plants. Two s are available. Either will fit on the of a watering tube, with on and off ger controls that save stretching and ping.

mister attachment converts a full- e stream of water to a mist; use it to sten foliage and cool your garden. The t is not strong enough to wash away t on plant leaves. Use the all-purpose zle for that job.

other classic, the fan-shaped nozzle, cts a fine, even spray over long dis- ces.

gophers and pumpkins

e picture at right shows how thor- ghly a gopher can destroy a pumpkin. ntrary to popular belief, gophers do eat only the roots of plants; they may eat leaves, tender stems, and ening fruit when they get the chance.

is gopher burrowed up to the bottom the pumpkin, then gnawed his way ide. Nothing was left except an empty ll. So cleverly was this done that the ner didn't notice anything was amiss until the edges around the hole in the bottom of the pumpkin began to rot.

Watch out for gophers in your garden this month. They go where the soil stays moist, and since you may be watering your vegetable garden more frequently than the rest of your yard, it could prove an attractive foraging place for them.

You can protect your pumpkins from a similar fate by placing a thin section of board beneath them when they begin to ripen. This will also prevent the discoloration and possible rotting caused by contact with damp soil.

Spray poison oak now

August is your last chance to spray poison oak and get good results. The ideal time was last spring when the plants had their most vigorous growth, but you can spray with effectiveness up until the leaves begin to ripen and turn color—about September.

So if you missed last spring, or your first spraying wasn't 100 per cent effective, spray poison oak with a weed killer now. The best sprays are amino triazole, and 2,4-D and its many related compounds in the phenoxy group, widely used for control of broad-leafed weeds in lawns. Apply on a cool, still day, using a spray of coarse droplets rather than a fine mist which can drift and damage nearby desirable plants.

Sicilianos to the rescue

Puncture vine, the most menacing weed of the Central Valley, may not be disappearing, but there's a lot less of it now than there was 10 or 20 years ago.

The vine produces burrs that are armed with very sharp and hard spines. One or two spines stick up regardless of which way the burrs lie on the ground. The burrs hurt animals and humans and damage tires.

There is less of it now because of a biological control introduced in the valley in 1961. Two kinds of weevil from Sicily (microlarius weevils) eat the crown, stems, and seeds of puncture vine—which also came originally from the Mediterranean.

The ¼-inch-long grayish-brown weevils reproduce only on puncture vines. Should they ever become numerous enough to destroy all the puncture vines, they will

DARROW M. WATT

Gophers *like pumpkins too: This one burrowed beneath pumpkin, then ate up into it, leaving the empty shell behind*

Sunset's GARDEN GUIDE

die off, according to the University of California. They will not eat other plants in your garden, although they may eat weeds surrounding the vines to get water. You can tell the Sicilian weevils are at work if you see oval pits on the undersides of the stems.

If you prefer a faster method, pull up the vines, hoe them out, or spray them with one of the broad-leafed weed killers. The vines may never disappear completely. Seeds in the soil stay viable for 15 years.

Easy-care lantana

Lantana, an evergreen or deciduous vining shrub, grows well in full sun and thrives on neglect. Its pink, lavender, purple, orange, crimson, cream, and white blossoms grace many California gardens this month.

Whether plants are dwarf or tall, upright or trailing, they bloom continuously in frost-free areas. They grow in almost any soil if it drains well. If your soil has too much nitrogen, lantanas will grow lush and leggy and not bloom much. If they look ragged, prune back dead and leggy growth now to encourage new growth. Pruning also encourages more blooms.

No other care is necessary. Just water every 7 to 10 days, more if it gets hotter. Water plants in containers more often.

GLENN CHRISTIANSEN

White-tinged *lavender lantana blossom clusters, 1½ inches wide, bloom almost continuously*

Lantana has two bad points. Some pe are allergic to it and may get a rash f handling it. Also, when bruised, it g off a pungent odor that some people unpleasant.

Harvesting herbs

Many of the herbs you planted last sp should be ready for their first or sec harvesting now. Leafy herbs are re from the time flower buds begin to f until flowers are half open. The only ceptions are parsley, which can be anytime, and sage and tarragon, wh you cut when buds first appear.

Cut herbs for drying early in the d before the sun gets too hot, but after d has dried on foliage—oil content of lea is highest then. Shear annual herbs b to about 4 inches from the ground; perennials back only by one-third.

Tie woody-stemmed herbs such as sw marjoram or thyme in small bundles a hang upside down in a warm, dark pl with good air circulation. If drying a is fairly light, surround herb bundles w loose cylinders of paper to preserve th color. For large-leafed herbs like basil, short tips that don't bundle easily, on top of a screen-covered tray.

When leaves are crumbly dry (after a f days to a week with good ventilation a low humidity), store in airtight contain until ready to use. Check containers t first few days after filling to make s moisture doesn't form inside. If it do herbs need more drying.

AUGUST CHECK LIST:

Here are the jobs that most need doing

☐ **Chrysanthemums.** Stake to keep tops from drooping. Water carefully: Too much causes leaf drop; too little, woodiness. Feed at three to four-week intervals. Disbud large exhibition types.

☐ **Citrus.** Give a complete fertilizer to young trees and all trees in containers this month. Deeply irrigate trees in the ground. Check mulch and renew if necessary. Regular watering and feeding will reduce fruit drop (some is normal).

☐ **Disease and pests.** Many thrive in hot weather. Watch for aphids, spider mites, thrips, and whiteflies throughout the garden. Chief lawn trouble this month is fungus. Because precise diagnosis is difficult, the best fungicides are those that control a wide variety of diseases. It may take persistent application to bring results.

☐ **Fruit trees.** Prop up fruit-laden branches with notched wooden poles. Irrigate when the top 2 feet of soil dries out. Harvest ripe fruit and keep off the ground where it creates a gathering place for pests. You can bud fruit trees now and add one or more varieties to a single tree.

☐ **Fuchsias.** Remove faded flowers and yellow leaves. Cut back to force side branching and flowering. Renew mulch to conserve water. Water daily and feed regularly with a complete liquid fertilizer.

☐ **Lawns.** Water deeply once a week. Drought causes limpness in the grass: It flattens under your feet and fails to spring back. Feed, if there's a noticeable drag in growth. But remember too much fertilizer on hardy grass lawns in summer increases the chance of wilt and disease, besides making you mow more often. Fescue, bent, and bluegrass lawns grow more slowly during the warm summer months.

☐ **Planting for fall.** You can still plant celosia, marigolds, petunias, salvia, and zinnias. Broccoli, cabbage, cauliflower, and onion sets can be planted now. Plant daylilies, iris, and tropical plants. Colchicum planted now will bloom in weeks.

☐ **Watering.** Get a reliable water boy when you go on vacation. Water new plants well, especially shallow-rooted plants. Water azaleas, camellias, and rhododendrons heavily since their buds are forming now. Once or twice a month, water them extra heavily to flush accumulated salts out of the root zone.

If you haven't watered established native plants, don't drown them now. Most are used to dry conditions. Too much water may kill them.

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FELS MARUGG

1. POSTERBOARD HAWKS
Life-sized goshawk and sparrow hawk cutouts soar over apricot tree, guarding fruit from birds. They're tied to tips of 30-foot-long bamboo poles with fishing line; rigged as shown below, they glide naturally in circles with lightest breezes

2. CHANGEABLE SCARECROW
Fluttering plastic streamers alternate every few days with other bird-frightening devices on this scarecrow, designe to prevent birds from becoming used to it. Also change it by rearranging jointed limbs, and by moving it to new spots

The theory and practice of scarecrowing

Ominous shadow *cast by the posterboard goshawk soaring overhead also helps frighten birds away*

Monofilament *fishing lines loosely join wing to wing, head to tail. Another length pulls them together, attaches to pole*

When birds start marauding your f trees or vegetable garden, you can t any of several courses:

You can do nothing. Let the birds what they want and accept what's over—if there is any.

You can enclose the tree or plants w a screen cage, netting, gauze, or y

Or you can try to scare the birds av with devices that frighten by their sha shininess, or motion. This is the m fun, and it allows you to pit your y against the birds' appetites.

We observed the five spooking meth pictured on these two pages earlier t year. Here is how we rank them in eff tiveness:

1. Posterboard hawks. The key to th success is their realistic gliding and so

GLENN CHRISTIANSEN

3 **STUFFED FOX**
Realistic and menacing, this old stuffed ame out of an attic to frighten birds away ripe cherries. Paws are fastened e board which is wired to tree

5 • **FARMER'S CLASSIC**
Traditional scarecrow, like this one in a British Columbia garden, fails to scare birds for more than a day or so because it is all but immobile

4 • **TWO-FACED PLASTIC OWL**
Manufactured plastic owl has two faces, one on each side of its head. It didn't keep birds away from ripening fruit, but it did stop them from littering a deck

made so unpredictable by air cur- s that birds don't get used to them. oping over a tree and casting omi- s shadows below, they seem very real to birds and to human observers. hawks pictured at left were cut out lack posterboard, their shape enlarged the drawings on page 74 of *A Field de to Western Birds*, by Roger Tory erson (Riverside Press, Cambridge, ss., 1961; $4.95). Strung with fishing as shown, they glide smoothly and t flip over or wiggle. Slant poles over tree as much as possible to prevent s from wrapping around them.

Changeable scarecrow. This device in- orates bird control research done by University of California at Davis: ds avoid anything new in their en- nment for a short time—usually five to seven days at most, often less. Then, if the unfamiliar thing doesn't attempt to harm them, they learn to ignore it.

With the streamlined scarecrow shown at left above, you can change bird-spooking devices frequently and keep birds baffled. Attach different devices to the arms and legs every few days—pie pans, tin can lids, pinwheels, plastic streamers, or anything else that's shiny or moves with the wind. Confuse the birds further by moving the scarecrow to different spots in the garden (the center post is pointed), and by arranging the jointed limbs in new positions (they pivot on carriage bolts with wing nuts).

3. Stuffed fox. This idea worked for a *Sunset* reader who happened to have an old stuffed fox: She perched it in her cherry tree, then in a persimmon tree, and found it effectively kept birds away. Where do you get a stuffed fox? We do not recommend killing a fox for this or any other purpose, but you might be able to find a stuffed predator in a second-hand store, a taxidermist's studio, or maybe your own attic.

4. Plastic owl. Manufactured specifically to scare birds and sold for about $1, plastic owls seem to have limited effectiveness: They scared messy birds away from a deck, but failed to protect ripening fruit. Hang them from branches so they move with the wind.

5. Farmer's classic. The traditional scarecrow works for a few hours or a few days at the most. Birds become used to it soon because it's unchanging and unmoving (except perhaps for an occasional wind-flapped sleeve).

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DARROW M. WA

White flower *clusters appear in midsummer on 50-foot Yucca australis in Sunset garden next to San Francisquito Creek*

Summer is the time to see these historic trees in *Sunset's* garden

Two historic plants that once faced
struction in earlier locations today st
safe and sound on the *Sunset* ground
Menlo Park, California.

The great yucca once grew in the sev
acre garden surrounding Cedro Cotta
built in 1877 on part of Senator Lela

Tilting *the giant yucca into place. Move and planting took full day*

toric *oleander in summer bloom near Sunset's low Road parking lot. Agapanthus in front*

nford's private grounds along San ncisquito Creek near Stanford Univer- . In 1952 the cottage, which had be- e a campus landmark, was razed and grounds were partly cleared to make y for an elementary school. Among the nts left standing were two large *Y. tralis,* natives of Mexico.

1958, to accommodate extension of a yground, the yucca pictured at left was rked for removal. After careful and nplicated preparations, and special ar- gements with traffic officials, the splen- old tree (it's now about a hundred rs old) was moved to its present posi- n in *Sunset's* garden.

e white oleander above was planted ut 1904 by Mark Boutin on his ranch the foothills southwest of Palo Alto. In 2 the ranch was sold to the Andriano ily. The new owners installed a con- te terrace around the oleander, which od very close to the house and pro- led cool shade on hot summer days.

GLENN CHRISTIANSEN

Seven tons *of oleander, soil, and box swing over the planting hole*

In 1965, shortly before new freeway construction was about to take its toll of most of the Andrianos' fine old trees including the oleander, *Sunset* again came to the rescue. The picturesque, multiple-trunked plant showed its mettle by putting on an impressive show of bloom a few weeks after it was transplanted. The tree is about 17 feet high and 19 feet across.

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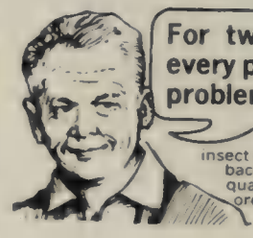

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Summer means watering . . . here are ideas

Summer means just one thing to gardeners—watering. It's a fact that plants need water in warm weather and that watering takes up much of your time. There are ways to water, however, that do the job better, with less fuss. We illustrate four of these below and on the opposite page.

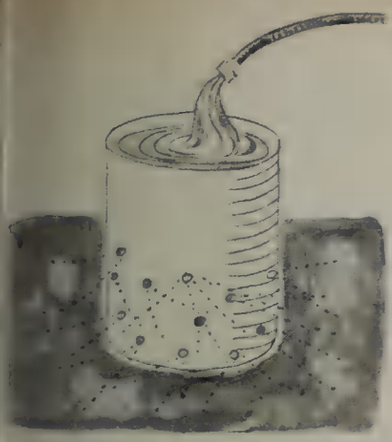
Sometimes you hand-water a flower bed with a hose and everything looks lush and moist. But when you dig down or pull out a weed, you discover that only the top of the soil is wet. Obviously, neither the watering hasn't done the plants much good; it hasn't reached many roots.

It takes a long time for water to soak (it may take 12 to 30 minutes or longer to reach 1 foot deep, depending on the soil type). Very few gardeners are patient enough to hand-water that long. But such soakings do provide a bonus: By watering deeply you don't have to water as often. The solution is to let the sprinkler or soaker hose run long enough to allow water to soak in well. Then wait until the soil dries slightly before watering again.

Overhead sprinkling is best for watering large areas, grass, and shade-loving plants that prefer acid soil. A mister, fan-spray nozzle, oscillating sprinkler, or rotating sprinkler (shown on opposite page) are best for this job.

Soaking is an effective way to water shrubs and trees, roses, and many kinds

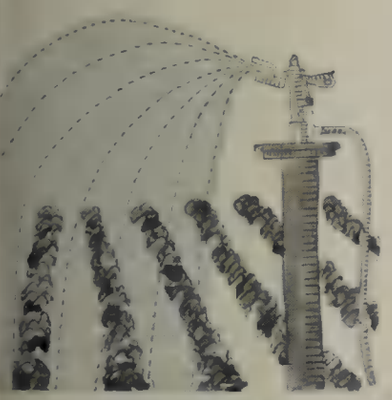
Watering basin *around shrub concentrates water around root area. Raised lip of soil forms a basin*



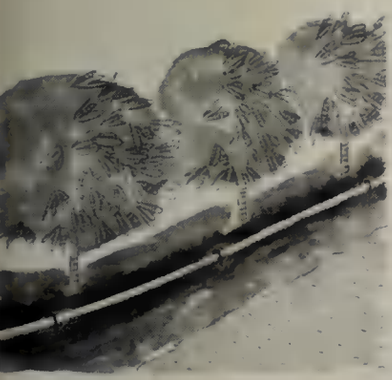
unk in ground, *punctured 1-gallon ursery can diffuses water below round. Best for vining vegetables*

egetables. You can let water run slow- ut of an open hose, or attach a bub- to allow for more volume without rbing soil or shallow roots. Various ls of hose-end nozzles are illustrated age 122 of the August 1968 *Sunset*.

er goes further in the morning or ning, when there's less evaporation. there's less runoff when you let it in slowly (don't turn the hose on he way). In areas where mildew and are prevalent, it's best to sprinkle in morning so plants are dry by evening.



Rotating sprinkler *waters larger area more efficiently when it's set on wooden stand in center of garden*



Coat hanger wire *bent into U-shape holds hose on ground, around curves; protects from foot traffic*

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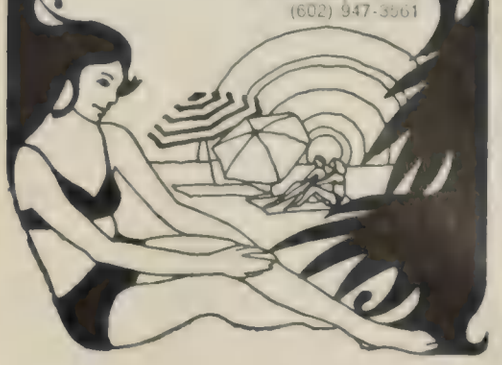

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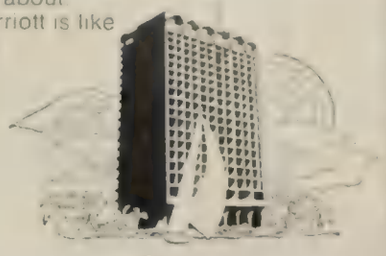

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DON NORMAN

Attractive *berry clusters form in late summer and fall among the grapelike leaves*

Blueberry creeper grows anywhere

A grape relative, the blueberry creeper (sometimes called porcelain berry) grows rapidly and vigorously in any climate. This vine's handsome, rich green leaves are similar in appearance to some kinds of grape leaves, and it bears clusters of small, decorative (but inedible) berries. Supply blueberry creeper *(Ampelopsis brevipedunculata)* with a strong support such as an arbor or pergola, and it will climb by its tendrils to about 20 feet and give pleasant shade during its leafy season. It also makes a strong pattern on concrete and rock walls, and it can even be grown as a ground cover. Inconspicuous greenish flowers are followed by berries that turn from greenish ivory to metallic blue.

In cold areas most of its leaves drop after first hard frosts. In mild-winter areas, however, some of the leaves turn red, then drop; this continues throughout most of the winter.

The vine grows in sun or shade and can thrive in any reasonably good soil. There's one hitch: Plants are not easy to come by in nurseries. If you can't find one or if your nurseryman can't order one for you, you'll have to get cuttings from a friend who has a plant. You can get seed from Harry E. Saier, Dimondale, Michigan 48821. Chill seed in your refrigerator (2 months at 40°) before planting it.

Remember when the Peace Corps happened?

There was an electricity, a shared smile. Most of us said, "What a great idea!" And thousands of Americans said, "I want in."

Just like that. The Peace Corps was in business, exporting a product that the cynics had made jokes about for two hundred years: The American Innocence, the notion that people can change things.

The supply of volunteers was unlimited. Before the Sixties ended more than 40,000 Americans – most of them young and white and college educated – had joined the Peace Corps.

Whatever happened to the Peace Corps?

What happened was that America, the world's leading exporter of innocence, ran out of the product at home. Let's not go through the list again. Growing up anytime, anywhere is hard work. Growing up in America has become almost unbearable.

The Peace Corps had some growing up to do, too.

It had to stop telling young people that love alone conquers all, because it doesn't.

It had to stop saying that volunteers could be "agents of change" – political change – because it wasn't true.

It had to stop pretending it wasn't a United States government agency, because it is.

It had to learn that – believe it or not – people in faraway lands know more about what they need than we do. (And when they ask for help, they're very specific: an electrician, two city planners, five math teachers, an experienced farmer.)

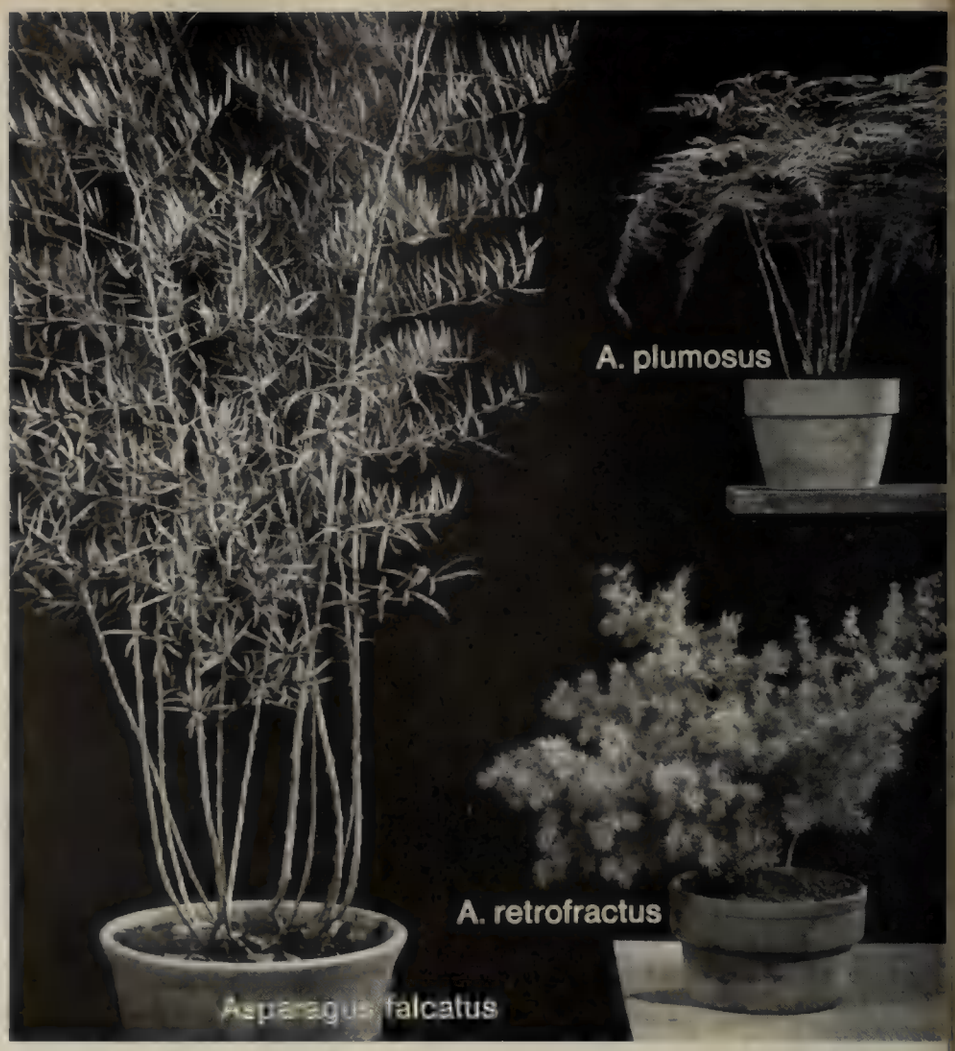
Today the Peace Corps is in 60 countries. That's 59 more than it started in. It's changed a lot, but so has the world and so has America, and so – after all – have you.

The Peace Corps is still a remarkable idea for people who need to help, nose to nose. But it's not like it used to be.

It's better.

Peace Corps, Washington, D.C. 20525

Ornamental asparagus ferns . . . they're elegant and tough

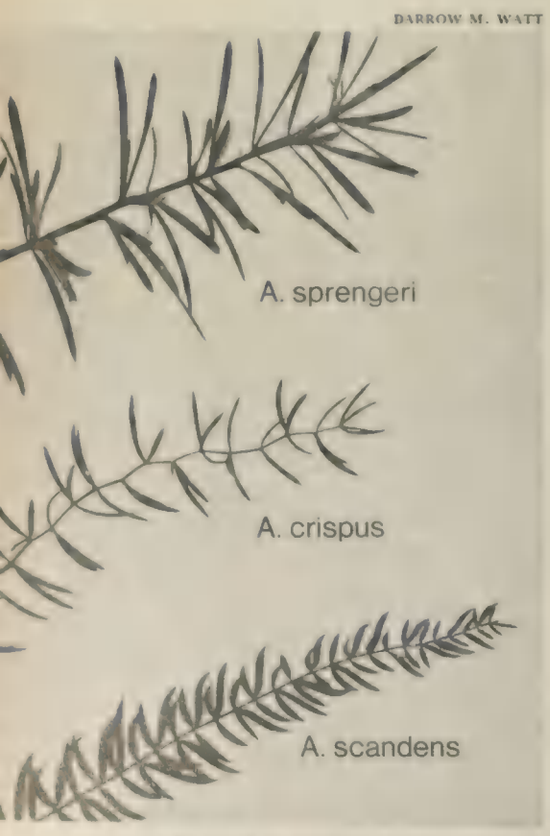


Two of these, *A. falcatus and A. plumosus, are vines, but can be tip-pinched or pruned as freestanding plants; A. retrofractus is naturally erect or leaning*

When is a fern not a fern? When it's an asparagus fern: then it's really an asparagus, and as such is related to the garden vegetable and (more remotely) to the lilies.

Although they look something like ferns and serve some of the same purposes, the various kinds of ornamental asparagus differ from true ferns in plant structure and culture. Their leaves are really tiny leaflike branchlets called cladodes: these transpire far less water than true leaves, and as a result are more resistant to drought and wind than the leafy ferns. Cut sprays last in arrangements.

DARROW M. WATT



Three kinds *of asparagus used in hanging baskets; samples shown are very nearly life-sized*

Like ferns they grow best in partial shade: a few will thrive in full sun near the coast. Plants go off-color in deep shade. Like ferns they grow best in good garden soil mixed with organic matter. Unlike ferns they can survive high temperatures, wind, and capricious watering. They grow best with a regular water supply, but the vigorous, fleshy (sometimes tuberous) roots are efficient machines for gathering and storing available water.

Most ornamental asparagus are climbers or leaners that look best on a trellis or hanging from a basket or pot. All are hardy near the coast or in coastal valleys. Inland, tops may freeze but plants usually come back from the roots.

Where winters are really cold, use as indoor-outdoor plants; their tolerance for dry air enables them to thrive indoors in winter. Planted in well prepared soil, they need little feeding—once in spring is usually adequate. Container plants may need more frequent feeding.

Most nurseries sell one or two kinds; a few exceptionally well stocked nurseries have three or more, and at these the owners often propagate their own plants. N single nursery is likely to have all thes

A. asparagoides. Smilax asparagus. Mo people who have this haven't planted Birds drop the seeds, which sprout a grow during the rainy season. Brigl grassy green leaves are broad ovals inch or less in length; vines can reach feet if supported, but are usually mu less. Cut stems with their foliage ma the smilax of florists.

A. crispus, usually sold as *A. scande* 'Deflexus.' Basket asparagus. Airy, grac ful plant for hanging baskets. Droopir zigzag stems have bright green, thr angled leaves in whorls of three. Scar

A. densiflorus (pictured at right). Y will probably find this sold as *A. meye A. meyersi*, or possibly *A. sarmentosu* It resembles a denser, fluffier *A. sprenge* Stems may be upright, stiffly leani arching, or drooping, but they are alwa so densely clad with branchlets and fo age that they look like slender, fur green foxes' tails.

More tender to frost than *A. sprenge A. densiflorus* is safest grown as a co tainer plant and protected on fros nights. Branches are 2 feet tall or ev

taller, and last well in arrangements even when judged by the high standards of other asparagus ferns.

A. falcatus. Sickle-thorn asparagus. Fiercely thorny vine to 10 feet, rarely more. Can be pruned into a freestanding 3 to 4-foot shrub. Plant out of traffic patterns.

A. plumosus. Fern asparagus. Twines to 10 or 20 feet, but can be kept smaller by pruning or confining it in a pot. Foliage is finer textured, fernier than any fern, useful as filler in bouquets.

An unusual variety, *A. p.* 'Pyramidalis,' has an upswept look; branchlets reach up instead of arching down.

The proper name of *A. plumosus* is now *A. setaceus*.

A. retrofractus. Shrubby plant, erect or with leaning stems, eventually 8 to 10 feet tall but slow to reach that size. Stems are light gray; rich, fluffy masses of foliage are bright grassy green. Protect from hard frost, and don't be hasty in cutting off stems that drop their greenery; they will probably grow a new outfit in a few weeks' time.

A. scandens. Pretty climber, sometimes called redwood asparagus because the

DON NORMARK

Fluffy green *A. densiflorus is star of this San Diego fern collection*

flattened leaves are strung out along the twigs like redwood needles. Looks best twining in and around a delicate trellis, where it can grow to 6 feet tall. A good basket plant if you keep stems from climbing up their supports or twining around each other. Scarce.

A. sprengeri. Sprenger asparagus. Best known, most widely available, and most useful. Whorls of leaves surround the stems, making plumy, billowy masses of bright yellow-green. Grow this one in a hanging basket or in a pot. Tough and fairly hardy, it will grow in full sun in ordinary soil as a ground or bank cover, withstanding temperatures down to 24°.

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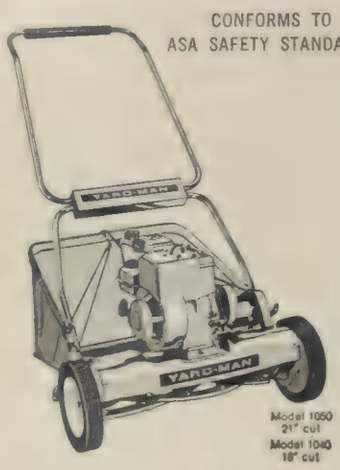

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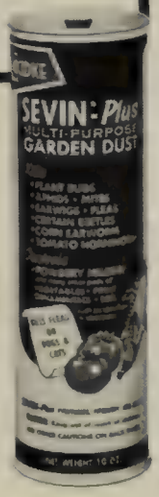

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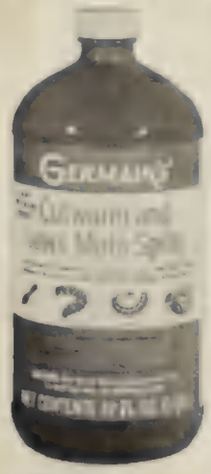

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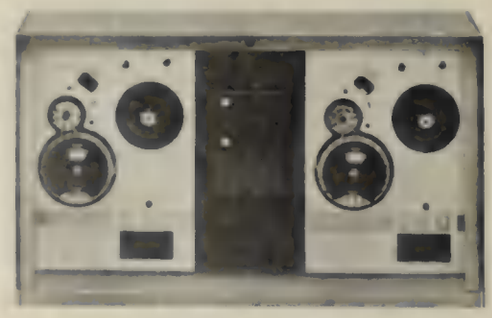

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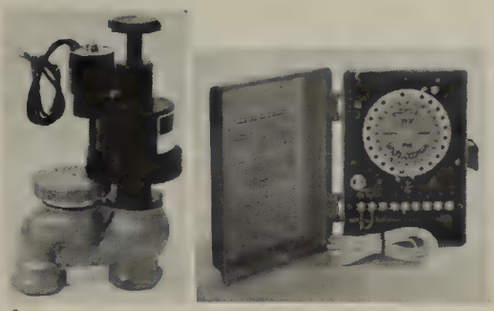

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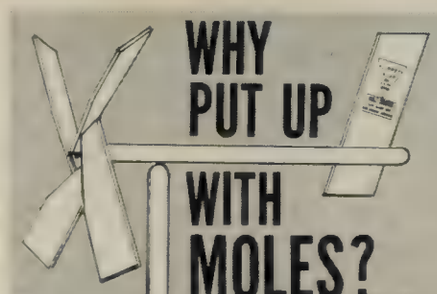

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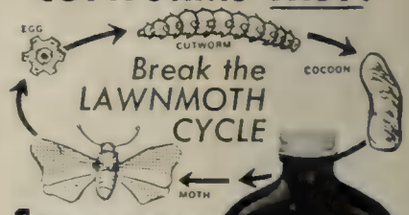

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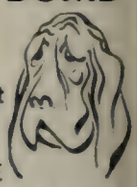

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FISH

Under eucalyptus, *loose rocks fill open spaces between raphiolepis*

Big stones as ground covers

Big rocks can substitute nicely for ground covers or lawn under trees where shade and greedy roots make it difficult for plants to grow. Unlike paving, a layer of rocks allows water to get down to the tree roots.

It may take some searching to find rocks as smooth, uniform, and large as the ones in these photographs. Some people simply turn them up when they dig in their gardens. The owners of the gardens shown here collected their rocks a few at a time from nearby canyons and river beds or while on vacation.

Rocks in the large picture, in the garden of Mr. and Mrs. Bob Kutcher of Capistrano Beach, California, were laid right on top of the ground. Since then they've sunk in a little and now only a few wobble slightly. The one problem is that eucalyptus leaves fall and wedge in between the rocks; Mrs. Kutcher has to retrieve them by hand.

The other photograph shows the result of a more complicated rock-laying technique. The owners, Mr. and Mrs. W. Glenn Patton of Santa Ana, loosened the soil with a hoe, then watered it to form a mud base. They buried rocks halfway in the mud with smoothest side up, then pounded them in place with a rubber mallet. The mud dried to hold the rocks firmly. The surface is reasonably easy to clean with a wire rake or hose.

The Pattons spray weed killer on weeds that crop up between rocks.

DARROW M. WATT

Under willow, *rocks pressed into ground give a more solid surface*

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Colorless Thompson's Water Seal protects, preserves, waterproofs: Leather boots, shoes; golf bags, sleeping bags, ski & fishing gear; canvas furniture; clothing; tents, tarps, awnings; gun cases; tennis nets, boats, door & window frames, screens. Won't harden or crack leather or fabrics. At paint, hardware, sporting goods stores or write direct. Aerosol spray $1.89; Qt. $1.95; Gal. $5.95; 5-Gal. $28.25 ppd. tax incl. No C.O.D.'s please. E. A. Thompson Co., Inc., 1333 Gough St., San Francisco, CA. 94109.

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Thompson's Ready-Mixed "California Redwood" Seal-Stain protects and restores the natural beauty of redwood and cedar, adds beauty to plywood or knotty pine, waterproofs fir, pine, mahogany, wood shingles, shakes. Contains over 60% Thompson's Waterseal. Stops water damage. Apply by brush, roller or spray. At dealers or write direct. Pint $1.30, Qt. $2.15, Gal. $6.50, 5 Gals. $31.00, ppd. Tax incl. No C.O.D.'s please. E. A. Thompson Co., Inc., 1333 Gough St., San Francisco, CA. 94109.

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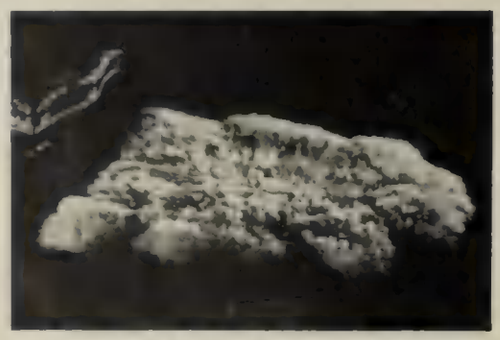

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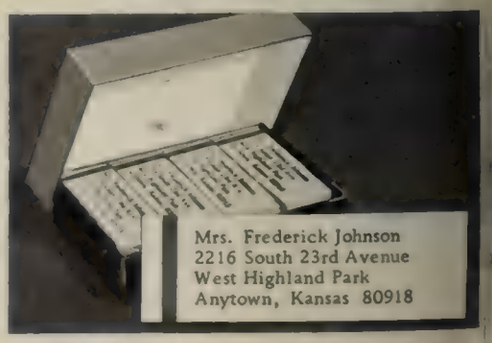

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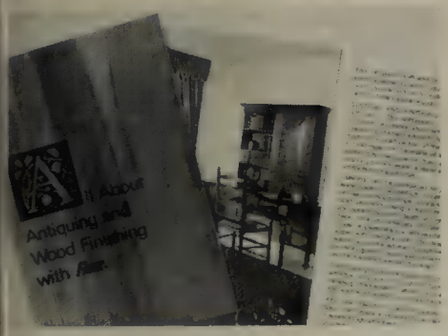

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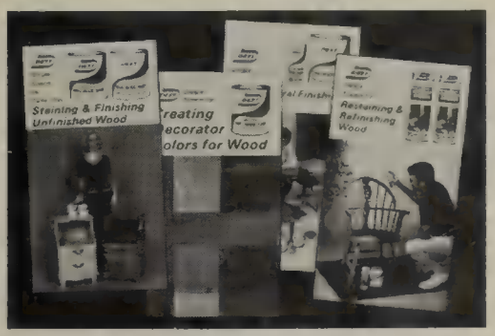

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PETE REDPATH

Chicory flowers *are summer-sky blue*

This weed is chicory

As you drive this month along highways and past open fields, keep an eye out for chicory, a wiry, 2 to 3-foot weed with heavenly blue flowers. The best time to see the flowers is in the morning, for they close around noon.

This robust perennial, *Cichorium intybus*, originally from the Mediterranean area, now grows wild on every continent. In some countries it is cultivated for its deep, tough roots, source of the coffee substitute also called chicory. The basal leaves are sometimes used in salads. Endive *(C. endiva)*, a close relative of chicory, is widely grown as a salad vegetable.

It would be an understatement to say that chicory is easy to grow. It thrives in hard, sun-packed ground, on oiled roadsides, and in fields browsed by cattle.

If you would like to try chicory, sow seeds or set out roots in fall or early spring. (A few specialists offer the seed. You'd have to dig the roots yourself—with permission of the property owner or manager.) After plants are established they'll need very little water. Cut back the sprawling branches to encourage shrublike growth; the plant should also flower more heavily with this treatment.

Chicory plant *is tough and rangy*

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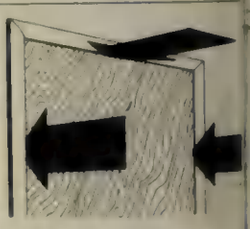

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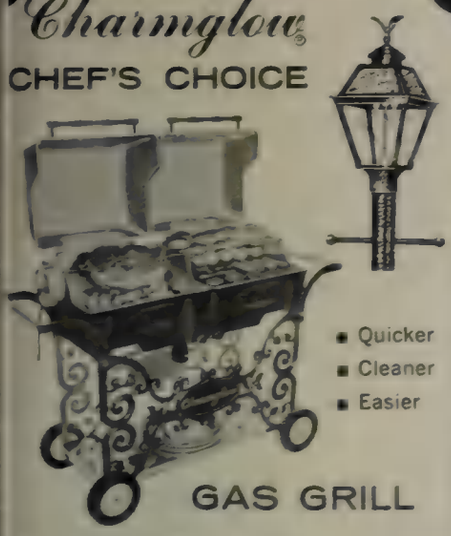

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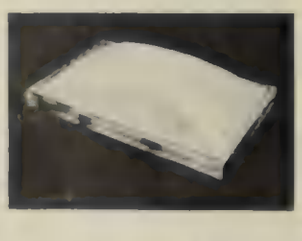

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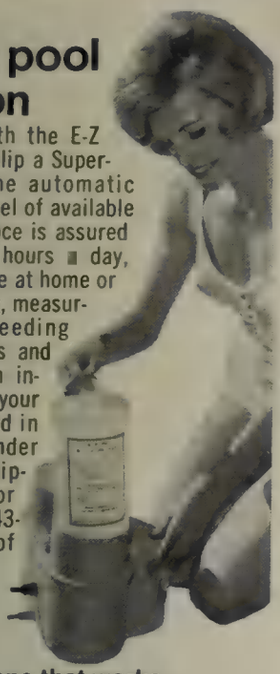

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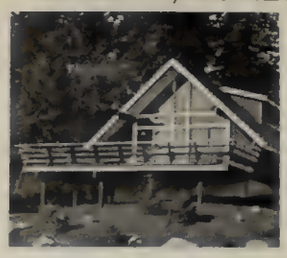

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Garden events during August

Ross. August 2. Third annual show of the Marin County branch of the American Fuchsia Society. Place: Marin Art and Garden Center's Livermore Room, Sir Francis Drake Boulevard. Hours: noon to 5 P.M. Free.

Concord. August 8 and 9. Annual festival and bonsai exhibit presented by the Diablo Japanese American Club. Place: clubhouse grounds, 301 Treat Blvd. Hours: 4 to midnight Saturday; noon to 10 P.M. Sunday. Free.

San Leandro. August 8 and 9. Annual show sponsored by the San Leandro Dahlia Society. Place: Bancroft Junior High School Auditorium, 1150 Bancroft Ave. Hours: 3 to 9 P.M. Saturday; 9 A.M. to 7 P.M. Sunday. Free.

Oakland. August 15 and 16. Annual show by the East Bay Dahlia Society. Place: Lakeside Garden Center, 666 Bellevue Ave. Hours: 1:30 to 9 P.M. Saturday; 10 A.M. to 6 P.M. Sunday.

Pacifica. August 16. Show of the Pacifica branch of the American Fuchsia Society. Place: Fairmont Shopping Center, Hickey Blvd. and Gateway Dr. Hours: 1 to 6 P.M. Free.

Richmond. August 16. Eleventh annual show of the Richmond branch of the American Fuchsia Society. Place: Library Auditorium, Civic Center and Macdonald avenues. Hours: 11 A.M. to 5 P.M. Free.

Sacramento. August 21 through September 9. Flower show at the California State Fair. Place: Floriculture Pavilion, California Exposition grounds, 1600 Exposition Blvd. Hours: 5 to 10 P.M. Friday, opening day; 10 A.M. to 10 P.M. thereafter. Admission to fair: $1 for adults; 50 cents for children 7 through 16; free for those 6 and under.

San Francisco. August 27 through 30. The 28th San Francisco County Fair - Flower Show. Place: Hall of Flowers, Golden Gate Park, Ninth Ave. and Lincoln Way. Tickets ($2.50) to an invitational preview from 6 to 8 P.M. on Thursday, August 27, can be obtained by writing to the Preview Chairman, 120 Corona St., or telephoning (415) 333-9273. Show hours will be 10 A.M. to 9 P.M. Friday and Saturday, 10 A.M. to 6 P.M. Sunday. Admission: 50 cents.

Fort Bragg. August 29 and 30. Show of the Fort Bragg branch of the American Fuchsia Society. Place: Odd Fellows Hall, N. Main Street. Hours: 1 to 6 P.M. Saturday; 10 A.M. to 6 P.M. Sunday. Free.

LETTER FROM *Sunset*

The redwood victory . . . not yet

The campaign to establish the Redwood National Park was a long, hard battle, but when Public Law 90-545 was signed by President Johnson on October 2, 1968, most Westerners turned their attention to other matters.

What has happened in and to the park and its environs since?

A *Sunset* headline in May, 1969, pointed out that *The new Redwood National Park is not the victory it may yet become.*

It still isn't.

Development of a master plan for the park's preservation and management is under way. The National Park Service staff has been hard at work; it has opened administration and information offices at Crescent City, Klamath, and Orick, California, and thus far has marked 13 miles of trails.

But though more than 20 months has passed, the most important actions needed to complete and protect the park have not been taken: acquisition of the splendid Skunk Cabbage Creek forest, and negotiation of appropriate use arrangements for the privately owned watershed of Redwood Creek (adjacent to the park's narrow corridor that includes Tall Trees Grove).

A bill (H.R. 7614) that would add the Skunk Cabbage Creek drainage to the park has been pending in Congress for more than a year, and hearings have not yet been scheduled by the House Committee on Interior and Insular Affairs.

As for the Redwood Creek watershed, the National Park Service has not completed its recommendations for the Secretary of the Interior regarding easements and use agreements to prevent adverse effects on timber, soil, and streams within the park—agreements he is empowered to negotiate by the 1968 act.

Meanwhile, logging has begun in both areas. About 10 per cent of the 1,800-acre Skunk Cabbage Creek forest has been leveled by clear-cutting, and new operations have disturbed significant parts of the 9,000 acres of key virgin watershed slopes of Redwood Creek. The impact not only impairs the esthetics of the park but also endangers the park groves themselves through erosion, stream siltation, and wind exposure.

An important part of what was won in 1968 may yet slip away. But the opportunity to establish a meaningful Redwood National Park still exists —if Congress, the National Park Service, and the Secretary of the Interior take timely action. Letters to your congressman, senators, and the Secretary will help.

WINDOW ON THE WEST: Holter Ridge

Even without a posted sign, the point where Bald Hills Road enters Redwood National Park at Holter Ridge would be obvious—for the adjacent privately owned land has been logged right up to what is now the boundary. Unfortunately that arbitrary line cannot protect the trees, soil, and streams within the park from erosion and other effects of timber cutting upslope or upstream. Steps to minimize the problems of transition between park and nonpark lands are authorized by law, but have not yet been activated—as discussed in the Letter from *Sunset* above.

GERALD FREDRICK

SEPTEMBER 197

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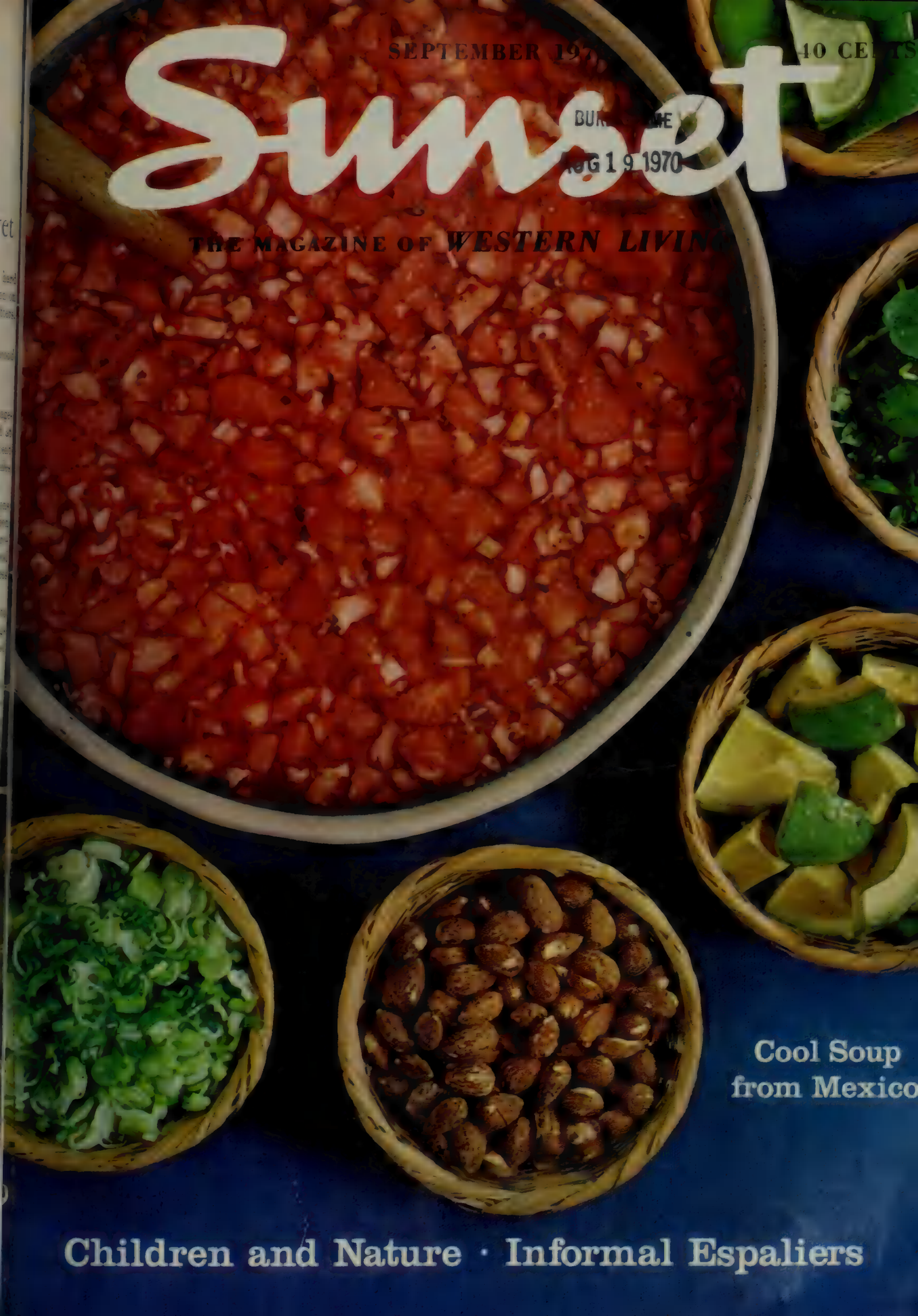
THE MAGAZINE OF *WESTERN LIVING*



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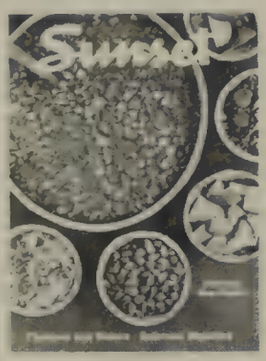
The Cover Story



Cold gazpacho is one of three great soups that are distinctively Mexican despite their Spanish names. All are notable for their free use of fresh ingredients and their festive flavors. For the story, see page 76. The photograph is by Glenn Christiansen

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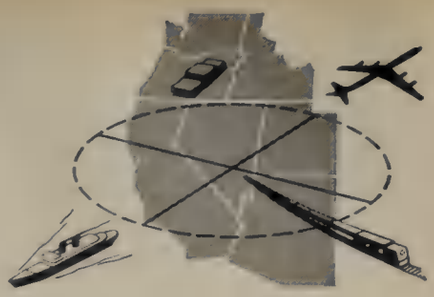

Drumming *to the tune of his flute, page heralds the royal arrival*

Renaissance fair in Marin County

During the sixteenth century, especially throughout the reign of Elizabeth I, September was a special month: the time of the fall harvest and, afterwards, a country fair. Today, those who care to celebrate the end of summer can attend the annual Renaissance Pleasure Faire and Ha'Penny Market, held every Saturday and Sunday during September (including Labor Day) in eastern Marin County. The fair participants reenact the pageantry and ribaldry that took place at typical

Her Majesty *Queen Elizabeth I and her court greet fair visitors from the main stage after her procession arrives*

PETE REDPATH

Sunset

THE MAGAZINE OF WESTERN LIVING

September 1970

Two fine cooks *at work with sun for light, wood fire for heat*

We discover soups in Mexico

In a remote Mexican country restaurant south of Tecoman, Colima, *Sunset* editors chanced upon these talented cooks in the process of concocting their specialty of the day, *pozole*.

This earthy, unpretentious soup proved to be not only delicious by any standard, but full of surprises as well.

The friendly ladies were quite willing to share their secrets, so a *Sunset* home economist joined them in the kitchen and recorded their every step and ingredient. Later, in our test kitchens, pozole and two other soups researched in similar ways in Mexico were adapted to allow for the differences in markets and kitchens.

For the results, see page 76.

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town fairs during the Renaissance.

All of the actors, craftsmen, hawkers, musicians, and most of the 15 thousand weekend visitors, dress in period costume and take an active part. One of the most colorful activities is the "Call O' The Faire" procession: Every day at noon a procession of costumed revelers makes its merry way from the main gate, past the Market Cross, to the main stage.

On the main stage and on five other stages there is continuous entertainment through the day. You can also watch craftsmen making a variety of products ranging from leather sandals and jewelry to metal forgings and puppets.

Craft stalls and food tents are nestled off signed lanes meandering through groves of oak and bay trees. Vendors wend their way through the fairgrounds crying their wares, "Mulberry red, indigo blue, ribbons for your lady to keep her so true." Even the signs fit the atmosphere: One that was tacked over a garbage can read, "Litter Bringeth Plague."

The Pleasure Faire is open from 10 A.M. to 6:30 P.M.; admission is $3.50 for adults and $1 for children under 12.

To get there, take the Terra Linda exit (Freitas Parkway) from U.S. Highway 101 just north of San Rafael, and follow the signs east for about 3 miles. The fair is on North San Pedro Road on the edge of San Pablo Bay.

For a brochure giving simple directions on making costumes, write to Faire Costumes, Box 18104, San Francisco 94118.

Touring Victorian homes in Carson City

The Comstock Lode produced untold riches for some, and a rich past for Nevada. In Carson City on September 20, from 10 A.M. to 4 P.M., there will be a tour of some of Nevada's grandest Victorian homes, built during the "rush to Washoe" when miners ripped ore from the Comstock 24 hours a day.

The tour will include the Wells Fargo Bank Building built in 1859 and five large private homes with many of the original furnishings. On the same day, a sidewalk art show and sale will be held in Roberts Park, 1207 N. Carson St., starting point for the building tour.

Tickets cost $3.50; children under 14 enter free. A map for the guide-yourself tour is available, along with the tickets, at Roberts Park.

Oriental art exhibit

More than 100 rare Chinese paintings, sculptures, and artifacts, most of which have never before been seen outside the Orient, will be exhibited at San Francisco's M. H. de Young Memorial Museum from September 15 through October 25. The exhibit is on brief loan to four museums

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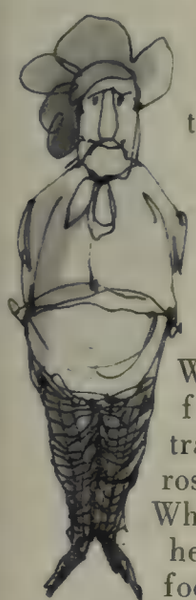


It's run like a hotel, too. Our people know what they're doing and they enjoy doing it.

The rooms are the largest in Las Vegas. And, we think, done in the best taste.

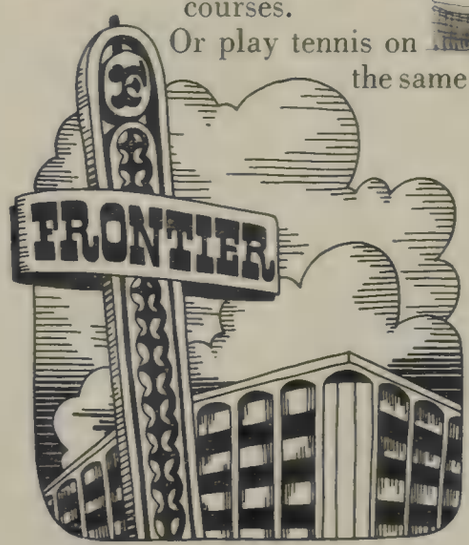
When you have breakfast in them, your tray includes a fresh rose.

When you have dinner here, you can order food not many restaurants trouble to prepare—Petite Marmite Henry IV, Steak Diane, Breast of Capon Escaloppee au Vermouth, Stone Crabs fresh from Florida, Omelette Norvegienne Glacee, Crepes Suzette—it reads like something out of *Gourmet*.

Our shows feature some of the most popular stars ever to appear in Las Vegas—Vic Damone, Jimmy Durante, Robert Goulet, Phil Harris, Bob Newhart, Wayne Newton, Diana Ross, Frank Sinatra, Jr., The Supremes, Jerry Vale—*it* reads like something out of *Variety*.

Should your system require outdoor activity, you can golf on one of Las Vegas's finest 18-hole courses.

Or play tennis on the same courts used in the Howard Hughes Invitational.



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And just to make sure your stay with us is a pleasant one, we've got twice as many employees as we have rooms.

(Most hotels have nowhere near that ratio of employees to rooms.)

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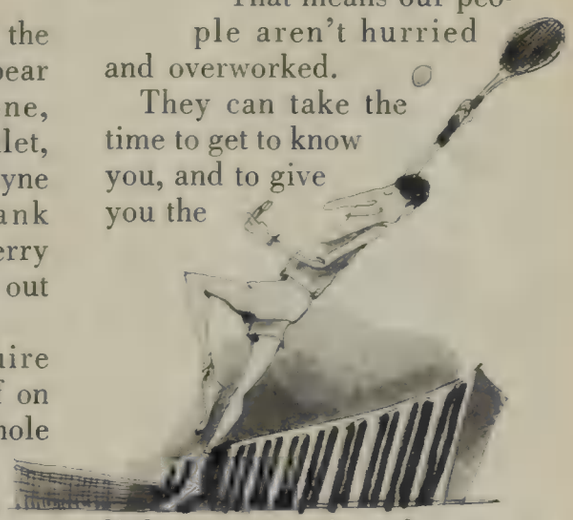
They can take the time to get to know you, and to give you the little extra services that turn an ordinary vacation into a memorable one.



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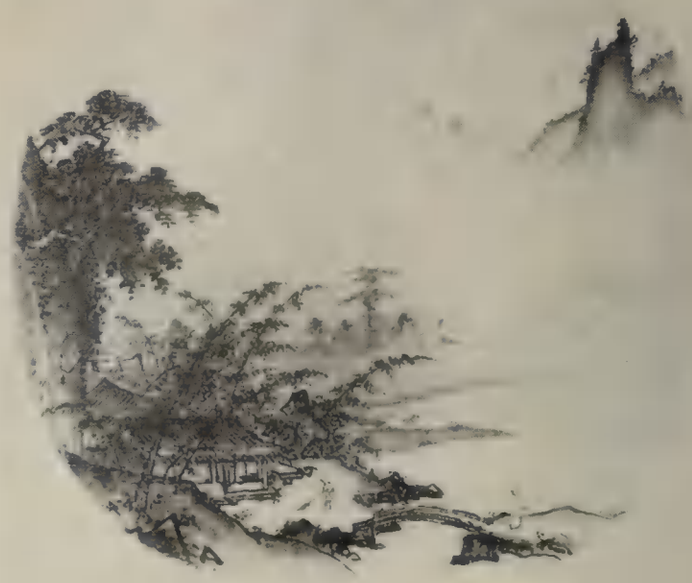

Misty *scene on silk fan is one of 12 such in exhibit*

in the Western states—de Young, Seattle Art Museum, Pasadena Art Museum, and Honolulu Academy of Arts.

The paintings are all part of the private Abe Collection, known to art experts and scholars as one of the finest in the world. Accompanying it are sculptures and artifacts from the Osaka Municipal Museum of Fine Arts and other private collections that include 3,000-year-old bronzes from the Shang Dynasty.

Admission to the show, which will be displayed in the Avery Brundage Wing of the museum, is $1 for adults and 50 cents for students. Special hour-long tours of the exhibit will be conducted daily at 11 A.M. and 2 P.M. The de Young is open seven days a week from 10 A.M. to 5 P.M.

For travel planners, a September check list

Diving near Channel Islands. Skin and scuba divers can now dive near Southern California's Channel Islands all year long from regularly scheduled cruise boats. The 45 to 65-foot boats leave Channel Islands Harbor in Oxnard daily at 7:30 A.M. for Anacapa and Santa Cruz islands, and have equipment for fish finding, extra air, and galleys for hot snacks. Cruise price is $11 per person. For information and reservations, write to Channel Island Sport Fishing, 3825 Pelican Way, Oxnard, California 93030.

Orient tour. A deluxe, month-long tour of the Orient will leave the West Coast October 14 and return November 15. Tour members will visit seven countries, including Taiwan, Malaysia, and Japan. Tour price of $2,314 includes all transportation from major West Coast cities, twin hotel rooms, some meals, and scheduled sightseeing tours. For a brochure, contact your local BOAC representative, or see your travel agent.

Foreign money. Travelers to foreign countries often arrive after banking hours without the proper currency. Before leaving home, you can buy a Tip Pack that contains about $10 worth of foreign currency (enough for tips and a taxi to your hotel), an illustrated money converter, and local tipping suggestions. The packs are available at most major banks, or from Foreign Exchange Ltd., 415 Stockton St., San Francisco 94108.

Auto racing. The U.S. Auto Club's first California 500 championship race in Ontario, California, is the feature of a special four-day, three-night visit to Los Angeles from September 4 to 7. Race day is September 6, so tour members have free time to spend in Los Angeles. Tour prices starting at $89 per person include hotel room (twin bed), transportation from your hotel to Ontario Motor Speedway and back, and admission to the race. For a brochure, write to Travel Management Corp., 707 W. Seventh St., Los Angeles 90017, or see a travel agent.

Autumn backpacking. Backpackers planning autumn outings may have some questions about keeping warm, or the kinds of food to carry for maximum energy on the trail. A series of six booklets now available will answer questions on what to take and how to use it. The booklets are free; write to the Colorado Outdoor Sports Company, 1636 Champa St., Box 5544, Denver 80217.

What a travel agent can do for you: Provide information on tours; reserve space on air, rail, bus, and steamship lines; make hotel, ranch, and resort reservations; take care of trip planning, including side trips and special events. Travel agencies do not charge for arranging transportation or package tours, but do charge for "custom" tour service.

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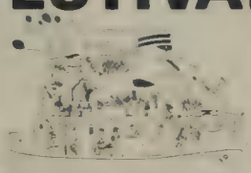

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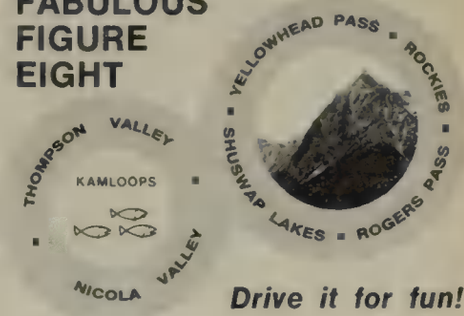

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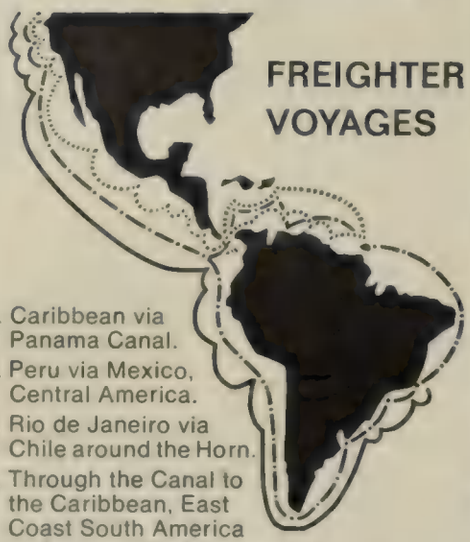

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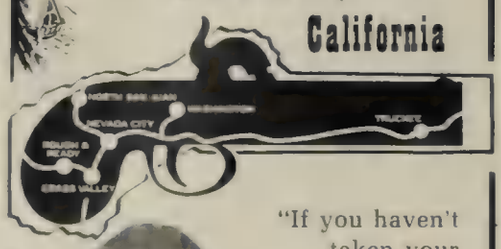

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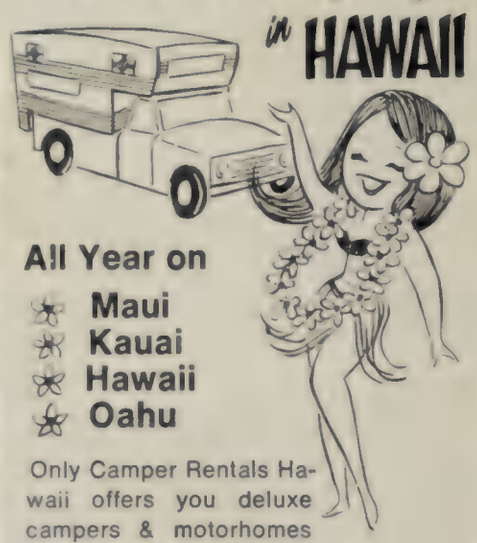

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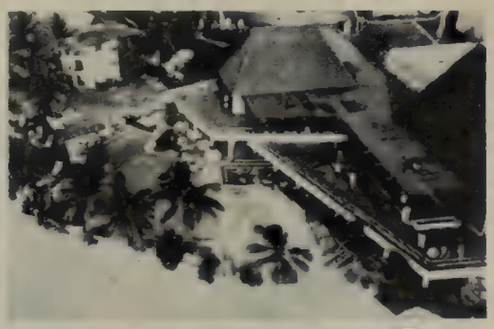

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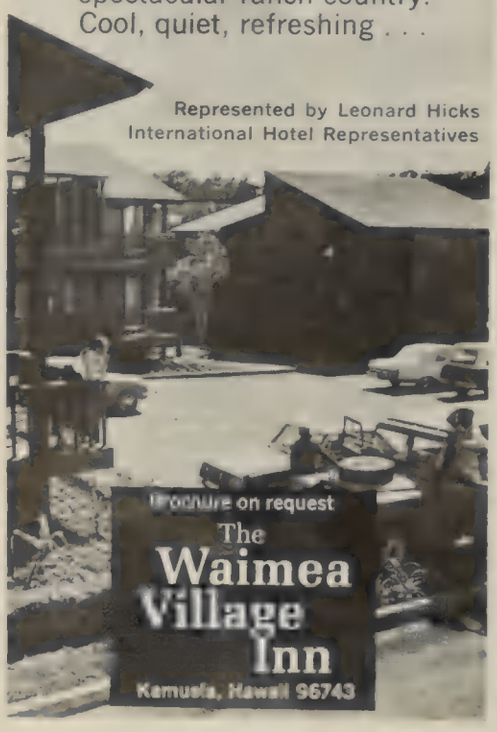
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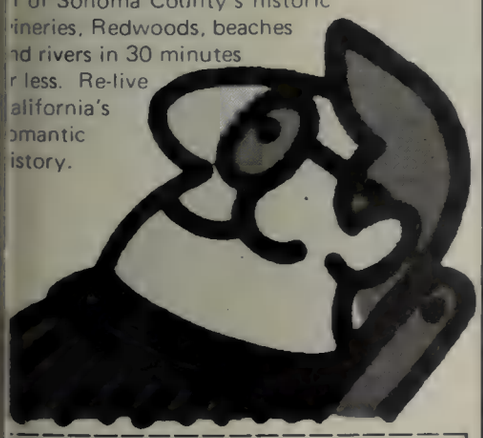

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Things will be looking up in Reno September 13-20

The drone of airplanes will keep peo in Reno looking skyward from Septem 13 through 20.

The Reno National Championship Races will lure aerial stuntmen, rac pilots, and vintage airplane owners w $77,500 in prize money. For the seco year, women will be eligible to comp in all events.

The meet takes place at the Reno-Ste Airport, but the first event on Septem 13 will have its start 1,667 miles to t east in Milwaukee. Planes of unlimit horsepower will chart the fastest cou and arrive in Reno, in early afterno 3 to 4 hours after takeoff.

From September 14 through 17, pil attempt to qualify for the events of t final race days, September 18 through

JOHN ELLING

Planes bank *for turn. Heat waves bl them in this photograph from mile aw*

The course the fliers must negotiate marked by six tall pylons, around whi the planes bank in steep turns. Even scheduled each qualifying and race d include a 102-mile contest over an 8½ mile course for unlimited horsepow planes; and races over 3-mile courses f Formula I racing planes (with a wingsp of as little as 13 feet), sport biplanes, a

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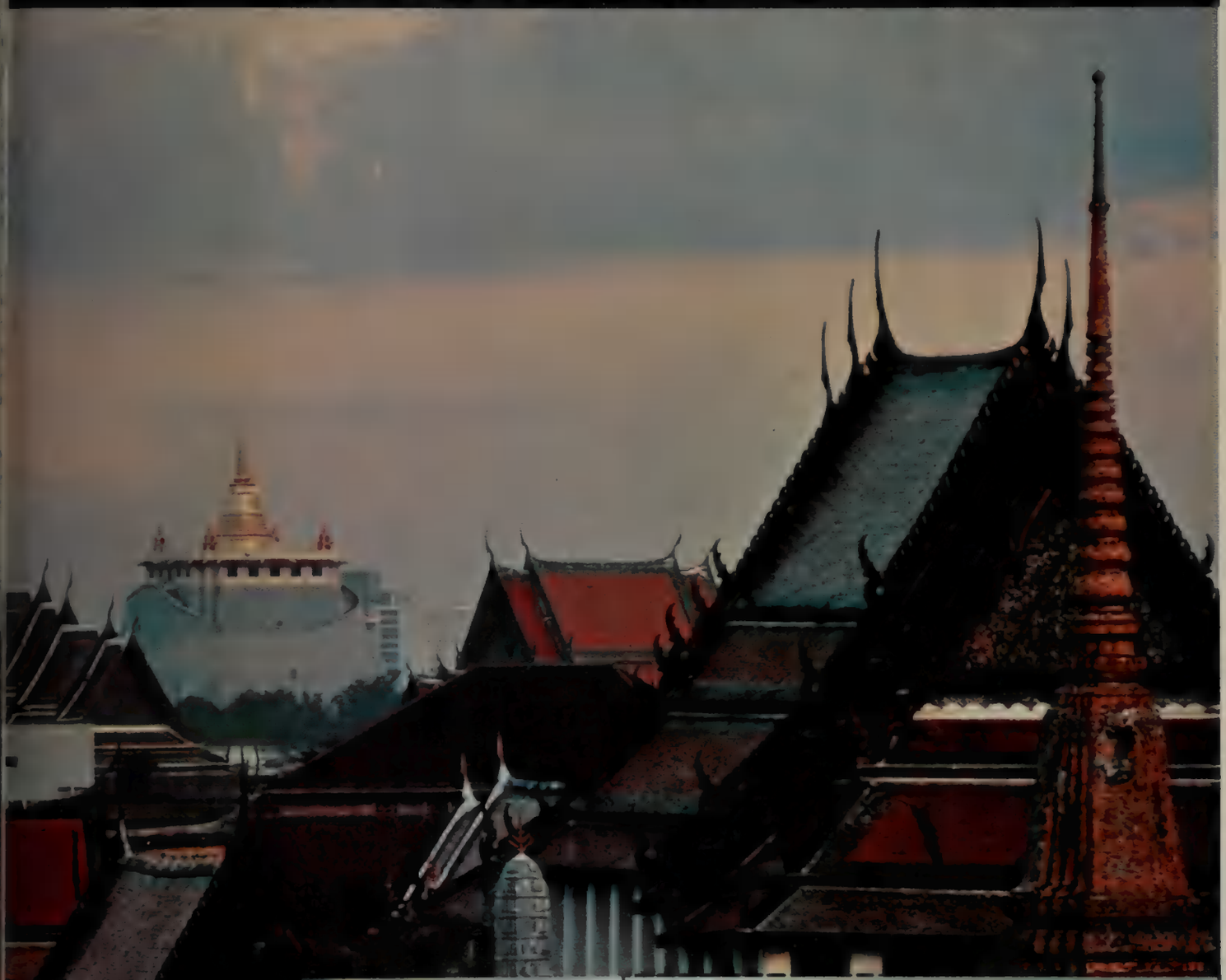

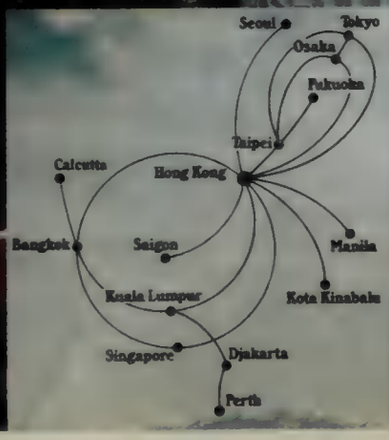

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For instance, the industry's most popular selling motor home is Winnebago's model D-22. Twenty-two feet of fun on wheels, with pecan colored, vinyl clad plywood cabinetry. High-fashion colors of gold, avocado and blue, coordinated among quilted upholstery, window curtains, kitchen appliances and wall-to-wall carpeting. A dinette with 5" thick foam cushions covered with vinyl one side and fabric the other. It makes into one of three beds sleeping six (optional eight). And in the kitchen, the four burner deluxe range with automatic

oven sits between the built-refrigerator-freezer and th stainless steel double sin There are overhead cabinet drawers and work space wi drop leaf extension. The bat room has the usual facilitie lavatory, marine toilet, and tel phone shower head. Anoth bed, accommodating six-foo ers, is made up from the rea lounge and there's a divide curtain for privacy. There another divider curtain u front for use during nighttim driving. Otherwise the driver compartment is a part of th entire motor home comple Rich black vinyl bucket sea for the driver and copilo match the padded dash. Par orama windows all aroun Power steering, power brake and three-speed transmissio let even grandmothers drive with ease and assurance Ducted forced air gas hea keeps it comfortable in th winter time. And optional a conditioning is available t help you keep your cool in th simmering summer.

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ch day's program starts at 11 A.M. eno-Stead Airport is about 9 miles north Reno (it is not the Reno Airport served commercial airlines, which is 4 miles utheast of town). On September 18, 19, d 20 there will be a fly-by of helicopters d a Boeing 747, a hot air balloon com- tition, and skydiving performances. The med Blue Angels (officially the U.S. avy Flight Demonstration Team) will monstrate precision aerobatic and for- ation flying.

n final race days, general admission tick- s cost $5 for adults, $2 for children 6 15 years of age. Children under 6 are lmitted free. A limited number of re- rved seat tickets are available at twice e general admission fee; admission to e pit area costs three times the basic ice.

n the days of qualifying races, every- ne is admitted free into all seating areas. ttendance for all events last year tallied ore than 50,000.

or information, on overnight accommo- ations, write to the Chamber of Com- erce, 150 S. Virginia St., Reno 89501.

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It's the new Kodak Instamatic X-90 camera. Does more of everything for you. Automatically. So you don't have to. And it uses the new Magicube Type X, for flash. The kind that doesn't use flash batteries. So you don't have to worry about them either.

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Hard hat *tilted back on his head, 72-year-old Martin Duffy is one of several old-timers still mining gold near the town of Goldfield*

Towering *almost three stories above the rocky desert, this brick and stone wall is about all that's left of Rhyolite's bank. The crumbling structure handled close to $3 million in gold*

Travelers who explore the "ghost towns" of central Nevada find that only a few are true ghosts. Many of the towns on the map at left, like Rhyolite and Round Mountain, have only a handful of inhabitants, but others, like Beatty and Tonopah, are busy communities. Regardless of size, each old mining town has its own story to tell and plenty of shopkeepers and old-timers willing to tell it.

Most of these communities were boom towns built when gold and silver we discovered in central Nevada during tl 1860's, and again during the first decac of the 1900's. Rich strikes were develope into working mines, and land speculator saloon keepers, prostitutes, and merchan followed the mine workers and prospe tors into the booming town. But playe out mines, or even rumors of a riche strike just down the road, could empt a town faster than it had been built.

Between Reno and Vegas . . . ghosts

sehold items *of early 1900's inate potential homemaker Rhyolite's station museum*

Dilapidated *old miner's shack of simple board-and-batten construction is typical of numerous shanties in Nevada ghost towns*

lay, many of these towns provide trav- s between Reno and Las Vegas with ght into the history of Nevada's min- era during the last third of the nine- ıth century. Most have service sta- s and restaurants; all have streets and dings worth exploring, and at least shop stuffed with old bottles and tiques."

e are the special attractions found in ı town:

Austin is probably one of the most flamboyant examples of a boom town in central Nevada. In 1864 more than 10,000 people packed the town that eventually produced at least $50 million in silver. A guide to historic buildings, such as the courthouse, where a man was hanged from a balcony, is free in downtown shops.

Round Mountain is about 3 miles east of State Highway 8A on State 92 and is best described as a camp without a boom.

Manhattan didn't really get going until 1908, when rich placer deposits were discovered in the gulch where the town was built. Many buildings and a few people are left in the town, 7 miles east of State 8A on State 69.

Belmont is just 12 miles east of Manhattan and contains some of the best remnants of Nevada's early days. The all-brick courthouse still stands, along with parts of the Cosmopolitan Saloon, Monitor-Belmont Mill, and the Combination Mill.

Tonopah is a relatively large (more than 1,000 people), modern town that has allowed most of its older buildings to be torn down or modernized. However, the Mizpah Hotel and several mill ruins can still be seen.

Goldfield, like Austin, was another boom town; Goldfield reached its peak in 1907 when about 20,000 people were making a living off the gold mines. Here in 1906 prize-fight promoter Tex Rickard staged the famous Gans-Nelson fight that went 44 rounds under a scorching sun. Flash floods and fire destroyed most of the town after the mines closed down, leaving only a few of the older buildings standing. The most impressive is the Goldfield Hotel. Some of the mines around town are still being worked.

Beatty developed as a rail freight center for the Bullfrog mining area at the turn of the century, and continues to thrive as the northeast gateway into Death Valley.

Rhyolite is about 4 miles west of Beatty on State 58, and is a well preserved example of the towns serviced by the Las Vegas and Tonopah rail line from Beatty. Remnants of the John S. Cook Bank and Southern Hotel are still standing, and the train station houses a small gift shop and museum.

Nevada highways through this area are straight and easy to drive, but if you have a camper vehicle or trailer, be alert for dust devils. Some are strong enough to flip a trailer. Numerous Forest Service campgrounds are scattered through the area. For more information, write to Department of Economic Development, Tourism-Travel Division, Carson City, Nevada 89701.

Boarded *store fronts on Austin's main street (U.S. Highway 50) are stark reminders of its prosperous past*

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Art at The Found in Honolulu

When you visit The Foundry in Honol you will see that it is more than an art gallery.

For years the building did house a fou ry, a shop that produced such thing manhole covers, traffic light poles, belt buckles for the Royal Hawa Guard. After tons of junk and oily s had been removed, it was restored to vide a unique showplace for local mainland artists. Machines and tools from the old establishment create an propriate atmosphere for demonstrat and exhibits of glassblowing, weav printmaking, pottery, and jewelry.

A crane now has sculpture and mob hanging from its chains, an unusable nace is the focal point for a coffee cen and a casting pattern divides the n gallery. The floor bricks are the origin brought over in sailing ships.

Presently more than 172 artists, rang from unknown to famous, display th works for sale. More than 15 crafts share the workspaces next to the gall You can see a glassblower on Tues or Saturday at noon. The printma weaver, jewelry designer, and pot give frequent but unscheduled dem strations during regular gallery hours A.M. to 5 P.M., Monday through Sat day). The gallery is at 899 Waimanu

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American Tourister

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OMMUNITY ACTION

Bridgeport Bridge's day...September 19

ross the South Fork of the Yuba River California's Mother Lode country ands the Bridgeport Bridge, longest 30 feet) remaining single-span covered idge in the West.

n Saturday, September 19, the bridge ill become the subject of assembled tists at a benefit "Paint-In." The paint-gs and drawings that result will be auc-oned to the public, with half the money ing to a fund to restore the historic ructure. Two watercolors donated by rancis Coan will also be sold. There'll be picnic at noon (bring your own lunch) and the auction will start about 5 P.M.

Lumber mill owner David I. Wood built the bridge in 1862 after floods washed out all crossings on the South Fork. For its first 39 years the bridge was a turnpike toll crossing for wagons carrying freight and supplies to the northern mines and the Comstock Lode diggings in Nevada. In 1901 it became a public road crossing and has been in use ever since.

In 1962 the bridge was scheduled for demolition to make way for a new span. Realizing its historical value, citizens of

Continued on page 38

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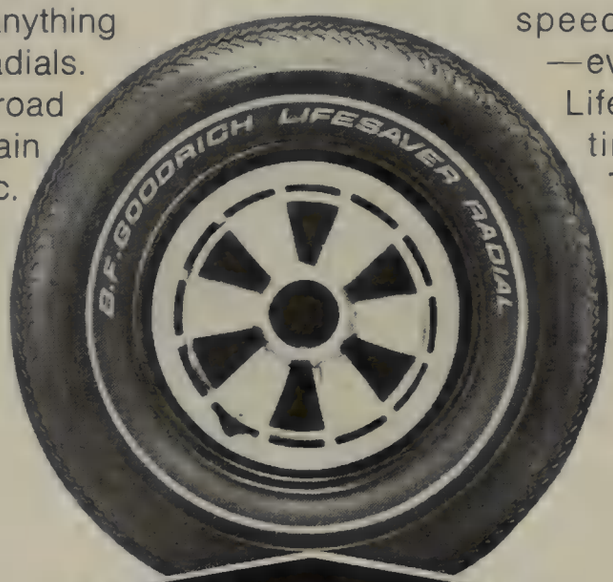

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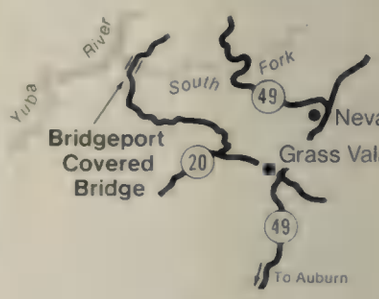
Visitors *read plaque t*
designates the 108-year-old bri
as a state historical landm

the area managed to preserve it (t
years later the bridge was declared a C
fornia State Historical Landmark).

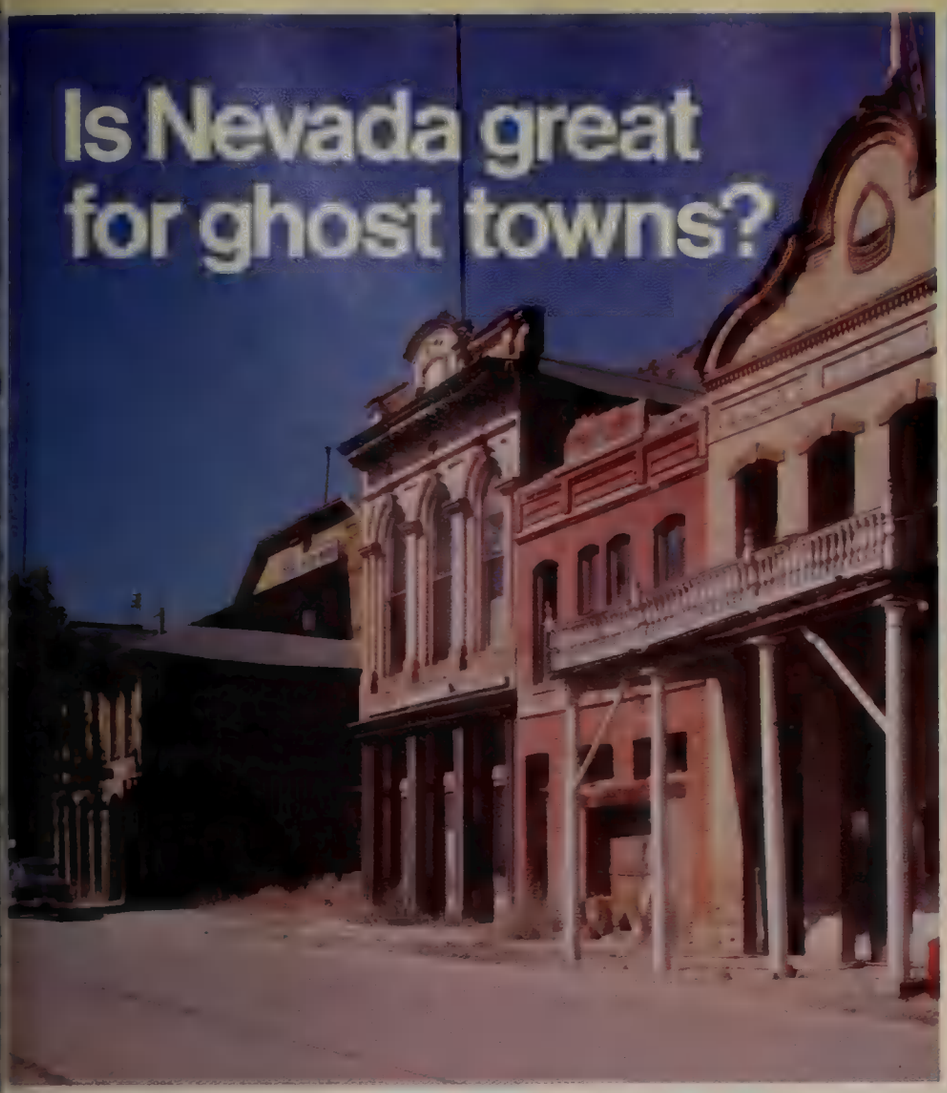
In recent years the covered bridge
deteriorated, with large areas of shing
falling away and supporting trusses we
ening. Last year Grass Valley busine
man Bob Gates and other citizens forn
the Committee for Restoration of
Bridgeport Bridge, and set about rais
the $60,000 needed. Others pitched in
help, including young people: Inmates
a nearby California Youth Author
facility cut new pine shingles, and 4
Club members raised a steer which w
sold at the Nevada County Fair with t
proceeds going to the fund.

The committee has obtained promises
$10,000 from Nevada County, $30,0
from the U.S. Department of Hous
and Urban Development, and $10,0
from a business firm. Members plan
raise the rest of the money with su
special events as the September
Paint-In.

To reach the bridge from Grass Vall
(60 miles northeast of Sacramento), dri
northwest on State Highway 20, tu
right on Bitney Springs Road, then rig
on Pleasant Valley Road.



From Grass Valley *it is*
miles to the bridge over har
surfaced rural roa



Bet on it!

There are over 80 ghost towns in Nevada, some still lively. But most have only the wind as a constant visitor.

During the days of the big silver mines, towns sprang up overnight with news of a strike. They died just as quickly when the vein ran out.

Towns like Austin and Eureka and Virginia City are very much alive and continue to stir memories of opera houses, saloons, and gunfights. Virginia City, 23 miles from Reno, is visited by 500,000 people annually. Its silver financed the Civil War for the North.

Most of Nevada's ghost towns are accessible from main highways. Others require a four-wheel-drive vehicle and an adventuresome spirit. But there is no more exciting contact with the past than to wander through those deserted streets and poke among the relics of the West when it was wild and irrepressible.

Bet on it!

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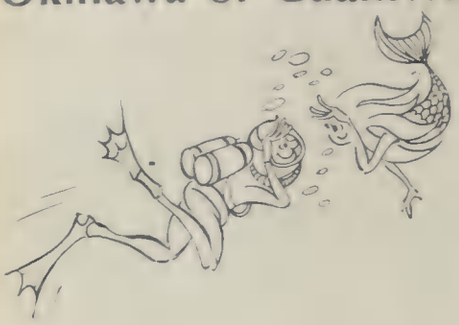

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TOKYU HOTEL CHAIN

Most fishermen catch limits of bass in Ruby Marshes

Twenty bass per person is the daily limit from the marshes of the Ruby Lake National Wildlife Refuge near Elko, Nevada.

Bass are so plentiful in the Ruby Marshes that the Nevada Fish and Game Department has established the generous daily limit to help thin the population and allow wilier survivors to grow larger. Since competition for food is fierce, most bass now being taken run about a pound.

The bass strike so readily that no special technique is required: Just get a lure into the water and start winding it in. Top water plugs twitched on the surface seem irresistible, especially when tossed near the base of thickets of bulrushes that flank the margins of the lake. The fastest action comes during late afternoon when the lofty peaks of the adjacent Ruby Mountains cast long shadows across the marshes, spurring the bass into a frantic feeding spree.

You can fish from the shore if you find a spot where you can reach the water through the bulrush thickets, but access is easiest around the boat launching area and from the many dikes. Fishing from a boat is very productive; you must bring your own, since there are no boat rentals at the lake.

Overnight camping is prohibited on the refuge; however, the Bureau of La Management maintains a 35-unit can ground just outside it with facilities tent campers and trailers.

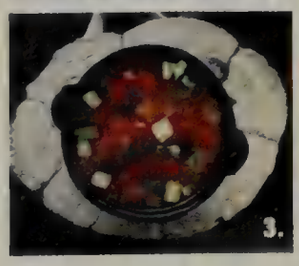
HELEN MARTIN

Angler *displays small bass caught with fly-casting tackle from refuge dike.*

'You can't order a bum meal in France. The same should be true of Hawaii."

(LYLE L. GUSLANDER, HAWAIIAN HOTELIER)

It is true of Mr. Guslander's Hawaii. He's the president of Island Holidays Resorts. The man whose life-long affection for the high arts of dining can be seen and savored any day in any of our tables. Mr. G. cherishes individuality. So our meals are as distinctive as our ten different hotels—a happy melding of many great culinary traditions. When a new recipe is introduced, we ask ourselves just one question. Will Mr. Guslander enjoy it? The answer had better be yes. See what your travel agent says.



1. **Fresh catch-of-the-day** *is hooked and cooked daily by our own Master Chef at the Hanalei Plantation on Kauai.*
2. **Tahitian Broiled Shrimp.** *These succulent Pacific giants are served with a simple (but superb) butter-garlic-and-lemon sauce in the Kauai Beach Boy.*
3. **Fish Chowder** *a'la the King Kamehameha Hotel, Kona. Fresh fish, shellfish and secret seasonings: sort of a bouillabaise, sort of special!*
4. **Crab Royal Lahaina.** *Fresh, generous chunks of crab, in classic sauce of sherry, fresh cream and butter. Featured in Moby Dick's next to the Royal Lahaina on Maui.*
5. **Roast Spring Lamb** *is slowly char-broiled over an open outdoor spit at the world-famous Coco Palms Resort on Kauai.*

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With its shores washed by the two mightiest oceans of the world, Panama delights in wasteful scenery. Silken beaches, green forests almost to the water's edge and rivers flowing to the sea. And of course, seafood beyond compare. Shrimp, lobster, cuttlefish, conch, snapper . . . everything you'd want is there. But one of the greatest delights is the corvina, a fantastically delicious fish native to the waters of Panama. No true lover of seafood can possibly forego corvina. Broiled or fried, corvina is beyond compare. If you wish, you may catch your own. In ceviche as an appetizer with sauce pigeonte, it's a [illegible]. And as is Panamanian water—crystalline, pure and very refreshing.
If you're not keen on seafood, [illegible] shops, Panamanian Chiriqui [illegible] How about [illegible] Indians and [illegible] buildings. See your [illegible]
PANAMA GOVERNMENT TOURIST BUREAU
[illegible] CA 94120

Inside coach, *Maui resident strums ukulele and sings as the train rolls along*

)n the Lahaina Kaanapali & Pacific

ıg on our nation's newest railroad, Lahaina Kaanapali & Pacific, takes back to the turn of the century when ow-gauge trains were common on Ha- 's major islands.

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WENKAM-SALBOSA

: **train chugs** *across curved 400-foot-long trestle above Kaanapali golf course*

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☐ Camping, fishing information

NAME

ADDRESS

S 79

of wintering whaling ships more t
century ago. The train passes the
Coconut Grove, which still has a
the palms that the wife of Maui's
nor, Hoapili, planted in 1827. You
of Lahaina's famous monarchs an
sionaries, of the region's ancient
field and its early agriculture and
ping. After crossing Hahakea Gulc
wooden trestle, you can watch the
take on water from a hand-operated
on the tank at Kaanapali Depot.

OLD TRACKS, RESTORED ENGINES

The train runs on 36-inch narrow-
German-made tracks that were us
the Kahului Railroad (oldest in al
waii—1879) before it quit operatin
years ago. They follow part of the
bed of the cane haul line that trave
and from Lahaina's Pioneer Mill
1882 to 1952. Passengers sit on w
seats in a car modeled after coache
King Kalakaua had built to his
in England around 1888 for shipm
Hawaii.

The steam engine, Anaka, incorp
parts of five early Hawaiian locomo
including brass-trimmed domes and
light and a mahogany cab. It a

WENKAM-

Engineer *Fernando Villaverde pauses to explain to youthful railroad buffs how he oils the engines*

backup engine were rebuilt to 1890-
vintage from derelict Porter locomo
sitting on track in Carbon, Ohio.

The train leaves from Kaanapali
hour from 9:30 to 11:30 A.M. and 1
P.M. Tickets cost $2.50 round trip
adults, $1.25 for children under 12 (b
in arms free). The jitney fare is 25
one way.

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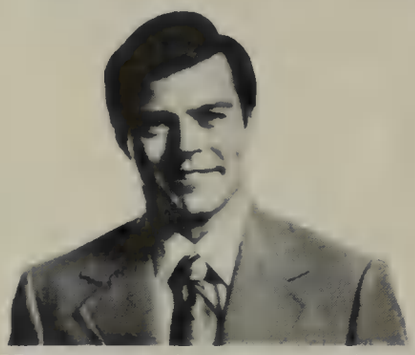
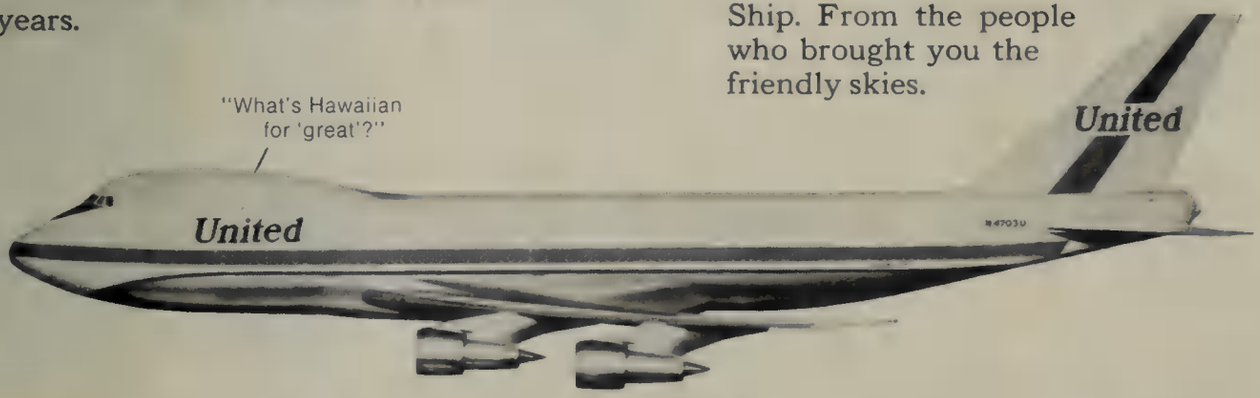


Have a special request about tickets or reservations? There's a United Customer Representative aboard to serve you. He's also on hand in the baggage claim area to ensure your smooth, swift getaway. That's how we give you extra care—on every United 747. The Friend Ship. From the people who brought you the friendly skies.



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State _____ Zip _____

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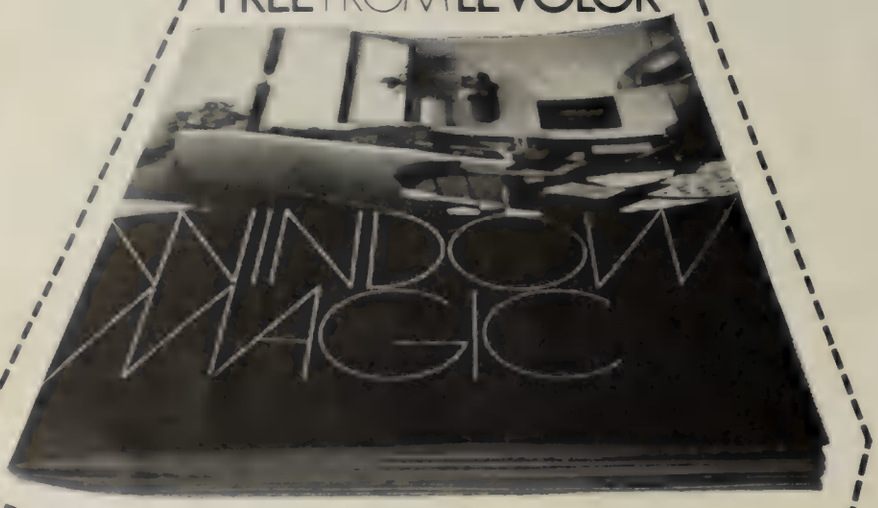

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kauai surf
Kalapaki Beach, Island of Kauai

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Pets in the park and national fore

A dog may be the epitome of good br ing, and a cat may be the ultimate i cial grace, but the National Park Se remains officially skeptical.

The Western state parks, national for and national parks all allow pets for day or for overnight camping if lea or otherwise restrained. But the nati parks (and monuments) attach s strong prohibitions: Pets are *not* mitted on beaches; at campfire, am theater, or interpretive programs; conducted hikes; in buildings or locat where groups gather; on *any* trails ceptions in the West are Cabrillo, Co Dam, Death Valley, Devil's Postpile, Vancouver, Lehman Caves, Muir Wo Point Reyes, and Whitman); in country (except in Death Valley).

At Yosemite, only campgrounds that low pets are: No. 12 in Yosemite Va section A of Wawona, A of Crane Yosemite Creek, A of Bridalveil Cr west end of Tuolumne Meadows, White Wolf.

For overnight stays at lodges, cabin hotels in these areas, check beforel with management.

ELLS MA

Just obeying the law. *On state park national park lands it's leashes for d*

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oria, British Columbia—ontinental hotel with New rld service . . . gracious ng . . . grand dining mild climate r'round . . . asant surprises tea and crum s in the lobby . . . an ique store . . . scent alt water mixed with rose den fragrances . . . 416 ms . . . in the provincial capital . . . close to nsportation.

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nateau Lake Louise

ke Louise, Alberta—lected in the mmering blue ter of a mountain e high in the ckies . . . the age of a romantic ort hotel . . . a at holiday at this l-room resort . . . forget the Alps . Summer sports . . . for pollen-e relaxation . . . so much in this gic setting just 40 miles from Banff.

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DARROW M. WATT

Lewiston Hotel's *veranda has wealth of mining day relics*

Old hotels in the Trinity area

rthern California's Trinity area gold h was never as well chronicled as min- in the Mother Lode, yet many millions gold were extracted by miners who onged there in the 1850's.

mes with intriguing names like Brown ar, Woodrat, and Mad Ox sprang up the foothills. The La Grange Mine, rted in 1851, was for years the largest erating hydraulic mine in the world.

ur hotels built during the gold era ll exist in three surviving historic wns—French Gulch, Lewiston, and eaverville. Two offer rooms only, one ers meals only, and one offers both. l are within an hour's drive west from dding via State Highway 299.

ENCH GULCH

ce a depot on the Shasta-Yreka Turn- ke, this town, dating back to the 1840's, nestled in a valley 3 miles north of ate 299. On your right as you enter m the south is the picturesque Catho- Church built around 1890. Down the eet the French Gulch Hotel, now inted and refurbished, is again open to ve dinner Wednesday through Sunday enings (reservations are advisable).

ross the street, French Gulch Theater operates from mid-March to mid-December in what was once the old schoolhouse.

LEWISTON

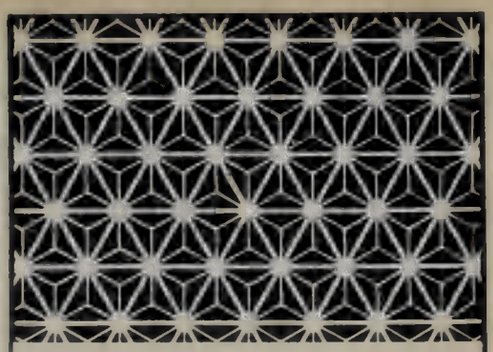
Practically a ghost town now, on a side road 6 miles north of State 299, Lewiston was described as "a village of some note" in a book published during 1858. There's a Congregational Church on the hill, a little red schoolhouse nearby.

The Lewiston Hotel, once a stagecoach stop, retains its patina of age. People come from miles around for dinner, served daily except during the winter. And as a hotel, catering primarily to fishermen and hunters, it has eight rooms for rent ($6 double, $4 single; one bath per floor).

WEAVERVILLE

This bustling community right on State 299, about 50 miles west of Redding, looks much less like a gold rush community than the other two more-isolated towns. But Jackson Memorial Museum and the Joss House contain evidence of its past.

It's easy to miss 116-year-old New York Hotel or its "newer" neighbor, Weaverville Hotel, built in 1883, even though both of them are on the main street. Each has several inexpensive rooms.



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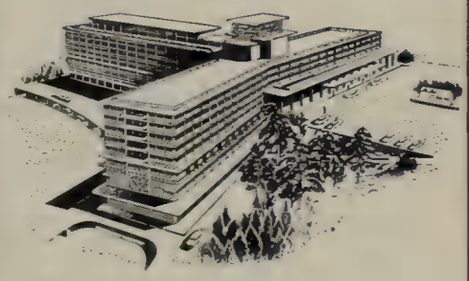
aren't you glad we're in Japan?

We're Japan's most complete hotel. So you can expect more from us. More than the finest accommodations, food and service. Expect the unusual. And you'll find it here. A winding river garden on our roof. The American Embassy across the street. And a thousand other unexpected surprises in and around our beautiful hotel. Being Japan's most complete hotel is quite a reputation to live up to. But then again, it's quite a reputation!



Hotel Okura

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GERALD FREDRICK

Organist *is cued by action on silent screen at Avenue Theater, San Francisco. Microphone is for preshow recital*

Theater organs make a comeback

Pantages, Egyptian, Fox-Warfield, Bijou, Majestic, Isis, and Roxie—these were some of the rococo showplaces of the Golden Era of movies prior to "talkies" and the Depression. Inside, controlled from a horseshoe-shaped organ keyboard, the sound from the glittering pipes added pathos, humor, or drama to the action on the screen.

Many of the great downtown movie houses have been demolished. Some of the pipe organs, however, have been rescued and are making a modest comeback. You can hear and see them in pizza houses and restaurants, and one San Francisco theater on Friday nights still enjoys classic silent "flickers" to the roar of a mighty Wurlitzer.

Listed below are four pizza houses, three restaurants, and two theaters where families can hear theater pipe organs in the San Francisco - Sacramento area. The size of each instrument is described in terms of major components: *number of manuals*, which are keyboards; *number of ranks*, or sets of pipes, each composed of 61, 73, 85, or 97 pipes; *number of chambers*, or rooms in which the pipes are enclosed.

Burlingame. Encore Theater, 1157 California Dr. The 1925 Wurlitzer here is played on Sunday nights at around 8:30 between regular features. Originally installed in the State Theater in Stockton, it has 2 manuals, 10 ranks, and 3 chambers. Admission is the price of a ticket to the evening's movies.

Courtland (south of Sacramento). The River Mansion alongside Steamboat Slough. On Fridays from 5:30 to 11 P.M., Saturdays from 6 P.M. to midnight, and Sundays from 1 to 7 P.M., eat dinner to the accompaniment of a 1924 Robert Morton organ. It has 3 manuals, 12 ranks, 2 chambers, and was originally installed in Sacramento's Fox-Senator Theater.

Los Altos. Melody Inn, 233 Third St. Th organ, built in 1931 for the Paramoun Theater in Oakland, has an impressive manuals, 20 ranks, and 2 chambers. Hou are 6:30 to 11:30 P.M. Tuesdays throug

From pipes *behind relaxing couple come rollicking sounds of 1920's*

Gleaming rows *of stops, manuals confront organist at console*

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If you charge more than you an pay for, you lose and your laster Charge® bank loses.

As a matter of fact, we've ıade studies of ordinary eople's attitudes toward harging and, frankly, we've ɔund some who are scared to eath of going into debt.

So why are literally millions f people who do have a laster Charge card not afraid?

Here's why: they use their laster Charge cards just as ıey would cash.

Sensibly.

They charge the everyday items they would normally buy anyhow. Like clothing, hardware, gasoline, shoe repairs, dry cleaning. They don't extend their payments except for important major purchases. Such as a washer or dryer, a refrigerator or TV set.

Accepted all over town
all over America

So they're not buying any more than they would otherwise. They're just buying more conveniently.

You see, the whole idea of Master Charge is to make shopping easier for you.

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A Master Charge card makes a lot of sense when you use it sensibly.

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GERALD FREDRICK

Redwood City *serious pizza eaters nch to tune of throbbing Wurlitzer*

ursdays, 5:30 P.M. to 12:30 A.M. Fri- s and Saturdays, 6 to 11 P.M. Sundays.

wood City. Cap'ns Galley, Pizza and es, 821 Winslow St. The 1926 Wur- er from 5th Avenue Theater, Seattle, h 4 manuals, 18 ranks, 3 chambers, is yed 7 to 11 P.M. Tuesdays through ursdays, 6:45 P.M. to 1 A.M. Fridays Saturdays, 6 to 10 P.M. Sundays.

ramento. Carl Greer Inn, 2600 Auburn d. The Robert Morton Theater Organ, lt in 1925, formerly in the Music Hall eater, Seattle, plays in the restaurant ing room - tavern from 7 P.M. to 1 . nightly. It has 4 manuals and 16 ks; beneath the room's floor are 2 mbers which you can get permission our.

Francisco. Avenue Theater, 2650 San mo Ave. Organ concert at 8 P.M., si- movies at 8:30 P.M., Fridays only. e 1927 Wurlitzer is from the State- e Theater, Chicago; 3 manuals, 14 ks, 3 chambers. Admission: $2.

Lorenzo. Ye Old Pizza Joynt, 19510 perian Blvd. A 1929 Wurlitzer from Warfield Theater in San Francisco, h 3 manuals, 13 ranks, and 1 cham- , plays 7 to 11 P.M. Wednesdays and ursdays, 8 P.M. to 1:30 A.M. Fridays Saturdays, 6 to 10:30 P.M. Sundays.

ta Clara. Cap'ns Galley, 3581 Home- ad Rd. Originally in the Wurlitzer owroom in New York, this 1929 organ 3 manuals, 12 ranks, and 2 chambers. s played the same times as the one at Cap'ns Galley in Redwood City ex- t that on Fridays and Saturdays the rs are 7:30 P.M. to 1 A.M.

lejo. Rudy's Supper Club, 2565 Springs This 1928 Wurlitzer from the El npanile Theater in Antioch, built in 9, has 2 manuals, 6 ranks, and 1 cham- . It is played from 8:30 P.M. to 12:30 . Tuesdays through Thursdays, 9 P.M. 1:30 A.M. Fridays and Saturdays, and) to 11:30 P.M. Sundays.

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GERALD FREDRICK

A guinea pig *is docile enough for a 6-year-old to hold and appreciate, as this Sacramento boy is finding out*

Face to face with nature

We now have 116 nature centers in the 9 Far Western states. What they offer is very much to children's liking and maybe also to yours

DALLAS CLITES

may be stuffed, *but touching gray squirrel's fur is exciting*

From a hillside platform, *the little girl in the foreground trains glasses on heron's nest*

children here with their guinea pig, fed gray squirrel, and a boa constrictor all visiting a special kind of museum re the exhibits can be touched, held, sometimes even taken home, lending-ary style.

seums like these can be found all over West under many different names. e are established natural history mu-ns with children's programs; others called nature centers, junior museums, junior academies. But all encourage dren to take an active part in the grams.

y have few exhibits as static as the dioramas and collection cases. Often children may create the exhibits mselves: An Indian studies class re-tly constructed a redwood bark shelter the museum floor and is currently king on a wickiup. Or the children go on field trips or camping excur-s to study their surroundings.

e excellent programs for preschool dren, recognizing their short attention n, move them from place to place dur-the development of a theme. A few

"Maybe *I like it . . ." says this member of Troop 17. There's no question about her ends as they feel the smooth, dry boa scales*

weeks ago one group in Palo Alto, California, met first in the library where they heard a story about raccoons. Then they moved to a children's zoo where they watched raccoons at play and petted a baby. Afterward they moved indoors again, where the adult leader suggested they imitate the movements of the raccoons they had seen.

Programs in the centers vary from extremely specific to very general. The Audubon Canyon Ranch near Stinson Beach, California, uses the dramatic display of herons and egrets that nest near the ranch to demonstrate the principles of ecology. The Oregon State University Marine Science Center in Newport concentrates, of course, on marine life.

In Tucson, the Arizona-Sonora Desert Museum receives more than 25,000 children a year for programs that deal exclusively with the natural history of the Sonoran desert region. The museum buildings house reptiles and fish; the grounds hold exhibits of living desert animals in surroundings as natural as possible, also a botanical garden of desert plants, and exhibits illustrating such natural cycles as rainfall, water retention, and erosion. The museum sends out to schools a touring live animal exhibit called the Desert Ark, seen by some 45,000 children during the school year.

DON NORM

Every plant *gets a short description in this young lady's notebook. She's taking part in a botany course in Salem, Oregon*

You must push the right button to find the bird

DARROW M. WATT

The children *make this exhibit work. Beside each bird name on the right is a button that lights a color transparency of a bird*

The broadest programs are usually those administered by communities. They may include anything from copying Indian artifacts to nature study camps. The Youth Science Institute of San Jose, California, (among others) takes older children on extended field trips as far away as Joshua Tree National Monument or the Sierra Nevada. A great many of the general centers include an animal exhibit, ranging from a small zoo to a few caged animals such as mice, rats, and guinea pigs. Some centers lend these small animals to children for a few days at a time.

WHY HAVE NATURE CENTERS?

Since ecology and the environment are now so widely discussed, nature programs have suddenly been rediscovered: Perhaps they might train the young away from

mistakes of their elders. Actually na- centers for young people began to ear in the West in the early 1930's. st children simply like natural science, ther it consists of lizard catching or isit to a planetarium.

ently, though, as cities and towns t together, children have found it more cult to get away from civilization on r own. One community services di- or told us that he felt his programs aced the vacant lots of another time.

n too, a good natural science center be of enormous help to classroom hers. Instead of small, often inade- te, classroom or school exhibits, teach- in towns with such a center can fit swork to material available there. The ters in Salinas, California, and Tuc- send mobile exhibits to the schools

They replace the vacant lots of another time

make their facilities more readily ilable without wasting time in moving e classes. When centers work with ools they can also relate summer pro- ms to science courses by extending supplementing them.

o centers in California even offer spe- exhibits that they call tactile mobile seums. Both the Alexander Lindsay ior Museum of Walnut Creek and the ior Center of Art and Science in Oak- l send these exhibits and trained vol- eers to handicapped children. With cial equipment, deaf and blind chil- n are helped to understand sounds forms that would otherwise be a mys- to them.

usement is one of the most important ctions of the centers. During the sum- programs especially, children with e on their hands can have fun. Those h a particularly strong interest are en on as part-time guides and teach- in at least one museum.

junior academy of the California demy of Sciences in San Francisco ls its facilities for part of a Federally ded program that trains 100 fifth grad- chosen from all the city's schools. y work with professional equipment l with instructors who often are D.'s. Then they are sent back to their ools to teach others what they have ned, and finally they bring their class- tes to the Academy of Sciences where

GERALD FREDRICK

Fascinated boy *views dolphins and aloof cormorant at Steinhart Aquarium, California Academy of Sciences*

DON NORMARK

Ranger *in Siuslaw National Forest on Oregon coast introduces youngster to tidepools*

by volunteer groups with money con from local sponsors and from fees.

The fees you pay for your children h little to do with the actual cost of program, because of the subsidies. A result, fees tend to be minimal.

Typical course fees are $2 to $3. A w long day camp with two overnight st costs $8 in Palo Alto, and includes co ing lessons. This year authentic Ind ovens were built to bake bread.

The 12-day summer trips led by Jose's Youth Science Institute are $90 members, $100 for nonmembers.

SOME CALIFORNIA NATURE CENTER

If there is no center near your ho the Nature Centers Division of the dubon Society, 1130 Fifth Ave., N York 10028, offers a series of inexpen pamphlets on how to start one.

Fresno
Museum of Natural History Science Cent

Morro Bay
Museum of Natural History

Pacific Grove
Pacific Grove Museum of Natural History

they guide them through the exhibits. Still a new program, it has been very successful.

WHAT DO THE PROGRAMS COST?

According to the 1970-71 directory of natural science centers for youth, published by the Natural Science for Youth Foundation of Connecticut, there are 116 centers in the nine Western states, with the greatest concentration in California. Many receive public financial support either entirely or in part. Some are run by large private organizations, particularly the Audubon Society. A few are operated

What sort of fee do you pay? Usually, small...

YOUTH SCIENCE INSTITUTE

On another beach, *children from San Jose with their instructor collect marine specimens*

ramento
ramento Junior Museum
nty Parks and Recreation Department

nas
th Science Center of Monterey County

Francisco Bay Area
lubon Nature Training, Berkeley
yward Art and Science Center
bot Science Center, Oakland
t Bay Regional Parks, Oakland
ior Center of Art and Science, Oakland
ary Natural Science Center, Oakland
o Alto Junior Museum
ifornia Junior Academy of Sciences, San ncisco
ephine D. Randall Junior Musuem, San ncisco
th Science Institute, San Jose
nty Junior Museum, San Mateo
ise A. Boyd Marin Museum of Science, Rafael

nta Cruz
ta Cruz Junior Museum

nson Beach
lubon Canyon Ranch

lnut Creek
xander Lindsay Junior Museum

GERALD FREDRICK

With wary look *at talons, student takes owl from trainer*

ry carefully *a brother and sister carry the fat rats they've borrowed. They'll keep and care for them a week, then return them*

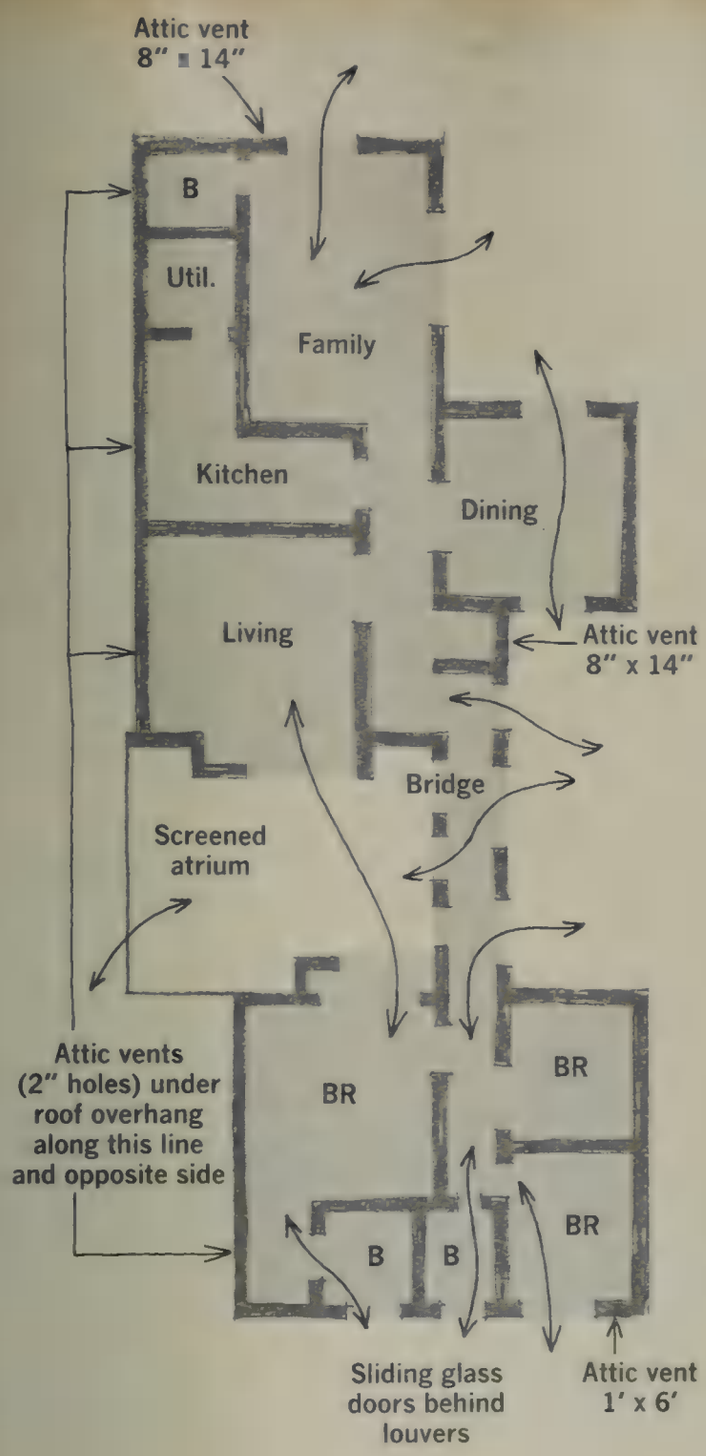
It's really two houses—*a living house and a sleeping house—separated by this large screened atrium*

Two-house house has natural air conditioning partly because of its breezy open middle

Although summers are not severe in Po tola Valley, California, sunny days ca get quite warm where this house is l cated. Because of a dislike for mechan cal air conditioning, the original owne of the property asked house design John Matthias to plan a cool, airy hon without it.

The atrium *has sliding glass doors that are opened in warm weather to a swimming pool outside*

Balconies *in living room and master bedroom open wide to the screened atrium for air circulation*



Bridge *between bedrooms, living areas has sliding glass windows and doors opening over atrium and swimming pool*

DARROW M. WATT

Glass doors *on both sides of dining room provide cross ventilation*

Attic vents help heat escape. Glass doors open to catch breezes. Ceilings, walls have 4-inch insulation

: devised a split-level design with the lrooms above a three-car garage, the ing area a half story lower. Separating : two sides is a screened atrium. Al- ɔugh the house is on a treeless site on : southwest side of a hill, it has proved ·y comfortable.

ıny factors contribute. A thick, light- ored rock roof reflects much of the ı's heat. The attic has an unusually ıerous number of openings, as indi- ed in the drawing, so air that heats can escape easily. Thus the attic sel- dom gets very warm, but if it does the heat isn't transmitted down into the rooms: Their ceilings are topped with extra-thick (4-inch) fiberglass insulation batts faced with aluminum foil.

Southwest-facing walls of the house also have the 4-inch fiberglass insulation.

Large sliding glass doors at two balconies off the living room and master bedroom open wide to the atrium to catch any breeze passing through, as do sliding doors and windows on the bridge between the two areas.

In addition there are three sliding glass doors in the bedroom area, two in the dining room, and two in the family room so that the house can be opened fully to the slightest breeze.

Despite its 12 sliding doors and many windows, the house has proven comparatively inexpensive to heat in wintertime. Draperies and the thick ceiling insulation seem to keep the furnace heat in as well as they keep the sun's heat out.

Owners are the Robert H. Hamiltons of Portola Valley, California.

Cracking open a clay-wrapped chicken is one way to get a dinner party off to a rousing start. This version of the classic Mandarin Chinese dish called Beggar's Chicken is remarkably simple to master, even for a first-time potter.

One tale traces the origin of Beggar's Chicken back to a famished pauper who wrapped a feathered bird in mud and threw it into a campfire. It proved so succulent and delicious that others emulated it and the technique was swiftly refined. Soon plucked fowl were encased in lotus leaves and red clay and baked for royalty.

Certain Chinese restaurants in our West have improved on tradition. They seal the bird in foil, slip it into a paper bag, encase it with clay, then bake it. In this way the plentiful juices are captured and the chicken can be served with assurance that no earth will cling to it. Our recipe includes this procedure.

The major task is to buy low-fire, moist, white ceramic modeling clay, available at ceramic supply houses and some art stores. You need 12 pounds (about $1.25).

It may be necessary to order the large roasting chicken from a poultry dealer a few days in advance. The unique seasoning blend called Chinese five spice is available in some supermarkets and in Oriental markets.

1. *Roll out clay on cloth to enclose roasting chicken already sealed in foil and paper bag*

BEGGAR'S CHICKEN

- 4½ to 6-pound roasting chicken
- 2 tablespoons soy sauce
- 1 tablespoon sesame oil or salad oil
- 1 tablespoon dry Sherry or Madeira
- 1½ teaspoons Chinese five spice
- ½ teaspoon ground ginger
- 1 teaspoon salt
- 2 cloves garlic, minced
- 12 pounds low-fire, moist, white ceramic modeling clay

Wash chicken and pat dry. Use giblets for another purpose. Combine in a small bowl the soy, oil, Sherry, five spice, ginger, salt, and garlic. Spoon mixture over the chicken and inside the cavity and rub it in well with your fingers. Tie legs together. Place on a rack in a roasting pan, breast side up, and roast in a 450° oven for 20 minutes to brown slightly. Remove from oven and let cool briefly.

Meanwhile, cut clay into ½-inch-thick slices and place with edges touching on a pastry cloth or large dish towel. Pat together into a solid piece. Using a rolling pin, roll out clay until it is about ⅜ inch thick, 16 inches wide, and 21 inches long.

Place browned chicken breast side up on a sheet of 18-inch-wide heavy-duty foil; bring up sides to make a double fold on top and fold up ends to seal. Slip into a paper bag approximately the size of the wrapped chicken, and fold up the e

Place bagged chicken on clay and l up sides to meet across top, shaping to bird; press ends down. Secure by pi ing clay. Leaving a 1-inch edge on and ends; cut off excess. Pinch edge e ratively. Lift clay-wrapped chicken cloth onto a large baking pan.

Bake in a 350° oven 2¼ hours for a under 5 pounds; 2½ hours for a bir tween 5 and 5½ pounds; 2¾ hours bird over 5½ pounds.

Transfer to a large shallow basket or and invite guests to watch the crac of the clay. Use a small wooden ma The clay will crack readily, and you lift off a few pieces.

Then it is best to carry the chicken in basket to the kitchen where you ca move all the clay. Pull off paper open foil, and transfer chicken to a c ing board. Carefully pour juices from into a bowl. Makes about 6 servings

2. *Lift up clay firmly around the bagged chicken, allowing a generous overlap along top and ends*

3. *Trim off excess clay and pinch the edges as you would pie crust; smooth sides to seal*

4. *With wooden mal clay with severa brisk strokes to break t surface; lift*

Hit the clay with the hammer..

DARROW M. WATT

5 · *Return golden browned chicken to table; this has papaya-lime garnish*

nd there's the Beggar's Chicken

Living art in the garden

Informal espaliers

What's an informal espalier? It is a tree, shrub, or vine with its branches trained to cover a flat surface in any pattern except one of rigid symmetry. On these pages you see seven examples of such informal plant training.

Trees and shrubs that are stiff and stemmy on their own become more so when flattened against a wall. Bushy plants provide

'Lady Banks' *climbing rose drapes gracefully around window of Arizona desert home. Saguaro cactus, left; yucca right*

Fuchsia *on north-facing wall in Carmel, California, is supported on horizontal wires. Pruned yearly in mid-December*

DARROW M. WATT

ELLS MARUGG

Star jasmine *pruned to 3 inches from wall, held by horizontal copper wires spray-painted black*

DON NORMARK

Cotoneaster pannosa *looks more interesting when flat than freestanding. Germander edging; geranium, left*

GLENN CHRISTIAN

'Alba Plena' *camellia on constantly shaded north wall in Robert A. Davies patio in Belvedere, California. Exposed bark is soft gr*

Guidance is what's needed . . . the gardener's hand shows

thick surface covering. One exception is the camellia at 't; when closely pruned and secured against a wall, the ormally bushy camellia displays shapely gray-white ems. But severe pruning does restrict flowering.

l espaliers need control. The bushier the plant, the ore it will need constant nipping, snipping, rubbing ', or pruning back of side shoots and leaf buds.

the Northwest and intermountain areas, plants too nder for exposed situations can be espaliered against eltered walls or under overhangs. Among these are *Ca-ellia reticulata,* ceanothus, eucalyptus, fig, the Mad-nii series of rhododendron, and *R. griersonianum.*

here summers are hot, espaliered shrubs and vines can wer wall temperatures by as much as 10° to 15°.

Juniperus horizontalis *grows flat and wavelike against wall, needs no support. Outward-facing branches are cut back occasionally*

Vertical bands *of xylosma soften the wall, reduce glare in a sunny Tucson patio. Guy Greene, landscape architect*

DON NORMARK

This cheerful kitchen is an open U...with an island

AWARD OF MERIT

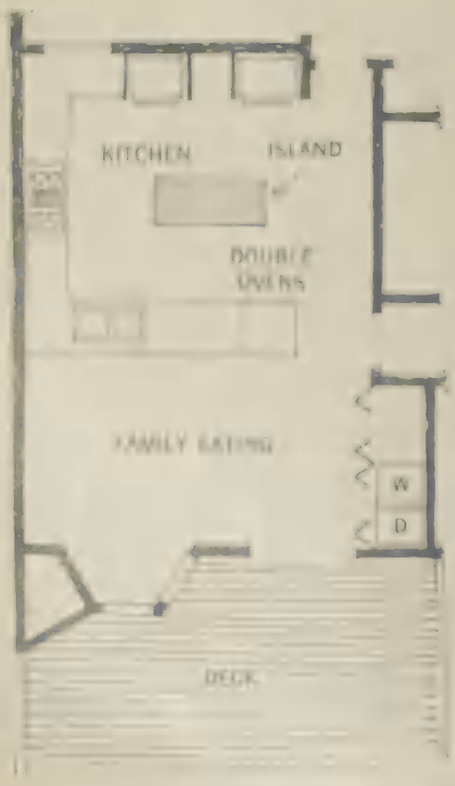
An open, light, cheerful kitchen was created in this unusual remodeling project in San Francisco.

The work elements form a large U, with the central island out of the way of main traffic to and from the family eating area. Home laundry units are concealed behind bifolding doors along one wall. And an important adjunct to both kitchen and dining areas is the new deck added to the front of the house to take advantage of this sunny south-facing exposure.

For the whole remodeling project, architect John Louis Field of Bull, Field, Volkmann, Stockwell won an Award of Merit in the 1969-1970 A.I.A.—*Sunset* Western Home Awards program. (You may recall seeing a photograph of the rear elevation, on page 92 of the October 1969 *Sunset*.) The original structure contained only a large ballroom on the upper level and two maid's rooms and a garage on the level below; and there was a connection with an adjoining house. The remodel severed this connection and a separate five-bedroom, three-story house was built.

The present kitchen shares the former ballroom level with a family sitting room, a dining area overlooking the formal living room below, and a main stairwell.

Bold *green and red strip and yellow glass mosaic counters acce the muted off-white wal There was no wall space f ovens; they're stacked in a pill with storage drawer and cabine*



Deck, *one level above street, is built around an old avocado tree. It's especially nice to sit here on sunny winter day*

Bay window *extends family eatin area out onto deck. Hig ceilings, windows make eatin kitchen areas spacious, ligh*

GLENN CHRISTIANSE

KELLY
a

Its ancestors were wildlings . .

As gay *and natural as flowers of the field: Iceland poppies in full bloom, in bud, some seed pods*

GLENN CHRISTIANSI

and the ancestry shows

eland poppies planted this fall in mild-inter areas—spring in colder areas—will ve you several months of exuberant aleidoscopic color.

hampagne Bubbles, in color on the left, as first introduced in September, 1965, nd is still the top seller. An F_1 hybrid ı first-generation hybrid between two oss-pollinated strains), Champagne ubbles is more vigorous, has larger flow-s, sturdier, somewhat shorter stems, and longer bloom period than strains and ixtures. Flowers come in many shades pink, orange, yellow, red, and white, s well as in bicolors with contrasting enters.

eland poppy (*Papaver nudicaule*) grows ild in northern arctic and subarctic re-ons (the common name is restrictive nd somewhat misleading). It's a peren-al usually treated as an annual, espe-ally where winters are warm. Light een, divided, nearly stemless leaves rm tufted rosettes that send up a steady ccession of slender, wiry, hairy stems, ch topped with a single, slightly fra-ant flower.

lant these poppies in full sun in fast aining soil. Lighten heavy soil with nd or perlite. Even in favorable soil, it ys to build up the bed a few inches to insure the best possible drainage and earlier warming during colder weather. Set plants level with the soil surface.

Cover young plants with wire screen or nylon netting to keep birds from eating the leaves. Keep the flowers picked to prolong bloom. Occasionally buds on Champagne Bubbles fail to open; breeders have achieved some success in overcoming this inbred characteristic.

Iceland poppies are available in September in some Arizona and California nurseries, but in warmest sections it's best to wait until October before setting out plants. Even with later planting in these milder areas, you'll get bloom by early winter and a riot of color from February or March until May.

In the Northwest, Iceland poppies are generally treated as true perennials. Nurseries sell the plants in 4-inch pots from March or April (as early as February if the winter has been mild) through June. After plants have bloomed, cut off foliage to within an inch of the ground, mulch lightly with a porous mixture of soil, organic matter, and sand, and water thoroughly (a grower recommends watering in with a mild solution of high-nitrogen fertilizer). New foliage will appear by the following spring.

DARROW M. WATT

Arrangement *of Iceland poppies and Fatsia japonica leaves. For better keeping, pick when buds start to show color, dip stem ends in boiling water or sear in flame*

WILLIAM APLIN

Spring border *of Iceland poppies, ranunculus, tulips, with edging of evergreen candytuft. Other spring bulbs—daffodils, Dutch iris, scillas—combine nicely with poppies*

Wood flagpole *set in concrete serves as fireman's pole for sliding to ground or for a shinny-up to first level*

Six youngsters put a new playhouse over the jumps

It's children who decide the success or failure of a play yard or playhouse, so we turned six youngsters from age 2 to 12 loose inside the wire-fenced enclosure of this playstructure. They gave it the true test. They happily climbed, slid, swung, and clambered under, over, and through it.

Landscape architect Roy Rydell designed it to appeal to many ages at the same time. Before the plans were final, he asked a physical education instructor wheth it contained enough components to d velop a variety of physical skills. H only suggestion was some kind of lo balancing board, and one was added: section of 4 by 4's raised 14 inches o the ground.

Although this is highly successful as total structure, several of the componen would work as individual units and coul be built into any play yard.

Ladders *provide vertical and horizontal climbing, chinning, swinging. One also supports a low rope swing*

Blocks *of 6 by 6's set securely i ground make grand climbing tower for a 2-year-old Bark chips below cushion jumps and fall*

Tower floor *is 8 feet above ground; slide level is 3 feet. All wood was sanded to prevent splinters*

GLENN CHRISTIANSEN

To keep *toddlers below, ladder to tower can be unhooked*

Setting hen with river rocks for eggs and other garden sculptures

Pyracantha *edges oblong panel that combines colored glass with rough sand for a variety of textures*

RICHARD FIS

Cans, jars, *and bowls were molds for these stacked units. Hollow centers (see text) made it possible to assemble them on vertical rod*

Earthenware *pedestal in Phoenix garden is about 24 inches high; it holds beach pebbles, could also be used as birdbath*

Large, bare expanses of fencing and wall sometimes need more help than just plants can give them, especially in a new garden with plants too young and small to offer any cover.

All the decorative objects in these photographs were made by home owners to solve this problem. Each focuses interest on a particular spot and, combined with plants, can form the center of attraction for a whole garden.

Whimsical *fence panel framed with ivy is supported against the fence by two 1⅛-inch angle iron posts imbedded in concrete and covered with ivy*

Cast concrete *blocks in the Albert Putthoff garden were embellished with stones, mosaic bits, chandelier crystals*

xcept for the earthenware birdbath at ır left, the plaques and pedestals are ıade of concrete and are very heavy. ou can lighten the mix considerably if ɔu use vermiculite in the mix with a ıtio of 3 parts vermiculite, 2 parts sand, ıd 1 part cement. For large plaques it's good idea to use hardware cloth as a inforcement, and very large plaques are urdier with some ¼-inch reinforcing rod ınning through them.

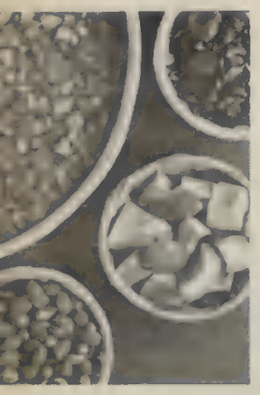
arthenware requires firing, a service provided by many ceramic supply outlets listed in the yellow pages of the telephone directory. The birdbath was done in two pieces, then glued together. Potters Elmer and Loretta Gatti designed and built it.

The large plaque surrounded by pyracantha was reinforced with hardware cloth. The reinforcement extends 1½ inches beyond the concrete and the sculpture hangs from it. The designer was Jacque A. Locke, Santa Clara, California. The setting hen in the large picture has river-rock eggs. It was constructed by the William D. Heatons, who saw one like it in the September 1958 *Sunset*.

The mushroom pedestal and decorative blocks were constructed by the Albert Putthoffs of Los Angeles. For the pedestal they used bowls, jars, and pie tins as molds, inserting a broom handle through each while it was wet. The pieces were then fitted over a rod driven into the ground. The blocks have redwood spacers between them.

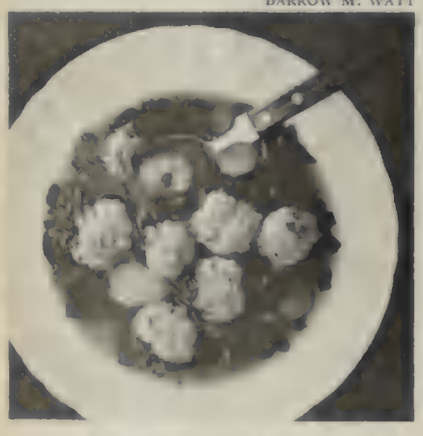
Sopas de Mexico

These delicious Mexican soups all got their name and start in Spain



Gazpacho, *the salad soup pictured on our cover. To cold seasoned broth, add fresh tomatoes and condiments*

DARROW M. WATT



Albóndigas, *poached meatballs and hot vegetable soup. Add fresh lime to each serving*

Three great soups from Mexico (with Spanish names and origins) are suited to any number of informal presentations outdoors: from a patio buffet; at small tables with individual tureens; from a kettle in the kitchen to carry outside; or at a large table with a host to serve.

Each soup has a distinct individuality—but all begin with the same simple savory stock that you make ahead, then chill and completely remove the fat.

Gazpacho is icy cold, vegetable laden. *Pozole* is hot and laced with chunks of ham and hominy. Both these soups have an array of side dishes that are added to each bowl, creating in effect a new soup with each serving. Such surprises as salted almonds go into the cold soup, and crisp lettuce and chunks of cream cheese go into the hot soup.

Albóndigas, also a hot soup, contains moist meatballs that poach in the stock, and a swirl of gold and green vegetables.

To all the soups, fresh lime added to taste is the final fillip.

Because of the preponderance of vegetables in these Mexican soups, salads are inappropriate accompaniments. With light gazpacho, consider an omelet as a first course, or grilled skirt steaks cut in bite-sized pieces, or a big bowl of iced shrimp. The pozole and albóndigas are hearty enough to stand alone. A jug of red wine makes an appropriate beverage. Dessert might be a tray of fruits to eat out of hand—or your own specialty of the house.

MEXICAN SOUP STOCK

- 2 large cans (1 qt. 15 oz. size) chicken broth
- 1 pound ham hocks, cut in about 1-inch-thick slices
- 1 pound bony chicken pieces (wings, backs, or necks)
- 1 teaspoon oregano
- 2 onions, cut in pieces

In a 5 or 6-quart kettle combine broth, ham, chicken, oregano, and onions. Cover and bring to a boil, then simmer gently for 1 hour. Pour broth through a wire strainer and return to the kettle; reserve the ham hocks for other uses (or for pozole). Chill stock; remove hard fat. Use stock to make gazpacho, pozole, or albóndigas. The yield is about 2½ quarts; if not, add water to make this amount.

GAZPACHO

Peel and core 6 medium-sized tomatoes and chop; add tomatoes and juices to 1 recipe's worth of cold Mexican Soup Stock. Season with 1 tablespoon wine vinegar, ½ teaspoon crumbled oregano, 1½ tablespoons olive oil, and salt to taste.

Serve soup chilled. Offer these condiments, each in a separate container, to add to individual servings according to preference: 1 to 1½ cups chopped mild onion or green onions (including some green tops); 1 to 1½ cups salted almonds; 1 to 2 cups chopped watercress (including some stems); 2 avocados, peeled and diced (sprinkle with lemon or lime juice to preserve color); 2 or 3 limes, cut in wedges. Makes 8 or 10 servings.

POZOLE

Make 1 recipe's worth of Mexican Soup Stock, adding 2 more pounds ham hocks, cut in 1-inch-thick slices; also add ½ teaspoon cumin seed. Cut meat from hocks and return to the chilled, fat-free stock; heat to simmering. Add 1 large can (1 lb. 13 oz.) golden hominy, drained. Cover and simmer gently for 30 minutes.

Serve soup hot, offering each of the following in individual containers, to add to each bowl according to taste: 2 or 3 limes, cut in wedges; fresh tomato salsa (recipe follows); 2 small packages (3 oz. *each*) cream cheese, diced; 1 jar (7½ oz.) sweet roasted red peppers, diced, or 1 to 1½ cups red bell peppers, seeded and diced; about 2 cups thinly sliced iceberg lettuce; 1 to 1½ cups thinly sliced green onions, including some of the tops; and fried tortilla strips (directions follow). Makes 8 to 10 servings.

Fresh Tomato Salsa. Peel and core 2 medium-sized tomatoes; chop fine. Remove seeds and pith from 1 or 2 canned California green chiles and chop; combine with tomatoes (and juices) and ½ cup chopped onion.

Fried Tortilla Strips. Cut 4 to 6 corn tortillas in very thin strips; fry in about 2 tablespoons salad oil over medium heat until very crisp. Drain on paper towels.

ALBÓNDIGAS

Beat to blend 1½ pounds lean ground beef, ¼ cup all-purpose flour, 2 eggs, and ½ cup of the Mexican Soup Stock. Bring remainder of 1 recipe's worth Mexican Soup Stock to boil, add 1 dry ancho or pasillas chile (seeds removed) or 1 small hot red chile (seeds removed), and reduce heat to simmer. Quickly shape meat mixture freely into balls about 1½ inch in diameter; drop as shaped into stock.

Add 6 peeled and thinly sliced carrots, ¼ cup rice, and ½ cup chopped fresh coriander (also called Chinese parsley or cilantro). Simmer uncovered for 10 minutes. Then add the tender leaves, well washed, from ¾ pound spinach and let simmer 5 minutes more. Serve hot. Cut 2 or 3 limes in wedges and squeeze to taste into each serving. Makes 8 to 10 servings.

The Changing Western Home

DARROW M. WATT

Guess what it is

Sometimes a product intended for one use turns out to be perfect for another. So it is with this tall outdoor faucet. The valve and flexible tubing are meant for connecting a toilet; they sell for $8 to $10 (in chrome only) at plumbing supply houses.

To stop roof fires

Shingle and shake roof houses are common in the West because the rusticity of the material suits our casual ranch-style architecture and lends itself equally well to the stark, geometric style of more recent architecture. The drawback, of course, is that nothing burns so well as a shingle. Roof fires caused by airborne sparks take hold easily on shingles, then burn down into the house through the stripping or plywood sheathing.

A new product adds a protective, fire-blocking layer to the roof. It consists of 2 by 8-foot gypsum panels, ½ inch thick, that are nailed over the rafters before the builder installs the plywood or shingle-nailing strips. Any fires are stopped at the surface until they can be extinguished.

For a new, average-sized house, the material would cost about $250 installed. It is generally available through builder's supply houses.

Patch those cracks permanently

Buildings move and settle, the sun and weather work on them, and eventually cracks appear. Plaster cracks can be filled, but if settling continues, the same crack may open again. Cracks in wood can be painted over, but they usually show up as an irregular surface.

There is a product, though, put out by at least two manufacturers, that covers cracks neatly and permanently. Once you've applied it, you can paint over it with either latex or oil-base paint.

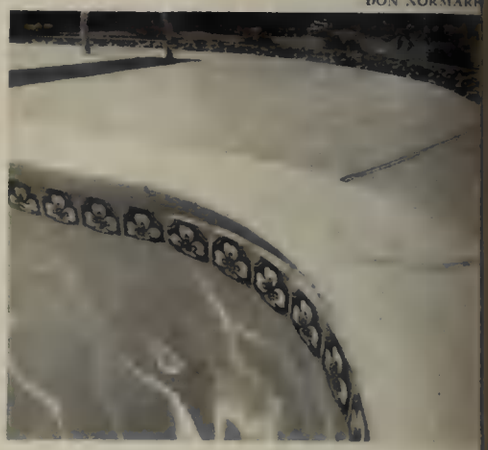
The product consists of a latex caulking compound and a mesh strip. You begin with the caulking compound, applying it with a putty knife, then immediately spread on and smooth out the mesh strip. After a short drying period, you reapply caulk to cover the mesh. For a perfectly blended surface, you may want to sand before painting. The caulk and mesh remain somewhat elastic and give with any minor further settling. One brand of patching compound can be used indoors or out. With the other you choose the indoor formula or the outdoor one. Look for the compound in paint stores or builder's supply houses.

Cork or burlap on the walls

Cork and burlap are good looking on family room or playroom walls, but burlap especially is very difficult to install neatly.

A building board is available, however, that is ready-surfaced with cork or burlap and can simply be nailed up over studs or glued to an existing wall. (The same product is sold also with a vinyl surface.) The base material is a good heat and sound insulator. The burlap board costs about $20 for a 4 by 8 panel, the cork a few dollars more.

DON NORMARK



A pleasant novelty

The Mexican tile border around this poo edge adds an unusual accent. The poo is in the garden of Dr. and Mrs. Frank Tolone of Phoenix.

Practical and attractive

When architect James T. Flynn was designing the children's bedrooms for Dr and Mrs. Frank Tolone of Phoenix, he decided to carry the built-in furniture directly into the closets. The result as pictured above is both practical and attractive and makes the room seem bigger.

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GLENN CHRISTIANSEN

Suspended *lightweight hammock makes a comfortable outdoor lounge*

Cotton duck-plastic pipe hammock

An autumn of lazy afternoon relaxing can be yours with a minimum investment of time and effort; this hammock is assembled so quickly that it can be made in an afternoon.

You'll need heavy duck, sprinkler pipe, dacron thread and rope, and some hardware. They come from different suppliers:

Awning maker. Buy 3¼ yards of 36-inch-wide No. 8 chair duck ($3.50 a yard).

Ship chandlery. Buy a spool of dacron thread and about 24 feet of ½-inch dacron rope.

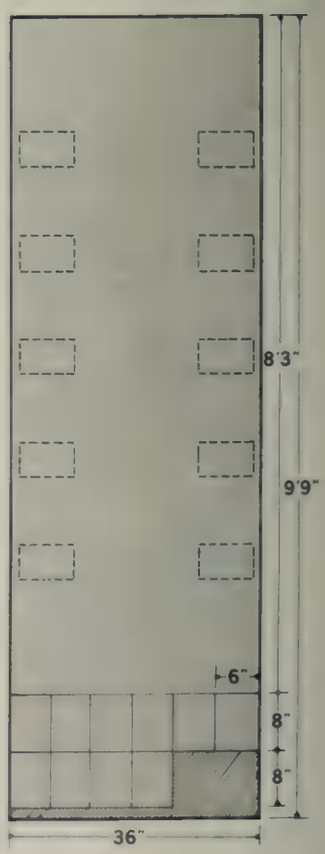
Plumbing supply store. For the frame, you will need 20 feet of 1-inch 80-gauge rigid PVC plastic pipe, four 1-inch 90° elbows, and a small can of PVC solvent. Also buy 20 feet of ¾-inch steel pipe to reinforce the frame.

Hardware store. Buy the two shackles, two hooks, chain, and plastic tubing needed to hang the hammock.

TO MAKE THE HAMMOCK

Cut the fabric as diagrammed at right to make the main body and 10 bands. Discard the extra fabric.

Turn under ½ inch of a narrow end of the hammock body. Using dacron thread and



Dotted lines *show first position of the side bands*

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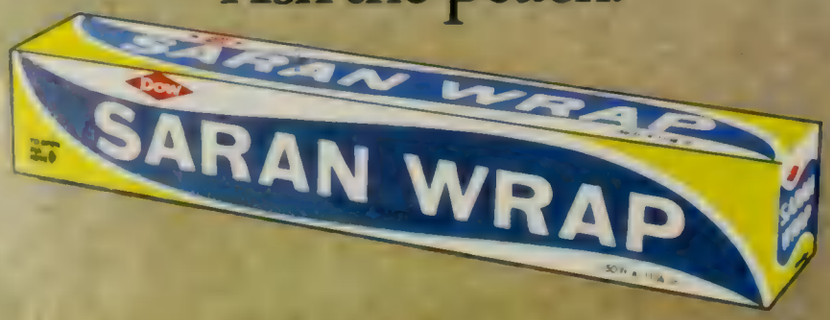

© DOW CHEMICAL COMPANY

*TRADEMARK

heavy-duty sewing machine needle, itch, fold under 3½ inches, and top-itch in place. Always make several rows stitching, or backstitch over to secure ie ends. Repeat on the other narrow end.

em long edges of the bands. Beginning out 7 inches from each looped ham-ock end, space five bands evenly along oth long edges of the hammock (see dia-am), placing right side of bands against ght side of hammock. The bands should about a foot apart and ¾ inch in from ie long edges of the hammock.

itch through the two thicknesses (band id hammock) nearest the hammock lge. Fold free end of each band back ward the outer edge. Make several rows topstitching close to the fold line.

em free end of band. Pin on wrong side fabric about 2 inches in from the ham-ock edge to form a loop. (Most home wing machines won't sew through more ian three thicknesses of duck; that's why iis band edge must be set well in.) Top-itch two or more rows to add strength. epeat on all the bands.

any of the stitching pulls out after the ammock is assembled, a sail repair kit om a ship chandlery can be used to re-w the fabric by hand.

O MAKE THE FRAME

Vith a hacksaw, cut both the metal and lastic pipes into two 7-foot lengths and vo 3-foot lengths. Slide the metal pipe iside the plastic pipe. Then slip the ouble pipe through the fabric loops.

over floor with papers to protect against ripping solvent, and place hammock as-embly on top. Apply solvent to elbow id pipe following label directions and uickly assemble. Repeat on all the cor-ers, making sure the elbows and pipes e flat on the floor as you glue them. eave undisturbed for the recommended ngth of time.

Ve suspended our hammock with heavy acron rope and link chain covered with lear plastic tubing. The chain was joined ith shackles; heavy hooks joined the hain and rope.

GLENN CHRISTIANSEN

Wrap free ends *of rope with adhesive tape to prevent unraveling*

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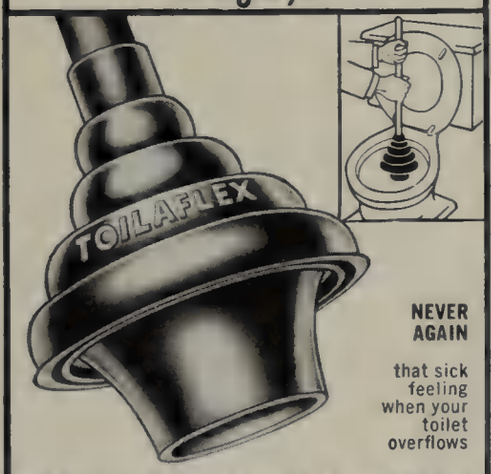

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The art of play yard planning

Parents of children under the age of five have a home problem not yet relevant to couples who haven't reached that stage, and all but forgotten by those who have passed it.

Briefly it is: Where do you turn the young ones loose to play outdoors?

Something on the order of the kiddie corral found in many public playgrounds is useful at home, too. Planning it calls for considerations of size, location, and ways of enclosing and surfacing it.

The space need not be very large, and usually parents don't like to make it larger than necessary because (like a sandbox or a set of swings) it isn't likely to be used for very many years. However, it should be generous enough to accommodate two or more children and their vehicles, boxes, and other playthings that will keep them occupied and happy.

Location will be largely dictated by elements of the house and lot that are already established, but keep in mind such factors as sun and shade patterns and possible wind problems.

FENCING MATERIALS

Fences or other barriers are needed to keep small children out of streets and driveways, out of swimming pool areas, and away from other garden areas where they could be hurt or do damage. The fencing doesn't have to be more than about 3 feet high. It should not be climbable, of course, and latches should be out of the youngsters' reach (gates on existing fences may need new, higher latches).

The greatest security is provided by a metal chain link fence, although it's not the most attractive possibility.

Some chain link fences have spacings large enough for children to climb. You can solve this potential problem by inserting redwood slats vertically through the mesh. Not only do the slats eliminate hand and foot holds, but they also make the fence better looking.

Fences of small-link mesh and those welded wire with small squares are a most impossible to climb.

A wooden fence with vertical boards al is unclimbable by tots—but be sure avoid splintery materials such as redwo grapestakes.

THE PLAY SURFACE

You may want to use sand or other so or loose material for a basic play are with a concrete, asphalt, or brick runwa around the edge for tricycles and ped cars. Remember that smooth paving easier on knees than rough paving.

HARDY GRASS

Grass makes an excellent play surfac but some kinds are better than others f the purpose. Most seed companies featu several different seed mixtures of easy-t grow varieties. Choose a hardy mixtu rather than the fine-bladed grasses th are pretty but require constant car Avoid mixtures that include clover— attracts bees.

Alta (Kentucky 31) and Meadow are du able, hardy grasses for the Pacific Nortl west, Nevada, and northern Californi

In central and southern parts of Cal fornia and the warmer regions of Arizon you can grow one of the zoysias or Be mudas. St. Augustine is very rugged, to

its coarse texture requires a power ver.

atever grass you select must be wed, and this is a disadvantage in ll, cramped quarters. For maximum ty, don't mow it too low; 1½ to 2 es gives a good cushion.

OD CHIPS, BARK

od chips serve as a soft, resilient buf- for children's falls. One cubic yard of s will cover 100 square feet to a depth about 3 inches, providing a sufficient hion in most situations; however, it vise to have 5 or 6 inches under such y equipment as a swing, teeter-totter, slide.

ep the wood chips slightly moist at all es by sprinkling lightly with a hose; erwise they will dry out and be blown ut by the wind. They need some rak- . You will probably have to replenish replace the chips after a few years.

arsely ground fir bark (screened about inch) gives a very satisfactory sur- e. Bark of ponderosa pine or sugar e is also good, but there is some risk t children will pick up splinters from e bark.

AVEL PEBBLES

ooth gravel (½ to ¾-inch pebbles) kes a good play surface; if the pebbles any smaller, they stick in shoes and are constantly tracked into the house. This material requires no upkeep except an occasional raking, and is less expensive than wood chips.

Gravel dries much more quickly than brick or concrete. Dirt spilled on the gravel can be easily washed away without leaving standing puddles.

A 3-ton load will cover an area of 150 square feet to a depth of about 3 inches. For neatness, surround the gravel area with edgings that are raised slightly to keep the pebbles in bounds.

Among the advantages of smooth gravel is that it gives enough when a child falls on it to minimize chances of injury. It doesn't stain clothing, its grayish color is attractive in appearance, and there is no problem of swirling dust.

It has some disadvantages, of course. It is a little difficult and uncomfortable for bare feet to walk on, and the little stones make their way into open sandals. Gradually the gravel works itself into the soil and must be replenished.

WOOD DECKING

A wood deck can be particularly useful in a rainy climate to provide a mud-free play area (but remember that wood is slippery when wet). Choose the material with care—some woods are splintery. Be sure that barriers separate the children from glass walls and drop-offs to the ground.

SAND: SAFEST OF ALL

Sand is perhaps the safest of all play area surfaces. Several inches of sand will usually cushion a fall very effectively. If you use sand, be liberal with it: a 12-inch depth is not too much. Some public playgrounds feature "sand pools" consisting of a thin layer of asphalt topped by 12 to 16 inches of sand. Each has one or more drainage holes, about 2 feet in diameter and 5 feet deep. The drainage holes are filled with rock, and a layer of straw keeps the sand out of them.

The type of sand you use depends largely on what is available in your area, but generally the ocean sands are hygienically cleaner than river sand.

When you're considering sand, however, remember this:

Children have a way of carrying it to many parts of the garden, as well as into the house. A small bucket of sand that has simply been carried away from the play area and dumped somewhere can be raked away or swept up quite easily; the worst nuisance is the sand that continually is brought indoors in small amounts, in shoes, pockets, or hair. Anyone who intensely dislikes finding sand on the floors, rugs, and furniture had better use something else.

Chiffon® towels drink

If you use an iron to "touch up" your modern fabrics, try spraying them with this...and see how much easier your ironing is, and how much better your things look and feel.

DON NORMARK

Named boxes *hold everyone's treasures*

For small toys and art supplies

Toys and creative materials are kept in this simply designed cupboard for the eight children of Mr. and Mrs. Ray Mauren of Bellevue, Washington.

Five-foot shelves of stained ¾-inch plywood are supported by metal strips and clips, so the number and height of shelves can be changed.

The top shelf holds cardboard boxes of least frequently used articles, such as difficult jigsaw puzzles and an assortment of playing cards. There's also a catch-all box for mother's convenience, into which everybody deposits out-of-place items.

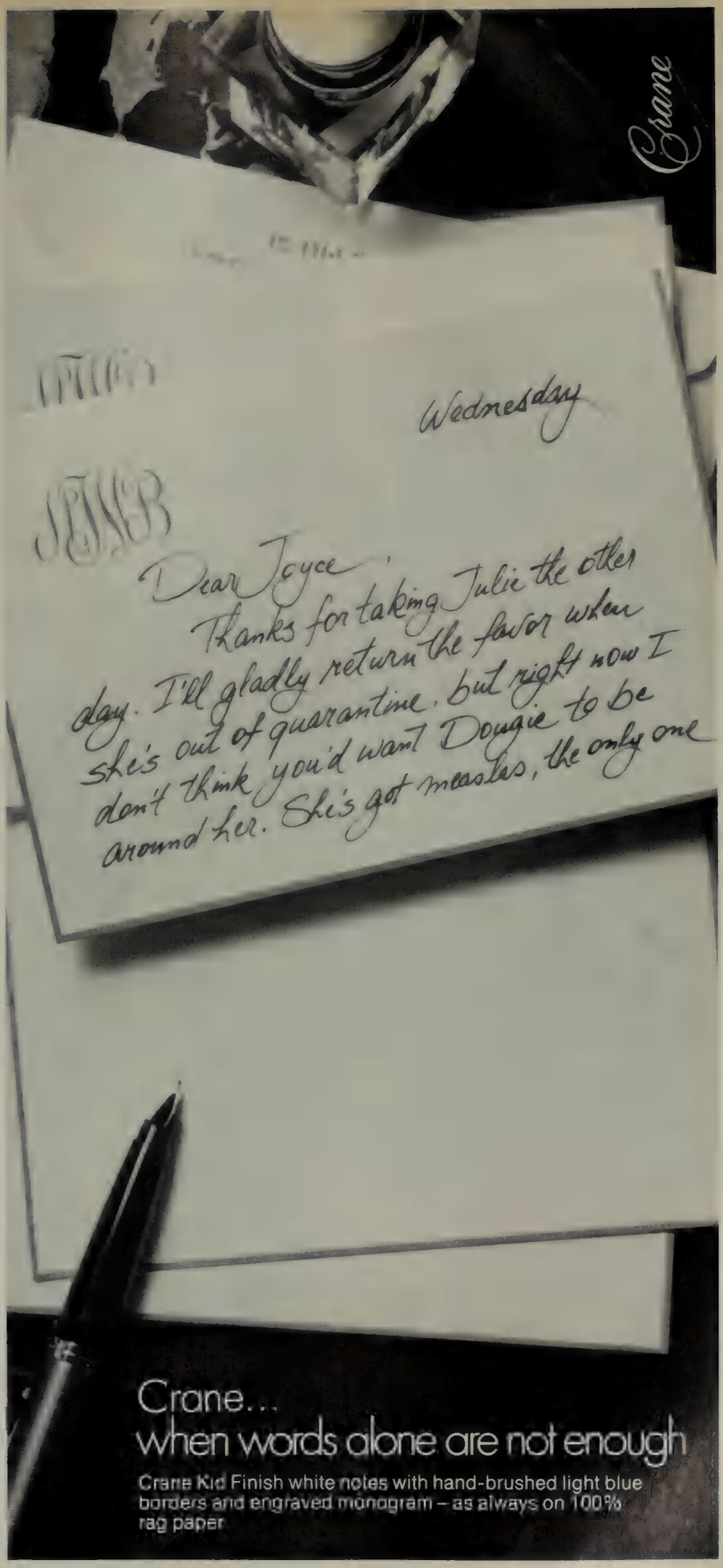
Paints, games, and toys too complicated for the smaller children stay on another shelf out of their reach.

The two middle shelves accommodate deep plastic containers, one for each child's private property. That is where he keeps his own scissors, paste, pencils, pad of writing paper, rolls of tape, crayons, and personal treasures.

On a lower shelf, within reach of the preschoolers, are easy puzzles, magnetic letters, pegboards, and blocks.

The permanent bottom shelf holds plastic containers full of toys for small children. Centered on it is a holder and cutter for large rolls of newsprint. The Maurens buy end rolls of paper from the newspaper office, cut the rolls in half with a power saw, and install one in the homemade cutter. The children have a practically unlimited supply of drawing paper.

A generous table surface is attached by piano hinge to the bottom shelf. When work or play is done, the table swings down, and louvered doors close off the whole handy unit.



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Making your own wine at home

What is involved in time, skills, costs and what are your chances of success?

Picking your own *grapes cuts the cost and offers a good excuse for an all-family outing. You must fill 40 to 45 boxes per ton of grapes*

The finished products: *This red wine more than two years old is ready for bottling. For minimum air space, you fill bottle up to where cork inserted in the neck will almost touch wine*

DARROW M. WATT

Several thousand families in the West make wine at home. A great many more are curious or interested but haven't yet started.

The making of wine is a little like cooking or gardening; the intelligent beginner can have very good success, yet there are always new challenges as experience and skill increase.

More than a hundred home winemakers who responded to a *Sunset* questionnaire are our collaborators on this article. A large percentage became winemakers after observing or helping someone else make wine. Almost all acknowledge a large debt to some book that served them well as a winemaking bible.

This article can cover only the barest outline of what's involved if you take up the winemaking hobby. For step-by-step directions, you'll need to consult a book or pamphlet (a short list of those most enthusiastically recommended by our panel appears at the end of this article). And once you're a winemaker you will encounter a surprising number of others; their advice can help you, too. No two winemaking experts ever quite agree, but that's part of the fun of this hobby.

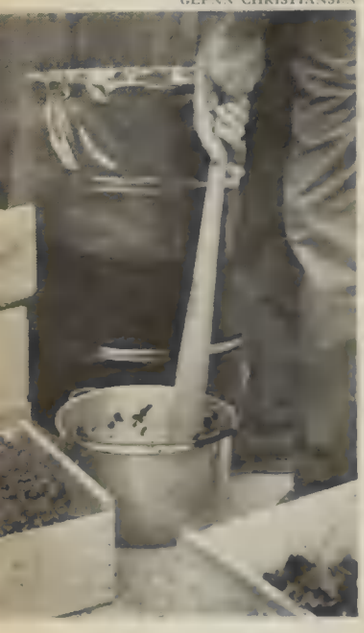
You can't automatically count on producing cheaper wine or better wine than you buy for the price.

In a small-scale experiment, a *Sunset* editor recently bottled some 2½-year-old Cabernet Sauvignon wine that tastes quite promising. His 33 bottles cost just under $1.50 per bottle for materials—grapes, bisulfite, and yeast. (Not included is about $40 worth of equipment he had to buy to get started.) He also tried ■

Juice *and skins (red wine) go in fermenter, a 30-gallon drum with heavy polyethylene liner. (Good alternate is a plastic trash can)*

Glass "stick" *is hydrometer with markings from 0° to 30° in Brix, or Balling, scale to measure the sugar content*

GLENN CHRISTIANSEN



For a small crush, *this bat worked better than potato masher or hinged paddles. Traditional crushers (and still effective) are clean bare feet*

second experiment, using Zinfandel grape concentrate, but he didn't watch the wine as carefully as he did the previous wine, so its quality has suffered.

One shouldn't generalize on these two experiences, but they might help indicate that the amateur will be happiest if his aims are simply to enjoy winemaking and to try to make good wine. Fortunately, as one amateur puts it, "My taste seems to adjust to like the wines I make."

This article discusses wine made from wine grapes, which are more readily available in the West than anywhere else in the U.S. But most of what we say would apply to wine made from other fruits, and many books on winemaking tell how to add water and sugar and adjust basic winemaking techniques to handle them.

GRAPES

The wine grapes that go into the choicest commercial wines—varieties like Cabernet Sauvignon, Pinot Noir, White Riesling, and Chardonnay—make good home wines too. However, some other only slightly less aristocratic varieties—like Zinfandel, Petite Sirah, French Colombard, Chenin Blanc—are worth considering because they are often more widely available, cost less, and still make good wine.

Some experts advise making a red wine first because, as one says, "Red wines are more forgiving of mistakes." However, there's also a strong argument for trying white wine first: It's ready for drinking much sooner than red wine is.

California's wine grapes reach the right stage for picking some time between the first of September and the middle of November. Some people buy direct from a grower, maybe even picking the grapes themselves. Others deal with a broker or middleman. The choicest varieties may sell for $50 to as much as $100 for 200 pounds (15-20 gallons of wine). Cost-per-pound decreases as quantity increases.

EQUIPMENT

Careful reading of one or more books on winemaking is absolutely essential before assembling home winery equipment. There are many possible variations and refinements.

The amateur has the choice of buying his equipment from the laboratory equipment supply houses and barrel dealers found in the larger cities, or from the several firms that specialize in home winemaking equipment. (If you need help in locating such a firm, send your request to Wine Editor, *Sunset Magazine*, Menlo Park, Calif. 94025 and be sure to enclose a stamped, addressed envelope.)

For a preview of what you might need, let's look at winemaking step by step.

Extracting the juice requires some device for crushing or pressing and a receptacle that won't react to grape juice and affect its flavor (avoid copper, iron, and galvanized metal).

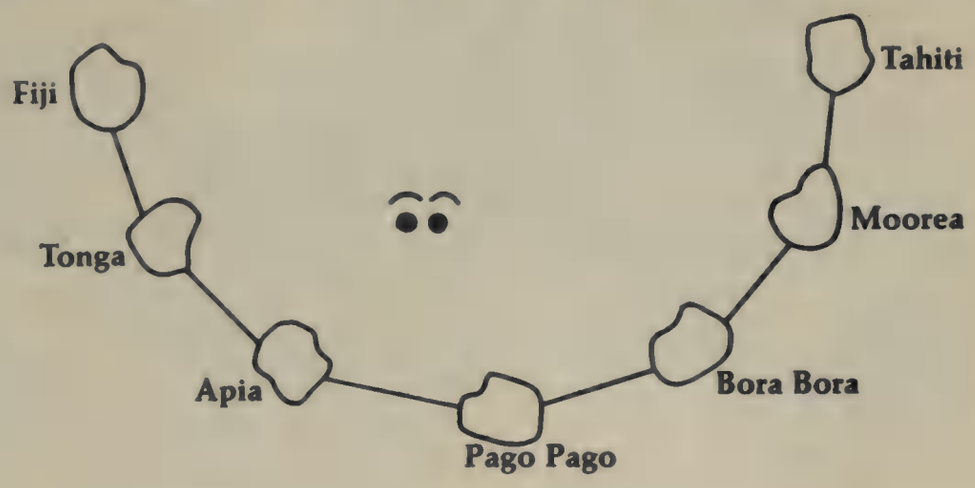
Fermentation is most active for the first several days. The juice, with skins for red wine or without them for white wine, goes into a container with an opening at the top to let heat and gases escape. It is treated first with sulfur dioxide in some form to kill undesirable yeasts and bacteria, then with enough desirable yeast to start fermentation. Here it remains until about two-thirds of its sugar has been converted into alcohol.

A useful instrument at this stage is the hydrometer pictured above at right. It measures the sugar content.

Completion of the fermentation goes more slowly as you let the last sugar convert to alcohol after grape skins, if any, have been removed and after the hotter, more active phases of fermentation are over. This takes place in a closed container; a carboy, or giant bottle, is fine for small quantities. It must have a fermentation lock, a simple device inserted in the cork or stopper that lets gases escape but keeps air from entering and spoiling the wine.

Racking and clarification are terms describing what's done to wine for several months after fermentation. As it matures, wine deposits sediments, called lees, which must be removed. This is done by racking—drawing off the wine usually by siphon

New South Pacific cruises that let you grin from here... to here.



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Hand corker *compresses cork into bottle neck easily if cork has been softened by soaking in lukewarm water*

in the home winery, into another container. This process helps clarify the wine and gives it a certain desirable aeration.

If a wine remains cloudy after being racked, a winemaker may choose to do further clarification by adding a fining agent (various ones are used, in powder form) that will remove any particles suspended in the wine.

Aging is simply a matter of holding the wine until it is judged ready for bottling. Red wines traditionally age awhile in oak, but the home winemaker should guard against overdoing it; wine acquires a woody taste very rapidly in small oak barrels. Some winemakers avoid the problem by using only glass containers, adding oak chips as desired for flavor.

Bottling is the climax. How this is done is entirely up to the winemaker. With a good job of sealing, he can keep his wines indefinitely (within reason) in half-gallon or gallon jugs. Or he can get his own label printed, buy Portuguese or Spanish corks and foil caps, and go first class all the way.

THE PLACE

Ideally, the home winery should be some area away from conflicting activities, easy to keep clean, well ventilated, with an average temperature of 50° to 70°.

Very often, however, it is either the kitchen or garage because there's no other place. But some owners of the typical Western basementless house have dug a cellar just for winemaking and wine storage under the house or out in the garden. Others with a little ingenuity have been able to make good use of such natural aids as the even temperature of bare earth, the coolness of a concrete slab, or the shade of trees and overhangs. In some cases the only good answer may be air conditioning.

One last reminder: The law allows the head of a household to make 200 gallons of wine annually for his family's use. At least five days before starting to make wine each year, he must file two copies of IRS Form 1541. Filing is free. One federal office serves all our Western states. For the forms, write to Alcohol and Tobacco Tax Division, Internal Revenue Service, Flood Building, 870 Market St., San Francisco 94102.

In Idaho it is legal to make wine only from native-grown materials. Washington and Oregon laws stipulate that home winemaking is legal if you observe the Federal regulations. Other Western states have no laws on the subject, implying that you need only observe the Federal regulations.

BOOKS TO GET YOU STARTED

These were recommended most by those who answered our questionnaires.

Wine Making at Home, by Maynard A. Amerine and George L. Marsh (Wines and Vines, 16 Beale St., San Francisco 94105, 1962; 31 pages; $1.50).

Guidelines to Practical Winemaking, by Julius H. Fessler (Box 2842, Rockridge Station, Oakland 94618, 1965; 96 pages; $3.95).

Home Winemaker's Handbook, by Walter S. Taylor and Richard F. Vine (Harper & Row, New York, 1968; 195 pages; $4.95).

American Wines and Wine-Making, by Philip M. Wagner (Knopf, New York, 1969; 264 pages; $6.95).

DARROW M. WATT

The real payoff *to many a home winemaker is simply the pride of accomplishment: you can put your own label on a product that you're proud of*

Extra storage in the laundry

It's remarkable how many steps can be saved by additional storage in the laundry. The examples shown here have tip-out and slide-out features often seen in kitchen storage.

The laundry containers in the top photograph are large plastic hampers installed in a tip-out bin. They are color-keyed for easier laundry sorting. Each hamper is light and easily slipped out of the bin and carried to the washing machine.

The slide-out shelf shown in the bottom photograph holds economy-size containers of laundry detergent. These are too heavy to lift frequently; placing the detergent barrel next to the washer eliminates the chore.

Both units were designed by Berkihiser-Stee Associates of Los Angeles.

RICHARD FISH

Tip-out *bin holds three lightweight hampers to make sorting easier*

Slide-out *shelf brings barrel of detergent into reach close to washer*

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The Hawaiians

The Hawaiians

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In page after page of fascinating images, the reader is taken into ancient burial caves, to the top of snow-covered Mauna Kea, the highest mountain mass on earth, and to the edge of an erupting volcano. In a flood of colorful images, the reader experiences the rich ethnic celebrations of the Hawaiians, Chinese, Japanese, Filipinos and other peoples who have come to Hawaii's shores. "The Hawaiians" is a private look into a world rarely seen by the casual visitor.

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Ideas for the two-dog family

To make room for a large workshop in his garage, Walt Cianfichi of Portola Valley, California, needed most of the garage space occupied by two large doghouses—the homes of his springer spaniels.

He discarded the doghouses and built the compact 43-inch-long, 22-inch-high bunk beds shown above out of scrap lumber and plywood left over from his shop construction. They are 24 inches deep, have a 2 by 4 base for strength, and are carpeted with inexpensive shag rugs.

The dogs love the bunks for sleeping and watching activity in the workshop. During the first few days there was some confusion about who would rest where, but then Brandy, the mother, decided firmly that she would take the lower bunk, and Terry, her son, began hopping into the upper. Since then neither has tried to use the other's bed.

In Honolulu, the weather gets warm for the two long-haired pulis owned by Mr. and Mrs. Walter K. Collins. So they built an outdoor doghouse that is open on one end and has wood louvers on one side that can be opened to give cross ventilation. The two dogs appreciate the coolness of their private residence, and stay dry when it rains and the louvers are closed.

WENKAM-SALBOSA

In warm Honolulu, *home for two long-haired pulis (a Hungarian breed) is an outdoor doghouse with a louvered wall*

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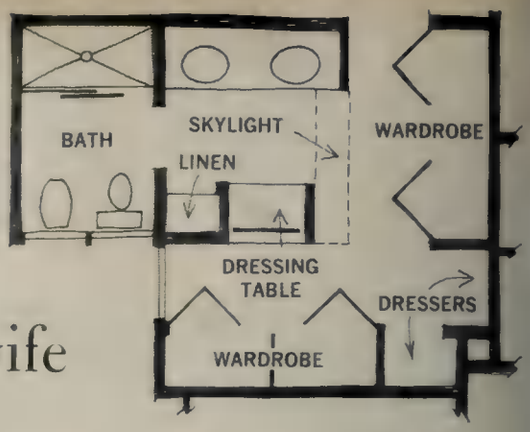

Husband-and-wife elbow room

A convenient floor plan and good lighting made us stop and take a second look at this large dressing room. Thanks to its unusual division into separate storage, dressing, and grooming areas, the man and his wife can dress at the same time without getting in each other's way.

CENTRAL PENINSULA

The middle of the room is divided by a peninsula that includes a floor-to-ceiling linen closet and the two-way dressing table pictured below. Because the mirror is suspended above the counter with open space above and below, the two sides are not completely isolated from each other.

The far wall has two lavatories set flush into plastic laminate. In lieu of the traditional cabinets for toiletries, short sliding mirrors were installed at the back of the counter to conceal make-up and shaving supplies.

LIGHTING, STORAGE

The owners couldn't have asked for better lighting. In daylight hours they have illumination from a skylight above the dressing table and a long jalousie of patterned glass beside the man's wardrobe. For evening use, there is area lighting above the lavatories, beside the woman's dressing table, and overhead in the wardrobe areas.

Storage space is lavish. A wardrobe closet with shelves and poles lines one wall, another runs perpendicular to it, and two niches in the corner hold chests of drawers.

The architect was Leonard Veitzer of San Diego.

RICHARD FISH

Two-sided *dressing table in central peninsula has shallow side for man (left), wider side with make-up lights for wife (right). Note the ceiling-high linen closet, far right*

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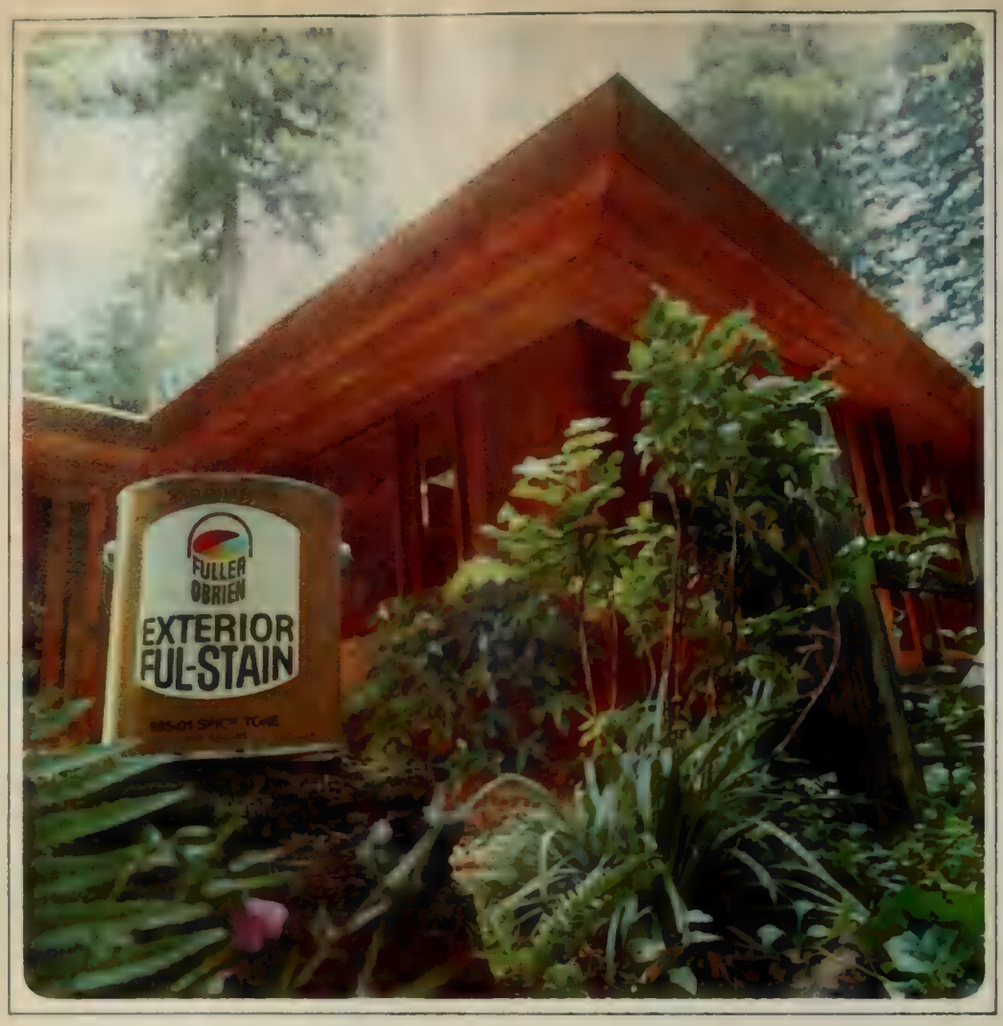

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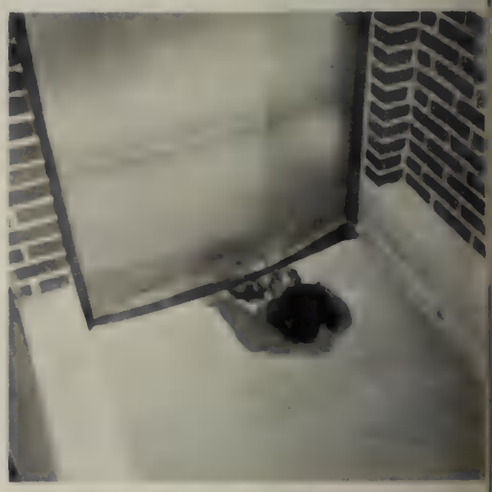
NEIL KOPPES

Swimmer surfaces *after his brief trip through a watercourse, under a bridge*



He returns indoors *the same way. Plastic panel projects 6 inches below water, lets ample light into the bath-shower area*

Underwater swim to the pool

Some people like to swim all year but don't fancy that midwinter dash from the house to the pool or that even chillier trip back inside after a swim. Here's the pool for them.

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Illustration: Fromm and Sichel, Inc., San Francisco, Calif.

DON NORMARK

Offset screens *give sense of more space in entry garden. Lot slopes to front, side; steps make pleasant grade transition. Low-growing junipers form ground cover between screen and graveled parking area*

They gained off-street parking, an entry patio

fore this garden was remodeled, visitors rked along the street or in the drive-ay, and walked to the front door along narrow concrete walk (or across the lawn when it was dry).

ART MUELLER

ont garden *was formerly lawn, few rubs by house. No clearly defined entry*

Now there's a graveled off-street parking area and an inviting paved entry patio partly enclosed by two wood screens. The screens are not intended to completely hide the house or to shut out the neighbors, but rather to allow for better use of the space between house and street and to offer some privacy for street-facing windows and the patio. The landscape architects were John Herbst, Jr. and Associates for Mr. and Mrs. Arthur Mueller, Lake Oswego, Oregon.

Most communities have restrictions on the height and location of screens and fences across the front of a home, so be sure to check with your city or county building inspector before embarking on a similar project.

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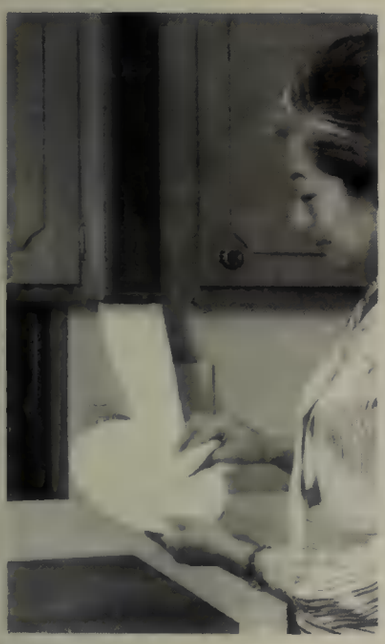
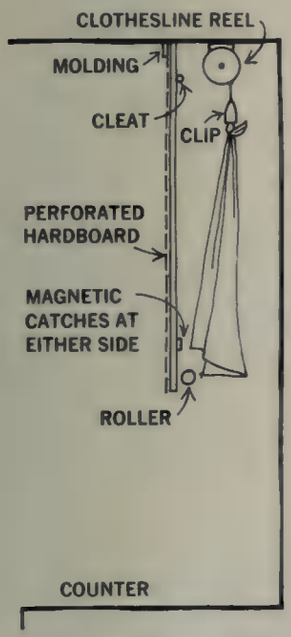
A disappearing dishtowel

he dishtowel being used in the photo-raph below will disappear instantly into s own well-ventilated cupboard when the ser lets go. The secret is a small clothes-ne reel (single line) attached to the top f the 4 by 12 by 42-inch cupboard. The owel clipped to the end of the line pulls ut smoothly against a bathroom tissue oller spanning the opening below. The erforated hardboard front is held with vo magnetic catches. Owner-designer is obert P. Finnerty, Santa Cruz, Calif.



Pull-down *dishtowel, changeable, is handy to dish cupboard, sink*



Cross-section *shows what materials go into dishtowel cupboard*

The wash 'n wear kitchen

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It all sounds terribly dull. But very reassuring.

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DARROW M. WATT

Polka-dot *vinyl cover to slip over a steel racket*

Colorful wrap for a tennis racket

One way to add a dash of color to the white tennis scene is to carry a bright racket cover.

You can make this one with ⅓ yard of cloth-backed vinyl fabric. Vinyls are available in yardage stores in a wide assortment of patterns and bright colors. You'll also need 1½ yards of heavy yarn (the type used for gift wrapping) for the tie-string.

Lay the racket flat on the wrong side of the material. Draw a pencil line around the racket about an inch larger than the frame and cut out. With right sides together, stitch about ⅜ inch from the cut edge around the length of one side of the racket and halfway down the other side.

Clip curve and turn to the right side. Turn the raw edge ⅜ inch around the neck and side opening and stitch. If the vinyl is fairly soft, a top-stitching along the edge of the finished cover will give it a crisper appearance. Cut the yarn into three equal pieces and braid it; bind the ends with thread. Top-stitch the center of the braid to the stitched neck side.

You don't need *a pattern; draw cutting line directly on wrong side of fabric*

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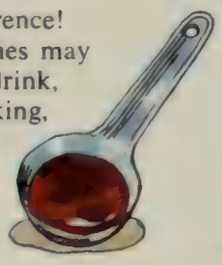
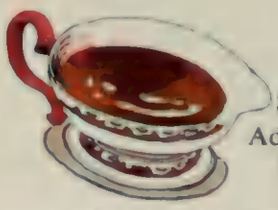
The difference between cooking wines and drinking wines:



Vive la difference! Delicate wines may be good to drink, but for cooking, you need robust wines that stand up to heat. And that's just what Holland House gives you. We've imported and specially seasoned the Red, White and Sherry that give food gourmet flavor. What's more, Holland House Cooking Wines are spoil-proof (won't turn sour after opening) and are available at your supermarket.

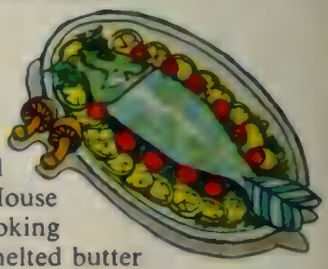


Instant Saucery. Add 2 Tb. Holland House Red Cooking Wine to any can or package of Brown Gravy Mix. Voila! You have a glamorous topping for hamburgers, cold roast.

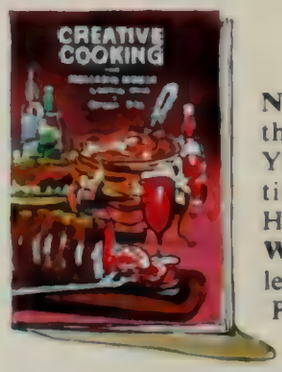
Soup Supreme from a can. Beautiful idea: to each serving of canned Mushroom, Pea or Lentil soup, add 2 tsp. of Holland House Sherry. Variation: Add 2 tsp. white wine to clam chowder.

For budget beef cuts, try a little tenderness. This tenderizing marinade adds exquisite flavor: Pour over roast 1½ cups Holland House Red Cooking Wine, 1 clove garlic minced, 1 onion quartered, 1 stalk celery chopped, ¼ teaspoon pepper. Cover, refrigerate overnight. Use marinade for basting.

Fruit compote: the final fillip. Strawberries, peaches, melon balls, grapes—make up your own medley—then pour into bowl 2 wine glasses of Holland House White Cooking Wine. Chill for four hours or more.



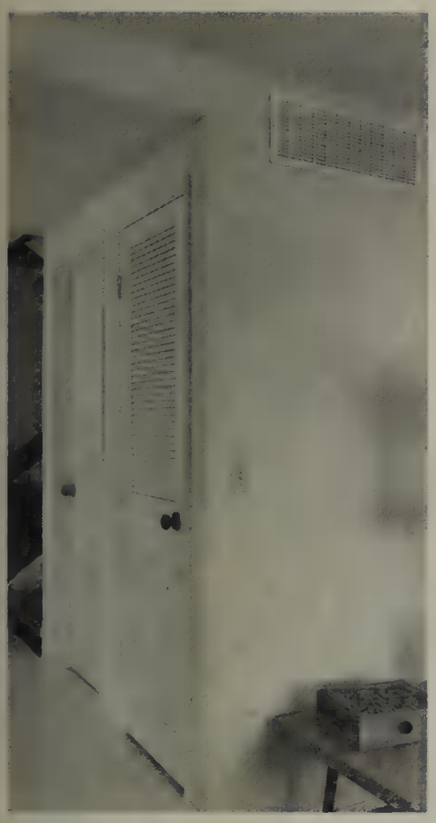
Fish with Flair. Add Holland House White Cooking Wine to melted butter and pour over fish fillets before broiling. Or for sauce supreme, add 2 Tb. Holland House White Cooking Wine to white sauce, your own or packaged mix.



Now for the complete course, send for the Holland House free booklet. You'll also learn how to cook creatively with Holland House Cocktail Mixes. **Write to:** Wine Booklet Offer, Dept. S-1, P. O. Box 566, Ridgefield, N. J. 07657.

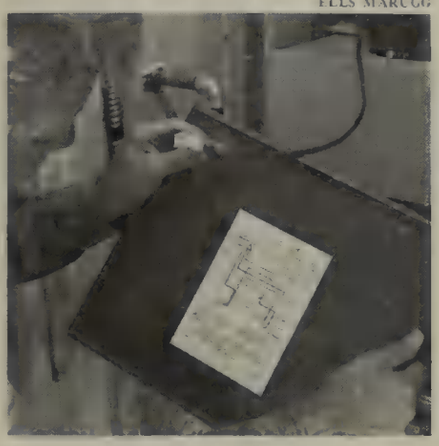
Good Housekeeping GUARANTEES

For a less noisy furnace this coming winter



The furnace *in this new home is noisy, simply because it and its cold-air return are in a closet beside the living room*

ELLS MARUGG



The noise *was lessened partially by repositioning its three-speed plug to reduce the speed of the furnace fan*

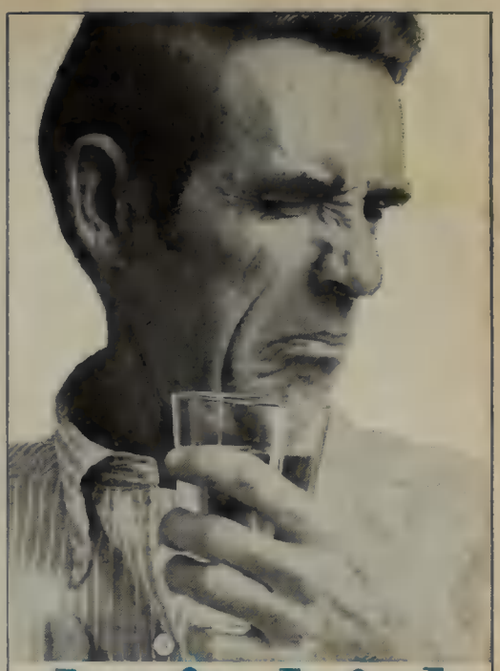
Furnace's *louvered door was muffled by nailing a softboard panel on the inner side*

Many homes built today have noisy forced-air furnaces. The cause of the noise is sometimes mechanical—a flapping fan belt, a loose metal panel on the furnace, or a loose metal duct. These are easy to repair.

But more often the cause is an architectural error or compromise. Any forced-air furnace, even though it is working perfectly, makes some noise when the fan is forcing air through it. If the furnace is in a poor location (such as a closet next to the living area or in a bedroom hallway), you probably hear the roar of its fan much more than you desire.

We show here a typical example—a forced-air furnace in an entryway closet adjacent to the living room of a new home in Redwood City, California. By the three changes shown above and on the next page, the noise was reduced 60 to 70 per cent—to where it is no longer objectionable.

First, the speed of the fan was reduced. This new furnace has a direct-drive motor (no fan belt). Its motor operates at any



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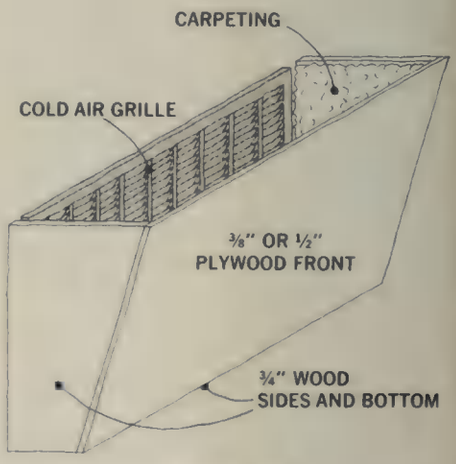
of three speeds, determined by which way you plug in the electrical cord at the motor (instructions in such cases are usually attached to the furnace). On a furnace motor with a belt drive, you can slow the speed by adjusting the split-pulley on the fan shaft or the motor shaft.

This furnace closet has a feature common to many: a louvered door, installed for appearance and not to provide air to the furnace burners (a vent in the floor serves that purpose). A sheet of ½-inch sound-

ELLS MARUGG

Sound *of furnace's fan through cold-air inlet was greatly reduced by adding this wood baffle*



Build *the wood baffle to fit dimensions of your cold-air grille; toe-nail it to studs*

insulation softboard was nailed to the inner side of the door to close off the louvers and dampen sound there.

Main source of fan noise was the cold-air grille close by in the living room. A baffle box, built of wood as shown and lined inside with a remnant of carpeting, greatly reduced this noise. Cold-air grilles are usually framed with 2 by 4's, to which you can toe-nail such a baffle box. Build your box about ½ inch wider than the grille on the bottom and sides so that the toe-nailing will catch the 2 by 4's. If your grille is near the floor, reverse the box so its opening is down.

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Art at home using concrete, sawdust

ELLS MARUGG

Stonelike *fish sculpture cut out with jigsaw, mounted on wires inserted in wooden block*

These sculptures are not what they seem. The stone fish are really made of a special concrete; the knob pictured on the next page is surface-modeled in sawdust.

The materials are cheap, can be colored with water-soluble dye while wet, will dry in two or more days with little or no shrinkage, and can be sanded or cut with a saw. The mixture for door knobs and drawer pulls is also good for embellishing picture frames.

Two cautions: Avoid inhaling the fine particles or getting them into the eyes; clean up utensils promptly and do not rinse excess materials down the sink.

Dr. Robert Peters of Fresno developed the following recipe for a material that resembles soapstone. Make a small amount first; for example, let "1 part" equal 1 cup.

CEMENT MIXTURE

- 1 part casting plaster
- 1 part vermiculite ground fine (crush with a ⅜ by ⅜ in a shoebox)
- ¾ part Portland cement
- 1½ parts water

Mix the ingredients with enough water to make a mushy consistency, and pour into

a clean milk carton (the first time use a ½ gallon carton cut down to about 3 inches high). Press out air bubbles with a spoon or your finger. When mixture is dry, leave carton attached and cut into ⅜-inch-thick (or thicker) slices with an electric saw or small hand saw. Then cut out design with a jigsaw, band saw, scroll, or hacksaw. Drill eyes and holes for mounting on wire.

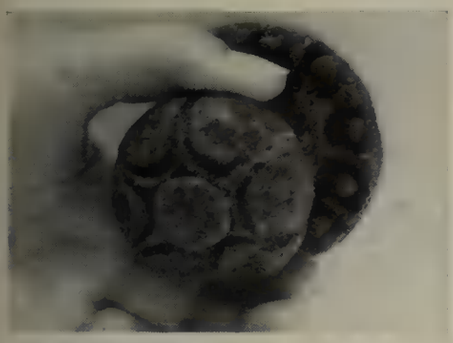
If the final mixture is too hard to cut with your saw, reduce the proportion of cement slightly in the next batch. Spray with clear lacquer or leave natural.

The following recipe is for a sawdust mixture suitable for decorating door knobs or other plain hardware; or you can use the material alone to form a knob or other element (insert the head of a bolt or screw while still soft). For covering a door knob and rose, let "1 part" equal 3 level tablespoons.

SAWDUST MIXTURE

3 parts sawdust (remove large particles)
1 part wheat paste (wallpaper paste type)
⅙ part powdered water putty (for a light-colored result) or same amount of tile grout (for a darker result)
⅙ part white glue
Approximately 2 parts water

First, remove door knob and rose (plate that fits against door) to be covered. Mix the ingredients with water to a modeling



Door knob *of bedroom is decorated with durable sawdust mixture, finished with clear wood sealer*

consistency. Protect your hands with gloves if you wish, and pat out enough mixture on heavy waxed paper or plastic film to cover knob and rose.

Gently shape and press mixture to the hardware; when evenly distributed, make designs with simple kitchen tools (we used a ¼-teaspoon measure with a perforated handle).

Let dry for two to three days, checking once or twice for any slight pulling back at the edges (press back over edge). When the object is dry you can sand, stain, or paint it, or seal with clear wood sealer (several coats of clear lacquer will make the knob quite durable for indoor use). When thoroughly dry, replace knob and rose in the door.

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Sunset's Kitchen Cabinet®

September is a prime month for melons and big, ripe tomatoes. It's also the season for peaches and plums that are best for canning and cooking.

We suggest a different way to enjoy cantaloupe: in chunks, soaked in a spicy marinade, to serve with meats. Fresh tomatoes, in a sauce, season the short ribs, and sliced tomatoes garnish the chicken enchiladas.

Purple prune plums turn to deep red when cooked; we bake them in a pie.

Cubes of cantaloupe marinate in wine vinegar and spices; serve them as relish

Spiced Cantaloupe

Treated this way, melon is a delicious accompaniment to barbecued meats such as chicken, turkey, pork, or lamb. You might pack it in an attractive glass jar to take along on a picnic.

- 2 medium-sized, firm, ripe cantaloupes
- 1½ cups white wine vinegar
- 1 cup water
- 2½ cups light brown sugar, firmly packed
- 4 whole cloves
- 4 sticks whole cinnamon
- 1 teaspoon salt

Cut the melons into 1-inch-thick slices, discarding seeds. Peel melon slices, cut into 1-inch cubes (you should have about 8 cups); put into a deep bowl.

In a pan combine the wine vinegar, water, brown sugar, cloves, cinnamon, and salt. Bring just to the boiling point, remove from heat, and pour liquid and spices over the cantaloupe. Let cool to room temperature, then cover and refrigerate for at least 3 hours, or as long as overnight. The longer the cantaloupe stands in the liquid the more piquant it becomes; remove the spices after the first 3 hours if the fruit is to be held longer.

To serve, allow fruit to come to room temperature; then lift from liquid with a slotted spoon. Makes about 2 quarts. —*R. T., Yakima, Wash.*

Fresh ripe tomatoes simmer slowly in a sauce that richly flavors short ribs

Dill-Tomato Short Ribs

Serve these short ribs over rice to take advantage of all the dill-flavored sauce; accompany with a green salad.

- 5 to 8 pounds meaty beef short ribs
- 1 tablespoon salad oil
- 1 large onion, sliced
- 1 teaspoon salt or garlic salt
- 2 teaspoons dill weed
- 2 tablespoons Worcestershire
- About 6 drops liquid hot pepper seasoning
- About 8 large ripe tomatoes
- 1 tablespoon *each* cornstarch and water

Cut the short ribs apart into serving pieces. Using an electric frying pan or Dutch oven, heat the oil, put in meat, and cook over medium heat until nicely browned on all sides. Remove meat with a slotted spoon and set aside. Add onion to pan and sauté until lightly browned; stir in salt, dill, Worcestershire, and hot pepper seasoning.

Peel tomatoes, remove seeds, and dice (you should have 2 cups); add to onions. Return meat to pan; cover, and simmer slowly until the meat is fork tender, about 3 hours. Remove cover once or twice and turn meat in the sauce. Skim excess fat off the top and stir in cornstarch blended with water; cook, stirring, until it boils and thickens. Makes about 6 servings.—*L. J., Alderwood Manor, Wash.*

Ready-to-eat dry cereal you can make, serve with milk or cream and fruit

Cereal Snack

This nutritious cereal food resembles Swiss musli, except that it is toasted for richer flavor.

- 3 cups quick-cooking rolled oats
- ½ cup unsweetened wheat germ
- ¼ cup sesame seed
- ½ cup flaked coconut
- ½ cup chopped pecans, almonds, or filberts
- ⅓ cup firmly packed brown sugar
- ½ teaspoon salt
- 1 teaspoon vanilla
- 1 cup raisins (optional)

On a rimmed baking pan (about 10 by 15 inches), combine the oats, wheat germ, sesame seed, coconut, nuts, brown sugar, and salt. Mix until well blended. Sprinkle over the vanilla, and stir again. Spread in an even layer. Bake in a 275° oven for about 50 minutes, or until coconut is light brown; stir about every 10 minutes. Cool, then mix in raisins, if used. Store in tightly closed container at room temperature; it keeps well for several weeks. Makes about 5½ cups.—*D. E., Mountain View, Calif.*

For breakfast, serve this cereal in a bowl with milk or cream to pour over; you might also top it with fresh fruit such as sliced peaches or bananas. Also try it as a topping for ice cream or puddings, or to eat out of hand as a between-meal snack.

with lattice crust to show off the fruit.

We invite you to write and tell us about recipes you have originated. Address them to *Sunset Magazine*, Menlo Park, Calif. 94025. We pay $10 for each recipe published.

It's a great month for melons, and for tomatoes and for plums

Jellied Tomato Consommé

You might follow this soup-salad with broiled or barbecued chicken or steak and a green vegetable.

- 2 cans (10½ oz. *each*) condensed beef consommé
- 3 cups tomato juice
- ½ green pepper, chopped
- 1 small onion, sliced
- 2 teaspoons *each* chile powder and sugar
- 2 whole cloves
- ½ teaspoon oregano
- ¼ teaspoon salt
- 2 envelopes unflavored gelatin
- 2 avocados, peeled and diced
- Sour cream
- Chopped chives (optional)

In a pan combine the consommé with 2½ cups of the tomato juice. Add green pepper, onion, chile powder, sugar, cloves, oregano, and salt. Simmer, covered, for 20 minutes, then pour through a wire strainer and discard vegetables and cloves. Meanwhile soften gelatin in remaining ½ cup tomato juice. Add gelatin to strained consommé; heat until gelatin dissolves. Pour into 8 bouillon cups or into a shallow baking pan. Chill until set.

Serve the cups, or dice the jellied consommé in the pan and pile into soup bowls. Pile diced avocado on consommé; top with dollop of sour cream, and chives, if you wish. Makes 8 servings.—*H. N., San Francisco.*

Colorful, cool soup with Mexican flavors; avocado and sour cream on top

Chicken and Cheese Enchiladas

Serve this with sliced tomatoes, chopped green onion, sour cream.

- 1 medium-sized onion, chopped
- 1 green pepper, seeded, chopped
- 1 cup sliced mushrooms
- ½ cup (¼ lb.) butter or margarine
- About 4 cups cubed cooked chicken or turkey
- 6 tablespoons flour
- 2 teaspoons *each* salt and ground coriander
- ¼ teaspoon pepper
- 2 cans (about 14 oz. *each*) regular strength chicken broth
- 1 package (12) corn tortillas
- 2 cups (½ lb.) shredded jack cheese

In a frying pan, sauté the onion, green pepper, and mushrooms in 2 tablespoons of the butter. Turn into a bowl and add chicken. Melt remaining 6 tablespoons butter in the pan; add flour, salt, coriander, and pepper; cook, stirring, until bubbly. Gradually add broth; cook, stirring, until thickened.

Mix ½ cup of the sauce with the chicken mixture. Pour another ½ cup sauce in the bottom of a 9 by 13-inch baking pan. Dip each tortilla briefly in remaining sauce to soften, then fill with about ⅓ cup of the chicken mixture; roll up and arrange in baking pan. Pour over remaining sauce; sprinkle with cheese. Bake, uncovered, in a 350° oven for 30 minutes, or until bubbly. Serves 6.—*G. G., Tucson.*

Jack cheese, mushrooms, and chicken in mild-flavored Mexican enchiladas

Italian Plum Pie

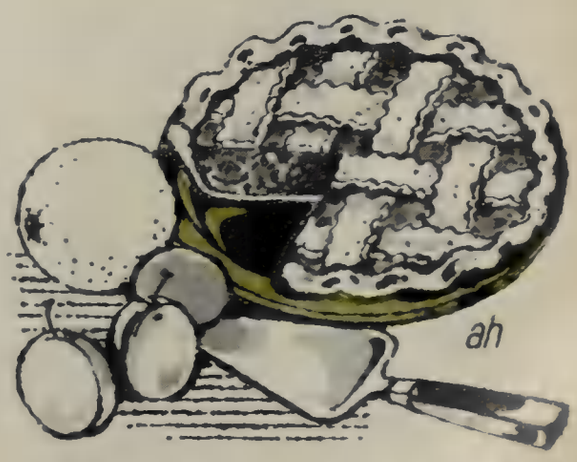
September's plums make delicious pie; serve with whipped cream, if you wish.

- About 2 pounds purple prune plums
- 1¼ cups sugar
- ⅛ teaspoon *each* salt and cinnamon
- 2 teaspoons grated orange peel
- ¼ cup quick-cooking tapioca
- Pastry for a double-crust 9-inch pie
- 2 tablespoons butter

Cut plums in quarters or sixths, remove pits, and measure—you should have 4 cups. In a bowl combine plums, sugar, salt, cinnamon, orange peel, and tapioca. Mix until well blended, then set aside while you prepare the pastry.

Roll out a little more than half the pastry on a lightly floured board and fit into a deep 9-inch pie pan. Fill with plum mixture. Dot the top with butter. Roll out remaining pastry for a top crust or cut ½-inch-wide strips of pastry and arrange on top in lattice pattern. Bake in a 400° oven for about 30 minutes, or until nicely browned. Serve warm or cold. Makes 6 to 8 servings.—*D. K., Palo Alto, Calif.*

To freeze this filling for future pies: Line pie pan with foil, fill and freeze, then remove pan and wrap for storage. Later slip frozen filling into pie shell; finish as above, bake the 30 minutes, then reduce temperature to 350° and bake about 15 to 20 minutes longer.



A bit of orange peel accents flavor of prune plums in this lattice-top pie

DARROW M. WATT

Handsome table *for apéritif hour: wines and food mates from the list below*

Good companions . . . appetizer foods and *apéritifs*

Nibbling a savory tidbit before a meal to both appease and titillate the appetite is a well established custom. And now the practice of accompanying these hors d'oeuvres with a gentle apéritif—as favored in Latin countries—is increasing here in the West.

Apéritif drinks vary according to country, personal preference, and what is currently in vogue. In England Sherry before dinner is about as firmly established as a tradition can be. But the most widely favored apéritifs are the aromatic wines: This general term includes Vermouths, European apéritif wines, and the products of our country officially designated as "special natural flavored wines."

Many ready-to-eat appetizer foods available in delicatessens are superb with apéritifs. Creating good pairs of appetizers and apéritifs is easy adventure.

For instance, try assertive canned meat pâtés, smoked cheeses, or smoked fish with full-bodied aromatic wines like sweet Vermouth; or daintier foods like macadamia nuts or the French process cheeses like Le Beau Pasteur or La Vache Qui Rit with such lightly colored, drier aromatic wines as dry Vermouth.

Part of the appeal of these apéritif-appetizer combinations is almost instant preparation. Assemble one or more bottles of aromatic wines, perhaps from the list below, with a bottle of chilled soda water, bowls of ice cubes, lemon wedges, plus a wine or cocktail glass for each person. Then set out bowls of canapés from a jar or can or cheese and crackers on a board, choosing from the list below if you like.

Europeans living in the tropics helped to popularize these flavored wines. Quinine was their antidote for malaria, and they discovered that quinine was more palatable when swallowed with some wine. Eventually the quinine-flavored wines became appreciated in their own right for their refreshing bitterness. That's why many apéritif wines are faintly quinine flavored. One's first encounter may be unpleasant, but the taste seems to be readily acquired.

The celebrated grande dame of the apéritif hour is Vermouth, wine fortified with brandy and given complexity with herbs and other elements. Two main types of Vermouth are produced both here and abroad: deep-colored, full-bodied sweet Vermouth, and smooth, pale-colored dry Vermouth. In addition, there is a mellow medium-bodied type with a refreshing definite bitter taste. Blends of the different Vermouths are also available.

Vermouth is produced by many manufacturers, both American and European. But practically all the other aromatic wines are one-of-a-kind: a specialty produced by only one manufacturer. The Europeans have been longer in the field with such favorites as Bonal, Byrrh, Lillet, Nicolet, St. Raphael. The American "special natural flavored wines," brought out much more recently, have more fanciful names like Arriba, Golden Spur, Gypsy Rose, Tangor.

Store personnel may be able to give you some help in picking one out, but sampling is the surest way to decide your favorites. For a start you might try some of the combinations suggested here.

Apéritif wines should be served well chilled, over ice or plain. Some people favor adding a splash of chilled soda water and a lemon wedge. First sip a little straight, then add soda or lemon to suit your taste.

Apéritifs and appetizers

Byrrh	Liver pâté with rye crackers
Chambraise	French process cheese and crackers
Dry Vermouth	Crackers, Gouda or fontinella cheese
Dubonnet (red)	Smoked salmon and thin crackers
Golden Spur	Breadsticks and butter
Lillet (light)	Crisp raw vegetables
Positano	Whole wheat crackers, sweet butter
Sweet Vermouth	Marinated artichoke hearts
Viva Italiano	Fresh whole strawberries
Volare	Pastrami

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Best Foods helps you let your guests vote for the topping of their choice

SPANGLED BURGERS

ONION 'N' PICKLE TOPPING

Blend:
1/4 cup BEST FOODS® Real Mayonnaise
1/4 cup finely chopped onion
1/4 cup chopped pickle
Dash Tabasco

All recipes top 3 large or 4 smaller burgers

CHILI CON QUESO TOPPING

Blend:
1/4 cup BEST FOODS Real Mayonnaise
3/4 cup shredded pasteurized process cheese
1 tablespoon finely chopped chili pepper
1 tablespoon chili sauce
Spoon onto burgers last 2 minutes of broiling.

MUSTARD TOPPING

Blend:
1/4 cup BEST FOODS Real Mayonnaise
1 teaspoon prepared mustard

MUSHROOM TOPPING

Blend:
1/4 cup BEST FOODS Real Mayonnaise
3 tablespoons chopped mushrooms
1 1/2 teaspoons steak sauce

PLAIN JANE

Top broiled hamburgers with tomato slices. Top with BEST FOODS Real Mayonnaise.

COLE SLAW TOPPING

Lightly toss:
1/4 cup BEST FOODS Real Mayonnaise
2 cups shredded green or red cabbage
1 tablespoon finely chopped onion
1/4 teaspoon celery seed
Dash salt

SWEET 'N' SOUR TOPPING

Blend:
1/4 cup BEST FOODS Real Mayonnaise
1/4 cup well drained crushed pineapple
1/4 cup finely chopped green pepper
2 teaspoons soy sauce

BRING OUT THE BEST FOODS AND BRING OUT THE BEST.

Best Foods, a Division of CPC International Inc.

How to make an ice cream bombe

A **bombe** is a molded ice cream dessert far simpler than its fanciful French name. It is a layered arrangement of ice creams or ices frozen in a mold.

In each of these two cool summer bombes, commercial sherbet or ice is combined with a homemade mousse center that retains its soft creamy texture when frozen.

You need a candy thermometer and a 1½-quart metal mold of simple design, such as a melon-shaped salad mold, a brioche pan, or a steamed pudding mold.

Let the ice or sherbet soften in the refrigerator 20 minutes so it is easier to pack firmly in the mold.

STRAWBERRY MACAROON BOMBE

- 1 quart strawberry ice or raspberry sherbet, softened
- 3 egg yolks
- ½ cup sugar
- ⅓ cup water
- 1 cup whipping cream
- 2 tablespoons kirsch or 1 teaspoon vanilla
- ¾ cup crushed almond macaroons
- Strawberries or raspberries for garnish (about 1 cup)

Select a 1½-quart mold (suggestions above). Pack the ice into the mold, pressing it firmly against the bottom and sides. Freeze until firm, about 30 minutes.

In a small bowl, beat egg yolks with an electric mixer at high speed until thick and pale yellow. Meanwhile, place sugar and water in a saucepan, insert a candy thermometer in the pan, and boil over high heat until temperature reaches 238°. Remove from heat and, while beating at high speed, immediately pour hot syrup in a fine steady stream into the egg yolks without hitting the beater blades. If necessary, stop mixer and use a spatula to scrape down the syrup that clings to the sides of the bowl. Continue beating until mixture cools to room temperature; this takes about 10 minutes.

Whip cream until stiff, stir in kirsch, and fold into the cool egg yolk mixture along with the macaroon crumbs. Pour into the center of the ice-lined mold, filling to the top. Cover and freeze until firm.

To serve, dip the mold in a pan of hot water a few seconds, then invert on a serving platter. (You can return to the freezer until serving time; cover if longer than a few hours.) Garnish with strawberries at serving time. Makes 8 to 10 servings.

Coffee Almond Bombe. Line a 1½-quart mold as directed in recipe above, except substitute about 1 quart coffee ice cream for the strawberry ice. Prepare mousse mixture as in recipe above, except omit kirsch and macaroons and use instead ¾ cup finely chopped almond brittle.

DARROW M. WATT

Summertime cooler: *a bombe of strawberry ice encasing kirsch-scented macaroon filling with fresh berries alongside*

Europe 70

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At-home picnics...salad and sandwiches go into the garden

Scandinavian *pickled salmon and shrimp travel with ease to garden spot with relishes, dipping sauce, rye bread, melon, berries*

As summer peaks, there's an almost inexhaustible demand for meals that can be assembled immediately and then just carried to a breeze-swept deck, shady garden, or poolside.

These three family salad-sandwich suppers meet these requirements. Diners have the option of composing a hearty sandwich or eating the salad with bread on the side. Each menu requires about 15 minutes preparation early in the day, and then only a few minutes to arrange everything on a tray just before serving. Also pack a basket with paper or enamel plates, silverware, napkins, cups or glasses, and a beverage.

For these at-home picnics, consider wide-mouthed glass jars for salad or marinated foods; napkin or foil-lined baskets for rolls, cold chicken, or vegetable relishes; and wire baskets to hold fruit.

DARROW M. WATT

Swedish seafood supper

The Swedes marinate chunks of salmon and shrimp in a pickling liquid to produce a sprightly seafood entrée that packs away neatly in a jar. Serve it with rye bread, a pot of butter, and peeled cucumber wedges and cherry tomatoes. As a dip for the raw vegetables, offer dill-seasoned sour cream: Mix 1 cup sour cream with ¼ teaspoon *each* garlic salt and dill weed. For a light dessert, bring strawberries and wedges of cantaloupe.

Plan to serve the seafood directly from the jar onto plates, and eat with forks or on bread. Pack spoons for the melon and eat strawberries out-of-hand.

PICKLED SALMON AND SHRIMP

Buy a 2-pound chunk of salmon and have the fish dealer cut along the bones, making 2 pieces, and leaving in bones on one side. Also buy ½ pound large raw shrimp in shell. Place salmon in a large Dutch oven, add 6 whole allspice, 1 teaspoon salt, a few onion slices, 1 whole lemon, sliced and seeds removed, and enough water to cover fish. Bring to a boil, add shrimp, cover, and simmer 5 minutes. Drain off and discard liquid and let fish cool.

Remove bones and break fish along natural seams into 1½ to 2-inch chunks. Alternate fish chunks, shrimp, and several onion rings (about ½ cup) in a 1½ quart jar. Add 1 bay leaf. In a pan combine 1½ cups white vinegar, 6 tablespoons sugar, and 6 whole allspice and bring to a boil; simmer until dissolved. Pour over fish. Cover and chill at least 4 hours or as long as 2 days. Makes 6 servings.

Swiss salad-sandwich plate

This robust Swiss supper is built around buttered onion buns to stuff with assorted cold meats and a Swiss cheese and capered egg salad. Roll and spear an assortment of meats (such as sliced ham, corned beef, and Lebanon bologna) with small dill pickles on skewers for ease in serving. Also include on the tray some large ripe tomatoes and a green pepper for slicing. Apples and chocolate-coated wafer cookies make a fine dessert.

Bring along a small cutting board and small sharp knife.

SWISS CHEESE AND EGG SALAD

Cut ½ pound Swiss cheese slices into strips about 1 inch long and ⅜ inch wide. Finely chop 8 hard-cooked eggs. For dressing mix together ¾ cup sour cream, 2 teaspoons Dijon-style mustard, 2 tablespoons capers, 3 tablespoons *each* finely chopped parsley and green onions, and ½ teaspoon salt. Mix dressing into the cheese and eggs and spoon into a shallow bowl lined with chicory or other greens. Sprinkle with 1 additional tablespoon capers. Cover and chill. Either spread on buns or serve as a salad with forks. Makes 4 servings.

Swiss-style *cheese and egg salad goes on tray with skewered cold meats, buns for make-your-own sandwich*

Provençal two-way salad meal

This salad-sandwich is popular on the French Riviera. Arrange the salad bowl on a tray along with a loaf of French bread, a pot of butter, and chicken pieces in a basket (buy it already fried or barbecued or oven-fry chicken drumsticks at home). For dessert, serve nectarines and a Gouda cheese.

You'll need a large serving spoon for the salad, a butter knife, cheese knife, and a small cutting board.

RIVIERA SALAD

Drain marinade from 2 jars (6 oz. *each*) marinated artichoke hearts into a bowl and add ⅓ cup olive oil, 3 tablespoons white wine vinegar, 1 clove garlic (minced), ½ teaspoon crumbled dried tarragon, ¼ teaspoon salt, and 1 can (2 oz.) anchovy fillets with capers, chopped. Slice ½ pound raw mushrooms, add to dressing, and mix, coating well; let stand a few minutes. Cut 4 thin slices from a red onion. Flake into large chunks 1 can (6 or 7 oz.) white albacore tuna. Using a salad bowl or a 1½-quart wide-mouthed container, arrange in layers the mushrooms (lift out of dressing with slotted spoon), 2 of the onion slices (in rings), half of the tuna, the artichoke hearts, remaining onion slices, remaining tuna, and 1½ cups cherry tomatoes, cut in half. Pour over dressing, cover, and chill until serving time (as long as overnight). Spoon between buttered French bread slices or eat with forks as a salad on the side. Makes 4 to 6 servings.

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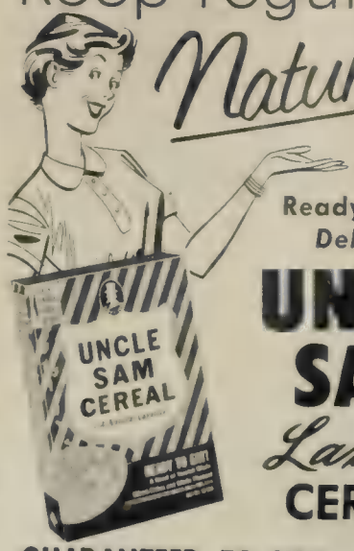

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Cabbage leaves with meat inside

Enclosed in these tender cabbage leaves is a savory meat and rice filling that uses either ground beef or lamb. Each variation uses a different blend of seasonings. A smooth tomato sauce complements the beef-stuffed cabbage leaves; the lamb filling calls for a sour cream sauce.

These stuffed cabbage leaves are especially convenient for summer meals. They can be prepared early in the day, refrigerated, then baked just before dinner. The sour cream sauce needs to be chilled to blend flavors, and the tomato sauce can be made ahead and then reheated.

Leftover rolls can be reheated in a covered casserole dish in a 325° oven for about 25 minutes. For crisp leaves, try frying leftover rolls in enough melted butter to cover the bottom of a frying pan.

BEEF-STUFFED CABBAGE LEAVES

- 1 large head (about 2 lbs.) cabbage
- 4 quarts boiling, salted water
- 1 pound ground chuck or lean ground beef
- 1 medium-sized onion, chopped
- 1½ cups cooked rice
- 4 tablespoons melted butter or margarine
- ½ cup fine dry bread crumbs
- ¾ teaspoon salt
- ¼ teaspoon pepper
- ¼ teaspoon rubbed sage
- Tomato sauce (recipe follows)

Cut out the core from the head of cabbage and discard outer leaves. Holding the cabbage under running cold water, carefully remove leaves one at a time, letting the water help you separate them without tearing. You will need about 12 to 14 leaves, depending on size (save the small inside leaves for salad). Cook 3 or 4 cabbage leaves at a time in the boiling water; cook just until bright green and limp (about 3 minutes). Remove leaves from water with tongs and allow to drain and cool on paper towels.

For the filling combine in a large bowl meat, chopped onion, cooked rice, melted butter, bread crumbs, salt, pepper, and sage; mix until ingredients are thoroughly blended.

To fill the cabbage leaves, use 3 to 4 tablespoons of the meat mixture on the largest leaves; use 2 to 3 tablespoons for the smaller leaves. Spoon the meat near the base of each leaf. With the base of the leaf nearest you, fold the leaf base up over the meat, then roll toward the tip of the leaf. Hold the roll with the seam underneath and fold the outer edges of the leaf under, making a pillow-shaped roll.

DARROW M. WAT

Spoon *meat mixture near base of cabbage leaf; roll up from base to tip; tuck under outer edges*

Place the cabbage rolls in rows in a 9 by 13-inch greased baking dish; cover tightly with foil. Bake in a 350° oven for 30 minutes, or 45 minutes if refrigerated. Serve with tomato sauce.

Tomato Sauce. Melt 4 tablespoons butter or margarine in a small saucepan. Add ½ teaspoon salt, ½ teaspoon chile powder and 2 tablespoons flour. Stir to a smooth paste. Cook over direct heat until mixture bubbles, remove from heat, gradually stir in 2 cups tomato juice, and continue cooking over direct heat until it boils and thickens. Serve hot or reheat over low heat. Makes 4 to 6 servings.

LAMB-STUFFED CABBAGE LEAVES

Prepare the cabbage leaves as directed in the recipe above.

For the filling, use 1 pound ground lamb instead of the ground beef. Also add to the filling ¼ teaspoon *each* whole oregano and rosemary, crushed. Mix well and fill prepared leaves as directed.

Serve with the following sauce:

Sour cream sauce. Combine 2 tablespoons paprika with 2 cups sour cream; mix until well blended, then cover and refrigerate to chill and blend flavors. Serve cold or at room temperature.

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Paul Masson

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DARROW M. WATT

For *a late-summer buffet: salmon steaks and broccoli flowerets enhanced by a smooth green mayonnaise, with melon slices and berries, crusty bread*

SEPTEMBER MENUS

A poached salmon dinner . . . breakfast from a platter . . . casserole dinner

Abbreviated preparation is a strong selli point for a menu on those often-hot da of September.

The poached salmon dinner for four tak little time and can be either served h or prepared in advance and chilled serve cold. The platter breakfast simpl fies serving because people help then selves from one large tray. The skill casserole supper can be quickly assen bled for family or casual entertaining.

Poached salmon dinner for fou

Broccoli and salmon steaks are separatel cooked in one simmering mixture; th both are sauced with a smooth gree mayonnaise you prepare in a blende This meal can be served hot or well chill for dinner or a special brunch or lunch.

Poached Salmon Steaks
Fresh Broccoli **Green Mayonnaise**
Crusty Bread **Butter**
Honeydew Crescents with Raspberries

First prepare the poaching liquid; whi it is simmering, make the green sauc Poach the salmon and broccoli as directe (cover and chill at this point for col service). Just before serving, heat a lo of French or Italian bread.

For dessert, cut a well chilled honeyde melon into crescents and serve with ras berries.

POACHED SALMON STEAKS WITH BROCCOLI

- 1 quart water
- 1 medium-sized onion, sliced
- 8 whole black peppers
- 1 bay leaf
- 1 teaspoon salt
- 1 bunch broccoli (about 1¾ lbs.)
- 4 salmon steaks, about 1 inch thick
- Green sauce (recipe follows)

In a frying pan combine and bring to boil the water, onion, whole peppers, ba

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leaf, and salt; simmer 15 minutes.

While mixture is simmering, remove fibrous ends of broccoli and cut flower ends into pieces of uniform size. Then add broccoli to frying pan and simmer, uncovered, stirring occasionally, just until tender when pierced. Remove broccoli with a slotted spoon and drain briefly; arrange on a large platter and keep hot.

Then add salmon to pan; cover and simmer about 9 minutes or until salmon is just opaquely pink throughout. Remove steaks with slotted spatula, drain briefly, and arrange on platter with broccoli. Serve hot with Green Sauce or cover and chill thoroughly.

Green Sauce. First assemble ⅔ cup well-packed chopped fresh spinach, 2 tablespoons chopped parsley, ½ teaspoon dried tarragon, and ¼ cup salad oil. Start melting ⅓ cup butter or margarine.

In a blender whirl together 2 egg yolks, ¼ teaspoon salt, and 1 tablespoon lemon juice. When the butter is melted and bubbling hot, pour it into the blender (motor running) in a slow steady stream. Start adding the ¼ cup of salad oil in a slow steady stream (if sauce becomes too thick before all the oil has been added, blend in some of the spinach; then add remaining oil). Stop motor and add the remaining spinach, parsley, and tarragon; whirl until greens are finely chopped and dispersed throughout. Serve at room temperature or chilled; makes 1 cup sauce.

Platter breakfast for six

Please the family or weekend guests with this quickly prepared breakfast. Warm croissant rolls accompany a platter of heated Canadian bacon, tomatoes, and eggs mollets. Herb-flavored butter hances both the rolls and eggs.

Eggs mollets are soft-cooked eggs that carefully peeled and served whole. Pre timing is essential for the yolk to creamy yet sufficiently firm for the eg hold its shape when shelled. For ea peeling use eggs that are at least 2 old (because of preservation techniq the eggs may still be difficult to peel so, serve in the shell as soft-cooked eg

Apricot-Orange Juice
Eggs Mollets Platter
Herb Butter **Hot Croissants**
Hot Coffee

In a 2-quart or larger pitcher mix toge 1 can (24 oz.) apricot nectar and 1 (6 oz.) frozen orange juice concentrate constituted as directed; chill.

Heat 1 package (about 5 oz.) frozen cr sant rolls as directed on the pack Then prepare the eggs mollets platter serve with the rolls and hot coffee.

Eggs Mollets Platter. Slice 3 medium-si or 4 small fully-ripe tomatoes (abou pound) and arrange on a large plat Start heating 8 ounces sliced Cana bacon in a frying pan or under a bro For the eggs, fill a large saucepan ⅔ with water; bring to boiling over h heat. With a spoon carefully add 6 e to water; as soon as boiling resumes, duce heat to maintain a steady sim and time for exactly 4½ minutes. Rem eggs from water and plunge into a b of cold water. When eggs are just enough to handle, crack shells gently peel away shell. Put peeled eggs in a b of hot water to keep them warm u serving time.

Arrange Canadian bacon on the pla

DARROW M. WATT

Appealing tray *for family or guest breakfast: soft-cooked eggs mollets and herb butter, thick tomato slices, Canadian bacon*

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But he was used to more worldly delights. He spoke of the subtle touches of garlic and onion, the piquant pleasures of lemon, the sophisticated charms of basil and rosemary. (That really upset me. I didn't care about Basil but he should have told me about Rosemary!)

For months I made every effort to give him what he wanted. Squeezing garlic, crying over onions, I lived with herb confusion and spice anxieties.

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Now the minute my John walks in the door, I begin to shake. A little Onion Salt here. A dash of Garlic Salt there. I give him steak with a Lemon Pepper twist. Vegetables perked by Pinch of Herbs. He never knows what exciting taste sensation I'll serve next and he's very appreciative.

But then he always was such a lamb.

LAWRY'S

with tomatoes and herb butter. Dra eggs and carefully arrange on platter wi sprigs of parsley to garnish.

Herb Butter. Mash together ½ cup (lb.) softened butter, 1 tablespoon fine chopped parsley and 2 teaspoons fres frozen, or freeze-dried chopped chives.

Skillet casserole dinner

This hearty, economical casserole co bines diced vegetables and ground beef a sour cream sauce; the casserole co while you prepare the salad and desse

Bitka Casserole
Cucumber Chunk Salad
Hot Crusty Bread **Butter**
Bartlett Pears with Chocolate Glaze

First cut the vegetables for the bitka c serole (cutting in the indicated sizes sures even cooking) and start it cooki

Meanwhile prepare the salad: Peel a slice a medium-sized cucumber into inch slices; cut each slice into 4 chun Toss with 1 head torn butter lettuce a just before serving dress lightly with b tled garlic dressing. Then prepare t chocolate-glazed pears. Just before se ing, heat a loaf of French or Italian bre

Bitka Casserole

- 2 tablespoons butter or margarine
- 2 medium-sized onions, chopped
- 1½ pounds lean ground beef
- 1 medium-sized potato, peeled and diced into ½-inch pieces
- 1 medium-sized turnip, peeled and diced into ¼-inch pieces
- 3 medium-sized carrots, sliced ¼ inch wide
- 2 stalks celery, sliced ¼ inch wide
- ¼ teaspoon caraway seed
- 1 teaspoon salt
- ½ teaspoon paprika
- ⅛ teaspoon pepper
- 1 cup sour cream or sour half-and-half
- 1 tablespoon flour
- 1 tablespoon chopped parsley

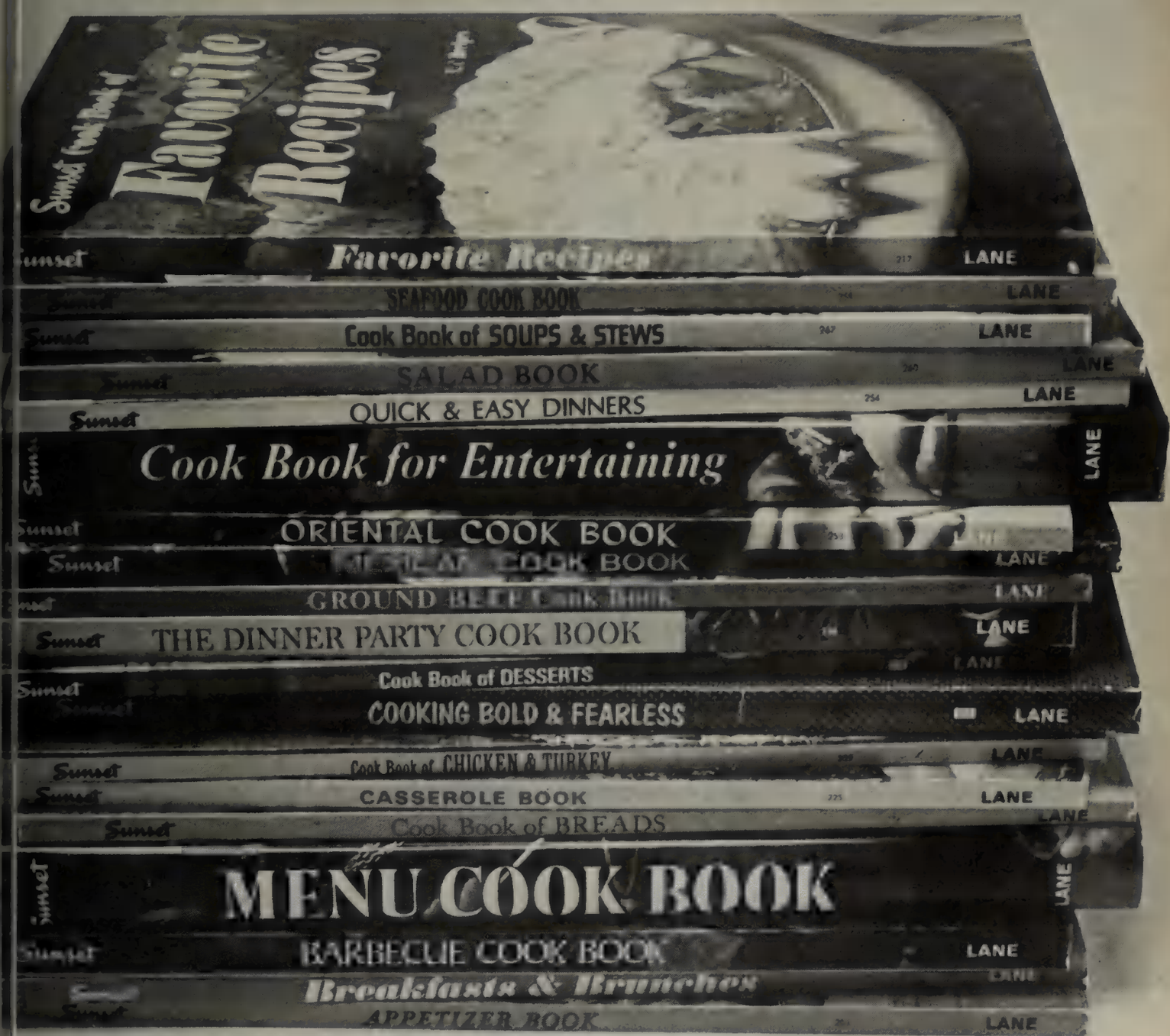
In a large frying pan with a lid, melt b ter over medium-high heat. Add oni and stir occasionally until limp. A ground beef and break apart; cook u browned, about 5 minutes.

Then stir in the potato, turnip, carr celery, caraway, salt, paprika, and pep Reduce heat to medium; then cover a cook until vegetables are just ten about 25 minutes.

Stir together sour cream and flour; into pan and boil for 1 minute, stirri Transfer mixture to serving dish a sprinkle chopped parsley over all. Ma 4 to 6 servings.

Bartlett Pears with Chocolate Glaze. C 4 large fully-ripe chilled Bartlett pe (unpeeled) and slice each into 6 verti slices; arrange in serving bowls. For sauce, combine in a small saucepan o low heat 2 tablespoons *each* butter a light corn syrup and 2 squares semisw chocolate, chopped; stir until chocolat melted; drizzle warm over pears.

5,165 *Sunset* recipes



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Where for dinner tonight? The foot of the Khyber Pass . . .

DARROW M. WATT

Roast leg of lamb *highlights festive Pakistani dinner; serve with cooling yogurt sauce, curried vegetables, vegetable relishes, chicken-flavored rice, hot tortillas*

Colorful fruits and vegetables accent this Pakistani dinner, typical of foods you would find in the Peshawar region of Pakistan. Peshawar (last two syllables rhyme with flower), an age-old trade center and the first city you come to in Pakistan when you cross the Khyber Pass from Afghanistan, has a history of Persian influence and is often termed the "fruit-bowl" of Pakistan.

The people of Peshawar eat more meat than the average Pakistani. Instead of the typical whole roasted lamb or goat you might be served there on a festive occasion, we substitute a roast leg of lamb in this dinner.

Our menu, planned for 6 persons, comes from recent residents of Pakistan and is adapted slightly to suit the tastes of Westerners. You'll find that much of the preparation can be done well in advance of serving time.

Roast Leg of Lamb
Cucumber Yogurt Sauce
Chicken Pulao **Curried Vegetables**
Fresh Vegetable Relishes
Hot Buttered Tortillas
Fresh Fruit
Pound Cake, Custard Sauce (optional)

The day before your Pakistani dinner, put the lamb in the marinade and refrigerate it. You can also butter and wrap the tortillas (which approximate Pakistani flat bread) and make the yogurt sauce; refrigerate the sauce, covered, in its serving dish, if you wish.

For dessert, you might give each person a dessert plate and fruit knife and offer a bowl of whole fruit such as peaches, oranges, grapes, and strawberries. Or serve each person a small plate of fruit such as sliced oranges, sliced pineapple, and whole strawberries. In Pakistan a soft custard sauce often accompanies cut fruit; make this from your own recipe or a packaged mix, if you wish. For a more substantial dessert, you could pass sliced uniced pound cake with the fruit.

Early on the day of serving, you can start the chicken pulao, and prepare and refrigerate the fresh vegetable relishes (such as carrot sticks, cucumber sticks, sliced tomatoes) and the vegetables to be cooked. Put the lamb in the oven about 2 hours

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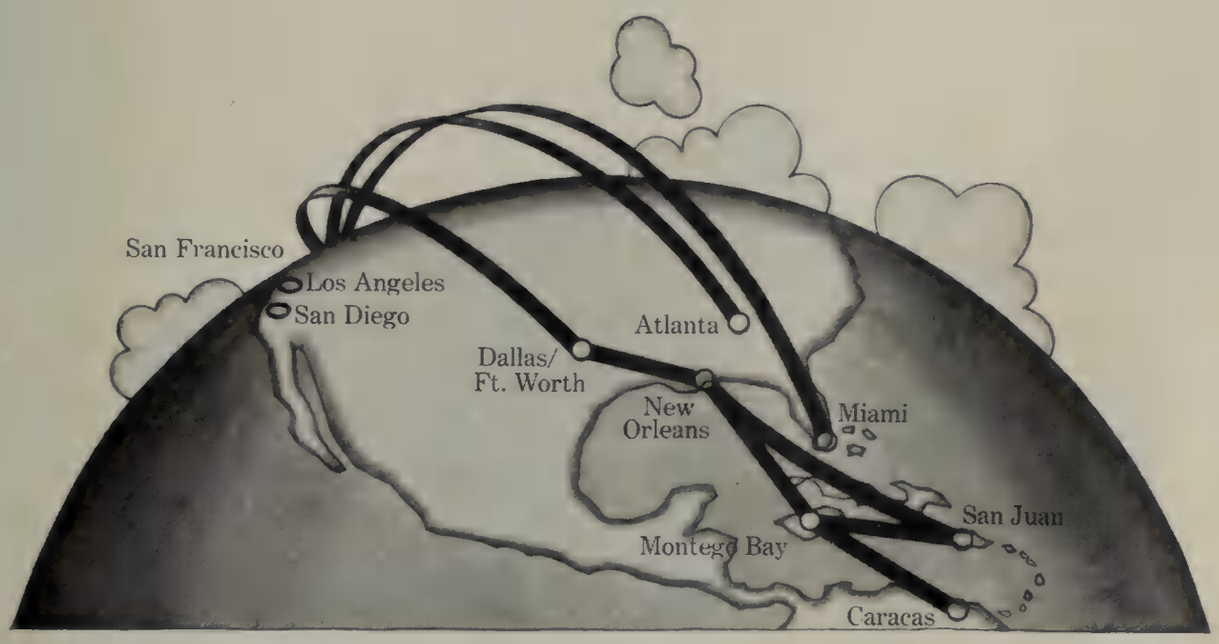

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before serving time. Then in the last hour before dinner cook the curried vegetables and finish the rice. The tortillas can heat while the meat is being carved and the other foods served.

You might like to add an appetizer course to this menu; suitable ones would be tomato broth and spiced nuts, served in the living room. For the broth, blend equal portions beef broth and tomato juice; season it to taste with Worcestershire and liquid hot pepper seasoning. Sprinkle salted cashews or peanuts with chile powder, drizzle with a little melted butter, and heat in a hot oven.

The most authentic beverage to serve with this menu is cardamom-flavored green tea. If you'd like to try it, add about 6 whole cardamon seeds, crushed, and 1 cinnamon stick, broken, to 6 servings tea when you steep it. To follow Pakistani custom serve the tea with dessert.

Purchase a 6 to 8-pound bone-in leg of lamb to serve 6 persons; have it boned, rolled, and tied, if you wish.

Roast Leg of Lamb. For the marinade, combine 1 cup soy sauce, 1 tablespoon grated fresh ginger, ½ cup salad oil, and 4 cloves garlic, crushed. Put the leg of lamb in a large shallow pan. Pour marinade over meat, cover, and refrigerate about 24 hours, turning meat occasionally in marinade. To roast, place meat on a rack in a shallow roasting pan; roast, uncovered, in a 325° oven 2 to 2½ hours for a bone-in piece, about 2½ to 2¾ hours for a boneless rolled roast. A meat thermometer inserted in center of thickest muscle will register 160° for medium rare.

The yogurt sauce, a cooling influence in this spicy meal, is eaten with the meat, vegetables, and the rice.

Cucumber Yogurt Sauce. Combine 2 cups plain yogurt (or part sour cream) with 1 small cucumber, peeled and shredded; ½ cup chopped green onion; ½ teaspoon *each* salt and sugar; 1 teaspoon ground cumin; and ¼ teaspoon chile powder. Cook 1 package (10 oz.) frozen peas as directed on the package; drain thoroughly. Add peas to the yogurt mixture and refrigerate sauce for several hours or over night to blend flavors. Makes about 3 cup

Heart of the dinner is the leg of lamb. You start it yesterday

The Pakistanis, unlike the Indians, ofte cook rice in broth with meat or chicke as in this dish.

Chicken Pulao. Heat 3 tablespoons butte in a heavy pan over medium heat; add medium-sized onions, finely chopped; cloves garlic, crushed; and ½ chicke breast (about 6 oz.), skinned, boned, an diced; sauté 5 minutes. Add 2 cups u cooked rice, ½ teaspoon salt, 9 whole blac peppers, 8 whole cloves, 2 whole cinnamo sticks, ¼ teaspoon ground cardamom, an 1 teaspoon grated fresh ginger (or ¼ te spoon ground ginger). At this point, yo can cover the rice and let it stand unt about 20 minutes before serving.

In a small pan, bring to a boil 2 ca (14 oz. *each*) regular strength chicke broth (3⅓ cups) and pour over rice. Co er and cook over low heat until broth completely absorbed, 15 to 20 minute Makes about 6 to 8 servings.

The vegetables need careful timing so yo won't overcook them. They're flavore with a combination of spices rather tha curry powder.

Curried Vegetables. Heat 2 tablespoo butter or margarine in a large pan. Add medium-sized onion, finely chopped; cloves garlic, crushed; 1 teaspoon salt; teaspoon chile powder; 2 teaspoons grate fresh ginger (or ½ teaspoon ground gi ger); ¼ teaspoon *each* ground cloves an turmeric; and 1 small, dried hot chile pe per, crushed. Sauté until onions are ju tender. (At this point, you can cover t pan and set aside until about 10 minut before serving, if you wish.)

Add 1 small head cauliflower, broken in small pieces, and ⅓ cup regular strengt chicken broth; cover and simmer abo 4 minutes. Add 4 medium-sized zucchi sliced ½ inch thick; cover and cook for to 3 minutes more. Add 2 tomatoes, peel and diced; continue cooking about 1 mi ute. Remove vegetables to serving di with slotted spoon; rapidly boil any r maining liquid in the pan until slight thickened. Pour liquid over vegetabl and serve. Serves 6.

Mexican flour tortillas closely resemb the Pakistani flat bread called chapat (sha-*pa*-tees).

Hot Buttered Tortillas. Brush one side ea of 12 flour tortillas with melted butter margarine, using about ½ cup total. Sta tortillas and wrap in foil. (You can free or refrigerate the foil-wrapped tortill until needed.) Heat tortillas in foil (tha first, if frozen) in a 350° oven about 3 minutes, or just until hot all the wa through. Serve warm, either flat or rolle as shown in the picture on page 13 Makes 6 servings of 2 each.

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Chow sam see . . . fried free threads

DARROW M. WATT

Translucent *noodles, fried in a wok or frying pan, make crisp, unusual base of quick-cooking chow sam see*

The importance of cutting in Oriental cookery is well demonstrated in this interesting and delicious Chinese main dish, *chow sam see*. The name means fried free threads and refers to the fact that the meat and vegetable ingredients are each cut in thin slivers. They are cooked separately in small quantities of salad oil to retain their identity, and blended to serve.

To the novice, the cutting may seem tedious and slow, but each element needs to be of uniform size to cook evenly. The job can be completed early in the day, the foods covered and chilled. At serving time, the dish goes together with remarkable speed and is a meal in itself.

Several ingredients that give chow sam see its special character require shopping in an Oriental market, but all can be purchased at any time since they keep indefinitely. These include the richly flavored dried Oriental mushrooms, canned salted or preserved mustard green, and translucent noodles. A can of mustard green is more than you need, so place the remainder in a covered jar; it stores for months in the refrigerator. The brittle, glassy looking translucent noodles, fried in oil, puff and swirl into tender-crisp opaque strands and become the intriguing base upon which chow sam see is served.

First we present the traditional form of chow sam see. Following it is a beef-based adaptation that also suggests the many other variations this dish can take, using perhaps the odds and ends of fresh vegetables and meats that often accumulate after other meals are planned.

CHOW SAM SEE

- 1 cup (about 1 oz.) dried Oriental mushrooms
- Water
- 1 large, whole chicken breast (about 1 lb.), boned and skinned
- 3 teaspoons cornstarch
- 4 teaspoons soy sauce
- 3 tablespoons dry white wine, dry Vermouth, or dry Sherry
- 1 teaspoon sesame oil (optional)
- 1/4 pound (4 oz. package) sliced cooked ham
- 1/4 cup (part of a piece when cut according to following directions) canned salted whole mustard green
- 4 carrots, peeled
- 3 stalks celery
- About 1/2 pound edible-pod peas, ends and strings removed
- Salad oil
- 1 or 2 ounces (may be part of a package) translucent noodles made of beans, rice, or potato (not taro-based shirataki)
- Soy sauce

As each element is cut or assembled, keep separate, covered; chill if prepared ahead. Cover mushrooms with hot water and soak 30 minutes. Drain and rinse with fresh water, then squeeze lightly to remove excess moisture. Cut out and discard stems. Slice caps in 1/8-inch-thick slices; set aside.

Separate chicken breast in halves and slice across grain in 1/8 to 1/16-inch-thick pieces. Mix chicken with 1 teaspoon of the cornstarch, 1 teaspoon of the soy sauce, 2 teaspoons of the wine, and the sesame oil, if desired (it adds a nut-rich flavor); set aside.

Cut the ham in about 1/8-inch-wide strips that are no more than about 4 inches long; set aside.

Rinse a piece of the salted mustard green with cool water; drain; cut in 1/8 to 1/16-inch-thick slices, then cut slices in 1/8 to 1/16-inch-wide slivers. (If you find that the can contains small pieces of mustard green —the label may fail to be very informative—rinse the pieces, drain, and use as they are).

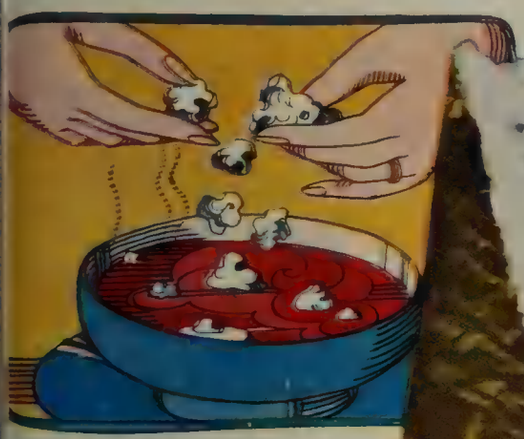
Cut carrots in diagonal slices about 1/8 inch thick, stack a few slices at a time, and cut slices in 1/8 to 1/16-inch-wide slivers; set aside.

Cut the celery stalks in 2 or 3-inch lengths; cut each section in lengthwise slices about 1/16 inch thick, and then stack a few slices at a time and cut in about 1/8-inch-wide slices; set aside.

Stack a few peas together at a time and cut on the diagonal in 1/8 to 1/16-inch-wide slices; set aside.

At cooking time, blend in a dish the remaining 2 teaspoons cornstarch, the 3

The blue-chip Blue



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spoons soy sauce, 2 tablespoons plus 1 spoon wine, and 3 tablespoons water.

ur salad oil into a wok or deep 2-quart cepan to a depth of about 1 inch. ce over high heat until oil reaches 1°. With 2 large spoons, push transent noodles well down into oil, turning ss frequently until all the strands are fed; the crackling noise will cease when odles are cooked (uncooked strands are hard to chew). Lift noodles from oil l drain on paper towels.

ur all the oil from the wok and reserve, n return 1 tablespoon of the oil to the k. Or put 1 tablespoon of the oil from saucepan in a 10 to 12-inch frying pan.

ch vegetable cooks separately on high it and takes only a minute or so. Test doneness by taking a bite; when ten-crisp, remove from pan. In a wok it is iest to scoop out the vegetables using r 2 large spoons, or you can pour them m the frying pan; place vegetables, as ked, side by side on a baking sheet. ce cooking pan (wok or frying pan) er highest heat and add peas; stir contly until they are just tender-crisp to e, then remove from pan.

cooking pan add another 1 tablespoon and the celery; cook, stirring, just il tender-crisp to bite, then remove.

d another 1 tablespoon oil to cooking n, the carrots, and 2 tablespoons water. ok, stirring, until carrots are just ten-crisp to bite; remove from pan.

d 2 teaspoons of the oil to pan, the shrooms, and 1 tablespoon water; ok, stirring, until heated and water porates; remove from pan.

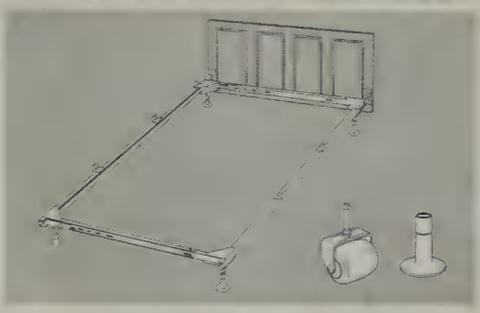
the pan, add 1 more tablespoon oil, chicken mixture, and 2 tablespoons ter; cook, stirring, until meat turns ite. Stir in the ham and mustard and ir in the soy-wine-cornstarch mixture. ok, stirring, until sauce is thickened d transparent. Return cooked vegeles all at once to pan and stir contly until heated.

ce the fried noodles on a serving platand pour the cooked mixture over m. Accompany with soy sauce. Makes r 5 servings.—*P. L., San Francisco.*

f Chow Sam See. Follow the preced recipe, making these substitutions in ingredient list:

stead of chicken and ham, use 1½ unds boneless, fat-free, tender beefak such as top sirloin and cut in ⅛ to -inch-thick slices across the grain. Inase mustard green to ½ cup; add musd to beef when meat is cooked.

stead of carrots, use 1 large turnip cut in ne size pieces; when cooking, add water directed for carrots. Instead of celery, 2 cups zucchini cut in the same size ces. Instead of edible-pod peas, use ¼ und green beans, cut in the same size ces; when cooking add 3 or 4 tableons water and cook until evaporated.



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Zucchini is available in a variety of sizes: For this reason when our recipes call for an exact measure of sliced or grated zucchini, the approximate number of medium-sized (about 6-inch) squash you will need is also given.

Perky red cherry tomatoes and cool green avocado make this zucchini salad a welcome addition to a buffet table.

SHREDDED ZUCCHINI SALAD

- 1 fully ripe avocado, peeled
- Lemon juice
- 4 cups shredded unpeeled zucchini (about 4)
- Mustard mayonnaise (recipe follows)
- 1 cup cherry tomatoes, halved

Carefully slice the avocado into crescents; turn each slice in lemon juice and set them aside. In a salad bowl mix together the zucchini and mustard mayonnaise; then add tomatoes and toss lightly. Arrange avocado on top. Makes 4 servings.

Mustard Mayonnaise. In a small bowl stir together until thoroughly combined ⅓ cup mayonnaise, 1 teaspoon Dijon-style mustard, ⅛ teaspoon pepper, and ¼ teaspoon Worcestershire.

Refreshing mint flavors this warm zucchini dish; consider serving it with a plain meat entrée.

CREAMY MINT ZUCCHINI

- 2 teaspoons flour
- ⅔ cup sour cream
- 1 teaspoon finely chopped fresh mint
- ¼ teaspoon salt
- ⅛ teaspoon pepper
- 1 tablespoon butter or margarine
- 1 medium-sized onion, chopped
- 4 cups zucchini, sliced ¼ inch wide (about 4)

Stir together in a small bowl the flour and sour cream until smooth; then stir in mint leaves, salt, and pepper.

Melt the butter in a large frying pan with lid over medium heat; add chopp onion and cook, stirring, until limp (abc 5 minutes).

Add zucchini, cover, and cook, stirri occasionally, until slices are just tend crisp (about 6 more minutes). Add sc cream mixture to pan and cook, stirri until evenly distributed and simmeri Serve at once. Makes 6 servings.—*H. San Francisco.*

Spinach and sliced zucchini are flatteri companions in this casserole; nutmeg a Parmesan cheese make it noteworth Make-ahead directions are given if y prefer to assemble it in the morning.

ZUCCHINI-SPINACH BAKE

- 3 tablespoons butter or margarine
- 2 packages (10 oz. *each*) frozen chopped spinach, completely thawed
- ⅛ teaspoon ground nutmeg
- 6 cups zucchini, sliced ⅛ inch thick (about 5)
- 2 tablespoons water
- ¼ teaspoon salt
- 1 cup grated fresh Parmesan cheese

In a large frying pan with a lid, mel tablespoons of the butter over high he Add thawed spinach and sprinkle on n meg. Heat quickly, stirring until liq boils away. Remove spinach from p and set it aside.

To same frying pan, add remaining 1 blespoon butter and melt over high he

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left to right: TFF-15SL, 15.3 cu. ft., 28" w., 50½" h. TFF-21DL, 21.4 cu. ft., 33" w., 66¼" h. TFF-21RL, 21.2 cu. ft., 33" w., 66¼" h. TFF-24RL, 23.5 cu. ft., 35¾" w., 66" h. TFF-24DL, 23.7 cu. ft., 35¾" w., 66" h. TFF-19DL, 19 cu. ft., 30½

zucchini, water, and salt; stir and r. Cook at high heat for about 3 ıtes, stirring occasionally, until zuc- i just begins to become limp and tly transparent; remove from heat.

er half the zucchini in a buttered h-square baking pan. Add spinach pat out to an even layer; sprinkle on the cheese. Then spoon on remaining hini in an even layer; sprinkle on re- ıing cheese. Cover pan with foil and in a 350° oven for 15 minutes. Re- e foil and continue baking for 10 ıtes. (Or cover and refrigerate; then covered for 20 minutes; remove foil bake for an additional 10 minutes.) es 8.—*H. B., Palo Alto, Calif.*

ealing golden zucchini strips can be ed with cooling smooth yogurt.

STY ZUCCHINI STRIPS

3 medium-sized zucchini
About 1/3 cup flour
1 egg beaten with 1 tablespoon milk
About 1/2 cup corn flake crumbs
About 4 tablespoons olive oil or salad oil
1/2 cup plain yogurt (optional)

each zucchini lengthwise into eighths. e flour in one flat pan, egg-milk mix- into a second, and crumbs in a third. zucchini, about 8 strips at a time, ıe flour and shake off excess; then in the egg-milk mixture; and finally in the corn flake crumbs, coating evenly; lay on waxed paper.

Heat 3 tablespoons olive oil in wide frying pan over medium-high heat; add zucchini, about 8 at a time, and cook 1 to 2 minutes until tender when pierced, turning as needed to brown evenly (add more oil as needed). Drain on paper towel-lined pan and keep warm, uncovered, in a 200° oven while you cook remainder. Serve with yogurt to pass, if desired. Serves 4. —*D. K., Fremont, Calif.*

This vegetable dish, made in advance, combines zucchini with rice in a fresh mint dressing.

ZUCCHINI-RICE MINT MEDLEY

About 3 zucchini
3 cups cooked and cooled rice
1/2 cup finely chopped parsley
1/2 cup thinly sliced green onion, including tops
3 tablespoons olive oil
1/2 cup white wine vinegar
1/2 teaspoon salt
2 teaspoons finely chopped fresh mint
1/8 teaspoon pepper
1/8 teaspoon cayenne pepper
Parsley sprigs

Slice zucchini as thinly as possible; you should have 3 cups.

In a large salad bowl mix together the rice, zucchini, parsley, and green onion. In another bowl stir together until blended the olive oil, wine vinegar, salt, mint, pepper, and cayenne; pour over the rice mixture and mix thoroughly with forks. Cover and refrigerate until chilled (at least 2½ hours). Garnish with parsley sprigs before serving. Makes 6 servings.—*H. N., San Francisco.*

This butter-steamed dish combines zucchini with tomatoes and fragrant herbs in a fresh-tasting, quickly prepared medley.

ZUCCHINI WITH TOMATOES

2 tablespoons butter or margarine
4 cups zucchini, sliced 1/8 inch wide (about 3)
2 tablespoons water
1/2 teaspoon basil
1/4 teaspoon whole oregano
1/4 teaspoon garlic salt
1/4 teaspoon salt
1/2 teaspoon sugar
1 cup cherry tomatoes, halved

In a 10-inch or wider frying pan with lid, melt butter over high heat. Add zucchini, water, basil, oregano, garlic salt, salt, and sugar; stir to distribute herbs thoroughly, and cover. Cook at high heat for about 3 minutes, stirring occasionally, until zucchini just begins to become limp.

Remove cover and add tomatoes; stir just until tomatoes are heated and zucchini is barely translucent. Remove and serve. Serves 4.—*M. S., Monte Sereno, Calif.*

Vith something extra on the side.

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GENERAL ELECTRIC

Two smoke-cooking surprises

If your barbecue is the type that can be covered with a hood for smoke cooking, consider roasting a pork shoulder or glazing a fresh beef tongue. These two economical meat cuts, not usually cooked over charcoal, are delicious when deeply penetrated with a rich smoky flavor.

To accomplish the slow, even heat that is needed to cook these meats tender and juicy without overbrowning, you must use a specific amount of charcoal and regulate the barbecue drafts to keep the heat inside low during the cooking period. Check the manufacturer's directions for operating your barbecue before you begin.

If you don't have a use-and-care booklet for your barbecue, here are some guidelines: Start with good quality, long-burning charcoal briquets. Count out the number of briquets specified in the recipes that follow. Pile them in a pyramid in center of fire grate. Ignite the charcoal and allow it to burn down to glowing coals, about 30 minutes. Spread the coals beneath the grill on each side of the firebox or in a circle around where the meat will be; adjust the temperature-controlling dampers to keep the fire burning slowly.

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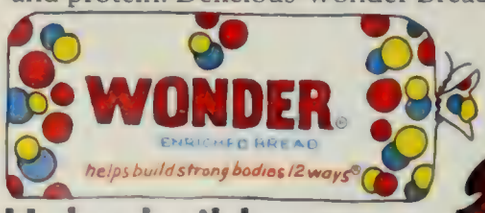
The time to grow bigger and stronger is during the "Wonder Years"— ages one through twelve—when a child reaches 90% of his adult height. So help your child by serving Wonder Enriched Bread. Each slice supplies vitamins, minerals, carbohydrates and protein. Delicious Wonder Bread!



Helps build strong bodies 12 ways!®

The rich flavor of this pork roast is te pered by a slightly sweet and spicy fr juice marinade that can also be thicke to use as a sauce.

CHARCOAL-ROASTED SHOULDER OF PORK

- About 5-pound pork shoulder, boned and tied
- 2 cups cranberry-apple juice
- ¼ teaspoon cinnamon
- ½ teaspoon chile powder
- 1 teaspoon instant minced onion
- ⅛ teaspoon pepper
- 2 teaspoons cornstarch (optional)

Place roast in a deep, close-fitting bo Combine the cranberry-apple juice, c namon, chile powder, minced onion, a pepper; pour over meat. Cover and refr erate 2 to 4 hours. Lift meat from m nade and insert a meat thermometer i the center. (Set aside 1 cup of the m nade for the sauce, if desired.)

Prepare the fire as directed above, us about 3 dozen briquets.

When fire has burned down to glow coals, place meat on grill about 6 inc above fire. Close barbecue, adjust te perature control dampers, and cook 3 to 3½ hours, or until the meat th mometer registers 175°. Open barbe about every 30 minutes and baste w marinade; add 6 to 8 briquets to co every hour to keep fire constant.

To make the sauce, blend the cornsta into the reserved 1 cup marinade. Co stirring, over medium heat until clear a thickened. Pass sauce to spoon over cooked sliced meat. Serves 8.

You first simmer the beef tongue u almost tender (this can be done a ahead) and then finish cooking it i covered barbecue for smoky flavor.

BARBECUE GLAZED BEEF TONGUE

- 3 to 4-pound fresh beef tongue
- 1 large onion, chopped
- Water
- 1 cup buttermilk
- 1 tablespoon Dijon-style mustard
- 1 tablespoon honey
- ⅛ teaspoon pepper

Place the tongue and onion in a Du oven; cover with water. Cover pan, a simmer for about 2½ hours, or until most tender. Let cool in the broth. Co and refrigerate overnight, if you wish

In a small pan, combine buttermilk, m tard, honey, and pepper. Heat just u honey is dissolved. When meat is c remove skin and fat. (If refrigerated, stand at room temperature for sev hours.) Prepare the fire as directed abo using about 3 dozen briquets.

When fire has burned down to glow coals, place meat on grill about 6 inc above fire. Cover the barbecue and adj the temperature control dampers to k the fire low. Cook for about 1 hour, b ing frequently with the buttermilk, u meat is glazed and tender. Makes 8 to servings.

Look for new Tea Kettle Freeze Dried Coffee in this funny looking jar!

The point we're trying to make is simple.

Tea Kettle is the only freeze dried coffee that comes in a can.

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It's the one in the tin jar.

sides in their own fat. Discard drippings. Add 1 of the chopped onions, 1 of the garlic cloves, 1 cup of the Marsala, ½ teaspoon salt, ¼ teaspoon pepper, Worcestershire, and water, and simmer 1½ hours. While oxtails are cooking, cut round steak

Chefs of the West

The Art of Cooking
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OUTSELLS ALL OTHERS COMBINED

"A bunch of spinach in Portland equals about a half bunch in California"

into 2-inch strips, and then across into 2-inch squares, trimming off fat as you go. Pound pieces with tenderizer mallet (or have the meat cutter do it). Sprinkle with salt, pepper, monosodium glutamate, Italian seasoning, and coat lightly with flour on both sides, shaking off excess. Add steaks to about ⅛ inch of hot salad oil in a wide frying pan, and sauté over high heat until browned on both sides; drain and place in a large roasting pan. Add more oil to the frying pan, if needed, and brown the remaining 2 chopped onions, stirring often; turn into roasting pan.

Pour the oxtails and juices into roasting pan also. Add tomatoes and the remaining 1 cup Marsala. Add oregano and remaining 1 clove garlic. Cover roasting pan with foil and cook in a 325° oven for 1½ to 2 hours, or until meat is tender. Skim fat; place roasting pan over direct heat and stir in the cornstarch mixture, and cook, stirring, until thickened.

Sauté whole mushrooms in butter; use to garnish noodles. Pass stew to spoon over individual portions of noodles. Makes 10 to 12 servings.

Jules Greenberg

Bakersfield, Calif.

John A. Carroll tells us: "Here is a salad that is unique." If the salad is to gain wide acceptance, Mr. Carroll has presented it to the right body, since the *Chefs* thrive on the original.

He goes on to say: "You can vary the quantities of spinach and bean sprouts almost as much as you like, and a good thing too, because I have found that a bunch of spinach in Portland, Oregon, is about half the quantity of a bunch in the Santa Clara Valley of California."

That last is a good point, and applies to all vegetables sold by the bunch. You may find wide variations in quantity from market to market, so when you give your recipes to the world, it's best to specify amounts by weight.

SARATOGA SALAD

- 2 bunches spinach (about 1½ lbs.)
- ½ pound bean sprouts
- ⅔ cup mayonnaise
- ½ teaspoon curry powder
- ⅛ teaspoon ground cumin
- 1 teaspoon lemon juice
- ¼ teaspoon salt

Snip tender fresh spinach leaves into a quantity of cool water. Rinse well in several changes of water, agitating liberally. Drain well. Rinse bean sprouts. Combine spinach and bean sprouts in a salad bowl. Blend mayonnaise, curry powder, cumin, lemon juice, and salt and mix well with vegetables. Makes 6 to 8 servings.

John A. Carroll

Saratoga, Calif.

Chef Larry Tartaglino likes a flavorful sauce, as who does not? In February he presented himself before this group, and prepared a delicious rabbit in sauce. This time he is working with beef in what he calls Stuttering Stew.

Chef Tartaglino adds one ingredient in a special and perhaps profitable way. Notice what he does with the remaining ⅔

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"This could enhance the meal"

cup wine in paragraph two of the recipe directions. You may want to add to this

STUTTERING STEW

- 3 tablespoons butter
- 2 tablespoons flour
- 1 clove garlic, crushed
- 1 cup Burgundy
- 1 can (10½ oz.) condensed beef broth or consommé
- ½ cup sliced mushrooms
- 1 pound beef stew meat, cut in 1-inch cubes
- 2 tablespoons olive oil
- ⅛ teaspoon salt
- ¼ teaspoon cracked black pepper
- ½ cup chopped green pepper
- ½ cup chopped onion
- ⅔ cup chopped celery
- ¾ cup water
- 1½ cups sliced carrots
- ½ teaspoon fresh rosemary, crushed
- 1 bay leaf
- ¼ teaspoon, whole thyme, crushed
- ⅛ teaspoon garlic salt

Melt 2 tablespoons of the butter in sauce pan. Mix in flour. Add garlic and ⅓ cup of the Burgundy and the beef broth. Simmer for 3 minutes, stirring, or until cooked and thickened.

Pour remaining ⅔ cup Burgundy into wine goblet. Sip while preparing the stew. This could lead to further inspiration and enhance the meal considerably.

Sauté mushrooms in remaining 1 tablespoon butter. Add to sauce; set aside.

Brown stew meat in the olive oil in a large frying pan and add salt and cracked pepper. When meat is thoroughly browned add green pepper, onion, and celery; sauté until vegetables are limp. Then add sauce and water to meat and vegetable mixture.

Add carrots, rosemary, bay leaf, thyme and garlic salt. Cover and simmer about 1½ hours or until meat is tender.

Makes about 3 servings.

Los Altos, Calif.

Tender beef. Sour cream sauce. Mushrooms. Onions. Golden egg noodles.

That's what Lipton Beef Stroganoff is all about.

All the good things in Beef Stroganoff are all right here. From this box to your table in just 15 minutes. One step—one pot—and you've got perfect Beef Stroganoff for two. Lipton makes it easy to make the world's great dinners just for two. Choose from Beef Stroganoff, new Chicken Stroganoff, Ham Cheddarton and new Chicken Supreme with Sherry. Each complete with meat.

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People have been
sending us some real nice letters.
They're full of memories about "stoking
the fire in the old wood stove," and "chasing a
chicken every Saturday for mother to cook up for
Sunday dinner." And they say the fryers we raise these
days taste just like theirs did back on the farm. But to be
perfectly truthful, what we raise nowadays is a sort of new, improved
old-fashioned chicken. We've learned, over the years, how to give
you a much more flavorful, more robust bird. Extra meaty.
So you get more chicken on your chicken. And, we make sure you get
the same consistant quality with every Foster Farms fryer. The one you
pick up tomorrow will taste just as tender and succulent
as the one you had last
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made a lot of
changes. But then, we
figure you need
a better bird to taste
as good as a happy memory.

The chicken you get
from Foster Farms
isn't really as old-fashioned
as it tastes.

Foster Farms Livingston, California

FOSTER FARMS

Creamy vegetable bisques . . . chilled

gs of chilled vegetable bisque make an l walk-around first course for guests ip while they kibitz with the barbecue f. The two soups suggested here are ckly prepared by simmering the vegeles in canned chicken broth. Both are heir best if allowed to mellow at least ours in the refrigerator so the flavors e time to blend.

h soup has its own subtle seasoning—int of mint accents the green pea que, and nutmeg enhances the smooth chini bisque.

TED GREEN PEA BISQUE

- 1 tablespoon finely chopped onion
- 1/4 cup shredded carrot
- 1 package (10 oz.) frozen peas
- 1 sprig fresh mint (about 3 inches long), crushed
- 1 teaspoon sugar
- Dash nutmeg
- 2 cups regular strength chicken broth
- 1 cup milk or light cream
- Salt and pepper
- Chopped fresh mint (optional)

a saucepan combine onion, carrot, s, mint sprig, sugar, nutmeg, and cken broth; simmer until vegetables very tender, about 25 minutes. Pour mall amount at a time into a blender tainer and whirl until smooth (or put ough a food mill). Stir in the milk and son to taste with salt and pepper. ll 6 hours or overnight. Stir well be- serving in chilled mugs. Garnish with pped mint, if you wish. Serves 4.—*L. N., San Francisco.*

ILLED ZUCCHINI BISQUE

- 5 medium-sized zucchini (about 1 1/4 lbs.)
- 1/4 cup butter or margarine
- 1 medium-sized onion, chopped
- 2 cans (about 14 oz. *each*) regular strength chicken broth
- 1/2 cup light cream (half-and-half)
- 1/8 teaspoon *each* salt and pepper
- 1/4 teaspoon nutmeg
- 3 or 4 raw mushrooms, sliced (optional)

sh zucchini, trim off the ends, and into thin slices. Heat the butter in a tch oven; add the zucchini and onion, l sauté until limp but not brown, about inutes. Add the chicken broth, cover, l simmer for about 15 minutes or until etables are tender. Pour, a small ount at a time, into a blender con- ner and whirl until smooth (or put ture through a food mill). Add cream, t, pepper, and nutmeg. Cover and chill roughly. Pour soup into chilled mugs l top each with a mushroom slice or if you wish. Makes 6 to 8 servings.—*B., La Honda, Calif.*

For supper tonight John suggests San Joaquin Valley tomatoes, homemade Italian sausage, whole-milk cheese and crisp spring wheat crust.

John's Original Frozen Pizza is made of good stuff. That's good for kids. So it's the greatest way in the world to get them to eat a tasty warm meal. Or snack. Just add a glass of milk.

3 kinds: Cheese, Sausage, Pepperoni.

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As the omelette said to the onion soup

it ain't just a spaghetti cheese anymore.

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DARROW M.

Plum juices *and brown sugar sauce* *into moist, yellow cake base; serve w*

Serve it warm and upside down

This plum-studded upside-down cak best served while still warm from bak fruit glistening with brown sugar gl

PURPLE PRUNE PLUM UPSIDE-DOWN CAKE

- 6 tablespoons butter or margarine
- ¾ cup firmly packed brown sugar
- 2 tablespoons all-purpose flour
- 1 tablespoon lemon juice
- 4 to 5 cups pitted purple prune plum halves (the blue-skinned varieties such as Standard or President)
- 1 package (about 1 lb.) yellow cake mix
- 1 teaspoon grated lemon peel
- 1½ teaspoons grated orange peel
- 1 package (3¾ oz.) instant vanilla pudding mix
- ½ cup salad oil
- 1 cup water
- 4 eggs
- Sweetened whipped cream or vanilla ice cream

Cream the butter, brown sugar, and fl to a smooth paste. Stir in the lemon ju and spread mixture in the bottom o 9 by 13-inch baking pan. Arrange plu cut side down, close together in the p

Combine cake mix, lemon peel, ora peel, pudding mix, oil, water, and e stirring to moisten evenly; then beat w an electric mixer at medium speed about 3 minutes. Pour cake batter o fruit. Bake in a 350° oven for 1 hour a 10 to 20 minutes or until center of c springs back when lightly touched.

Let cool in pan 15 minutes, then sli knife around pan to free edges. Co pan with flat serving plate and quic invert; remove pan, adjusting the posit of any of the fruit if necessary. Serve with whipped cream or scoops of cream. Makes 9 to 12 servings.

ucy Apple Swirl

up sugar
easpoons cinnamon
ackage (17 oz.)
illsbury Yellow
Cake Mix
1 2/3 cups (1 lb. ½ oz. jar) applesauce
3 eggs

nd sugar and cinnamon. Grease 10-inch Bundt ube pan and dust with about 1 tablespoon of ar-cinnamon mixture. Blend cake mix, apple-ce and eggs until moistened. Beat as directed ackage. Reserve 1½ cups batter. Pour remain-batter into pan. Sprinkle with remaining sugar-amon mixture; then top with reserved batter. e at 350° for 35-45 minutes, or until done. Cool e in pan, top side up, for 15 minutes. Then in-on serving plate. (High altitude: Add 1 table-on flour and bake at 375° for 5 minutes less.)

Lemon Whippersnaps

1 package (17¼ oz.) Pillsbury Lemon Cake Mix
2 cups (4½-oz. carton) frozen whipped topping, thawed
1 egg
½ cup sifted powdered sugar

Grease cookie sheets. Combine cake mix, whipped topping and eggs in large bowl. Stir until well mixed. Drop by teaspoon into powdered sugar; roll to coat. Place 1½ inches apart on cookie sheet. Bake at 350° for 10 to 15 minutes until light golden brown. Remove from cookie sheet. Cool. Makes about 4 dozen cookies. (High altitude: No adjustment necessary.) Children and adults alike love the tangy flavor of these cookies.

Double Dutch Intrigue Cake

1 package Pillsbury Fudge Frosting Mix
½ cup lukewarm water
¼ cup butter or margarine
1 package (17½ oz.) Pillsbury Double Dutch Cake Mix
3 eggs
1⅓ cups water

Grease and flour 10-inch Bundt or tube pan. Blend frosting mix, ½ cup water and butter in small bowl. Beat as directed on package. Measure 1 cup for cake; set remainder aside for glaze. Blend cake mix, 1 cup frosting, 3 eggs and 1⅓ cups water in large bowl. Beat as directed on package. Bake at 350° for 50-60 minutes or until done. Cool 15 minutes before removing from pan. Glaze cake. (Add more water if frosting is too thick.) (High alt.: Add 2 Tbsp. flour. Increase water to 1½ cups. Bake at 375° for 45-55 minutes.)

To each her own.

Now you can make every cake you bake your own creation. With Pillsbury Create-A-Cake Mix. The first cake mix specially made to let you add just about anything you can think of—including your favorite Pillsbury Frosting Mixes! It's easy. It's fun. (And when you don't feel like stirring up a storm, just follow package directions.) For more recipes, write The Pillsbury Co., P.O. Box 60-916, Dept. 158, Minneapolis, Minn. 55460.

The Create-A-Cake Mix.

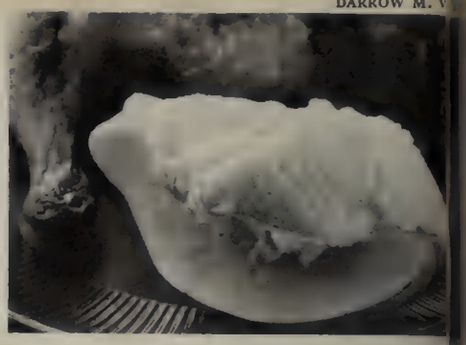
HULA HULA BEANS

B&M Baked Beans, dressed with Hawaiian flavor. A can't-go-wrong recipe you can make in minutes. The nip of pineapple, cinnamon and mustard blends beautifully with the rich, baked-in flavor of B&M Brick Oven Baked Beans. It's delicious—quick and thrifty too.

- 1 28-oz. can B&M Brick Oven Baked Beans
- 2 tbsp. molasses
- 2 tsp. prepared mustard
- ¼ cup packed brown sugar
- ⅛ tsp. cinnamon
- ⅛ tsp. ground cloves
- 1 8¼-oz. can pineapple slices, drained
- 1 tbsp. butter

Combine baked beans, molasses, mustard, brown sugar, cinnamon and cloves in a 1½-quart casserole. Top casserole with pineapple slices, dot with butter. Bake at 350 degrees F. for 30 mins. Makes 5-6 servings.

DARROW M. W



Frosty *ginger sherbet atop papaya we great flavors with hot barbecued chic*

Sherbet with mint, ginger

This creamy sherbet spiced with ginge fresh mint can be used in a surpris variety of ways to enliven meals. Its b of buttermilk contributes to the tart vor and keeps calories low.

Ginger sherbet is delicious with papa peaches, pears, oranges, and bananas; with meats, such as chicken, ham, or fr pork. Combine sherbet, fruit, and m as above or fill little paper cups w sherbet to serve with meats.

Mint sherbet complements most fru particularly pineapple, melons, peac and pears. Try it with lamb or ham t has been baked with a fruity glaze.

Serve either sherbet with fruit salads for dessert, unadorned or topped w fruit, a sauce, or a liqueur.

CANDIED GINGER SHERBET

In a saucepan combine ¾ cup sugar 1 envelope unflavored gelatin. Add 2 c buttermilk. Stir over medium heat ab 5 to 7 minutes, or until the gelatin sugar are dissolved; remove from h Separate 2 eggs, beat the yolks with cup orange juice until blended, and gr ually beat into the buttermilk mixt Pour into a 1-quart pan or freezer tr Freeze until almost solid.

Beat the egg white until soft peaks fo gradually beat in ¼ cup sugar. Turn partially frozen sherbet into a chil bowl and beat until fluffy, and then f in the beaten egg whites. Fold in ¼ finely chopped crystallized ginger. Ret to the pan, wrap, and freeze until fi Makes 1 quart.

Fresh Mint Sherbet. Modify recipe ab as follows: Add 1 cup of washed, loos packed mint leaves with the butterm bruise leaves as you stir. After heati pour through a fine wire strainer int bowl. Instead of orange juice, beat cup lemon juice with the egg yolks. Af folding in egg whites, omit ginger a tint with a few drops green food colori

No other ham can wear this statement.

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Hormel Curemaster

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...and the taste of honey

We might be overly proud of this loaf of bread. But our best friends and critics seem to agree that it is unique among whole wheat breads.

This bread combines two different grinds of the wheat berry. In one case the stones grind coarsely, and the berry is just cracked in half. In the other, a fine grind produces a smooth, unbleached wheat flour. The blend of the two retains the nut-like flavor of the whole berry, but smooths out the roughness.

Northridge Honey Wheat Berry is a chewy, mildly swee whole wheat bread—an interesting flavor blend of nutlik cracked wheat, mellow-sweet honey, slightly tart raisin syru and just a touch of sourdough.

OROWEAT

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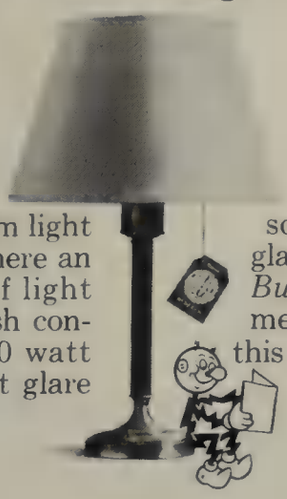
He'll read 18 feet of books by the time he finishes high school.

Here's how to keep his eyes from flunking out.



Check the adequacy of your child's study lamp. Does it provide uniform light over the entire working area? Is there an upward and outward diffusion of light through the shade to prevent harsh contrasts? Does the lamp have a 200 watt bulb? Does the shade shield direct glare from the bulb? Are the shadows soft, without direct or reflected glare? A *Better Light Better Sight Bureau* tag appears on lamps that meet these requirements. Look for this tag when you buy a lamp– you'll see the difference.

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Minihome, Maxivalue

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homey conveniences like an icebox, dinette, complete sink and water system plus loads of storage space, the Minihome still has room enough to comfortably sleep five. And you can build even more value into it by adding such exciting and reasonably priced options as air conditioning, nylon carpeting, television, stereo tape system, and many more. The 1970 Ford Minihome is available in two models. See them now at your Ford Dealer.

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Summer squash make cooling salad shells

These stuffed summer squash make delicious, cooling salads for summer meals.

Chopped fresh vegetables fill the crookneck squash to make a salad that goes well with most cold meats. You might pair it with cold roast ham, chicken, or beef, or try it with assorted luncheon meats such as salami and turkey roll.

Filled with Mexican avocado and tuna salad, the zucchini serves admirably as a luncheon or supper main dish.

You can cook the squash and assemble either salad up to 4 hours ahead.

YELLOW SQUASH SALAD

- 6 large crookneck squash (about 2½ lbs.)
- Boiling, salted water
- 1 cup chopped, peeled tomatoes, seeded and drained
- 1 cup chopped, peeled cucumber
- ½ cup finely sliced green onions, with some of the tops
- ½ cup chopped green pepper
- 1 clove garlic, minced or mashed
- ½ teaspoon salt
- ¾ teaspoon ground coriander or crumbled basil
- 1 tablespoon white wine vinegar or cider vinegar
- 2 tablespoons olive oil or salad oil
- Romaine leaves

Wash squash and trim off ends. Drop it into about 2 inches of boiling, salted water; cover, reduce heat, and simmer 10 to 12 minutes until just tender when pierced with a fork. Drain immediately. When cool enough to handle, cut each squash lengthwise partly through so that you can spoon out most of seeds, leaving a shell with walls about ½ inch thick.

In a large bowl, combine the tomatoes, cucumber, onions, green pepper, garlic, salt, coriander, vinegar, and oil. Using a slotted or runcible spoon, fill each squash with the mixture; reserve dressing in the bowl. Chill at least 1 hour.

Serve the squash on a plate lined with romaine leaves. Spoon reserved dressing over the squash. Makes 6 servings.

Vivid yellow crooknecks *hold cool vegetable mixture for a lunch or supper salad served with rolled slices of boiled ham.*

MEXICAN SALAD BOATS

- 3 large zucchini (each 6 to 7 inches)
- Boiling, salted water
- 1 large avocado
- About 2 tablespoons lemon juice
- 1 tablespoon finely chopped onion
- ¼ cup finely chopped red bell pepper or green pepper
- 1 tablespoon olive oil or salad oil
- ¼ teaspoon liquid hot pepper seasoning
- Salt to taste
- 1 small can (3½ oz.) solid pack tuna, drained
- Lettuce leaves

Wash zucchini and trim off ends. Drop it into about 2 inches of boiling, salted water, reduce heat, and simmer 10 to 12 minutes until just tender when pierced with a fork. Drain immediately. When cool enough to handle, halve each squash lengthwise and cut out enough pulp to leave a shell with ½-inch walls. Chop the pulp and set aside.

Peel and seed the avocado. Cut 3 crosswise slices, brush lightly with lemon juice, and reserve for garnish. Dice the remaining avocado. In a bowl, combine the diced avocado, chopped zucchini, onion, red bell pepper, oil, 1 tablespoon lemon juice, hot pepper seasoning, and salt. Use a fork to break the tuna apart into small chunks and mix lightly. Heap the salad mixture into zucchini shells. Halve the reserved avocado slices and use to garnish salads. Chill at least 1 hour.

Just before serving, arrange the squash on a plate lined with lettuce leaves. Makes 3 servings.—*H. L. N., San Francisco.*

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om West Bend

The cookware that changes the face of stainless steel. Colorful, fired-on porcelain dds lasting beauty. Luxury-veight stainless steel assures ven, gentle cooking, arefree clean-up.

Town House. Easy-clean stainless steel with even-heating heart of carbon steel. Dishwasher-safe. In Avocado and Harvest. Available in sets, or individual pieces: 1, 2, 3 qt. Chef Pans; 3 qt. Buffet Casserole; 5 qt. Roaster/Ovenette; 8" Brunch Skillet, 10" Entrée Skillet, 12" Party Skillet. 7 pc. set under $50.

The West Bend Company, West Bend, Wisconsin 53095.

WEST BEND

... where craftsmen still care

THE

Western Kitchen

NEWS AND IDEAS

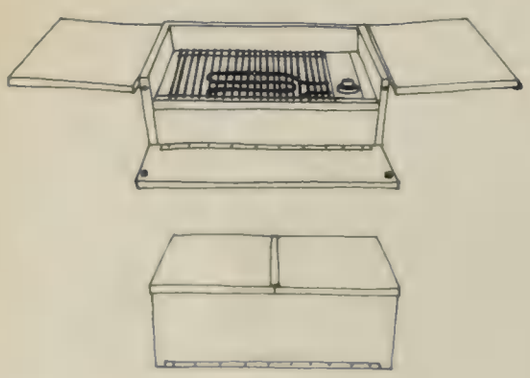
WENKAM-SALBOS

Children's center in the kitchen

Children can play or nap in this kitchen. They are within sight of the coo adjacent to the planning desk, and have plenty of activity room of the own away from the busy work center. Architects were Johnson and Perkin for Dr. and Mrs. William H. Wilkinson of Mililani Town, Oahu, Hawaii.

An electric barbecue?

Though it's electric, this outdoor broiler produces a barbecue-like flavor because its heating element is positioned over a bed of permanent, washable simulated coals. These ceramic coals reflect heat upward and hold sufficient heat to burn off



fat drippings, thus creating the characteristic smoke and flavor. The reflector pan at bottom catches drips and lifts out for easy cleaning.

The broiler measures 17 by 22 by 8 inches high; grill size is 12 by 16 inches. The unit is designed to be mounted on an outside wall. When open, the top makes serving counters; closed, it protects the broiler from weather damage. Only power requirement is a 115-volt, 15-amp outlet. The broiler costs about $140.

DON NORMARK

Pull-out trash bin

A large pull-out bin with a small drop-down top eliminated indoor tras disposal problems for the Mark Burkes of Tucson. Trash can be deposite when the small door is open; when full, the bin slides out and the contain is easily removed.

Pantry in miniature

Miniature pantries, like the special closet shown at left, are a great boo to the cook who likes to keep plenty of supplies on hand.

The wall pantry shown is designed to make maximum use of minimu space. Shallow shelves attached to both doors hold spices and herb with each container visible. Bulkier supplies go on the sturdy, adjustabl main shelves.

The storage is used primarily for baking supplies; it is close to the mixin counter you see at front, so all ingredients are handy. Architect wa Moritz Kundig, for the Roy Peringers of Spokane.

Every good cook has a hang up. Schilling Gourmet Spices.

A seasoned cook hangs her reputation on Schilling Gourmet Herbs and Spices. What's more, she flaunts it with row on row of show-off decanter bottles. Explore the romance of rosemary with lamb, basil with tomato, curry with chicken. Marvel at the mystery of saffron with rice or cardamom in a cake. Get the idea? Add something exotic to your Schilling collection every week when you shop.

CRAB ROYALE

2 cups sliced fresh mushrooms
1 tablespoon Schilling Freeze-Dried Shallots
1½ teaspoons Schilling Season-All
½ teaspoon Schilling Paprika
½ cup Almadén Johannisberg Riesling
1 10½-ounce can white sauce
2 cups crab, fresh or canned
6-8 fresh cooked artichoke hearts or 4½-ounce can, drained
¼ cup grated Swiss Cheese
6-8 pimiento-stuffed green olives, sliced
1 tablespoon Schilling Parsley Flakes
2 teaspoons lemon juice

Simmer mushrooms, shallots, Season-All and paprika in wine 5 min. Add white sauce, stir until smooth. Add remaining ingredients. Heat to simmering. Serve over noodles. 4-6 servings. Final flourish: bring on the chilled glasses and pour the Almadén Johannisberg Riesling.

Hang the expense. Here's my $5.50.

Please send beautiful, traditional satin-finish wood spice rack. 3 shelves (spices not included). 16" long x 2½" deep x 18½" high. Enclosed find $5.50 (check or money order). Offer void where prohibited by law.

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Want a copy? Write to Angostura, Box 123, Elmhurst, N.Y. We'll send along our free cookbook, too.

Making your own onion buns

sted onion flecks and rich wheaty flavor inguish these crusty sandwich buns. ved warm from the oven or split, but- d, and toasted, they complement such ory enclosures as broiled hamburgers thinly sliced roasted or barbecued f, ham, chicken, or turkey.

yeast dough goes together quickly g this simplified technique: Instead of dissolving the yeast in water, you d it with some of the dry ingredients, hot water from the tap, then beat it h an electric mixer. Only very brief ading of the dough is required.

OLE WHEAT ONION BUNS

- 3 tablespoons butter or margarine
- ¾ cup finely chopped onion
- About 3 cups regular all-purpose flour (unsifted)
- 3 cups whole wheat flour (unsifted)
- 3 tablespoons sugar
- 1½ teaspoons salt
- 2 packages active dry yeast
- 2 cups hot tap water

a small frying pan, heat butter; add ons and slowly sauté until golden, 5 minutes. Set aside.

a large electric mixer bowl, blend to- er 1 cup of the regular flour, 1 cup of the whole wheat flour, sugar, salt, and yeast. Reserve about 2 tablespoons of the onion-butter; mix remaining onion-butter into yeast mixture. Pour in the hot water; beat at low speed for 2 minutes.

Then add 1 more cup whole wheat flour and beat at high speed for 2 minutes. Stir in the remaining 1 cup whole wheat flour and enough of the regular flour (about 1 cup) to make a soft dough. Sprinkle about ⅓ cup of the regular flour on a board; turn dough out onto it and knead until smooth and elastic, about 5 minutes, adding more of the flour as needed. Place in a greased bowl; turn dough over to grease top. Cover and let rise in a warm place until double in bulk, about 1 hour.

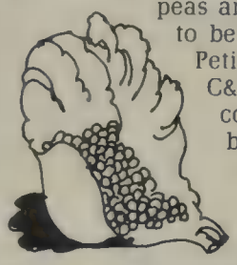
Punch down and divide dough into 20 equal pieces; roll each into a ball and place about 4 inches apart on greased baking sheets. With greased fingers flatten each into about a 4-inch circle. Spread about ¼ teaspoon of the reserved onions on the top of each circle. Cover and let rise until doubled, about 50 minutes. Bake in a 375° oven for 20 to 25 minutes or until brown. Makes 20 rolls.—*G. C., San Francisco.*

DARROW M. WATT

Hamburger patty *and condiments nestle in split homemade bun*

Peas so tiny you can cook 'em in lettuce leaves!

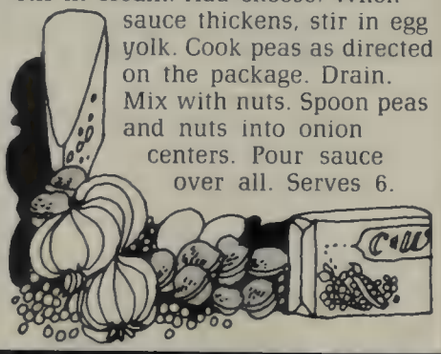
Remember the peas in the ends of the pods? The ones you ate raw when you used to shell peas. Well, those are Petite Peas. Peas so tender you shouldn't cook them in water. Really! They're best when they're cooked with low heat in a pot lined with lettuce leaves! Only the tiniest, sweetest peas are good enough to be C&W Frozen Petite Peas. Famous C&W Petite Peas cost a bit more, but don't all the good things that come in small packages?



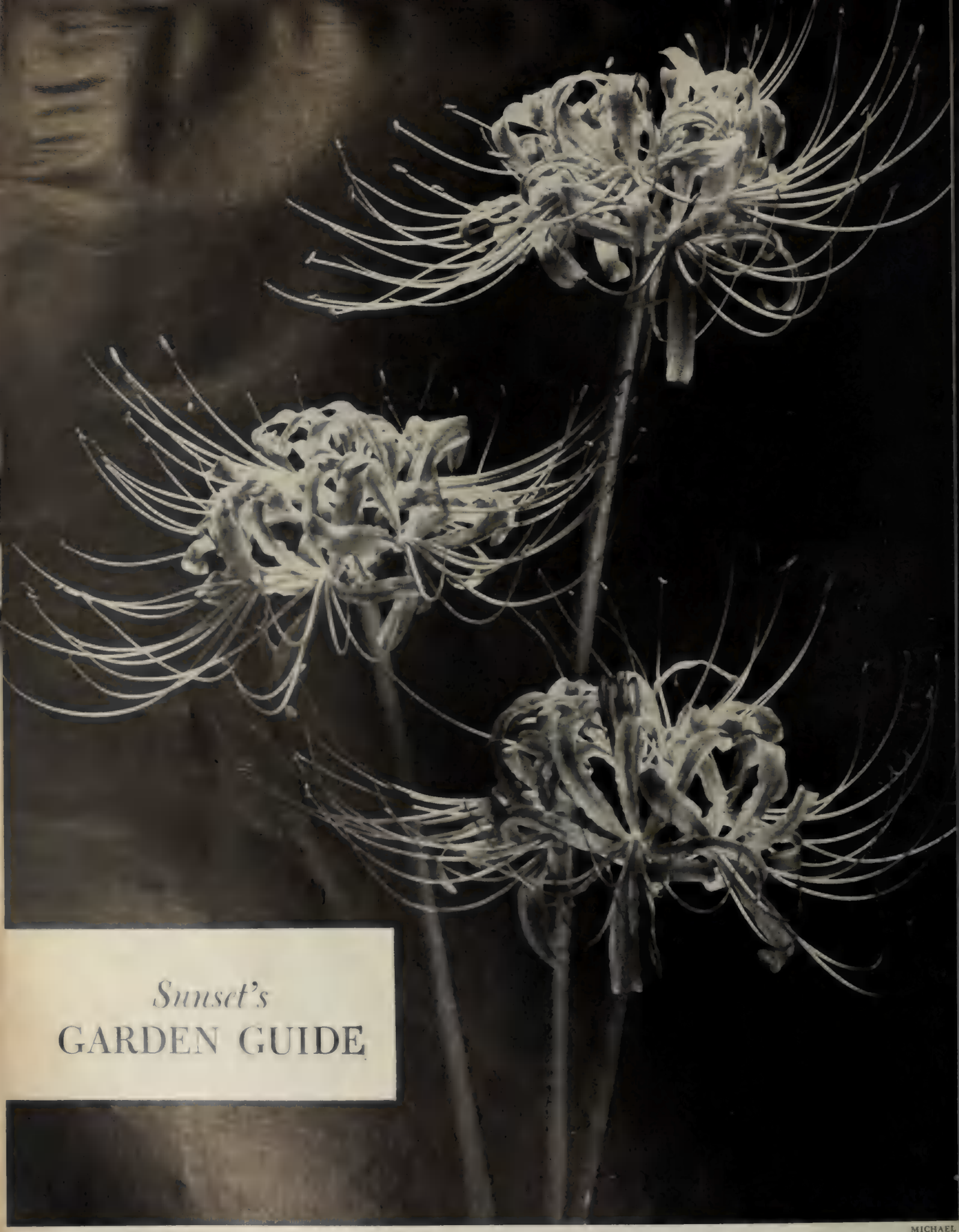
Peas 'N Cheese Onion Cups With C&W Petite Peas

6 large onions
4 tbsp butter
2 tbsp flour
1 cup heavy cream
¼ cup grated Monterey Jack or Swiss cheese
1 egg yolk
1 package C&W Petite Peas
¼ cup walnuts, chopped (optional)

Parboil onions 15-20 min. Drain, remove centers. Place in casserole with 2 tbsp butter, bake at 350°F. until golden brown, brushing occasionally with melted butter. Melt remaining butter in saucepan and add flour and blend well. Slowly stir in cream. Add cheese. When sauce thickens, stir in egg yolk. Cook peas as directed on the package. Drain. Mix with nuts. Spoon peas and nuts into onion centers. Pour sauce over all. Serves 6.



We've got quality down cold



Sunset's
GARDEN GUIDE

MICHAEL

Blooming now . . . spider lily

Spider lily's red or orange-pink petals are accompanie long, curving stamens. Bloom is in August, September. are available September or October. Plant in borders, roc dens, containers. Spider lily is long-lived and easy to

PTEMBER IN YOUR GARDEN:

It's too soon to plant . . . it's time to get ready

ember is a transition month in Cali-
a. It's hot enough to be summer, but
just around the corner.

average high temperature in San
cisco for September 1969 was 73° (in
ected areas); in Sacramento, 90.5°; in
Bluff, 93°; and in San Jose, 82°.
ss something extraordinary happens,
can expect similar temperatures again
year. Water diligently and protect
y set plants from the hot sun.

, fall is on the way. Toward the end
e month the nights get cooler. Octo-
the best fall-planting month, is only
s away; you may want to plant trees,
bs, winter and spring-blooming an-
s, perennials, and lawns then. Right
you can do much to get ready for
planting time.

nter and spring color

ou've decided to clear space in your
en for winter and spring-blooming
als, you'll probably want to get them
ometime between the middle of this
th and the middle of next.

ndulas, Iceland poppies, pansies, ra-
culus, snapdragons, stock, and violas
all available in nurseries now. With
tle care some may start blooming in
ember and continue into next spring.

best to get the young plants in before
ber 15 or the weather probably won't
warm enough for long enough to help
n grow and set buds that might bloom
inter.

se plants do best in full sun. Plant
n area that drains quickly. Too much
er during hot months and too much
during the cold months can cause
rot and leach nutrients from your
If you get lots of rain, you may have
rtilize once a month.

de the young plants on hot days dur-
September. Bait for snails and slugs.

llecting wildflowers dry and arrange

tember is the best month to collect
flowers for drying and later use in
ngements. (Be sure you have the per-
sion of the landowner or—in the case
ublic land—the official in charge.)

These common weeds found along roadsides and in fields make good dried flowers: dock (see picture below), ferns, jimson weed pods, reedgrasses, sage, teasel, thistle, unicorn plant, wheat, wild grasses, and wild turnip tops.

One good way to collect is to stop hunting for specific plants and just look for interesting structure and texture. Many trees and shrubs have pods, cones, or leaves that make good dried flowers. The fruit and seeds of many plants have already been dried by the sun. You can just clip them and wrap in newspaper until you get home.

To prevent crushing, store these plants in labeled boxes. To dry plants that are still limp, hang them upside down with stems bound (this lessens shrinkage) in a well ventilated, dark, dry place until they've dried completely.

Don't ignore your own garden in your search for suitable subjects. Jerusalem sage, lamb's ears, dry rose hips, strawflowers, scabiosa heads, and candytuft seed stalks make good choices.

It's not too late to put in vegetables

If you live in the lower elevations of Northern California you can still sow seeds of beets, cabbages, carrots, lettuce, parsley, radishes and turnips this month. You can get plants of cabbage and lettuce to set out. If you get plants or seeds in early and keep them moist, you can harvest in November.

All these plants grow best in a rock-free soil that will not pack or crack on the surface. Root plants, in particular, need this type of soil. They all need good drainage, and a fertilizing at planting time, repeated about every six weeks.

Radishes mature in about 21 days, beets

ELLS MARUGG

DARROW M. WATT

If you cut *wildflowers, leave long stems to hang upside down in a cool, airy, dark place. Pictured: dock (above), ferns, thistle heads*

Sunset's GARDEN GUIDE

in 60, carrots in 70. As long as the weather keeps the ground warm enough, the seed will sprout quickly. Protect the seedlings from the hot sun when necessary and keep moist at all times.

You can try staggering the sowing of lettuce and radishes every two weeks or so. This allows almost continual harvest, in mild areas, from late September to December.

Making a compost

Your garden work this month and next will probably generate much good compost material: old annuals you pull up, dried tomato vines, grass clippings, all kinds of green stems.

One way of preparing vegetation for composting is to cut up large, thick stems in small pieces, and make sure the other materials are of varying size and texture. This promotes rapid decomposition.

You can add high-protein nitrogenous materials (such as manure) and inorganics (such as nitrates or potash) to increase the compost's fertilizing value. Without these additions compost improves the texture of the soil but is only a so-so fertilizer.

A good place to locate the compost pile is on level ground, near hose and water, and where the winds can't dry it out.

Once you get the pile started you needn't do much to it, except water if it looks dried out. You can turn the pile in one month to move the outside layers to the inside.

If you want to confine the pile to a limited area, be sure it is in a well aerated place. Either a box without a bottom, made of redwood slats, or a garbage can without bottom, with holes in the sides, will work.

Get more mileage from summer annuals

By September many summer annuals are tall, dense, leggy, and top-heavy with bloom. But they'll bloom for another couple of months if you give them special attention now.

Tie plants to sturdy stakes if their bushy growth needs extra support (take care not to place the stake too close to the plant's base, or you risk damaging the roots). Arrange plants in a natural position to make staking inconspicuous, and fasten loosely with ties that won't bind or cut branches.

Begin watering plants by flood irrigation instead of overhead sprinkling, which overweighs the abundant foliage with water and often bends it down into the mud. Sometimes wet, heavy branches will break off completely. Wet foliage also encourages the spread of diseases (mildew, rust, leaf spot) that are prevalent in late summer and fall. Try to keep spent flowers cut off.

If you keep the flowers cut and roots moist, many plants will continue to bloom through September, including: begonias, dahlias, geraniums, and roses.

How to buy and store bulbs

First supplies of autumn bulbs reach most nurseries this month. If you shop soon, you'll have the largest selection and the bulbs should be in top condition.

Choose carefully. Those of each kind should be uniform in shape and firm, with no broken or shredded parts on the surface. Buy bedding-sized bulbs unless you want show blooms. Buy and plant six or more of a kind. Single bulbs tend to get lost, and if arranged in rows the plants look awkward.

Store the bulbs in a cool, dry place where they won't be subjected to extremes in weather, especially heat. Leave them in labeled plastic bags, open at the top to allow air circulation. Use old nylon stockings or orange bags to store loose bulbs. Protect from mice and other rodents.

You may want to buy some bulbs now that shouldn't be planted until October, possibly November. You can keep them refrigerated until you're ready to plant.

Bulbs available now

Plant right away:

sternbergia
autumn crocus (Colchicum)
lycoris
nerine

Plant now or in October:

zephyranthes	*bulbous iris*
freesias	*crocus*
galanthus	*daffodil*
leucojum	*sparaxis*

Hold until November:

tulips
hyacinths

Covers to hide tall bulbs

Three good choices to plant over t growing bulbs (such as tulips and da dils) are baby snapdragon (*Linaria r roccana*), globe candytuft (*Iberis uml lata*), and common stock (*Matthiola cana*). These plants will make effect covers for withering stalks and lea after next spring's bulb bloom.

Set out plants of stock now. Sow se of the other two. They are available packets of mixed colors: rose, carmi lilac, purple, and white.

Baby snapdragon colors also include b and gold. Plant generously to g splashes of color; bloom will last fr June to September. Plants will re about 1½ feet in height.

Globe candytuft grows 12 to 15 inc high (dwarf forms, 6 inches) and bloo from spring into summer.

Column stock plants set out now grow 2½ feet tall, probably by midw ter. They may bloom then, too, if weather's right. Or they'll bloom fr spring to midsummer. Trysomic Se Weeks strain grows 12 to 15 inches t

If you don't get these in now, sow se of Virginian stock (*Malcolmia maritin* six or seven weeks before you want blooms to cover your bulbs. They gr 8 to 18 inches tall. You can sow seed n or stagger the sowings.

Keeping track of bulbs

Have you ever run a shovel throug tulip or daffodil bulb you forgot there? When this happens, replant pieces; they sometimes survive.

Or better yet, keep tabs on your bu with a simple chart. It takes only a f minutes to map your garden beds roug on a sheet of paper. Jot down the d you plant and the variety names of bulbs on the side of the paper, then m their approximate locations in the b (T for tulip, D for daffodil). Even sketchy plan helps refresh your mem the next time you dig in the garden.

Do slugs like beer?

You may have read recently about periments which seem to show that st beer will attract and kill snails and sl (the beer isn't poisonous; they apparen drown). Perhaps the main reason for t growing popularity of this idea (and reader mail shows there is a lot of int est) is that, unlike most of the produ sold for baiting, beer isn't poisonous people or pets.

We've tried this method several tim The results—a definite maybe. We pour the beer into a disposable aluminum pan and placed it where the pests cra and feed. The effect was less than sp tacular. We caught a few, but much few

Born to rule, the Leo woman possesses regal beauty. So does Margate,® the carpet she was born to own. Nothing timid about the hand-crafted look of its rich textures, three patterns, and 30 colors in 100% Bigelow Approved Wool Face. Tweed and Shepherds Plaid in color combinations as authoritative as Leo herself. The new Moorish Grille pattern boldly reflects the proud, sunny countries where it was born.

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Just say Magnolia. Nobody will confuse it with what used to be.

Magnolia. The seat of the In house.

DARROW M. WATT

New sweet pea series, Royal, is a third bigger than old Cuthbertson, has 3-inch blooms

than we expected.

However, several of our readers have reported success with this method, so we're keeping an open mind.

If you have tried beer baiting, let us know how it has worked. Write to Bureau of Nocturnal Brews, Garden Department, *Sunset Magazine*, Menlo Park, California 94025.

When to plant new sweet peas

Experts disagree about the best month to sow sweet pea seeds. Some say this month; others say October. But we've found you can plant the spring-flowering, heat-resistant types now *or* later and they will bloom about the same time—in late March or April.

A new series of this type of sweet pea, called Royal, will be available this month in seed packages of single or mixed colors. The flowers are larger (up to 3 inches across) and the stems are longer (on the average, 18 inches) and stronger than those of the old Cuthbertson Floribunda, the closest relative.

The Royals are just as heat resistant and will withstand lower temperatures. They have red, blue, white, pink, or lavender blooms.

Soaking the seeds in water for a brief time before planting seems to help them germinate. Sow 1 inch deep and 1 to 2 inches apart. When the seedlings have reached 4 to 5 inches high, thin to 6 inches apart. Bait for snails and slugs. If birds are a problem in your garden, protect by placing a wire mesh over the bed until plants are ready for thinning.

The grass scene changes

One curious result of cooler and moister nights towards the end of the month is the change in mixed-grass lawns. There's no need to worry over this change, even though it may create some unusual visual effects.

Long and cool nights encourage the bent grass that's been near-dormant in patches and probably browned with diseases all summer. It begins now to shake off the diseases and regain its healthy green.

The same conditions that make the bent begin to perk up, make the bluegrass susceptible to rust, which gradually turns it yellow. By Thanksgiving your once green bluegrass lawn may be mostly yellow.

Through the ten weeks of the academic football season your good grass could turn bad, and your bad grass could turn good.

SEPTEMBER CHECK LIST: *Here's what needs doing*

☐ **Annuals.** Annuals planted now to give fall color to your garden will need to be shaded with burlap or other cloth if the weather gets very hot. Support the cloth on temporary stakes. You can also use a kind of cardboard tepee constructed of two sheets of cardboard taped together and set over the plants. In either case make sure ventilation is adequate.

☐ **Azaleas, rhododendrons.** Probe with your fingers into the mulch around their base to see if water penetrates.

☐ **Begonias.** Pick off faded flowers to encourage more bloom. Be careful to leave the flower stalk on the plant; it will fall off later.

☐ **Camellias.** One group, the *C. sasanqua* varieties, bloom this month. Check mulches to assure drainage and water penetration.

☐ **Chrysanthemums.** You can set out large plants of the early varieties now and they will bloom soon. Be sure they have ample water and that tall varieties are tied to stakes.

☐ **Dahlias.** Cut the large flowers for indoor arrangements. Remove faded blooms to ease the weight on the stems. Keep the roots moist and the foliage dry.

☐ **Geraniums, pelargoniums.** Cut back leggy plants now. If you plan to use cuttings to root new plants, make them 2 to 3 inches long. Root in sand-filled pots outdoors. In about four weeks you can transplant to a 3-inch pot. Do not water until the surface around the plants dries out. Too much water rots roots.

☐ **Landscaping.** This month and next are the best for planting trees, shrubs, screens, hedges, and vines. Plants from gallon and 5-gallon cans will be well established in the spring. Exceptions are tender subtropical plants like bougainvillea and hibiscus. These may freeze in a cold winter.

☐ **Roses.** Prune now if you want a second period of peak bloom in October. Prune the dead wood and weak growth, remove suckers, and shorten strong branches. Remove faded blossoms and water regularly.

☐ **Water.** Don't slack off even if it rains; rainwater seldom goes deep enough to do anything more than settle the dust. Keep watering regularly throughout the month. A mulch will help retain the water where it's needed.

☐ **Weed.** If you pull up weeds now whenever you think about it, they will not go to seed, and you'll have fewer weeds next year.

[illegible]

Two minutes off Sunset . . . the look of cool woods

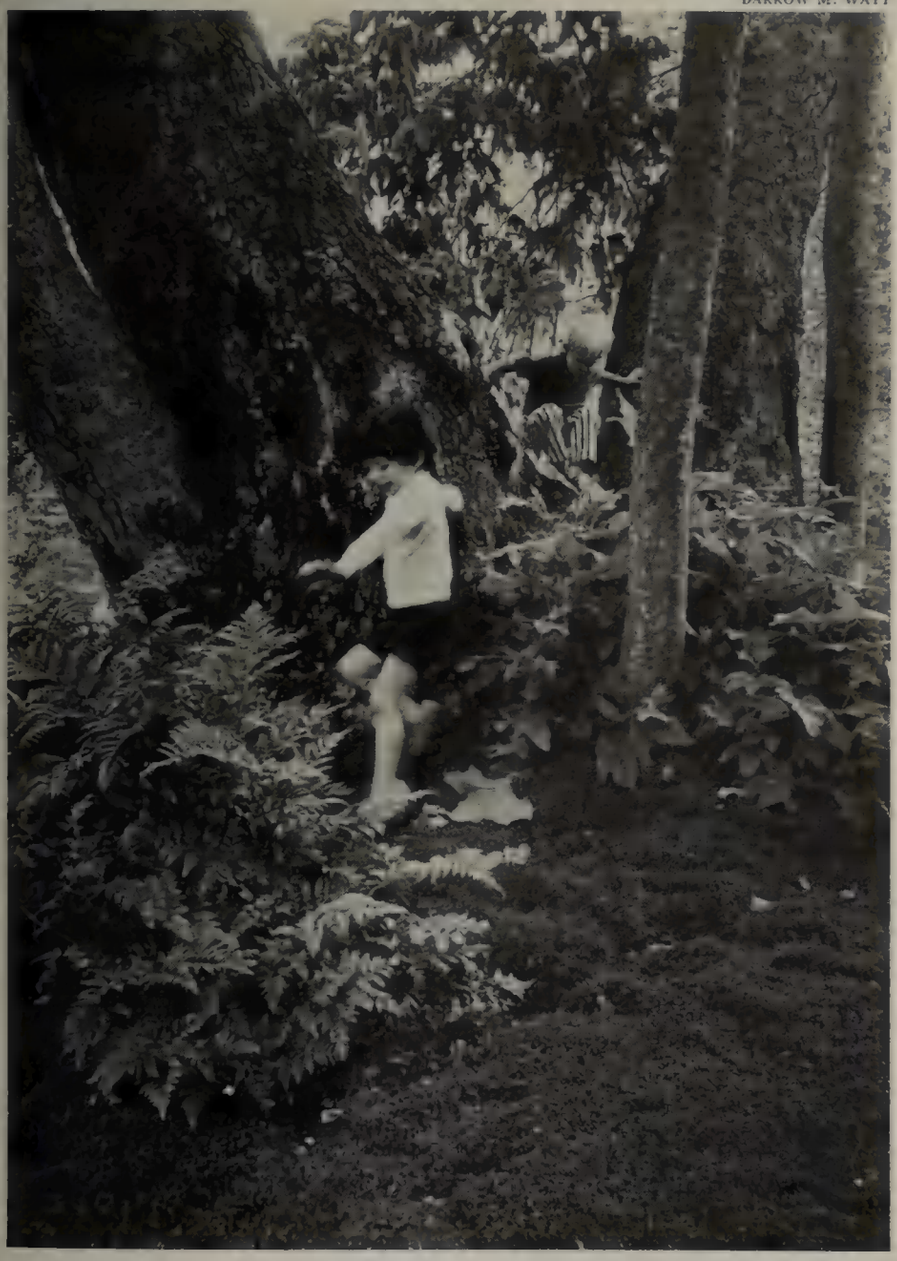
Just two minutes off Sunset [illegible] this garden has the green, cool, [illegible] of deep dark woods.

It's blessed by a moderate [illegible] (in Rustic Canyon, near [illegible]), deep canyon bottom [illegible] some fine old native [illegible] oak. But all plants shown here [illegible] nearly anywhere in Southern [illegible]

The garden's simplicity makes [illegible] to the eye and easy to take care [illegible] the different kinds of plants [illegible] the captions here: six. Then [illegible] plants not mentioned in the [illegible] [illegible]'s caption: xylosma by the [illegible] by the redwoods, and a handsome [illegible] [illegible] in a [illegible]

Box *extended from deck frames oak. In background, 3-year-old redwoods, already up to 25 feet tall, screen neighbor's house*

DARROW M. WATT



Big trunks *belong to old sycamores. Baby's tears planted under trees grew into plush ground cover despite deep shade. Leatherleaf fern at left*

Wood mailbox *sits on surfaced roots of sycamore. Wild strawberry grows in crevices between the roots*

the front door. That's all.

All the plants are grown for their year-around greenness. None has any flowers to speak of.

All share the same growing needs. They perform well in shade. And they coexist under one sprinkler system with two valves, usually turned on twice a week during hot weather.

Most of the garden's upkeep is raking sycamore and oak leaves. But in this wild sort of landscape, a few leaves on the deck or in the ferns look perfectly in place.

Owners are Mr. and Mrs. James A. Pregerson. Architects for the house and decks in front of the house were Kahn, Kappe, Lotery.

a touch of Swedish beauty

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Jewel among lawngrasses, originating in Svalof, Sweden, Fylking has an entire complement of desirable features. Unusual density due to an abundance of sideshoots creates a weed-free lawn. It colors early to deep green emerald. Blades stay unblemished, brilliant through fall, because it's more disease resistant. Winter hardy and drought resistant, Fylking grows thicker in summer. Doesn't produce ugly seedheads, mixes well with other varieties, gradually dominating. Fine, thick texture can be cut low as ½ inch. Proven in 12 years of international testing by noted authorities. Ask for 0217® Fylking Kentucky bluegrass (U. S. Plant Patent 2887) at your seed distributor. Write Jacklin Seed Co., Dishman, Wa. 99213, for information.

House plants enjoy summer outdoors but under cooling bamboo

The Visalia sun, which does a great job of ripening peaches and grapes, is also capable of barbecuing begonias, bromeliads, and other house plants. Mr. and Mrs. Phil Miller think that the plants grow better for spending a summer out-of-doors. To protect their plants the Millers built a simple, inexpensive, handsome shade structure out of bamboo poles and split bamboo fencing.

Bamboo poles are suspended from the house rafters by metal plumber's tape—the pierced metal bands used to support pipes beneath floors. The tape is passed around the bamboo and both ends are nailed to the rafter to form a sling. To keep the bamboo from sliding down out of the sling, Mr. Miller drove a nail through tape and bamboo, first drilling the bamboo to keep it from splitting. The other beam end rests on notches in a board fence 5 feet away.

Vertical bamboo posts support the poles and furnish support for end p and a lift-off door. Baling wire bind poles, posts, and bamboo fencing toge The structure, which measures 5 b feet, used less than two rolls of 6 b foot split bamboo fencing.

Plant shelves are made of 1 by 1 redwood slats; these were drilled and dowels passed through them to lightweight, fast draining, rotproof faces. Shelves are supported on brackets inserted in metal pila screwed to the house wall. Shelves supports are easily moved about to commodate plants of various sizes.

A 4-inch layer of shredded bark o ground smothers weeds, makes a com able footing for walking and plant w ing, and soaks up excess water irrigation. A plastic pipe brings wat the work area for convenience.

ELLS MARUGG

Nancy Miller *and daughter Amy water plants in the bamboo shelter. Note the adjustable plant shelves on metal brackets and pilasters*

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SAFETY INFORMATION: THE M.S. ORPHEUS, registered in Greece, meets the International Safety Standards for new ships developed in 1948 and meets the 1966 fire safety requirements.

WESTOURS

Firecracker flower *(Brodiaea ida-maia) has 1½-inch-long scarlet flowers tipped green or greenish yellow*

Harvest brodiaea *(B. elegans). Blue flowers are papery-textured, long lasting, 1½ inches long. Bloom in late spring*

Finding and growing native wildflowers and bulbs is not always easy, but it can be rewarding if you are the sort that doesn't shrink from a challenge. September is the time to get started.

In the last century the English sent collectors to search the Pacific coast for plants that would bring a new look to their gardens. These collectors succeeded so well that a number of choice Western wildlings are far easier to buy in England than they are here. Perhaps Westerners

ELLS

Baby blue eyes, tidytips, Matilija popp

Yellow mariposa lily *(Calochortus luteus) shows delicate brown pencilings on its inch-wide flowers. Stems are ½ to 1½ feet tall*

Matilija poppy *(Romneya coulteri) has flowers up to 9 inches wide on a plant that can reach over 8 feet tall. Leaves are gray-green*

Sandhill sage *(Artemisia pycnocephala). Silvery white or gray-green leaves are the feature. Grows to 2 feet*

ed that seeing them in fields and ides was enough, or perhaps natives required a reputation for being diffi- o grow.

that fields are fewer and roadsides rayed, scarified, and curried, we see wildflowers. And they are not all to grow by any means; in fact, some make gardening easier in casually tained rural or vacation property.

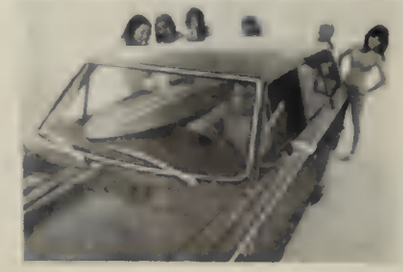
native annuals can be found on most racks—California poppy and baby blue eyes (*Nemophila menziesii*). Dozens of other annuals deserve wider use; clarkia, godetia, goldfields (*Baeria* or *Lasthenia*), and tidytips (*Layia*) are but a few. If you want to grow these or other native annuals or perennials from seed, your best sources are Clyde Robin, Box 2091, Castro Valley, Calif. 95456; and the Theodore Payne Foundation, 10459 Tuxford St., Sun Valley, Calif. 91352. The 80-page Robin catalog costs 50 cents. The Payne list is free.

Some native bulbs are easy to grow (brodiaeas, for instance); others can be quite difficult (some of the mariposa lilies). You won't find many in nurseries, but your nurseryman can buy them from American or Dutch sources. Among mail order sources are Laurie's Garden, 17225 McKenzie Highway, Route 2, Springfield, Ore. 97477; Oakhurst Gardens, Box 444, Arcadia, Calif. 91006 (50 cents for catalog); Siskiyou Rare Plant Nursery, 522 Franquette St., Medford, Oregon 97501.

ariposa lily . . . want to have a try?

You can fit a lot of important things in Toyota's $1876* Wagon.

(Especially when the surf's up)



Despite appearances, the $1876* Corolla wagon was not expressly designed with surfers in mind. Even though a seven foot surf board fits conveniently inside.

At Toyota, we're aware the wave of the day waits for no man, but that's not why we gave Corolla its zippy performance. Or its ability to deliver around 28 miles per gallon. It's certainly not why Corolla has a chassis that never needs a lube.

The nylon carpeting that spreads from wall-to-wall in the Corolla wasn't put there just to pamper sandy feet. And we didn't install a luxurious, all-vinyl interior just to protect Corolla's reclining bucket seats from damp bathing su

What, precisely, did we have in mind when we designed the Corolla wagon? Something more spectacular than sand and sea. Like, all the great things that tend to congregate around the Corolla wagon.

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Visit to some very old trees

n see part of historic California and aluable old trees at the California y in the Niles district of Fremont. s, firs, magnolias, maples, oaks, and many fruit trees grow at the y. The trees, an 1850 adobe built n Jose de Jesus Vallejo, and the l nursery office can be viewed on starting at 2 P.M. every Saturday nday through September.

Rock founded the nursery in 1865 Milpitas. In 1885 he moved it to The nursery was purchased by Roeding, Sr., in 1917, and was op- by his family until six months ago. of the trees at the nursery are more 0 years old; some are 90. The origi- arf blue gum tree (*Eucalyptus glob- ompacta*') grown in California still there.

park? The future of the historic ty is in doubt. A housing subdivi- lready occupies part of the original y land. At present a development olds an option to take over the 63 ing acres of nursery land for resi- l and commercial construction. But remont residents have formed the ittee to Save the Old Adobe and ry, and hope to raise the money ary to buy the property and give it city.

fficials, however, say that Fremont afford the cost of maintaining such e park. This month, the Fremont ing Commission will hear a proposal ke the nursery-park self-supporting gh establishment of a natural his- nuseum, a gardening class program, a small commercial development urant, shopping, and art gallery ex). The committee's aim is to re- and preserve as much of the nur- botanical-garden grounds and at- ere as possible.

per cooperation. Meanwhile the de- r still needs city council authoriza- f his plan, although the planning ission has approved it in principle. oposes to leave 6.8 acres around the , and to preserve as many trees as le. But he has agreed to sell his op- t fair market value to the committee an raise the money before his plan roved.

ursery is 1 mile west of Niles, just Niles Boulevard. Coming from the z Freeway, take the Niles-Alvarado ast about 4 miles; the nursery is on uth side of the road.

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At nurseries, variety and garden supply centers.
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Atlas

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Sandbox *and raised bed for azaleas are similar in construction, form single unit shaped like a triangle without a tip. Screen separates them*

Raised bed continues as a sandbo

The sandbox pictured here fits into the garden so neatly because in design and construction it's an extension of the raised planting bed next to it.

The owner, architect Neville Ostrick of Los Angeles, did the work himself, using an electric saw, hammer, nails, and many 2 by 4's.

The sides are 2 by 4's: four high for the raised bed, three for the sandbox. They are nailed to 2 by 4 stakes pounded in the ground every 3 feet. Other 2 by 4's, laid flat, cap the sides; and a 2 by 4 ledge—it's in use at right—runs along the wide end of the sandbox.

Two 4 by 4 posts set in concrete support the fence that separates raised bed from sandbox—and protects the plants from children, flying toys, and some sand. The horizontal members are two 2 by 4's, inset into the posts. The vertical members are 1 by 2's separated by 6-inch-long 2 by 2 spacers (the little blocks nailed to the upper horizontal member, seen best in the picture above): the spacers make it easy to separate the 1 by 2's equally and give the fence added detail.

Treating with preservative prolongs the life of wood set in soil, especially irrigated soil in a raised bed.

Back *of raised bed is one end of sandbox. Sandbox lower than raised bed so children can get in. Fence post inset into cap of raised bed*

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ooklet tells you more. It's called *ull Story of Full Insulation*—and it be the smartest 6¢ you ever in- d. Send to Owens-Corning for it then tell your dealer or builder ant Fiberglas 6&3.

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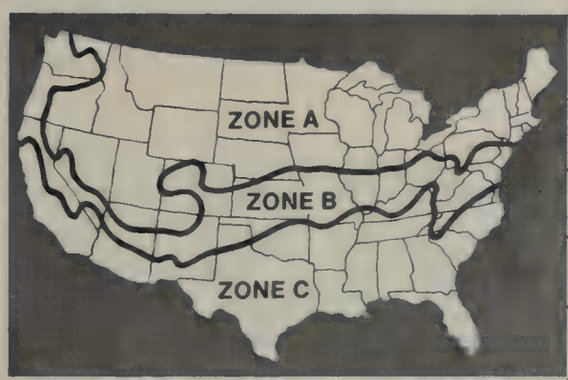
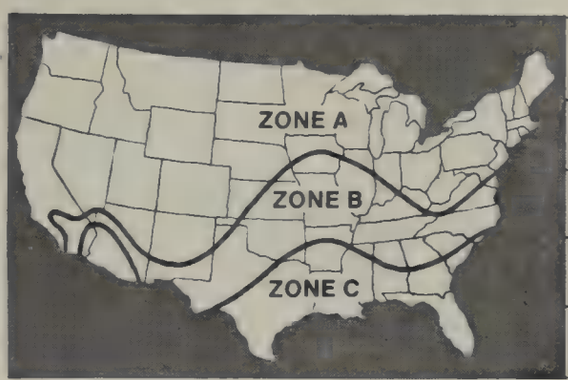
Calculate your possible savings—add heating and cooling savings for total in your area.



HEATING ZONES**			
Floor Area, Sq. Ft.	Zone A	Zone B	Zone C
1000	$1,650.	$1,150.	$475.
1500	$2,225.	$1,575.	$625.
2000	$2,700.	$1,925.	$775.



COOLING ZONES**			
Floor Area, Sq. Ft.	Zone A	Zone B	Zone C
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2000	$325.	$650.	$950.

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DON NORMARK

Plank steps *with ends staggered wind through sweet alyssum. Risers, treads are 2 by 6's*

Garden steps in redwood 2 by 6

In rugged *garden, these steps of rough planks show all their parts: 2 by 6 treads imbedded in slope at right, nailed to blocks and side piece at left*

Built of redwood planks but greatly in character, each of these steps matches its garden setting.

The steps above, at the entry garden of the Jerald Katlemans Diego, have their framework hidd look somewhat formal.

The treads (what you walk on) of three 2 by 6's. They slightly the risers (the vertical parts), al by 6's. Sections of two, three, treads are offset in a staggered Supporting each section at the si center are 4 by 4 stringers runnin the slope. The planks sit on tri leveling blocks cut from 2 by nailed to the stringers.

The other, simpler, less formal steps is in the Philip Ashworth in El Cajon. It makes use of rou wood and you see all the underpi

Two 2 by 6's make each tread. side they're supported by triangu cling blocks cut from a 3 by 12. to a 4 by 12 stringer. The 4 by bolted to paving at top, set in c at the base. Support at the oth comes from burying 12 inches o in the slope.

Landscape architect was Roy Seif

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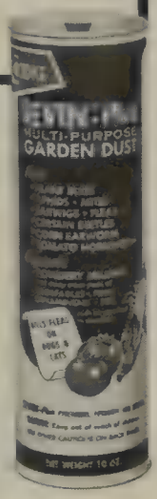

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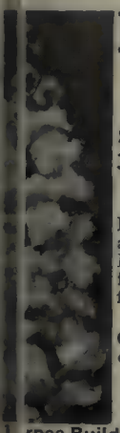

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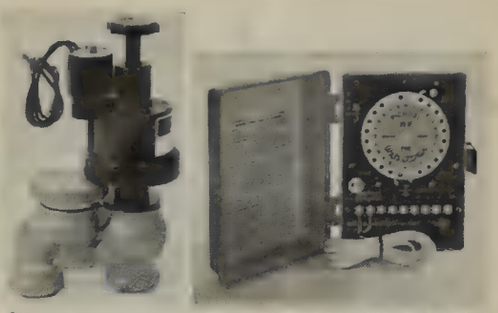

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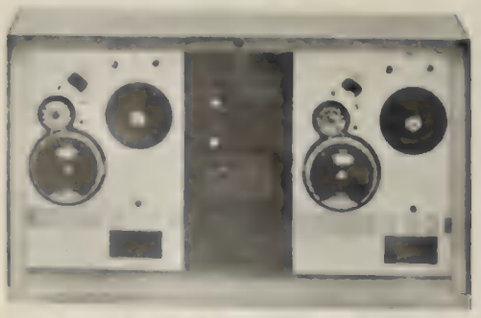

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DON NORMARK

Calendulas *and sweet peas planted in fall in sunny, south-facing raised bed in mild-winter garden were still in peak bloom in April*

Which annuals for early planting?

Whether it will pay you to plant annuals this month for winter and spring color depends mostly on where you live—and to some extent on whether you're a dedicated caretaker of small plants.

In cool coastal areas, early planting is definitely worthwhile. Plants need a long stretch of growing temperatures (above 50°) to develop vigorous growth and set buds before cold weather. But in hot interior valleys, setting out plants in the brutal heat of early September can be disastrous unless you give them constant care; better wait at least until the latter part of the month, or until October.

Here are eight popular annuals to consider for the first round of planting:

Calendulas. Easy to grow; generous bloom from November to June. Plant 10 inches apart in full sun or very light shade.

Iceland poppies. For detailed information, turn to the story on page 70.

Pansies. If set out early often bloom from November to July. Plant in full sun or part shade (in hot areas). Pinch several times during early growth to encourage branching. Remove faded flowers regularly to prolong bloom. Solid colored varieties substitute nicely for violas.

Primula malacoides. Best of the fall-planted annuals for winter and spring color in shade or part shade. Attractive with florists' cyclamen, Polyanthus primrose.

Snapdragons. Tall and medium-tall varieties attractive massed in borders; superb cut flowers. Use dwarf kinds in edgings. Plant in full sun. Set taller ones 12 inches apart, dwarfs 6 inches apart.

Sweet alyssum. Blooms in six to eight weeks from seed. Widely available in flats, small pots, and packs. Sow seed directly in open ground, or set out plants 6 inches apart in full sun or light shade. Lavender-pink, purple, and white varieties. 'Carpet of Snow,' 2 to 4 inches high, is a universal favorite. Use as bulb cover, edging, ground cover, in rock garden or containers.

Sweet peas. For winter or early spring bloom, plant early-flowering types as soon as possible in full sun. Sow seed (pre-treat with fungicide) 1 to 2 inches apart, then thin plants to 6 inches apart; or set out small nursery-started plants 6 inches apart.

Violas. Plants set out in mid-September often bloom by early November and continue until early summer. Splendid edging or bulb companion, handsome in containers alone or with other plants.

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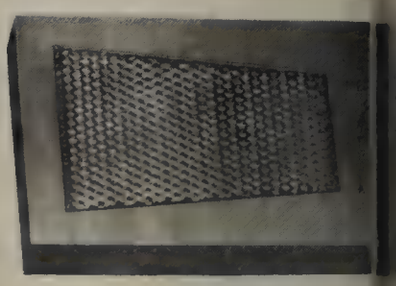
A genuine New Zealand sheepskin rug can be yours for only $18.00. These world famous, natural white sheepskin rugs are expertly tanned to permit washing (instructions enclosed). Size 3′ x 2′6″. U.S. $18.00 (includes insurance and postage by surface mail. Approximately 6 weeks). Personal checks accepted. The Sheepskin Rug Co., 33 Queen St., Auckland, New Zealand. Bank reference:—Credit Department, Southern Region H. Q., Crocker Citizens National Bank, Los Angeles.



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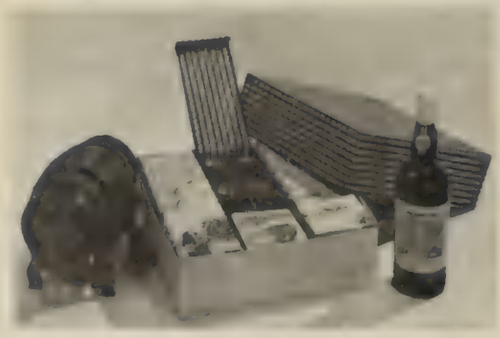

Emperor Port Gift Pack

The Caprice Restaurant's Retail Wine Cellar has a limited supply of these one gallon casks made from wine-seasoned oak staves at Graham's cooperage in Portugal. Gift pack includes two 72 oz. bottles of the world's finest old tawny port wine, and eight glasses. Engraved brass name plate available for barrel at no charge. $69.95 plus tax, ppd. Sat. guar. To order Gift Pack or to receive *Free catalogue* of gifts & wines write: The Caprice, 2000 Paradise Dr., Tiburon, Ca 94920 (415) 435-3400.

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Two unique collections. Ready to grow from seed. #1—Choice Herbs: Tarragon, Marjoram, Sage, Chervil, Basil, Savory, Family recipes. #2—Unusual Succulents: Aloes, Bromeliads, Large and Small Mimicry Plants, Amaryllids, Shrubby Mesembs. Tested seed pre-planted in individual 2¼″ peat pots. Packed in plastic "greenhouse" container. Directions. $2.50 each, pp. Add 9¢ tax in Nevada. Sorry, no COD's. Specify Herbs or Succulents. Green Things, P.O. Box 13502, Reno, Nev. 89507.

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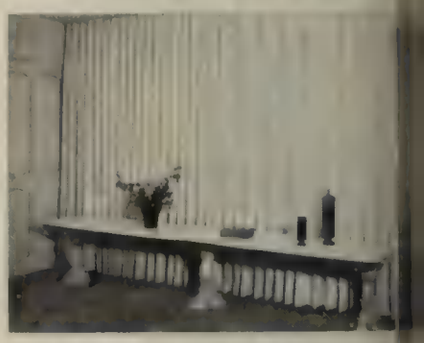

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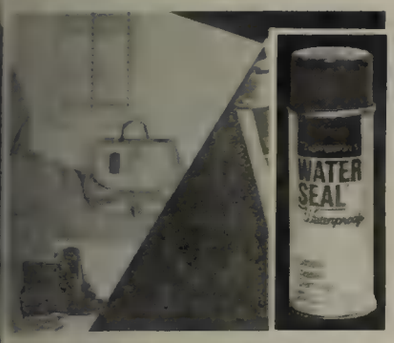

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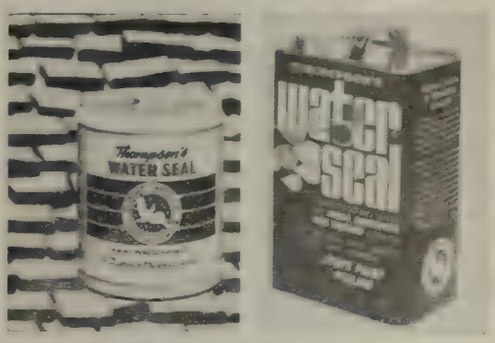

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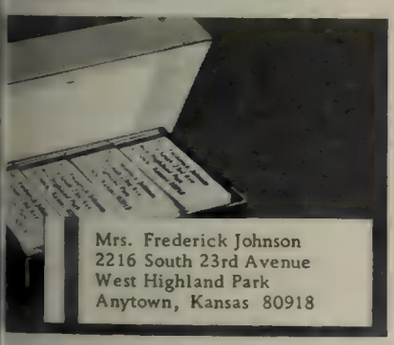

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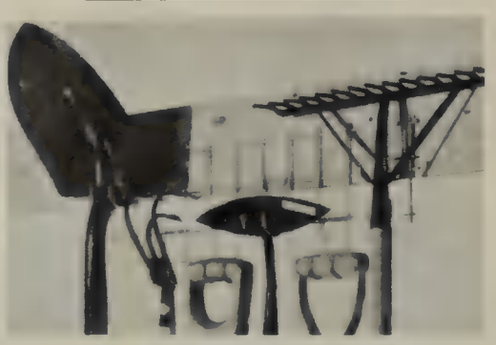

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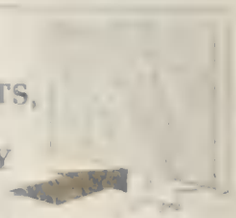

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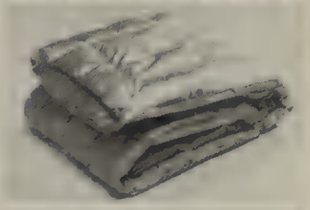

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— See July 1970 Sunset, page 73 —

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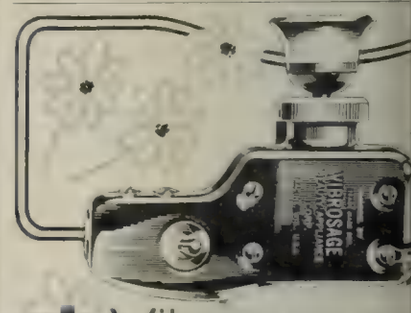

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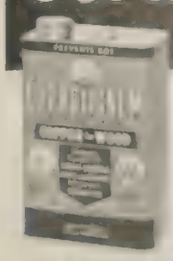

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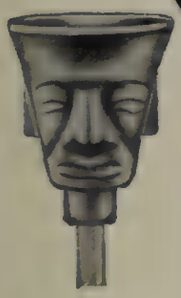

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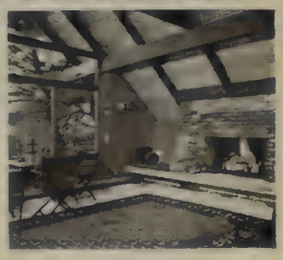

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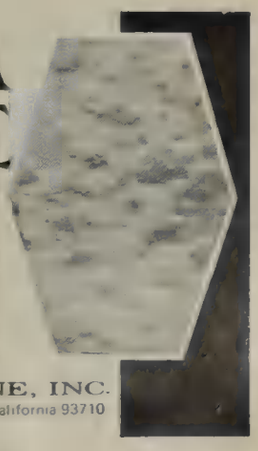

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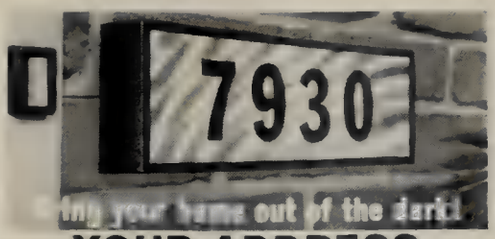

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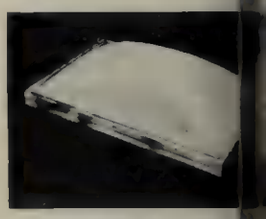

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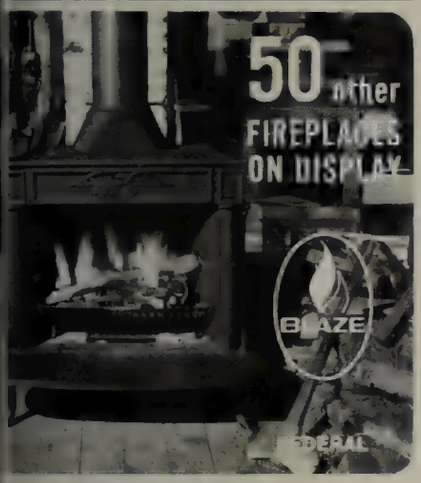

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Here are September garden events

Capitola. September 5. Parade of begonia-covered floats sponsored by the National Begonia Festival Committee. Place: Capitola Lagoon on Soquel Creek. Time: 1 P.M. Free.

Concord. September 12. Fortieth anniversary festival by the American Fuchsia Society. Place: on the mall at Sun Valley Shopping Center. Hours: 10 A.M. to 6 P.M. Free.

Reno. September 12. Fourteenth annual show of the Reno Rose Society. Place: Pavilion Mall, Park Lane Shopping Center, Virginia St. and Plumb Lane. Hours: 1 to 5 P.M. Free.

San Francisco. September 12. Sale table of choice African violet plants presented by the African Violet Society of San Francisco. Place: Hall of Flowers, Golden Gate Park, Ninth Ave. and Lincoln Way. Hours: 1 to 4 P.M.

San Francisco. September 12 and 13. American Dahlia Society national show sponsored by the Dahlia Society of California with the assistance of neighboring branch societies. Place: Hall of Flowers, Golden Gate Park. Hours: 3 to 9 P.M. Saturday; 10 A.M. to 6 P.M. Sunday.

On September 13, visitors are invited to the Pacific Coast Trial Garden and adjoining dahlia display gardens in Oakland's Lakeside Park, 666 Bellevue Ave. Hours: all day. Free.

San Mateo. September 13. Garden tour sponsored by the San Mateo branch of the American Fuchsia Society. Any or all of the four gardens listed below may be visited without charge from 1 to 5 P.M. Mrs. William Chapman, 1534 Edinburgh St., San Mateo; Mr. and Mrs. Wallace Porter, 1005 Alameda de las Pulgas, San Mateo; Mr. and Mrs. Tom Oliver, 548 Sapphire St., Redwood City; Mr. and Mrs. William Stevens, 1112 Fay St., Redwood City.

Los Altos. September 19 and 20. Annual show of the Kusamura Bonsai Club. Place: Montebello Nursery, 1325 Fremont Ave. Hours: noon to 5 P.M. Saturday; 10 A.M. to 5 P.M. Sunday. Free.

San Rafael. September 26. Marin Bonsai Club show. Place: Marinwood Community Center, Miller Creek at Lucas Valley Rd. Hours: 10 A.M. to 6 P.M. Hundreds of bonsai will be on display. Donation of 50 cents entitles holder to participate in a drawing for five bonsai trees.

Some new help for campers

The 1970 camping season, about to reach its climax with the tradi end-of-summer outings of Labor Day weekend, has proved once what has long been obvious to Western park rangers and sporting salesmen: Camping is an extremely popular pursuit in this region so than in any other part of the country).

Despite the fact, for example, that California has far more desig campsites than any other state—about 44,000 compared to second New York's 30,000—there were many nights at California campgr this summer when hundreds of families had to be turned away. (cally, other campsites in beautiful but remote or little-known loc went unused at the same time.)

The most popular camping areas often fill up early in the day; including most of those in the California State Parks system, reservation system. To meet the growing demand, many additional ties are being developed by public agencies, private entrepreneurs such controllers of large land areas as Indian tribes and utility comp

There is an abundance of statistical information on the recreation a ties of Americans, and one of the facts recorded is that in the West of every three males 10 years and older goes camping at least occasio Many outdoor hobbies often related to camping also show an espe high level of interest and participation in the West—among them fi water-skiing, hiking, and wildlife photography.

For more than 40 years, camping destinations have figured promin in the travel reporting of *Sunset Magazine*. Fifteen years ago, *S Books* published a *Western Campsite Directory*, and it has been rei eight times since—on the average, about every two years.

But as the interest in camping in the West has soared, it has be clear that a yearly revision is essential to keep current. *Sunset's Western Campsite Directory*, therefore, will be a completely new ed published as an annual in magazine format, and carrying advert related to its editorial content. In addition to its revised listings o proximately 7,000 campgrounds in the western United States, we Canada, and northwestern Mexico, it will carry for the first time ac panying articles on camp cooking, camping equipment, and areas activities of special interest to campers.

One of the services we hope the *Directory* will accomplish is to hel perse campers from overcrowded areas to underutilized campgroun making readers more aware of what their options are.

The new *Directory* is taking shape now. You'll see it on newsstands in sporting goods stores early in 1971.

WINDOW ON THE WEST: Tahoe

The tent—in old and various new forms—is still the shelter of many campers, but rapidly growing numbers now sleep in some version of trailer, pickup camper, or motor coach. And a remarkable proportion of the vehicles heading for campgrounds near lakes are trailing boats behind them. The scene at left is on the southeastern shore of Lake Tahoe.

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THE MAGAZINE OF WESTERN LIVING

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Folk Art Shopping Tour of Mexico

The Autumn Picnic

Clay cathedral from Jalisco

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2. Add the ride and comfort of a luxury car

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3. And you have a better luxury station wagon.

The 1971 Colony Park with its yacht-deck paneling is part of Mercury's top-of-the-line Marquis series. A second Marquis wagon is also available with all-steel sides. It takes better things to make better cars. Mercury makes better cars—to buy, to own, to lease. See your Mercury dealer now for a guest drive.

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The Cover Story

Our cover cathedral, by Candelario Medrano of Guadalajara, is only 23½ inches tall to its steepletops. It illustrates the way Mexican craftsmen's work (article on page 64) can combine sophistication with childlike playfulness. Photograph by Glenn Christiansen

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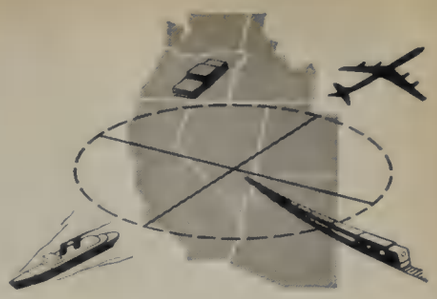

The live steamers run each weekend in Oakland

Unless you spot the small sign for the Golden Gate Live Steamers Club at the entrance to Redwood Regional Park in Oakland, you won't be prepared for the sight of adults skimming along a miniature railroad track. For a closer look, park your car in the club's small lot. The locomotives, small replicas of historic steamers, are so exactly crafted that it is the human passengers who appear out of scale.

The owner-engineer sits atop a riding car feeding coal into the firebox a lump at a time. Trackside is a miniature water tower with a downspout to the tender. Two quarter-mile tracks circle the site. The trains that are 1/24 and 1/16 of full size run on the elevated track, so the crew can dangle their feet over the side. The larger locomotives (1/12 and 1/8 size) pull trains on the ground level roadbed.

The 200-member club owns 80 operating engines with some 100 engines in various stages of incompletion. Kits are available for locomotive manufacture, but many members prefer to cast their own parts. Even with kits, a great deal of machine tooling and finishing work is required.

Any fair-weather weekend, you can watch

R. W. ABOLIN

Cover *the people at left—and you could be looking at the majestic original*

He's riding *an exact model of the 1828 Stourbridge Lion, first full-sized locomotive to run in the U.S.*

Sunset

THE MAGAZINE OF WESTERN LIVING

October 1970

Luis Gobea *is patching a puncture in the bottom of the oil pan*

The low road to Pátzcuaro

We had a little car trouble while preparing the article on page 64.

Two of Mexico's most interesting folk art centers, Uruapan and Pátzcuaro, are respectively 46 and 15 miles south of the main highway between Guadalajara and Mexico City. Heretofore the only way to visit both has been to make two dip-down-and-back detours.

We had heard of a new road between the two towns. In our first scouting trip in April last year we inquired. It was passable, some said, but rough.

Driver-guide Luis Gobea was game to give it a try. Only trouble spots seemed to be detours off the partially completed roadbed. We were doing fine—until we hit bottom once, then noticed a faint trail of oil. Fortunately, Gobea could apply a temporary patch. In 2 hours we were under way again.

Last month we got word that the 40-mile Uruapan-Pátzcuaro road is now open and completely paved.

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as club members ride their rigs and exchange shop talk. To get to Redwood Park (one of the East Bay Regional Parks) from State Highway 13 (Warren Boulevard) in Oakland, turn east on Redwood Road. In less than a mile you cross Skyline Boulevard. From this intersection it is another 2 miles on Redwood Road to the park entrance and the railroad yard.

More than a thousand dolls in Port Costa's museum

In Port Costa, Muriel Whitmore has collected more than a thousand dolls, most of which date well back into the era when dolls were just pretty and didn't do anything much but move their arms and legs and maybe turn their heads. In Mrs. Whitmore's Doll House Museum are rag dolls and china dolls; dolls made of corn husks, of rawhide, and even of breadcrumbs; seventeenth century crèche dolls; fashion dolls; and a doll that once belonged to Sarah Bernhardt.

In addition, there is a replica of a nineteenth century schoolroom complete with old desks, a recitation bench, and a pump organ, as well as a rather stern-looking mannequin/teacher.

The museum is at 33 Canyon Lake Dr., Port Costa. (Take the Crockett exit off Interstate Highway 80, just south of the Carquinez Strait bridge, and follow Pomona Street through Crockett to Port Costa.) It's open from 10 A.M. to 7 P.M. daily except Monday. Admission is $1; 75 cents for children.

New bicycle trails in the East Bay

The Wright brothers would be happy about the East Bay Regional Parks recent additions: new bicycle trails at Anthony Chabot and Coyote Hills Regional Parks. (The Wright brothers built airplanes part time but paid the bills with profits from their bicycle shop.)

The 3-mile-long Chabot trail begins at the Lake Chabot Marina east of San Leandro (Estudillo exit from Interstate 580). It follows the southeast shore of the lake, crosses a finger of the lake on a rustic bridge, and ends at the Willow Park Golf Course.

The 2½-mile trail at Coyote Hills, northwest of Newark, offers the rider impressive views of the South Bay, salt ponds, and marsh sanctuaries; and it passes near some 4,000-year-old Indian mounds on its circuit through the park.

Bussing between Yosemite and Fresno

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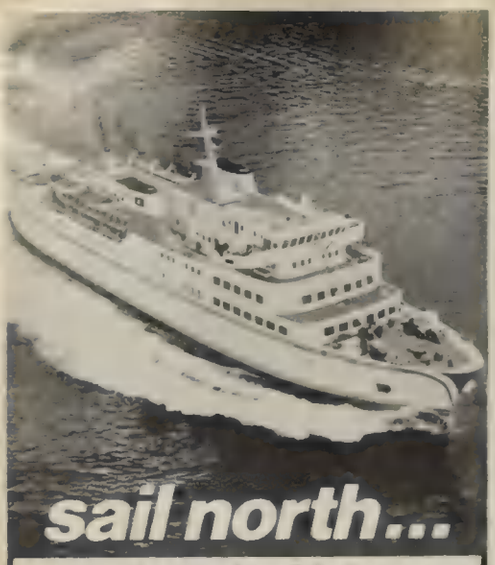

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downtown Fresno (1033 H St.) every day at 2 P.M., stops first at Fresno Airport, leaves there at 2:20, arrives at Wawona about 4:30, and at Yosemite Valley about 5:30. Every morning the bus leaves Yosemite Valley at 9 A.M., arrives at Fresno Airport about noon, and at the depot about 12:20 P.M.

One-way fare is $6; round-trip, $11. Children under 11 years old ride for half price.

Beethoven in Carmel

A performance of Beethoven's monumental *Missa Solemnis* will commemorate both Beethoven's 200th birthday and the 200th anniversary of the founding of Carmel Mission Basilica on Saturday, October 17. It will be an outdoor performance, beginning at 3 P.M., at the mission itself.

The performing groups will be the Monterey County Symphony Orchestra, the Monterey Peninsula Choral Society, and the Sacramento Chorale. The choral groups have been working exclusively on the mass since April.

Admission is $2 for adults and $1 for students under 16 and military personnel. The promoters of Old Monterey Bicentennial—which this performance helps celebrate—will arrange bus transportation for groups planning to attend the performance. Telephone (408) 372-7331 or 372-1970; or write them at 539 Hartnell St., Monterey 93940.

Bay Area ski exchanges

October is the start of the ski season for the faithful. It is the month for stretch-pants skiers to begin diets and for office workers to exercise forgotten muscles. It is also the month of the ski exchanges. At the swaps, veteran skiers sell their used equipment, stores merchandise marked-down new gear, and first-time skiers are able to make modest initial equipment investments.

San Francisco. The largest Bay Area exchange is the Alpineer Ski Swap. It takes place October 10 from noon to 11 P.M. at Brooks Hall in Civic Center. Admission is $1.50 for adults, free for those under 12 years of age. It costs nothing to exhibit equipment; if you sell anything you pay 10 per cent to the swap.

Two other exchanges are sponsored by charitable organizations:

Lafayette. There'll be an exchange from 9 A.M. to 4 P.M. on October 10 in Veterans Hall at Mount Diablo and First streets. Admission is $1 for adults, free for children under 8. Sellers pay $1 to exhibit skis and boots and 50 cents to show clothes.

Corte Madera. Marin Ski Swap will be held from 10 A.M. to 4 P.M. on October 17 at J and B Ford, 5860 Paradise Dr. Admission is $1 for adults, 50 cents for children. Sellers pay 50 cents per item displayed for sale.

For travel planners, an October check list

French Polynesia cruises. Starting in December the cruise ship *Polar Star*, to be renamed *Pacific Star*, will be permanently based in Papeete, Tahiti, as part of a new fly-and-cruise tour of the South Pacific. Prices beginning at $895 cover round trip by air from the West Coast, four nights at the Maeva Beach Hotel, some meals, and a one-week interisland cruise with ports of call including Raiatéa, Bora Bora, and Moorea. You can get further details from Westours, 900A IBM Building, Seattle 98101, or see a travel agent.

Winter tours to India. India's wildlife sanctuaries are highlights of four deluxe 36-day tours departing from New York December through February. The itinerary also includes major cities and archeological sites throughout India, Sikkim, and Nepal. Tour fare of $2,943 includes air transportation, all meals, hotel accommodations, and all sightseeing. For a brochure, see a travel agent or write to Air India, 543 S. Olive St., Los Angeles 90013.

Los Angeles children's tours. Movie studios, Marineland, and Olvera Street are some of the places visited on tours of Los Angeles designed for children from 7 to 13 years of age. The tours run between 9 A.M. and 4 P.M., Tuesday through Saturday, and cost $10 for ages 7 to 11, $11 for ages 12 to 13 (reduced rates for each additional child), including transportation, lunch, and entrance fees. For a brochure, write to Pied Piper Tours, 6922 Hollywood Blvd., Los Angeles 90028.

Hiking in Nepal. A 32-day trekking tour of central Nepal will leave San Francisco November 22 for Kathmandu. Hikers will walk 6 to 8 miles a day between 6,000 and 12,000-foot elevations along the Himalchuli Range in the vicinity of Mount Manaslu. Fares start at $1,850, and include air transportation, meals, hotel and tent lodging, guides, and equipment. For details and a list of other hiking and mountaineering trips, write to Mountain Travel Inc., 6201 Medau Place, Oakland 94611.

Air travel tips. Novice and veteran air travelers alike will find the answers to questions about international air travel, flying with children, traveling with pets, and other air travel policies and possibilities in a free booklet titled *How to Fly*. Write to Air Transport Association of America, 1000 Connecticut Ave. N.W., Washington, D.C. 20036, for a copy.

What a travel agent can do for you: Provide information on tours; reserve space on air, rail, bus, and steamship lines; make hotel, ranch, and resort reservations; take care of trip planning, including side trips and special events. Travel agencies do not charge for arranging transportation or package tours, but do charge for "custom" tour service.

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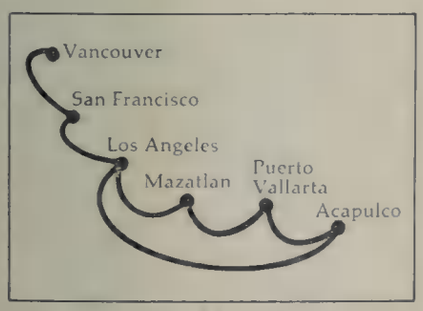
"I was surprised at all the airline pilots that take cruises when they take a vacation."

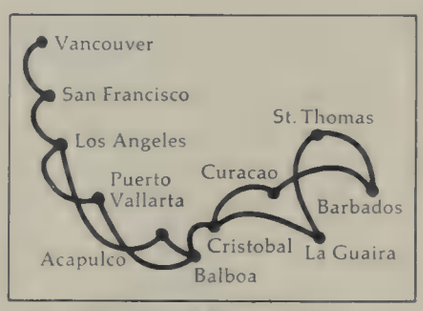
"I was going to call the office as soon as we got to Panama. But when we got there, I said the hell with it. It's nice to be able to forget the whole world for awhile."

"It's the first time Alan and I danced in 12 years."

"I wish I'd made my husband take a cruise with me while he was still alive. He might still be alive now. He never took a vacation in his whole life. I don't think men know how to relax anymore."



Christmas Sunshine Cruise. $250
11 days of relaxation. S.S. Oriana sails from San Francisco December 24. Spend Christmas and New Year's at sea, returning to San Francisco January 3; Vancouver January 5.



The Caribbean. $580
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Confetti covering spectators *indicates Neuchâtel parade has gone by once, and now —according to custom—reverses course*

October's Swiss wine festivals

The first weekend in October is the time for two of the largest vintage festivals in Switzerland. One is in the French-speaking part of the country, at Neuchâtel, about 30 miles west of Bern. The other is in the predominantly Italian-speaking canton of Ticino at Lugano, which is about 50 miles north of Milan.

The wines of Neuchâtel are known fairly widely; those of Ticino are less celebrated. However, the foreign visitor will probably find the "vintage" less important than the "festival," for this is a regional celebration comparable to some of our more flamboyant local fairs and fiestas in the West. The big feature is the parade on Sunday, October 4, climaxing both Neuchâtel's and Lugano's weekend celebrations.

The various floats and marching numbers are all local productions, but there is a kind of Latin sauciness, or spirit of mocking impudence that you don't usually find in our homegrown spectacles such as the Rose Parades in Pasadena and Portland. You can buy wine by the glass as well as food of all kinds in the tents and booths set up around the main squares.

Both cities get crowded for these affairs, so plan transportation and overnight stays accordingly. Neuchâtel, with a population of a little over 30,000, is larger, but has fewer hotels. Lugano, population about 20,000, is better supplied with hotels because it is a popular lakeside resort.

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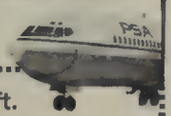

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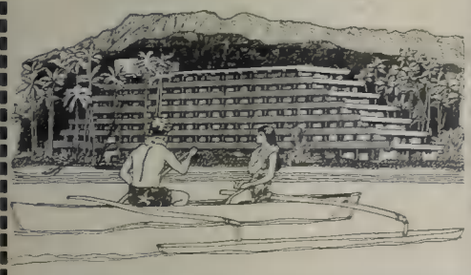

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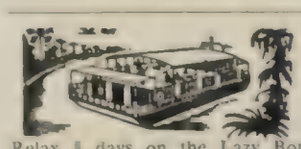

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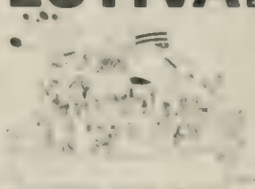

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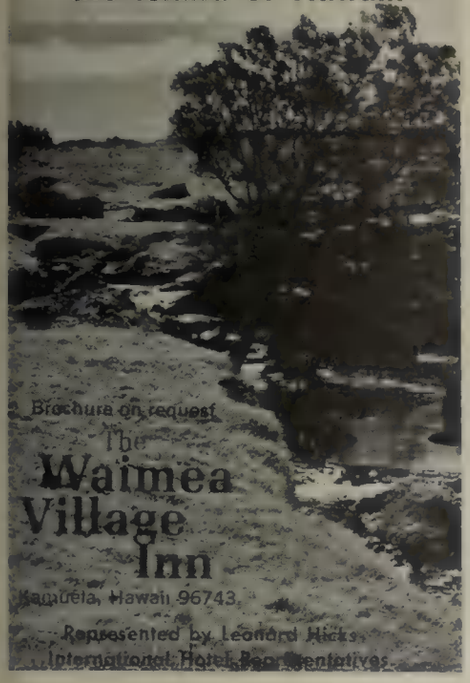

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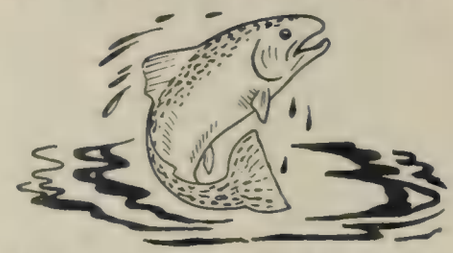

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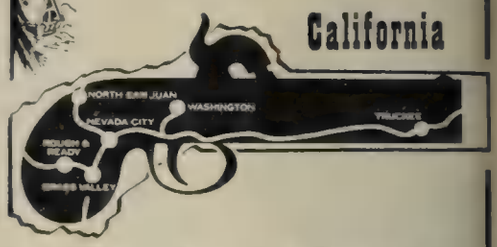

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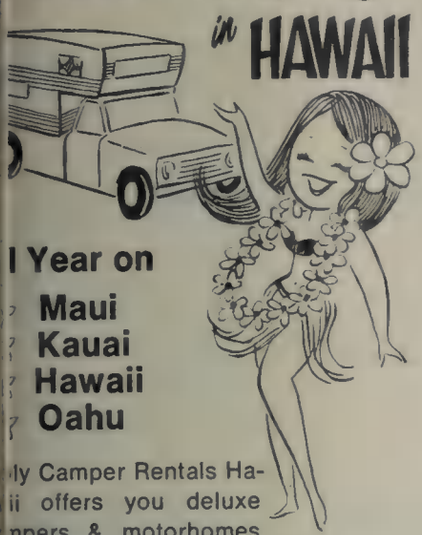

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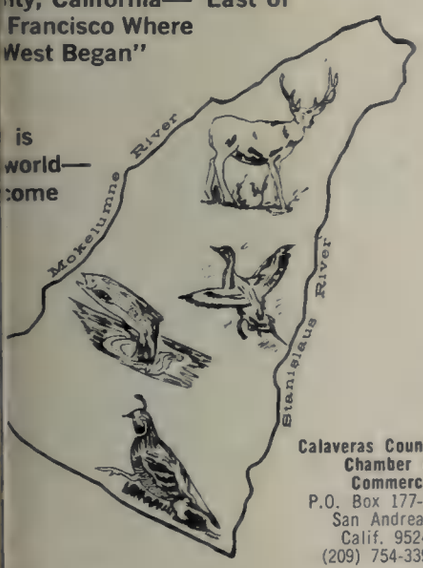

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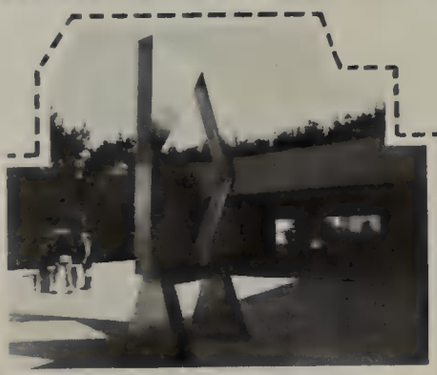

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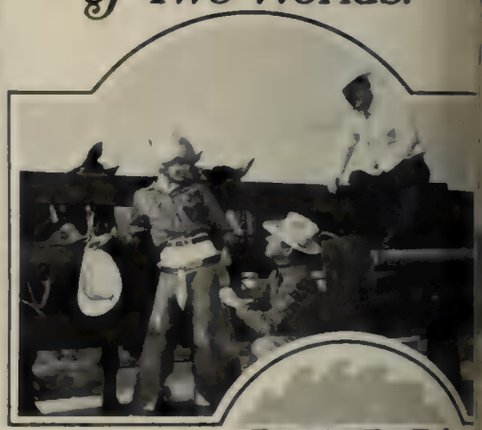

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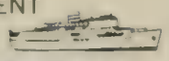

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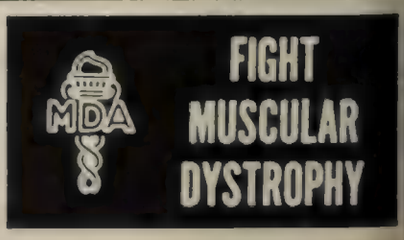

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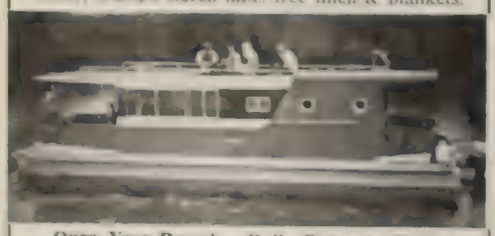

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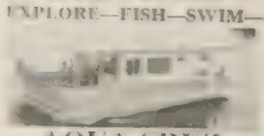

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Rent a fully-equipp to 8 sleeper 12' x 3 12' x 41' Houseboat signed for family friends. Bullfrog R is located in the c of Lake Powell. **for free color brochure.** Write: **Bullfrog Marina,** 231 East 4th South Street—S, Salt Lake City, 84111. Phone (801) 355-2991.

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DARROW M. WATT

How do you heft *a huge pumpkin? Very carefully, and, if you're a small boy, you get a lot of help from your friends before moving it*

Pumpkin picking near Half Moon Bay

When pumpkins turn orange this month, the annual search for the perfect Halloween pumpkin begins once again. Although neatly stacked pumpkins can be found in almost any market, the family decision is more fun when you can go tramping through a pumpkin patch searching through the snapping vines and dried leaves for a pumpkin that has just the right proportions for the grotesque face young sculptors have in mind.

There are numerous commercial pumpkin fields scattered through the San Francisco Bay Area, notably in the Napa Valley, lower Santa Clara Valley, and the coast from Santa Cruz to Monterey. But one of the best destinations for those who want to pick out their own pumpkin is near the village of Half Moon Bay, about 25 miles south of San Francisco.

Farmers in this area invite you to pick your own pumpkin between 8 A.M. and dusk. Most charge according to size rather than weight; average-size pumpkins cost 25 cents to $1. Here are some of the public pumpkin patches that are easiest to find as you drive south along the Cabrillo Highway (State 1) from its intersection with Half Moon Bay Road (State 92):

Right at the intersection, entrance on south side of Half Moon Bay Road between State 1 and Main Street.

One block south on left side of State 1, across from a hamburger stand.

About 2 miles on left, across from the Morocco Room building.

About 3 miles on left.

About 4 miles on right (one block north of first Verde Road turnoff).

About 5½ miles, left one block on second Verde Road turnoff.

Also worth checking are two adjoining fields on Half Moon Bay Road one mile east of the State 1 intersection.

stalk teepees *towering above pickers were brought r decoration; pumpkins aren't usually grown with corn*

MICHAEL TILD

Riding *at the head of the herd, wranglers keep frisky horses under control during the morning ride over Agua Fria Road*

The horse drive down from Yosemite . . . late October

Shifting through the dust, a long, broken line of horses plods down from the high regions of Yosemite towards the San Joaquin Valley. It's a long haul, almost 70 miles, from the national park to the winter livestock pastures beyond Hornitos, but the 300 horses and half-dozen co boys complete it in two tiring days.

Yosemite Park and Curry Compan horse drive is a 75-year-old Western t dition that has been preserved by Yose ite's concessionaires because it's the ea est way to move their saddle horses a pack animals between the summer pa stations in the national park and the w ter pasture near Hornitos.

This fall, the drive to winter pasture scheduled for October 29 and 30. He ever, bad weather or road conditions n require a change in dates. Since most the drive will be over paved roads, fa lies driving through the gold country n encounter the herd.

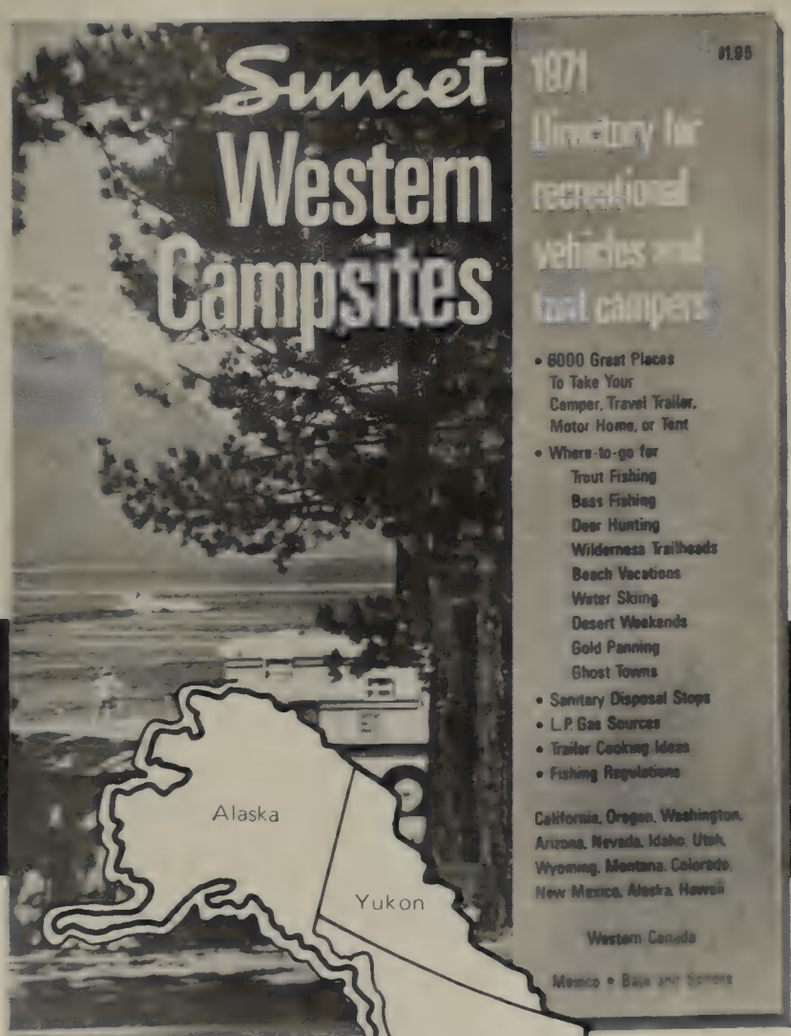
The drive starts about 6 A.M. in a lar open pasture near the Wawona golf cou Whistling and shouting, cowboys in hea jackets and leather chaps ride throu the frost-covered meadow, running

Continued on page

Gold country visitors *take to shoulder of State 49 to watch the horses pass*

6,014 IDEAS FOR YOUR VACATION

NEXT YEAR



While you were vacationing this summer, we were thinking about your plans for *next* year.

Our Travel staff has been working since May pulling together an extensive new Directory of places in the West to take your camper, trailer, motor home, or tent.

It will cover all the Western States (including Alaska and Hawaii), as well as Western Canada, Northern Baja and Sonora, Mexico.

We'll list over 6,000 campgrounds, with carefully researched descriptions of all facilities, hook-ups, fees, regulations, and things-to-do when you get there. Close-up maps will accurately locate each campground.

We'll also suggest the best areas in each State for such things as trout-fishing, bass-fishing, gold panning, water skiing, clamming, and ghost-town exploring.

Our food editors will contribute practical answers for cooking in tight quarters, recipes and suggestions for preparing meals in advance of your trips.

We'll provide up-to-date lists of LP gas sources, and sanitary disposal sites.

This will be a major new *Sunset* annual magazine. Its articles, listings, and selected ads should make it the most genuinely helpful guidebook ever published on the outdoor West.

Look for it on newsstands, and at camping or trailer dealers early next year.

LOOK FOR IT EARLY '71

How to buy your first pickup like it was your second.

People usually approach their first pickup with the thought that they'r buying a car with a box in the back.

After a while, they think of it in different terms.

They discover that passenger-car engines aren't truck engines. And th passenger-car suspensions were never made for 4,000-pound loads.

So the second time they buy a truck, they know better. And choose pickup for all the right reasons... and wind up with what they should have ha all along. A truck.

That's all well and good—if you can stand the $3,500 lesson.

Most people can't. But they do it anyway.

They need information. To get second-truck wise before they buy the first truck.

That's just the kind of information we've got.

It begins with our 1971 INTERNATIONAL models. If you're at all familiar wi pickups, you'll notice some changes in ours.

A new grill. New hubcaps. A different tailgate treatment. New rocker pan trim. Several new colors to choose from. A few new things. But nothing that ca alone, give you good enough reason to buy one.

That's the job of the information.

Our V-8 engines, for instance. They're truck engines. We didn't pull the out of passenger cars. They are, in fact, the same engines we use in some of o big, gas-engine highway trucks.

So right away, you know two things. They're made for heavy loads. A they last a long time.

But there's a third point you've probably never considered: the advertis horsepower. It's the horsepower you "buy"... but not the horsepower you g That's because advertised horsepower figures are theoretical. They represe what the engine should be producing—but because of an engine's inherent trai never does.

What you do get is the *net* horsepower. An example: Our 193 hp. rated V actually produces 173 hp. A good competitor's 200 hp. rated V-8 gives you 150.

So if you were looking for the "more powerful" of the two—you'd choo the wrong one, based on the advertised figures.

It works that way for most of our V-8's... and for most of our competito V-8's. They can promise more—we can deliver more.

Another important consideration concerns suspensions. If you're planni to carry a heavy load—like a big camper—you can't judge the suspension by t way the truck test-rides empty. It will ride differently once it's fully load So to determine the safest, most stable suspension, you have to go at it in different manner:

A coil spring gives you one point of suspension at each wheel. A leaf spring gives you two.

A standard Chevrolet has coil springs all around... for a total of *four* points of suspension. As standard equipment, a Ford has coils in the front, leaf springs in the rear... *six* points of suspension.* As standard equipment, an INTERNATIONAL 1210 has leaf springs all around... giving you *eight* points of suspension.

So you have a choice of 4, 6 or 8 points of suspension. Or, if you're safety conscious—maybe no choice at all. You need 8.

There are plenty of other things. Like fuel tank location. We're the only manufacturer to put it outside the cab... instead of inside like everyone else. Our pickups are easier to get in and out of... with a doorsill that's up to nine inches lower than the competition. We're the only manufacturer to give you direct-reading gauges as standard equipment. You either pay extra with everyone else—or try to get along without them.

There's even more than that. And the logical place to find out about all of them is at a truck specialist's.

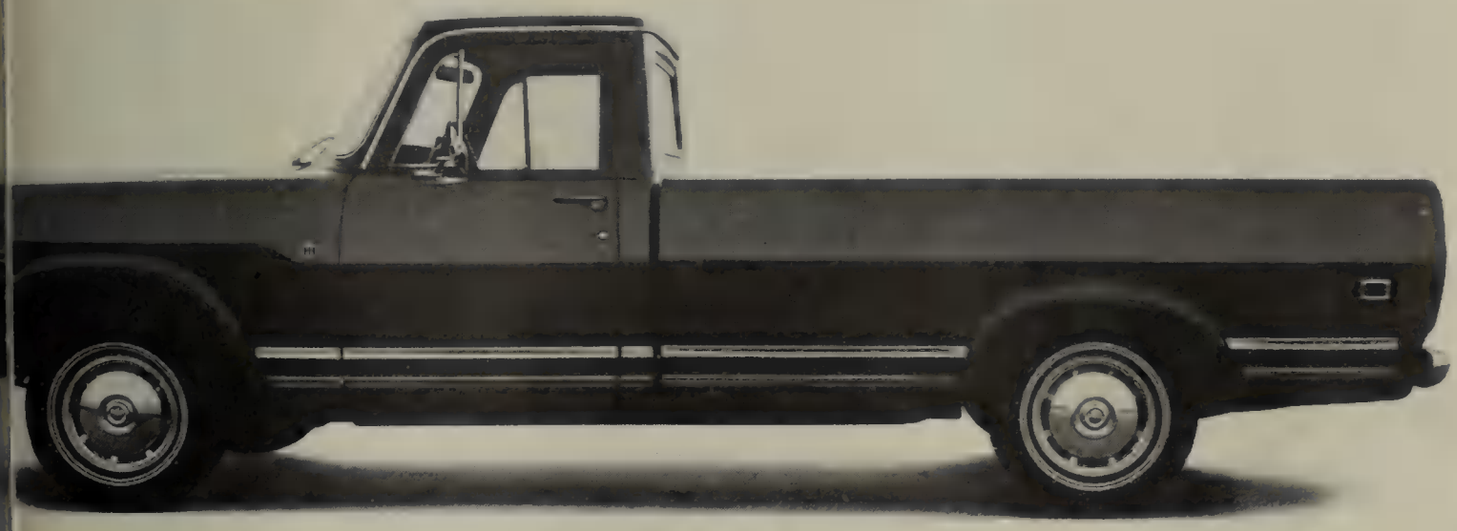
An INTERNATIONAL dealer.

Stop by and talk to him. Expect him to show you our eight pickup models, and tell you why we think they're the safest, best-engineered pickups going.

But also expect him to give you a free booklet full of facts. And more information, if you need it. Or, let us send it to you.

So that you can buy your first pickup like it was your second.

*Competitive specifications mentioned above pertain to manufacturer's 1970 models and do not reflect any changes in 1971 model lines.



International Harvester Company. 401 N. Michigan Ave., Chicago, Illinois 60611.

International Trucks

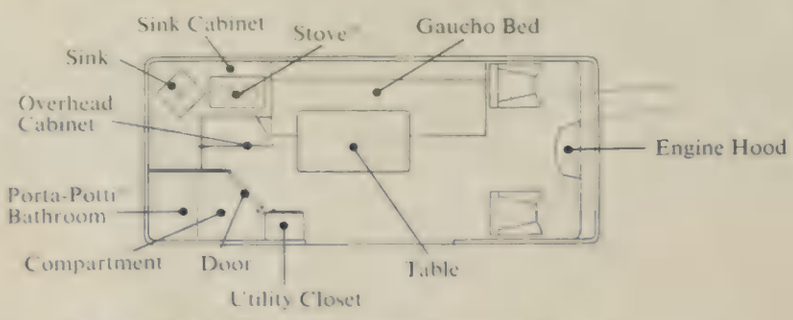
The motor home you use every day.

Station wagon. Motor home. Here's the best of both. For about the price of one.

It's Travco's new Family Wagon® Royale, and it's got everything—including the kitchen sink. Family-sized sleeping accommodations. Running water. Ice box. Built-in storage all over the place. 6-footer headroom. Even an optional, completely enclosed toilet.

Take your choice of three different floor plans. Add air conditioning if you like. And stereo. And TV. Travco has made it easy to suit yourself. Exactly what you'd expect from the people who also make the Travco/Dodge Motor Home.

Family Wagon Royale. Have one take you on your next vacation—and *keep* you there. See your Dodge Dealer, or send the coupon to Travco Corporation, 7256 Murthum Ave., Warren, Michigan 48092. In California: 5257 N. Vincent Ave., Irwindale, California 91706.



Optional

Tell me more about the Family Wagon Royale S10-70

Name

Address

City State Zip

CHRYSLER MOTORS CORPORATION

TRAVCO CORPORATION

MICHAEL TILDEN

Leather-chapped *cowboy puts bit in his steed's mouth at Wawona*

stock into a holding pen at one end of t pasture. The horses are counted, th surge out the gate and down the road the first leg of the drive.

The first stretch is over the Chowchil Mountains and the horses, frisky aft several idle days, gallop through fields tall, yellow grass, and trot along the cou try road now hoof-deep in autumn leav Although the run over Chowchilla Mou tain Road isn't very difficult, by the ti the horses and riders reach State Hig way 49 they are hot and dusty.

As the caravan moves west on the hig way, one of the men, riding in a gre truck instead of on a horse, drives ahe closing gates and tying ropes across ro turnoffs and private entryways. This p caution helps keep the stock on the ro and off private property.

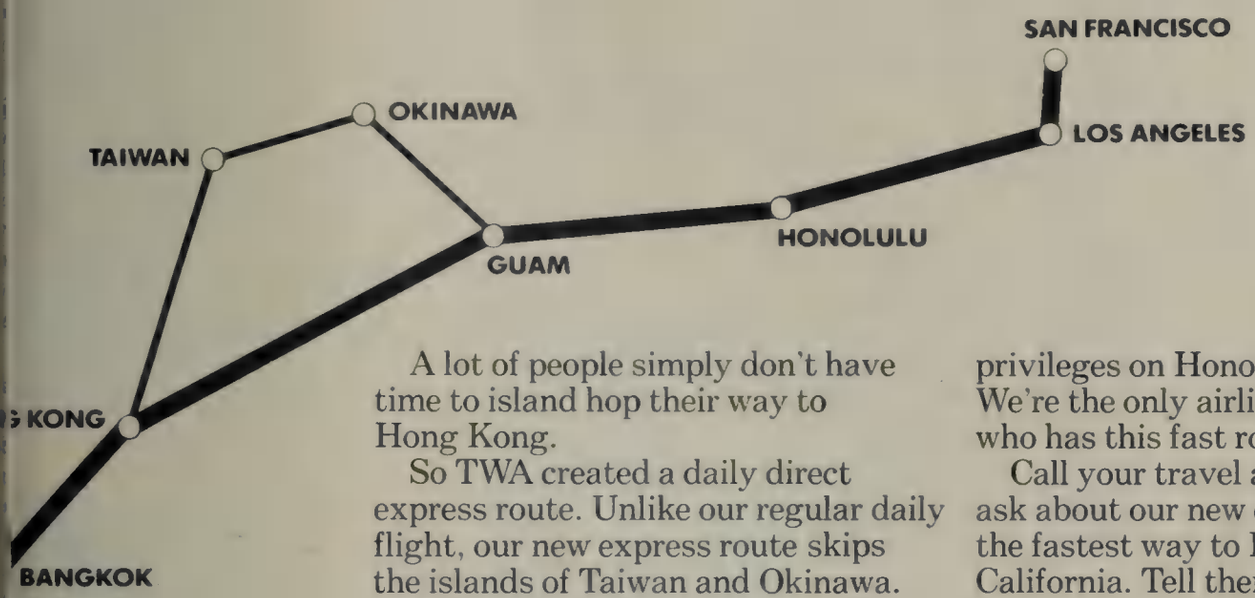
About a mile and a half east of Marip the herd turns off State 49 onto the Highway and follows it about 4 miles Yaqui Gulch Road (Hogan Road on so maps). Here the horses are bedded do for the night in a rickety-fenced past and after hay has been spread and wo ing horses unsaddled, weary cowboys bed down in Mariposa.

The second day's routine is much same as the first. Up before the s wranglers soon have the herd movi They go northwest on Yaqui Gulch Ro across State Highway 140 to Agua F Road, and then turn left on the Old T Road just past the huddle of buildi called Mt. Bullion. The horses stay this road, which turns into Hornitos Ro until reaching Merced Falls where t will turn onto Merced Falls Road, gravel track leading to the winter past

Once at the pasture, wranglers spend other day storing gear and pulling sh off the horses and mules.

The return drive to Yosemite occurs April. To confirm the dates and route each drive, write to the Yosemite P and Curry Co., Yosemite National P Calif. 95389.

TWA OPENS A NEW FAST ROUTE TO HONG KONG.



A lot of people simply don't have time to island hop their way to Hong Kong.

So TWA created a daily direct express route. Unlike our regular daily flight, our new express route skips the islands of Taiwan and Okinawa.

Yet you still get stop-over privileges on Honolulu and Guam. We're the only airline in the industry who has this fast route to Hong Kong.

Call your travel agent or TWA and ask about our new express flight 745: the fastest way to Hong Kong from California. Tell them you're pressed for time.

SOMEHOW, YOU FEEL MORE IMPORTANT ON TWA.

The beautiful people have been in Guatemala for thousands of years.

The Maya built cities of incomparable splendor. Many still stand. Like Tikal in a verdant forest. They designed clothing reflecting the colors of Guatemala's volcanoes, forests, birds, and sunsets. And their jewelry would turn a woman's head with envy. Their faces were serene with beauty. They still are. The Maya still live in Guatemala. So do the descendants of the Conquistadores. What a fascinating composite of beautiful people!

Come, bring your camera. To Tikal, lost city of the Maya. To Antigua, jewel of the Spanish Colonial period. To Lake Atitlan of fabled loveliness, rippling under three volcanoes. To Chichicastenango, an Indian market of unprecedented excitement.

At night, put your camera away and enjoy cocktails, dinner and dancing in Guatemala City. For more information write:

GUATEMALA TOURIST INFORMATION OFFICE
560 Pacific Avenue, San Francisco, California 94133
257 South East 1st Street, Miami, Florida 33135

Into Nevada's Valley of Fire

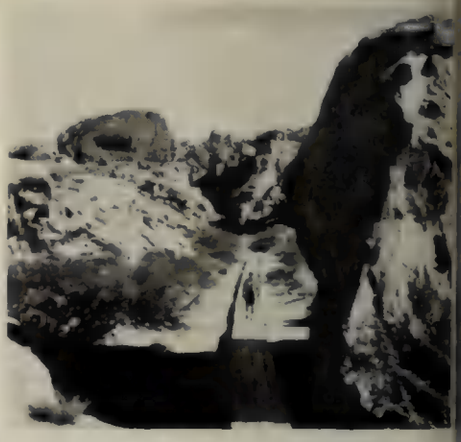
The shimmering, almost glowing, effect the summer sun on the brilliant red sar stone readily explains how Nevada's V ley of Fire State Park got its name, b most visitors are curious to know h the sandstone got there in the first pla Now they can find out.

A new visitor center explains in diagr and exhibit the geological history of t area to give viewers an understanding the natural features in the park. T center also has displays of local Indi artifacts (such as tools), petroglyphs, a a natural history exhibit. It is open fr 8 A.M. to 5 P.M.

Visitors can also hike along numer park trails. An interesting one win through a petroglyph-dotted canyon Mouse's Tank, a natural water basin.

The park is about 50 miles northeast Las Vegas and can be easily reached taking Interstate Highway 15 to St Highway 40, then following State 40 the entrance. Day use of picnic facilit is free; overnight camping costs $1.

CLIFF SEGERB



Boardwalk *leads hiker past large rock to nearby petroglyphs and Mouse's Tan*

New visitor center *at Valley of Fire is nestled in rugged sandstone ridges*

Ford's new Pinto. The little carefree car.

to is one little car that can e you from car cares, big and le. From cares about high ce and big gas bills. From es about maintenance and airs, power and stability, miness and quiet.

ized like the little imports...on outside. Pinto is only a little ger than a VW. But it turns a little ter. So it can slip into the same ls of little parking spaces.

ut a big car where it counts... he inside. Pinto has more knee head room in back than some s three feet longer. And more n overall than the leading import.

uiet, smooth and 25 mpg. Pinto a front-mounted, high-efficiency ine that's backed by 50 million owner-driven miles. It delivers 75 hp, averages over 25 mpg in simulated city/suburban driving.

Pinto takes a firm stand. Pinto has a wider stance than any economy import for better stability on turns and in high crosswinds. And for better road feel, Pinto has rack & pinion steering, like Porsche and Jaguar—something you won't find in any other American car.

Do it yourself and save. Pinto is designed so you can do most servicing yourself. The owner's manual shows you how. And the free Do-It-Yourself Key helps you do everything from gauge the spark-plug gap to adjust the headlight beam.

Don't do it yourself and save. When your Ford Dealer handles Pinto's maintenance, you still save. For example, Pinto needs an oil change half as often as the leading import and a chassis lube one-sixth as often.

No kidding. No changes. Pinto's style will last. And its heavy-duty ball joints, starter motor, and rear wheel bearings will do the same.

Priced like the little economy imports. Your Ford Dealer will show you Pinto's got a little care-free price that includes high-back buckets, 4-speed synchronized transmission. Or you can get a 3-speed automatic. Don't forget this better idea for safety: buckle up!

Pinto

A little better idea from Ford

Bobby's Gas Station can install a muffler for every car in his neighborhood...sooner or late

Chances are, it will be later.

Much later.

In the first place, Bobby's may not have the right mufflers on hand.

If a car needs pipes as well, he may not have them in stock either.

It takes a while to get them. Sometimes a day or two. Sometimes, even a week.

And, even when he does get the necessary equipment, he'll probably take a full day to do the job, because he has a lot of other things to do.

Finally, if the job gets complicated, his people may not get it done at all.

Of course, Bobby's Gas Station really isn't to blame for all this. It's just that he installs mufflers as a sideline.

At Midas, we do it for a living.

And, since our business depends on mufflers, we've devised ways to avoid the problems you may have at Bobby's.

We make mufflers and pipes for 1,770 car models.

If we don't have the pipe, most of our shops have a machine to make it.

We're geared to replace a muffler in 30 minu Or less.

Because our mechanics are trained to handle most complicated problems. They're the best in business at what they do.

They're so good, that every Midas shop offers guarantee:

If anything goes wrong with a Midas muffler install, we'll replace it for just a service charge.

The guarantee is good on any car made in Amer and it's good as long as you own the car.

So next time you need a muffler, look us up in Yellow Pages.

We may not be as close to you as Bobby's Station.

But we're a lot more convenient.

Midas

We install mufflers for a liv
We have to do a better jo

The closed door to Burma is beginning to open.

Once again visitors can see the Shwedagon

For the last decade, few visitors not doing business with the Revolutionary Government of the Union of Burma have managed to visit Burma. There is no rail, road, or sea entry; all frontiers are closed. Entry by air has been possible, but only for a 24-hour stay, and only for on-going travelers.

This year, probably because Burma needs foreign exchange, a limited number of tourists are being made welcome. Early this year visas good for a 72-hour-maximum visit were made available. This summer maximum visit length was increased to seven days.

Burma's capital, principal city, and seaport is Rangoon, where all visits to Burma begin. Rangoon also is home of the Shwedagon, pictured on these pages, one of the architectural landmarks of the Buddhist world and by itself a reason for visiting reopened Burma.

Rangoon is the one great city in the Far East that still seems to be living in the

Dancing clown *is one of pair outside tazaung (prayer hall)*

Shwedagon Pagoda's *326-foot golden spire dwarfs lesser pagodas below. Burmese woman, small boy both carry their slippers*

Boys *in lungyis stride on marble platform past large pagoda west of Shwedagon. Spires of a dozen gilded shrines cluster in background*

Old entry *from south side is up 104 stone steps under the series of roofs at left. New entry is up elevator tower, then along level passage at right*

Visitor *and guide step off elevator, both barefoot. It's 8:46* A.M., *still in cool of day*

You can go up by elevator . . . you must walk barefoot

quieter days of pre-World War II. But with differences.

Motor traffic is light. Just about everyone you see on the street is in national dress: Both men and women wear wrap-around cotton print lungyis (*loon*-jees). Westerners are so few as to be conspicuous. The Burmans are friendly, and talkative. English is the second language, and sooner or later someone turns up to help the confused stranger.

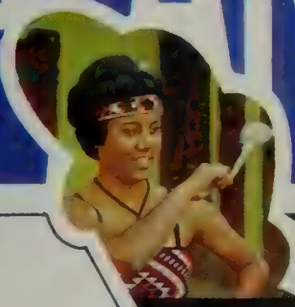
The Shwedagon is the landmark of Rangoon, the high point on the skyline, and the city's religious gathering place.

It stands on a low hill, the top of which was leveled off to create a broad platform for the great spire and a complex of lesser shrines and pagodas. Stairways, under roof, go up to the platform from four sides, but it's a stiff climb. Far Eastern old hands who knew the Shwedagon in earlier days will be pleased to hear that there is now an easier way. Three elevator towers (recently built for north, east, and south sides) take you up effortlessly.

From the street below, and especially from the pagoda platform, the sheer size of the Shwedagon and its golden brilliance almost overwhelm you. The spire rises 326 feet and its surface is gold. Mostly it is covered with foot-square fitted gold plates, 9,272 of them, put in place in the first half of this century. Before 1900 all the spire was surface with gold leaf, but monsoon storms woul blow or wash the leaf away, hence th

Buddhist monk *and companion, sandals in hand, pass shrine where women are arranging flowers, pouring water to wash small Buddha image*

NEW ZEALAND IS:



A Maori maiden chanting an ancient rite near Rotorua's boiling lakes . . . a cable car ride in Wellington to the very top of the bottom of the world . . . wingless birds, and boys in boaters and a ski-plane flight to a glacier . . . the awesome beauty of Milford Sound . . . bargains in woolens and sheepskin rugs in a land with more sheep than people. New Zealand is marvelous food, comfortable lodgings and the most friendly souls in the world. That's what New Zealand is. And more. Simply mail the coupon. We'll be delighted to tell you all the rest.

NEW ZEALAND GOVERNMENT TOURIST OFFICE

Department SM-10-70
153 Kearny Street, San Francisco 94108;
630 Fifth Avenue, New York City 10020; or
510 W. Sixth Street, Los Angeles 90014.

Please send me your free Kiwi Travel Pack.

☐ *I am interested in information on nearby Australia, too.*

Name _____

Address _____

_____

City _____ *State* _____ *Zip* _____

My Travel Agent is _____

The Toyota Corona was ahead of its time. It led the new wave—economy cars that offer more than just a bare set of wheels. We intend to keep it ahead.

So, we've improved it. Quite a bit.

First, we gave it twenty percent more horsepower. For greater acceleration and speed. We did this with an overhead cam engine that still gets up to 25 miles to the gallon. It's not only more powerful (108 hp), it lasts longer. Because of fewer moving parts.

Also, a lot of aluminum is used in our new engine—where it makes sense. To lighten the car and to dissipate heat faster (which also reduces wear).

It has a five bearing crankshaft, instead of the previous three. And dual exhaust manifolds, instead of one.

Then we gave the Corona a power braking system with front discs. For greater stopping power.

And a newly engineered suspension system, front and back, for a smoother ride. And also to deaden sound.

Inside, the seats come two ways. Buckets with the 4-on-the-floor stick shift. And with the column-mounted, 3-speed automatic, you get a full bench seat.

There's more leg room, more hip room and a bigger trunk.

The four doors are still there. So is the flo-thru ventilation, the nylon carpeting, the tinted glass, the courtesy lights, the whitewall tires and the locking glove box. All standard equipment.

And the options are the same. Factory air conditioning, AM/FM radio, stereo tape deck and automatic transmission.

What all this adds up to is the new Toyota Corona.

For drivers who are in love with the best.

Until it's improved.

TOYOTA

We're quality oriented

You loved it the way it was for five fantastic years. So we made it even more lovable!

Manufacturer's suggested retail price, 4-Dr. Sedan, $2126. Accessories, options, dealer preparation, freight and taxes extra.

Visitor strikes 42-ton bell, largest at Shwedagon. Teak beams supporting bell were replaced last year with steel

witch to fitted plates.

The very top of the spire is encrusted with precious stones. You must take this on faith, for it is too high to be seen distinctly.

When you approach the Shwedagon you have a choice. Either carry your shoes and stockings (an over-the-shoulder airline bag is useful) or leave them with a shoe-sitter. Everyone must enter the Shwedagon barefoot as a mark of respect.

Up at platform level you can make a leisurely circular walk. Encircling the Shwedagon itself are some 72 small shrines, very elaborate in design, usually gilded. At the outer edges of the platform, on your left if you walk around clockwise, are four large pagodas, one in the center on each side. Mixed in between them are no less than 64 smaller pagodas.

Among and between both the shrines and pagodas is a bewildering parade of religious sculpture, all of it colorful. *Manokthihas* are sphinx-like mythical creatures. *Keinnaya* are half-man, half-bird sculptures. *Baloos* are ogres. *Chinthes* (mythical lions) or *leogryphs* are four-legged, seated, roaring monsters; two enormous ones, each as tall as a two-story building, guard the south entrance.

Everywhere you see images of the Buddha. Those in the side pagodas generally are of marble, alabaster, or brass. The very large Buddhas are usually brick covered with plaster.

While the Shwedagon's hill has supported a pagoda for more than 2,000 years, the modern bulb spire dates from perhaps the fifteenth century, and much that a

The new most automatic automatic.

It's the new Kodak Instamatic X-90 camera. Does more of everything for you. Automatically. So you don't have to. And it uses the new Magicube. Type X, for flash. The kind that doesn't use flash batteries. So you don't have to worry about them, either.

All sorts of things happen automatically when you drop the film cartridge into the new X-90. It automatically advances the film to frame #1. And to the next frame, after each picture. Automatically sets existing light exposure by electric eye; sets flash exposure as you focus. Automatically warns you when to use flash. And when you need to change a used-up Magicube.

All this automation comes with a computer-designed f/2.8 Ektar lens of unusual sharpness. See the new Kodak Instamatic X-90 at your photo dealer's. Less than $145.

Kodak Instamatic® X-90 camera.

Price subject to change without notice.

Kodak

Peugeot.
For bones, backs and bottoms.

Cars that have a reputation for being tough on the road are often just as tough on the anatomy.

Not the Peugeot 504. It's a comfort.

At sixty miles an hour, the wheels may be bobbing over bumps and potholes. But, sitting snugly in your very cushy bucket seat, you don't know a thing about it. Independent suspension on all four wheels—à la Rolls Royce—keeps the road from getting to you.

If someone up ahead suddenly cuts into your lane and you're forced to hit the brakes, there's no need to panic. You've got disc brakes and Michelin radial tires on all four wheels. And they slow you down quickly but gently.

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For more information see your local Peugeot dealer o write Peugeot, Inc., P.O. Box 161, Clifton, New Jersey 07015.

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isitor sees today is twentieth century.

s you walk around a great deal is going n. Devout women kneel in prayer. Teams f women and girls tend shrines, arrang- ıg flowers, washing images. Young boys ɔ by in monks' yellow robes (every boy ust at one time be novitiated into the uddhist monkhood and live with the *hongyis*). Construction and reconstruc- on is taking place. You see workmen ending paving.

he Burmans seem relaxed. They make ou feel welcome. You can go about as ou like, shooting photographs without nbarrassment.

he east or *Bahan* side stairway has shops ı either side offering local handicrafts modest prices. If climbing the steps is fficult, going down is easy and the shop- ng along the way is fun. At the bottom the south or Pagoda Road side stair- ay are shops selling Buddha images and lded thrones.

ours in Burma. Seventy-two-hour tours ave been available this year through avel agents. These begin and return to angkok. Visitors fly in and out on the ıe modern jet aircraft in the Union of urma Airways fleet, a Boeing 727 pur- ıased earlier this year in California from ir West. The tour groups spend their rst and third nights in Rangoon, their econd night upriver in Mandalay, and lso visit the old and temple-crowded ty of Pagan.

isitors can also put their own tour to- ether, but they should make sure of otel reservations before going in. Pan merican's daily around-the-world flights and 2 detour twice a week to make a angoon stop. *Sunset's* reporters went to angoon on their own via UBA from angkok, returned three days later via an American.

otels. Rangoon has two government-run ırge hotels: the Strand, downtown, a ormer British colonial hotel; and the Inya ake, between the airport and town, big, odern, Russian-designed and built.

he Strand probably has not changed ne whit in the last 50 years except for a efurbished bar in the lobby and some ot-too-effective air conditioning. But the ooms are lofty with ceiling fans and the oors are polished teak. The Inya Lake is ast and usually all but empty.

oth hotels have trustworthy food and re, in fact, almost the only convenient laces for an American visitor to eat. oth are used by the tour operators.

Downtown Rangoon is colorful but sadly un down. Some sidewalks are open ba- aars but there is little to buy. Stores are oarded up, buildings in poor repair. One diplomatic store" downtown and the air- ort shop do have a selection of Burmese andicrafts—mostly lacquerware, fabrics, ewelry—all for sale only in hard cur- encies.

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Water fed *through this giant monitor at enormous pressures washed away whole hillsides*

PETE REDPATH

The great wounds at Malakoff . . . and the softening of wind and water and time

Residue *of hydraulic mining tailings that generated heated debate: now fun to play on*

Once *an eyesore the bruised, battered land the miners left has weathered into these rococo cliffs*

GLENN CHRISTIANSEN

You see the wreckage of another epoch at Malakoff Diggins State Historic Park where some of the richest of all hydraulic gold mining took place. Here the lines were drawn for an epic battle between California's miners and its farmers, as floods and debris caused by miners threatened to destroy croplands downstream. The battle ended in total victory for the farmers and virtual curtailment of all hydraulic mining in the Sierra.

Hydraulic mining ended in 1884 as a result of an important anti-pollution court decision. But not before much of the land was in ruins: huge cliffs washed away . . . tailings in great piles everywhere . . . all vegetation gone . . . great open wounds on the land.

Left alone, nature attempts to renew itself, even in the total desolation of Malakoff. Wind and rain and time have softened Malakoff's features, smoothed the hard edges, tinted the minerals and the soil, and reestablished some vegetation. It is, of course, no lush paradise, but neither is it the mutilated terrain the miners left. Now the land has a ghostlike beauty, haunting in its starkness. Lean, sculptured cliffs tower over mounds of weathered debris and the skinny trees that have taken root.

Included as part of the park is the town of North Bloomfield, now deserted except for park staff. Some of its old buildings remain. The McKillican & Mobley general store opens once a year for the annual Malakoff Homecoming. This month the old stable and a mining museum displaying gold rush artifacts will be open on Saturdays and Sundays from 10 A.M. to 5 P.M.

There are 30 overnight campsites in the park, and two small picnic areas (though picnicking is not limited to them). There's swimming at the Blair pond, which once provided the water for the hydraulickers. You can hike on established trails or explore roads and paths that lead nowhere among the debris and standing water below the cliffs.

Malakoff lies northeast of Nevada City. Follow State Highway 49 west and north out of Nevada City for 12 miles to Tyler Road. Take Tyler Road east for 8 miles through North Columbia and follow the signs to Malakoff. At North Columbia you leave pavement and travel over gravel for 7 miles.

Get ready for a rip-roarin' new taste treat. It's Hidden Valley Ranch Dressing Mix for Salads with *Bleu Cheese*. Famous "Ranch recipe" goes sophisticated with bleu cheese for that discriminating taste. Easy to mix as fallin' off a log. The "Ranch" dry blend of delicate seasonings needs only mayonnaise and buttermilk to give you lively, fresh dressing. Divided package makes two pints. Only 49c.

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Aquarius in Utah? Scenic short cut from park to park

FRANK JENSEN

Calf Creek Falls *cascade over sandstone cliffs into crystal-clear pool*

Utah's Boulder Mountain Drive, State Highway 54, is not only a short cut between Capitol Reef National Monument and Bryce Canyon National Park; it also offers panoramic views of some of the most magnificent scenery in all of south-central Utah.

Driving west from Capitol Reef on State 24, your last stop for gasoline or groceries before ascending Boulder Mountain is Torrey, Utah. Three miles farther you turn south onto State 54. You can get road and trail information and maps showing Forest Service campground locations at the district ranger's office in Teasdale, where paved highway gives way to a graded road, accessible to automobiles except during rainy weather. Summer thunderstorms can make the road briefly impassable, although it dries rapidly.

Heavily forested Boulder Mountain, sometimes referred to as Aquarius Plateau, is actually a tableland covering some 70 square miles, most of it in Dixie National Forest. Rising above the surrounding desert country to elevations of more than 11,000 feet, it gives excellent views of Capitol Reef, Circle Cliffs, and Henry Mountains to the east, Kaiparowits Plateau and Navajo Mountain to the south.

The road reaches its highest elevation, 9,200 feet, near Oak Creek Campgroun The igneous cap of the mountain ris another thousand feet. This high area co tains numerous small lakes and stream many of which support good fishing; b they are accessible only by four-whe drive vehicles, or by foot or horseba

The town of Boulder, 41 miles south Teasdale, acquired its name from t white sandstone formations that buttre the southern flank of Aquarius Platea Twelve miles southwest of Boulder, t road makes a steep descent into C Creek Canyon. From the campground the bottom of the canyon, you can take 3-mile trail to Calf Creek Falls (pictur above) and the clear splash pool and han ing gardens of monkey flower and colu bine. The canyon also has some sm natural arches, petroglyphs, and Indi ruins. One formation, Phipps Arch, a co ple of miles south of the campground, visible from the highway.

Pavement begins again at Calf Creek a the road descends to the Escalante Riv about a mile away, then climbs to t rim of the canyon. From an overlook y get a good view of the entire Escalan Canyon, whose scenery is so spectacul that it has been proposed as a wilderne area. Another 13 miles will bring you the town of Escalante; Bryce Canyon 50 miles farther.

State troopers do not endorse products.

But this one thinks Lifesaver Radials are too good not to be talked about.

You may have heard lately about a new kind of tire. A tire that's 33% stronger—that gives 30% better mileage—than even our fiberglass-belted tire.

A group of people who've had good things to say about it are state troopers . . . highway safety experts.

This trooper's face is masked, and his uniform disguised, because neither he nor his state will lend their names to any commercial product. But read what he has to say.

"I was off to the side when this guy raced past me. I floored it to catch up. And there I was going into a double curve—Deadman's Curve—at 115 miles an hour. But I never swerved an inch out of my lane. It was like riding a rail.

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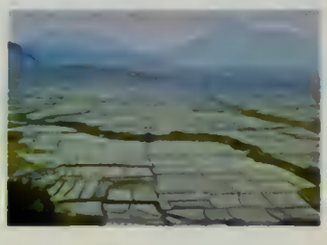

Spend a couple of days off the beaten path. Discover the Japan where tourists are few, but always welcome.

By night, molten lava in the crater of Mt. Asama glows with an unearthly light. But you'll never know the unique sensation if you don't leave Tokyo behind for a day or so.

If you tire of the glittering Ginza, visit a town like Kusatsu, where 80 *ryokan* (Japanese inns) cluster about the town square. Let Kusatsu's hot springs bathe your body and soothe your spirit.

Step aboard a high-speed hydrofoil not far from Osaka, and race through a sea dotted with pine-clad islets that look the same today as they did when they inspired Japan's most famous artists centuries ago.

Glide in a flat-bottomed, air-propelled boat through the rapids of the Kumano River to the deep, still waters of Torohatcho gorge. Look down into the mirrorlike water and see the reflections of azaleas and rhododendrons perched on the granite cliffs high above you.

Let your imagination go when you visit the regions where tea is grown. The long, carefully manicured rows of tea plants suddenly begin to resemble green dragons asleep on the hillsides.

Wander the countryside of Japan and soak up the sights no city can offer: pearl divers disappearing in clear cool waters; villagers celebrating a rich harvest with *bon-odori* dances on the village mall; a craftsman fashioning a ceramic vase of classic Japanese simplicity.

The Japan you'll remember best is the Japan beyond the usual. For more information on the hidden Japan, send for our free booklets, "Northeastern Japan" and "Midland of Japan."

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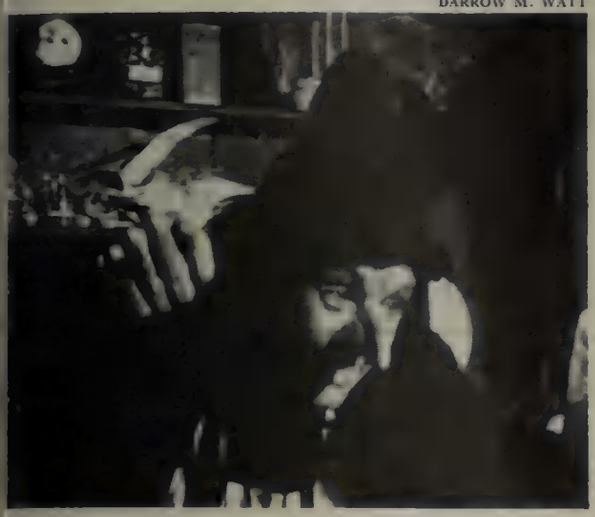
A Japan few tourists see.

DARROW M. WATT



Wicked witch *(nose is part of costume) brandishes cleaver*

Late in October the haunted houses will open

George Fuller's ghost *rises from newly dug grave at last year's Assistance League haunted house in Walnut Creek*

Cleopatra *and asp hold court in an upright coffin*

"From ghoulies and ghosties and long-legged beasties and things that go bump in the night, good Lord deliver us" . . . but not really, because as any young trick-or-treater can tell you, it's great fun to be scared.

If the season's weirdies have deserted your Halloweens lately, and the children miss being frightened out of their wits, visit a haunted house. A growing number of haunted houses are operated in northern California by charitable organizations, a mitigating circumstance in that no spook who'd spook for charity is apt to be too spooky for the very young.

Auxiliaries of the Children's Home Society of California operate haunted houses and all charge admission of 50 cents per person:

Red Bluff—744 Hickory St.; October 30 and 31, 5 to 9 P.M.

Corning—IOOF Hall; October 30, 6 to 9 P.M.; October 31, 5 to 9 P.M.

San Rafael—A and Fourth; October 23 through 31; weekdays, 3 to 9 P.M.; weekends, noon to 9 P.M.; on Halloween, noon to 6 P.M.

San Jose—1600 Saratoga Ave.; October 22 through 31; weekdays 3 to 9 P.M.; Saturday 10 A.M. to 9 P.M.; Sunday noon to 9 P.M.; Halloween, 10 A.M. to 6 P.M.

Salinas—130 Archer St.; October 23 through 31; weekdays 4 to 9 P.M.; Saturday and Sunday, noon to 9 P.M.

Fresno—927 U St.; October 22 through 30; weekdays, 4 to 8 P.M.; Saturday, 1 to 8 P.M.; Sunday, 1 to 5 P.M.

The Candlelighters of Fremont operate a haunted house on the Ohlone College campus in Fremont: October 17 through 31; weekdays except Monday, 4 to 9 P.M.; weekends, 11 A.M. to 9 P.M.; Halloween, 11 A.M. to 6 P.M.; 75 cents per person.

The Assistance League of Diablo Valley will have its haunted house in Lucky's parking lot, Mount Diablo Blvd. and Broadway, Walnut Creek: October 23 through 31, except Sunday; weekdays, 3 to 9 P.M.; Saturdays, 10 A.M. to 6 P.M.; 50 cents per person.

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GLENN CHRISTIANSEN

Temperature *around geyser is about 115° at Hot Creek, Mono County, California*

Where are all the hot springs?

Ninety per cent of all hot springs in the United States are found in the West. California, Nevada, and Idaho have about 200 each, Oregon has more than a hundred, and there are dozens throughout the Southwest.

A recently published paperback lists them: *Thermal Springs of the Western United States*, compiled by William C. Kaysing (Paradise Publishers, Box 4836, Santa Barbara 93103, 1970; $3). The 37-page catalog includes hot springs in 12 states from Texas to Washington.

Thermal springs occur most often in areas that have had volcanic activity in comparatively recent geologic time. The water rises from deep strata along faults and fissures.

Claims traditionally are made for the therapeutic value of such springs, and resorts have grown up around some of the largest. But it is possible to find hot springs at roadside (some with camping facilities) available for free public use.

The booklet gives information on water temperature, flow, chemical quality, rock formations, and resorts and campgrounds in the vicinity. Directions and maps in the book are quite general; the author suggests inquiring locally for specific locations.

It would also be wise to ask whether the springs are available for public use—a point not made clear in many of the handbook listings. Some of the almost 1,000 springs described are private water supplies used mainly for irrigation.

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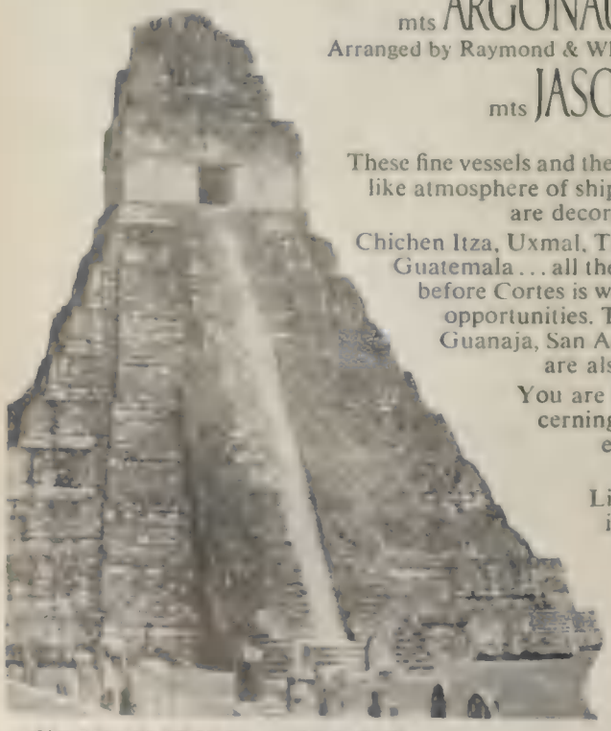

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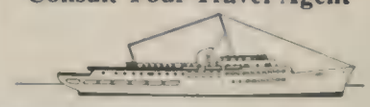

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Visitor admires *marble-eyed owl andirons sold locally ($35 pair)*

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DIV. OF THE SCOTT & FETZER CO.

At University of Utah *museum, "Age o Dinosaurs" shows allosaurs, camptosaur*

Girl examines *skull of emperor mammoth woolly beast from 12 thousand years ag*

From the graveyard of dinosaurs

In the Mesozoic era, dinosaurs from dog sized podokesaurus to 50-ton brachiosau rus were especially numerous in what i now our state of Utah. Today Utah is a important dinosaur graveyard. Its dig gings have provided the museums of th world with thousands of 150-million-year old bones.

However the Utah Museum of Natura History, established in Salt Lake Cit barely one year ago, now aims to kee more dinosaur bones in the state. Amon its exhibits is the "Age of Dinosaurs" wit two allosaur skeletons (9 and 13 feet tall and a camptosaur (11 feet tall), and i has plans for a 13-dinosaur exhibit in cluding a 75-foot brontosaurus.

The "Hall of Man" exhibit has India artifacts dating back more than 8,00 years, and two Indian mummies fron Utah's prehistoric past. Also on displa is a painting 100 feet long and 12 fee high, in which WPA artists in the 1930 reproduced a mural done by aborigine on a rock wall in Horseshoe Canyon Utah, nearly a thousand years ago.

The museum has more than 100 exhibit depicting everything from the creation o the earth to the mule deer in its natura habitat. It's on the University of Utal campus and is open from 9:30 A.M. t 5:30 P.M. every day except Thanksgiving Christmas, and New Year's. Admission i $1, or 50 cents per person for famil groups and for children.

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JOHN REGISTER

M.V. Golden Gate *lands in Sausalito alongside Berkeley—former ferry converted to shop*

Weekend *traffic clogs street into Sausalito*

Just 33 years after the Golden Gate Bridge eliminated ferry service, there's a ferry to Sausalito again (with connecting bus to Mill Valley). The new boat is the second on the Marin County run; another has been serving Tiburon for some time.

Sausalito's steep hills sloping past shops and restaurants to the bay aren't suited to driving and parking automobiles. And streams of traffic in recent years have marred weekend sightseeing. The new service is provided mainly to relieve weekday commute traffic, but it is also hoped that the ferry will ease Sausalito's weekend auto-crush.

Departure is just north of the San Francisco Ferry Building where weekend parking is no problem, especially on Sundays when the city relaxes most parking regulations. On the saloon deck, snacks are served and there is a small bar. The ferry passes just south of Alcatraz Island and after a 30-minute voyage you disembark into the midst of Sausalito's close-at-hand pleasures.

The ride costs 50 cents each way. For departure times call (415) 982-8833.

Bicyclist *awaits ride back to San Francisco after testing Marin hills*

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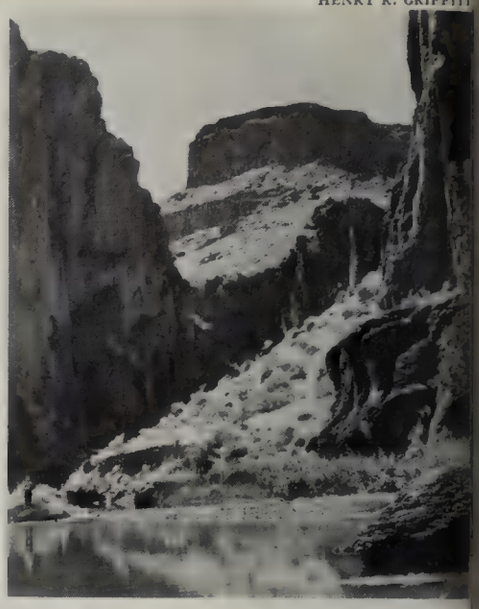
HENRY R. GRIFFITH



Bruneau Canyon *floor is hard to reac but provides hiking, fishing, swimmin*

Down, down into Idaho's Bruneau

Southwestern Idaho's starkly beautif Bruneau Canyon, one of the deepest gorges, is also one of the most inaccess ble, as Peter Ogden found when he e plored its entire rim in 1826. Ironicall he and his Hudson's Bay Company tra pers nearly died of thirst for want of trail to the Bruneau River far below.

Modern canyon explorers have an easi time both descending to the Bruneau floor and reaching the desert that it b sects for some 65 miles.

From Mountain Home you drive sout on State Highway 51 for 20 miles to t town of Bruneau. Continue south on the desert on the paved road that sta east of the river. After 8 miles the ro forks into three secondary roads, all be traveled by high-clearance vehicles. Ta the middle fork, which follows the ca yon's east rim, for 10 miles to a hig overlook.

To get to the river itself, continue on t middle fork road another .2 mile, th turn right onto another dirt road for miles to the canyon rim. Here locate t Roberson Trail with the help of a U.S.G. map (Winter Quadrangle).

Autumn is the best time for a Brunea Canyon visit. The temperature reach 70°, the river is low enough to perm hiking at the bottom of the steep-walle gorge, and scattered along the rocky ca yon walls are oases of gray-blue junipe and bright yellow willows.

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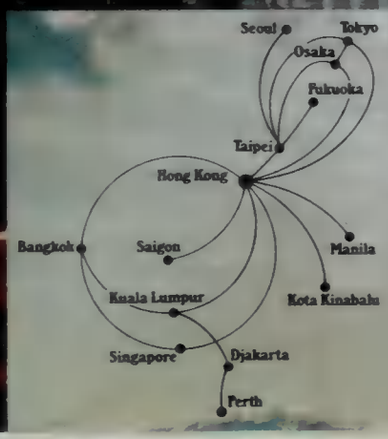

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CECIL HELMS

Owner *of Victorian on Hillsdale Avenue finds even painting trim on cornices and brackets takes time and infinite patience*

View *of Eureka's Carson Mansion is from the "other" Carson House across M Street. Now a restaurant, it is open to the public*

The old houses are reminders of Eureka's lumbering past

California's northernmost harbor city of Eureka doesn't draw many tourists just to visit it. But its location halfway between San Francisco and Portland on U.S. Highway 101 does make it a good stopover point. It's near the new Redwood National Park. And it has vintage attractions of its own.

Except for the downtown thoroughfares, Eureka still retains much of the character it had when seafarers from New England and woodsmen from Nova Scotia

Boys *enjoy rare sunny day in often foggy city. Double bay windows admit more sunlight in gaily painted house on G Street*

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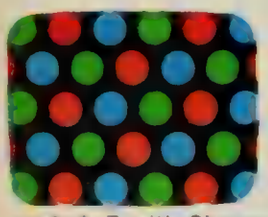

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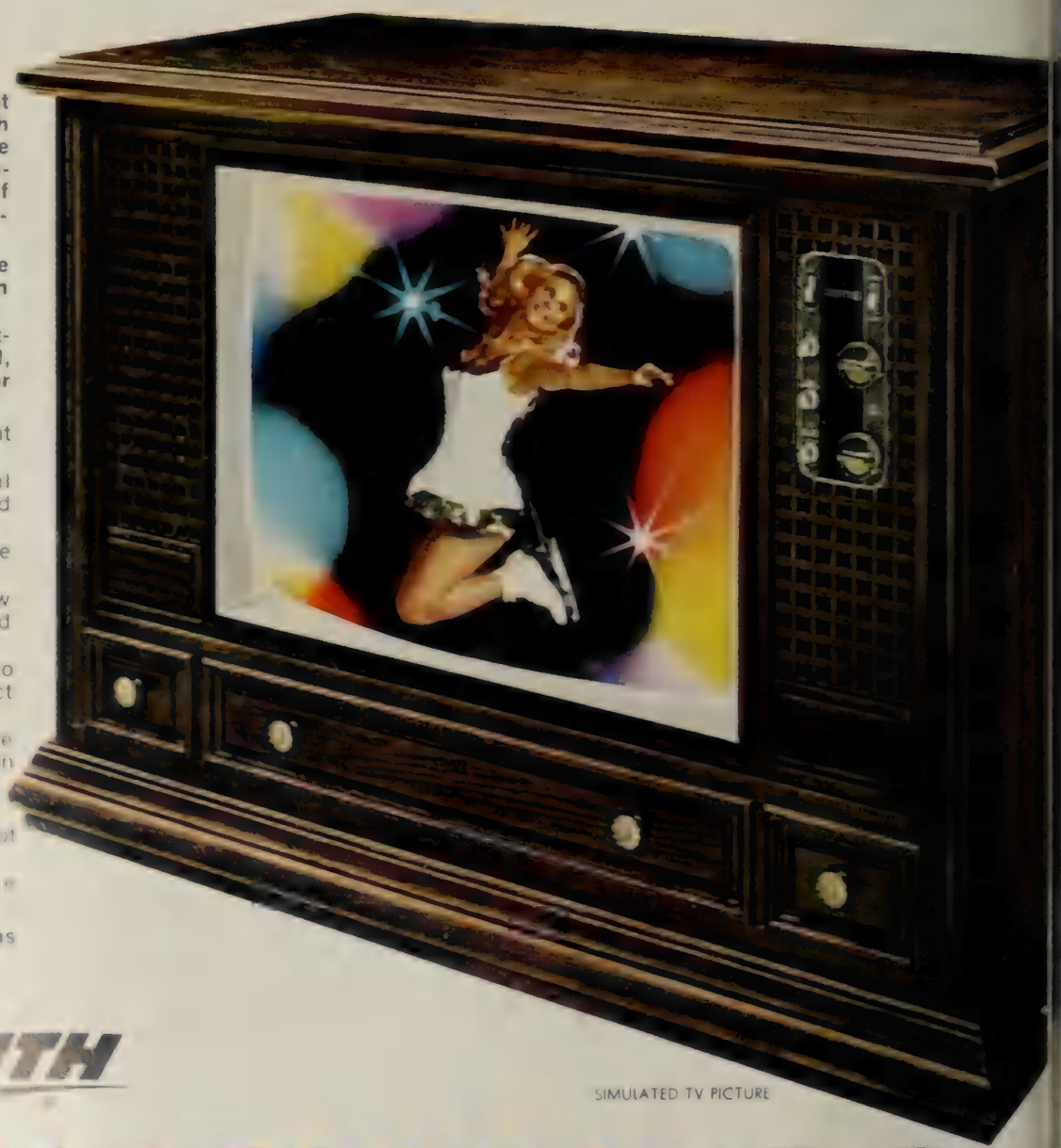

SIMULATED TV PICTURE

ZENITH

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ettled there in the 1850's. Lumbering nd fishing built Eureka—and are still its ıain industries. Sniff the air. The odors ome from the waterfront docks along Humboldt Bay or the pulp mills southest of town.

During Eureka's early days, lumber was lentiful, carpentry was inexpensive, and t was the era of the elegant Victorian ouse. If you have an hour or two, you an drive by many fine examples of the omes built during this ornate architecural period.

Victorian house - searching is easy in Eueka. Brightly colored turrets, spires, and ables show up well against the oftenoggy sky. The largest concentration of omes is south of Seventh Street between J and K streets. Most are well maintained r in the process of rejuvenation.

The much-photographed Carson Mansion s a "must see." Overlooking the bay, at he corner of Second and M streets, this mpressive structure, now a private men's lub, looks much as it did when comleted by lumber baron William Carson n 1886. Whether it is "the finest examle of Victorian Gothic architecture ever uilt" or an "architectural monstrosity" is still being debated.

Often tourists don't notice the smaller pink house directly across the street. But it is one of the few Eureka Victorians open to the public. Built by Carson in 1889 as a wedding gift for his son, the house has had a turbulent history. After several ownerships, it was bequeathed to two sisters in Germany. In 1942 it was seized by the government as Nazi property and sold later at public auction. Restored in 1964, it is now a commercial establishment. The Carson House Dining Room (open for lunch, Monday through Friday; for dinner, Monday through Saturday) occupies the double parlors on the first floor. Carson House Antiques is in the basement. A carriage house, connected by a covered walkway, is an interior decorator's studio.

For a look at the old downtown section, which may soon be replaced by a freeway, drive down to the waterfront and along First, Second, and Third streets. Many of the buildings are in poor repair, but here and there another minor restoration is taking place. Young artisans have opened up modern craft shops in some of the town's oldest buildings.

CECIL HELMS

Curious puppy *is framed in the window. This modified style is called "stick Eastlake"*

Resplendent tower *of this Victorian, now being restored, is topped by one of two remaining ironwork finials in the city*

In Hong Kong, The Mandarin.

Like The Mandarin itself, the bars of The Mandarin have a feeling all their own. The Captain's Bar, warm and intimate with a small combo playing the kind of music that always swings but never intrudes. Two floors away, the unique club-like atmosphere of The Chinnery, a 'men only' bar where the speciality is prime roast beef served with man-sized drinks. In the Grill Room bar, a friendly aperitif creates the perfect mood for the superb food that follows. And high above it all, The Lookout Bar where the whole breathtaking panorama of Hong Kong and its harbour unfolds before you. The truly great hotels of the world are few and far between. In Hong Kong, it's The Mandarin.

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There are beautiful red and gold panels. And wood carvings. The walls show drawings from ancient Chinese legends. We even had a mural done for the lounge area. You may have to look out the window to remind yourself you're in a plane.

When your pretty hostess, clad in traditional Chinese dress, starts bringing in the food, you sense you are very close to greatness.

First perhaps a toast, either with Shao Shing, a delicious rice wine or your favorite cocktail. Then springrolls, warm and tasty, followed by a sweet and sour pork that only a few chefs know how to make perfectly. The bite size chunks of lightly breaded meat are swimming in a pungent sauce you will remember always. Now Mandarin chicken, flawlessly spiced, tender and moist, and golden noodles, shimmering on the Ming Dynasty china. We could go on endlessly, all the way to the tropical fruits and jasmine tea. Of course there's western food too.

We're so sure you're going to consider the food close to perfection, we've provided a recipe book so you can enjoy these dishes again at home. The only dish we've left out is the one in the picture.

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Chinese restaurant

All four *are studying woven belts (about 40 cents) in Pátzcuaro market*

A serious *young weaver of serapes in Jocotepec*

Shopping tour Guadalajara to Mexico City and back to Guadalajara

Mexico produces a tremendous amount of exuberant folk art. It consists of handicraft objects designed mainly for household use and it derives from the time when each village produced practically everything it needed for daily living.

We who travel to Mexico take special delight in finding that a folk art tradition still thrives in our part of the world.

Notably rich in treasures is the region between Guadalajara and Mexico City—you might call it Middle Mexico. You won't forget either the trip or the region after driving its 300-mile width visiting craft centers. Travel it light in spirit as well as luggage, and with a light hold on purse strings so when you see a thing so brilliant or beautiful or amusing that you can't resist, you'll buy it and not search fruitlessly for something like it all the rest of your trip. You'll find that each town has its

Friendly grandmother *in Ruiz National Park museum, Uruapan, shows how she applies another rose to the lacquer tray (around $15)*
DON NORMARK

The potter *doesn't need language to explain how she works clay with her hands, shapes it around mold, lets it dry, then assembles halves to make a pot*

Next day *in Pátzcuaro pottery market, we saw her selling flower pots and cooking ware (a few cents each) that she had fired in the primitive kiln behind her home in an outlying village*

DON NORMARK

:n craftsmen making things like pottery, baskets, serapes, or ys of a distinctive style for sale to local people in local markets where we bought most of the things we like best. Meeting e artist himself also makes a purchase memorable.

ır map (over the next page) shows a loop that could easily nsume the better part of a month. However, it's easy to take st half the loop: like flying to Guadalajara, driving a rented r to Mexico City, and flying home. Since all roads shown on ır map are paved, there are various good ways to do a short op out from either end. Aeronaves de Mexico has plane ser-ce to Uruapan, Morelia, and León, which might serve as ses for even shorter automobile swings. And of course trains d first-class buses run to all the major centers, where taxis e still relatively cheap by U.S. standards.

ı route, we will see many striking examples of colonial ar-itecture from the 1500's through 1700's when Mexico was Spanish colony and this region was its heartland. Also some story: Much of our way from Guadalajara east and then rthwest to Guanajuato follows the so-called Route of Inde-ndence linking places of importance during Mexico's 1810-21 struggle for independence.

efore leaving home, be sure to lay hands on a copy of *A Shop-r's Guide to Mexico: Where, What, and How to Buy*, by mes Norman (Dolphin Books, Doubleday, New York; 1966; .25). It's the best handbook on Mexico's folk arts and crafts d where they're produced, and the only concise one.

so before you leave: Allow extra room in your suitcase or ve an extra bag; it will be appreciated as you gradually llect things. Finally, if you drive: Two members of our team ıo drove all the way down and back (photograph, page 75) ıd high praise for the mile-by-mile motor travelogs available om Sanborn insurance offices at the border.

t's begin touring the southern route, which is more continu-ısly interesting than the other. Incidentally, we start at an titude of a little over 5,000 feet and on the whole loop will ten go higher but never lower. Rains slack off about now, th weather mainly dry until summer rains begin again, and s cooler through winter until the spring temperature rise.

ROM GUADALAJARA PAST LAKE CHAPALA

uadalajara tends to contradict the theory that traditional ındicrafts survive only in Mexico's villages where there are w higher-paying occupations to lure workers away. However, uadalajara is a recognized craft center partly because so any craftsmen are at work in surrounding communities.

you're spending time around Guadalajara, reserve a little of for Casa de las Artesanias de Jalisco, in a new building, a ate-operated institution for both displaying and selling hand-afts. It is at the north end of Parque Agua Azul. For a public arket selection of folk art, try Nuevo Mercado Libertad, rther north on Calzada Independencia at Avenida Juárez. ırgaining is customary in public markets, less so in shops but ay be possible in all but the most adamant fixed-price places. or a fuller explanation, read James Norman's amusing chapter "The Art of Haggling."

any go to see the glassblowers who work for the Avalos others. There are also small textile shops that can be visited.

bout 5 miles from the center of the city, between Highway 80 ıd Highway 35, is the well known craft center with the fun-pronounce name, Tlaquepaque (tlockay-*pock*ay). It used to known only for pottery, not all of it good, but has lately branched out into furniture, textiles, glass, and other crafts.

About 2 miles farther out Highway 80 and then about 3 miles north is Tonalá, which produces some of the most distinctive pottery in Mexico. In addition to more practical pieces, its artisans produce a great many beautifully decorated, hand burnished birds and other animals and sculptured things.

Our route follows Highway 15 south out of town and 35 miles later approaches Lake Chapala at Jocotepec. This relatively small town is noted for the weaving of serapes: traditional with geometric designs and small flowers in pastel colors on an off-white background; and contemporary featuring birds and flowers in happy patterns typical of the state of Jalisco. For locations of individual shops, inquire at the Hotel La Quinta, which is about a mile off Highway 15 toward Ajijic.

The people of Ajijic, an even smaller community 12 miles farther northeast on this same road, likewise do weaving.

The highway now skirts Lake Chapala, Mexico's largest, for almost 50 miles past farms, resorts, lakeside retreats. You may see fishermen fishing with nets for a smelt-like white fish, caught also in Lake Pátzcuaro and served as a delicacy in both areas. Lake Chapala's level fluctuates, and you may notice a village that appears to be on an island; sometimes it has a usable road to the mainland and sometimes not.

After leaving the lake, you pass some eye-catching churches and finally come to Jiquilpan. Its library, on the main street, is decorated with murals by José Clemente Orozco, and the librarian (he lives next door) is a gracious guide.

Some time after you pass Zamora but a few miles before you reach Carápan, watch for a sign pointing to Lake Camecuaro Park. It's worth the half-mile detour. The little lake is over-hung with large trees of the cypress family (called *sabino* locally) with foliage a little like redwoods. Admission is about 25 cents; a short boat ride, 80 cents.

MICHOACÁN AND THE TARASCAN INDIANS

Highway 15 keeps its course eastward, but by all means turn southward at Carápan and head for Uruapan. Almost immediately you're into beautiful countryside of pine forest, fields, and mountains characteristic of the state of Michoacán and indisputably the territory of the Tarascan Indians. They never gave in to the Spaniards, never even softened toward them until the coming of Bishop Vasco de Quiroga. This humanitarian encouraged the restoration of the Tarascans' all-but-destroyed culture and developed the system of having each village specialize in some craft or industry.

All these bits of background linger in the mind as you take the 46-mile drive south to Uruapan, going through the tiny towns of Cheran and Arantzan where women are embroiderers and weavers. Women of this area wear very full dresses, bright sashes, and usually something around the head; each village or district seems to have a different color scheme.

Eventually you're driving the long main street through Paracho. We saw women carrying stacks of partly completed guitars. The largest manufacturer has a store on the main square and a factory employing about a hundred workers a few blocks away. All its guitars bear the initials JOM for Jose O. Monroy. The other shops tend to be smaller but have master craftsmen—Gerónimo Amézcua is widely known. The town produces not only regular guitars but also smaller ukulele-like ones, the larger *guitarrons*, and violins, cellos, and base viols —also chess sets and other objects of wood carving art. This

Pátzcuaro's markets offer rich pickings

Folk Art-Handicrafts Loop Tour

Lagos de Moreno
San Juan de los Lagos
León
Guanajua
Tepatitlán
Guadalajara
Zapotlanejo
Ajijic
Jocotepec
Jiquilpan
Zamora
Carápan
Quirog
Tzintzuntzan
Paracho
Pátzcuaro
Uruapan
Santa Clara del Cobre

45 80 39 110 15

Mexico City to Guadalajara (Northern route): about 420 miles

Between Zamora *and Carápan, this is Lake Camecuaro, filled with fresh, cool spring water. You can boat, swim, picnic here*

Typical *high-crowned roof of rural houses in the state of Michoacán*

Guanajuato houses *hang over open part of subway that follows course of river now channeled below*

PETE REDPATH

In a barrio *of Tequisquiapan he weaves baskets of willow root (an assistant strips off its covering with his teeth)*

Dolores Hidalgo

an Miguel de Allende

57

Tequisquiapan

45

Querétaro

San Juan del Río

Guadalajara to Mexico City (Southern route): about 480 miles

Morelia

15

55

57

Mexico City

San José Purúa

Toluca

Metepec

DON NORMARK

Morelia's cathedral, *completed in 1744 after being under construction for more than 100 years, is the queen of this city's collection of colonial-era buildings. You can't miss it; it's right on main highway through town*

is probably the best place in Mexico to buy a guitar if you have enough background to judge its tonal quality.

About a dozen miles farther, a side road leads west to Parícutin, the now-extinct volcano that suddenly emerged in 1943.

Uruapan can be one of the surprises of the trip. It has remained just far enough off the beaten track to escape wholesale detection. But perhaps not for long now: Last year it established an Instituto Cultural Uruapan, comparable to the one in San Miguel de Allende, aiming especially to attract North Americans who would like to study Mexico's culture, arts, and crafts. One three-month session begins in October and another in January. Its address is Avenida Juárez 114.

One thing you're not prepared for is beautifully cool and lushly overgrown Ruiz National Park, on your right as you enter town. Within its limits a full-grown stream issues from springs to plunge through the park in natural and man-made fountains, pools, falls. It ends eventually in Tzararacua Falls, 6 miles below town, and then becomes the Cupatitizio River.

Uruapan has long been known as a center for lacquer work, and one of the studio-shops easiest to find is right across the street from the entrance to Ruiz Park.

In their weaving studio out in the residential district, American-born Walter and Bundy Illsley work with native artisans who follow the traditional techniques and produce quite sophisticated textiles. If you'd like some, buy them here; you don't see them elsewhere.

You have a vivid sense of the older Indian culture when you sit in the tree-shaded downtown plaza and visit the museum across the street and walk through the market that rambles behind the buildings. We saw a beautiful array of red and yellow fruit, probably because there's lowland *tierra caliente* just a few miles south on the road to the steamy coast.

A year ago the 40-mile road to Pátzcuaro had some nasty rough spots (see page 4). This year it is completely paved.

Pátzcuaro is one of the two most versatile craft centers in Mexico (the other is Oaxaca in southern Mexico), and the markets of both offer exceedingly rich pickings. The Indian market on Fridays is Pátzcuaro's most unusual one—the Indian women wear necklaces of silver balls and red beads with silver crosses or fish dangling from them. But the daily markets also have their share of locally-produced pottery, lacquer, wood carving, serapes, rebozos, other textiles, baskets, copperware, and jewelry.

The Plaza Grande and surrounding buildings have a stately Old World look. The Museum of Popular Art and Archeology is a good one.

Nine miles south on a paved road to distant copper mines, you can visit copper workshops in Santa Clara del Cobre (Villa Escalante on some maps). In other villages around Pátzcuaro you can watch wood-carvers and potters and other artisans.

And take the boat excursion on Lake Pátzcuaro to the island village of Janitzio, where a famous Day of the Dead ceremony is held each November 2. En route, someone will always pose with the graceful traditional "butterfly nets" so you can get a picture—but the commercial fishermen quit using them about 10 years ago.

A few miles north along the lake, Tzintzuntzan (means hummingbird and sounds like one) was once capital of the Tarascan nation. Some crumbling buildings and gnarled olive trees mark the site of the church that Bishop Quiroga established in the 1500's. A roadside market here sells the work of local potters and reed weavers.

Back on Highway 15, you pretty much leave the sleepy Tarascan world behind. However, in Morelia, capital city of Michoacán, it still shows somewhat in the state museum and in the market. But Morelia's chief claim to fame is magnificent colonial architecture, including its famous cathedral. An old elevated aqueduct more than a mile long is still standing.

DON NORMARK

Ceramic wash basins *on wall ($16 each) could brighten one's morning. Hard-fired floor and wall tiles cover much of the floor in this cavernous workshop-warehouse in Dolores Hidalgo*

Tile for your kitchen, a bright wash basin for your bath

ON THE WAY TO TOLUCA

Much of the 150 miles from Morelia to Toluca is mountain driving through country sometimes wooded and sometimes almost desolate, over two passes that top 9,000 feet.

If the timing is right, you might enjoy a lunch or an overnight at San José Purúa, one of the best known resorts in Mexico and only a few miles off Highway 15. It is on one side of a broad but deep canyon. Natural springs supply several swimming pools (you get used to the brown-colored water). The complex of rooms, suites, dressing rooms, casino, gazebos, and so forth spreads over a wide, well gardened area.

Toluca's Friday market, held in and around an incongruously new building, is reputedly the biggest in all Mexico. It's pretty big on other days too. It is lively though not very picturesque. But certainly if you have missed buying something in markets elsewhere, chances are good that you can find it here. It is noted for baskets, hand-loomed cottons, serapes, and rebozos.

Among the several craft villages nearby, one of the most interesting—also very close in—is Metepec. In addition to the usual kinds of pottery (beautiful and strong cooking ware), some of its artisans produce a whole menagerie of fancifully colored clay figures of people, animals, other objects, reaching multiple expression in the productions known as trees-of-life.

There's an 80-mile bypass north to San Juan del Río for those who'd just as soon skip Mexico City this time. Otherwise it's an easy and pretty fast 40 miles over the mountain. Just before you leave Toluca you pass the state-sponsored Museo del Arte Popular. A few miles out, you'll notice reed *petates*, or mats for sale along the road.

THE QUERÉTARO TOLL ROAD

The toll road north from Mexico City is so incredibly good that it seems like no time till you've gone 100 miles or so to San Juan del Río. In its shops you'll find opals and other precious stones, also baskets and everything else from hats to animal figures that might be woven with the white roots of the weeping willow tree. However, the real basket-making town is Tequisquiapan, about 14 miles off to the east. If you want to visit an artisan's workshop, ask directions from Alejandro Ugalde at Cinco de Mayo 1. His store and several others with very nice stock are just off the main plaza in Tequisquiapan.

The main thing you'll notice about Querétaro is its colonial architecture and its aqueduct, about 5½ miles long and elevated for the last ⅝ mile into town. Its main craft is the cutting, polishing, and setting of precious stones, mainly opals.

THE STATE OF GUANAJUATO

San Miguel de Allende might strike one as a slightly self-conscious center of culture. But its arts and crafts are rea

Paracho guitar maker *wraps heavy twine around frame to serve as clamp holding the glued sections together*

DON NORMARK

Delicate birds *(about 5 cents) of reed hang under tile-roofed building at Tzintzuntzan's roadside market*

Girl's beautiful hands *are also strong—it takes strength to sew sisal rugs and pads at small factory in Pátzcuaro*

Rugs, toys, guitars, dolls, bright yarns

and the way the town slopes down a long hill makes it picturesque. The church by the main square, designed by an architecturally untrained Indian mason, is like nothing else in Mexico, although some may see resemblances to the work of Gaudi in Barcelona or Simon Rodia in Watts. (The Sanctuary in nearby Atotonilco is also worth seeing for its primitive ceiling and wall paintings.) And the town contains much colonial architecture. Inquire about the Sunday house tours.

The place is full of students, both Mexican and foreign, enrolled for classes in art, culture, or language at the Centro Cultural Ignacio Ramirez or the Instituto Allende. Among the town's residents are several hundred North Americans.

Shops on and near the main square have an unusually good selection of handicrafts from all over Mexico, and in the street market we found especially good papier-mâché masks and toys. The principal things manufactured in the town are tinware, tile, weaving, ingenious toys, and papier-mâché decorations.

Dolores Hidalgo is a charming and straightforward place noted especially for its manufacture of tile and pottery and for the historical museum in the former home of the great revolutionary leader Father Miguel Hidalgo y Costilla.

The 33-mile drive across the mountains to Guanajuato is winding but beautiful and probably best appreciated in the early morning hours.

The appeal of Guanajuato that overshadows all others is its physical situation: in a main canyon with fingers reaching into

Lola, *Carmen, Lupe, Celia, and friends were selling for around 40 or 50 cents on Guanajuato street*

Brilliant dyes *are used on the yarns that are woven in the Illsley studio in Uruapan*

DON NORMARK

Housewares *in San Miguel de Allende market: dishes, ollas, pitchers, bowls for grinding or crushing or mixing, cooking pots*

rious side canyons. Yet all is remarkably compact; most ngs are close together. Walking is relatively easy, but driv- can be difficult. We remember one occasion when we made ee unsuccessful tries to find an unmarked entrance to anajuato's unique subterranean freeway.

is town is also a national monument, and in it you encounter tory in every direction. With its gold and silver mines, it was terly fought over during the Revolution. Gold built the lightful Valenciana Church on the hill behind town. And er is still mined in the nearby Valenciana Mine (though the is trucked to San Luis Potosí for smelting).

ide from a little jewelry and pottery, not much craftwork nade here, but much is available in shops and in the market. e long cadaverous candy figures called *charamuscas* are al specialties.

spring and summer weekends, University of Guanajuato dents present sixteenth century plays and pantomimes in ious plazas. Some also furnish night club entertainment at tel Castillo Santa Cecilia.

arby Marfil has several places specializing in furniture, tiques, and colonial-style decorations for a house or garden.

CK TO TLAQUEPAQUE

aving Guanajuato, those in a big hurry head south for Ira- ato, then westerly on what is now the fastest Mexico City - adalajara route because toll roads are creeping in from both ls. But our leisurely route goes northwest.

come fairly near the giant statue of Cristo Rey (Christ the g) on a mountaintop said to be the geographical center of xico. And for about 20 miles from here to León we pass by broad agricultural valley somewhat like that of the San quin or the Salt River.

ward the last week in January, thousands of pilgrims walk m Lagos de Moreno 30 miles to a church in San Juan de los gos containing a famous image of the virgin. Some carry mat- sses. A huge camp is set up about halfway between the ies, with many food stands, and mariachi bands playing. The grimage reaches a peak around February 1 and ends after a al church service.

San Juan de los Lagos has a minor handicraft reputation: for bright colored embroidery on dresses, tablecloths, other linens. You'll see them flapping in the breeze in front of houses and shops as you drive through.

About a century ago, Emperor Maximilian's former Austrian guards settled in this part of Mexico—especially around Tepatitlán. You may see some of their descendants.

The last 20 miles or so from Zapotlanejo to Guadalajara is now a fast toll road.

AFTERTHOUGHTS

Distances are short enough to allow a pretty free choice of where to spend the night along this loop. Four hostelries are unique for special reasons:

Posado Don Vasco, in Pátzcuaro, for its quiet, semirural location and garden setting; and every Wednesday night it stages probably the best production of the traditional Michoacán dance called *Los Viejitos* (the little old men).

Villa Montaña, in Morelia, for easygoing comfort and the way proprietor Raymond Coté furnished it with Mexican folk art.

San José Purúa, as an all-out example of the old-fashioned family resort your grandparents might have taken you to.

La Mansion, on the toll road between San Juan del Río and Querétaro, a sixteenth century hacienda remodeled and extended into a very attractive and luxurious motor hotel.

The three other cities most logical as stopovers all have several hotels, but if we had just two choices in each place they would be: Uruapan—Motel Pie de la Sierra or Hotel Victoria; San Miguel de Allende—Hotel San Francisco or Rancho Atascadero; Guanajuato—Castillo de Santa Cecilia or Real de Minas.

If this Mexican arts and crafts tour interests you, don't delay it too long. We weren't too shaken to learn that the bells in the Jocotepec church had been replaced by a tape recording; that has happened elsewhere. But later someone mentioned that the weaving of serapes is a dying art, maintained only for sales to North Americans. Why? Because the Mexicans have discovered that a piece of plastic over a wool shirt will keep them just as warm and much drier.

The microbus *hauled back all this. It was collected in "Middle Mexico" during research for this article*

GLENN CHRISTIANSEN

Home from Middle Mexico . . . bagsful if you fly, as much as a bus load if you drive

Is this the kitchen island to end all kitchen islands?

Roll-around cart *(24 by 36 by 36 inches high) has locking casters, drawer, electrical outlet plug with cord; fits into docking slip at end of island to become part of unit*

Until recently the kitchen island has been pretty much a feature of the custom-built house. All examples in our eight-page essay on the kitchen island in the September 1968 *Sunset* were custom-designed. Now the island idea is beginning to appear in mass-built houses. An eye-catching example is shown here.

A structure scaled and joined as carefully as a fine piece of furniture, it has a 34 by 74-inch work surface of laminated strips of pecan and hickory for chopping and cutting.

One end has vertical, floor-to-ceiling supports with a holder for 10 knives, several narrow shelves for spices (dowels keep the containers from falling off), a shelf for cook books, and a cork-faced tack board for notes with a blackboard surface on the reverse side for chalked shopping lists. The horizontal wood shelf directly above the counter will contain five grounded outlet plugs for portable appliances.

Docked at one end of the island is a counter-height roll-around cart.

The island and cart were designed by B. Wood Sanders in a kitchen planned by Mike Roy for William Lyon Development Co., Inc. at Irvine, California.

You can work *all sides of island and cart top. Chopped leftovers are swept into rubber pan kept in drawer in front of cook.*

RICHARD FISH

Track-mounted lights *can be adjusted to illuminate all or section of island surface*

Tilt-out vegetable bins *have plastic windows. Drawer is 30 inches deep for place mats*

Cooking utensils *hang from sliding hooks on high bar, easily reached from sides*

Mellow sunlit afternoons suitable for picnicking are all the more treasured as days grow shorter and winter approaches. The style of picnic must be chosen with these seasonal limitations in mind.

Since a menu with great flexibility is required, basing the picnic on a terrine makes good sense. A terrine is a glorious French forerunner of cold meat loaf, and our recipe combines ground veal and chicken, simply seasoned, with nuggets of chicken livers and sausage embedded in each slice. (Often, a terrine is called a pâté, but traditionally a pâté is the same kind of filling baked in a crust.)

You assemble the terrine at least one day before you plan to serve it, but it will hold nicely in the refrigerator for almost a week, on tap for the proper fine day.

The rest of the meal involves gathering choice seasonal vegetables and fruits.

Fill *salt pork - lined casserole (oval or round) with various meats, then fold pork neatly over them*
DARROW M. WATT

Autumn picnic

Fresh Vegetable Basket
Dipping Sauce
Picnic Terrine **French Bread**
Sweet Butter
A Tasting of Barbera Wines
Nectarines, Winter Pears, or Apples
Dessert Wine

Vegetables to serve as a first course or companion to the terrine might be raw zucchini, cherry tomatoes, mushrooms, carrots, inner spears of romaine, Belgian endive, cucumber, cauliflower. For a serving, allow the equivalent of two medium-size carrots. Bring vegetables whole and cold; to eat cut or break in pieces, dipping in a sauce such as pesto mayonnaise (see page 56 of the August 1970 *Sunset*), or green goddess dressing (page 83, April 1969 *Sunset*). Allow 1 to 1½ cups sauce for 8 to 10 servings.

Turn wine service into a tasting by offering Barberas made by two or three vintners, or of different years.

To end the meal, eat fruit out of hand and sip the wine; try nectarines with a fruity white wine such as Moscato di Canelli or combine pears or apples with a Port and Cheddar cheese to nibble.

Your meatman may grind the veal and chicken. If not, buy 2 pounds chicken breasts and 1½ pounds thighs; remove skin, bone, fat; and put meats through the food chopper.

Picnic Terrine

About 1½ pounds salt pork, cut in ⅛-inch-thick slices
Hot water
1 large onion, finely chopped
3 tablespoons butter
3 or 4 chicken livers
4 tablespoons Madeira or Sherry
2 or 3 (about 8 oz.) mild Italian sausages
1½ pounds ground veal or lean pork
1½ pounds ground chicken
½ cup whipping cream
2 eggs
4 tablespoons all-purpose flour
¼ teaspoon ground cloves
½ teaspoon *each* ground ginger, and ground or freshly grated nutmeg
1½ teaspoons salt
2 or 3 whole bay leaves
8 or ten whole black peppers

Place salt pork in a large bowl and cover generously with hot water; let soak abou 2 hours, changing water 3 or 4 times.

Meanwhile, in a large frying pan coo onion in butter until soft. Add chicke livers (whole or in halves) to pan an cook just until firm but still pink insid Remove livers from pan and set asid pour Madeira into pan with onions an ignite immediately. (If wine doesn't flam readily, simply continue as directed.) Bo rapidly until liquid has evaporated. S aside. Also cover sausages with hot wate bring to a boil, and simmer 20 minute Drain, remove casings, and use sausag hot or cold.

In a large bowl with a heavy spoon or a mixer beat together until well blend the onions and pan drippings, ground ve and chicken, cream, eggs, flour, clove ginger, nutmeg, and salt:

Drain salt pork well and line bottom an sides of a 2-quart deep casserole with (see left), extending slices 2 or 3 inch over rim. Spoon half the meat mixtu into casserole and smooth surface. A range on meat the cooked livers an cooked sausages. Cover with remaini meat, patting out smoothly and filli casserole compactly. Lap strips of po over filling; pat down to make level. L bay leaves on the pork and strew wi peppers. Cover casserole and set in a larg pan; fill pan with 1½ to 2 inches hott tap water.

Bake in a 350° oven for 2 hours; juic will boil out of dish as it cooks. Carefu lift hot casserole from oven and let co slightly at room temperature. Set in a other pan and refrigerate; remove cov of terrine and set a smooth-surfaced p (such as a pie pan) on top and set weight in the pan (such as a large can fruit juice). Chill thoroughly, then remo weight and cover casserole.

Plan to serve the terrine at least a d after it is made; it will stay fresh up 5 days. Keep cold until ready to ser

Cut the terrine in vertical slices; use small spatula to help lift the slices fr the casserole. You may want to remo the layer of salt pork and fat from ea portion, although many like their flav Makes 8 to 10 servings.

Autumn picnic with cold terrine ...a glorious French meat loaf

Slice *terrine a serve on plates slabs of French br*

They bought a builder's house . . . then remodeled while it was still new

A searching look at what they wanted from a garden resulted in a surprising conclusion for these home owners: The house, though new, needed change. It needed a thorough remodeling of the rear to make it work with landscaping planned as much for use as for appearance.

Their changes were dramatic but simple: Chiefly, they added a balcony across the entire rear façade of the house and a little bit farther. This greatly improved outdoor access and transformed what would have been an austere two-story stucco wall with full exposure to the fierce summer afternoon sun of the San Fernando Valley in Southern California.

From the rear the house no longer looks like a box. Its second-story bedrooms now have passage to the outdoors (particularly useful because of the swimming pool). Part of the balcony is shaded and the generous new spaces under it receive shade—to increase comfort and diminish the load on the air-conditioning system.

Structural design was by landscape architects Sid Galper and Associates, for Mr. and Mrs. Joseph Perlmutter, of Woodland Hills; planting design by Sr. Don Alfredo Tomás.

All the outdoor living *around the swimming pool is more accessible from the house because of the added rear balcony. It is a corridor for bedrooms above, has a shaded area, and extends for a valley view. Stairs lead down to pool. Balcony also shades dining area below (behind screening) and open play area at far right*

Overhead structure *of 2 by 4's shades this sitting area on the balcony next to the master bedroom. Container plants provide a gardenlike setting. Other bedrooms (beyond) have access to balcony through a bathroom door*

RICHARD FISH

Screened-in dining area *under balcony has pass-through to kitchen. Beyond it is the open play area*

Play area *under balcony is big enough for table tennis. Slightly raised deck at left is a bridge across to the pool decking*

DON NORMARK

Sunny day *in early spring brings small cruisers out on Liberty Bay near Poulsbo, lights up snowy Olympics*
ROBERT GUNNING

Raft of logs *is herded by lumber jockey in Coos Bay's busy harbor. Behind it, a freighter awaits cargo*

HUGH PARADISE
Sunburst *of sagebrush catches light at Jordan Crater near state line between Idaho and Oregon*

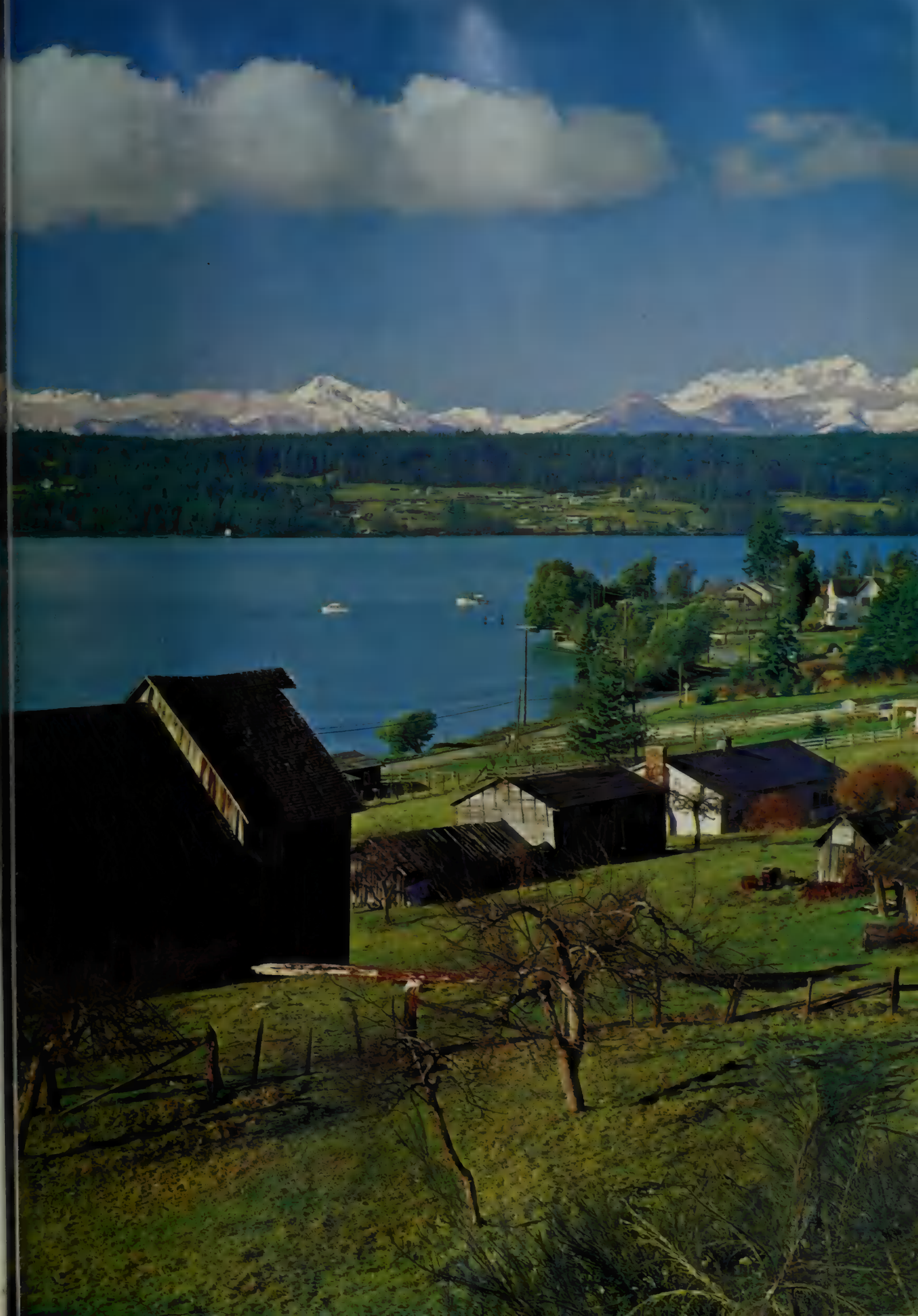
To present the tremendous diversity of the Northwest in a single book might seem an impossible task. You can judge for yourself the success of *Sunset's* efforts in its newest pictorial, *The Beautiful Northwest* (Lane Books, Menlo Park, Calif., 1970; $8.95 until January 1, $9.95 thereafter). It may well be the handsomest in the series of picture books that began in 1961 with *Beautiful California*.

Before assembling the 256-page book, the *Sunset Books* editorial staff spent a year reviewing picture files of many of the West's top photographers. In addition a staff photographer made an extensive camera tour of the Northwest. In the final result, even natives of the Northwest will be surprised at the freshness that makes familiar subjects exciting.

The book divides the Northwest into eight regions. First is the *Northwest Coast* with its rocky headlands and long, gently sloping ocean beaches. Mountains and rain forests speak for the *Olympic Peninsula*. The *Puget Sound* region encompasses not only the Sound proper, but also the inland waters that reach north into British Columbia. The magnificent *Cascade Rang* dominating the Northwest from Briti Columbia south through Oregon, has i own section. Then comes *Oregon's Riv Valleys*, with emphasis on the Willamett Coquille, and Rogue. Pictures in the C *lumbia River* section follow the river fro its headwaters to the Pacific.

Some of the most spectacular pictures a in the *Inland Empire and Eastern Oreg* section, and in *East of the Rockies*.

A new book-look at the Beautiful Northwest



Crisp ducks *look like a lot of good eating, but to be assured of adequately serving 4 to 6, back them up with sausage-bean stew*

And next day's leftover dinner will be simply duck soup

(Ducks don't stretch very well, but you can always roast a pair)

GLENN CHRISTIANSEN

Plain roasted duck can be superb with its crisp skin and succulent dark meat; but there is a problem. A good-sized duck (about 5 lbs.) yields considerably less meat than other poultry of the same size. Many a host or hostess can embarrassingly recall attempting to apply the standard serving rule—a pound of bone-in meat per serving—to duck and discovering that a bird that seemed generous enough for at least five was barely adequate for three.

One solution is to produce a meal around duck. Here you roast a brace of duck and serve them with a companion dish of sausage-laden bean stew. Appetites are assured of appeasement; the flavor combination recalls traditional cassoulet.

To carry the planning one step further, make duck soup. Preserve bony frames of ducks, make a delicious broth with them, then stir in the balance of the big bean stew and you have soup for a second meal.

First, start the bean stew, using the giblets from ducks. The stew can be made ahead and reheated the next day; at serving time you add the final flavoring of the roast duck pan juices.

Bean and Sausage Stew. In a 4 or 5-quart kettle combine 1 pound (2 cups) Idaho great northern beans or California small white beans and 4½ cups water. Bring to a full boil, simmer 5 minutes, then remove from heat. Cover and let stand at least 1 hour.

In a frying pan cook 4 chopped medium-sized onions in 4 tablespoons butter, stirring until onions are soft. Add 1 teaspoon crushed basil, ½ teaspoon whole thyme, 1 bay leaf, ½ cup chopped parsley, and 1 can (14 oz.) pear-shaped tomatoes and juices. Bring mixture to a boil and pour into kettle with beans and water; also add 2 cups (or about a 14-oz. can) regular strength chicken broth and the gizzards and hearts, thinly sliced, from the ducks (see right). Bring beans to boiling, cover, and simmer gently for 1¼ hours or until beans are just tender to bite.

The sausages that season the beans are ½ pound mild Italian-style sausages, ½ pound pork link sausages, and ½ pound Polish style sausage. While beans are cooking, cover the Italian sausages with water and simmer, covered, for 20 minutes; drain, cool, remove casings and slice meat in chunks. Cut Polish sausage in chunks. Place links and ¼ cup water in a frying pan; cover and simmer 10 minutes. Drain water from links and brown sausages in their own fat; drain on paper towels. To sausage drippings add duck livers and cook just until firmed and lightly browned; put in a small bowl.

When beans are tender stir in 6 peeled and thinly sliced carrots, and the Italian, link, and Polish sausages. Continue to simmer rapidly, uncovered, for 20 minutes or until carrots are tender. If beans are quite soupy, boil rapidly, stirring frequently to reduce liquid. Slice duck livers and add to beans along with the fat-free juices from the roasted ducks. Makes 10 to 12 servings or 6 for the first meal and 4 or so for the second.—*I. R., North Sacramento, Calif.*

Roast Duck. Remove giblets and any excess fat from body cavities of 2 ready-to-cook ducks, each 4½ to 5 pounds. Reserve necks for soup (recipe follows) and giblets for bean stew (recipe precedes). Sprinkle ducks inside and out lightly with salt. Quarter 2 large onions and peel 6 cloves garlic; put half of each vegetable in cavities of each duck; skewer body openings shut. Place ducks slightly apart on a rack in a roasting pan.

Bake in a 325° oven for 2½ hours, or until ducks are well browned and leg joint jiggles easily. Using two forks to support duck, tip and drain cavity juices into roasting pan. Keep ducks warm while you finish the beans (reheat if you make them ahead). Scrape roasting pan, freeing browned particles. Skim off and discard fat; pour juices into beans.

Present duck on a platter, with bowl of beans alongside. Carve duck from carcass (you may want to do this in the kitchen) and serve with beans; reserve bones, stuffing, and leftover beans for duck soup. Makes 4 to 6 servings.

Duck Soup. In a 4 or 5-quart kettle place all the duck bones, duck necks, 1 large chopped onion, ½ cup chopped parsley, and 6 cups water (may be part regular-strength chicken broth). Cover, bring to a boil, and simmer rapidly for 1 hour. Pour broth through a wire strainer and discard bones and vegetables. Return broth to pot and add all the remains of the beans and sausage stew and any bits of leftover duck; bring to a boil and simmer, covered, for about 15 minutes to blend flavors. Depending upon appetites at the first meal, the soup will probably serve at least 4 as a main dish.

A day *or so later, plan to serve a fine duck soup, combining remains of bean stew with broth made of duck carcass*

JOHN REGISTER

Out of a hill *shaped by a small bulldozer, volunteers excavate sand-play area pictured at right*

COMMUNITY ACTION: Students in San Jose

One sunny weekend, *students and young helpers laid 9,300 bricks in the south patio area*

One major *early job was to fabricate and install 850 lineal feet of 6-foot-high fence along park sides*

ELLIS MARUGG

Four weekends to build a park—that' what the San Jose students allotted them selves. Had a truckers' strike in Los An geles not delayed the arrival of som sprinkler heads, they would have made i.

Their experience is a dramatic exampl of the good that can result when student work closely with business firms and res dents to provide a needed facility.

In the summer of 1969, Jim Self, a st dent in the School of Business at San Jo State College, took a job with the Sant Clara County Planning Department wit the express purpose of finding a site f a park that students could help build.

Studies of aerial photographs helped determine the eventual choice of a tw block-long strip of land owned by P

5 **dboxes** *for the smallest, telephone pole tower for the more adventuresome*

uild a park in a month

Gas and Electric Company where ahad Street meets Story Road in east Jose. It was near an elementary ool, in a park-poor area of one-story t houses.

enlisted the help of Lloyd Martin of college's School of Engineering for gn suggestions. In December, 1969, students got agreement from PG&E roceed.

Martin, Bob Silverstein, and a few r students then approached commu- groups: Parent-Teacher Associations, t Side YMCA, Model Cities Program ervisors, and home owners. How did feel about the idea? What sort of facility was needed?

students made a point of talking at length to the residents of the homes that flank the site. All expressed approval of the idea; several volunteered to help "keep an eye" on the future park.

Financing was a major concern. The students wrote letters to 170 community businessmen. Each of nine student organizations in the School of Business was assigned specific materials—lumber, hardware, concrete—to try to get free or at reduced price.

Among the results: Campbell Lumber promised all lumber, free; Pacific Telephone gave $500, a crew of hole diggers, and 1,700 feet of telephone pole for retaining walls and play structures; Food Machinery Corporation gave $500; Butcher Electric, General Electric, McGraw Edison, and PG&E volunteered a complete lighting system; Chaides Construction promised free concrete work.

Civil engineering students agreed to mark boundaries and stake areas. Mechanical engineering students designed and later installed the 1,800-foot sprinkler system. Industrial design students provided drawings of benches and tables.

On March 2, 1970, the city council approved final plans, calling for a two-block-long park, 36 feet wide for most of its length, 70 feet wide at one end. Material orders were confirmed and flow charts worked out on an hourly basis for the four big weekends of volunteer work anticipated, starting April 4 and 5.

Todman Construction donated a bulldozer and two workers to scrape out weedicide-sterilized earth, brought in 70 truckloads of soil, and did rough grading. Pacific Telephone built telephone-pole retaining walls.

Students installed a drainage line from the future tanbark area to the street, put up perimeter fencing, laid a brick patio, planted shrubs, installed a sod lawn.

Shop classes at San Jose State and San Jose City College turned out wooden polyhedrons, an interlocking metal climbing rig, and picnic tables.

On May 2 and 3, students and neighborhood helpers assembled the polyhedrons into the ingenious play unit pictured below and applied finishing touches.

At an informal ceremony on May 3, the park was christened "Our Park"—winning name from among 350 suggested by children of a nearby elementary school.

DARROW M. WATT

Unique wooden polyhedrons, *designed by student Lloyd Martin, were shop-made at college and assembled on site*

Six animal spooks *in paper bags. That's a cat behind the pony and next to the rooster*

The bull, the rooster, the giraffe, the raccoon, the who's-it... Halloween comes in a walking paper bag

JOHN REGISTER

Giant paper bags are what these costumes actually are. You can make them yourself from one sheet of paper in minutes. They cost almost nothing. And even a very young child can decorate one to suit himself.

To make the bag you need a 36 by 52-inch sheet of heavy brown wrapping paper (you may need to adjust to fit your child—these fit our 6 to 10-year-olds with ease). Form the paper into a roll, short side to short side, and glue a 2-inch overlap. Fold the roll to a bag shape: 15 inches across both front and back, 10 inches to each side, with side centerfolds as shown in step 2. To avoid undue stress, plan folding so seam is not along a side.

Animal ears are made by measuring a 4-inch square at both top corners. Slit down 4 inches from top, then cut out center section. With triangular folds made as shown, paper will fold with all cut edges to inside and form perky stand-up ears. Glue along top edge to close head.

Armholes are an oval shape measuring about 4 by 12 inches in both side sections. The bottom of hole starts about 7 inches from bottom of bag, or where comfortable. Add reinforcement with cellophane tape to prevent small rips and tears.

Try the bag on the child to determine where eye holes should be placed. Ours start about 7 inches down from top of head on bag. The heartlike shape gives almost enough room for child's face to be seen. The animal details are made with colorful art paper pieces; cut to size before gluing to the surface.

Note: The bags limit the children's vision. Plan to attach some reflective tape to the costumes, or decorate the bags with fluorescent paint so they can be easily seen by motorists.

1. **Mark** *2-inch overlap and glue in place with strong white glue*

2. **Fold** *paper like a giant bag; plan it so seam is in back side*

3. **Measure,** *cut down 4-inch squares, fold to inside for perky ears*

4. **Cut** *eye holes; animal details are colored paper glued in place*

5. **With mother's help** *the bag slips over child's head; note the large armholes in bag side*

DARROW M. WAT

Gardener plants *spring-flowering annuals (grown in small pots), bulbs, and perennials in October. See payoff on opposite pag*

October is a great month to put spring color in the ground

What goes on here? Briefly, fall planting.

If you've gardened for quite a while in or around places like Los Angeles, Palm Springs, Phoenix, San Diego, the San Francisco Bay Area, or Tucson (where we took these photographs last October), fall planting of cool season annuals probably isn't new to you. But if you're new to a beneficent winter climate and have yet to experience the delight of having your own flowers in winter and early spring, now is the time to take action.

To help you plan an orderly fall planting procedure, let's retrace the steps followed by the gardener who prepared the soil and planted the borders pictured above and on the opposite page.

1. In a sunny location, dig or power-till the ground thoroughly and as deeply as possible. Rake smooth. If drainage is questionable, raise the entire bed a few inches above the existing level. In sandy soil where beds are watered by flooding, lower the grade at least 1½ to 2 inches.

2. Apply at least 2 inches of nitrogen-stabilized organic matter and mix it thoroughly into the top 8 to 10 inches o tilled soil. (If your soil needs enrichin apply superphosphate at the rate of pounds per 100 square feet and incorp rate it along with the organic matter Moisten the prepared bed before plantin

3. Set out the plants, preferably at a co time of day. If you're using many kin of plants, it's best to work from a pl based on their colors, heights, and bloom ing times. Bedding plants, now wide available in individual containers, above, are easy to place on top of t

DON NORMARK

months after *planting, border pictured at left and another across from it are in peak bloom except for earlier-flowering bulbs*

nd and shift about, if necessary, until 've worked out a satisfactory arrangeit. Work from the front to the back to id trampling over the area already out.

off *loose parts from peat pot so s can grow freely from ball of soil*

Along with the annuals, place bulbs on top of the ground in their allotted spaces; leave ample room for planting them in generous holes. When annuals and bulbs are placed according to plan, start planting; again, work from front to back.

4. Water in plants immediately after setting them out. The borders in the photographs are watered with automatic sprinklers. If you use a hose, water in each plant carefully, then set a sprinkler and give the entire bed a thorough, rainlike soaking with a fine spray that will not wash or puddle the soil or expose the roots of small plants. Following are the annuals, perennials, and bulbs planted in the borders seen above:

Annuals. African daisies, hyacinth-flowered candytuft, Iceland poppies, petunias, snapdragons, stock, violas.

Perennials. Marguerites, *Santolina chamaecyparissus.*

Bulbs. Anemones, 'King Alfred' daffodils, Dutch iris, hyacinths, ranunculus.

Six or more *daffodils planted in single hole for full clumps of bloom among annuals. Cover bulbs with 6 inches of soil. Nearby plants hide bulbs' fading foliage*

Airy garden lathhouse *designed by Irving Fritz lets in just enough light for shade plants arranged on shelves and protects them from winter frosts*

Inside the graceful lathhouse is a hard-working work center

Potting and storage *bench was inspired by one in San Francisco's Golden Gate Park demonstration gardens*

In telling us about his garden house in V salia, California, Irving Fritz said, "We'v adapted some ideas from the recent issu (November, 1969) dealing with the po ting bench in your Golden Gate Par demonstration gardens. Note the lea drop, two bins, a retractable hose, an cupboards to store containers."

Mr. Fritz's bench is in a garden lathhous with a roof of rigid fiberglass-reinforce plastic panels that gives protection ye around to the tender plants housed i side. In severe cold the owner wraps t outside with polyethylene film; in sun mer a ceiling fan (salvaged from a sto remodeling) provides a comfortable wor ing atmosphere.

Overall counter surface is 2 by 11 fee and the height is 3 feet above the us brick floor. The leaf drop door (on piano hinge) is 10 by 11 inches, and inches thick, with a plastic trash can u derneath. A wooden sink with drain in the sewer line is 16 by 36 inches, and inches deep. Two bins hold various po ting mixtures. The bench was design and built by Gene Dunn of Visalia.

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The Changing Western Home

GLENN CHRISTIANSEN

Step right up

The good-looking ladder at left was designed for us by Rick Morrall. It is light enough to carry around, but much more handsome than the standard aluminum utility ladder.

You might find uses for it in a garage loft or vacation house, to reach an attic crawl space, or, as shown, to climb a high bookshelf.

You don't have to worry about complicated joinery here. Just buy the pieces, cut the dowel, and glue the whole thing together.

The doweling here is 1¼-inch softwood. The T's are 1-inch plastic pipe fittings. In addition, you will need two rubber caps for feet, and epoxy glue for joints.

All the pipe fittings are T's except for two elbows at top and bottom of the hand rail. The rungs of our ladder are 15 inches wide, the side pieces 10½ inches long. Once you have cut the dowels, you will need to sand the ends down slightly to force them into the T's. When they're fitted, add the glue and allow it to set at least 48 hours before using the ladder.

Long, long shingles

Anyone who has shingled a sidewall knows how tiresome that "easy" job can be. The shingles go up one by one, and you never seem to reach the end of the row. Now you can buy a wooden shingle panel that's one shingle high and 8 feet long. It allows the standard 7-inch exposure when installed, will go up wherever ordinary shingles do, and can be nailed directly over the studs (but check local building codes).

The panels are only a few dollars more expensive than the equivalent in top-grade cedar shingles; time and labor saved may more than offset the difference. The panels come in several shingle and shake patterns.

Although the panels have been on the market for nearly two years, many people are unacquainted with them. If you can't find them, write to Building Department, *Sunset Magazine*, Menlo Park, Calif. 94025, for the name of a dealer. Enclose a stamped, addressed return envelope.

In case of fire

The West used to be thought of as ranch house country, in spite of the many two-story houses. The second story is coming back strongly, though, both in new construction and in the return to remodeled older houses. And with a second story comes a concern about escaping from house fires.

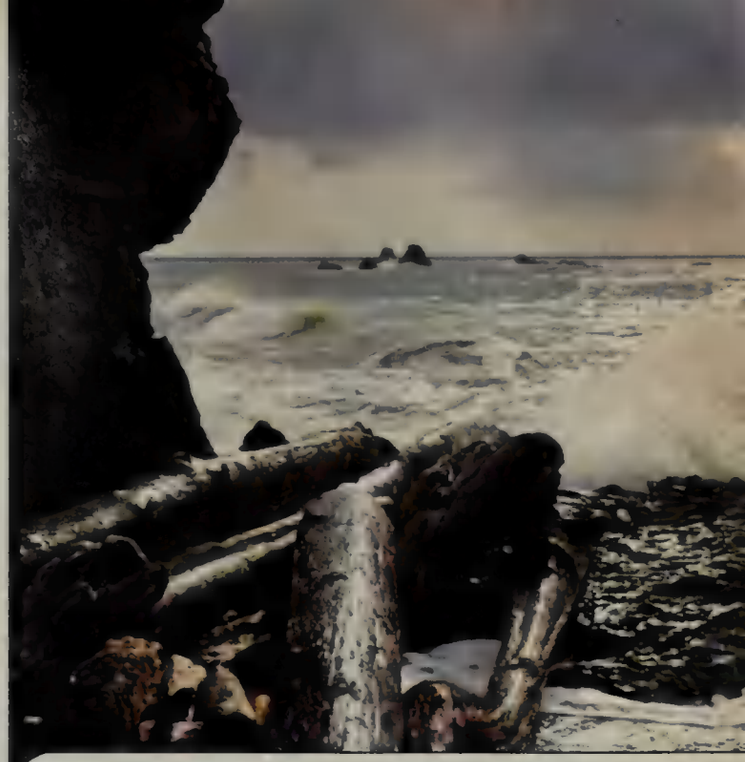
One safeguard to consider having on hand is a storable fire escape. Several kinds that you can fold away in a closet or just push under a bed or dresser are available. They either hook over a windowsill or attach to a permanent top section that you install at a window. Price is about $25 for a two-story ladder, about $40 for a three-story model.

Hide it in the fence

To add visual interest to this fence in Santa Cruz, California, garden landscape architect Roy Rydell gave it a series of projecting bays. The bay nearest the house he enclosed entirely for garbage cans and the storage of wood. A door of the same fence material (open for the picture) closes off the area.

The vertical members of the enclosed space have much less room between them than the verticals on the rest of the fence but there is still good air circulation to keep wood from rotting.

Here is the Northwest as seen by the people who live there—an intimate study which captures the mood and atmosphere of this remarkable corner of America. The work of 60 of the West's most renowned photographers, the pictures in this new volume excel in composition, detail, contrast, tone, freshness, and originality. *The Beautiful Northwest* is available at your favorite book store or may be ordered directly from *Sunset*, at a special advance price of only $8.95. A deluxe slip-cased edition is available at $12.50.



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a mist shrouded mountain
the ripe promise of green fields
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that the rich
source
of Japanese tradition is a
harmony of
man and nature.

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FORD RANCHERO

Ford

Everything *is built in. Note how carpeting curves up under bunk to ease cleaning. Permanent ladder helps to support upper bunk*

FRANK JENSEN

leaway *in space above children's bath l closets opens down to family room. s carpeted, has toy chest, wall lights, l gets plenty of daylight through clere- ry (which also lights family room)*

Boys' room has poster walls, upper and lower berths

Of the many pleasures derived from designing houses, creating children's rooms and hideaways is probably the most fun for architects with young children. As a father of three youngsters, Salt Lake City architect Ron Molen seems to have a natural feeling for what will work well.

For the bedroom pictured above, in the home of Vern C. Hardman, Jr., in Salt Lake City, he designed built-in furniture with little or no space underneath to collect dust and the usual tangle of toys, books, and clothing. Posters and pin-ups can be tacked to the wood paneling. The desk is large enough for hobby projects.

To satisfy the desire of children to get off alone or with a close friend, Mr. Molen conceives hideaways that give a feeling of isolation but are still accessible to adults for supervision and occasional cleanup. There's one such hideaway in the Hardman home, as shown in the two photographs at left.

Once, for an experimental model home, the architect designed a playroom with thick gym mats on the floor, and divided the room in half by a curtain of gym mats hung from the ceiling. The mats reduce play noise and cushion the bumps—a fine idea for a family of young gymnasts.

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Keeping small fry out from under

Water cooler *and cup rac are concealed by plywood doo*

The kitchen *work area is a few steps from the children's activity wall*

Children like to play near their mothers, but when they follow her into the kitchen and get in the way there's trouble.

Architect A. Quincy Jones suggested an excellent approach when he designed this house for the Robert Hinerfelds of the Brentwood section of Los Angeles. His kitchen design attracts the Hinerfeld children to the edges, out of the way but still near their mother. If they develop a thirst, the concealed water cooler and cups are off near an exit. If they want to draw, the chalkboard is there but out of the traffic pattern. The pin board offers another amusement and displays the children's art work.

Next section *is chalkboard; beside that, pin-up board*

RICHARD FISH

Old English writing table, [illegible] Art Institute of Chicago

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For bed reading, night snacking

He and his wife like to read in bed, s architect James Jennings of Seattle de signed the versatile headboard in th upper photograph for his home.

Two wood panels, on piano hinges, can b propped open with small hinged brace to serve as back rests; when not in us they fit flat against the wall. The readin light directly above the side of th bed is controlled by conveniently place switches. Small projecting cubicles serv as handy bedside stands.

The headboard shown in the lower photo graph serves as a storage unit also. Th Max J. Ruderians of West Los Angel designed the five-section headboard fo twin beds. Two sections with tambou fronts store spare blankets and stere equipment. The telephone and remot control switches in the open center se tion are easily reached from either sid Books fit in the niches at the ends of th headboard. The storage unit beside th bed has a drawer, a cabinet, and a slid out shelf.

DON NORMA

Adjustable headboard *becomes backre for reading; light switches are hand*

RICHARD F

Roll-top fronts *conceal blankets, stere equipment. Slide-out shelf holds tr*

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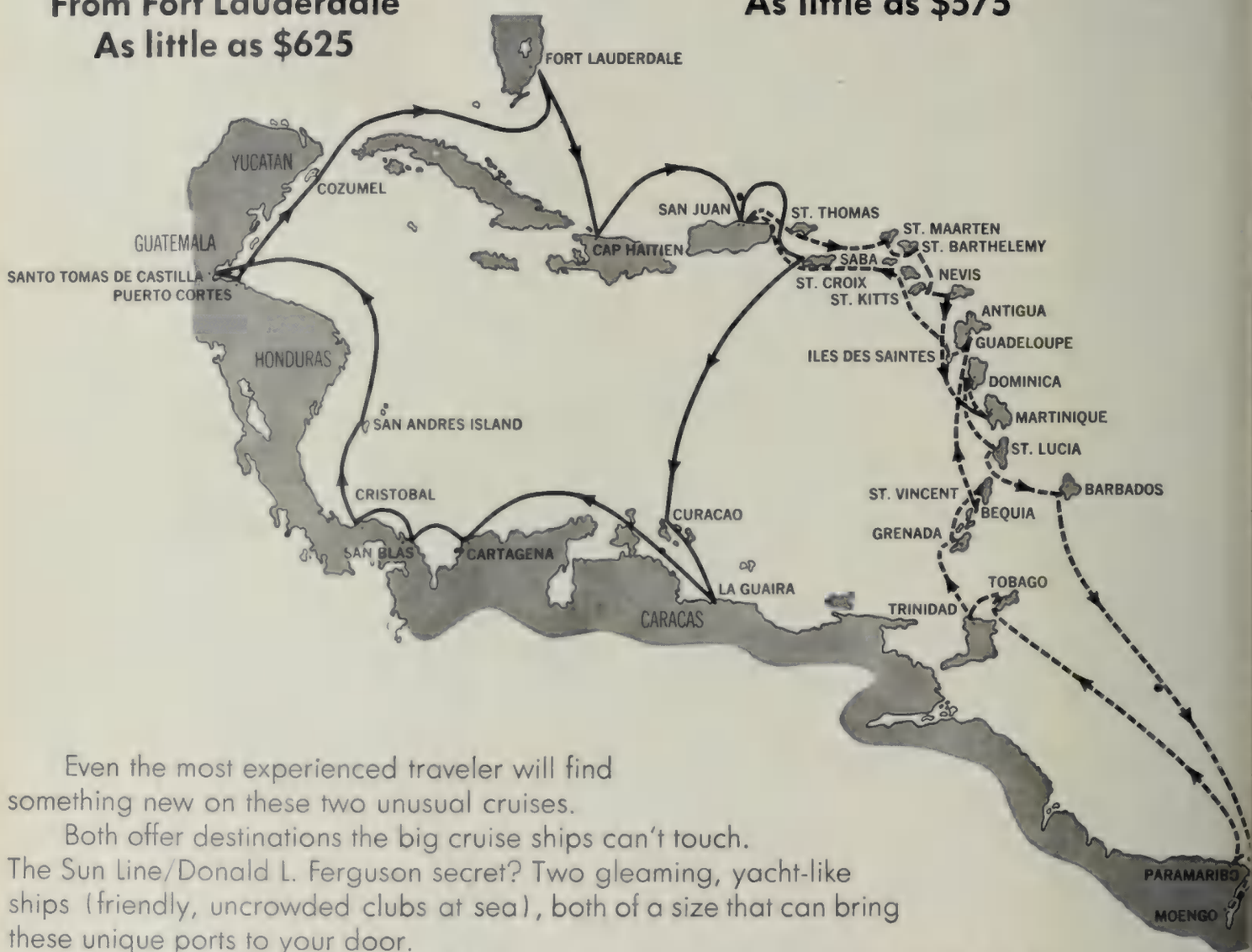

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DARROW M. WATT

oft and springy, *foam-filled washcloths dd to comfort of this patio sunbather*

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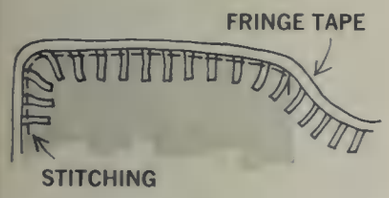
'o make each pillow, you'll need two ashcloths; best are bright cloths with old designs. Also buy a bag of shredded olyurethane foam; a 1-pound bag, about 0 cents at most fabric stores, will fill bout four 14-inch-square pillows.

Vith right sides together, machine-stitch ashcloths ¼ inch from edges on three ides, leaving one side open for stuffing. 'urn case right side out.

f you want to make the pillow a bit ancier, cut enough fringe to go around our sides of the washcloths. Place fringe etween right sides, with outside edge of inge pointing in and fringe tape extend-g beyond cloth edges. Pin in place, then titch washcloths together as above.



ill pillow until it feels firm, and brush ff excess foam from case. Shredded foam ends to stick to furniture and rugs, so ou may want to do this outside.

'urn unfinished edges under ¼ inch and lose opening with a blind stitch.

Ve do not recommend machine drying ecause heat deteriorates the shredded oam stuffing.

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DON NORMARK

Low sliding drawers *in back of counter hide spools; shallow pull-out drawers up front are handy for storing fabrics and patterns*

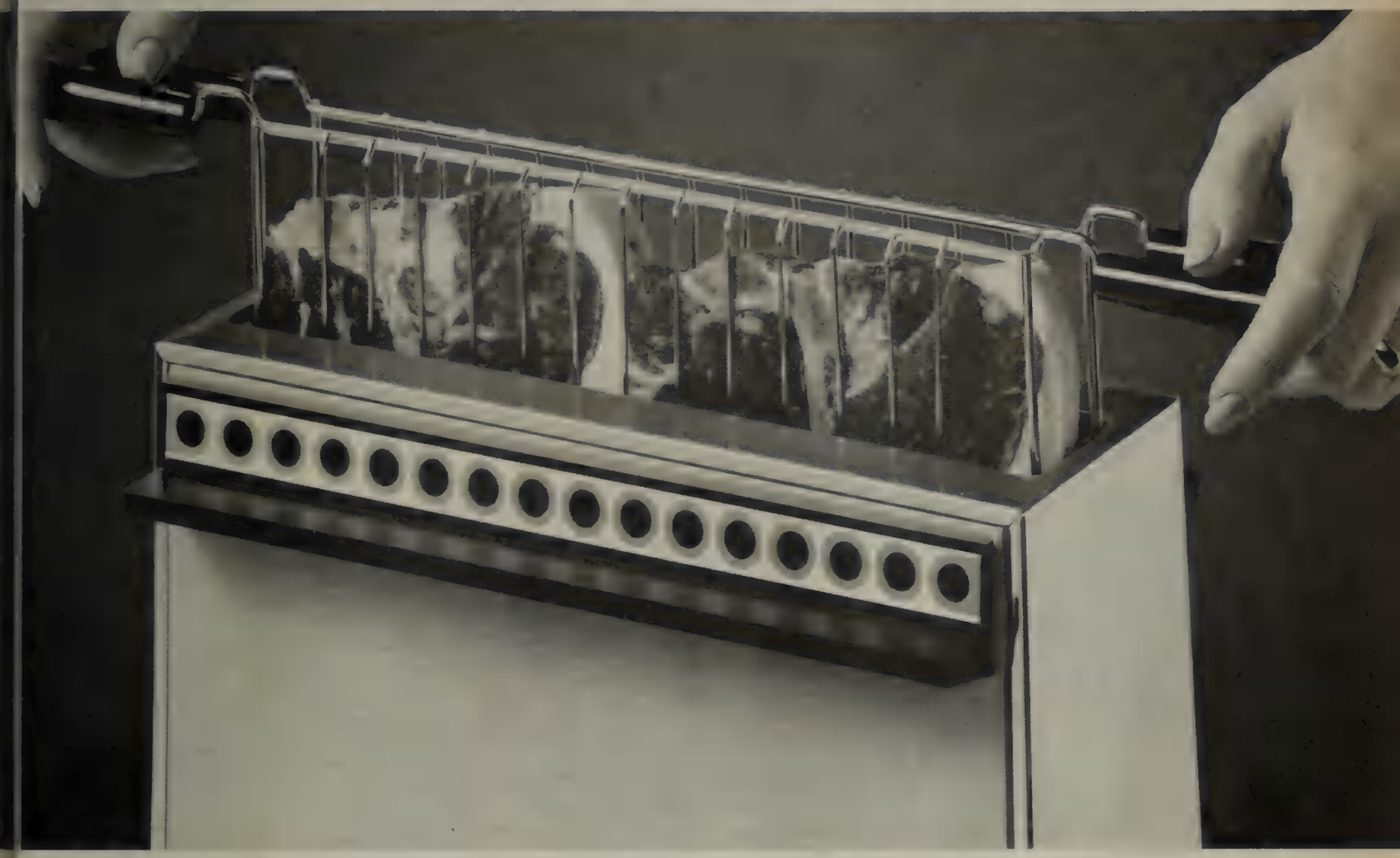
Sewing centers with double roles

The sewing counters shown here serve two purposes. Above, the sewing machine drops out of sight into a shallow opening in the counter, which then becomes a buffet for the breakfast room. Storage for fabrics, patterns, and findings disappears when the doors are closed. Architect Jerry Gropp designed it for Dr. and Mrs. Lowell White of Seattle.

In the workroom below, the sewing counter doubles as a writing desk. The sewing machine is portable and is stored with other sewing supplies in the cabinet to the right of the seamstress—who can enjoy a view of the garden while at work. The architect was Curtis Finch of Fletcher & Finch, for Dr. and Mrs. Ray Friedman of Portland.

Counter space *in the utility room is used for folding clothes and cutting patterns*

Presto's vertical broiler works like a toaster. It broils both sides at once.



oing both sides at once, toaster style, eeds up broiling and seals in meat juices. ɔu get a better tasting steak.

And just as bread crumbs fall to the ɔttom of a toaster, so do fat and grease ɔ to the tray at the bottom of the Vertical ɔiler. Which means grease isn't sitting rectly under the heating elements spatring and smoking and burning on. Re-lt: a lot easier broiler clean-up.

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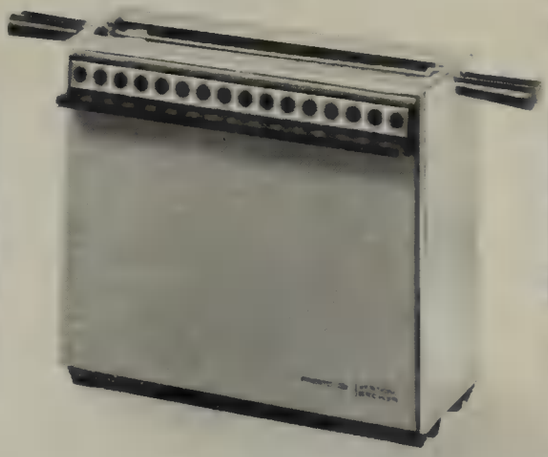

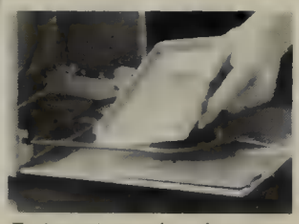

Entire unit may be taken apart in seconds; parts wash easily in sink or dishwasher.

PRESTO

© 1970

In Hawaii . . . the *pune'e* and the big *hikie'e*

GEORGE WOO

Pune'e *with trophy shelf above resembles boat bunk. S. N. Dowsett home, Kaneohe*

In old Hawaii the *pune'e* (poo-*nay*-ay) was a movable couch, and the *hikie'e* (hick-ee-*ay*-ay), a large couch, was also movable but not as easily. Today most homes in the Islands have a piece of furniture for sitting and lounging, movable or built-in, that is deeper than a sofa and can double for sleeping. It is called a pune'e if it is single-bed size, a hikie'e if it corresponds to a double bed. Other Western families have counterparts, minus the colorful names, but equally suited to informal living.

In the Hawaii home above, architect Donald D. Chapman tucked the pune'e into an alcove in the family room, putting drawers below it, under springs and a 4 by 8-foot mattress. The dropped ceiling has recessed lights and serves as a shelf for fishing trophies.

The freestanding hikie'e at left is a living room seat; used for sleeping at night.

The pune'e below, built into a living room, includes a platform with 4 by 9-foot foam rubber mattress, end table, and counter, all within a mahogany frame.

SALBOSA-WENKAM

Hikie'e *by designer Tom Hirai for his home in Honolulu is easy to make up as a bed. Foam rubber mattress upholstered to a 5 by 6-foot teak frame, rests on a solid platform. The headboards are cane*

Cantilevered pune'e *has eight pop-out boxes, 10½ inches square, to hold plants or for hors d'oeuvres trays. Turned upside down, they form a table top. Owner-designer, Harriet Johnson of Honolulu*

Around 1632, English furniture makers began decorating their work with pieces of tawny tortoiseshell. But the shell was hard to come by, so the ingenious craftsman used stains and lacquers to imitate nature by hand. And Heritage has found that these old hand techniques are still the only way to do it. Only hands can spatter on the smoky markings and smudge them into a haze of dusky shadows and golden lights, to look like the work of nature. And only more money can buy it.

This kind of painstaking handwork, which makes our tortoiseshell chest cost $100 more than any look-alike, goes into every other piece with the Heritage name. Surfaces are rubbed, scoured and stained by hand, because that's the best way to find the natural grain and seek out the highlights. Interiors are hand-sanded and sealed so there'll be no rough spots to snag your clothes. When we cost a little more, you'll find we give a little more.

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If you think the Heritage handwork deserves a place in your home, send two dollars for our catalog and room planning kit to Dept. S10-70, Heritage Furniture Co., High Point, N.C. 27261.

American Airlines present

There's one place left in the world where you can still get away from the world. The South Pacific.

To walk barefoot on a Fijian beach and pick up seashells.

Or grow a beard.

Eat baby taro leaves cooked in coconut sauce.

Or stick with steak.

Maybe you wouldn't travel 8000 miles just to see a sunset, but in Samoa you'll see the most fantastic sunset you ever saw.

(A giant yellow ball sliding behind flowerpot islands in a sky that's like a mammoth Cinemascope production number.)

Then, when you're ready to come back to the world again, come to New Zealand. And see it

Swiss alps. Norwegian fjords. English countrysi

South Pacific.

tropical rain forests. All in New Zealand.
In Australia you'll see things you won't believe.
Civilized things like the most spectacular opera
se in the world. In Sydney. One of the most beauti-
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l in.)

Now we can take you to all these places:
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But first, it's a good idea to see your Travel Agent.
He's probably escaped to the South Pacific himself, so he can be a lot of help. With hotel accommodations. What to see. And even setting up American Express credit payments to pay for it all. Or call us.
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It's good to know you're on American Airlines.

Morgan-Jones makes the bedspread that makes the room.

Morgan-Jones designs Gingham Daisy for town and country people. People charmed by the pastoral beauty of bigger-than-life wildflowers planted on a field of all-American checks. And who also love the big-city gleam of chrome and the good life they lead with machine washable, no-iron 50% polyester, 50% cotton bedspreads. You start making the room when you make the bed with Gingham Daisy. Morgan-Jones makes it richly fringed in King, Queen, Full and Twin sizes in Gold, Blue, Black, and Emerald. Also, 82" x 36" draperies, 73" x 11" valance, 72" table round. Full and Twin, about $12.98. Slightly higher in the West.

Morgan-Jones

104 West 40th Street, New York, N.Y. 10018

For the store nearest you, call any hour, any day at no charge: (800) 243-6000. In Connecticut, call: (800) 942-0655.

ELLS MARUGG

Dockside bench *hinges up at either end to make a chaise lounge facing toward the house or out across the water*

Under the bench is the sail locker

Entire top *hinges sideways to open locker storage for sails, booms, oars, lines, convenient to the dock*

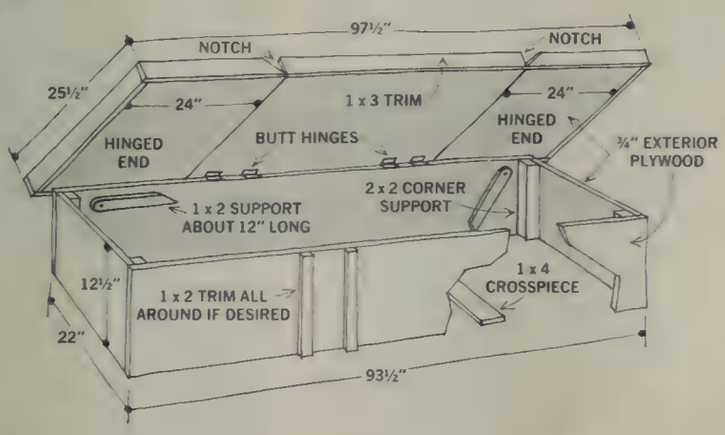
is sail locker serves three purposes. It's long bench that will accommodate four rsons for outdoor dining. Either end nges up for sunbathing or resting. The ıole top also hinges sideways to reveal orage space for all the bulky miscellany boat equipment. Or it could be used store garden umbrellas and barbecue uipment on a patio.

standard 2 by 6-foot chaise lounge pad d a 2 by 2-foot cushion fit its top.

ıe box base has no bottom because it sts on a planked wood deck. Thus, air can circulate up through the decking to dry wet sails. If you build one to go over concrete, it should have a wood bottom with ventilation holes and small wood blocks underneath to raise the bottom.

The two end sections of the top are attached to the middle section with brass piano hinges on the outside. The ends are propped into position with four 1 by 2 supports. Cut these about 14 inches long, bolt them to the sides, and then trim them to the length you desire.

nstruction *is simple. There's no ttom, so air can circulate up through e wood decking to dry t sails and gear*



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From every angle, the most for your money!

One look tells you it's the perfect blender with decors from traditional to modern. One touch of your fingers reveals its craftsmanship. Superb finish highlighted by hand, deep moldings—complimented with antiqued fittings. That graceful, slender look holds a beautiful bonus of storage space, too. The loveliest angle of all—a pleasingly low price that fits right into your budget. Measure the space for this Maxi-Credenza in your home, and write for the address of your nearest dealer.

Angled Credenza No. 181
42 x 14—28½"H

for fresh ideas in gracious living

HOOKER
FURNITURE CORPORATION, 1355 MARKET STREET, SAN FRANCISCO, CALIF. 94103

Susan goes round an umbrella

Spin it around to pass the pickles.

The special feature of this lazy Susan is the hole in the middle so that it can go on an outdoor table that is shaded by an umbrella. Materials for it cost less than $10. If you wish, you can even laminate it yourself using a new thin, decorative plastic that doesn't need special tools—it can be cut with tin snips.

To make one in the size shown below, you'll need 2 feet of white plastic laminate (30 inches wide, about $1.50 per lineal foot), a lazy Susan bearing (12 inches in diameter, about $4), 4 wood screws, a circle of particle board ¾ inch thick and

ELLS MARUGG

Revolving tray *for picnic condiments has a hole in center for an umbrella pole, has ample room for eight or more items*

Assemble parts. *Place bearing and screws in position as shown, particle board in middle, plastic laminate for surface on top*

If Varathane® makes this junk look good, think what it'll do for yours.

Anything that's made of wood can look like it's worth more—under a coat of Varathane, the clear finish that lasts twice as long as varnish.

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The Gemini woman is a restless spirit. She charms her world with beauty and surprises. For her: Bigelow's Tuff-Tred, made of Bigelow Approved Acrilan® acrylic. Tough enough to follow her outside to the pool, patio, or deck—or inside her family room, laundry, or kitchen. The ten Tuff-Tred colors can stand up to sun, snow, and any mischief Gemini can scheme.
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In Canada write: Bigelow-Canada, Ltd., 4 Westmount Square, Montreal 216, Que.
PEOPLE WHO KNOW BUY Bigelow

1½ feet in diameter, ½ pint of contact cement, and some white paint.

First, cut a center hole in the board with a 2½ or 3-inch hole saw chucked into any kind of drill. Cut a circle of plastic laminating material the size of the board plus a ¼-inch overhang to be trimmed off later. Also cut three strips 19 inches long and 1¼ inches wide to cover the 57-inch-circumference edge.

Glue strips around the edge, being sure to follow the contact cement directions. When set, trim edges with a router, fine-toothed saw, or file; then apply the top. When it is set, trim carefully so as not to scrape the edge band. Gently file or sand off any rough points, being careful not to dull the finish on the rest of the laminate. Cut out the center, to match the hole in the middle of the board.

Attach bearing to the particle board circle with wood screws inserted through four holes in bearing base. To finish, paint the inside circle edge in a suitable color.

If you'd like to by-pass the laminating process, you can purchase sink cutouts (usually less than $1) already laminated. The only disadvantage is that you will have less choice of color. Just trim to size and cut the center hole, paint the edges, and attach the bearing.

WENKAM-SALBOSA

Generous space

Sooner or later children develop needs for some kind of working-study counter. Quite a while before they have school homework, they find many uses for spread-out counter space for projects.

The work counter-storage unit shown above was made by fastening two wood ladders to the wall and ceiling and fitting 1 by 6-foot-long boards between rungs. It was designed by John T. Jacobsen for C. P. Thomas, Honolulu.

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Bird Wind Seal® shingles won't quit in rough weather. We know because we put them through a homemade storm that was worse than the real thing. We covered half a roof with ordinary shingles, the other half with Bird Wind Seal shingles. At 35 mph, the ordinary shingles began to flap. At 120 mph they were in tatters, while Bird Wind Seal shingles clung to the roof unharmed, waterproof, and ready for more. Your next roof should be Bird Wind Seal shingles. We know how to keep a roof over your head.

Pivoting fence for the pool

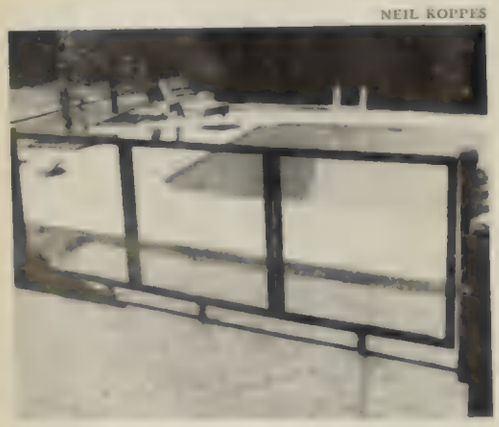
We've reported pool safety fences that slide back, roll back, and lift out. Now here's one that opens by pivoting. Three metal-framed, wire mesh - filled panels are supported on a metal pipe that fits down inside a larger diameter pipe sleeve imbedded in concrete.

The panels pivot freely in either direction and are locked by hooks placed on the pool side of the metal frames and near the top so they're out of the reach of toddlers. Each panel hooks to the adjacent panel; the two end ones hook to the wood fence posts.

Opening one panel gives you a gatelike passage to the pool. With three open, access is almost unrestricted. The openings in the wire mesh are too small to give a child a foothold.

The architects were Cook & Swaim. Present owners are Mr. and Mrs. Robert Carpenter, Tucson.

NEIL KOPPES



Closed panels *present a barrier for small children, but they can still see through*

Push open *one, two, or all three panels. They're raised so you can hose under them*

The Rover 3500S.

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If you started reading this from the beginning, you will have noticed the car we have in mind. And, perhaps, the price. All we can tell you about that is that you couldn't touch a car like the Rover 3500S for less than $10,000, and give you a few of the reasons why:

The Motor.

3½ litre aluminum V-8 (the only V-8 available in a European chassis for under $10,000). It has hydraulic valve lifters which allow the car to do 117 m.p.h. without strain, and will average 17 miles to the gallon.

The Suspension.

If there is any outstanding feature on this outstanding car, this is it. Independent at the front, DeDion with sliding tube at the rear. This is something in which Rover invested a great deal of time, money and engineering love. You couldn't buy a better ride for any amount of money.

The Brakes.

4 wheel, power assisted disc. They don't come better at any price either.

The Steering.

Variable power steering. 1 to 1 on the straightaway, so you can feel the car. The power increases in proportion to the difficulty of the turns. Again, the best there is.

The Standard Equipment.

3-speed Borg-Warner automatic transmission. •Integrated, directional, fresh circulating air-conditioning/heating system (If you insist on not having the air-conditioning, we'll take $478 off the price). •Delco electrically controlled windows. •Pirelli gold band radial ply tires (exclusive with Rover). •Completely tinted windshield and windows. •Orthopedically designed, perforated vinyl bucket seats in front and rear, with infinite adjustment and padded arm rests. •Adjustable leather padded steering wheel. •Tachometer. •Trip mileage counter. •Electric clock. •Etcetera. •Etcetera.

The Considerate Little English Touches
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The Most Important of All.

The way all of it is put together, which is something you have to see and feel to believe.

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Tilt-out *bin stores soiled linens, clothing. Near bedrooms and bath, it's convenient for the whole family*

Where the soiled laundry goes

If you put a laundry bin under the linen closet you can deposit soiled towels, pillow cases, and sheets and pick up a fresh supply in one step-saving operation.

For a small space at the bottom of a linen closet, architect Paul Hayden Kirk designed the tilt-out laundry bin shown above for Dr. and Mrs. Robert Burry Pelzel. The front of the bin is made of perforated hardboard to prevent mildew. When the bin is full, soiled linens are transferred to a basket for a single trip to the laundry equipment.

Below you see the deep drawer that doubles as a laundry bin in the Honolulu home of Dr. and Mrs. Calvin C. J. Sia. The linen closet above it has a separate door, so ventilation is not a problem. Architect was Edward Sullam.

Slide-out *laundry drawer in this bath-dressing area conceals soiled linens. Fresh linens stored above*

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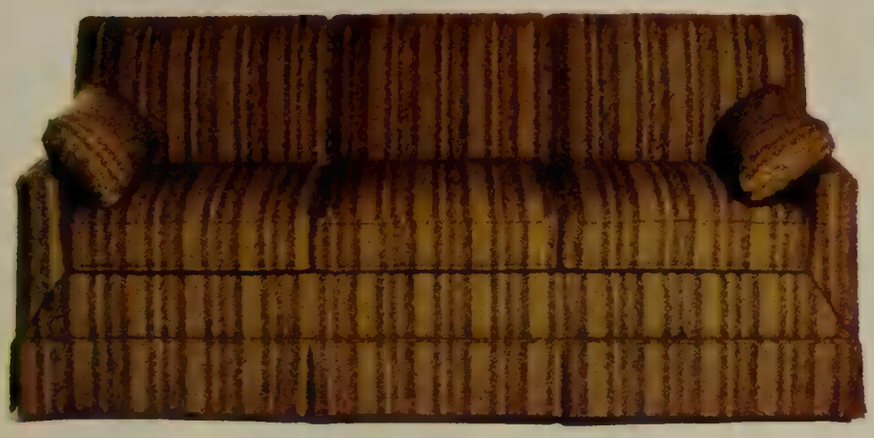

The Madison.
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The Mark.
Exciting 54" Contemporary sofa with polished chrome casters. Seen here in lively houndstooth check. And there's a comfortable full-length Simmons mattress inside. Spectacular at **$299.**

The Marshall.
Magnificent 82" traditional Tuxedo style. Luxurious loose-pillow back. And matching arm bolsters. Shown in harvest-color floral print. Opens into extra-wide bed with Simmons mattress. Exceptional at **$499.**

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Let PPG Glass give you an open house.

What makes the indoors so great? The outdoors, naturally. And bringing the outdoors in is where glass comes in. Glass opens your house. Interior decorating suddenly becomes interior-exterior decorating—you almost find yourself considering how well a carpet will go with the backyard...or if a tree will harmonize with the living room draperies. Rooms become a part of the total landscape, where sliding glass doors can lead to private enclosed courts off the bathroom or bedroom or kitchen. And where living goes beyond the walls. Pretty. Great. And very practical. Today's new glass gives you safety, weatherbeating insulation, plus reduced fuel bills. Glass, the beautiful bargain.

Here, on these pages, are just a few of the new glass ideas from today's homes. For hundreds more:

Franklin B. Wimer

Windows can insulate elegantly. Colonial windows are more practical now, with PPG *Twindow*® insulating glass. *Twindow* is two pieces of glass with a slice of dry air sealed in between at the factory. *Twindow* looks like an ordinary window, but does extraordinary things—like providing many of the insulation benefits of a storm window. Reducing downdrafts. And keeping your home warmer to cut fuel bills. *Twindow* gives you colonial charm with modern convenience.

Patio doors open a house safely. In this southwestern home, glass patio doors bring in the wide-open spaces. PPG *Herculite® K* is the recommended glass for sliding glass doors. This tempered safety glass takes terrific impact. And if it ever breaks, it won't shatter into large dangerous pieces. It crumbles into small fragments. Leisure living in a glass-enclosed house can be worry free with PPG Safety Glass...*Herculite K*.

great indoors

Send for "Open House USA." PPG's new, 56-page full-color book will show you how glass can make your next home or remodeling plan work to let you live inside; out. Dozens of decorating ideas, too. Write: Open House, PPG Industries, Dept. S-100, 401 Montgomery St., San Francisco, Calif. 94104. Include 25¢ for handling.

Rutenberg Homes

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Private courts brighten bedrooms. Here, sliding doors open on a private enclosed court to add an indoor-outdoor touch to a bedroom. And when the doors have PPG *Herculite K* Safety Glass, even sleep-walkers are safe. Sliding glass doors open to leisure living wherever they're used. For expansive screen porches or open patios and pools. With this kind of glass, the buyer need not compromise when it comes to gracious living.

New sliding mirrored wardrobe doors. Rooms seem to double in size, dull walls become motion pictures. The trick is done with sliding door mirrors. Because of their exceptional clarity, PPG *High-Fidelity*® mirrors have long been used by professional interior decorators to add depth and dimension to a room, and create spaciousness. Mirrors reflect your good taste when used in hallways, living areas, bedrooms—even kitchens. *High-Fidelity* mirrors are essential to making a house really open.

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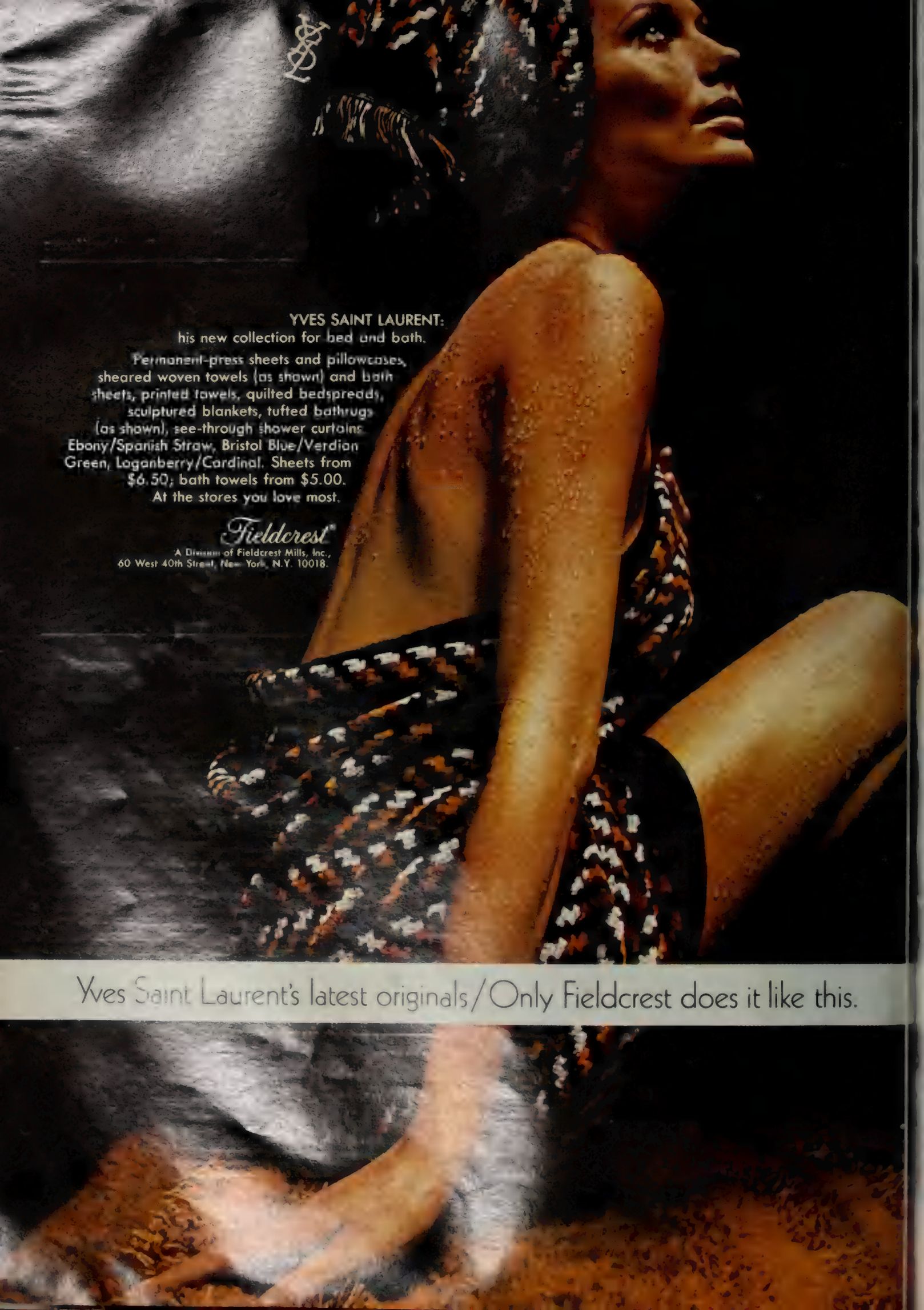
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RICHARD FISH

Garden fountain, *Northridge, Calif.*

DON NORMARK

Planters nest *on indented bottoms. Owner is J. L. Katleman, San Diego*

A cool drink in the garden

The red pottery jar and the stack of multicolored planters are not only useful thirst quenchers but also garden ornaments. Both are steadied by rock ballast and the pipes that come through the bottoms and extend on up to the fountains above. The first, designed by Walt Young and Gregg Toland, drains between two bricks. The second, which landscape architect Roy H. Seifert calls a joint effort of contractor-architect-owner, drains into a recessed, rock-filled space under the bottom planter.

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Plastic containers . . . for refuse

Anyone who must tote trash to the curbside for the weekly pickup will find several advantages in using plastic containers and liner bags.

Probably the greatest asset of the plastic containers is that they're much quieter than metal containers—a major consideration in neighborhoods with early morning pickups. Lids removed by the collector and tossed on the paving produce a muffled thud rather than a loud clang. Being more pliable, they seem to resist the battering that often befalls metal containers.

The emptying process is also quieter as the collector usually shakes the contents into larger containers or directly into the truck. Again there's a thud instead of a clang as the containers are returned to the paving. All this is undoubtedly frustrating to some collectors who seemingly enjoy the cacophonous clatter.

A plastic container helps reduce the noise level on a daily basis, too, as you remove the lid and replace it during the normal course of tossing in throwaways and garden debris.

Plastic containers are lighter than metal cans of the same capacity, although with some lightweight metal cans this may be only a matter of a pound or two. Most plastic containers nest so you can bring two or more in from the curbside in one trip. Cleanliness is another point in their favor. The smooth interior walls are easier to scrub than the ribbed walls of metal cans, and there are no seams to collect grime. Bottoms can't rust out.

Besides use as garbage and garden debris containers, they are handy around the garden work center to hold peat, shredded bark, fertilizers, and potting mixes; also for storage of bulk pet food.

Plastic containers are available in several price ranges. Discount stores carry 32-gallon models for about $5. Hardware stores and building supply centers sell theirs for about $7. You can also pay as much as $13 or so for a higher-quality container with a tight, well-fitting lid. Most models are round, but you can get square ones, too. The choice of colors includes shades of brown, gold, green, orange, and red.

Lids fasten by various means: twist-on, friction, and metal clamps. Test the lid-locking device before you buy; a lid not held snugly may fall off if the container should happen to be pulled over by a dog.

Many containers carry a guarantee of from 3 to 7 years against cracking. Some manufacturers claim to have tested them at temperatures from −40° to +150° and found no cracking or deformation. How well one holds up depends on its quality and the treatment you and the collector give it. It will keep its shape better if you keep the lid on.

Container caddy. For easier hauling to curbside, you might buy a caddy or tote designed to hold one or two containers. A two-container model sells for about $15.

Plastic liner bags. These are available in several sizes—small enough for a wastebasket to giants with a capacity of over 50 gallons. The 20 and 32-gallon bags are most generally available. Use them inside trash containers to keep the insides clean or by themselves for trash and garden litter.

The bags are sold in packages of 4 to 100 in supermarkets, hardware and home supply stores, and some nurseries. Price depends on size of the bag; a 20-gallon bag sells for around 10 cents. Packages include twist-around closing strips.

One problem is how to keep a plastic liner bag open while filling it with leaves and grass clippings. An easy solution is to take a cardboard box, remove the top and bottom flaps, and use it as a rigid frame in the opening. Or you can buy metal framed bag holders that do the job; some have wheels so not only do they load easily but also when they're full you just roll them out to the curb.

And each new generation embarks on a voyage of discovery...

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WEAR·EVER SUBSIDIARY OF ALCOA

An accordion door for the shower

Many home owners who remodel bathrooms today are looking for a simple, convenient, good-looking, and preferably easy-to-install door that will replace a shower curtain. One that meets all these requirements is the folding shower door below.

It comes in two types: to fit either a combination tub-shower or stall shower. It's made of flexible plastic panels available in several colors, held in anodized aluminum frames with a choice of gold or silver trim.

This door, professionally installed, costs approximately $70 for a combination tub-shower or $60 for a stall shower. Or you can install it yourself in a couple of hours and save about $10 to $12.

Drill into the wall to hold the frame in place with screws and affix the frame to the tub rim with mastic. Or use a pressure-mount kit (purchased separately, $3.20) of foam tape and clips to pressure the frame against the wall. Or you can use both foam tape and mastic.

If the top of the door extends beyond the tile, you can buy metal filler strips ($3 per set) to fill in the space between door frame and wall above the tile. It's wise to measure the door height beforehand, and buy the fillers, if needed, before beginning the project; also buy some silicone sealer to finish the seams.

DARROW M. WATT

New, *light accordion door latches back against either wall, open and out of way*

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Sunset's Kitchen Cabinet®

October has become a fine month for fresh fruits in the West. Seasons have been extended with new varieties, new growing areas, and new techniques, and right now we have a wide choice of late summer and early fall fruits. The late melons combine with citrus to make a refreshing tart-sweet salad that can double as dessert.

You can make our dessert dumplings with either early-season Jonathan apples or firm-fleshed late peaches.

A shallow glass serving bowl shows off the colorful fresh fruits attractively

Autumn Fruit Bowl

Soft shades of green and gold blend in this fresh fruit salad.

- About 4 cups melon cubes or balls
- 2 large oranges
- 2 cups green grapes (seedless or halved and seeded)
- Dash salt
- 2 tablespoons honey
- 1 package (3 oz.) cream cheese, at room temperature
- Mint sprigs (optional)

Either use a melon ball cutter or cut the melon in 1-inch-thick slices, peel, and cut into cubes. Put into a bowl. Remove 1 teaspoon grated orange peel from one of the oranges; set aside peel. Hold oranges over the bowl while you cut off the remaining peel including all the white membrane. Lift out orange sections and distribute in bowl with melon. Then distribute grapes in the bowl. Cover and chill—as long as 6 hours.

For the dressing, combine the grated orange peel, salt, honey, and cream cheese. Mix until well blended. (If cream cheese is too cold to blend well, you can whirl dressing ingredients in blender.) Cover and chill if made ahead. Pile dressing in center of fruit just before bringing to table and top with mint sprig, if used, or serve the dressing in a separate bowl. Makes 6 to 8 servings.—*H. D., Portland.*

A mug of golden pumpkin soup with a meat sandwich makes a fine lunch

Cream of Pumpkin Soup

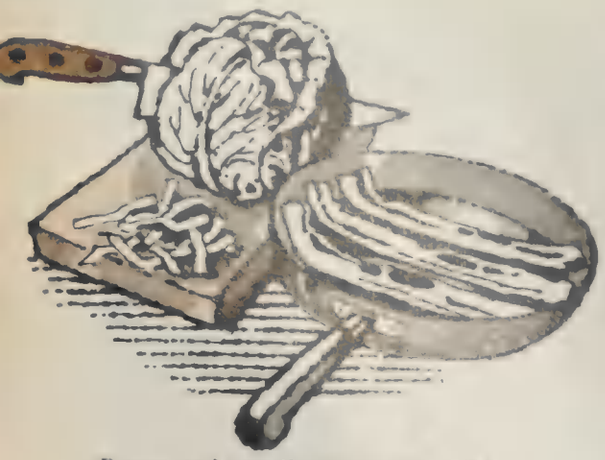
This smooth soup is delicately seasoned with curry. Serve it as the first course for dinner or for lunch entrée.

- 2 tablespoons butter or margarine
- 1/4 cup finely chopped onion
- 1 teaspoon curry powder
- 1 tablespoon flour
- 2 cans (about 14 oz. *each*) regular strength chicken broth
- 1 can (1 lb.) pumpkin
- 1 teaspoon brown sugar
- 1/8 teaspoon mace or nutmeg
- 1/4 teaspoon salt
- 1/8 teaspoon pepper
- 1 cup milk or light cream
- Minced chives or parsley

Heat the butter in a 2-quart or larger pan and sauté the onion over medium heat until limp. Stir in the curry and flour and cook until bubbly. Remove from heat and gradually stir in the chicken broth. Add pumpkin, sugar, mace, salt, and pepper. Cook, stirring, until the mixture begins to simmer. Stir in the milk and continue heating, but do not boil.

Sprinkle a few minced chives or parsley into each bowl when you serve. Makes about 8 servings as a first course, or 6 luncheon-sized servings.—*H. N., San Francisco.*

You might pass a bowl of sour cream or unflavored yogurt at the table to spoon onto each serving.



Bacon and paprika flavor this cabbage and noodle dish in the Hungarian style

Creamy Cabbage with Noodles

The idea of combining the vegetable with pasta is a popular menu shortcut.

- 4 ounces noodles or spinach noodles
- Boiling, salted water
- 5 slices bacon
- About 1/2 head cabbage
- 2 tablespoons water
- 1 tablespoon sugar
- 1/4 teaspoon paprika
- 1/4 teaspoon salt
- 1/2 cup sour cream
- 1 tablespoon flour
- Chopped parsley or paprika

Cook the noodles in boiling water as directed on the package. Cook just until tender, then drain in a colander. Meanwhile using a 10-inch frying pan that has a lid, fry the bacon until crisp; remove and drain. Discard all but 2 tablespoons of the bacon drippings. Cut cabbage in 1/4-inch-wide shreds to make 6 cups; add to pan with the 2 tablespoons drippings, water, sugar, paprika, and salt.

Cover and cook over medium-high heat until cabbage is tender, about 3 minutes. Blend the sour cream with flour until smooth; stir into cabbage mixture. Cook, stirring until the mixture boils; cook 1 minute, remove from heat. Crumble bacon and mix with noodles into cabbage. Serve sprinkled with parsley or paprika. Makes 4 to 6 servings.—*I. R., North Sacramento.*

When you discover outstanding ways to serve the season's fresh produce, we invite you to tell us about them. Mail contributions to *Sunset Magazine*, Menlo Park, Calif. 94025. We pay $10 for each recipe published.

Cornish hens or lamb shanks, pumpkin soup, creamy cabbage

Cornish Hens with Tomatoes

Boiled rice or rice pilaf is a nice accompaniment to game hens and sauce.

- 2 Cornish game hens (about 22 oz. each), thawed
- 1/4 teaspoon *each* salt and garlic salt
- 1/8 teaspoon pepper
- 3 tablespoons butter or margarine
- 1 medium-sized onion, chopped
- 1/2 pound fresh mushrooms, sliced
- 1/2 cup dry white wine or chicken broth
- 2 medium-sized tomatoes, peeled, seeded, and diced
- 1/3 cup sour cream or unflavored yogurt
- 1 tablespoon flour

Cut the hens in halves, lengthwise. Sprinkle lightly with the salt, garlic salt, and pepper. Arrange in a 9 by 13-inch baking dish. Bake, uncovered, in a 400° oven for 25 minutes.

Meanwhile melt butter in a frying pan. Add onion and mushrooms and cook, stirring, for about 5 minutes. Remove from heat and stir in wine and tomatoes; pour over hens after they have roasted 25 minutes. Reduce oven temperature to 350° and continue roasting, uncovered, for 15 minutes, or until tender. Remove from oven and arrange hens on warm serving plate. Blend sour cream and flour until smooth; stir in pan juices; cook and stir on top of range until it boils and thickens. Serve with hens. Makes 4 servings.—*A. R., Seabeck, Wash.*

Fresh tomatoes and mushrooms cook with hens, form sauce to serve on top

Lamb Shank Casserole

You can cook the vegetable along with this meat. Add a green salad and crusty bread to complete the menu.

- 4 lamb shanks, bone cracked
- 3 tablespoons lemon juice
- 2 medium-sized onions, chopped
- 3 stalks celery, including a few leaves, sliced
- 1 tablespoon chopped parsley
- 2/3 cup chile sauce or catsup
- 1 cup dry red wine or water
- 1/4 teaspoon Italian herb seasoning or oregano

Fit the lamb shanks into a large casserole (about 4-qt. size) that can be tightly covered. Drizzle over lemon juice. Tuck in around the shanks the onion, celery, and parsley. Combine the chile sauce, wine, and Italian seasoning; pour over the meat and vegetables. Cover and bake in a 425° oven until the meat is very tender, about 2 hours. Uncover the dish several times and turn over the shanks.

To serve, lift out the shanks and keep warm. Skim fat off the juices in casserole. Either return shanks to casserole or arrange on a serving dish with the pan juices spooned over. Makes 4 servings.—*E. S., Kerman, Calif.*

If you wish to cook the vegetable along with this meat, add 2 cups sliced, peeled carrots to the casserole during the last hour while the meat cooks.

Long, slow baking in covered dish develops rich, brown gravy, tender meat

Apple or Peach Dumplings

Pick out large tart apples or firm freestone peaches for this dessert.

- Pastry for double-crust 9-inch pie
- 3 large apples or peaches
- 2 tablespoons sugar
- 1/2 teaspoon cinnamon
- 3 tablespoons butter
- 8 regular size marshmallows
- 1 1/2 cups orange juice
- 1/2 cup mild flavored honey
- 1 teaspoon vanilla

Prepare the pastry from your own recipe or a pie crust mix. Roll out pastry on a lightly floured board into a 12 by 18-inch rectangle; cut into six 6-inch squares. Cut apples or peaches in halves, peel, and remove core or pit. Set a fruit half on each pastry square with cut side down. Combine the sugar with cinnamon; sprinkle over fruit. Dot with butter, using 1 tablespoon. Bring 4 corners of each square together and pinch in center; arrange in a 9 by 13-inch baking dish.

Cut each marshmallow in half and fit between dumplings. In a pan combine the orange juice, honey, and remaining 2 tablespoons butter. Heat, stirring, until it almost comes to boiling; remove from heat and add vanilla. Pour sauce over dumplings in pan. Bake uncovered in a 400° oven for about 40 minutes. Serve warm or cold, or reheat. Serves 6.—*C. C., Lakewood, Calif.*

A sauce of orange juice, marshmallows bakes around apple or peach dumplings

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GERALD FREDRICK

Mixing *spinach with hot bacon dressing*

Spinach salad with a flourish

Few things add more flair to a dinner than a course skillfully prepared at the table. This spinach salad involves more than just a blending of greens and dressing; in a chafing dish you heat voluminous spinach leaves until they quickly wilt to a tender green mass. The seasonings are simple—bacon and some of the drippings, mustard, vinegar, salt, pepper. (With less ceremonial fun you would have an old-fashioned wilted salad.)

To serve, assemble the utensils and ingredients on a tray and bring to the table.

HOT SPINACH SALAD WITH BACON

- 1 pound spinach
- 5 slices bacon
- 1½ tablespoons red wine vinegar
- ¼ teaspoon *each* sugar and dry mustard
- Salt and freshly ground pepper

In the kitchen trim, wash, and drain spinach, reserving only the tender leaves; tear leaves in bite-sized pieces, put in a bowl, cover, and refrigerate until time to serve. Fry bacon until crisp, drain well on paper towels, and crumble into a small serving bowl; measure 2 tablespoons of the bacon drippings into a chafing dish. In a small pitcher combine the vinegar, sugar, and dry mustard. On a tea cart or large serving tray, assemble the spinach, vinegar sauce, salt, pepper, bacon, salad servers, and chafing dish with bacon drippings.

At the table, place chafing dish over direct heat (use denatured alcohol or canned heat) until bacon drippings are hot. (Or, for faster results, heat bacon drippings in the kitchen and bring hot to the table.) Place half of the spinach in the chafing dish and mix gently, lifting greens from the bottom of the pan, to coat leaves with drippings; as spinach wilts, continue to add greens until all the spinach is in the chafing dish; keep mixing greens with drippings until leaves are evenly wilted but still bright green. Mix vinegar sauce into spinach. Season with salt and pepper, sprinkle bacon over top and serve. Makes 2 to 4 servings.

In life the little things are so often the big things.

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Six-pound *rump roast starts a three-day bath in white wine vinegar marinade with chopped vegetables, herbs, and spices. Result will be famous German sauerbraten*
GLENN CHRISTIANSEN

The centuries-old art of meat pickling

We present a rediscovery with beef, pork, or lamb

In the days before refrigeration, a pickling bath was used to preserve and revitalize meats. Today there's no longer any such need, but many people still like the sprightly flavor of meat that has been treated in this fashion.

Meat pickling deserves rediscovery, and happily it couldn't be simpler.

The centuries-old European method calls for immersing large meat cuts for several days in a wine vinegar-based marinade. Then the meat is braised or oven-roasted and served with a sauce enhanced by some of the marinating juices.

German sauerbraten, with its endless variations, is undoubtedly the best known pickled meat. Our Western modification is fragrant with herbs and streamlined in calories. Scandinavians prefer to pickle game or pork in a wine-plus-vinegar bath. In our Swedish recipe, pork loin is finished with gravy that is flavored with gjetost (*yay*-toast), a caramel-like goat cheese. Our third recipe marinates lamb in the French manner, dunked in a garlicky red wine solution; after roasting, currant jelly enhances the pan juices.

For any of the three recipes that follow, choose a container (a stainless steel, ceramic, or glass bowl, pan, or crock) just a little larger and deeper than the meat so the marinade covers it completely.

GERMAN SAUERBRATEN

6 pound boneless beef rump roast
Wine vinegar marinade (recipe follows)
1 slice bacon, diced
1 carrot, diced
1 medium-sized onion, sliced
1 can (10½ oz.) condensed beef broth (undiluted)
3 tablespoons cornstarch blended with 3 tablespoons cold water
¾ cup sour cream
Poached sliced apples (optional)

Place meat in a large bowl or pan and pour over wine vinegar marinade. Cover and chill for 3 to 4 days, turning meat over daily. Remove roast from marinade and pat dry. Heat bacon in a large Dutch oven; when drippings form, put in roast and brown on all sides. Add the carrot, onion, broth, and ½ cup of the marinade; cover and simmer 2½ to 3 hours, or until tender when pierced with a fork. Remove meat to a platter.

Strain juices, discarding residue, and bring to a boil. Blend in the paste of cornstarch and water and cook, stirring, until thickened. Stir some of the sauce into the sour cream, return to pan, and heat until hot through. Turn into a sauce bowl.

Thinly slice meat across the grain and serve with sour cream gravy and poached sliced apples, if you wish. Makes about 12 servings.—*G. L., San Francisco.*

Wine vinegar marinade. Combine 1 bottle (12 oz. or 1½ cups) white wine vinegar, 3 cups water, 1 bay leaf, 6 whole cloves, 2 teaspoons salt, ¼ teaspoon pepper, 1 teaspoon Italian seasoning (or mixture of ¼ teaspoon *each* rosemary, marjoram, sweet basil, and oregano); 1 carrot, diced; 1 stalk celery, cut up; 1 medium-sized onion, sliced; and 1 leek, sliced.

SWEDISH PICKLED PORK

5 pound boneless pork loin roast (rolled and tied)
White wine marinade (recipe follows)
1 can (14 oz.) regular strength beef broth
1 tablespoon cornstarch blended with 1 tablespoon cold water
2 tablespoons currant jelly
¼ cup (1 oz.) shredded gjetost cheese
½ cup sour cream
½ pound small mushrooms
2 tablespoons butter or margarine

Place meat in a large bowl or pan and pour over the white wine marinade. Cover and chill for 3 to 4 days, turning daily. Remove roast from marinade and pat dry. Pour 1 cup of the marinade into a roasting pan and place meat on a rack in the pan. Insert meat thermometer in the thickest central portion of the roast. Roast, uncovered, in a 325° oven until temperature registers 170°, about 2½ hours. Transfer roast to a carving board and keep warm.

Skim fat from pan juices and strain into a saucepan. Add broth and bring to a boil. Stir in a paste of cornstarch and water; stirring, cook until thickened. Add jelly and cheese and heat, stirring, until smooth. Stir some of the sauce into the sour cream; return to pan and heat just until hot through, stirring. Turn into bowl.

Meanwhile, sauté mushrooms in butter just until moist and shiny and spoon around meat. Carve meat into thick slices and serve with sautéed mushrooms and gravy. Makes about 10 servings.

White wine marinade. Combine 1 bottle (⅘ quart) dry white wine, ¾ cup white wine vinegar, 2 teaspoons salt, 1 tablespoon sugar, 1 teaspoon thyme, 1 bay leaf, 6 *each* whole cloves and whole allspice, 2 tablespoons olive oil, and 1 medium-sized onion, sliced.

FRENCH WINE-BATHED LAMB

4½-pound boned, rolled, and tied leg of lamb
Red wine marinade (recipe follows)
1 cup water
2 tablespoons currant jelly
Green grapes for garnish

Place meat in a large bowl or pan and pour over the red wine marinade. Cover and chill for 3 or 4 days, turning meat over daily. Remove meat from marinade and pat dry. Place on a rack in a roasting pan and insert meat thermometer in the central portion of the roast. Roast, uncovered, in a 325° oven until meat thermometer registers 160° for medium rare meat, about 2½ hours. Transfer roast to a carving board and keep warm.

Skim fat from pan drippings and discard. Then pour water into drippings and scrape up. Pour ½ cup of the marinade into a saucepan and cook down until reduced to ¼ cup; add the pan drippings and jelly and heat until blended smoothly. Turn into a sauce bowl. Garnish platter with bunches of grapes. Makes about 10 servings.

Red wine marinade. Combine 1 bottle (⅘ quart) red wine, ¾ cup red wine vinegar, 2 tablespoons olive oil, 1 bay leaf, 1 teaspoon *each* rosemary and marjoram, 2 teaspoons salt, ½ teaspoon whole black peppers, and 1 medium-sized onion, sliced.

neat mallet until slices are uniformly ¼ nch thick, changing paper as needed.

Dredge pieces of meat in flour, coating all over; shake off excess flour. In a large frying pan, start heating together the olive oil and butter over medium-high heat. Dip turkey slices, one at a time, in the egg-water mixture to coat thoroughly; drain briefly and immediately slip each piece into frying pan (avoid overcrowding pieces in pan). Sauté, turning once, until lightly browned on both sides, about 3 minutes total; drain meat briefly on paper towels.

Arrange cooked turkey, overlapping as needed, in a shallow baking dish (about 8 by 12 inches). Strew peas evenly around turkey. Arrange prosciutto evenly over turkey; finish with an even layer of teeme cheese overall. Cover dish with foil (you can refrigerate dish at this point up to 24 hours if you like). Bake in a 400° oven for 20 minutes (35 minutes if refrigerated) or until cheese is melted. Sprinkle with nutmeg and pepper and serve. Makes 3 servings.

Mushrooms, cheese, and Vermouth distinguish this creamy turkey and ham dish. Serve over hot corn fritters, corn muffins, or cornbread (frozen or freshly made from a mix or your own recipe).

COUNTRY TURKEY AND HAM

- 8 tablespoons butter or margarine
- ¾ pound mushrooms, thinly sliced
- 1 tablespoon Dijon-style mustard
- 3 tablespoons flour
- 1 cup half-and-half (light cream)
- 1 cup milk
- 1½ pounds boneless turkey breast, roasted (directions follow)
- ½ pound thick-sliced, precooked ham
- 3 tablespoons dry Vermouth
- 1 cup (4 oz.) shredded Longhorn Cheddar cheese
- Parsley sprigs
- Paprika
- Hot corn fritters, corn muffins, or cornbread

Melt butter in large frying pan over medium-high heat; add mushrooms and cook until limp, about 5 minutes. Stir in mustard and flour; gradually stir in half-and-half and the milk. Bring sauce to boiling, and boil, stirring constantly, until thickened, about 1 minute.

Cut turkey and then the ham into ½-inch cubes; add with the Vermouth and cheese to pan; stir constantly until meat is heated through. Transfer to serving dish, garnish with parsley and sprinkle with paprika. Spoon over fritters, muffins, or cornbread. Makes 8 servings.

To roast turkey breast quarter. Lightly sprinkle a 1½-pound boneless quarter turkey breast with salt; place on rack, skin side up, in small roasting pan. Bake in a 325° oven until a meat thermometer inserted in the thickest part of the flesh registers 175°, about 50 minutes.

Mellow turkey takes readily to seasoning with tropical fruit chutney and mustard in this attractive salad.

TURKEY CHUTNEY SALAD

- ⅓ cup Major Grey - style chutney
- 1¼ to 1½ pound boneless turkey breast (roasted as directed above, skinned, and chilled)
- ⅛ cup mayonnaise
- 1½ teaspoons Dijon-style mustard
- ½ teaspoon salt
- ⅛ teaspoon pepper
- 4 large lettuce leaves
- ⅓ cup coarsely chopped salted almonds
- 1 jar (6 oz.) marinated artichoke hearts, drained
- About 12 thin slices cucumber
- About 8 decoratively cut radishes

Measure ⅓ cup chutney and drain the syrup into large bowl. Finely chop chutney pieces and combine with syrup.

Cut turkey into ½-inch cubes. Add to bowl with mayonnaise, mustard, salt, and pepper; mix until combined.

Divide salad among 4 individual serving plates lined with lettuce leaves. Sprinkle each with chopped almonds and garnish with the artichoke hearts, cucumber, and radishes, dividing evenly. Serves 4.—*R. M., Roseburg, Ore.*

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DARROW M. WATT

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Cornbread with cheese and chiles

orrowing flavors from Mexico, this sa-ory cornbread combines Cheddar cheese nd canned California green chiles. Sour ream adds rich moistness while the reamed corn contributes texture.

. zesty complement for Mexican foods, his easily assembled cornbread also goes ell with barbecued chicken or steaks. o control the heat-taste level of the corn-read's seasonings, sample a small piece f each chile, since their potency varies.

IEXICAN CORNBREAD

- 2 eggs
- ¼ cup salad oil
- 1 to 4 canned California green chiles
- 1 small can (about 9 oz.) creamed-style corn
- ½ cup sour cream
- 1 cup yellow cornmeal
- ½ teaspoon salt
- 2 teaspoons baking powder
- 2 cups (about 8 oz.) shredded sharp Cheddar cheese

n a large bowl, beat eggs and salad oil ntil well blended. Rinse seeds out of hiles, finely chop the chiles, and add o egg mixture. Then add corn, sour ream, cornmeal, salt, baking powder, and ½ cups of the cheese; stir until thor-ughly blended. Pour into a greased 8 or -inch round or square pan. Sprinkle re-aining ½ cup cheese evenly over the op. Bake in a 350° oven for 1 hour, or ntil a pick inserted in the center comes ut clean and crust is lightly browned.

erve warm; or cool completely, wrap in eavy foil, and refrigerate or freeze. Re-eat (wrapped in foil) in a 300° oven for 0 minutes if chilled, 1 hour if frozen. Takes 6 to 8 servings.—*K. Y., San Jose.*

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What these strudels have inside is beef or chicken

DARROW M. WATT

Cut beef and mushroom - filled strudel into wide slices. Top with a dollop of sour cream

These savory Viennese strudels with crisp paper-thin outerwrap are fine make-ahead party entrées.

Austrian strudel is actually an outgrowth of Turkish fila pastries. By substituting commercial fila (available in some gourmet shops and in Near Eastern food markets) for the usual pulled strudel dough, we streamline the procedure.

Many layers of flaky fila encase this grand meat loaf. It works well to bake the roll completely in advance, then reheat it.

STRUDEL MEAT ROLL

- 1 small onion, finely chopped
- 4 tablespoons butter or margarine, melted
- ¼ pound mushrooms, chopped
- 2 pounds lean ground beef
- 1½ teaspoons salt
- ¼ teaspoon pepper
- ½ teaspoon crumbled dried oregano
- 2 cloves garlic, minced
- 3 eggs
- 1½ cups shredded Swiss cheese
- ¼ cup finely chopped parsley
- ¼ cup fine dry bread crumbs
- 12 sheets fila dough (about 12 by 18 inches each)
- Sour cream

In a large frying pan, sauté onions in 2 tablespoons of the butter until transparent. Add mushrooms and meat and sauté until meat loses its pink color, stirring until crumbly. Turn into a large bowl and season with salt, pepper, oregano, and garlic; let cool slightly. Break in eggs and mix lightly. Then mix in the cheese, parsley, and crumbs. Chill.

Take 6 sheets of fila (keep remainder covered with clear plastic film) and overlap them to make a 15 by 24-inch rectangle (arrange layers to distribute as evenly as possible). Brush lightly as you go with melted butter so layers stick together.

Spread cool filling over fila to within 1½ inches of the long sides and 3 inches of each end. Fold the 1½-inch edges over the filling. Then fold one of the 3-inch edges of fila over meat and continue rolling up like a compact jelly roll. Lay out 6 more sheets of fila to make a 15 by 24-inch rectangle, brush with butter, and fold in long sides 1½ inches. Set meat roll across a narrow end and roll up. Brush with remaining butter and place on a 10 by 15-inch baking pan.

Bake in a 375° oven for 30 to 35 minutes or until roll is golden brown. (If made in advance, chill covered; reheat in a 375° oven for 30 minutes.) Transfer to a serving platter or board and serve at the table,

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cut in 1-inch slices. Pass sour cream to spoon over each slice. Makes 6 servings, 2 slices each.

These diced chicken strudels make neat single servings. You can go to a delicatessen for a barbecued broiler-fryer or roast your own.

CHICKEN AND MUSHROOM STRUDELS

- ¼ cup finely chopped onion
- ¼ pound mushrooms, sliced
- 4 tablespoons butter or margarine, melted
- 1 barbecued or roasted broiler-fryer (about 2 to 2½ pounds)
- ¼ cup finely chopped parsley
- ½ teaspoon crumbled dried tarragon
- 2 eggs
- 1½ cups shredded Swiss cheese
- 16 sheets fila (12 by [illegible] inches *each*)
- Sour cream

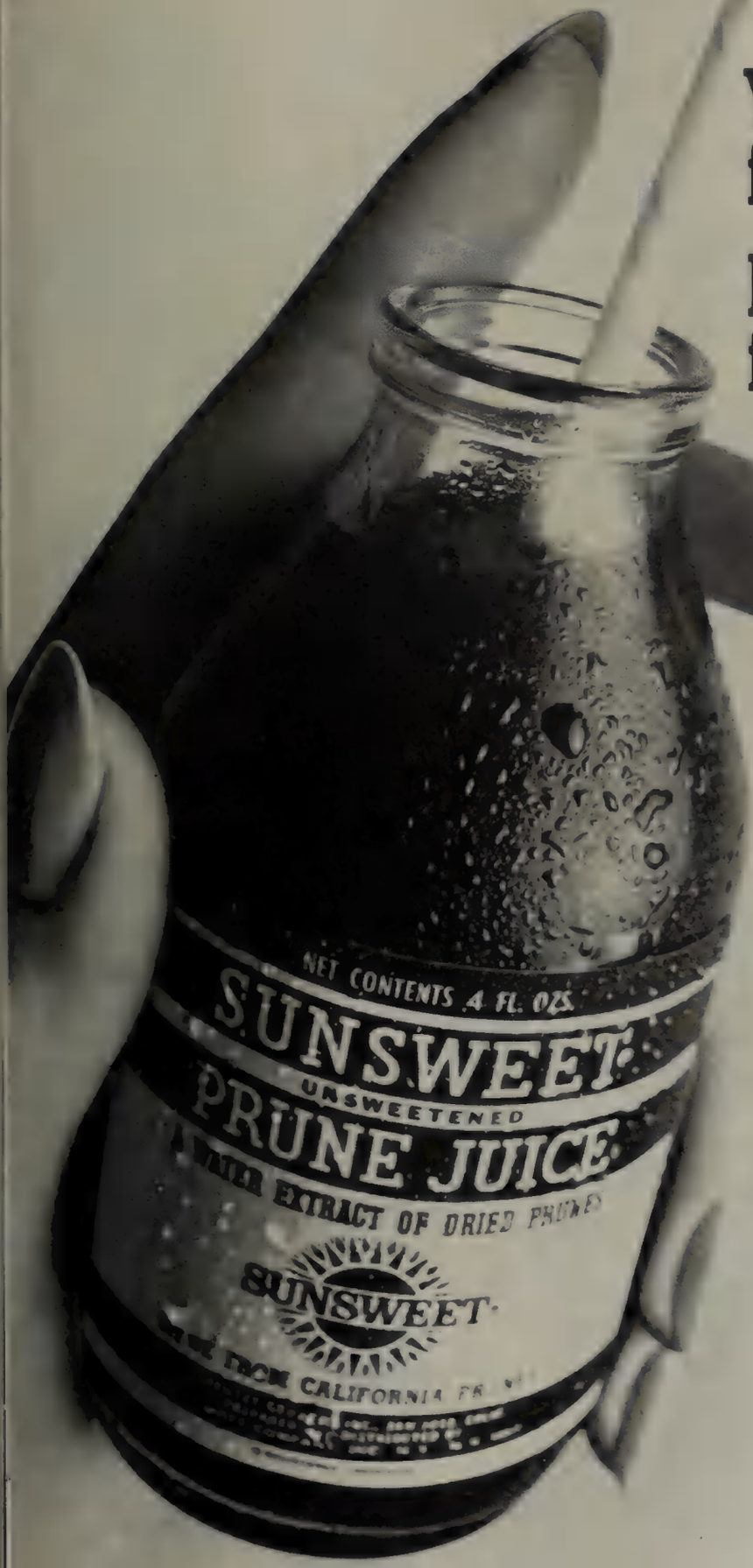
Sauté onions and mushrooms in 1 tablespoon of the butter, stirring until limp; let cool. Remove skin and bones from chicken and cut meat into bite-sized pieces (you should have 4 cups). Combine with parsley, tarragon, eggs, cheese, and the sautéed vegetables; mix well.

Lay out 1 sheet of fila (keep the remaining fila covered with clear plastic film), brush with melted butter, cover with another fila sheet, and brush with melted butter. Spoon a ribbon (about ⅔ cup or ⅛ of total amount) of chicken filling along a narrow end, about 2 inches in from the sides and end. Fold in the sides 2 inches and roll up loosely. Place on a greased baking sheet and brush with remaining melted butter. Repeat to make 7 more rolls.

Bake in a 375° oven for 20 to 25 minutes or until golden brown. (If made in advance, cool and chill, covered. Reheat in a 375° oven for 20 to 25 minutes or until hot through.) Makes 8 servings.

DARROW M. WAT

Spoon *chicken and mushroom filling along end, fold over sides, and roll up loosely*



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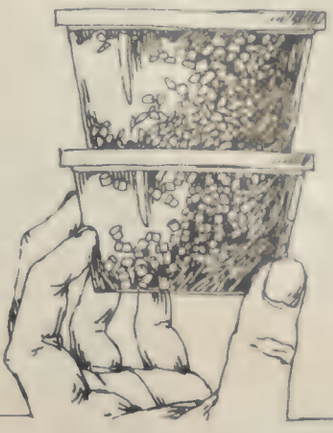

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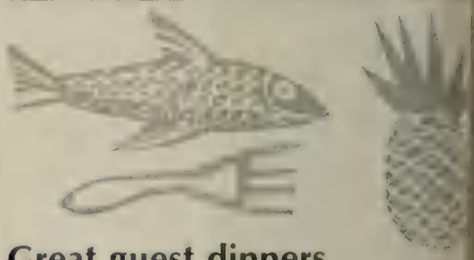

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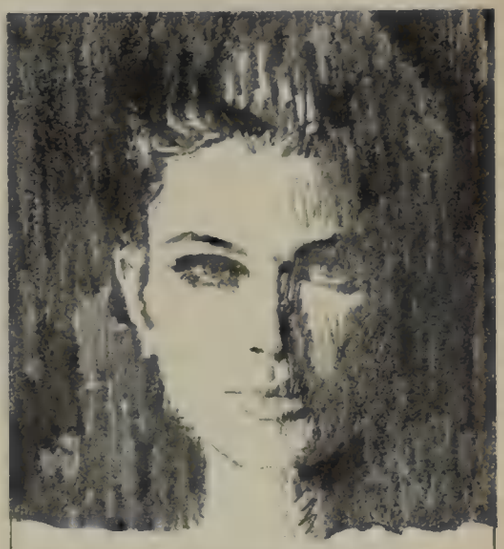

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DARROW M. WATT

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ıps and salads; or serve them with a
t of sweet butter as appetizers.

NNEL BREADSTICKS

- 1 package active dry yeast
- ¾ cup each warm water, salad oil, and beer
- 1½ teaspoons salt
- 1 tablespoon fennel seed
- 4½ cups regular all-purpose flour (unsifted)
- 1 egg, beaten with 1 tablespoon water

a large bowl, dissolve yeast in the ¾
warm water. Add salad oil, beer, salt,
d fennel seed. With a wooden spoon,
ıt in 3½ cups of the flour. On a board
pastry cloth, spread remaining 1 cup
ur; turn out soft dough. Knead using
s technique: Lift edge of the dough,
ıted well with flour, and fold toward
ıter, avoiding contact with sticky part
dough. Continue folding toward center
d kneading, turning the dough as you
rk, until it is smooth and elastic. Place
dough in a bowl, cover, and let rise
til double.

ıead air from dough. Pinch off 1½-
ımeter lumps and roll each to 18-inch
g ropes. Cut each rope in half. Set cake
ks on the cooky sheets and place ropes
oss them, ½ inch apart. Brush ropes
h egg-water mixture. Bake in a 325°
en for about 35 minutes or until evenly
ɔwned. Cool, then wrap airtight and
re at room temperature. Makes about
dozen.—*R.C., San Mateo, Calif.*

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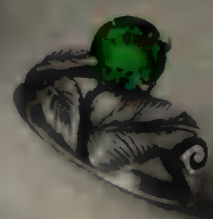

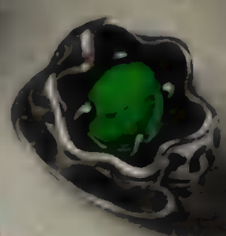

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The sleek lingcod (it's not really a cod, though it is often confused with other fish named cod) has these good attributes: It has a delicately mild flavor and tender flesh; it is very low in fat; and it is available all year around the length of the Pacific Coast.

A fillet of lingcod makes an especially tidy entrée for three—the two recipes that follow require only a few ingredients and minimum time.

CRUNCHY ONION LINGCOD

Lightly salt and pepper a 1-pound lingcod fillet; sprinkle on both sides with 1 tablespoon flour, patting with hands to an even coating; shake to remove excess.

Melt 1 tablespoon salad oil in frying pan over medium heat; add lingcod to pan and cook for 4 minutes; carefully turn it over and cook an additional 4 minutes or until fish is just opaque throughout when a tiny incision is made into the thickest part of the flesh.

Remove fish to a warm platter and cover. In the pan melt 2 tablespoons butter over medium heat and add ⅔ cup finely chopped green onion including tops (about 5) and 2 tablespoons unsweetened wheat germ. Stir for about 2 minutes, or until wheat germ is golden brown. Spoon mixture over the fish and serve with lemon wedges. Makes 3 servings.—*D. J., San Francisco.*

GOLDEN LINGCOD FILLET

- 1-pound lingcod fillet
- About 1 tablespoon flour
- ½ cup mayonnaise
- ¾ cup coarsely crushed plain or garlic-flavored croutons
- 4 lemon wedges
- Several sprigs parsley

Sprinkle lingcod with flour and pat with hands to an even coating; shake to remove excess.

With a small spatula, spread half the mayonnaise over one side of the fish; sprinkle evenly over half the crumbs and pat lightly. Place fish, crumb side down in a buttered baking pan; spread remaining mayonnaise over top side and sprinkle on remaining crumbs to an even coating, patting lightly.

Place in a 425° oven and cook for [illegible] minutes or until flesh is evenly opaque when a tiny incision is made in the thickest part of the flesh. Serve at once garnished with lemon wedges and sprigs of parsley. Makes 3 servings.—*B. K., Menlo Park, Calif.*

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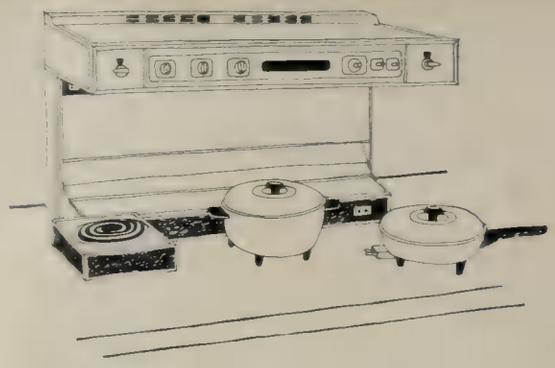
Western Kitchen

NEWS AND IDEAS



Unusual countertop cooking center

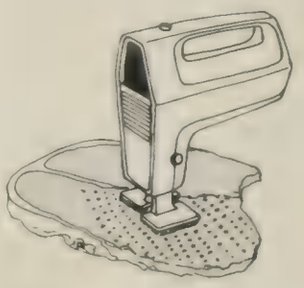
A new concept in rangetop cooking does away with the usual elements so that when the countertop is not used as a cook center it is available for other uses.

The basic unit mounts directly on the kitchen wall with its base on any countertop. Any of the five thermostatically controlled pots and pans included with the unit can be plugged directly into its fold-away plug panel (black strip in sketch above). The cook then simply dials the correct cooking temperature on the near-eye-level control panel. Also available is a conventional range element (like a hotplate) that plugs into the panel, allowing the use of any favorite pot or pan.

The countertop is always available for other use; even the plug panel folds away. Clean-up is simple: Just wipe off the countertop. The pans are immersible.

The upper part of the basic unit extends 11 inches over the counter so that smoke and cooking odors will be drawn through its charcoal filter system. Its top surface is a warming shelf that heats to 170° for keeping second helpings or casseroles at proper serving temperatures.

The cooking center is 19½ inches high, 35½ inches wide, and—at counter level—only 2 inches deep when not in use or 4 inches deep in use. It will be available this fall for about $490.



Power tenderizer

Much of the work involved in tenderizing, flattening, and pounding meat has been eliminated with the development of an electric meat tenderizer. The appliance uses double reciprocating pads that produce about 1,200 blows per minute. Pressure is regulated by the force exerted on the handle. Side buttons release the pads for cleaning.

The tenderizer can also be used to pound in seasonings. It costs about $24.

Bright new food steamers

Two new cookers are designed for specialized vegetable steaming. One consists of a 4-quart pot, a basket, and an insert divider. A small amount of boiling water in the pot steams fresh vegetables like asparagus, broccoli, and corn. The other is a frozen food steamer; a perforated upper section holds vegetables to cook in their own juices. Both can be used to steam shellfish as well. Cost is $12 and $14 respectively. The ceramic-on-steel steamers come in four bright colors.

Under-island storage space . . . in Hawaii and California

Below the cooking island the pots hang up in deep drawers lined with perforated hardboard. Each pot and lid is clearly visible and easy to reach. Note the single ledge for spices and herbs below the counter. Architect was Donald Chapman for the Robert Chapmans of Honolulu.

WENKAM-SALBOSA

A little niche below the counter keeps the toaster and waffle iron within arm reach of the table. When they're not in use, the front folds up and puts them out of view. Tableware is stored in shallow drawers under the cabinet. Design was by John Matthias for Dr. and Mrs. George H. Hogle, Woodside, Calif.

GLENN CHRISTIANSEN

When the pork chop casserole has to be just right, use the rice that can't go wrong.

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FRUITED PORK CHOPS

8 lean loin pork chops, ½- to 3/4-inch thick
Salt and pepper
1 tablespoon shortening
½ cup chopped onion
2 tablespoons butter
1-1/3 cups Minute Rice
1-1/3 cups water
1 cup diced, peeled tart apples
1 cup diced orange sections
1½ teaspoons salt
1/8 teaspoon pepper
1/8 teaspoon poultry seasoning

Season chops with salt and pepper; brown in shortening. Drain. Sauté onion in butter. Combine with remaining ingredients in greased, shallow 2-quart casserole. Top with chops. Cover; bake at 350° about 45 minutes or until chops are tender. Garnish with sautéed apple slices and parsley, if desired. Serves 4 to 6.

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Celery root . . . good cook's salad discovery

Leaf lettuce *is base for smooth avocado and crunchy celery root salad*

Celery root is a culinary ugly duckling. Peeling away the shriveled, usually muddy, exterior reveals a creamy white flesh of uniform smoothness. Europeans have long enjoyed celery root, or celeriac, for its subtle celery flavor and tender-crisp texture; it is usually served raw or lightly cooked as a salad or vegetable.

Keep in mind that the cut surface of celery root oxidizes and darkens quickly when exposed to air. To retain the milky white color, the pieces of celery root must be coated with full-strength or slightly diluted lemon juice or vinegar.

The texture of celery root is unique among the root vegetables—it is crisp but spongier and less firm than turnips or carrots. To eat celery root raw, cut it finely, like matchsticks, slice it wafer-thin, or shred it. Thicker slices and larger pieces should be immersed *briefly* in boiling water to soften slightly.

Celery root is generally available in produce sections of markets from September (October in the Northwest) through March or April.

In this first recipe, the celery root is sliced, cooked briefly, and then combined with slices of apple in a tangy sour cream dressing.

CELERY ROOT AND APPLE SALAD

- ⅓ cup each sour cream and mayonnaise
- ¼ teaspoon dill weed
- ¼ cup finely chopped green onion (including top)
- 1 tablespoon milk
- 1 celery root (about 1 lb.)
- Boiling water
- 1 large apple
- 2 tablespoons lemon juice
- Several sprigs watercress

Stir together until blended the sour cream, mayonnaise, dill weed, green onion, and milk; cover and chill.

Cut off top and peel away outer skin from celery root. Wash root thoroughly; cut in quarters vertically; slice across each quarter to make ⅛-inch slices.

Bring water to a boil in a pan; add celery root and cook for about 45 seconds or until just slightly resistant. Pour into a colander to drain; then rinse briefly with running cold water. Remove core from apple, halve, and slice thinly; put into serving bowl with celery root. Sprinkle with lemon juice and toss briefly to distribute; pour in sour cream dressing and mix with forks. Garnish with sprigs of watercress, cover, and chill until serving time (at least 1 hour). Serves 6.

Crunchy matchsticks of celery root and carrot are smoothly sauced in a garlic and anchovy dressing.

ITALIAN CELERY ROOT AND CARROT SALAD

- 1 celery root (about 1 lb.)
- 2 tablespoons white wine vinegar
- 6 medium-sized carrots, peeled
- 6 tablespoons olive oil
- 3 cloves garlic, minced or mashed
- 1 teaspoon anchovy paste
- 1 tablespoon finely chopped parsley

Cut off top and peel away thick outer skin from celery root. Wash the pared root thoroughly. Cut in half vertically; then slice each half into ⅛-inch slices. Cut the slices into matchsticks about ⅛ inch wide. Toss matchsticks in serving bowl with the vinegar. Cut carrots into matchsticks the same size and add.

In another bowl stir together until blended the olive oil, garlic, and anchovy paste. Pour into serving bowl; toss to combine and then sprinkle with parsley. Serve at once or cover and chill until serving time. Makes 6 servings.

Here, shredded celery root is accompanied with avocado crescents and dressed with a spicy cream sauce.

CELERY ROOT - AVOCADO SALAD

- 1 egg yolk
- 1 teaspoon Dijon-style mustard
- 3 tablespoons lemon juice
- ¼ teaspoon onion salt
- ⅛ teaspoon pepper
- ¼ cup whipping cream
- 1 celery root (about 1 lb.)
- ⅓ cup white wine vinegar mixed with 2 tablespoons water
- 1 large fully-ripe avocado
- 4 large lettuce leaves

Stir together in a bowl the egg yolk, mustard, 1 tablespoon of the lemon juice, onion salt, and pepper until smooth; gradually stir in cream until smooth; cover and set aside.

Cut off top and peel away thick outer skin from celery root. Wash the pared root thoroughly; cut into quarters vertically and then shred into a bowl. Add vinegar-water mixture and toss with hands to distribute over the celery root. Transfer celery root to colander; press down firmly with back of a spoon to remove the vinegar-water. Mix drained celery root with prepared sauce in the bowl until sauce is thoroughly distributed.

Peel, remove seed, and slice avocado; sprinkle remaining 2 tablespoons lemon juice over cut surfaces. Place a lettuce leaf on each of four salad plates; divide avocado slices between the plates and arrange on lettuce. Last, spoon shredded celery root onto avocado and serve at once. Makes 4 servings.

DARROW M. WATT

Surprise! *Trim top, peel away wrinkled brown skin to reveal smooth white celery root*

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BRAISED BEEF FROM GOLDEN'S

By far the most popular item on Ray Golden's luncheon menu. You'll find it in Surprise Valley, the last outpost of Modoc County on Highway 299.

2½ pounds California beef round, cut into 1-inch chunks
3 tablespoons flour
Salt and pepper
¼ cup oil
Mirepoix*
⅔ cup chopped tomato
1 (2-ounce) can sliced mushrooms

Dredge beef in flour mixed with 1 teaspoon salt and ¼ teaspoon pepper. Brown in hot oil. Remove beef. Saute all Mirepoix ingredients in same skillet until brown. Add beef, tomatoes and mushrooms. Simmer slowly, covered, about 2 hours until beef is tender. Thicken sauce, if desired. Serve over rice or noodles. Makes about 6 servings.

*MIREPOIX: Chop into ¼-inch pieces ⅔ cup *each* onion and celery, ⅓ cup *each* carrot and green pepper. Combine with 1 teaspoon crushed garlic, 1 teaspoon beef stock base, ½ teaspoon chili powder and 2 tablespoons chopped pimiento.

In early fall thousands of California cattle descend from mountainous summer ranges to warmer valleys below. The supply of quality California beef continues to increase—producing succulent steaks and a wide variety of other outstandingly nutritious cuts. Beef cuts vary in tenderness but with proper cooking all will be tender.

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463 Brewster Ave., Redwood City, Calif. 94063

Now's the time to stuff a red bell pepper

Sweet red bell peppers are now making their brief but showy appearance in our Western markets. Actually they are the familiar green peppers you see all year long, but when allowed to ripen further, they turn a bright red and develop a fuller, sweeter flavor.

To take advantage of their unique characteristics, we use them as casings for two stuffed pepper entrées—one filled with shrimp and the other with a spicy ground meat mixture.

SHRIMP-STUFFED PEPPER SHELLS

2 large red bell peppers
Boiling salted water
3 tablespoons butter or margarine
¼ cup finely chopped onion
4 tablespoons flour
1 cup sour cream
1 teaspoon lemon juice
1 teaspoon Dijon-style mustard
2 tablespoons chopped parsley
2 cups (about ¾ lb.) cooked and shelled small shrimp
1 can (5 oz.) water chestnuts, drained and sliced
Salt and pepper
½ cup shredded jack cheese

Cut peppers in half lengthwise; cut out stems, seeds, and pulp. Drop into boiling water and cook, uncovered, for 4 minutes; remove; turn cut side down to drain.

Meanwhile melt butter in a small saucepan; add onion and sauté until golden, about 5 minutes. Stir in the flour and cook until bubbly; remove from heat, blend in sour cream, and cook, stirring, until thickened. Remove from heat, add lemon juice, mustard, parsley, shrimp, water chestnuts, and salt and pepper to taste. Spoon hot shrimp mixture into pepper shells; sprinkle cheese over top. Place in a shallow pan and broil, about 6 inches from heat, for 3 to 5 minutes, or until cheese is bubbly. Serves 4.—*G. L., San Francisco.*

BEEF AND SAUSAGE PEPPER SHELLS

3 large red bell peppers
Boiling salted water
2 chorizo sausages (about 6 oz.)
1 pound lean ground beef
¼ cup finely minced onion
1 canned California green chile, seeded and chopped
½ teaspoon *each* salt and mace or nutmeg
¼ teaspoon *each* pepper and allspice
¼ cup finely chopped blanched almonds
⅓ cup chile sauce
1 cup shredded Longhorn cheese

Cut peppers in half lengthwise; cut out stems, seeds, and pulp. Drop into boiling water and cook, uncovered, for 4 minutes; remove; turn cut side down to drain.

Meanwhile remove casings from chorizos; crumble into a frying pan, add ground beef and onion, and sauté until meats are crumbly and brown, 5 to 7 minutes. Drain off excess fat. Stir in green chile, salt, mace, pepper, allspice, almonds, chile sauce, and ¼ cup of the cheese. Cook, stirring, until cheese is melted. Spoon mixture into pepper shells; sprinkle remaining cheese over top. Place peppers in a shallow pan and broil, about 6 inches from heat, for 3 to 5 minutes, or until cheese is bubbly and lightly browned. Serves 6.—*I. R., North Sacramento.*

DARROW M. WATT

Broiled cheese *tops the creamy shrimp nestled in the bright red pepper shell*

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THE DEPENDABILITY PEOPLE

DARROW M. WATT

Sharing *an enclosed space, one apple with half a dozen firm persimmons induces a marvel of ripening fruit in a few days*

How to ripen persimmons

Most persimmons, including the familiar Hachiyas pictured, need to ripen until almost jelly-soft to be sweet and free of unpleasant astringency.

Obviously persimmons ripe enough to eat are too fragile to handle in markets. And when left on garden trees until they begin to soften, they become great delicacies for birds. So this fruit is usually picked when fully mature, but still firm.

At room temperature, mature persimmons eventually become ripe and soft. However, there are some effective ways to hasten the ripening and remove astringency while the fruit is still firm enough to slice neatly for fruit salads and desserts.

We've heard about several methods that have been used successfully to ripen persimmons at home. Most involve the use of alcohol—brandy or Port sprinkled on napkins and then used to wrap the fruit, or a glass of wine set into a container with the fruit, or dipping the stem ends of persimmons in an alcoholic beverage before storing. Of all the techniques we have tried, the simplest seems to be the most effective: enclosing an apple with a few persimmons.

A gaseous substance called ethylene is responsible for the ripening response; plant scientists have learned that it triggers and hastens ripening. Commercial firms apply this gas to carloads of some fruits like honeydew melons to insure uniform ripening. But many fruits and vegetables (including apples, tomatoes, and bananas) produce varying amounts of ethylene naturally as they ripen. A ripening apple is the best of easily available sources of ethylene.

If you grow persimmons, pick them when matured to full size, and when turning from yellow to orange. Store where it's cool, but above freezing, such as in a garage, storage shed, or unheated room. Some Westerners keep persimmons in good condition this way until Christmas.

When you want ripe persimmons, bring into room temperature as many as you need, and put them inside a plastic dome or cake saver, as above, or a large paper bag—and include about 1 apple for 6 to 8 persimmons. Oxygen must also be present for ripening to occur, so open the container at least once a day, fan the air around fruit, and check for ripeness.

Ripened this way, the fruit should be sweet when it will yield to gentle pressure at the stem end; this takes about three to seven days. Remove from container as soon as fruit begins to soften. Ripening will continue and the fruit will soften further as it is held at room temperature; refrigerate it if it becomes too ripe.

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CORNING

Sea-going chef comes up with a brace of ducks

"Some men have learned to cook through necessity, others by accident (masters of one dish), a few because they have found in cooking a challenge to their creative skill, many because they like to eat.

"To the expert of the campfire and barbecue, to the one-dish chef, and to masters of the culinary art we dedicate this page. We invite your contributions—in the form of recipes or recommendations as to culinary procedure or technique—indoors or outdoors."

These words opened this department for business 30 years ago. We take this opportunity to repeat them, and to renew the invitation that started a long procession of masculine cooks into the ranks of *Chefs of the West*.

Professionals and amateurs are equally welcome to enter. In *Chefs of the West* all have the same rank.

Sean Kinsella is a master of the culinary art by anyone's standards. He cooks his way around the world on P&O Lines' SS *Canberra*, and according to passengers on that 45,000-ton vessel he need not duck competition with the best in the field. So here's his recipe for a brace of ducks:

Chefs of the West

The Art of Cooking
. . . by men . . . for men

ROAST DUCK CANBERRA

- 2 large oranges
- 4 slices canned pineapple, cut in quarters
- 1 teaspoon tarragon
- 3 cloves garlic, minced
- 2 oven-ready ducks (about 5 lbs. *each*)
- 2 tablespoons butter
- ½ cup brandy
- 1 cup dry Marsala wine
- 1 can (about 14 oz.) regular strength chicken broth
- 1 teaspoon tomato paste
- ½ cup currant jelly
- 3 tablespoons cornstarch, blended to a smooth paste with 3 tablespoons water
- ¼ teaspoon salt
- Freshly ground black pepper

Grate orange peel (you should have abou

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JARLSBERG cheese

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"This Chef of long standing is especially well versed in Oriental foods"

2 teaspoons); set aside. Peel and quarter the oranges; mix with pineapple, tarragon, and ⅔ of the minced garlic. Use mixture to stuff both ducks. Place ducks on rack in shallow baking pan and roast in a 325° oven for 2½ hours or until leg joints move easily when jiggled.

Meanwhile sauté duck livers in butter over low heat for 10 minutes. Warm brandy, light it, and pour over livers. When flame dies, remove livers, chop, and set aside.

To sauce remaining in the frying pan, add grated orange peel, the remaining ⅓ of the minced garlic, Marsala, broth, tomato paste, jelly, and cornstarch blended with water. Bring to a boil, stirring constantly, until thickened and translucent. Add livers and heat through.

Season with salt and pepper to taste and pour into sauce boat; serve with carved duck and stuffing. Serves 6.

Sean Kinsella

San Francisco

One of our most enthusiastic amateur *Chefs* and a prolific inventor of new recipes—some better than others, he would freely admit—is L. Michael Minshull. Some of his best ones are on the hearty, homespun side and make good use of foods widely available or especially popular in the West.

Smoked salmon, a Northwest favorite, the chewy tidbit here. This is the kind dish that might normally be consider breakfast fare but is actually welcome any hour of morning or night.

SCRAMBLED EGGS ON SMOKED SALMON TOAST

- 6 eggs
- 2 tablespoons light cream or milk
- 4 teaspoons butter
- Salt and pepper to taste
- ¼ cup chopped chives or green onions
- ¼ cup soft butter
- ⅔ cup shredded Swiss cheese
- 6 slices whole wheat toast
- About 12 thin slices packaged or home-processed smoked salmon

Beat together eggs and cream. Melt t 4 teaspoons butter in heavy frying p Add egg mixture and cook, stirring, un just softly scrambled. Season to ta with salt and pepper (salt very lightly salmon is salty).

Meanwhile, combine chives, soft butt and cheese; spread on toast. Top ea slice with slices of smoked salmon. T salmon with the golden scrambled eg Prepare to eat with a knife and fo Serves 3 to 6.

L. Michael Minshull

Everett, Wash

H. W. B. White is a *Chef* of long sta ing, noted for his advanced culinary search in a great variety of directio Because of his residence in Honolulu

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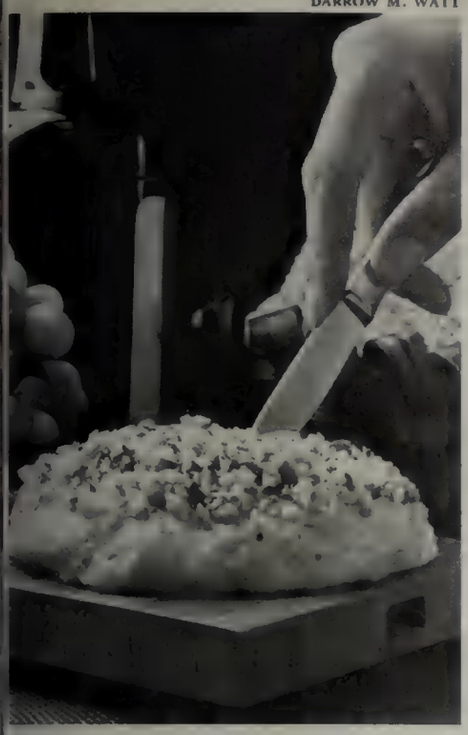
DARROW M. WATT



ft ripe Camembert, *blended with Sherry d walnut-topped, accompanies grapes*

Dessert is cheese with fruit or jelly

ıeese and fruit are still a favorite way end a meal, and these two recipes lend special freshness to the idea. In the first, ild Danish Camembert is blended with ıerry and coated with nuts to accom- ıny green grapes and crackers. In the cond, Roquefort cheese and guava jelly ake surprising partners; the sweet tart- ss of the jelly smooths and cools the oquefort bite.

AMEMBERT CHEESE WITH GRAPES

1 (4½ oz.) fully ripe Danish Camembert cheese
2 tablespoons cream Sherry or dry Sherry
¼ cup chopped walnuts
Fresh grapes
Unsalted wheat crackers

ıt the rind from the Camembert and scard. Mash cheese with the Sherry un- smoothly blended. Reshape cheese as was originally. Coat top with walnuts. ıill to firm. Let stand at room tempera- re for 20 minutes; serve with grapes and ısalted wheat crackers. Serves 4.

QUEFORT CHEESE WITH JAVA JELLY

:t 1 small wedge (about 4 oz.) Roque- :t cheese stand at room temperature for to 30 minutes; serve on a small board companied with about ½ cup guava ly. Pass unsalted wheat crackers. To t, spread a slice of cheese on a cracker d top with jelly. Makes 4 servings.— *D., Phoenix.*

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DARROW M. W

Dust *powdered sugar freely over war pancakes and fresh or frozen raspberr*

Ricotta cheese pancakes

These tender, cake-textured panca make a delightful high protein dessert brunch entrée; ricotta cheese, eggs, a just a little flour are the base. They be made ahead and reheated.

RICOTTA PANCAKES

- 1 cup ricotta cheese
- 3 eggs
- 2 tablespoons salad oil
- ¼ cup regular all-purpose flour
- 2 teaspoons sugar
- ¼ teaspoon salt
- About 2 cups fresh or frozen raspberries
- Soft butter
- Powdered sugar

In a blender jar combine ricotta, eg salad oil, flour, sugar, and salt. Cover a whirl until smooth; push ingredients fr sides of blender with a rubber spatu (Or rub ricotta through a wire strair then beat with remaining ingredie until mixture is smoothly blended.)

Pour batter in about 3-inch rounds o lightly greased griddle or wide frying p over medium-low heat. Turn cakes w a spatula when bubbles form on the s face. When browned lightly on both sic remove from pan. Keep warm until are cooked. (To make ahead, cool p cakes on wire racks, then to reheat pl in a single layer on a baking sheet. Co and bake for 5 minutes in a 375° ove

Serve pancakes hot and accompany w raspberries. If you like, serve with but and a liberal dusting of powdered sug Makes about 15 pancakes—3 entrée se ings or 5 dessert servings.—*J. W., S Mateo, Calif.*

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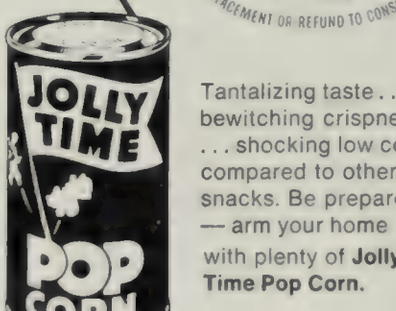
TAPPAN GAS

Upside Down Pineapple Ham Loaf

7 cups ground cooked ham
1 pound veal shoulder ground
1 pound beef, round, ground
4 cups day old bread crumbs
½ teaspoon poultry seasoning
1 teaspoon salt
½ teaspoon pepper
2 eggs, slightly beaten
½ cup catsup
4 medium celery stalks, finely chopped
1½ cups milk
2 medium onions, finely chopped (½ cup)
¼ cup chopped parsley
½ cup brown sugar, packed
5 canned pineapple slices and maraschino cherries

Combine all ingredients in mixing bowl except brown sugar, pineapple and cherries. Sprinkle brown sugar in bottom of 10" angel food cake pan. Arrange cherries and pineapple on top of sugar. Press meat mixture around pineapple, then pat remainder on top. Bake at 350° for 1½ hours. When done, pour off and save drippings. Invert on platter, pineapple side up. Lift off pan. Spoon drippings over top. Serves 12 to 16.

Tappan, 250 Wayne St., Mansfield, Ohio 44902



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JOHN REGIS

Shiny, liquid caramel *flows down sides of fruit; pears poach in this sauce*

These are delicious poached pears

Every autumn, platters of poached pears standing in their own sweet cooking liquid are a common sight on the sideboards in Roman restaurants. A particularly popular combination is pears and red wine.

Using our fine Western Bartletts, we have borrowed this Italian technique and gone several steps beyond. In addition to red wine, we suggest white wine and a simple caramel liquid as cooking mediums. The pears, already tender, need only heating through. Then the syrup in which the fruit poaches is rapidly reduced to make a sauce that continues to thicken somewhat as it cools.

Present the pears standing on a rimmed platter surrounded by the syrup; then serve into individual dessert bowls.

Red Wine - Poached Bartlett Pears. In a pan large enough to hold 6 medium to large Bartlett pears side by side, combine 1¾ cups dry red wine (or a ⅔-quart bottle), 1 cup sugar, ¼ teaspoon anise seed, 2 sticks (3 or 4-inch long) whole cinnamon, and 2 or 3 thin lemon slices (with peel on). Bring liquid to a boil, stirring until sugar is dissolved.

Remove core from blossom ends of 6 firm-ripe medium to large Bartlett pears. Leave stems in place and peel fruit or not, as desired. Set fruit into boiling syrup and cook, covered, about 8 to 10 minutes at a gentle boil, turning fruit occasionally so all portions are at times in syrup. When fruit is heated through and still holds its shape, lift from syrup with a slotted spoon and transfer to a serving dish.

Boil syrup at high heat, uncovered, until reduced to ¾ to 1 cup. Pour hot syr over and around pears. Serve warm or room temperature. Makes 6 servings.

White Wine - Poached Bartlett Pea Follow directions above for red wir poached Bartlett pears with the changes: Use dry white wine instead red wine, omit the anise seed, cinnam and lemon, and use instead 2 or 3 th slices of orange (with peel on). When syr is reduced, remove from heat and po over pears. At serving time, accompa pears with sliced almonds or pine nuts sprinkle onto individual servings.

Caramel-Poached Bartlett Pears. In pan large enough to hold 6 medium large Bartlett pears side by side, mel tablespoons butter. Stir 1 cup sugar in butter and cook at high heat, stirri until sugar is dissolved and a light bro color (do not scorch). At once pour 1½ cups water; stir and return syrup boiling.

Remove core from blossom end of 6 fir ripe medium to large Bartlett pears. Le stems in place and peel fruit or not, desired. Set fruit into boiling syrup, cov and cook 8 to 10 minutes at a gentle b until fruit is heated through and still ho its shape. Occasionally turn fruit so portions are at times in syrup. Lift pe from syrup with a slotted spoon a transfer to a serving dish.

Boil syrup at high heat, uncovered, u reduced to ¾ to 1 cup. Pour hot syrup o and around pears. Serve warm or at ro temperature, accompanied by whipp cream, sweetened slightly if you li Makes 6 servings.

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e more modern fabrics you have, the more you need ultless Fabric Finish. You'll never know what u're missing until you try it. Pick up a couple of ns this week and see for yourself.

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OCTOBER MENUS

Pumpkin pancakes for starters . . . then a quick broiler dinner and an Italian soup supper

DARROW M. WATT

For this energetic month we offer three menus appropriate for either informal entertaining or family dining.

We start off with a Halloween breakfast for the family that you might also set up as a do-it-yourself buffet for a guest brunch, if you wish. The hearty Italian-style supper features an aromatic, oven-baked, whole-meal soup to spoon over cooked pasta. The broiled skewer dinner makes use of prepared foods to speed up preparation.

Halloween pancakes

This is appropriate any time in what might be loosely termed "The Halloween Season." If you plan to serve it as a buffet brunch to guests as they assemble before a football game or for late-rising family members, set a pitcher of the pancake batter near an electric griddle, and use an electric warming tray to keep other foods warm. Provide small sauce dishes for individual servings of the fruit compote.

Fresh Fruit Compote
Spicy Pumpkin Pancakes
Hot Cider Syrup
Pork Sausage Links
Coffee

For the fruit compote, arrange a combination of peeled, sliced fruits such as apples, bananas, melon, oranges, and peaches; spoon over sour cream and sprinkle with brown sugar, if you wish. (Or make Autumn Fruit Bowl; see page 134.) Then stir together the pancake batter

Youngster watches *pumpkin pancakes bake. Serve them with cider syrup and sausage links for Halloween breakfast*

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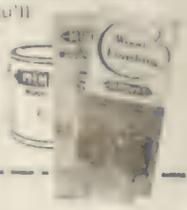

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while the syrup simmers and you panfry the sausages.

Spicy Pumpkin Pancakes

- 2 cups regular all-purpose flour (unsifted)
- 2 tablespoons sugar
- 4 teaspoons baking powder
- 1 teaspoon *each* salt and cinnamon
- 1½ cups milk
- 1 cup canned pumpkin
- 4 eggs, separated
- ¼ cup (⅛ lb.) butter or margarine, melted

Sift together into a large bowl the flour, sugar, baking powder, salt, and cinnamon. Combine the milk, pumpkin, egg yolks, and butter; pour into the dry ingredients and stir just until blended. Beat egg whites until stiff; fold into batter.

Preheat an electric griddle (following manufacturers' directions for pancakes, or to 375°) or other griddle; grease lightly if necessary. Pour on batter, about ¼ cup at a time. Cook until top is bubbly and dry and bottom deeply browned; turn and cook other side until browned. Makes about 2 dozen 3 to 4-inch pancakes.

Hot Cider Syrup. In a small saucepan combine ¾ cup apple cider; ½ cup brown sugar, firmly packed; ½ cup light corn syrup; 2 tablespoons butter or margarine; ½ teaspoon lemon juice; and ⅛ teaspoon *each* cinnamon, and nutmeg. Bring mixture to a boil, reduce heat, and simmer, uncovered, for 15 minutes or until syrupy. Serve warm. Makes about 1¼ cups.

Italian-style soup supper

Prepare the soup on a day when you plan to be home anyway. Although it completely cooks in the oven and requires little attention, you must add the various ingredients in sequence. Serve it the same day, or cover and refrigerate it for long as 3 or 4 days.

Antipasto Platter
Baked Beef Minestrone
Crusty Breadsticks
Crenshaw Melon Wedges with Lime

Just before you are ready to serve soup (or while it is reheating if you m it ahead), cook the macaroni accor to package directions and assemble antipasto platter. Choose a variety antipasto items such as sliced che salami, olives, pickles, marinated m rooms or artichoke hearts, and pic peppers or beets. Serve the antipasto p ter separately as a first course or off along with the soup and breadsticks.

Baked Beef Minestrone

- 2 pounds lean beef stew meat
- 1 large onion, sliced
- 2 tablespoons olive oil or salad oil
- 1 cup water
- 2 cloves garlic, minced or mashed
- 1 cup *each* sliced carrots, zucchini, and celery
- 1 small green pepper, seeded and cut in strips
- 3 medium-sized tomatoes, peeled and quartered
- 3 cups shredded cabbage
- ½ teaspoon *each* salt, sugar, rosemary, basil, and thyme
- ¼ teaspoon pepper
- 3 cans (14 oz. *each*) regular strength beef broth
- 3 cups cooked small shell macaroni (about 6 oz. before cooking)
- Grated Parmesan cheese

Cut the beef into about 1½-inch cu place in a large casserole with a ti fitting lid (about 4-quart size) with onion and oil. Bake, uncovered, in a 4 oven, stirring occasionally, for 40 min or until meat is browned. Add the wa cover, reduce heat to 350°, and conti cooking for 1 hour longer. Remove f

DARROW M. WATT

Hearty minestrone *baked in casserole to ladle over cooke macaroni shells*

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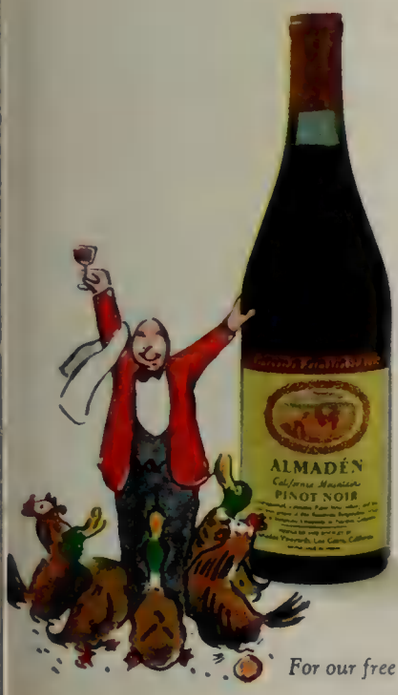

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ALMADÉN

For our free News from the Vineyards, write Almadén Vineyards, P. O. Box 997-I Los Gatos, California

How I breathed new life into an old romance.

By a femme fatale.

After nine years of dating, Meyer was bored — given to polite handshakes and quick bolts out the door.

"Meyer, Meyer," I would cry. "What's happened to us? Why don't you want to be alone with me any more? Why won't you let me cook those intimate little dinners for you like I used to?"

But he gave no answer. And I couldn't figure out what I was doing wrong.

Then my best friend told me what I needed. A touch of garlic. A touch of garlic!?

"Darling," she explained, "it's most men's weakness. Frankly, I don't know how Meyer has put up with those dull meals of yours all these years."

"But my mother never told me how to peel, mince and crush garlic," I wailed. "I didn't think nice girls did that."

"They don't," she replied. "It's no fun. Besides, the odor clings to your hands for days. No. You need Lawry's Garlic Spread Concentrate. You just spoon it out. It's so easy, soft and smooth, so infinitely versatile. Why, it can change almost anything — for the better."

Well. She was right.

Now my romance has a whole new air about it. Because of Lawry's Garlic Spread, Meyer and I are always alone. Together. He adores my magnificent garlic bread. Not to mention my enticing vegetables, steaks and baked potatoes — all made irresistible by fragrant dabs of Lawry's Garlic Spread. As for my shrimp fondue — Meyer says it takes his breath away. So I fix it often. For my wonderful garlic lover.

BREATHTAKING SHRIMP FONDUE

1 can (10 oz.) frozen condensed cream of shrimp soup
½ cup milk
2 tsp. instant minced onion
1 Tbsp. dry sherry
¼ tsp. dry mustard
2 Tbsp. Lawry's Garlic Spread
2 cups shredded natural Swiss cheese
1 tsp. freeze-dried chives

Combine soup and milk. Heat until soup thaws. Add remaining ingredients. Stir until cheese melts and mixture is thoroughly heated. Sprinkle with chives. Makes 2 cups. Serve in chafing dish surrounded with cubes of French bread.

oven, add garlic, carrots, zucchini, cele green pepper, tomatoes, and cabba Sprinkle with salt, sugar, rosemary, ba thyme, and pepper. Pour over the b broth; cover and bake for 1½ ho longer, or until meat is tender.

To serve, spoon some hot cooked ma roni into individual bowls; ladle over meat and vegetable soup. Pass a bowl cheese to sprinkle on each serving. Ma about 8 servings.—*H. N., San Francis*

Quick broiler dinner

The soy-seasoned basting sauce gives Oriental flavor and rich brown glaze the pork, sweet potato, and apple skew

Hot Beef Consommé or Beef Broth
Broiled Pork with Apples and Sweet Potatoes
Coleslaw
Lemon Meringue Pie

Prepare your favorite coleslaw (or p chase some from a delicatessen); chil while you assemble the rest of the m Then start broiling the pork skew (they require longer cooking) and la add the skewers of whole sweet potat and apple quarters. (Use separate skew for each or alternate potatoes and ap pieces on several skewers.)

Meanwhile heat canned beef consom or broth according to package directio serve in mugs, garnishing each with fin chopped chives or green onions. Offe homemade or purchased pie for dess

Broiled Pork with Apples and Sweet Potatoes

2 pounds lean boneless pork shoulder
1 can (1 lb.) whole sweet potatoes in heavy syrup
2 tablespoons butter or margarine
2 tablespoons soy sauce
¼ teaspoon ground ginger
⅛ teaspoon garlic salt
1 tablespoon honey
2 tart red apples, cored and quartered

Remove any excess fat and cut the m into pieces about 1 to 1½ inches squ Drain syrup from the sweet potatoes i a small pan (reserve potatoes). Add butter, soy sauce, ginger, garlic salt, honey. Heat, stirring, until butter me Set aside.

Thread the meat pieces on 2 or 3 skew place on the rack in a broiler pan in a heated broiler about 4 inches from h Broil for about 25 minutes, turning brown all sides and brushing often w the butter-syrup mixture. Meanwh thread the sweet potatoes and apples 2 or 3 more skewers. Broil them with meat about the last 15 minutes; ba with syrup mixture and turn frequen to brown evenly.

To serve, remove meat, apples, and sw potatoes from skewers and arrange th on a warm serving platter. Heat any maining sauce and pass separately spoon over all. Serves 4.

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Good Housekeeping

ECONOMICS LABORATORY, INC., St. Paul, Minnesota

Macaroni and cheese . . . some switches

his new approach to the homey dish of acaroni and cheese has several advanges over traditional recipes. It's speedr, for one thing. You simply melt and in the cheese in a frying pan while boilg the macaroni; add macaroni to the ieese sauce, then slip it under the broiler iefly to finish the top.

'ithin this simple framework, many inresting flavor variations are possible. art with a good melting cheese, and in it with milk, wine, beer, soup, or me other flavorful liquid that complents the cheese. Choose from many apes and sizes of macaroni products, cluding vegetable-flavored macaroni and odles and fresh noodles such as fettucne. Add extra flavors and a topping, if ou wish.

ny pasteurized process cheese melts ell, including ones with hickory smoke ivor, with chile peppers added, and her special flavors. In addition we've sed these natural cheeses with good reilts: Longhorn-type Cheddar, Swiss Ementhaler and Gruyère, Danish Samsoe, avarti (Danish Tilsit), and teleme. Other itural cheeses are likely to become tough, 'ainy, or to separate when heated this ay. Here's our basic recipe followed by iggestions for good combinations.

ACARONI AND CHEESE PLUS

- ounces macaroni or noodles
- Boiling, salted water
- Olive oil or salad oil
- 12 ounces cheese (see list above)
- 2 to tablespoons milk, buttermilk, Sherry, beer, or dry white wine
- Salt to taste
- About 1 cup seasoned croutons (optional)

art cooking the macaroni of your choice a large quantity of boiling, salted war, following directions on the package—ke care not to overcook it. When tender, our into a colander to drain until the ieese is ready.

Meanwhile coat the bottom of a mediumzed frying pan with oil and place over w heat. Put in cheese; stir; and when it arts to melt, add liquid, a little at a me, and just enough to make a creamy, nooth sauce (amount varies with the ieese used).

emove from heat as soon as cheese has elted, season to taste with salt, and end in the hot macaroni. Sprinkle with outons, if you wish. Place pan about 2 ches below a broiler and broil 1 to 2 inutes, until lightly browned. Serve at ice. Makes about 4 servings.—*R. L., ortola Valley, Calif.*

arebit-style. For the cheese, choose Longhorn-type Cheddar, pasteurized process American (mild, sharp, or hickory-smoke-flavored), Havarti (Danish Tilsit), teleme, or a combination of 8 ounces pasteurized process Swiss with 4 ounces blue cheese. For the liquid blend in dry Sherry, beer, or milk. Stir into the cheese sauce ¼ teaspoon dry mustard, if you wish. You may also omit the croutons and sprinkle over the top just before serving about ¼ cup cooked and crumbled bacon.

Swiss Fondue Flavor. Use pasteurized process Swiss cheese or any of these natural cheeses: Swiss Emmenthaler or Gruyère, Danish Samsoe, or a combination of these cheeses. Blend into the cheese dry white wine, buttermilk, or milk. If you wish add 1 teaspoon Dijon-style mustard to the sauce. Also you can omit the croutons and drizzle over the top about 2 teaspoons kirsch and a few gratings of nutmeg before broiling.

Chile Beef and Cheese. First blend together 1 can (11 oz.) condensed chile beef soup and ½ cup water or beer; set aside. For the cheese use pasteurized process cheese with chile peppers added, Longhorn-type Cheddar, or teleme. As the cheese melts, gradually stir in the soup mixture for liquid, adding all of it. If you wish, also stir into sauce 1 small can (3 or 4 oz.) pitted ripe olives, drained. Instead of croutons, use crushed corn chips or tortilla chips on top.

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Sturdily built, they will scoop fruits l[illegible] melon or avocado from their shells a[illegible] hollow out tough vegetables like squa[illegible]

The curved metal bar inside that swe[illegible] out the scoop's contents makes it possi[illegible] to do quickly with one hand such jobs [illegible] dropping cooky dough onto a bak[illegible] sheet, dumping dumplings into boil[illegible] broth, or filling muffin or cupcake pa[illegible] The scoop also makes quick work [illegible] shaping meatballs and of portioning [illegible] fillings for sandwiches or tart shell[illegible] an especially welcome aid when you ha[illegible] a large quantity to make.

The scoops are made in many sizes, b[illegible] only two—40 and 16—are common [illegible] housewares stores. The size designati[illegible] refers to the number of scoopfuls requi[illegible] to fill a quart. Thus size 40 (40 scoops [illegible] a quart) holds about 1⅗ tablespoons; s[illegible] 16 holds ¼ cup. At restaurant supp[illegible] stores you'll find others, as small as [illegible] tablespoon, as large as ⅔ cup, and seve[illegible] in between.

The two basic kinds of scoops are sho[illegible] above. One is operated by depressing [illegible] thumb lever, the other by squeezing t[illegible] handle (the latter can be used with eit[illegible] right or left hand). Prices range fr[illegible] about $1.50 to $6.

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General Electric's big, new Americana® Refrigerator delivers your choice of crushed ice, ice cubes or cold water—all without opening the door.

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Dried Oriental mushrooms *have rich, meaty flavor when cooked. Serve with chicken or steak, or cook together with meats, other vegetables*

Forest mushrooms from Japan

Orientals prize a special kind of mushroom that grows on the trunks and branches of trees in the forest. Called *shiitake* by the Japanese and *doong gwoo* by the Chinese, these uniquely flavored mushrooms, in their wild form, have been used since ancient times.

Now the mushrooms are cultivated in Japan, where they are eaten fresh, canned, or dried. In our markets we usually see them dried and packaged in small plastic bags, variously labeled as forest mushrooms, shiitake, black mushrooms, or simply dried mushrooms from Japan.

Dried mushrooms need to be soaked and cleaned before they are cooked. The warmer the soaking water and the longer they soak, the faster they may be cooked. But water also dilutes their flavor. A little sugar in the water hastens the soaking. Here's how we prepare them for cooking.

How to prepare dried mushrooms. Place mushrooms with stems down in a bowl and pour over a generous amount of warm water. Pre-soak only until pliable enough to snip off the stems with scissors, about 10 minutes. Rinse each mushroom carefully under running water, paying special attention to the underside. Put back in a clean bowl. Pour over the water called for in these recipes. Soak as directed, or until needed. The mushrooms will keep several days in the refrigerator; if soaked longer than minimum time, p[illegible] to use the soaking liquid.

Harvesting *forest mushrooms cultivated on oak logs—now a maj[illegible] agricultural crop in Japan*

You can sauté Oriental mushrooms ab[illegible] as you would fresh mushrooms to se[illegible] with grilled chicken, hamburgers, or ste[illegible]

BUTTER-BROILED ORIENTAL MUSHROOMS

Prepare 1 package (about 1½ oz.) dr[illegible] mushrooms as directed above. After [illegible] soaking and cleaning, pour over 1 [illegible] warm water with 1 teaspoon sugar. S[illegible] at least 2 hours. Remove from liq[illegible] (save it for soups or stews); gently sque[illegible] and blot water out of mushrooms; t[illegible]

The Mayonnaise Lovers' Mayonnaise

The backyard brunch—a la lazy Eggs Mornay. Superbly simple with the mayonnaise lovers' mayonnaise. Velvety smooth Kraft Mayonnaise. Rich with eggs. ~ Prepare 2 pkgs. Kraft White Sauce Mix as directed on pkg. Gradually add to a mixture of 2/3 c. Kraft Mayonnaise, 1 c. (4-oz.) shredded sharp cheddar, 1/2 c. Kraft Grated Parmesan and 2 T. sherry. Cover bottom of 6 individual casseroles with cooked spinach (2 10-oz. pkgs. frozen spinach, cooked). Place an egg in the center of each. Top with sauce. Bake at 350°, 25 min. Count on Kraft for tasteful, healthful food ideas.

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Sign up now for the Holland House course in Wine Cookery.

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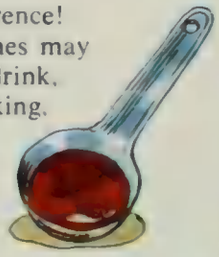
It's really 5 courses in one booklet. From hors d'oeuvres to desserts, you'll learn how the proper cooking wine can make even budget and convenience foods beautiful. Your introduction begins here:

The difference between cooking wines and drinking wines:

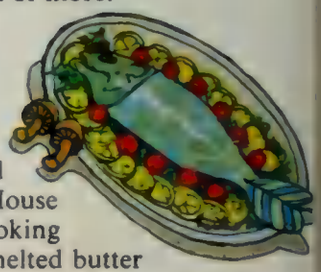


Vive la difference! Delicate wines may be good to drink, but for cooking, you need robust wines that stand up to heat. And that's just what Holland House gives you. We've imported and specially seasoned the Red, White and Sherry that give food gourmet flavor. What's more, Holland House Cooking Wines are spoil-proof (won't turn sour after opening) and are available at your supermarket.

Instant Saucery. Add 2 Tb. Holland House Red Cooking Wine to any can or package of Brown Gravy Mix. Voila! You have a glamorous topping for hamburgers, cold roast.

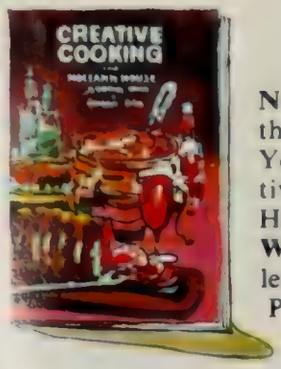
For budget beef cuts, try a little tenderness. This tenderizing marinade adds exquisite flavor: Pour over roast 1½ cups Holland House Red Cooking Wine, 1 clove garlic minced, 1 onion quartered, 1 stalk celery chopped, ¼ teaspoon pepper. Cover, refrigerate overnight. Use marinade for basting.

Fruit compote: the final fillip. Strawberries, peaches, melon balls, grapes—make up your own medley—then pour into bowl 2 wine glasses of Holland House White Cooking Wine. Chill for four hours or more.



Fish with Flair. Add Holland House White Cooking Wine to melted butter and pour over fish fillets before broiling. Or for sauce supreme, add 2 Tb. Holland House White Cooking Wine to white sauce, your own or packaged mix.

Soup Supreme from a can. Beautiful idea: to each serving of canned Mushroom, Pea or Lentil soup, add 2 tsp. of Holland House Sherry. Variation: Add 2 tsp. white wine to clam chowder.



Now for the complete course, send for the Holland House free booklet. You'll also learn how to cook creatively with Holland House Cocktail Mixes. **Write to:** Wine Booklet Offer, Dept. S-2, P. O. Box 566, Ridgefield, N. J. 07657.

Good Housekeeping GUARANTEES

ıt in halves or quarters or leave mushooms whole. Melt about 2 tablespoons utter in a frying pan over medium heat. ut in mushrooms; sprinkle with salt and epper to taste; and sauté, stirring, until olden brown, about 5 minutes. Add a ttle more butter, if needed. Serve with ieats. Makes about 4 servings.

riental cooks simmer dried mushrooms broth to serve with meats or combine ith other vegetables. Look for bottled yster sauce in Oriental markets or omit and increase soy to 2 tablespoons. You ın also omit the marin (sweet sake) in iis recipe, and add 1 teaspoon sugar.

USHROOMS WITH OYSTER SAUCE

re-soak about 1½ ounces dried mushooms and clean as directed on page 186. hen pour over 1 cup warm water with teaspoon sugar; soak at least ½ hour. ut mushrooms if you wish. Turn mushooms and liquid into a pan. Add 1 chicken ouillon cube (or 1 teaspoon chicken stock ase) and 1 tablespoon salad oil; simmer ently, uncovered, for 30 minutes. Then ld 1 tablespoon *each* soy sauce and man (sweet sake) and 2 teaspoons oyster ıuce. Simmer, uncovered, for 15 minutes ınger, or until tender; stir often and add ater if needed to keep pan bottom covred (or increase heat to reduce extra quid). Serve with pan juices. Makes bout 4 servings.—*P. L., San Francisco.*

lushrooms with Chinese peas. Follow bove recipe, keeping ⅛ to ¼ inch liquid ı pan. When mushrooms are tender, add bout ½ pound pod peas, with stems reıoved, or 1 package (about 7 oz.) frozen hinese pea pods. Cover and simmer just ntil peas are tender, 2 to 3 minutes. Iakes 6 servings.

OTTED BEEF WITH MUSHROOMS

repare 2 to 3 ounces dried mushrooms s directed on page 186. After soaking and eaning, put back in bowl and cover with ½ cups warm water and 1 teaspoon ıgar. Soak for at least 30 minutes. Cut ırge mushrooms, if desired.

ieat 3 tablespoons salad oil in a Dutch ven; put in about 1½ pounds boneless eef stew and cook until browned on all des. Then remove meat to plate. Put ı pan 1 large onion, sliced, 2 cloves garlic, ıashed. Cook, stirring, until golden. Reırn meat to pan with the mushrooms nd their liquid. Add ⅓ cup soy sauce, ¼ cup dry Sherry (or water), and 1 teaoon grated fresh ginger (or ¼ teaspoon round ginger). Cover and simmer until ıeat is tender, about 1½ to 2 hours, addıg more liquid if needed. Remove meat nd mushrooms to a serving dish, skim ıt from pan juices, and thicken, if deıred, with about 1 teaspoon cornstarch lended with a little cold water. Cook ravy until it boils and serve with the ıeat. Makes 4 to 6 servings.

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Sunset's
GARDEN GUIDE

DON NOR

Jack-o'-lantern in the entry

A sly-faced jack-o'-lantern looks on as hanging baskets are filled with evergreen boughs and apples (most of the year the baskets hold plants). In December, Christmas ornaments replace apples

OCTOBER IN YOUR GARDEN:

You can plant almost anything in October

If a gardener classified months in the language of television programming, October would be prime time. In a mild-winter area you can plant almost anything in October.

Annuals you plant now may put on a winter show. And perennials and permanent plantings given their start in October gain strength through the winter and are more likely to make it through even a rough summer next year.

Excellent color

One plant that will add a golden glow to your garden is the gazania variety 'Copper King.' Gazanias are perennials that originated in South Africa, and 'Copper King' is a unique hybrid.

It's basically an orange daisylike flower; red-shading-to-orange-brown stripes run down each petal to a red-violet center area with a blue dot on it; a yellow daisylike puff crowns the middle.

Plants are available now. They grow in almost any soil in full sun and once started they need very little water. The 3 to 4-inch-wide flowers come on stems 10 to 12 inches high. In mild areas they'll bloom throughout the year.

Big pumpkin contest

If you have a child 6 to 16 years old who has grown a large pumpkin, he might win a prize for it.

Once again this year the Foothill Men's Garden Club is sponsoring a Big Pumpkin Contest. Requirements are simple: the contestant must meet the age qualifications stated above, must be a California resident, and must have grown his own pumpkin unassisted by adults.

Judging will be Saturday, October 17, at the Rancho Shopping Center at Foothill Expressway and Springer Road in Los Altos and the Vallco Village Shopping Center at Homestead and Wolfe roads in Cupertino. Bring the pumpkin there between 9 A.M. and noon and it may win one of the prizes provided by the merchants at the centers or the men's club.

Contestants in each age group (6–8; 9–11; 12–14; and 15–16) have a chance of winning $1, $2, $3, or $5. Awards of $5, $10, and $15 are given by the men's club for the biggest pumpkins of all.

If you live too far from the centers, but your child would still like to enter, take a photograph of him with the pumpkin, and write his age on the back of the photograph. Then have a farm advisor or 4-H club director certify the pumpkin's weight. Send the information and picture to Ben Hoyle, 433 Eureka St., Mountain View, Calif. 94040 before October 17 and your entry will be included in the competition.

Hoop-skirted bulb

October is the best month to plant most bulbs. For suggestions see the September 1970 *Sunset*.

The hoop petticoat daffodil (*Narcissus bulbocodium*) is not often planted, but it could be a delicate and sprightly addition to your garden. Only 6 inches tall, it has a broad, flaring cup that makes it look like a hoopskirt. This is surrounded by narrow, pointed segments (the perianth) that give a star-shaped effect. (See picture at right.) Color shades range from deep to pale yellow. The leaves are dark, shiny, and round.

If you plant the bulb 4 to 5 inches deep now, its peak bloom season will be March and April. The bulbs look best naturalized under a tree or in a rock garden. They need sun about half the day.

Keep watering

Watering is still important to the garden in October.

Keep watering; but you can taper off more and more as nights get longer, colder, and damper.

Keep seedlings moist at all times.

Even though it rains, the rainwater doesn't always penetrate far enough to water plants adequately. So check after a rain, and keep watering until the rainy season has really begun.

If you're putting in a new lawn (October's a good time to sow cool-season grass lawns) or even if you aren't, consider a sprinkler system. And you might also think of more effective ways of watering other parts of the garden. Maybe some new hose connections would help. When a garden is in the in-between stage—after annuals and vegetables are spent

DARROW M. WATT

Shade-loving *hoop petticoat daffodil has delicate blooms in March and April. Its medium-sized cup tops a 6-inch stem. Leaves are round*

Sunset's GARDEN GUIDE

This gate *of golden bamboo and redwood was installed across side path, opens to the rear garden*

and before others have been planted—is a good time to install new watering aids.

Check surface drainage throughout the yard to make sure parts of it won't be flooded while other parts are not moist enough in the rainy season. Rake away and level the dikes that formed tree wells so that the tree's roots won't be standing in collected water. Remember, too, that areas under eaves and tree limbs and behind some corners may stay dry enough to need watering even after a rainstorm.

A bamboo gate

The airy bamboo gate shown at left encloses the Oriental garden of the Francis Bruguieres in San Jose. Mr. Bruguiere designed and built the bamboo and redwood gate, adapting traditional styles of the Orient to Western living.

A golden bamboo grows in a container on one side of the gate and the same kind of bamboo was used in the gate. Holes were drilled for nails to fasten it to the stained, redwood frame. The nailheads will be covered by rope, for such gates are traditionally tied together.

The redwood pieces are 1 by 4's; the bamboo is about ¾ inches in diameter. The gate swings outward on 4-inch hinges and fastens with a wrought iron latch-type closing. It is supported by two 4 by 4 redwood posts.

Frost is possible in mild areas

Although you may be reading this on one of the hottest days of the year, you should be aware that cold weather is only about two months away. The chart shows you what temperatures to expect in a dozen California communities from Decemb to February.

Temperatures For 1969-1970

	December		January		Febru
	Avg. Low	Low	Avg. Low	Low	Avg. Low
Eureka	45.4	36	46.6	33	43.5
Santa Rosa	42.5	28	42.9	25	41
San Francisco	51.2	45	50.1	42	51.3
Palo Alto	41.3	29	42.3	26	42.1
San Jose	45.4	31	45.6	28	44.6
Los Gatos	42	29	40.4	22	41.9
Carmel Valley	40.7	30	41.8	28	40.8
Redding	42.7	31	43.5	28	44
Davis	39	25	42.9	26	42
Sacramento	43.8	34	45.6	30	45.9
Modesto	39.4	28	41.8	25	42.4
Fresno	34.5	24	39.5	24	40.8

Although temperatures probably wo stay below 32° for extended periods any of the communities listed, there m be cold spells that can damage ten plants. You'll be able to protect yo plants quickly later if you take a f precautions now:

Keep all beds moist until rains take ov Moist soil holds heat better than dry.

Cut up and keep several sizes of burl and plastic sheets to throw over pla quickly when frosts appear likely. You also need some slats or poles to constru a square or tepee-shaped framework keep the material off the plant and all air to circulate. Remove the cover in t daytime.

If you are new to this area or if you trying to grow some plant not tested this climate you could check its hardin against the temperatures in the above t ble. If it looks chancy you may want substitute a different kind of plant, locate it in a protected area.

OCTOBER CHECK LIST: *This is the month*

☐ **Annuals.** Plant calendulas, pansies, snapdragons, violas. Set out African daisy, anemones, delphiniums, dianthus, Iceland poppies, stock, sweet alyssum, and sweet peas.

☐ **Begonias.** When the foliage on the tuberous varieties dries up, lift the tubers and store in a cool, well ventilated spot.

☐ **Bulbs and bulblike plants.** Dig gladiolus that have died back and store corms in a dry place for replanting in winter or spring. See preceding page for a good bulb to consider.

☐ **Camellias.** Thin buds for bigger blooms. Roots should be moist at all times to prevent dropping of buds and wilting of flowers. Some Sasanquas are now in bloom; select those varieties you especially like and plant them now.

☐ **Chrysanthemums.** Stake to keep plants upright in rain. Stop feeding when plants begin to bloom.

☐ **Dahlias.** Don't uproot until the tops die back—they're storing energy. If kept watered they may bloom into November.

☐ **Fuchsias.** Keep well watered. You can trim lightly, but save heavy pruning until late February or March.

☐ **Grooming and maintenance.** Over-wintering pests and diseases are harbored in leaves. Rake them up. Uproot faded annua Transplant crowded perennials a shrubs. Cut off hydrangea flow and faded oleander clusters and se pods. Remove surplus and we blackberry and raspberry canes a all canes that bore fruit this year

☐ **Ground covers.** Set out kin that can stand cold: ivy, *H pericum calycinum*, vinca, and *P tentilla verna*. They'll become esta lished and will grow well when spri arrives.

☐ **House plants.** Repot plants t big for their containers. Y can take cuttings and divisions no and maybe exchange these with yo neighbors to get more variety in yo

rmanent plantings

:e October is an excellent month to ıt many of the vines, ground covers, ıbs, and trees used as permanent ıts, you might want to consider what itions or subtractions to your garden can make right now. If you are just ving into a new home, now is an ex- ent time to start landscaping.

there bare spots in your garden? Spots t resemble a jungle? Are there some lthy but boring plants that you've ined too long?

ısider where you need to plant and ıt plants will meet your needs. You'll ıt to think about the color, care, flow- if any, length of life, scent, and shape. : cost can be a large factor, especially ou plan to buy specimen plants.

ısult your nurseryman and he'll be : to tell you which plants your neigh- s have had the best luck with. Here some of the classics:

ES	MEDIUM SHRUBS
natis	Floribunda roses
glish ivy	*Pieris japonica*
minum officinale	pittosporum
ginia creeper	viburnum
terias	

ALL TREES	LOW PLANTS
r palmatum	dusty miller
taegus oxyacantha	blue fescue
gnolia grandiflora	woolly thyme
oapple	mugho pine

L SHRUBS	GROUND COVERS
ıellias	ice plant
nothus	ajuga
ıanthus	cotoneaster
urnum	English ivy

Check your romaine *first to see if any slugs or snails are hiding in it. Then you can tie with string, raffia, or paper-covered metal ties. This may make it more tender and sweet*

Forcing bulbs in water

Hyacinths and sacred Chinese lilies are easy to force in water, and can be in flower by late November or early December. Use a hyacinth glass or a shallow bowl filled with pebbles. The water in the container should come to just below the base of the bulb, not touching it. The roots quickly grow into the water; but if the bulb sits in water it may develop basal rot. Keep it in a dark place until a good root system develops, then move into the light to get top growth.

Tender tied romaine

If you've planted romaine (or cos) lettuce or intend to plant it now, you may want to try a midgrowth experiment used successfully at the University of California at Santa Cruz Student Garden Project.

When the lettuce reaches the stage where it has substantial growth but is not mature, tie it with string as shown in the picture above. You can use raffia, lightweight string, or paper or plastic-covered metal strips. Don't tie it too tight or you'll damage the outer leaves and may cause the plant to wither. Don't tie the lettuce too soon, either, or you'll interrupt the growth.

According to several people who've eaten the lettuce from the Santa Cruz garden, this method makes it tender and helps it stay sweet. It also helps keep out dirt that otherwise splashes in with watering. It may store some heat and moisture. In any case it won't damage the lettuce, and may well make it more delectable.

---

t your garden ready for winter

ı collection. If you put some nts outside for the summer, pre- e to move them back in. Usually y can stay out until midmonth.

☐ **Lawns.** You can restore an old lawn by reseeding the bare ts. Feed mature lawns to send m into the winter with good color. w is a good time to start a new n with cool-season grasses.

☐ **Perennials.** Check old plants. Discard woody, overgrown s. If you have to divide any, you ght give the cuttings to your neigh- s. You can still set out aga- ıthus, columbine, daylily, dusty ller, gazania, marguerites, peonies, ısta daisies, and francoa.

☐ **Pruning.** Thin out dense growth and head back long branches of evergreen shrubs and deciduous shrubs and trees. Cut out dead wood now while it's easily identifiable.

☐ **Roses.** Pick fading flowers: cut dead, diseased, or weak growth. Save heavy pruning for winter. Remove suckers.

☐ **Shrubs with berries.** This month you can plant shrubs that produce generous crops of colorful berries. See page 202 for examples.

☐ **Shrubs and trees.** If you want to sow the seeds, many of these sprout best after a period of warm temperatures followed by long exposure to chill and dampness. Among those ready to have their seeds harvested are the berry-bearing shrubs listed on page 202.

☐ **Vegetables.** You can still plant cole crops, carrots, parsnips, radishes, turnips. Before you sow these new seeds or transplant seedlings into the area where you've already harvested crops, add rotted manure, compost, or peat to bring the soil back to good condition.

☐ **Weed control.** If there's any rain this month, weeds will come up in unplanted areas and open spaces between trees and shrubs, maybe even in ground cover plantings. Hoe or pull them out while they're small.

This spring-flowering marvel is the happy result of autumn planting

DARROW M. WATT

Wind and privacy screen *of opaque glass encloses deck at rear and forms the lower boundary of the garden. Formally pruned Texas privets grow in white wooden boxes*

Vhen we saw it last spring, this San Francisco garden resembled miniature fairyland. It overflowed with pink and white Darin tulips, yellow daffodils, pink and white azaleas, white fairy rimroses *(Primula malacoides)*, pink rhododendrons, and fluffy uffles of white evergreen candytuft along the paths. There ere multicolored primroses in full bloom (in this coastal climate they flower most of the year). White hawthorn and pink owering 'Akebono' cherry were in flower; a little later, blosoms of fruiting quince would add their shell pink color.

Irs. James Wiley plants spring-flowering annuals and bulbs n late fall. She feeds plants monthly with fish emulsion alterated with 0-10-10 (high phosphorus and potash) fertilizer that ncourages bloom on plants denied their full share of sun by he north exposure and high buildings on both sides.

Vhen the Wileys started remodeling the garden two years arlier, they found large quantities of shale, rock, and cobbletones buried under poor soil and a jungle of overgrown plants. 'hey removed a great deal, but used cobblestones in building aised beds and steps. Planting beds were filled with imported opsoil, leaf mold, and redwood shavings. The level at the rear f the sloping garden was raised about 6 feet.

rchitect William Wurster designed the deck at the rear of the arden. Thomas Church was consulting landscape architect.

From open end *of deck you see Telegraph Hill, Coit Tower. Fig tree in foreground*

'Akebono' cherry *in bloom at other end of deck. Rhododendrons in large pots*

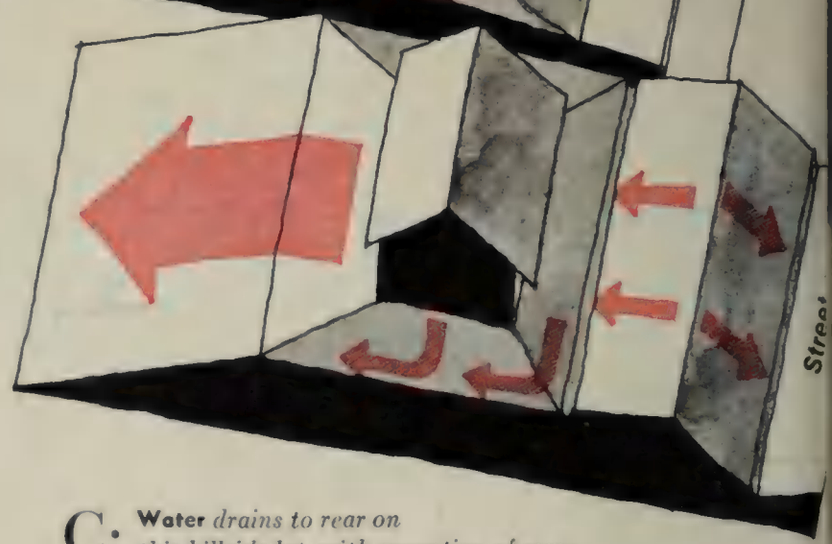
eft. *Azaleas, candytuft, primroses, laffodils, tulips fill the 24-foot-vide, 50-foot-long garden in pring; nemesia and impatiens in ummer. New bulbs are planted ach fall for maximum display*

A. **Most common** *grading pattern in new homes is this one, with all water draining to lot lines, then to street*

B. **Below,** *water drains both front and back, according to natural slope of lot. Less grading needed*

One question for new landscape planners

How should your garden flow?



C. **Water** *drains to rear on this hillside lot, with exception of some drainage next to street. Near-reverse of type A*

In most areas of the West, the rainy season is either here or on its way. The way rainwater drains—or doesn't drain—from your property directly affects both the looks and well-being of your garden.

As soon as the rains start in earnest and ground gets soaked, you should pay close attention to how and where water collects or drains away. New homeowners especially should learn the drainage pattern of their property before starting any major landscaping.

Most new homes are built on property graded according to FHA specifications. The sketches above show the three basic types of graded FHA lots, called, simply enough, A, B, and C. Your own property will probably resemble one of them. Drainage in type A is directed entirely toward the street. In type B, water is shunted both to the front and the rear. Almost all water drains to the rear in type C.

These protective slopes drain roof and surface water away from all building walls and backfilled areas. Landscaping across them can obstruct the flow of water away from the house, creating an inland sea after a heavy rain.

THE VOICES OF EXPERIENCE

From readers who have dealt with drainage problems, we have learned that certain situations recur again and again as new homeowners enthusiastically attack their landscaping.

Typically they encountered problems during the first winter in their new home, as heavy rains caught them unprepared.

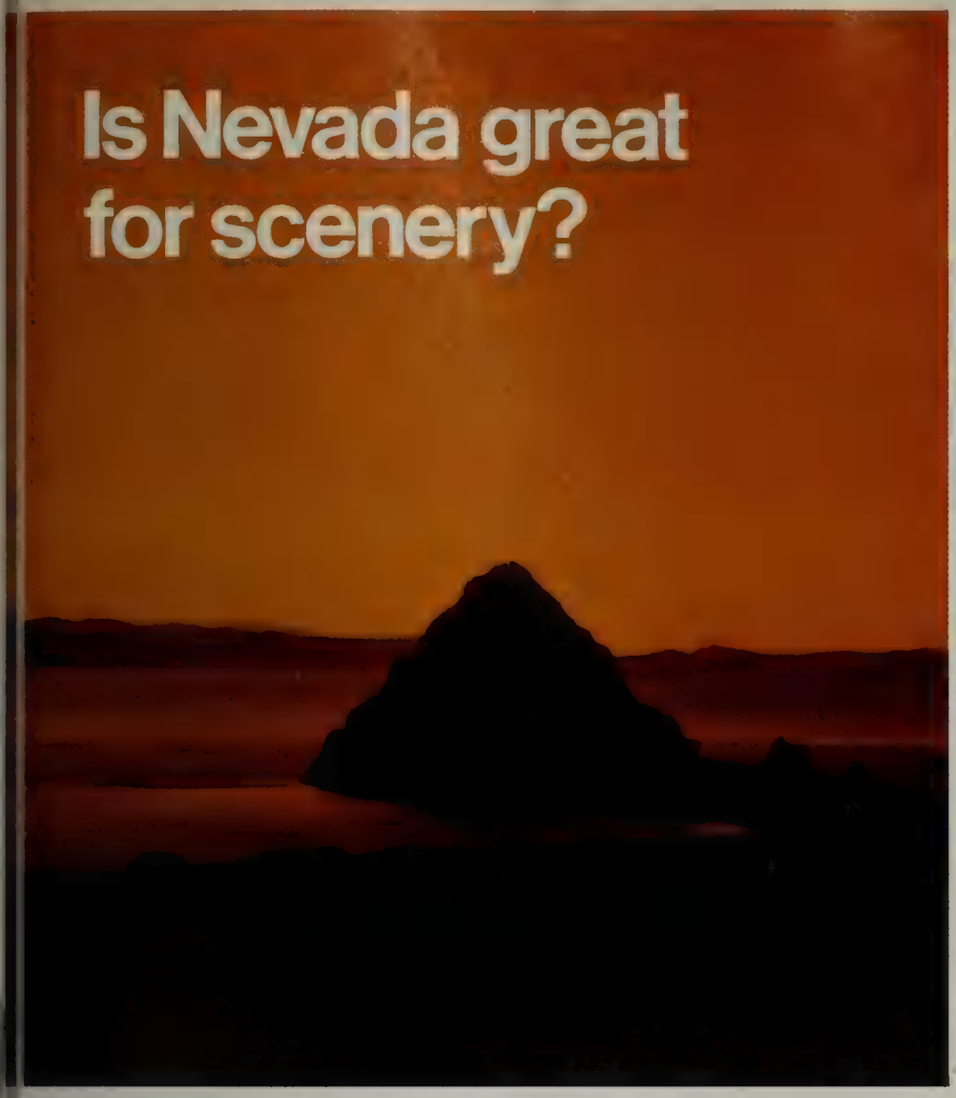
According to the FHA, patios cause the worst problems. Large expanses of concrete or brick can choke off surface drainage if put in carelessly.

PATIOS—AROUND OR UNDER

Before laying a brick or concrete pati you can bury drain tile underneath t area; downspout water can be channel into this same drainage field instead spilling across the patio. This kind advanced planning pays off. If you c determine the drainage situation of yo property this winter, you'll be able plan landscaping around it next spri You might make a simple diagram f reference later.

You can divert water around an existi patio (one built without drainage) by d ging a shallow trench along the edge a filling it with gravel. This ditch shou slope to the drainage channels along t

Is Nevada great for scenery?



Bet on it.

The solitude of Nevada's landscape is the result of nature's violent work over millions of years. An active glacier still remains at the top of Mt. Wheeler in White Pine County. And hot springs produce boiling clay such as the Devil's Punch Bowl southeast of Austin. Pyramid Lake, 30 miles northeast of Reno, is one of the last remnants of a vast prehistoric lake.

Nature seems to be still working on the half-finished jagged rocks of Cathedral Gorge in Central Nevada. Reflecting direct sunlight, the Valley of Fire, near Las Vegas, gives the illusion of brilliant red flames. Fallon has a sand mountain that sings, and Virginia City in the autumn is something to see.

Nine-thousand foot Mt. Rose stands high above meandering streams and rivers. Crystal-clear Lake Tahoe rests like a topaz in the high Sierra of Western Nevada.

The desert is just as alive with color as the high mountains. Indian paint brush, blue lupine, Yucca plants and the golden desert sunsets make an artist's palette of the spring mountains.

It's the scenery that was millions of years in the making. And well worth waiting for.

Bet on it.

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Carson City, Nevada 89701

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ADDRESS _____

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S

Our snakeskins shed new light on some cherished traditions.

Stylesetters that we are, this year we decided that pleated vinyl snakeskin would make the absolute perfect shades for our ever-popular group of traditional lamps.

We call the new shades our *Snake Charmers*.

And they look divinely elegant on any of our basic bases of mirrored glass. Or clear glass. Or black pearl.

Slither over to your nearest lamp shop and see how captivating a little snakeskin can be.

Just be wary of any strangers proffering apples.

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kauai surf

Kalapaki Beach, Island of Kauai

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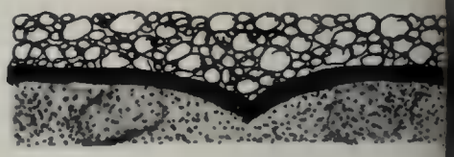
fence at the side of the lot.

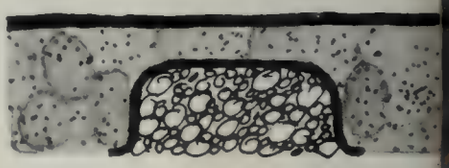
Still another way to handle drainage fr a downspout is to use one of the can "hoses" sold for this purpose.

PROBLEMS AND SOLUTIONS OFTEN START AT THE FENCE

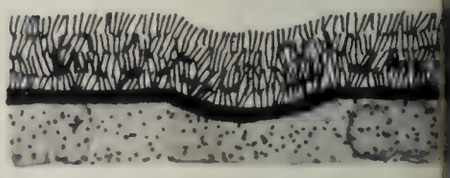
The area along the side fence is the m drainage channel for most homes. Wa takes its natural course above grou but the resulting river is a bit unsett to look at. You can put in a Japan style dry stream which turns into a stream during the rainy season. Or can plant the area with plants that d mind getting their feet wet during wi (see page 158 of the *Sunset Western G den Book*).



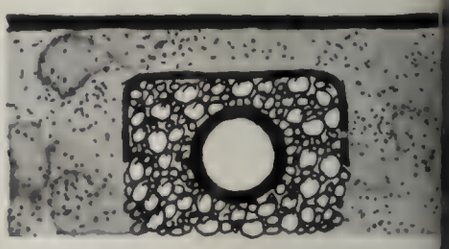
Or you can try different tactics. Mak gravel path along the fence into a d by cutting a V-shaped trench into center of the path and then refilling w gravel (sketch above). Water usually st below foot level.



You can make an underground drain digging a sloping trench 18 inches d and filling it half full of gravel. Cover and sides with plastic (perforated if want it to pick up water en route). across the top with soil.



If you level or alter the slope of y lawn, be sure to make the center so what higher, or create a shallow char or swale to drain off excess water (abo



The most expensive and laborious permanent solution is to bury drain Lay it on a sloping gravel bed, leav a small space between tiles. Cover w rock, then plastic, and soil.

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White cattleya *with purple-red lip is called a semi-alba. Cattleyas grow well in good light*

DARROW M.

New book gives you introduction to orchids

To flower lovers the word "orchid" signifies beauty, strangeness, and scarcity. To many, though, orchid also signifies high price and difficulty of culture—a greenhouse at least, possibly even a gardening staff. It shouldn't; any reasonably good gardener can grow orchids.

The newest *Sunset* specialty gardening book, *How to Grow Orchids* (Lane Books, Menlo Park, Calif., 1970; $1.95), will show you. The book is geared to the beginner, but it will take you deeply enough into the subject to make a journeyman orchidologist of you.

The first chapter provides basic information that will enable you to read and talk sensibly about orchids—where they come from, how they grow, why they look the way they do, how they are named. The next chapter discusses requirements for healthy growth—temperature and humidity, light and ventilation, potting mixes and containers, watering and feeding, and plant problems (fortunately, very few).

Details of window sill culture will please readers who don't have greenhouses (most fanciers do not). And if you don't have a window sill the book will tell you how to grow orchids under artificial light in a closet or basement. There are useful lists of orchids for various situations.

A chapter on using orchids outdoors tells you the ones that you can grow out of doors in your particular climate; even cold-winter areas can accommodate more kinds than you might guess. Some tropical orchids are tolerant enough to be good indoor-outdoor plants.

If you bloom one plant successfully you will probably want to increase your collection. *How to Grow Orchids* gives you some useful information on how to do so without diminishing your cash reserves too greatly—by dividing plants, importing, or buying unbloomed seedlings. There are also detailed instructions on making arrangements and corsages—and of course many photographs in black and white and in color.

Moth orchid *(left) and lady's slipper grow well in living rooms*

Pansy orchids *(Miltonia) usually com two or more colors—red, pink, and w*

Four pages *of text and photographs show how to make orchid corsages like this one*

If your bathroom still looks like a bathroom, t needs the new Delta Fjord.

The Delta Fjord looks like two-handled faucet, works like single handle faucet, and makes ur bathroom look like a million.

The contemporary look in day's bathroom is anything but st utilitarian. It's bright, cheer- l, livable, color-coordinated, ele- nt, tasteful and eye-appealing. short, the bathroom has finally me of age. And the Delta Fjord designed in honor of the fact. It mes in beautiful finishes of rome, satin chrome, bright gold, satin gold. In models for both our bathroom basin and shower all. Delta Fjord can enhance your athroom's decor as surely as any egant touch you'd add to any ther room in your house.

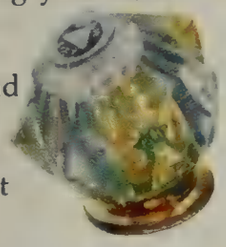
The Delta Fjord's looks are eceiving.

We made the Delta Fjord ok like a two-handled faucet. urely for beauty's sake. But ac- ally, only one handle does all e work. The other simply oper- tes the drain control. So, the elta Fjord is in *reality*, a simple- o-operate single handle faucet. lever?

The Delta Fjord has two handles, but only one moving part.

In designing the Delta Fjord, we didn't toss out our original faucet idea of one handle with only one moving part. Because less parts mean less need for maintenance. And less maintenance means Delta Fjord can sit there in your bathroom for years and years bothering no one. Just quietly adding elegance to your decorator-conscious bathroom.

Let Delta bring your bathroom up to date. Get the new Delta Fjord for your shower and basin from your plumber, plumbing contractor or nearest architect.



DELTA

Div. of Masco Corp., Greensburg, Ind.
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Good Housekeeping PARENTS'

It's time to plant berried shrubs

By mid- or late autumn even Western gardens tend to take on a tired look. Flowers are fewer, deciduous plants are dropping dry leaves, and the whole landscape looks as though it were waiting for rain. Early storms wash away the dust, but they also blow away many of the remaining leaves and flowers. When shortening gray days seem gloomy, the red-berried evergreen shrubs come into their own.

By October, nurseries have sizable inventories of berried evergreen shrubs; many of the fruits will already be in full color, while others will be far enough advanced to give a fair indication of later effect in the winter garden. Good supply and good planting weather coincide this month; the best plants may be gone later, and the soil too wet for planting.

Just buying and planting won't necessarily give you berries year after year. Many plants will fruit without special planning, but some of the best shrubs are either male or female; with these you need to set out both female (fruiting) and male (pollenizing) plants. You don't need pairs; one pollinator will do for many fruiting plants.

THESE NEED NO POLLINATOR

Any of these shrubs that grow well will bear their fruits without companion plants for pollenizing. If they fail to fruit, plants are usually either too young to set blossom buds, are growing too vigorously from excessive feeding with nitrogen, or are being incorrectly pruned so that bearing wood is being cut away.

Strawberry tree. (*Arbutus unedo*). Big, roughish fruit turns green to yellow to red in late fall and early winter. Flowers that will yield next year's fruit appear at the same time fruits color up. They are white or greenish, in long clusters that somewhat resemble lily of the valley. Plant is a shrub or tree that can reach 35 feet but is usually much less—say 8 to 15 feet. Depending on type of pruning it can be a dense screen, an open-branching small tree, or a multistemmed tree-shrub.

Cotoneaster. Not all cotoneasters are evergreen, nor do all have red berries. But a gratifyingly large number do. Here some of the best:

Necklace cotoneaster (*C. conspicua* 'I ora'). This low and spreading shrub short, stiff branchlets thickly set a arching main stems. Leaves are ¼-i long ovals, dark green and glossy. F late summer through much of the wi it puts on a great show; the bright fruits, nearly ½ inch in diameter, strung along the branchlets like bead a necklace. It is hardy enough for all cept the very coldest climate.

Red clusterberry, Parney cotonea (*C. lactea* or *C. parneyi*). Cotoneas sold as *C. lactea* and *C. parneyi* are ei identical or very similar. Plants are f ly fast growing, arching and spread 6 to 8 feet tall or possibly more. Le are big for a cotoneaster (to 2 inches lo dark green and heavily veined ab grayish underneath. Red fruits colo October and often last until spring.

HOLLIES THAT GO IT ALONE

Most English hollies need a male plan a pollinator, but certain other hollies self-fruitful. Notable among these Wilson holly and most Chinese hollie

Wilson holly (*Ilex altaclarensis* 'Wilson This is a big, vigorous shrub that can grown as a single-stem tree or trainec an espalier. Leaves (up to 5 inches l

3 inches wide) have typical holly stance, gloss, and color; spines are e evenly distributed than on English y. Berry crop is heavy and bright the plant takes heat, sun, and wind.

ese hollies. (*Ilex cornuta*). Typical ese holly is a big shrub with deep n, leathery leaves and a heavy crop rge, bright red berries. Leaves usually nearly square, with a long spine at corner and another at the tip. Newer eties show considerable range in plant and leaf form.

ord holly. (*I. cornuta* 'Burfordii'). This e of the best and most widely plant- f Chinese hollies. Leaves are spineless ractically so. 'Burfordii Nana' is a -growing dwarf variety.

umber of named varieties of Chinese y are excellent garden plants. Most self-fertile, but a very good one, sa,' is not. One exceptionally compact rf 'Rotunda,' never fruits, but an- r dwarf, 'Berries Jubilee,' bears heavily.

TING OUT THE PYRACANTHAS

ir incredible profusion of fruit makes cantha the most showy fruiting bs during their long autumn and er season of color. There is quite a ty to choose from, and names are con- g. Probably the best way to buy a cantha is to select the plant by its fruit color and size, then check out its growth habit with the nurseryman. Here are a few simple guidelines:

If you live where the climate is very cold in winter, get some variety of *P. coccinea;* these are the hardiest, with *P. c.* 'Lalandei' the hardiest of all. Berries tend toward orange, with 'Government Red' and 'Kasan' the reddest.

Where winters are milder most people look for pyracanthas with redder berries. Choice is very wide, and may depend on plant habit and use as well as berry color. If you want low-growing plants for ground cover, bank cover, or for training along a low fence, use prostrate-growing 'Santa Cruz' ('Santa Cruz Prostrata') or 'Walderi.' For a low hedge or screen, or for a small container, use dwarfs such as 'Tiny Tim' and 'Red Elf.' If you want berries avoid the few kinds that are primarily foliage plants—'Lodense' and 'Boxwood' ('Pyrabox').

THESE SHRUBS NEED POLLINATORS

In some shrubs male flowers only are borne on certain plants, female flowers only on others. With these you need not only a female plant to produce fruit, but a male plant to produce pollen. When planting for fruit effect, remember that only female plants will bear; plant males in a less conspicuous location if space permits. Remember too that both plants must be of blooming age before they fruit.

English holly. (*Ilex aquifolium*). This Christmas berrying shrub sets the standard. Everyone wants English holly, but if you live in a hot, dry climate you are better off with Chinese holly (described at left). When you buy plants at a nursery you will probably get ones that have berries. These are females, and will bear year after year, but only if a male pollinator is in the garden or nearby.

Possible exceptions are certain varieties that may set a small crop of seedless berries without pollination, but even these will yield better crops of longer-lasting berries if a male plant is present. Nurseries stock male hollies, usually listing them merely as "male"; one such named variety is 'Teufel's Little Bull.'

Japanese aucuba. (*A. japonica*). Usually thought of primarily as foliage plants of extraordinary toughness, shade tolerance, and beauty, aucubas also display big (to ¾ inch) berries like scarlet sealing wax. Showiest in fruit is probably the all-green dwarf variety 'Nana.' Commonest variety is the spotted 'Variegata' or gold dust plant, which may be male or female. Most nurseries sell plants labeled simply "male," and there is a handsome spotted male variety known as 'Crotonifolia.'

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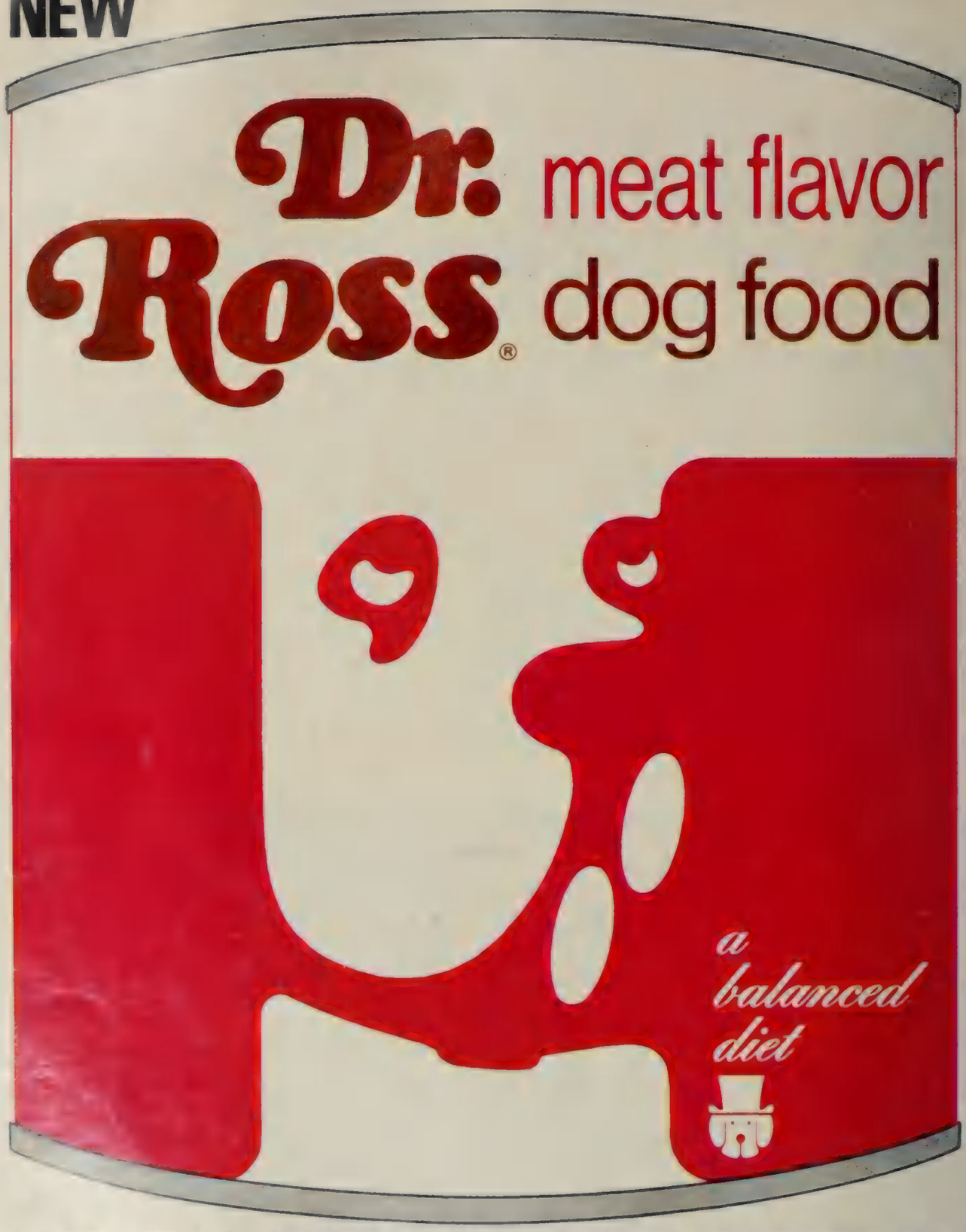
CrownZellerbach

NEW



IT SHOULD HAPPEN TO A DOG

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ELLS MARUGG

humbs pop *well rooted plug of aby's tears from plastic cell*

t your nursery . . . quiet revolution

A wift, quiet, and effective revolution in l art of growing and selling nursery ants has taken place. It involves the rply increased use of plastic flats, pots, l larger containers.

e revolution's cause is basically the seryman's desire to save time and ney. Unfortunately the revolution's duct—nondegradable one-way plastic tainers—comes just when nondegrad- lity is being challenged and when re- ling is being seen as preferable to -and-throw-away. But the picture isn't irely dark; there are some benefits to home gardener.

DDING PLANTS IN PLASTIC FLATS

stic flats of bedding plants are lighter carry and cleaner to handle than oden flats. Half-dozen and dozen blocks plants are easier to buy and move in y packs, cube packs, or thumb-popper stic cells than plants grown in conven- nal wooden flats; roots are exposed less n when dug from a flat and hauled ne in cardboard trays.

e the plants better, and do they per- m better when transplanted into the den? You can get an argument; some ple feel that plants grown in plastic lividual cells are likely to be rootbound. st, however, feel that such plants are more likely than conventionally grown nts to have root problems on trans- nting—if they are of comparable age d size. Over-aged, oversized plants wn either way will have trouble ad- sting to life in the open garden.

w do you select the best plastic-grown ants? Look for the same signs of vigor d health that you always looked for in e past: moderate size; rich green foliage

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You'll be in good company.

[illegible] CALIFORNIA HOQRTS [illegible] WEST FIFTH ST. LOS ANGELES [illegible] MEMBER F.D.I.C.

r; low, broad, compact plants. Avoid stringy plants with hard, woody ns and numerous buds and flowers.

Y ı may find, as you turn plants out of l plastic cells of the "thumb-popper" s, a root system that shows a mass oiled white roots at the very bottom he cell. Nurserymen suggest you cut this mass at planting time. New roots grow outward from the cut ends. ut, the roots may continue to grow tight knot.

ISTIC POTS

wering plants—annual or perennial— l-inch plastic pots have become a sta- item in city and suburban nurseries l garden centers. People used to think t such pots weren't good for plants; e the impervious plastic couldn't eathe," roots would lack aeration. It's ır now that the fears were groundless. st of the plants you buy today are wn in plastic pots. Even the big potted lodendrons sold in clay pots probably rted out in plastic.

mittedly, red clay pots look earthier l more natural, especially in a garden ting; they will always be the favorites home gardeners. But there's no plant- ılth reason for you to avoid buying nts grown in plastic.

ırserymen like the plastic pots because y are light in weight and easily stacked nested. Square plastic pots fit neatly l tightly into flats. And, because the rseryman uses them only once, he esn't have to clean them or risk soil- rne diseases. (But you can salvage plas- pots to grow your own seedlings or ttings; the heavier-weight ones are ırdy and easily cleaned.)

RGER PLASTIC CONTAINERS

ıllon and 5-gallon-size plants often come plastic containers nowadays. One rea- ı is the scarcity of used metal cans. ıere aren't always enough to go around; nce some cans are made specifically for ınts.

ants grown in plastic cans don't differ ɔm those grown in metal cans in size or ıality. The difference lies in the way ıu get plants out of the cans. It is not cessary to cut the plastic containers o more gashed fingers from jagged etal edges!). Plants slide out easily.

ith a gallon can, just moisten the root ass, invert, and tap the container rim ainst a solid surface. The root mass will me out in your hand.

ith a 5-gallon can the same technique ll work, but the size of the plant and ntainer make it unwieldy. Most people st lay the container on its side, grasp e trunk firmly in one hand, hold the n of the pot in the other, and slowly ıll the plant out. If the root mass does ɔt slide out freely, just water it, let it ain thoroughly, and try again.

ORCHIDS

New *Sunset* book tells how to grow beautiful plants at home.

This book opens up a whole new world of gardening enjoyment for Westerners. For it explains how you can easily have magnificent orchids — once thought of as exclusively tropical plants requiring special conditions to grow — in your own home and garden. And these include all varieties, from delicate pinhead-size blossoms to flowers as large as salad plates, in every color except black. Blooming seasons vary, so that you can have color all year from only a dozen plants. With photographs this book describes all aspects of cultivation, species, collecting, displaying, and also tells where to buy orchid plants. Only $1.95

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Here are October garden events

Oakland. October 3 and 4. Flower sho by the Oakland - East Bay Garden Ce ter. The Northern California Chrysa themum Society will participate with show of early-blooming mums. Plac Lakeside Park Garden Center, 666 Bell vue Ave. Hours: 10 A.M. to 5 P.M. Fr

Sacramento. October 3 and 4. Benefit sa by the Sacramento Garden and Art Ce ter. Place: Art Complex Building 4 the California Exposition. Take Exp sition Boulevard exit from Intersta Highway 80 (Elvas Freeway). Hou 10 A.M. to 6 P.M. Free.

San Francisco. October 6, 13, and 20. Tue day series on ornamental horticulture. *O tober 6:* Looking toward spring: annual bulbs, flowering shrubs and trees, a perennials—a discussion by garden co sultant Mrs. Emily Brown. *October and 20:* Trees: their identification in t Arboretum and the Panhandle; their c ture and garden use—a lecture by D Elizabeth McClintock, Department Botany, Academy of Sciences. On Oct ber 20 there'll also be a guided visit Pacific Nurseries with accessions supe visor Arthur Menzies and botanist Jol Kipping. Place: Hall of Flowers, Gold Gate Park, Ninth Ave. and Lincoln Wa Hours: 10 A.M. to noon. Fee for each le ture: $3 for nonmembers; $2 for Strybi Arboretum Society members.

Sacramento. October 8, 15, 22, and 2 Course entitled "Landscape Design f the Homeowner" taught by Dr. Andre Leiser, associate professor in the enviro mental department at U.C. Davis. Plac Room C-3, Mira Loma High School, 40 Edison Ave. Hours: 7:30 to 9 P.M. Fe $15. For more information or enrollmen write to University Extension, UC Davis, California 95616. Or telepho UCD Extension, (916) 752-0880.

Grass Valley. October 10. Home and ga den tour sponsored by the Sierra Nevad Memorial Hospital Auxiliary. The guid yourself tour begins at the Alta Sier Country Club located 6 miles south Grass Valley on State Highway 49. Tic ets ($2) will be sold there and the dini room will be open to the public. Any all of the seven new houses may be vi ited from 1 to 5 P.M.

Los Altos. October 10 and 11. Elevent show presented by the Floraphiles (flow arranging club). Place: Rancho Shoppi Center, Foothill Expressway at Spring Rd. Hours: 1 to 6 P.M. Saturday; 10 A.M

Why buy carpet the way your mother did?

What's that old saying?
.other knows best."
The trouble is mother knew best
what she knew best.
Like having and growing
ldren.
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Like feeding you the right foods.
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ht friends.
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d trouble with.
Like what carpet to buy to match
r furniture.
Frankly speaking, buying carpet
one of the biggest headaches
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as unsure.
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P.M. Sunday. Free.

land. October 17. Plant show and ba- r by the National Herb Study Society. ce: Lakeside Park Garden Center. irs: 10 A.M. to 4:30 P.M. Free.

ramento. October 17 and 18. First fall nid show by the Orchid Forum of ramento and the Sacramento Arrang- Guild. Place: Sacramento Garden and Center, 3330 McKinley Blvd. Hours: 8 P.M. Saturday; 10 A.M. to 6 P.M. iday. Free.

ta Clara. October 18. Seventh annual w of bonsai sponsored by the Midori nsai Club. Place: Maywood Recreation nter, 3330 Pruneridge Rd. Hours: noon P.M. Free.

keley. October 24. Annual sale of the ifornia Native Plant Society. For de- s, see page 214.

cland. October 24 and 25. East Bay nsai Society show. An exhibit of more n 100 fine bonsai ranging from seed- gs to trees over a hundred years old, h many in vivid fall color. Place: Vista om, Lakeside Park Garden Center. urs: 10 A.M. to 5 P.M. Free.

s. October 24 and 25. Flower show nsored by the Garden Society of Ma- and including an exhibit by the Marin nsai Club. Place: Marin Art and Gar- Center, Sir Francis Drake Blvd. urs: noon to 6 P.M. Saturday; 10 A.M. 4 P.M. Sunday. Donation.

Rafael. October 24 and 25. Show by rysanthemum Society of Marin. Place: ocker-Citizens National Bank, Fourth B streets. Hours: 1 to 7 P.M. Satur- y; 10 A.M. to 5 P.M. Sunday. Free.

Jose. October 26 and 27. Flower show the Las Jardineras Garden Club. Place: nninger Center, Kelley Park, 1300 nter Rd. Hours: 3 to 9 P.M. Monday; A.M. to 3 P.M. Tuesday. Free.

ba City. October 27. Sixteenth "French arket" sponsored by the Garden Sec- n, Women's Club. Dried floral and ftwood arrangements, handcrafted ob- ts, boutique items, and food will be on e. Place: Clubhouse, Plumas St. and lusa Ave. Hours: noon to 5 P.M. Free.

aton. October 27 and 28. Flower show esented by the Graton Community ub. Place: Clubhouse. Hours: 10 A.M. 9 P.M. Tuesday; 10 A.M. to 4 P.M. Wed- sday. Free.

n Mateo. October 30. Christmas bou- que sponsored by the Beresford Garden ub. Place: Recreation Hall, Hillsdale ethodist Church, 36th and Hacienda eets. Hours: 1 to 3 P.M. Free.

alnut Creek. October 31 and November Northern California Chrysanthemum ciety show. Place: Civic Center Recre- ion Building. Hours: 10 A.M. to 7 P.M. turday; 10 to 6 Sunday. Free.

Glamourous Camellias

For landscape beauty consider planting these recent introductions. Gorgeous Camellia hybrids developed from crosses between Camellia reticulata and Camellia sasanqua. These hybrids yield a variety of stunning bloom forms, most flowers resembling the exquisite Camellia reticulata shape, and also have the special attraction of flowering in great profusion similar to the Camellia sasanquas. These vigorous growing shrubs are also sun tolerant bloomers.

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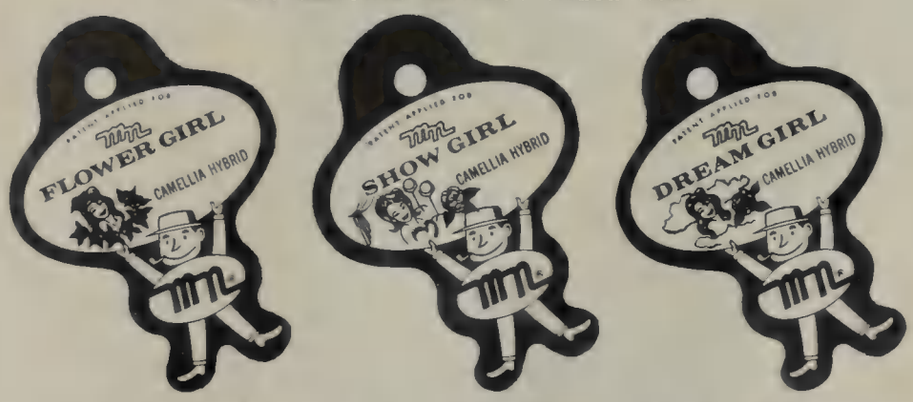

FLOWER GIRL (Pl. Pat. No. 2874) Profusion of vibrant pink, large blooms.

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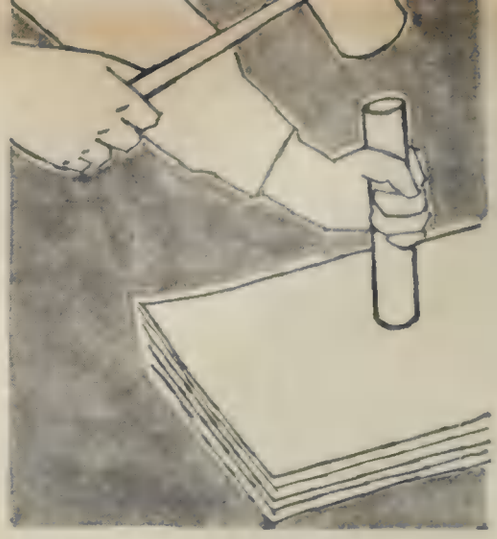

Cutting the holes: *Stack paper, put sharpened pipe at center, pound pipe*

Here's a way to plant ground covers securely on really steep hillsides

Cutting the strip: *Cut a pathway to the center hole to allow for overlapping*

One good reason to plant ground covers on steep hillsides is to keep the soil from slipping down or washing away.

This same problem, however, can and often does contribute to the failure of such plantings. Small plants trying to spread roots under such conditions can be flooded and the soil they're planted in can disappear down the hill.

Ilbert Tucker, a landscape designer in Carmel Valley, has developed a method of planting ground covers on hillsides that seems to insure success: He places a felt paper collar around each young plant. It keeps dirt from sliding down over the plant, stops weed growth, holds heat where needed in cold weather, and directs water to the plant's roots.

The collars don't have to be removed. They disintegrate in about three years—after most ground covers have grown up and out to hide them.

To make the collars, you'll need 30-pound-weight felt paper (sold in rolls 18 and inches wide) and some heavy shears. an extensive planting, you'll want a n let and a fairly large pipe (about 1½ inc in diameter) to punch holes. Sharpen end of the pipe by filing it.

You'll also need some long staples; if can't find any at least 5 inches long i hardware or building supply store, can make some from old coathangers.

Cut four or five 18-inch squares from felt paper with the shears. Place in a p Center the pipe and pound it throu with the mallet. Or use shears to cut holes singly—but this is tedious if you setting out many plants.

Then cut slits or strips to the holes shown at left. After you have planted ground cover, place a collar around e plant, overlapping the cut ends to m a funnel-like slope. Fasten the ends pounding a staple through them and i the ground.

ILBERT TUCKER

Felt paper collar *is ready to circle plant where it will prevent dirt slippage, prevent weed growth, and funnel water*

Final step: *Place collar around plant, then fasten by pounding long staple into ground*

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Action *at last year's sale. Brazilian Building contains paneling from Brazil's exhibit at Golden Gate International Exposition*

Native plant sale . . . October 24 in Berkeley

ELLS MARUGG

Girl ponders *merits of two native succulents*

October and November are good months for setting out native plants. A good time and place to buy them is the Fifth Annual Native Plant Sale in Berkeley. It's on Saturday, October 24, at the Brazilian Building in Tilden Regional Park. Hours are 10 A.M. to 3 P.M.

Devoted collectors of native plants usually arrive early to look over the large stock of plants, and connoisseurs quickly buy the rarest ones. Among the plants on sale this year will be many choice native trees, including bristlecone, limber, and lodgepole pines, Santa Lucia firs, Engelmann spruces, and a wide variety of evergreen and deciduous oaks.

Unusual offerings in flowering shrubs and perennials are bush lupines, many kinds of manzanitas, hybrid shrubby monkey flowers (*Diplacus* or *Mimulus*) in a variety of colors, and penstemons. There will also be native bulbs and a few native orchids. Ground covers will include yerba buena (the plant that gave San Francisco its earlier name) and piggyback plant (*Tolmiea menziesii*), one native that makes a good indoor house plant.

To reach the Brazilian Building, take Wildcat Canyon Road south from the summit of Spruce Street in Berkeley. Or go south on Grizzly Peak Boulevard to Shasta Road, then turn east into the park (Shasta ends on Wildcat Canyon Road a few yards from the Brazilian Building).

The plants are donated to the California Native Plant Society or grown by its members, so that all proceeds from the sale support the society and its programs. This nonprofit group, which now has nearly a thousand members in six chapters, was founded in 1965 to preserve threatened native plant species and their environments.

Interested buyers *inspect labels on native deciduous oak trees*

It conducts an extensive series of field trips under expert leadership, sponsors educational programs through school groups, actively cooperates with other organizations in supporting preservation of California natural areas, and publishes an interesting and highly informative newsletter. To find out about membership, write to the California Native Plant Society, Room 202, 2490 Channing Way, Berkeley 94704, or inquire at the sale.

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DON NORM

Golden yellow *April flowers of Cro chrysanthus poke through ground co*

Crocus in now for early color

A few minutes spent planting crocus bu now guarantees delightful color for t or three weeks late this winter or ea next spring. As with most bulbs, the f season's flowers are already formed a ready to unfold; all the gardener needs do is make his selections and plant.

Since the crocus flowers, in yellow, p ple, orchid, or white, open wide when sun rays warm them, place them wh they'll have sun most of the day. The flower even earlier than usual if protec from chilling wind. The flowering sea of a variety can be extended by plant some bulbs in cooler protected areas. C cus are easy to grow in most soils as l as the drainage is good. After floweri the grasslike foliage should not be back but left to dry naturally.

Scatter crocus on top of the ground irregular masses; then plant where t fall, using a narrow-bladed trowel, if av able. Plant corms with pointed tips and top of corms 2 inches below the s face of the ground.

Two different types of crocus are av able now: the early-blooming species (w crocus species and selections of the usually sold by name; and the larg later-flowering Dutch hybrids, sold color. The species, including the variet *C. chrysanthus* and *C. tomasinianus*, n uralize well in the rock garden or a small-scale planting. Let them grow through ground covers in colonies w other dwarf bulbs such as snowdrops (C *lanthus*), glory-of-the-snow (*Chionodox* and *Scilla sibirica*.

In March and April the vigorous a adaptable Dutch hybrids will make b splashes of color in the garden. Use th in containers, at the foot of a fruit tr or in an open bed with low conifers.

How 20 minutes in October gets you two days in December

60,000 Westerners have discovered that they can shop for about half of their Christmas gifts without even leaving the house. And they can do their shopping early and then have that time during the Christmas season when time seems in short supply.

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Florists' cyclamen are just the plants for fall-to-spring color

Exotic, *flared-back blooms of florists' cyclamen come both ruffled and smooth-edged, in many shades of pink, red, and white. Some have different colored centers*

Buy and plant *cyclamen now for continuous bloom th winter, spring. These, in 4-inch pots, give immedia*

Florists' cyclamen have few rivals as perfect fall-to-spring garden plants. They have one of the longest blooming seasons (from now until May); they provide showy, reliable color for shady areas when little else is available; they're easy to grow in the right location; they attract few, if any, pests or diseases.

Florists' cyclamen (*Cyclamen persicum*) also enjoy California's mild climates. Elsewhere you'll find them only as florists' gift plants, but here they defy their name and thrive outside. Cyclamen can withstand even brief freezing temperatures if the leaves are not frosted directly; flowers may fall, but plants usually live.

To look at cyclamen, you wouldn't believe they could be this hardy. Flowers resemble graceful, flared-back butterfly wings poised over heart-shaped leaves that are often patterned with silver or white. Blooms come in a wide variety of colors: pink, salmon, rose, red, magenta, lavender, pale orange, and white. Many varieties have ruffled edges, striations, or different colored centers.

You'll find cyclamen in nurseries until early spring, but now is the best time to plant them for a full season of bloom. Larger plants come in 4 and 6-inch pots and provide an immediate display; smaller plants from 2-inch bands will give a fairly good show of color by early spring, and a much better show the following year. Cluster plants in a thick border or mass display for the best effect.

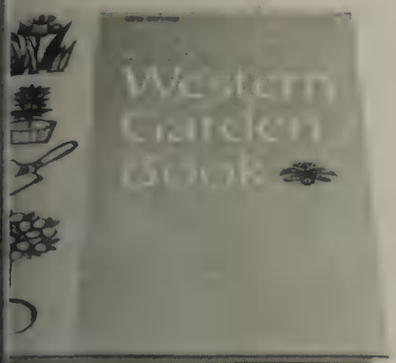
Cyclamen are easy to grow under the right conditions: Give them the same location and soil as tuberous begonias. (Cyclamen make excellent winter replacements in summer begonia beds.) Cyclamen like filtered or partial shade with some morning sun. Plant them in porous soil rich in humus—peat moss or leaf mold. Good drainage is a necessity. When setting plants in the ground, leave the top third of the corm (or tuber) exposed; it may rot if it's covered over with soil and water puddles around it.

Keep cyclamen well watered, the soil moist but not soggy. Plants cannot take much dryness and will dehydrate if neglected. Don't stop watering during their summer dormant period when they cease blooming.

Feed cyclamen about once a mon a nitrogen-containing fertilizer emulsion. Nip off old, yellowed lea flower stems at their base; they become mushy and lead to crown not removed.

Cyclamen are unattractive to mos Snails occasionally may nibble leaves, but they're not likely to b major problem. Cyclamen mites, their name, are infrequently found door cyclamen; they're more of lem on greenhouse plants. If you d these sucking insects on leaf und disfiguring the plant and sapping tality, spray with oil, diazinon, o the systemics.

To prevent *rotting, leave the top third of the corm exposed whe setting plants in the ground*



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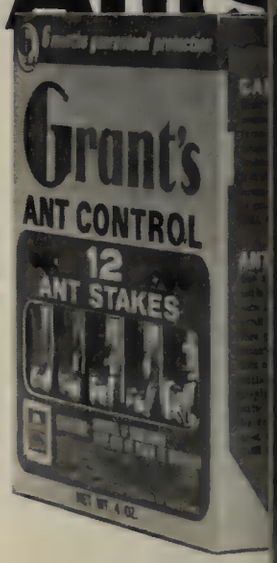

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It's sheer delight as thousands of dia like water droplets rise, twist, change then fall with a soothing musical p Patented. Complete with bowl (no plu needed), or for existing pools. Send fo color brochure . . . or 3-D Viewer ($2. Dept. S, 301 S. Flower St., Burbank, Calif

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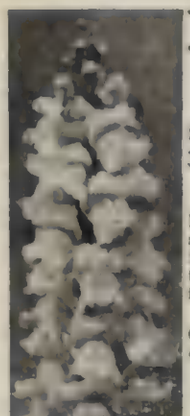
Calif. Redwood with brass trim, ideal for poolside, beach houses, patios, walkways and all gardens. Completely assembled, plugs into grow 110-volt outlet. Lamp shown 18 in. tall $17.98 ppd. (Calif. residents add tax.) Other Redwood lamps available. Satisfaction guaranteed. Brochure. Showroom 80 Glenn Way, Belmont, Ca. 94002. **Victor Mfg. Co., 1229 Beach Park Blvd., San Mateo, California 94404**



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Better colors, stronger spikes all season long, rust-resistant. Massive tall spikes keep coming from base of 2½ ft. plants. The florets are handsomely ruffled.

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ıd cover that will give an abun-
pretty flowers over a long season?
ing African daisy *(Osteospermum*
m) may be the plant you need.
around northern California gar-
10 years without attracting a
al of attention; we think it is
be discovered. It has become
pular in Southern California,
fferent varieties are to be found
nurseries. It shouldn't be long
y turn up here.

e fleshy evergreen foliage on
g stems that tend to root wher-
y touch the ground. The daisy-
ch-wide flower heads appear off
throughout the year, with the
concentration in late winter and
ing.

nts full sun and good drainage. A
once a week in summer will keep
owing and spreading; in heavy
y will need less. Set young plants
s 2 feet apart for complete cover
's time.

be grown, and still available, is
osum. It grows to 6 inches in
nd spreads vigorously. Flowers
nder with deep purple eyes and
es. On the second day they fade
with lavender undersides.

-flowering, rather more upright
available. A spectacular planting
ı be seen by visitors to the Los
State and County Arboretum in
Newer varieties are the purple-
g 'African Queen' and 'Burgundy
scarce now but increasingly avail-
he San Francisco Bay area.

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White trailing *African daisy blooms heavily in spring, off and on the rest of year*

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This ground cover is quick, it's good-looking, and it's ready to be discovered

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Thompson's Pigmented Waterproofing Compound *Thixotropic* provides color and protects wood, metal, concrete, masonry, stucco from water damage. Many colors to brush, wipe, roll or spray on. Waterproofs and colors concrete and wood. Ideal rustproofer. For Stain, mix 50-50 with TWS. Salt, alkali, acid resistant. *Send for Color Folder.* Qt. $2.95; Gal. $9.75; 5 Gals. $47.25 ppd. tax incl. No C.O.D.'s. At dealers or write direct. E. A. Thompson Co., Inc., 1333 Gough St., San Francisco, CA 94109.

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Colorless Thompson's Water Seal protects, preserves, waterproofs: Leather boots, shoes; golf bags, sleeping bags, ski & fishing gear; canvas furniture; clothing; tents, tarps, awnings; gun cases; tennis nets, boats, door & window frames, screens. Won't harden or crack leather or fabrics. At paint, hardware, sporting goods stores or write direct. Aerosol spray $1.89; Qt. $1.95; Gal. $5.95; 5-Gal. $28.25 ppd. tax incl. No C.O.D.'s please. E. A. Thompson Co., Inc., 1333 Gough St., San Francisco, CA. 94109.

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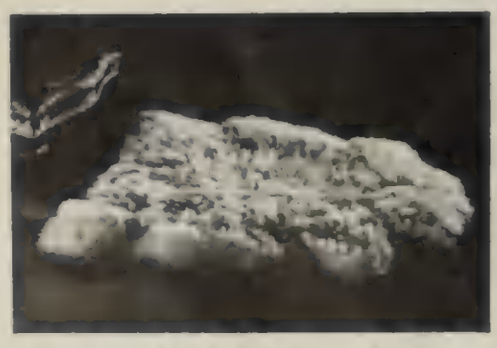
Thompson's Ready-Mixed "Califo wood" Seal-Stain protects and restore ural beauty of redwood and cedar, ad to plywood or knotty pine, water pine, mahogany, wood shingles, sha tains over 60% Thompson's Waters water damage. Apply by brush, roller At dealers or write direct. Pint $ $2.15. Gal. $6.50, 5 Gals. $31.00, ppd. No C.O.D.'s please. E. A. Thompson 1333 Gough St., San Francisco, CA.



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Are you tired of licking labels or writing your return address? This compact printer makes your task easy. The attractive blue and gray case contains ink pad and your name, address & zip (4th line add $1.00). In Block Print or Italic type. Travels with you without mess in purse or attache. Just $4.15 (ppd). In Calif. add 5% tax. *Bonus*—order 4 (gifts, etc.) and get a 5th printer *Free*. Satis. guar. Vern's Rubber Stamps, P.O. Box 38, Los Altos, Ca 94022 (415) 948-7614.

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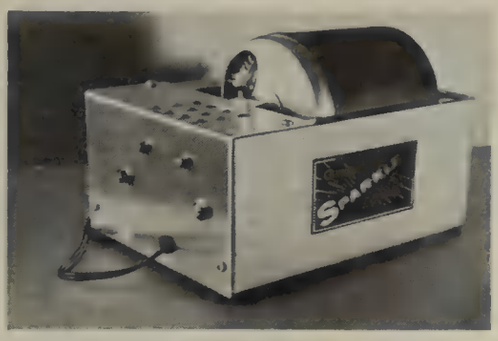

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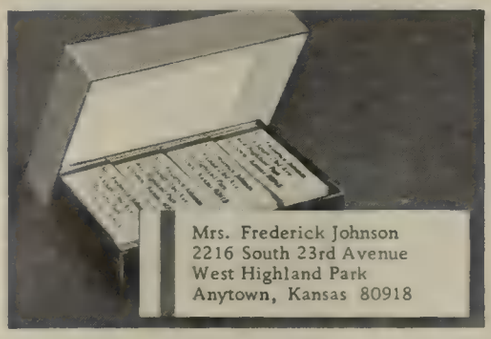
New heavy duty model with rubber barrel for whisper quiet operation. Take those beach pebbles or colorful rocks you have collected & turn them into beautiful sparkling gems to use in jewelry. Fun for the whole family. *Makes a great gift! Machine complete with motor* and ready to plug in plus "How To" book plus complete set of abrasives and polish. Full price only $18.95. All freight prepaid. Check or MO only. Calif. customers add 5% tax. Gemex, Dept. SS, Hwy. 395, Pala, Calif. 92059.



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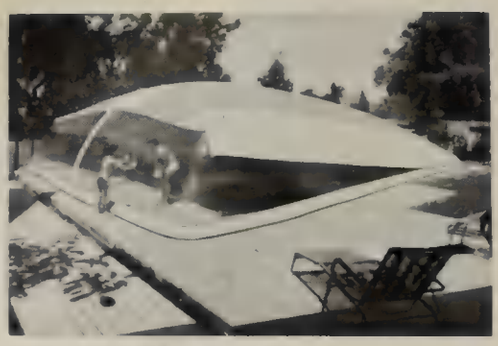

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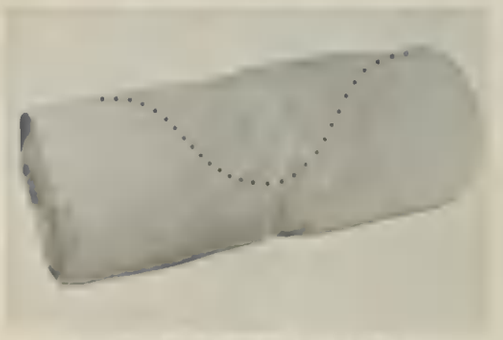

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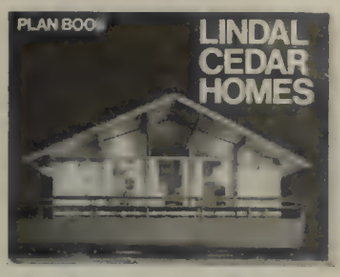

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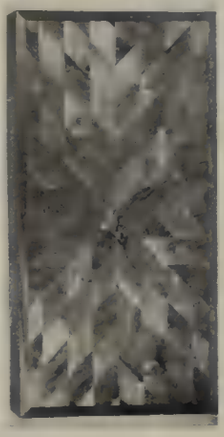

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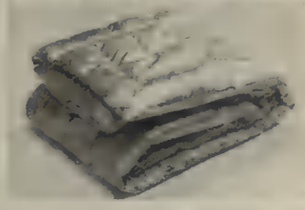

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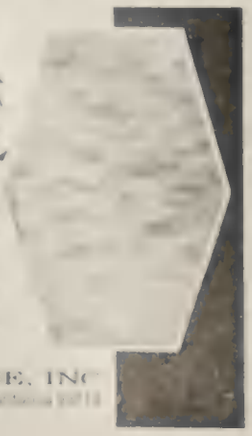

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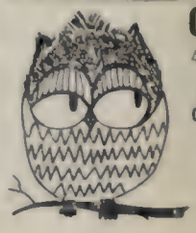

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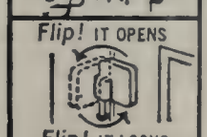

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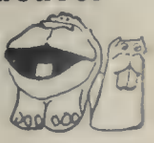

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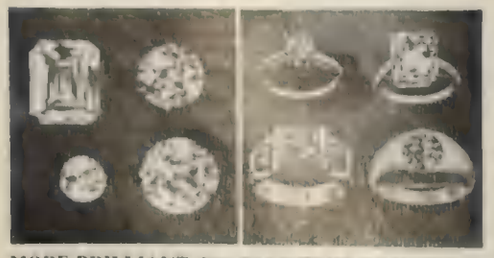

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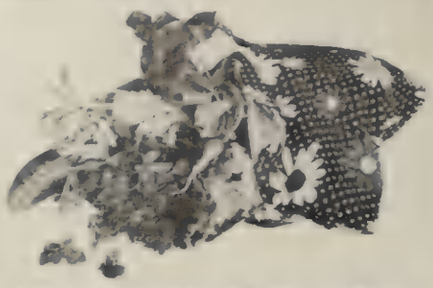

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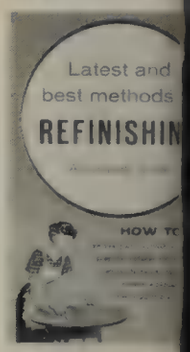

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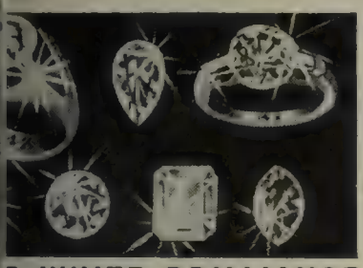

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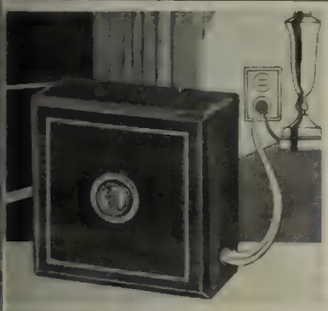

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Trail bikes and wilderness

One day in early June this past summer a member of *Sunset's* st hiking with his family on a national forest trail a few miles r California's Sonora Pass. It led away from civilization into wil away from noise, exhausts, pavements, into nature's world, its qui and its silence.

All this was interrupted suddenly and noisily by a motor bike coming up the trail, exhausts popping. It was just one family, h wife, and children, on no less than five trail bikes. An hour later terruption was repeated as the trail bike procession returned.

The trail was muddy that day. The damage done by the five s bikes was extensive. And such damage always makes the typi trail surface more vulnerable to erosion in the next rainy season

The trail incident recounted here is repeated countless times, in c places in the West every week, often innocently.

Last March the Bureau of Land Management completed a study off-road vehicles (including trail bikes) use its land, but the BLM yet set up any special program of control.

The U.S. Forest Service has closed all wilderness areas to off-road and has restricted their use in other areas.

The National Park Service and many state park departments fl strict vehicular travel to park roads except in specially designate

Off-road vehicles can be useful, as even the National Park Servic nizes, to the extent of permitting certain licensed operators to tours by four-wheel-drive vehicle into the wilderness areas of suc as Canyonlands.

Unfortunately, the mobile little trail bike, subject to the same reg as four-wheel vehicles in most jurisdictions, is not subject to t physical limitations. It can go almost anywhere a horse or a man

One realistic approach being tried out by the Bureau of Land M ment and other jurisdictions is to set up trails or courses exclusi trail bikes where they won't disturb wilderness walkers.

We believe that the encroachment of trail bikes into natural area be strongly discouraged. In furtherance of this belief, since Dece last year *Sunset* has accepted no advertising for trail bikes. Furth we recommend that all federal, state, and local agencies admin public lands reexamine their policies concerning trail bikes.

It is time to enact and enforce regulations ensuring a family's enjoy the rewards of a wilderness hike without trail bike intru

WINDOW ON THE WEST:

The hikers' forest retreat

Several miles from the nearest automobile road, in the deep coastal forest of Olympic Peninsula, these hikers in the Bogachiel River Val of Olympic National Park are protected from trail bike intrusions by national park regulations that prohibit off-road vehicle travel.

NOVEMBER 1970 50 CENTS

Sunset

THE MAGAZINE OF WESTERN LIVING

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OCT 27 1970
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zaleas Now to June · San Francisco Bay Comeback?

Nine great Christmas gifts we bet you never thought of.

Get out of the shirt-tie-and-slippers rut. Make this a Coleman Christmas and you'll be the mos original Santa in the family. Coleman gifts start as low as $4.95 and with a Coleman Christmas the best is yet to come.

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2. Coleman Lantern 228: The camper who has everything always wants another lantern. And Coleman makes five easy-to-operate models.

3. Coleman Sleeping Bag 624: Coleman is everybody's bag in any climate. For hunting, fishing, camping . . . for adventuring everywhere. This one offers big bag features at a very small price.

4. Coleman Cooler 5256: Keeps the beer on ice for parties and fishing trips. Holds the cold for picnics and four-day campouts. Why not be a two-cooler family? Eight cold-hugging models to choose from.

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6. Coleman 2 gal. Jug 5502: A jug that's as handy for traveling as it is for camping, thanks to Coleman's exclusive Fast-Flo faucet. A multi-use gift for anybody on your Christmas list.

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9. Coleman 1 gal. Jug 5506: The refreshment center. It's long on capacity, short on weight. Coleman jugs are a camper's best friend . . . Christmas time or anytime.

Coleman

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THE MAGAZINE OF WESTERN LIVING*

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The Cover Story

The azalea on the cover is 'Miss Merryvale', a comparatively scarce Belgian Indica. Three more-widely-available azaleas with similar flowers are 'Alaska', 'Bride's Bouquet', and 'White Christmas'. See the article on page 80. Cover photograph is by Glenn Christiansen

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HOW CAN A HOTEL CALLED THE FRONTIER BE THE MOST CIVILIZED PLACE IN LAS VEGAS?

Well, believe us, it took some doing.

You see, we already had a pretty good hotel, right in the heart of The Strip. (It was known as the "New Frontier.")

We could've fixed *it* up. But a VW with chrome is still a VW.

We wanted a Rolls.

So we tore it down. Completely.

And started from scratch to build the most elegant, civilized, tasteful, spacious, friendly hotel in town.

Our guests believe we succeeded.

To begin with, it looks like a hotel. Not some candy-frosted birthday cake.

It's run like a hotel, too. Our people know what they're doing and they enjoy doing it. The rooms are the largest in Las Vegas. And, we think, done in the best taste.

When you have breakfast in them, your tray includes a fresh rose.

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Our shows feature some of the most popular stars ever to appear in Las Vegas—Vic Damone, Jimmy Durante, Robert Goulet, Phil Harris, Bob Newhart, Wayne Newton, Diana Ross, Frank Sinatra, Jr., The Supremes, Jerry Vale—*it* reads like something out of *Variety*.

Should your system require outdoor activity, you can golf on one of Las Vegas's finest 18-hole courses.

Or play tennis on the same courts used in the How Hughes Invitational.

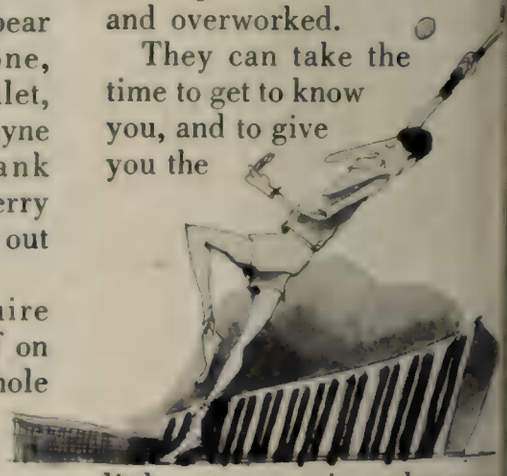
You can swim in Olympic sized pool. I ping pong. Practice put outside your room. Go ing. Even take a w through our lovely, landed grounds.

And just to make your stay with us is a p ant one, we've got twi many employees as we rooms.

(Most hotels have where near that ratio of ployees to rooms.)

That means our people aren't hurried and overworked.

They can take the time to get to know you, and to give you the little extra services that tur ordinary vacation into a me able one.



Last year, 297,367 people came to Las Vegas stayed wi

They believe we off deal in town.

Why don't you sta time you're in Las V ith us

We'll make a beli gas? you, too.

THE FRONTIER IN LAS VE

ovember travel . . .
in and beyond the West

A different kind of museum offers first-hand science discovery

At San Francisco's *Exploratorium*, housed in the Palace of Arts and Sciences (formerly the Palace of Fine Arts), you can see and become involved in technological tricks to delight the senses:

You can manipulate a large gyroscope, balance a table-tennis ball on a stream of air, play a tune on a theremin (a hand-triggered electronic musical instrument), and hear a "cosmological harp" play itself. You'll see lasers perform, stop motion in a

JOHN REGISTER

Device *demonstrates precision with which ears can judge distance and sound. Background is photomural*

Size *influences one's estimate of weight—as this apparatus shows*

Turn *the dials to produce an infinitely changing sine-wave design*

"Eau de new car"— *young girl catches a synthetic whiff*

Sunset

THE MAGAZINE OF WESTERN LIVING

November 1970

Writer-photographer *team comes ashore at unnamed marshy point in the south Bay to get wildfowl pictures on page 76*

Afoot and afloat we explore the Bay

Persons can live on San Francisco Bay, drive across it, fly over it, see it daily, and never consider getting on foot to the Bay's edge.

At a meeting we found our editors weren't sure of all of the public approaches. Searching them out, it seemed, would produce a worthwhile story. Besides, the Bay Conservation and Development Commission (BCDC) was four years old: how much had it accomplished?

So we visited all approaches last year and this. As we looked, new developments brought new areas to our attention. And at press time the Migratory Bird Conservation Commission voted to establish a major wildlife refuge.

As a result, 1970's map of Bay parks and access points (page 74) includes several places that wouldn't have been there two years ago.

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JOHN RE

NASA supplied *this full-scale mo Friendship 7, early entry into spac*

strobe-lighted room, watch pattern duced by your own voice on colo vision, and be baffled by multic three-dimensional optical illusions can catch the smells of a new bakery, a hayfield, and a hospit coming from one box. And you ca poetry written by a computer (ex "Darling, darling,/You are my f fondness/My fond hunger thirs temorhavgbasvvk . . .").

This is a sampling of what's at t ploratorium—a science museum w stuffiness. Its aim is to make tech less ominous by giving us direct ence with technological tools and us to expanded awareness of ho senses function.

That explanation may sound du the exhibits, about 130 demonst and 100 graphics, are great fun. most as if they'd finally let us animals at the zoo or climb on th tures at the art museum.

The palace itself, built of chicke and plaster for the 1915 Panama International Exposition and re in concrete at a cost of more tha million dollars in 1964–1967, is on Boulevard just opposite the Green, not far from Golden Gate Children like to run and hide an elegant building's great pillars, or echoes off stone roofs and wal grounds are a charming setting fo ing or picnicking.

Exploratorium is open Wed through Sunday, 1 to 5 P.M. The admission charge.

Indian mound tours at Coyote Hills Park in New

Once a month during the spring, summer months, the East Bay Parks District sponsors open hous Indian mounds in Coyote Hills Park. Each of the four archeo rich mounds, once the sites of In lages, has yielded bones and artif ing well back into pre-Columbia

The programs include tours mounds, a close look at some b

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They laughed all the way to the bank.

nsferring securities from one bank to er can be a costly business.

in 1966, Federal Armored Service, f Michigan found a way to cut the f driving.

y bought a Volkswagen Squareback dle their non-negotiable securities.

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So it can carry in one trip what takes most other cars at least two.

Of course, in the beginning there were those who laughed at Federal Armored for using a Volkswagen.

But once the savings started to add up, it became Federal Armored's turn.

And he who laughs last, laughs best.

artifacts, and detailed comments by an expert on Indian life in this area.

The last open house until the spring season is on Saturday, November 7. Tours leave on the hour from 1 to 4 P.M.

Also on November 7 at Coyote Hills, the Stanford Research Institute's Biosonar Lab (see *Sunset*, May 1969) will hold an open house in its expanded, once-a-month series. Hours are from noon to 5 P.M.

Shop at an arts and crafts fair for an individualized gift

November, of course, isn't too early to think about Christmas shopping. In your never-ending quest for different, imaginative gifts, consider a visit to an arts and crafts fair. Here are a few of the many that will take place this month in the West:

Pismo Beach. The Pismo Beach Art Festival will include painting, sculpture, woodcarving, and ceramics, with one section devoted to the creations of high school and college students. All work will be for sale. Dates are November 13 and 14 from 10 A.M. to 8 P.M. and November 15 from 10 to 4. Location is the Veterans' Memorial Building, Bello Ave. and Main St.

Livermore. The Livermore Art Association will have its 14th annual invitational art exhibit in St. Bartholomew's Church, November 14 from 1 to 5 P.M. and November 15 from noon to 5 P.M. All will be for sale. The church is locat 678 Enos Way, between Junction Portola avenues.

San Francisco. The Association of Francisco Potters holds its annual sale on November 22 in the Hall of ers at Ninth and Lincoln in Golden Park. All work is done by professi Hours are 10 A.M. to 5 P.M. A raffl an auction will close the day.

San Luis Obispo. San Luis Obispo its third annual craft show from N ber 23 through December 23 (except days) at the Art Center, 1010 Bro Crafts shown for sale include batik, rame, and glass sculpture. Hours are to 3:30 P.M.

Montara. The Coastside Art Festiv be held November 28 and 29 at t School House in Montara. Hou 10 A.M. to 5 P.M. Montara is 20 south of San Francisco on State Hi 1. Signs and banners will point th to this event.

Nevada City. An Artists Fair takes November 28 and 29 in this Gold town. Of special interest are the made Christmas decorations. The and sale will be held in The Galle Commercial St. There'll also be vendors selling handcrafted wares. are 1 to 9 P.M. on the 28th, noon to on the 29th.

For travel planners, a November check list

Safari in East Africa is the theme of 21-day tours that leave New York for Kenya and Tanzania every month throughout 1971, except April and December. Three national parks, three game reserves, Ngorongoro Crater, and Lake Baringo will be visited for game observation during the tour. Tour cost of $2,504 includes all transportation, lodging, sightseeing, and most meals. For a Headquarters Safari brochure, write to Adventures Unlimited, 220 Post St., San Francisco 94108, or see your local travel agent.

Two Caribbean cruises aboard the *MTS Jason* will include day stops in Curaçao, Trinidad, Barbados, and San Juan. Fares for the 15-day cruises (starting December 19 and January 2) begin at $690 and include round-trip air fares from Los Angeles to San Juan, meals aboard ship, and sightseeing. Not included are a 10 per cent charge covering tips and taxes or the club membership that costs $5 per year and $3 for each additional family member. For a brochure, write to Unitours, Sausalito, Calif. 94965, or 1543 W. Olympic Blvd., Los Angeles 90015; or see a travel agent.

California by bus. Bus tours of three, four, and five days leave San Francisco and Los Angeles several times a week the year round and include visits to Yosemite, Monterey Peninsula, Hearst Castle, and other points of interest, depending on the tour. For example, the three-day Coast - Mission Trails Tour includes the above destinations cept Yosemite), Mission Santa Barb and the drive through Big Sur along Highway 1. This tour costs $106 per son in a twin-bed room and (as in tours) includes lodging and meals. F brochure, see your travel agent or wri California Parlor Car Tours, Jack Tar tel, Van Ness Ave. and Geary Blvd., Francisco 94101.

December in Cozumel. An eight-day to the island of Cozumel off Mexico's catan Peninsula is designed especiall students aged 12 through 20. The leaves Los Angeles December 26. from swimming, visiting ruins, and fis students can practice speaking Spanish the aid of a tutor. Tour cost of $49 cludes round-trip air fare, food, lo sightseeing, and entertainment. For information, write to Christmas in mel, 400 Via Dichosa, Hope Ranch, Barbara 93105.

What a travel agent can do for Provide information on tours; reserve on air, rail, bus, and steamship lines; hotel, ranch, and resort reservations care of trip planning, including side and special events. Travel agenci not charge for arranging transportat package tours, but do charge for "cu tour service.

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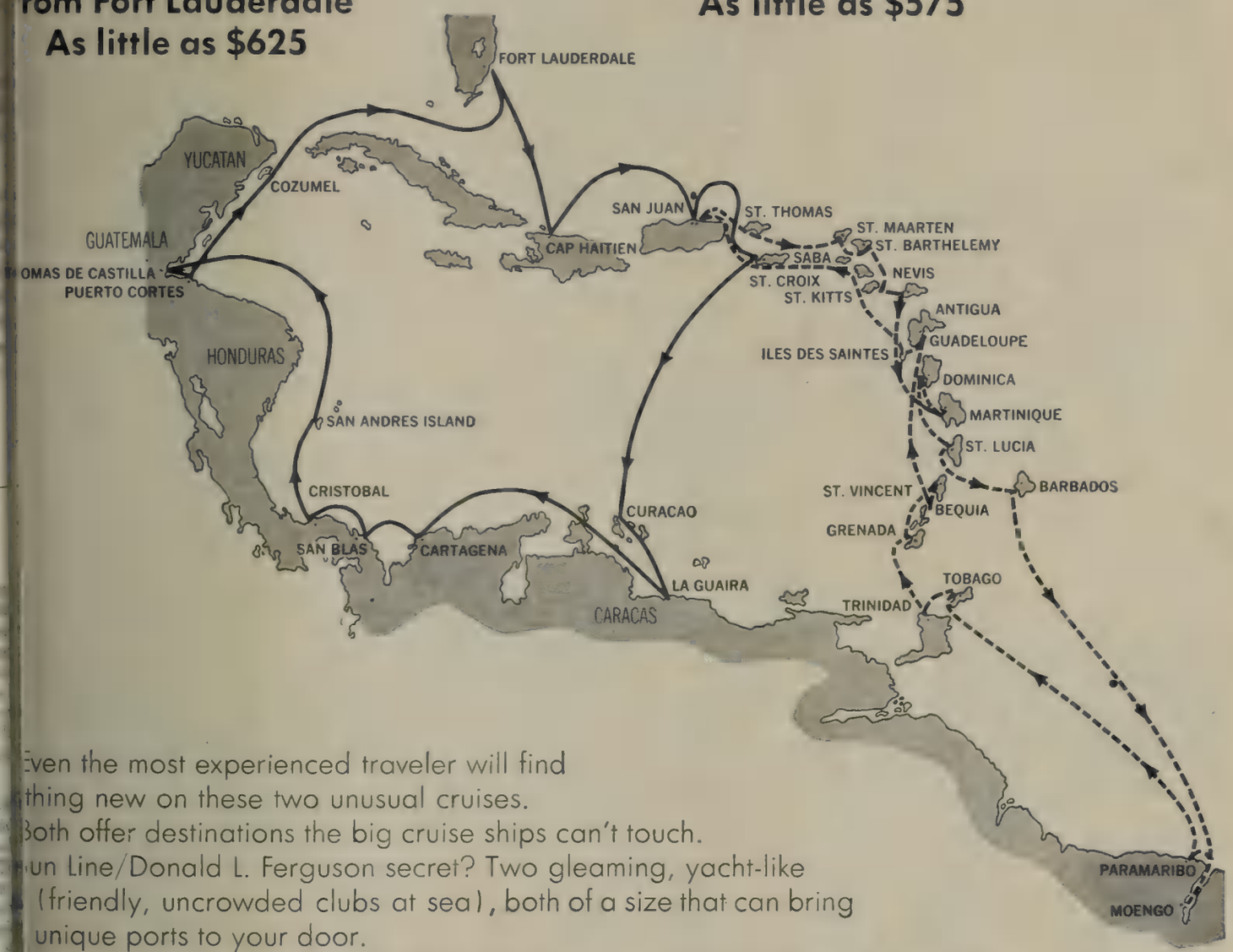

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Both offer destinations the big cruise ships can't touch.
un Line/Donald L. Ferguson secret? Two gleaming, yacht-like
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mming pool and spacious public rooms. All staterooms on both ships have
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'ou'll dine well, in congenial company. Loll under the warm southern sun. Enjoy entertaining
ngs of dancing and galas.
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ake your choice of the best of both Caribbeans. Departure dates for both cruises are:
mber 19, January 9, January 30 and February 20. For more information, call your travel agent,
nd America Line Agencies, Inc. or Donald L. Ferguson Ltd., Coral Gables, Fla. 33134.
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All schools and camps advertised in this directory meet the highest of standards.

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GARDEN CENTER beginning page 252
FINE FOODS CUPBOARD beginning page 168
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Over *Punta Chivato, just north of*

Down to Baj by private pla

Baja California is an exotic land th find surpassingly beautiful and wouldn't cross the street to see. A generally barren, it offers some beaches and lush oases.

Baja isn't noted for roads that a to automobiles and their passeng less you're fond of roughing it i wrenching style, you'll welcome th to see Baja by other means than vate plane is a good alternative.

Here are some general hints for

Documents. On arrival in Mex pilot should have tourist cards fo one aboard the aircraft. The card obtained beforehand at any Mexi sulate or Mexican tourism office

Insurance. Check your policy passenger and aircraft coverage. bility insurance written on a company is recognized by autho proof of ability to respond to da

Ports of entry. All planes enteri ico must first land at an airport Baja has three international air juana, Mexicali, and La Paz.

Dirt runways. Review technique ing such runways. Most runway are unpaved.

Planning. Do plenty of advance Invaluable is the book *Airports California,* by Arnold Senterfit Freeman Publications, 500 Ho San Francisco 94105; $10.95). It and describes 140 Baja airports tails documents and procedures.

On the ground use *Lower Guidebook* by Gerhard and G thur H. Clark Co., Glendale, Cal or Cross's *Baja California, Mex* (Cliff Cross Guidebooks, Box 3 Palm Springs, Calif.; $3.95).

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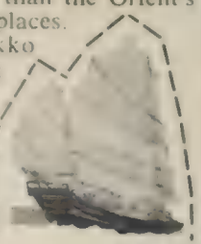

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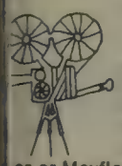

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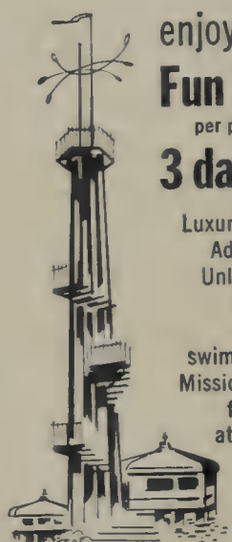

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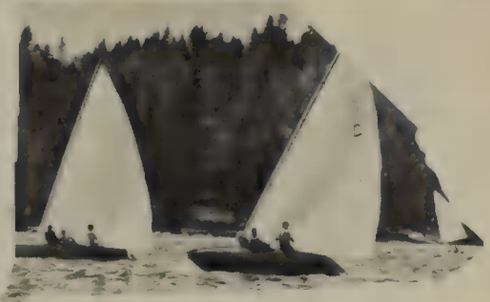

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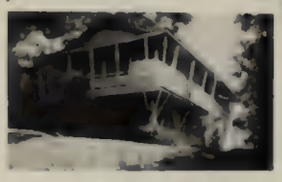

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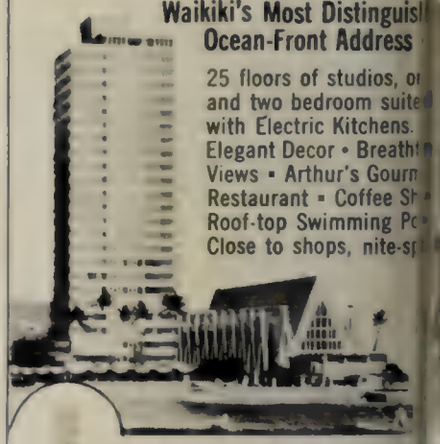

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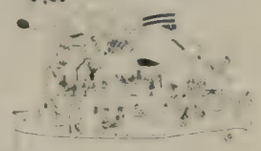

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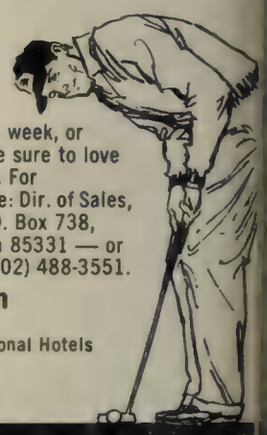

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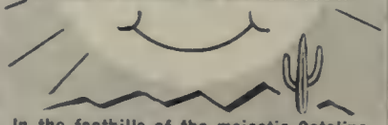

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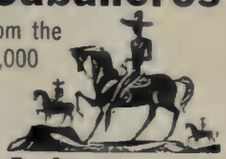

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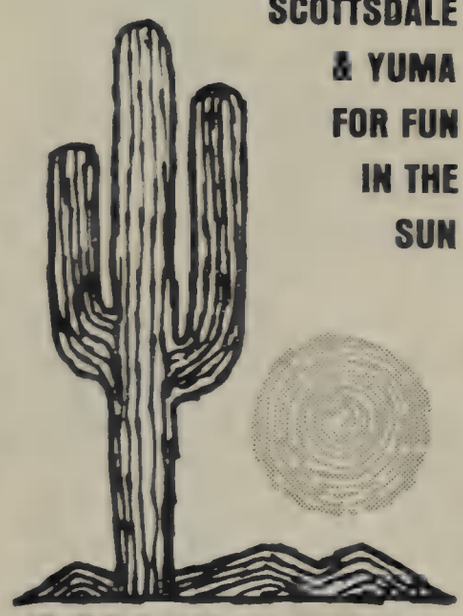

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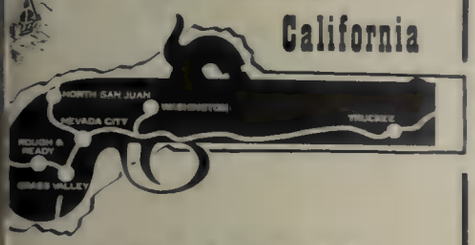

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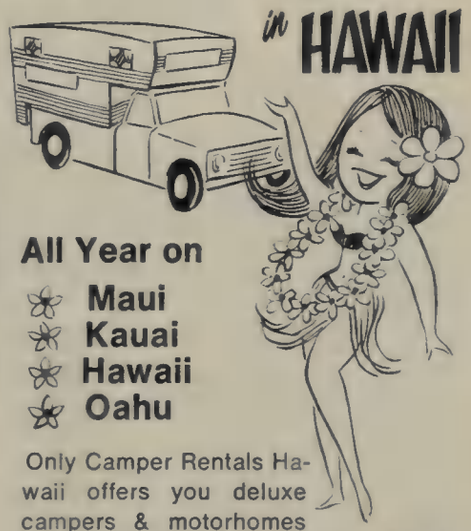

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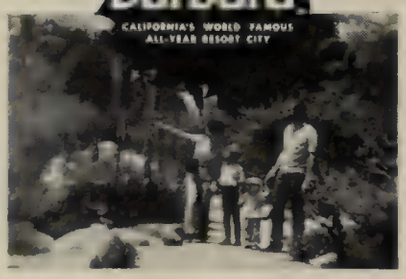

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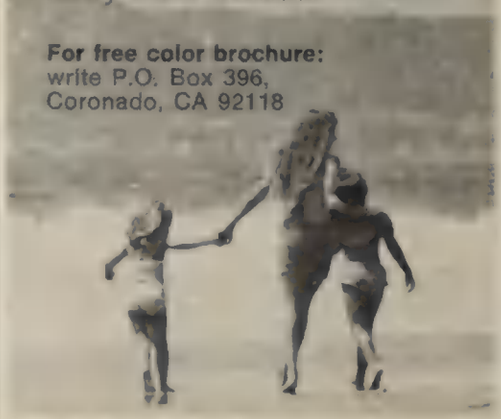

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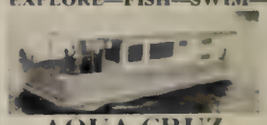

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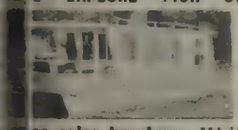

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Hawaii has a friendly toad

There was a time when centipedes were a serious problem in Hawaii. They crawled up men's pants legs, moved between bed sheets, and hid in bathing suits left out to dry.

Thanks to *Bufo marinus*, however, these poisonous creatures no longer pose much of a threat.

The Hawaiian Sugar Planters Association brought the bufo to Hawaii from South America and the West Indies in 1932 to rid sugar cane of destructive pests. Largest true toad in the world, the brownish gray bufo has a 6 to 8-inch-long body and weighs about a pound.

It's essentially a nocturnal animal. Sometimes during rainy weather the bufo can be seen hopping about in the daytime, but usually he hides under rocks and trees and waits until dusk to come out to feed. He flips out the sticky back part of his tongue to capture hapless insects.

You may be startled when you stumble on this homely fellow, but he won't hurt you. If you have a small dog, however, make sure that he doesn't try to catch the toad: When a bufo is frightened, large glands behind each ear secrete a poisonous substance that affects the mucous glands and can kill small animals. The mongoose, the bufo's main predator, is immune to the poison. (If you handle the toad, don't rub your eyes—irritation could result.)

Bufo marinus *is Hawaii's friendly toad, but this young man is somewhat skeptical*

Entrance *to Lavra of Pechersky dips under old Church of the Trinity*

The southern city of Kiev

A Russian who shared a train compartment with three of us but spoke no English gave us a preview. He moved his fingers rapidly over his knees and said, "Moskva" (Moscow). Then he made the fingers walk slowly: "Kiev."

Kiev (pronounced *Kee*-yef) doesn't overwhelm with any single attraction like Moscow's Kremlin or Leningrad's Hermitage. It is softly southern compared to the two larger cities. It bears some resemblance to Lisbon, green and well gardened, on a hill overlooking a broad river busy with boat traffic.

South of Moscow by an overnight train ride or a 1½-hour plane flight, Kiev is Russia's oldest large city (about 1½ million people today). A crossroads location on the Dnieper River where northern forest gives way to wide open steppes helped establish it as the capital of Old Russia around 1,000 years ago.

Mongols destroyed Kiev in 1240. The Nazis sacked it again and also killed or deported about 300,000 residents when they occupied the city for more than two years during World War II. But in the last 25 years, Kiev has rebuilt rapidly; its chestnut trees have grown; its vines and flower gardens are among the lushest in the U.S.S.R.

Most celebrated relics of its early history are the crumbling tenth century Golde Gate (in long-gone Yaroslav's wall), th eleventh century Saint Sophia's Cathe dral, and the eleventh and twelfth centur buildings and caves of the Lavra, or mon astery, of Pechersky. But the moder city of Kiev has broad avenues like Kre chatik, almost doubled in width for mor greenery after World War II; and She chenko with a poplar-lined pedestrian wa down its middle. Kiev is also proud o its Metro built in 1960, a subway wit just one line about 15 miles long.

From a viewpoint on Vladimir's hill on can look across the Dnieper to a sand beach dotted with swimmers in summe but covered by an overflowing river i winter. A little north of this viewpoint, funicular descends to the port and ol town on the river's west bank.

Capital of the Ukraine, second largest r public in the U.S.S.R., Kiev seems t preserve a certain independence from th rest of the country and perhaps a tiny b more freedom of thought and action. I leading hero (after Lenin) is poet Tar Shevchenko, whose statue stands in square opposite the main building of Ki University. He is revered both as th father of Ukrainian literature and also a democrat who openly opposed Cz Nicholas I.

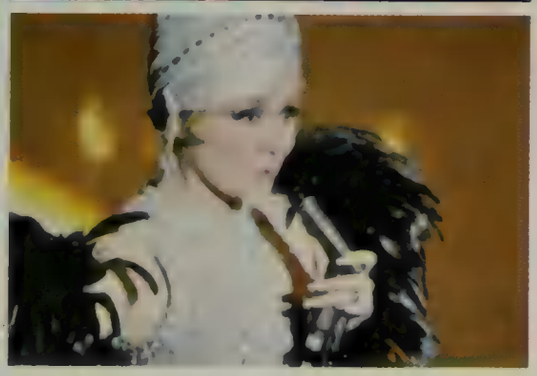
Right now the only detailed and almo up-to-date guidebook information on Ki is a 34-page section in *Nagel's Tra Guide U.S.S.R.* (McGraw-Hill, New Yor 1965; $8.95). However, most U.S. visito will come to Kiev under the auspices of I tourist, official government travel agenc which has extremely well-informed guid for group or individual sightseeing.

Intourist can arrange a side trip fro Moscow to Kiev in advance or after y arrive in Moscow provided that acco modations are open. One 24-hour packa trip available this summer for about $ (an option on Alaska Airlines' two-we Russian tour) included going by ov night train, all meals, sightseeing, a return by plane. Your hotel will probal be the medium-sized Intourist Hotel Lenin Street—until completion of the n one on Lenin Komsomols Square.

Nagel's Guide recommends a three-d stay. We'd say that it should be at le overnight.

Gold-topped *domes punctuate the skyline view south from Vladimir's Hill*

Is Nevada great for entertainment?



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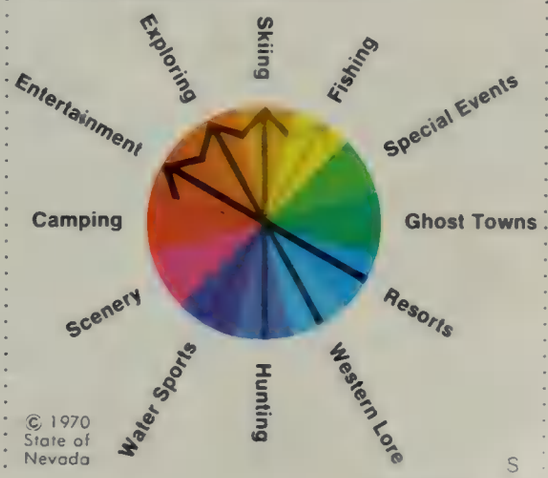

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Students eat lunch, *relax by Manoa Stream in peaceful Japanese garden. Cafeteria is behind in Jefferson Hall*

Stream cascades *over rocks in one of three waterfalls. Path above leads to pavilion*

The garden at the East-West Center

A first rate Japanese garden and an authentic Thai pavilion—both gifts—are worth special notice on any visit to Honolulu's East-West Center, which celebrates its 10th anniversary this year.

The garden, donated by Japanese businessmen in 1963, is now a mature landscape along Manoa Stream and helps to unify the center's buildings on its site next to the University of Hawaii. Landscape architect Kenzo Ogata adapted a formal garden to the stream banks and used warm-temperate-zone plants instead of many traditionally used in Japan.

You can walk through the garden on your own any time. During the tour of the center that starts from Jefferson Hall every weekday at 2:30 P.M., a guide explains the symbolism of the garden.

The stream flows down three levels (mountains, plains, sea); its curving line is a stylized version of the Japanese character for heart. The carp in the water represent valor in their persistent fight upstream.

Notice the pagoda on the top level and two stone lanterns—one is more than 400 years old. Among the more unusual plants is a willow cut by Emperor Hirohito on the Imperial Palace grounds.

The colorful pavilion pictured below was a gift from the King of Thailand.

Red and gold *Thai pavilion adjacent to garden is popular meeting place for students*

Marble pathway *runs along roof of cathedral nave. Walkers move through a forest of marble pinnacles*

Lofty campanile *of San Gottardo, close by the Duomo was built around 1336. Tower looks round, is actually octagonal*

Milan offers its visitors a 14th century walk in the sky

"A transparent marble mountain," it been called. Its decorated flying buttre are tipped with marble spires, each mou ing a statue, 135 in all. The Cathedra Milan, the *Duomo*, is the most elaborat decorated church in Europe. Possi 2,245 marble statues decorate its exter and over 1,000 are inside. (No two co quite agree.)

The church has been controversial f

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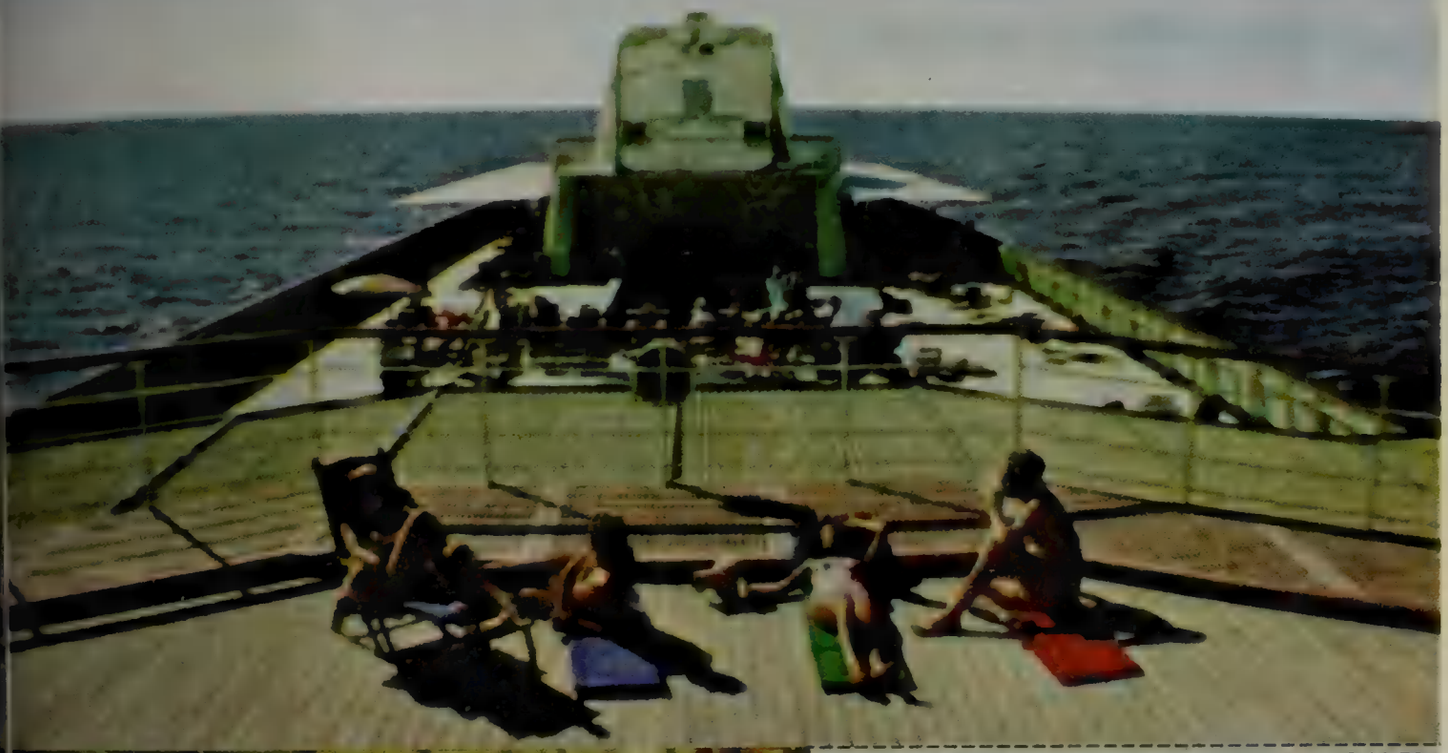

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ffic swirls *around the great Piazza Duomo, which is the crossroads of downtown Milan*

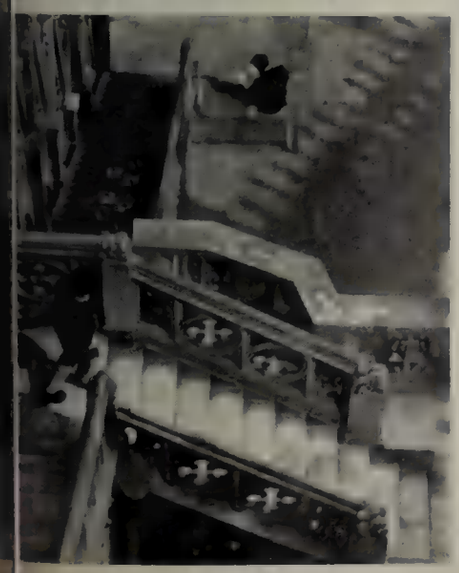
first years, 1386 to 1401, when the de- was hammered out, with innovative nch and German masters proposing, l more conservative Italians disposing.

at resulted was a cathedral both im- ase in size (the world's third largest rch) and unusual in plan. Its curi- ly squat form came about perhaps ause the Italians would not go along h the northern Europeans' radically nave concepts.

o small elevators take visitors up to roof of the Duomo for the unusual erience of exploring Italy's largest hic building from the top down.

ple with fear of heights needn't ry; the paths stay well back from the es, although you can crowd close to k down and around Milan. This is the 's great vantage point. Milan is laid below you, and on a clear day you even see the Alps.

ble stairs *take roof walkers down. good days visitors like to sit, read*



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The **University of California** at Berkeley has a new art museum. It's more than a building, it's a sculpture in itself. Unfinished concrete inside and out, its appearance is chameleon: From the front exterior it might resemble to you the stark, irregular walls of a Nevada canyon. From another angle it is a slick, hard-edged, ultramodern urban structure. Inside, it is a mélange of jutting balconies, staggered levels, interesting angles, open galleries and ramps, all arranged around an open central gallery.

The architect, Mario J. Ciampi of San Francisco, admits to disliking stairways, and has placed the museum's stairs discreetly out of the way. The open ramps that lead from level to level keep you always near the center of things, and let you take in what's happening on several levels simultaneously.

Some *Sunset* staffers and their children explored the new museum as finishing touches were being added. The youngsters had a great time running up and down ramps, hiding in corners, peering over balconies. Their parents remarked on the paradoxical impressions of mazelike complexity and austere simplicity the building generates.

The building, on Bancroft Way across from Hearst Gymnasium, opens to the public on November 7, with official ribbon-cutting ceremonies at 2 P.M. The first show (through January 9) is "Excellence," an exhibit featuring painting and sculpture from antiquity to the present. Also, in the Hans Hoffman wing, donated by and named for that modern artist, the museum's permanent collection of his works will be on display.

Museum hours are 3 to 9 P.M. on opening day; 9 A.M. to 9 P.M. on November 8; 11 to 5 on November 9; and thereafter, 11 to 5 daily except Monday, with late closing (9 P.M.) each Tuesday and Thursday.

Many levels *can be seen at once. Painting by Walter Gaudnek*

JOHN REGISTER

A new angle *on sculpture below*

Back view: *like a concrete fan*

The new museum in Berkeley is itself a work of concrete sculpture

It will open to the public November 7

Fifth Avenue *is two blocks of shops, galleries, restaurants*

GLENN CHRISTIANSEN

Graceful swans *glide on man-made lagoon fronting the library at new Civic Center complex*

DON NORM

Free-form *swimming pool at Paolo Soleri's studio is shaded by massive concrete dome. Studio is open daily*

Arizona's Scottsdale offers surprises

Scottsdale's face is changing. Arizona's plush desert resort community, still self-labeled "The West's Most Western Town," is now the state's third largest city. Visitors who haven't been there for a while will discover a few surprises.

It's difficult now to know just where Phoenix ends and Scottsdale begins. Roughly, it lies just east of the valley's best-known landmark, Camelback Mountain, and extends to the Salt River Indian Reservation's western boundary. On

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GLENN CHRISTIANSEN

Shopper's daughter *tries her hand at deep-voiced Pueblo drum. Kachinas line walls at House of the Six Directions*

the south it reaches to Tempe; on the northeast, to the McDowell Mountains.

Despite its meteoric growth, Scottsdale's primary attractions for visitors remain much the same: luxurious resorts, balmy winter weather, and a dramatic desert setting where vast expanses of open country are punctuated with lone buttes and backdropped by rugged mountain ranges.

OLD TOWN

A recent census shows Scottsdale's horse population to be about 7,000. For many visitors, jeans, boots, and cowboy hats are first purchases. Downtown streets are lined with frontier-style, covered-veranda buildings resembling Western movie sets are carefully preserved and designated "Old Town Scottsdale."

The shopping is Indian, Mexican, handicrafts

Siamese *seems unimpressed by visit to Design Gallery. Plastic object at right is armless chair*

DON NORMARK

Bounded by Second Street on the south Indian School Road on the north, 68th Street on the west, and Brown Avenue on the east, Old Town is a good place to shop for Western apparel and for Indian rugs, baskets, and pottery. The work of Western artists fills several galleries. Ted De Grazia's canvases ($1,200, unframed) brighten a bookstore window. Old Town has several good restaurants, including the well known Lulu Belle's.

CIVIC CENTER

Just two blocks east, on a 12-acre, four-block-long site, are the handsome new city hall and public library. Bennie Gonzales designed these gleaming monolithic structures, softening the clean, modern lines in a way that recalls Spanish adobe architecture. Buildings have angled, stained glass skylights that provide an ever-changing shower of colors on interior walls as the sun moves overhead.

Rising above one end of the lagoon that fronts and divides the buildings is Dan Wright's welded steel abstract sculpture *Don Quixote*. Near the walkway over the water is a multilayered abstract Children's Fountain and John Waddell's appealing statue of *Mother and Child*. Visitors are free to wander around the grounds. The city hall is open Monday through Friday; the library is open on Saturday also.

Architect Gonzales is now at work on a downtown redevelopment project for the few blocks separating Civic Center from Old Town, to bridge the architectural gap.

FIFTH AVENUE

West off Scottsdale Road (the main thoroughfare) and a little farther north is Fifth Avenue. Only two blocks long, it has more than a hundred shops, art galleries, and restaurants.

Kiva Plaza, the craftsmen's court, is at the end of the first block. Benches in the landscaped courtyard offer tired strollers a welcome rest. The splashing water in the fountain is perfumed (smell and appl don't drink). Glassart Studio (designe of the stained glass in the Civic Cente leather shops, and handwoven fab stores are part of this artisans' center.

WHAT TO SEE AND DO

Horses and horse events. Cross-count riding in the desert is a favorite activi of vacationers, and chuck wagon brea fasts and evening steak-fries are an e sential part of the fun. (See the clas fied telephone directory for commerc stables. Many resorts maintain stables will arrange for horses for their guest

Fast-moving polo games take place at P.M. each Sunday, November throu May, in a spectacular outdoor settin

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admission is $1 for adults, 50 cents for children. Take Scottsdale Road north to Shea Boulevard and follow the signs to the ABC Ranch, 9501 E. Cactus Road.

Racing, rodeos, and horse shows take place during the winter season.

Golf, tennis, swimming. Most motels are equipped with pools, and larger resorts also provide for tennis and golf. Scottsdale has eight golf courses, half of them near Camelback and one on the Indian reservation. Some are available only to guests; others are public.

Architectural studios. Frank Lloyd Wright's Taliesin West is open to visitors year-around. Hours are 10 A.M. to 3 P.M. Monday through Saturday, noon to 3 P.M. Sunday. Admission ($1) includes a tour of the main buildings. Drive north on Scottsdale Road to Shea Boulevard, east to 108th Street, then north to Taliesin.

Paolo Soleri's studio is open daily from sunrise to sunset. A $1 contribution allows you to walk through the workshops and innovative earth and concrete structures. Soleri's cast ceramic and metal be are displayed for sale to the left of t entrance. Take Scottsdale Road north Double Tree Ranch Road, turn left, a drive about a mile farther.

Entertainment. A monthly calendar events, *Arizona Guide*, is found in m motel rooms. This publication lists ma restaurants and hotels in the area.

One new and unusual restaurant is D Anderson's Other Place on Lincoln Dri near Camelback, with peacocks on t patio and a 3-foot wine list. Fifteen mi farther north (on the way to Carefr are two steak houses, Pinnacle Peak a Reata Pass. Try to arrive before suns the view is well worth it.

WHEN TO GO

This month is the beginning of Scot dale's prime season. The greatest influx tourists starts around mid-December: wider choice of accommodations at lo prices is available before then. Write the Chamber of Commerce, 102 W. M St., Scottsdale 85251, for a hotel listin

DON NORMARK

Strolling guitarist *and desert setting heighten the Western atmosphere of an informal outdoor meal*

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Today, visitors from around the world stand in awe at the base of Yosemite Falls. And countless others make plans to spend a day, or even a week, in California's most spectacular country.

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No one can own Yosemite, or any of the nation's other natural wonders. Occasionally, property near one of these great spectacles becomes available. And Pine Mountain Lake is one of those rare properties. But location isn't the only thing that makes Pine Mountain Lake desirable.

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The price of land at Pine Mountain Lake starts at $4,950. That's not exactly a giveaway, but the day may come when land at Pine Mountain Lake will be as scarce as homesites in Yosemite.

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The hostesses are wearing traditional Chinese dresses. A toast, with Shao Shing, a delicious rice wine. They offer you reading matter. Of course there's the usual magazines, but there's also Tang Dynasty poetry, a book of proverbs, even a recipe book featuring the food of the Dynasties.

And the food is very special. Rather than list the menu, which is Chinese food fit for an emperor, we'll just say that occasionally in life one senses he is close to greatness. Mealtime in the Tang Dynasty is one of those times.

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ing at the moon and cherishing
ights of a distant friend (Chang Chu Ling)

ve the sea the bright moon is born
n the horizon it lights up the whole length of heaven.
sionately I mourn your absence throughout the night
ight long my loving thoughts arise
out my candle in compassion for the light of the moon
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Every Sunday afternoon near Pomona you can watch the elegant Arabians in action

Flashing manes and jaunty tails grace the high-stepping performers in a show that has had one of the longest runs in Southern California: the Arabian horse show held every Sunday afternoon at Cal Poly near Pomona most of the year (but not in the summer or during December).

Riders and handlers are students at the nation's only college with a Department of Arabian Horses. The shows began in 1925, when the campus was still the Kellogg ranch, and are still going on as the department continues to be a center of Arabian horse breeding and research.

Young ladies in proper English riding habit show the Arabian as English park horse; another in sumptuous red robes rides a horse decked out in intricate Arab caparison. The climax of the entertainment belongs to Tezadi, who is trained to

Fcall *the Arabians' trained skill, the real show stopper is young stallion Couronek running with pure grace*

JAMES M. KOSKI

Jumping demonstration *is one of routines that students exhibit in Sunday afternoon shows at Cal Poly ring*

count, to play the living rocking horse, to walk a banister, and to do other feats astonishing for a creature of his bulk.

You will also learn such things about horsemanship as the differences between gaits and the subtleties of dressage. Arabian horsemanship is more versatile than most, for these animals learn the routines of show horse, jumper, working cattle horse, trail horse, saddle horse, and harness horse. An exceptionally accomplish Arabian might compete in all six of the in formal shows that can run to mo than 70 classes.

Beyond his performance ability, the Ar bian horse himself is different from oth breeds, though his bloodlines course many of them, such as the thoroughbre He is slightly smaller than most, with long neck and more tapered head. H

After the show *you may visit the performers face to face. Despite their spirit, Arabians are gentle creatures*

JAMES M. KOSKI

Stock horse *routine. This abrupt braking is part of horse's training in working cattle*

Trail horse *routine. Horse must learn to place rider so he can first open, then close gate*

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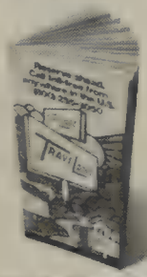

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JAMES M. K

Show buggy: *Arabians must also learn to work in harness. Picture taken at Brierwood Farms*

back is shorter—with one fewer vert than others—making him slightly n maneuverable. Nostril and lung capac are greater, so he has exceptional en ance in distance and at high altitude. bian horsemen consider him intelli and well mannered.

Shows begin at 2 and 3:30 P.M. To g the area, take the Kellogg Drive south from the San Bernardino Free then follow the horse show signs. Ad sion is 75 cents for adults, 25 cent children from 6 to 12 years of age.

In addition to having a record nu of cars, the Los Angeles area also America's largest horse count: more 100,000. And though the Arabian never been a common horse (average is $2,500), his numbers are growing. T are now some 50,000 in America a fifth of these are in California—more in all of Arabia.

You can see some of them at ra scattered throughout Southern Calif and some of the larger of these ra invite you in.

None has regularly scheduled per ances, but you may see horses bein ercised and trained. The animals volunteer the action: We saw one at play taking turns rolling an oil across a field with their noses. Or might just take off at a run out of exuberance.

One ranch, on Santa Catalina Isla a stop on the inland sightseeing bu out of Avalon (every day at 9 A.M.). are locations of others and tele numbers so you can inquire about vi hours and road directions:

Greengate Farms, San Luis Obispo (805) 544-4569

Varian Arabians, Arroyo Grande (805) 489-5802

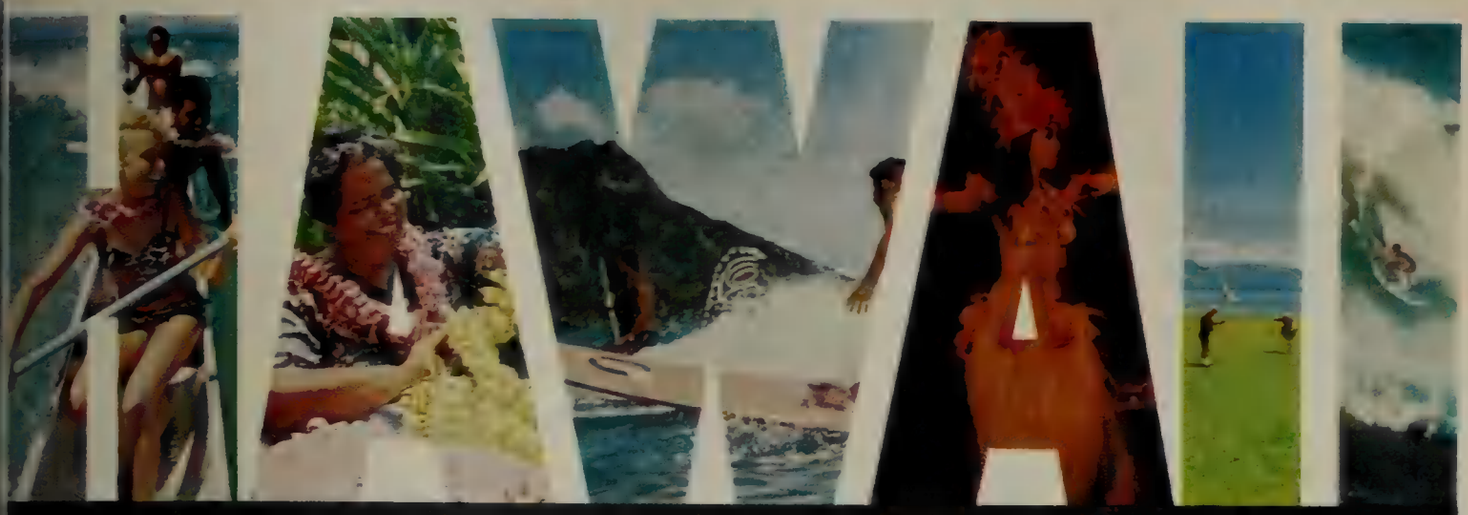
Brierwood Farms, Solvang (805) 688-41

Sol de Villa Ranch, La Puente (213) 964-2130

McCoy Farm, Chino (714) 628-8805

T P Ranch, Colton (714) 684-9444

Elsinore Arabian Stud Farm, Elsinore (714) 678-2062



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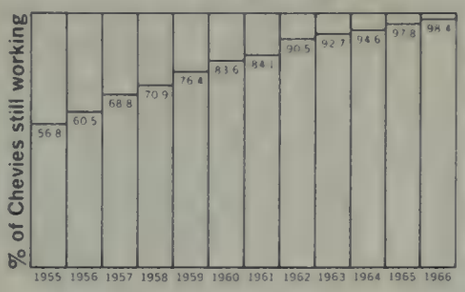

Official figures, based on R. L. Polk & Co. statistics, show how Chevies outlast other trucks. Going back as far as 1955, for example, over 56% of the Chevies of that model year are still on the job. No competitive make has as many as half of its '55 models still working.

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A historic district gets saved from both "progress" and neglect

Concrete-imbedded *marker in Red Dog cemetery tells of Little Willie, who fell into a flume in 1864*

Often a group formed in response to one threat finds itself involved with other citizens in other worthwhile community actions. Such is the case with the Colfax Highway Association in California's Gold Country.

To show us what the association has done and is doing, Joe Ruess, a wiry, gray-haired landscape architect who is the group's executive secretary, took us on a tour of its territory. The territory is Cal fornia Highway 174 between Colfax ar Grass Valley, and the land a few miles c either side.

We drove over the 13-mile stretch of roa shaded by oaks and evergreens, meande ing past farmhouses, a few orchards, sma settlements, pastureland, and woodlan It follows the route of a toll road used the early 1900's. In 1930 this had becon

GERALD FREDRI

Deteriorating *old Bourne "cottage" (as they called it) at Empire Mine, the association is seeking ways to have the state assume its care*

Rambling, *two-lane Colfax Highway crosses Bear River and a parallel flume here on its way north to Grass Valley. The association persuaded the state to let it be*

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the first official county road in Nevada County.

A plan to modernize the old rural road led to the association's formation: In the fall of 1967, a newspaper report listed State 174 as slated for general widening and realignment. This galvanized a number of residents into banding together to try to keep their road essentially as it was.

By January, 77 residents had joined, a constitution and bylaws had been approved, and the new group was gaining considerable support. It presented a strong case to the State Highway Commission. Impressed by the near-unanimity of local opinion and the logic of the arguments the commission took the widening-realignment project off the official list.

"That was just the start," said Mr. Ruess. "We had learned how effective joint action could be in community matters. We persuaded the county to set up a County Landmark Commission, and we've been busy helping to catalog the points of historic interest in the county: an Indian camp, old mines, pioneer schools. The commission is casting bronze markers to be set in concrete at these sites, to be numbered and keyed to a brochure."

Red Dog. One member, Lyle White, has spent well over a decade of research on the old hydraulic mining areas of Red Dog and You Bet; he can point out the exact location of every important building in the once-flourishing town of Red Dog. He has rescued from the intrusion of brush and brambles the old Red Dog cemetery, and with the Mother Lode Bottle Club is working to protect the marble headstones from vandalism.

We drove to Red Dog over narrow, bumpy gravel roads, walked among the graves and saw how the few remaining headstones were being secured.

"Then there's the planting project," Mr. Ruess said as we wound north and west toward Grass Valley. This is his pride. In the association's newsletter, members are encouraged to plant trees to add fall color to gardens and fields, especially where the results will be visible from the highway. Some 2,000 trees and shrubs have been planted already.

Empire Mine. We skirted Grass Valley and were escorted onto the private Empire Mine property. Here we admired the mansion pictured on page 52 and its neglected gardens. The association is seeking ways to save the old property from malicious damage and the ravages of time; the hope is to bring it eventually into the state park system.

And the current newsletter speaks of other projects of this busy group: sponsor political meetings; press the Board of Supervisors to set up and maintain roadside rests; suggest tax-incentive plans for home, farm, and forest improvement; and be alert to water pollution problems.

The new Toyota Corolla. Some people find the left rear window its most beautiful feature.

$1798.* That's the beauty mark you'll find on the sticker of every Corolla Sedan. But the sedan is just one version of a beautiful Corolla price.

Two other Corollas have left rear windows that are just as appealing. The sporty Corolla Fastback at $1918.* The roomy Corolla Wagon at a mere $1958.*

Yet, as inexpensive as it is, the Toyota Corolla doesn't rely on price alone. It has fully reclining bucket seats. It has thick wall-to-wall nylon carpeting. It has an all-vinyl interior. To make it all the more beautiful.

But one of the most beautiful surprises in the Toyota Corolla is the amount of legroom. There's not an economy car around that comes close.

As for being practical, the Toyota Corolla does a beautiful job there, too. With carpets that snap in and out so you can clean them easily. With front disc brakes for safer stopping. With undercoating to prevent rust, corrosion and noise. With unit construction and a lined trunk to prevent rattles and squeaks. And with a very practical sealed lubrication system to end chassis lubes forever.

An economy car that comes loaded. That's the real beauty of the Toyota Corolla.

And with the beautiful price of $1798,* we can't blame you for being attracted to the left rear window.

TOYOTA
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*facturer's suggested retail price. Accessories, options, dealer preparation, freight and taxes extra.

Livestock auctions...weekly or oftener...in 39 Northern California towns

Horsemen *guide a yearling into the auction ring*

Stockmen *recall good deals from past sessions between offerings*

Weekly livestock auctions help to determine the price and supply of meat for California dinner tables. Stockmen come to them to transact business, exchange gossip, and enjoy the tangible pleasure of bidding a shrewd deal among a cadre of savvy onlookers in the ritual of the auction. But anyone can attend and can also participate in the bidding.

In the dusty towns dotting the fertil sweep of the San Joaquin and Sacrament valleys, in the grazing and timber com munities of California's far north, and o the fringes of the populous Bay Are stockmen and their families come to tow for the market. The wives shop, in th

Expressionless buyers *determine fate of milling sheep at California Livestock Market in Dixon*

GERALD FREDRICK

r the woods or on the road, the best urroundings are steel.

In ne Superior Motor Home, you're su ounded by steel girders above, be w, front, back and either side.

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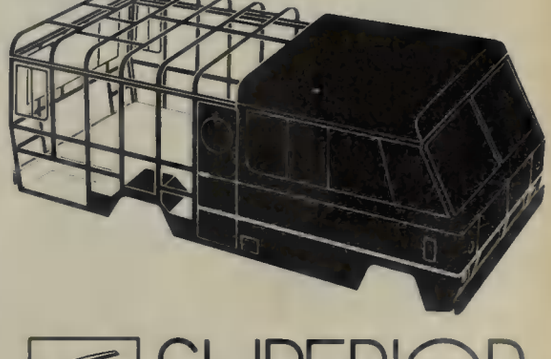

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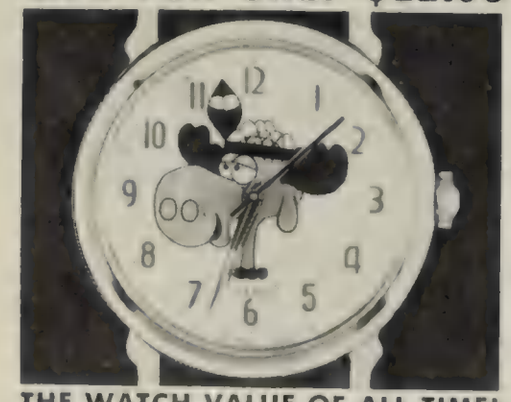

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(Signature of editor, publisher, business manager, or owner) L. W. LANE, JR.

summer the children cool off in the municipal plunge, while stockmen, restaurateurs, growers, and meatpackers gather to gauge the value of the hogs, beef and lamb.

Bidding is open to anyone. Unless you have participated in an auction before it is best to talk to the manager of the yard or the auctioneer. He will explain bidding procedures. He may even handle your bid or introduce you to a bidder who can place a fair bid for you.

On a signal horsemen drive animals into the ring. Conversations rise and then are subdued as bidding commences. Sometimes the ring holds 200 head lots; at other times animals are sold singly. They are shown for breeding, feeding, or slaughter. With a wink, a pull on an ear lobe, or a nod, the practiced bidder can catch the auctioneer's attention and not tip off his bid to other interested buyers. Auctions last up to 8 hours, sometimes a shorter time in winter when fewer animals come to market.

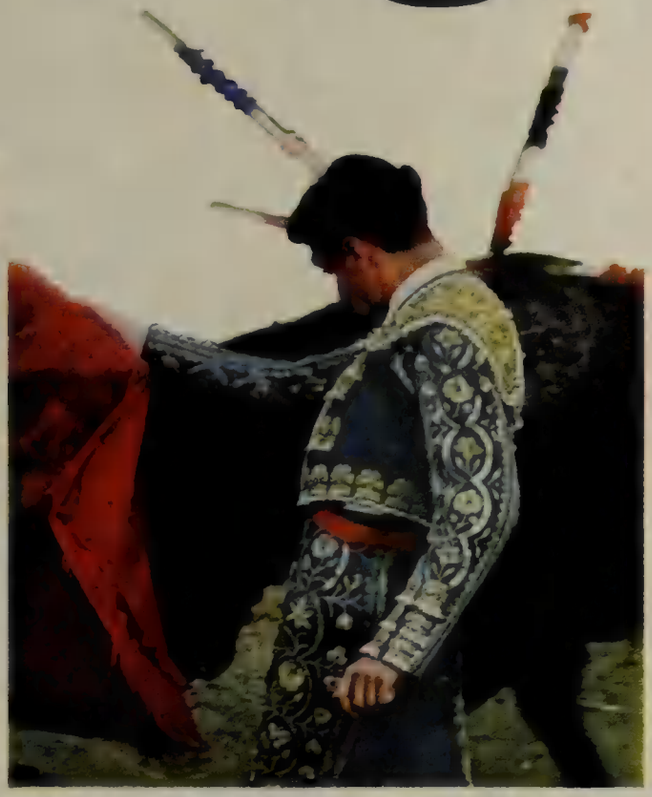
The following northern and central California towns hold livestock auctions

GERALD FREDRICK

Ring man *solicits bids while auctioneer at left rear calls out the going price*

weekly or twice weekly. Look under "Auctioneers" in the yellow pages of the telephone book and call for the time and location. The number after the town indicates there's more than one auction hall. Alturas, Atwater, Chowchilla (2), Cottonwood, Dinuba, Dixon, Dos Palos, Elk Grove, Escalon, Eureka, Fortuna, French Camp, Fresno (2), Galt, Hanford (2), Hayward, Los Banos, Madera, Modesto (3), Newman, Oakdale, Orland (2), Petaluma (2), Red Bluff, Riverbank, Riverdale, Roseville, Salinas, Santa Rosa, Soquel, Stockton, Templeton, Tulare (2), Turlock, Ukiah, Visalia, Williams, Yreka, Yuba City.

San Diego Olé!



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Sunshine, 355 days a year. Beaches, 70 miles long, all uncrowded. Golf, 66 courses, also uncrowded. Fishing, the best.

Wildlife, the San Diego Zoo has the world's largest collection of wild animals. Foreign travel, Mexico, 15 minutes away, complete with duty-free shopping, thoroughbred racing, bullfights, jai alai and more uncrowded beaches.

Back in San Diego, see killer whales and 200 other denizens of the deep do their thing at Sea World on Mission Bay. We have great restaurants and more than 23,000 hotel/motel rooms. San Diego is variety! We're near Disneyland, the desert and forested mountains.

San Diego is the best of California and that's the best of everywhere. If you'd like to escape, write for our free Escape Kit: San Diego Convention and Visitors Bureau, Dept. S-11, 225 Broadway, San Diego, California 92101.

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The place is Irish Beach. It's just 3 hours north of San Francisco. And it's as beautiful a landscape as you'll ever see.

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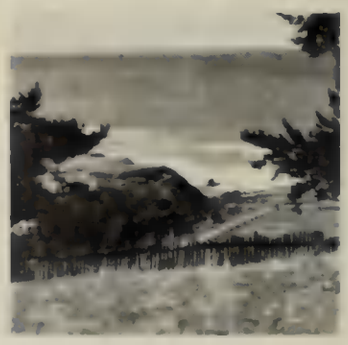

Words are cheaper:

Irish Beach is one of the few remaining pieces of property on the coast available for private sale. It's secluded. The hills are forested, the waves pound on the rocks. There's a private beach, a horse pasture and corral, a lake stocked with trout. And all utilities are underground.

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Before you drive up, we'd like to suggest that you write us. We have a booklet with pictures and full information. Just send this coupon:

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Send coupon to Mendocino Coast Properties
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Museums offer gifts by mail

Latest to appear on the mail-order scen are catalogs published by the country largest art museums and at least one pub lic library. They appeal to people wh seek distinctive gifts and prefer choosin them in their homes rather than copin with holiday traffic and crowded stores

The catalogs list what's available in th institutions' gift shops. As well as th expected Christmas cards, art prints, an books, they describe and often pictu such interesting gift possibilities as scul ture, jewelry, hand-blown glass, engag ment calendars and puppets.

A 25-cent payment is requested for cat logs ordered from The Metropolitan Mu seum of Art, The New York Public Li brary, The Museum of Modern Art, an The Philadelphia Museum of Art. If yo order from the current year's catalo however, you will usually receive the fo lowing year's catalog without charge.

The Metropolitan Museum of Art, (Bo 255, Gracie Station, New York 10028 celebrating its 100th anniversary, offers handsome color catalog. It illustrates r productions of rare American blown glas sculpture, ancient gold and silver jewelr new books and prints, and their 114-pa 1971 engagement calendar.

The Museum of Modern Art (Dept. B- Box 5300, Lenox Hill Station, New Yo 10021) publishes an illustrated 40-pa catalog in color with gift suggestions prices ranging from $2 to $500. New is lucite ball puzzle ($15), a challenging e ercise in geometry called *Triangulati* ($15), and an intriguing battery-operat kinetic sculpture entitled *Float* ($7.95

The New York Public Library Sales Sh (Fifth Ave. and 42nd St., New York 1001 has a catalog of cards and gifts such puppets, canned jigsaw puzzles, and boo marks designed to appeal to children.

The National Gallery of Art (Publicatio Fund, Washington, D.C. 20565) lis books, reproductions, jewelry, and car in its free catalog.

The Philadelphia Museum of Art (B 7646s, Philadelphia 19101) has an int guing selection of Japanese jewelry a sculpture illustrated in its 32-page cat log as well as William Morris and Sch parelli wrapping paper, and a handso Pennsylvania Dutch calendar.

The Los Angeles County Museum of A (5905 Wilshire Blvd., Los Angeles 9003 will send a free brochure describing exhibition catalogs, reproductions, po cards, note cards, 35mm slides, and book

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SIGHT. We not only see what's in the air, we look into it. Examine it. Test it. Make sure it's under established limits.

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Every day of the year, 24 hours a day, that's how we do the senses-taking at Shell. Do it for a pretty good reason, too: to make sure that a refinery can be as good and clean and quiet a neighbor as the next guy. That's all.

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Turn off to fresh Oso Flaco

GERALD FREDRICK

Flag *atop antenna warns other Nipomo Dunes drivers*

In the sand dunes less than a mile from the ocean is Oso Flaco, a willow-flanked fresh-water lake about halfway between San Francisco and Los Angeles. Especially on summer weekends, four-wheel-drive vehicles roar along the dunes around its shore. Other times, when undisturbed, the lake harbors white swans, ducks, and cranes and to its shore come deer, foxes, opossums, and muskrats.

It is the only accessible lake in a series notable for fresh water so close to the ocean. The lake was first recorded in the visit of the Portolá expedition. Even with the dune vehicle traffic it is still feasible to scramble up the lakeshore and picnic atop the dunes. You can also walk across the white waves of sand for half a mile to the productive clam beds south of Pismo Beach.

The lakeshore, leased by San Luis Obispo County, has not been developed for picnicking or overnight stays, and lake water is not pure enough to drink.

From highways 1 and 101, follow the roads mapped at left to Oso Flaco. From the Pismo Beach and Oceano auto ramps drive south on the sand to within half a mile of the lake.

Fisherman *casts for bass at Oso Flaco. Boat was trailered in*

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Miwok mortars and petroglyphs

Within the boundaries of Indian Grindin Rock State Historical Monument is th largest bedrock mortar ever found in th Western United States.

The 40-acre park in California's Mothe Lode country has a 7,700-square-foo limestone outcropping. Scattered over i are 1,158 mortar holes and 363 petroglyp designs. Because of its geological and his torical interest, a replica of the fame rock is on exhibit at the Smithsonian In stitution in Washington, D.C.

Before the Gold Rush, Miwok Indian met here in the fall when the acorns wer ripe. Using the rock and stone pestles a kitchen utensils, they ground nuts, ber ries, and seeds into palatable food. Fro the middens and artifacts discovered it i surmised that many Indians lived here a year.

Since acquisition by the state in 1968 the park has been developed for year around day use (75 cents) and overnigh camping ($2). From the parking lot a easy 260-yard trail leads across a meado to the grinding rock, now fenced to pre vent further abrasion and chipping.

To reach Indian Rock, take State Hig way 88 northeast from Jackson 10 mil to the Pine Grove-Volcano road; turn le and go 1½ miles to the park entrance.

GERALD FREDRICK

Rainwater *makes mirrors of holes once used by Indians to grind nuts, berries*

This is what Hawaii's all about.

This is the Royal Lahaina Resort.

Golden sun, coral sand and water so blue you can't tell where the sky ends and sea begins. Mist-shrouded mountains, lush green fairways, playful spouting whales. And soft warm nights that are made for swimming or swinging. These things are real. And all yours at the Royal Lahaina on Maui.

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Dodge's new Demon brings out the devil in you.

Here comes Dodge's all-new spunky little saver that will really turn you on. It works like a demon . . . plays like a demon . . . and is devilish fun to drive. It's five-people big on the inside. Yet it's compact enough to tool around town and park in just about any parking place you can get into with any other car. And Demon works magic, too, the way both its Six and standard V8 make the miles disappear on regular gas . . . the way it surrounds you with comfort. So if you'd like to add a little spice to your life, see your nearby Dodge Dealer and ask to take a Demon-stration drive. New Dodge Demon for 1971. That's the spirit.

YOU CAN'T AFFORD NOT TO BE DODGE MATERIAL.

Demon

1970 Chrysler Motors Corporation

. **foreign shopper** *feels the wool f a toy llama shown her by a colorfully ressed and capped Peruvian salesgirl*

The various shops bring together from all parts of Peru a wide range of well made products: jewelry, folk art, ceramics, textiles. Of particular note are the textile goods. Alpaca, blankets, hats, embroidered pictures done by Peruvian children, llama rugs, and a wide assortment of ponchos are of high quality and relatively low in cost. For example, a 3 by 5-foot handloomed wall hanging sells for less than $15.

Shopping is done here in grand surroundings. Tambo de Oro was established in a 120-year-old mansion, and the aura of elegance still pervades it. The dining room appointments are a rich combination of Spanish colonial antiques and Peruvian antiques and artifacts. The shops and restaurant are arranged among quiet arcades and open-air courtyards, one of which displays a huge metal sculpture done by Victor Delfin, an important Peruvian sculptor whose workshop is at Tambo.

Since Lima is a major dispersal point for South American travel, the ongoing visitor is quite likely to have a little free time there. Tambo de Oro is only about 30 minutes away from the airport by taxi, bus, or limousine.

Sculptured metal birds *hover outside entrance to Delfin's studio*

One-stop shopping in Lima, Peru

he traveler with only a little time to ıop in a foreign country often faces imosing obstacles when he tries to extend is range beyond what's available in the rport gift shops.

ut in downtown Lima, Peru, half a block om Plaza San Martin, Tambo de Oro ıs eliminated the obstacles. It comprises ? shops, a haute cuisine restaurant, and ıe workshop of a famous sculptor.

ambo de Oro aims to make shopping ısy, comfortable, and elegant for the ırist. Everything has a price—there is ɔ barter—and it can be paid in Ameriın currency. English-speaking clerks are ısily found.

Door *within a door. Visitors enter through an unusual antique entryway*

In textile shop *prospective buyer considers embroidered pillows*

Brass band *plays as cuadrilla enters to salute presidente. Walls and roof shelter grandstand from wind and afternoon sun*

DARROW M. WATT

Tijuana's new ring for *charros, toreros*

The most Mexican spectacle in Tijuana is new this year: a complex of horse ring, restaurant, cantina, theater, and 14 shops around a plaza, out at the Villa Playas beach suburb.

It is called Cortijo (cor-*tee*-ho) San José. Cortijo translates roughly as country house; this one captures the color and activity of a great cattle ranch in Mexico and adds some village flavor. It is busy

Fancy rope work *in charro repertoire, done by bullfighter whose professional name is "El Charro" Gómez*

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It's the Orient. With room to stretch out.

Five times a week a luxurious BOAC 707 leaves San Francisco for Tokyo and Hong Kong. Take one.

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It's British service. Very gratifying.

With BOAC, you'll appreciate service in the British tradition. A Chief Steward is in charge of your care and our stewardesses. You'll find your call button answered promptly and politely, your meals served deftly, with everything just right.

It's a new Terminal at JFK. Ours.

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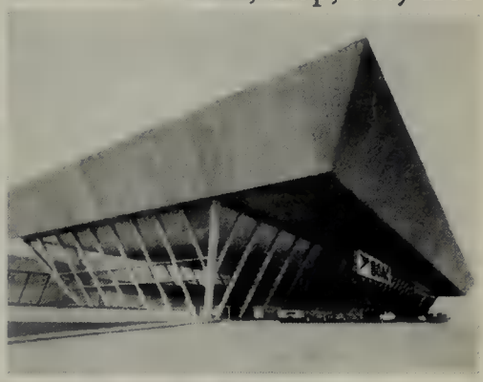

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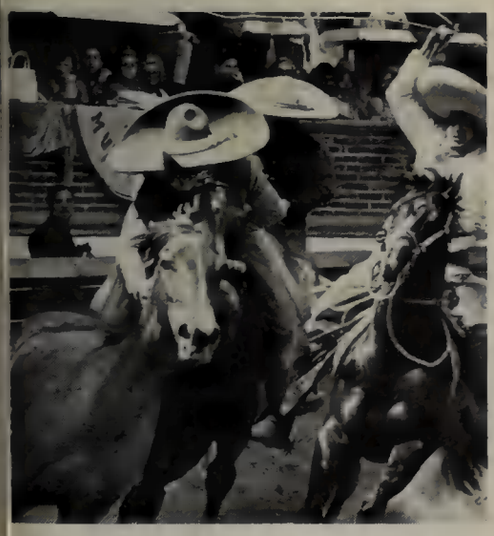
DARROW M. WATT

Charro *and friend in gaily frescoed plaza*

all week as a school and practice ring for charros (Mexican riders, whose style is different from ours) and for bullfighters. You may watch—or enroll—any time.

The big action occurs on weekends with the full charro performance and a bloodless bullfight demonstration. The show starts at 2 P.M., although the related activity begins much earlier. Admission is $2 for adults, $1 for children 6 to 12, free for children under 6. Occasionally special events may cost more, or the plaza may close from time to time; to check before setting out, telephone the Cortijo San José at either (903) DU 5-7921 or DU 5-9552.

From downtown Tijuana, take Second Street westward to the beach, where a sign will direct you.



Paso de Muerte. *Objective is to move from bareback horse with reins to bareback horse without—and survive*

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The changing face of San Francisco Bay

A comeback has begun at San Francisco Bay. On these pages we list places where you can get to the water's edge. Some are new. Some will surprise you

Four and a half million people live around San Francisco Bay now, and in 30 years there will be twice that many.

In Europe where cities are so fortunate as to have water beside them, the shore usually is lined with fine hotels and public buildings, boulevards, and beaches. Not so here. Until recently, man has approached San Francisco Bay mainly to throw something in. From Gold Rush times the shore has been given over to commerce and to mud.

But that attitude may be changing. On these pages you will see what has begun to happen. The accomplishment is small now, but for each finished project there is a finished plan to extend the good work.

AN EXPERIMENT IN REGIONALISM

The people of the Bay cities now and in the future need the beauty and diversion that the shoreline might offer. But as multitudes moved westward during and after World War II, the first thought of

DARROW M. WATT

Along the dike *of Lower Tubbs Island on San Pablo Bay three cyclists circle marshes looking for water birds*

Two girls *and a bucket beside the water at Keller's Beach in Richmond*

A dog *and his mistress enjoy a boardwalk stroll at Palo Alto Baylands*

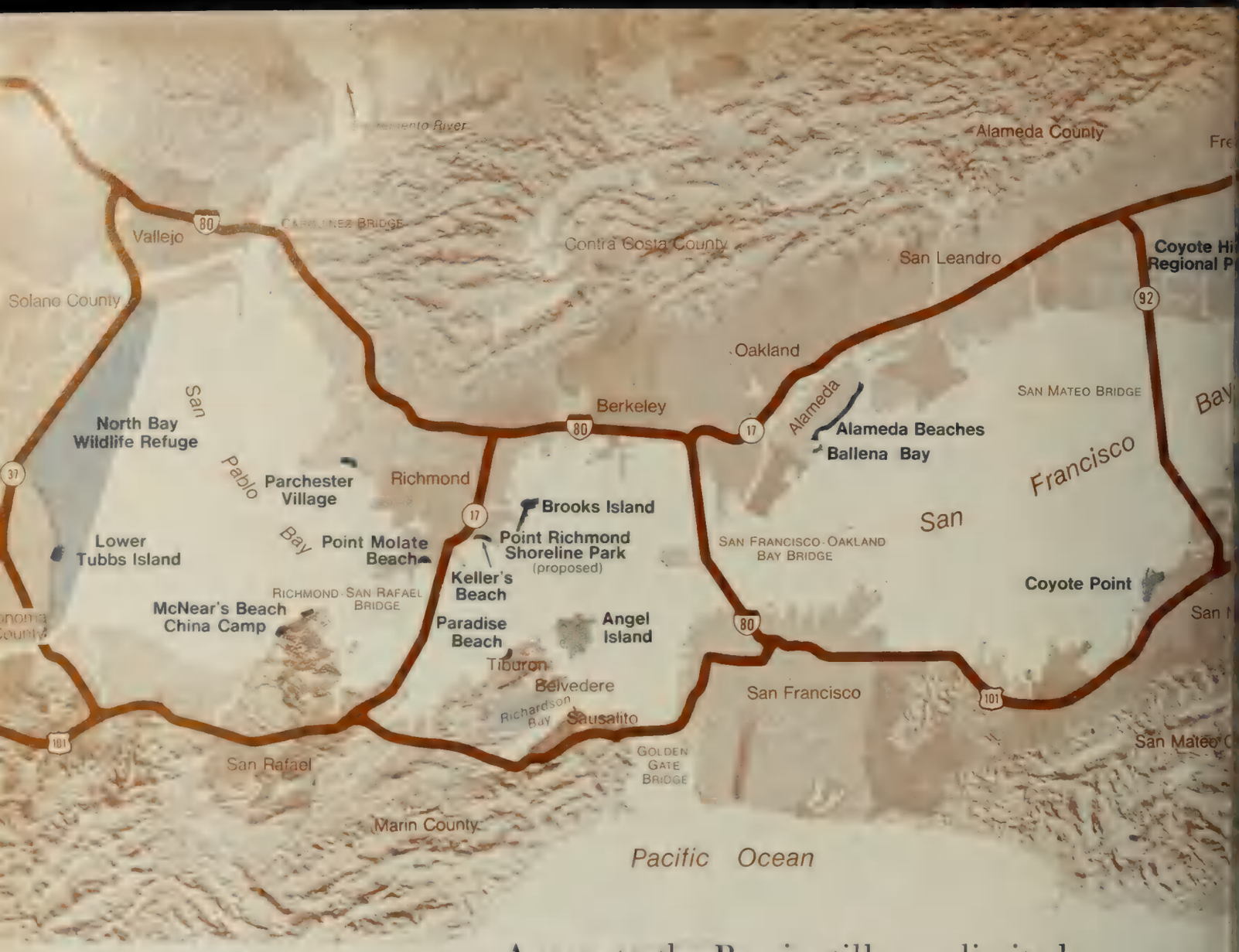
GLENN CHRISTIANSEN

the Bay communities was to house them and give them work.

The narrow strip of land between the water and the mountains seemed inadequate, and each town, city, and county began expanding into the shallow water to find space for houses and factories. There was a kind of frenzy of filling. San Bruno mountain near San Francisco was to be cut down and thrown into the Bay. Berkeley on the east shore planned to double its size by filling halfway to San Francisco. And finally someone worried.

The Berkeley project appalled Mrs. Clark Kerr, whose husband was then president of the University of California. The protests begun by her and her friends have led to a continuing experiment in regional government that has already shown many signs of success.

The McAteer-Petris Act of 1965 created the Bay Conservation and Development Commission, or BCDC, as a temporary



Access to the Bay is still very limited. Here is where you can reach the water's edge

commission to prepare a master plan for the Bay. The commission was given the power to regulate all filling and dredging until the plan was ready and had been considered by the governor and legislature. Last year the plan was submitted and the BCDC was made permanent.

Within its own territory the BCDC has proved a marvel of efficiency. It produced a group of model plan studies, and produced them for very little money. Its small staff, 8 to 10 people, has managed to oversee a large and complicated area for five years and to limit approvals for fill to only about 400 acres during that time. (Almost 200 acres is going into the Bay to enlarge San Francisco Airport, close to 80 to enlarge Oakland Airport.)

But the function of the commission is purposely limited. Within its jurisdiction are the Bay itself, the bordering salt ponds and managed wetlands, and the first 100 feet of shoreline. Through its plan, it has suggested what it feels to be the best uses for that area, but the plan is neither specific nor unchangeable, nor can the commission itself initiate work. It acts rather as adviser and jury, suggesting a direction, then studying and accepting or rejecting projects submitted from communities and developers.

The real strength of the commission is in giving good plans time to become realities as it weeds out and refuses bad ones. Most of what you will see on these pages would not have been accomplished without the shelter of this regional agency, since local government can rarely withstand pressures to permit the rapid but sometimes ill-conceived projects of private development.

SAN PABLO BAY: THE LAST RURAL SHORES

San Pablo Bay is the northernmost extension of San Francisco Bay, and although on the east and west shores it is urban, the northern shore is farmland.

Through San Pablo Bay come the waters of the great Sierra watershed carried by the Sacramento and San Joaquin rivers across the delta just to the east. This is the water that cut the Golden Gate and created the Bay to begin with. Its flow penetrates to the very southern tip, tempering the inflowing salt of the ocean and allowing the marshes and their animal dependents to survive.

In the days of hydraulic mining, sediment washed down from the Sierra foothills settled here and nearly filled this part of the Bay. The deep mud afflicted the whole body of water and destroyed at least one important industry, oystering.

There is little public access to the water, although there are some agreeable pieces of shorefront such as the city beach in Vallejo on the east, and the China Camp – McNear's Beach area near San Rafael on the west. Much more may soon be open.

Tubbs Island and the north bay wild area. From the Petaluma River to Mare Island along the northernmost shore of the Bay, fields and farms spread over the land and blend into marshy shallows. This is the delta of the wine country watershed where oak-covered knolls jut from eons of rich sediment.

You can look closely at this country on Saturday, November 14, when The Nature Conservancy holds open house on its land at Lower Tubbs Island. The gate off State Highway 37 at Sears Point, just east of the junction of State 37 and State 121, will be open from 8 A.M. to 5 P.M. (The Conservancy, a private organization supported by donations, acquires threatened

vital natural areas quickly, and then frequently turns them over to a slower-moving public agency to administer.)

This spring five members of our staff visited Lower Tubbs Island (cut off from mainland only by marsh and creeks). As we drove slowly down the long dirt road, pheasants trotted out beside us and the kites that nest here soared low overhead. Jackrabbits bounced out of their cover and bounded away over the fields. In the marshes at the end of the road we saw raccoon tracks and found a young gopher snake sunning himself on the mud.

The water birds were elsewhere, but they are back now and a visitor should see flotillas of canvasback ducks mingling with the wading birds—avocets, curlews, egrets, and herons. The bicycle trail along the dikes is cluttered with debris from winter storms; the Conservancy hopes to get together a group of volunteers to clean and scrape it, but it is perfectly adequate for walkers.

On October 1, the Migratory Bird Conservation Commission in Washington, D.C., voted to begin acquiring the large shaded area on the left of our map to form the San Pablo Bay National Wildlife Refuge. Information on the project is available from the Regional Director, Bureau of Sport Fisheries and Wildlife, Box 3737, Portland, Ore. 97208.

Lower Tubbs Island is open to the public on any day, but the gate is kept locked to protect private landholders along the road. You may request a key from The Nature Conservancy's Western Regional Office at 215 Market Street, San Francisco, or call the Conservancy's San Francisco Bay Project at (415) 989-3056.

From Alameda Beach *this girl looks out to the towers of San Francisco*
GLENN CHRISTIANSEN

THE CENTRAL BAY: A FEW GOOD STARTS

The central bay, the largest part of the section marked San Francisco Bay on most maps, extends from the Richmond-San Rafael Bridge in the north to the Dumbarton Bridge in the south. This is the deepest and most used section of the entire 400 square miles of water. Much of the fill that has shrunk the Bay from its original 680 square miles has gone in here. The most famous of these fill projects is undoubtedly Treasure Island.

Industry uses this part of the Bay. The great ports are here; also refineries, factories, and warehouses. And industry has drawn masses of people who cluster on both shores.

. . . ON THE WEST SIDE

On the western shore there are few places where any large number of people may use the waterfront.

Paradise Beach. On the northeast shore of the Tiburon Peninsula in Marin County is the tiny but charming Paradise Beach County Park. Lawns and picnic areas descend a fairly steep slope to the shore where there is a beach and fishing pier. To reach the park, take the Tiburon exit from U.S. Highway 101 and follow Tiburon Boulevard to Paradise Drive, then turn right.

Angel Island State Park. Ferries leave from pier 43 in San Francisco about every 2 hours from 10 A.M. to 3:45 P.M. Others leave from Tiburon; call (415) 435-1094 for times. Boat owners may also sail to the island.

Richardson Bay. Richardson Bay is an extension of the central bay between the Tiburon Peninsula and the mainland section of Marin County. The water area is a game refuge and the public may visit the shore at the Audubon Society's study facilities just off Tiburon Boulevard at the northern tip of Richardson Bay. There are really no accommodations for the casual visitor, however, and the Audubon Society intends its small holdings to be used by appointment (call 388-2524). The parking area holds only a few cars.

The towns—Tiburon, Belvedere, Sausalito, San Francisco. Tourists know the Bay mainly through this urban area on either side of the Golden Gate. It has restaurants with water views, extremely beautiful residential quarters (particularly in Belvedere), and large yacht harbors. But you won't find much open shoreline.

along Richardson Bay, and there is open land north along Tiburon Boulevard. Belvedere has cut off its water-level views with houses on pilings. Sausalito has open water along a stretch of Bridgeway, the main street, with tiny Princess Park at one end of it. San Francisco has closed its waterfront with wharves except at the Marina Green, Aquatic Park, and Fisherman's Wharf.

Coyote Point. The major place in San Mateo County where the public can visit the Bay is Coyote Point, just south of San Francisco Airport.

The point juts out east of U.S. Highway 101 near Peninsula Avenue, a mound of land covered with eucalyptus trees. Once an Air Force training area, then a junior college site, the point now holds a park with a yacht harbor, beaches, a junior museum, picnic areas, and lawns. Fishermen use the breakwater and shores. The municipal golf course spreads inland.

One severe drawback to an otherwise delightful and heavily used place is the noise. You may wish for earplugs as the jets swoop down toward the airport runways to the north.

. . . AND ON THE EAST SIDE

The eastern shore seems to be one long bad example if you see it from the highway, and the grandiose plans for filling here set off the movement to save the Bay.

Alameda Memorial State and Regional Beaches. Development is just beginning under the direction of the East Bay Regional Parks District, and for the moment the beaches offer a place to sit and watch the birds, an open and spectacular view of San Francisco across the water, and a place for children to wet their feet and build sand castles. (The "s" on beaches is political rather than geographic. The state owns the northern section while the contiguous southern section is city beach. Altogether there are 155 acres of land along nearly 3 miles of shoreline.)

The northern end of the beach already has a Girl Scout day camp on a small fresh-water lake, a bathhouse and concession center, and an orientation classroom with excellent exhibits to introduce East Bay schoolchildren to the life of the Bay and shoreline. The offshore cove and spit will eventually be unified in a complex including a yacht harbor, restaurants, and a boardwalk with facilities for a nature study program.

The beaches are open to walkers every day until 10 P.M., but for a look at the new bathhouse you should visit before 5 P.M. The orientation classroom is open to groups by reservation.

To reach the beach area from Oakland, take the Posey Tube, follow Webster Street to the end, and jog left and right.

Ballena Bay. Ballena Bay, just north of the Alameda beaches off Ballena Boulevard, is a posh private housing development where the expensive townhouses each have a yacht mooring out the back door. The shorefront of the project is open to the public and there is a restaurant and public marina as well.

Berkeley. Berkeley's gigantic fill project of 1961 turned into a long spit of land at the end of University Avenue. From a highway exit there, you can drive west to find the marina, a heliport, a dump, and two restaurant-convention centers with views to the west.

Richmond. Entering Richmond from the southern approach at Hoffman Boulevard, drivers pass ruined marshes, then a series of grocery warehouses and a conglomeration of port facilities.

Citizens of the town have struggled hard to gain a foothold near the water and are beginning to succeed. The tiny but extraordinary city park at Keller's Beach shows what could be accomplished. To reach it, follow Hoffman Boulevard to Cutting, and Cutting to old Point Richmond. The Municipal Plunge building is visible to the left of Cutting. Follow the road beside it and on through the tunnel. The park is immediately beyond.

Keller's Beach, shown at right, is crowded

Two young egrets *pose in a stick nest in the marshes of the south bay*

Mother heron *circles her nest distractedly as a photographer below seems to threaten her babies*

Harbor seal, *mottled like a large blue cheese, relaxes in cord grass near a south bay slough*

even on weekdays, but the terraces and dense plantings make it pleasant even so, and it is the only place on the shore that the children of Richmond can reach by bus, on foot, or by bicycle. The park was designed by landscape architect Theodore Osmundsen.

The Contra Costa Shoreline Parks Commission, a private citizens' group conceived and organized by two Richmond residents, Mrs. Louise Hammond and Mrs. Lucretia Edwards, has been working for several years to expand the open shorefront toward the south and into the hills. It helped to get the Santa Fe Railroad to agree to sell land along the water, Mr. and Mrs. Edwards sold a small piece of land they owned on Nicholl Nob at the summit of the hills, and the BCDC plan would permit filling to create a long beach. Santa Fe also agreed to donate 44 acres of underwater lots.

In addition, the ladies arranged to have a great deal of the private hill land held as a block for eventual sale as part of the park. With that work done, they went to the East Bay Regional Parks District to ask that the land be acquired.

The greatest stumbling block is before them. The Regional Parks District has bought Mrs. Edwards' land and has bought about 8 acres of the Santa Fe land. Now the District has no more money. It is eager and the citizens of Richmond are eager, but almost all the money the District receives goes into maintenance of existing parks. The owners of the rest of the land are tired of waiting. The Point Richmond Shoreline Park almost exists, but not quite.

The East Bay Regional Parks District

DARROW M. WATT

Keller's Beach Park, *in Richmond, steps down in three terraces to the sand beach. San Rafael Bridge undulates across the straits in background*

Child returns *from marsh to interpretive center at Palo Alto's Baylands preserve*
GLENN CHRISTIANSEN

You can get close to egrets, to herons, to harbor seals, and to the Bay itself

GLENN CHRISTIANSEN

Coyote Point *yacht harbor has open, sunny lawn for picnics, but jets fly low overhead here*

holds two other pieces of Richmond land that are still entirely undeveloped. One is Brooks Island, just offshore at Potrero Point near the harbor. The other is an 8-acre piece off Giant Highway between the Bethlehem Steel land at Point Pinole and a small housing development called Parchester Village.

The only other open public waterfront in Richmond is a city beach at Point Molate leased from the Navy that is inaccessible except via the freeway and so gets little use. Children on their own can't go there. The drive is interesting, though: beyond the beach is the old Winehaven winery (now a Navy warehouse), and the road ends at the Bay's last operating whaling station (it's not open to the public).

To find the beach, follow the Richmond-San Rafael Bridge approach along State Highway 17 and turn off at the Point Molate exit. The beach is about half a mile along this road. Jog left at the Navy gate. Go through the gate for the winery and whaling station.

THE SOUTH BAY: IT MAY BECOME THE FIRST URBAN WILDLIFE REFUGE

What we have called the south bay, a little bulging appendix of water south of the Dumbarton Bridge, is one of the shallowest, marshiest areas of San Francisco Bay. Two points of land jut out from the east and west shores, creating a narrows and slowing tidal action. Numbers of creeks run into it, dumping sediment in the winter. Sloughs cut back into the marshes. And for many years this portion of the Bay has been ringed with shallow diked ponds used for the production of salt by evaporation. The salt ponds are rich in algae and brine shrimp, a perfect feeding ground for wading birds.

Twenty years ago, when untreated sewage was still regularly dumped in the Bay, an inshore breeze from the south bay could turn paint black in the surrounding towns. There was no fishing to speak of: the sturgeon and bass could not survive the filth.

The waters are much cleaner now. A fishing derby out of Alviso last year came in with some record sturgeon, and even the harbor seals have come back, breeding in one or two of the sloughs. Except for the yacht harbors, only two places are open to the public.

Palo Alto Baylands. Baylands is the name that the City of Palo Alto has given to its 1,500-acre marsh preserve and interpretive center. The center is open Monday through Friday from 2 to 5 P.M., Saturday and Sunday 10 A.M. to 5 P.M. To reach it, take Embarcadero Road east from U.S. Highway 101, and drive past the yacht harbor to the very end of the road. The center is just to the left.

The building, designed by Spencer Lee & Busse, is well worth seeing in itself. It stands on pilings at the head of the marsh and is built of materials that blend with the natural landscape. In the entry a small aquarium holds an exhibit of underwater life, and both the entry and the large meeting room to its left exhibit changing displays related to the bay and marshes.

From the building, a boardwalk leads straight out to open water. Crossing the walk is another belonging to the Pacific Gas & Electric Company. Visitors have permission to use this second walk at their own risk, and the lady with her dog on page 73 is taking full advantage of it.

Here you can see not only animal life, but the salt marsh plants. The most important of these grows in abundance just at the edge of the open water. It is a tough grass called cord grass that is the most efficient producer of oxygen known on earth, as well as the world's most efficient food plant, producing seven times the food value of an equivalent acreage of wheat.

Palo Alto's marsh reserve is, for the moment, one bright spot in a chain of dumps and despoiled areas that line the Bay shore in Santa Clara County. The county, however, is involved in an excellent program to unify its cities in a general waterfront development that will include recreation, boating, and natural areas. The cities have agreed to a moratorium on all development and each has put up a sum of money toward the study. Planning meetings have been held every other week since June, and a plan will be ready in December.

Coyote Hills Regional Park. The East Bay Regional Parks District has been active all along the east shore, but this 928-acre park beside the south bay narrows is, for the moment, the largest acquisition. Here the visitor can hike or bicycle along the Bay, and, from the hills, get one of the finest views available across the marshes and salt ponds.

To reach the park from the Nimitz Freeway, turn off at Jarvis Avenue in Newark and drive west to the traffic light at Newark Boulevard. Turn right and continue to the sign (about a quarter mile beyond the rail crossing) directing you to the park. If you approach via the Dumbarton Bridge, turn left as soon as possible after the toll station and then left on Newark Boulevard.

The new bicycle trail at Coyote Hills will give visitors a taste of a much longer trail system that the City of Fremont is just beginning to develop. The Bay section will follow the outer dikes of the salt ponds and will connect along Alameda creek with other trails in the Coast Range behind the city. Cyclists, walkers and horsemen will all be able to use it.

The trail system is particularly interesting because of the way in which the city acquired rights to the use of the land. The Leslie Salt Company, owner of the ponds and dikes, recently put them under the protection of the Williamson Act, which provides Leslie important tax savings provided it does not convert them to urban uses. The city entered into a special contract with Leslie that allows it to use the dike tops for trails.

The south bay wildlife refuge (proposed). The south bay refuge, as proposed, would include the greater part of the marsh and salt pond areas in three large blocks.

Two of these blocks extend from Coyote Hills park southward to the Alviso area at the tip of the Bay. The Nature Conservancy has already bought an 80-acre piece at Dumbarton Point near the bridge's

Maybe in the south bay, the state's first urban wildlife refuge

which it will turn over to the refuge if established. The third block is opposite Coyote Point, near Redwood City.

This section of the Bay is rich in wildlife. There are rookeries off the western shore where egrets, black-crowned night herons, and great blue herons nest each year. When our photographer took the pictures on page 76, he had to walk carefully to avoid stepping on the closely packed ground nests with their eggs and hatchlings. The nearly extinct California clapper rail nests here too, and in looking over the area we disturbed a nest of rare white-tailed kites. Birds of passage are too numerous to mention, but sportsmen already know about the ducks that feed here.

The refuge proposal, as drawn up by the Bureau of Sport Fisheries and Wildlife last year, would allow a great deal of public use in this heavily urban area for such amusements as hiking, picnicking, fishing, and, in open water offshore, boating. Schools and colleges around the Bay already use the area for field study and would use it more intensively if it were a refuge.

A fine color brochure on the refuge is available free on written request from the Santa Clara County Planning Department, 70 West Hedding St., San Jose 95110, and another is available from the Bureau of Sport Fisheries and Wildlife at the Portland address given before.

Final studies were completed in mid-September by the Bureau of Outdoor Recreation, and the plans are now in the hands of Secretary Hickel and the Department of the Interior. They should be made public in December. The early proposals have received the full support of the California State Assembly, the BCDC, the several counties involved, and a host of private organizations, but the refuge is not yet a certainty. The next session of Congress will probably decide for or against it.

Senator Cranston and congressmen Burton, Clausen, Cohelan, Edwards, Gubser, Leggett, Maillard, McCloskey, Moss, and Waldie have all shown particular interest in the proposal and have introduced preliminary bills dealing with it. Any of them would be happy to hear the reaction of their constituents.

Those who can visit Coyote Hills Park between 10 A.M. and 3 P.M. on Saturday, November 7, can have a close look at a part of the refuge under the guidance of park personnel and members of the Audubon Society. Tours will leave from the picnic area.

A marshy slough *just outside the borders of Lower Tubbs Island reserve may soon be part of north bay wildlife refuge*

DARROW M. WATT

In late fall, *azaleas begin to get showy. Nurseryman (red coat) tells customer about 'Rose Glow'*

GLENN CHRISTIANSEN

Late November

Seven varieties of evergreen azaleas bloom in the Southern California nursery scene pictured above. Altogether about three dozen varieties start to bloom this early.

The one at lower left with double pink and white flowers is 'California Sunset.' Behind it at upper left, the big plant with the double light purple flowers is 'Nuccio's Happy Days.' The double white, third from the left, is 'Perle de Swynaerde' (notice its black-green leaves). Next to it is the rich red, semidouble 'Chimes.' Then comes the single rose pink 'Rose Glow' (the woman at rear left is holding another 'Rose Glow' in her hand). Second from right is a copper pink double 'Avenir.' And at far right is a double white 'California Snow.'

Mid-March

The greatest number of azalea varieties bloom February to April. Here at Domoto Nursery, Hayward, California, are nine kinds: At lower left, one tier of the pink 'Shimmer.' Above it, one-half of an espaliered 'Fielder's White.' At both sides of the pipe at left is 'Ori Beni' (plants at right in fuller bloom than those on left). Overhead and in the woman's hands is 'Phoenicia'—as a hanging basket, a standard, and an ordinary gallon-can plant. Extending from the woman's elbow to the right-hand pipe, is cerise 'Hinodegiri.'

On both sides of the right-hand pipe, 'Ballerina.' Above it, 'Snow' as a standard. To its right, a hanging basket 'Trailing Queen.' At lower right, the bright red 'Happiness.'

If you play it right, up to eleven months of azalea bloom

California gardeners, here is another of your special privileges.* You can grow any of hundreds of kinds of evergreen azaleas in your gardens and in containers on your decks and patios. They can give you pockets or sheets of beautiful flower colors—everything but blue and yellow—just about all year.

At the nurseries, azaleas are becoming a noticeable part of the total flower show this month and will continue as one of the most attractive items of merchandise until May or June. The season runs even longer in gardens, where azaleas can be in bloom every month

**Although people do grow evergreen azaleas outdoors in the Northwest, in the Southeast, and up the Atlantic Coast as far as Long Island, cold winters in those places severely limit the number of kinds and length of season.*

More choice *in spring. This couple can buy blooming azaleas as shrubs, standards, espaliers, or in baskets*

GLENN CHRISTIANSEN

A late spring *selection. Nurseryman is telling the customer that someday this azalea will be almost as tall as she is*

Mid-May

On this warm day in late spring, six azalea varieties have been selected to go home for planting. They'll bloom way into June. Nurseryman and customer look at an azalea called 'Arnoldiana.' The variety at the far end of the tailgate, with large, single, red flowers right in line with the customer's skirt is 'Brilliant.' In front of it, at the lefthand corner of the tailgate, is 'Gumpo Pink'—another is on top of the soil conditioner sacks at upper right. The white on the tailgate is 'Gumpo White.' The double rose pink in the flowerpot on the tailgate is 'May Queen.' And the lefthand plant on top of the sacks is 'Geisha Girl.'

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except July—and under some circumstances, even in July.

The difference in bloom time span between nurseries and gardens can be due to differences in climate and definitely relates also to nursery culture. Nurserymen shear their plants in such a way that early kinds don't open flowers until October. When you plant and grow such plants, they adjust to your environment and may in subsequent years bloom somewhat earlier or later than they did at the nurseries. But regardless of such slight changes, the opportunity for azalea flowers in your garden and on your deck from now to June is yours to exploit.

Most kinds of azaleas bloom over a season of two to five weeks. A few kinds bloom intermittently nearly all year—approximately from August to June.

The kinds that bloom all at once generally make a more dramatic show than the long-season intermittents. Some all-at-once kinds completely hide their own leaves with their flowers.

Generally, working the kinds that into bloom in fall are the kinds that bloom intermittently all winter and spring.

Some notable changes take place as the azalea season goes on, as the photographs show. The azaleas in each picture typify the selection for that season.

In the early (November) photograph, notice that flowers are mostly large and double (*double* means having more than the basic five petals in a funnel shape which is the *single* flower). These early varieties are mostly of the Belgian Indica

n the midseason (March) photograph, he situation is just the reverse. Most of he flowers at midseason are single and o numerous that they can completely over the plants. By then, the Belgians nd Rutherfordianas have largely given ay to the Kurumes (small flowers in ensely set layers) and the Southern Inicas (faster growing, hardier, bigger lants than the Belgians).

'he late-season (May) photograph is domated by the Macrantha type (very ardy, low growing, mostly with large, paced-apart, single flowers).

ollowing are the most important things o know and do when you plant and grow zaleas.

irst, select a partly shaded growing place. 's true that certain Southern Indica vaeties are sometimes called "sun azaleas," ut if you grow them in as much sun as ou might give to an oleander, a rose, or block of corn, you'll have to water very 'ten. Azaleas grow best in sun if their ps completely shade their roots.

Make an airy blend of native soil and spongy stuff

or the last 25 years, *Sunset* has said on't plant azaleas in plain soil, but inead remove native soil and replace it th pure peat moss, leaf mold, or a ixture of peat moss and sand, or some ch. This old method too often puts roots a bucket that could become a swamp—ater would not pass fast enough through e interface between peat moss and na-e soil. So now we amend those instrucns: Make a blend of half spongy, airy iff (peat moss, leaf mold, or whatever) d half native soil.

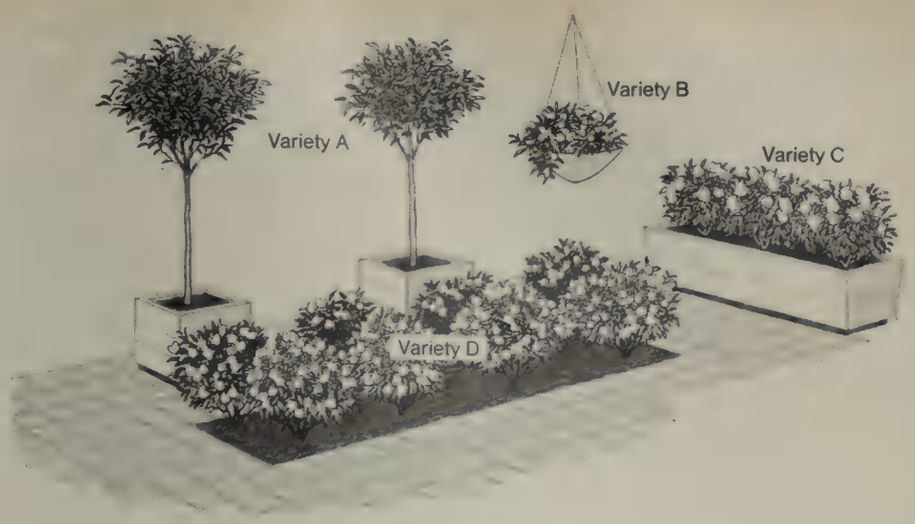
is principle applies to a single-plant le or to a bed for many azaleas.

Root's eye view of the good airy blend

re is a magnified view of the ideal aza- root environment—chunky, bulky ces of water-spongy stuff surrounded air in big corridors and hollows. The ts must have water and air.

Keep color patterns bold and simple

landscaping with azaleas in small gar-s, 6 to 12 plants of one variety per den bed (or perhaps of two varieties t go together very well) will be much re effective than would a number of ieties. If you want more kinds to tch the season or vary the color scene,



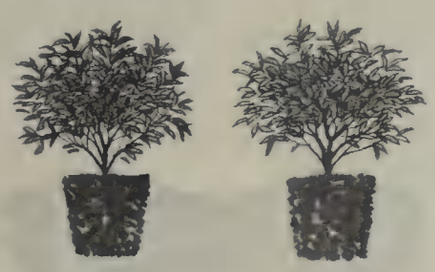
Most eye-pleasing *way to use azaleas—varieties in separated masses*

use them in nearby containers (including standards and hanging baskets) and in other nearby garden beds.

The new plastic nursery containers

New plastic nursery containers can't be cut. To remove plant, you squish the sides to loosen the root ball, then pull.

The root ball from a plastic nursery container is very smooth. Before planting, scarify the surface to make lots of roots stick out like wild hairs.



Plant with shoulders above high tide

Plant with tops of root balls 1½ inches above surrounding grade level. This prevents roots from getting swamped with water and prevents soil from washing over roots and sealing out air.

Feeding

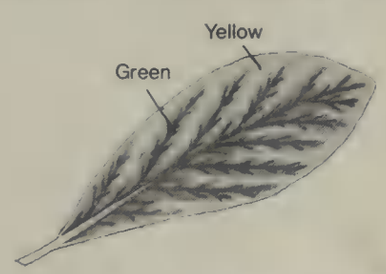
Feed azaleas several times between end of flowering and early fall—that's when the plants make the growth from which next year's flower buds will develop. For best results, use a fertilizer labeled for azaleas or acid plants.

Watering

Keep the rooting area moist (but not soaked) all the time. Rains do this for you during most of the peak flowering season. In Southern California where some water is saline, make dry-season waterings as infrequent and as heavy as you can get away with. Elsewhere, frequent sprinklings don't hurt, and may be beneficial.

Watch for this—it's commonplace

Anytime you see this pattern of discoloration (called chlorosis), apply iron chelate or iron sulfate as directed on the label, to



make leaves turn solid green again. Look for it in newest, youngest leaves.

Two kinds of pruning that are sometimes needed

Some azaleas push out one or more errant branches (too long, ungraceful) every year. Cut them out—at the base or on the same plane as the leaves on good branches. You can do this at any time of the year. If you do it at bloom time, you can use removed branches as cut flowers.

If you want to keep an azalea at its present size, shear it with a hedge shears after bloom (but not back to leafless wood).

But if azaleas don't need pruning for gracefulness or smaller size, don't prune them. Annual pruning is not essential.

DARROW M. WATT

1. An all-day Thanksgiving for three generations

2. A Thanksgiving picnic with the kids

A choice of Thanksgivings

3. A candlelit Thanksgiving for two or three couples

'radition means a lot of different things o Westerners come Thanksgiving. It nay be a houseful of relatives gathered or a day of visiting and good eating; a elaxed picnic in the park or at the cabin; r an elegant small gathering of friends. 'he way to approach each of the diverse tuations provides interesting contrast, ut here they all share one objective; to make the day pleasantly memorable for everyone, even the cook or cooks. Follow us through a report of each meal style to find the one that suits your situation.

The simplest . . . a picnic

For many families, a picnic is a great way to celebrate Thanksgiving dinner if the weather is agreeable. Compared to dining at home, it provides a more carefree, relaxing holiday for adults and greater freedom for children.

The menu for this outdoor spread for eight (half were children) calls for a minimum of cooking; it can be done a day in advance. With each course organized and packed in a serving basket, the fare

If the weather behaves itself, Thanksgiving in the park

is easy to transport to a park or cabin. Because most of the meal can be eaten out of hand, you need only a minimum of basic serving utensils. Be sure to include openers for juice, canned sauce, and wine. You also need a large knife to cut fruit, turkey thighs, bread, and cake.

Melon to start . . . then comes turkey

Fruit and Sausage in a Basket
Barbecued Turkey Drumsticks and Thighs
Canned Cranberry Sauce
Hot Herb-Buttered French Loaf
Barbera or Grignolino Wine
Apple Cider
Favorite Pound Cake
Bunches of Grapes

The combination of Crenshaw wedges, avocado halves, and sliced Lebanon bologna or dry Italian sausage serves both as first course and salad. Carry the fruit whole and cut it on the spot. Spoon avocado from shells, eat melon from the rind, and pick up sausage slices. You need 1 medium-sized Crenshaw, 4 avocados, and ¾ pound sliced sausage.

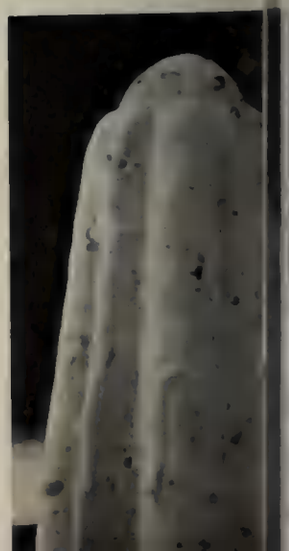
It works well to oven-roast the turkey drumsticks and thighs at home, then reheat and glaze them over a barbecue fire. The buttered bread also warms on the same fire. Make a favorite pound cake, using a mix if you wish, and serve uniced, ringed by bunches of grapes.

Barbecued Turkey Drumsticks and Thighs. To serve 8 to 10, buy 4 *each* turkey drumsticks and thighs; each weighs about 1 pound. Thaw if frozen. Arrange in a single layer in a pan. Rub skin with 2 tablespoons soft butter or margarine and sprinkle with salt and pepper. Bake in a 350° oven for 30 minutes. Heat together ½ cup canned cranberry-apple drink, 3 tablespoons butter or margarine, and 3 tablespoons currant jelly. Brush sauce over turkey parts and continue cooking drumsticks for 45 minutes and the thighs for 1 hour; baste several times. You can chill turkey and sauce overnight. Bring balance of sauce to picnic.

At the picnic site, place turkey 4 to 6 inches over medium hot coals until hot through, about 20 minutes. Turn as needed and baste frequently with the reserved sauce, reheated. Cut the thighs in pieces to serve.

Hot Herb-Buttered French Loaf. Mix together ½ cup soft butter or margarine, 3 tablespoons finely chopped parsley, ½ teaspoon *each* whole or rubbed sage and marjoram, and 1 clove garlic, minced. Cut 1 large (1 lb.) loaf sour French bread in half lengthwise and spread cut surfaces with the herb butter. Put loaf back together and wrap in foil. At picnic, place bread on barbecue with turkey until warmed through, about 15 minutes; turn several times. Cut to serve.

DARROW M. WATT



The candlelit Thanksgiving is a cheerful play in four acts

When the group is small and all are adults, an elegant, simply managed meal gives Thanksgiving yet another dimension. This menu, for six, takes place in four acts.

As guests arrive, ready and waiting are appetizer sandwiches and champagne.

The roast goose (see page 188), handsomely presented on a large tray with vegetables and fruit, is served in the dining room. Then come salad and cheese.

For the dramatic finale—molded ice cream with flamed sauce.

Open-faced Appetizer Sandwiches
Champagne
Roast Goose with New Potatoes
Buttered Broccoli Spears
Glazed Apple Slices and Prunes
Pinot Noir Wine
Mixed Green Salad
Port Salut Cheese
Ice Cream Tower with Flaming Rum Sauce

Start this dinner well in advance by freezing the molded ice cream. The day before or early on Thanksgiving, unmold the ice cream and return to the freezer.

Also crisp the greens for the salad; you need 6 to 8 cups broken pieces. Choose a varied combination such as part curly endive, butter lettuce, and watercress; wash, drain well, and wrap greens in a towel; enclose in a plastic bag and chill. To serve, mix with about ½ cup of your favorite oil and vinegar dressing or a purchased one. Spoon salad onto individual plates. Pass a piece of Port Salut cheese (about ¾ lb.); invite each person to cut the portion he desires.

Thanksgiving morning, assemble the appetizer sandwiches, arrange on a serving tray, cover with clear plastic film, and chill until guests arrive. For each person allow 2 or 3 thin slices of small buffet-style rye or long slender French bread. Spread some of the slices with sweet butter and top each of them with a few radish slices; spread other slices with soft cream cheese (plain or with chives) and mound on each 1 to 2 tablespoons small whole cooked shrimp, garnishing with watercress leaves or parsley sprigs; also spoon chunks of prepared herring in sour cream on buttered bread, bordering fish with minced green onion.

Calculate timing so goose and potatoes will be done about ½ hour before you want to serve them; the fruit and broccoli can cook while the goose rests for carving.

Ice Cream Tower with Flaming Rum Sauce. In a tall 1½-quart fancy mold, firmly pack toasted almond or pumpkin ice cream (you'll need 1½ to 2 qts.). Cover and freeze overnight or up to several weeks.

At least 6 to 8 hours before serving, immerse mold in hottest tap water for 5 to 10 seconds, then unmold ice cream on a cold serving dish; immediately return to freezer. When firm, cover the ice cream with clear plastic film.

To make rum sauce, bring to a boil, stirring, ½ cup *each* butter and water and 1 cup firmly packed brown sugar; cook until sugar dissolves. Set aside.

At serving time, place sauce in a fondue pan or chafing dish over direct heat and warm. Ignite 3 tablespoons warm rum and pour at once into sauce, stirring. Carve ice cream into portions and spoon into individual bowls, then ladle the hot sauce over ice cream. Makes about 1 cup sauce.

To begin, small open-faced sandwiches . . . with the champagne

After the roast goose, a green salad with cheese

For dessert, an ice cream tower with flaming sauce

All-day Thanksgiving: it's one big meal between two small ones

The real challenge in planning an all-day menu for a multifamily party that spans several generations is to satisfy all the varied tastes and appetites. The simplest approach can be the most successful.

Here we have taken the elements of a traditional Thanksgiving dinner for 8 to 10 adults and an equal number of children and divided them into three realistically scaled meals. The foods are generally presented plainly—in several instances, just as you buy them. The cook gets a break because it is the individual who has the option of combining flavors in the complexity desired.

Midday, when the family comes together, a luncheon buffet awaits: it holds at serving temperature several hours.

Later on, the turkey, dressing, gravy, cranberry sauce, and vegetables make their dramatic entry when the clan is seated at the table (or tables). A light dessert of pears and cheese is available.

In the evening, another round of nourishment bolsters those who must soon depart. Now comes the pie and coffee—but also a second sampling of the remains of the turkey and some good go-withs, spread out as a salad-sandwich course.

THE FIRST ROUND

Onion Cream Broth
Iced Crab and Shrimp
Marinated Artichoke Bottoms
Avocado Halves or Quarters
Romaine Spears **Caper Dressing**
Mayonnaise
Assorted Rolls and Breads **Butter**

Make the soup and keep warm along with all or some of the breads on an electric warming tray. Keep on ice about 3 pounds total of ready-to-eat crab and/or shrimp and 1 large head romaine, leaves separated. Drain oil from 2 or 3 jars (6 oz. *each*) marinated artichoke bottoms or hearts and arrange on a platter; place alongside 3 or 4 pitted, unpeeled avocado halves drenched with lemon juice.

Sip the mellow soup plain, or add to your portion a little of the shellfish. Salads can be as varied as crab or shrimp stuffed avocado or artichokes served with caper dressing or mayonnaise—to broken pieces of romaine with dressing, with or without

First round: broth, breads, make-your-own salad

Main event: Here comes the big 20-pounder

Between events . . . time for generations to get reacquainted

DARROW M. WATT

bits of avocado, artichokes, and shellfish.

Onion Cream Broth. Finely chop 6 onions and cook in 4 tablespoons butter with 1 cup chopped parsley until onion is soft. Add 1 large can (1 qt. 15 oz.) chicken broth and 2 cups (1 pt.) whipping cream; bring to simmer Makes about 12 cups.

Caper Dressing. To 1 bottle (about 8 oz.) prepared Italian-style dressing add 1 can (2 oz.) drained, minced anchovies and 1 tablespoon drained, chopped capers. Mix before serving. Makes about 1¼ cups.

THE MAIN EVENT

Roast Turkey
Chard and Sausage Bread Dressing
Brown Giblet Gravy Cranberry Sauce
Boiled New Potatoes
Buttered Green Beans
Hot Rolls Butter
Gewurztraminer or Chenin Blanc Wine
Fruit Juice or Milk
Pears and Cheeses: Boursin Fontinella

For directions on how to roast the turkey (you need a 20 pounder for this size crowd) and make the dressing and gravy, see page 163. Make fresh cranberry sauce or use a prepared one. You'll need 3 to 4 pounds small new potatoes and 3 to 4 pounds green beans (set aside about 1 lb. of the cooked beans, unbuttered, to serve at supper). Allow about ½ pear per person and 2 whole boursin (small French cheeses) or about 1 pound fontinella.

THE WIND-UP

Turkey Salad-Sandwich Tray
Green Sauce Brown Giblet Gravy
Cranberry Sauce Bread and Rolls
Pumpkin Pie with Nut Praline and Whipped Cream

This mini-meal has the same leisurely, serve-yourself quality as the lunch. It is largely composed of leftovers from the two preceding menus, plus pumpkin pie. Bake your own pie or try the one on page 192: either will be complemented by the nut praline, also on page 192.

Turkey Salad-Sandwich Tray. On a large tray arrange the remains of the cold, sliced turkey, the unbuttered cold green beans, and romaine spears(left from lunch). Accompany with leftover breads and rolls, reheated giblet gravy, cranberry sauce, and *Green Sauce* (a dressing or spread): In a blender whirl smooth 2 small packages (3 oz. *each*) cream cheese, 2 to 3 tablespoons whipping cream, 2 cups chopped watercress, 1 teaspoon dry mustard, and 1 tablespoon Worcestershire. Makes 1½ cups.

Individually, make up salads or sandwiches, choosing the elements desired.

Wind-up: turkey tray to pumpkin pie

With pen and ink and paintbrush New Zealand's leading artist does a book on the American West

FRIENDLY CREATURES I MET ALONG THE WAY.

The outsider's eye can see a scene familiar to us with a freshness and clarity that reawakens us to new appreciation. So it is with *Peter McIntyre's West*, a new pictorial volume of drawings and paintings of contemporary Western America.

McIntyre is a New Zealander who has previously published similar volumes on lands he knows well: New Zealand and the South Pacific. He came to the West with a fluent, fast painting and sketching style and an open mind, and he's given us a giant (11½ by 14 inches) volume of his impressions as he traversed our territory, from Arizona to Alaska, from California to Colorado.

The cover and title page drawings somewhat misleadingly call to mind the Old West. But the artist's own introduction, a lively 15-page, first-person narrative

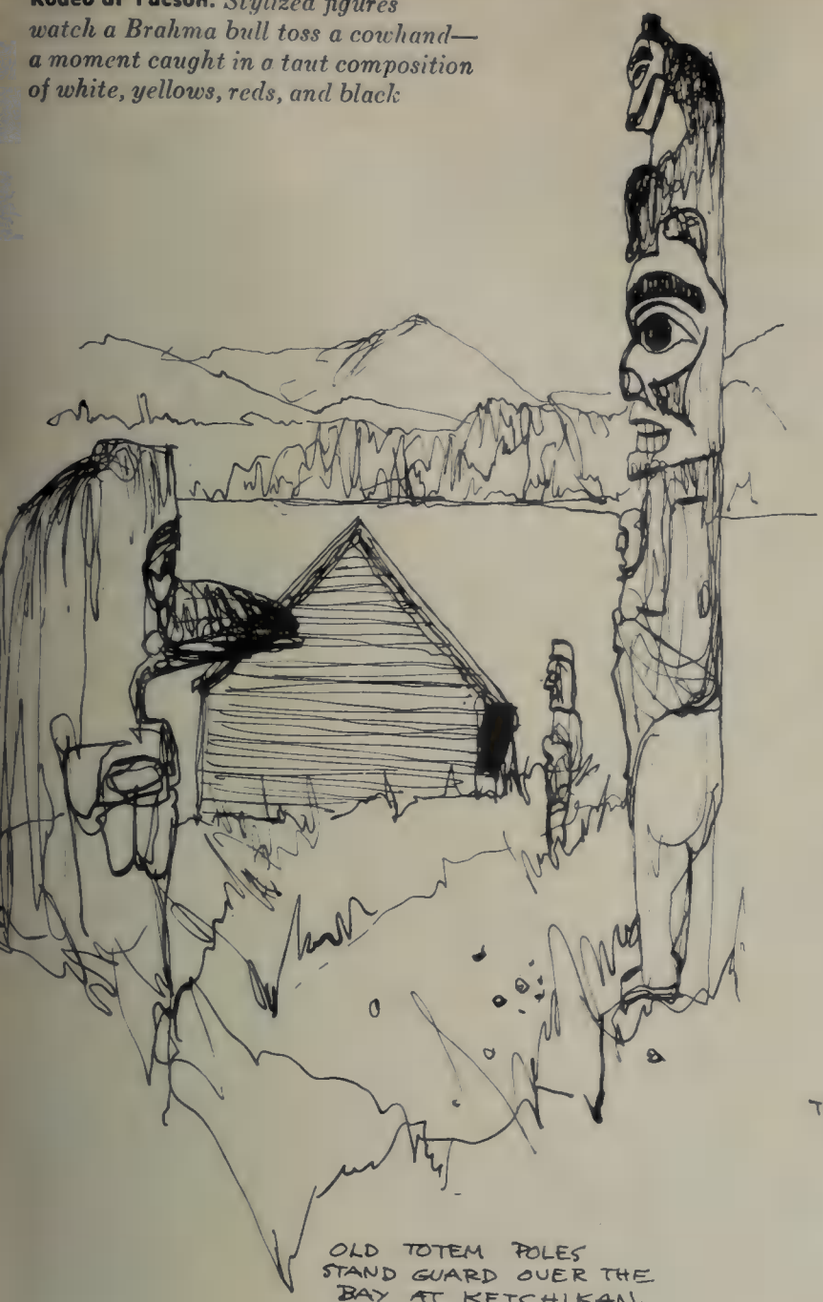
GLENN CHRISTIANSEN

On his travels *through the West, Peter McIntyre made innumerable black-and-white and color sketches of the scenes around him—as here at Big Sur. The final paintings, like the one reproduced at right, were then completed in his home studio.*

McIntyre won wide recognition as official war artist for the New Zealand forces in World War II. A signal honor came to him early this year: At a traditional ceremony in Wellington, New Zealand, Queen Elizabeth II awarded him the Order of the British Empire

Big Sur, California. *Sweeping arcs of foam contrast with the angularity of shoreline cliffs. In color and form, young people in foreground echo the distant rocks*

Rodeo at Tucson. *Stylized figures watch a Brahma bull toss a cowhand—a moment caught in a taut composition of white, yellows, reds, and black*



OLD TOTEM POLES STAND GUARD OVER THE BAY AT KETCHIKAN. ALASKA.

THE NAVAJO WOMEN DRESSED INK-BLACK TRESSES IN MONUMENT VALLEY.

SEEDY BEAUTY -A "HOUSE OF JOY" NEVADA CITY.

with numerous anecdotes and drawings, immediately broadens the scope and roots the work firmly in the present day.

Then comes the main gallery: drawings on each left page, color tip-ins on the right, handy for removal and framing. The range is wide. Many of the scenes are expected: San Francisco's Chinatown, the Monterey coast, Canyon de Chelly, totem poles.

Many are unexpected and all the more enjoyable. Look for the light, loose sketch of a spring wagon and old stores at Amador City, California; the harsh vision of sand, sage, rocks, and Joshua trees at a desert park; the moody Mendocino cemetery with distant buildings dissolving into fog; a quizzical deer in snowy Colorado woods, caught in a pattern of white, blue, and black; the limpid watercolor of a main street in Skagway with its gray coolness and sense of suspended time.

Only a few of the 56 paintings focus on people. But the drawings more than counterbalance: many depict quickly glimpsed, adroitly sketched individuals of all ages, at rest, at work, at play.

The original paintings—bold, sometimes harsh, often brooding and mysterious—have now gone on tour. They can be seen at Willoughby-Toschi Fine Arts Gallery, 521 Sutter St., San Francisco, through November 6; then at Cowie Galleries, 634 S. Westmoreland Ave., Los Angeles, for the following month.

Peter McIntyre's West is truly an international undertaking: the American West as visited and painted by a New Zealander; typeset, reproduced, and bound in Japan; and distributed by *Sunset Books* of California. The price is $15.95 through December 31, then $19.50.

The brown bag lunch

It might as well be interesting. Here are five that are. We tested them in San Francisco's St. Mary's Square

Today bag lunches are a fact of life five days a week, not just for school-age people, but for many adults. These lunches are spread out on desks, lunchroom tables, or on warm autumn days on a bench or lawn in a downtown park.

There's nothing wrong with a simple sandwich, an apple, and maybe a cooky. But why not let a really interesting lunch come out of the brown bag?

Recently we put together some slightly experimental bag lunches, all shopped from a supermarket, all suitable for high-speed assembly in the morning in the kitchen. Here are five that our testers particularly liked.

If you are a regular brown bagger, you probably have the few essential tools these lunches require stored in your desk drawer or locker: a multipurpose can and bottle opener or army knife, plastic knife and fork, and salt and pepper shakers.

Noontime pâté

Canned Pâté
Melba Toast
Gouda Cheese Wedges
Seedless Grapes **Apples**
Butter Cookies
Canned Fruit or Vegetable Juice

Here's one to share with a friend—a can (3 or 4 oz.) pâté serves two. Cut Gouda cheese in wedges and wrap well at home. You'll need a small spreading knife and an opener for the cans.

Desk drawer special

Beef Jerky
Armenian String Cheese or Cheddar
Sesame Bread Wafers
Hard-cooked Egg **Salt and Pepper**
Orange

This lunch keeps well enough to save for a day if a luncheon invitation intervenes. Use any favorite cheese that keeps well; wrap tightly. String cheese, if you can find it, is a treat, both tasty and amusing, as it can be pulled apart in thin string-like fibers.

Park or office Smorrebrod

Buttered Pumpernickel Slices
Kipper Snacks or Brisling Sardines
Cucumber and Raw Mushroom Slices
Green Pepper Squares or Onion Rings
Foil-wrapped Cheese Wedges
Dried Apricots

Butter the bread at home and package buttered sides together. Also clean and cut the vegetables; wrap well. At lunch time top each bread slice with fish and vegetables as desired. Choose a cheese

He's opening *a can of brisling sardines, while friend finishes lunch with an apple*

Noon diners *gather in San Francisco's tree-shaded St. Mary's Square*

Couple *shares lunch of pâté on toast, grapes and apples, Gouda cheese, cookies, and juice*

Nature *neatly packages an egg for nourishing lunch treat*

JOHN REGISTER

such as La Vache Qui Rit or Gruyère that comes in foil-wrapped wedges.

Brown bag antipasto

Canned Tuna
Bread Sticks
Cherry Tomatoes Green Onions
Dill Pickle Spears or Ripe Olives
Marinated Mushrooms or Artichoke Hearts
Sliced Fontinella Cheese Pear

Buy a small can (3½ oz.) tuna and a small jar (3 or 6 oz.) marinated mushrooms or artichoke hearts. If you like, open the can of tuna at home, drain well, and wrap a plastic bag around can and all. Open the mushrooms just before eating. You'll need a fork.

Guacamole break

Avocado Dip
Tortilla Chips Raw Vegetables
Hot Pepper Cheese
Canned Guava or Apricot Nectar

Buy a can (7¾ oz.) frozen avocado dip. In the morning, immerse the can in hot water for 1 or 2 minutes. Open can ends, push out contents and cut in half for 1 serving; package in small paper or plastic cup with cover.

Clean and wrap several raw vegetables such as carrot sticks, cauliflower flowerets, zucchini or cucumber spears, celery, or cherry tomatoes. For the cheese, choose pasteurized process cheese with chile peppers added, or jack cheese.

Raising the roof

Five not-so-new Los Angeles tract houses gain new bedrooms, family rooms, storage space, car space, living space by pushing roofs up and out

One Los Angeles subdivision, Westdale, has been the scene of a remarkable amount of remodeling. The location is good, the houses were well built, and the financial incentives were to stay and remodel rather than to move as family needs changed.

In 1963 we reported how 10 families there had gained space by converting garages to living space and adding carports and other rooms. The emphasis then was mainly horizontal.

Now we report five more remodeled houses in Westdale. This time the emphasis is on vertical space.

Three are the work of one architect, Carl Day, who discovered that there was a good deal of usable space in an attic under a high-pitched roof. He exploited the drama of the two-story interior and the economy of adding blocks of rooms that hardly show behind an already high roofline.

The other two architects exploited verticality in other ways. All three eliminated the attic to achieve it.

RICHARD FISH

Striking *rear facade uses existing rooflines, extended over addition; right-hand plane was carried up past gable peak to create high window space. Below, glass wall of living-dining room opens to a terrace shaded by lath structure. At left, doors of new breakfast room also open to terrace*

Stairway *to balcony room fits along one wall of added room*

From loft, *solid panels obstruct view into neighboring yard*

1· In the rear . . . new two-story drama

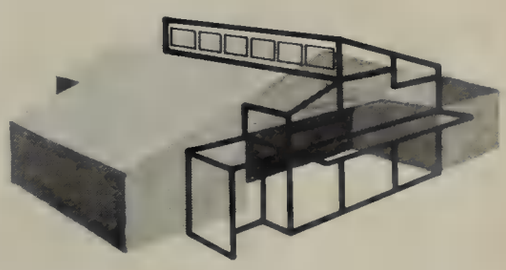
The surprise of this house comes just inside the front door, for it now has two stories but doesn't look it.

The former living room is now half of a living-dining room that remains under an 8-foot ceiling. The other half is a two-story space overlooked by a balcony room. The only new thing that shows from the front is the end of a bank of high windows to one side of the roof peak; the existing attic—with gable ends facing front and rear—was tall enough to accommodate a second story.

Those high windows, hinged for ventilation, cast even north light on a multiple-purpose room, which has built-in seating and bookshelves and storage under sloping walls. Below, the new living-dining room occupies the space of a former small rear porch and part of the rear garden.

The kitchen was also redone and a breakfast room added.

The architect was Carl Day, for Mr. and Mrs. James Copes.



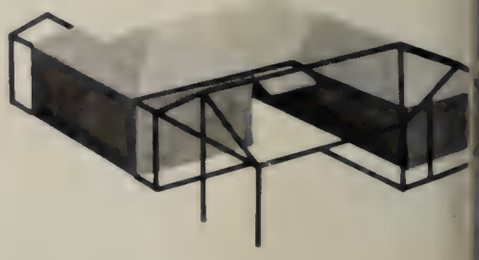
Tall window *lights new family room—divided into well outfitted studio-workshop behind counter, open to a sitting area*

Gable *replaces hip roof on garage converted to family room*

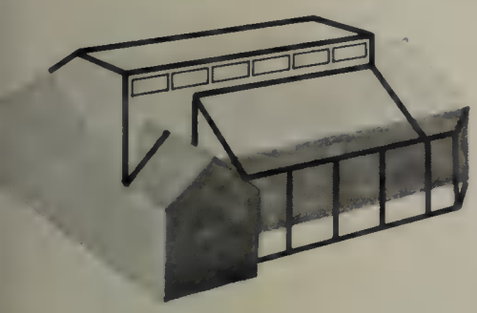
2· Toward the street . . . a new facade

In contrast to the Copes house, this one presents an entirely new facade to the street—the garage was converted to a family room and a carport was added.

The family room achieves loftiness both from its low floor (two steps down from the redone kitchen off which it opens) and the high ceiling, former attic space in a gable extended toward the front.



3· Behind the roof peak . . . a block of new rooms



This is another second-story addition that hardly shows from the street.

It was a gable-roofed house, with gable ends to the sides. Its main roof peak is now slightly elevated, concealing a flat-roofed block of rooms that contains a parents' retreat: a generous master bedroom (14 by 20 feet), closets, and an adjoining bath. A panel of high windows across the back of this block provides daylight. In addition, the master bedroom looks down on a sloped-ceiling addition to the living room below and the rear garden beyond.

A final addition was an enlarged breakfast room, with an angled wall to allow for the driveway to the detached rear garage.

The architect was Carl Day, for Mr. and Mrs. Henry L. McCord.

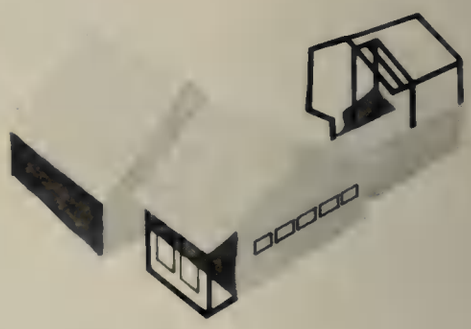
RICHARD FISH

Large new *master bedroom overlooks an enlarged living room. Louver doors can be closed for privacy. Line of the balcony marks former rear wall of house*

A pitched roof creates the carport. It has an open gable on the side to let in light for two bedrooms expanded (under a flat roof) 4 feet to the front. In the rear, a remodeled master bedroom suite was expanded the same distance to the rear—under an extended hip-roof projection.

The architect was Raymond L. Lloyd, for Mr. and Mrs. Steve Friedman.

Second-story *addition to garage has two bedrooms and a bath. It is linked to main house by new family room*



4· Atop the garage . . . new sleeping

The special case of the corner lot imposes a need for privacy on two sides of the house. And, since more land is used for public landscaping than on an inside lot, rear garden space is too valuable to use casually for adding onto the house.

But you can go up. The garage top here was a likely place to add bedrooms; the youngsters had outgrown the need to be close to their parents' bedroom. And if you can't conceal such an addition, you can at least make it handsome.

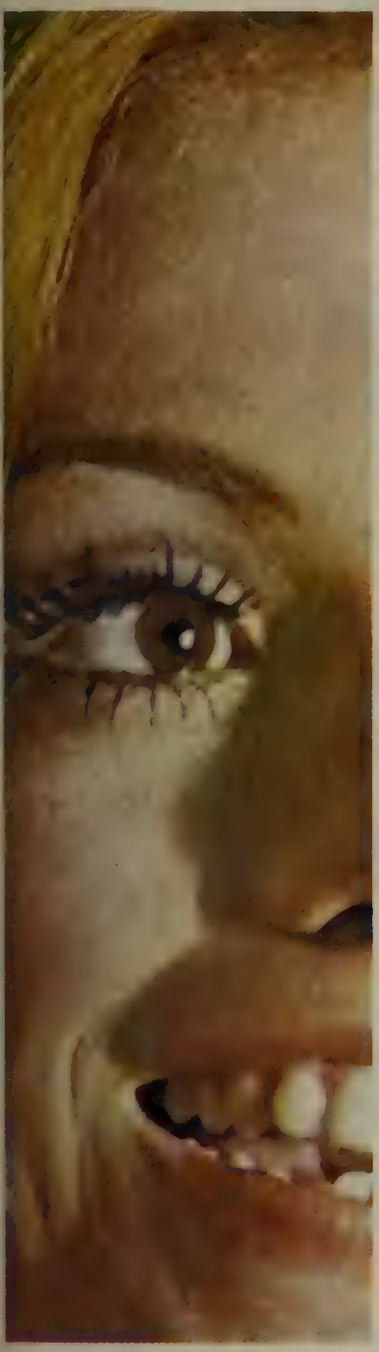
In further remodeling, the service area linking house and garage became a new family room. The kitchen was remodeled and its lighting improved by placing new windows in a strip between cabinet and counter level. And the dining room was enlarged by pushing its front wall forward (see sketch above).

The architects were Hutner and Appel, for Dr. and Mrs. Julian Singer.

New family room *occupies former service area between kitchen and garage. Height of its ceiling comes from former attic space*

Bedroom addition *repeats roof pitch of main house, so ceilings reach a lofty 12 feet. Tall strip windows provide dramatic light on sides away from street*

RICHARD FISH



YOU

When you do a room, you want it to say "me." So you look for walls that will form the perfect scene-setting background . . . flatter your furnishings.

Masonite Corporation lets you indulge yourself—with an unequaled selection of exclusive panels. Such as: Antique Yorktown Blue for color; Marbletone for textured elegance; Spanish Oak for 3-dimensional graining; Fern Green for hand-sawn effects.

Speaking of hand effects, kids don't usually get along with beautiful walls. They do with Masonite brand panels, however. For unless you insist on steel, we've got the toughest walls around.

But they're not tough on your budget. An 8′ x 12′ wall costs less than $35. At your lumber dealer. Look for him in the Yellow Pages under "paneling," or write Masonite Corporation, Dept. S 11, 200 Mason Way, City of Industry, California 95610.

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THE MARK OF INTEGRITY

MASONITE CORPORATION

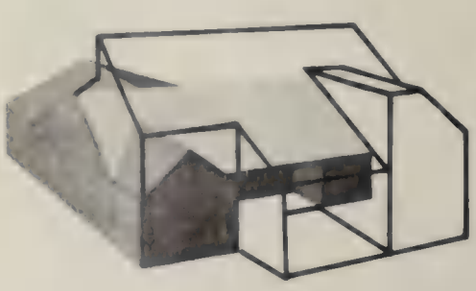
RICHARD FISH

Looking down *from balcony. Sloping roof beyond new high glass of enlarged living room shelters brick terrace*

Balcony *is hallway for second-story addition; its enlarged section serves as an all-purpose area*

5· On the side, in the back . . . new upstairs rooms

Terrace *is partly roofed, partly open. Stairway to new second story occupies projection at right.*



This fifth house captures some of the spatial drama of the first, and like the third it has added an impressive amount of second-story space. Like both, it shows little of this from the street.

Again, a roof peak parallel to the street was raised, so that the second-story block of bedrooms is not prominent. Again, a balcony overlooks a living room enlarged by pushing its wall to the rear past space once occupied by a porch. But this house has also added bedrooms on the side (partly cantilevered over the side driveway), served by a stairway from the rear and a balcony on a side and across the living room.

The architect was Carl Day, for Dr. and Mrs. Stanley Kandel.

I am an architect.
This is my home.
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We asked 1000 architects to help you decide how to build. 3 out of 4 built their own homes of redwood. Is that any help?

Architect Charles M. Richter's home, Berkeley, Cal.

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The Changing Western Home

DARROW M. WATT

Featherweight mirrors

The glassless 25 by 30-inch mirror held by the young girl at right weighs only 1 pound 14 ounces. She'll mount it on the wall of her room on four small, adhesive-backed pads, using neither nails, brackets, nor wires. If she drops it, it won't break. And if she hangs it near a shower, it won't fog over.

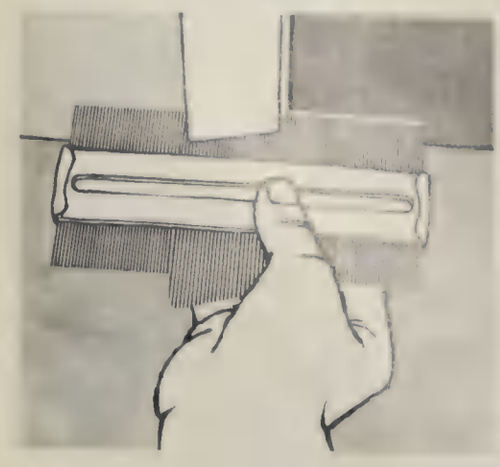
The mirror is made of a polyester film that's vacuum-coated with aluminum and stretched over a lightweight, hollow-core backing. Its exceptionally bright, reflective surface and lack of color distortion make it a natural for showrooms, but it's equally suitable for home use as a single mirror or joined with others to form a mirror wall. Small sizes can safely be packed in the car for camping trips.

Although shatterproof, its surface can be scratched or punctured by a sharp instrument. You clean it with a soft cloth, and remove any light scratches by spraying with a furniture wax and wiping with a soft cloth.

It's made in 13 stock sizes from about 12 by 16 to 48 by 96 inches. Sizes 24 by 48 inches and smaller are 11/16 inch thick; larger sizes are 1-3/16 inches thick. The smallest mirror sells for about $6, the largest about $90, plus a packaging charge. Custom sizes are available on special order. If you cannot locate the product, send a stamped, addressed return envelope to Mirror Editor, *Sunset Magazine*, Menlo Park, Calif. 94025.

A shape copier

The little tool in the sketch copies shapes and outlines. It consists of wires bound into a flat plane by a metal clamp. When you lay flooring, carpet, or wallboard and have to fit a complicated corner or molding, just push the tool against the surface concerned and trace the form on the material you want to cut. The tool costs about $2.20, at hardware and building supply stores.



When the light stops working, throw it away

Too often the trouble with flashlights in emergencies is that bulbs or batteries are all used up when the fuses blow. Then, too, most flashlights cost enough that you hate to buy one for the car, one for the kitchen, and one for the bedroom.

A new kind of flashlight helps with these problems. It costs about $1 to $1.70, little enough that you can buy several and spot them wherever you may need one. The new light is small, about 2½ by 4 inches, and flat rather than round so it fits a pocket well. And it's meant to be thrown away when it stops working, so the battery-bulb replacement question doesn't come up.

Look for the new lights in department stores and homeware shops.

'BOUNTIFUL'® for bed and bath.
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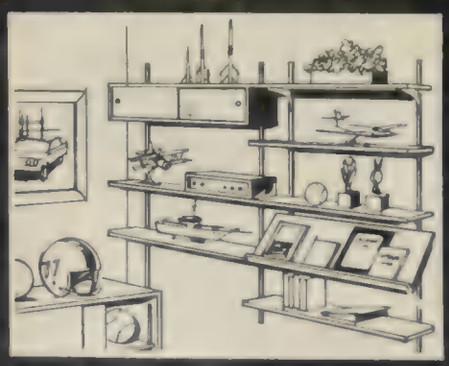

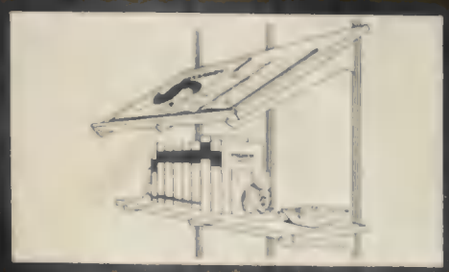

Beautiful new Slimline design features recessed concealed slots. Available in wide selection of sizes and beautiful decorator colors. Luxurious, pre-finished shelves available, too. See displays at your nearby Hardware or Building Supply dealer.

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our 50th year

It stamps out concrete "bricks"

Concrete lends itself to a variety of surface treatments. It can be smooth, roughened up by brushing, washed and brushed to expose the aggregate, seeded with pebbles and rocks, or imprinted in various ways with drawings and leaves.

A newly perfected method of imprinting the surface makes a concrete walk, driveway, patio, or interior floor look like brick, tile, or cobblestone. Purists may object to imitating another material, especially when the result looks almost authentic. The choice of patterns is presently limited, but the method may soon be adapted to imprint other designs—possibly simple geometric patterns, imitative of nothing—or merely to impart a texture to the concrete surface.

HOW IT'S DONE

The imprinting is done by specially licensed contractors using a cast aluminum device (see photograph at top) that is set on the concrete while it's still wet and tapped with the head of a sledgehammer

Imprinting tool *is placed on concrete, tapped into surface*

After imprinting, *minor patching is done before concrete sets*

ELLS MARUGG

Driveway *imprinted with cobblestone design. Joints were not grouted*

WAX-ME-NOT!

Villager™ in Monogram™ Cushioned Vinyl.

This is Shinyl Vinyl. The no-wax floor.

Meet the Wax-Me-Not floors. The beautiful Shinyl® Vinyls. They have a built-in polished surface that takes the place of wax. Really! No waxing. And next-to-no upkeep. Sponge mopping usually does it. Take your choice from 200 (yes, 200!) easy-care Shinyl Vinyl patterns.

Here you're looking at Monogram, a brand-new idea in cushioned vinyl. It has a deep blanket of vinyl foam – the *thickest* cushion that vinyl flooring has ever had. This gives new Monogram its bounce. The ability to spring back from kicks and scuffs, like new. And oh, what that cushioning does for feet. (And peace and quiet!)

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Camarillo in Monogram Cushioned Vinyl.

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Available in Canada.

to stamp in the design—it's much like using a cooky cutter except that the imprinting tool is driven into the concrete only deep enough to outline the shape of the brick, cobble, or tile (or deeper if you want a grout joint).

The concrete to be imprinted is poured in the usual manner (normally a 4-inch slab) and leveled off. Then a color topping is spread evenly over the slab and the surface is troweled to the desired texture. The color topping helps condition the surface of the slab to receive the imprinting tools. (You have a choice of 56 basic colors plus an almost infinite number of blends.) Imprinting starts as soon as the surface has set enough to support the men and imprinting tools and to hold its shape after the grooves are made. After imprinting, the surface is coated with a color wax that serves as a sealer and helps in the curing process.

Grouting, if desired, is applied about three days after the slab has been stamped. A dilute mixture of mortar is spread over the surface and squeegeed evenly into the grooves. Then wet sacks or towels dragged over the surface remove all excess mortar. A mechanical buffer does the final cleanup.

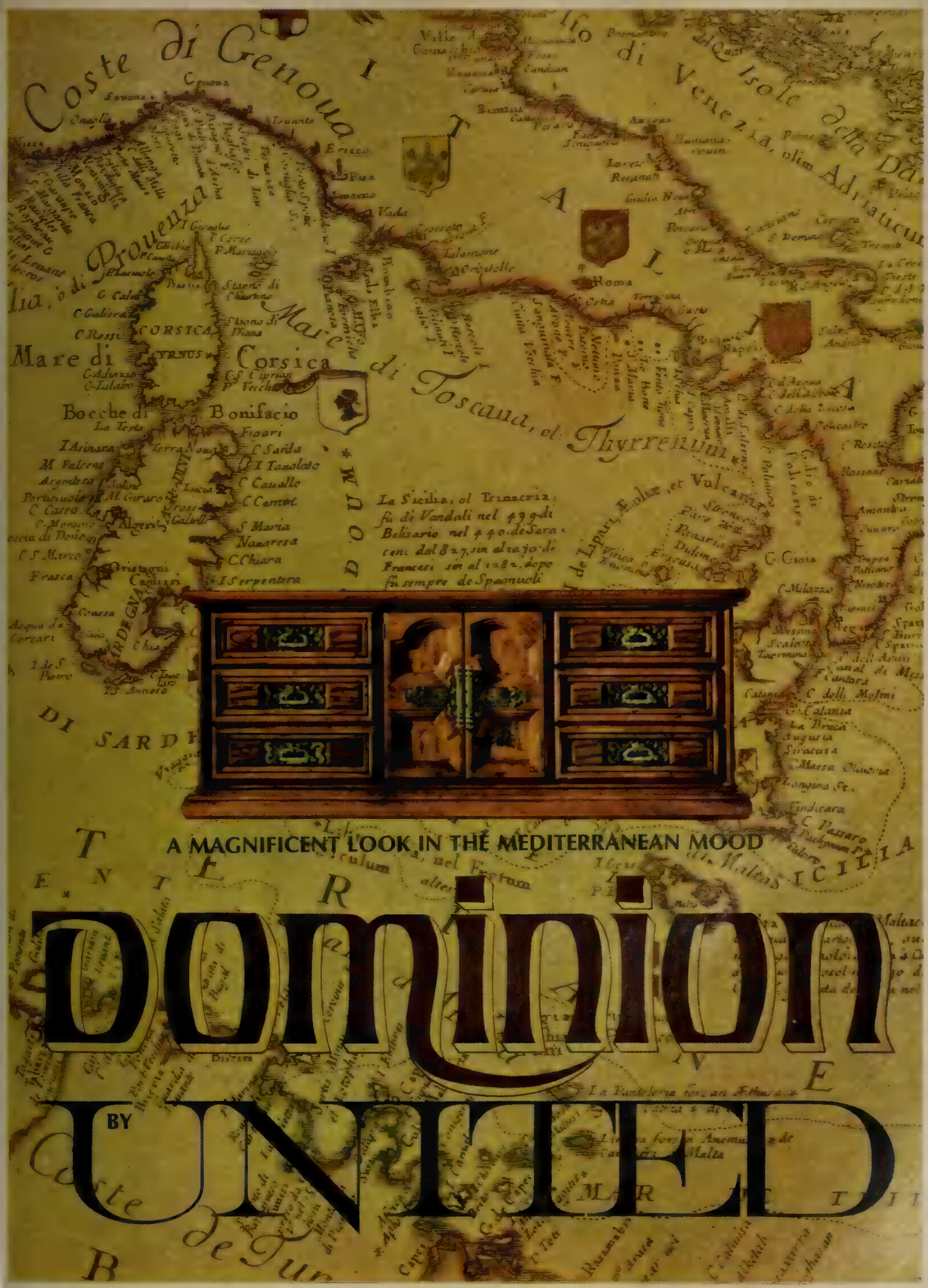
WHAT IT COSTS

Imprinted concrete in any one of the three available patterns costs about $1.20 a square foot. This is for a 4-inch-thick concrete slab, properly laid down, colored, imprinted, and treated with a wax sealer. If you want the joints grouted, the cost increases to about $1.70. These prices are based on a minimum area of 800 square feet.

As a comparison here are some approximate costs per square foot for other paving materials, installed: plain concrete, 60 to 75 cents; colored concrete, about $1; concrete with exposed aggregate finish, 70 cents to $1; brick set in mortar on a subslab, $2.50 to $3; tile set in mortar on a subslab, $2.25 to $3.50 depending on the tile used. Cobblestones, if you can find them, will cost around $3 to $4.

WHO DOES THE WORK?

Putting down brick, concrete, or tile is a job you could tackle yourself, depending on your own skills and the level of quality you want in the job. But the imprinting process is not do-it-yourself. It's a system developed many years ago in Carmel, California. The system and imprinting tools are now available to selected and trained, licensed contractors. At present there are two installers in the Los Angeles area, and one in the San Francisco Bay area. At the time of this writing, two more are being considered for the San Francisco area, and before many weeks the process will be available to home owners and designers in Hawaii and Arizona. By next year, it should be available in the Northwest.



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DARROW M. WATT

There's a lot *of room to spread out paper and paint on this oversized art table*

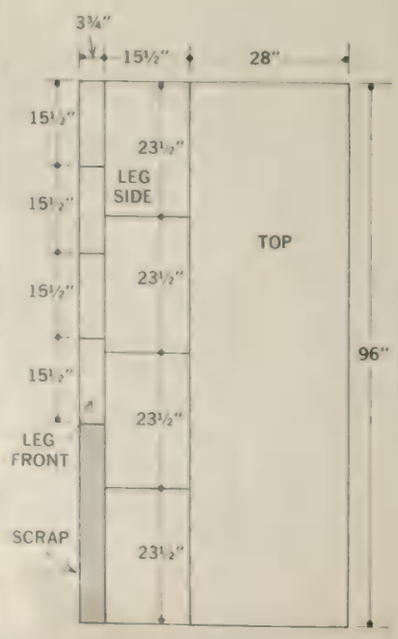
What's great about this table is its size

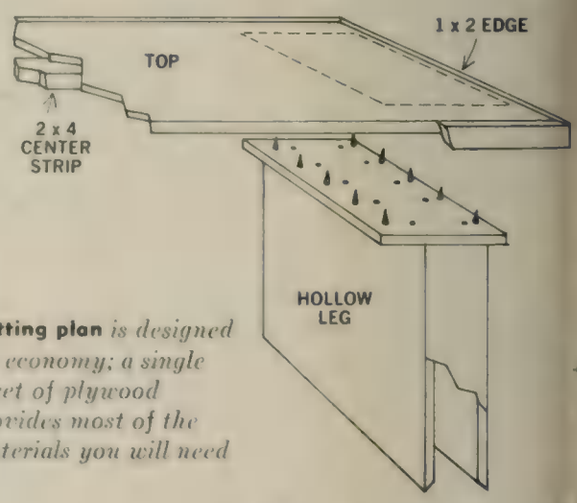
Creativity flourishes on the open space of this art table. It provides an 8-foot-long surface where two or even three youngsters can spread out their large newsprint pads and sheets of colored paper with room to spare for craft materials.

It is made from a single sheet of plywood, edging strips, some scrap ¾-inch plywood, and a length of 2 by 4. The cost is small (around $20) considering the six or more years a child can use it. The plywood top is coated with a clear sealer so crayons, glue, and paint are welcome here.

To make the art table you'll need one 4 by 8-foot sheet of ¾-inch plywood, two 10-foot lengths and two 3-foot lengths of 1 by 2 trim, and one 6-foot 2 by 4. You'll also need two 8 by 24-inch scraps of ¾-inch plywood.

The top and all the leg pieces are cut from the single sheet of plywood as shown in the sketch. Cut the table top 28 by 96 inches. Cut four leg sides 15½ inches tall by 23½ inches wide to the outside miter. Cut four leg ends 15½ inches tall





Cutting plan *is designed for economy; a single sheet of plywood provides most of the materials you will need*

Hollow legs *are recessed out of the way at table's ends. The 17-inch height seems right for young children, whether seated or standing*

Sunflower coordinates feature the world's biggest blooms.
If run-of-the-garden flowers look tame to you lately, go gigantic with the new look of sophistication.
Fill your home with Sunflower. Velvety all-cotton towels, bedspread, and no-iron sheets of 50% cotton, 50% polyester.

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Cannon® Sunflower in blue (above), green, orange or royal. At fine department stores. Cannon Mills, Inc., New York 10020.

Carpets for people to live on.
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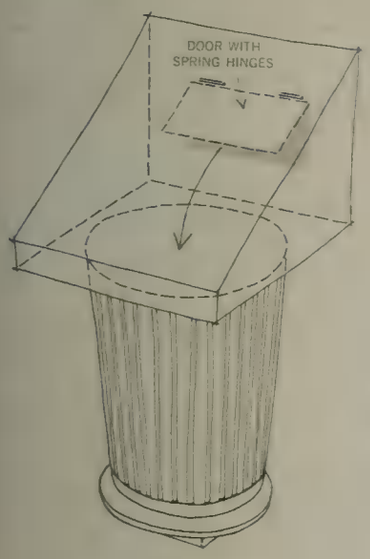
You can roll on them, bounce on them and even walk on them—a lot. Because they're soft and springy and very tough.
If fun's happening, there's usually a Masland Carpet beneath it all.
The Magic of Masland Carpets
MASLAND & SONS
KODEL

y 3¾ inches wide to the outside miter. 'rom the scrap ¾-inch plywood, saw wo pieces 8 by 24 inches to be used as eg-attaching plates. Cut the four 1 by 2 dging strips for the top: two 28 inches ong and two 96 inches long, both to the nside miter.

Vith finishing nails and glue, attach edg-ng strips to top and assemble the two ollow legs. Screw the plates to the legs s shown in the sketch. Screw the plates o the underside of the table, about 2 nches in from the ends and centered ront to back. Glue and screw the 2 by 4 race along the center lengthwise under ne table. Lightly sand all surfaces and nish with a clear sealer.

'he table was designed and built by Gor-on Hammond, Palo Alto, California.



Garbage pass-through

This unusual pass-through to the garbage can was the step-saving idea of L. L. Roobian, Kailua, Oahu, Hawaii.

He cut a hole about 11 by 14 inches (between wall studs) at a convenient location in an exterior kitchen wall, then trimmed the opening with window molding. A simple wood door with spring-loaded hinges keeps it sealed between uses.

A canopy of ½-inch exterior plywood covers the exterior of the opening and the top of the garbage can. A large circular hole cut in the bottom of the canopy allows the can, with lid discarded, to be slipped up into it with about ¼-inch clearance on all sides. The plywood cutout from the hole was used as a base for the can.

With a garbage disposal unit in the kitchen, the Roobians use this garbage can mainly for such things as cans, bottles, and paper.

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Madera SpaceSaver units available with pole installation, as shown; also two wall-hung models. **Madera scale** has elegant carved tapestry platform, framed by wood-finish molding; low profile hugs the floor. Matching **Madera wastebasket** has all-round-your-home usefulness.

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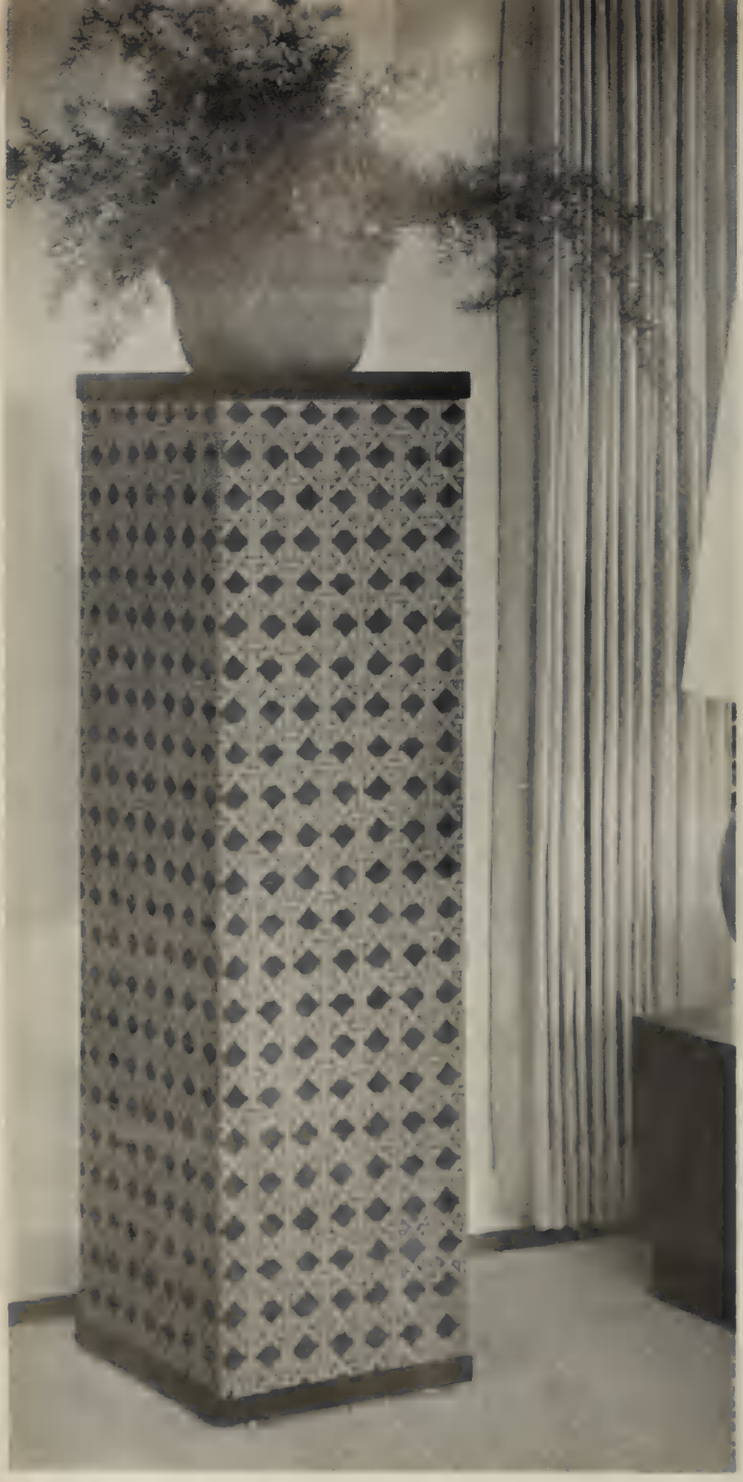
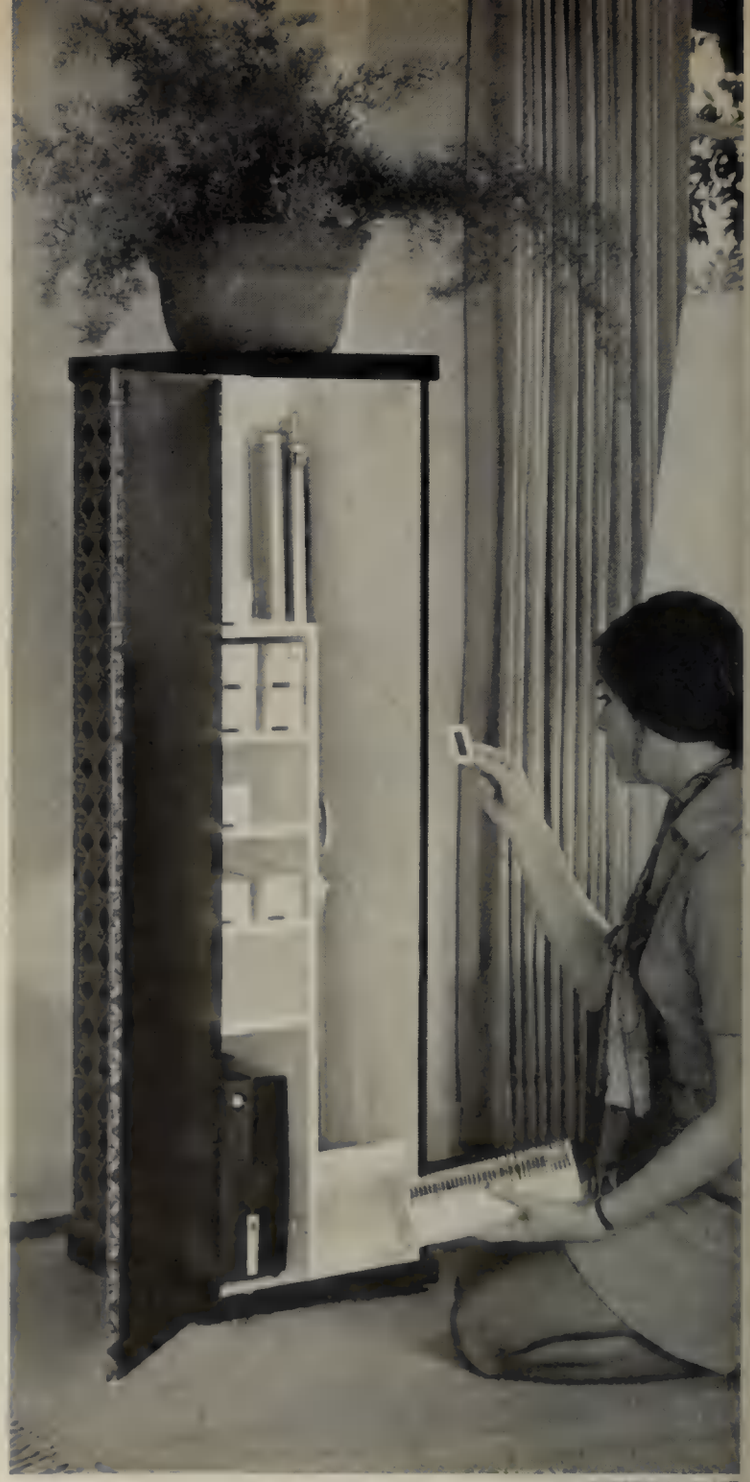




DARROW M. WATT

Here, the cabinet *serves as a stand for an asparagus fern. The raised trim around the top edge hides a shallow saucer under the pot. Inside is stored all the equipment you need for your home movie or slide show*

Projection *is over the heads of the viewers*

Projection unit supports projector, stores everything

After every vacation do you spend hours editing and arranging slides or movies so you can relive your adventures and share them with friends? When you're all done, where do you store them?

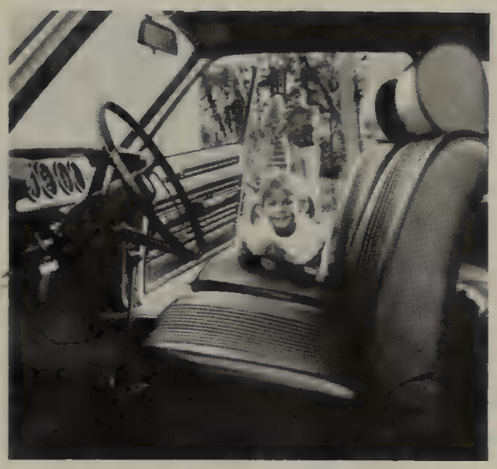
Chances are it's a place quite unhandy at show time, and perhaps nowhere near where you keep the projector and screen.

Offering an everything-in-one-place solution, here is a

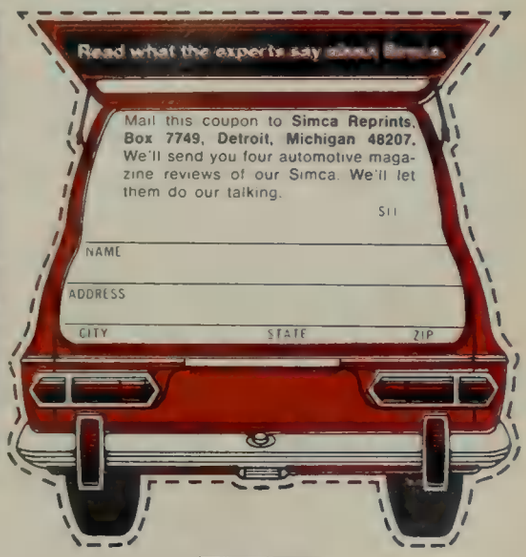
"As a second car at a price ($1,875),* the Simca would be awfully hard, if not impossible, to beat." *Tom McCahill, Mechanix Illustrated*

"The Simca 1204 is really what the Maverick should have been: an inexpensive, quality-built, soundly-engineered, good-performing, fun-to-drive machine that is relevant to an ever uptightening metropolitan America." *Motor Trend* magazine. If all this praise sounds a little unbelievable—brace yourself, there's more good news. Like front-wheel drive. Torsion-bar suspension. Front disc brakes. Rack and pinion steering. A fold-down rear seat. Unibody construction. And, for good measure, Simca's economy—getting 25 to 35 mpg.

"The storage space inside the rear uplift panel was large enough to carry the vittles for a family of gorillas for at least a month." *Mechanix Illustrated*. 41 cubic feet to be exact.



"It treats passengers better than *anything* in the under $2,000 class." *Car & Driver*. With a roomy interior, fully-reclining front buckets and soft-vinyl seating throughout.



*Based on manufacturer's suggested retail price for the standard 1970 Simca 1204 2-door sedan, P.O.E., excluding dealer new-car preparation charges, destination charges, and state and local taxes. Racing stripe shown is $17.95 plus dealer installation.

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At Zenith, the quality goes in before the name goes on.

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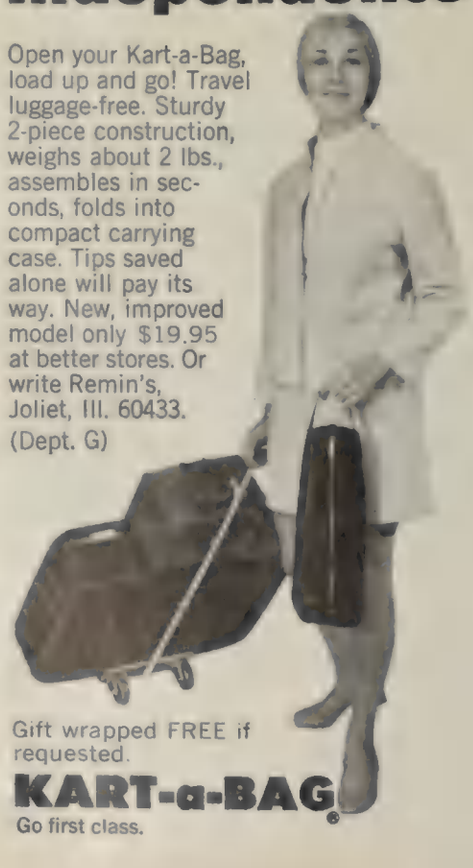
Open your Kart-a-Bag, load up and go! Travel luggage-free. Sturdy 2-piece construction, weighs about 2 lbs., assembles in seconds, folds into compact carrying case. Tips saved alone will pay its way. New, improved model only $19.95 at better stores. Or write Remin's, Joliet, Ill. 60433. (Dept. G)



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Go first class.

multipurpose unit that holds projector, screen, and slides or movie reels; is high enough to serve as a projection stand so you don't have to set up a card table; and rolls on casters so it can easily be moved. When not in use for a show, it can serve as a plant stand or a place to display a piece of sculpture.

We made the stand 14 by 14 by 48 inches to accommodate a slide projector, 40-inch-wide screen, and other gear (adjust the size as needed to suit your own equipment). This one was made from one 4 by 8-foot sheet of ½-inch plywood.

Assembly. Cut and assemble the two sides and back, butting them to the top and bottom pieces and fastening with wood screws. Next build the interior shelves and dividers. We made a lower compartment to hold a projector placed on edge, with five shelves above for slides. The top interior shelf can be used for another projector. The screen stands at one side, with a baffle strip at the bottom to keep it from sliding out when the door is opened.

Many different arrangements are possible; you may also want hooks or pegs for extension cords and circular slide holders, and shelf dividers to separate reels, slide trays, and files.

Add exterior trim around the top and bottom of the stand. We used 1½-inch wainscoting trim at the top (to provide a raised edging so projector or slide trays can't slide off) and at the bottom, extending it down to the casters.

Cut and hang the door, measuring carefully so it will clear the trim. We installed magnetic catches at top and bottom to hold the door snug in case of warping.

Finishing touches. Paint the stand inside and out; or use rough-sawn plywood and stain it or apply a Danish oil finish; or cover the outside with wallpaper.

Or cover it, as we did, with fabric (cotton in a basketweave design):

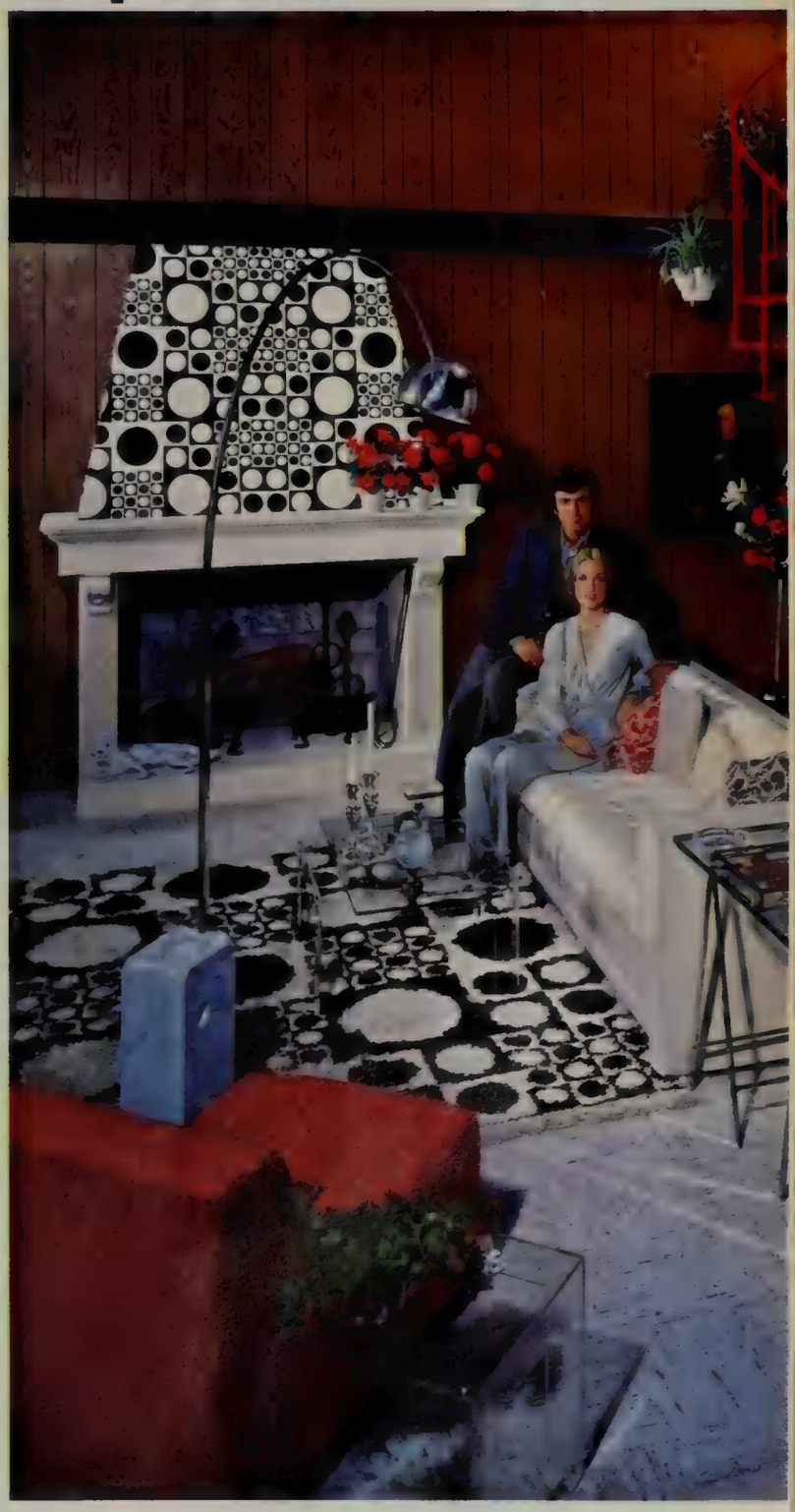
With water, thin white glue to a paintlike consistency, brush on one panel, then smooth the cloth over the glued surface. Repeat for each panel. You don't have to cut the cloth; simply unroll it as you work until all four sides are covered, then cut away the excess with a matte knife. While the glue is still tacky, cut around the door opening and trim all edges, pressing them flat against the panel. If you wait until the glue is dry the material won't smooth out and stick.

If the glue bleeds through, paint over the cloth with a thinned solution of white glue, then wipe off the excess with a damp sponge. Continue wiping until only a thin layer of glue remains—just enough to fill the weave in the cloth. Don't worry if the finish has a whitish cast; this will disappear when the glue dries.

Total cost of the project, including wood, hardware, paint, and cloth, was about $23

There are thirty-three Weldwood panels under $8.95. One for every room in our castle.

For our turret room we used Weldwood's newest: Estate™. Specially priced at just $5.49.



You don't have to pay a fortune to get genuine Weldwood paneling. Or settle for a choice between dark walnut or light walnut.

New Estate ($5.49 for 5/32" panel), a dramatic, textured lauan available in six handsome colors, is just one of thirty-three Weldwood panels priced under $8.95. You can make your selection from a wide variety of woods, and finishes from the darkest tones to the very lightest—to match any decorating style.

Whether your problem is a big house or a small budget (or both), the name to remember is Weldwood.

See your local lumber or building supply retailer. Or your Weldwood Headquarters Dealer, listed in the Yellow Pages under Plywood.

Make your move to WELDWOOD® PANELING

U.S. Plywood

A Division of U.S. Plywood-Champion Papers Inc.

Panel prices are the manufacturer's suggested retail prices and do not include installation.

Pequot.

What a pequliar name for such beautiful coordinates.

Fill your bedroom and bath with the blush of Tulip Bouquet. In sheets and pillowcases of blended 50% Kodel® polyester, 50% cotton, durable press, no-iron muslin. In cotton and polyester no-iron bedspreads. In towels of soft, sheared cotton terry. All coordinated in three fresh, blooming color combinations. And all by Pequot, makers of beautiful sheets since 1847. Pequot, 104 West 40th Street, New York, N.Y. 10018.

PEQUOT

Insuring a small boat . . . easier now

Until the last few years, the owner of a small pleasure boat either paid exorbitant rates to insure his craft or trusted to luck and skill and left the boat uninsured.

Most insurance companies in the past ignored him; they were interested only in insuring large yachts. The insurance industry really didn't know what to do about small boats—little actuarial data was available on the subject. Therefore, premiums for small boats were high and were not uniform in different areas, even though moorage, water conditions, and the length of the boating season might have been similar. Some policies contained so many restrictions that they gave the boat owner little or no real protection.

Today, this has changed. Insurance companies have discovered that their losses on small boats are considerably less than had been expected, that most boatmen want coverage, and that there are a great many small boats eligible for such coverage. As a result, many companies are now actively competing for the boatman's premiums with attractively tailored policies to fit a variety of needs—and at much lower cost.

ALL-RISK POLICIES

The most popular boat insurance now is an "all-risk" policy that provides protection from almost every conceivable hazard, including fire, theft, lightning, explosion, windstorm, sinking, stranding, collision, loss overboard, and that common problem, propeller damage. Coverage extends throughout the year, afloat, ashore, or in tow on a trailer. The policy can include liability and bodily injury coverage, including medical payments.

Until recently, such policies averaged between 4 and 6 per cent of the market value of the insured boat. For example, an all-risk policy on a $1,500 boat would cost about $75 a year. Today, the all-risk policy is about 3 per cent in California, 2½ per cent in Oregon and Washington.

DISCOUNTS

Also, many insurance companies will give you a 5 per cent discount on power boat all-risk policies if you have taken the courses on piloting and seamanship given by the U.S. Power Squadron (an auxiliary of the U.S. Coast Guard); and many will give you a 10 per cent discount on sailboats if you have taken the same courses, regardless of whether the sailboat has auxiliary power or not.

DEDUCTIBLE POLICIES

Rather than an all-risk, you can take a deductible policy, one that insures any damage to your boat that would cost more than $100 (or other specified figure) to repair—the same type of "collision" insurance that is commonly written for automobiles. These policies, of course, cost less than the all-risk.

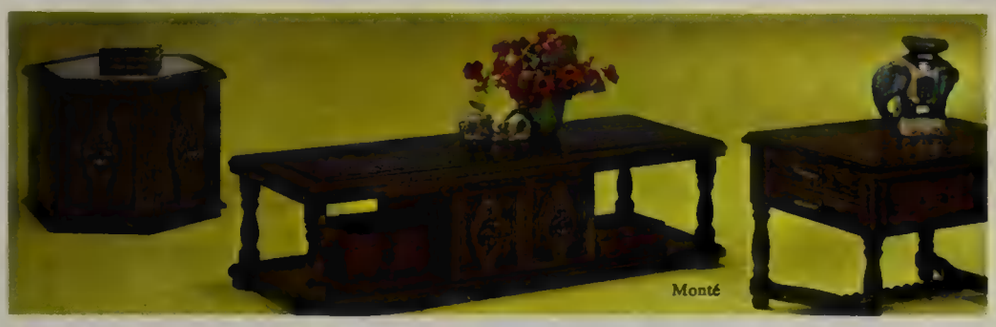
HOME OWNER'S POLICIES

Some home owner's policies—those that give broad insurance coverage for your house and its belongings—will cover your boat when it is parked at home (usually only up to $500). But most do not cover the boat when it is being towed behind your car or in the water, unless the policy is so extended.

AUTOMOBILE POLICIES

Your automobile insurance may automatically cover your boat when it is being towed, or it may cover just the trailer. Here again, the insurance usually does not cover the boat when it is in the water (or parked at home), unless specifically extended.

Because there is such a wide choice among small boat policies now, your best recourse is to discuss with your insurance agent the type and amount of coverage you want. He can explain the options, suggest what new policy to buy or how to extend a present policy, and—because of the present competition for such business—provide wide coverage at less cost than before.



Bassett tables are protected with Du Pont Dulux® finishes.

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Bassett offers the greatest selection ever of tables, bookstacks, credenzas, commodes, cabinets, bars and other accent pieces to make your world an even more wonderful one. Contemporary and traditional groupings feature selected hardwoods and fine veneers in a wide variety of styles and finishes. Living and entertaining are more gracious when you choose furniture combining Bassett quality, durability and value for every room in any home.

See your Bassett dealer today . . . or send 50¢ for your copy of the new Bassett Idea Book to: Why Wait?, Dept. V11, Bassett, Virginia 24055.

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Bigelow's soft cloud patterns for Virgo.

Virgo, the perfectionist, born under the sign of the craftsman. She is drawn, irresistibly, to Cloudridge, the carpet scattered with puffy random clouds on a tight-looped sky.
Wise, prudent Virgo will appreciate the economy, the durability, the stain-resistant qualities of this Bigelow Approved Herculon* olefin fiber.
Cloudridge comes in clear Sapphire and in eight other colors designed to brighten any woman's world.
There are Bigelow styles for all Zodiac personalities. To see the one that's right for you, call us TOLL FREE (800) 553-9550 for the name of your nearest Bigelow dealer.
In Iowa, call (319) 242-1867 collect.
In Canada write: Bigelow-Canada, Ltd., 4 Westmount Square, Montreal 216, Quebec.

*Registered trademark of Hercules Incorporated, for its olefin fiber.

MICHAEL TILDEN

all convex mirror *(see arrow) gives an noticed view of visitors at front door*

om inside, *a glance upward through one all high door window tells who's waiting*

Mirror tells who is at the door

stead of a peephole at eye level in the or, the owners of this home installed mirror so they could see who was ring- the doorbell.

is a small convex mirror with a self- hesive back—the kind you buy at an to supply store for less than $1 to ck on a larger rear-view truck or car rror. The small convex mirror gives a l view of the front entrance through small high windows of the door. It is aply stuck to a small piece of plywood it is nailed to the roof overhang and inted to blend in with the outside wall.

...would you believe

that Breuners could bring you grandfather's traditional, massive roll-top desk in this truly modern manner? Keyed to today's living in a fine Antique Provincial finish, it's spacious—54 inches wide, 28 inches deep and 49 inches high — it's handsome with its massive roll top, and it's truly a fine reproduction (Circa 1800). Large work space, plenty of storage drawers.

A real treasure from the past **379.95**

Drexel swivel chair . . . **$175** Adjustable desk lamp . . . **14.95**

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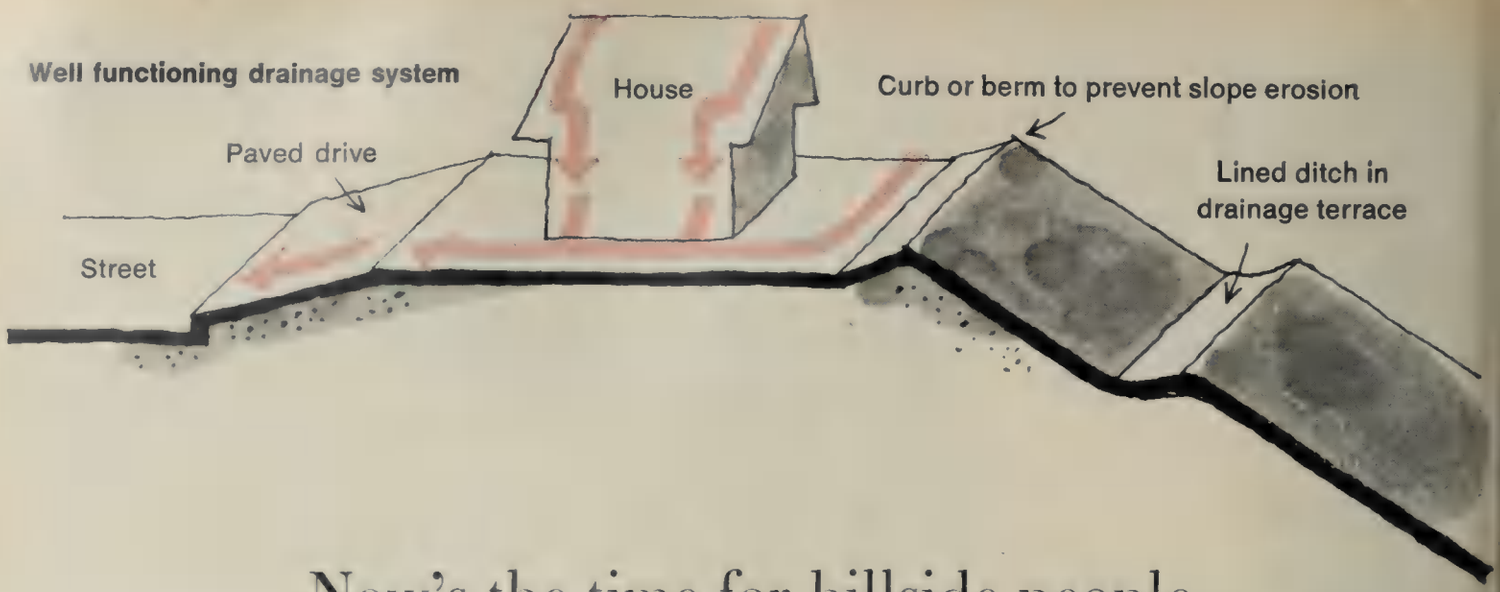


Now's the time for hillside people to check their garden drainage

If you live on a hillside in a house with an established garden, perhaps you didn't pause very long to study the drainage article on page 196 of last month's *Sunset*. But though the muddy mess of a raw, unlandscaped lot is a thing of the past for you, drainage problems may beset a hillside resident long after the slopes are terraced and covered with plants. A clogged drain or ditch can upset a drainage system that's operated efficiently for years, perhaps even causing a portion of a bank to slough off or a retaining wall to crack or buckle.

Before the heaviest rains of winter come, you should check your house and property to make sure that all elements of your drainage system are in good working order. Here's a maintenance check list, along with some special considerations if you've been adding or altering landscape features within the garden.

The main point to remember is this: Keep as much excess water as possible out of the soil.

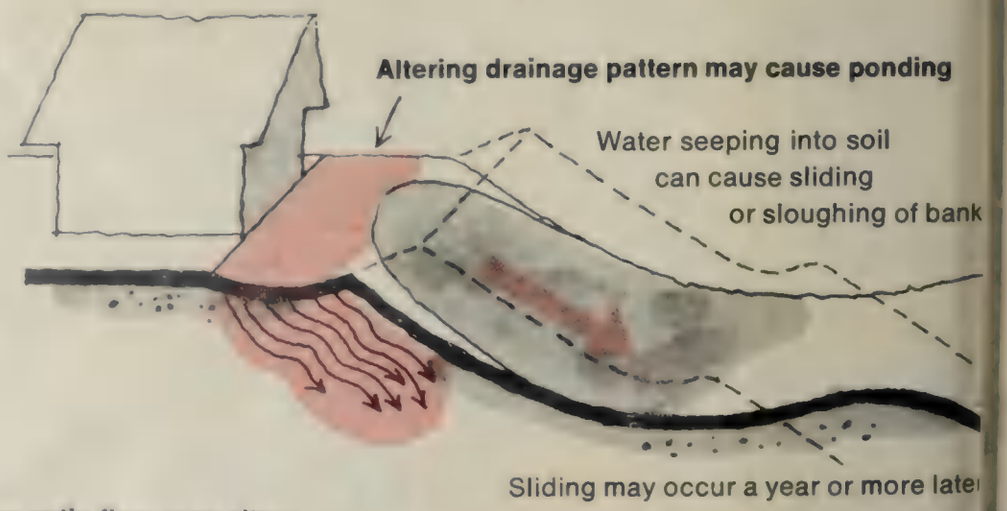
Clean roof gutters and downspouts. As obvious as this seems, many homeowners forget this chore until a gutter clogs, overflows, and pours down the wall of the house or into a window. Don't connect downspouts to subsurface drains: most are designed to handle only ordinary subsurface water, not the volume flowing off the roof.

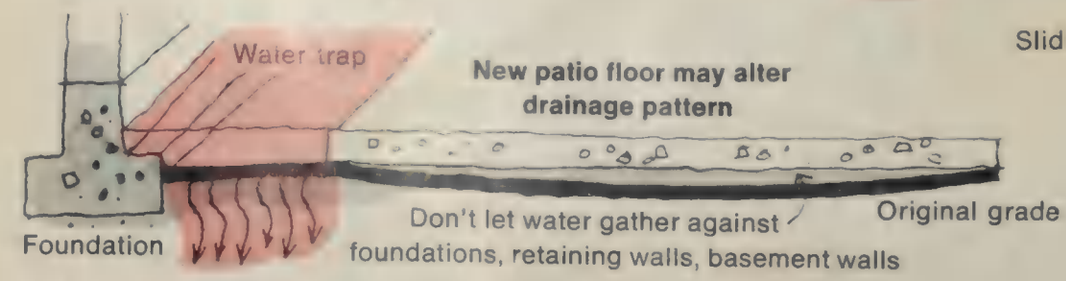
Clear surface and terrace drainage ditches. These were made (or should have been made) during the initial grading of your hillside building site, and may be unlined, or lined with concrete, asphalt, brick, or tile. During the summer they're likely to become partly filled with dirt, leaf debris, or plant growth. Rake or shovel out the debris and cut back any plant growth that may act as a snag during a storm. Check these ditches frequently throughout the winter. Be sure children don't dam them up or otherwise obstruct the flow of water.

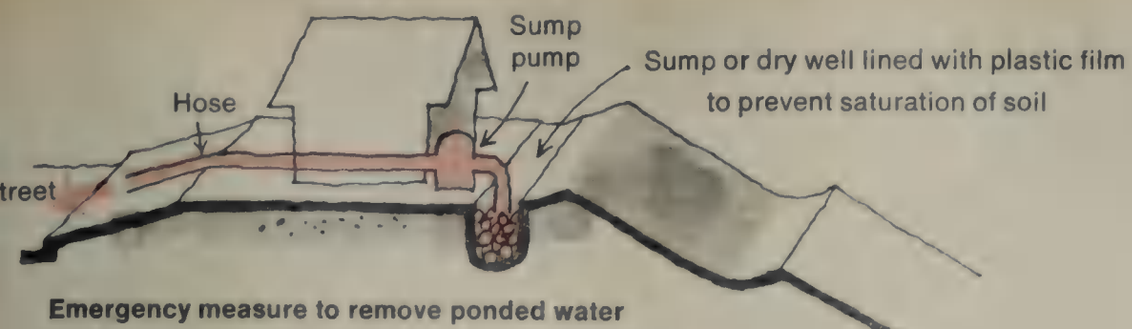
If you and your neighbors share a terra ditch, get together and clear out t entire system. A clogged ditch on yo neighbor's property can overflow, se into the bank, and create a potential unstable condition on both properties.

Unclog subsurface drains. Roots and oth debris can clog subsurface drains. If th seemed sluggish last winter, better cl them now. A plumber's snake usua works for leaf clogs, but a root clog m require a professional root-cutting servi

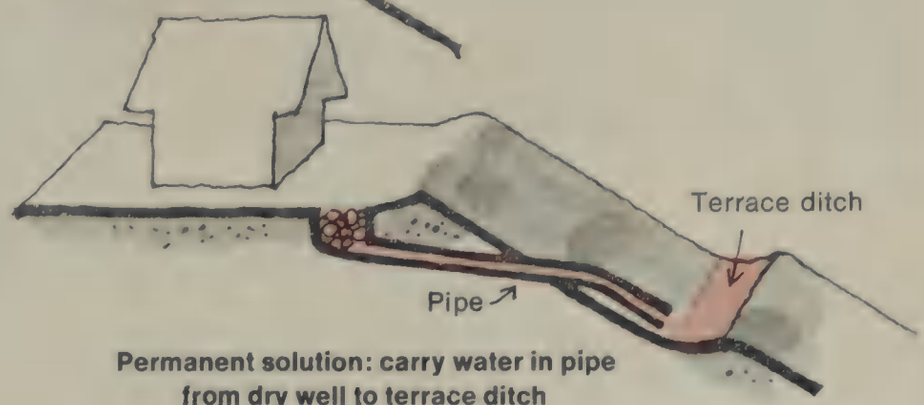
Watch for ponding. In established hills gardens you probably won't find po of standing water unless you've upset t drainage pattern—adding a new walk patio, or perhaps installing a pool. I







Emergency measure to remove ponded water



Permanent solution: carry water in pipe from dry well to terrace ditch

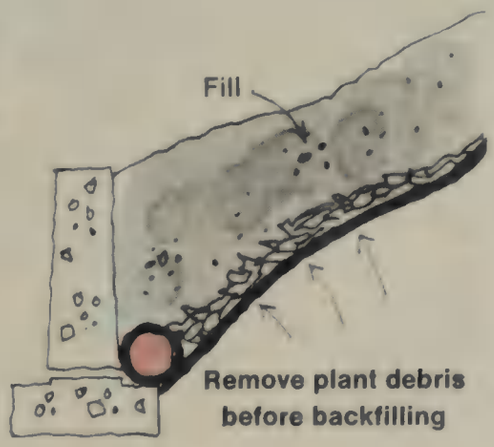
ng, especially near the top of a bank, reate trouble—which may not show r several years. For example, the g shown in the sketch at the bot- f the page at left might not occur two years after the ponding became ent.

ry wells and drains away from slopes. ter doesn't drain readily from the to the street or to the side ditches, nay have to direct it to a French or dry sump (hole filled with rock). ou shouldn't put this near a slope— s you pipe the water down the slope lined terrace ditch or storm drain.

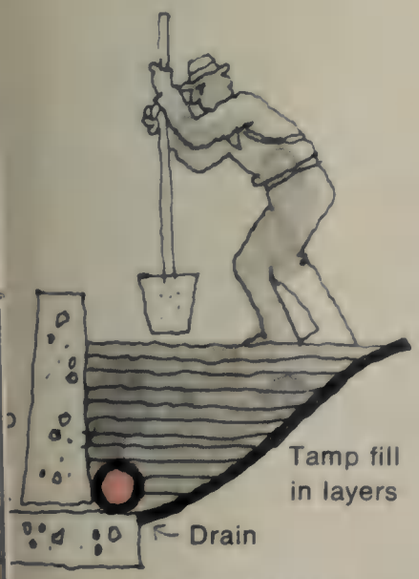
trap water. Don't let water collect st foundations, retaining walls, and nent walls. They're designed to e normal ground moisture only. If pressure gets high enough, structural damage to the walls could result. This is important to watch, particularly if you're the new owner of an older hillside home and plan to do some remodeling or put in a patio.

When you add or replace a retaining wall, you should compact the soil behind it as well as provide a drain or weep holes for excess water. If the soil is fine, don't compact it by flooding.

The best method is to backfill about 6 inches or so, then tamp the soil; alternate adding more layers and tamping until the desired level is reached. Remove all plant growth (stems and roots) on slopes to be covered by the fill. If you don't, the decaying plant matter creates a porous, sponge-like zone between the natural bank and the fill that encourages underground seepage and possible sloughing.



Remove plant debris before backfilling

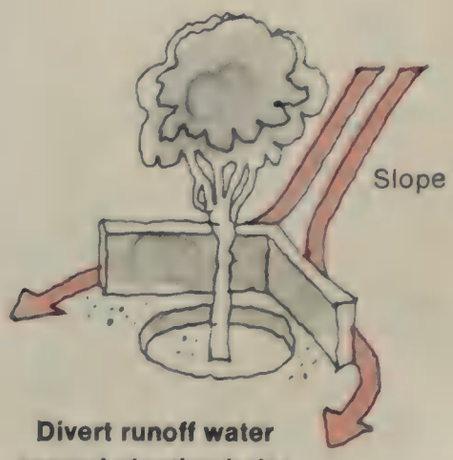


pact soil behind retaining walls

Check weep holes in retaining walls. These, too, can become clogged so that the water pressure builds up to a point where it may crack or buckle the wall. Or the earth may become so soggy that plants won't grow. Use a screwdriver to clear small holes. For larger weep holes, you may have to use a section of metal rod and hammer it through the obstruction.

Watch out for loose fill. Don't throw grass clippings, soil, and other debris over slopes. This loose matter soaks up water more readily than the compacted fill, and since it is not compacted to the same strength as the slope itself, may cause slippage. Either compact the loose fill or have it hauled away. If you live below a slope, ask your neighbor above you not to dump loose fill above your property.

Don't over-irrigate bank plantings. Most established plantings probably won't need watering in the winter. Young plants may —but water only the plants, not the entire bank. It's not unusual for a water-soaked bank covered with a shallow-rooted ground cover to slide. If possible make diversion ditches around large planting holes so they don't function as catch basins.



Divert runoff water around planting holes

ELLS MARUGG

Pass-through *storage area from yard to living room holds wood for several fires*

Metal pass-through *between garage and family room was designed by John J. Rado*

Two pass-throughs for firewood

It's nice to have the firewood near the fireplace, but you generally have to store the bulk of it outside. A pass-through solves the problem.

The one shown at top is deep enough that a large amount of wood can be stored between its walls. A central-heating duct underneath helps keep the wood dry. The two large access doors are secured by magnetic latches inside, a locking latch outside. Architects were Robert C. Peterson and Victor K. Thompson for a residence in Woodside, California.

The second pass-through connects a garage and a living room. You feed the wood through onto the hearth from a stack piled on the garage floor beside the opening. The unit, with two metal doors, was custom-made in a machine shop. It has a pass-through depth of 9 inches.

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Miller's Home Appliance
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By the makers of Hobart commercial dishwashers and disposers.

The new freeze dried foods. A step beyond the frozen.

Why freeze dried foods over frozen? For several reasons. Freeze dried foods need no refrigeration. Freeze dried foods can be stored on pantry shelves almost forever. And freeze dried foods are ready to eat in only five minutes. But, let's take a closer look at freeze dried foods in general and Tea Kettle freeze dried foods in particular.

Foods that prepare themselves in five minutes.

Tea Kettle has four freeze dried entrees you can buy. Chunk Chicken with Rice, Beef Almondine, Turkey Tetrazzini and Tuna a la Neptune. In the individual snack size or the larger meal size.

Each entree comes in its own throw-away foil dish. So all you need is a fork, some boiling water and something to do for five minutes while the entree prepares itself.

Only lean meats.

Only the leanest meats are good enough to be branded Tea Kettle.

Only the freshest vegetables are good enough to be branded Tea Kettle.

Furthermore, the freeze dried process demands only the leanest meats and the freshest vegetables. And what the process demands, Tea Kettle demands!

How it's done.

To start with, Tea Kettle takes the finest [illegible] poultry and vegetables available and then freezes them inside a special chamber. Then, while the temperature is slowly raised, air is pumped out of the [illegible] frozen food. All of the moisture leaves the chamber as vapor.

But that's all that leaves. All the nutrients, all the flavors, all the aromas, stay!

No refrigeration needed.

You'll never find Tea Kettle Freeze Dried Entrees cluttering up your refrigerator. You keep them on your shelves. Any place. Because they hardly take up any room at all. And at the supermarket you'll find them in the *prepared food* section, not the frozen food section.

Space Foods.

This the first public appearance for freeze dried foods of this kind. But they have been around for a long time. With the armed forces since 1965. Especially overseas where refrigeration is a problem. And with the astronauts during their long periods of isolation.

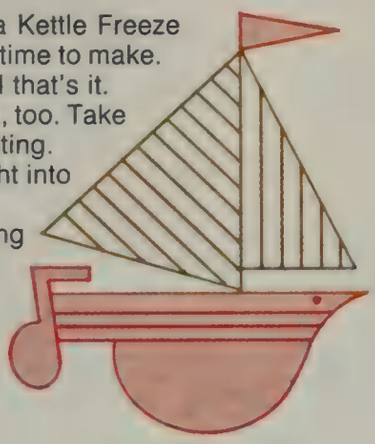
Is the world ready?

Nobody stays home today. Everybody wants to go everywhere. Everybody wants to see everything. Everybody needs more time. Everything's rush rush!

Perfect timing. Because Tea Kettle Freeze Dried Entrees don't take much time to make. Boiling water, five minutes and that's it.

They're easy to carry around, too. Take them camping. Take them boating. Take them to work. They fit right into the old lunch box.

Couldn't you see a kid passing up a candy bar to have a Beef Almondine snack? Or a Chunk Chicken with Rice snack?



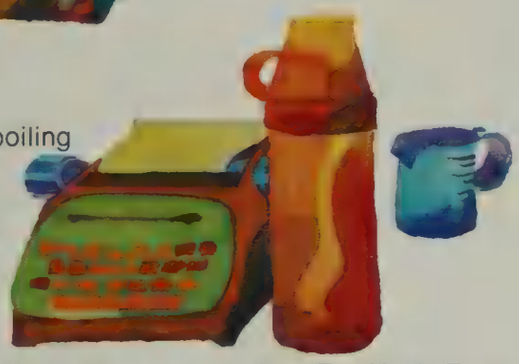
If you can boil water... and even if you can't.

Couldn't you see a secretary boiling some water, then pulling out a Turkey Tetrazzini lunch? Or a Tuna a la Neptune lunch?

They're all simple and they're all good. So why not?

And couldn't you picture Tea Kettle Entrees on a picnic?

After all, wherever you can take hot water you can take a Tea Kettle Entree.



Store Coupon

SAVE 10¢ ON ANY SIZE ENTREE

To Dealer: For each 10¢ coupon you accept as our agent on the purchase by consumer of a Tea Kettle Freeze Dried Entree, we will pay 10¢ plus 3¢ for handling; provided you and the consumer have complied with the terms of this offer. Customer must pay sales tax. Coupon is non-assignable, non-transferable by you. Redemption through outside agencies, brokers or other unauthorized parties is prohibited. Void where taxed or otherwise restricted. Misuse constitutes fraud. Invoices proving purchases of sufficient quantity of specified product to cover coupons must be presented upon request. Cash value 1/20¢. For prompt payment, mail to: Oregon Freeze Dry Foods, Inc., P.O. Box 1435, Clinton, Iowa 52732.

SSE-11

der 200 calories

ood doesn't have to be fattening to ood. Tea Kettle proved it with less 200 calories for the individual size ck size), or a comparable portion e larger size. This is true with ur varieties.

Tea Kettle makes a freeze dried coffee, too. Coffee that tastes so much like roast and ground coffee, Tea Kettle put it in a can instead of a jar.

on Freeze Dry Foods, Inc., Albany, Oregon 97321

Anything you fondue we fondue better.

The new Presto Fondue gives you absolute heat control, absolutely right. With no fueling. No lighting. No burning. The new Presto Fondue is electric.

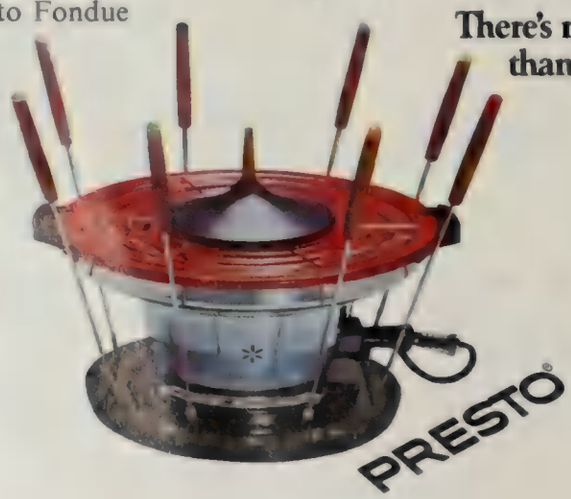
When you fondue meat, heat the oil right in the pot. The oil will never get too cold (or too hot) to cook the meat just right. Even with eight around the fondue pot! The big red rim around the top will shield your table and cloth from drips and spatters of oil.

For the switch to cheese, the Presto Fondue has a clever double boiler effect. It gives you the more delicate heat needed for cheese (or desserts like chocolate). No sticking or scorching ever with a Presto.

A "how to" and "what to" fondue book comes with every Presto Fondue.

If you haven't fondued before, now's the time to start. The Presto Automatic Fondue solves all of fonduing's little problems; saves all of the romance. You might say we've perfected a great sport.

There's more cooking at Presto than pressure cookers.



© N.P.I.I. 1970

GLENN CHRISTIANSEN

Good for foot washing, *cooling sprinkle, or the full dunk, this is just a shower head and two valves extending from wall*

The place of the outdoor shower

An outdoor shower is useful alongside a swimming pool to rinse off chlorinated water, and at a vacation cabin to wash sand or mud off children before they come inside.

Easiest to install would be a single-faucet cold-water fixture, but the shower will be used much more often if you pipe hot water to it.

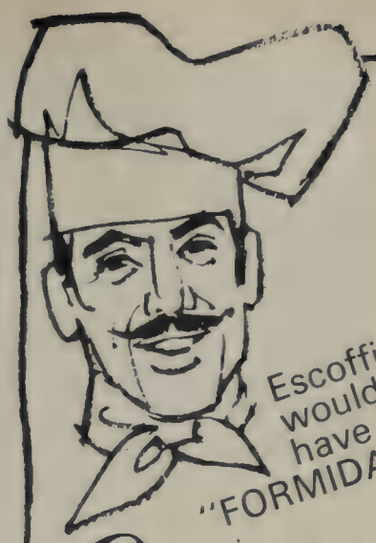
The shower can be mounted on almost any vertical exterior structure—house or garage wall, fence, pool cabana, or post set out in the open. The most important factor is to choose a site that drains quickly. Otherwise you'll have puddles and a muddy area.

A lawn can serve for the drainage floor (unless the shower receives heavy use, the soap suds and extra water will not bother it). A concrete slab, wooden duckboards, or bricks set in sand are better, if adequately drained. Or you can carpet the shower area with one of the new outdoor carpeting materials.

You should consider the distance of the shower from the house's plumbing. One that is close to indoor hot and cold water

RICHARD FISH

It can go *on a fence. This shower has its plumbing hidden behind the grapestakes*



Osterizer
LIQUEFIER-BLENDER

or perhaps "ÉPATANT!"

In any event, our Osterizer blender would have got gladsome Gallic greetings — as much for its time and labor savings as for the incomparably smooth touch it adds to gourmet sauces, soups, dressings.

Our Cyclomatic model provides even greater precision with automatic on-off cycle control — just set speed and number of cycles called for in the recipe — it turns itself on — turns itself off! Five-cup container opens at both ends for easy emptying and cleaning.

There's a controlled cycle Osterizer blender for every budget in the full line. Most models available in white, harvest gold or avocado at your favorite store.

Oster

Products with the seeable difference in FEATURES / PERFORMANCE / SERVICE

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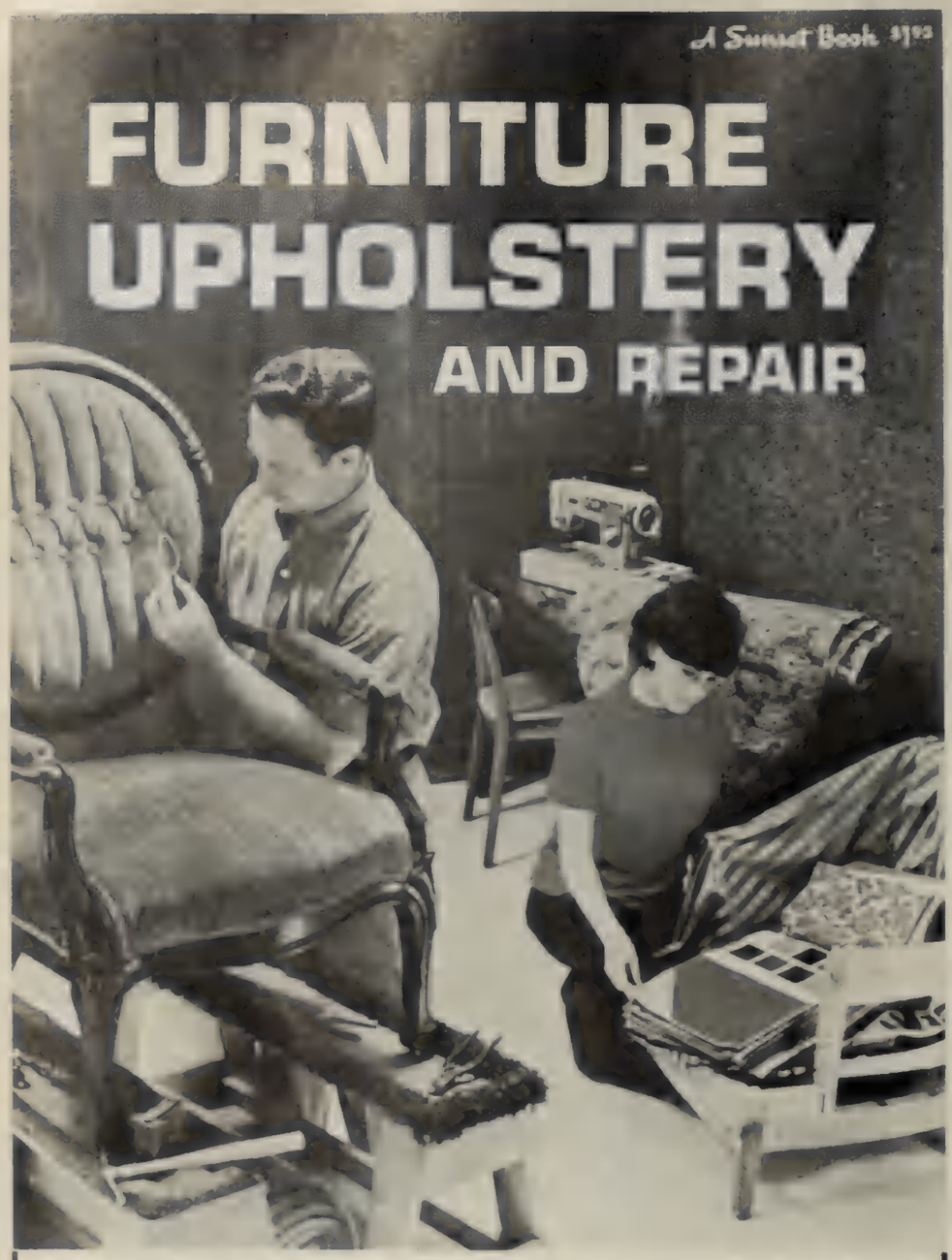

Professional techniques for the home craftsman

The art of furniture upholstery is well suited to the home craftsman. Upholstery offers a wide range of do-it-yourself projects, from building an entirely new piece of furniture to repairing or restyling an old one. This new *Sunset* book takes you step-by-step through the stages of upholstering a piece of furniture. Here are professional techniques for building frames, installing springs, selecting materials, making slip covers, repairing lawn furniture, weaving with cane or rush and even some tips for reupholstering worn automobile seats. $1.95

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DON NORMARK

For shelter *from the wind, you can build a compartment almost like an indoor shower stall*

lines involves little plumbing-in cost; one a hundred feet away may cost three times as much. Cost of the shower fittings—shower head and two valves—runs about $15 to $30.

If you have considerable wind at your home or cabin site, try to place the shower where it's protected from breezes, or set up some kind of wind screen.

The super bean bag

Sunset has learned that some companies have been offering for filler use "for *Sunset Magazine*'s bean bag chairs" several types of styrene foam pellets other than the kind we used for *The super bean bag* (see page 51 of our August issue).

Since some kinds of styrene foam pellets can be dangerously flammable, or give off a very unpleasant odor, or make the bean bag much too heavy, you should be sure to buy only round or nearly round beads that (1) are of material that has been designated either "fire retardant" or "self-extinguishing"; (2) are *fully expanded*, lightweight styrene foam (we recommend about 1 pound per cubic foot); (3) don't have a strong, permeating odor.

For help in finding a source, write to Crafts Department, *Sunset Magazine*, Menlo Park, Calif. 94025.

Things you learn about a dishwasher after you've already owned a dishwasher.

2. Good stemware needs special support so it won't jiggle around, chip and break. Waste King Universal dishwashers have special "M" shaped supports to hold stemware securely.

3. Silverware baskets shouldn't be under the detergent dispenser. Then your good silver won't get spotted and detergent stained. It won't happen in a Waste King. We moved the baskets away from the detergent.

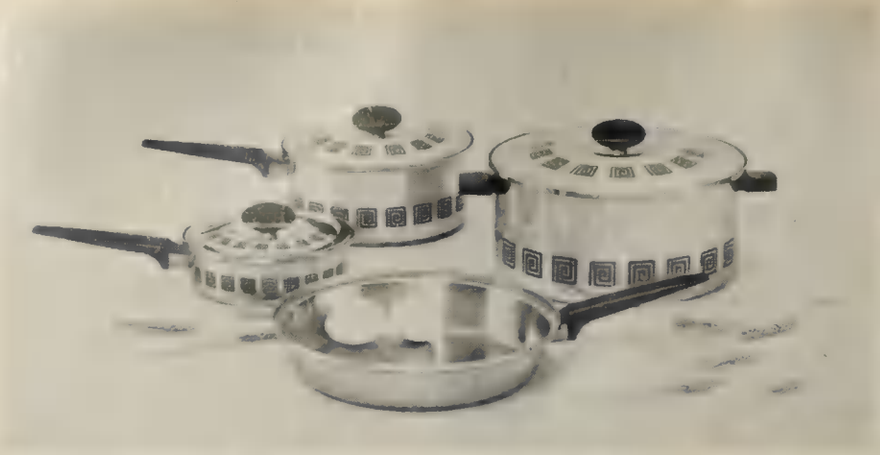
1. The most expensive lesson you'll learn is when the tank or door of your dishwasher starts to chip, rust or corrode. That's the beginning of the end for a dishwasher. Unless it's stainless steel. Like Waste King. We have stainless steel where the washing action is. And we guarantee it against *any* failure due to corrosion for twenty years.

4. It should have a "soak cycle." Then you won't have to pre-soak or scrub your pots and pans. You can put them right into the dishwasher and they'll come out clean. We have a soak cycle on our models 910 and 950.

The stainless steel dishwasher.

WASTE KING UNIVERSAL®

NORRIS NI INDUSTRIES



CRITERIA Stainless Steel Made Handsomer with Permanent Ceramic Decorations – an Ekco Exclusive

You'll love your Criteria – every gleaming piece of it, because it cooks as well as it looks. Gleaming stainless steel outside and inside, with a radiant metal heat core in between. The lids are self-basting and self-sealing for juicier, tastier meals. Criteria cooks better, cleans like a breeze, lasts like crazy (a 15-year guarantee* comes with it), and it's even dishwasher safe. For lasting beauty and easy care, ask for a set of Criteria Cookware – or give one to someone you love. Available at most stores where fine housewares are sold.

FREE – Your booklet on how to choose, use, and care for the finest stainless steel cookware. Write Ekco, Dept. S111 Franklin Park, Ill. 60131.

DOES IT COOK AS WELL AS IT LOOKS? EKCO® ANSWERS YES!

*[illegible] repair or provide equiva-

A thrill a second!

A new road racing set from England's famous Corgi factory. Tiny cars powered by spring boosters hurtle along at incredible scale speeds. Tight hairpin curves, and a death-defying leap across a canyon onto a waiting cable car that carries it to the other side. The slightest miscalculation and it's curtains.

Comes with 12 feet of colorful plastic track, booster, support columns, pylons and Corgi Rocket car.

819-090 Corgi's Grand Canyon Set $12.00.

*Add $1 for shipping.

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NAME
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Carved shapes *on the cupboard doors relate to kitchen activities*

Pea pod design *adorns a long, narrow door beside the kitchen stove*

Wood carving in the kitchen

When Oakland artist and designer Stan Dann remodeled his kitchen, he included examples of his wood sculpture, with designs appropriate to food and cooking.

If you'd like to try similar carving and are new at the craft, consider for a trial project a simple pattern on a piece of clear softwood such as pine or redwood. Transfer your design with carbon paper and carve with sharp tools. You can get by at first with a few gouges and chisels (¼ to 1 inch, sold in hardware and hobby stores). Finish with oil or varnish. When you're reasonably sure of your technique, go on to cabinet doors (detach them before you carve).

If you'd rather not do the carving, you can buy professionally carved panels (available in various sizes) that need only to be finished and installed.

When we made our table of the future, we gave it one thing from our past. You can see this in the swooping arcs of mozambique, that support the glass like a piece of sculpture. For this rare wood from the African tropics was worked up and burnished by hand. Only practiced hands, working the old fashioned ways, can persuade the reluctant wood to yield its colors. Can coax out the sepia, the beige, the rare rose, the ebony black.

And only more money can buy it.

It's this old habit of patience and detail that makes our glass-top table cost $150 more than another. And that makes our whole new Millennia collection so unexpectedly different from other modern furniture. Feel under the top of a dresser for the hidden crossbar that will support any weight. Look at the door hinges, full-length for sturdiness. Notice the curving sides which soften the style...unusual in modern designs, for it takes an old skill to arch a stress piece.
This is why Heritage modern will cost you more. And why you'll get a piece of work that's timeless.

millennia
HERITAGE
A division of Drexel Enterprises.

Table designed by David Butterworth with chief stylist Marion Pratt. For our catalog and room planning kit, send $2 to Dept. S11-70, Heritage Furniture Co., High Point, N.C. 27261

Care and feeding of disposers

A food waste disposer warrants special care if it is to have a long and useful life. But with proper maintenance, this is one of the most efficient and convenient appliances in the kitchen.

HOW IT WORKS

There are two basic types: continuous-feed and batch-feed. The most widely sold at present is the continuous-feed type. Waste materials can be fed into it continuously along with running cold water. A flexible rubber covering or back-splash baffle covers the opening; the food waste is pushed down through the baffle.

With the batch-feed type, food waste is first fed into the opening, which has no baffle, then a metal cover is inserted and twisted to activate the appliance. When the waste has been disposed of, the cover is turned in the opposite direction to shut off the motor. Then the cycle can be repeated, until all the garbage is gone.

In operation, the two types are nearly identical. A food waste disposer doesn't chop or cut the garbage. Rather, it grinds it down much as a carrot is worn down when you rub it across a grater.

When you flip the switch, a turntable spins at high speed. The centrifugal force presses the waste against a shredder ring, and the small particles that result drop through holes in the table and discharge to the outlet below.

A foremost requirement in the operation of a food waste disposer is the use of running, *cold* water. Cold water is important, for it congeals greases and fats into tiny globules that are easily flushed through the line. Don't use hot water; it melts greases and fats, which are then deposited in the drain lines and may ultimately cause stoppages.

WHAT NOT TO FEED DISPOSERS

Although glass and hard shells (such as those of oysters and clams) can be ground in the disposer, they tend to remain in the plumbing because the small particles will not float. They are best disposed of in a paper bag with the household trash.

The appliance cannot accommodate styrene foam, plastic, metal, string, or mo paper. Sometimes thumbtacks, bits wire or aluminum foil, or pieces of strin may slip into the opening; be sure t remove them before the unit is turned o

Chemical drain cleaners are injurious t disposers; they often are caustic and wi damage the seals and grinding chamber If sufficient water is used during and aft the grinding process, the interior shou seldom need cleaning. If particles of foo do catch under the splash guard, an ea way to clean and deodorize the dispos is to put in a tray of ice cubes, add cup of household cleansing powder, a then turn on the appliance without wat for a few seconds. Another way to sweet the smell of the disposer is to grind lemon or an orange, with full force water during and after the grinding.

Some disposers cannot handle bones a fibrous foods (for example, celery or co husks). Be sure to read the owner's ma ual for manufacturer's cautions and re ommendations.

If fibrous material isn't on the *No* li it still must be given special attentio Put it through the unit slowly, wi plenty of water to carry the waste throu the plumbing lines. For more efficie grinding, mix fibrous material with oth food waste. Allow the disposer and wa to run for a full 2 minutes after grindi

General Electric Side-by-Sides.

left to right: TFF-15SL, 15.3 cu.ft., 28"w., 59½"h. TFF-21DL, 21.4 cu.ft., 33"w., 66¼"h. TFF-21RL, 21.2 cu.ft., 33"w., 66¼"h. TFF-24RL, 23.5 cu.ft., 35¾"w., 66"h. TFF-24DL, 23.7 cu.ft., 35¾"w., 66"h. TFF-19DL, 19 cu.ft., 30½

permit the waste to be flushed all the ıy through the lines.

me disposers will take bones, but with ıitations. For instance, bulky bones ıch as knucklebones) would be difficult not impossible to grind in a disposal it. But in the pulverized form, bones have a scouring effect on the plumbing es and grinding elements, helping to ep them clean.

HAT DISPOSERS WILL EAT

addition to normal table waste, dis-sers can accommodate a surprising ıge of other materials.

ft paper products, such as napkins and per towels, can be put into a disposer cause they dissolve almost completely. ey should not be fed into the unit in lk. The machine shreds them best when ey are mixed with food waste, one or o napkins at a time. Hard-surfaced or htly compacting paper, such as news-nt and magazines, should not be put o the disposer.

sure to cut up large melon rinds, fruit ns, and corncobs so they fall readily rough the unit opening. Add them grad-lly, if yours is a continuous-feed dis-ser, or grind a series of small batches it is the batch-feed type. Don't pack e unit or it will overload and jam.

bacco and paper from cigarettes can be ground, as can ashes. Filter tips, however, tend to mat over the grinding mechanism and reduce efficiency.

MALFUNCTIONS

Some disposers are equipped with an automatic shutoff that prevents the motor from operating when overloading occurs. This safety feature protects both the house wiring and the appliance.

With another type of cut-out switch, the grinding mechanism stops when overloaded, but the motor keeps running.

In either case, you must turn the switch off, wait 3 to 5 minutes for the motor to cool, then press the reset button at the bottom of the motor.

Swivel impellers in some models reduce jamming. They are designed to swing away if a piece of hard food waste becomes lodged against the turntable and impeller.

A reversing action in the grinder reduces jamming situations in certain other models. Each time the motor is started, grinding is in the opposite direction. If the unit should jam, the grinding elements rotate back and forth automatically until the jam-up is freed.

One manufacturer equips each unit with a specially designed wrench that fits at the bottom of the disposer. The wrench is worked back and forth to dislodge jammed food waste or foreign objects.

Overloading is generally caused by forcing waste material into the unit. Merely drop the waste into the opening; don't pack it in.

One method of unjamming a disposer is by applying pressure against one of the impellers on the turntable. After turning off the power source, place a broom handle (or, better, a 1 by 2) in the opening so it rests against one of the swivel impellers. Using the broom handle for a lever, give the turntable a turn counterclockwise. Repeat until the jam-up is dislodged. It may then be necessary to push the reset button to restart the motor.

GUARANTEES

Guarantees on food waste disposers vary by manufacturer, so are an important factor in the purchase. Most makers offer a one-year replacement guarantee, some at no cost, others with a charge for labor. Some manufacturers require the home owner to disconnect the disposer and mail to the factory at his own expense.

Several manufacturers offer replacement of stainless steel parts if they become corroded during the useful life of the disposer. Stainless steel is used in most disposers because it stands up well to the consistently corrosive atmosphere of moisture and food acids.

With something extra on the side.

The extra: the exclusive General Electric custom dispenser. It delivers crushed ice, ice cubes and cold water right to the door. No cold hands. No mess. No trouble. You don't even *open* the door.

You'll find the custom dispenser on GE's 23.5-cubic foot Americana® refrigerator, only 35¾" wide. The 21.2-cubic foot GE Americana also dispenses crushed ice or ice cubes at the door—and measures just 33" wide.

Whatever the size of your kitchen—and your family's appetite—General Electric has a side-by-side that's made for you. Six different models, from a compact 15.3 cubic feet (only 28" wide) up to the big 23.7-cubic foot side-by-side.

With GE's no-frost system, you never have to defrost—not even the freezer. You'll find models with adjustable tempered glass shelves, a seven-day meat keeper and an optional automatic icemaker. We even give you wheels, so you can roll the refrigerator out to clean behind it.

Every GE side-by-side is available in avocado, copper-tone, harvest or white.

So if you're looking for a side-by-side, remember: General Electric gives you something *extra* on the side.

Press the cradle with a glass or pitcher, and GE fills it up.

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WENKAM-SALBOSA

Counter *section that holds this sewing machine . . .*

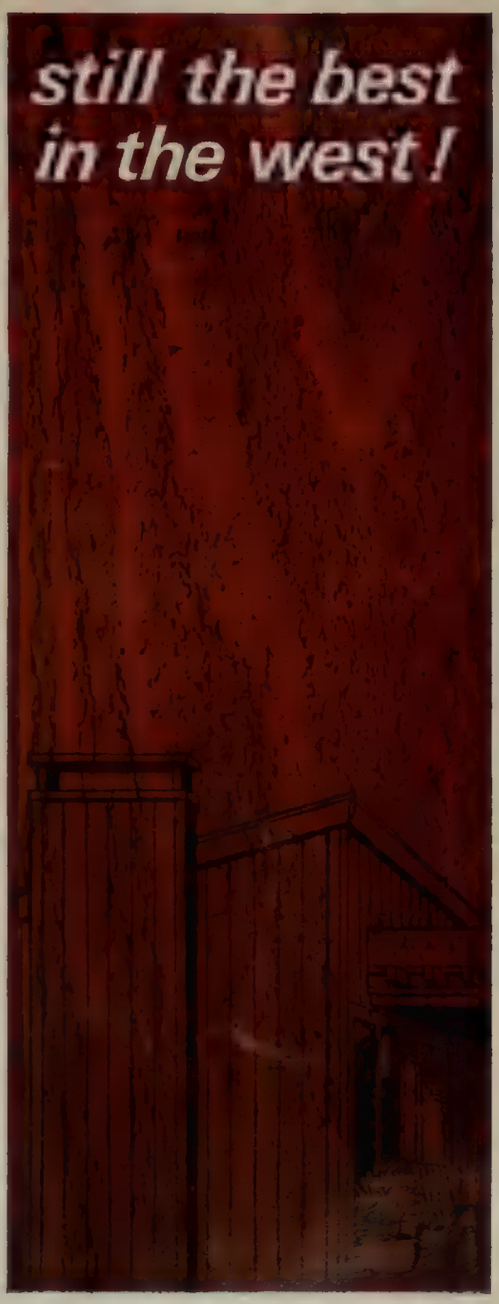
. . . is hinged, swings down out of sight in a knechole . . .

Sewing centers that disappear

Sewing centers that can be hidden from view are helpful to women who need a part-time sewing area, but who don't have a whole room to devote to crafts. They are convenient for any sewing project, large or small, because they can be opened up in just a few minutes.

The center shown on this page doubles as a planning desk. The owners say the changeover is easy: The machine is hinged to pull into position for sewing,

. . . then the opening is covered with a similar panel to make a smooth-topped desk



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Meet our 6-second chill chaser.

"Instant" is this Toastmaster heater's middle name. It gives you warmth where you want . . . when you want it. And like all Toastmaster heaters, it's just loaded with safety features. If Kristen tips it over or picks it up, it shuts itself off automatically. The grille protects even the most inquisitive fingers from reaching the heating unit. The cabinet and handle stay cool to the touch. It features push-button heat selectors, automatic thermostat and built-in circulating fan. Finished in beautiful woodgrain and platinum tan color with gold grille. Model 923.

This Toastmaster custom compact heater is the world's largest seller. Automatic thermostat. 7-position control dial. New harvest gold color with woodgrain panel. Model 9B1.

TOASTMASTER

* Toastmaster is a registered trademark of McGraw-Edison Company

then swings down out of sight and is covered with a drop-in panel that matches the counter surface. Overhead fluorescent lighting illuminates the desk for close-up work. Architect Donald Chapman of Hogan & Chapman designed the center for Mr. and Mrs. Robert N. Rinker of Kailua, Hawaii.

For an enclosed sewing closet, architect Vladimir Ossipoff designed this compact room with plenty of storage drawers and shelves. Note how large shallow drawers were recessed into the wall at right to increase working space in the room. When the louvered doors are closed, the miniature sewing room appears to be another closet. Owners are Dr. and Mrs. Edmund C. K. Lum of Honolulu.

WENKAM-SALBOSA

Doors *fold back to reveal a compact sewing niche; when closed, below, they conceal all traces of the working room*

How to turn a plain Frankfurter

... into a hot dog with everything on it.

'he plain frankfurter. Many in America have reeived it with love. And everything was wunderbar ntil you had to live with it on a long trip. Au! Then ou really had to love it to put up with it.

'or America-sized traveling (we're a little bigger than iermany, right?), there's the new Dodge Sportsman 'agon. Much bigger and more comfortable.

he seats are foam-padded and wider. The ride is ofter and more secure with independent front susension and longer 109- or 127-inch wheelbase. he instruments are quickly readable. The controls re quickly reachable. And the engine is built for ips...a big 318 V8. For added comfort, a Fresh Air heater up front brings in outside air, heats it, and distributes it gently throughout.

Options to aid the soft life include integral air conditioning, automatic transmission with any engine, power steering and brakes.

And if you really want to live with your Sportsman wagon, order it as a fully equipped camper.

We've got a Sportsman that's even bigger. The Maxiwagon. Largest compact wagon in the world. The body is 212 inches long.

Dodge Sportsman wagon. You might say our hot dog is being received with relish.

Dodge CHRYSLER MOTORS CORPORATION

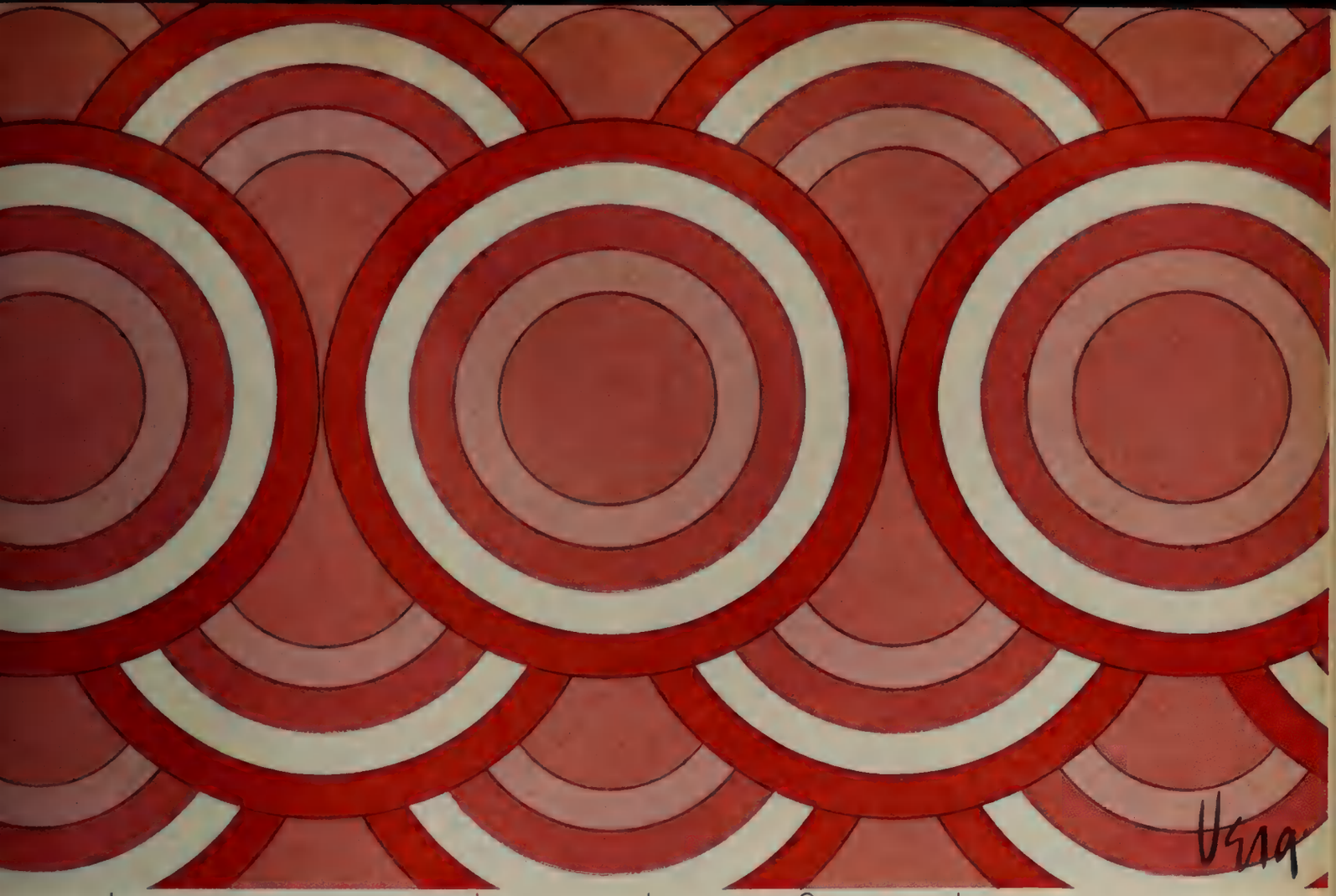
ELLS MARUG

These cabinets *hold all those things many Western homes can't store elsewhere*

Plywood storage cabinets go high in the garage

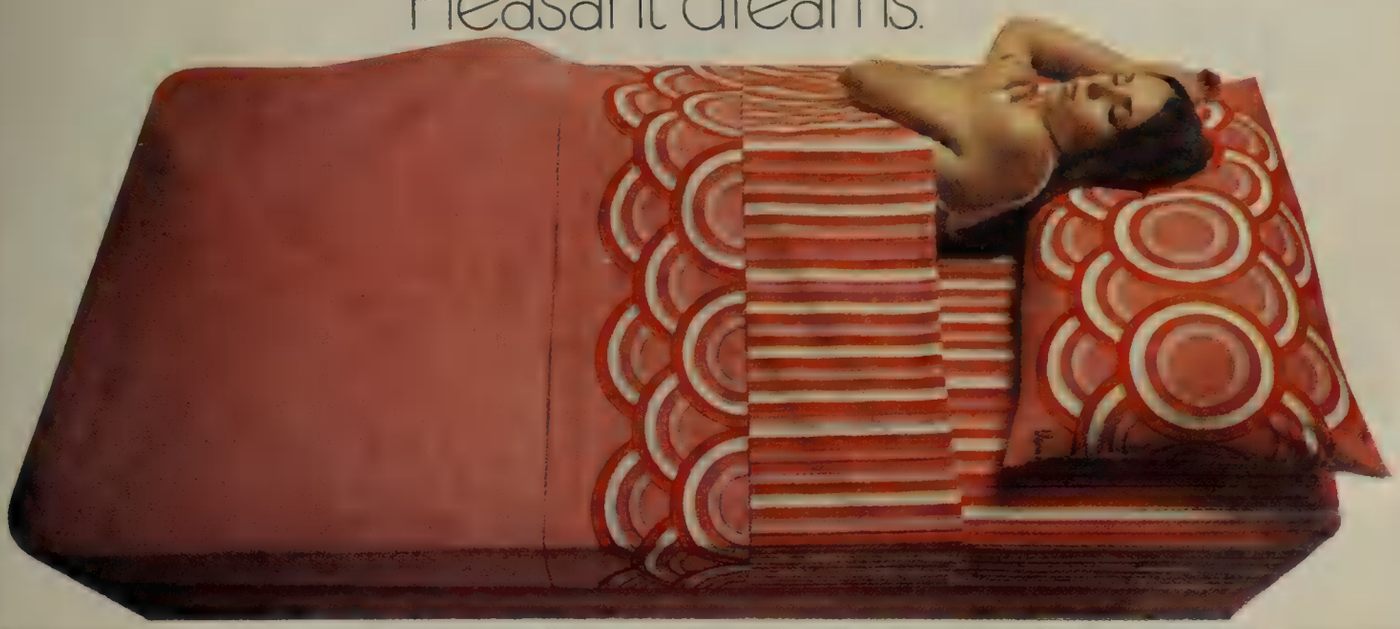
Easy to build because they do not requir doors, these 8-foot-long plywood cabinet can be used to store an enormous amoun of miscellany up out of the way in a ga rage (most double garages can take six o them). Any type of colorful canvas wi do for their fronts; they just pull up an out of the way to make all of a cabinet contents exposed and available.

Dimension the cabinets in either of the tw ways shown on next page and there wi be practically no wastage of plywood. Th "A" cabinet fits high-ceiling garages; th smaller "B" version will still leave 6-fo



This is an original Vera design for Burlington.
You can frame it.
You can hang it.
You can sleep on it.

Pleasant dreams.



ust a bit more like a painting than a sheet. Rainbow Stripe. Just like all the other Veras in the Collection. No-Iron percale sheets nd pillow cases. 50% combed cotton 50% KODEL® polyester. Red/Pink (shown). ellow/Orange, Brown/Black. At finest department stores. Burlington Domestics. 345 Avenue of the Americas, N.Y. 10019. A Division of Burlington Industries.

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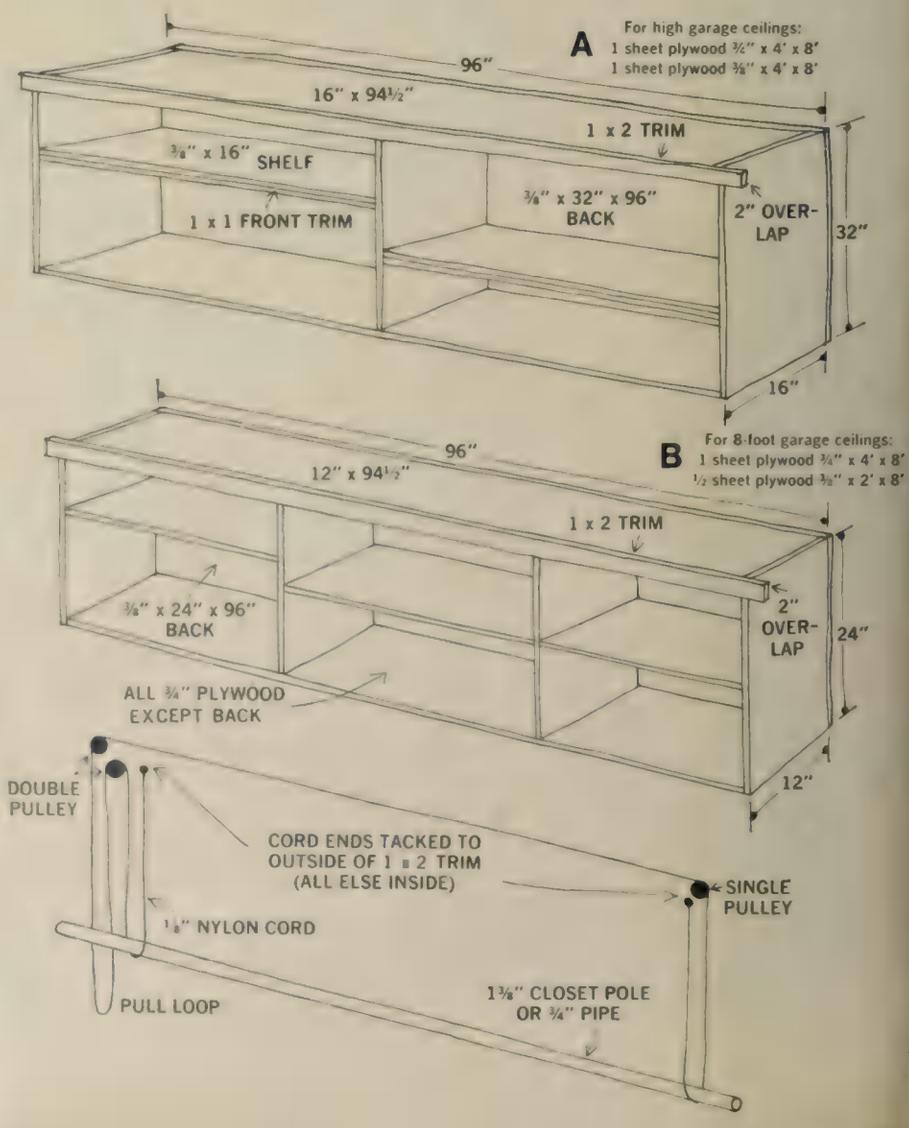
Though big, *cabinets are easy to install. Prop one up in place with two boards and nail or screw it to wall studs*

Canvas curtains *roll up backwards; pulleys and most of the cords are hidden inside cabinets*

headroom in an 8-foot-high garage. Make some of the shelves adjustable to fit odd-sized items.

Hang as shown; then staple on the canvas curtains (100 inches wide so ends exten beyond cabinet sides). Nail on the 1 by upper trim and attach the pulleys for th pull cords on the inner sides of the trim



"I bought my Maytag Dishwasher sight unseen," writes Mrs. Carlton.

"John and I wouldn't have anything but. Not after the way our other Maytags have gone three rugged years without needing a single repair"

MAYTAG COMPANY, NEWTON, IOWA. WASHERS, DRYERS, PORTABLE WASHERS AND DRYERS, DISHWASHERS, DISPOSERS.

"We both work, so the last thing we need at home is troublesome appliances," says Mrs. John Carlton, Ontario, California.

"That's why the first time we saw an ad for Maytag Dishwashers, we decided to buy one. I didn't even have to go to the store to see it first.

"One thing I especially like about my Maytag Dishwasher is all the bother it saves. I put even heavily-soiled dishes right in, without rinsing them off. And they come out cleaner than my previous dishwasher ever got them."

Thanks for noticing, Mrs. Carlton. That's because Maytag has the Micro-Mesh™ Filter that traps even the tiniest food particles. And Maytag also has a full-size spray-arm *on top*, as well as one below, for extra cleaning power.

Giant capacity is another Maytag convenience. A Maytag does dinner dishes for a big family in *one load*. It's the only dishwasher that takes 10-inch plates in both racks.

See Maytag Built-In and Portable Dishwashers, and also Maytag Food Waste Disposers, at your Maytag Dealer's now. He's in the Yellow Pages.

We don't say all Maytags will match the repair record Mrs. Carlton wrote about. But dependability is what we try to build into every Maytag.

Mail coupon for beautifully illustrated booklet.

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I enclose 10¢. Send me your illustrated booklet that gives full details about dependable Maytag Built-In and Portable Dishwashers, and Maytag Food Waste Disposers, too.

I'm thinking of (check one):
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KEN BATES

With only three legs, *this outdoor table will not rock on an uneven outdoor surfac*

Three-legged table is wobble-proof on an uneven floor

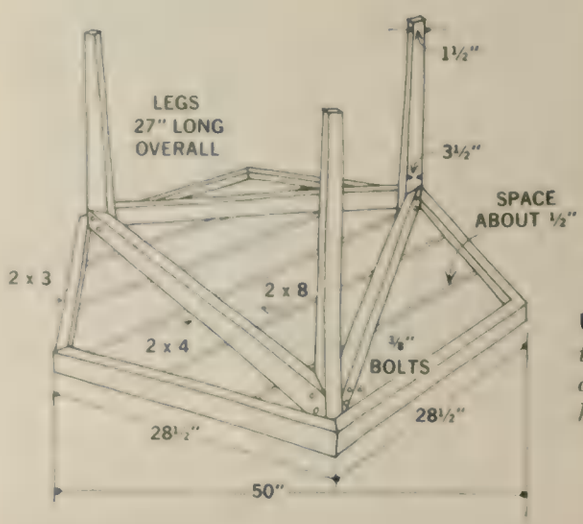
This three-legged table adapts the princi ple of the old-fashioned three-legge stool: It stands firm on all surfaces.

Clifford M. Hickman of Santa Barbar designed and built this one after too man bothersome experiences with wobbly fou legged tables. It has proved wobble-proo on all the redwood decks, flagstone floor concrete block paving, and lawns in h garden.

Six adults sitting around the hexagon table have ample leg room, even thoug the diameter is only 50 inches. The tab is lightweight and easy to move to whe it's needed.

Mr. Hickman also built a matching ben to seat two. He uses patio chairs for a ditional guests; others might prefer add two more benches for six.

To make the table, first lay out the tabl



Upside-down view *shows the table's simple construction. Use any clear kiln-dried softwood*

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Let the modern spray for modern fabrics be a little help this Christmas. First, by making your ironing easier because it doesn't stick, or flake, or scorch. Second, by making your gift wrapping easier. With a 3-M kit of Christmas papers and bows . . . a $4.25 value for just $2. But whether you use Regular Magic to restore the original body or Extra Crisp for the crispness of starch, this busy season can be a lot easier with Magic Sizing.

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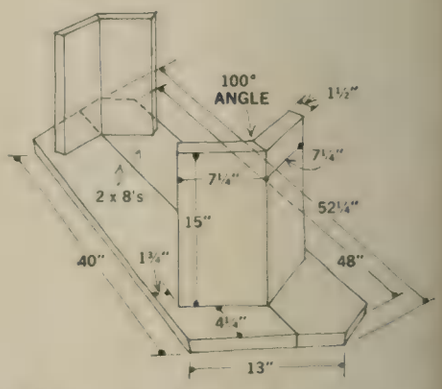
top on a large sheet of paper. With a yardstick as compass, mark a circle with a 25-inch radius. Then use the same compass to mark off the points around the circumference that are 25 inches (in a straight line) from each other; these are the corners of the hexagon.

Lay the six 2 by 8 boards on top, spacing them ½ inch apart—or whatever is needed to make them come out even. Mark and cut the boards.

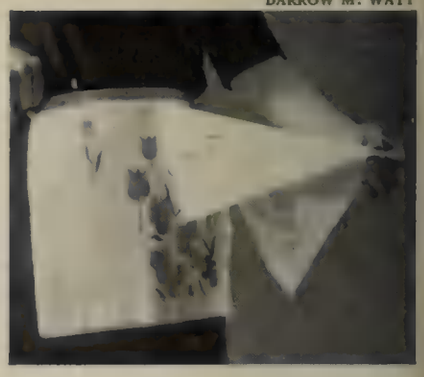
Assemble the entire top with its 2 by 3 trim. Taper the three legs, bolt them to three rails with 5/16 or ⅜-inch bolts, checking before assembly to make sure they fit, and nail or screw the rail-leg assembly to the top from the underside.

Construction of the bench is shown in the sketch below.



Bench edges *can be beveled as pictured on page 144. Use glue as well as nails, dowels, or metal angles to attach legs to the top*

DARROW M. WATT



It's renewable

A paper-napkin apron saves laundry time for the busy hostess—when a fresh apron is needed, she can just tear off the top napkin.

To make the apron, open up 10 luncheon-size paper napkins and lay 5 of them back-to-back with the other 5 (this keeps them from curling). Fold 2 yards of grosgrain ribbon lengthwise and press. Pin the napkins in place inside the fold of the ribbon and stitch along the whole length.

Free decorator door panels when you buy a new Amana decorator refrigerator-freezer.

We'll give you your choice of over 329 designs and wood grains. And if you're too busy to decide on a decorating scheme between now and Christmas, start enjoying the refrigerator now, and pick up the panels any time during the next six months.

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All of this plus Free O'Frost . . . no defrosting ever in refrigerator or freezer.

Hurry to see your participating Amana dealer. Offer expires December 24, 1970. So get busy now with Amana's designs for your kitchen.

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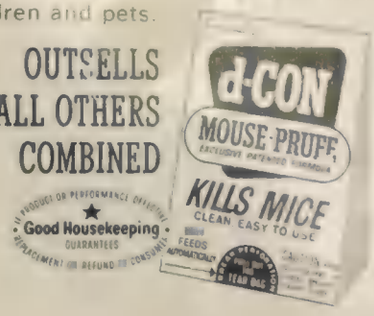

Ways to store a small boat out of the way of cars

Your garage or carport can be an excellent place to store a small boat. It will be protected from sun and rain, and, in a locked garage, from theft. But can it be stored out of the way of cars and other equipment you keep there too?

Here are three solutions to consider. The first involves a new kind of small boat, 9 feet long and made of polypropylene plastic, that folds up flat so you can store it on a garage wall (and easily carry it on a car or camper). When stored, the resilient boat serves as a bumper and keeps the car door from banging into the wall. The canoe shown in the bottom picture is stored upside down on two car-top racks.

ELLS MARUGG

Folding plastic boat *stores neatly on garage wall on two metal supports supplied with it. Oars hang above on two shock cords*

DON NORMARK

Sixteen-foot canoe *hangs up well out of way in this carport*

Rediscover the West

No matter how many times you tour the West, you can never recapture the thrill of those first discoveries—your first glimpse of Yosemite Falls or your first walk along Cannery Row. In an attempt to record those initial impressions, Sunset sponsored a 20,000-mile painting tour by the masterful New Zealand artist, Peter McIntyre. The result, *Peter McIntyre's West,* is ■ magnificent collection of paintings, drawings, and commentary as Mr. McIntyre recorded his first Western experience.

This giant volume represents the finest book craftsmanship. Each of Mr. McIntyre's 56 paintings has been carefully reproduced in six colors (most color printing is done with just four colors) and hand-mounted facing a page of companion drawings.

Peter McIntyre's West is available at your favorite book store (or may be ordered directly from Sunset) at a special advance price of only $15.95. The regular price will be $19.50 after December 31, 1970.

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DON NORMARK

Kayak *rests on suspended plywood platform above head height at side of garage*

suspended from the roof of the carport. The suspension is a simple rope and pulley arrangement. When the Gordon Robbersons of Bend, Oregon, want to use their canoe, they drive underneath it, lower the canoe, and clamp the racks to the car. Note that the rope supports are wrapped with cloth to prevent scratching the sides.

The John C. Buchanans, also of Bend have a 17-foot kayak that needs extra support when hung. They suspend it on chains with a plywood sheet underneath. The chains hang on movable wood members that slide out from the side of the garage on tracks so the kayak can be easily lowered onto a car.

MICHAEL TILDEN

A tray hanger

A hanging tray or cutting board is both decorative and a good storage idea. You'll need two 1-yard lengths of embroidered tape (embroider it yourself, or buy it at fabric stores) and a 2 to 3-inch-diameter wooden or plastic ring.

Thread both strips of tape through the ring, sew ends together to make two loops, then stitch across the two strips just below the ring to secure.

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HEAVY DUTY ALUMINUM FOIL 37½ SQ. FT. (8.33 YDS. × 18 INCH WIDE)
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Inglenook Vineyards, Rutherford, Napa Valley, California

IF YOU HAVE A HARD TIME TELLING ONE WINE FROM ANOTHER, READ THIS.

First of all, don't feel alone.

Probably 99% of the population can't tell a Pinot Noir from a Zinfandel. Or a great Cabernet Sauvignon from a so-so one.

But where do you go to find out? You read what the wine experts have to say and they all disagree. You read all the wine advertising and everybody's trying to sell his own product.

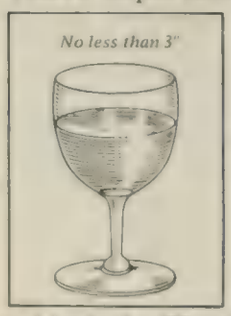
Nobody has really taken the time to sit down and explain even the most basic things about wine. Until now.

We at Inglenook Vineyards are doing it because it's in our best interest to have you know a great wine when you taste one.

HEIGHTENING YOUR SENSES THROUGH PHYSICS.

First get yourself a wine glass that exposes the wine to plenty of air. The more air you can expose wine to, the better you can taste it.

And be sure you can get your nose in the glass. That's important because in wine tasting, the nose does 75% of the work. A glass with a 3-inch brim is best for most wines. But if you have a larger than average nose, you'll need a larger than average glass.

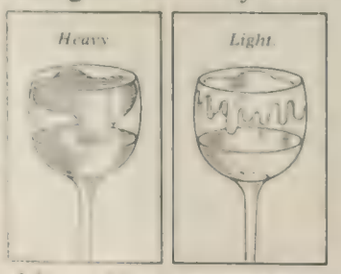


NEVER TASTE WINE OVER A CHECKERED TABLECLOTH.

Fill the glass about a third full and set it down on a white tablecloth. That's so you can see the wine's true color. Start with a rose. It's the simplest of wines, so it makes a good relative base from which to begin.

Now really look at the wine. Check its color. That's the first clue to a wine's taste. Usually, the darker the color, the fuller the wine. This applies to whites too, which can go from a pale straw to a dark brown. With rosé, look for a crystal light pink, with no muddiness.

Now swirl the wine in the glass. A heavy wine will come down the glass in "sheets." A lighter wine will break into "legs." A good rose should come down in long, thin "legs," which indicates delicate body.



Take a good sniff.

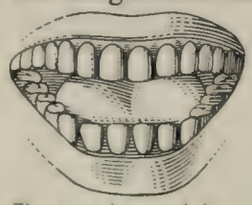
This is hard to describe plain but your nose should confirm everything you've seen with your eyes. A rosé that looks brilliantly clear and is of delicate body should smell that way too.

WHISTLING AT THE TABLE.

Now take a small sip of wine, hold it in your mouth, and whistle. Whistle in, not out.

Try to get a nice gurgle going.

You'll notice taste sensations in your mouth you've never noticed before. (Particularly in the back of your mouth which connects to the inside of your nose.) That's because in the mouth, the tip of the tongue and the gums do most of the tasting, and the inside of the nose the smelling. And by mixing the wine with air, your ability to taste increases phenomenally.



The more air around these sensitive areas, the better.

This technique also allows you to taste the wine for a longer period of time. For it extends that single instant when wine, air, tongue, gums and nose come together for the first time. Thus, it enables you to have more time to make an initial judgment. Keep in mind everything you've experienced with your eyes and nose should be confirmed with your mouth by this technique.

BUILDING A WINE CELLAR IN YOUR BRAIN.

INGLENOOK'S SUGGESTED WINE PROGRESSION CHART

RED	*WHITE*
Navalle Rosé	*Vintage Chablis*
Gamay Beaujolais	*Grey Riesling*
Vintage Burgundy	*Johannisberg Riesling*
Zinfandel	*Pinot Chardonnay*
Pinot Noir	*Chenin Blanc*
Cabernet Sauvignon	*Traminer*

After you've "memorized" rosé, move on to Gamay Beaujolais. This order is important because you'll be going from light to heavy in the red wine spectrum. The white wines are listed in a similar fashion. You should work your way through them after you've mastered the reds.

If you use these techniques, you will, after the first 4 or 5 wines, start to build a library of wines in your mind. You should be able to talk more intelligently on the subject. And your taste in wines will improve to the point where you'll only be satisfied with the finest.

And that will make us very happy at Inglenook.

INGLENOOK

We want people to know enough about wine to appreciate it.

DON NORMARK

ll-out board, *supported by cabinet ors, is right height for young cooky chef*

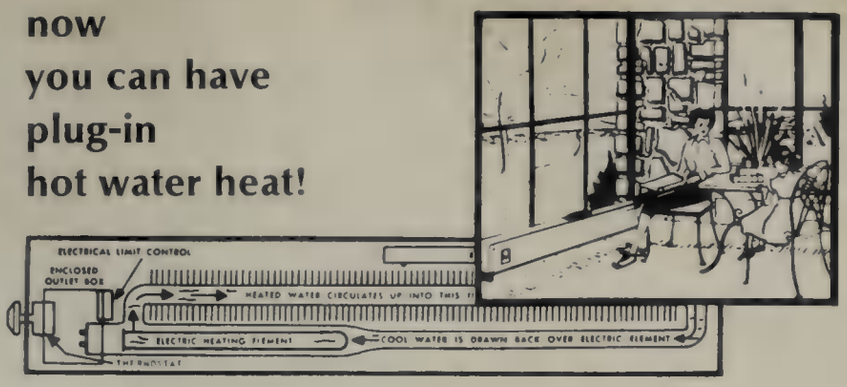
The right height for children

ne of the six boys in this Anacortes, ashington, family is helpless in the chen. They're interested in food and ch in with the chores; and architect on McKee designed the kitchen to en-urage them.

Table-setting *pattern like this is posted on wall near serving counter*

led serving counter *is low—convenient the children to set and to serve from*

now you can have plug-in hot water heat!



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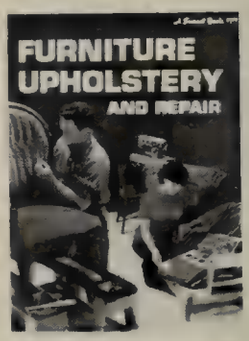
Upholstery as a home craft



Whenever you ha a favorite piece upholstered furn ture that has sagge faded, or has be ripped or staine you can have an u holsterer repair but the cost is us ally high.

If you're willing invest time and effort, upholstering is art well suited to the home craftsman. beginner can achieve good results wi less experience and less manual skill th are needed for cabinetwork or a numb of other crafts—and the cost of materi is far less than the labor cost. He'll fi a great deal of help in the *Sunset* bo *Furniture Upholstery and Repair* (La Books, Menlo Park, Calif.; $1.95).

REPAIR AND CONSTRUCTION

This new book not only explains toda methods of upholstery repair but also t building of upholstered furniture. It giv the basics—the woods to use, frame co struction, gluing, doweling. And it te how to repair furniture frames and h to restyle them before reupholstering.

Then it gives you the full story on u holstering techniques. There is a chap about springs and how to support the another on shaping and softening edg Chapters detail stuffings, muslin cove channeling and tufting, and—most imp tant—the final covering. All aspects explained with drawings and photograp

CUSHIONS AND CANING

The book goes further to detail the m ing of bolsters, cushions, and pillows upholstered furniture. It explains how shape polyurethane and rubber foam upholstering projects. Caning and ru ing methods of finishing furniture also included, as well as how to repai replace fabric webbing on metal la furniture, decorating with prewoven c and repairing automobile upholstery.

There are thorough explanations of tails that could cause problems to beginner—such as tacking methods, to make and use welt, the seams to in upholstery, and upholstery button

But best of all, *Furniture Upholstery Repair* makes it quite clear that you only a sewing machine and a few inex sive special tools to do good uphol ing work.

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Frimley Green, Surrey, England

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Sunset's Kitchen Cabinet®

This month we feature recipes to suit a variety of entertaining occasions, including the Thanksgiving feast.

The fillet of sole is baked with a puffy layer of soufflé on top to make a showy entrée for a small dinner party. Our spicy pumpkin doughnuts are a treat for youngsters and fine to serve with coffee for adults.

For Thanksgiving menu planners we suggest a creamy broccoli dish that can be prepared ahead, ready for final

The sole has a creamy sauce and bakes with an attractive soufflélike topping

Company Fish Casserole

You can have this dish almost ready for the oven before guests arrive.

- 1½ pounds sole fillets, thawed
- 1 teaspoon *each* salt and dill weed
- 1 tablespoon chopped parsley
- ½ cup dry white wine
- About ⅓ cup milk
- 3 tablespoons *each* butter and flour
- 5 eggs, separated
- 3 tablespoons freshly grated Parmesan cheese

Fit the fish into a greased baking dish (about 7 by 11 inches) and sprinkle with salt, dill, and parsley. Pour over wine (or 2 tablespoons lemon juice with water to make ½ cup). Cover tightly with foil and bake in a 400° oven for 10 minutes. Drain off stock, leaving fish in dish. Measure stock and add milk to make 1 cup liquid. In a pan, heat butter, add flour, and cook until bubbly. Gradually stir in liquid and cook until thickened. Remove from heat and beat in egg yolks. (Refrigerate fish and sauce, if made ahead; drain fish again to use.)

Shortly before serving, beat egg whites, then fold into sauce. Sprinkle 1 tablespoon of the cheese over fish and then spoon sauce over it. Sprinkle with remaining cheese. Bake, uncovered, in a 400° oven for 15 minutes (30 minutes if refrigerated). Makes 4 to 6 servings. —*L. G., Bremerton, Wash.*

Fresh fried doughnut balls are flavored with a carbonated beverage and spices

Pumpkin Doughnut Drops

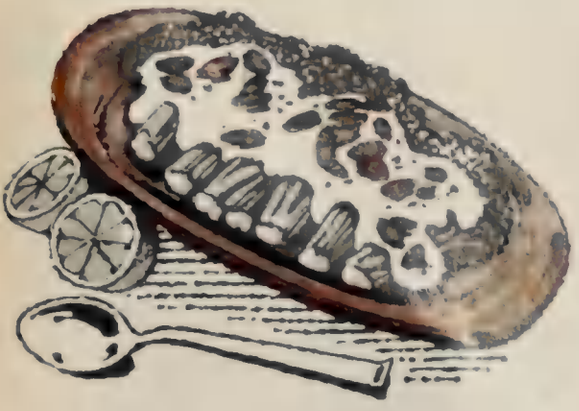
Serve these plain or with a coating of cinnamon-sugar.

- 3 cups flour (unsifted)
- ⅓ cup non-fat dry milk powder
- 3 teaspoons baking powder
- ¾ teaspoon cinnamon
- ½ teaspoon ground ginger
- ¼ teaspoon *each* nutmeg and salt
- 2 tablespoons shortening
- 1¼ cups sugar
- 2 eggs
- 1 cup canned pumpkin
- 1 teaspoon vanilla
- ½ cup ginger ale or other carbonated beverage
- Salad oil for deep fat frying

Sift together the flour, dry milk powder, baking powder, cinnamon, ginger, nutmeg, and salt. In a bowl cream the shortening with the sugar, then beat in the eggs. Mix in pumpkin and vanilla. Add the flour mixture alternately with ginger ale; mix well.

Pour salad oil into a pan to depth of 3 inches and heat to about 375°. Scoop about 1 level tablespoonful of dough for each ball; push off into the hot oil. Drop in about 4 balls at a time and fry about 2 minutes, turning as needed to brown evenly. Remove with a slotted spoon and drain. Makes 4½ dozen.—*I. R., North Sacramento.*

If you wish, shake the doughnuts a few at a time in a paper bag with about ½ cup sugar and 1 teaspoon cinnamon.



Broccoli spears arranged neatly in a bake-and-serve dish for guest dinner

Broccoli with Lemon Cream

A deep heatproof serving plate or an oval baking dish is ideal for this.

- 2 pounds fresh broccoli
- Boiling, salted water
- 2 packages (3 oz. *each*) cream cheese, at room temperature
- 6 tablespoons milk
- 1 teaspoon grated lemon peel
- 1 tablespoon lemon juice
- ½ teaspoon *each* ground ginger and cardamom
- ½ cup sliced or slivered almonds
- 1 tablespoon butter

Trim and peel stem ends of fresh broccoli spears; cook in boiling water just until tender-crisp, about 7 minutes. Drain and arrange neatly, with spears all pointing in same direction, in a heatproof serving dish. Combine the cream cheese with milk, lemon peel and juice, ginger, and cardamom; beat until smoothly blended. Spoon the cheese mixture over broccoli stems, leaving some of the green heads showing. (This much can be done ahead; then cover and refrigerate.)

To serve, cover with the casserole lid or with foil and bake in a 350° oven for about 15 minutes (25 minutes if refrigerated), or until heated through. Sauté almonds in the butter in a small pan until toasted. Sprinkle over top of vegetables before serving. Makes 6 to 8 servings.—*L. M., Everett, Wash.*

heating in the oven; also a succulent pie of fresh cranberries and apples.

We welcome contributions of original recipes. Mail them to *Sunset Magazine*, Menlo Park, Calif. 94025. We pay $10 for each recipe published.

A sweet and spicy soup, baked sole, roast pork, a festive Thanksgiving pie

Lentils and Ham Soup

Some interesting sweet and spicy flavors distinguish this hearty soup.

- 3½ to 4 pounds ham hocks, cut in 2-inch slices
- Water
- 2 bay leaves
- 1 teaspoon Italian herb seasoning or oregano
- 1 teaspoon whole mixed pickling spices
- ⅛ teaspoon pepper
- 1 medium-sized onion, chopped
- 1½ cups lentils
- 6 small new potatoes, peeled, or 2 cups carrot chunks
- 12 to 16 pitted whole prunes
- Chopped parsley

Put the ham hocks into a large pot, cover with water, bring to boiling, then drain and discard liquid. Return ham to pot, add 12 cups water, the bay, Italian herbs, pickling spice, pepper, and onion. Simmer for about 2 hours, or until ham begins to come away from bones. Pour through wire strainer and discard seasonings. When cool enough to handle, return meat and broth to the cooking pot; discard skin and bones. Skim excess fat from broth, bring to boiling again, and add lentils. Cover and simmer 20 minutes, add potatoes (or carrots) and prunes, and simmer about 25 minutes, or until tender. Garnish with parsley. Makes 6 to 8 servings.—*L. M., Everett, Wash.*

Supper soup of meaty ham hocks, lentils, vegetables, and pitted dried prunes

Pot-Roasted Pork

Order a loin end roast with backbone cracked and tied for easiest serving.

- About 5 pounds loin end pork roast
- 1 clove garlic, cut in slivers
- ¼ teaspoon *each* salt and pepper
- 2 medium-sized onions, sliced
- 2 bay leaves
- 1 whole clove (optional)
- About ½ cup boiling water
- 2 tablespoons *each* cornstarch and soy sauce

Make tiny slits in the meat and insert the slivers of garlic. Using a large Dutch oven that can also be used in the oven, or a frying pan, brown the outside of the meat, starting on the fattest side; discard drippings. If done in a frying pan, transfer to a large casserole or covered roaster. Sprinkle with salt and pepper. Add the onions, bay, and clove, if used. Pour over ½ cup boiling water.

Cover and roast in 325° oven for 2½ to 3 hours, or until tender, adding a little more water if needed. Remove roast to a serving platter, discard bay and clove, and skim off any excess fat. Blend cornstarch with soy until smooth, then stir into pan juices and onions. (Transfer to a saucepan, if needed.) Cook, stirring, until it boils and thickens. Makes 6 to 8 servings.—*W. S., Menlo Park, Calif.*

Moist, low heat accomplishes rich flavor and tenderness in this pot roast

Cranberry-Apple Pie

This festive pie is served with a special sauce that enhances both fruits.

- Pastry for 9-inch, double-crust pie
- 1 cup sugar
- 2 tablespoons flour
- 6 medium-sized tart cooking apples
- 1 cup fresh whole cranberries
- 1 tablespoon butter or margarine
- Wine sauce (recipe follows)

Roll out half of the pastry to fit a 9-inch pie pan. Combine the sugar and flour and sprinkle half of mixture over bottom of pastry. Peel, core, and slice the apples; coarsely chop cranberries and mix with apples. Turn fruit into pie and sprinkle with remaining sugar; dot with butter.

Roll out and fit top crust on pie, sealing and fluting the edge; prick top. Bake in a 425° oven for about 45 minutes. Serve warm or reheated with warm wine sauce. Makes 6 servings.—*P. T., Hollywood, Calif.*

Wine Sauce. Combine in saucepan ½ cup sugar, 1 tablespoon cornstarch, ½ teaspoon cinnamon, pinch salt, and 1 teaspoon grated orange peel. Gradually stir in ½ cup each *water and cream Sherry (or 1 cup fresh orange juice) and 1 tablespoon lemon juice. Cook, stirring, until it boils, thickens, and clears. Add 1 tablespoon butter and stir until melted.*

Fresh cranberries add interesting flavor and bright color to holiday apple pie

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Turkey with the dressing outside

st November we reported in *Sunset* a w way to handle the Thanksgiving tur- y and the dressing—a way that elimi- ted many of the logistical problems the ok has been obliged to struggle with ar after year, and still produced the nd of results deemed essential.

stead of stuffing the turkey, all the essing bakes around the bird in the asting pan. The portion tucked under e turkey has the same quality as it ould have if steamed inside; the rest of e dressing, which in the past has usually en relegated to another casserole, also sorbs the good turkey juices.

ne turkey goes in the oven unstuffed, trussed, and with the breast down for major portion of the cooking time; with is method there is a noticeable increase the juiciness of the breast meat. While e turkey bakes you can make the dress- g. Then, when the bird is turned over even up the browning, you drain off e juices accumulated thus far, add them the giblet gravy, and return turkey to e oven. At the specified time, the dress- g is spooned around the bird.

ere we recapitulate our 1969 proposal r roasting turkey, and offer a new gravy nd four new dressings—a meat and ap- e dressing, a bread stuffing that incorpo- tes a seasoned mix, and two that have an alian flavor. These last two (polenta and estnut dressings) require special shop- ng for the basic ingredients; you will nd the coarse cornmeal and easy-to-use ied chestnuts (both keep indefinitely) in alian delicatessens.

oasting the turkey. Pat dry, inside and ut, a 12 to 24-pound turkey (fresh or awed) and sprinkle cavities of bird with lt and pepper. Place untrussed bird east down on a V-shaped rack in a asting pan at least 11 by 15 inches. ew neck skin against back. Rub all er with soft butter or margarine (dur- g total cooking time you will need about tablespoons).

ake turkey in 325° oven, allowing 3 to ¾ hours for a 12 to 16-pound bird; 3¾ 4½ hours for a 16 to 20-pound bird; or ½ to 5½ hours for a 20 to 24-pound rd. The internal temperature, as regis- red on a meat thermometer, should be 35° in the thickest part of the thigh, or 75° in the thickest part of the breast. aste turkey several times with butter.

t 1½ hours before turkey is due to be one, remove from oven. Tilt rack, drain- g all juices from bird, then lift bird and ck to another pan. Scrape all drippings from roasting pan and reserve.

Lift turkey from the rack and place breast up directly in the roasting pan. Rub breast with more soft butter. Return to oven and continue to roast until done; spoon the dressing (recipes follow) around the bird at the time indicated in each recipe.

Skim and discard all the fat from the reserved pan juices and add juices to the brown giblet gravy (recipe follows). Before carving, let turkey and dressing stand about 20 minutes, draped with foil or in the oven (turned off and open). Serve from roasting pan (encircled by a colorful cloth tied to conceal the pan), or transfer turkey to a large platter and place dressing alongside. Serve with hot giblet gravy.

Brown Giblet Gravy

- 4 tablespoons butter or margarine
- Turkey giblets
- 2 carrots, finely chopped
- 1 onion, finely chopped
- ½ cup finely chopped parsley
- ¼ cup dry Sherry or dry Vermouth
- 6 cups regular strength chicken broth
- Fat-free juices from roast turkey
- 4 to 6 tablespoons cornstarch blended with 4 tablespoons water

Melt butter in a saucepan and add the liver; cook just until firm and set aside. To butter add thinly sliced heart and gizzard, the carrots, onion, and parsley. Cook on high heat, stirring until mixture is very well browned. Pour in Sherry and boil until evaporated. Add turkey neck and chicken broth to saucepan. Cover and

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simmer gently for 1½ hours.

Pour broth through a wire strainer and discard all but the liquid. Return broth to saucepan and add turkey juices. Bring to a rolling boil, stirring in as much of the cornstarch paste as needed to thicken to desired consistency. Chop liver and add to gravy; serve hot. Makes about 6 cups.

Apple Sausage Dressing

- ¾ pound lean ground beef
- ¾ pound bulk pork sausage
- 3 onions, finely chopped
- 3 pounds tart apples, peeled, cored
- 2 tablespoons lemon juice
- 1 cup fine dry bread crumbs
- Salt and pepper
- Roast turkey (directions precede)

In a wide frying pan crumble beef and pork and cook on highest heat, stirring, until meat is browned. Add onions, reduce heat to moderate, and continue cooking until onion is soft; stir frequently. Remove from heat and spoon out and discard any fat. Chop apples, mix with lemon juice, and add to meat mixture along with crumbs. Season with salt and pepper to taste. Use at once, or cover and chill as long as 4 hours. Spoon dressing around turkey 1½ hours before the bird is due to be done. Stir dressing occasionally to mix in turkey juices. Makes 8 to 9 cups.—*A. D., Palos Verdes Estates, Calif.*

Chard and Sausage Bread Dressing

- 1½ pounds bulk pork sausage
- 4 onions, finely chopped
- ½ cup (¼ lb.) butter or margarine
- 3 packages (12 oz. *each*) frozen Swiss chard, thawed
- 3 packages (8 oz. *each*) herb-seasoned stuffing mix
- 3 cups shredded Parmesan cheese
- 1 to 2 cups regular strength chicken broth
- Roast turkey (directions precede)

Crumble sausage in a wide frying pan and brown lightly; add onions and continue to cook, stirring frequently, until onions are soft. Add butter to pan and stir in chard until heated. In a large bowl blend together the sausage mixture, stuffing mix, and cheese; add broth to moisten as you like. Use at once, or cover and chill as long as overnight. Spoon dressing around turkey 1½ hours before it is due to be done; stir occasionally to mingle juices with dressing and equalize browning. Makes 16 cups.

Polenta Mushroom Dressing

- 6 tablespoons butter or margarine
- 2 onions, finely chopped
- 2 stalks celery, finely chopped
- 1½ pounds mushrooms, thinly sliced
- 4½ cups regular strength chicken broth
- ½ teaspoon *each* marjoram, garlic salt, and poultry seasoning
- 2½ cups polenta (coarse ground Italian-style cornmeal)
- Salt
- Roast turkey (directions precede)

In a large pan melt butter and add onions and celery; cook, stirring, until vegetables are soft. Add mushrooms and continue to cook, stirring, until they are limp. (This can be done ahead and the mixture covered and kept cold as long as overnight.) Pour in the chicken broth and add marjoram, garlic salt, and poultry seasonings. Gradually stir in the polenta and bring mixture to boil, stirring constantly; turn heat low and continue to cook, stirring vigorously, for about 5 minutes. Season to taste with salt.

While still warm, spoon around turkey 1 hour before it is to be done. Stir occasionally to mix in turkey juices. Makes 8 to 9 cups.—*J. P., Petaluma, Calif.*

Chestnut Dressing

- 1¼ pounds dried chestnuts
- Water
- 1 bay leaf
- ½ pound bacon, chopped
- 2 cups red Port
- 1 teaspoon poultry seasoning
- Salt and pepper
- Roast turkey (directions precede)

Cover chestnuts generously with water; cover and let stand overnight. Drain chestnuts and pluck out and discard all bits of brown skin clinging in interstices. Rinse chestnuts well and place in a saucepan with 4 cups water and the bay leaf. Cover, bring to boiling, and simmer 15 minutes; drain chestnuts; coarsely chop.

Also fry bacon in a wide frying pan until it is brown and crisp. Drain off all fat and add chestnuts to pan with bacon. Pour in Port and add poultry seasoning.

Boil the mixture rapidly, uncovered, stirring until wine is evaporated. Season with salt and pepper to taste.

Use at once, or cover and chill as long as overnight. Spoon the chestnut mixture around the turkey 45 minutes before the bird is due to be done. Stir the dressing occasionally. Makes about 6 cups.—*W. W., Atherton, Calif.*

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- **2/3 cup Marsala**
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- **1/2 cup water**
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- **1/4 teaspoon Spice Islands Garlic Powder**
- **1/8 teaspoon Spice Islands Rosemary, crushed**

Wipe chicken. Heat olive oil and butter in a large skillet. Saute chicken, add Onions, Pepper and salt until golden. Add Marsala; cook until liquid is reduced to 1/2 (about 15 minutes). Peel and dice tomatoes. Add tomatoes, water, Parsley, Basil, Garlic Powder and Rosemary. Cover and simmer 30 minutes. Remove chicken. Reduce liquid to 1/4 cup. Spoon over chicken. Makes 8 Servings.

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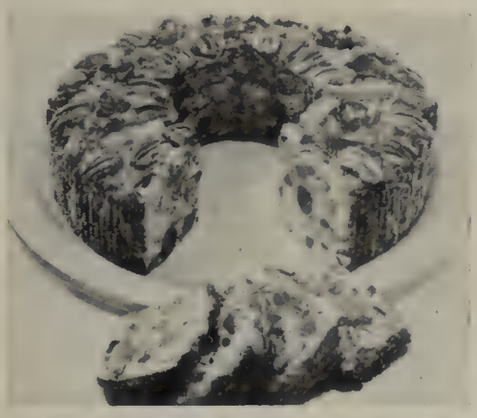

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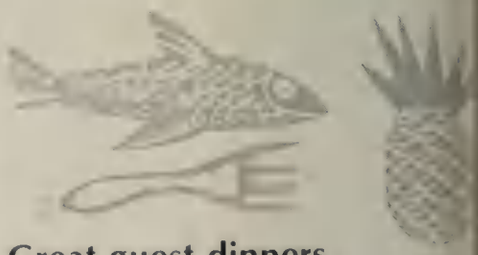

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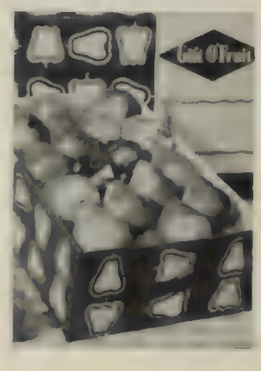

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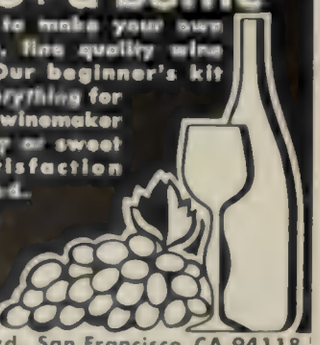

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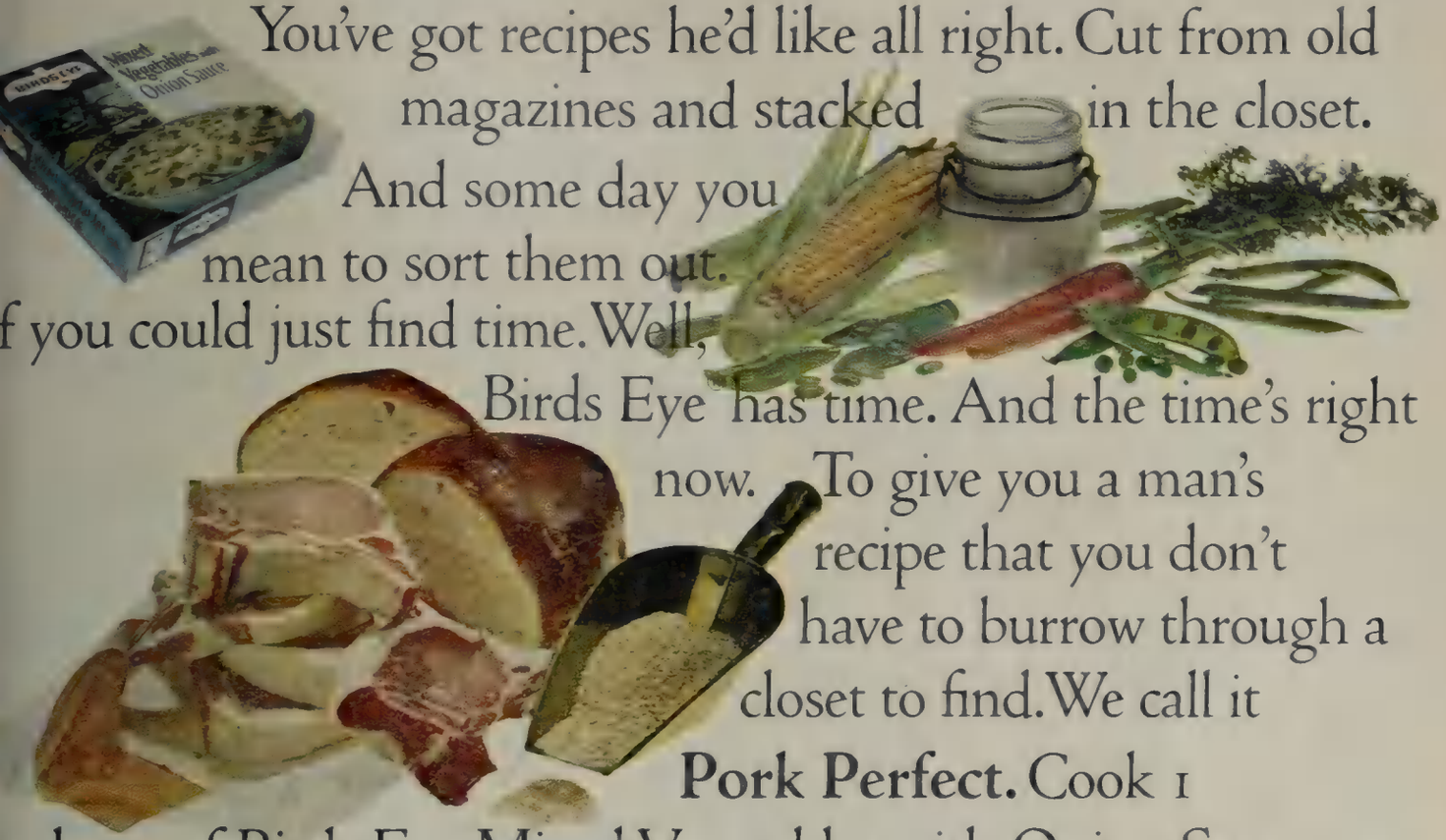

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ht and shapely elements *of a sausage per dish: tiny onions, green peppers, linguisa auté in sequence, grated cheese to add*

Sausage suppers

Here are four . . . each combining sausages with vegetables

Sausages have many merits: Even in most supermarkets they are offered in considerable variety, and each has distinctive seasonings that lend sophisticated, often international, flavor to the simplest dishes. Here they appear in modest but interesting vegetable and sausage entrées.

To round out the main part of the meal, serve sliced tomatoes and possibly scrambled eggs with the spicy green pepper sauté. Bread and butter is ample with the cabbage dish, but you might like to also include baked potatoes. Green salad and

dark or crusty breads go well with the last two combinations.

GREEN PEPPERS AND ONIONS WITH LINGUISA

- 1 pound boiling onions (each about 1-inch diameter)
- Water
- 1 tablespoon butter or margarine
- About 1 pound linguisa (Portuguese sausage)
- 3 large green peppers, seeded and thinly sliced
- 1 cup shredded Swiss cheese (natural or process)
- Salt and pepper

Peel onions and place in a wide frying pan with ⅔ cup water and the butter. Cover and cook on high heat, stirring frequently, until liquid evaporates; at once turn heat to low and cook, uncovered, stirring frequently, until onions are slightly brown. Remove from pan.

Cut linguisa in about ½-inch-thick slices and add to frying pan. Brown in its own fat, stirring over moderate heat. Lift sausage from pan with a slotted spoon and transfer to container with onions.

Add green pepper strips to frying pan and cook, stirring, on high heat just until they become slightly limp. Return onions and sausages to pan and blend until reheated. Lift ingredients from pan with a slotted spoon to a serving dish; discard oil in pan. Sprinkle cheese over the vegetables, mix lightly, season with salt and pepper to taste, and serve. Makes 4 to 6 servings.

CABBAGE AND APPLES WITH SAUSAGES

- 6 to 8 pork sausage links
- Water
- 3 large Golden Delicious apples, peeled cored, and each cut in 6 or 8 wedges
- 3 or 4 (about 1 lb.) kielbasa or kolbassy (Polish sausages)
- 1 package (5 oz.) miniature smoke-flavored sausage links
- 3 or 4 (about ½ lb.) knackwurst (garlic sausages)
- 1 head (2 to 3 lb.) cabbage, cut in 6 or 8 wedges
- Prepared mustard or horseradish

Place the pork links in a wide frying pan and add about ¼ inch water. Cover and simmer for approximately 10 minutes.

Fill a 6 to 8-quart kettle half full of water and place on highest heat.

Drain liquid from pork link sausages and brown in their own fat, uncovered, on moderately low heat; when partially browned, add the apple pieces and brown them also in the drippings, cooking until the fruit is tender to pierce, about 5 minutes. Keep sausages and apples warm.

When the large kettle of water is boiling keep heat high and add the Polish sausages, smoke-flavored sausages, and garlic sausages; cover and return to a boil.

Remove kettle cover and push cabbage wedges down into liquid. Bring to boil, uncovered, and simmer 2 or 3 minutes. Lift cabbage and sausages from liquid, draining. Arrange cabbage, all the sausages, and the browned apples in a serving dish. Accompany with mustard or horseradish. Makes 6 to 8 servings.

ITALIAN SAUSAGES AND GRAPES WITH GREEN BEANS

- About 1 pound mild Italian sausages
- Water
- 1 pound green beans, ends and any strings removed
- Salt
- 2 tablespoons butter or margarine
- 1½ cups Thompson seedless grapes

Cover sausages with water, bring to a boil, and simmer, covered, for 20 minutes; drain. Bring to boil 3 to 4 quarts salt water; immerse beans in this water and cook, uncovered, on high heat until boi resumes, then boil gently for about 7 minutes or until beans are easy to pierce.

While beans cook, cut sausages in abou ½-inch-thick slices. Melt butter in a fry ing pan and lightly brown sausage slices.

Drain beans and place in a serving dish To sausages add grapes, turn heat hig and stir about 1 minute to warm grapes then pour meat and fruit over or along side the beans. Makes 4 servings.

BRATWURST WITH CARROTS AND ONIONS

- Water
- 4 (about 1 lb.) bratwurst or bockwurst (Swiss sausages)
- 6 medium-sized carrots
- 2 tablespoons butter or margarine
- About ½ cup sour cream
- 6 green onions, finely chopped, including part of the green tops

Pour boiling water over sausages to cove and let stand 10 minutes. Peel carrots an slice thinly; place in a wide frying pa with butter and ½ cup water. Cover an bring to boil on high heat, cooking unti water is evaporated; stir occasionally.

Then remove cover, reduce heat to mod erate and continue to stir and cook unti carrots are lightly browned. Drain sau sages and push carrots well to one sid of frying pan and lightly brown the sau sages. Arrange in a serving dish; spoo sour cream in the center and mound gree onions in the cream. Makes 4 servings.

DARROW M. WATT

Juicy hot grapes *provide sweet-tart contrast between lively seasonings of Italian sausages and mild, freshly cooked green beans*

Lavish assortment *of savory sausages complement tender-crisp boiled green cabbage and lightly browned thick apple slices*

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Onions and carrots *cook in liquid of braised brisket, two kinds of horseradishes accompany*

DARROW M. WAT

NOVEMBER MENUS

A braised beef dinner, a meatball soup supper, and a Mexican lunch

The braising kettle and the soup pot (often one and the same) do most of the work for the cook in November. In concession to the magnitude of Thanksgiving dinner, these meals are rather humbly scaled, with a one-pot dish, a soup, and a salad each in the role of entrée.

Brisket dinner

Braised fresh beef brisket, another fine variant on the old, standard boiled dinner, makes an easily managed menu for guests. The rich stock that develops around the slowly simmering meat is also the cooking medium for the vegetables and then becomes the deep brown gravy. Offer one or more kinds of horseradish or mustard to go with the meat, and serve a plai green salad. Dessert is simple and ligh fruit and cheese.

Braised Brisket with Vegetables
Brown Brisket Gravy
Prepared Regular or
Cream-style Horseradish
Prepared Horseradish with Beets
Green Salad
Apples and Pears
Fontinella and Camembert Cheeses

First you cook the brisket for sever hours, then set it aside briefly, keepin warm, while the vegetables cook quickl in the meat broth. Arrange the vegetabl with the meat and thicken the broth t make the gravy. The leftover brisket

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(1) ¾ cup dry roasted peanuts, finely chopped
(2) 4 tablespoons grated Parmesan cheese, 1½ teaspoons parsley flakes, ½ teaspoon oregano
(3) 3 tablespoons sesame seeds

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excellent sliced and served cold; or you can reheat slices in any extra gravy.

Braised Brisket with Vegetables and Brown Brisket Gravy. Have a 5-pound piece of fresh brisket trimmed of most of the fat. Deeply brown meat without additional fat in a large (about 8 qt.) heavy kettle; this is a large cut and will probably require shifting about in the pan in order to brown all surfaces. Push meat over and up one side of the pan and add to drippings 1 large onion, chopped, and 1 large carrot, chopped. Cook, stirring, until they are browned; turn meat as needed.

Pour in 6 cups water, scraping free the browned particles in pan; add 1 bay leaf, ½ teaspoon whole thyme, and 1½ teaspoons salt. Cover and simmer gently for about 3 hours or until meat pierces easily.

Peel 1 pound small boiling onions (about 1-inch diameter) and 6 medium-sized carrots. Cut the carrots in strips about ¼ inch thick.

When meat is done, lift gently from stock, supporting from beneath (it may pull apart if lifted with a fork) and place on a serving board; keep warm.

Pour broth through a wire strainer and discard the seasoning vegetables. Return broth to pan and bring to a boil; add small onions and cook 5 minutes at a gentle boil, then add carrots and cook 5 minutes more or until both carrots and onions are tender. Remove vegetable from broth with a slotted spoon and arrange around meat.

Blend 2 tablespoons cornstarch with 2 tablespoons water and pour into broth, stirring. Bring to boiling and cook until slightly thickened; serve in a bowl and spoon over sliced brisket and vegetables. Makes 8 servings.—*R. S., San Francisco.*

Soup and cake supper

This ultrasimple meal will suit busy families, even on occasions when unexpected friends drop in. Both soup and cake are good-tasting and based on streamlined recipes; they also can be made ahead ready to eat anytime, and served in individual portions if someone has to dine earlier or later than the rest of the group. The soup is a whole meal with meat and several vegetables. Chocolate cake is a favorite in most homes, and this is a particularly chocolaty easy-blend version. Or serve a cake from a mix, a favorite pie, or another popular family dessert.

Meatball Soup with Swiss Chard and Red Peppers
Sour Cream
Dark Chocolate Cake
Milk

Moist, tender meatballs poach in the liquid of this quickly assembled soup. Sweetly flavored red peppers and fresh Swiss chard are the preferred vegetables to use in it, but if they're hard to find use instead green peppers and frozen Swiss chard. The cake is baked—following a method shortcutted from standard chocolate cake recipes—and served picnic-style from a large pan.

Meatball Soup with Swiss Chard and Red Peppers. In a 5 or 6-quart kettle combine 2 large onions, chopped, 2 large red (or green) peppers, seeded and chopped, 1 cup chopped parsley, and 3 tablespoons olive oil or salad oil. Cook over medium high heat, stirring, until vegetables are soft but not browned. Add ¼ cup uncooked rice, 4 cups broth (canned regular strength chicken or beef broth, diluted condensed broth, or homemade broth), and 4 cups water (or use all broth).

Cut white stems from 1 pound Swiss chard and chop stems; add to soup. Chop chard leaves and set aside. (If fresh chard is unavailable, let 2 packages—12 oz size—frozen Swiss chard thaw and stir into soup after it has cooked 10 minutes.)

Thoroughly mix together 1½ pounds lean ground beef (may be half ground lamb), 1 egg, ¼ cup all-purpose flour, ½ cup milk, and 1 teaspoon salt. Shape meat with hands into balls about 1 inch in diameter, dropping as formed into soup. Bring soup to a boil, cover, and simmer gently 10 minutes.

Remove lid and stir in Swiss chard leaves and simmer 10 minutes more. Serve hot or chill and reheat to serve. Pass sour cream to add, if desired, to individual portions. Makes about 4½ quarts, or 9 main dish servings of 2-cup size.

Dark Chocolate Cake. Coarsely chop 3 ounces unsweetened chocolate and place in a mixing bowl with ¾ cup (⅜ lb.) butter or margarine, cut in small pieces. Pour in 2 cups hottest tap water and stir until chocolate and butter melt.

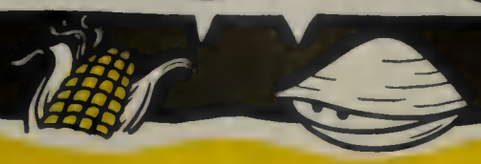
Stir together 2 cups sugar, 2 teaspoons *each* baking powder and soda, ½ teaspoon salt, and 2⅓ cups regular all-purpose flour (unsifted). Beat 2 eggs to blend and stir into chocolate mixture; add 1 teaspoon vanilla. Stir in the sugar-flour mixture until thoroughly moistened and smoothly blended. Pour into a greased and flour-dusted 9 by 13-inch pan. Bake in a 350° oven for 45 minutes or until cake just begins to pull from pan sides. Let cool.

Frost top with this chocolate icing: In a saucepan stir to melt 3 ounces chopped unsweetened chocolate with 3 tablespoons butter or margarine and ⅓ cup water. Remove from heat and beat in 3 cups unsifted powdered sugar. Spread on cooled cake. Cut the cake in rectangles to serve. Makes 10 to 12 servings.—*L. R., Eagle Rock, Calif.*

Mexican salad lunch

A colorful platter of salad vegetables surrounds hot tortilla strips drenched with melted cheese. It's a combination reminiscent, flavorwise, of a taco, but much

Shucks, it's twice as good together!



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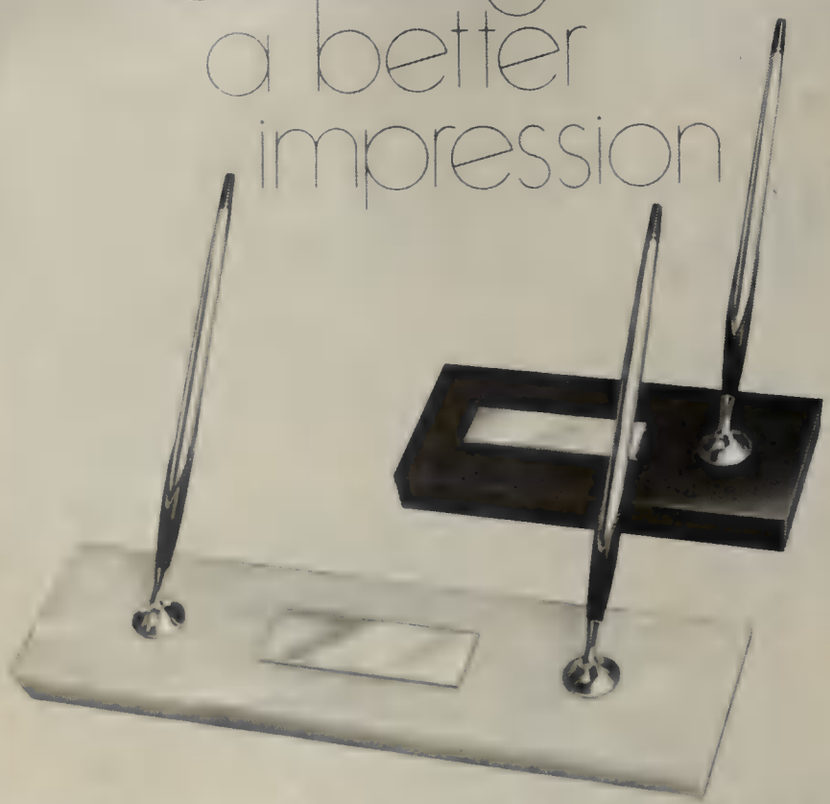

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Mexican Salad, Taco-style
Iced Tea or Sangria
Chocolate Ice Cream with Kahlua

Have lettuce, trimmed vegetables, an thawed avocado dip organized in the re frigerator; also cook the tortilla strip ahead of time. Group the salad element while tortillas and cheese heat in th broiler. For a beverage consider iced te or purchase a prepared sangria. If desser appeals, pour a tablespoon or so of Kahlu over each portion of ice cream.

Mexican Salad, Taco-style. Stack 6 cor tortillas and cut in thin slivers. Place i a wide frying pan with 3 tablespoon salad oil, and fry, stirring, until tortill are crisp. Drain on paper towels unt cool, then package airtight. Shred enoug crisp lettuce to make 4 cups; trim for ea ing 6 to 8 green onions and 6 to 8 radishe cutting decoratively if desired; thinly sli ½ cucumber; cut 8 cherry tomatoes i halves; and shred 2 cups mild Chedd cheese. Package each of these foods sep rately and refrigerate. Also thaw 1 ca (7¾ oz.) frozen avocado dip (guacamole and keep cold.

At serving time arrange on a flat tra grouping separately, the lettuce, onion radishes, cucumber, and cherry tomatoe leave a space free for tortillas. Drizz with 2 tablespoons *each* salad oil an vinegar, and sprinkle with salt and peppe

Spread tortilla strips evenly over botto of an 8 or 9-inch pie pan and cover wit the shredded cheese; broil about 3 inch from heat just until cheese melts; tak 1 to 2 minutes. Guiding with a wi spatula, slide tortillas, with cheese u onto reserved space on salad tray.

Spoon avocado dip along side and drizz tortillas with 2 or 3 tablespoons prepar taco sauce. Serve at once. Spoon some each element onto individual salad plate Eat with knife and fork. Makes 4 ser ings.

Simple pâté

This easy pâté makes delicious use of a small quantity of chicken liver.

Sauté 2 chicken livers in 1 tablespoon butter over medium-low heat until just pink in center, about 5 minutes. Chop livers and mash in a bowl with the butter from the frying pan, 1 ounce softened cream cheese, few drops liquid hot pepper seasoning, ¼ teaspoon salt, 1 tablespoon chopped green pepper, and 1 teaspoon Sherry. Cover and chill; serve with crackers. Makes ⅓ cup. —*A. F., Sausalito, Calif.*

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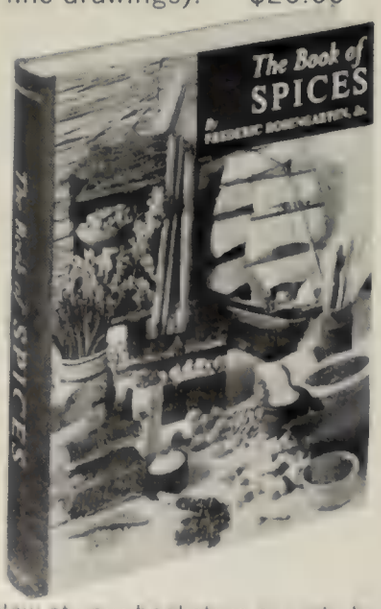

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How to cook and carve a goose

DARROW M. WAT

Roast goose *with garland of oven-roasted potatoes, buttered broccoli spears, glazed prunes and apples*

A bountiful platter of roast goose with vegetable and fruit accompaniments makes a handsome Thanksgiving presentation. We served it as the main part of a four-course dinner for six adults (that menu is detailed in page 87), but the goose platter adapts easily to other and simpler menu plans.

You'll need a large platter or tray—about 15 by 20 inches—for serving. Also have ready a smaller platter or board to handle the carving at the table. Then it's a matter of timing. Plan to have the goose finish cooking about ½ hour before time to serve. The potatoes roast in the oven while the goose cooks. Add the broccoli and fruits to the tray just before serving.

Roast Goose with New Potatoes. For 6 people you'll need a 9 to 10-pound goose. Thaw completely, if frozen; rinse well with cold water, remove any large layers of fat from the cavities, and wipe dry. Sprinkle inside with salt and pepper; stuff with onion quarters, if you wish. To close the wishbone cavity, bring neck skin over back and fasten with a skewer. Turn bird over and skewer the body cavity closed. Tie drumsticks together. Place the goose, breast side down, on a rack in a deep pan, or use heavy foil to build up higher sides on a shallow roasting pan (it helps prevent oven splatter).

Roast, uncovered, in a 325° oven for 3½ to 4 hours, or until drumstick meat feels soft. Spoon or siphon off fat as it accumulates in the pan. Turn bird and roast breast side up for the last 1½ hours.

One hour before the goose is done, add 12 to 15 small, whole, unpeeled new potatoes to the pan drippings. Baste and turn occasionally until tender and lightly browned.

To serve, lift goose from roasting pan, remove skewers and string, and place breast side up on the serving platter. Use a slotted spoon to lift out the potatoes; pile beside the bird. Cover with foil and keep warm.

Glazed Apple Slices and Prunes. Plump ½ pound moist-packed, pitted prunes in hot water to cover for 10 minutes. Drain. Peel, core, and thickly slice 3 large apples (Golden Delicious or Winesap). Melt ¼ cup butter in a wide frying pan, add apples, and cook over moderately high heat, turning gently with a wide spatula until fruit begins to soften and looks translucent, about 8 minutes. Sprinkle with 1 tablespoon brown sugar and 1 teaspoon cinnamon and cook, turning, until evenly glazed. Lift apple slices to serving platter; add prunes to pan and turn over in remaining syrup for 2 to 3 minutes to heat through. Arrange prunes among the apple slices.

Buttered Broccoli Spears. Trim and wash 1½ pounds broccoli. Drop into boiling salted water and cook, uncovered, until just tender, about 10 to 12 minutes. Drain; season with salt, pepper, and butter to taste. Arrange on serving platter.

HOW TO CARVE A GOOSE

To simplify this task, lift the goose with the carving fork and place it breast up on a separate carving board. Cut off the tips and first joints of the wings. Steady remaining wing section with fingers or fork and cut it off by forcing the knife tip at a 45° angle into the breast to the joint; sever by turning the knife while pulling on the wing.

A goose's hip joints are almost at the backbone. To carve the legs, turn the goose breast side down and cut through the back skin to expose joints; insert knife tip to loosen. Free meat from bone above the joints. Turn the goose breast side up and anchor a fork firmly in the thigh. Then cut between leg and body, pressing leg down to board—this should break loose the hip joint. Cut through to free the leg. Repeat for other leg. Separate thighs and drumsticks and then cut along the bones to divide each into two pieces.

Remove each side of breast by inserting the knife between meat and keel bone. Cut down to breast bone, along the wishbone, to wing joint. Cut meat free. Slice each breast crosswise into 2 or 3 servings.

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DARROW M. WATT

Tangy lemon *contrasts deliciously with sweet yams to serve with holiday turkey*

Buttery glazes for your vegetables

Sweet, buttery glazes transform these everyday vegetables into holiday fare. Fresh lemon scents the yams; brown sugar flavors the carrots and onions. The vegetables are boiled ahead, then quickly glazed before serving.

LEMON-GLAZED YAMS

Scrub 2 pounds medium-sized yams or sweet potatoes. Cook in boiling, salted water until just tender, about 25 minutes. Drain. Peel yams when they are cool enough to handle and cut lengthwise into quarters or halves, making uniform pieces. Cover and refrigerate.

Before serving, combine in a 10-inch frying pan or electric frying pan 6 tablespoons butter or margarine, ⅓ cup sugar, 2 tablespoons lemon juice, and one whole lemon, thinly sliced. Stir over low heat (250° if you're using an electric frying pan) until syrupy. Add yams and cook, turning gently and often with a spatula, until heated through and coated all over, 5 to 10 minutes. Makes about 6 servings. —*H. O., Covina, Calif.*

HOLIDAY CARROTS AND ONIONS

Peel 2 bunches (about 15) medium-sized carrots and cut into ½-inch-thick diagonal slices. Peel 1 pound small boiling onions and score root end with a small cross (this helps keep onions intact). Cook carrots and onions together in boiling salted water until just tender, 15 to 20 minutes. Drain, cool quickly in cold water, drain again, and refrigerate.

Before serving, combine in a 10-inch frying pan or electric frying pan 6 tablespoons butter or margarine and ⅓ cup brown sugar, firmly packed. Stir over low heat until butter melts. Turn heat to high, add vegetables, and cook (turning as needed) until heated through and glazed all over, about 10 minutes. Sprinkle with about 2 tablespoons chopped parsley and serve. Makes about 6 servings.—*B. F., Fremont, Calif.*

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Pillsbury

It's sweet up on top ...it's tart down below

DARROW M. W

Cranberry-orange pie *has a soft, billowy meringue topping. Below we tell you how to make it*

Begin *adding sugar to meringue when the egg whites are frothy with large fragile bubbles*

Soft meringue *is finished when creamy and moist; the long, soft peak just bends over*

A moist, satiny foam of soft meringue is a versatile element for dessert pies. Mounded on top, it is a sweet contrast for tart fruit pies such as the cranberry-orange meringue pie pictured above. Or folded into the gelatin-base pumpkin filling it makes an airy chiffon pie.

It's simply egg whites beaten with sugar, but the meringue creates spectacular results with both of these holiday pies.

Even experienced pie bakers sometimes have trouble making a perfect meringue —one that will stand up tall and firm, and doesn't shrink or pull away from the crust; one that is moist and tender but doesn't weep. So we start with a review of the meringue-making techniques you will use in the two recipes that follow.

HOW TO MAKE A SOFT MERINGUE

For best results use an electric rotary mixer, portable or on a stand, and a metal or glass bowl. Plastic is not satisfactory unless it has a very hard finish (an oily film can cling to soft plastics and limit the volume of meringue you achieve). Another important factor is the size of the bowl in relation to the amount of egg whites. The whites before they are beaten should come up about ½ inch on the beaters, but as the meringue nears full volume the beaters must not be submerged or they will lose their ability to incorporate more air. Allow at least 1½ cups space for each egg white.

Ideally, fresh eggs are best for meringue as their thicker whites beat up to greater volume. A good meringue can still be made with thinner, less fresh whites; but you must exercise greater care in separating them, for the yolks break more readily than those of fresh eggs. If when separating the eggs any bits of yolk get mixed with the white, carefully spoon them out.

With an electric mixer at highest spe beat the egg whites just until there is longer a layer of viscous white at the b tom of the bowl—the whites will be ve frothy with large bubbles that break e ily. At this point (see picture at le begin to add the sugar gradually, beati about 30 seconds for each tablespoo Sugar not only sweetens the foam b keeps the tiny mountainous bubbles egg white pliant so that the meringue c stretch to its maximum volume. We fou that 2 tablespoons of sugar for each wh will make a stable, billowy meringue t is pleasingly sweet.

It is important to begin adding the su at the proper time: If added too soon, t bubbles become too soft to stiffen t meringue; if added too late, the mering becomes too stiff for folding or spreadi before the sugar is dissolved. You can t when the sugar is dissolved by tasting small amount of meringue; undissolv sugar feels gritty on your tongue. Co tinue beating until long, soft peaks fo when the beaters are slowly lifted fr the meringue, as shown at left. The m ringue will be soft and creamy. Use it soon as you finish beating; within m utes it will start to lose volume. You c make the spicy pumpkin chiffon pie t day before because the gelatin stabili the meringue; before serving, spoon t crunchy praline nut topping (you c make it ahead too) on the pie.

When you use the meringue as a toppi spread it on a warm (not hot) filli the warmth helps cook the meringue fr below. If the filling is too hot, the m ringue is likely to bead, forming drop of melted sugar as it cools.

Make the cranberry pie early the d you plan to serve it, so that it can c long enough to set the filling. (But

DARROW M. WATT

THE Western Kitchen

NEWS AND IDEAS

It's a chopping block and table

The working center in the kitchen at the Porter Sesnon, Jr., home in Hillsborough, California, is a 52-inch-diameter maple block table. The Sesnons prepare food on the block table, then wipe it clean, pull up stools, and serve casual family meals on it.

Placed within arm's reach of sink and range, the large table is the most frequently used and enjoyed place in the room. Designer was Janean.

New dishes that can take it

ve families will be pleased with a new of dinnerware just introduced in the t. It's lightweight, translucent (al- t like china), and almost indestructi- (for example, it will go directly from refrigerator to the oven without heat age).

dishes are made of exceptionally ng glass that shouldn't break, chip, e, or stain during two years of normal Any that does will be replaced by manufacturer, without question.

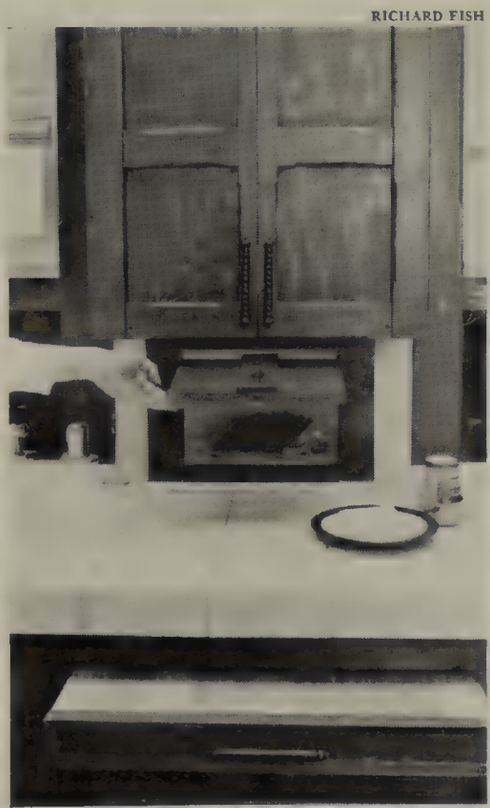
rvice for four (dinner and salad plates, e bowl, cup and saucer) comes in four erns for about $20. Open stock addi- s are available now, or soon will be, ousewares departments.

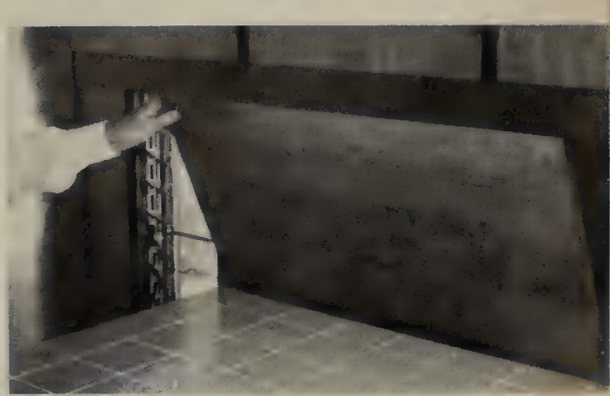
Home bottle capper

ne beverage makers appreciate having ottle capping device. One type is hand rated and holds the bottle firmly on etal base while the cap is sealed on neck. It does a double sealing job, ping the cap around its base to seal n the outside, and simultaneously in- ting the top of the cap to seal on the de. The device adjusts easily to ac- mmodate almost any bottle size.

available from hardware stores and n shops specializing in beverage-mak- equipment for less than $7.

RICHARD FISH





Sandwiches, snacks—the makings are kept together

Preparing lunch snacks is simple in either of these kitchens. The makings are kept out of sight, but a flip of a lid brings them into view.

Bread, relishes, and some sandwich spreads are kept in the niche shown at right above. When the front is down, it's a cutting board. The owner is John R. Cooper, Laguna Niguel, Calif.; the architects, Tozier & Abbott.

In the other kitchen, a built-in box keeps bread fresh in storage. It, too, is at counter level. Relishes are kept in the cabinet directly above.

The owner and designer is Jerome Zerg of Los Angeles.

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Snap! Crackle! or Pop! will send you a quarter just for making Marshmallow Treats. They're fun to make 'cause they're so easy. All you need is 3 ingredients (¼ cup regular margarine or butter, 6-10 ounces (about 40) regular marshmallows, or 4 cups miniature marshmallows, and 5 cups Kellogg's® Rice Krispies® cereal) to follow these 3 easy steps

1. Melt margarine in 3-quart saucepan. Add marshmallows and cook over low heat, stirring constantly, until marshmallows are melted and mixture is very syrupy. Remove from heat.

2. Add Rice Krispies cereal and stir until well coated.

3. Press warm mixture evenly and firmly into buttered 13 × 9 × 2-inch pan. Cut into squares when cool.

Yield: 24 squares, 2 × 2 inches

Note: About 2 cups marshmallow creme may be substituted for marshmallows. Add to melted margarine and cook over low heat about 5 minutes, stirring constantly. Proceed as directed in step number 2 above.

About your quarter. Send your name and address to: Marshmallow Treats, P.O. Box 1971, Marion, Ohio 43302.

Include the refund form from the specially-marked packages of Kellogg's Rice Krispies cereal (6-oz. or larger), and a brand name and weight cut from a marshmallow package (6-oz. or larger) or label from a marshmallow creme jar.

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DARROW M. WAT

Hot and aromatic *milk punch served wi cookies makes nourishing snack anytin*

It's a snack in liquid form

A hot milk punch need not be merely Victorian cure for insomnia.

Any of these hot punches is fine as a la night snack, an after-ski or skating tod or instead of hot coffee or tea anytime.

Children and adults alike will apprecia the first milk drink, based on homema butterscotch, and the next—a spicy n ple-flavored drink. Reserve the third an adult gathering.

HOT BUTTERSCOTCH PUNCH

Combine in a large saucepan ½ cup wh ping cream and 1 cup firmly packed d brown sugar; bring to a boil over medi heat, stirring constantly. Stir in 1 qu milk; heat until a few bubbles form edges and serve. Makes 4 to 6 serving

MAPLE SPICE PUNCH

Stir together in a large saucepan 1 qu milk, ½ cup plus 2 tablespoons ma blended syrup, 2 tablespoons butter sticks whole cinnamon, broken in h and ½ teaspoon ground cardamom (tional); heat over medium heat until b bles form at edges and serve. Serves 4 t

HONEY RUM PUNCH

First, use a vegetable peeler to cut arou the outside of an orange, making a t strip about 12 inches long. Repeat w a lemon, making a 6-inch strip.

Combine in a large saucepan 1 quart m ½ cup honey, and orange peel and len peel as above. Heat over medium h until a few bubbles form, remove p stir in ½ cup light or dark rum, a serve. Makes 4 to 6 servings.

Tender beef. Sour cream sauce. Mushrooms. Onions. Golden egg noodles.

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GLENN CHRISTIANSEN

Tender eggplant rounds, *smothered with cold yogurt and hot sauce, make a surprising beginning at a guest meal*

First course is the show stopper . . . a vegetable surprise

A special vegetable dish can make a dramatic first course. All three of these, based on eggplant, spinach, and mushrooms, are showy enough to qualify.

Because each is a showpiece in itself, the entrée course that follows should be relatively simple. We offer suggestions with each recipe.

This brilliantly colored eggplant dish mingles two sauces, hot gingered tomato and chilled yogurt or sour cream, for an interplay of flavors.

For the main course to follow, you might consider serving roast leg of lamb or a brace of ducks accompanied by a hot cracked wheat pilaf.

INDIAN EGGPLANT SLICES

- 1 medium-sized onion, finely chopped
- 3 tablespoons butter or margarine
- 1 can (about 14 oz.) pear-shaped tomatoes
- 1 tablespoon sugar
- 1 teaspoon finely chopped fresh ginger root or ¼ teaspoon ground ginger
- ¼ teaspoon salt
- Dash of freshly ground pepper
- 1 large eggplant (about 1 lb.)
- ½ cup olive oil or salad oil
- ½ pint (1 cup) unflavored yogurt or sour cream or ½ cup of each
- 3 tablespoons finely chopped parsley

Using a large saucepan, sauté onion in butter until golden brown. Whirl tomatoes and their liquid in a blender until smooth (or press through a wire strainer); add to onion mixture along with sugar, ginger, salt, and pepper. Simmer uncovered until thick, about 10 minutes.

Meanwhile, slice unpeeled eggplant ¾ inch thick and pour oil into a baking pan (about 10 by 15 inches). Dip eggplant slices in oil, coating both sides, then arrange in a single layer in the pan; bake in a 450° oven for 30 minutes, or until tender, turning once.

Arrange eggplant in a single layer on a serving dish, spoon a coating of yogurt over each, and top with tomato sauce, leaving a narrow border of yogurt. Sprinkle with parsley. Makes 6 servings.—*K. K., Palo Alto, Calif.*

These extraordinary spinach and ricotta balls are poached in water. They emerge firm and tender in neat rounds. Then you top them with spicy garlic sausage and Parmesan cheese (freshly grated cheese is necessary for smooth melting) and broil. A complementary succeeding entrée might be a greens and seafood salad with a vinaigrette dressing.

ITALIAN SPINACH BALLS

- 1 pint (1 lb.) ricotta cheese
- 2 eggs
- 1½ cups freshly shredded Parmesan cheese
- ½ cup fine dry bread crumbs
- ½ teaspoon *each* salt and oregano
- 3 packages (10 oz. *each*) frozen chopped spinach, thawed
- Flour
- Boiling salted water
- 3 Italian garlic sausages (about 12 oz.)
- 2 tablespoons butter or margarine
- 1 small onion, finely chopped

Place in an electric mixer bowl the ricotta cheese, eggs, 1 cup of the Parmesan cheese, crumbs, salt, and oregano, and beat until smooth. Turn spinach into a wire strainer and press gently to remove the excess liquid. Add spinach to cheese mixture and mix well. Shape into 1¼-inch balls and roll in flour.

Add spinach balls, a few at a time, to

A cluster *of spinach and ricotta balls, in heatproof dishes, begins a meal*

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- 1 pkg. UNCLE BEN'S® LONG GRAIN & WILD RICE MIX
- 1½ cups sliced celery
- 1½ cups sliced mushrooms
- ¼ lb. butter or margarine
- 1 cup hot water
- 1 jar (2 oz.) sliced pimientos, drained
- ½ cup chopped parsley
- 1 pkg. (8 oz.) herb stuffing mix

Cook UNCLE BEN'S LONG GRAIN & WILD RICE MIX as directed on package. Meanwhile, sauté celery and mushrooms in butter 2 minutes. Add seasoned bread crumbs with hot water, add pimientos and parsley; mix well. Add hot cooked rice and mix. Use to stuff any fowl or use as side dish. (Complete recipes for all stuffings will be sent with your refund, or they can be obtained at your store or by writing to Recipe Offer, P. O. Box 19510, Houston, Texas 77024.)

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S

How to make Chinese chicken salad

DARROW M. W

The makings *for salad: fried chicken, lettuce, Chinese parsley, crisp noodles, sesame seeds, and oil*

You may already know this salad, for it is a popular offering in some Chinese restaurants in the West. However you may not have guessed what ingredients are responsible for its unique flavor and texture.

Actually the salad allows for considerable improvisation; almost every Chinese chef has a slightly different version, but most include the ingredients shown above. The translucent Oriental noodles that explode into tender, crisp strands when dropped into hot oil, the pungent-flavored fresh coriander (Chinese parsley), and sesame oil may require a visit to an Oriental grocery store where you probably can also buy toasted sesame seeds.

But you can make a delicious salad with much of the character of more authentic ones without any special ingredients. We describe the ingredients and their alternates below, followed by the recipe.

Any version of the salad is especially suitable for a small luncheon. You can have everything ready ahead to mix just before serving.

Translucent noodles. This term describes a variety of Japanese and Chinese noodles that look like stiff nylon fishing line and may be made of rice, potato, bean, or other starches. When dropped a few at a time into hot oil, most will puff up into thin crisp strands. The types best suited to this salad are ones called rice sticks, yam noodles, or bean threads (don't use taro-based shirataki).

To cook the noodles, pour salad oil into a deep pan or wok to about 2 inches deep, and heat to 375° to 400°. Drop in small handfuls of the noodles at a time. As they puff, immediately push down into the oil with two spoons and turn over entire mass to be sure all are cooked. As soon as they stop crackling, about 1 minute, remove with strainer or slotted spoon (be sure all small pieces are removed so they won't burn) and drain. As an alternative to noodles, you can use ½ cup slivered almonds, toasted in a 350° oven until nicely browned, about 10 minutes.

Choices of chicken. For the most authentic version, have a broiler-fryer chicken split in half lengthwise; rinse and pat dry. Combine ¼ cup flour, 1 tablespoon cornmeal, ½ teaspoon *each* Chinese Five-Spice or ground ginger and salt, and dash pepper. Dredge chicken in flour mixture to coat all over; shake off excess.

Use the same pan of oil as used for cooking noodles (heated to 375° to 400°). Deep-fry the chicken halves, turning as needed, until well browned on all sides, about 15 minutes. Drain and cool them until needed.

If you prefer to oven-fry the chicken after dredging with flour mixture, arrange in a shallow baking pan. Drizzle with about 2 tablespoons salad oil and bake in a 400° oven for about 50 minutes, or until fork tender; turn once if needed to brown evenly all over. You can also put chicken under the broiler briefly to finish browning and crisping skin.

Or you can buy a rotisserie-cooked chicken from the market or delicatessen.

Fresh coriander. This uniquely flavored herb (also called Chinese parsley and cilantro) gives the authentic taste to this salad, and is usually available in Oriental markets. You can add the same fresh, leafy character (but not flavor) to the salad by using watercress or regular parsley as suggested in the following recipe. When using watercress or parsley, add ½ teaspoon ground coriander to the Chin seasoning sauce.

CHINESE CHICKEN SALAD

- 1 broiler-fryer chicken (about 2½ lbs.), cooked and cold (directions at left)
- ½ medium-sized head iceberg lettuce, thinly shredded
- 3 green onions, thinly sliced (optional)
- 1 small bunch fresh coriander, or watercress or parsley (see at left)
- ¼ cup sesame seed, toasted
- Chinese seasoning sauce (recipe below)
- 2 to 3 ounces translucent noodles (fried) or toasted slivered almonds (directions at left)

Pull and cut cold chicken meat aw from bones into bite-sized shreds; disc bones, but use all the crispy skin. into a large (about 3-quart) salad bo Add shredded lettuce and onion, if u Pull coriander or watercress leaves stems (you should have 1 to 2 cu lightly piled into cup) or use about ½ coarsely chopped parsley; add to sa Sprinkle with sesame seed, then dri with seasoning sauce. Put fried noo on top and mix thoroughly with sa servers. Serve immediately. Makes ab 4 servings as main dish for lunch or s per.—*B. K., Menlo Park, Calif.*

Chinese Seasoning Sauce. Combine i small bowl or jar ½ teaspoon dry m tard, 1 teaspoon *each* sugar and gra lemon peel, 2 teaspoons soy sauce, 1 ta spoon lemon juice, 1 teaspoon sesame (optional), and 4 to 6 tablespoons s oil (add ½ teaspoon ground coriande fresh coriander isn't used in salad). or shake to blend.—*B. L., San Franci*

The flavor of English muffins in a crunchy, fragrant toast

We had toast, and only toast, in mind when we baked this bread. It's a simple bread. Almost as simple as that of our English muffin. Just unbleached wheat flour, water, corn sugar, and sourdough. No shortening.

Lift a piece, look at its texture, and you can see that the heat of toasting will strike deep. Strike deep it does, to give you about the crunchiest (but not dry) piece of toast you have ever eaten.

And there's the reminder of the lively flavor of our English muffins, tangy with the good sour of natural sourdough. English Muffin Toasting Bread comes to you in a plastic bag, double wrapped for freshness.

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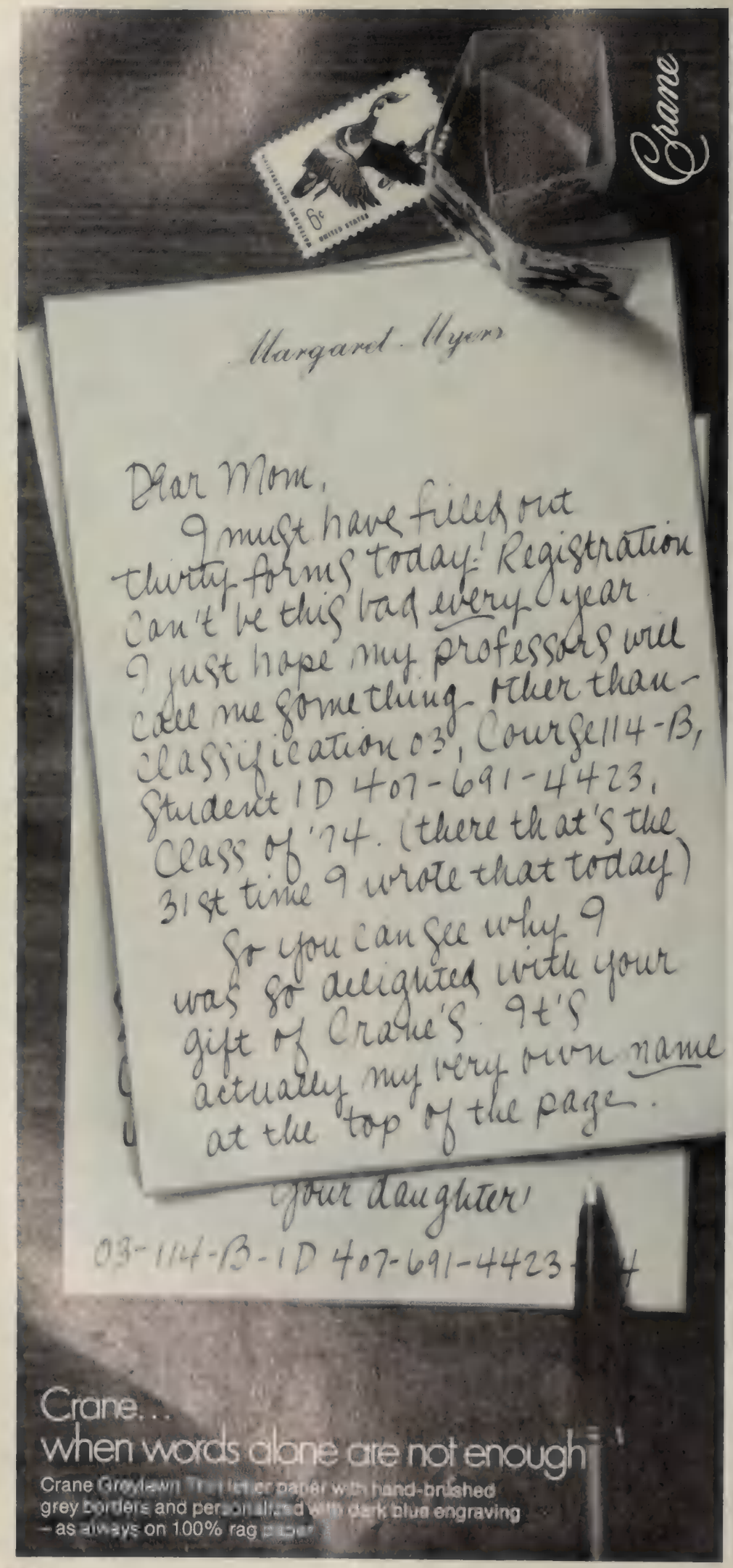

If he brings home venison

Zesty seasonings and slow cooking ca make venison into two quite differen dishes that almost everyone will enjoy In the first, artichoke hearts give distinc tion to Portuguese stew. In the second, flavorful gravy blankets venison steaks

PORTUGUESE VENISON STEW

- 2 tablespoons flour
- Salt and pepper
- 2 pounds venison stew meat, cut in 1-inch cubes
- 2 tablespoons salad oil
- 3 stalks celery, cut diagonally in 1-inch pieces
- ½ cup chopped onion
- 2 cloves garlic, minced or mashed
- 1 tablespoon chopped parsley
- ½ cup *each* water and dry red wine
- ½ can (8 oz. size) tomato sauce
- 1 package (9 oz.) frozen artichoke hearts

In a paper bag combine flour with ½ teaspoon salt and ⅛ teaspoon peppe Shake venison in flour mixture. In Dutch oven or heavy frying pan, heat th oil over medium heat; turn venison fro bag into pan and cook, stirring, unt lightly browned all over. Add celery, o ion, garlic, and parsley; cook, stirring, u til onion is translucent. Add water, win and tomato sauce. Cover, reduce hea and simmer 1½ to 2 hours, or until tende Break apart the package of artichok and add to the meat. Cook 10 minut longer. Salt and pepper to taste. Serv hot. Makes 4 to 6 servings.—*L. M., Ha Moon Bay, Calif.*

VENISON STEAKS BURGUNDY

Heat 2 tablespoons bacon drippings salad oil in a heavy frying pan (one th has a cover). Put in 3 or 4 venison steal or chops (about 2 lbs.) and brown well o both sides. Add ½ cup *each* dry red wi and water (or substitute 1 tablespo red wine vinegar with 1 cup water). A 1 beef bouillon cube, 1 teaspoon brow sugar, 1 clove garlic (minced or mashed ½ teaspoon Worcestershire, dash peppe 2 whole cloves, and 1 whole bay lea Cover the pan, reduce heat, and simm gently for 1½ to 2 hours, or until tende Remove meat to warm serving plat Measure pan juices and, if needed, a water to make ¾ cup; return to pa Mix in 2 teaspoons cornstarch, blend smooth with 2 tablespoons water. Coo stirring, until the gravy boils and thic ens. Serve over the meat. Makes 3 to servings.—*K. W., Sacramento.*

Venison with Mushrooms. Sauté ¼ pou mushrooms, sliced, in 1 tablespoon butt until juices begin to flow. Stir into t gravy in above recipe just before servin

Only Saran Wrap* keeps them miles apart.

Spare the seal and spoil the sweet.

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SUNSET, Menlo Park, Calif. 94025

Ground beef: shape now, bake later

For family dining most cooks cherish a repertoire of ground beef recipes. These two are particularly appealing because you can shape now, bake later.

In the first, the seasoned meat loaf is patted into a round casserole and topped with frozen potato puffs. In the next, the meat is flattened into a square loaf, glazed with sauce and served on buns.

POTATO PUFF - BEEF CASSEROLE

- 2 tablespoons butter or margarine
- 1 package (1 lb.) frozen diced onions, thawed (or 1½ cups chopped onions)
- ½ cup milk
- 1 egg
- 1 cup soft French bread crumbs
- 1 teaspoon salt
- 1 teaspoon Worcestershire
- ¼ teaspoon crumbled dried thyme
- 2 cloves garlic, minced
- 1½ pounds lean ground beef
- 1 can (10½ oz.) condensed cream of mushroom soup, undiluted
- 1 package (1 lb.) frozen potato puffs

Melt butter in a large frying pan, add onions, and sauté until golden brown, stirring. Combine in a blender the milk, egg, bread, salt, Worcestershire, thyme, and garlic, and blend until smooth. Place meat in a large bowl, pour in the milk mixture, and mix lightly. Pat into a greased 2-quart casserole (9 or 10 inches in diameter). Spoon over the onions and mushroom soup, making an even layer. (Refrigerate at this point, if made ahead.)

Arrange frozen potato puffs on top. Bake uncovered, in a 400° oven 40 minutes (about 65 minutes if refrigerated). Cut in wedges. Makes 6 servings.

OVEN-BARBECUED BEEF BURGERS

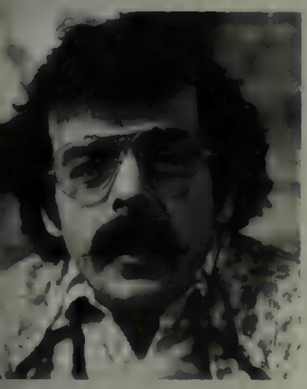
- ½ cup milk
- 1 egg
- 1 cup soft French bread crumbs
- 1 teaspoon salt
- ½ teaspoon oregano leaves
- 1 small onion, quartered
- 1½ pounds lean ground beef
- ⅔ cup catsup
- 2 tablespoons red wine vinegar
- 1 tablespoon *each* Worcestershire, Dijon-style mustard, and brown sugar
- 6 sourdough French rolls, split, toasted

Combine in a blender the milk, egg, bread, salt, oregano, and onions; blend. Combine puréed mixture with meat in a bowl. Pat into a greased 9-inch-square baking pan. (Refrigerate, if desired.) Bake in a 375° oven 30 minutes (or 40 minutes, if cold).

Combine catsup, vinegar, Worcestershire, mustard, and brown sugar in a saucepan; bring to a boil and spoon over the meat loaf mixture. Continue baking 10 minutes longer. Cut meat into rectangles and place on buns. Makes 6 servings.

Question, Green Giant:

"Your seven frozen rice dishes are terrific. But when did rice become your bag?"



If you thought the Giant's act was just peas, beans and corn, oh, what you've been missing: seven delicious Green Giant rice recipes all fixed up fancy and frozen. Like White and Wild Rice. It's a delicious combination of long-grain white rice and Great Lakes wild rice simmered in beef stock with the Giant's own minced onion and parsley. Just put the convenience cooking pouch in boiling water and serve perfect, fluffy, White and Wild Rice every time. Try all seven Green Giant frozen rice dishes. And add the delicious variety of rice to your act.

Answer:

"Bag? You must mean my convenience cooking pouch. Just put it in boiling water."

ep those cards and letters coming in, folks. Send questions and comments to: e Jolly Green Giant, Box 900, Le Sueur, Minnesota 56058.

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DARROW M. WAT

Cut rind *off sections of grapefruit, th trim off the fleshy white part with a kni*

Citrus peel for the holidays

November is a good time to take adva tage of the citrus bounty in Weste markets and make candied citrus peel f the holidays ahead. Frequently used the season's fruitcakes and breads, t moist, sugar-dusted peel is delicious f nibbling and a welcome addition to g boxes for friends and relatives.

You cut away most of the white flesh the citrus rind as shown above to elin nate the astringent flavor.

CANDIED CITRUS PEEL

Wash 4 medium-sized grapefruit or large navel oranges. Score through rind 2-inch-wide sections and gently pull aw the sections, leaving fruit intact for other use. With the peel side down o board as pictured, trim off most of t fleshy white layer from each section. C lengthwise into ⅜-inch-wide strips.

Put peel into a large saucepan and co generously with cold water. Bring boiling and boil for 15 minutes; dra Repeat process two more times. In t pan combine 1½ cups water, 3 cups sug and the drained cooked peel. Over h heat cook, stirring, until sugar is dissolv and the mixture boils. Boil, stirring casionally to separate peel strips, u syrup is thick and reaches 238° on candy thermometer, about 20 minut

Lift peel from syrup with a slotted spo spread on a rack to drain and dry for minutes. In a bowl stir peel with ½ sugar to coat. Return to rack to dry hours or overnight. To store, place p slices in a jar with a lid, pour in abou cup sugar and cover tightly. Makes pounds.—*A. B., Palo Alto, Calif.*

Gourmet Spices from Schilling kindle gourmet ideas

HERBED SHRIMP DIABLE

- pounds raw shrimp
- cup butter
- pound fresh mushrooms, sliced
- cherry tomatoes
- cup sliced celery
- teaspoon Schilling Parsley Flakes
- teaspoons Schilling Freeze-Dried Chives
- teaspoon Schilling Tarragon Leaves
- ½ teaspoon Schilling Ginger
- 1 teaspoon Schilling Dry Mustard
- 2 teaspoons Schilling Season-All
- ⅛ teaspoon Schilling Garlic Powder
- ¼ teaspoon Schilling MSG
- ¼ teaspoon Schilling Coarse Grind Black Pepper
- 3 tablespoons lemon juice
- ¼ cup brandy, heated

ell and devein shrimp. Melt butter in large skillet: sauté ushrooms, tomatoes and celery 3 min. Push to one side of illet. Add raw shrimp and sprinkle with seasonings which ave been mixed together. Sauté the shrimp, stirring 2 min. dd lemon juice. Combine shrimp and vegetables. Cover nd simmer 5 min. Transfer to chafing dish. Just before rving, flame with heated brandy. Nice over rice. Serves 4-6.

A good cook hangs up her medals for all to see. Row upon row of Gourmet Herbs and Spices in show-off decanter bottles. Why don't you add something exotic to your Schilling collection next time you shop?

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"The rest of the world had never heard of red men, corn, or Indian pudding"

Chef Bradford Angier rises to address the November meeting:

"Before Columbus and his cohorts mistakenly reached this continent while en route somewhere else, the rest of the world had never heard of red men, corn, nor Indian pudding.

"The last has done well to retain its distinctive name so long, during a time when a native American bird has been dubbed 'turkey' and another equally American vegetable has achieved fame even here as the 'Irish' potato."

If you've never had Indian pudding, but are fond of spicy sweet dishes, then you'll like this. If you have had it and thought it gluey or too stiff, then Chef Angier's version may still please you. He keeps his cornmeal to a minimum—just enough to ensure a firm custard. Try it with heavy cream or ice cream.

ANGIER'S INDIAN PUDDING

- 5 tablespoons cornmeal
- ½ teaspoon salt
- ⅛ teaspoon nutmeg
- ½ teaspoon cinnamon
- ½ teaspoon ginger
- 8 cups milk
- 3 tablespoons melted butter or margarine
- 4 eggs, beaten
- ¾ cup molasses
- Whipped cream

In the top of a double boiler, combine the cornmeal, salt, nutmeg, cinnamon, and ginger; stir in the milk. Place over rapidly boiling water and cook, stirring, for 15 minutes. Remove from heat and add the butter, eggs and molasses; blend well. Pour into a greased shallow 2-quart baking dish or a 9-inch square baking pan. Bake at 300° for 1 hour. Serve warm topped with whipped cream. Makes 6 to 8 servings.

Bradford Angier

Cambria, Calif.

Certain cuts of meat show up from time to time on the meat counter without being regular residents. Chefs rise to the challenge that these oddments present, and so we see such things as oxtails and rabbits at these gatherings.

Leo E. Ross speaks up for such a special piece of meat. He says, "I brewed this one day while looking around the cupboard wondering what to do with corned pork. My wife said nothing could be done except to make boiled dinner and wish it were corned beef, but the results made a believer of her."

If you can't find corned pork, Mr. Ross suggests trying the recipe with beef.

CORNED PORK BOYSENBERRY

- 6 to 7-pound piece of corned pork, boned and rolled
- Water
- Boysenberry baste (recipe follows)

In a large kettle, bring pork to a boil; water to almost cover (about 3 quarts) and simmer 1 hour. Drain, cover again with water, and bring to boil and simmer until meat begins to be tender, about 1 hour. Cool in water, then transfer to roasting pan. Pour basting sauce over and bake in 350° oven until tender, about 1 hour, basting every 10 minutes. Makes about 8 to 10 servings.

Boysenberry Baste. Mix together ½ c

Chefs of the West

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JARLSBERG cheese

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"We see such things as oxtails and rabbits at these gatherings"

Boysenberry syrup; ½ cup orange juice; ¼ cup vinegar; 1 clove garlic, minced or mashed; ½ teaspoon red pepper; ½ teaspoon monosodium glutamate; 1 teaspoon dry mustard.

Leo E. Rose

Eureka, Calif.

A number of dishes carry the names of animals without having any of that animal in them. The best-known of these is Welsh rabbit (*not* rarebit). The French have one called *petits oiseaux sans tête*, or headless little birds, which turns out to be veal.

And here is Mike Van Meter's weasel—really a sort of informal tomato omelet.

VAN METER WEASEL

- 2 medium-sized tomatoes
- 2 tablespoons butter
- 1 medium-sized onion, diced
- 1 large green pepper, chopped
- 8 eggs, slightly beaten
- Salt and pepper

Peel, seed, and dice the tomatoes (you should have about 1 cup); set aside. In a large frying pan melt butter over medium heat and cook onion and green pepper until onion is translucent, about 5 minutes.

Pour beaten egg over all and continue cooking until almost set. Add tomato and season with salt and pepper to taste; cook for 1 minute. Serve immediately. Makes 4 to 6 servings.

Mike L. Van Meter

Gasquet, Calif.

From Selma, California, just south Fresno, G. Douglas Palmer sends a reci for fish soup. For his recipe title he indebted (we think) to George Berna Shaw who demonstrated the vagaries English spelling by writing the word f as "ghoti." You pronounce the GH in "enough." The O is the same as "women." The TI is the one you find "nation."

Mr. Palmer's soup is very good inde and almost as important, it looks go Serve it with crusty bread and a sal and you have a hearty meal.

INLAND GHOTI SOUP

- 1 can (1 lb. 12 oz.) tomatoes
- 1 cup water
- 1 small onion, chopped
- ¼ teaspoon basil
- 1 bay leaf
- 6 whole black peppers
- About ½ teaspoon salt
- ½ green pepper, seeded and sliced in 3 or 4 pieces
- 1 whole allspice
- 1 tablespoon olive oil
- 12 medium-sized shrimp
- 12 small clams in the shell
- 12 scallops
- 1 pound rockfish fillets, cubed
- 1 pound lingcod fillets, cubed

In a Dutch oven, mix the tomatoes, w ter, onion, basil, bay leaf, peppers, teaspoon salt, green pepper, allspice, a olive oil; cover and bring to a boil. F duce heat and simmer 40 minutes. Stra discarding solids that cannot be press through the wire strainer, and return the pot.

Bring to a boil; add shrimp, clams, sc lops, rockfish, and lingcod; then cover a simmer 10 minutes. Taste and add ad tional salt if needed. Serve immediate

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After Tom, I had a reputation.

By Miss Popularity

I picked him up. He was ghostly pale, completely devoid of personality. I knew all he needed was a good woman, so I took him home with me.

Then, as we entered my house, the old doubts and fears assailed me. There had been so many before him. And I had failed them all. Would it turn out differently this time? Could I do right by him?

For hours he sat there – quiet, still, waiting for me to do something. But I was haunted by memories of the past, unable to overcome my paralyzing timidity.

At last I sought help. I called my Aunt Adelaide.

"What should I do?" I cried. Brutally frank, she said, "Let's talk turkey." I flinched. It was a painful subject for me. I couldn't stop the tears. "Why are all my turkeys so tasteless and dull?"

"There, there," she cooed. "Don't you realize even a turkey needs inspiration? Basting alone isn't enough. You must do the secret thing every clever woman does." Then she told me.

About Lawry's Seasoned Salt. About how its famous hush-hush blend of 17 herbs and spices brings out the best in almost everything.

"It's the real clue to making a turkey – if you'll pardon the expression – sing!"

I hung up the phone, a naive innocent no longer. A few hours later I gave my Tom a delicious rub-down (½ teaspoon of Lawry's Seasoned Salt for every plump pound of him). I even put some inside his empty tummy before he got his stuffing (to which I also added a fair measure of Lawry's lovely Seasoned Salt).

That night at dinner, Tom bloomed. He had a rosy glow about him and he tasted . . . well . . . he was sensational.

Now all my friends are talking about what a fantastic cook I am. In fact, I'm the toast of the neighborhood. Yes, thanks to Lawry's, I finally fixed a holiday turkey dinner that wasn't a turkey.

LAWRY'S

giving each person some of each fish. Makes about 4 servings.

Selma, Calif.

There are many ways to fry a shrimp. Comparing methods to music, the deep-fried, batter-coated shrimp is a little like Sousa, bold as brass. The tender shrimp of a Japanese *tempura*, pale gold and just touched with batter, are more like Mozart, happy enough, but subtle.

Gary Simonarson comes forth with a shrimp that tends to the Sousa side, but who doesn't enjoy a band concert now and then?

DILLED SHRIMP AND MUSTARD SAUCE

The sauce:

- ¼ cup mayonnaise
- ¼ cup sour cream
- 1 tablespoon prepared mustard
- 1 tablespoon lemon juice
- 1 teaspoon prepared horseradish
- ½ teaspoon salt

The shrimp:

- Salad oil
- 1 cup flour (unsifted)
- ½ teaspoon salt
- ¾ teaspoon dill weed
- ½ teaspoon paprika
- 1 cup water
- 1½ pounds shrimp, shelled and deveined

For the sauce, mix the mayonnaise, sour cream, mustard, lemon juice, horseradish and salt, and refrigerate at least an hour. Remove from refrigerator ½ hour before serving to allow it to reach room temperature.

For the shrimp, heat about 2 inches of oil in an electric frying pan or deep fat fryer to 375°. While the oil heats mix the flour, salt, dill, paprika, and water in a large mixing bowl. Dip shrimp in batter and fry until golden, about 1½ minutes on each side, turning to brown evenly. Serve shrimp and sauce separately. Makes about 4 to 5 dozen fried shrimp.

Seattle

"Shrimp that tends to the Sousa side"

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DARROW M. WATT

nish apple tart *has a tangy lemon filling, cuts into pretty wedges for a delectable fruit dessert. Whipped cream is optional*

The Danes, the Italians, and the Germans all use poached apple rings or slices

The exceptional open-faced apple pastries you see here are adaptations of ones we sampled in Europe. They are special in that the apple slices or rings are poached in a butter-sugar glaze and then incorporated into the pastry.

Particularly good apples for pie baking are Golden Delicious, Pippin, Jonathan, and Winesap because they hold their shape well and lend a sprightly flavor. Golden Delicious retains an appealing lemon yellow color when cooked.

Special pans—a flan pan and a 9-inch cheesecake pan—are essential to these recipes.

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A little Acćent (like a little love) surely helps.

ılian almond cake *bakes between glazed ·ples and the graham cracker crust*

ere a fluted pastry shell has a coating of non sauce, then a topping of glazed ·ple slices.

ıNISH LEMON APPLE TART

- 4 eggs
- 1 cup sugar
- 3 tablespoons *each* lemon juice and water
- 1 teaspoon grated lemon peel
- 4 large apples
- 3 tablespoons butter or margarine
- ⅔ cup sugar
- 1 teaspoon vanilla
- Baked pastry crust (recipe follows)

ır filling, beat eggs in the top of a dou- ɜ boiler, then beat in the 1 cup sugar, non juice, water, and lemon peel. Place er simmering water and cook, stirring nstantly, until lemon mixture becomes ickened. Remove from heat; chill.

ır apple topping, peel and core apples d slice into 1/16ths. Melt butter in a ying pan, add the ⅔ cup sugar, vanilla, d the apple slices. Cook over medium at, lifting apples with a fork to cook em evenly, until they turn transparent, ıout 10 minutes cooking time; cook down ices until they almost disappear.

ıread cool lemon filling in baked crust; th a fork, lift hot apple slices one at a ne onto the filling, arranging them in a se design (see photograph, opposite ıge). Spoon any remaining apple syrup ·er the apple slices. Chill before serving. akes 8 servings.

ıstry Crust. Place 1 cup unsifted all- ırpose flour in a bowl with 2 tablespoons ·gar. Add 6 tablespoons butter and umble with your fingers until mixture ·comes fine and crumbly. Stir in 2 egg ılks with a fork, then work dough well ıth hands until it forms a smooth, non- umbly ball. On a lightly floured board, ll out dough to fit an 11-inch fluted ın pan with a 1-inch rim. Press dough place and prick with a fork. Bake at ;0° for 25 minutes or until lightly ·owned. Cool.

delicate almond paste sponge cake ıkes up between the poached apples here. This type of torte appears in various versions in Italy, depending on the fruits in season.

ITALIAN APPLE ALMOND TORTE

- 4 large apples
- ¼ cup butter or margarine
- ¾ cup sugar
- 2 tablespoons lemon juice
- 3 eggs, separated
- ½ cup canned almond paste
- 1 tablespoon sugar
- 2 tablespoons all-purpose flour
- 2 tablespoons milk
- 2 tablespoons sugar
- Baked graham cracker crust (recipe follows)
- ½ pint whipping cream (optional)

Peel and core apples and slice into 1/16ths. Melt butter and the ¾ cup sugar in a large frying pan with lemon juice. Add apple slices and cook, lifting apples with a fork to cook them evenly until they are tender and transparent, about 10 minutes. Cook down juices until they almost disappear.

Meanwhile, beat egg yolks until thick and beat in almond paste, 1 tablespoon sugar, flour, and milk. Beat egg whites until soft peaks form and beat in the remaining 2 tablespoons sugar. Fold the yolk mixture into the egg white meringue.

Spoon half the poached apple slices into the baked crust. Carefully pour over the almond cake batter. Arrange remaining apple slices in an attractive design, perhaps a pinwheel, on top. Bake in a 350° oven for 30 to 35 minutes, or until the center feels firm when touched lightly. Cool slightly, remove pan rim, and serve with sweetened whipped cream, if desired. Serves 10 to 12.

Baked Graham Cracker Crust. Mix 1 cup graham cracker crumbs, 3 tablespoons melted butter, and 1 tablespoon sugar; pat into the bottom of a 9-inch cheesecake pan (one with removable bottom or spring-release sides). Bake in a 325° oven for 8 minutes.

Bavarian bakeries specialize in creamy rich apple tarts like this pretty cheesecake version.

GERMAN APPLE CHEESECAKE

- 4 large apples
- 3 tablespoons butter or margarine
- ⅔ cup sugar
- ½ pint (1 cup) small curd cottage cheese
- 1 large package (8 oz.) cream cheese
- 5 eggs
- ¾ cup sugar
- ½ pint (1 cup) whipping cream
- 2 teaspoons vanilla
- Baked zwieback crust (recipe follows)

Peel and core apples, then slice into rings about ⅜ inch thick. Melt butter and the ⅔ cup sugar in a large frying pan, add apple rings, and cook until they are glazed and transparent, turning with a spatula to cook evenly.

Purée in a blender, in two batches if necessary, the cottage cheese, cream cheese, eggs, and ¾ cup sugar. Stir in whipping cream and vanilla.

Reserve 7 apple rings for topping. Layer remaining ones in zwieback crust and pour in filling. Arrange reserved apple rings on top. Bake in a 350° oven 55 minutes, or until custard is set. Cool on rack; then chill. Remove pan sides before serving. Serves 10.

Baked Zwieback Crust. Mix 1 cup crushed zwieback crumbs, 3 tablespoons melted butter, and 1 tablespoon sugar. Pat into the bottom of a 9-inch cheesecake pan (one with removable bottom or spring-release sides), letting crust come up sides 1 inch. Bake in a 325° oven 8 minutes.

German cottage cheese torte, *topped with apple rings, cuts neatly when cool*

DARROW M. WATT

Lamb and yogurt, okra and cucumbers, olives and artichokes? It's the Near East . . .

Lebanese party menu *features (top to bottom) baked kibbeh, dried olives, stuffed artichokes, labneh, okra, and onions*

DARROW M. WAT

In Lebanon, on the eastern end of the Mediterranean, a fertile blending of foods takes place—foods familiar to Westerners combining with the intriguing flavor subtleties of the Near East. Lamb, beef, artichokes, onions, olives, yogurt, tomatoes, okra, cucumbers, and fruit when handled simply, in the Lebanese style, can become the basis of this interesting, pleasantly surprising menu suited as a lunch or supper for the easy entertaining of 6 to 8 persons.

Typically, the foods are served either cold or at room temperature; this means you can prepare everything in advance. However, if you are so inclined, some dishes can be served hot but still assembled ahead.

A basic mixture of ground lamb, onion, and quick-cooking cracked wheat makes the traditional Lebanese dish *kibbeh*. This mixture is divided in portions and one part is served uncooked—a Near East variant on beef tartare. The other portion is layered with a lightly spiced, cooked ground beef filling and baked to make a savory meat loaf.

Labneh, a rudimentary cheese made by draining yogurt in a cloth for 24 hours, is essentially a thicker, richer yogurt to spoon as sauce on any of the foods.

Artichokes, trimmed down to complete edibility, are crusted with toasted bread filling and taste more imaginative than they sound. Lightly cooked okra has an appealing freshness teamed with sweetly browned onions and coriander. Use fresh coriander if you can find it; otherwise, substitute dry coriander seed. Fresh or dry mint can season the cucumber salad.

Buy crinkled-looking Italian dried olives and, if you like, canned dolmades (stuffed grape leaves). Slice the tomatoes and assemble the fruit.

To serve, arrange all the foods as a buffet. Or present the raw kibbeh and dolmades as an appetizer course, then follow with the balance of the dishes, and fruit as dessert.

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Ruby Cabernet, Grignolino, or Zinfandel makes a good beverage.

Kibbeh Appetizer **Mild Onion Wedges**
Canned Dolmades **Dried or Italian Olives**
Baked Kibbeh **Labneh**
Sliced Tomatoes
Artichokes with Bread Stuffing
Stewed Okra with Onions
Cucumber Mint Salad
Sweet French Bread
Pears and Grapes

Basic kibbeh. Rinse 1 cup quick-cooking cracked wheat with cold water and drain. Force through the fine blade of a food chopper 1 medium-sized onion (cut up), the cracked wheat, and 2 pounds lean ground lamb. Season mixture with 1½ teaspoons salt or to taste and ¼ teaspoon black pepper; blend in 3 tablespoons cold water. Use as follows:

Kibbeh Appetizer. Measure 1 cup of the basic kibbeh, cover, and refrigerate for at least 1 hour or overnight. To serve, pat into a flat round cake, make several indentations decoratively on the top of the cake with fingertips, then drizzle with about 2 teaspoons olive oil to keep surface moist. To serve, scoop kibbeh onto wedges of mild onion. Makes 6 to 8 appetizer servings.

Baked Kibbeh. Divide the balance of the basic kibbeh (minus the 1 cup for the appetizer) in half and set aside while preparing the filling. In a wide frying pan crumble ½ pound lean ground beef, add 2 cups finely chopped onion and 2 tablespoons olive oil. Cook, stirring, over high heat until meat is browned and onion is soft. Stir in ½ cup pine nuts, 1 teaspoon cinnamon, and salt to taste; use hot or cold.

Pat one portion of the kibbeh over the bottom of a 6 by 12-inch oval baking dish or a 9-inch square pan. Cover with the cooked beef filling; then carefully pat the remaining kibbeh over surface, making smooth. With a sharp knife cut through meat, dividing into decorative diamond shapes. Brush surface with about 2 teaspoons olive oil. (The dish may be assembled this far, then covered and refrigerated until cooking time.)

Bake kibbeh, uncovered, in a 350° oven for 30 minutes (bake 40 minutes if chilled). Remove from oven and garnish with a pine nut in the center of each diamond area. Serve hot or at room temperature, cutting through at premarked divisions. Makes 6 to 8 main dish servings.

Labneh (yogurt cheese). Line a colander with a muslin cloth; pour in 1 quart unflavored yogurt. Bring cloth together over yogurt, twisting ends lightly together to enclose the yogurt. Place colander in a larger bowl and let drain for at least 8 hours. Scoop labneh from cloth and place in a bowl; salt to taste. Cover labneh and refrigerate until ready to serve; it keeps

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FRUITED PORK CHOPS

8 lean loin pork chops, ½- to 3/4-inch thick
Salt and pepper
1 tablespoon shortening
½ cup chopped onion
2 tablespoons butter
1-1/3 cups Minute Rice
1-1/3 cups water
1 cup diced, peeled tart apples
1 cup diced orange sections
1½ teaspoons salt
1/8 teaspoon pepper
1/8 teaspoon poultry seasoning

Season chops with salt and pepper; brown in shortening. Drain. Sauté onion in butter. Combine with remaining ingredients in greased, shallow 2-quart casserole. Top with chops. Cover; bake at 350° about 45 minutes or until chops are tender. Garnish with sautéed apple slices and parsley, if desired. Serves 4 to 6.

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A tastier turkey, the easy modern way, with real old-time stuffing.

1. Stuff your bird with perfectly-seasoned Kellogg's Croutettes Stuffing.

Here's real old-time stuffing that's even tastier than Grandma used to make. So easy to fix, too. You start with Kellogg's® Croutettes® Stuffing Herb Seasoned Crouton's, the modern croutons with the old-fashioned flavor of eight different seasonings. They're made from herb-seasoned bread baked especially for Kellogg's Croutettes, then neatly cubed and slowly oven-toasted. All you do is add liquids and the stuffing is ready to "pop" into your bird.

Festive Suggestion: Most families want more Croutettes Stuffing than their bird will hold, so satisfy 'em all by baking some foil-wrapped "Stuffin' Muffins", too. See easy recipe on Kellogg's Croutettes packages.

2. Roast it golden brown the easy, no-baste way under a "tent" of Reynolds Wrap.

Your turkey browns beautifully, stays moist and tender, when you roast it under a "tent" of Heavy Duty Reynolds Wrap. The foil eliminates the need for basting and prevents oven spattering. And, if you line your roasting pan with Heavy Duty Reynolds Wrap, you'll save yourself a scouring job. What could be easier?

Strong, tear-resistant Reynolds Wrap is Oven-Tempered for Flexible Strength.

Easy directions for stuffing and roasting on Kellogg's Croutettes packages.

© 1969 by Kellogg Compa

at least a week. Makes about 2 cups.

Artichokes with Bread Stuffing. Select 6 to 8 artichokes, each about 3 inches in diameter. Cut off the top two-thirds of each artichoke, then break off coarse outer bracts down to the pale inner bracts that are completely edible. Trim green exterior from base and cut so artichokes will sit on stem end. Gently pry open inner bracts of each artichoke and with a spoon scoop out and discard the fuzzy choke. Drop artichokes in acid-water (1 tablespoon vinegar with 1 quart water) as prepared.

In a frying pan combine ½ cup fine dry bread crumbs, ½ cup finely chopped parsley, ½ teaspoon oregano, ½ teaspoon salt, and 4 tablespoons olive oil. Cook, stirring, until bread is toasted but not scorched.

Drain artichokes; then pat bread mixture firmly onto cut tops of artichokes, forcing crumbs down into the center. Set artichokes side by side, crumbs up, in a large pan containing ½ inch water and 1 tablespoon vinegar.

Cover pan, bring to a boil, then reduce to a simmer, and cook gently for 15 minutes or until artichokes pierce easily; add a little water if needed. Lift artichokes from pan and let cool to room temperature. Drizzle with a mixture of 2 tablespoons olive oil and 1 tablespoon vinegar. Eat with knife and fork. Makes 6 to 8 servings.—*S. W., Menlo Park, Calif.*

Stewed Okra with Onions. Let thaw 1 package (10 oz.) frozen okra. Drop into boiling water to cover and cook 2 to 3 minutes or just until okra is easy to pierce. (When in season, use fresh okra: Trim stem ends from ½ to ⅔ pound. Cook in boiling water to cover for 5 minutes.) Drain okra at once and immerse in ice water to cool quickly. When cold, drain and set aside.

Peel 6 to 8 small boiling onions and place in a medium-sized frying pan with 2 tablespoons olive oil and 4 tablespoons water. Cover and cook over moderately low heat until the water evaporates, then continue cooking, turning onions occasionally until they are lightly browned; browning takes about 10 minutes.

Uncover pan and add ½ cup finely chopped fresh coriander (also called cilantro and Chinese parsley) and 1 small clove minced garlic. (If coriander is not available use ½ cup finely chopped parsley and ½ teaspoon whole coriander seed.) Add the okra and cook, stirring, until okra is warm. Place in a serving dish and serve hot or at room temperature. Just before serving, drizzle 2 tablespoons lemon juice over the vegetables. Makes 6 to 8 servings.

Cucumber Mint Salad. Peel and thinly slice 1 large cucumber. Mix with 1 cup unflavored yogurt, 1 tablespoon minced fresh mint leaves or 1 tablespoon crumbled dried mint, and salt to taste. Serve cold. Makes 6 to 8 servings.

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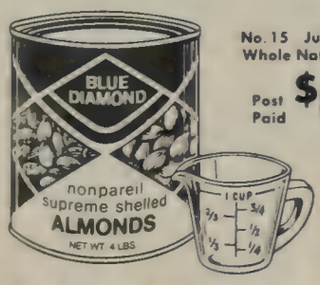
Almonds
from the Orchard
for Christmas Baking



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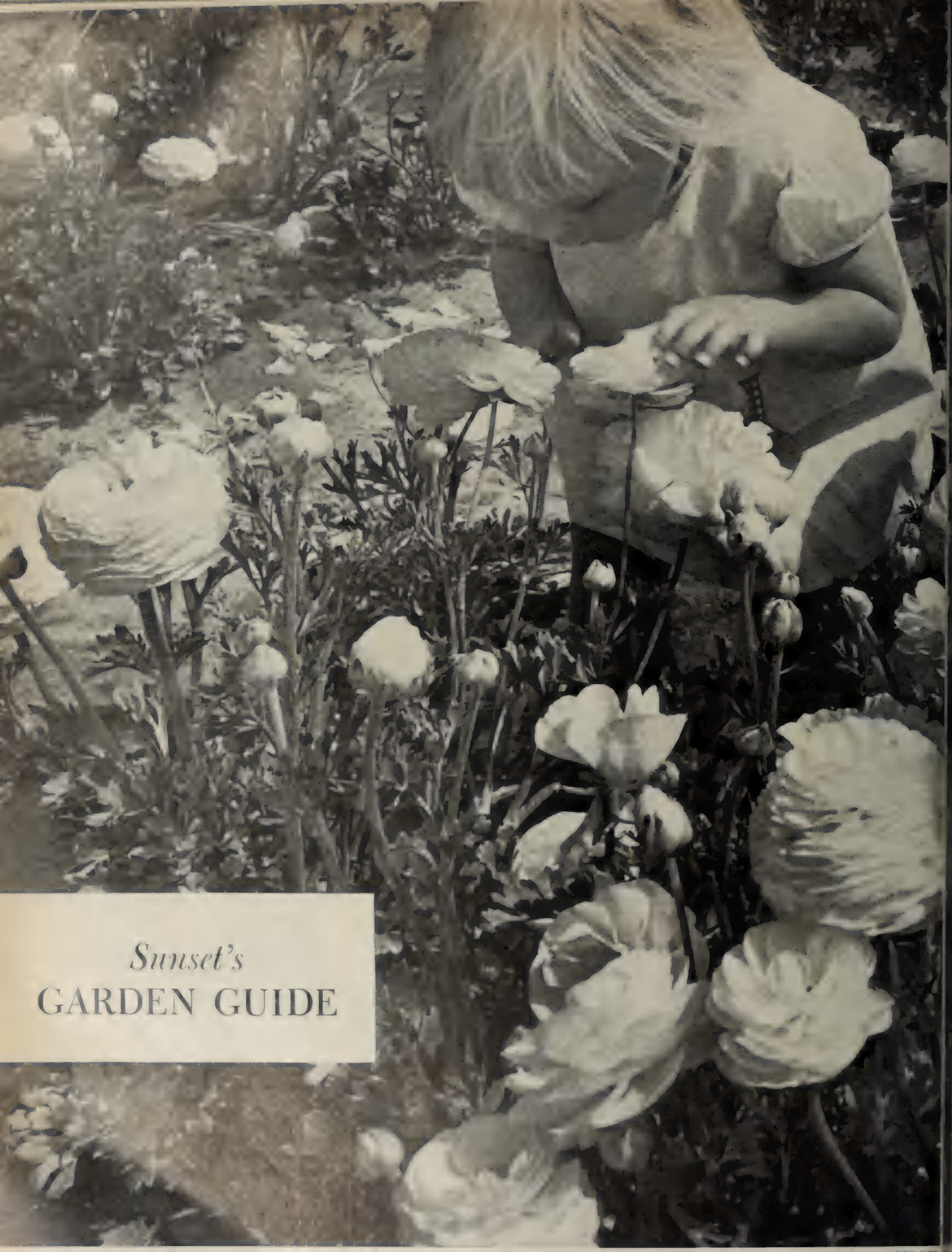

Sunset's
GARDEN GUIDE

DON NOR

She's in the ranunculus

Up close you can see how a double-flowered ranunculus is pu together—with many petals in layers nearly as tight as an. onion. Plant ranunculus now for bloom in March and April. Bury tubers 2 inches deep, 8 inches apart. Give full sun

NOVEMBER IN YOUR GARDEN:

Busy month. Shorter days. Here's a make-time-count table

you have to do your gardening at the d of the work day or on the weekends, vember will likely be a month when le gets done. It's usually too dark after rk, and the four weekends will be wded with football games, fall enter-ning, and the Thanksgiving holiday. ch time as is left can be further dimin-ed by inclement weather.

is simple plan of action may help you t your garden time to best use:

st get in any annuals you want to om in winter or early spring. (It may eady be too late, depending on how ch rain and how little heat they get m now on.)

en plant any tulips, daffodils, and er spring-blooming bulbs you want to —now is your last chance to get these lbs in.

d then do general cleanup and prepare garden for heavy rains.

neral cleanup. Rake leaves and clip d blossoms and perennials. Prune ever-ens lightly. Mulch frost-tender plants move container-grown plants to shel-ed locations. Pull or hoe weeds before y spread. Pull out any remaining spent nuals and vegetables. Make your last rvest of squash and other late season getables.

pare for rain. Check surface drainage your yard and correct areas where ter could collect (see page 122). Clean in spouts and make sure they won't ndate flower beds. Store garden furni-e and tools in a dry place. If you like, aside some soil to keep it dry; it will l in planting if the ground becomes too t. Store all packaged soil conditioners ere water won't harm them.

ter your garden is in relatively good ler and you've taken care of last-nute planting, you can consider what jor work the garden needs. Pruning e is just around the corner for most manent plants such as fruit trees, rgreens, and shrubs. Now is the time plant evergreens and conifers as well some deciduous trees and shrubs. eck with your nurseryman to see which ds do well in your area.

this Garden Guide are a few specific ngs you can plant. The check list points some details you may want to take care of before the December holidays occupy your time.

For a multiuse plant, try ranunculus

Ranunculus have a lot going for them. They're colorful, they're good companions for late-blooming bulbs and perennials in the spring, they do well in pots, tubs, and raised beds, and they make good cut flowers.

The flowers are double or semidouble (some look like peonies), about 3 to 5 inches in diameter, in cream, orange, pink, red, white, or yellow. There can be one or several on a stalk that's usually about 18 inches long. The leaves are clear green and are divided into leaflets.

You can plant now and next spring have a display like the little girl at left is enjoying. If you stagger the planting, the bloom period will be longer.

Ranunculus need sun, but not heat. They like well drained soil with humus and need generous watering while growing.

This month you can get either tubers or plants to put out. The tubers are dry and hard. Soak them for 3 or 4 hours before planting or wrap them in a moist towel for a couple of days. Or you can soak dry ground thoroughly two or three days before you plant. Then set the tubers 2 inches under the soil surface with prongs pointing down.

Protect young sprouts from birds who love the tender leaves. After they stop blooming and are dry you can lift the tubers and store to plant again. Or you can treat ranunculus as annuals, setting out new plants each year.

One species of ranunculus, *R. repens* 'Pleniflorus,' can be used as a ground cover if it's planted in moist soil in the shade. It has round, glossy, tooth-edged leaves and double, button-shaped, yellow flowers 1 inch across that bloom in spring.

Permanent planting

So many permanent plants (broad-leafed evergreens, conifers, some deciduous trees, many shrubs and ground covers) can be planted in November that you may want to plant at least one even if you have a well established garden. If you've just moved into a new home and are facing a bare garden you probably will plant several.

Some basic planting methods and suggestions apply to all of these plants:

Handle carefully. Try to keep any root ball bound in burlap intact by lifting it from beneath. If the plant is very large use a board or a piece of canvas to carry it between two people.

ELLS MARUGG

Japanese *black pine ready for planting: cut and remove the can; place in hole with best side forward*

To remove plants from cans. Place the can close to the site whenever possible, and don't cut until the last minute. Wear gloves. Cut carefully on at least two sides and slide the can off without damaging the root ball. It helps if you wet the container once several days before you plan to plant. If you're going to plant on the same day you buy the plant, have the nurseryman cut the can for you.

Tie the branches. If the plant is very bushy, tie its branches to keep them out of the way while planting and to make

Sunset's GARDEN GUIDE

Potted *chrysanthemums have little smell but provide lots of fall color. Repot or set out after bloom*

carrying easier. Check to see which side you consider the front before you tie the plant and mark it, so positioning in the hole will be simplified.

Stake. You'll have to stake tall trees or shrubs to prevent wind damage, especially if the tree is out in the open. One way: Drive a ¾-inch galvanized steel pipe into the ground about 3 feet deep in the planting hole. It won't break and is unlikely to topple over. Tie the plant to it with string, rope, or rubber-covered wire.

Christmas gifts in advance

You may want to pot up a few gift plants for Christmas this month to give them a chance to become established before gift time.

Consider the size, shape, and color of the container carefully to make sure container and plant harmonize. Also consider how the plant would look in your friend's home or garden.

If the recipient is an avid gardener, you might check Plant Collector's Corner (page 246) for an out-of-the-ordinary suggestion. But order plants listed there well ahead of time, for many are hard to find.

You may want to include instructions with the plants you give.

An old standby

Now is the time to plant calla lilies. Their lush foliage makes a good mass of green in shaded areas. They make good container plants also, and provide attractive cut flowers.

Common white callas will bloom almost continuously in the mild parts of California. Spotted and colored ones usually bloom in spring and early summer. You can get a golden species, a red or pink species, and hybrids in other colors.

Common white callas form clumps of leaves usually 18 inches long and about 10 inches wide. The large flowers (sometimes 8 inches long) may have a 3-foot stem. Spotted callas have white-dotted leaves and smaller flowers (4 or 5 inches) on shorter stems (2 feet). Colored callas have stems 12 to 18 inches long, leaves a foot long, and 4-inch flowers.

The white callas will tolerate a wider range of soil conditions than the others (all callas like rich, porous soil). They like heavy watering, and sometimes grow in bogs. The others need only moderate water with good drainage.

Outside, plant 1 to 2 feet apart. If you want callas in pots, plant the rhizomes 2 inches deep. Usually a single rhizome to a 6-inch pot is sufficient. Give a little water until leaves appear, then water regularly. Reduce again after bloom and finally stop to let the plants dry out.

A popular plant potted or otherwise

Chrysanthemums are the best and most popular plants for late fall color. Late varieties will continue to bloom until the end of the month, and some even later.

Keep them moist, cut off the dead blossoms, and stake the tall varieties to prevent battering by the wind and rain.

When plants finish blooming, cut them back to 8 inches. If you're planning to dig them later, make sure they're correctly labeled for color. If your soil is heavy and stays wet in the winter, you can dig clumps and just set them on top of the ground. Cover with sand or sawdust if you wish. Above-ground storage keeps the roots from rotting.

Chrysanthemums are available from florists this month and after the garden blooming season ends. If you receive some potted, or buy some that way, you can put pot and all into the ground immediately; or leave them in the house until the flowers dry up and then plant.

To plant, remove from pots and cut down the flowers, leaving 6 to 8-inch stems. Separate individual plants and repot or set out. When new growth appears you can cut off all the old stems. Plants w bloom the following fall.

Underwater gardening

One group of plants you can set out a time of year are those you put in yo aquarium. Plants are important to t health and welfare of your fish: they a sorb carbon dioxide and release oxyg during the day. They also use waste m ter from fish and snails and so help ke your aquarium clean. Plants also ma fish feel secure, give them material build spawning nest with, and hide ba fish from hungry adults.

Many types of plants are available at tr ical fish dealers. Two to stay clear of *Cabomba* (it becomes long and strin sheds) and *Anacharis* (it does better cold water).

The four plants in the illustration on p 234 are about the best (and easiest) grow.

Ambulia resembles *Cabomba*, but smaller and does better in the aquari It is sold bunched; separate the stra when planting.

Vallisneria includes grasslike plants t come in two sizes: The large form t grows 15 to 20 inches high, and the co screw variety whose twisted leaves re only 7 to 12 inches.

Hygrophila (*H. polysperma*) prod pairs of oblong pale green leaves. Un most conditions it will grow to the face of the aquarium and be both a fl ing and a submerged plant at the s time. It grows easily from cuttings looks best planted in clumps.

Water sprite (*Ceratopteris thalictroi* is unusual in being both aquatic an true fern. New young plants that f on leaves (not shown) can be used

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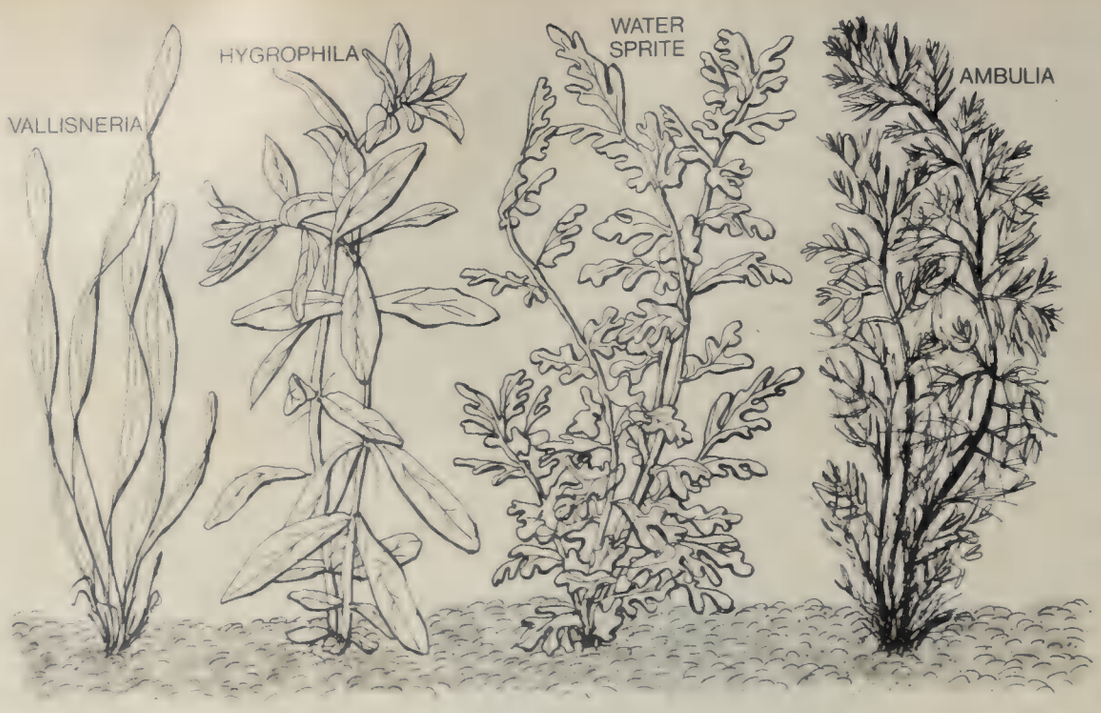

Easiest *good-looking plants for your aquarium are these four*

replant in the bottom of the aquarium. Older plants sometimes lose their lower portions.

Attention garden clubs!

Let *Sunset* know about any events you are planning—shows, plant sales, garden tours—and we'll pass the information on to our readers. We need the necessary details three months in advance of the time you want the notice to appear.

We need to know the name of the event, name of the sponsoring agency, place where the event is held (include a street address if there is one), date, hours, and admission charge if any.

Also be sure to send in the name, address, and telephone number of the secretary or the event's chairman so we can get further information if necessary.

If the date, hours, or other information about the event is uncertain three months beforehand, send whatever information you have available.

NOVEMBER CHECK LIST: *Here's what most needs doing*

☐ **Annuals.** Those planted last month for spring bloom can use a feeding. Start these from seed: bachelor's button, forget-me-not, candytuft, larkspur, linaria, sweet pea, and sweet alyssum.

☐ **Begonias.** Take stems off tubers after they're dry (don't force them off). Wash and store.

☐ **Berries.** Some bare-root cane berries become available this month. Cut their roots back halfway, then plant 4 to 8 feet apart, closer for compact varieties. Set the root crown an inch below ground in soil enriched with ground bark or peat. Water thoroughly.

☐ **Bulbs.** Dig and store gladiolus bulbs and dahlia tubers. Plant lilies quickly; the fleshy roots die if they dry out.

☐ **Christmas trees.** You can shop now for living trees while the selection is good. Be sure to choose a tree with a large container to allow growth and permit its use for several years. Colorado and Norway spruce are proven choices.

☐ **Fuchsias.** Mulch with ground bark or peat over the roots to protect from frosts. Move containers to a sheltered spot.

☐ **Hydrangeas.** Prune when their leaves fall. Woody old stems can be cut to the ground. Stronger stems can be trimmed to a pair of buds. Don't do anything to branches that haven't bloomed. If you prune the whole plant too heavily, it may not bloom next year.

☐ **Perennials.** Divide any that bloom in spring and early summer and look as if they need dividing. Crowded fall-blooming perennials can wait until next spring to be divided.

☐ **Seeds.** Sow wildflower seeds this month. If there's not much rain, water occasionally until plants are a few inches tall.

☐ **Trees and shrubs.** You can remove weak or dead growth from trees this month but save major pruning jobs for winter. Stake newly planted trees to protect from wind. Clean up dead leaves and other debris from around crowns; this area should remain as dry as weather permits. Leaves are also a hiding place for snails and slugs.

These trees turn bright shades this month: Chinese tallow, ginkgo, Japanese maple, liquidambar, persimmon, pistache, red oak, scarlet oak, and Washington thorn.

☐ **Vegetables.** Bare-root divisions of artichokes, asparagus, and rhubarb are available this month. Add organic matter to the soil before planting these.

☐ **Water.** Check to make sure rainwater is doing a sufficient job; if not, keep watering.

☐ **Weed control.** Hoe or pull out now to prevent spreading.

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What happened in just 18 months

Above. *Planting day for knee-high eucalyptus, ground cover grevillea*

This combination of trees and ground cover gave the owners just what they wanted—fast growth with little upkeep even in the San Fernando Valley's hot summers.

The trees are pink ironbark (*Eucalyptus sideroxylon*), spaced at random about 5, 10, and 12 feet apart. *Grevillea* 'Noellii', the ground cover, sends out long arching branches with bright green little leaves much like juniper needles; spacing is 3 to 4 feet.

Both kinds of plants can grow in fairly dry soil. Here, between two lawns, they get some water from sprinklers, which speeds growth and makes plants lankier than if they were watered less.

Leaves on both plants turned yellow from lack of iron. Two applications of iron chelate have turned them green again.

One hazard of fast-growing trees is their tendency to become top-heavy. These eucalyptus needed 2 by 2-inch stakes during the windy season last fall and winter.

Below. *It's 18 months later. Eucalyptus shown is 12 feet tall, two others 18 feet. Grevilleas touch each other*

WILLIAM APLIN

Think of the avocado on a chili night.

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California Avocado Advisory Board

DON NORMARK

Ten-year-old *hedge, 12 feet across, is pruned to stand about a foot above fence. Sweet acacia grows near front door*

It's bank control, traffic director, wildlife sanctuary

Banksia roses, *yellow or white, 1 inch across. Glossy leaves, thornless stems. March to May bloom*

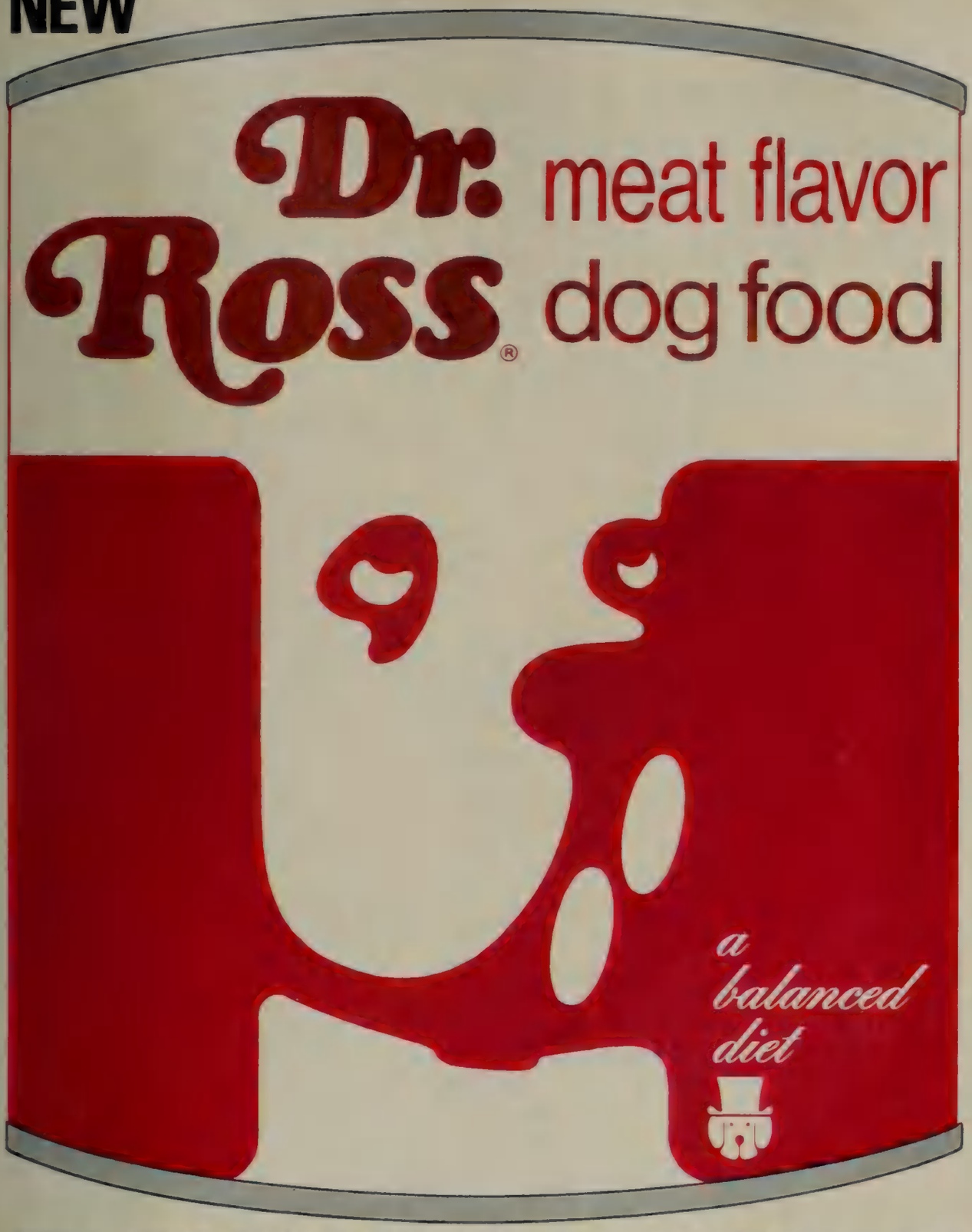
There's more to this long, curving mound of Lady Banks or banksia rose (*R. banksiae*) than meets the eye.

It fulfills perfectly its original function of controlling erosion on a 12-foot-deep fill of river bottom soil that drops sharply into a desert wash in Tucson's Catalina Heights foothills. It serves as a handsome hedge that defines the entry garden boundary and directs visitors from the parking area along the terrace to the front door. And it's a superb wildlife sanctuary. The evergreen roses were planted from 5-gallon cans in the late winter of 1960. Heavy main stems are trained down the bank. Long upward-growing tendrils are cut back to the top of the hedge about once a week during the active growing season. The planting is watered by automatically controlled bubblers every two or three days in hot weather, and ever two weeks at cooler times.

A large mixed community of wild deser creatures shares the shelter of the hedg below its beautifully groomed top su face. Many kinds of birds live here, in cluding doves and a covey of 50 to 7 quail that roost in the thicket safe fro such birds of prey as sharp-shinned an Cooper's hawks. Constant activity chipmunks, cottontail rabbits, pack rat and ground squirrels keeps the place hum ming. Especially at dusk, the hedge com alive with the chatter and chirping of i feathered inhabitants, most of whom hav just enjoyed a free meal on the gravele driveway below the terrace.

The owners are Mr. and Mrs. Delbert-I Scheigert. Guy S. Greene was the lan scape architect.

NEW



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by **Lewis S. Eaton,** *Vice President*
United States Savings and Loan League

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ELLS MARUC

A dozen 'Mariette' *tulips in a 12-inch co tainer make a long-lasting spring displ*

Tulips . . . last call

The rose-pink blooms of showy 'Mariett tulips make an impressive display in la spring. You can still plant them (or a other tulips you like) in containers th month, then place them in your gard when they bloom.

The tall, lily-flowered plants reach inches; flowers last three to four weeks

For a display similar to the one abo plant several 12-inch pots with 10 to bulbs in each. Use a porous soil mix wi equal parts of loam, coarse sand, a organic matter (peat moss, leaf mold, ground bark). Mix into each pot two three tablespoons of bonemeal or sup phosphate to add phosphorus.

Place a piece of broken crock, conca side down, over the pot's drainage ho Partly fill the pot with soil mix and pla the bulbs with the tips an inch below t rim, almost touching one another. Co with soil mix, barely concealing the ti Soak pots thoroughly after planting.

To ensure root development before t top growth starts, and also to prot from frosts, place the pots in a cool sha area and cover completely with a mou of damp peat moss, ground bark, or sa dust. After the bulbs have rooted (8 10 weeks), remove the covering and pla the pots in full sunlight.

Once the bulbs have sprouted, aphids become troublesome. First try washi them off with a stream of water; if t is ineffective or damages plants, sp with an insecticide containing any these ingredients: nicotine sulfate, p thrum, rotenone, sevin (carbaryl), m athion, guthion, or dibrom.

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There's still time to plant spring bulb color in your garden

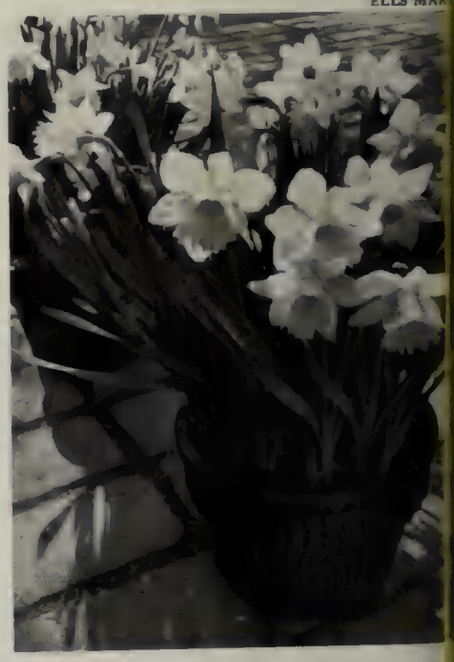
WILLIAM AF

Spring border *in yellow, white. Foreground: white tulips, white evergreen candytuft. Rear: yellow tulips and basket-of-gold (Alyssum saxatile)*

DARROW M. WATT

Anemones *(above), crocus, miniature narcissus go well in this Mexican clay chicken*

ELLS MAR



Set double-nose *daffodils side by side in 10 or 12-inch pot for full display*

Whatever the calendar may say, spring is only as far away as the first bloom of a crocus, daffodil, or snowdrop. To fulfill that promise, all you need do is plant bulbs this month in your garden or containers. Preferably, plant in the garden *and* containers so you can enjoy the results from various vantage points, indoors and out.

Nurseries still have a good supply of bulbs, including those you see here—and [illegible] kinds including hyacinths, Dutch [illegible] (grape hyacinths), scilla [illegible] mild winter areas [illegible] ixias, and sparaxis [illegible] cold climate, grow these [illegible] bulbs in pots indoors or in the [illegible]

Darwin tulips *and snapdrag[illegible] companions. Edge with [illegible] alyssum or blue, white, or yell[illegible]*

Historic flags over alifornia

colorful poster from **Sunset** *to celebrate the Portolá Bi-Centennial*

alifornia's Portolá Bi-Centennial — celebrated in 1969 and 1970, o hundred years after Gaspar De Portolá made his heroic founding urney through Alta California — is a fitting time to review the great ritage of this dynamic state. *Sunset* is pleased to cooperate with the ate of California Parks and Recreation Department in preparing and oducing a large, colorful poster that pictures the surprisingly numer- s and interesting sovereign flags that have flown over the Golden State ice 1542. In producing these posters for the Department, we allowed r an additional number of copies our readers may wish to order.

hile *Sunset Magazine* is involved with — and circulated to — all of the estern states, it has a deep interest in the history of California. It was nded in San Francisco in 1898 by the Southern Pacific Company— med after its famous Sunset Limited train which linked eastern nerica with our West Coast. And *Sunset Magazine* has been identified th the state's growth, reporting on its events and its progress for more n 70 years. Along with many books on other states in the West, *nset* publishes several that picture California's beauty and suggest vel opportunities in its various regions. It also acts as distributor for oks from the California Historical Society.

e flags of California make up a fascinating chronology of the many ges of the state's history. All 16 of them are reproduced here for the t time, in five special colors on heavy gloss paper that is ideal for ming. Size: 15¾″ x 17¹⁵⁄₁₆″. Each flag is pictured again, and de- ibed in full, on the reverse side of the poster. Price $1.50 (or you may ler 4 posters for only $5.00). Shipped postpaid, and rolled in a special tective tube.

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ere are November garden events

rancisco. Thursday and Saturday tours of Strybing Arboretum in n Gate Park. These free tours, a nuation of the popular summer are sponsored and conducted by ers of the Strybing Arboretum So- of Golden Gate Park. Assemble at formation kiosk at the entrance to rboretum at 11 A.M. or at 2 P.M. will be canceled on rainy days.

ours of the arboretum by special s, arrange for a guide by calling 661-0822 on Tuesday or Thursday office hours, 9:30 A.M. to 3 P.M.

rancisco. Members of the San Fran- Garden Club will assist as guides for roup tours through the Conserva- n Golden Gate Park. The conserva- s open each day from 8 A.M. to but such tours must be scheduled, ably two weeks in advance, by tele- ng (415) 558-3973.

nd. November 2 through 5. The 19th l holiday decorations program spon- by the Oakland Parks and Recrea- Department, Garden Clubs of the Bay, and the Chamber of Com- Place: Oakland Auditorium, 10th allon streets. Hours: 9 A.M. to 9 Monday, Tuesday, and Wednesday; to 3:30 P.M. Thursday. Free.

Christmas tree lane" of live decorated will be a feature again this year. materials for holiday arrangements e purchased.

se. November 4. Fall flower show ted by the Paradise Garden Club. Elks Club Hall, 6309 Clark Rd. 1:30 to 8 P.M. Free.

rancisco. November 14 and 15. h standard flower show presented Vista Del Mar Garden Club. Place: f Flowers, Ninth Ave. and Lincoln Golden Gate Park. Hours: 1 to 4:30 aturday; 10 A.M. to 4:30 P.M. Sun- ree.

lition to the cut flowers and flower ements, there will be educational s by the U.S. Forest Service, the pais Conservation Club, and other es emphasizing public involvement servation. The Red Cross will have ay on poisonous plants.

go. November 18. Annual fall flower hrysanthemum fete sponsored by alinga Woman's Club. Place: Zenith 54 W. Cedar St. Hours: 1 to 9 P.M. sion: free.

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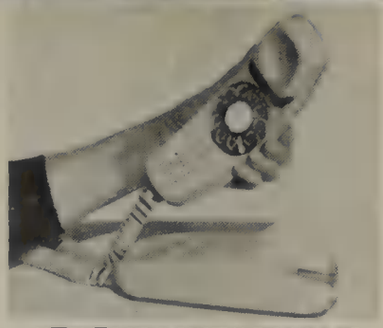

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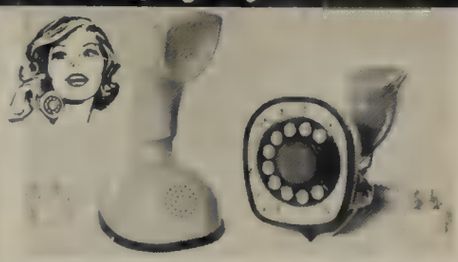

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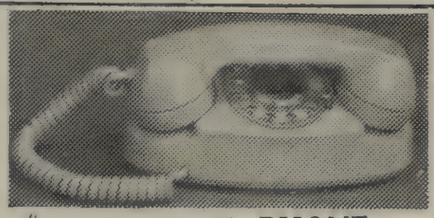

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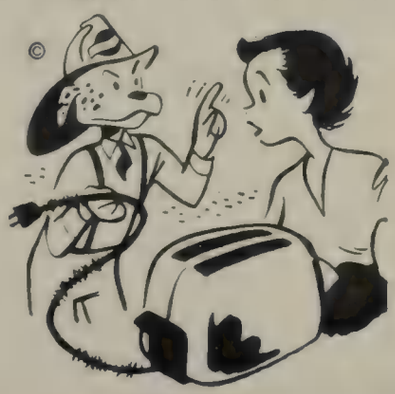

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PLANT COLLECTOR'S CORNER

A succulent shrub, the spurge olive, a native iris, a carpeting daisy

Fruits *of spurge olive are dark red; flowers (only ⅓ inch wide), bright ye*

GERALD FREDRICK

Crassula sarcocaulis *in bonsai pot looks ancient, actually is only five years old*

This spurge olive *grows in dry, rocky in part shade; the foliage is gray-g*

Sunset last published a *Plant Collector's Corner* in May, 1965. Many readers have been kind enough to notice the feature's absence and to ask if it might run again. For them and for all other collectors, we hereby revive it. Our purpose is to present plants that have greater merit than their availability might suggest.

Hardy succulent

The little succulent on the right is not really rare, but even people who know it well by sight are likely not to know it by its name, *Crassula sarcocaulis* (fleshy-stemmed crassula). Its greatest virtue is its talent for looking prematurely old. The plant in the picture is heavier now than it was five years ago, but even as a freshly rooted cutting it had an aged look.

Even old plants are not likely to exceed a foot in height. The narrow blue-gray leaves, ¼ to ½ inch long, are neatly arranged along the stems in four rows. These leaves are small enough in proportion to trunk and branch diameters to make a very plausible counterfeit tree (small jade plants have large leaves and aren't convincing at all).

C. sarcocaulis comes from high elevations in South Africa and is quite hardy as succulents go. It takes frosts to near 0° and is deciduous in cold weather.

Propagation is ridiculously easy: any branch that falls to the ground will root.

Most people will want to grow it in a container, but it will grow well in the open ground wherever drainage is good. Try it in a rock garden, raised bed, or at the top of a wall where you can see its structure without stooping too low.

When the going is rough

Spurge olive (*Cneorum tricoccum*) will not be needed in a well tended, well watered garden; its low-key charm would not stand out there, and other plants might fill its role better. Spurge olive comes into its own where soil is poor, water scarce or nonexistent, and growing conditions generally tough.

Plants grow 1 to 2 feet high and equally wide. Stems branch and rebranch to make a dense shrub. Narrow, dark gray-green leaves are 1 to 2 inches long, ⅓ inch wide. Tiny yellow flowers appear near the branch ends in spring and summer. They are less conspicuous than the dark red fruits that follow; these consist of three pea-sized segments, each hiding a bony seed under a leathery outer covering.

Once established, plants will endure summer-long drought either in sun or shade. Use them if you need a neat evergreen plant that can look after itself.

Usually—not always—blue

One of the West's handsomest wildflowers is *Iris douglasiana*, often called Douglas iris. Fortunately for gardeners, it is also one of the most accommodating native plants. It doesn't disappear in the dry season, as do many choice native plants; the deep green, sword-shaped leaves stay fresh looking throughout the year. Nor does it perish of root rot if given summer water, as many na plants do.

Flower stalks range from 6 to 30 in in height and carry from two or thr as many as nine flowers, each up inches wide. Typically they are in shade of lavender-blue or purple- rarely white, yellow, or deep purple.

Set plants out now or in early spring; move best just as new roots begin to with the fall rains, or just before growth becomes active in spring.

Plants grow in most well drained but are at their best in slightly acid Bloom is heaviest in full sun, but you get quite good bloom in open or p shade. Newly set divisions should n allowed to dry out during their first mer. After that they can get by with little water or with routine garden w ing. Skilled growers prefer to let then out in late summer to ripen rhizom

A hard-working daisy

Many a good plant has suffered fro lack of a good common name; one su *Erigeron karvinskianus*, an old-fash but useful perennial sometimes so *E. mucronatus* and *Vittadinia trilo*

This daisy grows and blooms well where west of the Sierra Nevada - Ca divide. Gardeners from Seattle to

ELLS MARUGG

flowers *of Iris douglasiana are usually lavender-blue to deep purplish ith lines of deeper color. They can be 4 inches across*

report it to be one of the easiest, loriferous, and longest blooming of rennials. May to October is the flowering season.

wers are long-stemmed daisies ¾ ide; these have many narrow rays. aisies open white, then gradually pink and finally to red. The narch-long leaves are dark green and take on bronzy overtones in dry r in chilly weather.

inskianus is easy to propagate by r cuttings, by division, or by merely up self-sown seedlings.

as a carpeting plant, as a wall or as a hanging basket plant. Or let it soften lines of stairs and fill in chinks between paving blocks or steppingstones. It will thrive in full sun or considerable shade, needs little water once established, but can take routine garden watering if it has to.

Where to get plants

If you can't find the crassula among the cactus and succulents at your nursery you can get it at Carman's Nursery, 2640 S. Bascom Ave., San Jose; Lila's Succulent Nursery, 4 Altena St., San Rafael; or Monte Bello Nursery, 1325 Fremont Ave., Los Altos.

The erigeron is available at Carman's, Monte Bello, and the Raymar Patio Nursery, 2515 Porter St., Soquel. The Leonard Coates Nursery, 2204 The Alameda, San Jose, sells spurge olive.

If your nurseryman doesn't have Douglas iris, you can get it by mail order from George Schenk's Native Garden, Box 487, Bothell, Wash. 98011; Laurie's Garden, 17225 McKenzie Highway, Route 2, Springfield, Ore. 97477; or Oakhurst Gardens, Box 444, Arcadia, Calif. 91006.

Here erigeron *spills over and through dry rock wall in hot, bright western exposure*

Rooting *and running through crevices in masonry stairway, erigeron mounds and billows over side wall*

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This is weeping Atlas cedar

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The one shown above adds a disti note to the Robert A. Davies' pa Belvedere, California. It stands ap as highly individual plants should— somely displayed in front of a sere black-painted 1 by 1's.

The tree was moved into its present wooden container (23 by 23 by 20 i high) about six years ago. Mr. D nips and pinches tufted needle cl as often as necessary to keep them i he prunes tips at the bottom (what be the top of the plant if it were en upright) when they start touchin floor. The tree is watered twice a throughout the year; an overhang ters it from winter rains. It is fed sionally with complete fertilizer.

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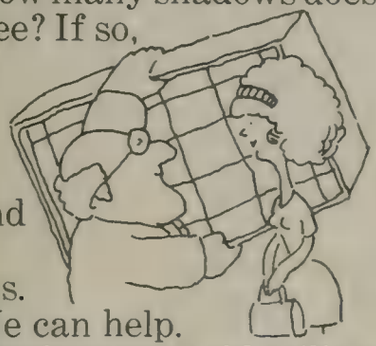

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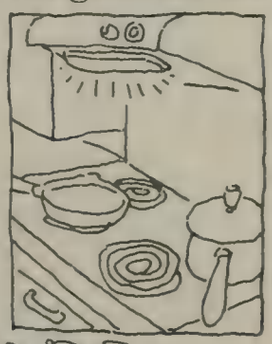

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Scotts Valley, Calif. 95060

Monterey cypress . . . a fatal fungus disease is spreading in California

Monterey cypress is an unfortunate favorite with gardeners. Because more and more people are planting it, a fatal fungus disease is flourishing, destroying the trees in large areas of California.

The disease is coryneum canker of cypress, known for more than 40 years but only recently increasing. It attacks Monterey cypress of any age or size, and diseased trees generally cannot be saved; spraying or pruning of infected branches is ineffective. The best solution is to destroy the cypress and replace with a nonsusceptible tree. New plantings of cypress in a fungus-invaded area have a poor chance of survival.

Now, before the rainy season sets in, is the time to destroy diseased trees. Fungus spores spread mainly by rain and wind, so destroying infected trees immediately may save healthy ones nearby.

Coryneum canker usually appears on the stems of young, fast-growing trees and at twig or branch crotches of older trees. Unfortunately it's often hard to identify unless the case is severe. Look for slight swellings in the bark that drip resin (more heavily in younger trees) and die. Then a canker forms, appearing as a deeply cracked, partly depressed swelling. This girdles the infected part and completes the killing of the sapwood, often with the help of attracted bark beetles.

In the tree's general appearance, look for dying foliage that turns yellow, then a deep reddish-brown, and falls off slowly. Dying foliage occurs at any season, but is most frequent during the spring. The length of time it takes for an entire tree to die varies greatly, from about a year for a young tree to 5 or 6 or even up to 12 years for a large older tree. Infections usually spread slowly unless the tree is surrounded by other diseased cypress.

Coryneum canker spreads by minute spores, produced in small black pustules that appear on the cankers four to eight weeks after the wood dies. Spores are long-lived; dead diseased bark continues to host them for two years or more after the tree dies.

The fungus grows most rapidly in the warm interior valleys and very slowly along the coast, even to the point that some cypress there can live with the disease. Fungus spores need moisture to develop; summer fogs and even sprinkler irrigation encourages spore production.

Coryneum canker can also infect Italian cypress, usually in areas of heavily diseased Monterey cypress. Three substitutes thought to be resistant to the fungus are smooth Arizona cypress (*Cupressus glabra*), tecate cypress (*C. forbesii*), and *Cupressocyparis leylandii*.

If you suspect coryneum canker on your cypress, notify your county department of agriculture.

GERALD FREDRICK

Canker appears *as resin-dripping wound on left twig above, is more visible as the cracked, partly depressed swelling on branch at right. Growth beyond canker dies*

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No More Wet Shoes or Clothing

Colorless Thompson's Water Seal protects, preserves, waterproofs and keeps leather boots, children's play shoes or adults' dress shoes dry all winter. Shine the next day. Waterproofs topcoats, jackets, outdoor clothing, canvas and awnings. Won't harden or crack leather or fabrics. At paint, hardware, sporting goods stores or write direct. Aerosol spray $1.89; Qt. $1.95; Gal. $5.95; 5-Gal. $28.25 ppd. tax incl. No C.O.D.'s please. E. A. Thompson Co., Inc., 1333 Gough St., San Francisco, CA 94109.

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Deep penetrating, colorless Thompson's Water Seal positively waterproofs shingle or shake roofs, prevents curling, shrinking or splitting. It preserves the natural color of the wood, retards weathering caused by sun and moisture, makes old shingles snap back to life, look newer, last longer. Easy to apply by brush or spray. At paint, hardware or lumber dealers, or direct. Gal. $5.95, 5 Gals. $28.25 ppd., tax incl. E. A. Thompson Co., Inc., 1333 Gough St., San Francisco, CA 94109. No COD's please.

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Thompson's Ready-Mixed "California Red wood" Seal-Stain protects and restores the nat ural beauty of redwood and cedar, adds beaut to plywood or knotty pine, waterproofs fi pine, mahogany, wood shingles, shakes. Con tains over 60% Thompson's Waterseal. Stop water damage. Apply by brush, roller or spray At dealers or write direct. Pint $1.30, Q $2.15. Gal. $6.50, 5 Gals. $31.00, ppd. Tax inc No C.O.D.'s please. E. A. Thompson Co., Inc 1333 Gough St., San Francisco, CA. 94109.

Two Beautiful Schweppes Gifts

This beautiful royal blue 5-quart ice bucket (*left*), decorated with the Schweppes Brigadier, can be yours for only $7.95 (retails for $15.95). Order now and we'll include 200 matching cocktail napkins. All 4 of these fine 15-oz. party glasses (*right*), each colorfully decorated with the Schweppes Brigadier, can be yours for only $2.50 (retails for $4.75). Don't tarry, order a gift set now. All prices postpaid. Schweppes Accessories, 630 Valencia Street, San Francisco, California 94110.

Custom Draperies Without Seams!

Save 30% or more on custom draperies by using famous "Homespun" 118" widths! We "up-end" the bolt to make your drapes with 1 piece of cloth—no seams to sew or show! Sturdy cottons, airy open weaves & polyester sheers available in yardage from $3.98 yd. (10' wide). Custom Draperies pinch-pleated or New Fan Pleat. Send 50¢ for swatches, brochure. Homespun House, 9022-H Lindblade, Culver City, CA 90230. (Our 17th year.) Visit our new showroom in San Diego.

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Also an excitin [illegible] treat for you. No [illegible] those wonderful Parisian [illegible] glamour to dinner parties [illegible] If you haven't made bread [illegible] instructions and a [illegible] special one for men only). Set of 4 [illegible] pans makes 8 loaves . . . an even [illegible] one batch and one baking. Complete set $7.95 plus 95¢ ppd. *Paris 81*, 500 Independence Ave., S.E., Washington, D.C. 20003.

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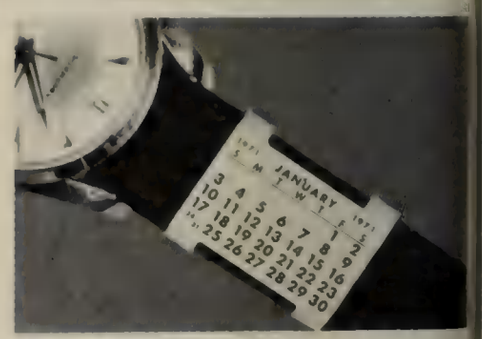
At last a light switch adapter for kids (1½ yrs. and up) allows them to turn the lights on and off for themselves. Attaches over existing light plate in a jiffy. Beautifully designed to be decorative, especially good for child's bedroom. Comes in attractive colors of ivory, pink, blue. Tough and strong. Makes a great gift for Christmas, birthday, etc. Guar. in every way. This unusual creation only $1.95 ppd. Send check or money order to *Practical Creations*, 8442 Leawood Blvd., Houston, Texas 77072.



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They feature large, easy-to-read wear pro numbers. Reversible gold-silver color match watch. Fits all regular watchbands. Eas changed monthly. Will not wear out cu Inexpensive, handsome 12 month set comes leather-grained vinyl pocket case. Speci starting month. (U.S. Patent No. 3,340,63 Give the gift that's used everyday of the ye 1 set $2, 3 Sets $5.50, 6 Sets $9, postpa Martens-Becker Co., Box 1008 T, Willows, 95988. California residents add 5% sales t

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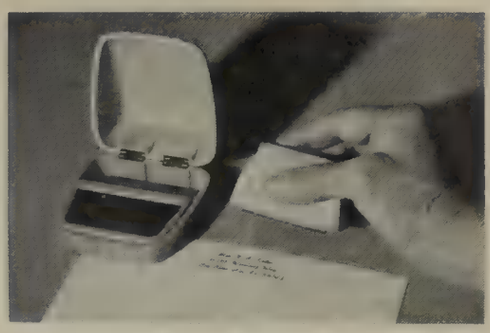
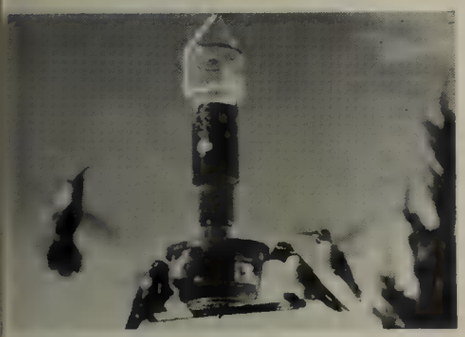


Handy 3 Line Rubber Stamp

Are you tired of licking labels or writing your return address? This compact printer makes your task easy. The attractive blue and gray case contains ink pad and your name, address & zip (4th line add $1.00). In Block Print or Italic type. Travels with you without mess in purse or attache. Just $4.15 (ppd). In Calif. add 5% tax. *Bonus*—order 4 (gifts, etc.) and get a 5th printer *Free.* Satis. guar. Vern's Rubber Stamps, P.O. Box 38, Los Altos, Ca 94022 (415) 948-7614.

Four Leaf Clover Paperweight

Replica of Florentine Original. Use for wall decoration or ornamental paperweight. 24 karat gold plate, 4½" wide, gift boxed. Inscribed on back "One leaf is for hope, And one is for Faith, And one is for Love, you know, And God put another in for Luck." Shown on President's desk during T.V. tour of the White House. Made in U.S.A. $4.50 ea., ppd. Check or M.O. Calif. residents add 25¢ tax per item. Money back guarantee. Geneva Loves Gift Creations, 513 Fourth Street, San Rafael, Ca. 94901.



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Original Teddy Bear with Story

Here is the original "Teddy" introduced in 1902 by Steiff Co. and named after Teddy Roosevelt. This beloved favorite with the quality blond *Mohair Plush* coat and with *Jointed* head, arms, and legs continues to be handmade to last for generations. Now with *Automatic Voice* 16 inch heirloom Teddy comes to you at $16.50. Tax and post. ppd. His story included as a courtesy. Send M.O. or check to Bakers' Emporium at 350 W. Baker Ave., P.O. Box 1084, Porterville, Calif. 93257.

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A barbecue apron for the man of the house. This is a "Dana-San" (Master's) apron. For the Master of the house—for the Master chef. Authentic Japanese workman's apron of 100% heavy gauge cotton. Made in a Man's country—made for Men—made to last. This is the first known U.S. offer, so order now, today! ! Money back guarantee. No C.O.D's. Only $3.95 postpaid (add 19¢ tax in Calif.). Send to: Boutique Import Company, P.O. Box 6487, San Diego, California 92106.

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The authentic coat of arms associated with your name is researched by our staff in England and Europe. Heraldric artists paint your coat of arms on embossed copper mounted on polished mahogany, 8½" x 6". If no coat of arms exists, refund guaranteed. $13.95 by boat (8 to 10 weeks) $15.95 by air (4 to 6 weeks) plus 70¢ handling. In Calif. add 77¢ tax. No COD's. We recommend air delivery. *West-Emp Imports,* 2326 Monument Blvd., Pleasant Hill, Calif. 94523 (415) 689-4944.

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Finest Norwegian Rya Rug Kits and Yarns Prize-winning designs for rugs, tapestries, coverlets. Heavy flax and wool backing eliminates stretching frame. Easy sewing technique using tapestry needles. Kits include backing yarns, needles, control stick for pile depth easy-to-follow diagram. Sizes to 6′ x 10′. Satisfaction guaranteed. Master Charge accepted Import duty paid. *Free brochure.* Norsk Designers, 2417-19 Harrison St., San Francisco CA 94110 (415, 282-8080).

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Handy Hangers Make Workshops Neat

Handy Hangers are sturdy, plastic gadgets that snap into ⅛" pegboard and provide a practical way to keep your tools off the working area but instantly available for use. Parts bins provide a convenient place for supplies and parts. Readily removable without spilling contents. Sample Kit consisting of *One Each*, 9" Toolholder, 9" Wrenchholder, 9" Shelf, 3½", 5" and 7" Parts Bins. (Total 6 pieces) only $3.50 *Shipped Prepaid* U.S.A. Wickliffe Industries, Box 286-SS, Wickliffe, OH 44092

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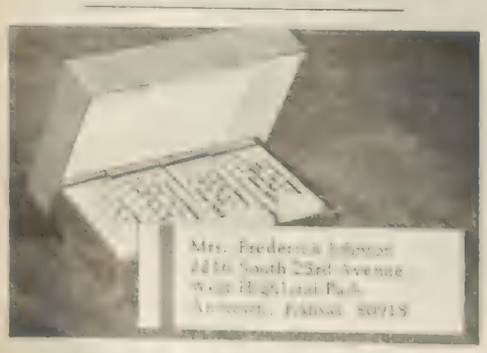
The pretty Deluxe feeder with canopy on top Choose flowerlike translucent pink or white Easy-care, unbreakable polyethylene. Unique design prevents drip, positively controls insects & other birds. Full 1½ cup capacity or can be compressed for less. Detailed "Feeding & Attracting" instruction booklet. Make hummingbird friends for delightful home hobby Send list, we'll gift mail. Mnybk. guar. $2.95+ 30¢ mlg., 15¢ tax in Calif. Woodsworld, 600-S Olive Springs Rd., Santa Cruz, Calif. 95060



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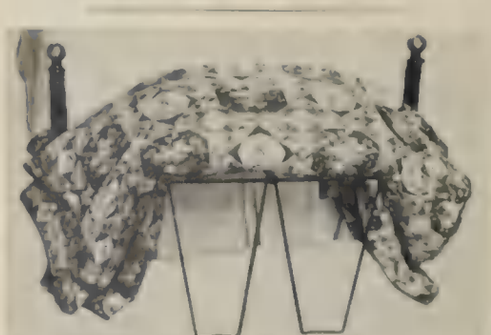

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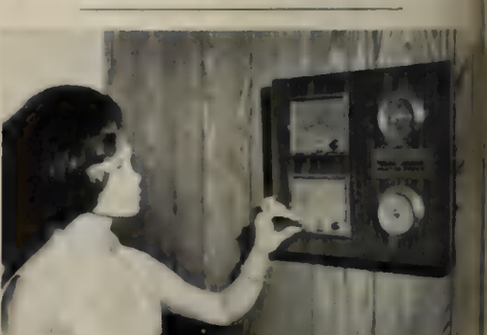
No more tugging, lugging, and folding away a heavy spread at night. Just lay bedspread across this functional rack, ready for easy make-up in the morning. Handsome, gold-flecked caddy slips under mattress by day, glides out easily at night. Legs swing automatically into position. Ideal for low or no footboards. For king-size bed, order two. Money back if not delighted: $6.98 ppd. or 2 for $12.98 ppd. Garrett's, Box 8415-10, Dallas, Texas 75205.



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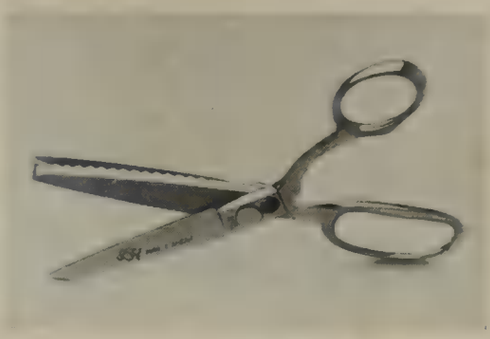

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An authentic, superb rendering of one of His Majesty's little-known 74-gun 'Ships of the Line.' This beautiful print by one of the nation's foremost illustrators of historical ships was completed after months of research here and abroad to authenticate detail of design. Lithographed in full-color on antiqued parchment, this 17¼ x 24 reproduction lends an air of historic magnificence to any wall. Send $10.00 to: Huffman Graphic Arts, P.O. Box 269, Fair Oaks, Calif. 95628.

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Five full color reproductions of famous old masters in beautiful Baroque Frames. These ornate frames are finished in antique gold. Each frame has an easel for standing, or they may be hung in many different wall arrangements. The group consists of four 4½"x3" pictures and one 7"x4½" picture. Frames may also be used for your own pictures or photographs. Only $2.98 plus 50¢ postage and handling. House of Orleans, Box 5173, Dept. S10, Beverly Hills, Calif. 90210.

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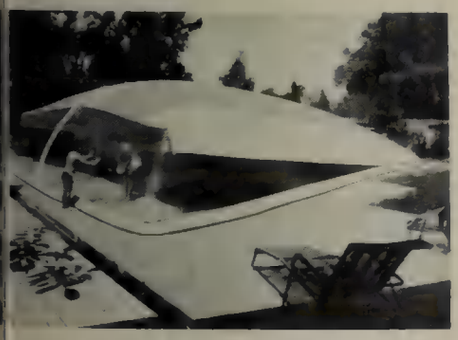

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One easy pattern makes these delightful boots from 1 pound coffee cans and fabric scraps. Add sparkles and trim to give a special touch. You can fill them with toys and goodies. A clever center-piece for a baby shower. Ideal gifts, especially at Christmas. One pattern for 3 boots. Send $1.00 for pattern No. 133. A catalog for other patterns is available for an additional 10¢. Write to Leland Crafts & Patterns, Dept. S11, P.O. Box 1009, Reseda, California 91335.

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Gloucester (sailboat) and Rockport (harbor), two picturesque seaside settings that will add New England charm to any home. Matched set makes a distinctive, lasting gift. Beautifully lithographed in black on heavy art paper, each 16x20", ready-to-frame. $4.95 a set, two sets $8.95. For one, $2.95 (specify subject). Each order plus 55¢ post./hand. N.Y. res. add state, local sales tax. Check or M.O. to *Maqua Co.*, Fine Arts Dept. S, 450 Duane Ave., Schenectady, N.Y. 12301. Sorry, no COD's.

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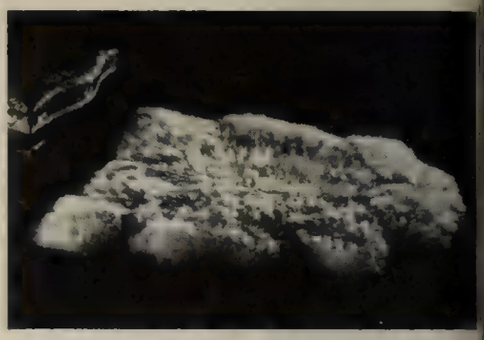
Personalized Christmas Labels

All your gifts, packages and cards are brighter with these beautiful and decorative Xmas labels! You get 300 labels (in a plastic gift box) with the Xmas Tree and the words "Season's Greetings!" printed in green with your name & address (limit 3 lines) printed in Xmas Red on the finest Kromecote glossy gummed paper. All 300 labels same copy. 300 for $1.50—500 for $2.00 add 5% sales tax. Write for Xmas Gift Catalogue 1123A Jasperson Bldg., Culver City, California 90230.

Gourmet Cutlery From Solingen

Since 1814, professional carbon stainless German cutlery. 4½" utility knife, 9" French knife, 10" slicer, 8" carver, 6" sandwich slicer. Full tang blades, ebonite wood handles. Board has magnetic bar, can be screwed to wall. See April Sunset p. 110—two of our knives shown. At stores or write direct for set: $52.00 ppd. (5% sales tax Calif. res.) Satisfaction guar. Other gourmet utensils & sets avail. Trident Trading Co., 24 California St., San Francisco, Ca 94111 (415) 433-1698.



Luxurious Washable Sheepskin Rugs

A genuine New Zealand sheepskin rug can be yours for only $18.00. These world famous natural white sheepskin rugs are expertly tanned to permit washing (instructions enclosed). Size 3′ x 2′6″. U.S. $18.00 (include insurance and postage by surface mail. Approximately 6 weeks). Personal checks accepted. The Sheepskin Rug Co., 33 Queen St. Auckland, New Zealand. Bank reference:—Credit Department, Southern Region H. Q. Crocker Citizens National Bank, Los Angeles.

California Coast Stationery

For those to whom the California Coast has a special meaning. On-the-spot pen and ink drawings of scenes from Witches Point to Island Cove by Ted Martine. 8 subjects, 3 sheets each, both notes and stationery; 24 envelopes. Please state color choice: Olive, White, Gold or Blue. Attractively boxed. Order direct from Ted Martine Studios, 3437 Alma Ave., Palo Alto, Calif. 94306. $4 per box, postpaid. No C.O.D.'s. (Calif. residents please add 5% Sales Tax.)

Impressive Oval Centerpiece

Created in crystal and combined with white Italian marble and gold metal finish. The delicate lily motif represents a rare concept of beauty and grace. Width of bowl 12¾"; overall height 12". $19.95 plus $1.00 postage and handling. 2 for $37.50. Order for yourself, for gift giving. Satisfaction guaranteed. We make prompt shipment. Sorry no C.O.D.'s. Florida residents please add 4% sales tax. Morlyn, Inc., Dept. S-110, 350 South County Road, Palm Beach, Florida 33480.

Stimulates Action in Septic Tanks!

Septonic activates sick septic tanks, keeps healthy tanks working! Just pour one or more envelopes of Septonic into toilet bowl, and flush. Also excellent for chemical toilets. Septonic is non-poisonous, and is harmless to the plumbing or septic tank system. Liquidizes sewage solids by enzyme action. *Results guaranteed or money back.* 4-treatment package only $1.59, at hardware, grocers, drugs, or plumbers. Dept. 10, Conkey & Co., 116 Rainier Circle, Vacaville, California 95688.

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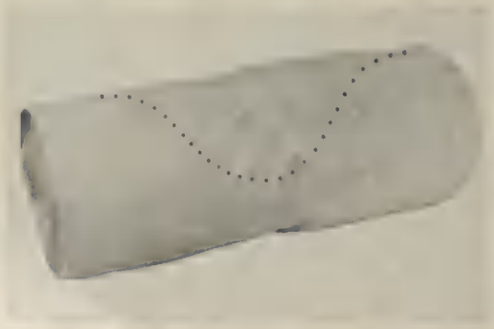

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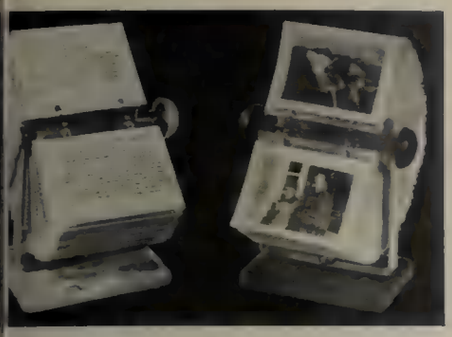

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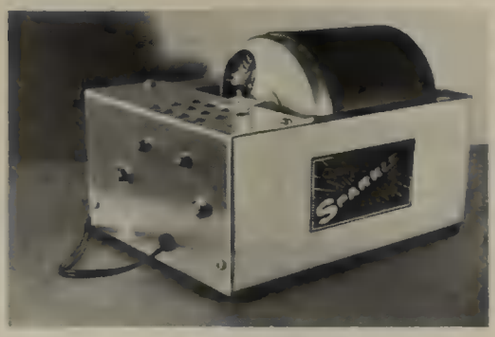

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How to harvest your Indian corn

Halloween and Thanksgiving are the times for decorations of Indian corn with its red, yellow, orange, and blue kernels. But we've found that some who grow it for the first time don't know how to harvest it for this use.

If you haven't already harvested corn you planted this summer, you should do it now. Corn is ready for harvest, usually about 110 days after planting, when the ear is fully formed, the husk is tight, and the silks are slightly dried. Of course you'll want to wait until the kernels are fully colored—to make sure, pull away the husk near the top.

Although you can leave the corn on the stalk for some time without damage, you may have to contend with greedy birds. Also, ears sometimes start to mold or rot if cold, damp weather sets in.

When you cut the ears, leave about a 1½-inch stem attached; if you want to hang the ears, leave the husks on, but turn them back all the way. Be sure it is well dried before final storing.

After drying, you can braid the husks to make a colorful hanging of ears.

SOMETIMES MYSTERIOUS — ALWAYS UNPREDICTABLE

No one knows much about the origins of Indian corn, except that it is native to North and Central America. Colors are caused by pigments in each kernel and color variations are inherited. Ordinary eating corn was once multicolored too, but this trait was considered unsightly and has been bred out.

The ornamental corn sold today produces about one good-sized ear per stalk, and sometimes a second runty one, too. If replanted, the hybrid kernels may produce ears of one color, or entirely new color combinations.

Of the Western Indians, only those in the Southwest grew and used this kind of corn (West Coast Indians generally subsisted on acorns, or fish and game). For their ceremonies, the Hopi Indians used (and still use) ancient strains of corn in separate colors. For untold generations these pure strains have been planted from seed in isolated washes and sand dunes. The best ears were reserved for new seed and ceremonial use. Nonceremonial corn was not kept separate; there are many variations of color in ordinary Hopi corn.

Commercial seed growers have used some of the mixed kinds to breed the hybrid ornamental corn sold in seed packets.

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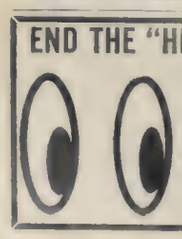

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— See July 1970 Sunset, page 73 —

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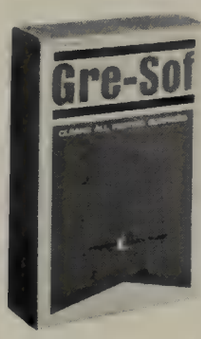

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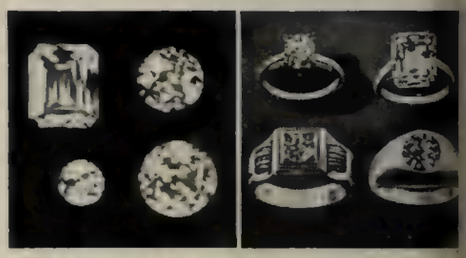

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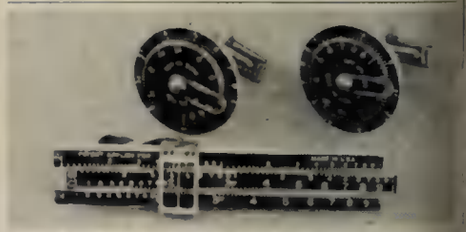

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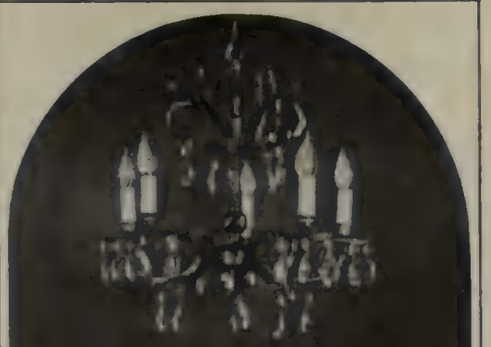

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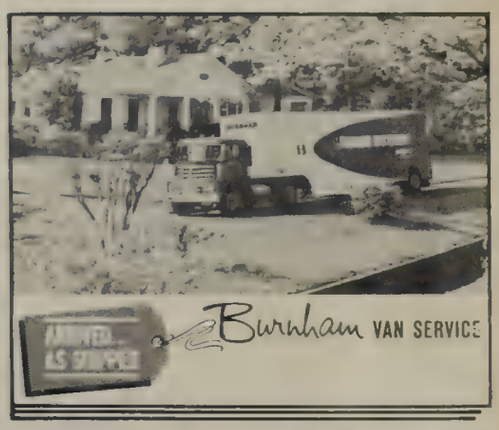

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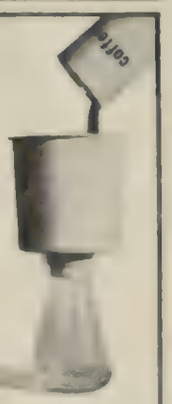

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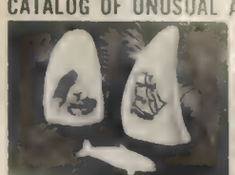

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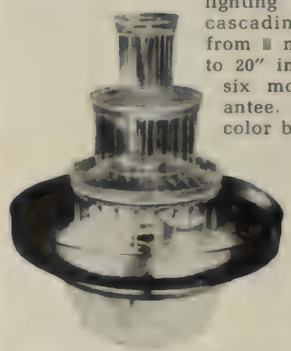

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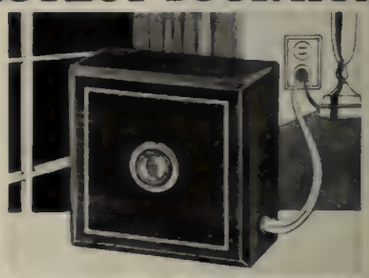

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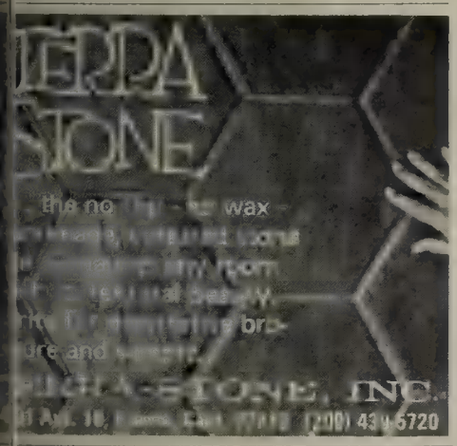

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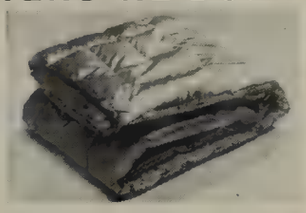

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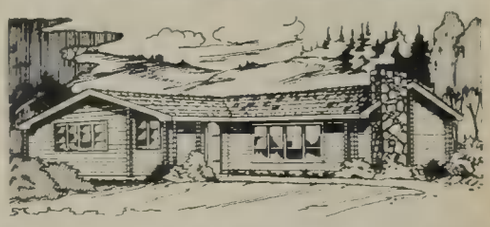

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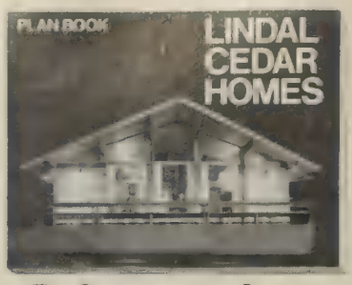

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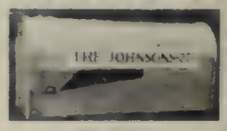

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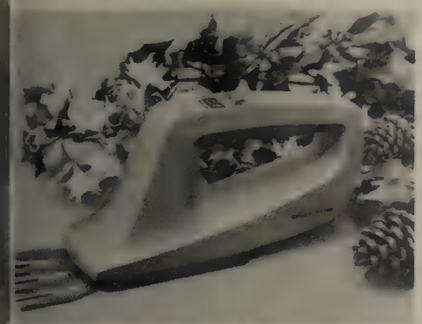

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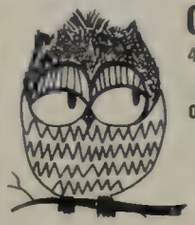

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LETTER FROM *Sunset*

Two more editorial laboratories

Sunset's editors don't produce their articles in an ivory tower. Quite t opposite: They work face to face with reality, and they put their ide under test.

The travel writers do their research and verifying out in the field. Write working on other subjects also work in the field, but they do part of th research as test work in editorial laboratories. Here we grow many of t plants we write about, try out structural and design ideas, test and rete all recipes, carry out woodworking and other craft projects.

Our oldest laboratories are now in their 20th year as integral parts our suburban publishing headquarters at Menlo Park, California. One the 5-acre garden surrounding the building. Another is the original t kitchen here. And the rest of the building has served as a laboratory various ways.

Next oldest is the Demonstration Home Garden at Los Angeles Sta and County Arboretum, Arcadia, which opened with *Sunset* as spons in 1958. It helps us keep an eye on Southern California gardening pro lems and opportunities.

We got our first editorial craft workshop in 1960, complete with extensi power equipment. Three years later, the Demonstration Desert Gard at the Arizona-Sonora Desert Museum near Tucson opened with *Sun* as co-sponsor. It's the first such experimental garden for the desert.

New editorial test kitchens in Menlo Park came into service in 1966, mo than doubling our recipe development and testing capacity. Later t same year, another *Sunset*-sponsored Demonstration Home Garden open at the Strybing Arboretum in San Francisco's Golden Gate Park.

This month we are breaking in two more editorial laboratories.

One is a new crafts-testing workshop, not just for woodworking but a for metal work, plastics, sewing. It's larger than our old workshop a much better equipped. And already in use, although not quite finish is a garden photography laboratory, a place where we can grow pla experimentally and try out new landscape ideas for photography.

Work in this photography laboratory will go on mostly behind scre fencing, but not entirely. If you visit our headquarters (open weekd until 4:30 P.M.) and walk out in the garden, you may see some of t experimental work going on there.

WINDOW ON THE WEST: *A last chance*

The nearly extinct Columbian white-tailed deer may get one last chance for survival. At the time of Lewis and Clark, vast herds roamed both sides of the Columbia from Portland to the Pacific. Today, fewer than 300 survive. Officials of the State of Washington Department of Game and the U.S. Fish and Wildlife Service want to buy 1,200 acres as a refuge for 80 to 100 deer. But time is short: The vital, partly wooded habitat may soon be cleared for cattle. For the refuge proposal to move ahead, it must have strong public support. You can express your opinion by writing to your congressman and to the Director, U.S. Bureau of Sports Fisheries and Wildlife, Washington, D.C. 20240.

FRED MARTINSEN

DECEMBER 1970 50 CENTS

Sunset

THE MAGAZINE OF WESTERN LIVING

BURLINGAME
NOV 21 1970
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One Partridge in
This Pear Tree

Gifts · Wraps · Decorations · Foods · Merry Christmas!

What you need to know about import-size car depends on what you expect from one.

If you're looking for precise handling and resistance to cross winds, you'll need to know that Ford's new little Pinto has a wider stance than any economy import and is the only car in its class with rack-and-pinion steering (like in Porsche and Jaguar).

If you're looking for performance for freeway driving, you'll need to know that Pinto's 1.6 litre engine has 75 horsepower compared to VW's 60. Or you can get Pinto's 2 litre [illegible] overhead cam and Webber ca[illegible] that develops 100 horsepower—which is more than either Toyota Corona or Datsun.

If you want real economy, you'll need [illegible] Pinto averaged over 25 mpg [illegible] city and suburban driving. [illegible]ing is lubed for life, that it needs oil changes only twice a year. And that its suspension needs lubrication only once in three years (or 36,000 miles).

If you're interested in durability, you'll be happy to know that Pinto has parts you'd expect to find in bigger, stronger cars. So it will run quieter, longer.

If you want heavy-duty brakes, you should know that you can get floating-caliper front disc brakes on Pinto.

If you want driving ease, you need to know that Pinto offers you SelectShift—the three-speed automatic transmission that lets you downshift or hold lower gears for better control.

If you're looking for room inside where inches really count, you'll need to know that Pinto has more front leg r[illegible] more front and rear shoulder room, [illegible] more rear-seat knee room than [illegible] Toyota Corona, or Datsun 510 and Pi[illegible] door is wider than any of the smalle[illegible] ports for easy rear-seat entry-exit.

Pinto is import priced and sized [illegible] gives you more . . . more room in[illegible] greater driving ease, better handling, [illegible] the durability you want in a small car.

So if you expect more, then Pinto [illegible] be all you need to know about import [illegible] cars.

Pinto

A little better idea from F[illegible]

Sunset*
THE PACIFIC MONTHLY*

THE MAGAZINE OF WESTERN LIVING*

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The Cover Story

Partridge in a pear tree: Traditional Christmas symbols are these cookies made from a special almond paste dough. For instructions on making them, turn to page 60. Cover photograph by Glenn Christiansen

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The Pacific has always had a special meaning for us.

Detail from the 1828 woodblock print "Namiura", by Hokusai

Hokusai was only one of many Japanese artists whose depictions of it touch primordial chords in the hearts of his people.
He was only one of many whose interpretations over the centuries have demonstrated how inseparably the vast ocean and the tiny rugged land are bound.
The Pacific.
Next July in Tokyo there will be still a further interpretation of it when a thirty-story hotel of rare beauty and graciousness opens its doors.
The Pacific will be vast, with a fine selection of artistically appointed guest rooms.
Soaring up from a spacious, restful Japanese garden that was once the preserve of the Imperial family, it will offer 15-minute access to all of Tokyo.
There will be six resplendent gourmet restaurants, five elegant lounges and bars, a prestige shopping arcade, a swimming pool and all those personal little services for which Japan is famous.
Plus a panoramic view of Tokyo Bay—from a vantage point Hokusai never enjoyed.
If your plans call for being in Japan anytime after July, ask your travel agent to arrange a stay at The Pacific.

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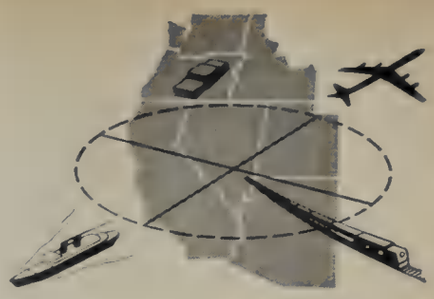
Representatives: George R. Smith & Company Inc./Hetland & Stevens Inc./International Hotel Representatives/Reservations World/American Express-Space Ba

December travel . . .
in and beyond the West



Daughter *checks foliage, son gives advice, Dad does the easy part*

MICHAEL TILDEN

See! *It's too high for our living room!*

Choosing and cutting your own Christmas tree

It may not be over the river and through the woods, but it's a lot more fun than just going around the corner and across the street to get a sales lot Christmas tree from stack two, row five:

Cut your own Christmas tree this year at one of northern California's many Christmas tree farms (there are more than 70).

The advantages are several. It's a pleasant family outing into the countryside that takes you away from the glare and

Cutting done, *a picnic at the farm*

Sunset

THE MAGAZINE OF WESTERN LIVING

December 1970

The creators: *Wendy Myers (camel), Nolana Ball (kangaroo), Mrs. Hamilton, Paul Jackson (unicorn), Michele Stewart (bug), Mike Travers ('gator)*

The animals came to us

The young sculptors at left and their teacher show a sampling of the zoo created by the fifth grade class at Valley View School, Richmond, California.

For their first whack at papier-mâché, the students, with help from their fathers, turned out remarkable pieces of whimsical sculpture. Mrs. Vivian Hamilton, their teacher, let us know about her class's accomplishments and we sent scouts to see their work. When they came back to *Sunset* with a truckload of eye-stopping creatures, we saw them as a sequel to the tree-decoration-size animals we already planned to publish.

To find out how to make the armatures on which the papier-mâché sculptures are built, we asked the teacher to come to *Sunset* and show us. With hammer and saw, Mrs. Hamilton demonstrated the basic interior structure, a challenge for craftsman-father working with sculptor-child.

For the results, turn to page 64.

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blare of the hard-sell holiday season
the tree farm you have acres of fr
standing trees to choose from, rather t
piles of uncertain shapes with brand
matted and needles already falling;
the farm trees are usually less expens
It's best to go early in the month t
sure of getting exactly what you w
The tree you cut will last well
Christmas.

The tree farmer will tell you how to
your tree so that you don't make a
manent gap in the landscape: You l
a few green branches on the stump, k
ing it alive to produce a new tree.

Take along a picnic lunch. Some f
have special picnic areas, or you ca
lect a spot along the way. Many of
farms are in the Sierra—you might
bine a day in the snow with the tree
visit. And be ready to tell the youngs
with appropriate nostalgia, about
"good old days" when it was stan
practice to hike into the woods and
your own tree.

You can get a complete listing of Cl
mas tree farms in California by wr
to the California Christmas Tree G
ers, 2855 Telegraph Ave., Berkeley 9
Ask for the folder entitled *Choose*
cut your own Christmas tree.

Wine-tasting festival in San Francisco

A perennial debate of no small magn
involves native (especially Califo
and imported wines: Which are b

If you haven't decided yet, or if you
to confirm your opinion, or if you si
like the idea of tasting some fine
from around the world, you'll hav
opportunity to do so on Sunday, D
cember 13. On that day, at the H
Flowers in Golden Gate Park, the
International Wine-Tasting Festival
place from 2 to 6 P.M. Admission is

Louis Gomberg, a wine consultant
founder of the festival, has been wit
wine industry for 35 years and kno
no other event like this anywhere
can taste wines from Argentina,
tralia, France, Germany, Greece—i
from about 20 countries. More th
wineries will be serving their pre
products. To renew the palate f
peated duty, cheeses and San Fra
French bread will be served.

Seasonal events

Sacramento. The Sacramento Civic
with the Sacramento Symphony O
tra, will present holiday season pe
ances of *The Nutcracker*, with
dancers this year from Ballet W
Salt Lake City. There are two pe
ances (2:30 and 8 P.M.) on Sunda
cember 20, and a matinee (2:30 P.M.
following day. Admission price ra
$1.50 to $3 for the matinees, $1.50

Maupintour's South Pacific ...the unhurried holiday!

A good tour isn't just made up of fine hotels, food, and sightseeing. With us you'll always have that... and more. But what really makes for the greatest of fun is to *join in with the local people on their own happenings and entertainments*... the things they do for a good time. This you'll have plenty of with Maupintour. This is our uniqueness.

Some of these extra things we've included are a bushwhackers' barbecue in The Outback, a rollicking folk singing session with the Aussies; feast under torchlight at a Tahitian tamaaraa, Polynesian chants and the wild *tamure*; Maori culture, music, and dancing; friendly people-meeting dine-outs at the native haunts as well as candlelight cuisine at the elegant places; Top of the Town cocktails one day and kava from a smiling Fijian the next; tea with a home-spun rancher and family to talk about home life, and watch his dogs muster sheep; a look at Down Under dairy farms and cattle ranches, and the plantations on tropical isles; harbor cruising, glass-bottom boating, lagoon meandering over multihued coral, fossicking for fossils and shells; close-ups of koala bears, fairy penguins, kookaburras, emus, kangaroos, wallabies, wombats, echidnas, platypus, and glow-worms; and learning to throw a boomerang, split a coconut, shear sheep, climb a palm tree, and sail aboard an outrigger canoe.

Best of all, you'll discover the islander's joy of stretching out in a gently swaying hammock beneath the palm-shaded heavens... blossom-scented breezes of the South Seas brushing cares away, sounds of surf on the coral and sand . . . a cool punch in a coconut cup ready for sipping. Bliss . . . peace . . . contentment. *Come try it with Maupintour in 1971!* You'll feel younger than springtime.

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on Sunday evening. All three performances will be at Memorial Auditorium, 16th and J streets. The Monday matinee has been scheduled to make it possible for more school children to attend.

For tickets, and information on group arrangements, write to Civic Theater Box Office, 1490 H St., Sacramento 95814.

Napa. The 21st annual Fancy Fair takes place December 3 at the Napa Town and Country fairgrounds. This year's bazaar will consist of 12 divisions, including handmade toys, fancy foods, Christmas gifts, and antiques. A prime steer will be given away.

Hours are 9 A.M. to 9 P.M. Home-cooked meals will be served throughout the day. There is no admission charge.

San Francisco. Morrison Planetarium in Golden Gate Park will present its annual Christmas Star program from December 9 through January 3. The presentation depicts the eastern Mediterranean sky at the time of the birth of Christ, with a narration that includes some scientific speculation about the nature of the Christmas star.

There will be both afternoon and evening programs. The afternoon schedule is as follows: Monday through Friday at 2, Saturday at 2 and 3:30, Sunday at 3:30 and 4:45. The evening shows take place Wednesday through Sunday at 8:30. There will be no presentation Christmas Eve, Christmas Day, or New Year's Da

Admission is $1 for adults, 50 cents f children under 16.

Oakland. Santa Claus has a full schedu during the Christmas season, trying make himself available for countless co sultations. But he has reserved time be at Children's Fairyland at Lakesi Park (Lake Merritt) from 1 to 4 P.M. weekends starting December 5, and eve day from December 20 through the 24

Fairyland's Christmas puppet show t year will be *The Snow Queen*. Perfor ances are at 11 A.M., 2 and 4 P.M. weekends beginning November 28, a daily December 20 through 31.

Admission to Fairyland is 25 cents f children through 12, 50 cents for othe

San Jose. Ubiquitous Santa will also at Happy Hollow children's park in S Jose during the Christmas season. T park will be open every day except Chri mas and New Year's from December to January 3, weather permitting. Te phone (408) 292-8188 to check before y go. Santa will be there from Decem 19 through 24. From mid-December January 3 there will be a special holid puppet show with performances daily noon, 2, and 4 P.M.

The park is at Keyes Street and Sen Road in San Jose. Hours are 11 A.M. 5 P.M. Admission is 15 cents for childr 12 and under, 25 cents for those over

For travel planners, a December check list

Death Valley by bus. Buses will leave Los Angeles, Barstow, and Baker, California, six to nine times a month now through April for three-day tours of Death Valley. They will include visits to Badwater, Scotty's Castle, Zabriskie Point, and return to point of origin. All transportation, lodging in a twin-bed room at Furnace Creek Inn, and most meals are included in the $125 package. For a brochure describing this and other tours in this area, write to LTR Death Valley Tours, 206 W. Sixth St., Los Angeles 90014, or see a travel agent.

Theater in Europe. Tours of London, Moscow, and Leningrad will concentrate on sightseeing and theater-going in each of these cities for a total of 15 days. Tours depart every Saturday evening now through March 27 from New York. Cost of $499 includes round-trip air fare, hotels, eight theater tickets, and some meals. For details, write to Air India, 275 Post St., San Francisco 94108, or see a travel agent.

South Pacific. An 18-day tour of the South Pacific leaves San Francisco and Los Angeles daily for Australia, New Zealand, and Fiji, and includes stops in Sydney, the Maori village of Whakarewarewa, and Yanuca Island. Tour price of $995 includes air fare, hotel lodging (twin-bed room), and scheduled sightseeing. For a brochure, write to Air New Zealand, 510 W. Sixth St., Los Angeles 90014, or see a travel agent.

Skiing Europe. Choosing a destination for a skiing vacation in Europe can be difficult for the first-time visitor. A handy guide to check before leaving is *Europe on Skis*, a 27-page booklet listing 20 ski resorts in five countries, current ski facilities in each resort, and basic costs of two and three-week tours to two or three resorts. The booklet is free; write to Europe on Skis, Inc., 49 W. 57th St., New York, N.Y. 10019.

Caravans into Mexico. Recreation vehicle owners have their choice of two different motor caravans into Mexico. The first is a 39-day tour that leaves Nogales, Arizona, on January 8 and includes visits to Mazatlan, Guadalajara, and Mexico City. The second tour departs February 24 from McAllen, Texas, to spend 45 days exploring the Yucatan Peninsula. The tours cost $810 (Mexico) and $375 (Yucatan), including scheduled bus tours, some meals, and overnight parking fees. For a brochure, write to Jipsy Caravan, 5101 Monterey Rd., Space 122, San Jose 95111.

What a travel agent can do for you: Provide information on tours; reserve space on air, rail, bus, and steamship lines; make hotel, ranch, and resort reservations; take care of trip planning, including side trips and special events. Travel agencies do not charge for arranging transportation or package tours, but do charge for "custom" tour service.

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beginning page 189

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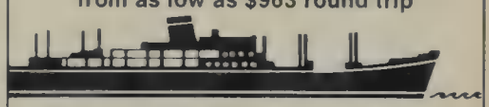

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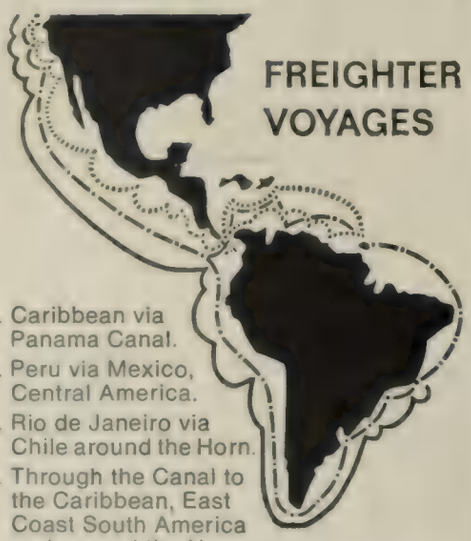

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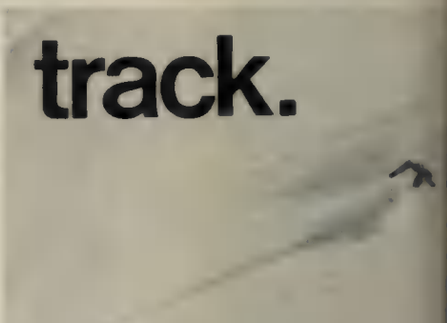

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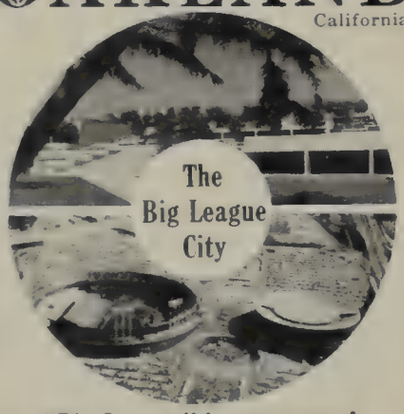

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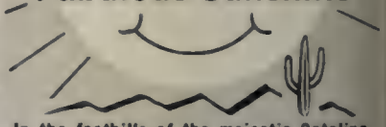

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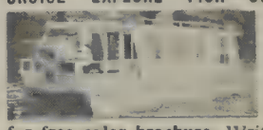

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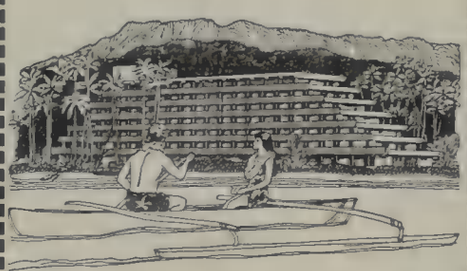

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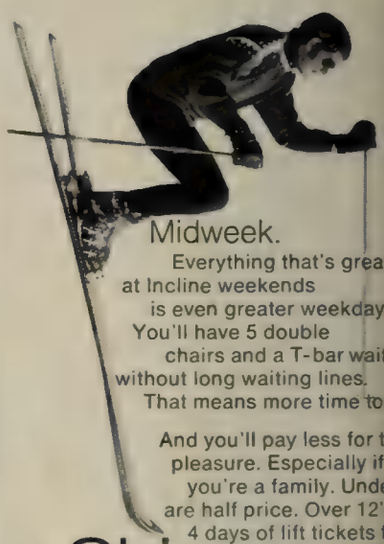

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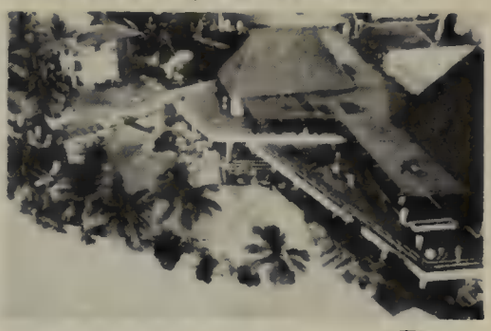

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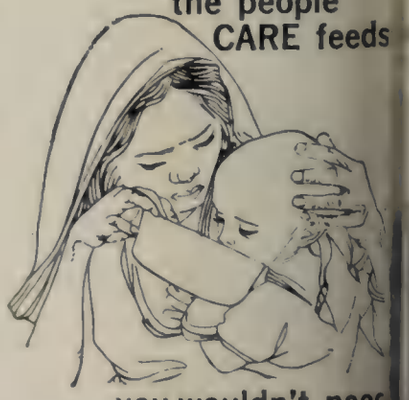

...you wouldn't need coaxing. Mail a check

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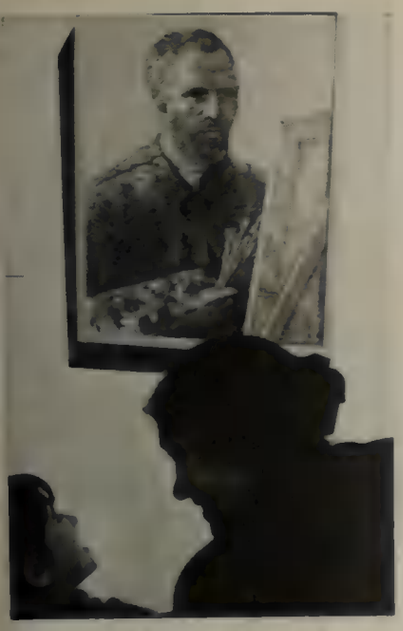

"A pink-gray *face with green eyes"—so van Gogh described this 1888 self-portrait*

La Berceuse, *mood of remembrance evoked by a lullaby*

Opening soon at the de Young a grand exhibit of van Gogh

years ago an exhibit of Vincent gh's art set an attendance record ll stands at the M. H. de Young al Museum. This month the col- returns to San Francisco, where emain on display from December igh January 31. The museum di- nd his staff are braced to handle even bigger crowds this time.

Perhaps never again will such a large collection of the artist's work be seen on the West Coast. San Francisco is the next-to-last stop in the United States tour; then, after a van Gogh retrospective in Paris, the collection will be housed permanently in the new State Museum in Amsterdam, scheduled for completion in 1972. (Also in Holland is the Kroller-Muller Museum, location of the other large share of the artist's 1,600 known paintings and drawings.)

The Vincent van Gogh Foundation, headed by the artist's nephew and namesake, owns the collection of 68 oil paintings and 46 drawings and watercolors to be seen at the de Young. Many of them are dated between February, 1888, and May, 1889, when the Dutchman journeyed to the south of France and painted in the sun of Provence. They show the soft pastels of orchards in blossom, the warm yellow of sunflowers in a vase, the bright red of a Zouave's jaunty fez.

From calendars and posters, the backs of playing cards, and the biographical novel and film *Lust for Life*, nearly everyone is familiar with van Gogh's painting. But only by seeing the original oils, their rich colors thickly daubed by brush or palette knife, can one fully realize the texture and extra dimension of his work.

Part of the interest of the drawings and watercolors comes from the fact they are less often reproduced.

The exhibition will be open daily from 10 A.M. to 5 P.M. (no one is admitted after 4 P.M.). Museum officials predict that the best chances for entering without delay will be shortly after 10 A.M. on the days before school closes for the holidays. At other times, expect to wait. Admission is $1 for adults, 50 cents for students, free for museum members.

On December 2 at 2:30 P.M., in the Trustees' Auditorium of the de Young, a curator of the California Palace of the Legion of Honor will present an illustrated lecture on the artist and his work.

The de Young Museum faces the music concourse in Golden Gate Park.

ing *van Gogh exhibit hung in the Baltimore Museum of Art before coming to San Francisco's g Museum. These three oils were painted in 1887 when the artist lived in Paris*

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For [illegible] specific directions or information, write:

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An Amfac Development

Big format gift books . . . California, the Northwest, Hawaii, the West

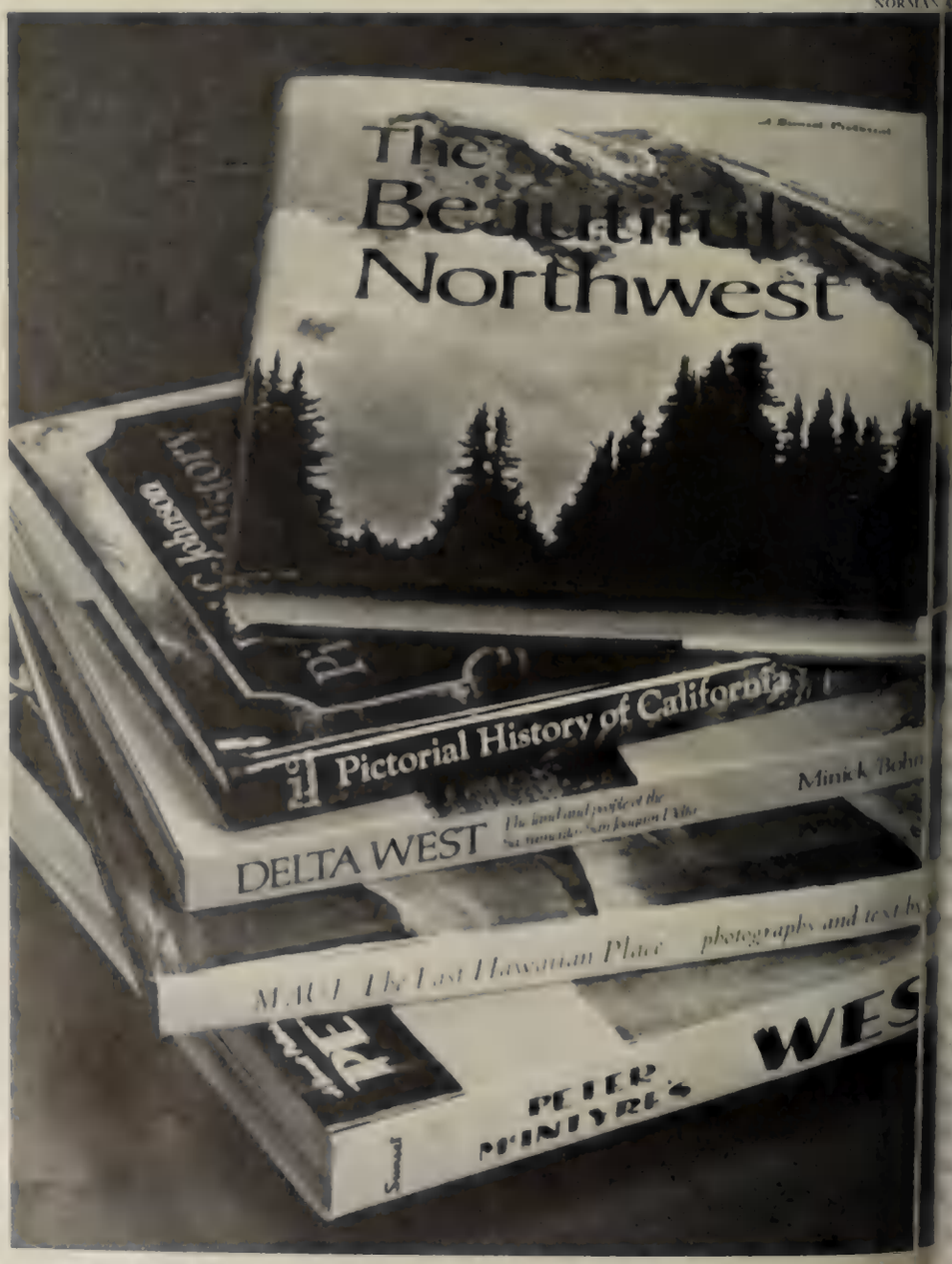
What do these books have in common? Obviously all are big—various versions of the so-called large format. All are about the West. All were published in 1970 except for *Delta West*, which appeared at the very end of 1969 but didn't get into full distribution until this year.

Even more important, each illuminates some area or facet of the West in a special way that could make it the right gift for someone on your Christmas list.

Beautiful Northwest, by the editors of *Sunset Books* and *Sunset Magazine* (Lane Books, Menlo Park, Calif., 1970; $8.95 through 1970, $9.95 thereafter). Th primarily a picture book—more than photographs. It is part of a series includes previous volumes on Califo Western national parks, San Franc Los Angeles. For more details on it the October 1970 *Sunset*, page 82.

Pictorial History of California, by Pa Johnson (Doubleday & Co. Inc., Ga City, N.Y., 1970; $12.95). Using an tive combination of old photographs occasional drawings, this book give general reader fresh looks at many ful aspects of the state's history,

NORMAN



The titles *give plentiful clues that all five books take up territory covered by Suns*

y Indian life, the Mexican era, the Rush, oil booms, river steamers, ding. It brings things up to date Point Reyes National Seashore, od National Park, and the struggle serve San Francisco Bay.

AcIntyre's West (Lane Books, Men-, Calif., 1970; $15.95 through 1970, thereafter). A New Zealand artist a 20,000-mile trip through the In 56 paintings reproduced in color, y other black and white drawings, his own words on the places and he saw, he gives his version of that or a fuller report, see the Novem-70 *Sunset*, page 90.

West, with photographs by Roger and historical essay by Dave (The Scrimshaw Press, San Fran-1969; $20). This book subtitled and and people of the Sacramento-aquin Delta" gives 63 photographs ter of the stage. But many lines of ntary by the residents serve as captions and add a great deal to ok's special flavor.

The Last Hawaiian Place, by Robert am (Friends of the Earth and l Publishing Co., New York, N.Y., $27.50). Hawaii-based photogra-Venkam, a frequent contributor to , did main text and color photo-. As an outspoken conservationist, udes a specific proposal not only larging Haleakala National Park o for preserving the land-use pat-f adjoining areas.

red to Wenkam's previous book on nd of Kauai, this one gives greater is to people and their effect on the bout the last third is given over l sketches on Maui characters by h Brower.

Handmade pottery

recent article on shopping for icrafts in Mexico (page 64 of October 1970 *Sunset*) has elic-reminders that cases of lead oning have been traced to made pottery.

recent publication of the Na-l Safety Council put it: "Lead ounds are widely used in ce- and pottery glazes. When rly applied—as they are by commercial producers in this ry—lead glazes are harmless. ome folk pottery and imported crafted dishes and utensils not comply with approved g standards."

ere is any doubt that a ce- container has been fired long h at the correct temperature, use it for food or drink.

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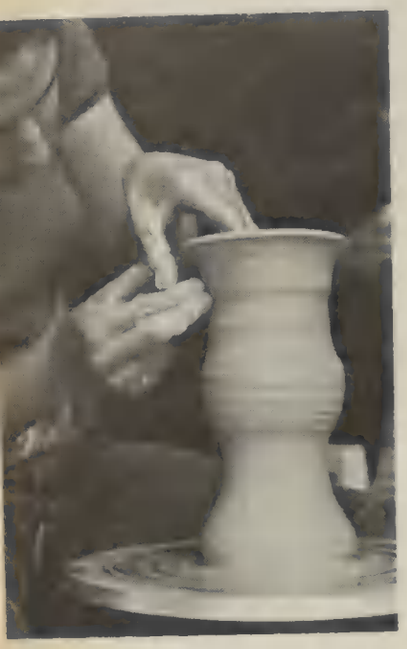

Artisans *at work are an added attraction when you dine at Argonaut Inn, Jackson*

Derby brings grin *but actually looks quite in keeping with posters, paintings, and antiques along walls of Columbian Lady shop, Sutter Creek*

Christmas shopping is a pleasure in the little towns of Amador City, Sutter Creek, Jackson, and Volcano. The merchants in these California Gold Country communities make a special effort to recapture the old-fashioned spirit of the season.

The scent of freshly cut pine boughs decorating store fronts pervades the air. Christmas trees aglow with candles and antique ornaments brighten shop windows. Crisp weather is conducive to the cup of mulled wine offered in one store.

Small, uncrowded shops with picturesque names like Pinchpenny, Early Attic, Odd-Ball, and Fence Post offer interesting and unusual gifts. In addition to gleaming antique furniture, china, glass, and silver, you'll find handmade items such as candles, jewelry, pot holders, pottery, and woven scarves, shawls, and wall hangings. Many stores carry old books and posters. The Bandstand Book Shop in Volcano specializes in California history. Two art galleries have oils and water colors, many depicting the surrounding area. Toby Tyler's Gallery publishes *A Stroller's Guide to Sutter Creek* ($1.50) which will enhance your visit with touches of history.

Located within a few miles of each other, all four towns could be visited in a one-day outing from San Francisco, but part of the fun is the opportunity to stay in one of the charming old inns, enjoy a meal in the restaurants, and taste-test some vintages of the Amador Winery.

For a map and partial listing of stores, write to Amador County Chamber of Commerce, Box 596, Jackson, Calif. 95642.

Shopping excursion into the Gold Country

GLENN CHRISTIANSEN

carry *large purchases down Amador City's piñata-*
d Main Street (State Highway 49). Best time to shop is on
s when most stores are open (hours are irregular)

The Shop *is a store in Amador City that specializes in weaving, pottery, and graphics*

The Jug and Rose *in Volcano offers sourdough pancake brunch on weekends ($2.75) as well as imaginative sundaes*

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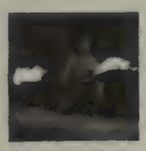

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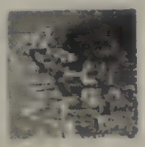

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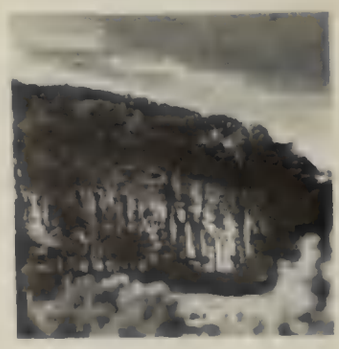

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ELLEN KADELBU

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Sunday market in Guadalajara

Shoppers who enjoy garage sales, flea m kets, and browsing and haggling can c tinue their search for old and unu items while visiting Guadalajara. E Sunday morning El Baratillo, "the l cheap one," is open for business.

Located on Juan Zavala, a 5-minute d east of the Libertad Market on Ja Mina, this flea market displays 12 blocks of merchandise for the bar hunter. Parking space is plentiful.

Most customers are Guadalajarans enjoy browsing through the stagg display of items, many new, most fake and genuine artifacts, bottles, c ing, medicinal herbs, ironware, tools, ancient typewriters and washing mac —and even secondhand cars.

Of special interest to tourists are the ers specializing in antiques, picture fr odd pieces of porcelain, and wrought ware. There is always the hope t priceless item has been overlooked has found its way to the Baratillo.

Beshawled lady *rearranges shoe disp youngster with wood bowls wand*

Bubble, bubble, toil and trouble.

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BUICK'S FOREIGN ECONOMY CAI

ow's the time for amper clean-up

r is the time to prepare your camper xt summer's activities. If yours has ter system, you'll want to flush, and disinfect the workings to re- slimes, algae, oily tastes, and odors night have developed.

ng and cleaning. First empty the ve- septic tank. Then fill the water e tank with water, adding 4 tea- fuls of any household detergent for 10 gallons of water in the tank. he water full force through all the e outlets. To rinse, repeat the proc- thout the detergent. Repeat this he rinse water is clean.

cting. To disinfect the system, you se ordinary household bleach. Six (⅔ cup) of liquid chlorine bleach be added for each 10 gallons of the tank will hold. (This makes a strong disinfectant solution, and the requirements set by the United Public Health Service.) By first alf the tank, then adding the nec- amount of bleach, then filling the ll, you should get a thorough mix- chlorine and water. Open vehicle one at a time, and allow the so- to run through until the chlorine s noticeable. Wait about an hour eat the procedure, again until the f chlorine is evident.

stems that have been badly con- ed, the disinfectant process may be repeated several times, until ll of the protective chlorine is evi- enever the water is running.

e out the system, simply repeat cess with clear water. Use two just to make sure the strong solution has been flushed.

ds. Water contamination is wide- and even water that looks clear tes good may be dangerous. To safe water supply, the United ublic Health Service advises that ays get your water from a de- area (for example a city, a coun- developed campsite).

an't get water from a developed ater from underground—wells, is best. Avoid water with dark ors, or containing floating mate- y of these may indicate heavy . Whenever you are uncertain ater's potability, you can disin- ourself with liquid household ecommended dosages are 2 drops t for clean water, 4 drops per cloudy water.

Come to New Zealand

In New Zealand you don't have to leave the country to see another country.

Because some of the best parts of Norway, Switzerland, England, Africa and Polynesia are all in New Zealand.

In Milford Sound you can see Norwegian fjords.

Mountains dropping straight down into still waters that really do run deep. (About a mile down.)

Then when you've seen Norway, travel a little farther south and see Switzerland. In New Zealand's Southern Alps. (You know you can take them seriously because a famous mountain climber practiced on them before he took a crack at Mt. Everest.)

You'll find England too, all over Christchurch.

In little country houses. That are beside a little Avon River. That's spotted with spotlessly white ducks. That swim beside grass so green you wouldn't believe the color if you weren't seeing it with your very own eyes.

There's even some African jungle in New Zealand. In the tropical rainforests just outside of cosmopolitan Auckland. Sweet and pungent. From toetoe grass, punga ferns, and acacia trees, too.

You'll find traces of Polynesia in just about every museum. In the history, art and artifacts of the Maoris. (They're the Polynesians who discovered New Zealand.)

But you don't have to go to a museum to learn about the Maoris.

You can find out about the Maoris from the Maoris.

(They're still here. Along with the Dutch, the English, and just about everyone else who ever came to New Zealand.)

Now American Airlines comes to New Zealand, too. (And Hawaii, Fiji, Samoa, and Australia.)

If you want to see all these places in pictures before you see them in person, write to us at Travel Planning Dept., American Airlines Inc., 633 Third Ave., New York, N.Y. 10017. And we'll send you a big book crammed with pictures and information about just about everywhere in the South Pacific. About when to go there. What to do there. And even what to pack so you'll be dressed right when you're doing it there.

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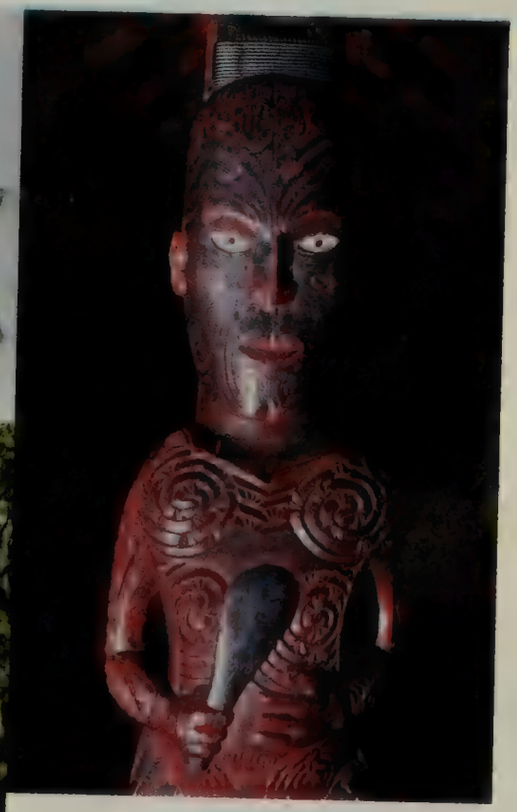
It's good to know you're on American Airlines.

nd see the world.



Lion in the streets.

New Peugeot 304

The balanced machine.

Introducing the Peugeot 304. A car with the heart of a lion. The Belfort Lion: symbol of Peugeot's 80 years of designing, building, racing, and improving cars.

The latest improvement is front-wheel drive—with an important difference.

Until now, front-wheel drive put most of the weight up front. This made steering at low speeds a tug of war. Parking, a problem.

A rear-heavy car is no better. On sharp curves, the tail end tends to swing out and you lose control.

Peugeot 504.
New more powerful engine.

To tip things in your favor, Peug[illegible] developed a balanced machine. Ther[illegible] as much weight over the front whe[illegible] as over the rear wheels. Like in sup[illegible] expensive sports cars.

As a result, you get all the be[illegible] fits of front-wheel drive without a he[illegible] front end. Definitely a sporting machi[illegible]

What's more, you get a four-do[illegible] family sedan with four-wheel indep[illegible] dent suspension, Michelin radial ti[illegible] rack and pinion steering, disc bra[illegible] and a four-speed all synchro stick [illegible] up on the floor. Plus spacious trunk [illegible] fully reclining bucket seats.

Peugeot Sales & Service Nationwide.

For more information see your local Peugeot dealer or write Peugeot, Inc., P.O. Box 161, Clifton, New Jersey 07015. $2425, p.o.e. suggested retail price. Local taxes and other dealer delivery charges, if any, additional.

R. WENKAM

Near exhibit entry, *children clamber on black benthoscope, one-man diving rig that made record-breaking dive of 4,100 feet in 1949*

Reading *comic strips is an easy way to learn about a problem of man in the sea: the depressurization of divers*

Real *goldfish behind radar en above; dial orpedo chaser can be turned*

ev ocean science how at Hawaii's ea Life Park

Man in the Sea, a new set of exhibits at Hawaii's Sea Life Park (the oceanarium at Makapuu Point on Oahu), explains the exciting activities that take place at the Oceanic Institute and Makai Undersea Test Range.

It's fun for all ages, and you don't have to be a master technician to understand the scientific message. The exhibits are designed to bring visitors right into the action.

You'll see diving rigs of all types, from the old, black benthoscope pictured above to the bubble-like Kumu, a two-man submersible that is the latest development

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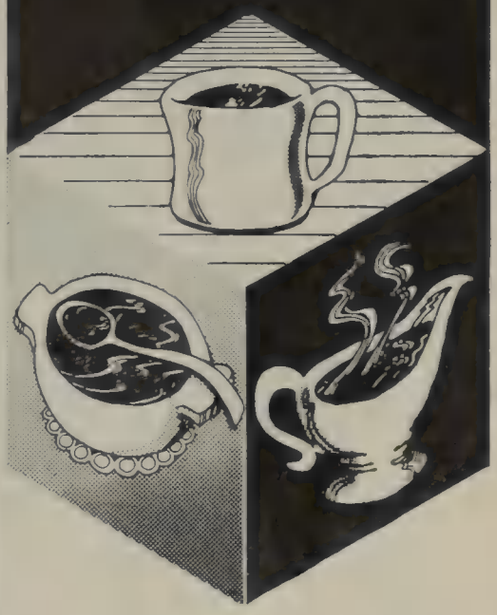

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at Makai Range—unless it's in use.
A model of Aegir, which carried six
516 feet beneath the ocean's surface
five days in June, dives to the botto
a tank while you hear recordings of
versations between divers and surface
port crew. Wall displays show Ae
interior and other undersea equipme
A sound and light show explains dra
ically how porpoises use sound wav
navigate and find food. Mirrors, sl
and electronic music take you into
eerie world of the deep-sea diver. A
tinuous slide show with eight proje
describes the programs at the test r

Submarines *indicate the Beatles song that plays when you lift the receiver*

R. WENKA

Models *are of prototypes of deep ocean habitat (left) and vehicle for bringing divers to surface*

A face-to-face look at a tank of li
ray eels will give you a real appre
for a diver's concern with dangero
rine animals.
Sea Life Park is open daily except
day from 10 A.M. to 5 P.M. Ad
(covers all exhibits) is $3 for adult
for children 7 to 12, free for othe
press buses leave on the 15-mile tri
Waikiki at 9:15 and 11 A.M. and
returning at 1, 3, and 5 P.M. Rou
bus fares from Honolulu are $2 for
$1.50 for children under 12.

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n Francisco to Miami/Ft. Lauderdale

Delta has 5 services daily, featuring an Dam luncheon nonstop with "Something for Everybody" dining. Night Coach at 10:15pm via Atlanta connection, only $127, tax included.

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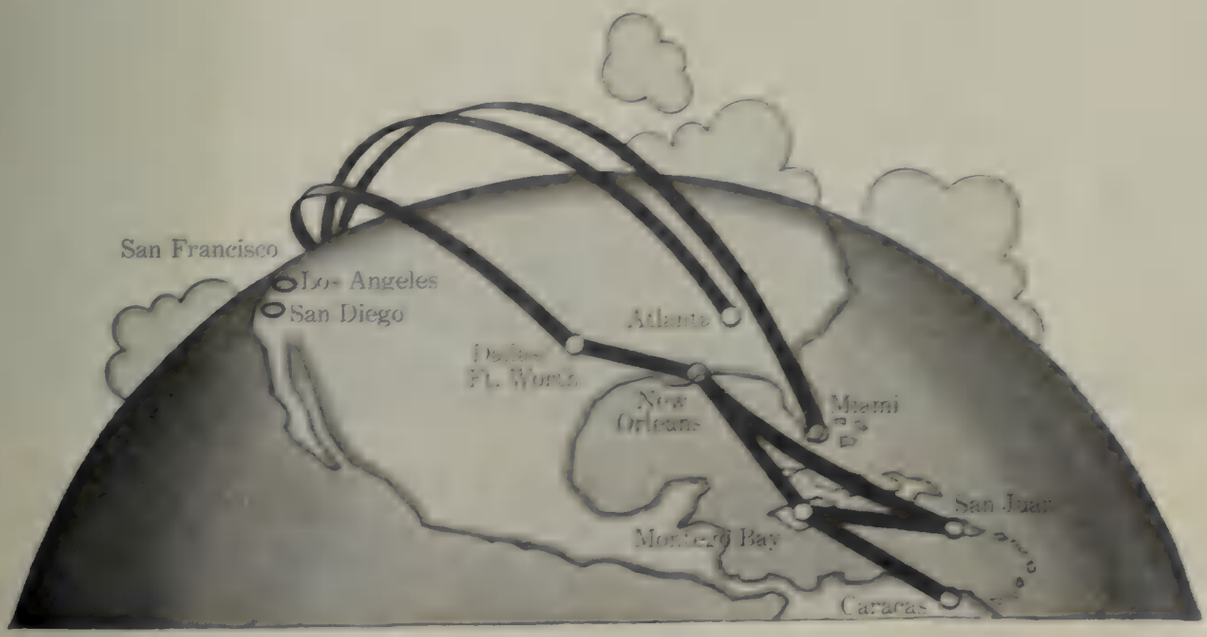


Delta is ready when you are!

DARROW

Gifts to warm up outdoorsmen and outdoorswomen

To really enjoy an outdoor winter ac
whether it's ski touring or watch
football game, you must stay warm
we picture a variety of warm cloth
accessories, from heavy parkas to th
necessities, that make appreciated
mas gifts. Most can be found in sp
goods and clothing stores. Prices
widely: the figures given are av
that will serve as a rough guide.

Ve have some
reat indoor
shows, too.

MING TO TAHOE

COMING TO RENO

We even have a special 3 day/2 night package deal at our Reno hotel. Includes room, dinner, tour, drinks, shows—the works. $38.50 per person. Ask your Travel Agent.

Harrah's
RENO AND LAKE TAHOE

Crowds *begin to gather for afternoon band concert in Oaxaca's well maintained downtown plaza*

ELLEN KADEL

Music, buñuelos, radishes . . . Oaxaca in December

Oaxaca, capital city of one of Mexico's more primitive states, is 340 road miles (or 40 minutes by air) south of Mexico City. Only recently has it become a popular tourist destination. And a few adventurous travelers have discovered that one of the best times to be in Oaxaca is this month during the colorful fiestas.

A three-day fiesta, beginning December 18 honors the city and state's patron saint, the Virgin of Solitude. At this time of year her name seems singularly inappropriate for the festivals held in her honor. Carnival-like activities lasting well into the evening center around the Sanctuario de la Soledad, an ornate baroque church a few blocks west of the central square (Plaza de las Armas).

As soon as that fiesta is over, the Oaxaquenos begin decorating the town for Christmas. Moss, an essential item for the numerous nativity scenes, is brought from surrounding areas by the Zapotec Indians; trees and shrubs are adorned with ornaments and gay piñatas; and amusement stands arise overnight around Oaxaca's cathedral at the north side of the main plaza.

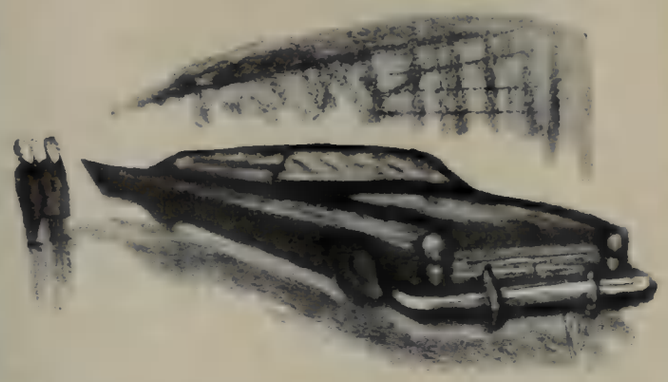
With its elegant bandstand and well kept park, this plaza is the center of all activities. Restaurants under the arched arcades surrounding it provide your best [illegible] the gaiety. It won't be [illegible] scape and rebozo vendors [illegible] your table to show [illegible]

[illegible] the *buñuelos* [illegible] crispy pancakes, [illegible] sugar and syrup, are served [illegible] around the plaza. Cus[illegible] that you smash the saucer in [illegible] is served after the [illegible] has been [illegible]. As the evening [illegible] you may be deep in shards. [illegible] evening is the radish judging [illegible]. This yearly competition of imaginative designs created entirely from [illegible] ishes displays some unusual creative sk[illegible] The designs typically depict relig[illegible] scenes, but last year's winner was [illegible] Apollo XI display complete with as[illegible] nauts and spaceship. After the prizes [illegible] awarded, the radish figures are sold.

The traditional Christmas Eve pa[illegible] starts around 9 P.M. Many vill[illegible] throughout the state participate, [illegible] contributing a float and band. Pe[illegible] preceding the floats carry colored [illegible] terns and ornaments, little boys s[illegible]

Vendor *carrying merchandise on her head displays hand-woven dress to a prospective customer*

Drawing by Kraus reprinted from *The New Yorker* Magazine, ©1964



"It's a lot of car for the money, assuming you want a lot of car and have the money."

Dodge

CHRYSLER MOTORS CORPORATION

Assuming you want a lot of car and don't want to spend a lot of money...1971 Dodge Coronet.

a four-door sedan man? And you've been for one you like? Then here it is. Dodge t Brougham for '71. With room for your whole or an equal number of friends to travel in t and style. That's because this one was de- to be a four-door and no less. That makes a ce. So do these standard Brougham fea- loth-and-vinyl, split-back seats; center fold-down armrest; hound's-tooth upholstery; Charger instrument cluster; and discreet exterior trim. If you want to spend even less money, ask for '71 Coronet sedan. Either way, you'll get a handsome, full-sized, four-door sedan at an intermediate-car price. See both cars at your Dodge Dealer's. Coronets—four-doors that tell you everything's up-to-date in '71.

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of Japan amongst the beauty of a 400-year-old
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The New Otani.
[illegible] representative of today's Japan.
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HOTEL
The New Otani
TOKYO

[illegible] best of two worlds
[illegible] that's why you're going to Japan?

Kioi-cho, Chiyoda-ku, T[illegible] [illegible] HTLOTANI TK4719 Cable Address HOTELNEWOTANI TOKYO

ELLEN KADEL [illegible]

Impressive church *is the site of a t[illegible] day festival honoring state's patron [illegible]*

firecrackers, and all the bands play s[illegible] taneously—but different tunes. It all [illegible] with a spectacular fireworks display [illegible] midnight services in the cathedral.

Oaxaca is crowded with visitors d[illegible] this festive season. Check with a t[illegible] agent for information on hotel ava[illegible] ity and transportation.

New foreign phrase books

Europe-bound travelers looking [illegible] a pocket-size book to help th[illegible] get around in a foreign langu[illegible] have some new ones to add to [illegible] other possible choices. They r[illegible] resent a new venture by Berlit[illegible] a name familiar to generations [illegible] language learners.

Phrase book guides to Dani[illegible] French, Finnish, German, Ital[illegible] Norwegian, Spanish, and Swed[illegible] at $1.25 each, are now available [illegible] the Berlitz series. More are plann[illegible]

Color-coded page edges help [illegible] find a particular section quick[illegible] hotel service, eating out, car in[illegible] mation, and so on. Also inclu[illegible] are brief comments on such to[illegible] as shop hours, meal times, pu[illegible] holidays, nightclubs, gambl[illegible] houses, and food specialties.

Welcome to our 747 Pacific world.

y Pan Am can offer you so many 747s to so many parts of the Pacific.

the plane with all the room in rld takes you to more Pacific than any other airline.
Hawaii. To Sydney and Fiji. To And to Wake, Guam and Manila, t to government approval.
u've been dreaming about the Seas, of islands like Tahiti . . . a . . . Samoa . . . Bali . . . we've got o take you there, too. And on to ok, Singapore and Djakarta.
t from either Los Angeles or ancisco. Plan a stopover in Hawaii, if you like, or elsewhere along the way, at no extra fare.

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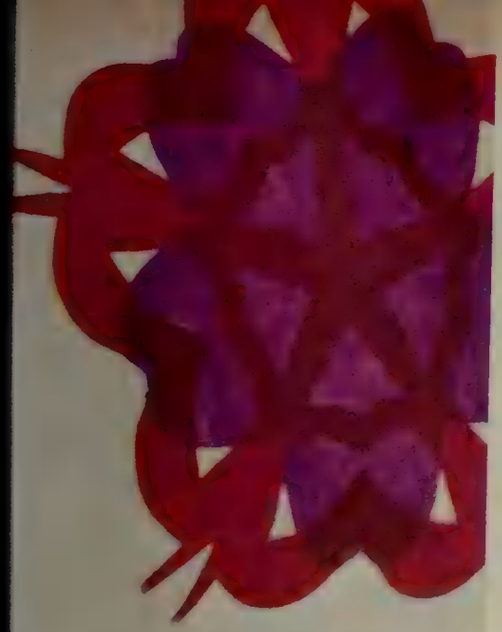


Entryway window *sparkles with translucent snowflakes snipped from brilliantly colored tissue papers. Each paper montage is a unique creation; infinite variations are possible*
GLENN CHRISTIANSEN

Christmas snowflakes in the window

We have a new way to put them on, make them stay

Almost everybody, of any age, knows how to make snowflakes. (If you don't, read on.)

But this year *Sunset* has been experimenting. Why not really big, colorful snowflakes? And why not a better way to assemble and display them?

We developed some techniques that make the snowflakes brighter, more durable, and easier to use in holiday decorating. And, since they do not require glue to stick to windows, you can quickly peel them off after Christmas and store them for use next year.

The whole family can participate, with the children doing the simple designs and the adults the more elaborate ones.

The trick is to cut the snowflakes out of lightweight colored tissue paper and affix them to pieces of plastic film using clear shellac as an adhesive. The shellac gives a luminous near-transparency, creating a stained-glass effect.

To children, it seems as though a touch of magic surrounds the snowflakes as you place them on the window: If the glass and the underside of the plastic film are scrupulously clean, the snowflakes will cling by themselves. If the corners peel away after a while, remove the snowflake, sponge off its back and the

DARROW M. WA

1· *Snip out the snowflakes and a slightly larger piece of plastic. Place white paper under the plastic to help visualize pattern*

2· *Brush shellac on the plastic; smooth on first snowflake. Apply shellac between snowflake layers and on top. Let dry*

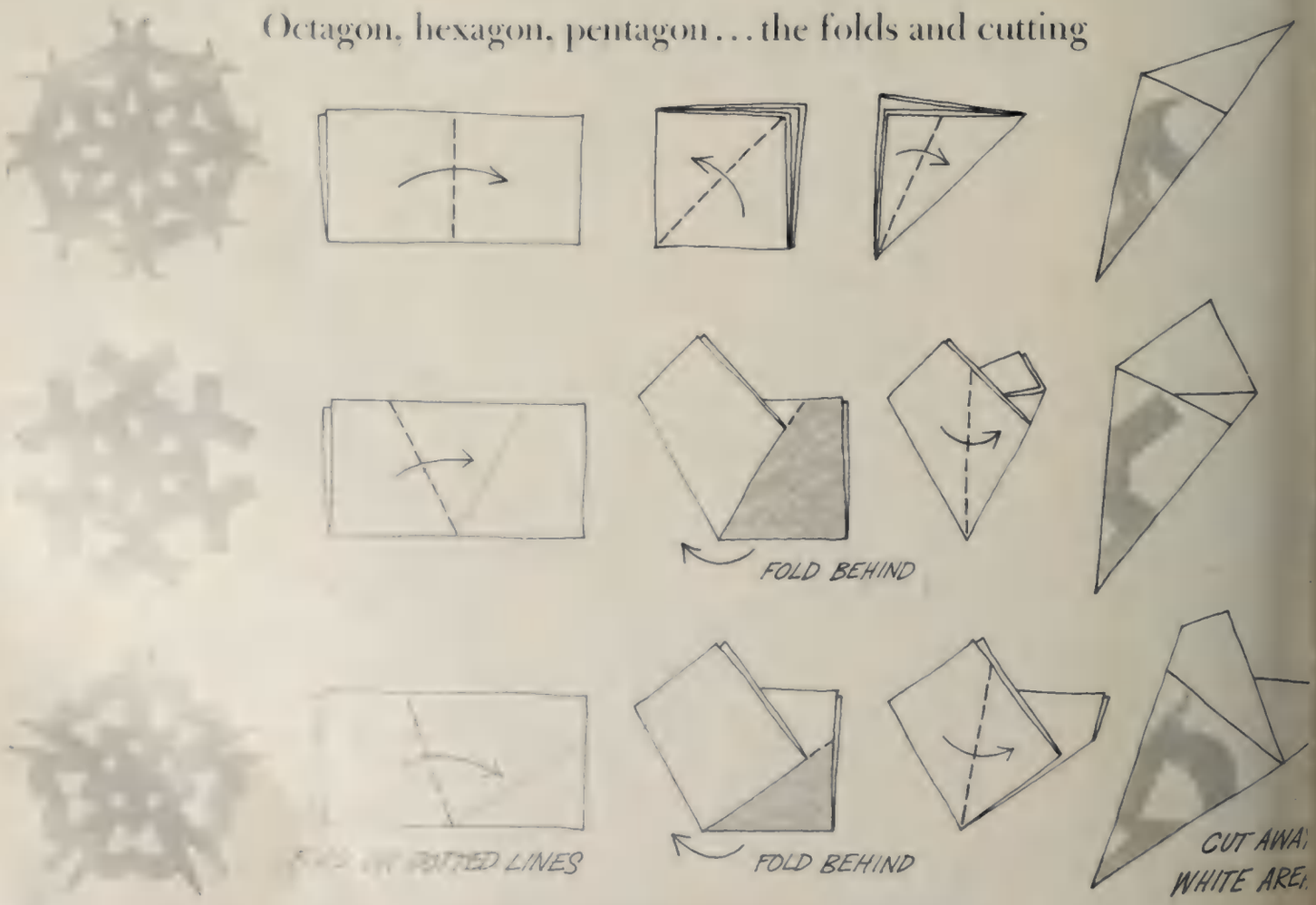
3· *Trim loosely around the sno flake. No need to cut out t exact pattern—the plastic ed will scarcely show on wind*

window glass with water, and press in place again, patting out the air bubbles.

You'll need only a few materials: colored tissue paper, clear shellac, a brush, shellac solvent (to clean the brush), and your choice of clear plastic. The commonest is clear plastic film from the kitchen, but you may want to use a heavier material. We found a clear vinyl plastic was easy for small hands to manage, and very durable. The plastic is available at automobile seat cover stores and some awning shops. The 12, 16, and 20-gauge vinyl all work successfully. Prices range fr about $1.50 per yard (54 inches wide) for the 12-gauge pla to $3 per yard for the 20-gauge.

Or use a plastic drop cloth from a hardware or paint st Drop cloths come in 9 by 12-foot sizes for 50 cents to $2, cording to weight. Although economical, the plastic is sligh milky and does not adhere to the window as well as other kin Use cellophane tape to hold up snowflakes mounted on t material.

Octagon, hexagon, pentagon . . . the folds and cutting



4· *Clean window carefully and smooth on the finished snowflake. You can peel off the snowflakes any time and rearrange them to create a lively window display*

No snowflake maker need stop with the basic fold-and-cut designs. Almost anything else is possible—as the radish, mushroom, and artichoke whimsy below suggests

you've started
re's no limit to
m possibilities.
om, artichoke-
ed forms were
done by one of
's food editors
or her kitchen
low. Artichoke
were cut out,
ied after basic
snowflake was
ted on plastic

Pedal power *and a push move the doll house down the block on a tour of the neighborhood*

JOHN REGISTER

When *rain threatens, house can easily be lifted from wagon and taken indoors*

Rolling along to a new "campsite" down the street is fun for the owners of this doll-house-trailer. It simply slips over the old red wagon and becomes a mobile home with many accessories.

Here's how to make one like ours, for a 17 by 36 inch wagon body (adjust measurements for larger or smaller wagons):

Rip a 4 by 8-foot sheet of ½-inch plywood into two 18-inch by 8-foot pieces.

From one piece cut two 37-inch-long sides; from the other cut 18-inch front, 18-inch back, 36-inch floor. From the leftovers cut two 8 by 18-inch beds, 8-inch-square seat back, 8-inch-square table, and closet pieces: two 3½ by 13-inch sides, 6 by 13-inch back, 3½ by 6-inch top.

From the 12-inch by 8-foot piece remaining, cut four 5 by 20-inch pieces to make the counter, two 7 by 12-inch doors and the 1 by 4¼-inch table leg.

Cut one 4½-inch and three 8-inch [illegible] from a 4 by 4. Cut the 18-inch-long [illegible] board from 2 by 2 stock; bevel one [illegible]

To make the 7-inch-square windows drill 1¼-inch holes in all corners and saw out. In one side cut an opening to [illegible] the two 7 by 12-inch doors, 8½ inches from back edge, 1 inch down from top. Cut out wheel wells.

For the rolling seventies a doll-house-trailer

DARROW M. WATT

Bedtime. *One bed lies on seats up front, other on seats in rear (with table folded up)*

18"	37" SIDE		37" SIDE	From this piece cut closet: (2-3½"x13"; 6"x13"; 3½"x6")
18"	18" FRONT	18" BACK	36" FLOOR	From this piece: beds (2-8"x18") seat back (8"x8") table (8"x8")
From this piece:			doors (2-7"x12") counter (4-5"x20") leg (1"x4¼")	

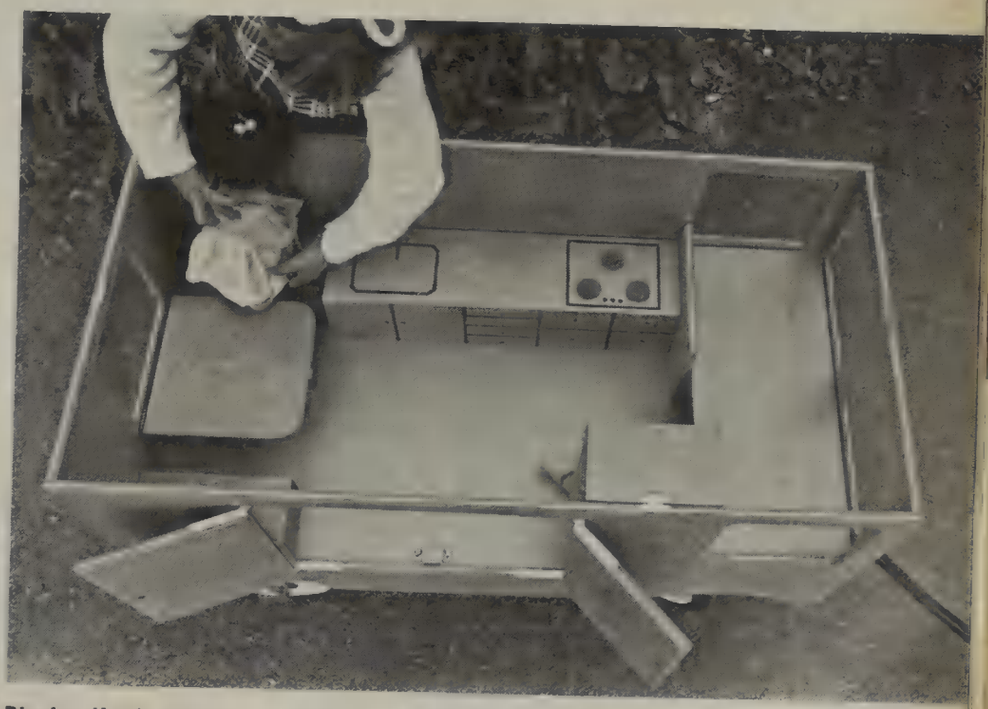
assembling body, lap sides over
nd position floor 5 inches up from
ı edge to hide wagon bed. Glue and
e parts together.

ɔle table by hinging leg to top and
wall. Glue dashboard to front at
ıeight of seat. Hang doors with
ges: handles are drawer pulls.

er furniture is loose. Glue the four
pieces together; leave ends open
rage. Glue closet pieces together;
rap plywood shelf and ¼-inch
lothes bar.

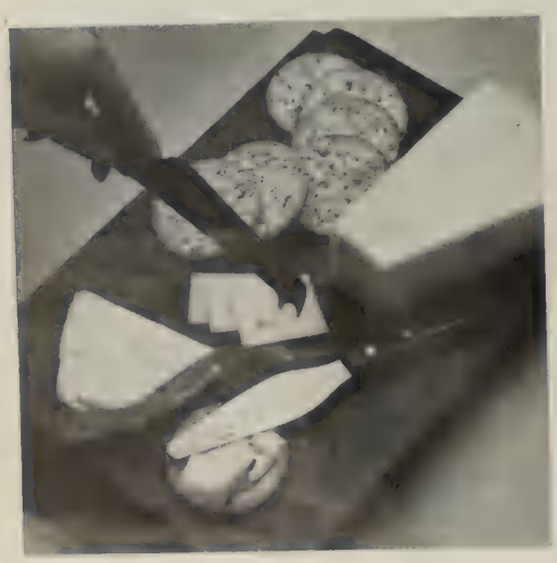
l edges and corners. Finish with a
arnish, or bright enamels.

Table fits *flush with bottom of rear window; a hinged leg holds it level. In up position, it covers the window*

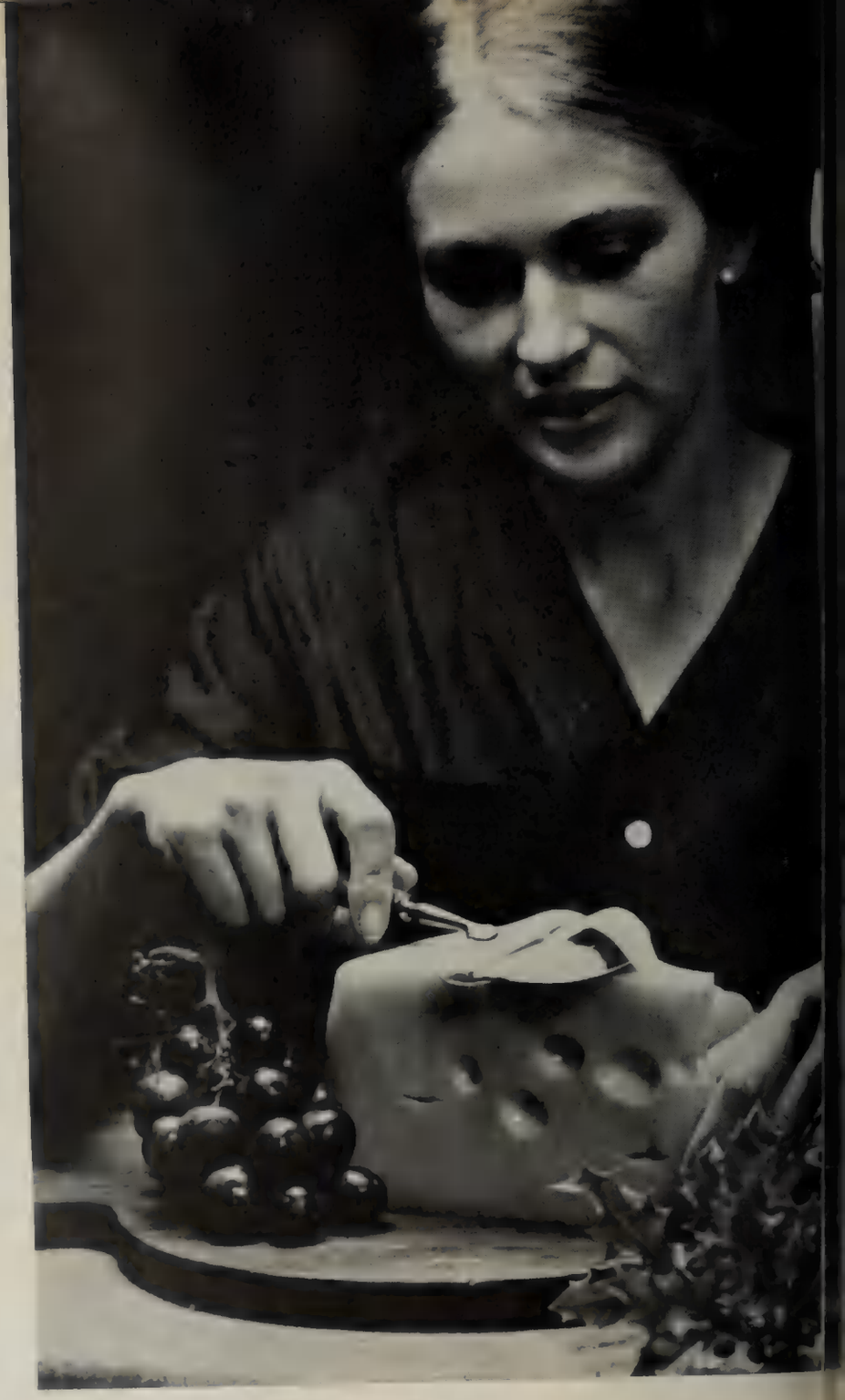


Black *adhesive tape marks the counter areas. Doorstop is magnetic catch; when doors close, small tacks in door corners are held tight. Add small box catches to top of table and closet to secure them while traveling*

Board-type wire cutter. *Cuts measured slices from soft to medium soft cheeses. Several models, from $7 up*



Knives. *Serrated, spatula-type ideal for spreadable cheeses, $3.50. Double-pronged type cuts and spears, $5*



Slotted spade. *Favorite of cheese fanciers, this sturdy European tool slivers medium to hard cheese: $2.25*

Surprise her with a cheese slicer?

The 8 pictured here range from 29 cents to $57.50

Wire spreader. *Cuts medium to firm cheeses while prongs simultaneously separate slices: $1.50*

Wire cutters. *Best for soft to medium cheeses (cold or hard cheeses can snap wires). Many types, 49 cents to $4*

Gouger fork and knife. *Pair designed for scooping out Dutch-type cheeses left in their colorful casing: $5*

Wire string with handles. *Best for slicing cleanly through large wheels or bricks. French import: 29 cents*

Guillotine style. *Dramatic and expensive, wire cutter lowers onto marble surface. For large cheeses: $57.50*

se cutter is one kitchen tool that most hostesses consider essity. Since there are a variety of types designed for it cheeses or particular purposes, one can easily justify several.

d here are eight styles of cutters with a remarkable n price: from 29 cents to $57.50. Most are imports from navia, Germany, France, and the Netherlands, all coun- here cheese is eaten with most meals.

uropean slotted spade and double-pronged knife are that have been used for generations. The Danish ype wire cutter and the serrated spatula are contem- novelties. The wire string (least expensive) and the e (most expensive), both from France, are copies of nal commercial cutters still widely used today.

ld handle a variety of cheese slicing jobs with these tters: a wire type for soft cheeses, a knife style for to hard cheeses, and the slotted spade for cutting nally thin, uniform slices and for trimming rind.

r cheese cutters in gourmet cookware shops, hardware utlery shops, and import gift shops.

Cooky pears for a pear tree..

Partridge and pears *on our cover Christmas tree have whole cloves for stem-hangers*

The cooky menagerie at right and the partridge and pears on our cover required a special and versatile dough: one that's malleable in the sculptor's hands, stays tender through shaping and reshaping, holds form and detail in the oven—and finally, when baked, produces a cooky that tastes good.

Substituting almond paste for part of the butter in a shortbread-type cooky dough provided the qualities we needed. The almond paste not only adds flavor but also makes the dough pliable so you can push, poke, and pinch it as you would modeling clay; it also gives the necessary firmness so that embossed and impressed details like Leo's mane and the fish's scales don't melt down and disappear as they bake.

Mistakes in shaping sometimes contribute to an animal's charm, but if you shape a cooky you don't like, start again; handling won't toughen the dough. We used lumps equal to about 2 tablespoons to make 2-inch cookies, a good size for this rich-flavored dough. Let the illustrated shapes get you started, then go on to create your own animals; or try toys, fruits, or vegetables instead.

To make the partridge, pear, or hedgehog shown here, flatten and shape a single lump of dough with your fingers. For the other animals, divide the lump, shaping parts such as legs, head, or horns and pressing them onto the body. To make the serpent or the snail, roll dough into a rope and curve or coil it.

We used a fork to texture wool on the ram and quills on the hedgehog; the fork handle marked the turtle's shell. A little dough pressed through a well washed g lic press made the lamb's fleece and lion's ruff.

Whole cloves can provide stems for pears, eyes for the animals, and han for any of the cookies (see center pic below); after the cookies are baked cooled, secure a double length of th around the clove hanger.

We used an egg-white glaze tinted lig with food coloring to add blush to pears and complete the plumage of partridges. For best results, use an art brush for a thin wash of color—ju create an impression, not to app frosting.

When well wrapped both the cookies the refrigerated dough will keep for weeks. Freeze either for longer stora

Almond Paste Cookies. With an el mixer or heavy wooden spoon, bea gether 1 cup (½ lb.) butter or marg 1 can (8 oz.) almond paste, and ¾ sugar until creamy; beat in 1 egg. G ally mix in 3 cups flour (unsifted) thoroughly blended.

You can shape cookies from dough at refrigerator or room temperature. dough tightly covered while you a few cookies at a time. Bake on a greased cooky sheet in a 325° ove about 20 minutes or until lightly bro on the bottom (time will vary acc to size). Cool. If you wish, paint egg-white glaze (recipe follows). about 3½ dozen cookies.

Egg-white Glaze. Beat 1 egg white frothy; beat in ½ cup sifted pow sugar. Tint portions lightly with foo oring. Makes ½ cup.

To shape *a pear, press flattened lump of dough with your fingers to narrow the end*

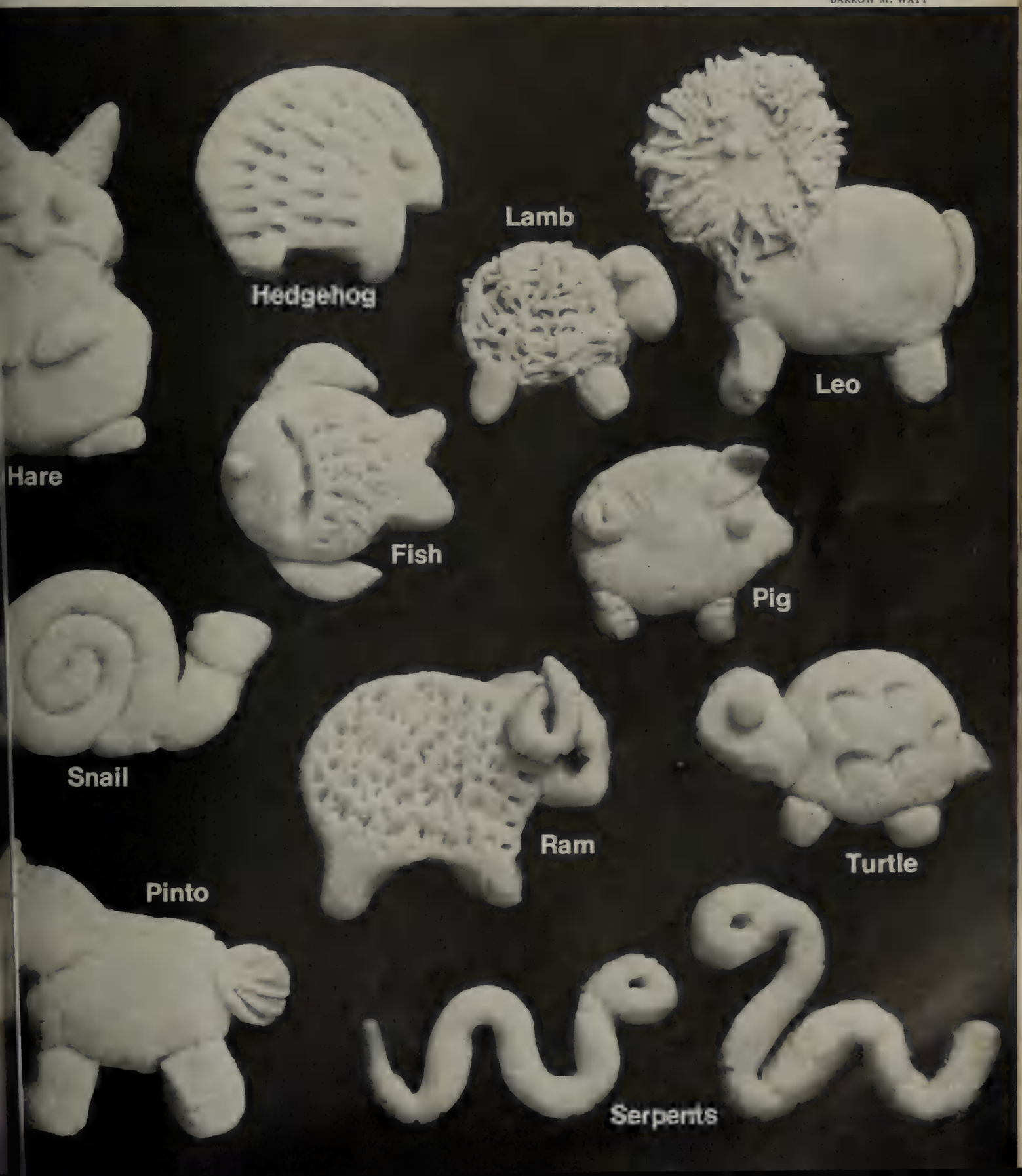
For stem, *insert bud end of clove; shape and press dough firmly around it*

Partridge *has clove hanger and eye; prick with fork to simulate speckled breast*

nimals for an animal tree

whimsical *cookies are some of the shapes you can make from almond paste dough you model like clay*

DARROW M. WATT



Papier-mâché animals for an animal tree

We asked a young sculptress to make animals, show them to children. Here are hers and also theirs

These light and bright little animals make gay decorations for the tree or thoughtful gifts from a child. They are made from newspaper, tape, and flour-water paste and decorated with poster paints.

A talented sculptress, Cathleen Casey, made the first animals. She showed a group of children how easy it is to tape paper to animal forms, apply papier-mâché, and decorate these ornaments. The children were delighted; you see some of their enthusiastic efforts at right.

The animals are simple and brightly painted; that's part of their charm. Because neither the sculptress nor the children tried to make them look exactly lifelike, they take on whimsical characters of their own.

Follow 7-year-old Jimmy, at left, step by step in making his road runner. It took some patience and determination, but look at the nearly finished product i fourth picture when he was almost

The road runner and the other anim made of lightly crumpled newspape to shape with masking tape. Beaks and feet are made from rolled news or light cardboard, taped to the body section. A hanger—a length of or string—is attached at this stag

The whole figure is then covered one or two layers of papier-mâché dipped in a heavy paste of flour, and white glue) and set aside to final coat of paper toweling is ap and the animal is covered with gesso dry.

Bright poster paints color the a When dry, finish with plastic seal

If the children enjoy working o project, turn the page for a much ambitious version.

DARROW M. WATT

1. *Seven-year-old Jimmy shapes the animal with loosely crumpled newspaper and tape*

Cheerful *papier-mâché a make whimsical trimmin Christmas tree or decorat*

GLENN CHR

2. *Long neck is cut to length from diagonally rolled paper; legs are smaller rolls*

3. *Road runner begins to take form: neck and legs are attached to body with tape*

4. *Paste-soaked paper strips cover the animal. Top with a final layer of paper towels*

Teacher
Julie
age 11
Teacher
Jimmy
age 7
acher
Whit age 13
Teacher
Bennett age 7

A great big paper animal for all the family

This is a father-child project. Father makes the insides, a wood and wire armature. The child sculptor takes it from there

e look at these marvelous pop art es, we borrowed them and put work. We tried standing the proud and tall over the center ing table with holiday greens, ts, and tiny gifts in her pouch. gator, a real conversation piece, the length of an upright piano, d guests to a corner of the room g fest. The stocky unicorn was nough to withstand the wear and children climbing and riding.

ed teacher's inspiration started ect, and the work was done by getic fifth graders with help from ndyman fathers. The teacher, Hamilton of Richmond, Califor- d up with a whole zoo of the sculptures. There were horses, wildcats, space animals, and a wild and wonderful ladybug 4 feet across.

These animals all need a sturdy frame that should come from a father's workshop. The unicorn began life as a sawhorse, the kangaroo has a sort of tripod inside, and the alligator's skeleton shows in the pictures at right. Cover the frame with chicken wire to hold the papier-mâché.

To make a smoother surface for applying papier-mâché, overlay the chicken wire with foil before applying the necessary three or four layers of newspaper strips dipped in a heavy flour-and-water paste. When dry, decorate with poster paints and add extra details as needed. Coat with several layers of waterproof sealer for protection against the weather if the animal is to be used as out-of-doors decoration.

DARROW M. WATT

1· *Mike covers frame with chicken wire. Ribs are plywood; legs, feet are redwood blocks; aluminum strips stiffen nose and tail*

2· *Flour-water paste is messy, but Mike and Nolana quickly slap on large strips of paper around whole alligator*

3· *Bold spots of color add the finishing touch to this animal. Teeth are plastic foam wedges glued to the jaws*

-old *Carrie stands among creations. The frames have t by someone older, but Carrie's age can help paper stripping and painting*
HANSEN

What does an ecologically defensiv

DARROW M. WATT

*He may say he's going back to natural gardening.
He may drop remarks about what is or isn't biodegradable.
He may be your husband, son, uncle, grandfather, neighbor.
He may indeed be you

Lately many gardeners have discovered or rediscovered the natural kind of gardening. To grow plants in harmony with nature, you avoid poisons and concentrated, fast-acting fertilizers, you worship and husband humus and the animal-vegetable matter that forms it, and you may even find substitutes for gasoline-powered machinery because it is noisy and fumy.

If you know someone who wants to garden like this, here are some things he would like. Smaller items are on page 177.

1. A birdhouse may coax some birds to stay awhile in a garden. Titmice, chickadees, and bluebirds eat weed seeds and insects and may use a birdhouse. $3.

2. A scythe will cut tall weeds without the noise and fumes of a gasoline mower. (For the same advantages on a lawn, use a push mower.) $14.

3. Ducks root out and eat slugs and snails. (They also munch young plants, so you may have to fence.) $5 to $10.

4. A birdbath brings many kinds of birds, and birds help gardeners. $7.

5. The compost pile is the basic factory for a natural garden. And a five-tine manure fork is the basic tool for the basic factory. With it you turn compost regularly to hasten the decaying process and keep flies from breeding. $6.

6. A spading fork can do the same job as a rotary tiller, perhaps better. It makes no noise or exhaust, and it will cultivate as deep as you want it to go. $6.

7. The birdfeeder also attracts seed-eating, insect-eating birds. Once you start filling it with seed, don't stop. $5.

8. Composting takes half as long if you grind all its raw material with a compost grinder. Little ones fail easily; get 4½ hp or bigger. Try to find the quieter electric models. $170 to $760.

9. The high-wheel cultivator with its several attachments can hill up furrows, plow, cultivate. Best in soft soil. $16.

10. You can use straw, the light-colored bale on top, as a mulch around just about everything. It reduces weeding, checks moisture loss, protects fruit, eventually adds vegetable matter to the soil. Alfalfa, the lower bale, is high in nitrogen and can be a soil conditioner. $2.50 to $5.

11. A trained white Chinese goose can weed orchards—or any place where plants are tall and strong so the goose feet can't squash them. Geese are not known for their good humor. $10 a pair.

12. Natural plant foods release plant nutrients slowly. This makes them manageable and not likely to damage plants or soil organisms. You can find these at nurseries: blood meal, bonemeal, fish meal, hoof and horn meal, processed sewage sludge. Harder to find: granite dust, kelp meal, rock phosphate. $2 to $5 for 40 pounds.

13. Besides producing eggs and manure, chickens eat bugs. Unfortunately they also eat small plants, so they're best among shrubs. Some, like these bantam Cochins, make pets. $5 to $10 a pair.

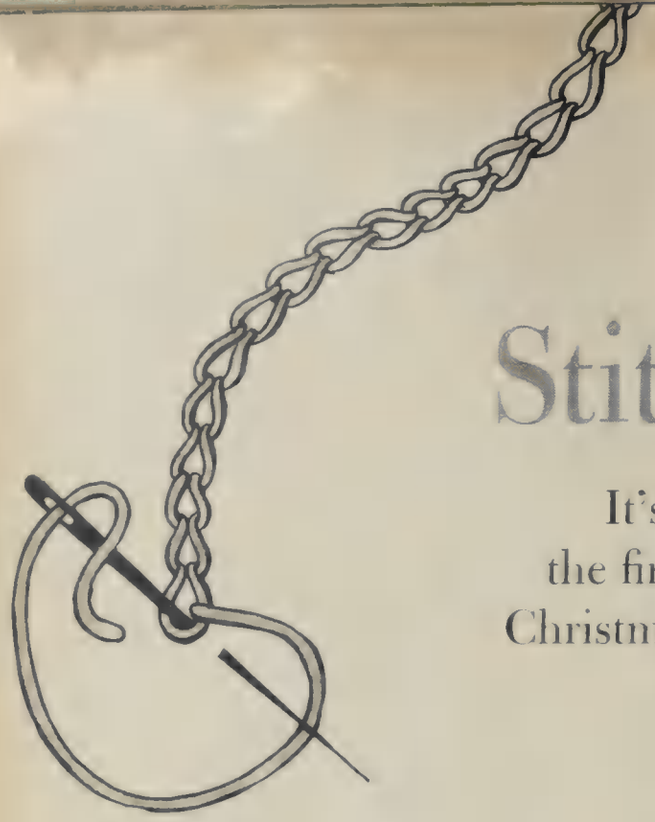
14. You can use cocoa bean hulls as a bulk soil conditioner to add organic matter to the soil. Other vegetable-matter soil conditioners sold at nurseries: ground bark, leaf mold, peat moss. $2.50.

15. Bees increase the set of tree fruits and some vegetables. This is a complete beginner's bee-keeping outfit. $24.

16. You can steep manure in water to make liquid fertilizer. This watering can has a strainer that filters out solids that would clog the nozzle. $15 to $25.

17. Use a large burlap square to carry refuse to the compost pile. $2.

dener really want for Christmas?



Stitches in burlap

It's so easy a 6-year-old can do one the first try. So can you. Here is a mix of Christmas wraps by children and their elders

Embroidered Christmas packages? It's easier than you might think, as the ages of some of our seamstresses make clear. The gaily spotted ladybug at right was made in 30 minutes by a 6-year-old. The pink and green dog with his butterfly was made by her sister who is 7.

The secret is burlap and a chain stitch. The stitch moves along quickly and produces a nice fat line. Very young children may need help in the form of a chalk sketch right on the burlap. elders will find it easy to sketch with needles as they go. You don't have too careful. A slight awkwardness to the appeal, and the wrapping be a second gift.

Choose bright-colored burlap piec the wrappers. You can stitch them a the box or make a bag like those a

Using heavy yarn (4-ply knitting sted), chain-stitch the design. Eithe the knot under the first few stitch secure end by taking two or thre backstitches under the first chain

The stitch is illustrated at left abo is done from top to bottom (toward Bring yarn up through cloth and needle where it comes out; then t short stitch on line, keeping yarn needle. Draw up. This makes a loo should lie flat. Do not pull tight. needle where yarn came out and ta other stitch. Fasten off with con backstitch and clip end of yarn.

DARROW M. WATT

Gay gift bags *with drawstring tops, designed by Suki Graef, conceal odd-sized gifts before Christmas. Insert zippers afterwards to make cheerful pillow covers*

GLENN CHRIS

Ladybug, *at upper cent 6-year-old Miriam's own and stitching; Leah drew and stitched her p Other bright packag made from children's dr*

DAD
VICTORIA
MIRIAM
Tom
Leah

Like a pop art creation, *this oversized arrow of greenery at the entry, brightly backlighted with large outdoor lights (often seen on house eaves), points the way to this family's Christmas festivities*

Why not think big…a wall of chicken wire supports the giant arrow, a door wreath, a grand swag tree

DARROW M. WATT

Eight-foot wreath—*a giant version of the traditional small wreath—adorns front door*

Think big for Christmas decorating this year—and you'll be surprised to find how simple and easy it is to make bold, sometimes even startling, effects in harmony with the holiday theme. Here we show how a wire-covered wall can display a giant arrow, a huge symbolic tree, or an 8-foot wreath.

These evergreen bas-reliefs can be done on inside or outside surfaces. We found it simplest to cover an entire wall with chicken wire, securing it at the top and bottom so that nail or staple holes wouldn't be noticed when the decoration was removed.

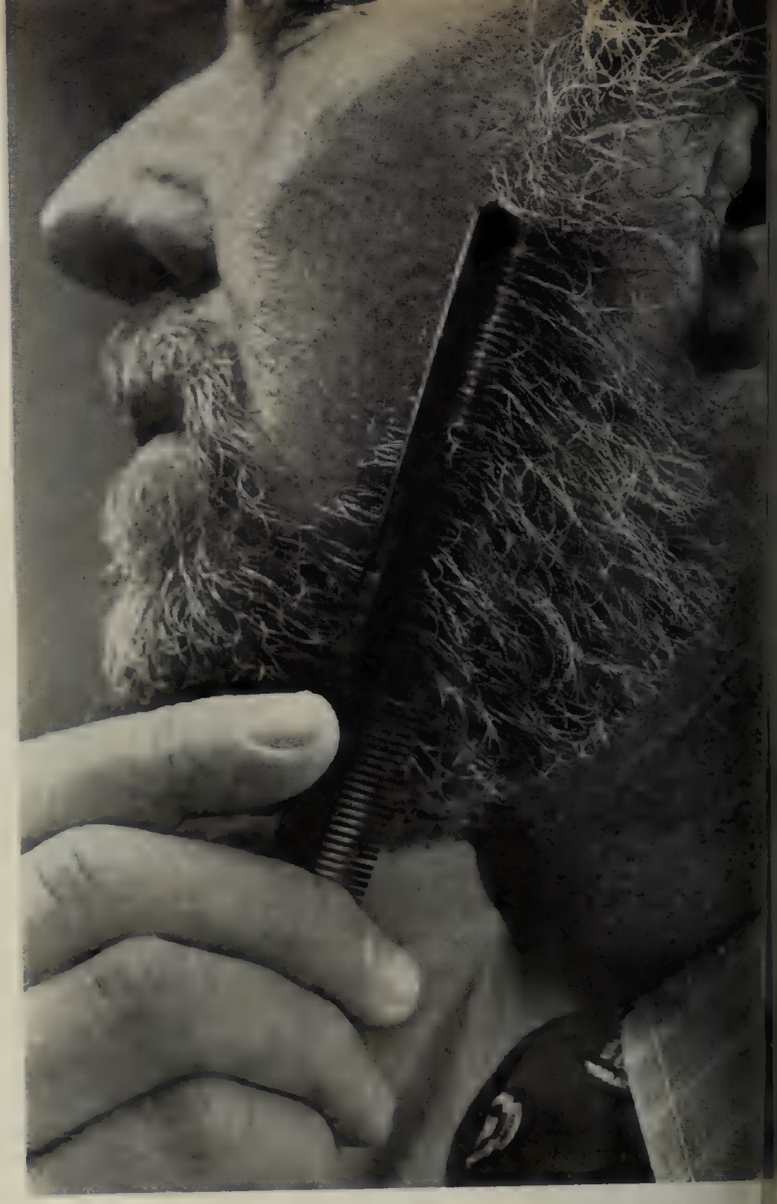
After the wire is in place, make an outline of your design with string and fill it in with greens, removing the string when finished. For big designs you'll need a surprisingly large amount of greenery (our arrow, for instance, took all the boughs from two 6-foot firs).

For best effect, keep your creation simple and bold; don't over-adorn it with lights and ornaments.

Chicken wire, available at most hardware stores, comes in 2 to 8-foot-wide rolls, with openings from 1 to 4 inches (we found 1 inch best to work with).

Evergreen abstraction *on inside wall makes a different kind of Christmas tree*

Brush *with boar bristles helps keep a full beard going in the right direction*



Narrow-toothed comb *makes beard hairs lie neatly parallel and look cared for*

A tilting mirror *lets you see what you're doing. The oak-framed stand and the brass unit were found in antique shops. The optical mirror is portable; the extension mirror goes on the bathroom wall*

DARROW M. WATT

sharp scissors *aid the daily routine*
ving out wild hairs

Has a beard appeared near you?

Here are gift ideas for the new men

In some families this Christmas, dad won't need to rent a beard to go with his Santa Claus costume.

But whether he's now full-bearded or sports only a mustache, the gifts on these pages are for the man with whiskers.

He can trim, snip, or mow them to the right length and wax them into fanciful shapes. He can get close to his tonsorial efforts with a tilting mirror, and afterwards drink morning coffee from a mustache cup and never dunk a hair.

With a gift selected from such tools and accessories, you may even get an undecided friend launched on a whisker venture.

Few stores offer a complete line of products for maintaining mustaches, beards, and sideburns. Try cutlery stores with their no-nonsense rows of shiny implements, including razors, scissors, and brushes. To buy mirrors and soaps, visit a pharmacy, department store, or bath accessory shop. To find old-fashioned shaving mirrors or a cup with a ceramic guard to keep a mustache dry, search antique and secondhand stores.

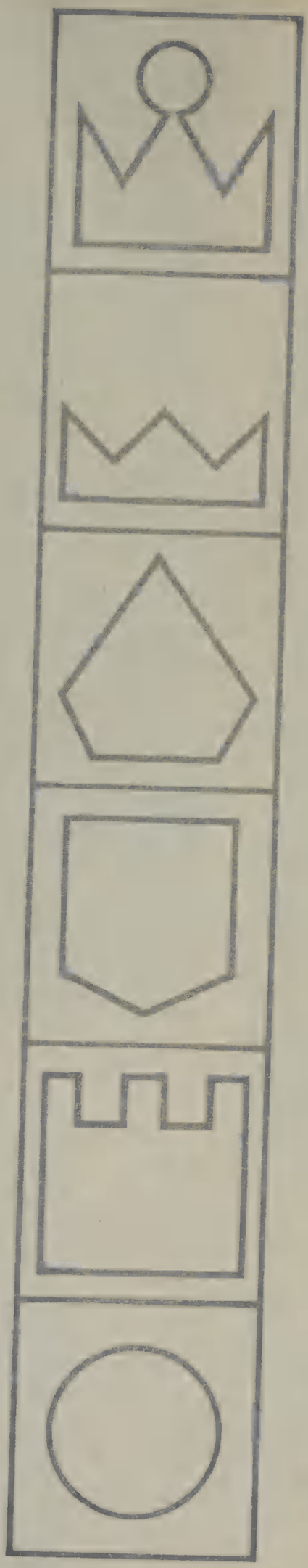
Tiny *safety razor from Germany has a ½-inch blade on one end, ¼-inch on other; it lets you trim into tricky beard areas*

cost $4 or less: *bristle brush, $2; shaving mug, $2;*
soap for mug, 25 cents; mustache wax, $1;
ush, $1.50; beard comb, $2; small-headed safety
25; injector blade safety straight edge, $4

Chess for Christmas

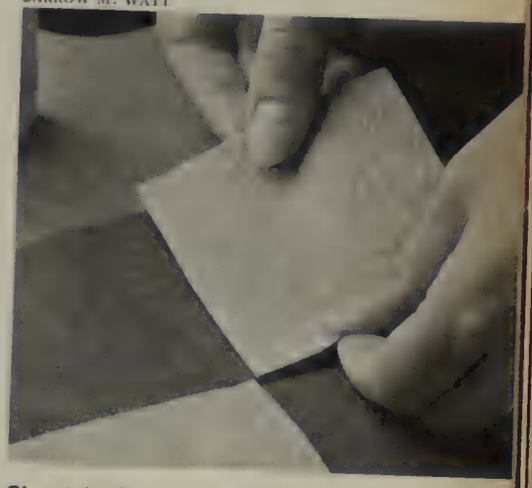
The chessmen are lengths of 2 x 2. The symbols are adhesive plastic. The board cover is felt, card table size, squares cut and pasted on

Confident competitor *moves his His chessmen are distinguished n opponent's by black-bordered mbols and lighter-colored wood*



Patterns *for king, queen, bishop, knight, castle, and pawn must fit on wood pieces, so check size before cutting*

DARROW M. WATT



Glue *3-inch squares of felt to contrasting felt base*

Attach *designation to all four sides of painted wood*

This simplified but handsome chess set is suitable for the novice, yet has appeal for the expert player because of its distinctive styling.

It's extremely easy to make.

Cut a 24-inch square of felt for the base. From a 9 by 36-inch piece in a contrasting color, cut 32 3-inch squares and arrange them, checkerboard fashion, on the base; then attach with white glue.

For the chessmen, cut 2 by 2 redwood or pine (14 feet will be plenty) into various lengths: the kings 7 inches long, queens 6½ inches, bishops 6 inches, knights 5 inches, castles 4 inches, pawns 3 inches. Sand the edges smooth. Paint the opposing chessmen contrasting colors.

With a thin mat knife or single-edged razor blade, cut out chess symbols from black adhesive plastic (a 1½-foot square is ample) and apply to the wood. Use the cutout section of each design for its counterpart chessman on the opposing force.

NORMAN A. PLATE

Plant *is pork and beans (Sedum rubrotinctum), a succulent; pottery duck costs 59 cents*

Ten parsley plants *make miniature grove in Mexican pottery pig. Foot-long pot costs $1.50*

Plant gift giving can be an art

It is when you match plant to pot and then match the two to who's to get them

What makes a good plant a good Christmas gift? Probably the indispensable ingredient is the imagination of the giver. It's imagination that picks the right container for the plant and (more important) matches the gift to the person receiving it.

Nurseries, florist's shops, and garden centers offer a wide variety of plants and pots. Gift shops, import stores, and hardware stores are good hunting grounds for pots, baskets, or other containers. You won't have trouble finding suitable gift materials if you keep an open mind.

And what is an open mind? It's one that looks at the shapes, textures, and colors of plants and containers and makes its own decisions about how well they match up. It can recognize a good plant in a flat or in a rusty gallon can. It makes no inflexible judgments about how much a gift plant should cost or where it should be displayed.

Our most expensive plants here are the bird's nest fern ($7.50 each for plant and pot) and the palm ($7 for the pot, $6 for the palm). Least costly are the parsley ($1.98 a dozen, $1.50 for the pig) and the sedum (49 cents for plant, 59 cents for the

DARROW M. WATT

Fern is a 'Fluffy Ruffles,' *a dwarf (to 12 inches tall) relative of Boston fern. Black pot is Mexican*

oot-tall dwarf eugenia *in black pot: $8.50 buys both*

Bird's nest fern: *Plastic liner holds pot, protects wood splint basket*

Wicker tub *holds 4-inch pot of fancy-leafed geranium; variety is 'Mrs. Cox'*

Palm *is Chamaedorea elegans. Green ceramic elephant stands 10 inches tall, costs $7 at import store*

pot). For such modest prices, you get a container which (ba ring accidents) will last a lifetime, and plants that bring j for a season or for many years, depending on their kinds.

HOUSE PLANTS OR GARDEN PLANTS?

Some of the plants you see here are, by common definiti house plants, while others are garden plants. Too much is ma of the distinction. The dwarf eugenia and the sedum shown the preceding pages are basic landscaping plants in mild c mates, but they are also fine pot plants that can stay indo or alternate between house and garden. (Neither will sta hard freezes.)

The bird's nest fern and the 'Fluffy Ruffles' fern, essentia house plants, can spend summers outside in a shady, wind-f area. Even the hardy parsley and rosemary plants don't mi a stay indoors in a bright, cool kitchen.

No matter what the plant or where you grow it, see that it good drainage. If you wish to give the plant in a good-look but undrained pot, use an inner, drained pot for the plant grow in and gravel to support the inner pot. Protect wood other susceptible surfaces with an inner plastic liner (see bird's nest fern) or use a suitable saucer, glazed or aspl painted. Or use an outer decorative glazed pot without dr hole to hide the healthful but unglamorous growing pot.

For other gift plant ideas, see pages 169 and 178.

DARROW M. W

Wood-splint door basket *($3.50) holds violas*

Containers from Mexico, Spain, Southeast Asia

Gay ornamental pepper plant *in bright blue and white Spanish pot from import store*

Mexican clay basket-pot *(9-inch inside diameter) holds gallon-size trailing rosemary*

Just because he already has a camera doesn't mean he wouldn't like a better one.

And maybe a better projector, too.

Give him our most automatic automatic. The Kodak Instamatic® X-90 camera. Less than $145 buys it. Loaded with automatic features. Like automatic film advance. Automatic exposure settings. Automatic flash warnings. Plus sharp *f*/2.8 Ektar lens. Uses magicubes, of course, for flash pictures without flash batteries. And for the color slide buff, there's our most popular auto-focus slide projector. The Carousel 850. With the new 140-slide tray. Less than $190. Give him one. Or give him both. Either way, you'll give him the best Christmas since he waited up for Santa Claus.

Prices subject to change without notice.

Kodak. One great gift after another.

Kodak

DARROW M. WATT

Press *adhesive-backed tape, cut in whatever pattern you like, onto the wooden block. You can apply one design to a block or use several sides for different designs*

Here's a remarkably easy method of print ing your own greeting cards using adhe sive-backed foam tape and wood scrap

You have a free hand in creating you personal Christmas design. Any membe of the family can do it quickly and holds up; we printed 70 cards from on block without wearing it out.

Purchase a roll of sponge rubber or pla tic foam tape (weatherstripping type, to ¾-inch width, $1 to $2) at a hardwar auto supply, or building materials stor Use scissors or razor blade for cuttin Don't be afraid to experiment; you ca peel off your mistakes. Use a water s uble paint, make a test print first, then ahead on some colorful construction p per, foil, or rice paper. Try some repe designs and multicolor patterns for d ferent effects.

Imprint design *on card, using block with foam tape dipped in paint spread on foil (in background) or on a plate*

An easy way to block-print Christmas cards using paint

troducing the Li'l Something r least expensive 2-Door Sedan 736*

The Li'l Something, our all-new 0 2-Door, acts bigger than its britches. d costs less than it looks.

Sixty-nine husky horses charge up ; and pass on freeways. Gallop up to 300 es on a 10 gallon tank of gas.

Big ideas about room and comfort nper four hefty Americans.

And Li'l Something no-cost extras ude whitewalls and a locking gas cap. dy-fitting front bucket seats. Like all suns, it delivers complete.

Count on 0-60 in 14.8 seconds. w flicks of the all-synchromesh 4-speed k shift does it. No-panic stops, too, rain hine. (Front disc brakes!) And you won't bugged by cross winds—or most of the r bugaboos that haunt small cars.

The Li'l Something—a lot of car for little money. Do yourself a small favor. es drive a Li'l Something today.

The Datsun 510 (below). Expensive 96 horsepower overhead cam engine. Fast. Expensive fully independent rear suspension. Comfortable. Expensive front disc brakes. Safe and sure.

All these expensive car features. And an import exclusive—the optional 3-speed fully automatic transmission from Muncie, Indiana!

Datsun 510 zips to 60 in a sporty 13.5 seconds. The standard all-synchromesh 4-speed stick is precise, smooth.

Wide-opening doors. A 13 cubic foot trunk that gobbles up luggage and groceries. You'll wonder where we found all that handy room.

But the biggest bonus is the boost your budget gets. A complete luxury compact at a sensible price.

Datsun 510—another proud product of Nissan. Sales and service at over 1000 dealers in U.S. and Canada.

Our most expensive 2-Door Sedan
Datsun 510
$1990*

Drive a Datsun, then decide.

DATSUN PRODUCT OF NISSAN

*Plus tax, license, local freight, if any. D&H (except Hawaii). Prices and specifications subject to change without notice.

More than radio radios.

You remember Radio. When the whole family gathered in the parlor to hear their President's fireside chats.

Those days are gone. But radio's not. Now RCA has More Than Radio Radios. The ones with a little something extra for every room, every family member.

Like the Cliffhanger. An FM/AM digital clock that tucks under a kitchen cabinet to save counter space.

Or our sculptured Goblet. An AM clock radio that's more like a Rodin.

The Big Switch is a bathroom wall model with a push on/off bar for the guy in a lather.

And for the man who wants to be alone but not lost, there's the Camper. With compass and flashlight.

You've come a long way, radio. And so have we.

New vibrations from an old master.

RCA

For your nearest RCA dealer, call this special number toll free 800-243-6000. (In Conn., 800-942-0655)

Out of the wall, a wrapping place

At the height of the Christmas rush, th J. A. Albertsons of Boise are able to kee paper, ribbons, and other materials neatl in order at this convenient wrapping ce ter in the utility room.

The tabletop, at working height when o is standing or sitting on a tall stool, a piece of ¾-inch plywood hinged to t bottom of the shelves. When it is lowere for use, the table legs swing into positi to give sturdy support to the 36-inc high working surface.

Open shelves make orderly storage plac for long rolls of paper, boxes holding ri bons, scissors, tape, and other findin Architects were Hummel, Hummel, Jon and Shawver.

DON NORMARK

Drop-down *tabletop provides work and storage space for holiday or special occasion wrapping*

Heavy-duty *magnets, side latch keep tabletop in upright position; legs rest flat against fron*

don't endure.

enjoy

IE NEW WAIKIKI BEACHCOMBER HOTEL

et the umbrellas. Galoshes. And nine to five . Trade them in for a bathing suit, bare feet and at the new Beachcomber opening this December. right in the heart of wild Waikiki. Steps from and sand of Waikiki Beach and the International Place. And right on the night club strip, gathering r the Island's most famous entertainers.

The Beachcomber's got everything going for it. Every one of our large air-conditioned rooms has its own lanai and refrigerator. There's a beautiful pool and landscaped sundeck to enjoy. Great dining and entertainment right in the hotel at Don the Beachcomber's Supper Club. And anything else you might need to add to your beachcombing pleasure. The price? As low as $17 for doubles.

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Rescue your home from

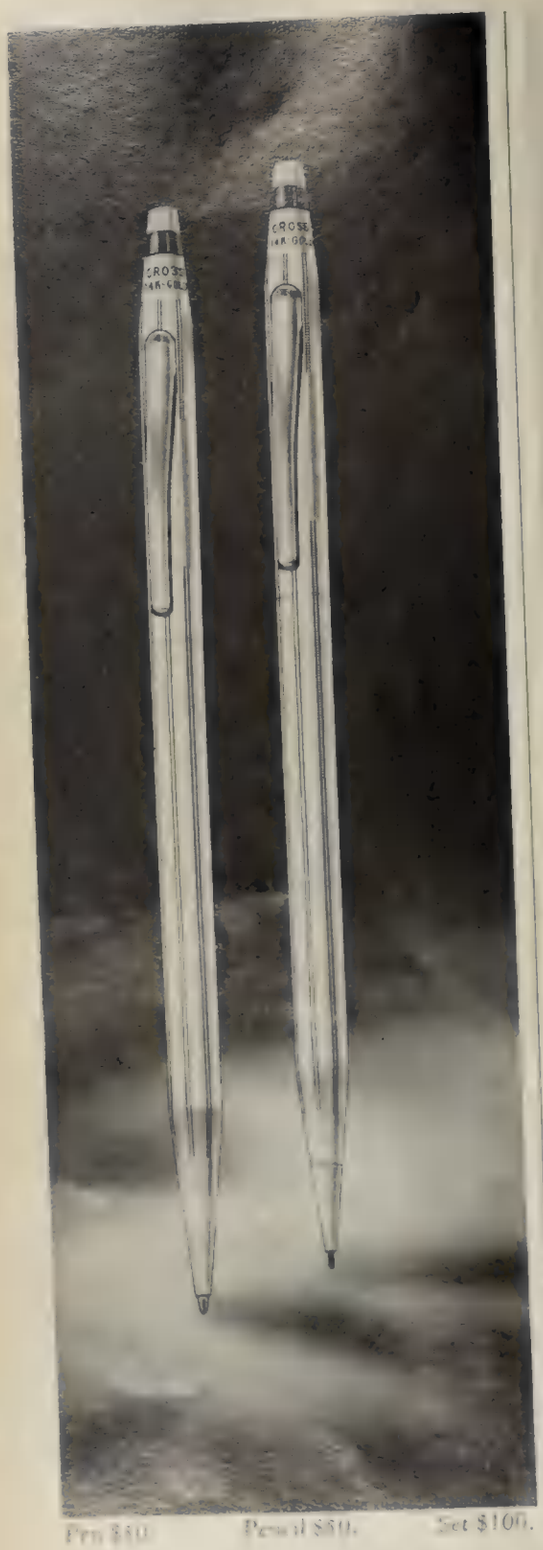
he dark ages.

nps like these give more than light. so give style, grace, They make cold ozy. Empty rooms e. They let you relax without eye- They make your rettier inside and out. Outside n also provide extra security.

This is 1970 . . . don't live in the dark ages. Call at your nearest PG&E office for free copies of our booklets on indoor and outdoor lighting for your home. Fixtures shown: A) Progress pendant P-4148,

B) Moe pendant M-2653-30, C) Prescolite post lamp 5935-6E, D) Lightolier chandelier 5004, E) Moe chandelier M-2051, F) Lightcraft pendant 310-CD, G) Progress chandelier P-4538, H) Marco pendant SP-26, I) Lightcraft chandelier 300-CH6, J) Shalda garden fixture 536, K) Artolier wall fixture 888, L) Shaper wall fixture 6543-16.

PG and E



Pen $10. Pencil $10. Set $100.

Solid 14 Karat Gold
[illegible] instruments
[illegible] feeling of
[illegible] and the
[illegible] of the
[illegible]

CROSS

SINCE [illegible]

© [illegible] COMPANY, LINCOLN, [illegible]

Squat bear *and compressed whale blackboards are just the right size for chalk-minded children*

The bear and his friends . . . blackboards all

Outside, *a fence-mounted tort[illegible] tempts passing ar[illegible]*

Animal blackboards make a big splash on a child's wall and a great Christmas present. Even when covered with drawings, the playful shapes make an attractive addition to a playroom. Several of them marching across the wall are all the more effective.

The home craftsman can cut out two or three in an hour. You'll need a 3 by 4-foot piece of ⅛-inch tempered hardboard (about $1) for each shape and some blackboard paint (about $2 a quart).

With a grease pencil, sketch the animal you want. For ideas on other animal shapes to use, look through a child's coloring book or reader. Try to make the design fill most of the rectangular space, so as to provide as large a blackboard as possible, consistent with the animal chosen. Note that all four sides of the bear, and the whale's face and bottom, are the original edges of the hardbo[illegible]

Use a hand keyhole saw, a power [illegible] a saber saw, a jigsaw, or a band saw [illegible] cutting. Save scraps for the roundish [illegible] and nose.

Blackboard paint is sold at paint st[illegible] in light green, dark green, and black. [illegible] two coats for a durable surface. To m[illegible] a bright contrast, paint the eyes and [illegible] cutouts in a strong yellow or other [illegible] enamel color and glue them in place [illegible] white glue.

If there's a shortage of space in [illegible] house for a blackboard, consider pl[illegible] one or two outside. Mounted on a w[illegible] a sturdy fence near a play area, they [illegible] help entertain the children outdoor[illegible]

Nail or screw the animals securely t[illegible] wall or fence, since the children w[illegible] pressing down hard once they have [illegible] and erasers in hand.

The entertaining ryes

had the art of entertaining in mind en we developed the recipe for weat Buffet Rye and its little sister, ite Rye Slices. We wanted a rye that ld be a good companion to the ds that grace the buffet and the s d'oeuvre tray — a rye to give zest to the mildest cheese, yet carry itself with a spicy and unrestrained ragout.

In these ryes we introduce the elusive tang of a bit of sour rye and a little more salt and caraway than in the mellower ryes. You'll note, too, an unusually high glaze and chewiness in the crust, where the piquant flavor of these ryes is accentuated.

OROWEAT

Oroweat Baking Co. of S. F.

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See your local lumber or building supply retailer. Or your Weldwood Headquarters Dealer, listed in the Yellow Pages under Plywood.

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U.S. Plywood

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[illegible] suggested retail prices and do not include installation.

DARROW M. WATT

Neck *pulls open to slip on apron; inside neck piece is flexible ladies' metal headband*

Back view *shows the cut-in armholes, simple neck piece*

The apron stays on by itself

pron has no ties, hooks, or buttons; ns and closes because a flexible re- ble metal headband is inserted in ck piece.

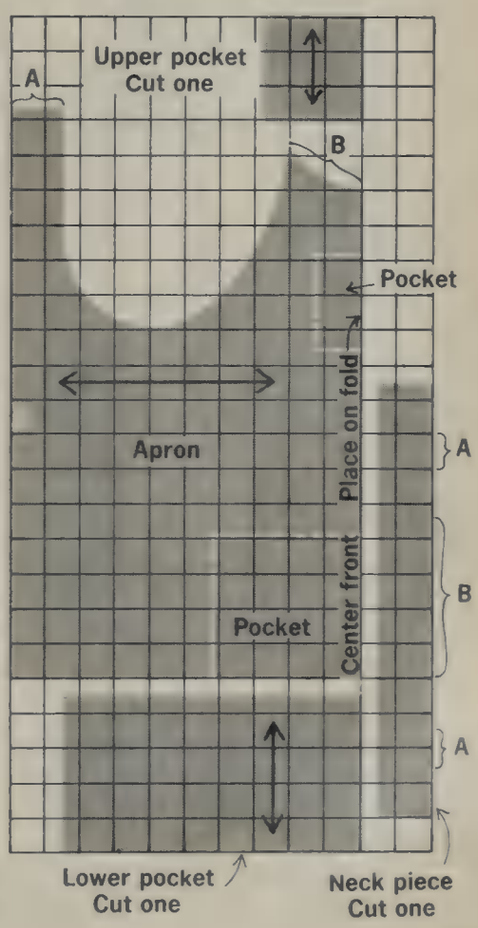
attern given at right, for an aver- zed woman, takes about 1½ yards -inch-wide washable fabric. After ing the pattern, take special note of irectional arrows on the pattern If your fabric has a crosswise match the directional arrows to ipes and your apron will look like e shown above with vertical stripes pockets. If you're using a plain or ed fabric without a one-way de- ou can place the pattern on the n any direction.

ll edges of upper pocket and top th sides of lower pocket under ¼ nd stitch in place as indicated by lotted lines on the pattern. Ma- em all edges of the apron body, except top of shoulders and neck edge (A and B), by turning under ¼ inch, twice, and stitching. Stitch lower pocket down the middle to divide in half.

The neck piece should be cut wide enough to accommodate the metal headband when finished. Ours was cut about 2½ inches wide and finished to a width of ⅞ inch; the metal headband, ⅜ inch wide and about 5½ inches in diameter, easily slips in and out.

With right sides together, matching A and B marks, stitch shoulder and neck edges to neck piece using a ⅜ inch seam. Press neck piece in half with seam allowances to the inside; tuck raw edges at ends in about 1½ inches, edge-stitch along bottom of neck piece, and insert the metal band.

Leave at least one end of the neck piece open so that the metal band can be removed when the apron is laundered.



For enlarging: *each square equals 2 inches*

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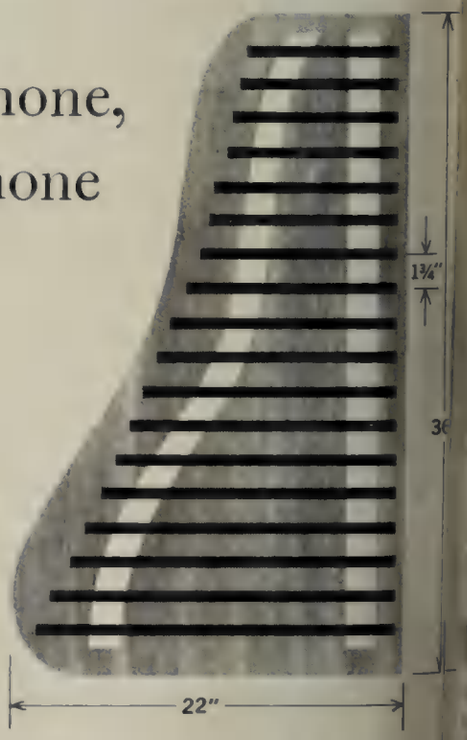
COMBINED

Good Housekeeping GUARANTEES

DARROW M. WATT

Inexpensive musicmaker *delights children a adults too. It's easy to make, fun to pl*

It's not a xylophone, it's a metallophone



This metallophone (similar to a xylophone but with metal instead of wooden bars) will have a surprisingly melodious tone if you tune it carefully against a piano. Its "bars" or tubes are simply ¾-inch steel electrical conduit, sold at hardware and electrical stores (and often available from electrical contractors as scrap, since you need only short pieces). The base is a 2 by 3-foot piece of ⅛-inch lauan plywood (about $1), cut as shown. The tubes lie on two 1 by 2 by 36-inch strips of polyurethane foam (about 75 cents) that are glued to the base.

The polyurethane should be soft (often called 10 per cent) foam, so the tubes can vibrate easily when struck. Use a kitchen bread knife to cut notches in both strips about 1¾ inches apart to position and hold the tubes.

The tone of each tube depends on its length—and also on the particular piece of electrical conduit, because conduit varies somewhat in thickness. So tuning is a matter of experimentation. You'll doubtless get some sour notes at first, but by cutting or grinding down the length, or when necessary substituting a longer tube, you will soon have a mu instrument.

We found that to obtain C above dle C requires a tube about 14 in long, and for high C, a tube about inches long. Each of the six tubes i tween is about ½ inch longer than next higher one. Down the scale, the t increase about ¾ inch in length.

The one we made has 18 tubes. shortest is about 8 inches, the lo about 20 inches. The mallets are two inch, round hardwood drawer knobs, ¼-inch wood dowels glued in them.

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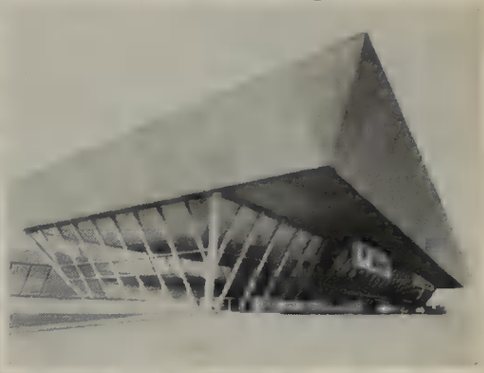

ve times a week a luxurious BOAC 707 leaves n Francisco for Tokyo and Hong Kong. Take one. First, you can stretch out in the roomiest Econ-y seat of any comparable jet. Second, you can w all your packages in your snap-open overhead ker. Finally if you want to get out and really etch your legs, you can stop over in Honolulu or kyo with no increase in air fare.

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The techniques of papier-mâché

If you've tried th papier-mâché pro ects on pages 62 an 64, discovered yo liked them, an want to do more a vanced structure (or if you'd rath start with a simpl project), you'll fi help in the newly published *Sunset* boo *Papier Mâché* (Lane Books, Menlo Par Calif.; $1.95).

Put together by teachers and artists, t book suggests more than 70 projects f novice and expert, children and adults. gives directions, for example, for maki puppets and masks, banks, noisemak and candleholders, pins and bracele small friendly animals, and huge cam and giraffes for playground use.

Surprisingly, the art of papier-mâc dates back more than a thousand ye to the beautiful Chinese boxes and tra that were molded and shaped of pap Interest died and wasn't revived until eighteenth century in France, where material was given the name *papier-m ché*, meaning "chewed paper." Soon craft caught on and French designers craftsmen began applying the versa substance to a great many aspects household décor.

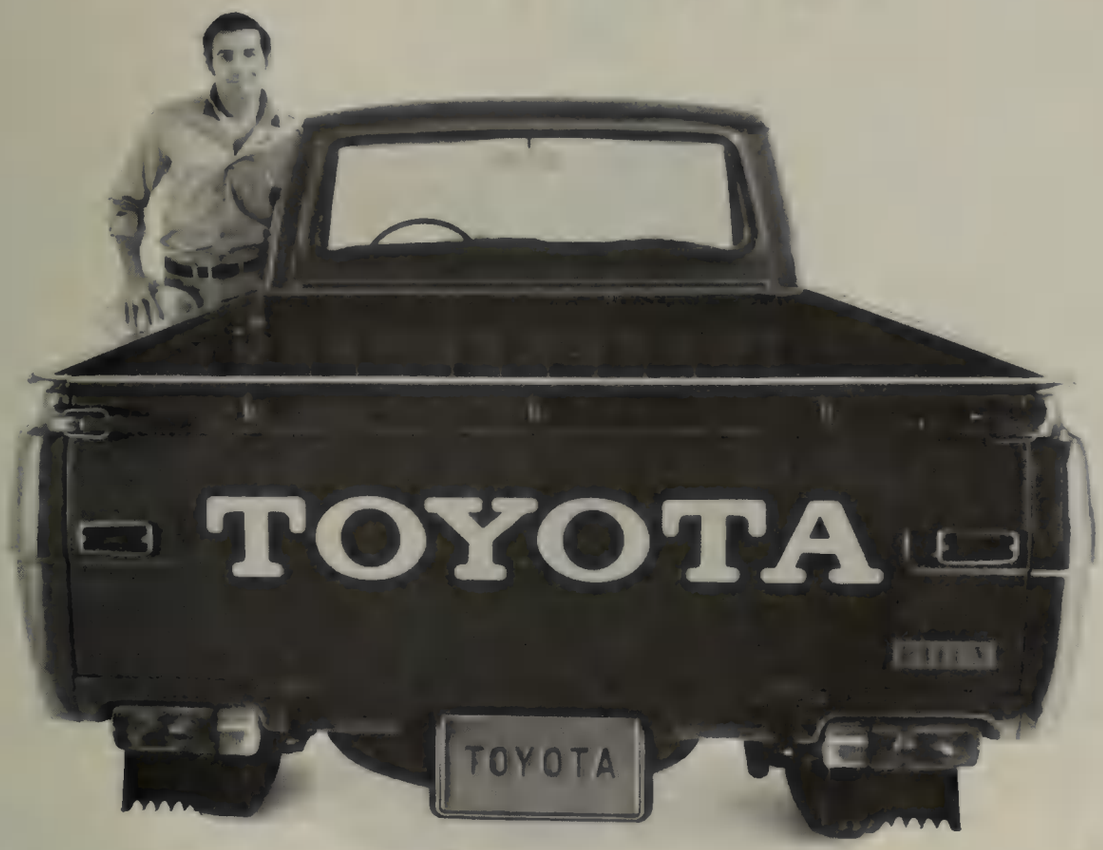
Three main techniques are recogni applying strips of paper to a base, w ing with laminated paper, and mol with paper mash. As each is introdu in the book, it is explained in detail illustrated with step-by-step photograp

Drying papier-mâché can be tricky: experts pass along suggestions on how prevent warping and how to dry obj in sunlight or in an oven.

Finishing the creations, a technique can make the difference between a teurish and professional-looking res is treated at length: How to prepare surface with gesso and plaster of P what paints to use, how to ant papier-mâché, and how to add other orative materials. Using protective ishes, fireproofing, strengthening, waterproofing are also discussed.

The new 80-page book makes it that anyone, child or adult, can t the craft and soon have well made pressively finished projects with a mum investment in materials and t

It's all truck. Just a smaller version at a smaller price.



The new Toyota Half-Ton, $1948.*

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The new Toyota Half-Ton also offers ttle-free cab construction. Six ply tires. lo-thru ventilation. Padded dash. Plus features you don't usually find on trucks, regardless of size. Like a front towhook bolted to the frame. Tie down hooks all around the bed. A spare tire mounted under the vehicle that you lower with a hand crank.

The Toyota Half-Ton is a smaller truck than you're used to. Inside the bed measures approximately 72.8" x 56.3".

But it is all truck. And if it's all the truck you really need, it's worth looking into.

*Manufacturer's suggested retail price: $1948. Dealer preparations, freight, taxes and any additional equipment extra. Toyota Motor Sales, U.S.A., Inc., 2055 West 190th Street, Torrance, California 90501.

TOYOTA

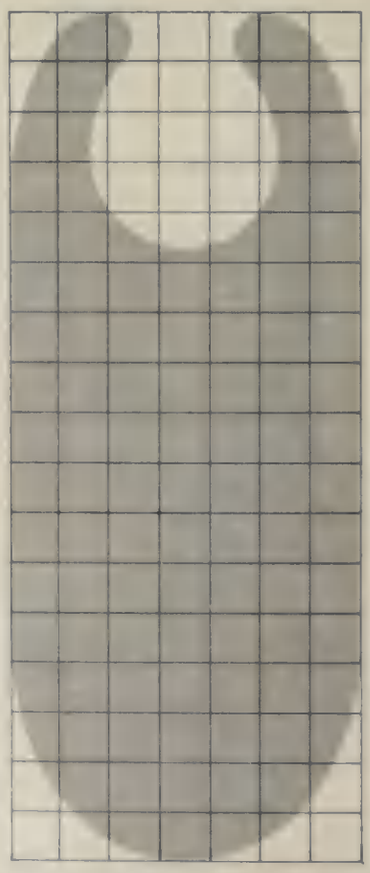
DARROW M. WATT

Jumbo vinyl bib *protects clothes from spaghetti spills*

A big bib offers reassurance

Cooks who specialize in spaghetti, cioppino, or even fondue will find guests appreciate these big bibs that are large enough even to cover laps.

You'll need about a 15 by 36-inch piece of vinyl-coated fabric for one; 1 yard of 45-inch fabric will make three. After enlarging the pattern at right, use cellophane tape to attach it to the vinyl; cut out. Apply snaps with a fastener tool, or attach squares of hook-and-pile tape to the ends of the neck straps. Vinyl doesn't ravel, so there's no need to hem or tape edges.



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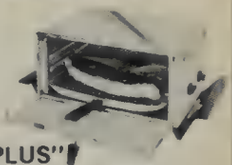

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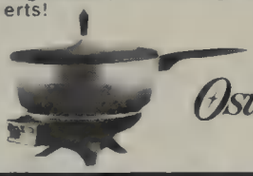

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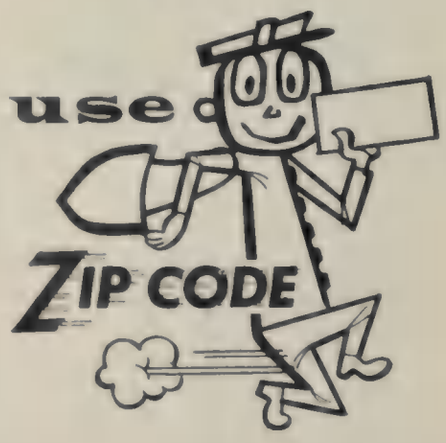
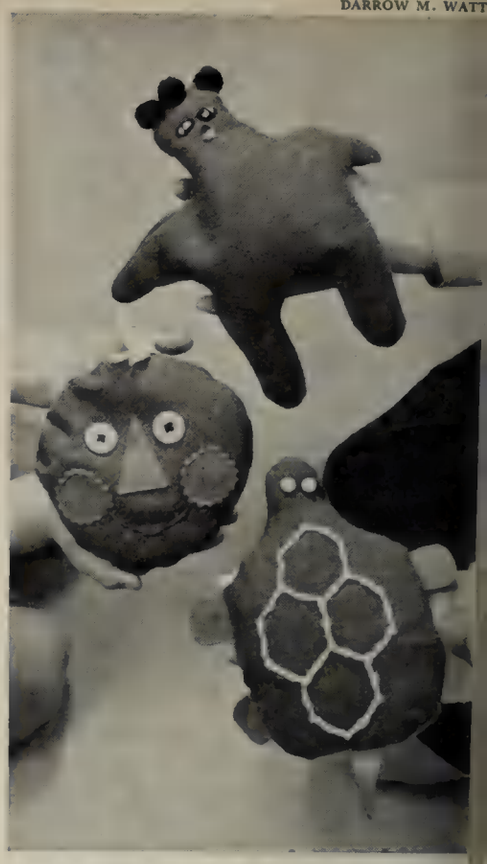


DARROW M. WATT



Simple stitchery *and appliqué decorate sturdy little bean bags*

Clown, tortoise, and Mr. 5 by 5

Bright bean bags make good stocki stuffers for children on your gift list.

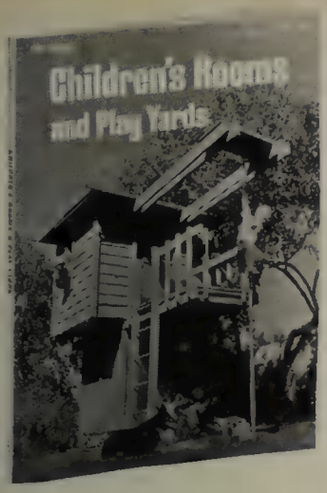
These are stuffed with white rice, whi is less lumpy than beans and stings l when it makes body contact.

For each bag, cut a back and front brightly colored, sturdily woven fab these have solid-color fronts and ga printed backs. Decorate the front w appliquéd felt and wool yarn and e broidery floss.

For example, the little fat man at the t of the picture is drawn freehand, l hand-stitched eyes, nose, and mouth, a a bit of ball fringe for hair. The clo face has felt nose and cheeks machi sewn in place, buttons for eyes, and broidery floss for mouth and topknot. T little tortoise has felt feet and tail, su buttons for eyes, and a shell pattern broidered in yarn.

After finishing the decoration, stitch back to the front with a sewing machi right sides of fabric together, leavin small opening along one side for stuffi Turn right side out, stuff with rice, sew opening together with tiny, f stitches by hand.

These bags were designed by Suki Gr



If you live with children

omplete revision of a popular *Sunset* k first published in 1960 is now avail-. It is called *Children's Rooms and y Yards* (Lane Books, Menlo Park, if.; $1.95).

ideas in this new edition can be in-orated into a new home or a remod-g project, or they can be adapted hat they require no structural changes. st of the construction can be handled ly by amateurs.

first half of the book deals with chil-'s indoor living. It covers bedrooms playrooms, children's furniture, bunk , storage for toys and clothing, in- play and exercise equipment, doll es, places for art work and art dis- , and other features to help young- enjoy themselves.

second half covers outdoor play. It 's a wide variety of sandboxes, swings, ways to play with water on a hot Several answers to the problem of ing bicycles are given. Fourteen dif-t—quite different—playhouses are nted, with such varied accessories as ens and firemen's poles. Also in-d are some interesting units of park school play yard equipment that one l easily duplicate or modify in size se in his own yard or garden.

foreword touches on some of the ing that has gone into this new edi- "In researching this subject, we found that the recent direction has toward more playthings that chal- young minds and bodies. For ex-, a single play structure might not allow children to climb, hang, slide, ump, but also let them imagine they a ship or in a fort, ghost town, or tation. The ideas presented here, from articles published in *Sunset zine*, reflect this trend."

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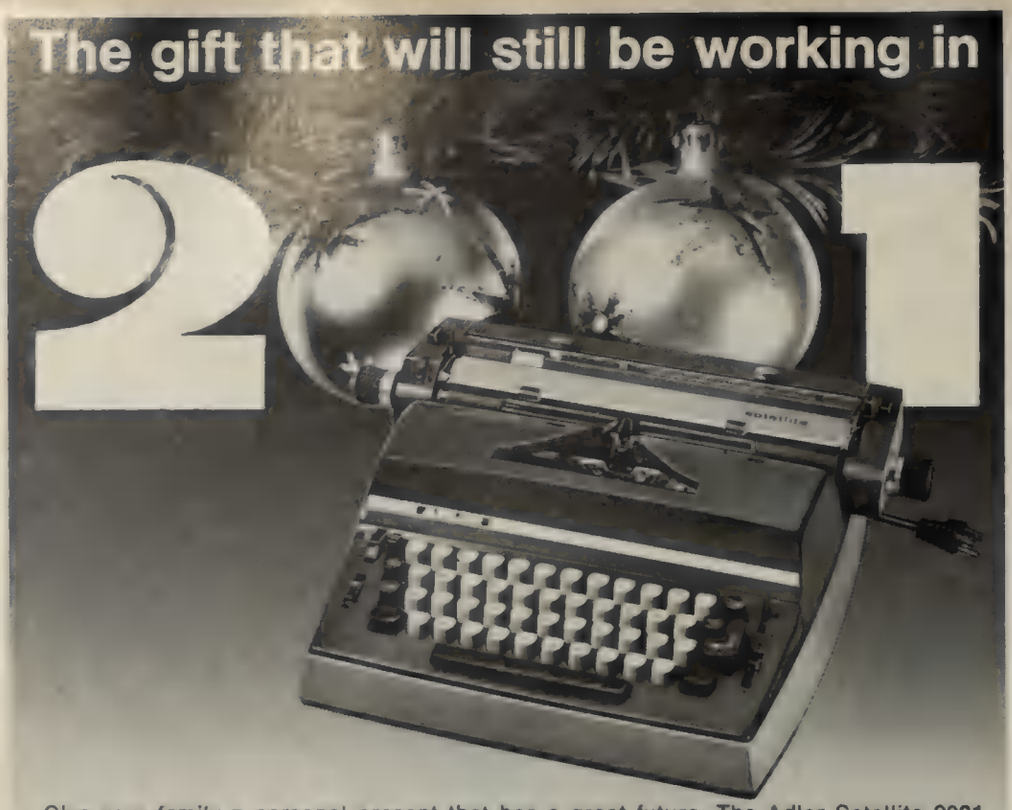

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DARROW M. WA

Round candle *fits into the expanded ri of candlestrap cut from a leather ci*

It's a hanging candlestrap . . . it' cut from leather

This candlestrap is an easy introductio the art of working with leather. Sim made from one piece of leather thongs, it helps the beginner develop working with cutting tools and dye.

You'll need a piece (ours was abou inches square) of 8 to 9-ounce latigo (t for tanning method) leather, two 72-i thongs, and a razor-blade knife.

For a pattern, cut a circle of heavy pa fold it in half three times to make eighth circle like the one shown on following page. Using a compass, n sure and mark cutting lines about e half inch, starting about an inch out f the center. Cut slashes from folded e to come within ¼ inch of opposite s first from right side, then left, and so

With a nail, scribe the pattern dire on the face of the leather, marking lines and showing points where leat like paper, will not be cut. It is these cut portions that form the joints so lea can expand to a basket shape.

Nail leather at exact center to a p of wood. Begin cutting the outermost by pushing the razor blade through leather and into the wood at the end scribe mark. Holding the razor very f ly, rotate the leather until you h

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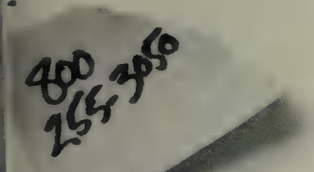

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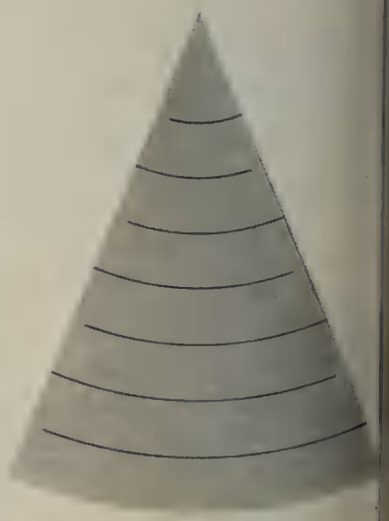
reached the end of the scribe; pick[illegible] razor and push through leather at the [illegible]ginning of the next mark. Continue [illegible]ting all rings in the same manner.

Cut the center circle completely [illegible] punch with four holes, and use for a h[illegible]ing ring. Also, you need to punch [illegible] equally spaced holes in the outer[illegible] ring of the candlestrap halfway betw[illegible] uncut points.

Stain leather and thongs to desired s[illegible] with leather dye; let dry.

For hanging, cut thongs to abou[illegible] inches, knot one end of each, threa[illegible] through outer ring, through opposite [illegible] in center circle (forming an X at the [illegible]



Paper, *folded and cut, makes a pa[illegible] for scribing the leather before cu[illegible]*

Rotate *the leather as shown to make [illegible] cuts. Small center circle, cut ou[illegible] punched, holds the hanging thongs [illegible]*

and down through opposite sides of [illegible] ring. Punch a fifth hole in center [illegible] where nail was placed; knot a short [illegible] of leftover thong and thread throu[illegible] make a hanging loop.

Larger leather straps for holding [illegible] plants or fish bowls can be made [illegible] creasing the diameter of the circle, a[illegible] more rings, and making uncut po[illegible] slightly longer—up to ¾ inch on ti[illegible]ermost rings.

Designers are Brian Burns and [illegible] Grainger of Palo Alto, California.

Agra-Oct. 14

Hard to believe I have actually seen the Taj Mahal.

The marble changes with every trick of light.

The woman who inspired the Taj lies in a simple tomb.

But the Taj rises above her, encrusted with gems, glowing; I wonder if her husband was comforted by the beauty he raised over his lost love.

Close by another tomb. Almost as lovely.

Marble lattice work like lace.

Fatehpur Sikri, a city deserted for lack of water.

Peopled only by ghosts.

An eerie feeling.

The air conditioned Taj Express to Delhi.

Delhi-Oct. 18

He invites me in.

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Sunset's Kitchen Cabinet®

Careful menu planning can help simplify family meals this month and make time for extra entertaining.

For example, you can transform a loaf of French bread with bacon and cheese into a nourishing entrée that you can make ahead and heat when need

Or you can combine lamb chops w uncooked rice and a flavorful sou sauce, and let the rice cook and fl in the oven while the sauce seasons t curry-flavored casserole dish.

Bacon slices get crisp on top of the cheese-stuffed French loaf as it bakes

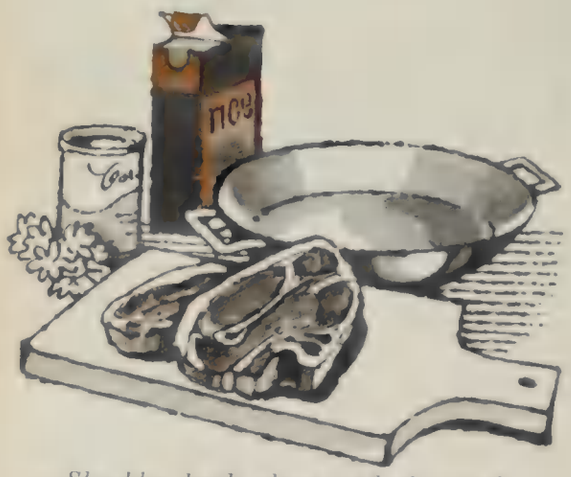
Bacon and Cheese Loaf

You might serve this loaf as a brunch entrée on Christmas morning, or serve it for a light meal any time of day, with a salad of mixed greens.

- 8 slices bacon
- 1 loaf (about 1 lb.) French bread
- ½ cup (¼ lb.) butter or margarine
- ¼ cup finely chopped onion
- 1 tablespoon *each* poppy seed and mustard seed
- 1 tablespoon prepared mustard
- 8 ounces sliced Swiss cheese

Partially cook the bacon over low heat until most of the fat has rendered out, but not until it is browned and crisp. Trim top crust off the loaf of bread. Slash the loaf at 1-inch intervals, cutting almost to the bottom crust; pl on a cooky sheet.

In a frying pan, melt the butter, a the onion, and sauté until limp. Th stir in the poppy and mustard s and cook about 1 minute longer. move from heat and stir in must Spread between the slashes in bread. Insert the cheese slices (cut needed to fit) between bread slash Arrange the bacon slices over top loaf. This much may be done ahe To serve place in a 350° oven u the bacon is crisp and cheese melted, about 10 minutes. Ma about 6 servings.—*A. H., Seattle.*



Shoulder lamb chops and rice cook together in curry-flavored soup-sauce

Lamb Chop Curry

On a busy day this month, you can make this dish quickly; it holds well in a warm oven if dinner is delayed.

- 1 cup regular long grain rice (uncooked)
- 4 shoulder lamb chops
- 1 tablespoon salad oil
- Salt and pepper to taste
- 1 small onion, chopped
- ½ teaspoon curry powder
- 1 can (10½ oz.) condensed cream of celery soup
- 1 soup can water (may be part dry white wine or Sherry)
- ¼ teaspoon *each* oregano and savory

Pour the rice into a greased baking dish (about 9 inches square) or a 2-quart casserole. Slash into the fat around each chop just to the m Heat the oil in a frying pan, pu chops, and brown well on both si sprinkle lightly with salt and pep Remove chops from pan and set a

To the pan, add onions and sautéo about 3 minutes. Stir in curry pow and cook, stirring, for about 1 mi Then mix in the soup, water (and w if used), oregano, and savory. until well blended and heated thro Mix ¾ of the sauce into the rice range chops on top, then cover t remaining sauce. Cover dish and in 350° oven for about 1 hour. M 4 servings.—*K. K., Corvallis, Or*

Eggplant absorbs and blends flavors of meat, cheese, and other vegetables

Beef and Eggplant Casserole

This simplified version of moussaka can be prepared ahead.

- 1 medium eggplant (about 1½ lbs.)
- 2 tablespoons salad oil
- Water
- 1½ pounds lean ground beef
- 1 large onion, chopped
- 1 can (8 oz.) tomato sauce
- 1½ teaspoons seasoned salt
- ½ teaspoon seasoned pepper
- 1 tablespoon Worcestershire
- 2 cups thinly shredded cabbage
- 8 ounces Longhorn Cheddar cheese, shredded

Wash and dice eggplant. Using a large frying pan that can be covered, heat oil over medium-high heat. Put in eggplant and cook, stirring, about 15 minutes. Add 2 tablespoons water, c and cook; every few minutes un pan, stir, and add water a tables at a time as needed until eggpla tender. Turn into a greased 2-q casserole. In the pan, brown the add onion and cook until limp. S tomato sauce, 2 tablespoons w salt, pepper, Worcestershire, and bage. Cover and cook 10 minut

Stir meat mixture and 1½ cups cheese into casserole. Sprinkle wit maining cheese. Bake, uncovered 350° oven for 30 minutes (about 1 if refrigerated). Makes about 6 ings.—*C. B., Claremont, Calif.*

l new recipes are often invented usy moments; we invite you to your food ideas with other *Sun-eaders*. Mail contributions to *Sun-lagazine*, Menlo Park, Calif. 94025. ay $10 for each recipe published.

Lamb chop curry or beef and eggplant casserole, an oyster chowder, a bean salad, spicy cookies

ter Vegetable Chowder

soup makes a light meal when d with crisp bread or crackers a green salad or cabbage slaw.

- 2 tablespoons butter or margarine
- small onion, chopped
- cup sliced carrots
- cup sliced celery
- teaspoon salt
- teaspoon *each* pepper and sage
- jar (10 oz.) Pacific oysters
- 2 cups water
- cup (about 2 oz.) small shell macaroni
- 3 cups milk
- cup chopped parsley

3-quart saucepan, melt the butter, add the onion, carrots, celery, pepper, and sage. Cook, stirring, over medium heat until the vegetables are golden, about 5 minutes. Drain the liquid from oysters into the pan; set oysters aside.

Add the water and macaroni to the pan; cover and simmer until the vegetables and macaroni are almost tender, about 15 minutes.

Meanwhile coarsely chop oysters. Stir into chowder with milk and parsley. Continue heating just until the mixture is scalded—it shouldn't boil. Ladle into large soup bowls or wide soup plates. Makes 4 generous servings or 6 to 8 servings as a first course.—*I. R., North Sacramento.*

Pacific oysters teamed with shell macaroni and carrots make fine chowder

sh Bean Salad

and marinate the green beans l; serve as vegetable and salad.

- to 2 pounds fresh green beans or 3 packages (9 oz. *each*) frozen cut green beans
- Boiling, salted water
- cup salad oil
- cup chile sauce
- teaspoon dry mustard
- teaspoon savory or rosemary
- teaspoon salt
- teaspoon pepper
- clove garlic, minced or mashed
- Lettuce leaves for garnish
- medium-sized onion
- cup wine vinegar

the beans in the boiling water ust tender-crisp. Drain immedi- then rinse in cold water, drain again, and put into a bowl. Combine in a blender jar or other jar the oil, chile sauce, mustard, savory, salt, pepper, and garlic. Whirl or shake until blended. Pour dressing over the beans. Cover and refrigerate at least 4 hours, or as long as overnight.

At serving time, lift beans from marinade with a slotted spoon and arrange with lettuce in serving dish. Cut the onion in very thin slices, separate into rings, and distribute over beans. Blend the vinegar into remaining marinade, drizzle some over beans, and serve the rest at the table. Makes about 6 servings.—*L. H., Los Angeles.*

Onion rings top beans; marinade with wine vinegar added makes the dressing

ge-Spice Christmas Cookies

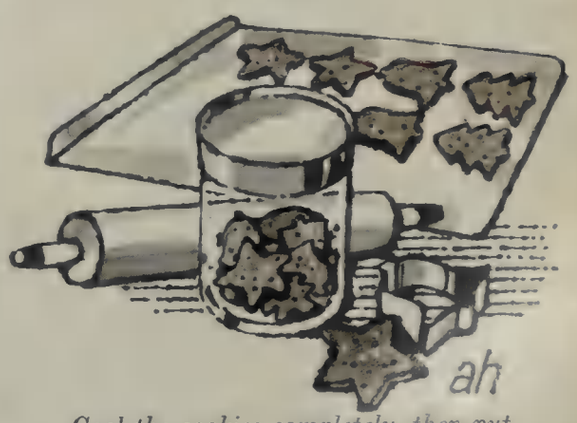
sliced or cut out with fancy cut- ese cookies are thin and crisp.

- up butter or margarine
- up sugar
- up dark corn syrup
- ablespoon grated orange peel
- aaspoons ground cinnamon
- aaspoon *each* ground cloves and cardamom
- aaspoon salt
- ash pepper
- ups all-purpose flour (unsifted)
- aaspoons soda
- ups finely chopped almonds

-quart saucepan, combine the sugar, and corn syrup. Heat, until melted and blended. Re- om heat and stir in orange peel, cinnamon, cloves, cardamom, salt, and pepper. Sift flour with soda into first mixture; mix well, using your hand to work in last of flour and the almonds. Form into rolls about 1½ inches in diameter; wrap tightly and refrigerate.

Slice ⅛ inch thick and arrange on ungreased cooky sheets. Bake in a 350° oven for 8 minutes, or until light brown. Cool 5 minutes before removing from cooky sheets. Makes 12 to 16 dozen.—*M. R., San Leandro, Calif.*

For cutout cookies, roll out the dough, without chilling, on a lightly floured board to ⅛ inch thick; cut with cooky cutters and bake as above.



Cool the cookies completely, then put in tightly covered container to store

Fresh Dungeness is what makes these icy salads

The great Western delicacy, fresh Dungeness crab, is the focal point for each of these three crisp, sprightly salads. In each the sweet, juicy seafood mingles with crunchy, raw vegetables and a zesty dressing. Add a chilled white wine (such as Sylvaner or Sauvignon Blanc) and a crusty bread to complete a refreshing luncheon or supper.

All of these main dish salads are enhanced if presented icy cold. Assemble the salad ingredients and the dressings early in the day. Then cover each and refrigerate until just before serving.

Salad entrée *of succulent crab with red onion, avocado, artichoke hearts*

DARROW M. WATT

CRAB AND RED ONIONS VINAIGRETT

- ½ cup olive oil or salad oil
- ¼ cup white wine vinegar
- ½ teaspoon *each* dry mustard and grated lemon peel
- ¼ teaspoon salt
- ⅛ teaspoon pepper
- 1 medium-sized red onion, thinly sliced
- Red lettuce or romaine
- 1 pound crab meat
- 1 ripe avocado, peeled, pitted, and sliced
- 1 jar (6 oz.) marinated artichoke hearts, drained

In a bowl combine the olive oil, vine mustard, lemon peel, salt, and pep Add the onion slices, cover, and mari 4 to 6 hours.

To serve, line a shallow salad bowl w lettuce. Lift onion from marinade, c bine with crab, and arrange on the tuce. Garnish with avocado slices artichoke hearts. Pour marinade over Makes about 4 servings.—*M. M., Anselmo, Calif.*

ORIENTAL CRAB SALAD

- ½ cup *each* mayonnaise and sour cream
- 1 tablespoon soy sauce
- ½ teaspoon *each* curry powder and sugar
- 1 teaspoon grated fresh ginger or ¼ teaspoon ground ginger
- ½ pound fresh bean sprouts, rinsed and drained
- 1 can (5 oz.) water chestnuts, drained and sliced
- ⅓ cup sliced green onions
- 1 pound crab meat
- Iceberg or butter lettuce
- ⅓ cup toasted slivered almonds

For the dressing, combine mayonn sour cream, soy sauce, curry pow sugar, and ginger. Cover and chill.

In a bowl combine the bean spr water chestnuts, green onions, and c Just before serving, blend the dre with the crab mixture. Break off 4 cup-shaped lettuce leaves; spoon mixture into each and top with alm Makes 4 servings.—*K. L. V., Sacram*

CRAB SALAD PIQUANT

- ¼ cup each mayonnaise, sour cream, and chile sauce
- 1½ teaspoons prepared horseradish
- ½ teaspoon Dijon-style mustard
- ½ teaspoon lemon juice
- 3 teaspoons chopped capers
- 1 pound crab meat
- ½ cup sliced celery
- ¼ cup sliced green onion
- 3 cups finely shredded celery cabbage (Napa)
- 2 hard-cooked eggs, sliced

For the dressing, combine the ma naise, sour cream, chile sauce, horse ish, mustard, lemon juice, and ca Turn into a serving bowl, cover, and

Combine crab, celery, and green o To serve, arrange the cabbage on salad plates; pile crab mixture on and garnish with egg slices. Pass the ing separately. Makes 4 servings.

So far this year, 183 Sunset recipes have called for fresh lemon. How come?

e through any magazine. You'll fresh lemon again and again. ven though there's more to fine ing than meets the eye, a great ess never forgets the eye. e look of a dish is as important e taste.

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For the finish . . . steamed pudding

In many Western homes Christmas dinner must end with a warm, moist steamed pudding. Here we offer two exceptionally flavorful ones—a rich English-style plum pudding and a dark, aromatic persimmon pudding.

To make them, it is helpful (but not necessary) to have a pudding mold with a tight lid and a steamer. You can substitute a 2-pound coffee can for the pudding mold and use a double thickness of foil tied securely over the top for a lid.

If you do not have a steamer, you can use any deep kettle with a tight lid. Use a vegetable steaming basket, a trivet, or an inverted perforated foil pan to hold the pudding about 1 inch above the bottom of the kettle. Pour in boiling water until it comes about up to, but does not touch, the bottom of the mold. Cover the kettle and keep the water boiling gently while the pudding cooks. If you need to add water during cooking, use boiling water so the steam cooking proceeds uninterrupted.

Both puddings are best served warm, but can be steamed well in advance. You can store them for several days at room temperature or for several weeks in the refrigerator, or freeze them. To reheat before serving, replace room-temperature pudding in mold; steam again for 1 hour.

Serve pudding topped with sweetened whipped cream, vanilla ice cream, or brandied hard sauce (recipe follows).

CHRISTMAS PLUM PUDDING

- 2 cups flour (unsifted)
- 1 teaspoon *each* soda and cinnamon
- 1¼ teaspoons nutmeg
- ½ teaspoon *each* salt and ground cloves
- 1 cup *each* finely shredded raw potato and carrot
- 1 cup firmly packed brown sugar
- About ¼ pound beef suet, finely minced (1 cup)
- 1 cup seedless raisins, chopped
- 1 cup chopped walnuts
- ½ cup *each* diced candied orange peel and lemon peel
- ⅔ cup brandy or apple juice

Sift together into a large bowl the flo[illegible], soda, cinnamon, nutmeg, salt, and clov[illegible]. Add the potato, carrot, sugar, suet, [illegible]sins, nuts, orange and lemon peel, [illegible] brandy. Mix well.

Thoroughly grease a 2-quart pudding m[illegible] and its lid. Pack mixture into mold [illegible]d secure lid. Place mold on a rack ab[illegible]e boiling water in steamer. Steam fo[illegible]3 hours, adding more boiling water [illegible]o steamer if needed. Cool 10 minutes [illegible]d unmold; serve or cool, wrap, and st[illegible]e. Makes 8 servings.—*M. D., Palo Alto, C[illegible]f.*

STEAMED PERSIMMON PUDDING

- About 3 medium-sized ripe persimmons
- 2 teaspoons soda
- ½ cup (¼ lb.) butter or margarine
- 1½ cups sugar
- 2 eggs
- 1 teaspoon lemon juice
- 2 teaspoons vanilla
- 2 tablespoons brandy or milk
- 1 cup flour (unsifted)
- 1 teaspoon cinnamon
- ¼ teaspoon salt
- 1 cup raisins
- ½ cup chopped pecans

Scoop flesh from persimmons; dis[illegible] skin, seeds, and stems. Whirl in ble[illegible] or force through a food mill. You sh[illegible] have 1 cup purée. Stir in soda; set a[illegible]e. In a large bowl, cream together the bu[illegible] and sugar until fluffy. Beat in eggs, le[illegible] juice, vanilla, brandy, and persimmon [illegible]rée. Sift flour with cinnamon and [illegible] into creamed mixture; stir well. Add [illegible]sins and nuts.

Thoroughly grease a 2-quart pudd[illegible] mold and its lid. Spoon mixture t[illegible] mold and secure lid. Place mold on a [illegible] above boiling water in steamer; c[illegible]r. Steam for 2½ hours, adding more bo[illegible] water if needed. Cool 10 minutes an[illegible] mold; serve or cool, wrap, and s[illegible]. Makes about 8 servings.

Brandied Hard Sauce. In a small [illegible] beat ½ cup (¼ lb.) butter until sm[illegible]. Slowly add 1 cup sifted powdered s[illegible] and 3 tablespoons brandy; beat until [illegible]oughly blended. Cover and chill [illegible] needed. Makes about 1¼ cups.

low to cook for a man

A ruffly blouse and a powdered nose won't quite do it. A man likes to come home to a real meal. The way rds Eye® can do it. Like is recipe. It's one that you can fix and still have time to fix up, too.

Gobbler's Delight. Cook 1 package of Birds Eye French Green Beans with Toasted Almonds. (It's one of 18 Birds Eye Prepared Vegetables. rfect by itself. Just as perfect like this.) Mix in a 10-oz. n of condensed cream of celery soup and ¼ cup of water. ld 1½ cups cut-up cooked key and a 5-oz. n of ter chestnuts ained and ed. Bring to oil. And pour er rice. Then inkle on the almonds.

Serves 3

That's all there is to it. A man's dish that's easy.

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Weibel Champagne

From the Masters of [illegible] Champagne

Fried eggs *top this Danish roast beef hash. It's cooked a special way and garnished with tomatoes and lettuce*

Anything but ordinary . . . beef in hash, patties

The way the Danes make roast beef hash and hamburger patties, they're anything but ordinary. Try these elegant versions —called respectively *biksemad* (bick-sa-*mod*) and *hakkebof* (*hock*-a-buff)—for something new in family dinners.

To call biksemad simply roast beef hash is an injustice, for it is a real delicacy. Danes maintain that the only way to prepare it properly is to use two frying pans, cooking the onions and browning the beef (separately) in one, and browning potatoes in the other. Then these elements are combined. Use either leftover roast beef or pot roast for the meat. Good Danish-style accompaniments are pickled beets and pumpernickel bread.

Hakkebof begins with ground beef patties. They are topped generously with sautéed onions and cream sauce. Add a sliced cucumber salad and new potatoes in their jackets to complete the menu.

DANISH HASH WITH FRIED EGGS
(Biksemad)

- About 1/2 cup (1/4 lb.) butter or margarine
- 2 large onions, finely chopped (about 1 cups)
- 2 cups peeled cooked potatoes, cut in 1/2-inch cubes
- 3 cups cooked beef, cut in 1/2-inch cubes
- 1/4 cup beef broth or water
- 1 teaspoon Worcestershire
- 1/2 teaspoon salt
- 1/8 teaspoon pepper
- 4 to 8 eggs
- Butter lettuce and cherry tomatoes for garnish
- Coarse (Kosher-style) salt (optional)

In a 10-inch frying pan over med[illegible] heat, melt 3 tablespoons of the butter [illegible]til foamy. Put in onions and cook slo[illegible] stirring occasionally, until they are [illegible] and golden, about 15 minutes. M[illegible]while in another frying pan over medi[illegible] high heat, melt 3 tablespoons mor[illegible] the butter and cook potatoes, turnin[illegible] needed to brown on all sides.

When onions are cooked, transfer t[illegible] to another container and keep in a w[illegible] oven. Add 1 tablespoon more butte[illegible] the pan and cook beef, stirring occa[illegible]ally, until it is browned and he[illegible] through. Add onions and beef to the [illegible] with potatoes; set in warm oven.

To pan in which onions and beef [illegible] cooked, add broth, Worcestershire, [illegible] and pepper. Cook over high heat [illegible] reduced by about half, then pour [illegible] hash mixture; mix lightly but thorou[illegible]

Using the same pan, melt 1 to 2 t[illegible] spoons butter and fry eggs until don[illegible]

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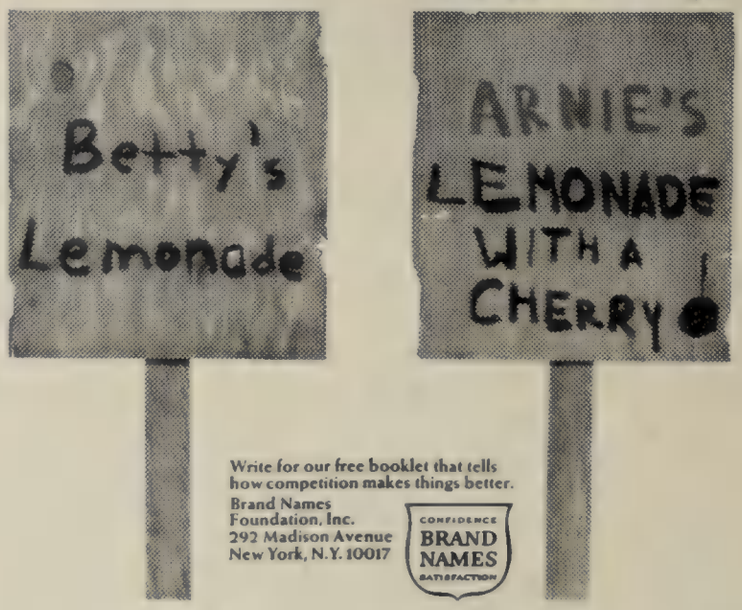

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desired. Spoon hash onto a warm plat and arrange eggs on top. Garnish w the lettuce and tomatoes. Serve w coarse salt, if you wish. Serves 4 to 6.

DARROW M. W

Sweet, *buttery onions and a del creamy sauce cap Danish beef pa*

DANISH GROUND STEAK WITH ONI (Hakkebøf)

- ¼ cup (⅛ lb.) butter or margarine
- 4 medium-sized onions, thinly sliced
- Salt
- 1½ pounds lean ground beef
- White pepper or finely ground black pepper
- Flour
- 1 tablespoon *each* butter and salad oil
- ½ cup whipping cream
- ½ teaspoon Worcestershire
- Chopped parsley for garnish

In a 10-inch frying pan over me heat, melt the ¼ cup butter. Put in o and cook, stirring occasionally, unti ions are limp and tinged with g brown (this takes 20 to 25 minutes) in 1 teaspoon salt about halfway thr the cooking. Transfer onions to a and keep in a warm place.

Meanwhile, shape ground beef into 6 ties ½ to ¾ inch thick. Sprinkle li with salt and pepper, then coat with shaking off excess. In the frying pan medium-high heat, heat the 1 tables butter and oil until sizzling; add patties and cook until well browned 5 minutes on each side for rare to dium). Transfer patties to a warm se dish. Pour off most of the fat fro pan drippings and discard. Add c and Worcestershire to pan. Cook, st to loosen browned particles, until c is bubbly and somewhat thickened. S onions over each ground beef patty. pour sauce over all. Sprinkle with ch parsley. Makes 6 servings.

Make your party a smash.

Holiday get-togethers fizzle fast if the snacks have lacks. Here are 3 quick dips that are totally irresistible. Easy. Great looking. Yummy. Made with California Avocados, (better known as Love Food). To be sure your Love Food gets smashed in no time, buy avocados ahead. When an avocado yields to gentle pressure, held in the palm of your hand, it has reached perfect ripeness. A day or so in a kitchen bowl speeds softening.

The day of your affair, get your Love smashed early. It will be so compatible with other festive goodies, it's sure to be a party smash!

ere's
ow!

E CELEBRITY
vocados, smashed
blespoons lime juice
aspoons salt
easpoon
cestershire
easpoon Tabasco
oves garlic, crushed
nd all ingredients; cover
chill. About 3 cups.

ARTEE
ocados, smashed
up sour cream
ckage (0.7 oz.) garlic
d dressing mix
blespoon vinegar
aspoon chopped chives
ces bacon,
-cooked and crumbled
d all but bacon; cover
chill. Stir in bacon.
ut 3 cups.

SPREE
4 avocados, smashed
2 tablespoons vinegar
2 teaspoons salt
⅛ teaspoon oregano
¼ cup chopped green onions
Combine all ingredients; cover and chill. About 3 cups.

love food from California
California Avocado Advisory Board

The pheasant of Asia and the turkey f North America should probably be co- sidered at least cousins in the same b l family. It's a matter of historic accide that in the West we usually hunt the c but generally raise the other domestical. Both make delectable eating. A *Chef f the West* couldn't go wrong by serv either at some gala dinner around the e of the year.

In case you may fall heir to a pheas or two during the short, year-end hunt season, we pass on from *Chef* Lloyd Bry of Napa, California, "a recipe whic concocted to cook the many pheasa which I am given each year. The bi that I get are shot either in game mana- ment areas or on field trials and are g- erally fat, fresh, and shot from the re So I skin them, piece them, and save o the clean pieces." We tested recipes wh domestically raised pheasants, and t was a tasty dish, too. Wild ones will e smaller and tougher, so judge cook time and servings accordingly.

PHEASANT SILVERADO

- 2 tablespoons olive oil or salad oil
- 2 or 3 large pheasants, cleaned, trimmed, cut into serving-sized pieces
- 1 cup *each* chopped onion and parsley
- 1 can (about 14 oz.) regular strength chicken broth
- ½ cup dry white wine
- 3 large sprigs fresh rosemary (or ½ teaspoon of the dry herb)
- 1 can (4 or 6 oz.) sliced mushrooms
- 6 tablespoons flour
- Salt and pepper to taste

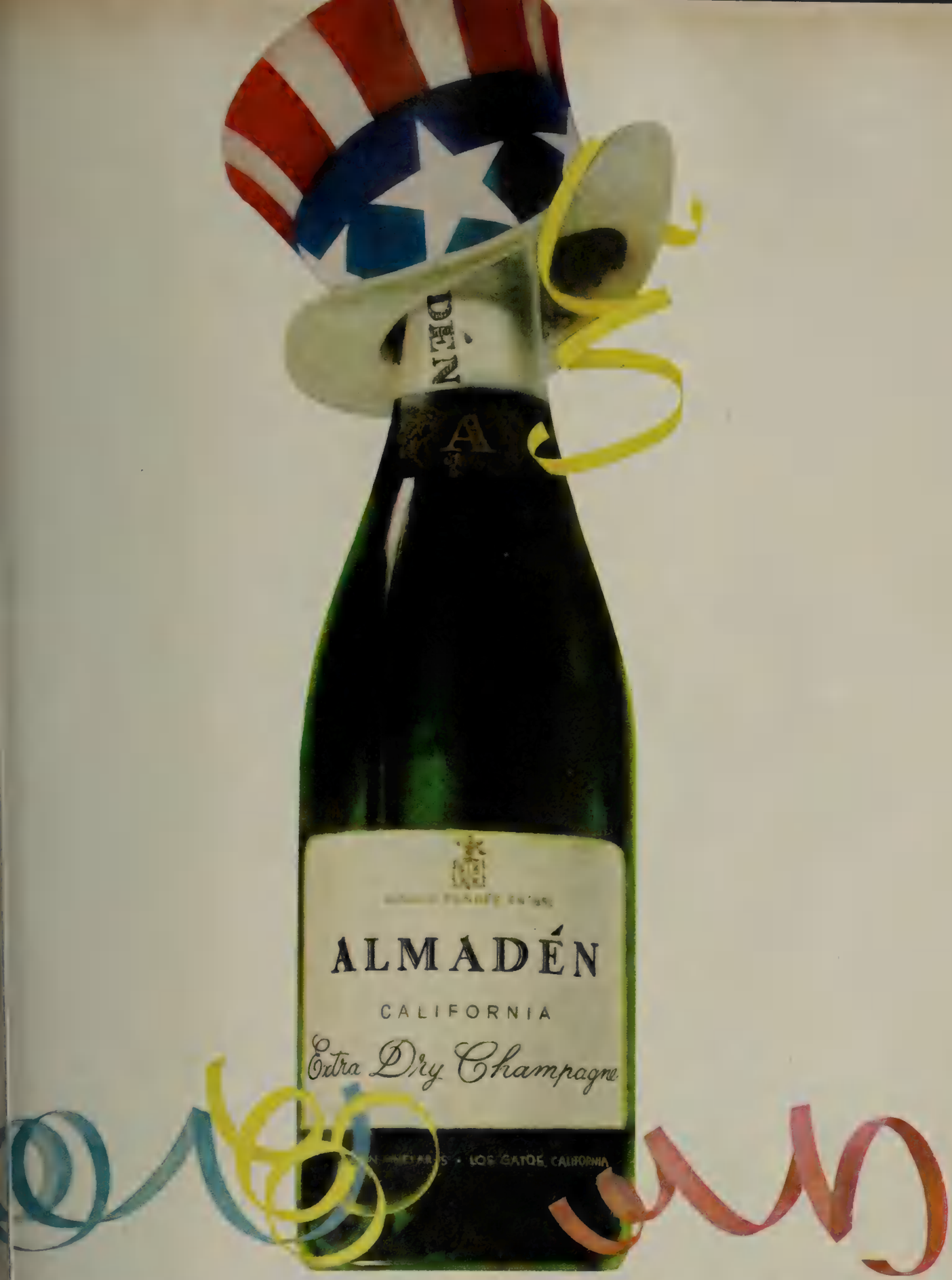
Heat the oil in a large Dutch oven medium heat; brown the pheasant pie a few at a time, on all sides. Discard excess fat. Return all the pheasant to Dutch oven. Combine the onion, par chicken broth, wine, and rosemary; over pheasant. Cover pan and sim until birds are fork tender, about 1 and 15 minutes for farm-raised pheas wild birds may take much longer.

To serve, remove pheasant to a w serving platter and keep it warm. D

Chefs of the West

The Art of Cooking...by men...for

In case you are carried away with pheasant



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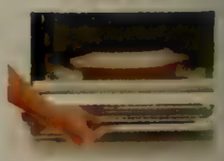
2. Set tim push "S



3. To check food, just open door. Unit shuts off automatically.

4. To res close d "Start"

o puro or whiskey to loosen it up"

rooms, reserving their liquid; add to drippings. Mix together flour and re- d mushroom liquid until smooth; nto pan drippings and cook until ened. Season with salt and pepper ste. Spoon sauce over pheasant or n a separate bowl. Serves 8 to 10 u used large farm-raised birds).

Napa, Calif.

evotees of turkey dark meat ("We mes get specials on turkey legs"), Traverso proposes a dish which s should be cooked in a black pan thick and heavy type. "And if there ny drippings left over from last lamb chops, let them be."

s further advice on the marinade: u have an Italian name, pour in *ino puro* plus a dash of vinegar. forebears are from dear old Erin, ough whiskey to loosen it up."

cipe is easily expanded to serve numbers.

PAN TURKEY

- rkey drumsticks
- ove garlic
- rig fresh rosemary (or 1/4 teaspoon of the dry herb)
- p red or white table wine with 1 teaspoon vinegar (or 4 tablespoons whiskey)
- blespoons butter
- alk celery, sliced
- een pepper, seeded and quartered
- rrot, sliced
- ion, sliced
- p regular strength chicken broth
- aspoon *each* cornstarch and water

key legs and insert slivers of garlic ll pieces of rosemary. Place in t is deep, and just wide enough modate turkey legs—to take full- ntage of the marinade. Drizzle wine and vinegar or the whiskey. narinate for at least 6 hours or overnight, turning occasionally.

Remove turkey from the marinade; pat dry. In a heavy frying pan with a tight cover, brown turkey in butter on all sides. Then add celery, green pepper, carrot, and onion. Stir, uncovered, to brown vegetables. Add the broth and leftover marinade. Cover and simmer gently until meat is tender, about 1 hour. Remove turkey to a serving dish. Pour pan juices through wire strainer and discard vegetables. Combine cornstarch and water, add to pan juices, and cook, stirring, until thickened. Serve over turkey legs. Makes 2 servings. Don't forget the French bread. *Buon appetito.*

Angelo Traverso

Sonoma, Calif.

And what is Christmas without a fruitcake? A poor thing in the opinion of many.

For one that is rich, moist, generally fruity and especially orangey, we turn to veteran *Chef* Ed Colby.

ORANGE FRUITCAKE

- 1 jar (1 lb.) golden syrup
- 1/2 cup orange blossom honey
- 1 1/2 cup curaçao (or other orange-flavored liqueur)
- 1 whole orange
- 1 can (10 oz.) kumquats in heavy syrup, seeded
- 1/2 cup (about 4 oz.) *each* diced glacé pineapple, orange peel, and citron
- 2 packages (8 oz. *each*) chopped (sugared) dates
- About 1 lb. *each* golden raisins and seeded muscat raisins
- 1 package (11 oz.) currants
- 5 cups regular all-purpose flour (unsifted)
- 3/4 lb. (1 1/2 cups) butter or margarine at room temperature
- 1 pound light brown sugar
- 8 eggs

Combine the golden syrup, honey, and curaçao. Cut the ends off the orange, remove seeds, and cut into chunks; put into blender container and whirl until coarsely chopped. Drain kumquat syrup into

"What's Christmas without fruitcake?"

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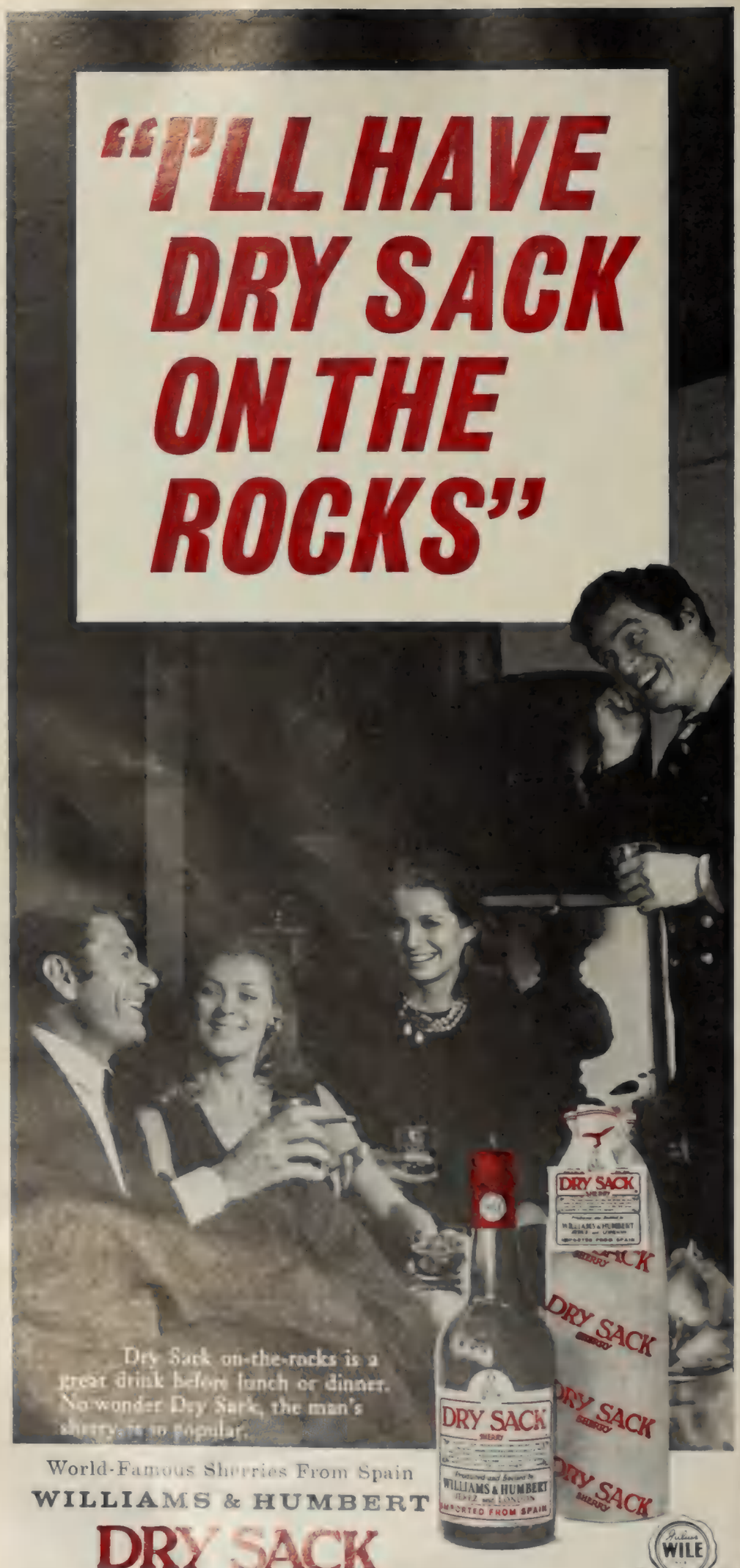
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NEW YORK

blender container with orange. Slit kum quats and discard seeds. Put kumqua into blender container; whirl all un pulpy. Then stir into the syrup mixtu

In a large bowl or other container (su as a roaster pan), mix the pineapp orange peel, citron, dates, golden raisi raisins, and currants with 1 cup of t flour so that all are well dusted and sta free, not in hunks.

Cream butter and sugar in a large el tric mixer bowl; then add eggs one a time. Then gradually add the remainin cups flour; beat until the mixture is w blended.

Pour flour mixture over fruit in roas and mix well.

Prepare 4 large loaf pans (9 by 5 or 8 by 4½ inches) or 6 medium-sized p (about 7½ by 3½ inches); grease w line the bottom and 2 wide sides wit strip of foil, and grease foil. Spoon c batter into pans and bake in a 250° o for about 4 hours if in large pans, about 3¼ hours for medium-sized p or until a wooden pick inserted in center comes out clean. Cool cakes t oughly; then wrap well and freeze or w in a cloth kept moist with orange liqu and store in the refrigerator. Make large or 6 medium cakes.

Edward P. Cally

Pasaden

For people with a proper taste for kippers, and other snacks from the Hal Woodruff has a recipe for a sa Admittedly, it is not for everyone. you can increase the odds by choo herring of fairly mild flavor so tha won't contrast too sharply with the v tables and fruit that make up the re the mixture.

VIKING SALAD

- 1 orange
- ½ green pepper, thinly sliced
- 1 jar (8 oz.) herring in wine sauce, drained
- 1 Golden Delicious apple, thinly sliced
- 1 teaspoon minced onion or instant minced onion
- 2 tablespoons salad oil
- 1 tablespoon white vinegar
- Salt to taste

Cut the peel and all the white memb off the orange; lift out orange section a shallow serving bowl or tray with s arrange the orange sections, green pe slices, herring, and apple slices, kee each element separate. In a bowl com the onion, salad oil, vinegar, and mix well, and drizzle all over the s Cover and chill about 1 hour before ing. Makes 4 servings as an appe salad.

Hal Woodruff

San Francis

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HARROW M. WATT

Dungeness crab *salad fills tender artichokes for a supper dish*

Guacamole-topped *Mexican-style chicken salad provides a colorful holiday entrée*

Make-ahead suppers... each family size...choose one serve on Christmas Eve

d the merriment of Christmas Eve, nice to have a simple but distinctive per that can be set out quickly—like of the three chilled entrées pictured . All can be made well ahead.

sider starting each menu with a hot able soup, offer warm rolls with the ée, and finish with a fruit dessert.

e artichokes brimming with crab l can be assembled early in the day. re cooking the artichokes, slice about nch off their tops, break off small s at the base, and cut thorny ex- d leaf tips with scissors.

B-STUFFED ARTICHOKES

- 2 tablespoons *each* lemon juice and olive oil or salad oil
- 2 teaspoon salt
- 5 or 6 drops liquid hot pepper seasoning
- 1 teaspoon crumbled dried tarragon
- 2 tablespoons chopped parsley
- 1 tablespoon finely chopped shallots or green onions
- pound Dungeness crab meat
- large artichokes, cooked and chilled
- Mustard mayonnaise (recipe follows)

in a medium-sized bowl the lemon oil, salt, liquid hot pepper season- arragon, parsley, and shallots; mix well. Add crab meat and mix lightly. Cover and chill several hours.

Trim off stem end of each artichoke and scoop out center choke. Gently spread open leaves slightly and spoon marinated crab in the center of each. Arrange on platter and serve with mustard mayonnaise. Suggest that diners use a fork to eat the salad, and pluck artichoke leaves with fingers to dip in mayonnaise. Serves 4.—*K. K., Stanford, Calif.*

Mustard Mayonnaise. Place in a blender container 2 egg yolks, 1 tablespoon *each* lemon juice and red wine vinegar, ½ teaspoon *each* salt and Dijon-style mustard, and a dash of pepper. Blend a few seconds, and with motor running, slowly pour in about ½ cup salad oil, or enough to make a thick sauce. Turn into a bowl, cover, and chill. Makes about ¾ cup.

A red wine and onion marinade literally cooks and seasons thin slices of raw choice steak, transforming it into zestful rare meat after chilling a day; or let it stand up to 3 days if you prefer meat less pink.

You need to buy top-quality fresh top round or sirloin; if possible have your meatman machine-slice it into uniform thin slices. You can do it at home by first partially freezing the meat. A fine alternative is to substitute 2 pounds thinly sliced, leftover, rare roast beef (let chill in marinade overnight).

SLICED STEAK TARTAR

- 2-pound piece top round or sirloin, sliced ⅛ inch thick
- 1 cup finely chopped parsley
- Onion - red wine marinade (recipe follows)
- 4 or 5 mushrooms for garnish

Using a large bowl, alternate layers of meat slices and parsley. Pour hot red wine - onion marinade over meat. Cover and refrigerate for 1 to 3 days.

Remove from refrigerator about 20 minutes before serving. Arrange slices on a platter and spoon over a little marinade. Garnish with a few sliced raw mushrooms. Makes about 6 servings.

Onion - red wine marinade. In a large frying pan, sauté 1 cup chopped onions in ¼ cup olive oil or salad oil until golden brown. Add ½ cup red wine vinegar and 2 cloves garlic, minced, and cook down until liquid is reduced by half. Add ½ pound mushrooms, chopped, ¾ cup dry red wine, 2 teaspoons beef stock base, 1 bay leaf, 1 teaspoon crumbled dried oregano, and ¼ teaspoon *each* salt, pepper, and marjoram; cover and simmer for 5 minutes.—*C. B., Davis, Calif.*

lare steak strips *top toasted English muffins for Christmas Eve repast*

The components for this gay Mexican-style chicken salad can be chilled ahead, ready for fast assembly a couple of hours before dining. Plan to use leftover meat from a roast turkey or chicken or buy a barbecued broiler-fryer.

GUACAMOLE AND CHICKEN SALAD

- 1 head iceberg lettuce
- 3 tablespoons olive oil or salad oil
- 1½ tablespoons white wine vinegar
- 2 tablespoons chopped canned California green chiles
- 1 tablespoon chopped shallots or green onions
- 3 cups (about 1½ pounds) sliced, cooked boneless chicken or turkey
- ⅓ cup sour cream
- Guacamole (recipe follows)
- ½ cup shredded jack cheese
- Pitted ripe olives, cherry tomatoes, and sweet red cherry peppers for garnish

Arrange the outer leaves of lettuce in a shallow serving bowl. Shred remaining lettuce. Mix together in a bowl the oil, vinegar, chiles, and shallots: add shredded lettuce and mix lightly. Spoon into lettuce-lined bowl and arrange chicken on top. Spread with sour cream and cover with a layer of guacamole. Sprinkle with cheese and garnish with olives, tomatoes, and peppers.

Cover and chill until serving time (up to 2 hours). Makes 4 servings.

Guacamole. Cut 1 large avocado in half, remove seed, and scoop fruit from the shell into a blender. Add ¼ teaspoon salt, ¼ cup sour cream, and 1 peeled clove garlic; blend until smooth.

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PARMESAN CHEESE SPREAD

4 (3-ounce) packages cream cheese, softened
1/3 cup grated Parmesan cheese
1/4 cup BEST FOODS® Real Mayonnaise
1/2 teaspoon oregano leaves, crushed
1/8 teaspoon garlic powder

Combine all ingredients. Chill. Shape on serving board to resemble pine cone. Garnish with nuts. Serve with fruit and crackers. Makes 1 3/4 cups.

CHEDDAR CHEESE SPREAD

4 cups finely shredded Cheddar cheese (1 pound)
2/3 cup BEST FOODS® Real Mayonnaise
2 tablespoons horseradish
Dash Tabasco
Salt
Pepper

Combine all ingredients. Chill. Shape on serving board to resemble pine cone. Garnish with nuts. Serve with fruit and crackers. Makes 2 cups.

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DARROW M. WATT

n cream *over poached apples, jelly*

The Danes are ond of applecake

Danes have a great fondness for a le, homey dessert they call applecake. not really a cake, but a layering of ed apples over buttered crumbs, ned with bits of tart jelly and a of whipped cream.

tasty version is the specialty of the try restaurant Skovmøllekroen, in a y old timbered building by a wood- stream just a pleasant walk from nark's busy city of Aarhus.

SH APPLECAKE IN A BOWL

box (6 oz.) zwieback
tablespoons butter
tablespoons granulated sugar
teaspoon cinnamon
Poached apples (directions follow)
to 1½ cups whipping cream
tablespoons powdered sugar
to ½ cup red currant jelly

ely crush zwieback. In a wide frying n moderate heat melt butter and umbs, granulated sugar, and cinna- cook, stirring, until lightly toasted. rumbs into a shallow 2-quart serv- ntainer and with a spoon press ven layer over bottom and sides.

slotted spoon lift poached apples iquid; place in crumb crust. Boil quid, reducing to about 3 table- drizzle over apples. Cover; chill. ing time, dot the surface of the with jelly. Whip cream until stiff, with powdered sugar, and spoon ples. Spoon portions into dessert Makes 8 to 10 servings.

d Apples. Peel 4 pounds (8 large) Delicious or Pippin apples, core, each apple in about 12 wedges. In frying pan combine ½ cup sugar, water, and 1 tablespoon lemon ing to a boil and stir until sugar lved, then add apples. Simmer covered, turning frequently with a atula until tender when pierced; to 15 minutes.

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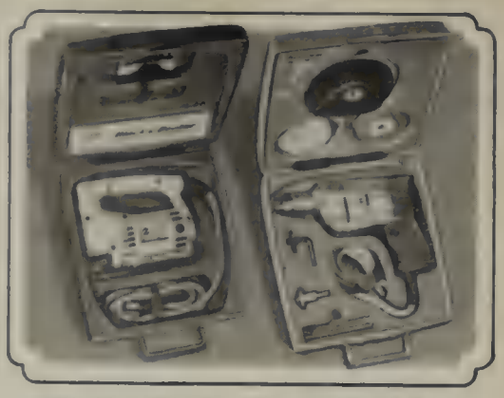

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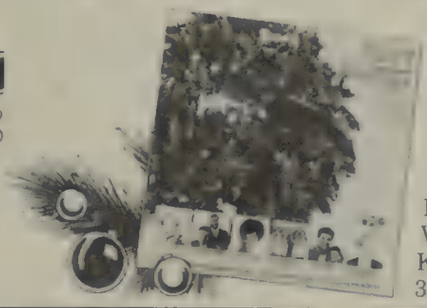

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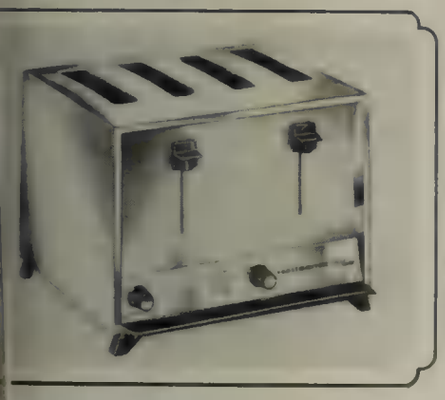

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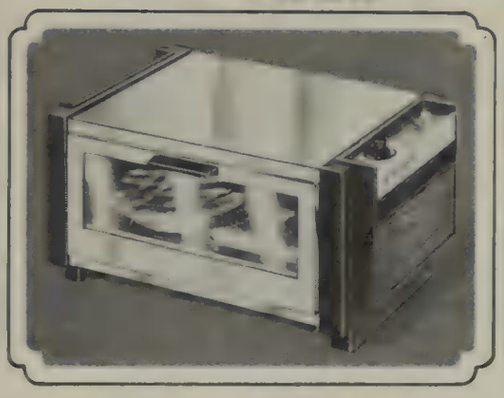

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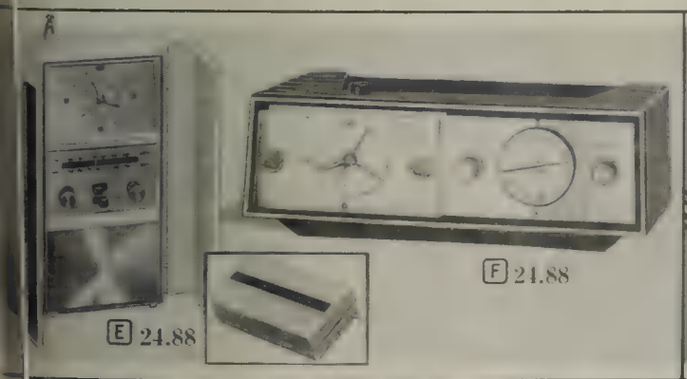

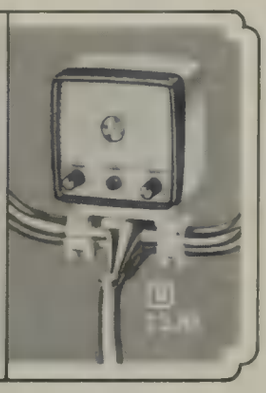

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DARROW M. WATT

Company buffet *includes corned beef with fruit ice, baked potato slices, broccoli*

DECEMBER MENUS

For company dinner, for Christmas morning, for late in the evening

These three streamlined but festive men will make December meal planning easie a company buffet dinner that expands serve extra guests; a brunch suggesti for that noisy, joyful Christmas morni and an intimate lunch or late supper.

Holiday buffet

A handsome corned beef roast, ringed wi lemon shells holding fruit ice, is the entr for this flexible menu that serves 8, you can double that number with ea Look for cranberry ice or a citrus-flavor ice at an ice cream shop (or use lime lemon sherbet). The toffee-strewn cake a fitting finale.

Green Salad with Pumpkin Seed Kerne
Glazed Corned Beef
Cranberry Ice in Lemon Shells
Dollar Potatoes
Broccoli Spears
Toffee Rum Cake

Plan to assemble the cake and chill early in the day. Simmer the beef in morning, if you wish, and glaze it j before serving in the same oven with potatoes. Cook fresh or frozen broc shortly before dinner. The salad is d bellished with roasted, salted Mexi pumpkin seed kernels. Look for them jars in the gourmet section of supern kets. Plan to mix your favorite gr salad with an oil and vinegar dressing sprinkle pumpkin seed kernels over it

Glazed Corned Beef. Buy a 6 to 8-po corned beef round or rump to allow last-minute guests or provide some l overs. Bring 3 quarts water to a boil large kettle; add corned beef, 1 bay l 1 small onion, quartered, 1 stalk cel cut up, and 2 or 3 strips of orange (use a vegetable peeler to obtain strips). Cover and simmer 2½ to hours, or until meat is tender.

Remove meat from liquid to a roast

On June 24, our home economist Marge Johnston baked 3 Betty Crocker cakes. Then she cut a thin slice out of every n. She did this to prove to the world that all Betty Crocker ies are so moist and rich bodied, you can slice them this in without crumbling. Atta girl, Marge.

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with rack, placing meat fat side up. a sharp knife, score the fat into onds and stud with whole cloves. together 2 tablespoons honey, 1 spoon Dijon-style mustard, and 2 spoons frozen orange juice concen- (thawed), and spoon half of it over oast. Bake in a 375° oven for 30 tes, brushing several times with re- ing sauce.

meat on a carving board and ring lemon cups (see below). Slice the thinly to serve. Makes 8 to 10 serv- with leftovers.

berry Ice in Lemon Shells. Cut 4 or 5 lemons in half and ream juice from (use juice for another purpose). a thin slice from the base of each ey will stand upright. Fill with a of cranberry ice or other fruit ice nerbet (you need about 1 quart). ze, covered. Serves 8 to 10.

r Potatoes. Scrub 4 large potatoes, ng on skins. Slice about 3/16 inch , keeping potato shape intact. Ar- e in 2 rows, with slices upright, in ttered 5 by 9-inch loaf pan. Melt ½ butter, add 2 green onions, finely ped, and pour over potatoes. Bake, vered, in a 425° oven for 1 hour; e heat to 375° and bake 30 minutes r, or until tender. Turn over onto a er to serve. Makes 8 to 10 servings. *C., Bellevue, Wash.*

e Rum Cake. You need a 10-inch e or chiffon cake, baked in a tube Plan to buy or make one, using your ite recipe for plain sponge cake or kage of orange chiffon cake mix.

cake on a serving platter and use den skewer to make holes 1 inch all the way through the cake. Sim- ½ cup sugar and ¾ cup water for utes. Remove from heat and add p rum or brandy or 2 tablespoons orange juice concentrate (undi- . Pour hot syrup slowly over cake. while preparing topping.

1 to 1½ cups heavy cream with 2 oons sugar until soft peaks form; 1 teaspoon vanilla. Spread over d sides of cake. Coarsely chop 4 chocolate-covered English toffee or it in candy stores); sprinkle on cake. Chill up to 12 hours. Makes 4 servings.

Christmas morning brunch

coffee and a special sweet bread the morning, you might follow exchange with this colorful easy , designed to please a range of ages.

-style Hamburgers on French Bread
Relish Platter
Chocolate Mint Parfaits

n make the parfaits several days nce and freeze them, covered. The hamburgers may be shaped ahead and chilled, ready for last-minute pan frying. On a tray arrange a selection of relishes such as celery sticks, cherry tomatoes, and pitted ripe olives.

Italian-style Hamburgers. Using a large frying pan, sauté ½ cup finely chopped onions in 1 tablespoon butter until golden. Place onions in a bowl along with 2 pounds lean ground beef, ¼ cup shredded Parmesan cheese, 2 tablespoons finely chopped parsley, ½ teaspoon salt, 2 egg yolks, 2 cloves garlic, minced, and 3 ounces Canadian bacon, finely chopped. Mix together lightly and shape into 6 patties, about ¾ inch thick.

Using the same pan, cook hamburgers over medium heat until browned, about 4 minutes on each side for rare meat. Transfer to slices of buttered, toasted French bread and keep warm. Add 2 tablespoons red wine vinegar to pan and scrape up drippings. Add ½ cup dry red wine or beef broth and 2 tablespoons butter and boil until reduced slightly. Spoon sauce over meat. Garnish each hamburger with a spoonful of chopped green onions and a sweet red cherry pepper. Makes 6 servings.

Chocolate Mint Parfaits. Using small parfait glasses or wine glasses, alternate in spoonfuls 1 quart chocolate-flecked mint ice cream and ¾ cup heavy cream, whipped and sweetened. Spoon over ½ cup bottled chocolate topping. Freeze, covered. Let thaw in refrigerator about 20 to 30 minutes before serving. Makes 6 to 8 servings.

Holiday late supper

For a last-minute guest lunch or late supper party in the kitchen, this menu goes together very fast. You can rely on canned ingredients stocked ahead, if you wish.

French Onion Soup
Toasted Crab Muffins
Vegetables Vinaigrette
Lemon Sherbet

Prepare the soup from your own recipe or use a canned or packaged soup; while it heats, assemble and broil sandwiches. For the vegetables, have canned garbanzos and sliced beets well chilled. Drain the garbanzos and beets and arrange on a serving dish with halved cherry tomatoes; spoon over bottled Italian dressing.

Toasted Crab Muffins. Beat 1 small package (3 oz.) cream cheese together with 1 tablespoon milk, 2 teaspoons lemon juice, and several dashes liquid hot pepper seasoning. Mix in 2 green onions, finely chopped, and 8 ounces crab meat or 1 can (7½ oz.) crab meat. Split, butter, and toast 3 or 4 English muffins and spread cheese filling over the toasted sides. Broil just until top browns slightly. Makes 6 or 8 open sandwiches.—*M. M., Oakland.*

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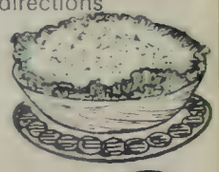

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Whole-meal soup.. Russian selianka

This stout Russian soup is called *selianka*, which means a dish flavored with salt meats or pickled vegetables.

There are many versions of selianka; th one presented here combines nuggets ham and sausage with beef short rib Thin slices of fresh cucumber, added the soup just before serving, add inte esting flavor and texture.

At the table pass bowls of sour crea sliced olives, green onions, and lem slices for each diner to add to his so as desired.

You might serve Russian rye bread wi the soup and conclude the meal with fruit-topped cheese cake.

RUSSIAN CONDIMENT SOUP

- 3 pounds beef short ribs, cracked in 3 or 4 places
- 3 quarts water
- 1½ teaspoons salt
- 8 whole black peppers
- 2 whole bay leaves
- ½ cup catsup
- 3 tablespoons butter or margarine
- ¾ cup chopped onion
- 3 Polish sausages or 5 link sausages (about 5 oz.)
- 1 large cucumber, peeled and thinly sliced
- ¾ cup (about 3 oz.) coarsely chopped cooked lean ham
- Condiments (suggestions follow)

In a large saucepan combine the be water, salt, peppers, bay leaves, and c sup. Cover and simmer about 2 hou or until the meat is tender. Then rem the meat from the cooking liquid and aside to cool. Pour the cooking br through a fine wire strainer and disc the spices. When the meat is cool enou to handle, cut it off the bones in bi sized pieces; discard bones. (You can this much ahead, and refrigerate br and meat separately.)

In a Dutch oven or another large p melt the butter and sauté the onion u golden brown. Remove fat from the of the cooking broth and add broth to pan with the onions.

If you use Polish sausage, peel off casings; cut either of the sausages ½-inch-wide slices and add to the so Cover and simmer for 30 minutes. T add cucumber, the cooked beef, and h to the soup; return just to boiling. Se at once. Pass the condiments at the ta Makes 6 generous servings.

For condiments, have ready about 1 sour cream, 2 cans (about 2 oz. ea sliced ripe olives, ¾ cup sliced gr onions with some of the tops, and 2 l ons, thinly sliced.

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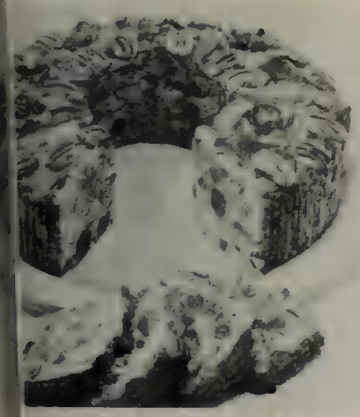

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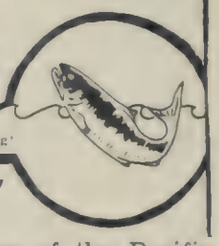

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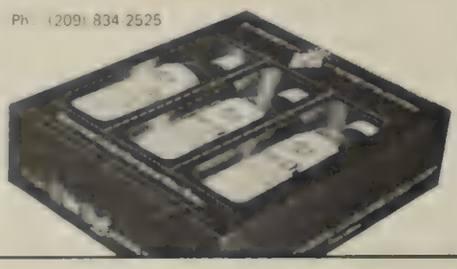

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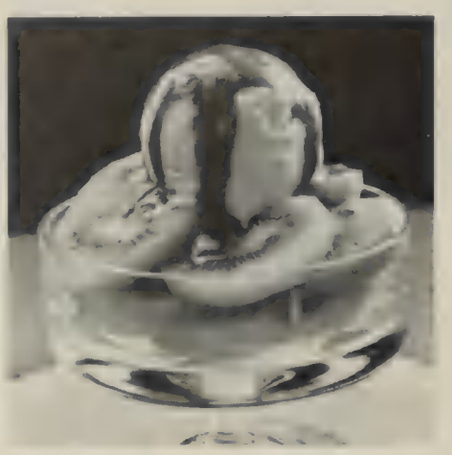
Lemon *sherbet tops a rum-soaked persimmon in water goblet*



Raspberry *sauce intensifies the berry flavor in kiwi*

Galliano *liqueur lends an exquisite herbal flavor to pears and toasted almond ice cream*

Liqueur heightens the flavor of these fruit and ice cream desserts—simple, next-to-instant ways to end a holiday meal.

Persimmons with Lemon Sherbet. Slice stem ends from fully ripe persimmons, place cut side down on plate of rum (1 tablespoon rum for each fruit), and refrigerate 4 hours to chill and let liqueur absorb. Serve topped with ball of lemon sherbet.

Kiwi, Melba Style. For each serving, peel and slice a kiwi and arrange in dessert bowl. Drizzle with 2 teaspoons kirsch or framboise (optional). Top with a ball of vanilla ice cream. Pour over strained, puréed, frozen raspberries, thawed (10 oz. package for 6 servings).

Pears Galliano. For each serving, peel, halve, and core 1 Anjou or Comice pear; arrange in dessert bowl. Top with toasted almond ice cream. Spoon over 1 tablespoon Galliano or Cointreau and garnish with curls of milk chocolate.

Triple Fruit Flambé. In a chafing dish, heat 2 tablespoons butter, 3 tablespoons honey, and 1 stick whole cinnamon. Add 2 cans (11 oz. each) mandarin oranges, drained; 1 package (10 oz.) frozen pitted dark cherries, thawed and drained; and 1 cup halved, seeded Ribyllinger grapes. Ignite ¼ cup warmed kirsch or brandy, pour over fruits; flame. Spoon over vanilla ice cream. Serves 6.—*M. L. L., San Jose.*

DARROW M. W

Flambéed *oranges, cherries, and grapes smother vanilla ice cream balls*

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The Baron of Beef

Select a 17 to 20 pound sirloin of beef. Lard it with matchlike strips of fat pork, trimming protruding ends. Oil beef and sprinkle with salt and pepper. Place in roasting pan with chunks of celery, carrot and onion. Season with garlic, bay leaf and a teaspoon each of thyme, cloves and rosemary. Place in preheated 500° F oven. Turn beef so sides are well browned. Reduce heat to 350° F.

After 30 minutes check with roast fork. If fork is still cold after pushing into beef or juice is deep red, additional cooking is needed for rare or medium. When fork is warm and juice a rose color, beef is ready. Remove beef and cover with foil. Allow 20 minutes to rest and settle juice.

Remove grease from roasting pan. To remains add water to cover bottom. Boil 10 minutes to deglaze pan. Pass through sieve. Prepare a roux of 1/3 cup each butter and flour. Add sauce base, a 10 1/2-ounce can beef broth and a half bottle red wine. Cook slowly 20 minutes. Meanwhile saute 2 pounds sliced fresh mushrooms in 1/3 cup hot butter. Add to sauce. Cook 5 minutes. Serve with sliced [illegible] beef. Serves 20 persons.

[illegible] carefully [illegible] snowy winter. [illegible] of market [illegible] the Imperial [illegible] attitudes and [illegible] produce the [illegible]

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The Turks have a different and delicious way with eggplant

DARROW M. [illegible]

Colorful *vegetable salad is an old Turkish dish adapted to our kitchens and*

A very old way of preparing eggplant makes the base for this calorie-lean, Turkish-style vegetable salad.

The usual way to cook eggplant to the mellow, almost creamy texture needed for this salad is to broil or fry it in a fair amount of olive oil or other fat. But Turkish cooks (and other cooks of the Near East) have roasted whole eggplants over an open fire since long ago, and achieved the same results. In Western kitchens, you can use the oven. Here the eggplant is cut in half to assure rapid and even heat penetration; baked; and then the pulp is scooped from the skin.

Yogurt and green peppers dress the cooled eggplant, and tomatoes, romaine spears, and onions add flavor interest. Since the salad goes especially well with grilled lamb, a simple complementary recipe for the meat follows.

TURKISH EGGPLANT SALAD

- 3 medium-sized eggplants (about 1¼ lbs. each)
- 2 tablespoons *each* olive oil and lemon juice
- 1 large clove garlic, minced or mashed
- 2 medium-sized green peppers, seeded and finely chopped
- 2 cups (1 pt.) unflavored yogurt
- Salt and pepper
- Romaine lettuce leaves
- 3 tomatoes, peeled and cut in wedges
- 1 small red onion, thinly sliced and separated in rings
- Minced parsley (optional)

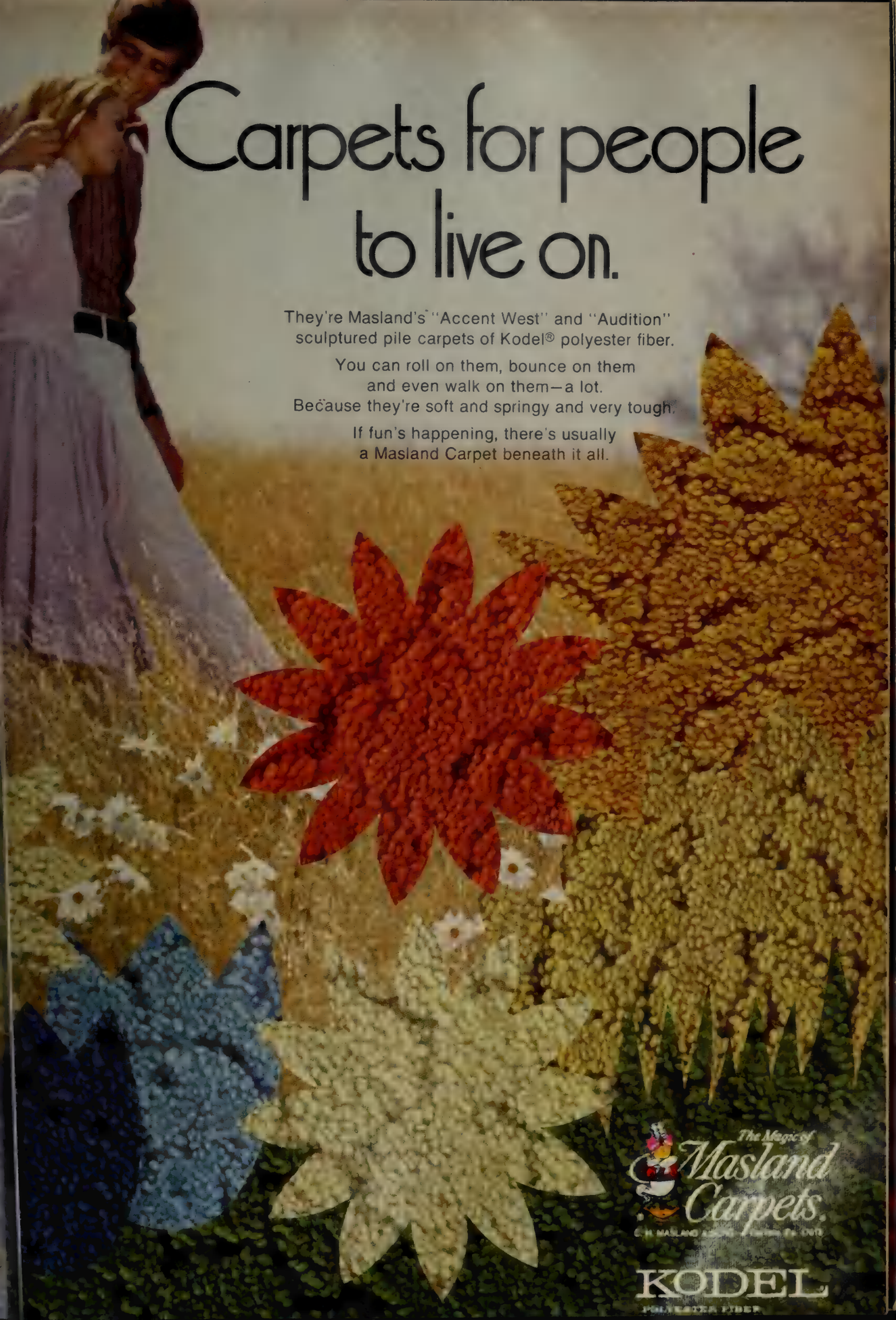
Trim stem ends from eggplants and cut each eggplant in half lengthwise. Place cut side down on a lightly greased ba[illegible] sheet. Bake in a 375° oven for 45 [illegible] minutes or until eggplants are very [illegible] when squeezed firmly (protect hand [illegible] a pot holder). Remove from oven a[illegible] stand until cool to touch.

Scoop out the pulp and mash it w[illegible] fork, adding olive oil and lemon juice [illegible] in garlic, green pepper, yogurt, an[illegible] and pepper to taste. Cover and c[illegible] long as overnight. To serve, make a [illegible] romaine leaves on a platter. Moun[illegible] eggplant salad in the center; sur[illegible] with tomato wedges, top with onion [illegible] and sprinkle with parsley. Makes [illegible] servings.—*M. G., San Francisco.*

You might like to accompany the [illegible] with this well seasoned skewered [illegible] with additional yogurt passed as a [illegible] French bread, butter, and a chu[illegible] cheese such as dry jack or kasser[illegible] dessert offer peaches, nectarines, or [illegible]

Skewered Lamb with Garlic Butter. [illegible] your meatman bone a 5 to 6-pou[illegible] of lamb, trimming off fat and e[illegible] membrane. Cut meat in about 1[illegible] cubes and thread equally on 6 to 8 [illegible] skewers.

Melt 6 tablespoons butter with [illegible] cloves of minced or mashed garlic. [illegible] lamb for 12 to 15 minutes for s[illegible] pink meat, broiling about 4 inche[illegible] heat or grilling about 6 inches ov[illegible] dium hot coals. Turn meat as need[illegible] baste frequently with garlic butte[illegible] and pepper to taste. Makes 6 to 8 se[illegible]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DARROW M. WATT

prinkle *cheese and bacon on top*

A cheese custard for brunch

-baked cheese custard, fragrant with ı and leeks, is cut into neat golden es for this brunch entrée.

N AND CHEESE CUSTARD

- pound bacon
- bunch leeks (about 4 of medium size)
- eggs
- cups milk
- teaspoon salt
- teaspoon nutmeg
- cups shredded Swiss cheese (about 10 ounces)
- pound sliced boiled ham, cut in strips

acon in 1-inch pieces and sauté in e frying pan until crisp. Remove pan with a slotted spoon and let on paper towels. Discard all but 2 oons bacon drippings. Cut leeks in ngthwise and wash thoroughly, sep- ; them. Then thinly slice using the part and about 2 inches of the green each leek. Add to bacon drippings uté until leeks are limp.

ggs until blended and stir in milk, d nutmeg. Reserve a small handful f the cheese and bacon for top- ld the remaining cheese and bacon egg mixture along with leeks and urn into a greased baking dish 3 inches in diameter, or 2-quart rinkle reserved cheese and bacon Bake, uncovered, in a 350° oven to 40 minutes or until set. Let 0 minutes before serving. Makes ngs.

half-sized version, use half the of each ingredient. Bake in a 9- pan in a 350° oven for 25 to 30 or until set. Serves 6.—*B. C., ', Calif.*

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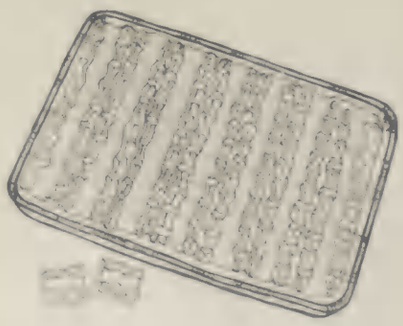
These four recipes make especially attractive gifts. Buttery cookies with ribbons of red jelly are baked in disposable foil biscuit pans. Snow-white, orange-flavored fudge fills a 9-inch foil pan. The moist raisin cake recipe, baked in foil loaf pans, makes four small cakes. And you can arrange the sugar-coated apricots in neat rows on plastic snack trays (available at party goods stores).

All four of these gifts can be sealed in plastic film to show off the food inside while keeping it fresh-tasting. To heat-seal the packages, first cover with a piece of clear plastic film (heavyweight) large enough just to overlap the edges at the bottom; pull the plastic gently across top and fold ends neatly underneath. Heat oven to 300° and set a piece of brown wrapping paper on the oven rack. Set the wrapped food on the paper and heat for 5 to 10 seconds to seal.

Add a colorful ribbon decoration and it's ready to present.



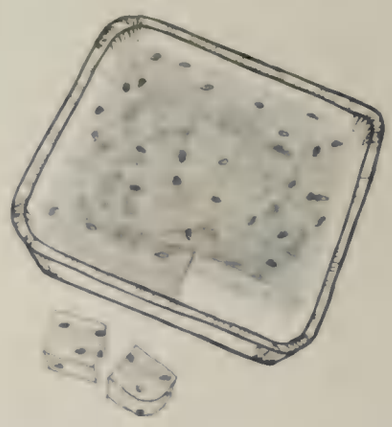
JELLY BUTTER SQUARES

- 1 cup (½ lb.) butter or margarine, at room temperature
- ⅓ cup sugar
- 1 egg yolk
- 2½ cups regular all-purpose flour (unsifted)
- ½ cup currant jelly

Beat together butter and sugar until creamy. Beat in egg yolk, then gradually mix in flour until thoroughly blended. Divide dough into 2 equal portions; chill at least 30 mintues.

For each pan of cookies, divide one portion of dough into thirds, and press ⅓ in an even layer in the bottom of a foil pan (about 8 by 12 inches); form remaining ⅔ of dough into 14 ropes, each about 8 inches long and ¼ inch in diameter. Place one rope against each narrow end of pan, then line up remaining ropes, two by two, leaving about ½ inch space between one pair and the next. Flute each rope, pressing it in place. Bake in a 325° oven for 15 to 20 minutes, or until edges are golden brown.

Heat jelly just until melted. While cookies are still hot, spoon ribbons of jelly into the ½-inch spaces. Separate into individual cookies by cutting between ropes in each pair, then cutting the length of the pan at about 1½-inch intervals. Cool thoroughly in pans. Makes 2 pans of 28 cookies each.—*R. L., San Jose.*



ORANGE CREME FUDGE

- 3 cups sugar
- 1½ cups whipping cream
- ½ cup orange juice
- 2 tablespoons grated orange peel
- 2 tablespoons butter or margarine
- 1 cup marshmallow creme
- ¾ cup (about 2½ oz.) sliced or slivered almonds

Butter the sides of a heavy 3-quart saucepan and add the sugar, cream, and orange juice. Cook over medium heat, stirring only until sugar is dissolved and mixture boils; cook to 238° (soft ball stage) on a candy thermometer. Remove from heat, and without stirring add grated peel and butter; cool to 110°. Add marshmallow creme and beat until it begins to lose its glossy sheen. Stir in nuts and pour into a buttered 9-inch foil pan. Chill until firm. Store well wrapped in refrigerator; keeps fresh-tasting for about 2 weeks. —*G. F., Bakersfield, Calif.*

RAISIN-NUT LOAF

- 2 cups *each* sugar, water, and seedless raisins
- ½ cup (¼ lb.) butter or margarine
- 3 cups all-purpose flour (unsifted)
- 1 teaspoon *each* soda, allspice, nutmeg, and cinnamon
- 1 tablespoon bourbon or water
- ½ cup chopped walnuts

In a 3-quart saucepan combine the sug water, raisins, and butter. Bring to a bo stirring until butter melts; reduce he cover, and simmer 10 minutes. Cool room temperature, but do not refrigera Stir together the flour, soda, allspice, n meg, and cinnamon; add gradually cooled sugar mixture, mixing until w blended. Stir in bourbon (or water) a nuts. Pour batter into 4 greased and flo dusted small foil loaf pans (about 3½ 6 inches). Bake in a 350° oven for ab 45 minutes, or until a wooden pick serted in the center comes out clean. C in pan. Store tightly wrapped. Make loaves. Keeps well up to 2 weeks at ro temperature.—*P. C., San Francisco.*

CANDIED APRICOTS

In a pan mix 2 cups sugar with 1 water. Bring to a boil, stirring; re heat, add 2 cups dried apricots, and gently for 5 minutes, stirring occasion to keep fruit separated. Remove pieces from syrup with a fork and p in a single layer on waxed paper; a to dry for 20 minutes. (You can r syrup, adding 2 more cups apricots.) After drying 20 minutes, transfer fru a rack, turning it over and arrangin pieces don't touch. Dry, uncovered, o night; then coat fruit all over in gr lated sugar. Store tightly wrapped; k well for 2 weeks at room temperatur *E.D., Los Altos, Calif.*

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Here's our kitchen-tested recipe. Glaze: cook 2 cups white sugar with 1 cup juice from 1-lb. 14-oz. can fruit cocktail (or 1½ cup juice and ½ cup Rosé or Sherry wine) for 10 minutes. Cool. Baste a 5 lb. (or larger) Rath Hickory Smoked Canned Ham with this glaze during last 30 minutes of baking. To serve, deck ham with fruit cocktail and drizzle with glaze. Mix remaining glaze with remaining fruit cocktail and serve with ham.
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Onion soufflé . . . a last-minute flouris

This light, airy onion soufflé compleme a holiday entrée. Depending on yo menu, it can be baked along with meat or be put in the oven when y take out a turkey or large roast.

The baked soufflé must be served imm diately, for it begins to fall as it co Our recipe includes a choice of oven te peratures for menu-planning convenien part of the cooking can be done ahe

For the soufflé to look its best, bake in a 1½-quart soufflé dish or casser with straight sides fitted with a collar foil to support the mixture as it puffs To make a collar, fold a 24-inch-long pi of foil into thirds. Butter foil; wrap around the dish so it stands 1½ inc above rim; fasten with a paper clip.

You can also bake the soufflé in a 2-qu baking dish or six individual dishes about 1-cup size; these dishes don't quire foil collars.

ONION SOUFFLÉ

About 3 large onions
8 tablespoons butter or margarine
2 tablespoons flour
½ teaspoon salt
⅛ teaspoon pepper
¼ cup half-and-half (light cream)
6 eggs, separated
2 tablespoons chopped pecans

Finely chop the onions (you should h 3½ cups). Melt butter in a pan o medium heat; add onions, cover, and c until onions are limp and liquid eva rated, about 20 minutes. Add the fl salt, and pepper, and stir until w blended. Remove from heat and gra ally stir in cream. Return to heat a cook, stirring, until thick. (This m can be done ahead; cover and refrigera

If you cooked the onions ahead, stir o low heat until steaming. Remove fr heat and stir in egg yolks. In a bowl, b the egg whites until they hold short, tinct, moist-looking peaks. Fold bea whites gently into onion mixture.

Pour into a well buttered 1½-quart so flé dish or casserole with foil collar, a quart casserole, or 6 small (1-cup s dishes. Sprinkle with nuts. Bake la soufflés in a 325° oven for 35 to 40 m utes (or in a 375° oven for 30 to 35 m utes), or until center is firm when tapp (Remove collar after 20 to 25 minutes when set.) Bake small soufflés in a 3 oven for 20 to 25 minutes. If dinne delayed, turn off the oven; the souffle remain in the oven for as long as 5 minu without harm. Makes 6 to 8 servings

R. L., San Jose.

're offering you a rour
alternative to the goc
square meal, called th
John's Origin
Frozen Pizz
's made from all kinc
of good things to ea
Like homemade Italia
ausage, natural whole
milk cheese, red rip
tomatoes, and John'
wn famous pizza crus
John's Original Frozei
Pizza—a good way tc
out this week's menu
s: Cheese, Sausage, Pepperor

What you need is a good round meal.

Garbanzos *laced with green and red of Spanish olives and cherry tomatoes*

Wax beans *with ham and crunchy water chestnuts, mixed with spicy dressing*

DARROW M. WATT

These salads start with beans

A piquant freshness distinguishes these two bean salads, based on unusual combinations of ingredients. Both salads go admirably with almost any meat that has been cooked without a sweet sauce.

In the first salad, garbanzos and sliced Spanish-style olives—either stuffed, unstuffed, or salad-style—are laced with fresh lemon dressing and topped with cherry tomatoes. If the garbanzos and olives are well chilled, you can mix this salad in a few minutes just before serving it. Or it can be prepared as long as a day ahead if more convenient.

For the salad platter, you marinate wax beans, water chestnuts, and ham in a zesty dressing for at least an hour, or longer if you prefer. Shortly before serving, mix in crisp romaine and garnish the salad with hard-cooked eggs. You can prepare the romaine well ahead of time; wash and dry it thoroughly and store, wrapped well, in the refrigerator.

GARBANZO AND GREEN OLIVE SALAD

- 1 jar (5 to 6 oz.) or 1 cup salad-style Spanish olives with pimiento or 1 jar (5 oz.) pimiento-stuffed Spanish olives, chilled
- 2 cans (about 1 lb. *each*) garbanzo beans, chilled
- ½ cup *each* chopped onion and celery
- 2 cloves garlic, minced or mashed
- 1 tablespoon chopped parsley
- ½ teaspoon grated lemon peel
- 3 tablespoons lemon juice
- ⅛ teaspoon cayenne pepper
- ⅓ cup olive oil or salad oil
- Iceberg lettuce leaves or romaine leaves
- 1 cup cherry tomatoes, halved, or 2 large tomatoes, peeled and cut in wedges

Turn olives into a wire strainer and drain thoroughly. Then slice olives and put in a bowl. Drain garbanzos and add to the olives with the onion, celery, garlic, parsley, lemon peel, lemon juice, and cayenne. Drizzle over the oil and mix lightly until all the vegetables are coated with oil. Line a salad bowl with lettuce leaves. Spoon salad over the leaves and garnish with tomatoes. Makes 4 servings.—*S. E. H., Berkeley.*

BEAN AND HAM SALAD PLATTER

- ¼ cup red wine vinegar or cider vinegar
- ¼ cup olive oil or salad oil
- ¼ teaspoon *each* pepper and dry mustard
- 1 clove garlic, minced or mashed
- ½ cup thinly sliced green onion with some of the tops
- 2 cans (about 1 lb. *each*) wax beans, drained
- 1 can (about 5 oz.) water chestnuts, drained and sliced
- 1 cup (about 4 oz.) coarsely chopped cooked ham
- 2 tablespoons finely chopped parsley
- 1 large head romaine
- Salt
- 4 hard-cooked eggs, cut lengthwise in quarters

In a 3-quart bowl mix vinegar, oil, p per, mustard, garlic, and onion. Pu beans, water chestnuts, ham, and par y and stir gently to coat with marin Cover and refrigerate at least 1 hou as long as overnight. Shortly before s ing, tear enough inside leaves of rom into bite-sized pieces to make abou cups; add to marinated mixture and gently. Sample, and add salt to t Line a chilled platter with remaining maine leaves. Mound salad on pla garnish with eggs, and serve. M about 4 servings.—*E. M., Los Angel*

Bet on it.

When you swing from the chair lift at the 9700 foot summit of Slide Mountain, you're in the center of the nation's largest concentration of fine ski facilities. Strung out along the Sierra ridges is a network of 16 ski resorts with 59 chair lifts. Every level of skiing, from beginning to championship, is only a short ride away over modern all-weather highways.

A ski holiday in Nevada is more than spectacular skiing. It's beautiful scenery. Imagine topping a ridge and looking down on Lake Tahoe half a mile below, or over the Sierra. Imagine unbelievably clear skies and warm sunshine most of the 180-day-long season.

Nevada's exciting cities provide after-ski activity unmatched anywhere else in the world. Reno, the host city for the 1960 Winter Olympics, is at the foot of this giant ski complex. In Southern Nevada the Las Vegas Strip is only 45 minutes away from the great powder snow of Lee Canyon.

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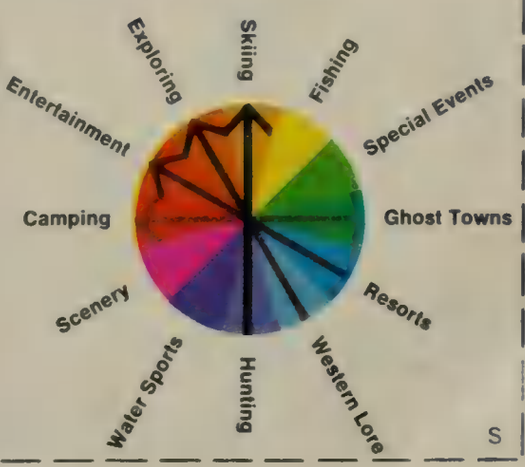

S

New FLINT* Cutlery Set. Stainless Steel with Right Shape, Grind and Edge for Every Cutting Purpose

You'll love your Ekco cutlery, especially in this romantic Mediterranean Holdster that looks so handsome on any wall or table, and protects those precious edges. Six different blades with six special purpose edges from the versatile paring knife to the roast beef slicer with the super-keen professional edge. The blades are stainless Vanadium steel (a 15-year guarantee* comes with the set). The beautiful mahogany finished Pakkawood* handles look expensive – specially designed for better balance, surer grip. For the finest in cutlery, give or ask for Ekco in the new Mediterranean Holdster. Available at most stores where fine housewares are sold.

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Esrom—excellent! Beautiful with bread. Sybaritic with soup and crackers. Smashing with supper. Devilishly Danish, and you'll realize it the instant you taste its creamy tang. The second bite will confirm it. You know the Danes—perfectionists. That's what makes Esrom cheese a marvelous mouthful in any language.

Cheeses from the Fairyland Dairyland of Denmark

BULL'S BLOOD.

Now, from Hungary, comes Egri Bikaver—a robust, full-bodied Hungarian red wine which, because of its deep color, is called "Bull's Blood." Mildly dry yet smooth, it is excellent with steak, roasts, venison and goulash. This wine, a classic in its homeland, is now available in quantity and distributed to a number of better package stores. Look for the bull's head on the label.

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601 Fourth Street, San Francisco, California 94107

Out of a salmon can, pleasures

DARROW M. W

On pumpernickel bread, *smoked salm with cool, crisp cucumber, cream ch*

On hearty whole wheat, *mild canned mon and egg salad with spicy waterc*

Canned salmon converts quickly and ily into a light but satisfying sandw supper. These two knife-and-fork s wiches are served open-faced in the D ish style. A small can of salmon or smo salmon makes two generous servings.

Smoked salmon sandwich. Combin package (3 oz.) cream cheese with 1 spoon lemon juice; spread on 2 sl pumpernickel bread. Arrange about 6 cumber slices on each sandwich and with 1 can (about 3½ oz.) sliced or chu style smoked salmon. Garnish w chopped green onion. Makes 2 sandwic

Salmon sandwich with egg. Hard-coo eggs; cut 4 thin center slices and res for garnish. In a bowl chop remain egg and combine with 2 tablespoons m onnaise. Spread egg mixture on 2 sl whole wheat bread. Top egg with sp of watercress and 1 can (about 7 oz.) mon. Garnish with egg slices. Mak sandwiches.

'Tis the season to be nibbling.

On Pillsbury Crescent Roll Nibblers.

"They're made with Crescent Dough Ho-Ho."

PERMINT MARSHMALLOW PUFFS

aft Jet-Puffed Marshmallows
sps. Parkay Margarine, melted
p crushed peppermint candy
n (8 oz.) Pillsbury Refrigerated Quick Crescent Dinner Rolls
wdered Sugar Glaze
ushed peppermint candy, if desired

375° 8 Puffs

arshmallows in melted margarine; crushed peppermint candy. Wrap scent triangle around each, com- ly covering marshmallow and zing edges of dough tightly to seal. margarine; place in muffin pan. on foil or cookie sheet to guard st spill-overs.) Bake at 375° for 10 minutes until golden brown. Im- tely remove; drizzle with Glaze. kle with crushed peppermint candy.

HAM AND CHEESE PINWHEELS

1 can (8 oz.) Pillsbury Refrigerated Quick Crescent Dinner Rolls
16 2-inch square slices Cracker Barrel® Cheddar Cheese
8 squares thinly sliced boiled ham

Oven 375° 8 Sandwiches

Separate crescent dough into 4 rectangles. Cut each in half to form 8 squares. Place on greased cookie sheets. Top each with a cheese slice, then a ham slice, and then another cheese slice. Cut diagonally through layers of dough, cheese and ham from each corner to within ½-inch of center. Fold alternate points to center, overlapping and fastening with a toothpick forming a pinwheel. Brush with milk; sprinkle with poppy or sesame seed. Bake at 375° for 10 to 15 minutes until golden.

Pillsbury is honoring this nibbling season by bringing you some of our favorite holiday recipes. You can pick up a holiday recipe booklet with other nibbling ideas at the Pillsbury section in your dairy case. Happy nibbling to you.

Pillsbury

In the deli case.

We're the first to leave the party

After the hello's and how are you's get to know a great cheddar. Sharp Cracker Barrel Brand. The handy Stix Pak® from Kraft has fine aged cheddar in a special size for party nibblers.

Introduce us to your friends, but remember—the better the party, the sooner we leave.

KRAFT Division of **Kraftco Corporation**

THE

Western Kitchen

NEWS AND IDEAS

he wide array of molds on sale in
ien or gourmet shops, there might be
the right gift for the cook on your
Some pictured here have a special
lay theme, while others can be used
time of year.

ral are imported but widely avail-
some are copies of more expensive
s. The prices will vary from one shop
nother.

ding steamer has fluted bottom, hol-
center cone, and snugly fitting cover.
olds about 2 quarts of plum pudding
her savory dishes. About $4.

cream molds add an elegant touch
bombe or frozen dessert. The tall one
red costs about $13; small, rounded
about $4.25.

Nicholas, imported from Sweden, is
for chocolate or ice cream; front and
are held together with springs.
t $15.

mold, one of many available ani-
is suitable for cakes, ice cream, or
late. Form rests upside-down while
g, cooling, or freezing. About $2.

spring mold is used for panettone
in sweet bread) and other cakes
must be handled gently while un-
ng. Prices start at about $2.

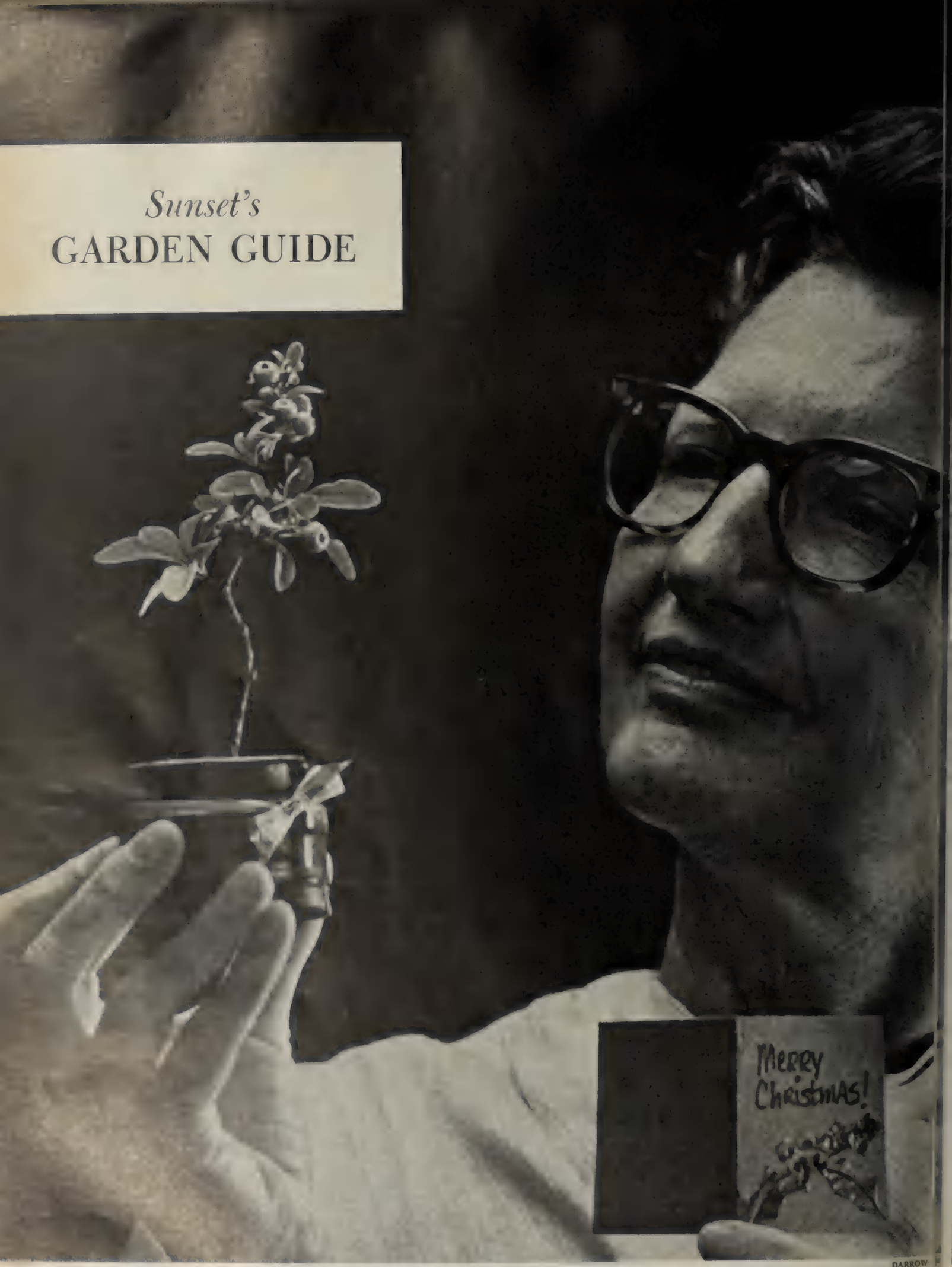
pâté mold is made of tin; it is just
several round, oval, and rectangu-
té molds available. Sides are held
er with spring clamps. From about
up.

eine plaque molds the simple little
cakes that make an elegant ac-
niment to dessert. The all-impor-
pattern on bottom should show
serving. Plaque for one dozen
costs about $3.25; other shapes are
ble.

DARROW M. WATT

Molds *simple and fancy, from $2 to more than $10. They might be chosen to fit in with holiday cooking plans*

Sunset's
GARDEN GUIDE



DARROW

A dwarf Red Elf for Christmas

This miniature delight is dwarf pyracantha 'Red Elf' i as a bonsai. To grow a similar one, follow directions opposite page. Small bonsai like this can stay indoors in c room for three or four days; keep moist, away from heat w

CEMBER IN YOUR GARDEN:

all planting . . . last call. Nursery shopping for the holidays

ıber's gardening tasks should be early: The end of the fall planting ı (see page 184) is near, and the y season is fast approaching.

nately, the tasks are light. Finish ast-minute fall planting, then give garden a general clean-up. Protect r plants from frosts. Firmly stake f necessary, shield plants that are rable to wind injury. To prevent damage, cut back long branches might break off in high winds and ıut dense growth of evergreen trees euttings as holiday greens).

o find time to visit a nursery this ı, too. You'll find many holiday nd decorating ideas. The best buys in the month are bare-root and and burlapped plants, and you need to set them out immediately. an heel them in the ground for a or more without damage, then set out at your leisure when the soil kable.

How to grow a dwarf pyracantha bonsai

The photographs below show two main steps in starting a bonsai similar to that pictured on the left.

You'll need the smallest plant available (2¼-inch pot) of 'Red Elf' or 'Tiny Tim' pyracantha; 18-gauge and 24-gauge annealed copper wire; sharp pliers or similar tool; small bonsai pot (or you can leave plant in the present pot for some time); fine plastic or wire screen to cover drainage hole of display container; and a small amount of soil mix.

Carefully probe to locate the first surface root leading to the base of the main stem. Insert an end of the heavier wire diagonally into the soil near base of stem away from the root, and push it down against the side of the pot. Firmly hold stem and wire between thumb and forefinger of one hand; with the other hand, wind around base of stem and continue almost to top. Cut wire at top. Wind the finer wire around side branches. Gently bend wired stem and branches as desired.

If potting in a bonsai container, place screen over drainage hole, set plant, add soil mix as needed, and firm in around root ball. Cover surface root with at least ¼ inch of soil mix. Water thoroughly and place in cool spot. Water daily.

In two weeks start feeding monthly with 0-10-10 (no nitrogen) fertilizer; in early spring begin using complete fertilizer (with nitrogen).

In about eight months, after bonsai form is firmly established, remove wires by carefully snipping off in short sections with pliers or shears.

Easy way to give a Christmas plant

If you want to give a landscape-sized plant as a Christmas gift to someone who lives in another part of the state, there is

After exposing *first surface root, insert wire diagonally into root ball and against side of pot. Hold wire firmly against base of stem; wind nearly to top*

Wires *on main stem and side branches allow careful bending to shape. Keep plant in part shade; water daily. In about eight months, when shape is established, snip off the wires*

Sunset's GARDEN GUIDE

ELLS MARUGG

Tiny *white outdoor lights attractively decorate trees (or shrubs) without risk of heat damage*

a safe, quick way to do this. The service is called "Plants by Phone" and it's offered through nurseries in more than a hundred communities in California.

Here's how it works: You place an order for the plant at any nursery offering the service. A nurseryman there telephones to arrange for such a plant to be delivered by a nursery in the community where the intended recipient lives. You pay the local nursery for the plant (minimum order is $10), the cost of the telephone call, and the delivery charge if any.

Keeping cut boughs from wilting, shredding, dripping

If you like to include tree boughs in your Christmas decorating, these evergreens will hold up well when brought indoors: Cypress, Douglas fir, true fir, incense cedar, juniper, pine, *Podocarpus macrophyllus*, and redwood. You can count on them to last through most or all of the holiday season.

Don't bother to cut spruce or deodar cedar; their branches are quite unreliable, often drying out quickly and dropping all their needles.

To keep boughs as fresh as possible, you can apply an antidesiccant spray immediately after cutting. This material, sold at nurseries, reduces the moisture loss from the needles, so be sure to cover all surfaces with it.

It's also a good idea to place freshly cut boughs indoors on a piece of newspaper overnight to see if they drip pitch. (Pines especially tend to release pitch wh brought into a warm room.) If you fi you have a dripper, wrap its cut end foil; this can save many a tabletop, carp or mantel.

Give a pack of labels

One of the handiest gifts you can giv gardening friend is a packet of plant bels. They're inexpensive and indispen ble to gardeners who like to know exac what they have planted.

The best plant label is inconspicuous, p manent, and easy to read, whether tached directly to the plant or stuck the ground nearby. Wooden labels the least expensive and quite unobtrus however, the thin, soft wood rots in and ink or pencil lettering weathers soon becomes illegible. Labels made plastic or various kinds of metal are more durable, and writing on these be more permanent.

A label-maker gun, costing about $ $15, also provides durable, easy-to-r labels for plants in addition to its o labeling uses.

You also may want to consider the and type of plants that your friend gr Annuals, bulbs, ground covers, and plants that die down in winter are served by labels that are simply pu into the ground beside them. Larger, permanent plants take labels with ties that are twisted loosely aroun branch or attached to the plants' porting stakes.

DECEMBER CHECK LIST: *Holiday plant care*

☐ **Bulbs, bulblike plants.** Amaryllis, anemones, callas, lilies, and ranunculus are available for December planting, and gladiolus should be by Christmas. Plant lilies soon after you buy them. The rest can be held for a month.

☐ **Camellias.** Sasanqua and japonica varieties bloom this month, so it's a good time to choose one for planting. Set out plants in a protected spot with partial shade, or, if the weather stays cool and wet, keep them in their nursery cans for several months.

☐ **Christmas tree care.** As soon as you return home with a cut tree, place it in water in a cool, shaded place until you're ready to bring it indoors, and apply an antidesiccant spray to slow down drying. (Your garden center should have this.) To make the tree last longer indoors, cut off several inches above the tree's base (at an angle) and place in a stand that holds water.

☐ **Frost protection.** Be prepared to protect bougainvillea, citrus, and other tender plants from December freezes with frames for burlap or other overhead covering.

☐ **Garden grooming.** Keep fallen leaves raked off the lawn. Rake up leaves and debris from beds and borders to eliminate hiding places for pests. Cut dead stems from perennials; mark location if you remove tops entirely.

☐ **Gift plant care.** Remove foil from potted plants or punch a hole in the bottom so water will drain properly. Place in well lighted spot—not direct sunlight—and keep out of drafts. Azaleas and cyclamen bloom longer on a shady porch than in a warm, dry room. Be careful not to overwater poinsettias; water only when the soil starts to dry out and don't let water stand in the saucer underneath.

☐ **Lawns.** Feed if you notice growth slowing down. Lawns planted earlier in the fall probably need fertilizer by now.

☐ **Pest and disease control.** The season for dormant spraying of fruit trees begins this month. Snails and slugs are active except during the coldest weather when temperatures reach 45° or below; keep fresh bait out.

☐ **Planting.** California's special fall planting season often extends through the first week in December (see page 184).

☐ **Pruning.** Most deciduous shrub and tree pruning can wait until next month, but do take selective cuttings of evergreens to improve their shapes as well as to obtain greens for holiday decorations.

☐ **Roses.** Bare-root plants become available at nurseries now, but the main buying and planting season comes in January and February.

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Presto's Mist Hair Dryer works like magic to make you beautiful. Moisturizes and dries in minutes. Super size hood for extra large rollers.

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Cut out the Presto gift you want most and leave it where it can't be missed.

These are just three hints for holiday giving. Presto offers dozens of other practical gift ideas: toasters, irons, automatic ranges, fry pans, automatic toothbrushes, vertical broilers, hand mixers, electric shoe polishers, griddles, deep fryers, portable ovens, corn poppers. Something for everybody in the family. There's more cooking at Presto than pressure cookers. So clip a gift. And happy hinting.

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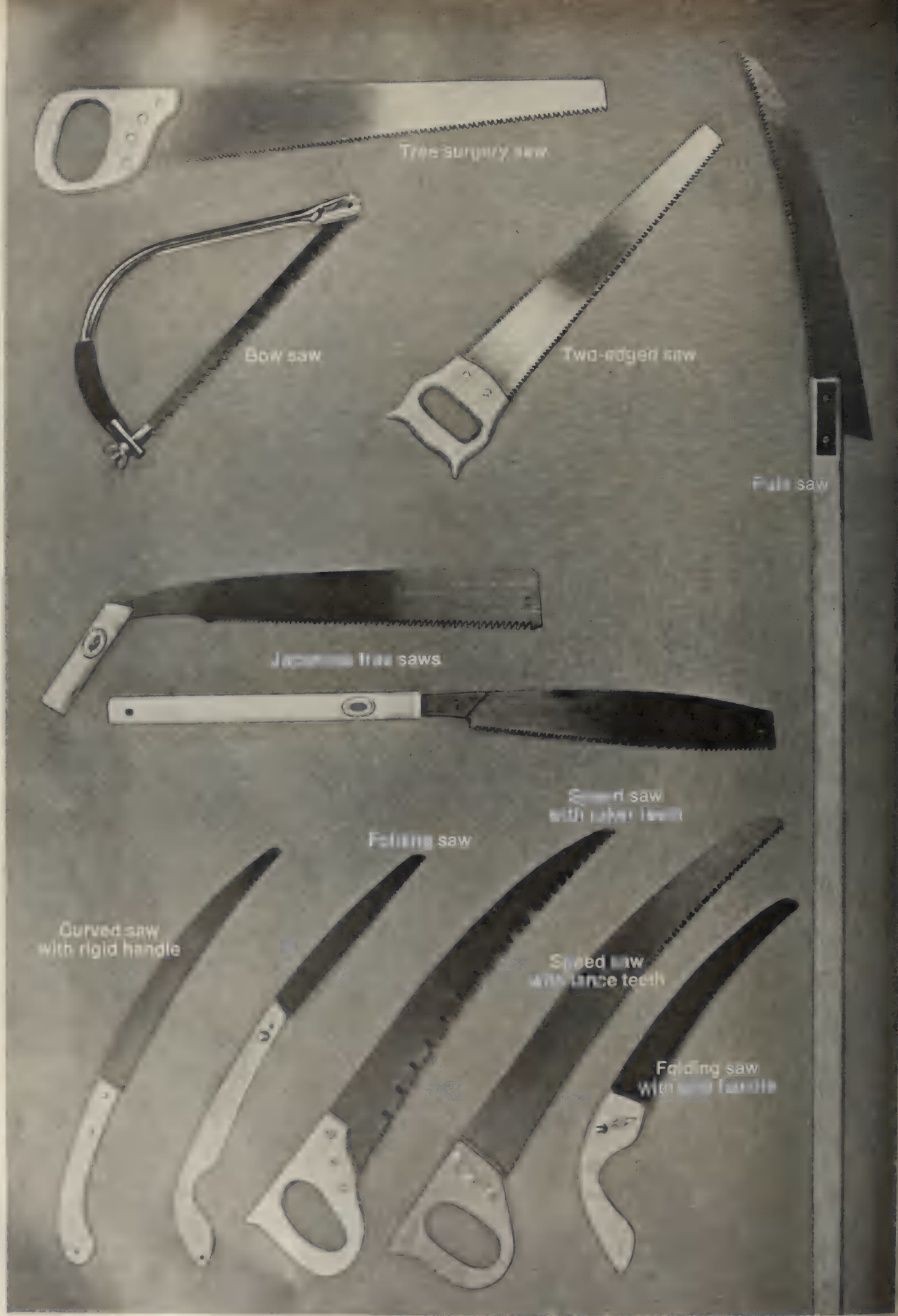

DARROW M. WATT

Eleven types *of pruning saws. Most come in more than one size (blade length). All but top three have teeth angled back toward handle and cut on the pull stroke—opposite of carpenter's saw. Each is described on next page*

ho needs a pruning saw?

r sure, anyone who cuts branches icker than 1 inch. Pruning that size of ood with any other tool—shears or lop-rs—taxes the tool and you. And shears d loppers tend to crush as they cut, pro-cing ragged, mashed edges that leave e way open for disease.

so, some people prefer to prune with a w even when shears might do; a saw en cuts old hard wood easier and more anly. Or they use both tools to prune e same plant: shears for the small young ood of roses, a small saw for old canes.

hich pruning saw would best suit your eds? The photograph at left shows 11 ds sold in Western hardware stores d nurseries, although any one place 't likely to stock more than a few.

hen evaluating a saw, heft it for weight d balance. Look at the size of teeth. Big eth (5 or 6 per inch) go along with a big ade and make a saw suitable for heavy rk only. Smaller teeth (up to 10 per h) are for smaller branches, deadwood, hardwood such as citrus.

ok straight down the blade and see w the teeth are set. For best cut you ould see a V of teeth alternately bent either side—the length of the blade.

ne saw makers now put a nonstick orocarbon coating on the blades. This y at times make sawing easier by al-ing the blades to slip through wood h less friction.

IS ONE CUTS THE PUSH STROKE

e surgery saw. With teeth angled for-d on a heavy 2-foot blade, this looks l works much like a carpenter's hand-. Many professionals swear by it for on big limbs. But using it for over-d sawing or undercutting can be diffi-. About $9 to $10.

ESE CUT BOTH SHING AND PULLING

saw. This inexpensive utility saw is ter suited for cutting firewood, but e people prune with it. Hard to ma-ver among crowded branches. Many s, with 15-inch blades on up. From $3.

-edged saw. One side has small teeth, on push, is intended for small limbs dead wood. The other has coarse h, cuts on both strokes, is for larger branches and green wood. Idea of versatility sounds better than it really is: the saw is a compromise and doesn't do either job too well. From $3 to $7.

THESE CUT WHEN YOU PULL

Most people like this kind best. Pulling is the most natural motion for cutting overhead branches. You can hook a limb with a pull saw, bring it toward you, and control it while you saw; a push saw tends to shove the limb out of reach.

Japanese tree saws. These imports with big teeth for big branches are hard to find. One importer told us they're used mostly by tradition-minded, Japan-born gardeners, not Nisei or Sansei. About $4 each.

Curved saw with rigid handle. Knowing the saw can't fold in action (two of the curved saws pictured have folding handles) is comforting, but it's more trouble to store and carry. Blade lengths are 12 to 16 inches. About $4 to $6.

Folding saw. This most popular type is available with blades 7 to 16 inches long. Small ones with fine teeth (8 or 10 per inch) fit into your back pocket, are good for roses and shrubs. Large ones (6 teeth per inch) can handle fruit trees, most dormant pruning. From $3 to $6.

Speed saw with raker teeth. The fastest cutter of 3-inch and larger limbs, it is good for green wood because rakers (slots in place of every fifth tooth) pull sawdust out, keep blade from jamming. Handle is grip type. This saw cuts anything a small chain saw can, albeit with more effort, but is quiet, needs no fuel, makes no mechanical demands. Price equals the cost of renting a chain saw for a few hours. About $5 to $10.

Speed saw with lance teeth. Cuts deadwood better than the speed saw with raker teeth. From $5 to $10.

Folding saw with grip handle. Same as the other folding saw but handle offers easier grip, doesn't shield all of blade when folded. About $5.

Pole saw. Detachable saw heads can be fastened to 6 to 14-foot pole of wood or aluminum (some telescope for storing). Wood is safer near electric lines. Pole saws are tiring, and it's tricky to pin down smaller branches; better work from a ladder if you can. From $8 to $14.

WILLIAM APLIN

Pole saw *can cut limb 14 feet high. Here clipper worked by rope snips small branch*

A really useful gardener gift . . . a pruning saw

These four *are typical of the fruit-bearing citrus available at Christmas in the four container sizes shown: 18-inch redwood box, and 2, 5, and 7-gallon cans*

ELLS MARUGG

Dwarf citrus as gifts . . . if you are lucky, you'll find plants in fruit

Give a dwarf citrus in a container for Christmas and you may not need to wrap or decorate it - some varieties provide their own ornaments of ripening fruit right at Christmas time.

You will probably have to scour the nurseries to find fruited plants, however; just because a citrus variety can bear holiday fruit doesn't mean that every plant will.

But the search is well worth your effort. Container citrus, with their handsome foliage and colorful fruit, make unusually attractive and pleasing gifts. They commonly come in four sizes of containers: 2, 5, and 7-gallon cans, and 18-inch redwood boxes. Usually the larger the container, the older the plant, and the more likely to have ripening fruit.

You may find some plants in the larger containers with fruit left over from last season's crop. Citrus fruit often takes many months to ripen and then can remain on the plant even longer without spoiling or changing in appearance. Depending on the variety, some of this fruit will still be juicy and edible, some will probably have dried out; however, it's ordinarily just as handsome as this season's crop.

You will also find plants with fruit that is still very small and green. These aren't quite such eye-pleasing Christmas g but the fruit will ripen and turn col a few months.

Varieties you may find with colored include:

Oranges. 'Robertson' navel, 'Washing navel.

Tangerines - mandarin oranges. 'Cle tine' (Algerian tangerine), 'Dancy,' 'Owari' satsuma.

Lemons. 'Eureka,' 'Lisbon,' 'Ponder

Limes. 'Bearss,' 'Rangpur.'

Other citrus. 'Minneola' tangelo, 'Eu limequat, 'Nagami' kumquat.

More gift ideas for people interested in natural gardening

his page you see a collection of small for gardeners who want to grow ts in harmony with nature. Larger of this type are shown on page 66. kwise from upper left are:

testing kit. It can tell you your soil's and what it needs in nitrogen, phos- ic acid, and potash. $9.

et plant sprayer. We call it a *target t* sprayer because you can load it with the needed amount of spray (perhaps little) and wet just your target plant one that has the pests), nothing else. stores call it a compressed air sprayer. o $16.

spray. In winter you can use it as a nant spray. In summer, use it to kill -moving sucking insects. It's not a on; in fact, it's very similar to medici- nineral oil. $1.

sulfur. This is a safe, simple com- nd to use, alone or with oil spray, as dwinter clean-up, and in the growing on for diseases and mites. $1.

ptable all-purpose spray. It breaks —does not remain toxic to kill or other organisms later. It's safe on vegetables. It contains a fungicide and an insecticide and can be used all year. Products of this type, alphabetically, are Cha-Kem-Co Du-O-Cide Rose and Garden Spray; 49'er Bonanza Plant Spray; KXL Spray; and Ortho Multi-Purpose Garden Spray. $3.

Order for beneficial insects. It's now possible to buy by mail at least four kinds of insects that may (or may not) eat and destroy the insects or mites that feed on plant tissue and suck plant juices. For a list of sources, write to Beneficial Insects, *Sunset Magazine*, Menlo Park, Calif. 94025, and enclose a stamped, addressed return envelope. $3 and up.

Worms. If you can't find the cherished earthworms for sale, get red worms (but not night crawlers) from a bait shop. One legend says that red worms make soil so nice, earthworms come to it. 65 cents.

Sticky stuff. The widest sold, longest known brand is Tree Tanglefoot. Another is Stick-'Em. You spread the sticky substance around the base of tree trunks to prevent insects from crawling up. It keeps out ants and the aphids they bring with them. It also keeps out some borers. $1.30.

DARROW M. WATT

More gifts *(65 cents to $16) for ecologically defensive gardeners*

Chicken again?

Good old chicken!
What would our food budgets do without it?
Take it out of the ordinary and into the extraordinary with Village Inn Long Grain & Wild Rice.
Serve this easy all-in-one casserole for a welcome change of pace.

Wild Chicken and Peaches

1 pkg. Village Inn Long Grain & Wild Rice
2 cups boiling water
2½-3 lbs. broiler/fryer pieces
Accent, salt and pepper
1 can (10½ oz.) cream of celery soup
½ cup milk
1 17 oz. can peach halves

Combine rice with 2 cups hot water, stir well in 2½ qt. casserole dish. Sprinkle salt, pepper, and Accent on both sides of chicken. Arrange on top of rice mixture and bake covered in 375° oven for 1 hr. and 15 min. Combine soup and milk, pour over casserole. Place 1 peach halve on each piece of chicken. Return to oven uncovered and heat until soup is bubbly. Yields 6 servings.

CRAIG ZWICKY

Wicker bar *(about $8) holds gifts for African violet fancier. Bar can carry drinks, hors d'oeuvres; or use as a night stand, or for bathroom supplies*

Into brown bushel basket *(about $1.50) go packets of flower, gourd, and vegetable seeds and some pots for starting seeds of tender kinds indoors*

These gift ideas start with an inexpensive basket

Basket shops are great fun. They sell all kinds of interestingly shaped and textured things, and prices are usually very moderate, beginning well below a dollar and not rising very high. You'll find that your purchases tend to be large in volume but light in weight; since they're empty you can carry smaller purchases home in the larger ones. And the purchases not only can be interesting gifts in themselves, they can hold other gifts as well.

Wicker, reed, straw, cane, and bamboo all have a wholesome naturalness and neutrality that goes well with garden gifts of all kinds. We have shown a few here, but these only begin to explore the possibilities.

To choose a fitting gift, first try to decide what the recipient would like to have for plants or garden supplies.

Next step, after securing the contents, is to find an appropriate container at the basket store. If the container is permanently useful in a gardening way, you get additional points (the one on the right scores exceptionally high).

Here are some other combinations:

Bamboo trays with garden books and seed packets.

Shallow wood-splint baskets for cut-flower gathering, together with flower shears, frogs, and floral clay.

Wicker cornucopias spilling gourds, pomegranates, persimmons, or oranges—some possibly from your own garden.

DARROW M. WA

Straw basket's *plastic liner is filled with daffodil bulbs. Use for picking flowers, showing plants or arrangements. Cost: $6 for basket, liner, and tools*

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Who ate those Iceland poppies?

ELLS MARUGG

Down, *December 5, Palo Alto, California. A white-crowned sparrow takes another bite of Iceland poppy plant*

Other kinds of birds—and, of course, slug and snails—may also eat Iceland popp plants. But the white-crowned sparrov (three kinds) and its near relative, th golden-crowned sparrow, do it the mos

Young Iceland poppy leaves taste goo rather like lettuce and sugar peas. Th hungry sparrows start with new leaves i the centers, just can't stop, and finish o eating old stems as in the photograph.

These birds take up residence in lowlan California for a period that almost e actly matches the Iceland poppy seaso Like this: They return in late Septemb after having spent the summer breedin and having fun in Alaska, British C lumbia, or the high Sierra, depending o their variety. They leave again in Apri

This gives you another reason to do you Iceland poppy planting early. If you ca do it at the first of the fall planting se son, the plants will grow fast and prob bly develop beyond the morsel sta before the sparrows return or get hungr

But if you planted late, and if the spa rows abound in your garden (listen f short, high, two-or-three-note, sweet mournful calls), the only way to sa your Iceland poppy plants is to cov them *completely* (not even any 1-in holes) with a frame of netting or scree You can take it down in February.

If the sparrows have already destroy your Iceland poppies, there's a way philosophize about it: The same sparrov will also eat enough weed seeds and plan eating insects and sing enough songs b tween now and April to repay for the November-December salads.

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DON NORMARK

In Tucson: *Entrance court in Col. and Mrs. Stone's garden is enclosed and shaded by glossy privet hedge and trees. Xylosma, right; star jasmine on house*

Courtyard *likewise framed by trees, privet*

The all-green garden idea

Broad-leafed evergreen plants complem the bold, clean-cut design of the two g dens pictured on these pages. Multi use of a few kinds of permanently gr trees, shrubs, and ground covers uni the gardens. The effect in both gard is one of greenness, coolness, simplic and order.

In designing the Tucson garden of (and Mrs. David B. Stone, landscape a itect Guy S. Greene was keenly awar the need for evergreen plants to sof the glare from the large expanses of p ing. The courtyard and entrance c are enclosed with trimmed hedges glossy privet (*Ligustrum lucidum*) shaded by tree forms of the same pl

ELLS MARUGG

nlo Park: *Algerian ivy, evergreen olia in foreground; raphiolepis, asmine, olive near house*

arden *of Menlo house: azalea, lendron, ivy, holly, pieris; boxwood olive and ivy in raised bed*

n the entrance court are boxleaf nus, star jasmine, and xylosma—hly reliable plants for the desert.

-green (and white) garden pictured has two aspects. Its street side icture) is precise, crisply tailored, and sun-flooded. The rear garden perfectly groomed, but softer—with l curving lines, lush planting, and ay of sunlight and shadow from anching trees.

rlier design of this Menlo Park, nia, garden was by landscape arch- Allan Himes Reid. Alice Rydell, and interior designer, developed a g mix of green plants over a period years.

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It's time to finish up planting

If you haven't finished your fall planting, you'd better get to it now. Tomorrow is better than next week, and today is better than tomorrow. Here are some reasons:

If winter wet and winter cold haven't arrived yet, they will soon. Late November and December usually bring a few planting days when everything is right, but such days are fewer and fewer as Christmas nears. And of course Christmas makes demands on your time that can't be denied or postponed.

Fall planting is the planting that you should have finished earlier; it involves annuals and perennials planted for winter and early spring bloom, winter vegetable plants, fall bulbs, and grass seed. Winter planting is planting you can't do any earlier because plants don't come to the market until they are dormant; it involves balled and burlapped or bare-root trees and shrubs.

Look out the window; if it isn't raining, plant. If it is raining and you haven't finished planting, get to it as soon as the soil has dried out enough. The mud will only get worse later.

But mud isn't the only reason for planting now. The other appears in the chart below, which shows daily high temperatures over a seven-year period as recorded at the University of Santa Clara. Th declining warmth will limit plant growt even if rains are unusually slow in arriv ing.

IT'S GOING TO BE WETTER

The year's heaviest rains may come in an month between November and March but over the years the two rainiest month have been December and January. If i is still dry enough to work in the garde finish up your jobs fast, because the la of averages is getting ready to dump bucket of rain on you.

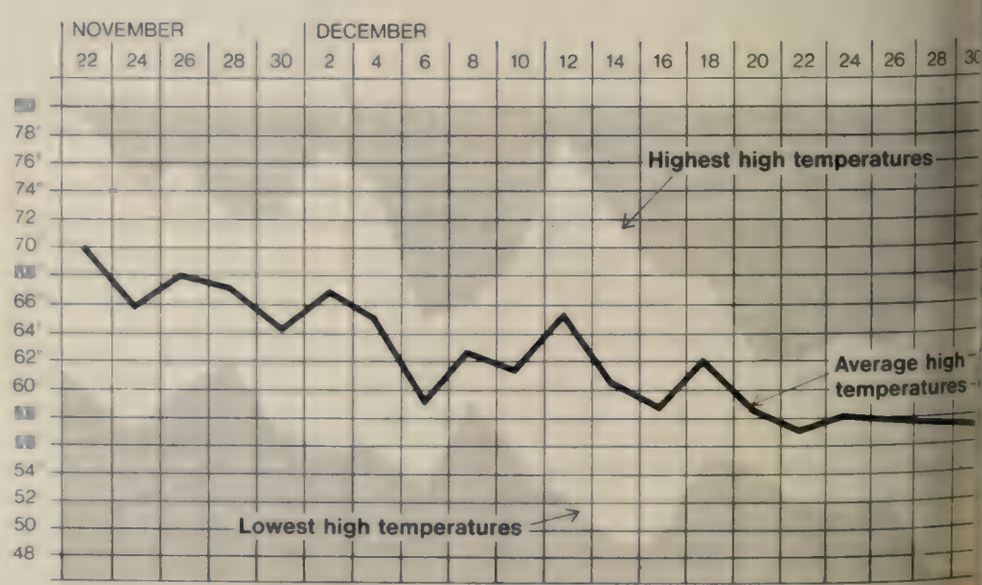
As storms come closer together, the so has less chance to dry to a workabl state. The top few inches may remai sodden for weeks, denying necessary a to the roots of newly planted annuals an causing them to turn yellow or rot away

IT'S GOING TO BE COLDER

Like rains, frosts may come early or lat they are almost certain to come durin December or January. And even if frost are late and light, there is a gradual dro ping off of heat available for good pla growth (see chart below). The result Outdoor work is uncomfortable and th chilly soil slows plant growth.

And as it gets wetter and colder, suppli of annuals tend to dry up. Frost-sensiti

Temperatures drop after Thanksgiving



(nemesia and schizanthus, for in-
will be hard to find until the
begins to warm up. Iceland pop-
d stocks, which are fussy about
ainage, will be in short supply
e heaviest storms have passed by.

advantage of whatever warmth
. Plant annuals at once, especially
dy, thoroughly reliable ones like
las, pansies, and violas. If the
l has been prepared, get your cool-
grass seed in at once; it may be
out, but then it may not, and
sprouts it will pretty well take
itself. Put in any bulbs you have
nths, lilies, narcissus, and tulips.

two cautions: Don't scant on soil
tion, and don't try to work wet
spade, fork, or other tools.

N THE BRIGHT SIDE

fertilizer and coarse organic ma-
st as you would at any other time
If weather is unsettled and you
it for a few days to find time for
, try keeping the planting bed
covering it with a plastic sheet.
the sheet to prevent its blowing

od idea to stockpile some plant-
for rainy-season use. Mix up soil
ilizer and conditioners, then store
stic or metal garbage cans, in
ags, or in boxes kept under roof
or work center.

have to work fast and late into
, but if things go well, air tem-
s should be just right for working
. And an early rain or two fol-
a dry week can put soil into
dition for planting.

erything goes just right, you can
on with your winter planting.
nd burlapped stock should be
and fresh; bare-root stock may
not be ready. If it is, buy and
once; condition of the stock will

***eft** shows how
declined from Thanksgiving
s at one Bay Area station.
ther records of the
ars, it charts the highest
est highs, and the
erage highs*

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DON NORMARK

Yellow-green *male silktassel catkins can reach a foot in length*

The coast silktassel puts on its show right through winter

Tight clusters *of fuzzy purplish fruit decorate female coast silktassels in fall and early winter*

At any season the coast silktassel (*Ga elliptica*) is a handsome plant. In winter, its normal blooming season, it be a stunner.

The sight of a well grown male pla full bloom will show you why En garden books rate it one of the cho of broad-leafed evergreens. It was brought to England in 1828 and na by plant hunter David Douglas for a Garry of the Hudson's Bay Comp who had helped him in his collecti

Coast silktassel is vigorous, fast gro and densely foliaged with thick, leat wavy-edged gray-green leaves. Plant be pinched or pruned to keep the the 6 to 12-foot height range, or tr into single-trunk trees 20 feet tall. G ing naturally, plants tend to be 1 shrubs as wide as they are high.

Plants are either male or female. plants are showiest because of their slender catkins. These silky tassels a on twig tips in winter and gradually gate; at their prime (December to M depending on where you live) they be 6 to 12 inches long. After they're grown, the silvery pale green tassels yellow-green with tiny flowers.

Female plants have shorter catkins male plant grows nearby, female produce fruit: clusters of pretty pu gray fuzzy globes ¼ inch in dia

Coast silktassel grows wild from th tral Oregon coast south to Southern fornia. It seldom grows far from the but within its range it grows in a ber of habitats—coastal scrub, cha mixed evergreen forest. It is easy to age in gardens, with summer wa without it after becoming establish

North of its normal growing rang susceptible to unseasonable frost to the occasional deeply cold winter afflict gardeners even in the Puget region. Grow coast silktassel as shrub, against a south or west-facin if you are in doubt as to its hardi your climate.

Coast silktassel has grown well in parts of Southern California. Altho can tolerate salt winds, it is not best in the mildest parts near the It does well inland if sheltered Santa Ana winds.

In the Northwest give silktassel f and good drainage. Further south, thrive in full sun or partial shade. don't transplant easily, so buy cont grown plants. One profuse-bloomin selection with long tassels is 'James

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Garden events in December

San Francisco. Through December 31 play of poinsettias at the Conserv in Golden Gate Park. There'll also colorful array of cyclamen. Hours: 8 to 4:20 P.M. Free.

Concord. December 2. Eighth annua day tea presented by the Concord en's Garden Club. Mrs. Sheldon Bra burger will discuss a variety of Christmas decorations for the hom floral arrangements for the holidays. Concord United Methodist Church hall, Clayton Way and West St. 12:30 P.M. Donation of $2 may b at the door; or write to Mrs. I Spare, 4299 Cherrywood Ct., C 94521, or telephone (415) 685-7639.

Paradise. December 3 and 4. Chr home tour sponsored by the Paradis den Club. The $1 donation may b at the first of the following hom choose to visit: Mr. and Mrs. I Combs, 1863 Conifer Dr.; Mrs. Joh ner, 1280 Wagstaff Rd.; Dr. C Larsen, 327 Rankin Way; Mr. an Alanzo Plumb, 5500 Berry Cree Hours: 2 to 6 P.M. Thursday; 2 to Friday. Donation: $1.

San Rafael. December 6. Holida Christmas party decorations sale Peacock Gap Garden Club. Plac cock Gap Country Club. Hours: P.M. Admission: $1.

Visalia. December 6. A Christma tique presented by the Visalia Club. Handcrafted tree ornament decorations and arrangements, an rated live and artificial Christma will be on sale. Place: Visalia W Civic Clubhouse, Center and J streets. Hours: noon to 6 P.M. Do $1, includes tea.

San Francisco. December 8. Annual mas greens sale presented by t Francisco Garden Club. Place: Flowers, Golden Gate Park, Nint and Lincoln Way. Hours: 1:30 P.M material is gone.

A 12:30 limited reservation lunche at the Hall of Flowers will prec sale. For reservations, telephone Francisco Garden Club, (415) 4 between 9 A.M. and 3 P.M. week

Ross. December 11, 12, and 13. T third annual greens sale by the tions Guild of the Marin Art and Center. Place: Marin Art and Center, Sir Francis Drake Blvd. 10 A.M. to 4 P.M. Free.

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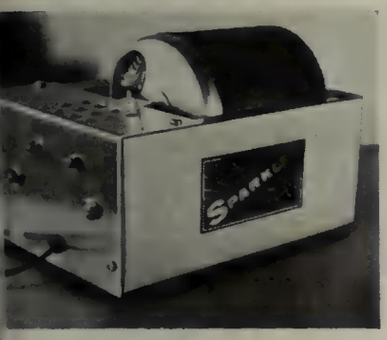
Mount Grandfather's pocket watch in this lovely, solid brass holder so you and your family can enjoy your priceless heirloom in most tasteful setting. Your cherished keepsake will become a real conversation piece of beauty and grace. Made in the USA of the finest brass—tarnish resistant. #108—Price $7.95 ea. Holder—Postpaid. Nevada residents add 3% sales tax. Send check or money order to: The Brown Cottage, P. O. Box 486, Lovelock, Nevada 89419.



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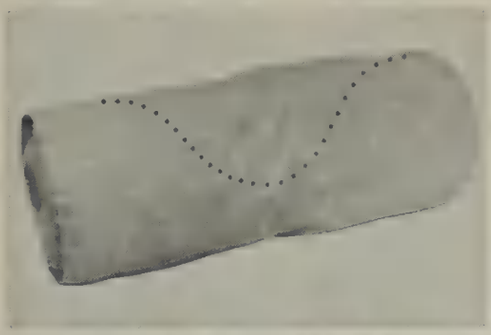
y duty model with rubber barrel for uiet operation. Take those beach colorful rocks you have collected & into beautiful sparkling gems to use Fun for the whole family. *Makes a Machine complete with motor* and lug in plus "How To" book plus et of abrasives and polish. Full price 5. All freight prepaid. Check or MO . customers add 5% tax. Gemex, Hwy. 395, Pala, Calif. 92059.



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Awaken more refreshed. Avoid bothersome neck pain. Researched by Dr. Ruth Jackson, *Cervipillo* is concaved to fit the contour of the neck. Filled with special polyester fiber, provides proper neck alignment whether sleeping on the back or side, reading, watching TV. *Cervipillo* and two white cotton drip-dry zippered covers $9.85 plus 50¢ pp. Satin covers white, gold, blue, pink add $2. Sorry no COD's. Everett Stunz Co., 7644 Girard Avenue, La Jolla, Calif. 92037. Calif. add 5% sales tax.

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Now you can have Hawaiian Pineapple just as the Polynesian chefs prepare it by using this convenient Pineapple Cutter. Follow easy directions on the box and serve your Hawaiian Pineapple Buffet. Hawaii's finest Pineapple Cutter is light and compact, made of stainless steel. Your family will love fresh, sliced pineapple at any meal. Just mail your check or money order for $5.50 to Island King of Hawaii, Inc., P.O. Box 9006, Honolulu, Hawaii 96820.

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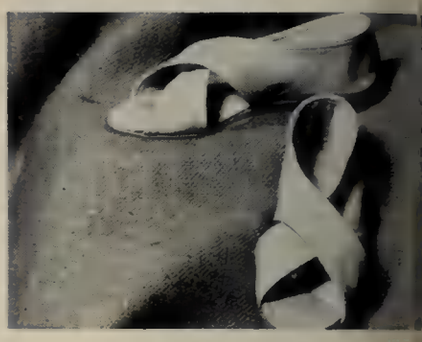

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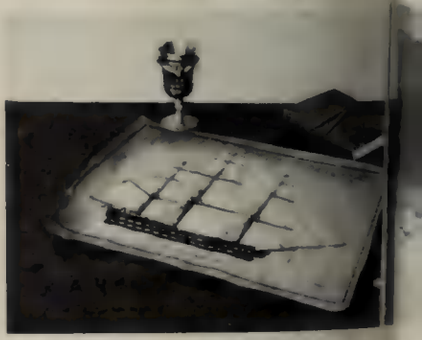

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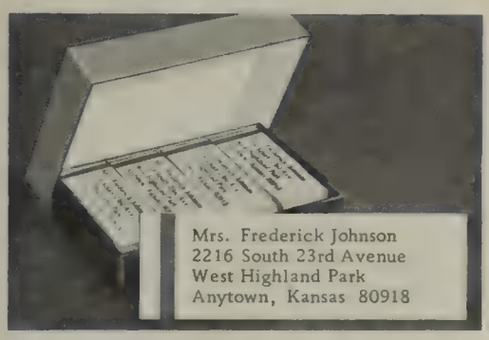

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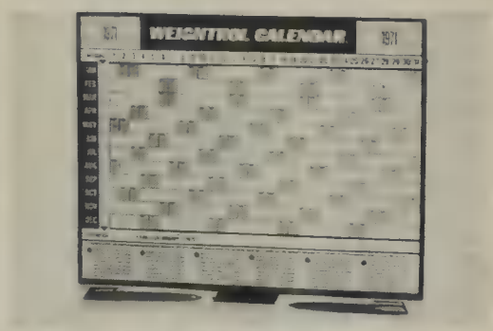

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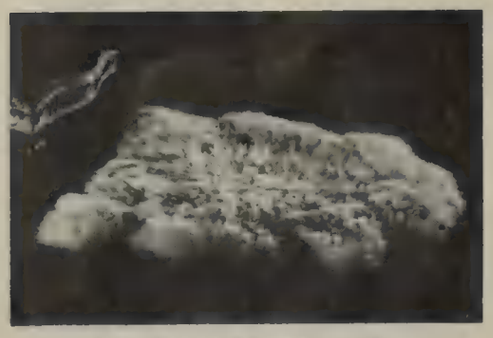

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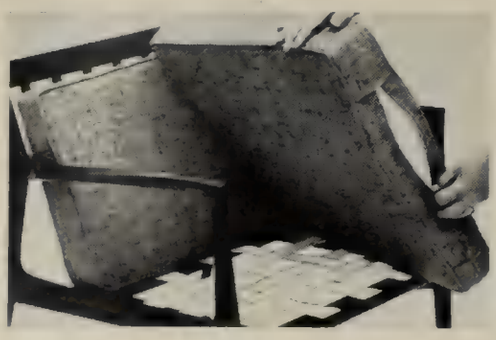

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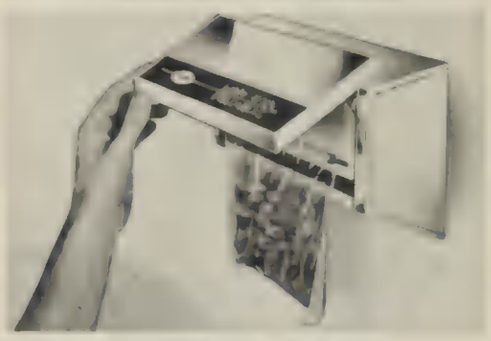

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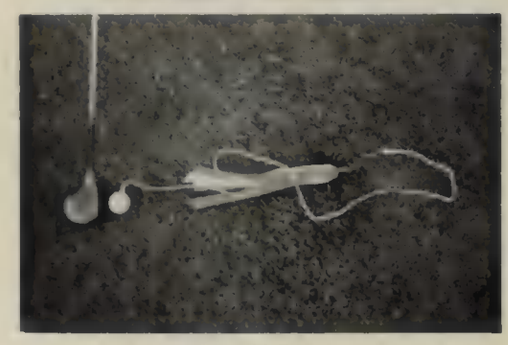

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For the price, this book is a rem performance. The first 256 pages 2,048 3-inch-square photographs color reproduction is accurate a photographs are all of well grow resentative plants. Size of the sub not always easy to determine, but page dictionary at the end of th can set you straight. Plant identi and naming are impeccable, as you expect any work of Mr. Synge's t

Plants are divided into six cat then listed alphabetically withi There are sections on alpine an garden plants, annual and biennial greenhouse and house plants, har bous plants, perennial plants, an and shrubs, the last with subsect climbers and conifers.

The dictionary describes the pla gives brief cultural directions. gardeners will have to do some t ing, because climates and cultur tices are British, as are many common names. Your *Western Book* can tell you whether a hardy where you live, and sugg tural practices that are in line w seasons and climates.

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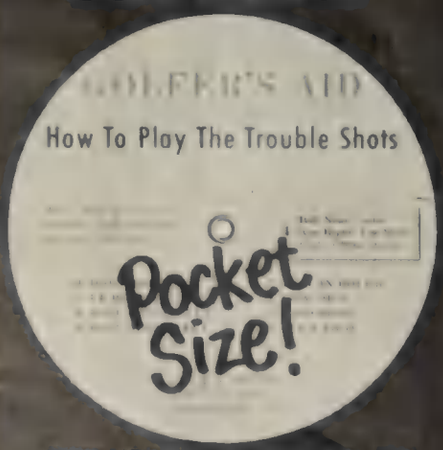

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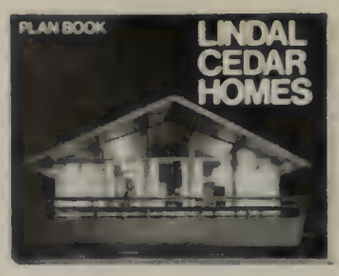

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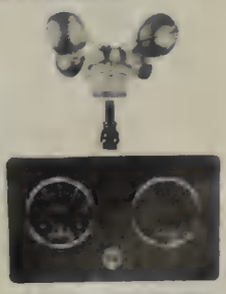

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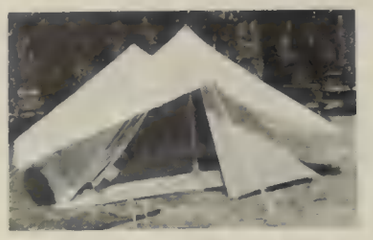

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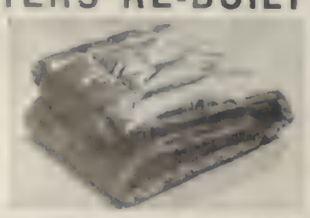

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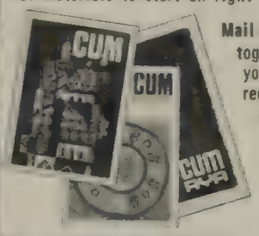

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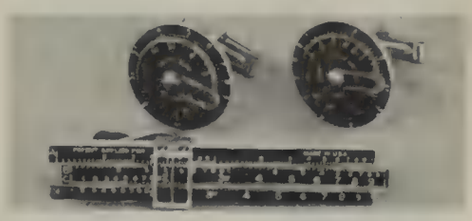

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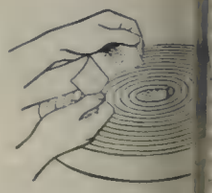

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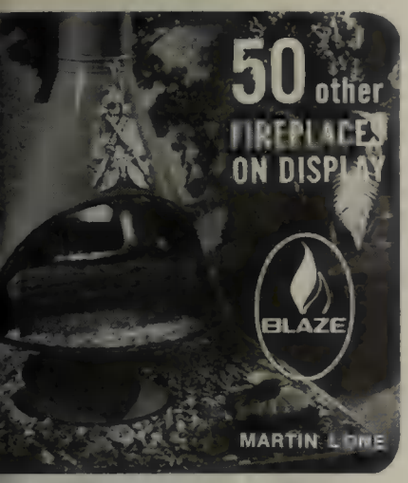

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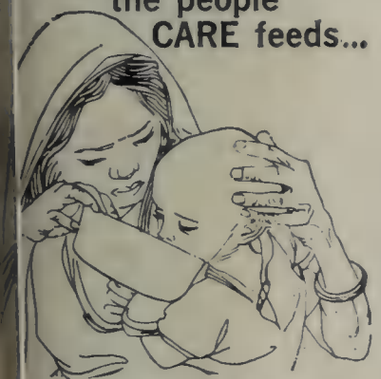

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ood Crusade, New York, N.Y. 10016

Spice bush . . . subtle color, fragrance

By December, most of the leaves of spice bush (*Calycanthus occidentalis*) will have fallen, but a few may remain to show their brilliant autumnal yellow. Planted now, shrubs will require little water or care throughout the winter. They will bloom from May on into summer.

Many-petaled flowers resembling small water lilies are a rich, sober reddish brown like faded scarlet velvet. They are about 2 inches wide and, on fading, are replaced by inch-long woody fruits that can be used in winter dry arrangements. Even more remarkable than flower color or form, though, is the fragrance. Some liken it to wine, others to vinegar; people who know the flower and the wine country liken it to the interior of a wine barrel.

Spice bush is a broad shrub 4 to 12 feet tall with a tendency to grow into thickets. New stems arise from the base, and older stems that lean to the ground take root and extend the clump. If you want to restrict the size of a clump or grow spice bush as a small multiple-trunked tree, thin superfluous shoots at ground level and cut away lower parts of downhanging branches.

Native to the moister parts of the northern California Coast Ranges and the foothills of the Sierra Nevada, spice bush is tolerant of summer water. It grows easily in full sun or part shade and makes a good-looking screening plant or filler shrub anywhere west of the Cascade Range and the Sierra Nevada.

Seven-foot-tall *screen planting of spice bush along path in Regional Parks Botanic Garden, Tilden Park, Berkeley*

ELLS MARUGG

Flowers of spice bush *are reddish brown, 2 inches wide, oddly scented like wine barrels. Leaves are bright green*

LETTER FROM *Sunset*

Will it pass the people-test?

In every issue of *Sunset* we try to present some projects that the h craftsman, the amateur artist, the seamstress, or just someone h with his hands can carry out. This is especially true in December, we try to give readers as many helpful ideas as possible on Chris gifts and holiday decorations they might make or assemble thems

Some of the ideas come from readers, some from our own editors, from consultants. One of our requirements in selecting such project publication is good design: practical to execute, attractive in its r Often we commission professionals—architects, designers, artists come up with a design. But regardless of the source, there is alwa important follow-up step: We try it out by having the work done staff member, or a wife or husband, or a friend. If we think it's a chil project, we make sure—by asking a child to do it.

The idea is to put the professional design through amateur filters.

We do this because we presume that most of our readers and their fa are amateurs when it comes to such crafts, and we want to make that the project isn't too complicated, too fussy, too extensive, or o wise just too much for the reader to accomplish with pleasure if he d happen to be as skilled as the designer.

The colorful snowflakes on page 52, the doll-house-trailer on page 5 papier-mâché animals on page 63, the burlap gift wrappings (pag and the chess set (page 74) are all examples.

In each case someone with a professional art or design background w out the initial concept. Then the amateurs took over. Copy editors p they could still cut out snowflakes; children of several of our friends their imaginations and talents free rein with papier-mâché and b one of our staff members made the chess set, and the husband of a made the doll-house-trailer.

Similar tests took place for all our other do-it-yourself suggestion

Our system pays off. Not only do the amateurs sometimes discover help solve—problems that haven't occurred to the professionals, bu also help our writers simplify and clarify the instructions.

So if you're just an amateur at home crafts—you're just the pers expect to be reading our magazine. We hope you enjoy it.

WINDOW ON THE WEST:

Giant wheels at Jackson

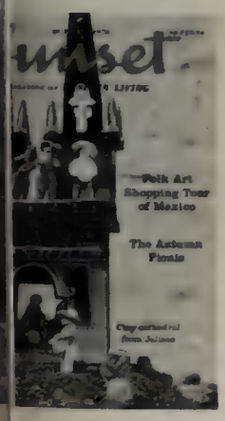
This distinctive landmark near Jackson, California, is one of four gia wheels (each 58 feet in diameter) that recall the stamp mill operation Kennedy Mine that ended in 1942. The wheels, built in 1914 as a result state legislation to combat stream pollution, raised mill tailings over tw hills on the way to an impounding dam. Dramatic reminders of an im portant period in California gold mining history, the deteriorating whee (two of the four have fallen) are the objects of a restoration fund dri by the Native Sons of the Golden West, Box 65, Jackson 95642.

CECIL HELMS

Sunset

THE MAGAZINE OF *WESTERN LIVING*

1970 Index



Western Gardening and Landscaping

- Monthly garden guides
- Flowers, shrubs, trees
- Lawns and lawn care
- Landscape planning
- Container gardening
- Patios, fences, pools

Western Cooking and Entertaining

- Meal planning ideas
- Menus • Entertaining
- Foreign cookery
- Barbecuing • Baking
- Seasonal foods

Western Building and Remodeling

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- Remodeling ideas
- Cabins, vacation houses
- Woodworking • Crafts
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Western and Worldwide Travel

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- Boating • Skiing
- Fishing • Camping
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Environment and Environment Action

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- Open space preservation

Sunset

THE MAGAZINE OF WESTERN LIVING

INDEX TO ALL EDITIONS ▪ JANUARY 1970 TO DECEMBER 1970

HOW TO USE THIS INDEX

SUNSET *is published each month in four editions:* Northwest edition for Washington, Oregon, Idaho, and Alaska; Central edition for northern and central California, northern Nevada, and Utah; Southern California and Hawaii edition for coastal Southern California and Hawaii; Desert edition for southeastern California, southern Nevada, and Arizona. Because of the climate and other differences, many SUNSET articles run in only one or two of the four editions.

You can tell which edition of SUNSET *you read* by looking on the contents page of the magazine. At the upper left corner of the page you will see the name of the edition: Pacific Northwest, Central, Southern California and Hawaii, or Desert.

In the index listings, N denotes Northwest edition; C, Central edition; S, Southwest edition; and D, the Desert edition. The word "all" tells you that an article has appeared the same month and page in all four editions. Index listings are written as follows: May 76 N, C (May, page 76, Northwest and Central editions).

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Camper vehicle clean-up, Dec 39 all
Camper vehicles, renting, May 145 all
Camping Handbook, a *Sunset* book, Apr 72 all
Collier State Park, Ore., Oct 28 N
Golden Eagle Passport, Dec 36 all
Hawaii beach parks, Jan 46 all
Henry Mountains, south-central Utah, Sept 49 N, D
Joshua Tree National Monument, So. Calif., Feb 66 all
Lassen Area, Thousand Lakes Wilderness, June 36 all
Lyman Lake State Park, eastern Ariz., Sept 40 N, S, D

Camping (Cont.)

Malakoff Diggins, Oct 22 N, S, D, 40 C
Meals, make-ahead, July 126 all
Morro Bay State Park, May 35 C, 33, S, D
Old Fort Spokane, Wash., Sept 22 N
Orange County, Calif., Featherly Regional Park, Mar 44 S
Painted Hills State Park, Ore., Sept 3 N
Pets, regulations in state parks, national parks and forests, Sept 46 all
Pioche, Nev., area, Eagle Valley Reservoir, Nov 68 S, D
Salton Sea, winter camping, Dec 4 D
Sierra Nevada, Calif., eastern slope, five new camps, June 31 S, D
Whidbey Island, Wash., Dec 28 N
White Mountains, Ariz., Aug 26 all

Canada

British Columbia
Cariboo country, June 66 C, S, D
Festival of Sports, May 4 N
Yellowhead country, May 44 N, C, D
Quesnel Museum, Aug 36 N
Shuswap Lake, by boat, Oct 24 N
Vancouver
Capilano Canyon, Apr 52 N
Rugby watching, Nov 54 N
Sea Festival, July 34 N
Victoria, art festival, July 32 N
Western Canada, Travel Guide to, a *Sunset* book, May 36 all

Central and South America

Colombia: San Andrés, Mar 46 all
Peru, Cuzco, Co-op Shop, Mar 72 all
Peru, Lima, shopping at Tambra de Oro, Nov 67 N, C, 66 S, D
South American tour, learn-while-you-travel, Jan 4 N

Cruises

Alaskan, Apr 85 N, C
Alaska's LeConte Glacier by catamaran, May 8 N; Aug 22 S, D
Bangkok, Thailand, by boat, Nov 56 N
Ireland's River Shannon, May 68 all
Marina del Rey, Calif., Nov 4 S
Ohio, Mississippi Rivers, *Delta Queen*, Jan 30 all
River runs in the West, Mar 66 all
Shuswap Lake, B.C., exploring by work boat, Oct 24 N
Sydney, Australia, by ferry, Mar 38 all

Desert

Coolidge, Ariz., Casa Grande Ruins National Monument, Apr 3 D
Joshua Tree National Monument, Calif., Feb 66 all
Komatke, Ariz., St. John's Indian School, Oct 3 D
Lighthearted Look at the Desert, A, book review, Dec 3 D
Moab, Utah, area, Potash Road (State Hwy. 279), July 34 C, S, D
Mojave Desert
Calif. Hwy. 14 side trip, May 70 S, D
Mitchell Caverns, Mar 3 D
Phoenix, Botanical Garden, Jan 33 all
Sasco, Ariz., ghost town, Mar 4 D
Scottsdale, Nov 72 N, 36 C, 74 S, D
Window Rock, Ariz., June 6 D
Yuma, Mar 42 N, C, D
Yuma, area, Sand Hills, Nov 4 D

France
Le Mans, old cars, Apr [illegible] 9, S, D
Paris
Cookware, ba[illegible] June 86 all
Rue Mouffeta[illegible]eet market, Apr 40 N, C; Nov 52 S, D
Ireland
Dublin, Phoenix Park Zoo, Mar 35 all
River Shannon cruise tour, May 68 all
Italy
Milan, rooftop tour, Nov 30 all
Netherlands
Alkmaar, Cheese Market, May 43 N, S, D
Phrase guides, Berlitz, Dec 50 all
Russia
Kiev, Nov 24 all
Leningrad, Palace Square, Apr 74 all
Moscow, June 32 N, 52 S, D
Spain
Blanes, botanic gardens, Jan 120 C, 139 S, D
Switzerland
Lugano, wine festival, Oct 8 C
Neuchâtel, wine festival, Oct 8 C
Werdenberg, castle, June 43 all

Fishing

Bass, Oso Flaco Lake, San Luis Obispo County, Calif., Nov 62 all
Bass, Ruby Lake, near Elko, Nev., July 8, N, S, D; Sept 40 C
Bottom fishing, Seattle, Jan 24 N
Catfish, Picacho Reservoir, Coolidge, Ariz., Mar 6 D
Catfish, "walking," Apr 60 all
Clamming, gaper, Feb 3 C
Crayfish, catching, June 88 all
Geoduck hunting, Northwest, June 3 N
Salmon, silver, Mirror Lake Picnic Wayside, near Anchorage, Sept 4 N
Smelt Derby, LaConner, Wash., Feb 4 N
Tidepools, new regulations, Mar 3 C; Apr 38 S, D
Trout, Eagle Valley Reservoir, near Pioche, Nev., Nov 68 S, D
Trout, ice fishing, Calif., Jan 34 S, D; Feb 52 C
Trout, kokanee salmon, Trinity Lake, No. Calif., July 30 N, C
Trout, Lakes Basin, No. Calif., Aug 23 C
Trout, McCabe Lakes, Yosemite National Park, Calif., June 68 all
Trout, Seattle area, Apr 39 N
Trout, White Mountains, Ariz., Aug 26 all

Hawaii

Beach parks, camping, Jan 46 all
Honolulu
Airline "triangle" trips, Feb 32 all
Banyan tree, struggle to save, Dec 21 S, D
Diamond Head, summit hike, Mar 31 S, D; May 55 N, C
Eastern Center, [illegible] all
Flea Pacifica 1970, [illegible] D
Paradise Park, Apr 16 S, D; July 26 N
Quilt show, Oct 55 S, D
The Foundry, Sept 30 all
Kauai
Garden touring, Mar 30 N
Kalalau Trail, Hanakapiai Valley, June 52 C; Nov 52 N
Waipahee Falls, rock slide, Mar 54 C

Hawaii (Cont.)

Maui
Kaanapali, Lahaina Kaanapali & Pacific railroad, Sept 43 all
Maui: The Last Hawaiian Place, book review, Dec 27 all
Oahu
Bon dancing, July 44 C, S, D
Polynesian Cultural Center, Mar 9 S, D; Apr 17 C
Quilt making, Ulu Mau Village, Kaneohe, Oct 55 S, D
Sea Life Park, Makapuu, Dec 43 all
Toads, *Bufo marinus*, Aug 36 S; Sept 53 D; Nov 23 C

Hiking

Angeles National Forest, So. Calif., Gabrielino Trail, Nov 3 S
Bruneau Canyon, Idaho, Oct 56 all
Cascade Mountains, Wash., Winchester Mountain, Oct 3 N
Columbia River Gorge, Ore., Apr 37 N
Field Guide to Snow Crystals, book review, Nov 23 N
Havasu Canyon, Ariz., May 80 all
Honolulu, Diamond Head summit, Mar 31 S, D; May 55 N, C
Kauai, Hawaii, Kalalau Trail, Hanakapiai Valley, June 52 C; Nov 52 N
Lake Ozette, Wash., to ocean, May 32 N
Lakes Basin, No. Calif., Aug 23 C
Lassen area, Thousand Lakes Wilderness Area, June 36 all
Los Angeles, Sierra Club mountaineering course, Jan 3 S
Moab, Utah, area, Bow Tie, Corona arches, Potash Road, July 34 C, S, D
North Cascades National Park, Wash., July 48 all
Northwest hiking, horseback, June 52 N
Olympic Peninsula, Wash., Lake Constance, Aug 22 N
Oregon Hiking Trails, 100, book review, Apr 37 N
Puget Sound, Footloose Around, book review, May 4 N
San Diego, Sierra Club mountaineering course, Jan 3 S
San Gabriel Mountains, Calif., Smith Mountain Saddle-Bear Canyon, July 4 S
San Jose, Alum Rock Park, May 3 C
Seattle, Wash., Montlake walkway, Lake Washington Ship Canal, Sept 3 N
Sierra Club wilderness outings, Calif., Mar 36 S, D
Snowshoe Hikes in the Cascades and Olympics, book review, Nov 23 N
Valley of Fire State Park, Nev., Oct 30 all
Wilderness Society trips, Apr 58 all
Yosemite National Park, June 68 all

Idaho

Beautiful Northwest, The, a *Sunset* book, Oct 82 all; Dec 24 all
Boise, Gallery of Art, shopping, Dec 22 N
Boise area, Bogus Basin ski resort, Nov 8 N, S, D
Bruneau Canyon, Oct 56 all
Lake Coeur d'Alene, houseboating, Apr 3 N
McCall Smoke Jumper Base, June 6 N
Museums, gift shopping, Dec 22 N
Nature centers for youth, Sept 54 N
Shoshone, Mammoth Cave, June 60 all

Indians

Amador County, Calif., Indian Grinding Rock State Historical Monument, Nov 64 all
Berkeley, Calif., Indian Nature Trail, University of California Botanical Garden, Apr 215 C
Coolidge, Ariz., Casa Grande Ruins National Monument, Apr 3 D
Flagstaff, Ariz., Pow-Wow, July 3 D
Gallup, N. Mex., Navajo tours, July 4 S
Havasu Canyon, Ariz., May 80 all
Havasupai Indian baskets, May 66 all
Indian Creek State Park, Utah, Newspaper Rock, May 78 C, S, D
Indian festivals in Southwest, July 32 C, 43 S, D
Komatke, Ariz., St. John's Indian school, Oct 3 D
Lompoc, Calif., Chumash Indian museum, Apr 45 all
Phoenix, Ariz.
Indian art shopping, Heard Museum, Dec 28 D
Indian Fair, Mar 74 all
Pueblo Grande, Dec 21 S, D
Prescott, Ariz., Smoki ceremonials, July 4 D
Scottsdale, Ariz., National Indian Arts Exhibition, Mar 6 D
Southwest Indian Country, a *Sunset* book, Apr 112 all
Tubac, Ariz., Festival of Arts, Feb 6 D
Window Rock, Ariz., Navajo tours, June 6 D; July 4 S

Mexico

Baja California, by private plane, Nov 8 C, 71 S, D
Cacahuamilpa, caves, Feb 52 N; Nov 72 S, D
Cuernavaca, Las Mañanitas restaurant, July 28 C, S, D
Guadalajara
Orozco mural tour, Mar 36 N, C, 53 S, D
Sunday flea market, Dec 32 C
Guadalajara to Mexico City, folk art shopping tour, Oct 64 all
Mazatlán, May 70 N, C, 34 S, D
Oaxaca, December visit, Dec 48 all
Tapalpa, Apr 62 all
Tijuana, Cortijo San José, Sept 72 S, D; Nov 68 N, C
Trip planning, books for, Mar 57 all

Miscellaneous

Air fares, bargain-hunting, Jan 37 C, S, D; May 34 N
Triangle fares, Feb 32 all
Auto glass, de-fogging, de-icing, Jan 40 all
Bags, carry-on, June 62 all
Calendar of photography, Jan 4 C
Car "survival kit," Apr 155 all
Clothes and accessories, warm, for outdoorsmen, Dec 46 N, C, 32 S, D
Gifts from museums, Nov 60 C, S, D
Golden Eagle Passport, Federal recreation areas, Dec 36 all
Halloween haunted houses, Oct 4 S; 47 C
Igloo, how to build, Mar 82 N
Pottery, handmade, lead poisoning warning, Dec 27 all
Toy box, drawing table, traveling, Oct 124 S, D; Nov 121 N

National Parks, Monuments

(Abbreviations: N.M.: National Monument; N.P.: National Park)
Casa Grande Ruins N.M., Ariz., Apr 3 D
Grand Teton N.P., Wyo., exploring by boat, June 44 N, C, D
Joshua Tree N.M., Calif., Feb 66 all
Mount Rainier N.P., Wash.
Mountaineering school, June 29 N, 9 S, D
Snow fun, Jan 28 N
Wildflowers of Mount Rainier and the Cascades, book review, Sept 4 N
National Parks of the West, a *Sunset* book, July 38 all
North Cascades N.P., Wash., July 48 all
Pets, regulations in parks, Sept 46 all
Tonto N.M., Ariz., loop trip, Sept 3 D
Yellowstone N.P., Wyo.
Exploring by boat, June 44 N, C, D
Pack trips, Apr 80 N, C
Snowbound areas, visiting, Dec 8 all
Train from Los Angeles, Aug 3 S
Yosemite N.P., Calif.
Bus service from Fresno, Oct 4 C
Horse drive, Oct 24 C, S, D
McCabe Lakes, hike to, June 68 all
Mountaineering school, June 29 N, 9 S, D
Treasures of the Yosemite, The, book review, May 3 C

Nevada

Carson City, Governor's Mansion tours, Jan 4 C
Victorian house tour, Sept 4 C
Elko, Ruby Lake, bass fishing, July 8, N, S, D; Sept 40 C
Ghost towns, Reno to Las Vegas, Sept 28 all
Pioche area, Eagle Valley Reservoir, Nov 68 S, D
Reno
Air Races, Sept 24 all
Children's ski school, Jan 24 S, D; Feb 28 N
Sparks, children's ski school, Jan 24 S, D; Feb 28 N
Valley of Fire State Park, Oct 30 all

Oregon

Ashland, Shakespeare Festival, Apr 83 all
Beautiful Northwest, The, a *Sunset* book, Oct 82 all; Dec 24 all
Bend, 25-mile scenic drive, Apr 16 N
Cannon Beach, seminars, Apr 68 N
Cave Junction, Siskiyou Smoke Jumper Base, June 6 N
Columbia River Gorge, hiking, Apr 37 N
Environment-action groups, Oct 47 N
Eugene
Epic Sale, Craftsmen's Guild, Dec 6 N
Rugby watching, Nov 54 N
Wagon museum, Apr 55 all
Hardman, historic town, Sept 6 N
Hiking Trails, 100 Oregon, book review, Apr 37 N
Hoodoo Ski Bowl, Feb 38 N; Mar 52 C
Kerby, Kerbyville Museum, July 4 N
Klamath Falls, Collier Park, Oct 28 N
Medford, young people's week, Aug 4 N
Mitchell, Painted Hills State Park, overnight camping, Sept 3 N
Mount Bachelor
Ski area, Feb 38 N; Mar 52 C
Ski School Racer Camp, Dec 4 N

Oregon (Cont.)

Museums and Sites of Historical Interest in Oregon Country, brochure, Sept 6 N
Museums, gifts, Dec 22 N
Nature centers for youth, Sept 54 N
Picture Rock Pass, State Hwy. 31, mahogany forest, July 3 N
Portland
Auditorium Forecourt Fountain, Oct 40 N
Curling club, Dec 32 N
Ice hockey booster club trips, Jan 4 N
Old Town, shopping, Dec 3 N
Oregon Historical Center, Sept 53 N
Pittock Mansion, Nov 3 N
Rugby watching, Nov 54 N
Ski schools, Jan 4 N
Redmond, smoke jumper training
Redmond Air Center, June 6 N
Rugby watching, Nov 54 N
Salem, Pentacle Theatre, June 30 N
Mineral show, Oct 4 N
Rugby watching, Nov 54 N

Pacific Area

Australia
Alice Springs, July 36 N
Sydney, exploring by ferry, Mar 38 all
Fiji, Suva, Feb 54 all
New Zealand, Auckland, Aug 35 D
Tahiti, Hawaii, Los Angeles, airline trip, Feb 32 all

Skiing

Boise, Idaho, Bogus Basin, Nov 8 N, S, D
Hoodoo Ski Bowl, Ore., Feb 38 N; Mar 52 C
Mammoth, Calif., by bus, air, Jan 4 S
Mount Aleyska, Alaska, International Airlines Employees Ski Races, Mar 4 N
Mount Bachelor Ski Area, Ore., Feb 38 N; Mar 52 C
School Racer Camp, Dec 4 N
Reno, Nev., children's ski school, Jan 24 S, D; Feb 28 N
Ski schools, Northwest cities, Jan 3 N
Ski swaps, San Francisco Area, Oct 6 C
Sparks, Nev., children's ski school, Jan 24 S, D; Feb 28 N
Whitefish, Montana, Nov 34 N

Sports

Bicycle Sunday, Seattle, Wash., Aug 3 N
Bicycle trails, East Bay Regional Parks, No. Calif., Oct 4 C
Bicycle tours, to Monterey, Calif., Aug 4 N, C
Bicycle races, Nevada City, Calif., June 9 C
Bikeway, Santa Barbara, Calif., May 4 S
Blue Angels, flight demonstration, July 6 N
Chukar Field Trial Championship, Prosser, Wash., Apr 6 N
Curling, Northwest states, Dec 32 N
Dog-sledding, snow fun festival, Bear Valley, Calif., Feb 56 N, 38 C
Festival of Sports, British Columbia, May 4 N
Gymfest, Santa Monica, Calif., Sept 3 S
Ice hockey booster club trips, Seattle, Portland, Jan 4 N
Ice skating, Northwest outdoor rinks, Jan 38 N
Kayak races, Leavenworth, Wash., July 3 N

Sports (Cont.)

Model airplanes, South El Monte, Calif., Oct 3 S
Mountaineering schools, Mount Rainier National Park, Yosemite National Park, June 29 N, 9 S, D
River runs in the West, Mar 66 all
Rodeos, Arizona's mountain country, July 3 D
Rugby, watching in Northwest, Nov 54 N
Sailing, Polar Bear races, Seattle, Nov 3 N
Sea Festival, Vancouver, B.C., July 34 N
Skydiving, Apr 71 all
Snowmobiling, Ponderosa Ranch, Lake Tahoe, Calif., Feb 28 S, D
Surfing, Big Surf, Tempe, Apr 85 S, D
Trail ride, Tevis Cup, Tahoe City to Auburn, Calif., Aug 38 all
Volleyball league, how to run, Jan 86 S, D
Water skiing, Crowley Lake, Calif., Aug 4 S

States Other Than Nine Western

Colorado
Central City Opera Festival, July 46 all
Cripple Creek, melodrama, July 46 all
Georgetown, Feb 48 all
Montana
Whitefish, skiing, Nov 34 N
New Mexico
Albuquerque
Arts and Crafts Fair, Aug 6 D
Ernie Pyle Branch Library, July 6 D
Four Corners country loop trip, Aug 3 D
Gallup, Navajo tours, July 4 S
Gila National Forest, Whitewater Canyon, catwalk, June 40 all
Indian festivals in Southwest, July 32 C, 43 S, D
Lordsburg, Redrock Game Farm, May 3 D
Santa Fe, June 72 all
Shiprock, loop trip, Aug 3 D
Southwest Indian Country, a *Sunset* book, Apr 112 all
Wyoming
Grand Teton by boat, June 44 N, C, D
Yellowstone National Park
Exploring by boat, June 44 N, C, D
Pack trips, Apr 80 N, C
Snowbound areas, visiting, Dec 8 all

Utah

Boulder Mountain, Oct 42 N, C, 61 S, D
Farmington, Lagoon Opera, May 52 all
Great Salt Lake, migratory bird watching, May 64 all
Henry Mountains, south-central Utah, visiting in fall, Sept 49 N, D
Indian Creek State Park, Newspaper Rock, May 78 C, S, D
Moab area, Potash Road, July 34 C, S, D
Park City
Silver King Mine Museum, July 42 N, C, D
Winter carnival, Feb 45 all
Salt Lake City
Hansen Planetarium, Mar 32 all
Utah Museum of Natural History, Oct 52 all
Winter carnival, Feb 45 all
Topaz Mountain, topaz collecting, May 38 all

Washington

Beautiful Northwest, The *Sunset* book, Oct 82 all; Dec 24 all
Bellevue, arts and crafts fair, July 32 N
Bellingham to Burlington via Chuckanut Drive, Apr 8 N
Bellingham, rugby watching, Nov 54 N
Bothell, Rhody Ridge, arboretum, Apr 4 N
Cascade Mountains, Winchester Mountain, hike to, Oct 3 N
Curling clubs, Dec 32 N
Enviroment-action groups, Oct 47 N
Ferndale, Old Settlers' Picnic, July 32 N
Ferry rides, Mar 3 N
Gig Harbor, Scandia Gaard, June 4 N
La Conner, Smelt Derby, Feb 4 N
Lake Ozette to ocean, hiking trails, May 32 N
Leavenworth, kayak racing, July 3 N
Mount Adams, huckleberry picking, Aug 6 N
Mount Baker via Baker Lake, June 50 all
Mount Rainier National Park
Mountaineering school, June 29 N, 9 S, D
Snow fun, Jan 28 N
Wildflowers of Mount Rainier and the Cascades, book review, Sept 4 N
Museums, gift shopping, Dec 22 N
Nature centers for youth, Sept 54 N
North Cascades National Park, July 48 all
Ocean Park, arts and crafts sale, July 32 N

Washington (Cont.)

Olympia, pharmacy museum, Mar 4 N
Olympic Peninsula, Lake Constance, Aug 22 N
Pasco, Sacajawea State Park, July 4 N
Poulsbo, arts and crafts show, May 6 N
Prosser, National Chukar Field Trial Championship, Apr 6 N
Puget Sound
Chuckanut Drive, Apr 8 N
Footloose Around Puget Sound, book review, May 4 N
Green River Gorge resort, May 3 N
Pullman, rugby watching, Nov 54 N
Roseburg, art festival, July 32 N
Seattle
Antique show, Apr 4 N
Audubon show, May 6 N
Bicycle Sunday, Aug 3 N
Bottom fishing, Pier 57, Jan 24 N
Commercial district, restoration, Feb 37 N
Christmas sale, Oct 6 N
Folk art show, Nov 6 N
Home show, Mar 6 N
Ice hockey booster club trips, Jan 4 N
International Grand Concourse of Antique Fire Apparatus, Aug 35 N
Lake Washington Ship Canal, Sept 3 N
Northwest Wilderness Conference, Apr 4 N
Polar Bear sailing races, Nov 3 N

Washington (Cont.)

Puget Sound Mycological Show, Oct 6 N
Rugby watching, Nov 54 N
Ski schools, Jan 4 N
Travel films, Mar 4 N
Woodland Park Zoo, reptile house, Feb 4 N
Seattle area, trout fishing, taking children on opening day, Apr 39 N
Spokane, music and allied arts festival, May 6 N
Spokane, travel film, Mar 4 N
Spokane, Old Fort Spokane, Sept 22 N
Tacoma, antique show, May 6 N
Arts and crafts show, Nov 6 N
Vantage, Ginkgo Petrified Forest State Park, Sept 38 N, S, D
Waterville, Douglas County Historical Museum, Aug 6 N
Wenatchee, sightseeing, Sept 60 N
Whidbey Island, winter drive, Dec 28 N
Wilderness areas, Apr 57 all
Winthrop, North Cascades Smoke Jumper Base, June 6 N
Yakima, Frontier Museum, Oct 4 N
Yakima area, Oak Creek Wildlife Recreation Area, elk, Jan 3 N

West Indies

San Andrés, Colombia's Caribbean island, Mar 46 all

BUILDING AND REMODELING

Bathrooms

Air circulation idea, July 80 all
Counters, two-basin, Jan 78 all
Dressing room, Sept 96 N, C, 104 S, D
Drying closet, two ideas, Apr 142 all
Lavatory faucet, July 73 N, C, 72 S, D
Lavatory for three boys, Oct 110 S, D
Mirror for eye makeup, Apr 122 all
Shaving center, Mar 147 all
Shower door, accordion, Oct 133 all
Shower temperature controls, Jan 70 all
Towel racks, ladderlike, May 127 S, D
Tub-shower, remodel, Feb 90 all
Tubs, two, with view, Mar 122 all

Bedrooms

Beds, guest, May 126 N, 127 C; July 86 S, D
Beds, trundle, space-saving, Aug 66 all
Boys', built-in furniture, Jan 82 S, D; Mar 117 N; Oct 101 C
Children's Rooms and Play Yards, a *Sunset* book, Dec 101 all
Closet space, ideas for use, Feb 109 all
Drawers to laundry, Aug 78 C, S, D
Dresser, built-in, May 127 S, D
Dressing room, Sept 96 N, C, 104 S, D
Furniture, built-in, Sept 78 all
Headboards, versatile, Oct 104 C
Shoe buffer, storage, Feb 101 all
Storage, cosmetics, prescriptions, Feb 101 all
Work counter-storage unit, Oct 121 all

Book Reviews

Children's Rooms and Play Yards, a *Sunset* book, Dec 101 all
Furniture Upholstery and Repair, a *Sunset* book, Nov 154 all

Cabins and Vacation Houses

Beach retreat, sky-lit room, Aug 86 N
Cabin, first of three units, May 97 all
Cabin, hexagonal tower, to sleep two, Apr 107 all
Cuboctahedron house to sleep 14, Apr 106 all
Hexagon cabin around fireplace, Jan 82 N, C
Lakeside cabin built on boulders, May 94 all
Mountain house, metal lock-tight wall, Apr 108 all
Mountain house, one room, pyramid roof, May 96 all
Pavilion, weekend, Mar 99 all
Pavilion, on dock, barbecue, Apr 109 all
Snow, removing from roof, Mar 148 all
Snow-load hazards, Jan 70 all
Studio house, Oct 92 N, 116 C
Weekend cabins, twins, on lake, May 98 all
Weekend place is two decks, Aug 60 N, C, D
Windmill vacation house, Apr 104 all

Furniture

Bean bag, super (to sit on), Aug 50 all; pellets to use, Nov 130 N, C, 124 S, D
Beds, guest, two ideas, May 126 N, 127 C; July 86 S, D
Beds, trundle, space-saving, Aug 66 all
Bunks and deck, boys' bedroom, built-in, Jan 82 S, D; Mar 117 N; Oct 101 C
Chopping block and table, Nov 198 N, 199 C, S, D
Desk, kitchen, wall-mounted, Apr 210 all
Drawers and desk, built-in, carried through to closet, Sept 78 all
Dresser, built-in, May 127 S, D
Furniture Upholstery and Repair, a *Sunset* book, Nov 154 all
Headboards, versatile, Oct 104 C
Hawaiian pune'e and hikie'e, Oct 110 C
Lounge, child-sized, Dec 94 N
Projection unit, Nov 114 all
Seating, new ideas, Oct 86 S
Serving cart, drop-leaf ends, Apr 134 all
Sewing table, roll-out, June 114 all
Sun lounge, roll-around, Aug 83 all
Sun table, Aug 87 S, D
Table, children's art, oversized, Nov 110 all
Table, ping-pong, folding, rolling, Dec 89 S, D
Table, stools, plywood, June 134 N; July 86 C
Table, three-legged, Nov 144 all

Garages, Carports

Boat, small, ways to store, Nov 148 all
Garden work center in carport wall, June 124 all
Hammock storage for sports equipment, Nov 130 S, D
Storage cabinets, canvas fronts, Nov 140 all
Workshop alongside garage, Feb 114 all

Home Materials and Equipment

Alarm systems, electronic, Mar 102 all
Barnwood, for re-use, June 102 all
Bottle capper, Nov 198 N, 199 C, S, D
Broiler, electric, outdoor, Sept 160 all
Ceiling tiles, one-piece effect, Feb 90 all
Closet lining, cedar, July 73 N, C, 72 S, D
Closet organizer kit, May 112 all
Coffee extractor, Apr 210 all
Cooking center, countertop, Oct 156 all
Cooktop, easy-to-clean, Apr 210 all
Dinnerware, strong, Nov 198 N, 199 C, S, D
Door, shower, accordion, Oct 133 all
Enamel paint, latex, high gloss, Aug 66 all
Fire escape, storable, Oct 94 all
Flooring, kitchen, two new, June 156 all
Food waste disposers, Nov 134 all
Glass, safety and plastic, Aug 62 all
Glass to stop ultraviolet light, May 112 all
Heating unit, future, Feb 90 all
Hot water dispenser, instant, May 202 all
Insulation, hot-water pipe, Mar 102 all
Intercom system with tape deck, May 112 all
Lavatory faucet, July 73 N, C, 72 S, D
Light bulbs, long-life, new, Jan 70 all
Lock, sliding glass door, May 112 all
Mirror for eye makeup, Apr 122 all
Mirrors, featherweight, Nov 104 all
Oven, electric, broils two sides at once, June 156 all
Oven, portable, continuous-cleaning, Apr 210 all
Oven liner, continuous-cleaning, Jan 102 all
Paneling, cork, burlap, Sept 78 all
Prefab houses, new Calif. law, Feb 90 all
Range, glasstop, with oven, Jan 102 all
Roof fire protection, gypsum panels, Sept 78 all
Shelf, slide-out, for trash container, Mar 172 all
Shingles, wooden panels, Oct 94 all
Shower temperature controls, Jan 70 all
Stains, wood, vinyl, Jan 70 all
Trash compactor, May 202 all
Wallpaper, cork, Jan 70 all
Water line filter, May 112 all
Water shut-off valve, inside, Aug 66 all

Houses

American Institute of Architects-*Sunset Magazine* Western Home Awards:
Interior patio idea, four award houses, Mar 94 all
Remodel, inside and out, Feb 80 all
Three houses in one with country lodge feeling, June 92 all
Vacation houses, Apr 104–109 all
Victorian remodel, Feb 78 all
Weekend houses, five, May 94-95, 97 all

Houses (Cont.)

Desert

Outrigger walls form patio, Jan 66 all

General

Multiple house complex, May 150 N
Natural air-conditioned house, Aug 54 N; Sept 60 C
Prefab, new Calif. law, Feb 90 all
Three houses in one with country lodge feeling, June 92 all

Hillside

Six-level house, Apr 146 N
Studio house, Oct 92 N, 116 C

Ideas (Misc.) and Special Rooms

Air circulation ideas, July 80 all
Alarm systems, electronic, Mar 102 all
Bookwall for tall books, Feb 90 all
Children's Rooms and Play Yards, a *Sunset* book, Dec 101 all
Coat rack, camouflaged, Feb 90 all
Collections, hanging on wall, Apr 133 all
Colored glass panels, May 138 all
Cupboard for toys, Sept 87 all
Dining room buffet, refrigerator, Mar 172 all
Dining room storage wall, pantry, July 100 all
Door, screen, becomes storm door, Jan 70 all
Family room, skylit, Mar 132 N
Fireplace screens, Oct 124 N
Firewood pass-throughs, two ideas, Nov 124 N, C, 121 S, D
Greenhouse-garden off living room, Jan 122 N
Heater, wall, cover for, Apr 122 all
Light show, Feb 110 all
Linen storage ideas, Jan 84 all
Mirror for view of visitors, Nov 121 C
Mirrored alcove in entry hall, May 132 all
Music playing-and-storage centers, two ideas, Oct 98 all
Office, home, fold-out, June 131 C
Panels, sliding, to hide kitchen from entry hall, June 106 all
Pass-through to outdoors, June 156 all
Physical activity equipment for youngsters, indoor, Feb 112 N, C
Sewing centers, dual-purpose, Oct 108 all
Sewing centers, disappearing, Nov 137 all
Sewing, typing areas, concealed, Mar 136 all
Studio, two-story-high, Feb 94 all
Tablecloth storage, hanging, June 129 all
Ventilation, filtered, July 73 N, C, 72 S, D
Wall, acrylic panels, Oct 104 N, S, D
Window shades, fabric, July 132 all
Wrapping center, Dec 82 all

Remodeling

Builder's house, remodeled, Oct 80 all
Bungalow, 60-year-old, Oct 90 N
Deck, sliding glass doors, May 118 all
Face-lift, new entry, carport, Feb 102 all
Face-lift, new entry, deck, Feb 103 all
Face-lift, new entry, trellis, Feb 104 all
House opened to enjoy water view, Apr 152 C
House rebuilt of concrete, wood, Nov 82 N
Inside and out remodeling of 1930 house, Feb 80 all

Houses (Cont.)

Remodeling (Cont.)

Kitchen, more livable, May 136 N, C
Kitchen, open U with island, Sept 68 all
Kitchen, 65-year-old, enlarged, Nov 152 N
Kitchen, tighter work area, Aug 84 N, C
Kitchen, with movable island, Mar 127 all
Kitchen cupboards, carved doors, Nov 132 C, S, D
Kitchen storage wall addition, June 119 all
Kitchen, extra sink, June 156 all
New rooms wrapped vertically around old, Feb 112 S, D
Pass-through, kitchen-to-lanai, Apr 151 all
Roofs pushed up and out, five tract homes, Nov 96 all
Tract house, remodel, Mar 132 N
Tub-shower combination, Feb 90 all
Updating 1890 house, Feb 196 N
Victorian house, Feb 78 all

Kitchens

Bun warmer, electric, Mar 172 all
Cabinets, roll-out, Mar 117 C, S, D
Children, keeping out of way but near mother, ideas, Oct 102 all
Children, kitchen designed to encourage, Nov 153 C, S, D
Children's center, Sept 160 all
Chopping block and table, Nov 198 N, 199 C, S, D
Coffee extractor, Apr 210 all
Cooking center, countertop, Oct 156 all
Cooktop, easy-to-clean, Apr 210 all
Cooler, pull-out bins, Feb 163 all
Cooler for apples, Jan 102 all
Counter space, pull-out, Jan 102 all
Cupboard doors, carved, Nov 132 C, S, D
Designed to keep family and guests out of cook's way, June 104 all
Desk, wall-mounted, Apr 210 all
Dishtowel, disappearing, Sept 103 all
Disposal switch, floor level, May 202 all
Flooring, two new, June 156 all
Food waste disposer, care, Nov 134 all
Garbage pass-through, Nov 113 all
Hot water dispenser, instant, May 202 all
Island, with roll-around cart, Oct 76 all
Knives, waxed paper, drawer, Apr 210 all
Laundry center-pantry, Apr 131 all
Light, countertop, spice shelf, Mar 172 all
Lighting, over-counter, Apr 210 all
Snack centers, Nov 198 N, 199 C, S, D
Newspaper rack for kitchen, Mar 172 all
Oven, electric, broils two sides at once, June 156 all
Oven, portable, continuous cleaning, Apr 210 all
Oven liner, continuous cleaning, Jan 102 all
Panels, sliding, hide kitchen, June 106 all
Pantries, visible storage, Aug 88 N, C
Pantry, miniature, Sept 160 all
Paper towels, hidden, Jan 102 all
Pass-through, kitchen-to-lanai, Apr 151 all
Pass-through to outdoors, June 156 all
Peninsula baking center, July 132 all
Range, glasstop, with oven, Jan 102 all
Recipe drawer, Apr 210 all
Remodel, extra sink, June 156 all
Remodel, open U with island, Sept 68 all
Remodel, 65-year-old, enlarged, Nov 152 N

Kitchens (Cont.)

Remodel, to make more livable, May 136 N, C
Remodel, to make tighter work area, Aug 84 N, C
Remodel, with movable island, Mar 127 all
Serving cart, drop-leaf ends, Apr 134 all
Shelf, display, over washer, dryer, Oct 116 S, D
Shelf, slim slide-out, adjustable dividers, July 132 all
Shelves, pull-out, porcelainized, June 108 all
Spice rack, five-shelf, Apr 141 S, D; Aug 77 N, C
Spice shelves, open, Oct 116 S, D
Stool at work area, July 92 all
Storage, under-island, Oct 156 all
Storage units to stretch cabinet space, Feb 163 all
Storage wall addition, June 119 all
Tile, ceramic, on counters and floor, Aug 66 all
Toaster drawer, Feb 163 all
Trash bin, pull-out, Sept 160 all
Trash compactor, May 202 all
Trash container, slide-out shelf, Mar 172 all
Triangular floor plans, two, Nov 78 N
Utensil drawer, tiled, July 132 all

Laundries

Drawers from bedroom, Aug 78 C, S, D
Folding, sorting clothes, space for, Jan 81 all
Laundry bins, Oct 101 N, S, D, 124 C
Laundry center-pantry, Apr 131 all
Storage ideas, Sept 93 all

Lighting

Countertop light, spice shelf, Mar 172 all
Kitchen counter, inexpensive, Apr 210 all
Lamp, cube, Oct 86 S
Lamp, lightbulb wall fixture, Oct 87 S
Lamp, mushroom, Aug 84 S, D
Lampshade, fabric, May 136 S, D
Light bulbs, long-life, new, Jan 70 all
Sky-lit family room, Mar 132 N
Sky-lit room for beach retreat, Aug 86 N

Storage

Boat, small, in garage, Nov 148 all
Bookwall for tall books, Feb 90 all
Closet lining, cedar, July 73 N, C, 72 S, D
Closet organizer kit, May 112 all
Closet space, bedroom, Feb 109 all
Cooler for apples, Jan 102 all
Cosmetics, prescriptions, Feb 101 all
Cupboard for toys, Sept 87 all
Dining room storage wall, July 100 all
Dresser, built-in, May 127 S, D

Storage (Cont.)

Garage cabinets, canvas fronts, Nov 140 all
Hammock, for sports equipment, Nov 130 S, D
Kitchen cabinets, roll-out, Mar 117 C, S, D
Kitchen shelf, slim slide-out, adjustable dividers, July 132 all
Kitchen storage wall addition, June 119 all
Knives, waxed paper, drawer, Apr 210 all
Laundry, two ideas, Sept 93 all
Laundry-pantry cabinet, Apr 131 all
Linen, Jan 84 all
Music centers, two ideas, Oct 98 all
Pantries, visible storage, Aug 88 N, C
Pantry, miniature, Sept 160 all
Recipe drawer, Apr 210 all
Sewing centers, disappearing, Nov 137 all
Sewing, typing, concealed, Mar 136 all
Shoe buffer, electric, Feb 101 all
Skis, two ideas, May 147 all
Spice rack, Apr 141 S, D; Aug 77 N, C
Spice shelves, open, Oct 116 S, D
Tablecloths, hanging, June 129 all
Toaster drawer, Feb 163 all
Under-island, two ideas, Oct 156 all
Units to stretch kitchen cabinet space, Feb 163 all
Work center-storage unit, Oct 121 all
Wrapping center, Dec 82 all

CHRISTMAS IDEAS

Christmas Trees

Christmas tree farms, No. Calif., Dec 3 C
Living trees, buying, Nov 231 N
Living trees, care, Dec 170 D
Pine, Monterey, care for, Dec 170 S
Tree container, disguise for, Dec 170 N

Crafts and Decorations

Advent calendar, walnut, Dec 84 N, S, D
Animals, papier-mâché, for tree, Dec 62 all
Christmas cards, block-print, easy, Dec 80 all
Decorations, large evergreen, for indoors or out, Dec 70 all
Door swag, silverberry, Dec 169 D
Dried plants, decorating with, Dec 170 D
Gift wrap, embroidered, Dec 68 all
Ideas, Christmas shows, Northwest, Dec 182 N
Ornaments, animal cooky, Dec 60 all
Outdoor lights without heat damage to trees, Dec 170 C
Paper [illegible] animal for family, large, Dec 64 all
Snowflakes, translucent, Dec 52 all
Tree [illegible] keeping fresh, Dec 170 C

Food and Entertaining

Breads, fruit and nut, Nov 158 all
[illegible] Dec 139 all
[illegible] Dec 136 all
[illegible] candied, Nov 212 all
[illegible] ornaments for tree, Dec 60 all

Food and Entertaining (Cont.)

Cordials, dried fruit, Dec 155 N, 129 C, S, D
Fruitcake, orange, Dec 123 all
Pudding, plum, steamed, Dec 110 all
Pudding, persimmon, steamed, Dec 110 all
Supper, late, holiday, Dec 139 all
Suppers, make-ahead, for Christmas Eve, three ideas, Dec 126 all
Sweets, homemade, festive gift packages, Dec 158 all
Truffles, chocolate mint, Dec 152 all

Gift Ideas

Advent calendar, walnut surprises, Dec 84 N, S, D
Basket-gift combinations, Dec 178 all
Bean bags, embroidered and appliquéd, Dec 96 all
Beautiful Northwest, The, a *Sunset* book, Oct 82 all; Dec 24 all
Blackboards, animal, Dec 86 all
Breads, fruit and nut, Nov 158 all
California, Pictorial History of, book review, Dec 24 all
Cheese cutters, eight types, Dec 58 all
Chess set, wood block and felt, Dec 74 all
Citrus, dwarf, Dec 174 C, S, D
Citrus peel, candied, Nov 212 all
Clothes and accessories, warm, for outdoorsmen, Dec 46 N, C, 32 S, D
Cordials, dried fruit, Dec 155 N, 129 C, S, D
Delta West, book review, Dec 27 all

Gift Ideas (Cont.)

Desert, A Lighthearted Look at the, book review, Dec 3 D
Doll-house trailer, Dec 56 all
Evergreens, dwarf, with red berries, Dec 186 S, D
Gardener, ecology-minded, Dec 66 all, 177 all
Gardeners, gift suggestions for, Dec 169 N
Gift shopping in Northwest museums, Dec 22 N
Gift wrap, embroidered, Dec 68 all
Gold Country shopping excursion, Dec 28 C, 46 S, D
Golden Eagle Passport, Dec 36 all
Indian art, Heard Museum, Phoenix, Ariz., Dec 28 D
Mail-order gifts from museums, Nov 60 C, S, D
Maui: The Last Hawaiian Place, book review, Dec 27 all
Metallophone, Dec 90 all
Molds for the cook, Dec 167 all
Plant labels, Dec 170 C
Plants, container, imaginative, Dec 76 all
Plants, potting in advance, Nov 232 C
"Plants by Phone," Dec 169 C
Pruning saws, Dec 172 all
Sweets, homemade, Dec 158 all
Thyme from garden, Aug 128 N
West, Peter McIntyre's, a *Sunset* book, Nov 90 all; Dec 27 all
Whiskers, accessories, Dec 72 all

HOME MANAGEMENT

Maintenance

Concrete, emulsified-epoxy, Mar 102 all
Furnace, forced-air, reducing noise of, Sept 107 all
Maintaining the Home, booklet review, Mar 102 all
Plaster cracks, permanent patching, Sept 78 all
Repairs, emergency plumbing, electrical, gas, Mar 118 all

Miscellaneous

Amphibian, reptile pets, July 150 N, C
Boat insurance, Nov 119 all
Fire escape, storable, Oct 94 all
Flashlight, throw-away, Nov 104 all
Glass walls, safety, Aug 62 all
Light bulbs, long-life, Jan 70 all
Oven, how to test your own, Feb 152 all
Pewter cleaner, Feb 163 all
Pottery, poisoning warning, Dec 27 all

Miscellaneous (Cont.)

Real estate jargon, Aug 80 all
Refuse, plastic containers for, Oct 130 all
Sewing notions, dying, Mar 172 all
Shape copier tool, Nov 104 all
Utility lines, underground, Apr 122 all

Painting

Enamel paint, latex, high gloss, Aug 66 all
Stains, wood, vinyl, Jan 70 all

OUTDOOR BUILDING

Benches

Sail locker, multipurpose, Oct 115 all
Superbench, extra large, Mar 244 N
Take-apart, July 98 S, D

Boating

Boat, small, ways to store, Nov 148 all
Boat lifts, two ideas, Aug 72 all
Sail locker, multipurpose, Oct 115 all

Book Reviews

Children's Rooms and Play Yards, a *Sunset* book, Dec 101 all
Swimming Pools, a *Sunset* book, June 212 all

Children's Play Areas

Blackboards, animal, Dec 86 all
Children's Rooms and Play Yards, a *Sunset* book, Dec 101 all
Doll houseboat, Mar 104 N, C
Lawn boat, plywood sheet, Aug 71 N
Park built by students, San Jose, Calif., Oct 86 N, C, D
Play beach, sand pit, July 96 N
Play structure, modular, Jan 60 all
Play structure, preschoolers', pole, Mar 134 all
Play structure within fenced yard, Sept 72 N, C, 60 D
Play yard planning, art of, Sept 84 all
Playhouse, two-story, Aug 68 N, C
Pool basketball, June 132 all
Sandbox, raised bed, Sept 178 all
Sandbox, window shade cover, Mar 132 C, S, D; Oct 110 N
Tree house, floating, June 131 N, S, D

Fences, Gates, Screens

Entry garden behind wall, Feb 106 all
Fence, pivoting, for pool, Oct 122 all
Fence with storage bays, Oct 94 all
Gate, bamboo, Oct 192 C
Gates, sliding-bar latches, May 154 all
Screen, drop-down, for deck privacy, shade, June 112 all
Screen, 1 x 2's, Mar 212 N
Screens, offset, make entry patio in garden remodel, Sept 101 all

Greenhouses, Plant Shelters

Greenhouse-garden room off living room, Jan 122 N
Lathhouse, work center, Oct 92 C, S, D
Shade structure, bamboo, for house plants, July 169 N; Sept 172 C, S, D

Miscellaneous

Bird feeder from salad bowls, Feb 203 C, S, D
Bocce court, July 66 all
Bocce scoreboard, July 165 N, 169 S, D
Broiler, electric, outdoor, Sept 160 all
Concrete, emulsified-epoxy, Mar 102 all
Divider boards for desert areas, Nov 232 D
Drain channel covers, May 153 all
Drainage patterns, Oct 196 all; Nov 122 N, C
Drinking fountains, two ideas, Oct 129 all
Faucet, tall, flexible tubing, Sept 78 all
Garden work center, Feb 172 all
Hammock, cotton-plastic pipe, Sept 80 all
Igloo, how to build, Mar 82 N
Mailboxes, six designs, Mar 110 all
Plant display stand along wall, Mar 221 all
Plant stages for bonsai, Feb 180 all
Planter box, large wooden, Jan 86 N, C
Plastic, laminated, for vertical outdoor surfaces, July 73 N, C, 72 S, D
Rabbit hutch, Apr 141 N, C, 152 S, D
Ramp to move wheelbarrow up steep stairs, Mar 234 N; Apr 249 S, D
Retaining wall, broken concrete, Mar 248 N; June 216 S, D
Sculpture objects for garden, Sept 74 all
Storage units, canvas doors, July 78 all
Sun lounge, roll-around, Aug 83 all
Sundials, Sept 183 N, 187 S, D
Sunset's 1969 garden contest winners, Apr 114 all
Table, umbrella, lazy Suzan for, Oct 118 all
Waterfowl in your back yard, June 80 all

Outdoor Lighting

Garden light, cedar and glass, Aug 128 N
Garden light, redwood, Mar 144 all

Patios and Decks

Deck, ground-level, instead of patio, June 94 all
Deck, sliding glass doors open up house, May 118 all
Deck built around grape vine, Aug 138 N
Deck with bonsai display, May 226 all
Decks, wood types, July 73 N, C, 72 S, D
Gazebo, lattice, July 148 all
Hose under deck, Aug 71 C, S, D; Oct 116 N
Patio, adobe brick, Mar 214 S, D; Apr 246 C
Patio, entry, remodel, Sept 101 all
Patios, interior, four award houses, Mar 94 all
Pavilion over water, Apr 109 all
Screen, drop-down, for privacy, shade, June 112 all
Terraces and walls, rock, for hillside garden, Apr 250 C; June 225 S, D; July 146 N
Trees, building around, June 110 N, C

Paving

(See Gardening and Landscaping section)

Steps and Stairs

Garden steps, landscaping, Nov 80 N
Steps, redwood plank, Sept 180 all

Swimming Pools, Shelters

Calcium hypochlorite, dry, fire hazard, June 102 all
Diving, innovations for, July 58 all
Fence, pivoting, for pool, Oct 122 all
Fountain hydro-massage, June 102 all
Gutter around pool to protect lawn, July 73 N, C, 72 S, D
Hydro-massage units, July 60 all
Pool, deck, plants, July 86 N
Pool, hillside garden, Aug 86 C
Pool basketball, June 132 all
Pool entry from house, Sept 98 all
Showers, outdoor, Nov 129 C, 122 S, D
Swimming Pools, a *Sunset* book, June 212 all
Tile border around pool, Sept 78 all
Towel racks, poolside, July 85 all

WORKSHOP AND CRAFT PROJECTS

Book Reviews

Furniture Upholstery and Repair, a *Sunset* book, Nov 154 all
Papier Mâché, a *Sunset* book, Dec 92 all

Crafts, Misc.

Beach hat, braid-it-yourself, May 122 all
Bibs, jumbo vinyl, Dec 94 C
Birthday buttons, May 124 all
Bookstop, brass, Apr 139 all
Candleholder, leather, Dec 102 all
Chess set, wood block and felt, Dec 74 all
Christmas cards, block-print, Dec 80 all
Clocks, new housings for, Oct 97 all
Collections, hanging on wall, Apr 133 all
Costumes, paper bag, Oct 88 all
Door knob, sawdust, Sept 110 all
Driftwood, finishing, Apr 144 all
Easter eggs, window, Mar 80 N, C, D
Easter eggs, Ukrainian style, Mar 141 all
Fabric, tie-and-bleach, Aug 90 all
Glass hanging for garden, May 156 all
Hammock, cotton-plastic pipe, Sept 80 all
Lamp, mushroom, Aug 84 S, D
Light show, Feb 110 all
Metallophone, Dec 90 all
Mosaics, wood scraps, Nov 129 N, S, D
Papier Mâché, a *Sunset* book, Dec 92 all
Papier, mâché animals, large, Dec 64 all
Papier-mâché animals, Dec 62 all
Photo gallery without frames, Nov 132 N
Sculpture objects for garden, Sept 74 all
Sculptures, cement mixture, Sept 110 all
Snowflakes, translucent, Dec 52 all
Tapestry, Swedish knot, May 139 all
Wall hanging, fabric, Apr 128 all

Sewing

Apron, paper-napkin, Nov 146 all
Apron that stays on by itself, Dec 89 N, C, 94 S, D
Bag, canvas, rectangular, May 115 all
Bag, canvas, with drawstring, July 88 all
Bean bag, super (to sit on), Aug 50 all; pellets to use, Nov 130 N, C, 124 S, D
Bean bags, embroidered and appliquéd, Dec 96 all
Cloth for learning to button, lace, snap, buckle, Mar 129 all
Gift wrap, embroidered, Dec 68 all
Hammock, cotton-plastic pipe, Sept 80 all
Lampshade, fabric, May 136 S, D
Notions, dying, Mar 172 all
Pillows, poolside, Oct 107 all
Shift, slipover, for girl artist, Apr 148 all
Tennis racket cover, Sept 104 N, C, 97 S, D
Tray hanger, Nov 150 all

Woodworking

Blackboards, animal, Dec 86 all
Bocce scoreboard, July 165 N, 169 S, D
Bookends, picture stands, wooden, Apr 152 N; July 96 C, S, D
Candleholders, wood block, July 98 N, C; Aug 76 S, D
Dog-bed, two-bunk, Sept 94 C, S, D
Dog-house, louvered wall, Sept 94 C, S, D
Doll-house trailer, Dec 56 all
Doll houseboat, Mar 104 N, C
Garage storage cabinets, canvas fronts, Nov 140 all
Garden light, redwood, Mar 144 all

Woodworking (Cont.)

Kitchen cupboard doors, carved, Nov 132 C, S, D
Ladder, of plastic pipes, Oct 94 all
Lawn boat, plywood sheet, Aug 71 N
Lounge, child-sized with storage, Dec 94 N
Mosaics, wood scraps, driftwood, Nov 129 N, S, D
Plant containers, wooden, retrimmed with redwood, Apr 146 C; Aug 78 N
Plant containers for 5-gallon cans, June 126 all
Plant stages for bonsai, Feb 180 all
Planter box, large, Jan 86 N, C
Play structure, modular, Jan 60 all
Projection unit, Nov 114 all
Rabbit hutch, Apr 141 N, C, 152 S, D
Sail locker, multipurpose, Oct 115 all
Serving cart, drop-leaf ends, Apr 134 all
Spice rack, five-shelf, Apr 141 S, D; Aug 77 N, C
Sun lounge, roll-around, Aug 83 all
Table, children's art, oversized, Nov 110 all
Table, ping-pong, folding, rolling, Dec 89 S, D
Table, stools, plywood, June 134 N; July 86 C
Table, sun, Aug 87 S, D
Table, three-legged, Nov 144 all
Table, umbrella, lazy Susan for, Oct 118 all
Toy box and drawing table, traveling, Oct 124 S, D; Nov 121 N
Wine rack from dowels, May 148 all
Workshop alongside garage, Feb 114 all

FOOD AND ENTERTAINING

Appetizers

Appetizer-apéritif drink combinations, Sept 114 N, C
Artichoke sunburst wreath, Mar 100 all
Artichokes, raw, with hot Green Goddess dressing, Mar 101 all
Beef, radish sandwich, May 193 all
Beef tartar, petit, May 193 all
Caviar, red, fresh, Sept 163 N, 156 C
Cheese and seed nibbles, June 176 all
Cheese carrot appetizers, Mar 196 all
Chicken liver pâté, Nov 186 all
Clam, sausage appetizers, Apr 157 all
Crab and cheese sandwiches, Mar 153 all
Falafil, fried dough, Feb 148 all
Green chile, cheese dip, Apr 190 all
Guacamole dip, May 92 all
Hors d'oeuvre cups, May 198 all
Kibbeh appetizer, Nov 226 all
Mushrooms, marinated, Mar 205 N, 83 S, D
[illegible] Mar 205 N, 83 S, D
Tun[illegible]ice, Mediterranean, June 164 all
[illegible]ers, savory beef, Nov 160 C, S, D

Baking

Breads

Quick Breads
banana apricot nut, Nov 159 all
biscuits, buttermilk, July 110 all
cornbread, fiesta, June 136 all
cornbread, Mexican, Oct 145 all
cornbread sticks, honey pecan, Feb 125 C
date-nut loaf, Nov 159 all
doughnut drops, pumpkin, Nov 156 all
flatbread, filbert, Feb 124 C
French loaf, herb-buttered, hot, Nov 86 all
French toast, banana, Jan 96 all
honey raisin, Nov 159 all
muffins, gold surprise, Jan 89 all
nibbles, cheese and seed, June 176 all
pistachio nut, Feb 125 C
pumpkin nut, Feb 125 C
raisin-nut loaf, Dec 158 all
toast, coconut, with pineapple, May 161 all
tortillas, hot buttered, Sept 132 all

Baking (Cont.)

Breads (Cont.)

Yeast Breads
Arab, June 138 all
breadsticks, fennel, Oct 152 N, S, D, 153 C
brioche, three sandwiches using, July 108 N
buns, filled, from Greece, Dec 112 all
buns, whole wheat onion, Sept 163 C, S, D
hallah, Apr 168 C; May 215 S, D
Parmesan (pizza di Pasqua), Mar 205 N, 83 C, D
peda, Apr 102 all
pine nut sticks, Feb 124 C
pizza, Italian sausage, Nov 176 all
refrigerator dough, two-way, Nov 174 all
rolls, cloverleaf dinner, Nov 176 all
sopapillas, fried pastry, Mar 186 all
sweet, Portuguese, Mar 154 all
whole grain cereal, June 162 C, 140 S, D; Nov 221 N

Baking (Cont.)

Cakes

Butterscotch, with peaches, July 103 all
Cheesecake, apple, Nov 223 C, S, D
Cheesecake, strawberry-topped, Feb 117 all
Chocolate, dark, Nov 184 all
Chocolate almond, Mar 205 N, 83 C, D
Fruitcake, orange, Dec 123 all
Graham cracker, Nov 167 C, S, D
Neapolitan, Feb 150 all
Pecan roll with peaches, Sept 122 N, 114 S, D
Poppy seed, Jan 110 all
Potato, mashed, sesame, June 152 all
Pound, apricot brandy, Dec 130 C
Pound, caraway, Jan 110 all
Pound, lemon yogurt, Mar 209 all
Pound, Madeira, Mar 209 all
Praline, Feb 159 all
Shortcake, brown sugar, July 115 all
Shortcakes, strawberry butterflake, Apr 194 all
Sour cream apple, Swedish, Apr 177 S, D
Toffee rum, Dec 139 all
Torte, apple almond, Nov 223 C, S, D
Torte, boysenberry crown, June 79 all
Torte, spumoni rum, Feb 150 all
Upside-down, purple prune plum, Sept 150 all

Coffee Cakes

Coffee ring, May 182 N
Crescent, prune-filled, Nov 176 all
Kuchen, apple, Garmisch, Apr 177 S, D
Pecan swirls, Nov 176 all
Pinwheel rolls, May 182 N
Ripple loaf, May 182 N
Streusel cake, Nov 167 C, S, D
Streusel ring, filbert, Mar 157 all

Cookies

Almond paste, Dec 60 all
Almond pillows, May 200 all
Almond rounds, German, May 200 all
Animal ornaments, Dec 60 all
Blueberry lemon drops, July 118 all
Cinnamon pinwheel, Oct 140 all
Diamond crisps, Jan 93 N, 115 C, S, D
Fruit-filled, Mar 153 all
Jelly butter squares, Dec 158 all
Lemon hearts, Feb 157 all
Lemon oatmeal rounds, Feb 157 all
Orange-spice Christmas, Dec 107 all
Pastry puffs, Nov 160 C, S, D
Shortbread tarts, Scotch, June 79 all
Sunflower seed, May 210 all

Pancakes and Waffles

Pancakes
crêpes, apple-filled, Jan 89 all
crêpes, Brittany, three kinds, Nov 160 N
crêpes, strawberry ice cream, May 215 C
crêpes flambé, ice cream, Nov 160 N
Finnish (suomalainen pannukakku), Sept 155 C
Mandarin with chicken and leeks; egg and shrimp; pork, Mar 160 all
oven, easy, Mar 166 all
pumpkin, spicy, Oct 178 all
raised, quick, Feb 117 all
ricotta, Oct 172 all
sour cream, Jan 98 all

Baking (Cont.)

Pancakes and Waffles (Cont.)

Waffles
cornmeal, Apr 186 all
ginger, crisp, Jan 98 all
graham, Apr 186 all
millet, Apr 186 all

Pies and Pastries

Desserts
apple cake, French, Apr 179 N
apple streusel pie, Apr 177 S, D
avocado chiffon pie, Mar 203 C, S, D; Apr 168 N
boysenberry lattice pie, June 79 all
cottage cheese lime pie, July 130 all
cranberry-apple pie, Nov 157 all
cranberry-orange meringue pie, Nov 195 all
diamond crisps, Jan 93 N, 115 C, S, D
dumplings, apple or peach, Oct 135 all
grapefruit, chiffon pie, Apr 168 S, D
Irish coffee pie, Apr 177 N; May 215 N
lemon pie, frosty, July 130 all
lemon sour cream pie, Apr 177 N; May 215 N
pastry puffs, Nov 160 C, S, D
peaches and cream pie, Aug 125 all
plum pie, Italian, Sept 113 all
praline nut pie, Apr 177 N; May 215 N
pumpkin chiffon pie, Nov 195 all
pumpkin pie, Paradise, Oct 169 all
shortcakes, pastry strip, Apr 172 all
tart, almond (gateau pithiviers), Mar 206 all
tart, lemon apple, Danish, Nov 223 C, S, D
tart, macadamia mango, June 148 all
tarts, lime curd, May 191 all
zabaglione pie, frothy, June 144 all
Entrées
artichoke ricotta pie, Mar 199 all
chicken pot pie, AAUW, Mar 193 all
ground beef and cheese pie, Mar 152 all
ham and sausage pie, Mar 199 all
hors d'oeuvre cups, savory, May 198 all
pirog, lamb and mushroom, May 163 all
piroshki, rye-vegetable, May 164 all
pissaladière, Mar 163 S, D
strudel meat roll, Oct 147 all
strudels, chicken and mushroom, Oct 148 all
turnovers, savory beef, Nov 160 C, S, D
won ton, three fillings, May 194 all

Barbecuing

Boys' barbecue, Aug 58 all
Chicken, June 179 all
Chicken, barbecued, sandwiches, June 179 all
Chicken and double G sauce, July 136 all
Chicken Italian-style, June 150 all
Chicken, with Spanish rice, June 179 all
Corn on the cob, savory, June 174 all
Lamb, skewered, with garlic butter, Dec 150 C, S, D
Lamb, whole, July 68 all
Lamb kebabs with pineapple, May 178 all
Mixed grill, Mar 205 N, 83 C, D
Pig, whole, pit-roasted, July 68 all
Pork loin roast, apple-glazed, June 172 all
Pork shoulder, Sept 140 all

Barbecuing (Cont.)

Roast, chuck, May 160 all
Sablefish, teriyaki, July 128 all
Salmon barbecue ritual, July 135 all
Salmon fillets, July 102 all
Shellfish open-pit barbecue, May 110 all
Shish kebab, Aug 100 all
Tongue, beef, glazed, Sept 140 all
Turkey drumsticks, thighs, Nov 86 all
Yakitori, Apr 213 N, S, D, 177 C

Beverages

Apéritif drinks, appetizer, Sept 114 N, C
Coffee extract, homemade, Apr 210 all
Coffee party, Jan 64 all
Cooler, milk, Aug 118 all
Cooler, raspberry, June 142 all
Cooler, summer fruit, Aug 118 all
Cordials, dried fruit, Dec 155 N, 129 C, S, D
Espresso floats, Aug 100 all
Juice, apricot and orange, May 178 all
Juice, citrus, fresh-frozen, Nov 232 D
Punch, butterscotch, hot, Nov 200 all
Punch, golden wine, June 142 all
Punch, honey rum, Nov 200 all
Punch, maple spice, Nov 200 all
Shakes, frothy fruit, Aug 118 all
Soda, summer fruit, Aug 118 all
Wine, making your own, Sept 89 all

Book Reviews

Oriental Cook Book, a *Sunset* book, June 97 all

Candies

Apricots, candied, Dec 158 all
Caramel, basic, Feb 158 all
Citrus peel, candied, Nov 212 all
Easter eggs, window, Mar 80 N, C, D
Fudge, orange creme, Dec 158 all
Truffles, chocolate mint, Dec 152 all

Casseroles

Artichoke halves with crab, Mar 101 all
Baekeoffe, Feb 142 all
Beans, in-between, July 136 all
Beef and eggplant, Dec 106 all
Beef shanks, Burgundy, Feb 136 all
Bitka, Sept 128 all
Cabbage leaves, beef or lamb stuffed, July 107 N; Sept 122 C, S, D
Cannelloni, ham, Apr 200 all
Cassoulet, cranberry bean, Aug 107 N, S, D
Chicken, Kinnow, Mar 178 all
Chicken long rice, May 208 all
Chicken pot pie, AAUW, Mar 193 all
Corn, Apr 206 all
Corn, creamy baked, July 102 all
Crab, Dungeness, and asparagus, Mar 203 N
Crab and mushroom, Feb 130 all
Eggplant and tomato, May 160 all
Enchiladas, chicken, cheese, Sept 113 all
Enchiladas, cheese, June 180 all
Enchiladas, chicken cream, June 181 all
Enchiladas, fresh corn, June 180 all
Fish, company, Nov 156 all
Kibbeh, baked, Nov 226 all
Lamb shank, Oct 135 all
Lamb shanks, orange-glazed, Feb 134 all
Lamb with spring vegetables, Mar 152 all
Limas with ham hocks, Feb 136 all

Casseroles (Cont.)
Moussaka, Athenian, [illegible] all
Pilaf, barley, Mar 16[illegible]
Pork chops, sherrie[illegible] pears, Apr 174 all
Potato puff beef, Nov 210 all
Shrimp and rice, Nov 196 all
Shrimp with feta, Feb 125 N
Sole, shrimp oven entreé, Jan 104 all
Spinach with eggs, Florentine, Mar 203 N
Squash, summer, with dill, June 136 all
Sweet potatoes, grapefruit, Apr 168 S, D
Taco beef, May 186 all
Tuna and artichokes, creamy, Mar 203 N
Tuna-potato pie, Mar 164 all
Turkey, sliced, and gravy, Feb 124 S, D
Turkey Divan, Feb 124 S, D
Turkey La Scala, Oct 142 all
Veal shanks, Italian style, Feb 134 all
Zucchini garden, July 102 all
Zucchini-spinach bake, Sept 138 all

Cereals and Macaroni

Barley pilaf, Mar 168 all
Bean threads, May 208 all
Cornmeal
cornbread, fiesta, June 136 all
cornbread, Mexican, Oct 145 all
dressing, mushroom polenta, Nov 164 all
scrapple with pork, camp meal, July 126 all
waffles, Apr 186 all
Farina
wheat topping, toasted, Feb 122 all
Macaroni
and cheese, rarebit-style, Oct 183 all
and cheese, Swiss fondue flavor, Oct 183 all
and cheese plus, Oct 183 all
cannelloni, ham, Apr 200 all
chile beef and cheese, Oct 183 all
goulash with meatballs, camp meal, July 127 all
manicotti, spinach-cheese, May 180 all
manicotti, quick, tomato, May 180 all
Noodles
chow sam see, Sept 134 all
lasagne, green, Apr 160 all
lasagne, green, Brazilian-style, Apr 162 all
lasagne, green, with Bolognese sauce, Apr 164 all
lasagne italienne, Feb 140 all
tagliarini, oysters, Jan 112 all
with creamy cabbage, Oct 134 all
Oatmeal
cereal snack, Sept 112 all
Pastes and pesto, Aug 56 all
Rice
Brazilian, Feb 120 all
casserole, shrimp and rice, Nov 196 all
[illegible]umn, Aug 98 all
[illegible] ground beef, May 187 all
[illegible], lamb chop, Dec 106 all
[illegible] with lamb shanks, mush-[illegible], Mar 194 all
[illegible] Dec 146 S, D
[illegible] shoulder
[illegible]
[illegible]
[illegible] and rice
[illegible] barbecued chicken, [illegible] all

Cereals and Macaroni (Cont.)
Rice (Cont.)
sticky, with mangoes, Apr 170 all
tart, Belgian, Dec 146 S, D
zucchini-rice mint medley, Sept 139 all
Wheat, cracked
couscous, quick, Feb 128 all
kibbeh, basic, baked, and appetizer, Nov 226 all

Dairy Products and Eggs

Butter

Herb, Sept 128 all
Parsley, Apr 194 all

Cheese

Appetizers, cheese carrot, Mar 196 all
Béarnaise, cream cheese, Mar 99 all
Bread, Parmesan, Mar 205 N, 83 C, D
Buns, filled, from Greece, Dec 114 all
Camembert with grapes, Oct 171 N, C, 170 S, D
Cheese cutters, eight types, Dec 58 all
Cheesecake, German apple, Nov 223 C, S, D
Cheesecake, strawberry-topped, Feb 117 all
Cream cheese with fruits, Sept 156 N
Crêpes, Brittany, ham and cheese-filled, Nov 160 N
Custard, bacon and cheese, June 162 N, S, D; Dec 155 C
Dip, green chile, cheese, Apr 190 all
Eggs Parmesan, Apr 206 all
Enchiladas, cheese, June 181 all
Enchiladas, chicken, cheese, Sept 113 all
Loaf, bacon and cheese, Dec 106 all
Macaroni and cheese, four variations, Oct 183 all
Manicotti, spinach-cheese, May 180 all
Nibbles, cheese and seed, June 176 all
Pancakes, ricotta, Oct 172 all
Pastry, cheese, basic two-way, Nov 160 C, S, D
Pie, artichoke ricotta, Mar 199 all
Pie, cottage cheese lime, July 130 all
Pie, ground beef and cheese, Mar 152 all
Roquefort with guava jelly, Oct 171 N, C, 170 S, D
Rye and blue cheese sandwich board, Jan 63 all
Salad-sandwich, Swiss cheese and egg, Sept 119 all
Sandwich, jack cheese and chile, Feb 132 all
Sandwich braid, steak and cheese, or sandwich round, salmon and cheese, July 109 N
Sandwich rounds, crab and cheese, Mar 153 all
Sauce, dipping, Swiss cheese, May 171 N
Smorrebrod, chicken, cheese, May 177 all
Spread, blue cheese, Jan 63 all
Swiss rounds, hot, June 138 all

Cream

Horseradish cream, whipped, Aug 122 all
Peaches and cream, molded, Aug 125 all
Pie, lemon sour cream, Apr 177 N; May 215 N
Pie, peaches and cream, Aug 125 all
Sherbet, pineapple cream, June 137 all
Sour cream-chocolate dip with oranges, May 177 all

Dairy Products and Eggs (Cont.)

Eggs

Buns, filled, from Greece, egg and cheese filling, Dec 114 all
Curried, with avocado, Mar 153 all
Custard, bacon and cheese, June 162 N, S, D; Dec 155 C
Custard and merinque puffs, June 161 N; July 107 S, D
Custards, Oriental, steamed, three recipes, Aug 110 all
Deviled, three recipes, July 138 all
Egg and beef platter, Thai, May 187 all
Eggs mollets platter, Sept 126 all
Hash, Danish, with fried eggs (biksemad), Dec 116 all
Huevos benito, May 206 all
Meringue, soft, how to make, Nov 192 all
Omelet, browned butter puffy, Apr 196 all
Omelet, green pepper, Aug 95 all
Pancakes, Mandarin, scrambled egg, shrimp filling, Mar 160 all
Parmesan, Apr 205 all
Pie, zabaglione, frothy, June 144 all
Pizza-styled, June 174 all
Poached, with artichokes, tart hollandaise, Mar 100 all
Salad, Easter egg spinach, Mar 168 all
Salad, mixed green, with egg sauce, Mar 189 all
Salad-sandwich, Swiss cheese and egg, Sept 119 all
Sandwich, salmon with egg, Dec 164 all
Scrambled, on smoked salmon toast, Oct 166 all
Van Meter weasel, Nov 216 all
With Florentine spinach, Mar 203 N
With pesto, Aug 56 all
Zabaglione cream, frozen, June 144 all

Yogurt

Cake, pound, lemon yogurt, Mar 209 all
Cheese (labneh), Nov 226 all
Sauce, cucumber yogurt, Sept 132 all

Desserts
(Also see listing under Baking)

Apple crisp, Apr 179 N
Apple crisp, Butters, Jan 96 all
Applecake in a bowl, Danish, Dec 133 all
Apples, baked, Feb 132 all
Apples, streusely baked, Apr 179 N
Avocado dessert plate, Mar 203 C, S, D; Apr 168 N
Cheese, Camembert, with grapes, Oct 171 N, C, 170 S, D
Cheese, Roquefort, with guava jelly, Oct 171 N, C, 170 S, D
Crêpes, apple-filled, Jan 89 all
Crêpes, strawberry ice cream, May 215 C
Crêpes flambé, ice cream, Nov 160 N
Custard and meringue puffs, June 161 N; July 107 S, D
Flan, double caramel chocolate, Feb 159 all
Fruit, brandied, June 158 N, C
Fruit bowl, autumn, Oct 134 all
Fruit flambé, triple, Dec 146 N, C, 155 S, D
Fruit melange, scarlet, Sept 155 N
Fruits with cream cheese, Sept 156 N
Ice, cranberry, in lemon shells, Dec 139 all

Desserts (Cont.)

Ice cream
bombe, strawberry, Sept 117 all
crêpes, flambé, Nov 160 N
crêpes, strawberry, May 215 C
fruit flambé, triple, Dec 146 N, C, 155 S, D
kiwi, Melba style, Dec 146 N, C, 155 S, D
orange, July 120 all
parfaits, chocolate mint, Dec 139 all
Pears Galliano, Dec 146 N, C, 155 S, D
sundae, blueberry fudge, July 118 all
sundae, flaming cherry, Feb 132 all
tower with flaming rum sauce, Nov 87 all
Jicama and fruit compote, Apr 202 all
Kanten, coconut, Oct 169 all
Kiwi, Melba style, Dec 146 N, C, 155 S, D
Mandarin cream, Wilking, Mar 180 all
Mango fruit plate, June 148 all
Oranges, with chocolate dip, May 177 all
Pancakes, ricotta, Oct 172 all
Pancakes, sour cream, Jan 98 all
Papaya boats, Feb 146 all
Peaches, nut-sugar topping, Aug 125 all
Peaches and cream, molded, Aug 125 all
Pear whip, ginger, Feb 146 all
Pears, Bartlett, poached in caramel and wine, Oct 174 all
Pears, Bartlett, with chocolate glaze, Sept 128 all
Pears, mandarin, Jan 107 all
Pears Galliano, Dec 146 N, C, 155 S, D
Persimmons with lemon sherbet, Dec 146 N, C, 155 S, D
Pineapple with port sauce, Sept 155 N
Puddings
boysenberry-raspberry, Aug 112 all
Indian, Angier's, Nov 214 all
molasses, spicy, Apr 157 all
persimmon, steamed, Dec 110 all
plum, Christmas, Dec 110 all
Portuguese, Mar 176 all
strawberry-raspberry, Aug 112 all
Rice, oven creamed, Dec 146 S, D
Rice, sticky, with mangoes, Apr 170 all
Rice tart, Belgian, Dec 146 S, D
Sherbet
avocado, Mar 203 C, S, D; Apr 169 N
berry sherbet tower, June 141 N, C
ginger, candied, Sept 152 all
lemon, with persimmons, Dec 146 N, C, 155 S, D
mint, fresh, Sept 152 all
pineapple cream, June 137 all
Soufflés
chocolate mocha, Apr 179 C, S, D
lemon Cointreau, Apr 178 C, S, D
orange chiffon, May 172 S, D
rum praline, Apr 178 C, S, D
snowy, with berries, June 167 all
Strawberry-tangerine compotes, Mar 164 all
Trifle, caramel apple, Aug 95 all
Truffles, chocolate mint, Dec 152 all
Waffles, crisp ginger, Jan 98 all
Zabaglione cream, frozen, June 144 all

Fish and Shellfish

Anchovies
eggs, anchovy-celery, July 139 all
hors d'oeuvre cups, savory, anchovy cheese filling, May 198 all
romaine and anchovy, Mar 189 all

Fish and Shellfish (Cont.)

Bass, sea, piquant, chilled, Sept 155 S, D
Caviar, red, fresh, Sept 163 N, 156 C
Clams
appetizers, clam and sausage, Apr 157 all
chowder, chile clam, Jan 88 all
chowder, Trueworthy's, Feb 140 all
firepit clams, oysters, crabs, and corn, May 110 all
soup, clams-in-the-shell, Apr 213 N, S, D, 177 C
with Chinese steamed eggs, Aug 111 all
Crab
artichokes, crab-stuffed, Dec 127 all
cracked, ginger vinegar sauce, Feb 127 N, S, D, 165 C
crêpes, Brittany, crab-filled, Nov 160 N
Dungeness, and asparagus, Mar 203 N
Dungeness, three salads, Dec 108 all
dungi-san, Aug 104 all
firepit crabs, oysters, clams, and corn, May 110 all
muffins, toasted, Dec 139 all
ramekins, crab and mushroom, Feb 130 all
red onion vinaigrette, Dec 108 all
salad, guacamole seafood, May 93 all
salad, oriental, Dec 108 all
salad piquant, Dec 108 all
salad, shellfish green, Jan 89 all
sandwiches, crab and cheese, Mar 153 all
seafood potpourri, chilled, July 116 all
with artichoke halves, Mar 101 all
with steak, May 169 C
Crayfish, catching, cooking, eating, June 88 all
Fish, with tuna sauce, June 164 all
Fish, vegetable chowder, Aug 114 all
Fish and shellfish gumbo, June 137 all
Fish with pesto, Aug 56 all
Haddock, fish and chips, May 213 all
Halibut
fish and chips, May 213 all
with rosemary (psari marinata), Feb 124 N
Herring
curried, May 184 all
salad, viking, Dec 124 all
savory pickled, May 184 all
Lingcod
fillet, golden, Oct 154 all
onion, crunchy, Oct 154 all
piquant, chilled, Sept 155 S, D
Oysters
broiled, en brochette, Mar 183 all
chowder, oyster vegetable, Dec 107 all
firepit oysters, clams, crabs, and corn, May 110 all
soufflé, Pacific oyster, Feb 117 all
tagliarini, Jan 112 all
Pescado a la naranja, June 152 all
Rockfish, fish and chips, May 213 all
Sablefish
"kippered cod," July 128 all
poached, hot or chilled, July 128 all
teriyaki, barbecued, July 128 all
Salmon
and artichoke sandwich tray, Jan 63 all
and cheese round, July 109 N
and shrimp, pickled, Sept 119 all
baked, with spinach, Aug 122 all
barbecue, July 135 all
cured, piquant, Aug 107 C

Fish and Shellfish (Cont.)

Salmon (Cont.)
fillets, barbecued, July 102 all
sandwich, smoked salmon, Dec 164 all
sandwich, with egg, Dec 164 all
scrambled eggs on smoked salmon toast, Oct 166 all
steaks, poached, with broccoli, Sept 124 all
with pine nut sauce, Feb 125 N
Seafood, poached, and vegetables, May 171 N
Seafood soup, quick, May 178 all
Seafood spinach soup, May 171 N
Shrimp
and chicken indienne, June 141 N, C
and mushroom sauté, Aug 100 all
and salmon, pickled, Sept 119 all
casserole, shrimp and rice, Nov 196 all
dilled, and mustard sauce, Nov 218 all
gumbo, fish and shellfish, June 137 all
oven entreé, Danish sole and shrimp, Jan 104 all
pancakes, Mandarin, scrambled eggs, shrimp filling, Mar 160 all
pepper shells, shrimp-stuffed, Oct 162 N, 160 C, S, D
salad, guacamole seafood, May 93 all
salad, jicama and shrimp, Apr 202 all
salad, Polynesian shrimp and rice, Nov 196 all
salad, shellfish green, Jan 89 all
seafood potpourri, chilled, July 116 all
with cucumbers, Aug 108 all
with feta, Feb 125 N
won ton, shrimp-filled, May 196 all
Sole
casserole, company, Nov 156 all
oven entreé, Danish sole and shrimp, Jan 104 all
Soup, inland ghoti, Nov 216 all
Swordfish, baked, Brazilian-style, Mar 200 all
Trout
chowder, Aug 104 all
swimming sweet and sour, Feb 160 all
Tuna
and artichokes, creamy, Mar 203 N
pie, tuna-potato, Mar 164 all
sauce, Mediterranean, June 164 all
Turbot, Greenland
baked, Brazilian-style, Mar 200 all
cheese-broiled, Jan 93 S, D; Mar 163 N, 204 C
poached, with guacamole, Jan 93 S, D; Mar 163 N, 204 C
sauté, fruited, Jan 93 S, D; Mar 163 N, 204 C
turbot-tomato baked, curried, Jan 93 S, D; Mar 163 N, 204 C

Foreign Cookery

African

Couscous, quick, Feb 128 all

Arabian

Bread, June 138 all

Armenian

Peda, bread, burger, shish kebab, Apr 102 all

Belgian

Rice tart, Dec 146 S, D

Foreign Cookery (Cont.)

Chinese

Chicken, Beggar's, Sept 62 all
Chow sam see, Sept 134 all
Chow sam see, beef, Sept 137 all
Custard, Aug 110 all
Duck, Peking style, Apr 180 C, S, D
Eggs, steamed, Aug 110 all
Fish, swimming sweet and sour, Feb 160 all
Kanten, coconut, Oct 169 all
Mushrooms, oriental, Oct 186 all
Oriental Cook Book, a *Sunset* book, June 97 all
Oriental foods, shopping for, June 96 all
Pancakes, Mandarin, Mar 158 all
Salad, chicken, Nov 206 all
Won ton, three fillings, May 194 all

English

Fish and chips, May 213 all
Lamb grill, mixed, Apr 199 all

Filipino

Carne con legumbres, Jan 94 all

French

Baekeoffe, Feb 142 all
Brioche, three sandwiches, July 108 N
Cassoulet, cranberry bean, Aug 107 N, S, D
Chou paste, four entreés with, Jan 90 all
Couscous, quick, Feb 128 all
Crêpes, Brittany, four recipes, Nov 160 N
Gateau pithiviers (almond tart), Mar 206 all
Lamb, wine-bathed, Oct 138 all
Lamb ragout, provincial, Feb 144 all
Pissaladière, Mar 163 S, D
Salad-sandwich, Riviera, Sept 119 all
Terrine, picnic, Oct 78 all
Vegetables à la Grecque, May 172 N, C

German, Austrian, Swiss

Almond rounds, May 200 all
Cheesecake, apple, Nov 223 C, S, D
Kidneys, sour, German-style, Apr 199 all
Kuchen, apple, Garmisch, Apr 177 S, D
Sauerbraten, German, Oct 138 all
Swiss cheese and egg salad-sandwich, Sept 119 all

Greek

Barbecue dinner, Aug 98 all
Buns, filled, three fillings, Dec 112 all
Lamb chops with leeks, May 182 C, S, D
Moussaka, Athenian, Aug 116 all
Psari marinata (halibut with rosemary), Feb 124 N
Rice, cumin, Aug 98 all
Salad, minted green, Aug 98 all
Salmon with pine nut sauce, Feb 125 N
Shish kebab, barbecued, Aug 98 all
Shrimp with feta, Feb 125 N
Vegetables à la Grecque, May 172 N, C

Hawaiian

Salad tray, fruit, Dec 129 N

Indian

Eggplant slices, Nov 202 all

Indonesian

Rice, Javanese, with lamb shanks, mushrooms, Mar 194 all

Foreign Cookery (Cont.)

Italian

Asparagus vinaigrette, Mar 205 N, 83 C, D
Cake, chocolate almond, Mar 205 N, 83 C, D
Cake, Neapolitan, Feb 150 all
Cannelloni, ham, Apr 200 all
Lasagne, green, with Bolognese sauce, Apr 164 all
Lasagne noodles, green, Apr 160 all
Manicotti, spinach-cheese, May 180 all
Manicotti, tomato, May 180 all
Minestrone, Florentine, Mar 190 all
Minestrone dina, Aug 107 N, S, D
Mixed grill, skewered, Mar 205 N, 83 C, D
Mushrooms, marinated, Mar 205 N, 83 C, D
Olives, garlic, Mar 205 N, 83 C, D
Pears, Bartlett, poached, Oct 174 all
Picnic, Easter, Mar 205 N, 83 C, D
Pie, artichoke ricotta, Mar 199 all
Pie, ham and sausage, Mar 199 all
Pizza di Pasqua (Parmesan bread), Mar 205 N, 83 C, D
Salad, celery root and carrot, Oct 159 all
Sandwich, sausage, July 112 all
Sauce, pesto, uses, Aug 56 all
Spinach balls, Nov 202 all
Torte, apple almond, Nov 223 C, S, D
Torte, spumoni rum, Feb 150 all
Zabaglione cream, frozen, June 144 all
Zabaglione pie, frothy, June 144 all

Japanese

Chowan muchi (savory custard), Aug 110 all
Mushrooms, forest, Oct 186 all
Oriental Cook Book, a *Sunset* book, June 97 all
Oriental foods, shopping for, June 96 all
Salad, sesame spinach, Apr 213 N, S, D, 177 C
Soups, clams-in-the-shell, Apr 213 N, S, D, 177 C
Sukiyaki, Western or Japanese style, Feb 76 all
Yakitori, Apr 213 N, S, D, 177 C

Jewish

Hallah, Apr 168 C; May 215 S, D

Lebanese

Appetizer, kibbeh, Nov 226 all
Artichokes with bread stuffing, Nov 229 all
Kibbeh, two versions, Nov 226 all
Labneh (yogurt cheese), Nov 226 all
Okra, stewed, with onions, Nov 229 all
Party menu, Nov 224 all
Salad, cucumber mist, Nov 229 all
Soup, condiment, May 189 all

Mexican

Albóndigas, Sept 76 all
Enchiladas, cheese, chicken, corn, June 180 all
Gazpacho, Sept 76 all
Guacamole, May 92 all
Pescado a la naranja, June 152 all
Pozole, Sept 76 all
Quesadillas with beef, Aug 100 all
Salad, guacamole seafood, May 93 all

Foreign Cookery (Cont.)

Mexican (Cont.)

Salad, taco-style, Nov 186 all
Salad tray, cucumber and orange, Dec 129 N
Sopapillas, Mar 186 all
Soup stock, Sept 76 all
Tacos, beef strip, Apr 182 all
Tacos, quick, Aug 94 all

Near Eastern

Falafil, Feb 148 all
Meatballs, Mar 183 all
Salad, eggplant, Dec 150 C, S, D
Salad tray, vegetable, Dec 129 N

Pakistani

Chapatis, easy, Sept 132 all
Lamb, leg of, roast, Sept 132 all
Pulao, chicken, Sept 132 all
Sauce, cucumber yogurt, Sept 132 all
Vegetables, curried, Sept 132 all

Portuguese

Bread, sweet, Mar 154 all
Pudding, Mar 176 all
Stew, venison, Nov 208 all
Vinho-d'-alhos (wine sauce), July 136 all

Russian

Pirog, lamb and mushroom, May 163 all
Piroshki, rye-vegetable, May 164 all
Selianka (condiment soup), Dec 140 all

Scandinavian

Applecake in a bowl, Danish, Dec 133 all
Beef tartar, petit, May 193 all
Biksemad (Danish hash with fried eggs), Dec 116 all
Cake, sour cream apple, Swedish, Apr 177 S, D
Hakkebof (Danish ground steak with onions), Dec 118 all
Kalvsylta (cold veal loaf), July 122 all
Lunch, Danish, Western style, May 177 all
Pancake, oven, easy, Mar 166 all
Pork, pickled, Swedish, Oct 138 all
Salad, cucumber, parslied, Mar 166 all
Salmon, Danish baked, Aug 122 all
Salmon and shrimp, pickled, Sept 119 all
Sandwich, beef and radish, May 193 all
Smorrebrod, chicken with cheese, May 177 all
Smorrebrod, liver sausage with ham, May 177 all
Soup, split pea, with pork, Mar 166 all
Suomalainen pannukakku (Finnish pancake), Sept 155 C
Tart, lemon apple, Danish, Nov 223 C, S, D

South American

Feijoada, Feb 120 all
Feijoada, one-dish, Feb 122 all
Fish, baked, Brazilian-style, Mar 200 all
Greens, sautéed, Feb 120 all
Lasagne, green, Brazilian-style, Apr 162 all
Rice, Brazilian, Feb 120 all
Sauce, lemon chile, Feb 122 all
Wheat topping, toasted, Feb 122 all

Thai

Egg and beef platter, May 187 all
Rice, sticky, with mangoes, Apr 170 all

Fruit
See also Fruit, Dried)
Apples
and cabbage with sausages, Nov 180 all
and sweet potatoes, pork, Oct 180 all
applecake in a bowl, Danish, Dec 133 all
baked, Feb 132 all
baked, streusely, Apr 179 N
cake, French, Apr 179 N
cake, Swedish sour cream, Apr 177 S, D
cheesecake, apple, Nov 223 C, S, D
citrus-apple with dates, Jan 101 all
crêpes, apple-filled, Jan 89 all
crisp, Apr 179 N
crisp, Butters, Jan 96 all
dressing, apple sausage, Nov 164 all
dumplings, Oct 135 all
kuchen, Garmisch, Apr 177 S, D
pie, cranberry-apple, Nov 157 all
pie, streusel, Apr 177 S, D
salad, with celery root, Oct 159 all
salad, orange-apple, with onion dressing, Jan 101 all
salad, spinach, with bacon, Mar 152 all
slices, glazed, and prunes, Nov 188 all
tart, lemon apple, Nov 223 C, S, D
torte, apple almond, Nov 223 C, S, D
trifle, caramel, Aug 95 all
Apricots
brandied, June 158 N, C
cake, pound, apricot brandy, Dec 130 C
juice, apricot and orange, May 178 all
Avocados
buns, bacon and avocado, Apr 196 all
dessert, Mar 203 C, S, D; Apr 168 N
dressing, Jan 107 all
dressing, with greens, Mar 189 all
guacamole, feature story, May 92 all
pie, chiffon, Mar 203 C, S, D; Apr 168 N
salad, avocado almond, Jan 104 all
salad, avocado, bean sprout, Aug 94 all
salad, avocado, pine nut, Feb 116 all
salad, celery root-avocado, Oct 159 all
salad, guacamole, chicken, Dec 127 all
salad, guacamole seafood, May 93 all
sherbet, Mar 203 C, S, D; Apr 169 N
with beef liver, Jan 88 all
with curried eggs, Mar 153 all
Bananas
bread, banana apricot nut, Nov 159 all
French toast, Jan 96 all
Berries
berry syrups, Aug 118 all
blueberries
lemon drops, blueberry, July 118 all
sundae, blueberry fudge, July 118 all
boysenberries
corned pork boysenberry, Nov 214 all
pie, lattice, June 79 all
pudding, with raspberry, Aug 112 all
tarts, Scotch shortbread, June 79 all
torte, boysenberry crown, June 79 all
cranberries
ice, in lemon shells, Dec 139 all
pie, cranberry-apple, Nov 157 all
pie, cranberry-orange, Nov 195 all
raspberries
berry sherbet tower, June 141 N, C
cooler, June 142 all
pudding, strawberry-raspberry, Aug 112 all
soufflé, snowy, June 167 all

Fruit (Cont.)
Berries (Cont.)
strawberries
berry sherbet tower with fruits, June 141 N, C
bombe, strawberry macaroon, Sept 117 all
cheesecake, strawberry-topped, Feb 117 all
compote, strawberry-tangerine, Mar 164 all
crêpes, strawberry ice cream, May 215 C
jam, homemade, July 112 all
pudding, strawberry-raspberry, Aug 112 all
shortcakes, butterflake, Apr 194 all
soufflé, snowy, June 167 all
Cherries
sundae, flaming, Feb 132 all
sweet, brandied, June 158 N, C
with chicken breasts, Feb 116 all
Citrus-apple plate with dates, Jan 101 all
Citrus juice, fresh-frozen, Nov 232 D
Citrus syrups, Aug 118 all
Coconut
cream, Apr 170 all
kanten, Oct 169 all
milk, Apr 170 all
toast with pineapple, May 161 all
Fruit compote, wth jicama, Apr 202 all
Fruit flambé, Dec 146 N, C, 155 S, D
Fruit imports from around the world, Feb 86 all
Fruit melange, scarlet, Sept 155 N
Fruit salad tray, Hawaiian, Dec 129 N
Fruits, fresh, storage, July 108 C, S, D
Fruits with cream cheese, Sept 156 N
Grapefruit
citrus peel, candied, Nov 212 all
jelly, fresh, Apr 169 S, D
knife, May 202 all
pickles, spiced peel, Apr 169 S, D
pie, pink grapefruit chiffon, Apr 168 S, D
sweet potatoes, Apr 168 S, D
Grapes
brandied, June 158 N, C
fruit bowl, autumn, Oct 134 all
Italian sausages with beans, Nov 180 all
wine, making your own, Sept 89 all
with Camembert, Oct 171 N, C, 170 S, D
with chicken livers, July 103 all
Guava jelly with Roquefort cheese, Oct 171 N, C, 170 S, D
Kiwi, Melba style, Dec 146 N, C, 155 S, D
Lemons
broccoli with lemon cream, Nov 156 all
cake, pound, lemon yogurt, Mar 209 all
cranberry ice in lemon shells, Dec 139 all
curd, tart, Jan 104 all
pie, frosty, July 130 all
pie, lemon sour cream, Apr 177 N; May 215 N
sauce, lemon chile, Feb 122 all
tart, lemon curd, Jan 104 all
tart, lemon apple, Nov 223 C, S, D
yams, lemon-glazed, Nov 190 all
Limes
pie, cottage cheese lime, July 130 all
sauce, lime cream, June 148 all
syrup, Aug 118 all
tart, lime curd, May 191 all

Fruit (Cont.)
Mangoes
butter-sautéed, June 148 all
fruit plate, June 148 all
tart, macadamia mango, June 148 all
with sticky rice, Apr 170 all
Melons
cantaloupe, spiced, Sept 112 all
fruit bowl, autumn, Oct 134 all
watermelon, salad, June 171 all
Olives
garlic, Mar 205 N, 83 C, D
salad, garbanzo and green olive, Dec 162 all
Oranges
chicken, Kinnow, Mar 178 all
citrus peel, candied, Nov 212 all
fruit bowl, autumn, Oct 134 all
fruitcake, Dec 123 all
fudge, orange creme, Dec 158 all
ham loaf with orange sauce, Apr 156 all
ice cream, July 120 all
juice, apricot and orange, May 178 all
lamb shanks, orange-glazed, Feb 134 all
mandarin cream, Wilking, Mar 180 all
mandarin marmalade, Mar 180 all
mandarin onion salad, Mar 178 all
pescado a la naranja, June 152 all
pie, cranberry-orange meringue, Nov 195 all
salad, orange, sweet onion, Apr 193 all
salad, orange-apple, with onion dressing, Jan 101 all
salad tray, cucumber and orange, Mexican, Dec 129 N
sliced, Feb 122 all
soufflé, orange chiffon, May 172 S, D
with chocolate-sour cream dip, May 177 all
Papaya boats, Feb 146 all
Peaches
brandied, June 158 N, C
dumplings, Oct 135 all
peaches and cream, molded, Aug 125 all
pie, peaches and cream, Aug 125 all
with butterscotch cake, July 103 all
with nut-sugar topping, Aug 125 all
with pecan roll, Sept 122 N, 114 S, D
Pears
and sherried pork chops, Apr 174 all
Bartlett, with chocolate, Sept 128 all
Bartlett, caramel and wine poached, Oct 174 all
brandied, June 158 N, C
Galliano, Dec 146 N, C, 155 S, D
mandarin, Jan 107 all
whip, ginger, Feb 146 all
Persimmons
pudding, steamed, Dec 110 all
ripen, how to, Oct 162 C, S, D
with lemon sherbet, Dec 146 N, C, 155 S, D
Pineapple
broth, pineapple-vegetable, Feb 132 all
sherbet, pineapple cream, June 137 all
with coconut toast, May 161 all
with lamb kebabs, May 178 all
with port sauce, Sept 155 N
Plums
brandied, June 158 N, C
cake, upside-down, purple prune plum, Sept 150 all
pie, Italian plum, Sept 113 all
Tangerine-strawberry compote, Mar 164 all

Fruit, Dried

Apricots
bread, banana ap Nut, Nov 159 all
candied, Dec 13
cookies, fruit-f lar 153 all
Dates
date-nut loa 159 all
with citrus-apple plate, Jan 101 all
Dried fruit cordials,
Dec 155 N, 129 C, S, D
Prunes
cookies, fruit-filled, Mar 153 all
crescent, prune-filled, Nov 176 all
glazed apple, prunes, Nov 188 all
Raisins
bread, honey raisin, Nov 159 all
raisin-nut loaf, Dec 158 all

Meat

Bacon
and cheese loaf, Dec 106 all
and cheese sandwich platter, Jan 63 all
buns, bacon and avocado, Apr 196 all
custard, bacon and cheese,
June 162 N, S, D; Dec 155 C
hors d'oeuvre cups, savory, bacon and
onion filling, May 198 all
salad, hot, spinach and bacon,
Oct 136 all
salad, spinach, with bacon, apple,
Mar 152 all
skewers, liver, bacon, onion,
Mar 184 all
Beef
brisket, braised, with vegetables and
brown gravy, Nov 184 all
chow sam see, Sept 137 all
corned beef, glazed, Dec 136 all
corned beef, sliced, May 174 all
hash, Danish, (biksemad), Dec 116 all
in Marsala, Sept 143 all
minestrone, beef, baked, Oct 178 all
potted, with mushrooms, Oct 189 all
roast, chuck, barbecued, May 160 all
roast, pot, chile bean, Feb 116 all
roast, pot, paprika, Jan 115 N
roast, sandwich board, Jan 63 all
roast sirloin tip, June 169 all
sandwich, beef and radish, May 193 all
sauerbraten, German, Oct 138 all
shanks, Burgundy, Feb 136 all
short ribs, dill-tomato, Sept 112 all
soup, June Ellen's Mexican, Apr 204 all
steak, flank, Dec 145 N, S, D
steak, gingered, with livers, May 169 C
steak, Marsala, mushroom, Jan 115 N
steak and cheese sandwich, July 109 N
steak Diane, Apr 208 all
steak garni, May 168 C
steak strips, capered, June 169 all
steak tartar, sliced, Dec 127 all
steak with crab, May 169 C
stew, green chile beef, Apr 190 all
[illegible] stuttering, Sept 146 all
[illegible] beef-mushroom, Jan 115 N
[illegible] Feb 76 all
[illegible] trip Apr 182 all
Beef, ground
[illegible] stirred, Jan 88 all
[illegible] Sept 128 all
[illegible] Greece, Dec 114 all
[illegible] 18 all
[illegible] Nov 210 all
[illegible] beef-stuffed,
[illegible] Sept 122 C, S, D

Meat (Cont.)

Ground Beef (Cont.)
casserole, beef, eggplant, Dec 106 all
casserole, bitka, Sept 128 all
casserole, potato puff-beef, Nov 210 all
casserole, taco beef, May 186 all
curry, May 187 all
egg and beef platter, Thai, May 187 all
ground steak, Danish, with onions,
(hakkebof), Dec 118 all
hamburgers, Italian-style, Dec 139 all
hamburgers, Polynesian, May 187 all
lasagne italienne, Feb 140 all
meat loaf, mushroom-filled, Jan 90 all
meatball sauerbraten, June 161 S, D;
Nov 223 N
meatball soup with Swiss chard, red
peppers, Nov 184 all
meatball stroganoff, May 186 all
meatballs, baked, June 161 S, D;
Nov 223 N
meatballs, French wine sauce,
June 161 S, D; Nov 223 N
meatballs, Turkish, Mar 183 all
meatballs with curry sauce,
June 161 S, D; Nov 223 N
meatballs with goulash, July 127 all
pepper shells, beef and sausage,
Oct 162 N, 160 C, S, D
pie, beef and cheese, Mar 152 all
quesadillas with beef, Aug 100 all
strudel meat roll, Oct 147 all
tartar, petit, May 193 all
turnovers, beef, Nov 160 C, S, D
won ton, chorizo sausage and beef
filling, May 196 all
Ham
and chicken brioche, July 109 N
and turkey, country, Oct 143 all
baked, with Madeira sauce, Apr 194 all
cannelloni, Apr 200 all
chow sam see, Sept 134 all
crêpes, ham and cheese, Nov 160 N
hocks and limas, Feb 136 all
loaf with orange sauce, Apr 156 all
pie, ham and sausage, Mar 199 all
salad, bean and ham, Dec 162 all
smorrebrod, liver sausage, May 177 all
soup, lentils and ham, Nov 157 all
stew, vegetable, with ham, Aug 114 all
with creamy hot potato salad, camp
meal, July 127 all
with steamed eggs, Aug 110 all
Heart
beef, en brochette, Feb 165 N, S, D
steak, minute, Feb 165 N, S, D
Kidneys
lamb grill, English mixed, Apr 199 all
sour, German-style, Apr 199 all
veal, en brochette, Apr 199 all
Lamb
buns, filled, from Greece, lamb and
pine nut filling, Dec 114 all
cabbage leaves, lamb-stuffed,
July 107 N; Sept 122 C, S, D
chop curry, Dec 106 all
chops, chou paste crust, Jan 91 all
chops with leeks, May 182 C, S, D
chops with spinach, May 182 C, S, D
couscous, quick, Feb 128 all
kebabs with pineapple, May 178 all
leg of, roast, Sept 132 all
leg roast, with gravy, Mar 166 all
meatballs, Turkish, Mar 183 all
pirog, lamb and mushroom, May 163 all

Meat (Cont.)

Lamb (Cont.)
ragout, provincial, Feb 144 all
roast, rolled shoulder, May 168 S, D;
Nov 167 N
sauté, lamb-mushroom, Aug 121 all
shank casserole, Oct 135 all
shanks, orange-glazed, Feb 134 all
shanks with mushrooms, Mar 194 all
shish kebab, barbecued, Aug 100 all
shish kebab, peda, Apr 103 all
shoulder, pilaf-stuffed, May 168 S, D;
Nov 167 N
skewered, with garlic butter,
Dec 150 C, S, D
whole, barbecued, July 68 all
wine-bathed, French, Oct 138 all
with spring vegetables, Mar 152 all
Liver
beef, with avocado, Jan 88 all
pâté, with mushrooms, Nov 204 all
skewers, liver, bacon, onion,
Mar 184 all
Liver sausage with ham, May 177 all
Meat tenderizer, electric, Oct 156 all
Pork
baekeoffe, Feb 142 all
broiled, with apples, sweet potatoes,
Oct 180 all
carne con legumbres, Jan 94 all
chops, sherried, and pears, Apr 174 all
corned, boysenberry, Nov 214 all
feijoada, Feb 120 all
feijoada, one-dish, Feb 122 all
mixed grill, Mar 83 C, D, 205 N
pancakes, Mandarin, roast pork
tenderloin filling, Mar 160 all
pickled, Swedish, Oct 138 all
pig, whole, pit-roasted, July 68 all
pig in a poke, Jan 91 all
pot-roasted, Nov 157 all
roast loin, apple-glazed, June 172 all
roast loin, potatoes, onions, Feb 132 all
scallopini with pork, mushrooms, camp
meal, July 127 all
scrapple with pork, July 126 all
shoulder, charcoal-roasted, Sept 140 all
spareribs, oven-roasted, Jan 107 all
spareribs, oven-barbecued, June 136 all
tenderloin, glazed, Aug 121 all
terrine, picnic, Oct 78 all
with split pea soup, Mar 166 all
won ton, pork-filled, May 196 all
Rabbit Tartaglino, Feb 138 all
Sausage
appetizers, clam and sausage,
Apr 157 all
bratwurst with carrots, onions,
Nov 180 all
buffet, sausage and salad, June 174 all
dressing, apple sausage, Nov 164 all
dressing, bread, chard and sausage,
Nov 164 all
feijoada, Feb 120 all
feijoada, one-dish, Feb 122 all
Italian, with grapes, beans, Nov 180 all
linguisa with green peppers, onions,
Nov 180 all
mixed grill, Mar 205 N, 83 C, D
pepper shells, beef and sausage,
Oct 162 N, 160 C, S, D
pie, ham and sausage, Mar 199 all
pizza, Italian sausage, Nov 176 all
sandwich, Italian sausage, July 112 all
sauté, with artichoke, Mar 101 all

Meat (Cont.)

Sausage (Cont.)
stew, bean and sausage, Oct 85 C, S, D; Dec 151 N
with cabbage and apples, Nov 180 all
won ton, chorizo filling, May 196 all
Tongue
beef, barbecue glazed, Sept 140 all
feijoada, Feb 120 all
feijoada, one-dish, Feb 122 all
Veal
baekeoffe, Feb 142 all
loaf, cold (kalvsylta), July 122 all
shanks, Italian style, Feb 134 all
stew, paprika, Aug 95 all
terrine, picnic, Oct 78 all
Venison
steaks Burgundy, Nov 208 all
stew, Portuguese, Nov 208 all

Menus

Breakfasts

Junior cook's, July 110 all
Pancake, Halloween, Oct 176 all
Platter, for six, Sept 126 all

Brunches

Barbecue, Sunday, May 177 all
Christmas morning, Dec 139 all
Guest, Aug 100 all
Omelet for family, Apr 194 all
Pancake, Halloween, Oct 176 all
Pancake, Mandarin, Mar 158 all
Pizza-styled eggs, June 174 all
Swiss cheese dipping, May 171 N
Tuna-potato pie, Mar 164 all

Buffets

Dinner on a tray, May 174 all
Feijoada, Brazilian, Feb 118 all
Holiday, Dec 136 all
Patio, sausage and salad, June 174 all

Dinners

Barbecue, Greek, Aug 98 all
Brisket, Nov 182 all
Broiler, quick, Oct 180 all
Buffet on tray, May 174 all
Casserole, skillet, Sept 128 all
Company, summer, June 172 all
Easter, streamlined, Mar 166 all
For young cook to prepare, Apr 158 all
Lamb sauté for two, Aug 121 all
Midwinter oven, Feb 132 all
Pork tenderloin for two, Aug 121 all
Roast, for relatives, Apr 193 all
Salmon, poached, for four, Sept 124 all
Thanksgiving, adults', Nov 87 all
Thanksgiving, all-day, Nov 88 all
Valentine, for two, Feb 130 all

Lunches

Brown bag, five ideas, Nov 94 all
Danish, Western style, May 177 all
Patio, Apr 196 all
Salad, fiesta, Jan 107 all
Salad, Mexican, Nov 184 all
Sandwich, grilled, Feb 132 all

Parties

Coffee, Jan 64 all
Kitchen, Mexican-style, Aug 100 all
Lebanese, Nov 224 all
Sandwich, assemble-your-own, Jan 62 all

Menus (Cont.)

Picnics

At-home, three ideas, Sept 118 all
Autumn, Oct 78 all
Barbecue, boys', Aug 58 all
Car, instant, four ideas, Aug 96 all
Easter, Italian, Mar 205 N, 83 C, D
Feijoada, Feb 122 all
Shellfish, barbecue, May 108 all
Thanksgiving, Nov 85 all

Suppers

Barbecue, Japanese, Apr 213 N, S, D, 177 C
Christmas Eve, Dec 126 all
Family, plain fare, Jan 107 all
Holiday late, Dec 139 all
Salad, Provençal two-way, Sept 119 all
Salad-sandwich plate, Swiss, Sept 119 all
Sandwich, Italian-style, July 112 all
Seafood, Swedish, Sept 119 all
Seafood and soup, May 171 N
Seafood casserole, Jan 104 all
Soup, Italian-style, Oct 178 all
Soup and cake, Nov 184 all
Swedish, for six, Mar 164 all
Weekend, Mar 164 all

Miscellaneous

Bottle capper, Nov 198 N, 199 C, S, D
Bun warmer, electric, Mar 172 all
Camp meals, make-ahead, July 126 all
Camp sandwiches, two recipes, Apr 188 all
Dishes, strong, Nov 198 N, 199 C, S, D
Easter eggs, window, Mar 80 N, C, D
Food steamers, two new, Oct 156 all
Knife, French, Apr 110 all
Knife, grapefruit, May 202 all
Meat tenderizer, electric, Oct 156 all
Molds, gift for the cook, Dec 167 all
Oven, how to test your own, Feb 152 all
Scoops, other uses, Oct 184 all
Server, iced, portable, May 202 all
Ship meals, boil-in-a-bag, July 104 all

Nuts

Almonds
cake, chocolate, Mar 205 N, 83 C, D
eggs, crunchy almond, July 139 all
German rounds, pillows, May 200 all
tart (gateau pithiviers), Mar 206 all
topping, nut-sugar, Aug 125 all
Chestnut dressing, Nov 164 all
Filberts
flatbread, Feb 124 C
streusel ring, Mar 157 all
Macadamia mango tart, June 148 all
Nut brittle praline, July 112 all
Pecans
cornbread sticks, pecan, Feb 125 C
pie, praline nut, Apr 177 N; May 215 N
pumpkin nut bread, Feb 125 C
roll with peaches, Sept 122 N, 114 S, D
swirls, Nov 176 all
Pine nuts
buns, filled, from Greece, lamb and pine nut filling, Dec 114 all
salad, avocado and pine nut, Feb 116 all
salmon with pine nut sauce, Feb 125 N
sticks, Feb 124 C
Pistachio bread, Feb 125 C
Raisin-nut loaf, Dec 158 all
Walnuts in three fruit-and-nut breads, Nov 159 all

Poultry

Chicken
and double G. sauce, July 136 all
and ham brioche, July 109 N
and shrimp indienne, June 141 N, C
barbecued, June 179 all
Beggar's, Sept 62 all
breasts with cherries, Feb 116 all
chow sam see, Sept 134 all
couscous, quick, Feb 128 all
crusty, chou paste crust, Jan 90 all
drumsticks, crusty, Apr 156 all
enchiladas, chicken and cheese, Sept 113 all
enchiladas, chicken cream, June 181 all
in red wine sauce, Dec 130 N, S, D
Italian-style, June 150 all
Kinnow, Mar 178 all
livers with gingered steak, May 169 C
livers with grapes, July 103 all
long rice, May 208 all
mixed grill, Mar 205 N, 83 C, D
pancakes, Mandarin, chicken, leeks or green onion filling, Mar 160 all
pâté, chicken liver, Nov 186 all
pot pie, AAUW, Mar 193 all
pulao, Sept 132 all
roast, and carrots, May 161 all
roasting, with vegetables, Dec 130 N, S, D
salad, Chinese, Nov 206 all
salad, guacamole and chicken, Dec 127 all
sandwiches, barbecued chicken, June 179 all
sauce, garlic wine (vinho d'alhos), July 136 all
sauté, chicken vegetable, Apr 180 N, 213 C, 167 S, D
smorrebrod, chicken with cheese, May 177 all
soup, chicken and cucumber, May 174 all
strudels, chicken and mushroom, Oct 148 all
terrine, picnic, Oct 78 all
yakitori, Apr 213 N, S, D, 177 C
Duck
Peking style, Apr 180 C, S, D
roast, Oct 85 C, S, D; Dec 151 N
roast, Canberra, Oct 164 all
soup, Oct 85 C, S, D; Dec 151 N
Goose
how to carve, Nov 188 all
roast, with new potatoes, Nov 188 all
Pheasant Silverado, Dec 120 all
Rock Cornish hens, tomatoes, Oct 135 all
Turkey
and ham, country, Oct 143 all
barbecued, Nov 86 all
casserole, turkey gravy, Feb 124 S, D
Divan, Feb 124 S, D
dressing, apple sausage, Nov 164 all
dressing, bread, chard and sausage, Nov 164 all
dressing, chestnut, Nov 164 all
dressing, polenta mushroom, Nov 164 all
drumsticks, Dec 123 all
gravy, brown giblet, Nov 163 all
La Scala, Oct 142 all
roasting, with dressing outside, Nov 163 all
salad, chutney, Oct 143 all
salad-sandwich tray, Nov 89 all

Poultry (Cont.)

Turkey (Cont.)
scaloppine, turkey, Oct 142 all
simmering, Feb 124 S, D
soup, turkey vegetable, Feb 124 S, D
with steamed eggs, Aug 110 all

Preserving

Conserves, Jams, Jellies, Preserves, Butters

Fruit, brandied, June 158 N, C
Grapefruit jelly, fresh, Apr 169 S, D
Mandarin marmalade, Mar 180 all
Strawberry jam, homemade, July 112 all

Pickles

Grapefruit peel, spiced, Apr 169 S, D

Salad Dressings

Avocado, Jan 107 all
Caper, Nov 89 all
Guacamole, May 93 all
Herb, Dec 129 N
Lime curry, Dec 129 N
Orange-chile, Dec 129 N
Pesto, Aug 56 all

Salads

Artichoke platter, Roman, Mar 101 all
Artichokes with béarnaise, Mar 99 all
Asparagus plate, Mar 204 S, D
Asparagus vinaigrette, Mar 205 N, 83 C, D
Avocado almond, Jan 104 all
Avocado and bean sprout, Aug 94 all
Avocado and pine nut, Feb 116 all
Bean and ham platter, Dec 162 all
Bean, fresh, Dec 107 all
Boats, Mexican, Sept 158 all
Celery root and apple, Oct 159 all
Celery root and carrot, Oct 159 all
Celery root-avocado, Oct 159 all
Citrus-apple plate with dates, Jan 101 all
Consommé, tomato, jellied, Sept 113 all
Crab, oriental, Dec 108 all
Crab, piquant, Dec 108 all
Crab and red onions vinaigrette, Dec 108 all
Cucumber, parslied, Mar 166 all
Cucumber and orange, Dec 129 N
Cucumber mint, Nov 229 all
Cucumber with celery, Aug 108 all
Cucumbers with shrimp, Aug 108 all
Cucumbers, with onions, Aug 108 all
Curry mold, June 183 all
Eggplant, Turkish, Dec 150 C, S, D
Field, beets and greens, July 112 all
Fiesta, tuna, corn chips, Jan 107 all
Fruit bowl, autumn, Oct 134 all
Fruit tray, Hawaiian, Dec 129 N
Garbanzo and green olive, Dec 162 all
Gazpacho, June 137 all
Green, minted, Aug 98 all
Green, mixed, with egg sauce, Mar 189 all
Green, shellfish, Jan 89 all
Greens, avocado dressing, Mar 189 all
Greens for large group, Mar 188 all
Guacamole and chicken, Dec 127 all
Guacamole seafood, May 93 all
Iceberg potato, Apr 156 all
Jicama and shrimp, Apr 202 all
Mandarin onion, Mar 178 all
Mediterranean, June 164 all
Mexican, taco-style, Nov 186 all

Salads (Cont.)

Orange and sweet onion, Apr 193 all
Orange-apple, with onion dressing, Jan 101 all
Potato, June 154 all
Potato, creamy hot, with ham, camp meal, July 127 all
Potato, French, May 177 all
Riviera, marinated salad, Sept 119 all
Romaine and anchovy, Mar 189 all
Saratoga, spinach, Sept 144 all
Sauerkraut, green and gold, June 176 all
Sesame spinach, Apr 213 N, S, D, 177 C
Shrimp and chicken indienne, June 141 N, C
Shrimp and rice, Polynesian, Nov 196 all
Slaw, summer, July 103 all
Spinach, Easter egg, Mar 168 all
Spinach, with bacon, apple, Mar 152 all
Spinach, with bacon, hot, Oct 136 all
Squash, yellow, Sept 158 all
Swiss cheese and egg, Sept 119 all
Tomatoes, cherry, in herb marinade, May 160 all
Turkey chutney, Oct 143 all
Turkey salad-sandwich tray, Nov 89 all
Vegetable tray, Persian, Dec 129 N
Vegetables à la Grecque, May 172 N, C
Viking, herring, Dec 124 all
Watercress endive bowl, June 141 N, C
Watermelon bowl, minted, June 171 all
With pesto, Aug 56 all
Zucchini, shredded, Sept 138 all
Zucchini-rice mint medley, Sept 139 all

Sandwiches

Artichoke and salmon tray, Jan 63 all
Bacon, avocado buns, Apr 196 all
Bacon and cheese loaf, Dec 106 all
Bacon and cheese platter, Jan 63 all
Beef, roast, board, Jan 63 all
Beef burgers, oven-barbecued, Nov 210 all
Breakfast, Apr 188 all
Brioche, chicken and ham, July 109 N
Brioche, salmon and cheese, July 109 N
Brioche, steak and cheese, July 109 N
Burger, peda, Apr 103 all
Camp, hot, two recipes, Apr 188 all
Chicken, barbecued, June 179 all
Chicken and ham brioche, July 109 N
Chicken with cheese, May 177 all
Crab and cheese rounds, Mar 153 all
Crab muffins, toasted, Dec 139 all
Dungi-san, Aug 104 all
Egg with tuna, June 164 all
Hamburgers, Italian-style, Dec 139 all
Honey butter buns, June 138 all
Jack cheese and chile, Feb 132 all
Liver sausage with ham smorrebrod, May 177 all
Mediterranean, bologna, June 138 all
Onion, slow-cooked, May 168 N; Nov 173 C, 172 S, D
Party, assemble-your-own, Jan 62 all
Pizza, mushroom, June 138 all
Rolls, fiesta, Apr 188 all
Rye and blue cheese board, Jan 63 all
Salad-sandwich, Riviera, Sept 119 all
Salmon, smoked, Dec 164 all
Salmon, with egg, Dec 164 all
Salmon and cheese round, July 109 N
Sausage, Italian, July 112 all
Shish kebab, peda, Apr 103 all
Steak and cheese braid, July 109 N
Swiss cheese and egg salad, Sept 119 all

Sandwiches (Cont.)

Swiss rounds, hot, June 138 all
Tacos, beef strip, Apr 182 all
Tacos, quick, Aug 94 all
Turkey salad-sandwich tray, Nov 89 all

Sauces and Syrups

Béarnaise, cream cheese, Mar 99 all
Berry, fresh, syrups, Aug 118 all
Cider syrup, hot, Oct 178 all
Citrus, fresh, syrups, Aug 118 all
Cucumber yogurt, Sept 132 all
Curd, lemon, Jan 104 all
Dipping, Swiss cheese, May 171 N
Garlic wine (vinho d'alhos), July 136 all
Ginger vinegar, Feb 127 N, S, D, 165 C
Guacamole, May 92 all
Hard, brandied, Dec 110 all
Hollandaise, tart, warm or cold, Mar 100 all
Horseradish cream, whipped, Aug 122 all
Lemon chile, Feb 122 all
Lime cream, June 148 all
Lime syrup, Aug 118 all
Marinade, onion-red wine, Dec 127 all
Mayonnaise, lemon, May 171 N
Mayonnaise, mustard, Dec 127 all
Mayonnaise, pesto, Aug 56 all
Mustard, with dilled shrimp, Nov 218 all
Pesto, basic, uses, Aug 56 all
Pine nut, with salmon, Feb 125 N
Tuna, Mediterranean, uses, June 164 all

Soups

Albóndigas, Sept 76 all
And pesto, Aug 56 all
Baekeoffe, Feb 142 all
Bisque, green pea, minted, Sept 149 all
Bisque, zucchini, chilled, Sept 149 all
Broth, onion cream, Nov 89 all
Broth, pineapple-vegetable, Feb 132 all
Chicken and cucumber, May 174 all
Chowder, chile clam, Jan 88 all
Chowder, clam, Trueworthy's, Feb 140 all
Chowder, oyster vegetable, Dec 107 all
Chowder, trout, Aug 104 all
Chowder, vegetable fish, Aug 114 all
Clams-in-shell, Apr 213 N, S, D, 177 C
Condiment, May 189 all
Condiment, Russian (selianka), Dec 140 all
Consommé, tomato, jellied, Sept 113 all
Duck, Oct 85 C, S, D; Dec 151 N
Escarole, Apr 157 all
Gazpacho, Sept 76 all
Gazpacho, pimiento-tomato, Aug 94 all
Ghoti, inland, Nov 216 all
Lentils and ham, Nov 157 all
Meatball, with Swiss chard, red peppers, Nov 184 all
Mexican, June Ellen's, Apr 204 all
Minestrone, beef, baked, Oct 178 all
Minestrone, Florentine, Mar 190 all
Minestrone Dina, Aug 107 N, S, D
Onion a la Bruce, Mar 193 all
Potato salad, June 154 all
Pozole, Sept 76 all
Pumpkin, cream of, Oct 134 all
Seafood, quick, May 178 all
Seafood potpourri, chilled, July 116 all
Spinach seafood, May 171 N
Split pea, with pork, Mar 166 all
Stock, Mexican, Sept 76 all
Storm, pea, May 204 all
Turkey vegetable, Feb 124 S, D

Vegetables

Artichokes
and salmon sandwich tray, Jan 63 all
and tuna, creamy, Mar 203 N
crab-stuffed, Dec 127 all
halves with crab, Mar 101 all
marinade, Mar 194 all
pie, artichoke ricotta, Mar 199 all
platter, Roman, Mar 101 all
raw, with hot Green Goddess dressing, Mar 101 all
sauté, artichoke sausage, Mar 101 all
sunburst wreath, Mar 100 all
with bread stuffing, Nov 229 all
with cream cheese béarnaise, Mar 99 all
with poached eggs, tart hollandaise, Mar 100 all
Asparagus
and Dungeness crab, Mar 203 N
salad plate, Mar 204 S, D
vinaigrette, Mar 83 C, D, 205 N; May 177 all
Bean sprouts
salad, avocado and bean sprout, Aug 94 all
salad, Saratoga, Sept 144 all
Beans
chile bean pot roast, Feb 116 all
cranberry, bean cassoulet, Aug 107 N, S, D
feijoada, Feb 120 all
feijoada, one-dish, Feb 122 all
garbanzo and green olive salad, Dec 162 all
green, with Italian sausages, grapes, Nov 180 all
in-between, July 136 all
limas with ham hocks, Feb 136 all
minestrone Dina, Aug 107 N, S, D
salad, fresh bean, Dec 107 all
salad platter, bean and ham, Dec 162 all
stew, bean and sausage, Oct 85 C, S, D; Dec 151 N
Beets
salad, field, July 112 all
Broccoli
spears, buttered, Nov 188 all
with lemon cream, Nov 156 all
with salmon steaks, Sept 124 all
Cabbage
and apples with sausages, Nov 180 all
creamy, with noodles, Oct 134 all
leaves, beef or lamb-stuffed, July 107 N; Sept 122 C, S, D
piroshki, rye-vegetable, May 164 all
red, simple sweet-sour, Jan 107 all
sauerkraut salad, green and gold, June 176 all
slaw, summer, July 103 all
Caper salad dressing, Nov 89 all
Carne con legumbres, Jan 94 all
Carrots
and onions, holiday, Nov 190 all
and onions with bratwurst, Nov 180 all
and roast chicken, May 161 all
muffins, gold surprise, Jan 89 all
piroshki, rye-vegetable, May 164 all
salad, with celery root, Oct 159 all
Celery
eggs, anchovy-celery, July 139 all
with cucumber, Aug 108 all
Celery root
salad, with apple, Oct 159 all
salad, with carrot, Oct 159 all
salad, celery root-avocado, Oct 159 all

Vegetables (Cont.)

Chard
dressing, sausage, Nov 164 all
soup, meatball, red peppers, Nov 184 all
Corn
baked, creamy, July 102 all
casserole, Apr 206 all
enchiladas, fresh corn, June 180 all
firepit oysters, clams, crabs, and corn, May 110 all
on the cob, savory, June 174 all
Cucumbers
creamy, with onions, Aug 108 all
marinated, Aug 108 all
salad, cucumber mint, Nov 229 all
salad, parslied, Mar 166 all
salad tray, cucumber and orange, Mexican, Dec 129 N
sauce, cucumber yogurt, Sept 132 all
soup, chicken, cucumber, May 174 all
with celery, Aug 108 all
with shrimp, Aug 108 all
Eggplant
casserole, beef, eggplant, Dec 106 all
casserole, eggplant and vegetable, May 160 all
moussaka, Athenian, Aug 116 all
salad, Turkish, Dec 150 C, S, D
slices, Indian, Nov 202 all
Endive, watercress salad, June 141 N, C
Escarole soup, Apr 157 all
Gazpacho salad, June 137 all
Jicama
compote, jicama and fruit, Apr 202 all
salad, jicama and shrimp, Apr 202 all
Kale
sautéed greens, Feb 120 all
Leeks
pancakes, Mandarin, chicken, leek filling, Mar 160 all
sautéed with cream, Oct 160 N
with lamb chops, May 182 C, S, D
with tarragon, Oct 160 N
Lentil and ham soup, Nov 157 all
Lettuce
greens, avocado dressing, Mar 189 all
Iceberg potato salad, Apr 156 all
romaine and anchovy salad, Mar 189 all
salad with egg sauce, Mar 189 all
Mushrooms
and shrimp sauté, Aug 100 all
dressing, polenta mushroom, Nov 164 all
lamb shanks with mushrooms, Javanese rice, Mar 194 all
marinated, Mar 205 N, 83 C, D
oriental, butter-broiled, Oct 186 all
pirog, lamb and mushroom, May 163 all
pizza, June 138 all
ramekins, crab and mushroom, Feb 130 all
sauté, lamb-mushroom, Aug 121 all
scallopini with pork, mushrooms, camp meal, July 127 all
steak, Marsala and mushroom, Jan 115 N
stir fry, beef-mushroom, Jan 115 N
strudels, chicken and mushroom, Oct 148 all
with Chinese peas, Oct 189 all
with oyster sauce, Oct 189 all
with pâté, Nov 204 all
with potted beef, Oct 189 all
Okra, stewed, with onions, Nov 229 all

Vegetables (Cont.)

Onions
and carrots, holiday, Nov 190 all
and carrots with bratwurst, Nov 180 all
and potatoes with pork, Feb 132 all
broth, onion cream, Nov 89 all
buns, whole wheat, Sept 163 C, S, D
ground steak, Danish, with onions (hakkebof), Dec 118 all
hors d'oeuvre cups, savory, bacon and onion filling, May 198 all
lingcod, crunchy onion, Oct 154 all
salad, mandarin onion, Mar 178 all
salad, orange, sweet onion, Apr 193 all
sandwiches, slow-cooked, May 168 N; Nov 173 C, 172 S, D
skewers, liver, bacon, Mar 184 all
slow-cooked, May 168 N; Nov 173 C, 172 S, D
slow-cooked, with vegetables, May 168 N; Nov 173 C, 172 S, D
soufflé, Dec 160 all
soup a la Bruce, Mar 193 all
with creamy cucumbers, Aug 108 all
with green peppers, Nov 180 all
with stewed okra, Nov 229 all
Parsley butter, Apr 194 all
Peas
bisque, minted green pea, Sept 149 all
Chinese, with mushrooms, Oct 189 all
soup, storm, May 204 all
split pea soup with pork, Mar 166 all
Peppers
chile and cheese sandwich, Feb 132 all
chile lemon sauce, Feb 122 all
green, with onions, Nov 180 all
green chile, dip and stew, Apr 190 all
green pepper omelet, Aug 95 all
red peppers, Swiss chard, meatball soup with, Nov 184 all
shells, beef and sausage, or shrimp, Oct 162 N, 160 C, S, D
Potatoes
cake, mashed potato, June 152 all
casserole, potato puff, Nov 210 all
dollar, Dec 139 all
fish and chips, May 213 all
hungry boy spuds, Aug 102 all
new, with roast goose, Nov 188 all
patties, potato salad, June 154 all
pie, tuna-potato, Mar 164 all
pork loin roast, onions with potatoes, Feb 132 all
puff balls, Feb 127 C; Nov 172 N
salad, June 154 all
salad, hot, July 127 all
salad, French, May 177 all
salad, iceberg potato, Apr 156 all
soup, potato salad, June 154 all
with "kippered cod," July 128 all
Radish and beef sandwich, May 193 all
Spinach
balls, Italian, Nov 202 all
Florentine, with eggs, Mar 203 N
manicotti, spinach-cheese, May 180 all
salad, Easter egg, Mar 168 all
salad, hot, with bacon, Oct 136 all
salad, Saratoga, Sept 144 all
salad, sesame, Apr 213 N, S, D, 177 C
salad with bacon, apple, Mar 152 all
sautéed greens, Feb 120 all
soup, spinach seafood, May 171 N
with Danish baked salmon, Aug 122 all
with lamb chops, May 182 C, S, D
zucchini-spinach bake, Sept 138 all

Vegetables (Cont.)

Squash
pumpkin chiffon p 95 all
pumpkin doughn Nov 156 all
pumpkin nut bre 125 C
pumpkin panc picy, Oct 178 all
pumpkin pie. se, Oct 169 all
pumpkin soup eam of, Oct 134 all
summer, with dill, June 136 all
yellow, salad, Sept 158 all
zucchini, with slow-cooked onions, May 168 N; Nov 173 C, 172 S,D
zucchini bisque, chilled, Sept 149 all
zucchini garden casserole, July 102 all
zucchini, variations, Sept 139 all
Sweet potatoes
and apples with broiled pork, Oct 180 all

Vegetables (Cont.)

Sweet potatoes (Cont.)
and grapefruit, baked, Apr 168 S, D
yams, lemon-glazed, Nov 190 all
Tomatoes
casserole, eggplant, May 160 all
cherry, in herb marinade, May 160 all
consommé, jellied, Sept 113 all
gazpacho, pimiento-tomato, Aug 94 all
manicotti, May 180 all
short ribs, dill-tomato, Sept 112 all
tomato flank steak, Dec 145 N, S, D
turbot, Jan 93 S, D; Mar 163 N, 204 C
Van Meter weasel, Nov 216 all
with Cornish hens, Oct 135 all
with zucchini, Sept 139 all
Vegetable fish chowder, Aug 114 all
Vegetable imports, Feb 86 all

Vegetables (Cont.)

Vegetable oyster chowder, Dec 107 all
Vegetable platter, hot, Apr 194 all
Vegetable salad tray, Persian, Dec 129 N
Vegetable stew with ham, Aug 114 all
Vegetable turkey soup, Feb 124 S, D
Vegetables, curried, Sept 132 all
Vegetables, fresh, storage, July 108 C, S, D
Vegetables a la Grecque, May 172 N, C
Vegetables and pesto, Aug 56 all
Watercress endive salad, June 141 N, C

Young People's Cooking

Barbecue, boys', Aug 58 all
Breakfast, junior cook's, July 110 all
Cake, easy streusel, Nov 167 C, S, D
Dinner menu for young cook, Apr 158 all
Easter eggs, window, Mar 80 N, C, D

GARDENING AND LANDSCAPING

Annuals

Alyssum, sweet, Sept 165 D
Calendulas, proliferation, Apr 225 C, S, D
Cinerarias, Feb 168 C
Color, quick, Mar 242 C, S, D
Delphiniums, Mar 240 N
Dianthus 'China Doll,' Jan 117 N
Frost-resistant plants, Apr 216 N
Growing from seed, June 185 N
Heat-loving, Apr 232 C
Marigold, dwarf, French, Jan 117 N
Marigolds, seeds, Mar 211 S, D
Pansies, Apr 217 N
Periwinkle, Madagascar, "Vinca rosea," July 142 S; Nov 231 S
Petunias, growing, May 250 S, D
Petunias, new for 1970, May 219 N
Petunias, preventing root rot, Sept 165 D
Petunias in hanging baskets, June 185 N
Planting for early color, Sept 183 C; Oct 225 S, D
Poppy, Iceland, Sept 70 all; Oct 191 S
Poppy, Iceland, protecting, Dec 180 C, S
Portulaca, May 238 C
Primula malacoides, Oct 193 D
Snapdragon Madam Butterfly strain, Jan 117 N; Feb 167 C
Snapdragons, planting, Nov 255 D
Stock, Ten Weeks, Sept 169 S
Summer, renewing bloom, Sept 166 C
Summer, seven sturdy, June 187 C
Sunflower 'Autumn Beauty,' Apr 216 N
Sweet peas, planting, Sept 169 C, 165 D
Sweet peas, three types, Sept 165 S
Winter, for shade, Oct 191 S
Zinnias, Thumbelina strain, June 186 C
Zinnias and pumpkins, May 219 S

Arrangements

Branches, forcing bloom, Feb 167 N
Cut flowers, long-lasting, July 141 C
Dried material, Sept 166 N, D, 165 C
Japanese Flower Arranging, book review, June 198 N

Book Reviews

Cactus and Succulents, Mar 212 D
Trees and Shrubs and Plants, D, 192 C

Book Reviews (Cont.)

Eucalypts, Apr 222 all; May 219 N, S, 218 C, D
Japanese Flower Arranging: Practical and Aesthetic Bases of Ikebana, June 198 N
Lawn Watering Need Not Be Wasteful, booklet, June 185 D
Orchids, How to Grow, a *Sunset* book, Oct 200 all
Plant Materials for Landscaping, bulletin, Feb 168 N; Oct 192 N
Rhododendrons in America, June 198 N
Roses, A Handbook for Selecting, Feb 168 C
Roses, How to Grow, a *Sunset* book, Jan 117 C, D
Succulents and Cactus, a *Sunset* book, Mar 236 all

Bulbs and Bulblike Plants

After-bloom care, Mar 212 C
Agapanthus 'Rancho Dwarf,' Mar 255 C; Apr 229 S, D
Anemone, Oct 193 S
Anemones, Japanese, Apr 263 N
Anemones, poppy-flowered, Nov 231 D
Bargain bulbs, Jan 117 S
Begonias, tuberous, Apr 216 C
Buying and storing, Sept 166 C
Colchicum, Aug 128 N
Containers, bringing indoors, Feb 74 all
Crocus, Oct 216 N, C, 221 S, D
Crown imperial, Oct 225 N
Cyclamen, Oct 218 C, S, 192 D
Daffodil, hoop petticoat (*Narcissus bulbocodium*), Sept 169 N; Oct 191 C
Daffodils, care after bloom, Apr 216 N
Dahlia 'Humpty Dumpty,' May 219 N
For spring color, Nov 242 all
Forcing bloom in water, Oct 193 N, C
Gladiolus, spring to fall, Feb 167 D
Gladiolus 'Apollo,' 'Snowdrop,' Jan 117 C, D
Iris growers, visiting, June 186 N
Lily, calla, Nov 232 C
Lily, fortnight, May 236 C
Lily, spider, Aug 127 N; Oct 193 S
Locations, chart to keep track of, Sept 165 N, 166 C

Bulbs and Bulblike Plants (Cont.)

Ornithogalum arabicum, Oct 192 S
Oxalis, Oct 193 S
Planting, Oct 193 N, D
Ranunculus, Nov 231 C, D
Ranunculus, avoiding troubles, Nov 232 S
Selecting for fall planting, Sept 169 N
Tall bulbs, covers to hide, Sept 166 C
Tuberoses, Mar 212 D
Tulips, aphid control, Mar 213 S
Tulips, growing in containers, Nov 240 all
Tulips, landscaping ideas, Oct 194 N
Tulips, shapes and colors, May 252 N
Watsonia, Oct 192 S

Container Gardening

Abutilon megapotamicum, June 198 C
Asparagus, Sprenger, Apr 217 S
Asparagus ferns, June 214 N; July 150 S, D; Aug 138 C
Azaleas, evergreen, Nov 246 N
Bellflower, Italian (*Campanula isophylla* 'Alba'), June 216 C, 198 S, D
Bonsai, dwarf pyracantha, Dec 169 all
Bonsai, pyracantha, instant, Dec 180 N, D
Bonsai, tips, July 169 C; Aug 151 S, D
Bonsai, wood stages, Feb 180 all
Buckeye, California (*Aesculus californica*), as bonsai, Jan 124 S, D
Bulbs, bringing indoors, Feb 74 all
Bulbs, for spring color, Nov 242 all
Cedar, weeping Atlas (*Cedrus atlantica* 'Pendula'), Nov 267 N, 248 C
Citrus, dwarf, as gifts, Dec 174 C, S, D
Color, quick, container plants, Nov 231 D
Container, driftwood, Oct 231 N, S, D
Container, large wooden, Jan 86 N, C
Containers, large, plants for, Aug 127 N
Containers, Mexican, Nov 246 D
Containers, wooden, for 5-gallon cans, June 126 all
Containers, wooden, retrimmed with redwood, Apr 146 C; Aug 78 N
Crassula sarcocaulis, Nov 248 N, D, 246 C
Epiphyllums, May 217 S
Evergreens, dwarf, Dec 186 S, D
Gift plants, imaginative, Dec 76 all
Gift plants, potting, Nov 232 C

Container Gardening (Cont.)

Herb garden in strawberry jar, Mar 211 C
Hibiscus, Chinese (*H. rosa-sinensis*), indoors and out, July 156 N
Lettuce, Oct 192 S
Palm, sago (*Cycas revoluta*), May 218 D
Petunias in hanging baskets, June 185 N
Plumbago, Cape, hanging, June 185 S
Pots, cleaning before planting, Mar 212 C
Rhododendron, in So. Calif., May 218 S
Roses, miniature, June 204 C, S, D
Strawberry jars from Mexico, May 100 all
Succulents, May 230 C; Sept 170 D
Tomatoes, cherry, May 217 N; June 186 C
Tomatoes, small varieties, Apr 217 S
Trees, shrubs, for shade, Mar 212 N
Tulips, Nov 240 all
Water, alkali-free, July 141 D
Watering plants in water-repelling soil, Sept 165 S, 169 D

Espaliering

Buying ready-trained plants, June 186 S
Informal, Sept 64 all
Pine, fern (*Podocarpus gracilior*), Mar 216 C

Ferns

Fern, five-finger (*Adiantum pedatum*), May 222 N; June 201 C, S, D
Tree fern, Australian (*Alsophila cooperi*), July 156 C, S, D
Tree fern, Tasmanian (*Dicksonia antarctica*), July 156 C, S, D

Fruits and Nuts

Apple fences, Jan 58 all
Chestnuts, Dec 187 N
Citrus, April maintenance, Apr 217 D
Citrus, dwarf, as gifts, Dec 174 C, S, D
Citrus, fertilizing, Feb 167 D
Citrus, frost protection, Dec 170 S
Citrus, how to pinch, May 219 C
Citrus, protecting from snails, Feb 167 S
Citrus juice, fresh-frozen, Nov 232 D
Filberts, Dec 187 N
Fruit drop, messy, preventing, Apr 216 N
Grape vine, deck built around, Aug 138 N
Grape vines, pruning, training, Feb 182 N, C, 176 S, D
Kiwi (*Actinidia chinensis*), Jan 56 all
Loquat, bronze, Apr 216 C
Macadamias, Oct 194 S
Olives, mature, care of transplanted trees, Aug 127 D
Oranges, private pickers, Feb 167 D
Rare Fruit Growers, July 154 C, S, D
Raspberries, how to grow, Feb 167 N
Strawberries, everbearing, Apr 217 N
Thinning deciduous fruits, Apr 216 D
Walnuts, Dec 186 N

Garden Structures, Greenhouses, Plant Shelters

Greenhouse-garden off living room, Jan 122 N
Hot bed, portable, Feb 168 N
Lathhouse, work center, Oct 92 C, S, D
Ramp to move wheelbarrow up steep stairs, Mar 234 N; Apr 249 S, D
Shade structure, bamboo, for house plants, July 169 N; Sept 172 C, S, D
Work center in carport wall, June 124 all
Work center, Feb 172 all

Garden Techniques and Maintenance

Balled and burlapped plantings, Apr 217 C
Bare-root plants, reestablishing, May 217 N
Bare-root plants, plantable pots, Feb 168 S
Basic gardening, introduction, Mar 84 all
Bog garden, how to make, July 161 N
Bonsai—see *Container Gardening*
Boulders, burying unwanted, June 185 N
Canned nursery stock ready for planting, June 187 C
Chores not to do in September, Sept 169 N
Compost, leaves and needles, Oct 191 N
Compost, making, Sept 166 C
Dormant spraying, Jan 117 all
Drainage, Oct 196 all; Nov 122 N, C
Fertilizer, slow-acting, Mar 211 N
Fertilizing citrus, Feb 167 D
Fertilizing established plants, Mar 211 C
Frost protection, Oct 192 C
Frost protection for citrus, Dec 170 S
Fruit drop, messy, preventing, Apr 216 N
Garden projects, kitchen-based, Feb 82 all
Gardening, Flagstaff, Ariz., June 186 D; Oct 193 D
Greenhouse, glass jug, Jan 120 N, S, D
Hot weather care, ground covers, July 142 N
House plant care, Dec 170 N
Insect control, survey of *Sunset*'s Menlo Park garden, July 62 all
Invasive plants, Aug 147 N, 140 S, D
July chores, mountain gardens, July 142 D
Lawn sod, care for new, Sept 169 S
Leaves, burying, Nov 232 D
November gardening chores, Nov 231 C
Organic vegetables, June 188 all
Perennials, tips on care, Aug 127 N
Pick, pinch for more bloom, July 141 C
Pinching citrus, May 219 C
Pinching, preventive pruning, June 206 all
Plant foods, shopping for, Apr 216 S
Plant labeler, Mar 212 C; Apr 215 S
Plant protection during heat wave, June 186 N
Plant protection from swimming pool water, July 141 C
Plant protection from wildlife, nylon net, Apr 215 C
Planting, facing plants right way, June 186 D
Planting, fall, finishing, Dec 184 C
Planting, fall, for spring color, Oct 90, C, S, D
Planting, fall, permanent plants, Nov 231 C
Planting in October, Oct 191 N
Planting, transplanting broad-leafed evergreens, Sept 166 N
Planting, transplanting natives, Nov 252 N
Planting bulbs, Oct 193 N, D
Planting ground covers securely on steep hillsides, Oct 212 C, S, D; Nov 254 N
Planting palms in summer, June 186 D
Planting tropicals, subtropicals in late summer, Aug 127 D
Plants from nursery in plastic containers, Oct 205 all
Pots, cleaning before planting, Mar 212 C
Reflected heat, protecting plants, Mar 211 D

Garden Techniques and Maintenance (Cont.)

Root pruning, trees, Mar 211 N
Sand, drifting, preventing in new gardens, July 141 D
Seeds, testing for viability, May 218 C
Shaping tree with rock weight, Feb 167 D
Snow, protecting plants from, Jan 117 N
Soil, compost, storing, Nov 231 N
Spraying, effect on ecology, Mar 211 S; May 217 N; June 186 C
Spraying procedure at *Sunset*'s Menlo Park garden, July 62 all
Thinning deciduous fruits, Apr 216 D
Transplanting shrubs, Apr 216 N
Transplanting small trees, Jan 135 C, 132 S, D; Mar 230 N
Tree care, late summer, Sept 165 D
Watering basin, how to build, Apr 215 S
Watering lawns, July 141 S
Weed killer cautions, May 219 N
Weeds, pulling after rainy season to save soil, Feb 167 C
Winds, preparing trees for, Nov 231 D
Winds, protecting plants from, Mar 211 D
Winter protection for plants, Nov 231 N
Winterizing succulents, Nov 232 D

Ground Covers

(See Lawns, Ground Covers)

Herbs

Harvesting, Aug 128 C
Herb garden in strawberry jar, Mar 211 C
How to grow, Apr 215 D
Nursery shopping, Mar 211 C
Thyme, drying for gifts, Aug 128 N

House Plants

Bamboo, golden (*Phyllostachys aurea*), indoor grove, Feb 96 all
Caring for, Dec 170 N
Christmas gift plants, care of, Jan 117 C
Dish gardens, care of, Feb 188 all
Dizygotheca, pruning, May 224 all
Hibiscus, Chinese (*H. rosa-sinensis*), indoors and out, July 156 N
Indoor garden, daylighted, Feb 196 C
Light, to stimulate growth, Feb 167 N
Locations, choosing, Jan 124 N, C; Feb 182 S, D
Violets, African, Rhapsodie, Feb 178 all

Landscaping

Advice, seeking professional, July 142 N
All-green garden idea, Dec 182 C, S, D
Atrium is built-in greenhouse, May 217 S
Bocce court, July 66 all
Bog garden, making, July 161 N
Border, year-around color, Oct 218 D
Boulders, burying unwanted, June 185 N
Bulbs, tall, covers for, Sept 166 C
Cactus planting, July 141 D
Clothes dryer vent, Mar 212 C
Color, fall, trees for, Oct 191 N
Color, March, plants for, Mar 211 C
Color, quick, container plants, Nov 231 D
Color, quick, from nurseries, Mar 242 C, S, D
Color, winter and spring, Sept 165 C; Oct 192 D
Desert garden, native, May 217 D
Desert gardens, fall planting for spring color, Nov 82 D

Landscaping (Cont.)

Divider boards for desert area, Nov 232 D
Drainage, Oct 196 all; Nov 122 N, C
Dry places, plants for, Nov 231 S
Entry garden behind wall, Feb 106 all
Freeways, Los Angeles, Mar 226 C, S, D
French-style garden, July 144 N
Garden built and planted in six months for party, May 229 N, C, 244 S, D
Garden steps, landscaping, Nov 80 N
Ground cover, big stones, Mar 255 S, D; Aug 143 C
Heat-loving annuals, Apr 232 C
Hillside garden, pool, deck, Aug 86 C
Hillside garden, rock terraces, walls, Apr 250 C; June 225 S, D; July 146 N
Hillside garden from log skid road, Dec 184 N
Hillside private garden on steep city lot, May 238 N
Ideas from artist's garden, Feb 93 all
Low maintenance garden, Feb 196 S, D
Low maintenance, fast-growing garden, Nov 236 C, S, D
Narrow strip, planting, Mar 216 C
Native materials in five Arizona gardens, Aug 54 D
Natives, 25 So. Calif., Nov 246 S
Pathway ideas from Bali garden, July 76 N, C; Sept 174 D
Permanent plantings, Oct 193 C
Plant combination for under redwoods, Aug 128 S
Plant display stand, Mar 221 all
Plant Materials for Landscaping, bulletin, Feb 168 N; Oct 192 N
Remodel, 15-year-old garden, ground-level deck, June 94 all
Remodel, grass replaced with ground covers, stream bed, Aug 140 N
Remodel, San Francisco spring-flowering garden, Oct 194 C, D
Remodeled eight-year-old garden, May 104 all
Remodeled garden, off-street parking, entry patio, Sept 101 all
Rock garden perennials, Apr 250 N
Rocks, natural, in garden, July 158 S, D
Rocks from soil, garden uses, Feb 192 S, D; Apr 217 N
Roof garden, June 218 N
Shade, deep, garden in, July 152 N
Shade, ground covers for, Nov 232 N
Shade, instant, with container-grown trees, shrubs, Mar 212 N
Shade, winter annuals for, Oct 191 S
Shade-giving deciduous trees, June 185 D
Spring plant combinations, Apr 215 N
Stones as ground cover, Mar 255 S, D; Aug 143 C
Streamside planting, June 231 all
Streetside plantings, using desert natives, Mar 240 D
Sun-loving evergreens, broad-leafed, May 230 N
Sunset's 1969 garden contest winners, Apr 114 all
Trees, choosing for branch and leaf, Feb 170 N
Waterfalls, Aug 138 S, D
Waterfalls, electrical, June 201 N
Waterfowl in your backyard, June 80 all
Woodland commuter garden, May 84 all
Woodland garden, So. Calif., Sept 170 C, S
Woodland garden, Nov 250 N

Lawns, Ground Covers

Ajuga, mowing, Mar 213 S
Ajuga, planted by spring-fed stream, June 231 all
Asparagus, Sprenger, Apr 217 S
Baby's tears (*Soleirolia*), July 144 C, S
Bermuda grass, hybrid planting, May 218 S
Bermuda grass, prolonging green color, Nov 231 S
Bermuda grass, summer care, Aug 128 D
Bermuda grass mites, June 185 D
Birdsfoot trefoil-clover lawn, Apr 216 D
Bluegrasses, new varieties, Oct 191 S
Ceanothus 'Olympic Lake,' Nov 231 N
Cotoneaster, rock (*C. horizontalis*), Jan 117 D
Cotoneaster dammeri, Mar 229 N
Daisy, African trailing (*Osteospermum fruticosum*) 'Burgundy Mound,' 'African Queen,' Apr 215 S; Oct 221 C
Daisy ground covers, Nov 231 S
Dichondra, controlling grubs, Feb 167 S
Dichondra, cutworm control, Aug 136 D
Dichondra, frozen, care of, Jan 117 S
Dichondra, growing from seed, Aug 127 S
Erigeron karvinskianus, Nov 248 N, D, 246 C, 255 S
Fertilizer, slow-acting, Nov 211 N
Fescue, blue (*Festuca ovina* 'Glauca'), Aug 127 D
Gaultheria procumbens, Mar 229 N
Grass sod, Mar 211 N
Grevillea 'Noellii,' Apr 217 S
Ground cover, big stones, Mar 255 S, D; Aug 143 C
Ground covers, fall planting, Oct 191 D
Ground covers, hot weather care, July 142 N
Ground covers, on steep hillsides, Oct 212 C, S, D; Nov 254 N
Ground covers for shade, Nov 232 N
Ice plant, yellow trailing (*Malephora luteola*), May 240 S, D
Ivy, trimming, Mar 212 C, S
Jasmine, star, July 146 C
Lawn, bluegrass, summer care, Aug 128 S
Lawn, fiery skipper larvae, July 141 S
Lawn, mixed-grass, fall changes in, Sept 169 C
Lawn, mowing height, June 185 S
Lawn cutworms, Aug 127 S
Lawn fertilizer, slow-acting, Mar 211 N
Lawn mix for shade, Sept 165 N
Lawn problem, sawdust added to soil, Mar 213 C
Lawn sod, care for new, Sept 169 S
Lawn watering, July 141 S
Lawn Watering Need Not Be Wasteful, booklet review, June 185 D
Lawn weed control, May 217 D
Lingonberry, Mar 229 N
Mondo grass (*Ophiopogon japonicus*), Apr 215 D; May 217 C
Moss, Irish (*Sagina subulata*), May 218 N
Moss, Irish, planted by stream, June 231 all
Periwinkle, dwarf (*Vinca minor*), June 186 N
Periwinkle, Madagascar (*Catharanthus roseus*) "Vinca rosea," Aug 128 D
Roses, Lady Banks (*R. banksiae*), Nov 238 all
Spurge, spotted, controlling, Oct 192 S
Xylosma, July 146 C

Miscellaneous

Basket-gift combinations, Dec 178 all
Color Dictionary of Flowers and Plants for Home and Garden, The, book review, Dec 189 N, S, D, 192 C
Garden information by telephone, Tacoma, Wash., June 186 N
Gardening classes, Los Angeles County Dept. of Arboreta and Botanic Gardens, Feb 168 S
Gift suggestions for gardeners, Dec 169 N
Gifts for ecology-minded gardener, Dec 66 all, 177 all
Mail-order plants, June 222 N, S, D
Nursery cans, new, plastic, Apr 215 S
Nursery shopping in April, Apr 215 N
Plant labels, gift for gardener, Dec 170 C
"Plants by Phone," Dec 169 C
Sunset's 1970 garden contest, how to enter, Apr 241 all; June 202 all
Sunset's 1969 garden contest winners, Apr 114 all
Sunset's summer-fall youngsters' garden contest winners, Apr 218 all

Natives

Alder, white (*Alnus rhombifolia*), Jan 136 C; June 218 S, D
Arizona high country, spring-blooming plants, May 236 D
Arizona, native materials in five gardens, Aug 54 D
Buckeye, California (*Aesculus californica*), as bonsai, Jan 124 S, D
Coltsfoot (*Petasites frigidus palmatus*), Mar 228 N
Coyote brush, dwarf (*Baccharis pilularis*), mowing, Oct 192 S
Cypress, Arizona (*Cupressus glabra*), Nov 250 D
Desert, using in streetside plantings, Mar 240 D
Dogwood, keeping healthy, Apr 249 N
Indian Nature Trail, University of California Botanical Garden, Berkeley, Calif., Apr 215 C
Iris douglasiana, Nov 248 N, 246 C
Lewisias, Sept 191 N
Mahonias, Mar 214 N, C
Manzanita 'Howard McMinn,' July 146 C
Mesquite, Apr 215 D
Mountain-mahogany, birchleaf, Sept 177 N
Native plant sale, Berkeley, Calif., Oct 214 C
Oak, coast live (*Quercus agrifolia*), in Palm Springs, Nov 232 D
Palo verde (*Cercidium*), Apr 216 D
Planting, transplanting, Nov 252 N
Pruning, Mar 212 N
Redbud, Western (*Cercis occidentalis*), Feb 176 N, C, 170 S, D
Redwoods, growing in So. Calif., Aug 60 S
Salal (*Caultheria shallon*), Mar 228 N
Silktassel, coast (*Garrya elliptica*), Dec 174 N, 186 C
So. Calif., landscape uses, Nov 246 S
Spice bush (*Calycanthus occidentalis*), Nov 236 N; Dec 199 C
Vancouveria, Mar 232 N
Wildflowers, sowing seed, Nov 232 S
Wildflowers from seeds, bulbs, Sept 174 C, S
Willow, desert (*Chilopsis linearis*), Mar 211 D

Paving

Concrete, imprinting, Nov 106 all
Pathway ideas from Bali garden, July 76 N, C; Sept 174 D

Perennials

Acanthus, controlling, Aug 140 S, D
Bellflower, Italian (*Campanula isophylla* 'Alba'), June 216 C, 198 S, D
Candytuft, evergreen (*Iberis sempervirens*), May 218 N
Care, tips for, Aug 127 N
Chicory (*Cichorium intybus*), Aug 146 C
Chrysanthemums, Nov 232 C
Chrysanthemums, care for, Apr 215 C
Color, quick, from nurseries, Mar 242 C, S, D
Daisy, English (*Bellis perennis*), May 249 all
Daisy, gloriosa (*Rudbeckia*), July 141 N
Daisy, Michaelmas, Aug 144 N
Earliest-to-bloom, Feb 192 N
Erigeron, May 248 all
Erigeron karvinskianus, Nov 248 N, D, 246 C, 255 S
Euphorbia veneta, Oct 192 N
Fall care, Oct 192 N
Fountain grass (*Pennisetum*), controlling runaway, Aug 140 S, D
Gazania 'Copper King,' Oct 191 C
Gazania 'Gold Rush,' Jan 118 S
Gazanias, Mar 212 D
Geranium, lemon (*Pelargonium crispum*), June 185 N
Geraniums, controlling tobacco budworms without DDT, June 185 S
Geraniums, encouraging bloom, May 219 S
Heliotrope, Apr 215 C
Johnny-jump-up (*Viola tricolor*), Feb 186 N
London pride (*Saxifraga umbrosa*), Oct 218 N
Marguerite, blue (*Felicia amelloides*), Mar 234 C, S, D
Pansy (*Viola tricolor hortensis*), Feb 186 N
Planting in fall, Oct 208 N
Poppy, Iceland (*Papaver nudicaule*), Sept 70 all; Oct 191 S
Poppy, Mexican tulip (*Hunnemannia fumariaefolia*), Sept 191 S, D
Primrose, evening (*Oenothera*), from seed, Mar 216 N
Primrose, Mexican evening (*Oenothera speciosa*), June 185 C
Primrose, 'Julianas' (*Primula juliae*), Feb 203 N
Primroses, dividing, July 141 N
Rock garden plants, Apr 250 N
Viola (*V. cornuta*), Feb 186 N
Violet, sweet (*Viola odorata*), Feb 186 N
Yarrow, wild woolly, June 185 C

Pests, Insects, Diseases

Ants in vegetable garden, Aug 127 S
Aphid, ant control, Mar 213 S
Aphids, May 217 C, S
Aphids, on tulips, Mar 213 S
Aphids, using ladybugs to control, June 186 N
Bermuda grass mites, June 185 D
Birds, five spooking methods, Aug 130 all
Camellia petal blight, Feb 167 C
Coryneum canker of cypress, Nov 253 C

Pests, Insects, Diseases (Cont.)

Cutworms in dichondra, Aug 136 D
Dormant spraying, Jan 117 all
Earwigs, Mar 213 C; May 219 N
European pine shoot moth, June 216 N
Fiery skipper, July 141 S
Gophers, protecting pumpkins, Aug 127 C
Grubs, controlling, Feb 167 S
Hawthorn-juniper rust, Feb 186 C
Hornworms, July 142 S
Insect control, survey of *Sunset*'s Menlo Park garden, July 62 all
Insecticides, selective spraying, Mar 211 S; May 217 N; June 186 C
Iron chlorosis, June 187 D; Sept 166 S
Lawn cutworms, Aug 127 S
Moles, trapping, Mar 212 N
Nematodes, controlled by marigolds, Apr 246 N, S, D, 229 C
Root rot, affecting petunias, Sept 165 D
Slugs, Feb 167 C
Slugs, fall control, Nov 232 N
Snails, on citrus plants, Feb 167 S
Snails and slugs, beer baiting, Sept 166 N, C
Soil diseases in flower beds, Aug 127 S
Sparrow, white-crowned, protecting Iceland poppies from, Dec 180 C, S
Spider mites, May 218 D; June 187 C
Spiders, be kind to, Sept 165 N
Spruce gall aphid, June 186 N
Thrips, July 141 C
Tobacco budworms on geraniums, controlling without DDT, June 185 S
Tree branches, marking diseased, Oct 192 N
Valley fever, defense, July 141 D

Propagation

Air-layering, Feb 196 C
Annuals, growing from seed, June 185 N
Cuttings, new plants from, July 162 N
Dichondra, growing from seed, Aug 127 S
Flowers, spring, sowing seed, Oct 191 S
Fuchsias, rooting cuttings, July 154 N
Greenhouse, glass jug, Jan 120 N, S, D
Herbs, growing from seed, Apr 215 D
Hot bed, portable, Feb 168 N
Hydrangeas, from cuttings, June 100 all
Marigolds from seed, Mar 211 S, D
Orchids, cymbidium, from divisions, May 263 N
Primrose, evening (*Oenothera*), from seed, Mar 216 N
Rhododendrons from seed, Jan 118 N
Seed, testing for viability, Mar 218 C
Seed, selecting, May 218 N
Seeds, starting in kitchen, Feb 82 all
Seeds, when to ignore packet, Sept 165 S, 166 D
Shrubs, evergreen, from cuttings, July 141 N
Sweet peas, planting, Sept 169 C, 165 D
Vegetables, fall planting, Sept 165 C
Wildflowers, sowing seed, Nov 232 S

Pruning

Camellia, overgrown, Mar 255 N
Dizygotheca, May 224 all
Grape vines, Feb 182 N, C, 176 S, D
Natives, Mar 212 N
Pinching, June 206 all
Purchasing already-trained plants, June 186 S
Root pruning trees, Mar 211 N

Regional Gardens and Gardening

Desert

Arizona high country spring-blooming plants, May 236 D
Colorful spring gardens, Nov 82 D
Flagstaff, June gardening, June 186 D
Flagstaff, October gardening, Oct 193 D
Introduction to desert gardening, Mar 84 D
Mountain gardens, chores, July 142 D
Native gardens, summer flowers for, May 217 D
Native materials in five Arizona mountain gardens, Aug 54 D
Streetside plantings, Mar 240 D
Trees for desert areas, July 144 D
Valley fever, defense, July 141 D

Hawaiian

Flora Pacific 1970, Sept 177 S, D
Garden touring, Kauai, Mar 30 N

Northern California

California Nursery, Fremont, historic adobe, trees, Sept 177 C
California Spring Garden Show, Oakland, Apr 215 C
Golden Gate Park, San Francisco, featured in *California Horticulture Journal*, Apr 4 C
Historic trees, *Sunset*'s garden, Menlo Park, Aug 132 all
Indian Nature Trail, University of California Botanical Garden, Berkeley, Apr 215 C
Introduction to California gardening, Mar 84 C, S
Native plant sale, Berkeley, Oct 214 C
Orchid shows, Apr 226 C, S, D
Redwood Nature Trail, Strybing Arboretum, Golden Gate Park, San Francisco, May 222 C
San Francisco: annual plant sale, Golden Gate Park, Mar 244 C
San Francisco garden remodel, spring-flowering, Oct 194 C, D

Northwest

Christmas idea shows, Dec 182 N
French-style garden, July 144 N
Garden information by telephone, Tacoma, June 186 N
Hillside garden, Dec 184 N
Introduction to Northwest gardening, Mar 84 N
Iris growers, visiting, June 186 N
Japanese Garden, University of Washington Arboretum, Sept 165 N
Junipers for intermountain gardens, Sept 170 N
Lilac and Spring Flower Show, Finch Arboretum, Spokane, May 250 N
Plant Materials for Landscaping, bulletin, Feb 168 N; Oct 192 N
University of Washington Arboretum Foundation plant sale, Apr 215 N
Vegetables, year-around, Puget Sound, Willamette Valley, Mar 226 N
Winter arboretum education courses, University of Washington, Jan 118 N
Woodland commuter garden, Gig Harbor, Wash., May 84 all
Woodsy garden in 13 years, Nov 250 N

Regional Gardening

Southern California

Freeways, plant [illegible] laboratory, Los Angeles area [illegible] 26 C, S, D
Gardening cl[illegible] Los Angeles County Dept. of A[illegible]a and Botanic Gardens Feb 168 S
Introduction to California gardening, Mar 84 C, S
Landscape uses for top 25 natives, Nov 246 S
Low maintenance, fast-growing garden, Nov 236 C, S, D
Orchid shows, Apr 226 C, S, D
San Diego, problem soil, Mar 211 S
Sierra Madres Girl Scout garden tours, Arcadia, Altadena, Apr 237 S
Southern California Horticultural Institute annual show, Santa Monica, Oct 214 S, D
Tree tours, Claremont, June 44 S
Vegetable garden, Santa Barbara Community Environmental Council project, Nov 245 S
Woodsy garden, Sept 170 C, S
Youth Garden, La Canada, June 190 all

Shrubs

Abutilon megapotamicum, June 198 C
Arbutus (*A. unedo* 'Compacta'), Dec 186 S, D
Ardisia (*A. japonica*), Dec 187 S, D
Aucuba, Japanese (*A. japonica*), Oct 203 all
Azaleas, almost year-around bloom, Nov 80 C, S
Azaleas, desert gardens, Nov 80 D
Azaleas, evergreen, care for years of bloom, Nov 246 N
Azaleas, 14-gallon size, Mar 212 S
Azaleas, unusual growth, Mar 212 S
Balled and burlapped, Apr 217 C
Bamboo, animal damage, June 187 N
Bamboo, controlling, Aug 140 S, D
Bamboo, giant (*Bambusa oldhamii, B. beechevana*), growing stem in midair, Apr 263 C
Bamboo, golden (*Phyllostachys aurea*), indoor grove, Feb 96 all
Bare-root, reestablishing, May 217 N
Berried, Oct 202 all
Berries, red, dwarf evergreens for, Dec 186 S, D
Boxwood, English (*Buxus sempervirens*), roof garden built around, June 218 N
Camellia, overgrown, cutting, Mar 255 N
Camellia petal blight, Feb 167 C
Canned nursery stock ready for planting, June 187 C
Cassias, Feb 186 S, D
Ceanothus 'Olympic Lake,' Nov 231 N
Container-grown, shade, Mar 212 N
Cotoneaster, Oct 202 all; Dec 187 S, D
[illegible], rock, Jan 117 D
[illegible] Sawara false (*Chamaecyparis* [illegible]), Jan 139 C
Daphne Alma, Mar 248 C, 247 N, Apr 209 S, D
[illegible] Nov 231 S
[illegible] all
[illegible], July 141 N
[illegible] planting, [illegible] 166 N
[illegible]-leafed, May 230 N

Shrubs (Cont.)

Evergreens, dwarf, for Northwest, Apr 215 N
Forsythias, Mar 225 N
Fuchsia care through summer heat, Sept 166 S
Fuchsias, May 217 C
Fuchsias, rooting cuttings, July 154 N
Gardenias, help for yellow leaves, Feb 167 S
Germander (*Teucrium chamaedrys*), planting combination, June 185 D
Grevillea 'Noellii,' Apr 217 S
Grevillea 'Noellii,' iron-deficient plants, June 185 S
Grevillea rosmarinifolia, June 225 N
Heaths (*Erica*), Jan 128 N
Hibiscus, Chinese (*H. rosa-sinensis*), indoors and out, July 156 N
Hibiscus, rose mallow, May 219 D
Hollies, self-fruitful, Oct 202 all
Holly, Chinese 'Berries Jubilee,' Dec 170 S
Holly, dwarf Chinese (*Ilex cornuta* 'Rotunda'), Dec 170 S
Holly, English (*Ilex aquifolium*), Oct 203 all
Hydrangea, lace cap (*H. macrophylla*), June 100 all
Hydrangeas, June 98 all
Hydrangeas, from cuttings, June 100 all
Juniper, tam (*Juniperus sabina* 'Tamariscifolia'), hawthorn-juniper rust, Feb 186 C
Junipers, intermountain areas, Sept 170 N
Kerria japonica, Feb 174 all
Lantana, Aug 128 C
Loropetalum chinense, Feb 184 S, D
Mahonias, Mar 214 N, C
Nandina domestica, Nov 232 D
Oleander, *Sunset*'s garden, Aug 132 all
Olive, spurge (*Cneorum tricoccum*), Nov 246 C
Pink powder puff (*Calliandra inaequilatera*), Mar 247 S, D
Pittosporums, Mar 240 S
Planting, fall, Nov 231 C
Plum, Natal, May 217 D; Aug 127 S
Plumbago, Cape, in hanging basket, June 185 S
Princess flower (*Tibouchina semidecandra*), May 222 S, D; June 224 C
Pyracantha, dwarf, bonsai, Dec 169 all
Pyracantha, instant bonsai, Dec 180 N, D
Pyracanthas, Oct 203 all
Raphiolepis, Oct 212 N
Rhododendron, container-grown, in So. Calif., May 218 S
Rhododendron 'Else Frye,' Apr 226 N
Rhododendron hedge, Apr 230 N
Rhododendron, hardy, Apr 226 N
Rhododendrons, Maddenii, Apr 235 C
Rhododendrons for March, April bloom, Feb 195 C
Rhododendrons from seed, Jan 118 N
Rhododendrons in America, book review, June 198 N
Rice paper plant (*Tetrapanax papyriferus*), controlling runaway, Aug 140 S, D
Rosemary (*Rosmarinus officinalis*), planting combination, June 185 D
Roses, A Handbook for Selecting, booklet review, Feb 168 C
Roses, bare-root, how to plant, Jan 117 C
Roses, free-flowering, Mar 211 N

Shrubs (Cont.)

Roses, How to Grow, a *Sunset* book, Jan 117 C, D
Roses, July care, July 141 N
Roses, June care, June 185 N
Roses, Lady Banks, Nov 238 all
Roses, miniature, June 204 C, S, D
Roses, 1971 All-America, July 142 C
Roses, November care, Nov 232 N
Roses, October care, Oct 191 D
Roses, rambler, Aug 127 N
Roses, three types, July 142 C
Roses, 27 new varieties, Jan 126 all
Silverberry (*Elaeagnus pungens*), Christmas door swag, Dec 169 D
Skimmia, Dec 187 S, D
Strawberry tree (*Arbutus unedo*), Oct 202 all
Transplanting, hard-to-move, Apr 216 N
Westringia rosmariniformis, June 225 N
Xylosma as ground cover, July 146 C
Xylosma congestum, June 214 D

Soils

Annuals, soil preparation for, May 218 C
Garden soil, compost, storing, Nov 231 N
Problem soil, San Diego area, Mar 211 S
Sand, drifting, preventing, July 141 D
Sawdust added to soil, problem of, Mar 213 C; Sept 169 D
Soil diseases in flower beds, Aug 127 S

Stakes, Supports

Squash, A-frame support, July 152 C, S, D
Tomatoes, keeping fruit off ground, June 193 all
Tree stakes, lodgepole pine, Feb 167 S
Tree stakes, where to put, Nov 234 S
Tree ties, Jan 118 C; Nov 232 N
Trees, Feb 167 N

Succulents and Cactus

Arrangements in moss frame, Jan 74 all
Cacti of Arizona, The, book review, Mar 212 D
Cactus, golden barrel (*Echinocactus grusonii*), Feb 167 D
Cactus planting arrangement idea, July 141 D
Crassula sarcocaulis, Nov 248 N, D, 246 C
Growing in containers, May 230 C; Sept 170 D
Jade plant (*Crassula argentea*), Jan 128 C, S, D; Mar 216 C
Sedum sieboldii and *Sempervivum tectorum*, on stone wall, July 146 D
Succulents and Cactus, a *Sunset* book, Mar 236 all
Winterizing succulents, Nov 232 D

Tools

Labeler, plant, Mar 212 C; Apr 215 S
Nozzles, hose end, four types, Aug 127 C
Pruning saws, Dec 172 all
Sweep-up pan, back-saving, Sept 182 D
Watering can, uses for, July 142 S

Trees

Also see *Fruits and Nuts, Natives*
Ash, evergreen (*Fraxinus uhdei*), Sept 166 D
Ash, Modesto (*Fraxinus velutina* 'Modesto'), Sept 166 D
Athel (*Tamarix aphylla*), Mar 225 D

Trees (Cont.)

Balled and burlapped, Apr 217 C
Bare-root, reestablishing, May 217 N
Beech, Antarctic (*Nothofagus antarctica*), Jan 143 N
Birch, European white (*Betula verrucosa*), Jan 139 N
Birch, pink (*Betula nigra*), Jan 117 S
Birches for Northwest, Mar 211 N
Camptotheca acuminata, Aug 128 S
Canned nursery stock, June 187 C
Care, late summer, Sept 165 D
Carob (*Ceratonia siliqua*), Apr 217 D
Cedar, weeping Atlas (*Cedrus atlantica* 'Pendula'), Nov 267 N, 248 C
Cherries, flowering, Apr 236 N
Cherry, flowering, Feb 168 N
Choosing for branch and leaf, Feb 170 N
Chorisia speciosa 'Majestic Beauty,' Oct 192 S
Christmas trees, living, buying, Nov 231 N
Christmas trees, living, care, Dec 170 D
Color, fall, trees for, Oct 191 N
Container-grown, shade, Mar 212 N
Cypress, affected by coryneum canker, Nov 253 C
Cypress, Sawara false (*Chamaecyparis pisifera*), Jan 139 C
Diseased branches, marking, Oct 192 N
Dogwood, eastern, May 236 N
Espaliers, informal, Sept 64 all
Eucalypts, book review, Apr 222 all; May 219 N, S, 218 C, D
Franklinia alatamaha, Sept 186 N
Hawthorn 'Paul's Scarlet' (*Crataegus oxyacantha*), Feb 186 C
Jacaranda, Apr 216 D
Leaves, burying, Nov 232 D
Locust, honey, 'Sunburst' (*Gleditsia triacanthos inermis*), Oct 191 D
Maple, Japanese, Nov 232 S
Maples for fall color, Oct 192 N
Monkey puzzle (*Araucaria araucana*), Apr 258 N; July 162 S, D
Myrtle, crape (*Lagerstroemia indica*), Sept 166 D
Palms—see *Tropicals* and *Subtropicals*
Pine, Aleppo, Mar 240 C
Pine, fern (*Podocarpus gracilior*), espaliered, Mar 216 C
Pine, Indian longleaf, July 142 D
Pine, Monterey, Christmas tree, care for, Dec 170 S
Pine, umbrella (*Sciadopitys verticillata*), Jan 143 S, D; Apr 220 N, C
Pines, ornamental, affected by European pine shoot moth, June 216 N
Planting, fall, Nov 231 C
Poplar, Mojave, Jan 118 D
Redbud (*Cercis*), Feb 176 N, C, 170 S, D
Root pruning, Mar 211 N
Shade-giving deciduous trees, June 185 D
Shaping with rock weight, Feb 167 D
Silk tree (*Albizia julibrissin*), June 185 S
Spruce gall aphid, June 186 N
Sycamore, California (*Platanus racemosa*), Sept 166 D
Ties, Jan 118 C; Nov 232 N
Transplanting, Jan 135 C, 132 S, D; Mar 230 N
Wheel tree (*Trochodendron aralioides*), Jan 132 N
Winds, preparing for, Nov 231 D
Yucca australis, historic, *Sunset*'s garden, Aug 132 all

Tropicals and Subtropicals

Atrium is built-in greenhouse, May 217 S
Bischofia javanica, Feb 168 S
Caladiums, Apr 215 S
Epiphyllums, May 217 S
Greenhouse garden, boys', Jan 122 C, S, D
Orchid shows, Apr 226 C, S, D
Orchids, cymbidium, dividing, May 263 N
Orchids, How to Grow, a *Sunset* book, Oct 200 all
Palm, sago (*Cycas revoluta*), May 218 D
Palms, care of transplants, Aug 127 D
Palms, summer planting, June 186 D
Planting in late summer, Aug 127 D
Summer planting, Aug 127 D

Vegetables

Ants, controlling in garden, Aug 127 S
Beans, different varieties, June 210 all
Beans, lima, June 186 S
Broccoli, Feb 167 S; Mar 212 C
Brussels sprouts, June 185 N
Cabbage, flowering, Jan 117 D
Child gardeners, biggest and fastest plants for, May 220 all
Children's gardening, May 218 C
Chives, Chinese, Apr 245 all
Community garden project, Santa Barbara, Calif., Nov 245 S
Corn, Indian, how to harvest, Oct 221 N, 208 S, D; Nov 259 C
Fall planting, Sept 165 C
Garden on hillside, Apr 235 S, D
Growing organically, June 188 all
Harvesting, July 141 C
Kale, flowering, Jan 117 D
Ladybugs for killing aphids, June 186 N
Leeks, Apr 225 N
Lettuce, as container plant, Oct 192 S
Lettuce, romaine, tying, Oct 193 C
Midget, June 197 all
November care, Nov 231 N
Onions, planting sets, Mar 242 N
Organic growing, June 188 all
Popcorn, insuring proper pop, Oct 191 N
Pumpkin Contest, Big, Oct 191 C
Pumpkins, gopher protection, Aug 127 C
Pumpkins for profit, May 244 N, C
Pumpkins, Halloween, speeding up ripening, Oct 192 N
Pumpkins and zinnias, May 219 S
Radishes, May 232 all
Squash, A-frame support, July 152 C, S, D
Squash, zucchini, growing, May 229 S, D
Squash 'Waltham Butternut,' Jan 117 N; Apr 216 C
Thinning, May 219 N
Tomato 'Small Fry,' Jan 117 N; Apr 216 C
Tomatoes, cherry, in hanging pots, May 217 N; June 186 C
Tomatoes in containers, Apr 230 C, S, D
Tomatoes, small varieties, Apr 217 S
Tomatoes, supports to keep fruit off ground, June 193 all
Winter garden, Sept 174 N; Oct 191 S
Year-around, Puget Sound, Willamette Valley, Mar 226 N

Vines

Antigonon leptopus, Mar 212 D
Asparagus, Sprenger, Apr 217 S
Asparagus ferns, June 214 N; July 150 S, D; Aug 138 C
Bleeding heart (*Clerodendrum thomsoniae*), Aug 146 S, D

Vines (Cont.)

Blueberry creeper (*Ampelopsis brevipedunculata*), Aug 136 N, C
Cat's claw (*Doxantha unguis-cati*), Nov 245 D
Clematis, downy (*C. macropetala*), Apr 252 N
Clematis 'Nelly Moser,' Apr 263 S, D
Espaliers, informal, Sept 64 all
Gourd-covered fort, June 194 all
Gourds, quick cover, May 242 all
Ivy, Algerian, controlling runaway, Aug 140 S, D
Ivy ground cover, trimming, Mar 212 C, S
Morning glory 'Early Call Rose,' Jan 117 N
Plumbago, Cape, June 185 S
Trumpet vine, Apr 242 D
Wisteria, Apr 232 N

Water Plants, Waterfalls and Pools

Aquariums, plants for, Nov 234 N, 232 C
Fountain massage, June 102 all
Horse tail (*Equisetum*), controlling runaway, Aug 140 S, D
Waterfalls, Aug 138 S, D
Waterfalls operated by electrical switch, June 201 N

Watering

Container plants, alkali-free water for, July 141 D
Container plants in water-repelling soil, Sept 165 S, 169 D
Faucet, tall, using flexible tubing, Sept 78 all
Hose hides under deck, Aug 71 C, S, D; Oct 116 N
Lawn Watering Need Not Be Wasteful, booklet review, June 185 D
Nozzles, hose-end, four types, Aug 127 C
October, Oct 192 N, 191 C
Sprinkler, tripod-mounted, May 130 all
Summer, ideas, Aug 134 C, S, D
Vacation preparation, July 141 D
Watering basin, how to build, Apr 215 S
Watering can, uses for, July 142 S

Weeds and Weed Killers

Bermuda, getting rid of, Aug 128 D
Dormant spraying, Jan 117 D
Lawn weed control, May 217 D
Poison ivy, Sept 166 N
Poison oak, Sept 166 N
Poison oak, spraying, Aug 127 C
Pulling after rainy season to save soil, Feb 167 C
Puncture vine, controlling with weevils, Aug 127 C
Spurge, spotted, Jan 118 S; May 218 S; Oct 192 S
Weed killer cautions, May 219 N
Weeds, spraying, Jan 132 C, 134 N, S, D

Wildlife

Bamboo, animal damage, June 187 N
Bird feeder, salad bowls, Feb 203 C, S, D
Birds, five spooking methods, Aug 130 all
Moles, trapping, Mar 212 N
Plant protection, nylon net, Apr 215 C
Waterfowl in your backyard, June 80 all
Wildlife sanctuary, Lady Banks rose planting, Nov 238 all

ENVIRONMENT AND ENVIRONMENT ACTION

Community Projects

Audubon convention, May 6 N
Banyan tree, struggle to save, Honolulu, Dec 22 S, D
Diamond Head, campaign to save, May 55 N, C
Environment Action: conservation, ecology groups, Aug 35 C, S; Oct 47 N, S, D
Historic district preservation, Colfax, Calif., Highway Assn., Nov 52 C
"Paint-In," Bridgeport Bridge, Nevada County, Calif., Sept 35 C
Park built by students, San Jose, Calif., Oct 86 N, C, D
Parks, portable, San Francisco, Aug 24 all
Pentacle Theatre, Salem, Ore., June 30 N
Play structure, preschoolers', Eugene, Ore., Mar 134 all
Restoration, water wheels at Jackson, Dec 200 all
Shoreline cleanup, Coyote Point, San Francisco Bay, Calif., Mar 107 all
Ski school for children, Reno, Sparks, Nev., Jan 24 S, D; Feb 28 N
Utility lines, buried, Carmel, Apr 124 all
Vegetable garden, downtown, Santa Barbara, Calif., Nov 245 S
Volleyball league, how to run, Jan 86 S, D
Wilderness convention, Apr 4 N
Windmill landmark, Hermosa Beach, Calif., Sept 53 S
Youth Garden, La Canada, Calif., June 190 all

Nature

Alligator Farm, California, Orange County, July 32 S, D
Amphibian, reptile pets, July 150 N, C
Animal life, mountain streams, May 3 S
Arboretum, Bothell, Wash., Apr 4 N
Bird watching, Paradise Park, Honolulu, Apr 16 S, D; July 26 N
Birds, migratory, Great Salt Lake, Utah, May 64 all
Birds in Mexico, Finding, book review, Feb 46 all
Botanic gardens, Blanes, Spain, Jan 120 C, 139 S, D
Catfish, "walking," Apr 60 all
Cave, Mammoth, Idaho, June 60 all
Caverns, Mitchell Caverns State Reserve, Mojave Desert, Calif., Mar 3 D
Caves, Cacahuamilpa, Mexico, Feb 52 N; Nov 72 S, D
Conservation, Sierra Club books, less-expensive, Feb 28 C
Deer Park, Japanese Village and, Orange County, Calif., July 31 S, D
Deer, white-tailed, saving, Nov 268 all
Desert Botanical Garden, Phoenix, Jan 33 all
Earthquake Park, Anchorage, May 56 N, 62 S, D
Elk, Oak Creek Wildlife Recreation Area, near Yakima, Wash., Jan 1 N
Environmental Research Laboratory, University of Ariz., Tuscon, Nov 3 D
Exploratorium, Palace of Arts and Sciences, San Francisco, Nov 3 C

Nature (Cont.)

Flower farm, Encinitas, Calif., Dec 6 S
Flowers of Point Reyes National Seashore, Calif., book review, July 4 C
Game Farm, Redrock, Lordsburg, N. Mex., May 3 D
Goats, mountain, Lake Constance, Olympic Peninsula, Wash., Aug 22 N
Horses, Arabian, ranches, So. Calif., Oct 40 S, D
Huckleberries, Mount Adams, Wash., Aug 6 N
Jellyfish stings, treating, Aug 30 S, D
Lion Country Safari, Orange County, Calif., July 31 S, D
Mahogany forest, Picture Rock Pass, State Hwy. 31, Ore., July 3 N
Marine Station, Hopkins, Monterey, Calif., Apr 6 C
Marineland, Palos Verdes Peninsula, So. Calif., Jan 34 N
Marshes and wetlands, preserving California's coast, Apr 46 all
Mineral Museum, Phoenix, Ariz., Feb 4 D
Mycological Show, Puget Sound, Seattle, Oct 6 N
Natural areas, So. Calif., citizen preservation groups, Mar 80 S
Natural History, Utah Museum of, Salt Lake City, Oct 52 all
Nature, places for children to experience, So. Calif., Sept 54 S
Nature and science centers, children's programs, Sept 54 N, C, D, 49 S
Nature Park, Galster, West Covina, Calif., Mar 83 S
Nature tours, Antelope Valley, Calif., May 4 S
Nature walks, Audubon Student Naturalists, Porter Ranch, Los Angeles, Mar 82 S
Nature walks, bird sanctuary, Griffith Park, Los Angeles, Aug 3 S
Observatory, Lick, Mount Hamilton, Calif., June 3 C
Observatory, Mount Wilson, Los Angeles, Jan 28 S, D
Petrified Forest State Park, Ginkgo, Vantage, Wash., Sept 38 N, S, D
Planetarium, Hansen, Salt Lake City, Mar 32 all
Redwood Nature Trail, Strybing Arboretum, Golden Gate Park, San Francisco, May 222 C
Reptiles, Woodland Park Zoo, Seattle, Feb 4 N
San Francisco Bay, report on access, shoreline parks, filling, Nov 36 N, 72 C
Sea Life Park, Makapuu Point, Oahu, Hawaii, Dec 43 all
Spring blooms, Southern California, Mar 3 S
Thermal Springs of the Western United States, booklet review, Sept 22 S, D; Oct 48 C
Tidepool watching, Mar 3 C; Apr 38 S, D
Toad, *Bufo marinus*, Hawaii, Aug 36 S; Sept 53 D; Nov 23 C
Topaz collecting in Utah, May 38 all
Tree tours, Claremont, Calif., June 44 S

Nature (Cont.)

Trout, hatchery, Fillmore, Calif., feeding time, Apr 86 S, D
Whale watching, Dana Point Harbor and San Clemente, Calif., Dec 6 S
Wilderness areas west of Rockies, Apr 56 all
Wildflowers, Mitchell Caverns State Reserve, Mojave Desert, Mar 3 D
Wildflowers, St. Hilary's Church, Tiburon, Calif., Apr 52 C, S, D
Wildflowers of Mount Rainier and the Cascades, book review, Sept 4 N
Wildlife Sanctuary, Silverwood, San Diego, Calif., Mar 83 S
Wildlife Sanctuary, San Diego, Mar 83 S
Wildlife World, Oak Glen Canyon, near Yucaipa, Calif., Apr 80 S, D
Zoo, Phoenix, Ariz., Jan 3 D
Zoo, Dublin, Ireland, Mar 35 all
Zoo park, Child's Estate, Santa Barbara, Calif., Nov 45 S, D

Open Space and the Efforts to Preserve It

American River campaign, June 232 all
Canyons in Southern Calif., Mar 80 S
Featherly Park, Santa Ana, Calif., Mar 44 S
Joshua Tree National Monument, Feb 66 all
North Cascades National Park, July 48 all
Redwood National Park, Aug 152 all
San Francisco Bay, access, shoreline parks, filling, Nov 36 N, 72 C
Tidepools, new law to protect, Mar 3 C; Apr 38 C, D
Trail bikes in wilderness, Oct 232 all
Tree planting to heal damaged landscape, Mar 256 all
Wetlands of Calif. coast, Apr 46 all
Wilderness areas, Apr 56 all

Outdoor Skills

Horseback riding, Lake Tahoe, July 44 N
Igloo, how to build, Mar 82 N
Mountaineering schools, Jan 3 S
Ski schools, Northwest, Jan 3 N
Wilderness trips, Mar 58 all

Poisons and Pollutants

Insecticides, selective spraying, Mar 211 S; May 217 N; June 186 C
Spraying procedure at *Sunset*'s Menlo Park garden, July 62 all

Rural Drives

British Columbia
Cariboo country, June 66 C, S, D
Yellowhead country, May 44 N, C, D
Chuckanut Drive from Bellingham, Wash., Apr 8 N
Mariposa to valley, Apr 39 C
Mount Hamilton, road beyond, June 3 C
Napa from San Francisco area, Jan 3 C
New Mexico, Four Corners country, Aug 3 D
San Timoteo Canyon Road near Riverside, Feb 56 S, D